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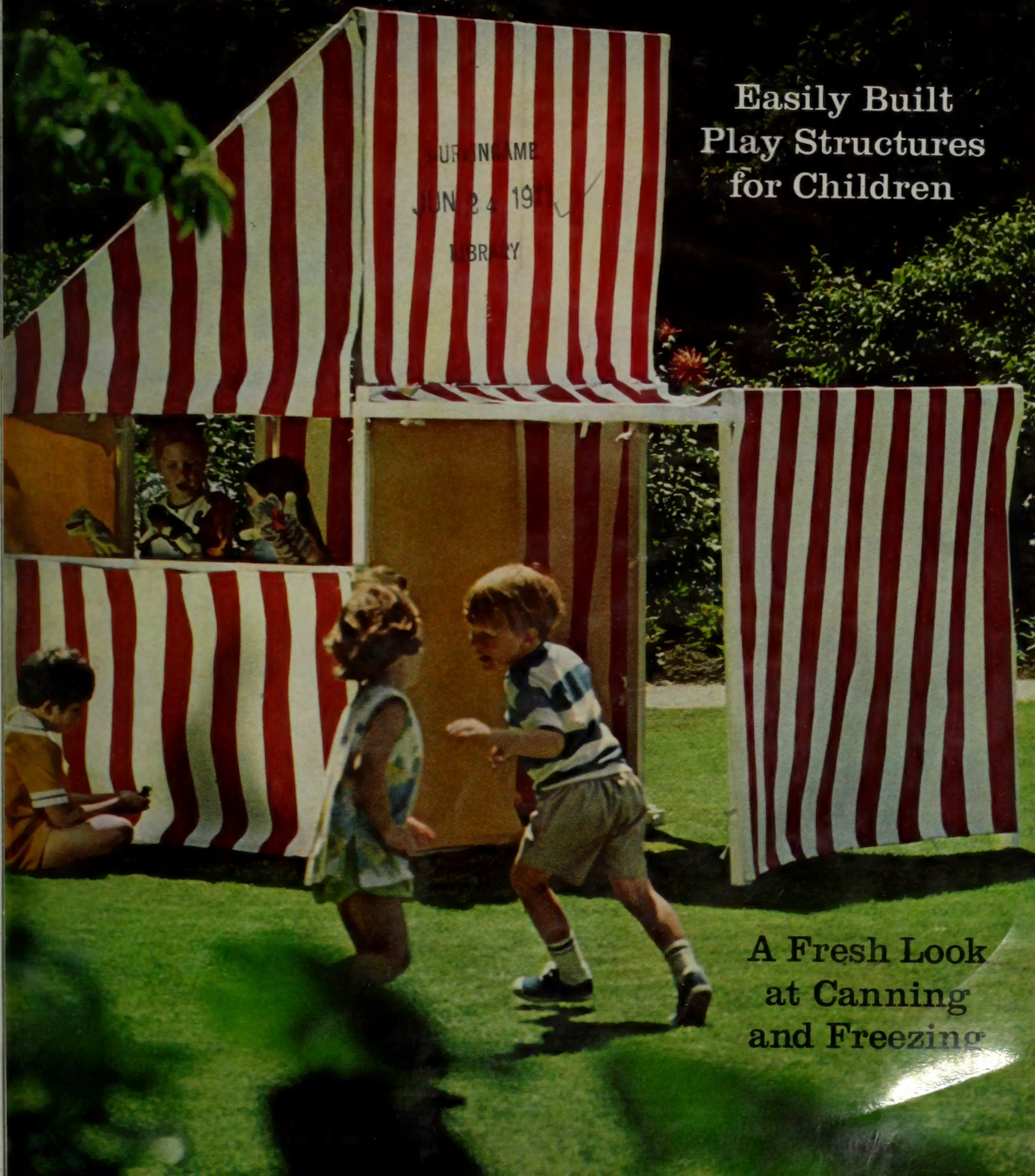
Penal Code of California, 1915, Section 623.

JULY 1971 50 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*



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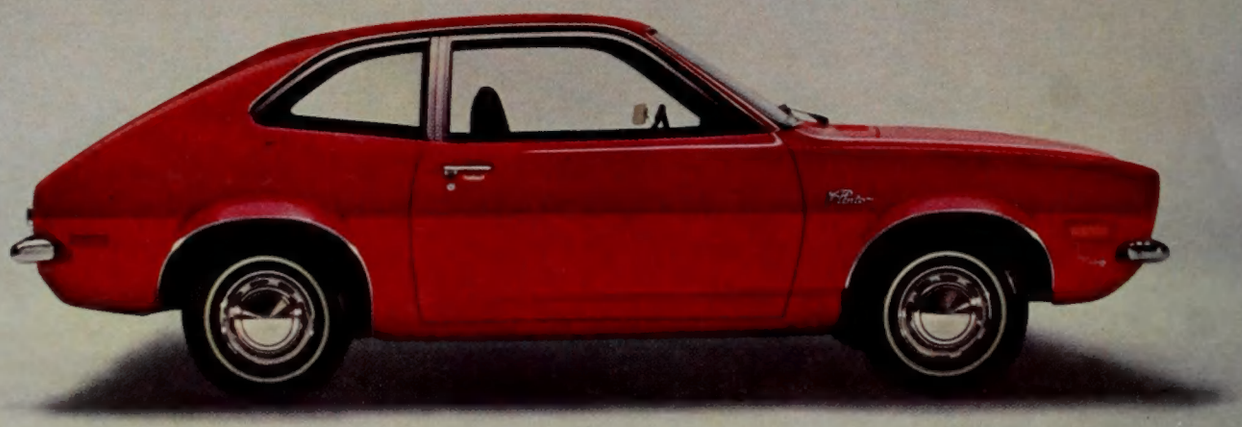
Easily Built Play Structures for Children

A Fresh Look at Canning and Freezing



Small Bite...$1919*

(for so many miles of carefree driving)

Ford's little Pinto is priced small. But it's big on value and performance. Pinto averaged over 25 mpg in simulated city/suburban driving.

Pinto calls for only half as many oil changes as VW. One-sixth as many chassis lubes.

It has more overall room inside than VW and is only an inch longer outside. Pinto has high back, front bucket seats and a fully synchronized four-speed floor shift. Pinto also has a 75 horsepower engine so you merge easily into high speed traffic.

And Pinto's wide stance and low silhouette are designed for better stability—even in gusty winds. It has rack-and-pinion steering (like expensive sports cars) for precision handling.

Pinto. It's at your Ford Dealer's now. Along with the brand-new 3-door Pinto Runabout.

Pinto

Better idea for safety: Buckle up.

PINTO Ford

*Suggested retail price. Car shown is equipped with white sidewall tires $29, and accent option $60. Destination charges, dealer preparation charges (if any), state and local taxes are extra.

Sunset*

THE PACIFIC MONTHLY*

THE MAGAZINE OF WESTERN LIVING*

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The Cover Story

The cheerful summer playhouse on our cover is easy to build from wood and canvas, and because it uses wing nuts it is quickly assembled for play or disassembled for storage. See the article beginning on page 66. Darrow M. Watt took the color photograph

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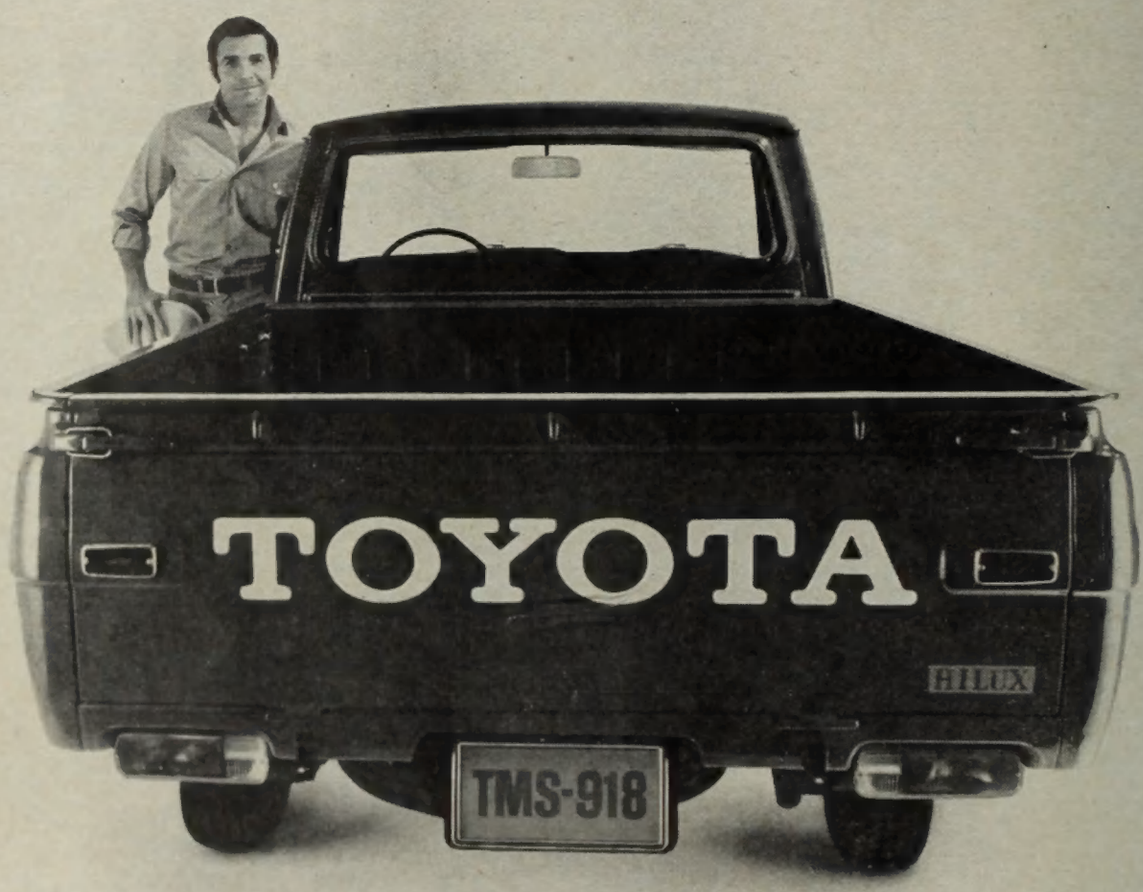
Most people buy small trucks for the same reasons they buy small cars.



They eat less gas. Occupy less space. Are cheaper to maintain. Easier to handle. And cost much less to begin with.

In addition, some small trucks (namely our small Toyota half-tons) can do just what bigger half-tons do. We can carry a full 1,000-pound load in our 6-foot bed. And we can do it at highway speeds.

We've got an efficient 108-hp OHC engine. With 5 main bearings to help your engine live a longer, more rugged life.

And a heavy-duty suspension system for a solid ride. Empty. Or full-up.

And as you might have noticed, our small Toyota truck comes with a small Toyota price. $1,978.* Which includes a 4-speed synchromesh transmission. 6-ply tires. Flo-thru ventilation. Padded dash.

And some things a lot of bigger, more expensive half-tons don't have. Like a front towhook. Tie hooks all around the bed. And spare tire under the truck that you lower wit a hand crank.

Actually, there just might be more reason to buy a small truck than there are to buy a small car.

Toyota Half-Ton. $1978*

*Manufacturer's suggested retail price. Inland freight, dealer preparation, options and taxes extra.

July travel...
in and beyond the West

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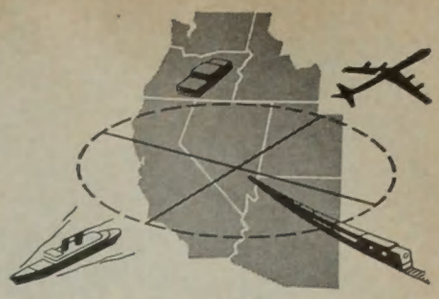

PETE REDPATH

Gasping *for breath, Herbert Stoltenberg pushes 50-plus pounds of rocks through final obstacle. He won in '68, '69*

Wheelbarrow races in El Dorado County

Wild scrambles of people pushing, dragging, and running with laden wheelbarrows highlight the final day of the El Dorado County Fair in Placerville.

In early afternoon, teen-age boys and girls (anyone may volunteer) race over an obstacle course; then women and dignitaries and club men compete.

Around 4 P.M. the grandstand fills for the main event, with prizes of $500, $250, and $50. Bumping into one another, some 20 husky men rush their wheelbarrows to an "ore pile," scramble and shove to gather at least 50 pounds of rocks in a sack, charge off through a sand trap, fight their way over a 4½-foot-high hurdle, under another, over a fence, and through a muddy mire. Then they race along a back road,

Birlers *do impromptu ballet in one of several logging contests (ax throwing, speed sawing, pole chopping)*

One lady *brakes to a halt to retrieve fallen gunny sack (right) as others dash toward rock pile. Winners get $35, $20, $10*

Sunset

THE MAGAZINE OF WESTERN LIVING

July 1971

"Work *with one hand, and keep the other out of the picture"*

He's arranging the arrangers

A garden writer at *Sunset* was working on an article about the equipment needed for flower arranging. At the suggestion of an art director working with him, he called in Mrs. Sue Higashi to create an arrangement to show some of this hardware in use.

It soon became plain that what Mrs. Higashi was doing might make a livelier article than what she was using in her demonstration.

One of the people who came to watch made this record of the action. Mrs. Higashi is showing the art director how to position a rose while the photographer tells them where to put their hands. The writer (at left, with shears) stands ready to rush to the garden for fresh plant material or to rustle up other supplies.

The picture they are taking leads off an article on pages 52 and 53. The article originally intended is here, too, on pages 146 and 147.

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clamber over a massive log, run through water, and stagger to the finish line.

Otherwise the fair is typical of most county fairs, with food and livestock exhibits, a midway, and band concerts.

This year the dates are July 15 to 18, at the county fairgrounds just off U.S. Highway 50 about 2 miles west of Placerville. Admission is $1 for adults, 50 and 25 cents for children. Hours are 10 A.M. to midnight.

Water sports at Lake Oroville

Just about every activity that requires water has its place at Lake Oroville State Recreation Area, 75 miles north of Sacramento off State Highway 70.

Boaters are well provided for by launching ramps around the lake. You can rent boats, including houseboats, at two marinas: Lime Saddle, (916) 534-6950, and Spillway, (916) 533-6940. Call in advance for reservations.

A number of areas are accessible only by boat, with 6 to 10 camping spots at each site. And the group camp at South Bloomer can accommodate up to 75 people; plan ahead by calling the recreation area office, (916) 534-2409. Directions to all the camps are available at park entrances and launching areas.

Thermalito Forebay North is reserved for sailboats, canoes, and other boats without power.

Sandy beaches with limited lifeguard services can be found at Forebay North and at Loafer Creek. Loafer Creek also has 137 developed campsites and 100 grassy picnic areas, the largest concentration of the many picnic sites scattered liberally throughout the park.

Many fishermen are lured to Lake Oroville by the abundance of good fishing. Special vegetation control areas in the water have been set aside to preserve natural growth to entice fish, making them especially desirable fishing spots.

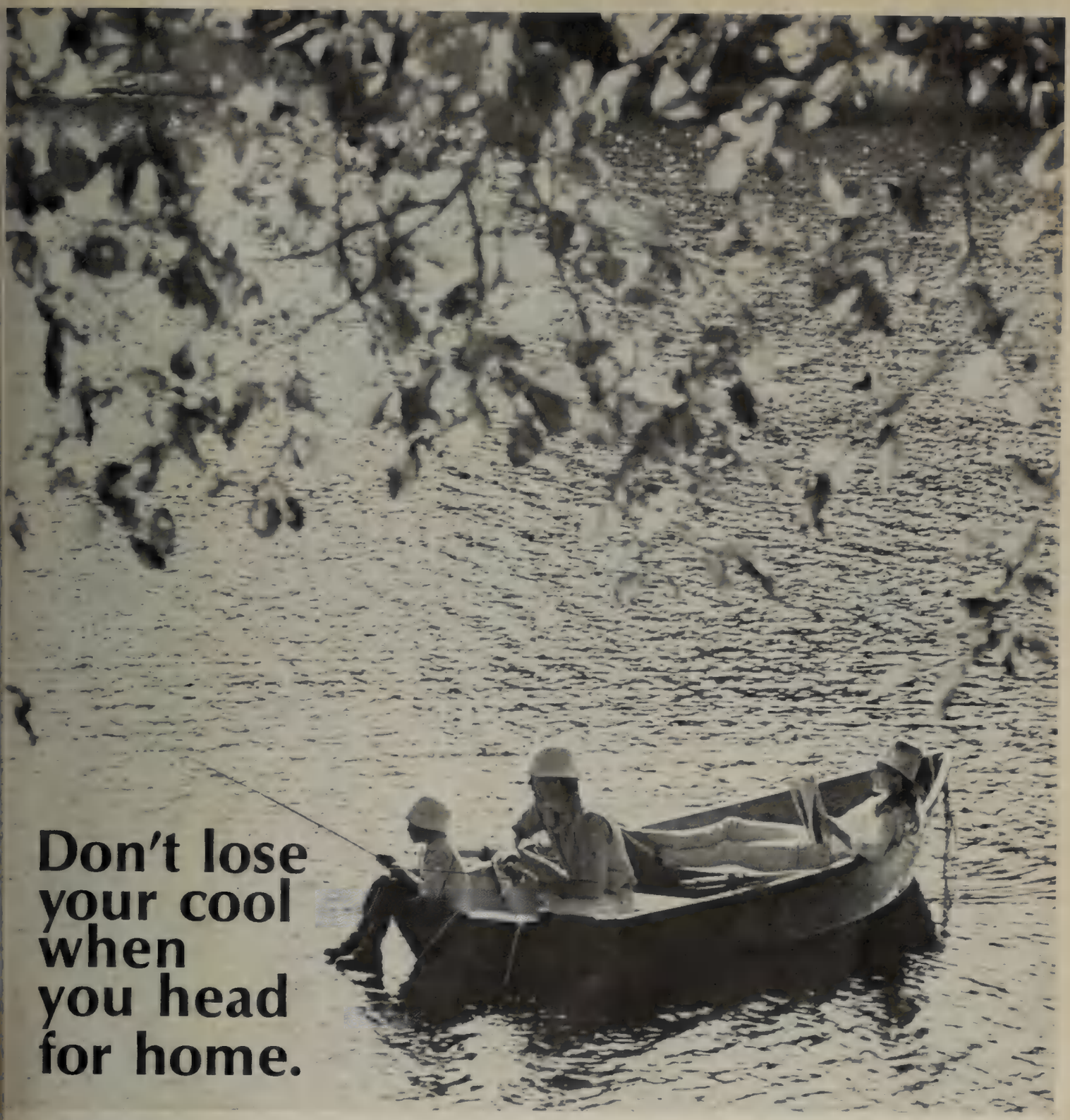
There is a 7½-mile trail for hikers and horseback riders through lower Feather River Canyon, and park rangers can point out many other trails.

Be sure to stop by the visitor center at the dam overlook to learn the story of the California Water Project. The park rangers conduct free tours every day that include the powerhouse and power generation apparatus.

For a brochure on Lake Oroville and a schedule of fees, write to the State Department of Parks and Recreation, Box 2390, Sacramento 95811. For a list of lodgings and approximate rates, write to the Oroville Chamber of Commerce, Oroville 95965.

Los Gatos choo-choo

Six days a week during the summer a tiny 65-year-old steam locomotive



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JOHN O'NEIL

Train chugs *past Big Trees sign, representing a stop on old Southern Pacific route*

threads its way around two adjoining parks in Los Gatos. The Billy Jones Wildcat Railroad operates Tuesday through Sunday; starting at its Oak Meadow Park miniature station, it puffs to Vasona County Park and back on a journey that simulates an old route through the Santa Cruz Mountains.

The railroad, begun in 1939, owes its origin and its name to a long-time Southern Pacific engineer. Its existence today is credited to the public spirit of local people whose efforts assured its continuance after Billy Jones's death.

A round-trip ride behind Old Number 2 can highlight an afternoon at one of these two parks near the shores of Lake Vasona.

Hours Tuesday through Saturday are 11 A.M. to dusk; Sunday, noon to dusk. Fare is 50 cents for adults, 25 cents for children. □

For travel planners, a July check list

Mediterranean cruise. A special 21-day cruise of the Mediterranean aboard the M.T.S. *Jason* will start from Piraeus (the port of Athens) on October 20. Most of the 17 ports to be visited are in the eastern Mediterranean and they include Istanbul, Rhodes, and Beirut. Fares start at $1,190 per person for a twin-bedded cabin with a shower and toilet; also included are round-trip transportation from New York, scheduled shore excursions, and shipboard activities. For a detailed brochure write to Tourizons, Inc., 300 E. Hampden Ave., Englewood, Colo. 80110, or see a travel agent.

Driving in Europe. Renting, leasing, or purchasing an automobile in Europe can be complicated, but the answers to many of the common questions on these subjects are available in a 32-page booklet entitled *The ABC's of European Auto Travel.* Write to Auto-Europe, 323 Geary St., San Francisco 94102, for a free copy.

Northwest by bus. Crater Lake, the Oregon coast, Hells Canyon, the North Cascades National Park, and Portland are among the places to be visited on a series of three to five-day tours that start in Portland. For example, a four-day tour featuring Crater Lake also allows you to visit the Redwood National Park, ride up the Rogue River, and explore the Oregon coast. This tour costs $125 and includes transportation, lodging, and a tour escort. For a brochure describing this and other tours, write to Imperial Tour and Travel, 728 S.W. Washington St., Portland 97205, or see a travel agent.

Into the Caribbean. Tours leave San Francisco on Delta Airlines every Saturday through December 18 for Montego Bay, Jamaica, and Nassau in the Bahamas. The $399 price of the eight-day tour includes round-trip air fare, hotels, and sightseeing to such places as Tryall Plantation on Jamaica and Fort Montagu in Nassau (meals and a tax and service charge of $24.50 are not included). There is plenty of free time for swimming and free-port shopping. For details, write to Ambassador Tours, Inc., 609 Sutter St., San Francisco 94102, or see a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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SCHOOL AND CAMP DIRECTORY

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 9

GARDEN CENTER beginning page 155

FINE FOODS CUPBOARD beginning page 112

SHOPPING CENTER beginning page 159

Sunset School & Camp Directory

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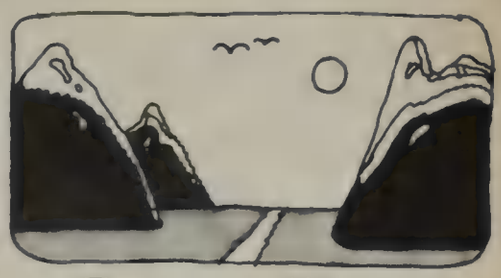

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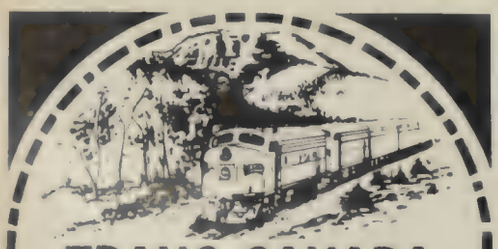

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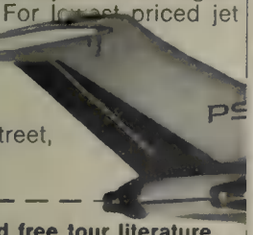

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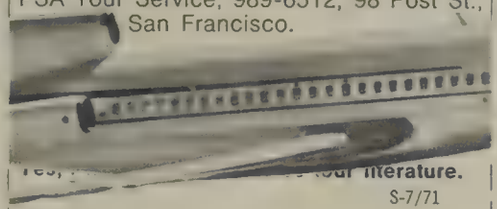

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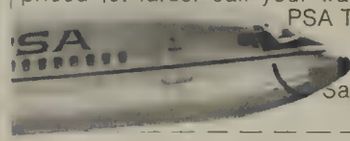

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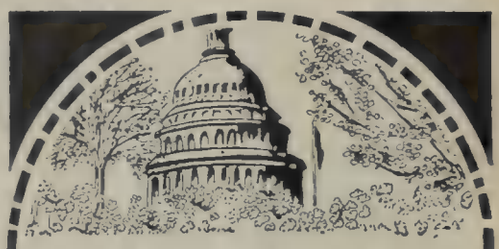

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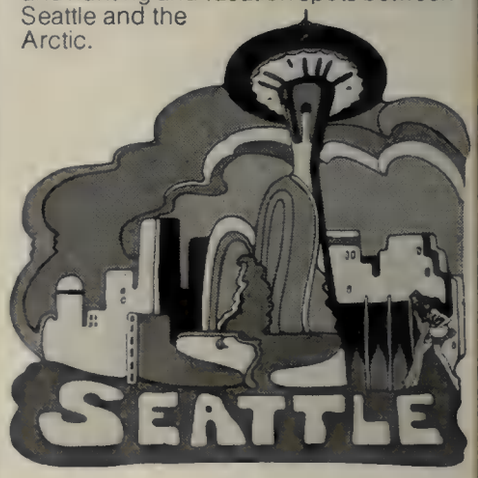

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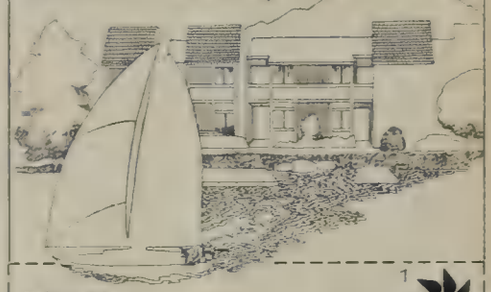

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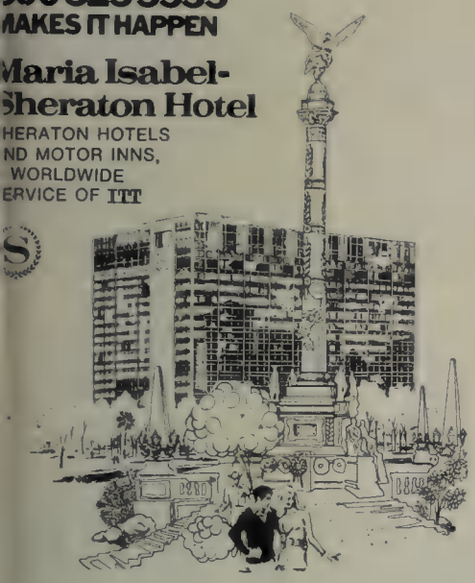

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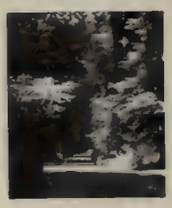

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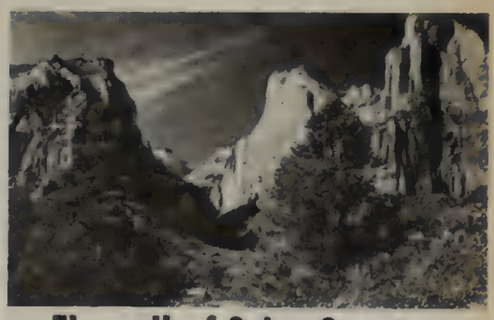

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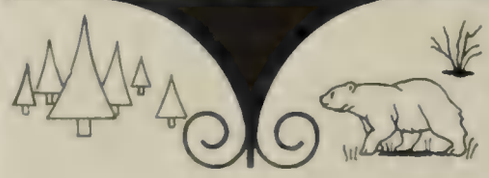

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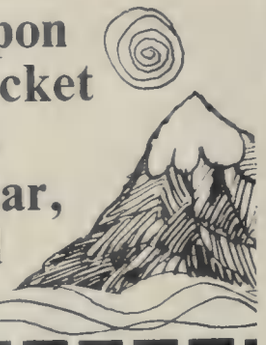

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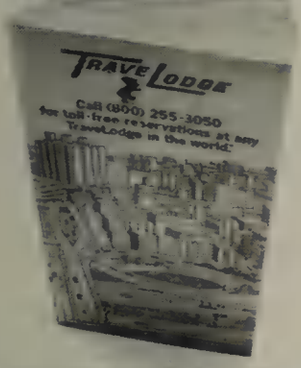

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The Sunset Travel Directory

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North and South, East and West, Young and Old, Rich and Poor, Jew and Gentile, Black and White and Brown and Yellow and Red, This town, this city, this state, this country bleeds a little every day.

Open your heart. Empty your hands. And roll up your sleeves. With The American Red Cross.

Roll up your sleeves.

advertising contributed for the public good

For "Gott ist mein König," *Bach divided chorus. At last year's opening, Conductor Salgo had two choruses on stage, a third at left (out of picture). In center, woodwinds accompany chorus; harpsichord will play with soloists (seated). The brass, Bach's heavenly sound, are near upper row*

A grand musical experience in Carmel starting July 16

Sandor Salgo *leads violins through difficult Bach passage. Maestro Salgo is the festival's musical director and conductor*

DARROW M. WATT

Bassoonist *keeps reed moist anticipating difficult post-intermission challenges*

No music festival in the West is more durable and appreciated than the one dedicated primarily to the works of composer Johann Sebastian Bach. For the past 33 years, the village of Carmel (population about 5,000) on California's Monterey Peninsula has been hosting and supporting the increasingly well known Bach Festival.

This month, while much of the West is baking in the heat of summer, Carmel residents and more than one thousand

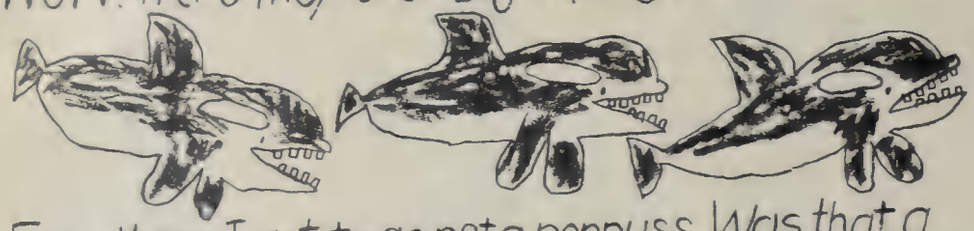
MY SUPER DAY at

AMAZING!

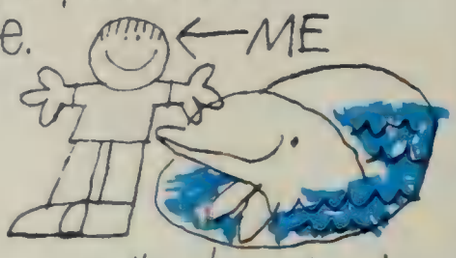
MARINEWORLD

ON SAN FRANCISCO BAY

First we went to this place like a theater only it was for WHALES. I mean they put on the show. WOW! were they ever Big. And 3 of them, too.



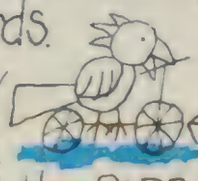
From there I got to go pet a porpuss. Was that a blast! He even smiled at me. ← ME



One of the most exciting things we saw was the WATER SKI AND BOAT SHOW.

These guys driving boats were really daredevils. And the water skiers did some stunts I just couldn't believe. A man even flew over this great holding onto Big kite.

After that it was time to go see these dumb birds. I wanted to go feed seals, but Mom won so we watched the Birds. They were smart after all and I really liked them, especially one called Spike.



I forgot about the PORPUSS OLYMPICS. Can they ever swim and jump. The funny part was when they squirted water and put out the Olympic torch. We all got tired so we took a FREE Boat Ride.

There are lots of other things too see and do. And everything is for only one low price!!! Dad said it was really low for good family entertainment. If you're ever in California you gotta go. It's just a little way south of the San Francisco Airport on the Bayshore Freeway. I think you can get in at 9:30 a.m.

LOVE, Marty

Amazing MarineWorld on San Francisco Bay—[illegible] south of S.F. Airport.
One price includes everything. Adults [illegible] Children [illegible] under Free. Open daily 9:30.

Noted harpsichordist *Fernando Valenti shown in morning performance last year Scarlatti sonatas are his special fort*

festival visitors will button up for wha is locally called "Bach weather." A fo often hovers overhead; it may lift briefly in midafternoon.

It is a chance to smell piney smoke from a chimney in July, to ingest calories with wintertime vigor, and, best of all, to si spellbound while a harpsichord, a viol d'amore, and orchestras and choruses re vive the music of the baroque perioc and other music reflecting its influence

This year's 10-day festival opens o Friday, July 16, at 8:30 P.M. in Sunse Theater, Ninth Avenue and San Carlo Street in Carmel. A half hour befor each concert a brass ensemble play music written especially for perform ance from a tower. Townspeople joi the audience in the courtyard to enjo this prelude to festival programs.

The Friday and Saturday evening an Sunday afternoon concerts are repeate the next weekend. Daily except Sunda there are daytime recitals, lectures, o symposiums, with concerts at night.

A highlight of the festival is at 10 P.M on Wednesday, when the concert sit shifts to the Carmel Mission Basilic Heralding brass first sound from th tower; when the massive doors swin open you enter the mission's candlel interior. The works of Vivaldi will b the evening's musical fare. The tollin of the mission bells marks the end of th concert close to midnight.

Tickets for each concert cost from $ to $7. Recital tickets are $3 each or $1 for a series of six. Wednesday evenin at the mission costs $10. Tickets for a performances are in limited supply an you will have difficulty finding any o the day of the performance. For ticket and brochures write to Carmel Bac Festival, Box 503, Carmel 93921.

Sleeping space in Carmel and Montere is in great demand during the festiva Write to the Carmel Business Associa tion, Box 4444, Carmel 93921, for list of accommodations.

Septober Alaska's favorite time of year!

September and October are when Alaskans have *their* fun. The weather is usually mild with plenty of sunshine. (The average daytime September temperature in Anchorage is 52 degrees.) The hunting and fishing are terrific. The forests are blazing with color. The fishing fleet is in. The timber is cut. And it's time for Alaskans to play.

And you're invited to join us. In Septober, you'll have the pick of resorts, lodges, hotels, guides, and tours. Septober is an uncrowded, relaxed, *economical* time of year. The color's bright and the price is right.

alaska!

Tell me more about Septober. Alaska's favorite time of year. And, please, send me details on Alaska's Bonus Bargains.

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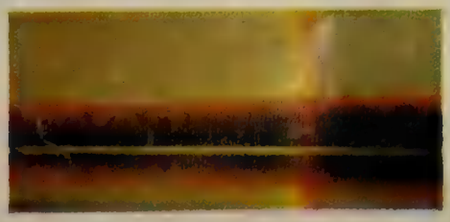

VEGA KAMMBACK. IT'S A WAGON AND THEN SOME.

The Vega Kammback wagon is three things. It's a Vega. It's a Kammback. And it's a wagon.

Let's start backwards. As you can see by the wagon-like shape, the Vega Kammback is a wagon. The back end lifts up. The back seat folds down. And while it's no giant, it'll easily hold plenty of groceries and rose bushes and antiques and cub scouts.

But the Vega Kammback wagon is more. It's a Kammback.

Kammback is not just another fancy word. It refers to the aerodynamic shape of our little wagon. A shape that contributes meaningfully to both the stability and the handling of the Kammback.

Which means you may feel the desire to forget the rose bushes and the cub scouts and just go for a ride. Just for the fun of it.

Our clincher: the Vega Kammback wagon is also very much a Vega. So without even asking, you'll get an overhead-cam aluminum engine, front disc brakes, front bucket seats and lots lots more.

The Vega Kammback wagon. It's a lot more than you bargained for.

Buckle your seat and shoulder belts.
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VEGA
CHEVROLET

In Montana you can drive through buffalo territory

At Montana's National Bison Range near Moiese, you can drive through grassland ranges that are much as pioneers found them a century ago, complete with grazing buffalo.

The road is open from 8 A.M. to 7 P.M. between June 1 and September 30. It meanders for 19 miles over 19,000 acres of grassland before looping back to the headquarters station at Moiese. A leisurely drive takes about 2 hours.

Before you start, pause at headquarters to pick up a leaflet that tells you when and where different animal species are most frequently seen. It also suggests that visitors remain in or near their autos, since buffalo are unpredictable.

Besides buffalo you may see antelope, deer, elk, mountain goats, and bighorn sheep. There are pit toilets along the route. No drinking water is available, so you should carry a canteen.

If you don't have time for the drive, you can see buffalo, elk, and antelope in the exhibition pasture near headquarters.

Moiese is about 45 miles north of Missoula. Take Interstate Highway 90, then State 200, then Route 212 to the main entrance to the range. □

JACK MCNEEL

Buffalo cross road *in National Bison Range below Montana's Mission Mountains*

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Fun house fun

Mostly you're in for some sliding, spinning, jiggling, and spilling. But unhappily, the time is running out

The Fun House at San Francisco's Playland-at-the-Beach will be in business at least through this summer. The surprise isn't that it will make way for a new commercial development, but that it has survived fire and the wrecker's ball for nearly 60 years to delight four generations of visitors.

It dates back to a pre-plastic world; the wooden stairs and slide are grooved to a shining patina. There are hand-carved wooden horses, arched latticed rafters, and massive jesters' heads grimacing down from the ceiling. You'd expect that some of the rides and displays might be roped off and posted "do not touch." Instead, to a din of screams and laughter, all of the works still jiggle or whirl or collapse as if new.

It is an adventure just to enter. You pass the fat lady, slapping her knees and doubled over with laughter as she spins on her circular track in the front window; you'll also fumble through the mirror maze and squeeze past whirling cloth bumpers; and just when you think you're safe inside, a blast of musty-smelling air stands your hair on end.

The 75-cent admission provides at least an hour's worth of entertainment. On Great Highway between Fulton and Cabrillo streets, the Fun House will be open from noon to 10 P.M. every day until Labor Day; then it opens from 3 to 8 P.M. Fridays and 11 A.M. to 8 P.M. Saturdays and Sundays. □

Jet of air *blasts a hairdo. In early days a gay blade would wait here for a glimpse of ankle*

CRAIG ZWICKY

Hardwood slide, *buffed glassy smooth by burlap mats, cascades riders at eye-watering speeds*

Walk *through barrel is enlivened by spins and falling people. It's choreographed by operator who can vary turning speeds*

Moving *wooden platform accelerates rocking motion of hand-carved, conveniently horned wooden horses*

Bodies *are distorted by trick mirrors, to the delight of the viewers*

And then *there were eight spinning on the joy wheel*

3 days, 2 nights and 54 holes of Pebble Beach golf for $78.25.

Del Monte Lodge's special 3-day, 2-night golf package includes breakfasts and dinners. Green fees for the Pebble Beach Golf Links and Spyglass Hill Golf Course (officially rated as the two toughest golf courses in California). Guest membership at the Pebble Beach Tennis Club with 9 championship courts, heated pool and private beach. Music at CLUB XIX (a popular 19th hole by day). TV and room service. And use of Gun Club and Riding Stable.

The cost for this special golf holiday? Just $78.25 per person, plus tax, double occupancy. Gratuities not included. And it's available all year long.

For the finest golf you've ever played, plus the charm of Carmel and the 17-Mile Drive, see your Travel Agent. Or, call us collect at (408) 624-3811.

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Dept. S, Pebble Beach, Calif. 93953

Del Monte Lodge is [illegible] your local Travel Agent [illegible] Co., Div. of John A. [illegible] (SF) 415-434-0660; [illegible]

Solemn, *curious marmot peeps out from his rocky burrow in Mount Rainier National Park*

A hike to visit marmots

Part of the joy of spending a weekend in the woods is the prospect of an encounter with some permanent wilderness residents.

Although animals are sometimes irritating or dangerous, you can usually find the right combination of wild but well mannered behavior if you know where to look. At Glacier Basin in Washington's Mount Rainier National Park, for example, the shy but curious hoary marmot (*Marmota caligata*) will arouse your interest, but not your adrenalin. From July through September you can hike an easy 3½-mile trail to see him.

The hoary marmot is also known as the whistling marmot, and you probably will hear his high-pitched whistle before you see him. This "notification" whistle turns into an "alarm" whistle—a series of short blasts, repeated hysterically on the run—when the marmot is chased by predators.

A citizen of the high country with cousins in lower elevations throughout the West, the hoary marmot hibernates for six months, beginning in September.

To some he resembles a beaver or a giant mole with big eyes. But he is usually described as looking like a large ground hog or woodchuck with gray fur often shaded with brown, black, or yellow — a useful camouflage in his rocky habitat. He is about 18 to 21 inches long at maturity and weighs about 20 pounds. The young are born from late March to mid-May.

Hoary marmots live on herbs, grasses, and flowers (you may see one with an overflowing mouthful of long grass). Unlike other members of his family—

Pick your favorite of fall things.

Take-it-easy, leafy walking. Boat riding. Huckleberry picking. Building up a great Northwest appetite, then putting away a hot and hearty Northwest meal. Maybe it's just taking in one of the longest-running color spectaculars around: Fall, in Oregon. This fall, come and relax in a state of excitement.

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Ray Atkeson

Wondering Where To Go This Year?

Chances are you'll be getting away more often in 1971, especially with the new, long weekends.

Sunset's new expanding 1971 *Western Campsite Directory* will help you to decide *where*, and it's quite clear you'll want to carry along on the *what*.

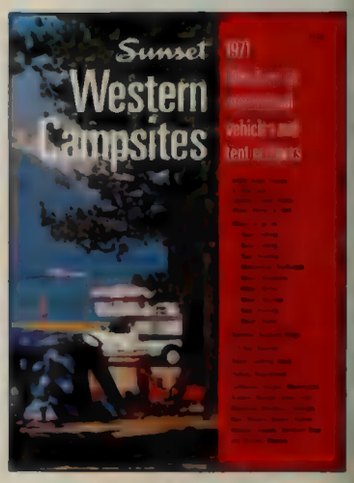
It lists over 6,000 campgrounds in the Western states (including Hawaii and Alaska), as well as Western Canada, Northern Baja and Sonora, Mexico.

It will suggest the best places in each state for such things as trout fishing, bass fishing, gold panning, water skiing, clamming, ghost town exploring, etc.

And it will provide an up-to-date list of LP gas sources and sanitary disposal sites.

The listings, articles, and selective ads should make this major new *Sunset* annual magazine the best genuinely helpful guide book you have ever owned on the outdoor West.

Look for it now at book stores, camping and trailer supply dealers, and on your local newsstands. Only $1.95.



squirrels and chipmunks, for example—the marmot usually will not invade your camp, rip your pack, or steal your food.

To see the marmots of Glacier Basin, follow a wait-and-watch policy. Sit down among the boulders between the trail and the river and sooner or later the curious marmot will come out of his burrow to investigate. Sit still as he approaches; a sudden movement will send him running for his rocky hideout.

Overnight campers at the basin will have time to investigate the remains of the abandoned Starbo copper mine, active sporadically until 1957. It is located partly on private land within the park, making it impossible for the Park Ser-

Wildflowers *abound along trail as hiker tarts down to White River Campground*

vice to complete removal of the rusting nachinery.

Also worth a stop is the short side trail ½ miles from the trailhead that leads o the snout of the Emmons Glacier, he largest glacier in the contiguous 48 states.

To get to Glacier Basin, leave U.S. Highway 410 at the turnoff to the White River entrance to the park. Drive 1 mile o the guard station ($2 entrance fee er car), and 5 more miles to the White River bridge. Turn left on a gravel road beyond the bridge and continue 2 miles o the large White River Campground. At the west end of the campground is he trailhead. □

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Wilson T2000. The little wires a

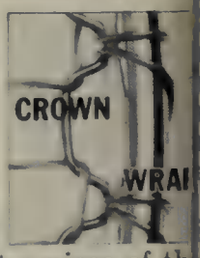
Too many metal rackets would have you believe they can help you play more powerful, more controlled tennis simply because they are metal rackets.

They should know better.

The WILSON T2000, grand-daddy of them all, had the edge on them right from the start: a patented string suspension system called the crown-and-wrap. It can help you do almost everything better.

The crown-and-wrap system leaves the strings free to give and take tension, to accommodate one another, to deliver the perfect degree of pace and angle that your head is asking for when it swings your arm and racket into a shot.

Taut strings on tight wires...like live nerves. The racket is hypersensitive. Ordinary rackets, frame-strung, can't give you the "feel" you need, for example, to finesse a neat drop shot.



Cutting loose on a smash or a cannonball serve, the whole head of the racket acts like a small trampoline, powering the ball back at many times your own strength. Man, it satisfies!

But, let's be realistic: nobody hits them all dead-center. How about all those times you settle for getting just a piece of th racket on the ball?

The crown allows some "give" around the edges o the frame, which wouldn't happen if the strings wer into the frame. So the T2000 can respond to those o target hits with all the authority that most racket save for bulls-eyes.

That's the kind of help you need from a racke

are a big help to your game.

Tennis people would know that. Only someone who has a deep understanding of what happens when ball meets racket could conceive the advantages of a crown-and-wrap suspension...or the mobility and balance of an Astro-Bow frame...or the sure feel of a top-grade calfskin grip.

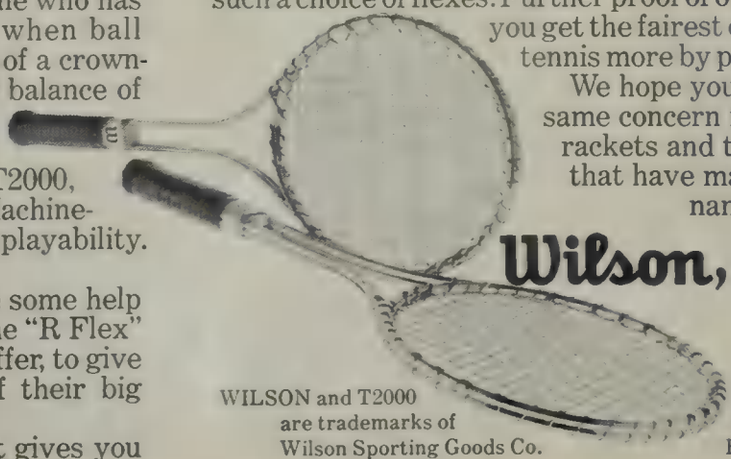
All of which explains why the Wilson T2000, first of the metal rackets, is still the best. Machine-tested for durability. Tournament-tested for playability. No complaints.

If you're an average player and can use some help putting speed on the ball, you should buy the "R Flex" model. The "Firm Flex" model is slightly stiffer, to give our power-hitting friends better control of their big game.

The T2000 is the only metal racket that gives you such a choice of flexes. Further proof of our concern that you get the fairest chance to enjoy tennis more by playing it better.

We hope you will read that same concern in all the other rackets and the tennis balls that have made Wilson the name of the game.

Wilson, anyone?



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*Price includes GIT air fare from the West Coast and is based on sharing twin-bedded rooms. Bookings must be made 30 days prior to departure.

ALLISON & ASSOCIATES

Seats swivel *to help give audience a complete view of 180° screen*

To experience Hawaii . . .

A new multimedia production incorporating movie films, slides, and many special effects crams much of the excitement of Hawaii's past and present into a memorable 45-minute show.

Hawaii Experience is shown in a 150-seat theater just off the lobby of the new Waikiki Beachcomber Hotel at 2300 Kalakaua Ave. It runs continuously from 9 A.M. to midnight (last full show starts at 11:15 P.M.). Admission is $2 for adults, $1 for children under 12.

The producers of *Hawaii Experience* have an earlier hit show, *San Francisco Experience*, still playing after a run of more than a year at Ghirardelli Square in San Francisco. In Honolulu the montage of sights and sounds offers, for example, a sequence showing tourists sunbathing in their bikinis on Waikiki while a voice solemnly describes the missionaries' reaction to the natives' skimpy dress, and a realistic re-creation of the bombing of Pearl Harbor with special effects providing the fires and bursting bombs.

Other vignettes include a geological history of how the Hawaiian Islands were formed by erupting volcanoes, and a look at all the different people who have "discovered" the Islands: the Polynesians in their outriggers about 750 A.D., Captain Cook in 1788, the missionaries in the 1820's, Chinese, Japanese, and Filipino immigrants from the 1850's to the present, and of course, the tourists. □

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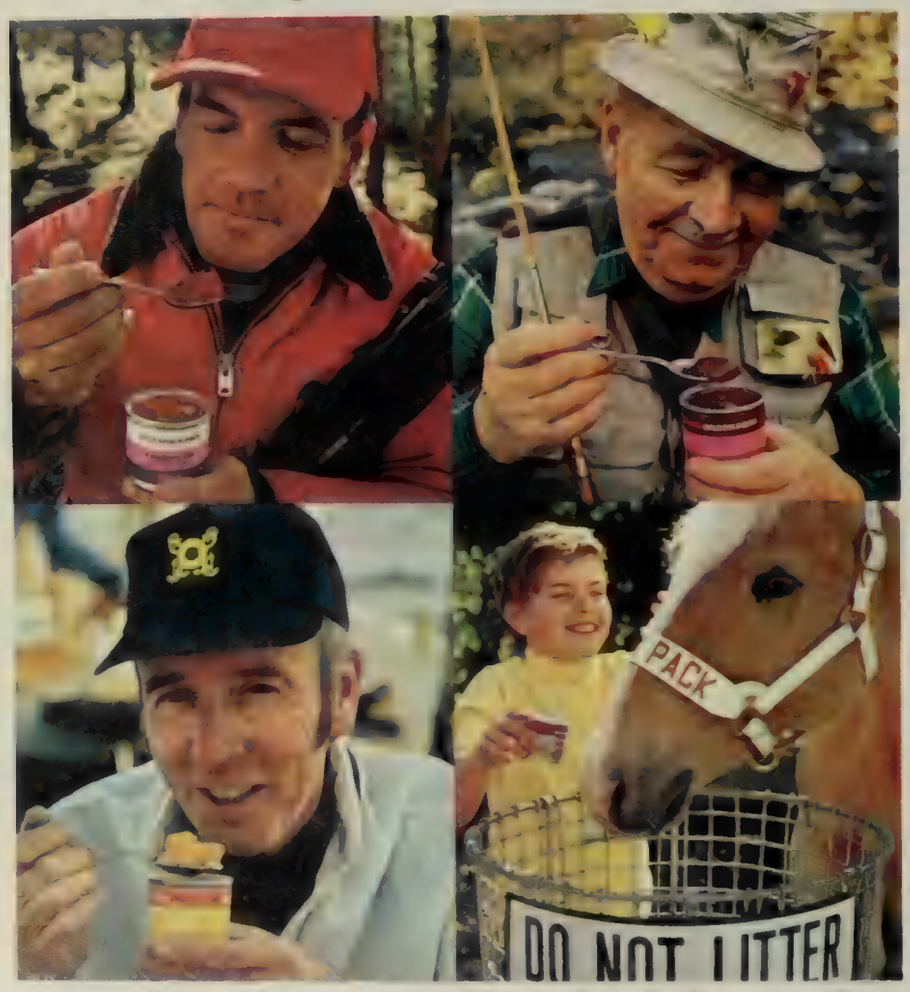

boating

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From visitor overlook, *the view is 500 feet down to bottom of mine pit*

Look down into Tripp-Veteran Pit

Ever take a good close look at a copper mine? The Tripp-Veteran Pit in the Kennecott Copper Mine at Ruth, Nevada (near Ely), is a gaping crater with terraced sides, striped with dusty bands of greens and reds on beige.

A typical example of open pit or strip mining, Tripp-Veteran is the most productive of the mine's five huge pits.

Daily, almost 100,000 tons of earth are blasted from its steep walls, separated, then hauled by behemoth trucks to rail sidings where ore-bearing earth is loaded into ore cars bound for the reduction plant in nearby McGill. There, 22,000 tons of ore are smelted into about 140 tons of blister (almost pure) copper.

Looking into the pit, you will notice that trucks and tractors keep to the left. This helps drivers to see how close they are to the edge of the road.

The mine is just off U.S. Highway 50 about 6 miles west of Ely. Turn south on the road to Ruth, a company town, and follow signs to the lookout point, about 3 miles from U.S. 50. □

Close-up *view of 120-ton truck that carries ore from pit*

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THE ONLY WAY TO FLY

Exploring the border islands

By boat if you possibly can do it, or by ferry and car, island by island

The Northwest yachtsman with his options of where to cruise on weekends and vacations is the envy of other Western sailors. One destination, the San Juan and Gulf islands, straddles the international boundary. Tightly grouped together, their Douglas fir and madrone forests reflected in still coves, the islands offer the sort of water-directed vacation that Northwesterners take for granted. If they were as close to Southern California as Catalina, or as accessible to San Francisco as the Sacramento Delta, the islands would be famous and certainly

While oysters [illegible] on fire, the [illegible] is still [illegible] on little Posey Island, short water trip from Roche Harbor

Sun warms the [illegible] air along the dock is the smell of bacon and muffins. There's still time to take a before-breakfast walk, or to make ripples on the calm water off Sucia Island

LENN CHRISTIANSEN

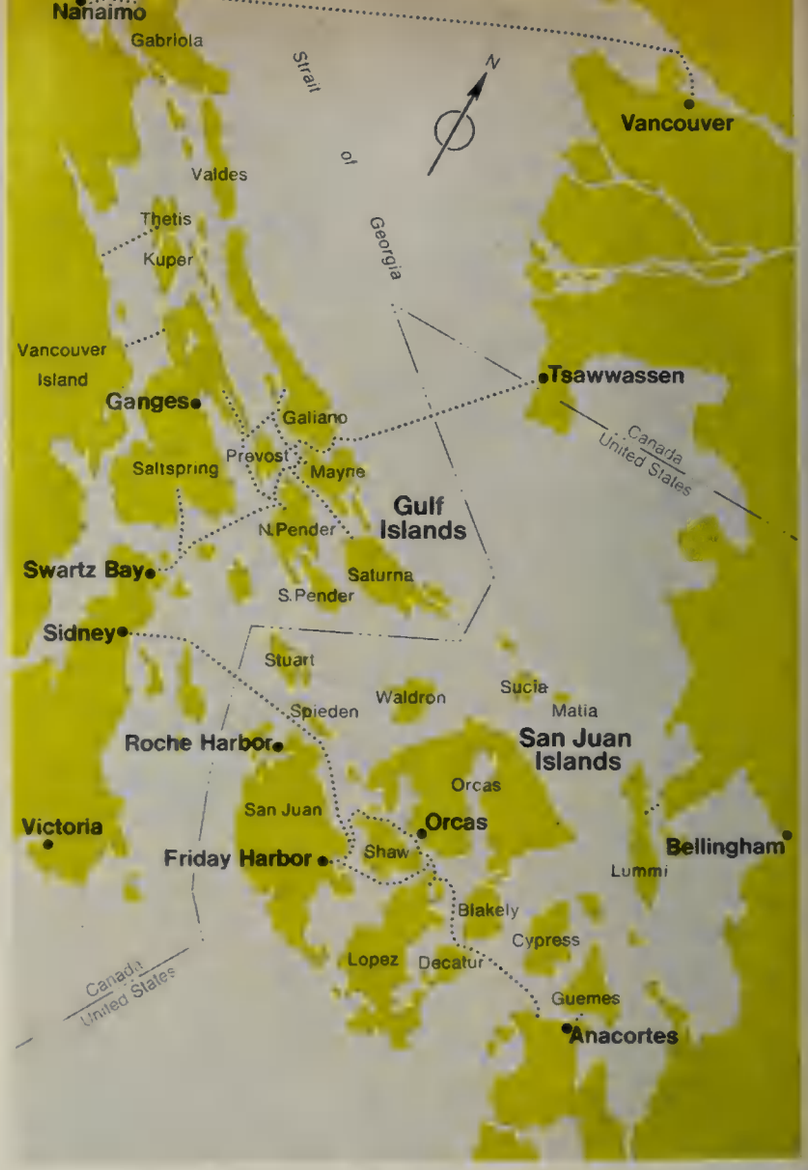
Clammers *dig for dinner on gravelly Turn Island beach. Their charter boat lies at anchor just offshore*

more crowded.

The San Juan and Canadian Gulf islands number in the hundreds (the exact count depends on whether the tide is in or out). They're occupied by a relatively small number of farmers, retirees, ex-urbanites, fishermen, and part-time vacationers. The surrounding waters are extraordinarily rich in oysters, clams, mussels, salmon, rock cod, and a variety of other sea life, some of which you may have seen before only in a fish market. In many peaceful coves, yours may be the only boat. Throughout both island groups are cottage resorts, most of them modestly priced, and well supplied marinas offering fuel, provisions, and showers and laundry service.

With limited time you can sample a few of the islands from auto ferries. The Washington State Ferry shuttles between Anacortes and Sidney with stops at Friday Harbor, Orcas, Shaw, and Lopez islands. The trip takes about 3 hours. British Columbia ferries linking Victoria and Vancouver make stops in

Here are islands by the hundreds . . . almost infinite choice in where to take your boat



San Juan and Gulf *islands are sprinkled from Washington northwest to Vancouver Island. Dots indicate ferry routes*

GLENN CHRISTIANSEN

At Anacortes dock *at start of vacation, suitcases are emptied aboard charter boat, returned and stored in car*

the Gulf Islands. Local ferries from the mainland and Vancouver Island also call at individual islands in both chains.

While Northwesterners often undersell these islands, they're sometimes guilty of overselling the weather. They'll tell visitors, especially those from Arizona and California, that because the islands lie in the rain shadow of Vancouver Island the summer weather is balmy and warm. Listen politely but bring a rain poncho. Don't expect to do a great deal of swimming or to take home an impressive tan. The weather can be glorious, but if it isn't you can call it a welcome break from summer heat at home.

Many islands and passages still bear the Spanish and English names given them by European explorers in the 1770's. The British Union Jack flew on San Juan Island until 1859. That year an American settler, finding a pig rooting

an Juan Islands *cram 30-mile passage from Anacortes to Vancouver Island. Gulf Islands start at upper right*

NORTHWEST AIR PHOTOS

ound in his garden, seized his gun and ok aim. Since the pig belonged to a ember of the British Hudson's Bay ompany, there was an angry dispute. oth the Americans and British set up rrisons to fight what has been labeled e "pig war," and the cry of "54-40 or ght" swept the country. In 1872 Kaiser ilhelm I of Germany, as arbitrator, varded the islands to the Americans. d the English and American camps e now national historic monuments.

iday Harbor, the seat of San Juan ounty, which includes most of the merican islands, bears little resemance to a metropolis; yet with 800 tizens, it's the biggest town in either and group. The main street terminates the Washington State Ferry slip. long the way it passes tidy, no-nonnse Victorian houses and small shops. s one of the best places to stop and take on provisions.

A mile and a half north of town, the University of Washington Oceanographic Laboratory and Station lets the public tour the laboratories and holding tanks between 2 and 4 P.M. on Wednesdays from June through August.

It's hard, even with the help of the photograph above, to visualize the proximity of the islands. One of the longest stretches, from Anacortes to Blakely Island, is only 8 miles. It's only a 4-mile passage across the international boundary between Stuart and South Pender islands. Except for the Strait of Georgia and the Strait of Juan de Fuca, the water around the islands is protected against wind and waves. In the Gulf Islands the water may warm to 70°.

To offer guests a sampling of the excellent small boating conditions, most resorts have available rowboats, outboard motorboats, or perhaps a sailboat for day trips. A few larger resorts offer day charters on inboard motorboats.

Going by boat simplifies your vacation itinerary. Scattered throughout the island groups are marine parks with facilities for visitors arriving by boat: piers, mooring buoys, campsites, fresh water, and bathroom facilities. Several are accessible only by water. Some of the most popular in the San Juans are on Stuart, Sucia, Matia, and Jones islands. In the Gulfs (some residents call them the Canadian San Juans) there are marine provincial parks on Tent Island off Kuper Island, at Montague Harbor on Galiano Island, at Beaumont Park on Bedwell Harbor, and at Sidney Spit on Sidney Island.

If the clear, deep water of a sheltered cove holds promise of succulent crab for supper, drop anchor. The calm, soft

The San Juan waters contain treasures . . . fish, clams, crabs, oysters

Columbian *from Vancouver is example of larger vessel for charter with crew. Room aboard for three couples, several kids, crew of two*

DON NORMARK

Skipper *and first mate, out of Canada and touring the San Juans, roll back canvas before cooking breakfast*

At tea time, *moored in Victoria, crew enjoys scones and jam, stout, "digestive biscuits," and tea steeped in an English pot*

Float *is tied by line to crab trap. Four crabs, baited by last night's chicken, will become tonight's stew*

GLENN CHRISTIANSEN

Rock fish *comes aboard for dinner. Net has hauled in larger trophies, but for young Californian, catching his own fish was vacation highlight*

wilight lingers in these northern latiudes almost until it's time to go to leep. You can spend the night aboard r at a campsite ashore.

t's not uncommon to see boats as small s 14 feet moored at buoys or at pierside. Smaller boats with their shallow rafts are easier to take close to shore. Most large boats tow or carry a small inghy.

o exchange pleasantries with other ailors, head for one of the resort mainas. Roche Harbor on San Juan Isand, site of an old lime kiln, has a vinecovered, turreted hotel built in 1886. It has a heated pool and a restaurant. Rosario on Orcas Island's East Sound is an extensive resort. Original owner of the property was Robert Moran, a ship builder and early mayor of Seattle. Both resorts charge mooring fees.

The most spectacular mooring is the free public dock across from Victoria's stately Empress Hotel, within earshot of the summer concerts at dusk in front of the provincial parliament building.

Crossing the international border, you must clear customs. You can enter Canada through Sidney, Bedwell Harbor on South Pender, or Victoria, where customs is one block north of the public dock. Coming into the United States, you can stop at Roche Harbor, Friday Harbor, or Anacortes.

Motorboats predominate although sailboats are becoming more common. The currents are strong, and water levels can vary as much as 10 feet between tides. Although the wind often comes from the southeast, the islands are so tightly bunched that winds are undependable for sailing. And if you want

GLENN CHRISTIANSEN

Killer whale *spotted off Orcas Island surfaces about 50 yards ahead*

to see as much as possible, a power boat has a greater range.

In the San Juans gasoline costs about 44 cents a gallon up to 50 gallons, 39 cents in greater quantities. In the Gulfs it is measured in imperial gallons (five American quarts).

Charter boat operators can be found in the cities nearest to the San Juans and Gulfs, notably Anacortes, Bellingham, Sidney, the Seattle area, Vancouver, and Victoria. Most require that you charter for a week.

For a list of operators, write to Charter Boats, *Sunset Magazine,* Menlo Park, Calif. 94025.

Rates vary widely depending upon the comfort, size, and age of the vessel. When inquiring it is best to state your boating experience, how much you are willing to spend, the number in your group, how far you want to go, and what galley amenities you would like. Ask for descriptions of several boats.

The general range of prices starts at about $250 a week for a 25-foot inboard bare boat (no skipper). For a 45-foot boat or larger, the price can rise to $1,000 a week or more. But the larger boat can probably carry three families, and by sharing costs they might

Ashore for tea in Victoria or for berry

Across the sea wall *from Victoria's Empress Hotel, the mooring is free; it's central to shopping, sightseeing*

Blackberries, *sweet enough to eat just with cream, grow by road to Retreat Cove public dock on Galiano Island*

travel more economically than they could in three individually chartered smaller boats.

Anyone with some boating experience on home waters can charter. The operators will accompany you for an hour or more while you get the feel of the boat. Or you can take a skipper for a day and let him off when you feel confident. (There is often a $15 fee for him to get back to home port.)

If you'd like to have a skipper aboard, this can be arranged; he may bring along his wife or a crewman to cook meals and help with chores. A skipper and crew will add $45 to $70 a day.

It's also possible to join an organized boat tour of these islands. Costs vary by the size of the group, but about $25 per person per day is typical.

Inquire whether the boat is equipped with a crab trap and pot, a double-sided round-pointed oyster knife, fishing tackle, and a shovel and bucket. These may help you keep down the cost of food; market prices run a bit higher here than in most other areas of the West. You don't need a license for salt water fishing. Utensils, pots, and pans come with the boat. You must bring personal articles, sheets, towels, and sleeping bags. □

picking on Galiano

Crab, *a legal 6 inches, has lost a pincer in an earlier conflict*

Buckets *well loaded with clams are carried to boat for afternoon chowder feast*

It mustn't topple... or look like it might

Teacher shows *how to set off roses with evergreen huckleberry. They're well braced—see small photograph at right*

DARROW M. WATT

Bind stems . . . or brace them

To keep iris leaves and cymbidium orchid (left) aligned, bind stems with plastic-coated wire (center)

To wedge allium stems (right) against vase mouth, use foam sponge

Plant stems do the work

Pieces of huckleberry stem, cut to size, serve as wedges inside vase (left) to prop up tall branches. Bits of stem also prop up floppy aralia leaves (right)

Shape it to fit

Oregon grape, shown above with roses, needs firm anchoring. Crosswise cut through a heavy stem end (right) makes it easier to push down onto needle holder

Flower arrangements don't just happen; they are conceived in the mind of the artist and grow to perfection under the artist's hands. Some principles of the art are mastered only through years of practice and observation, but one is quickly and easily learned: An arrangement must be balanced and stable. It may be tall or broad, formally or asymmetrically balanced, but it should not fall over—or look as if it might.

Sue Higashi, who teaches flower arranging (as her mother and grandmother did before her), shows here a few tips on achieving balance. Control is the secret; you must put the plant material where you want it to go, then make sure that it stays there.

If the arrangement feels stable as you work on it—if it stands firmly on its base without toppling over—it is likely to have a balanced look, too.

Of course Mrs. Higashi uses all the specially manufactured aids to flower arranging, and you should become familiar with their use if you want to get really serious about arranging (see the article on pages 146 and 147). But she also improvises, often using stems of the material being arranged for the props or braces she needs.

She also uses conventional garden aids like the pruning shears and plant ties shown here. Less conventional is rubbing alcohol (stems of tender flowers are placed in alcohol for a minute to firm them up).

You will know your arrangement is stable if you can carry it and set it down in place with only normal caution.

Back-pack stoves

They're light (16 to 28 ounces) and take up less space than a hand axe. Clockwise from top

Safe *German alcohol stove cooks slowly but fuel is nontoxic, nonexplosive; low, stable base for pots; folds to a flat 2¾ inches to fit pack*

Convenient *16-ounce French butane model lights at once, burns cleanly atop 3-hour cartridge but is slowest to boil water (12 minutes per quart). A bit bulky; fairly stable. $13 with optional windscree (shown surroundin burner)*

Sturdy *steel-cased Swedish gas unit is heaviest (26 ounces) but provides low and stable pan support closes to tight, 3 by 5-inch box. $1*

Fast-cooking *gas stove from Swede is quickest to boil water (6 minutes per quart), burns long but is a bit unsteady for large pots. $11*

Compact *model, also Swedish, is a space-saving (5 inches high) favor ite of mountainee A bit unsteady; circular windscree metal cup are included. $12*

GLENN CHRISTIANSEN

The camp cooking fires you carry with you

A blazing campfire may be romantic and warming after a long day outdoors. But open fires are often difficult to cook over, wood can be hard to find, fires can easily leap out of control—and they're prohibited in many areas.

Modern campstoves, however, combine convenience with the fresh-air joy of an outdoor meal; and you can carry them away with you, leaving the wilderness unmarred by debris, burnt pockets of ground, and smoldering coals.

Campstoves come in dozens of models, but you can avoid confusion by basing your choice on fuel variety and stove size (from multiburner units down to backpack stoves small enough to hold in your hand).

Fuels

The most common fuels are white gasoline, compressed propane and butane, kerosene, and denatured alcohol. In determining your preference consider availability, safety, ease of use, heat output, and cost.

White gas is the least expensive and most universally available (in bulk or as packaged camping fuel), and the large gas-burning stoves can be pumped to a high cooking temperature (although some people are inconvenienced by the need for vigorous, periodic pumping of the gas tank). This is unleaded *appliance* gasoline, not unleaded automobile gasoline. Automobile gasoline shouldn't be used unless your stove is specifically built for it, and even then you should expect a somewhat sooty flame.

Propane is soot-free and convenient, lighting readily without pumping, priming, or spillage common to liquid fuels, and it burns at a steady rate on the thrust of its built-in pressure. It's comparatively costly but tightly compressed, and a standard, nonrefillable 14-ounce canister (about $2, and frequently discounted) can last more than 6 hours, depending on burner size.

Utensil kit *for small Swedish stove costs $10, has extra windscreen, two pots, and frying pan; folds around stove for compact carrying*

A canister stove can be adapted (for about $25) to fit larger tanks that can be refilled at much lower bulk prices. Some stoves fit large tanks only, but you may prefer a model that can still convert back to the more readily available canister if there's no refill station handy. The canisters weigh nearly as much as the fuel they contain, and may present a disposal problem.

Butane shares the general characteristics of propane, but is commonly available for only one backpack stove. (See picture on page 54.)

Kerosene and alcohol stoves are safest but relatively rare, and kerosene can be hard to find. Kerosene cooks well but has a sooty, clinging odor and must be primed with alcohol or gas. Slow-heating alcohol, like kerosene, is acceptable for marine use; its fumes are neither toxic nor explosive, and rise harmlessly instead of settling into the bilge area to form a dangerously explosive mixture, as do fumes from other fuels. Alcohol fires can most easily be extinguished with water, and spilled alcohol evaporates quickly.

If you already have a fuel-burning lantern or heater, you may prefer a stove that burns the same kind of fuel.

Large stoves: for full family meals

Most large stoves for group cooking have two burners; a few have three, but you may find them too heavy and bulky.

Fuel differences aside, the stoves may look bewilderingly alike. Check the size of the cooking surface: A large, 15-pound model may measure 11 inches between burners and up to 6 inches from the center of each burner to the side windscreen. This size is best for large utensils, but a smaller stove may be easier to pack and carry. Some other things to look for are:

Durability: Will the fuel container fit tightly, and the stove lid stay closed? Some lighter models have no carrying case, and may be damaged in transit.

Wind protection: The best screening is provided by an upright-locking stove lid, with two steady, fold-out side shields.

Heat loss: Measure the distance from burner to grill (the less distance the better —even ¼ inch makes a difference). Some models have a cupped deflector under the burner to shape the flame for even, effective heating.

Grill: The rods of the grill should be close enough together to provide a stable base for small pots.

Cleaning: Some stoves have enamel drip

GLENN CHRISTIANSEN

Compressed fuel stoves

These burn cleanly with no pumping, no spills:

Australian *picnic stove (left center) has single burner that screws into refillable propane tank, holds one large kettle. Easily carried with its swing-down handle, it's typical of compact, sturdy stoves available for picnic use*

Standard *full-sized two-burner propane stove (right) costs about $30, is big enough for two 9-inch-wide pots. Each burner is fed by a standard, 14-ounce disposable fuel canister that will burn up to 6 hours. Tanks are conveniently stored inside the stove when it's not in use*

Camplight *(far left)* **and stove** *(bottom) share a large fuel tank, an advantage for late-night cooking. The combination costs $75, with tank. Canister stoves can be hooked to large tanks with a $25 adapter assembly; they switch back easily to spare canisters if a tank refill isn't available. This stove has slightly less burner space than canister stove*

The big stoves give you two burners if you like, a more generous fuel supply, even an auxiliary camp light

pans, and others have lift-out burners for easy cleaning, but a few have recesses in the bottom where spilled grease is impossible to reach.

Heat control: Large, liquid-fuel stoves require pumping to help regulate and maintain the heat level. Compressed fuels give a more steady and easily adjustable heat, but the flame begins to flicker as the fuel runs out, and can't be restored by pumping.

The more sturdy, fully cased two-burner stoves cost from $20 to $45; the smallest models and uncased units start at $15. Discounts are common, but prices alone shouldn't determine the choice of a stove intended for several years' use. Ask your dealer for a warranty and a list of repair stations.

Backpack stoves: hot and compact

The long-distance hiker who challenges every addition to his pack can choose from the variety of light, small, and surprisingly hot stoves shown on page 54. Size alone shouldn't guide your choice, since any stove, with an adequate fuel supply, is bound to be one of the heavier objects in your pack. Convenience, stability, and durability should also be main considerations. All models shown cost less than $15.

Most backpack stoves use white gas. Their complicated starting process requires priming from the heat of your hands cupped around the fuel tank. But once lit they're self-generating, producing a hot flame without pumping.

A new compressed-butane stove burns cleanly and lights instantly, but it requires a special fuel canister and might freeze up at extremely low temperatures. But all stoves, in general, will cook adequately in a wide range of temperatures and at any altitude. (The thin air of high elevations prolongs cooking time by lowering the boiling point of water, and also causes faster fuel consumption.)

Gas and alcohol models burn for 45 to 90 minutes, depending on tank capacity; the butane canister lasts 3 hours.

At most altitudes, you should need no more than 15 minutes of cooking heat per meal.

At this rate, a butane canister will last for nearly six days if you have two hot meals a day; the average gas stove consumes 1/10 pint of gas per meal, and you can get by for a week on about 1½ pints.

Carry your gas in a thin metal container designed to slip into the side of your pack. You'll need a funnel or a piece of surgical tubing to put over the can opening when fueling your stove, and you should carry a small amount of extra gas to allow for spillage.

Miscellaneous stoves: varied and convenient

Several stoves fall between backpack models and large campstoves in terms of size and utility. Most have one unscreened burner; many of them sit atop their gas, kerosene, or propane containers. One popular model forms a tripod with a propane container serving as one of the legs, which you rotate to adjust the flame. The stove folds compactly and cooks well, but the high-pressure canister could be accidentally unhooked, or the cooking pot upset, when you're trying to adjust it.

Many campers guard against emergencies by taking along small, pocket-sized warming stoves. One flat-folding model uses canned, jellied alcohol; another is heated by small naphtha pellets. There's even a 3½-ounce miniature brass unit that holds enough alcohol to brew a cup of tea.

Using your stove safely

Stoves should be used in open, well ventilated areas to prevent tent fires and fume accumulation, and shouldn't be moved while lit. Be sure your stove is turned off completely after cooking; you may notice a brief afterburn, a small, lingering flame consuming leftover vapor.

Spilled gas ignites easily and is hard to extinguish with water (which can float the gas, spreading the fire), so don't refuel a lighted stove. Wipe up spills and keep spare gas away from the fire in a tightly closed metal container (glass and plastic bottles are explosively fragile, and illegal in many states). A leaking container in a vehicle may allow fumes to build up undetected, obscured by normal engine odors.

Propane tanks should be protected from excess heat and should have a safety-release valve on the tank body. A 2 per cent concentration of propane in the air is explosive; gas consumed by the burner doesn't smell, so a distinctive odor means that there's a leak. Check for suspected leaks by applying soapy water to the fuel line fittings: The leak will produce bubbles. You should be especially careful with stoves attached to large tanks: the extra fittings involved are particularly susceptible to leaks.

National forests require fire permits for campstoves as well as open fires.

Clean your stove carefully between camping seasons; a liquid emulsifier will allow grease to be removed with water. Empty out the fuel, put light oil on cylinders and gaskets, clean the fittings with water, and blow them dry with air. □

Liquid fuel stoves

White appliance gasoline is the least expensive fuel, and the easiest to find:

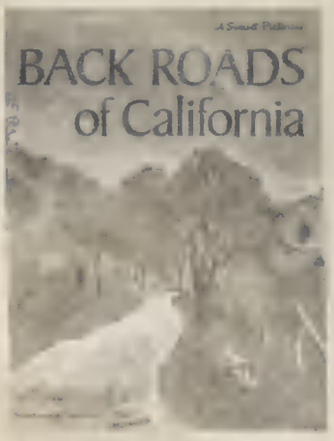
Swedish *gas stove (upper left) will accommodate only medium-sized utensils, but it's easy to use and clean, weighs only 6¾ pounds, and the small, durable container stores in a small space*

Popular, *large gas stove (right) provides enough heat to cook hearty, family-sized meals. The model shown weighs 15 pounds, with a grill area large enough for two 10-inch pots, and costs about $20*

Kerosene *stove (lower left) burns safely and is popular for boat use, but it's hard to start and adjust. It has a large grill (8½-inch diameter, and will hold a much larger kettle) but collapses into small box*

DRIVING IN COYOTE CANYON

There's another way to get there



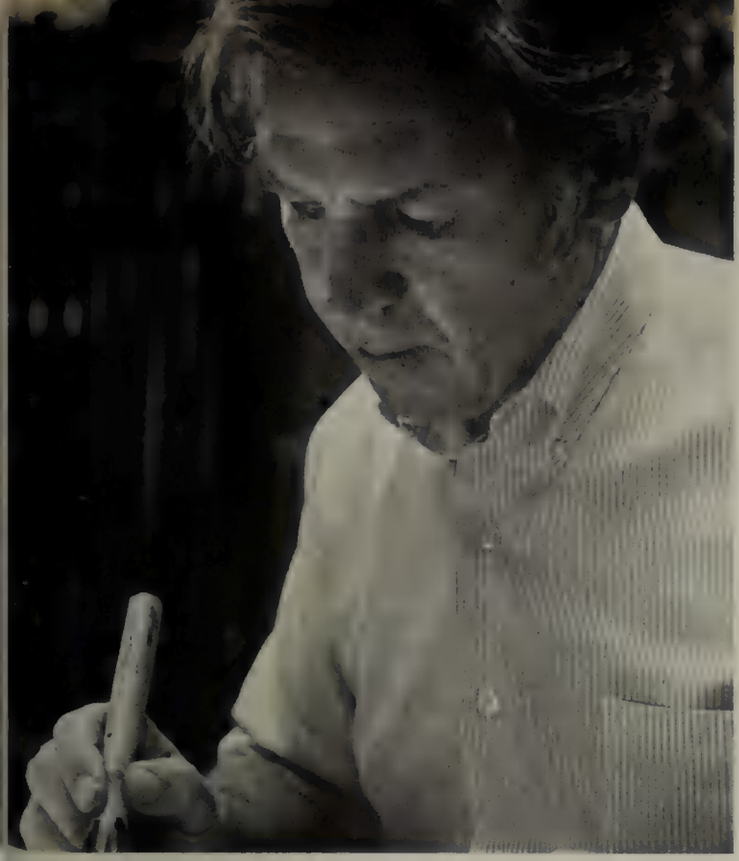
A new *pictorial* features *rural byways*

Though it may seem just the opposite at times, most of the land in California is still rural. And remote and elusive as they may seem, there are still quiet back roads and lanes with minimal traffic winding through countryside waiting to be explored. They are more than just the thinnest lines on maps—they evoke feelings of simpler, calmer times.

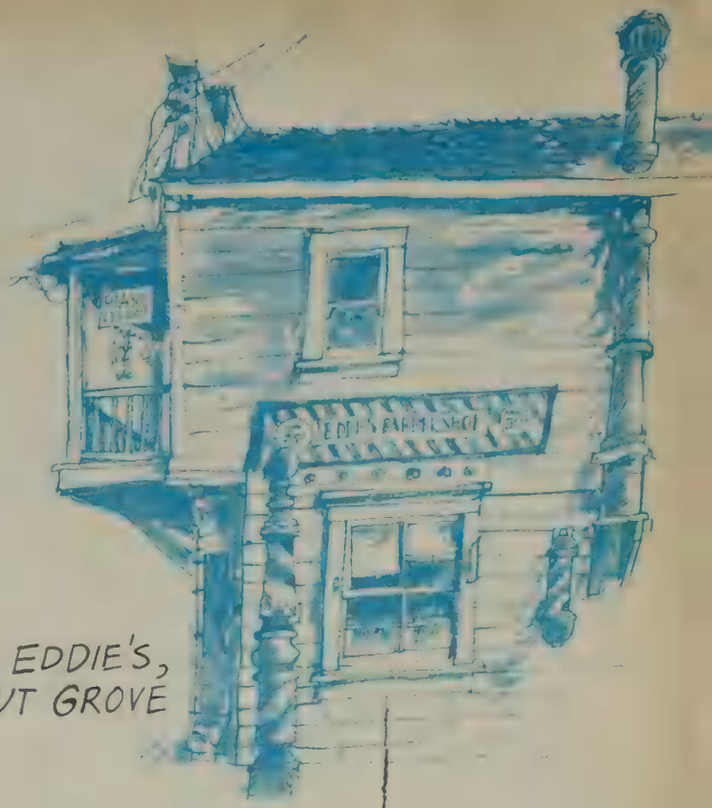
Two years ago artist Earl Thollander tucked his sketchbook under his arm and roamed the length and breadth of California, investigating its out-of-the-way places. His collection of impressions is now presented in a *Sunset* Pictorial, *Back Roads of California* (Lane Books, Menlo Park, Calif., 1971; $7.95 until Aug. 31, $8.95 thereafter).

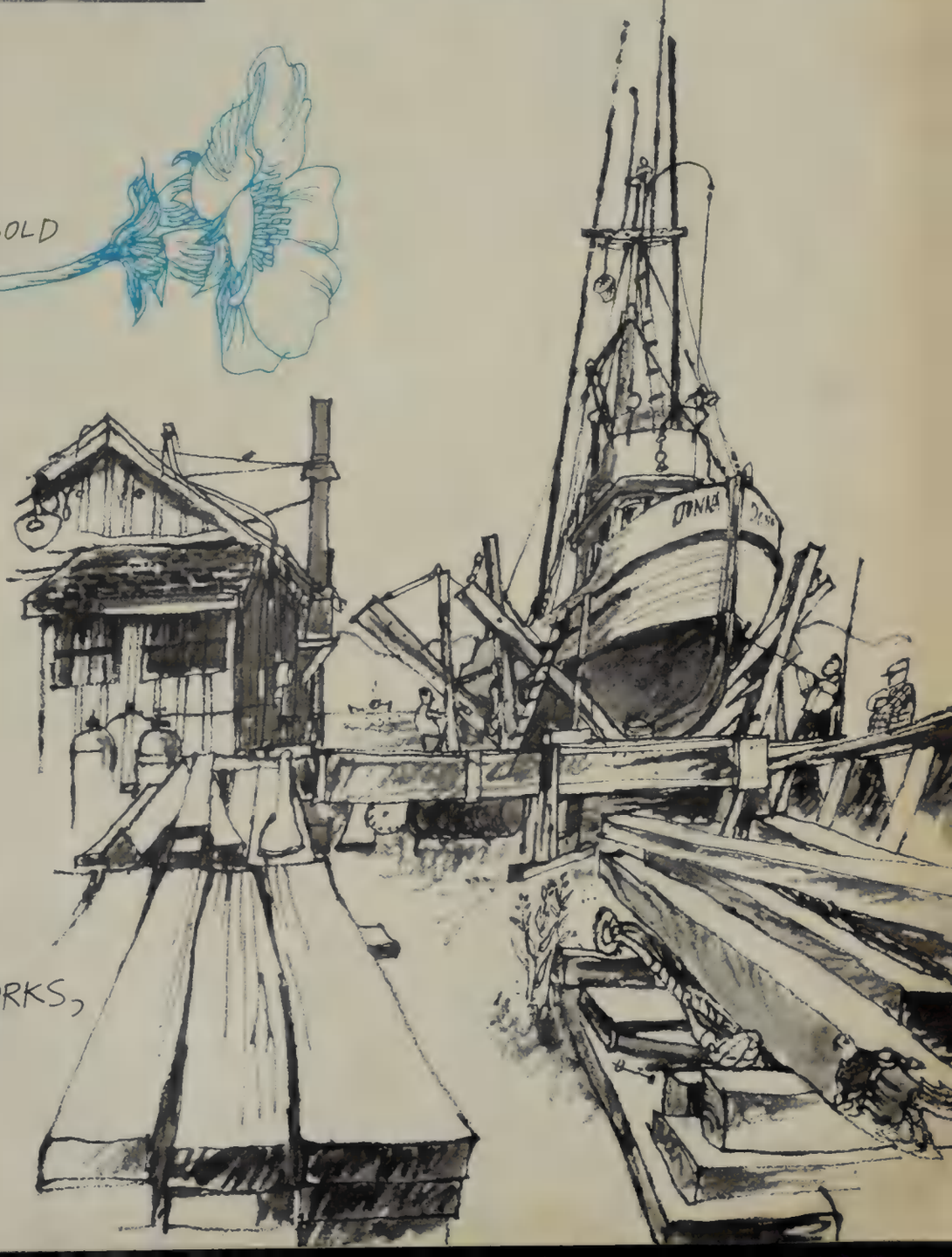
Essentially it is a travel suggestion book rather than a guide. Its more than 180 illustrations in duotone, halftone, and color convey the feeling and flavor of each back road experience, supplemented by a lively, first-person commentary in the artist's own calligraphy. Maps and an introductory text preface each of the book's geographic sections.

In all, the 42 rural byways that are presented range across the entire state, each within easy access of major travel corridors. The book is now available in many bookstores throughout the West, or may be ordered directly from the publisher. □



Artist *Earl Thollander traveled some 20,000 miles of rural back roads, sketching impressions and writing a commentary on his experiences*





Rich, *mellow colors of canned peaches, pears, cherries, tomatoes, dill pickles, and apricots. These prize-winning jars were put up by Mrs. Mary Joyce, East Palo Alto, Calif.*

NORMAN A. PLATE

Sometimes all it takes is a prolific apricot tree in the garden or a good buy on tomatoes at a roadside stand to spur interest in home canning and freezing.

These days some Westerners have additional incentives—perhaps to enjoy the produce from an organic garden over a longer period, or to have at hand some canned or frozen fruits or vegetables not available commercially.

Some may be trying home preservation for the first time this year. Others may have tried it with only disappointing results. Still others may know just enough to be confused about what's safe and what's important for flavor and appearance. And of course, even those who are experienced but haven't done much canning lately are aware that methods have improved in recent years and some different varieties of fruits and vegetables are available now.

On these pages we'll try to answer questions that readers in all these categories may have about food preservation, including basic information on the most frequently followed procedures. Details on processing times and recommended varieties are tabulated on page 64. For sources to whom you can write for further information, see page 108.

The canning process

When fruit is packed into a canning jar, fitted with a special lid that has a sealing compound on it, and then heated, these things happen:

Heat kills any spoilage organisms in the jar and causes the contents to expand, driving out any air still inside. The cooling of the jar creates a vacuum that helps seal the lid to the jar; unless that seal is broken, no organisms that cause spoilage can enter.

The recommended method for canning most fruits is to immerse the filled jars in boiling water.

What foods can be canned?

All fruits, fruit juices, and purées can be canned by the boiling water method with complete safety. So can tomatoes, cucumber pickles (but not all pickled vegetables—it depends on the proportion of vinegar), and some jams and jellies. The safe canning of other foods, including vegetables, meats, and fish, requires the additional heat that can only be obtained with a pressure canner.

To pressure-can, follow manufacturer's directions and write for additional information from the sources listed on page 108.

What about food spoilage?

Nearly everyone has heard about a deadly poisoning called botulism. The organisms that cause it have some peculiar characteristics. They live without air inside a sealed jar, are not destroyed at the temperature of boiling water, and are not easily detected when a jar is opened. They cannot, however, survive in the acid environment provided naturally by fruits and tomatoes or pickles. The botulism bacteria can thrive in jars of other vegetables, meats, or fish; that is why these foods must always be canned in a pressure canner.

Other types of food spoilage that might occur if jars of fruit are not sealed properly are easily detected: The food smells bad and may be soft, discolored, or moldy. Discard and don't taste any food from jars that show any such sign.

What equipment is needed?

Canning jars made of tempered glass that can withstand high temperatures are required; you can recognize them because the manufacturer's name is blown into the glass. Sold in housewares departments and grocery stores, they come in sizes from a half-pint to a quart, and in several shapes. Wide-mouth jars are most convenient for packing large pieces of fruit. Small jars are good for jams and jelly. When you buy jars, lids and ring bands are included; jars and bands can be used over and over but the lids must be replaced each time (a package of 12 costs about 25 cents).

The jars you buy packed with food in the market should not be used for home canning because they may break during processing. The old-fashioned jars called lightning jars, with glass lids that clamp down over rubber rings, can be used if made of tempered glass (those

It's the month to rediscover the joys of fruit canning. And if you'd rather, the art of food freezing

Cold *pack: Overlap tomato halves in layers*

Slip a spatula *between jar and tomatoes to allow bubbles of air to rise to top and escape*

Add salt *and lemon juice to jar of tomatoes for flavor*

Teamwork *makes the job go faster. One peels tomatoes; another retrieves processed jars*

The tempered glass jars go in over their heads in boiling water in the big canning kettle

sold in gift shops usually are not). You can reuse the rubber rings as long as they are in good condition.

A canning kettle is also necessary. It must be deep enough so that the jars, resting on a rack in the bottom, can be covered by at least 1 inch of boiling water. You can improvise with a large stock pot, a cake rack, and some kind of holder to retrieve the hot jars from the water. Regular canning kettles are inexpensive; the one shown at right holds six 1-quart jars and costs about $5. Its rack has handles so you can easily lift the jars from the canner. A wide-mouth canning funnel (about 60 cents) isn't necessary, but makes it easier to fill the jars.

Is sugar necessary?

You could can without sugar, but some sweetening improves the flavor and appearance of most fruits; they also stay firmer and are less likely to float in the jars. You have to pour a liquid over the fruit when the jars are packed; it can be a syrup made of water and sugar or honey (or some of each), a fruit juice (with or without sweetening), or just water. You can make juice by crushing soft fruit, heating it, then straining it.

Following are recommended proportions of sweetener to water, and the syrup yield of each. All of these syrups give good flavor and texture, but those with the highest proportions of sugar will usually make the most attractive product.

Proportions (cups)	Yield (cups)
Light Syrup	
2 sugar, 4 water	5
1 honey, 1 sugar, 4 water	5½
1 honey, 3 water	4
Medium Syrup	
3 sugar, 4 water	5½
1 honey, 2 sugar, 4 water	6
2 honey, 2 water	4
Heavy Syrup	
4¾ sugar, 4 water	6½

Use a mild-flavored honey, such as clover; a higher proportion of honey than suggested masks the flavor of the fruit. For the same reason brown sugar, raw sugar, molasses, or sorghum should not be used. You will need 1 to 1½ cups syrup for each quart of fruit.

Is the fruit packed raw or hot?

Often you can do it either way. One step is eliminated if you pack the pieces of raw fruit in the jar and then pour in the hot syrup. Most small or soft fruits such as apricots are packed this way.

To pack hot, bring the syrup or other liquid to boiling in a larger pan and add the fruit pieces and cook briefly; then pack the hot fruit into jars and pour over some of the cooking syrup. The fruit shrinks a bit in cooking and becomes more flexible, so you can usually get more in each jar. And after processing, the fruit is less likely to float up in the syrup.

Large fruit pieces such as peach or pear halves are best packed hot.

How to can in boiling water

The canning jars must be clean and hot. Wash them thoroughly and discard any with nicks or sharp edges on the rim that might prevent a good seal. A dishwasher is ideal both for washing the jars and keeping them hot.

Place the rack in the canning kettle and fill about half full of water; place on the range to heat. Heat additional water in a large teakettle or other pan.

Prepare the amount of fruit your kettle can process at one time. Pick a variety known to be a good canner; it should be free of blemishes and ripened to full flavor, but not overripe. Specific directions for preparing individual fruits, recommended varieties, and fruit yields are on the chart on page 64. It also indi-

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cates the fruits that need to be treated to prevent darkening after they are cut.

Make the syrup of your choice (omit syrup for tomatoes). Boil until sugar or honey is dissolved; keep it hot (don't let it boil down). Scald jar lids in boiling water; keep hot until time to use.

Fill one hot jar at a time; if necessary, you can reheat a jar by immersing it in the canning kettle. Pack jar with cold raw fruit or partly cooked hot fruit.

Ladle hot syrup into jar and fill to ½ inch from the top. Run a narrow spatula down between the fruit and jar to release any air bubbles. With a clean damp cloth, carefully wipe the jar rim; syrup on the rim may prevent sealing.

Remove a lid from the hot water and place on jar. Screw the jar ring on by hand as tight as you can comfortably. As each jar is filled, set in the canning kettle filled with hot (not boiling) water. When the jars are all filled and in the canner, pour in enough boiling water to submerge them at least an inch under the surface. Cover the kettle, turn heat to high, and as soon as the water boils steadily start counting the time required for processing.

Lift jars from the canner and place on a cloth or board away from drafts but do not cover; cool completely. If you wish, remove the jar rings. Test for a good seal by pressing the jar lid; if it doesn't move and stays down when pressed, the jar is sealed. Label each jar and store in a cool dry place.

Jams and jellies

You'll need specific recipes for these; some of the references on page 108 offer a good selection.

It is now recommended that all these fruit preserves be packed in regular canning jars and sealed. This eliminates the difficulties that many people have had when trying to seal jars with paraffin.

It's easy to seal preserves in canning jars, but because you normally don't process them in boiling water, the jars need to be sterilized before filling: Place jars in a large quantity of water and bring to boiling; then let stand in the water for at least 15 minutes or until you are ready to use them. Just before you pack the preserves, drain jars by inverting on a clean folded cloth. Scald the lids and bands in boiling water.

Pack boiling hot preserves into the hot sterilized jars, filling one jar at a time. Immediately wipe the jar rim with a clean damp cloth, then put the lid and band on the jar, tightening the band with your hand. Tip the jar upside down (the hot preserves kill any spoilage organisms that may have settled on the lid); then turn it right side up again and place on a cloth or board to cool. When cool, check the jars for a good seal.

In very warm climates, or if storage conditions are poor, pack preserves in hot canning jars, adjust lids, and process in boiling water as directed earlier, 10 minutes for half-pints, 15 minutes for pints.

The freezing process

When foods freeze, the organisms that cause spoilage and the enzymes that cause further ripening become inactive. Foods won't spoil as long as they stay solidly frozen. Since freezing doesn't actually destroy them, the bacteria and enzymes become active again when food thaws. That's why defrosted foods often spoil more quickly than fresh. However, botulism does not occur in frozen foods.

Freezing does cause changes: The water in food becomes ice crystals that can puncture cell walls. Upon thawing, natural juices are free to run out and the foods may become mushy. Foods vary in their structure and water content, so the softening may be more apparent in some than in others. Partial thawing and refreezing will multiply cell damage and quality deterioration.

The more quickly foods freeze, the smaller the ice crystals that form. Also, the more constant and low the freezer temperature, the fewer the texture changes that will occur. So even though foods kept at 10° or 25° may seem as solidly frozen as foods at 0° or below, they will not have the same quality when thawed. Unless you have a freezer that stays at 0° or below, it isn't wise to freeze for other than short-term storage. Use a mercury-type freezer thermometer to determine whether your freezer is suitable for long-term storage.

Special containers

The way food is packaged has much to do with its quality when thawed. Air

dries out frozen food, causing color and flavor changes sometimes known as freezer burn. The more nearly you can exclude air, and the more airtight the package is, the better quality will result.

For freezing fruits, you can use canning jars; those specifically designed for both canning and freezing have straight sides and wide mouths for easier removal of partially thawed foods. Sturdy plastic boxes with tight-fitting lids work well. Heavy plastic bags that close with rubber bands or twists are good, especially when used inside wax-lined cardboard boxes. Or you can use the special heavy plastic bags that can be heat-sealed (see page 104 of the July 1970 *Sunset*).

If you seal or label the containers with tape, use freezer tape; it has an adhesive that withstands low temperatures.

Freezing fruits

Choose freezing containers suited to the fruit you are going to freeze; syrup packs, for example, are easier to do in rigid containers. Use a container of the size that holds the amount you are likely to use at one time.

Pick a variety of fruit that freezes well. You want fruit that is ripe but firm and free from blemishes.

Prepare only the amount of fruit your freezer can freeze within 24 hours (see the manufacturer's instruction booklet). Use a stainless steel knife to cut fruit.

The best way to pack fruit into the containers depends both on the fruit and its intended use. The chart at right describes some of the most useful and satisfactory ways to handle typical Western fruits. Most fruits will taste better and keep their shapes better if some sugar or syrup is used.

When directed to pack fruit in syrup, you can use the same proportions of sugar or honey and water as for canning (see page 62). Honey syrups, however, are satisfactory only if your freezer stays at 0° or colder; at higher temperatures honey may crystallize. Prepare the syrups, then cool thoroughly. Add an antidarkening agent to the cold syrup if recommended. Usually about ½ cup of syrup is put in the freezer container and the fruit is cut directly into the syrup; more syrup is added to cover the fruit.

Some fruits can be mixed directly with sugar; usual proportions are about 1 part sugar to 4 or 5 parts fruit by weight. In a shallow pan, gently mix the fruit and sugar together with a pancake turner until juices are drawn out and sugar is dissolved. Then pack fruit and juices into containers, pressing fruit down until well covered by juice.

For fruits packed in syrup or sugar in wide-mouth containers, leave ½ inch of empty space at the top (headspace) for pints and 1 inch for quarts. For narrow-mouth containers, leave ¾ inch of headspace for pints and 1½ inches for quarts. Crumple a piece of waxed paper and place on top to hold fruit under syrups and juices. For soft containers such as plastic bags, pack the fruit, then exclude as much air as possible; an easy way is to submerge all but the opening of the bag in water. When you seal the bags be sure to leave headspace as directed for narrow-mouth containers.

Fruits intended for pies or other cooked dishes or to be eaten raw when partially thawed can sometimes be frozen dry without sweetening. These fruits should be dried well after washing, then spread out on shallow trays, left uncovered, and frozen just until solid. Then they are quickly packed in containers.

Seal the containers, label, and return to freezer immediately.

Protecting fruit colors

The freezing and canning guide at right gives specific information on how to prepare some typical Western fruits for preserving. Varieties that give good results when canned or frozen are indicated.

Some fruits have a tendency to darken after they are cut; the chart indicates which ones need to be treated. For canning, an effective way to prevent darkening is to cut the fruit directly into a solution of 2 tablespoons *each* salt and vinegar to a gallon of water.

In freezing, antidarkening agents are either added to the syrup in which the fruits are packed, or dissolved in water and sprinkled over the fruits before packing. Drugstores sell ascorbic acid crystals or powder that can be used; ascorbic acid tablets can also be used but tend to make syrups cloudy. The typical addition is ½ teaspoon pure ascorbic acid powder per quart of syrup. The tablets are more difficult to dissolve (crush them first) and a total of 1,500 milligrams ascorbic acid tablets is needed for each quart of syrup.

Commercial antidarkening agents are also available; these usually contain ascorbic and citric acids and often sugar. Follow the manufacturer's directions.

The chart occasionally calls for lemon juice for flavor. The quantity needed to prevent darkening can make the fruit too tart. If you use Meyer lemons, double the amount called for. □

Canning and freezing guide for fruits and tomatoes

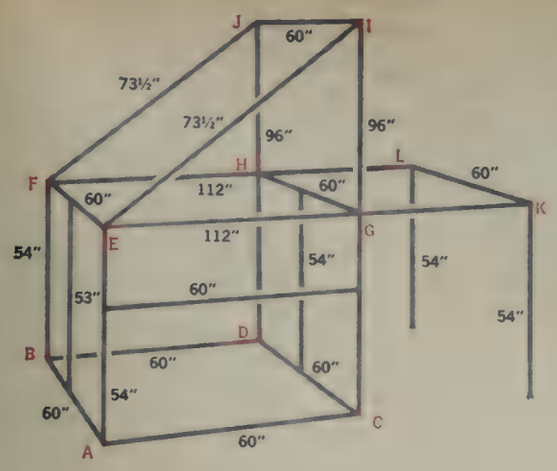
Fruit and varieties	To yield 1 pint (pounds)
Apples Can or freeze Golden Delicious, Gravenstein, Jonathan, McIntosh, Newton Pippin, Winesap	1¼ to 1½
Apricots Can or freeze Blenheim (Royal), Tilton, Wenatchee Moorpark	1 to 1¼
Berries Can most berries except strawberries; freeze all berries (strawberries: Lassen, Sequoia, Solana, Tioga, Wiltguard)	¾ to 1½
Sweet Cherries Can or freeze Bing, Black Tartarian, Chinook, Lambert, Napoleon (Royal Ann)	1 to 1½
Figs Can or freeze Black Mission, Black Spanish (Brown Turkey), Calimyrna, Celeste, Granata, Kadota, Laterula	¾ to 1¼
Loquats Can or freeze	1½ to 2
Melons Freeze cantaloupe, casaba, Crenshaw, honeydew, Persian, watermelon	1 to 1¼
Peaches Can or freeze Alawar, Elberta, Gold Medal, J.H. Hale, Late Crawford, Redglobe, Redhaven, Rio Oso Gem, Rochester, Slappy, Valient, Veteran **Nectarines** Can or freeze Fire Globe, Freedom, Gold King, Gower, Late Grand, Le Grand, Marigold, Panamint, Rose, September Grand, Stanwick	1 to 1½
Pears Bartletts best for canning; freezing not recommended	1 to 1½
Persimmons Can as purée or freeze Fuyu, Hachiya	1½ to 1¾
Plums and fresh prunes Can or freeze Duarte, El Dorado, Gaviota, Italian, Nubiana, President, Queen Ann, Santa Rosa, Standard, Stanley, Sugar, Wickson	1 to 1½
Rhubarb Can or freeze	⅔ to 1
Tomatoes Can, or freeze as purée, pear-shaped tomatoes, yellow-fruited varieties, and large, firm, smooth tomatoes except beefsteak types	1¼ to 2¼
Fruit purées and sauces Can purées except avocado; freeze all purées as indicated under *Preparation for freezing*	

Preparation for canning	Processing time (minutes) pints	quarts	Preparation for freezing
For pieces, pare and remove cores; cut in slices or quarters; treat to prevent darkening. Cook in canning syrup or other liquid for 2 to 4 minutes; pack hot and cover with hot cooking liquid. *For applesauce*, see fruit purées, below.	15	15	*To pack in syrup*, put ½ cup cold syrup (with antidarkening agent added) into each container. Pare and core apples and slice directly into syrup. Press down; add cold syrup to cover.
Peel as for peach, if desired. Cut in halves and remove pits or leave whole; treat for darkening. *To pack hot*, cook whole apricots in syrup or other liquid for 1 to 3 minutes; pack hot; cover with hot cooking liquid.	20	20	Peel, if desired, as for canning. Cut in halves or quarters; remove pits. *To pack in syrup*, put ½ cup cold syrup (with antidarkening agent added) into each container; pack apricots. Press down; add syrup to cover.
To pack raw, fill jar with whole or halved apricots; cover with boiling syrup or liquid.	25	30	*To pack in sugar*, sprinkle antidarkening solution over cut fruits; mix in ½ cup sugar per quart of fruit until sugar dissolves. Pack fruit and juice, pressing down until juice covers fruit.
For firm berries, add about ½ cup sugar to 1 quart fruit in a pan; bring to boiling, shaking pan to prevent sticking; pack hot; cover with hot liquid.	10	10	Wash a few berries at a time; drain well. *Strawberries:* Slice or crush fruit and add ¾ to 1 cup sugar per quart of berries; let stand until dissolved; then pack. *Cranberries:* After washing, dry well. Spread single layer on trays, freeze uncovered, then pack. Or make cranberry sauce (see fruit purées below). *Other berries:* Pack in containers; cover with cold syrup. Or gently mix sugar (¼ to ¾ cup per quart) with berries, and pack. Or freeze as for cranberries without sugar. Use within 3 months.
For soft berries, fill jar with raw fruit and shake down; cover with hot syrup or berry juice.	10	15	
Pit, if desired; prick skins if left whole. *To pack hot*, bring cherries to boiling in syrup or other liquid; pack hot; cover with hot cooking liquid.	15	15	Pit if desired (pits add flavor). *To pack in syrup*, put cherries in containers; cover with cold syrup (with antidarkening agent added).
To pack raw, pack fruit in jar; cover with boiling syrup or juice.	20	25	*To pack unsweetened*, leave stems on; dry after washing. Spread on trays in single layer; freeze uncovered; pack. Use within 3 months.
Bring to boiling in water or syrup; let stand 3 to 4 minutes. Pack hot in jar; add 1 tablespoon lemon juice per quart; cover with hot liquid or syrup.	90	90	Wash in ice water; remove stems; peel if desired (peel toughens in freezing). *To pack unsweetened*, pack in containers dry or cover with water (with antidarkening agent added). Use within 3 months. *To pack in syrup*, pack in containers and cover with cold syrup with antidarkening agent added.
Remove stem and blossom ends; cut in half and remove seeds. Cook 3 to 5 minutes in syrup or other liquid. Pack hot; cover with boiling cooking liquid.	15	20	*To pack in syrup*, peel and cut fruit in halves; remove seeds. Cook until tender in syrup; chill. Pack in container and cover with cold syrup. Or purée (see below).
Canning not recommended.			Peel and remove seeds. Cut in slices, cubes, or balls. *To pack in syrup*, put ½ cup cold syrup in each container. Cut fruit directly into syrup; cover with more syrup. For flavor add 1 teaspoon lemon juice to each cup syrup.
Peel peaches by dipping in boiling water; plunge in cold water, then pull off skins. (Pare unevenly ripened peaches.) Pare nectarines if desired. Cut peaches and nectarines along seam, twist in half, and remove pits. Treat to prevent darkening. *To pack hot*, heat in boiling syrup or other liquid until hot through; or, if fruit is juicy, add 1 cup sugar to 1 quart fruit and heat slowly just to boiling. Pack hot, then cover with hot syrup or cooking liquid. *To pack raw*, place fruit, cut side down, in jar; cover with boiling syrup or liquid.	(Freestone) 15	20	Peel or pare as for canning. Cut in halves or slices and remove pits. *To pack in syrup*, put ½ cup cold syrup (with antidarkening agent added) in each container. Cut halves or slices directly into cold syrup. Press fruit down and cover with more syrup.
	(Clingstone) 20	25	
	(Freestone) 20	25	
	(Clingstone) 25	30	
Pare, cut in halves, and remove cores; treat for darkening. *To pack hot*, cook in boiling syrup or other liquid just until heated through; pack hot and cover with hot syrup or cooking liquid.	15	20	
To pack raw, place fruit, cut side down, in jar; cover with boiling syrup or other liquid.	20	25	
Best canned as purée (see below).			*To pack whole*, dry fruit well after washing; remove stems. Freeze unwrapped on a tray; then wrap each persimmon individually in freezer foil or bags. To serve, hold frozen fruit under cold water, pull off skins, and eat while still frosty. Use within 3 months. *To freeze as purée*, see below.
Cut in halves and remove pits, or leave whole and prick skins. Peel if desired (as for peaches). *To pack hot*, drop fruit in syrup or juice; bring to boiling. Pack hot; cover with hot cooking liquid.	15	15	Cut in halves and pit, or cut fruit away from pit in quarters. *To pack unsweetened*, leave plums whole; dry well after washing. Freeze uncovered on a tray, then pack in containers. Use cooked or in pies; use within 3 months.
To pack raw, put fruit in jar; cover with boiling syrup or juice.	20	20	*To pack in syrup*, put ½ cup cold syrup (with antidarkening agent added) in each container. Pack fruit, press down, and add more syrup to cover.
Cut into ½-inch lengths. Add ½ to 1 cup sugar to 1 quart fruit; mix and let stand 3 or 4 hours. Bring to boiling; pack hot, then cover with hot juice.	10	10	Wash, trim, and cut rhubarb into pieces of desired length. Immerse in a quantity of boiling water; time 1 minute after boiling resumes; drain; cool quickly in ice water and drain well. *To pack unsweetened*, pack tightly into containers. *To pack in syrup*, pack blanched rhubarb tightly in containers; cover with cold syrup. *To pack in sugar*, sprinkle rhubarb with sugar to taste; pack.
Dip in boiling water, then dip in cold water; peel; cut out core. *To pack hot*, bring whole peeled tomatoes to boil in very small amount of juice or water. Pack hot, then cover with hot cooking liquid. Add 2 teaspoons lemon juice and 1 teaspoon salt to each quart.	15	15	Freeze only as sauce, paste, or purée (see below).
To pack raw, cut tomatoes in halves. Pack, cut side down, to the top, pressing down after each 2 tomatoes are packed. Add salt and lemon juice as above.	50	50	
If necessary, cook or steam fruits until soft in small amount of water. Mash fruit or press through wire strainer or whirl in a blender. Add sugar and/or lemon juice to taste. Heat until boiling and pack hot into jars.	20	25	*Avocado:* Peel fruit and remove pit. Mash and add 3 tablespoons lemon juice to each quart purée. Pack into containers. *Other fruits:* Prepare purée as for canning; chill. Pack chilled purée into containers.

Child's house

Two versions . . . each just a start in case what's really needed is a gas station, supermarket, or puppet theater

DARROW M. WATT



The playhouse on the cover

Frame members *bolt together. Boldly striped canvas panels tie on*

Children delight in a house of their own. From a parent's point of view, it's particularly good to have one that is easy to put together and can be dismantled quickly for storage.

This playhouse is made from 2 by 2's bolted together, using wing nuts for fast assembly, and covered with tie-on canvas panels that you sew at home.

Our design calls for about 22 yards of canvas, 31 inches wide. You can buy painted drill for as low as 90 cents a yard; a sturdier canvas will run $2 to $3. Fabric widths vary; if yours is different from ours, either change the amount of fabric used in the hems or shorten the 2 by 2's so that two widths of seamed fabric are wide enough to span the large panels. Join widths with a strong seam.

Turn the canvas back an inch or less for hems all around, and sew on 20-inch ties about every 13 inches, starting 5 inches from the corners. We used 76 yards of ⅝-inch cotton awning binding from an awning store (about 5 cents a yard) for ties; any strong tape will do.

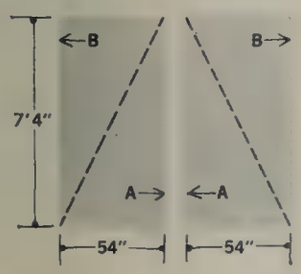
For the wood frame, you'll need 128 feet of common fir 2 by 2's: nine 10-foot, four 8-foot, and one 6-foot length; they cost about 8 cents a foot. Cut one 53-inch piece, five 54-inch pieces, nine 60-inch, two 73½-inch, two 96-inch, and two 112-inch pieces. Mark key pieces with letters as in the diagram at left for easy assembly (for AB piece, mark A at one end, B at the other, and so on). Buy 32 carriage bolts (¼ by 4 inch), 32 washers, and 32 wing nuts—a total hardware cost of about $5.

Lay out four base pieces. Hold vertical AE inside intersection A; drill ¼-inch holes to lock AE securely to base pieces; install two carriage bolts, washers, and wing nuts. Add verticals BF, CI, and DJ in the same way.

Drill holes in AE and BF 2 inches from the top. Drill holes in crosspiece EF about 2⅝ inches from either end and

A house made of nothing but triangles

Children *play in three-paneled sun canopy*



Fabric *cutting plan*

When you build a playhouse, frequently there's a feeling that you're finished when you put it up. But with these versatile triangles you've just begun.

Starting with just three shapes, you can come up with a contemporary tepee (at right) or you can retie them into an open structure (at left). Add three more panels (bottom of next page) for a dramatic space experience, with roofs going up and down in a playful way.

When a group of children played with these panels, they found even more forms and uses. It was a tea-party tent at one time, a place for sleeping bags another, and a marvelous maze to run through for a game of tag yet another time.

These panels are covered with 54-inch-wide vinyl-laminated nylon. It comes in several brilliant colors and an especially effective translucent white that lets light

Three-triangle tepee *makes a neat hiding place to burst out from*

enter the interior as if it were a skylight.

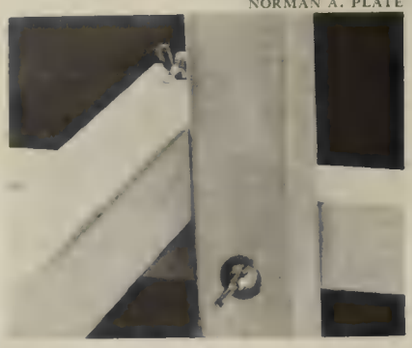
For two triangles you'll need: six 5-inch, 90° metal corners (about 65 cents each), six 7-foot lengths of vertical grain fir 2

Intersection E *from inside, before roof diagonal is added*

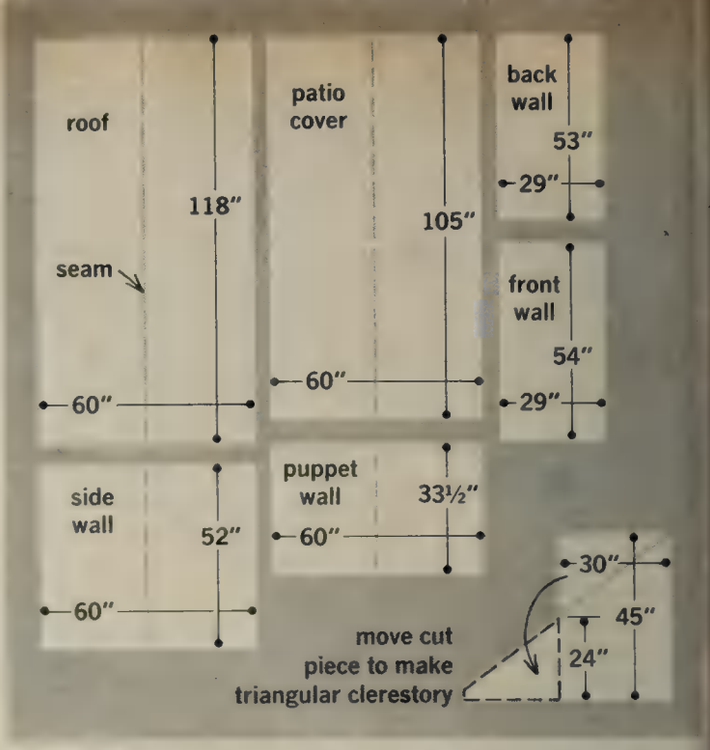
Intersection E *from outside, with roof diagonal in place*

NORMAN A. PLATE

Intersection I *shows how roof diagonal is trimmed to fit*



Intersection G *from inside; two bolts hold pieces securely*



Cutting plan. *Measurements are for finished pieces. When figuring yardage add hem allowance of about an inch*

bolt to verticals to form corners E and F (see top left photograph above). Drill holes in CI and DJ 51 inches from the bottom and affix horizontals EGK and FHL to the outside at intersections G and H and at corners E and F as in large picture. Attach crosspiece GH on the outside of the verticals. Attach crosspiece IJ to the top.

Affix EI at corner E (second photograph) and at I, trimming as needed to fit against the crosspiece (third photograph). Fit and bolt FJ in the same way.

Attach KL atop side horizontals, and bolt on legs as in large picture. Install a 54-inch vertical to join midpoints of GH and CD and a 53-inch vertical to join midpoints of EF and AB.

For the puppet theater window, drill holes in AE and CI 33 inches from the bottom; attach a 60-inch piece outside. ■

The main job is to join the 2 by 2's. Then you're ready to hang the canvas

It gets more fanciful when you increase triangles from 3 to 6

by 2's. 5 yards of vinyl-laminated nylon from an awning shop ($3.50 a yard). 24 1-inch number 9 screws. 14 feet of ¼-inch nylon cord, and a staple gun. If you make the panels in sets of two, you can use the material with right sides together (see drawing).

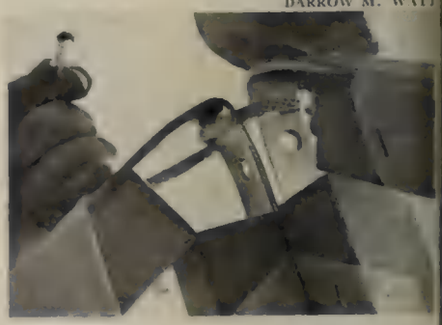
Bend the metal pieces with your hands to match the 60° angle of an equilateral triangle. There are three holes on each side of the metal corner. Place screws in the two holes nearest the ends (see photograph at right) and assemble.

Cut fabric at diagonals, then seam to form a 100-inch equilateral triangle.

Place wooden triangle on top of fabric triangle. Center fabric seam along one side of wooden triangle. Roll fabric over the wooden side and staple about four times near the center seam point. Move to far point on seam line and fold fabric corner under at the end of wood. Stretch nylon taut, wrap around wood, and staple. Do the other corners in the same way. Starting in the center of the remaining sides, stretch and staple all around. Trim excess fabric with scissors. Cut cord into 14-inch lengths; burn ends with a match to keep from fraying, and tie the panels together. □

DARROW M. WATT

Six panels *make a roomy pavilion for snacks and games*



Loop *nylon cord through metal corner, tie with square knot*

If Wyatt Earp had been
ess of a rugged individualist, he would have
tayed in Monmouth, Illinois.

Instead, he came West. And left
he others behind.

They say you're part of the West.

ADMINISTRATIVE HDQRTS.: 464 CALIFORNIA ST., SAN FRANCISCO 94120/ SOUTHERN CALIFORNIA HDQRTS.: 415 WEST FIFTH ST., LOS ANGELES 90054/ MEMBER F.D.I.C.

How to keep your resilient floors good-looking

You've probably heard the claim that the resilient floor coverings (vinyl, linoleum, asphalt, rubber) require little or no waxing or other maintenance. But if you have one of these materials, you know that isn't completely true. Like most other floor surfaces, they still need some care to keep looking their best.

(As far as we know, the only resilient covering that doesn't need occasional finishing is a *don't*-wax product reported in The Western Kitchen on page 156 of the June 1970 *Sunset*.)

Most resilient coverings are remarkably resistant to grease, water, perfume, food, and ink spills; these are cleaned up more easily and have less permanent effect than on other types of floor covering. And manufacturers of the resilient coverings recommend only occasional polishing ("finishing"). How often depends upon the use the floor gets. With regular upkeep and the occasional finishing recommended for the specific material, the floor should look new for years.

Four kinds of finishes

Finishes for resilient floor coverings fall into four general categories: waxes, polishes, vinyl finishes, and clear, detergent-resistant finishes.

With a couple of qualifications, you can use almost any of these on any resilient covering. The qualifications are that vinyl finish is intended specifically for vinyl coverings, and that any wax containing solvent should not be used on asphalt tile or linoleum. (Paste wax is more likely than liquid wax to contain solvent; read the label.)

Repeated applications should be of the same finish; don't build up layers of various finishes. If you want to change, first remove all earlier layers.

Most liquid floor waxes can be used on all types of resilient floors, including vinyl. These finishes usually dry bright, but will buff to an even higher shine. When the floor dulls from wear, it can be re-buffed to restore the gloss.

Vinyl finish, actually a liquid vinyl, is recommended for regular use on vinyl floors. Liquid water-emulsion finish (either buffable or self-polishing) is best since it can be removed with cleaners that are not injurious to the surface.

Caution: Liquid floor sealers and permanent coatings should not be used. These tend to be difficult to remove without damage to the tile, and irreparable "traffic lanes" may develop in areas of heaviest wear.

Regular daily care

A consistent day-to-day program of floor care can greatly stretch out the intervals between complete cleanings. A quick going-over with broom, dust mop, vacuum, or damp sponge will remove dirt and dust particles before they have a chance to scratch the floor or to be ground in. If something is spilled, wipe it up at once before it dries or becomes a sticky depository for dirt. If you miss a spot or spill before it dries, remove it

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with a damp sponge, cloth, or mop.

When soiling is so widespread that spot cleaning is impractical, damp-mop the floor with cool water or a diluted solution of commercial floor cleaner (be sure to select one intended for resilient floor coverings). Wring out the mop well before using it on the floor, and use just enough moisture to loosen surface dirt.

Washing need be done only when spot cleaning or damp mopping isn't sufficient, or in preparation for refinishing. The object is to remove heavy soiling and dark or widely distributed marks. It's not necessary or even advisable to try to remove the entire previous coating before refinishing. As long as the floor is clean, a new coating of the same finish can be applied directly over what remains of the previous one.

Using a commercial floor cleaner diluted according to label instructions, apply the cleaning solution to the floor by mop or cloth, but do not flood the floor. Rub as necesary to loosen dirt. Take up spent cleaning solution with a mop. Then rinse the floor thoroughly with clean, cool water, and let dry completely. Follow with one or two thin coats of finish.

Black marks from rubber heels and other dark spots can be removed from vinyl asbestos and asphalt tile with fine, dry steel wool (000 or finer). To clean such marks from vinyl, slightly dampen a cloth with synthetic paint thinner.

When to strip the floor

Stripping is the process of removing accumulated layers of finish from the floor. It differs from ordinary cleaning in that it means actually dissolving and removing the built-up layers of protective film from the floor, leaving the wearing surface exposed. Obviously this goes far beyond routine cleaning procedures, which just remove the surface dirt.

Resilient floors need to be stripped of old finish once in a while to restore their best appearance. Twice-a-year stripping is usually adequate; however, the type and quality of finish you use and the amount of traffic on the floor will determine the actual need.

Various commercial products do a good job of removing built-up layers quickly. Or you can do the job (except on linoleum) with a solution of a half cup of heavy-duty detergent and a half cup of household ammonia in a gallon of warm water. Before starting, sweep thoroughly to remove all dust and dirt. Apply a liberal (not flooding) amount of commercial polish remover or household solution to an area a yard square at a time. Allow it to stand about 2 to 3 minutes. The solution will soak into the built-up layers and soften the finish. Scrub the area thoroughly with a stiff brush or fine grade steel wool. *Caution:* Though steel wool pads can be used satisfactorily on asphalt tile or vinyl asbestos tile, do not use them on extremely smooth, high-gloss resilient floors. These are easily scratched by the finest of cleaning pads.

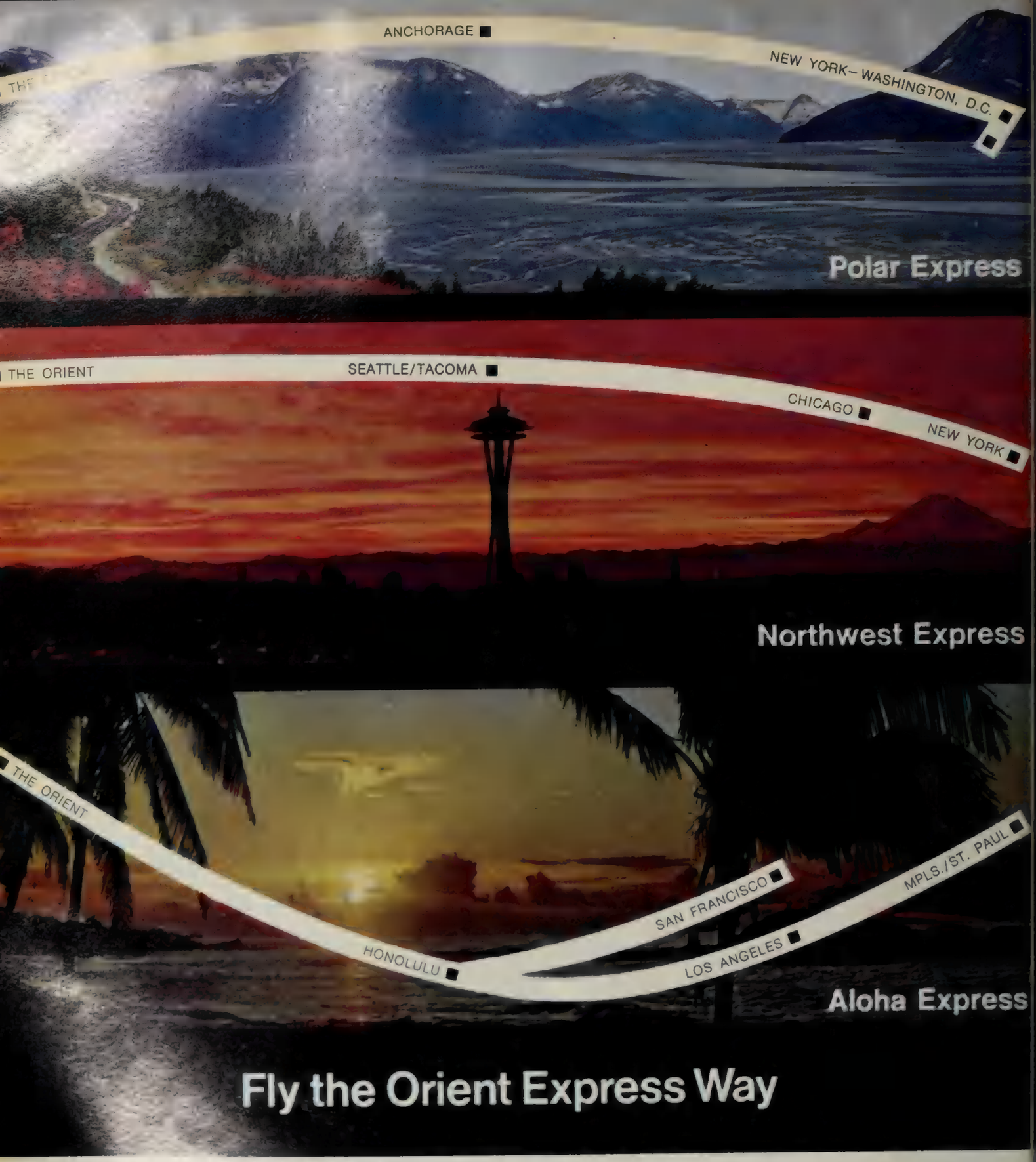
Pick up the cleaning solution and old finish residue with a sponge mop, cloth, or wet vacuum. Repeat the procedure area by area until the entire floor is stripped. Rinse with cool, clean water. If some old film remains, repeat the stripping action where necessary.

Always wait until the floor has dried completely before applying a new coat of finish.

Additional suggestions

Apply thin coats of wax, polish, or other finish. Heavy coats take longer to dry and may pick up dirt and scuff marks readily. Thin coats dry thoroughly and are tough and protective. (If coating is too thin, however, streaking may occur.)

Traffic near the wall is usually light. After you have once applied a finish to such areas, reapply only when renewed finish is needed, and you'll avoid heavy buildups and reduce the chance of splashing the wall or baseboard. □



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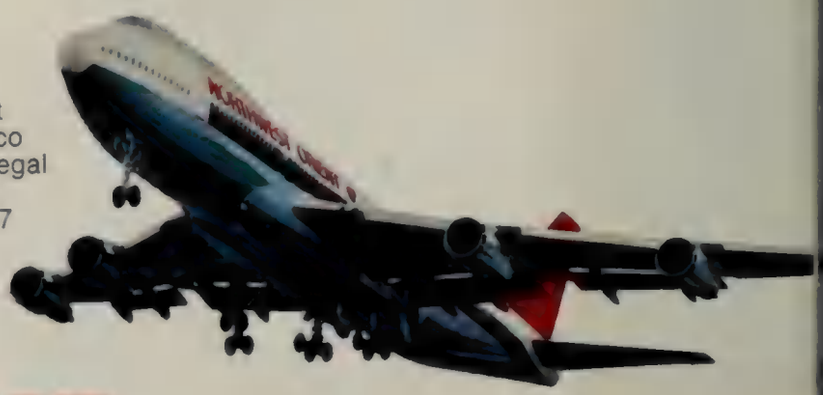

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DON NORMARK

Slicer *affixed to counter cutout . . .*

folds down into cabinet . . .

leaving a flat-surfaced counter

A disappearing slicer

The slicing machine is a timesaver, especially for a cook who bakes her own bread. But storage can be a problem: Slicers are usually heavy and odd-sized.

To keep the slicer readily accessible for the Hans Finks of Portland, architect Marvin Witt, Jr., decided to cut a square in the kitchen countertop, hinge the cutout back in place, and mount the slicer on the bottom side of the square. Thus the slicing machine lifts up and over into working position when needed. Otherwise it's out of sight. □

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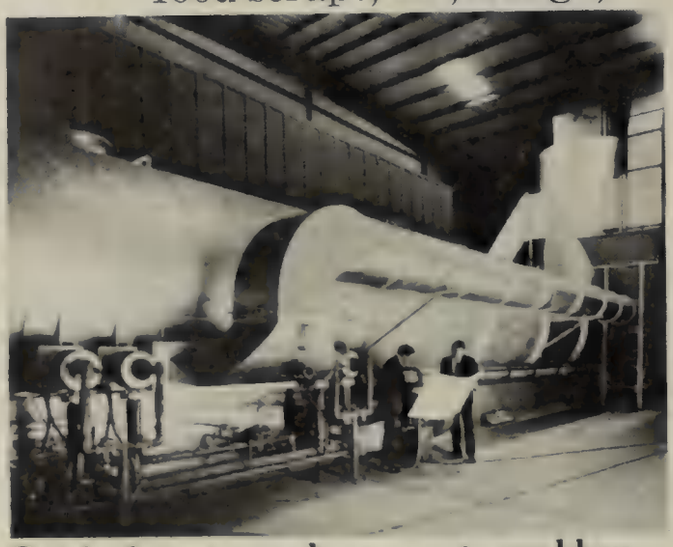
These machines can help
And clean PG&E

It will take a lot of electricity and natural gas for the machines and processes to clean up our air and water and dispose of trash.

And more new machines are tackling the job every day.

One of these is a commercial gas incinerator that disposes of community trash. It can handle almost any kind of waste —food scraps, tar, sludge, bottles, cans, rags. And reduces the disposal problem to slag or sterile ash.

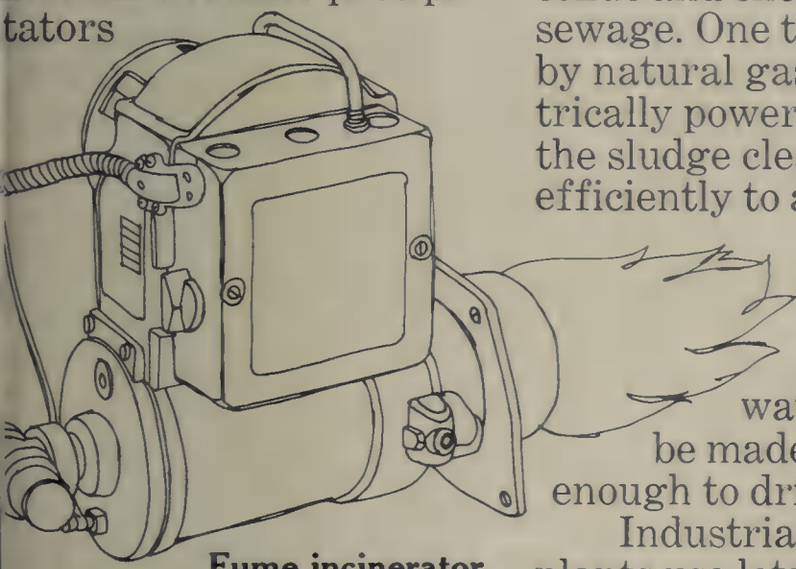


Gas incinerator reduces waste problem.

Many supermarkets, shopping centers, hospitals, drug stores and data processing centers are solving their solid waste disposal problems with an electric hydropulper. This machine reduces mountains of waste into molehills.

:lean up the environment. :nergy runs them.

Fume incinerators and electrostatic precipitators



Fume incinerator that fits in smokestack removes air pollutants.

do a great job. They remove particles and odors from industrial fumes so impurities don't reach the air we breathe.

Modern sewage treatment plants, too, are cleaning up our rivers and bays. They remove most of the solids and chemicals from sewage. One type, fired by natural gas and electrically powered, burns the sludge cleanly and efficiently to a fine ash.

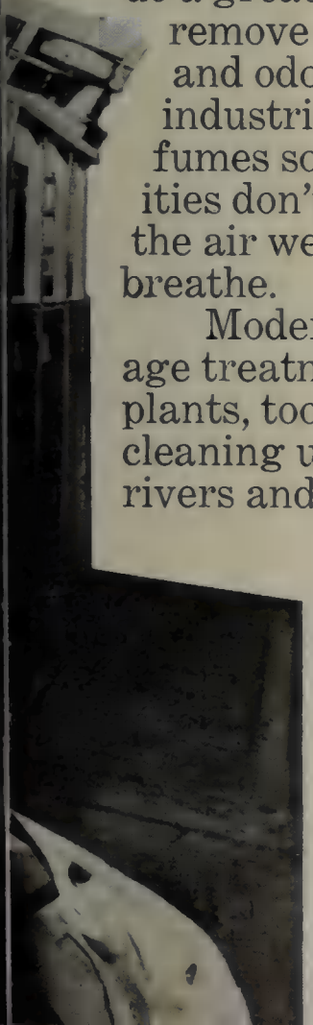
With enough energy, waste water can be made pure enough to drink.

Industrial plants use lots of energy in processes to purify waste water released into waterways.

Glass, metal and paper recycling processes, garbage disposal plants and electric mass transit systems are among scores of other ways to do the big job of environmental housekeeping.

PG&E is supplying all the energy needed here for these essential services. And we must continue to build the necessary facilities ahead of the demand for the many vital tasks in homes and industry that depend on clean, reliable natural gas and electricity. We take pride in doing the job efficiently.

New sewage treatment plant releases odorless, high quality water.



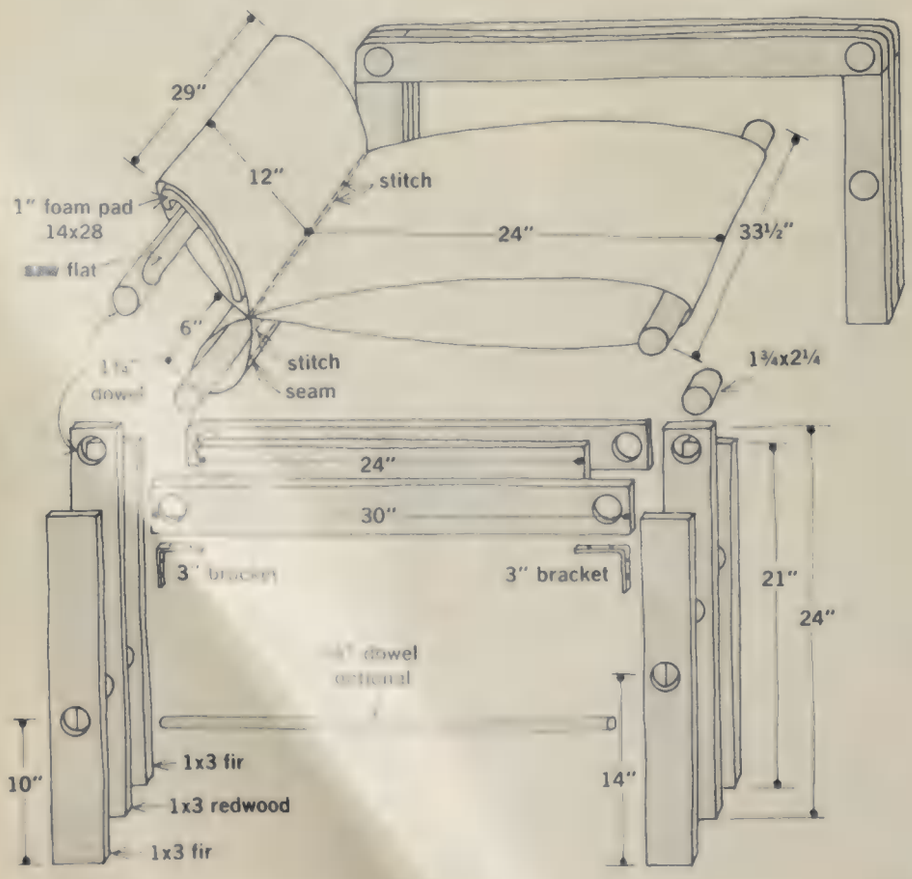
Hydro-pulper processes 100 to 2,500 pounds of waste per hour.

PG and E

GLENN CHRISTIANSEN

Dowel ends *accent simple side frames. Screws and glue hold cross dowels in place*

Good looking and comfortable, it is laminated wood, canvas, glue, and big dowels



This canvas chair is simple and direct in both concept and construction. Built in a few hours for less than $20 from redwood and vertical grain fir, it is suited for patio or indoor use. For additional strength and elegance, hardwood could be used instead.

The side frames are laminated with overlapping corners for strength and beauty. The light Douglas fir on the outside contrasts with the darker redwood centers to dramatize the laminations. Holes of 1¾-inch diameter are drilled in the side frames to receive three cross dowels, and also decorative short dowels in top front corners. Secure each cross dowel end with a small screw from one side.

The gluing is very important. Use resorcinol or epoxy glue, taking special care around the corners, and use clamps or small finishing nails to help join the laminations. The nails should be countersunk and filled.

The top rear dowel should be sawed flat, as shown in the illustration. A piece of firm, inch-thick polyurethane foam should be tucked into the top loop of canvas and rolled around the top rear dowel for cushioning.

The three-looped canvas sling can be made on any sewing machine. You'll need 2½ yards of 29-inch-wide chair duck and a spool of heavy-duty thread.

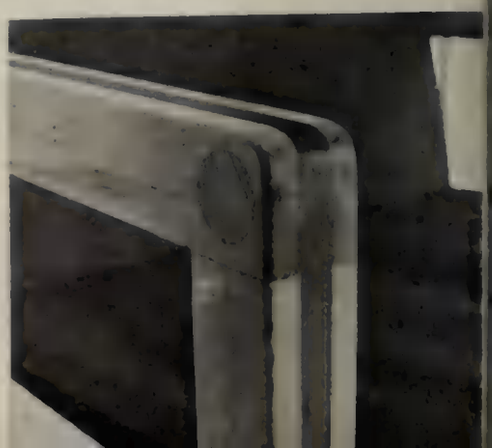
Cut duck to an 86-inch-long piece. Loop the duck and make a ½-inch seam on the 29-inch edge using heavy-duty thread (see diagram). Then make another row of stitching close to the first row or make a flat-fell seam for added strength. You now have an 85-inch-diameter loop.

Form three loops as shown in diagram. Loops will be a little larger than finished dimensions shown to allow room for stitching. Sew the three rows of stitching about ¼ inch apart.

Three-inch metal corner brackets were used for added strength. An optional crossbar of dowel can also be added between the front and back legs for further strengthening (see illustration).

The chair was designed and built by Rick Morrall of Palo Alto, California. □

Front corner *plug is just decorative. Corners and edges are rounded*



Do something. For a change.

Volunteers Needed

Square dance teacher. About twenty people in ■ certain psychiatric ward would like to learn how to dance. If you can teach square dancing—or any other kind of folk dancing—you'll put a smile on many a face.

Ichthyology enthusiast. The Ichthyology Department of ■ science foundation needs someone with both brawn and brains to help organize their fish collection and see that the aquariums are properly cleaned periodically. The job entails lots of lifting and carrying and scurrying around. A high school or college man would be perfect.

Chat-ter. If you enjoy conversation, we've got people who'd like to talk to you. After work or during the day, you could help someone practice English. Be someone's English conversation partner. You'd be working in a program that has already helped ■ good many people to qualify for jobs, to buy groceries, and just to function in a world that has been foreign to them.

Morale booster. Blood bank needs someone to greet donors, serve hot coffee and thank people for coming.

Man with a banjo. Somebody needs you to lead song fests.

Woman with ■ guitar. Or someone with ■ harmonica, a hand-organ or a ukulele. Convalescent homes, day-care and senior citizens' centers are always asking for entertainers. Especially the kind who can lead the group to a sing-a-long. If you can, give us a call.

Piano player. The same people who need the man with the banjo and the woman with the guitar need piano players.

Artisan or craftsman. If you can teach wood shop, leather tooling, ceramics or any craft, we'll find you a class. There are many boys' clubs asking to learn these things. And organizations for the mentally handicapped. You're probably ■ busy guy, but a few hours a month can mean a lot.

Bridge teacher. To give lessons to outpatients under psychiatric treatment.

Chaperone. For girls. Someone to help take young girls on field trips to museums, on camping trips in the mountains, on long hikes in the woods. Applicant for this job must be female. But there's also a real need for masculine volunteers to help with outings for boys.

A contagious smile. That's what you need to bring a little sunshine every week into a convalescent hospital. If you're the person we need, you'll love the work.

Big brother. To be ■ friend to a boy who has lost his father. Maybe to be the most significant man in this kid's life. A very demanding job. Must make long-term commitment. Possibly it'll end up being for life.

Gallery-keeper. To act as host or hostess at child art museum. You'll pass out brochures, answer questions, man the guest book, sell cards and books, and get ■ little younger each day.

Bailer-Outers. People are needed to interview prisoners. Gather information that will be considered for getting them released from jail on their own recognizance.

TEACHERS' AIDES

As you know, classes are getting larger in our public schools. Teachers' loads become heavier each year. So volunteers are being brought in from the community to help out. And they're really helping. But there aren't nearly enough of them. If you volunteer, you'll be working one-to-one with students, maybe even taking over a reading group for a couple of hours each week. The teacher you help will be able to spend more time teaching. And you're bound to enjoy the hours you spend in the classroom.

Pediatrics helper. To tell stories, tend teddy bears, and tousle heads in a children's ward. Anyone from ■ teenager to a grandmother could be good at this.

Office worker. To do behind-the-scene work on cancer prevention. In psychological day care centers. For the Red Cross, Educational TV. The demand for typists, receptionists and clerks may never be filled completely.

Jewelry maker. Teach your art to someone who will really benefit from it. Home for unwed mothers needs someone to help teach all sorts of arts and crafts. With your help, someone will have a new pair of earrings or a very personal present to give a friend.

Body builder. To help out in a gym program for boys' clubs. You'll have an attentive group of youngsters who really want muscles.

Pair of hands. To help someone too sick to write letters. Your companionship could also give them something to write home about.

IF YOU KNOW ANYTHING ABOUT ANYTHING...

chances are someone would be glad to learn. More glad than you can imagine. Tutors are needed desperately, in every section of the Bay Area, in every subject. By people from 6 to 66, from Marin City to Chinatown, from West Oakland to East Palo Alto to the Western Addition. You'll know you're helping. But you'll never know how much!

Baby-sitter. Some young mothers can't afford to get out of the house even long enough to take a class once a week. They could bring the children along and leave them in the playroom during their classes, if someone could baby-sit. If you've got a few hours a week, maybe you could do it.

Knitting teacher. Give a constructive project to some teenage girls who are wards of the court. Knowing how to knit will mean a good many pleasant hours over the course of their lifetime. And a lot of sweaters. But the friendship of a person like you will mean even more.

Usher. A great theater group could use you.

Basketball coach who can play football.

And baseball, or just one of these. We have in our files ■ dozen boys' organizations that need a man to help coach sports. Boxing, wrestling, trampoline, anything you can teach. The age groups range from 7 to 17. And if you're anywhere from 15 to 70, you can be a hero once ■ week.

Chess player. If you know any games—from chess to ping-pong—we can put you onto some boys who want to learn.

DO YOU MAKE MISTAKES IN ENGLISH?

There are hundreds of Chinese in San Francisco who can't speak any English at all. Which makes it pretty rough to get a decent job. You don't have to speak Cantonese to teach someone to speak English. You begin with "Hello. How are you?" and work up from there. It doesn't take much. Just get someone started. All by yourself you could change the life of a whole family.

Career Counselor. Someone to advise young people on professions they might get into. Tell them what's involved in the field you know something about.

Mission District. If you live in the Mission, some of your neighbors need to learn English but can't leave home to take a class. Baby-sitters cost money, to cite one of the problems. But if you could visit someone at home for an English lesson over coffee, you could be the solution.

Personnel/Social Work Background.

You don't absolutely need professional training to handle this job. But it would be helpful. A few well-qualified volunteers are needed to interview families who want to provide Foster homes.

We also need volunteers with special capabilities to help consumers who feel they've gotten ■ bad deal from someone. Register complaints and advise consumers on what action to take. If you come to us with the right background, we can teach you what you need to know.

Man-to-man tutor. If you can tutor anything from French to trigonometry, remedial reading to poly-sci, there are boys who need your help. And not always just in the subject at hand. Some guys just need another guy to look up to—or talk to, anyway—and everything falls into place. You may start off with trigonometry and end up with ■ friend.

MEN. An organization dedicated to helping travelers in distress needs men to help at bus stations. Women can also help during the day, but not so well in the evening. You'll run into everything from run-away children without any money to Indians wanting to get back to their reservations. Your work will be challenging, frustrating, heart-rending—but never boring.

A listener. An organization that answers telephone calls from anyone who wants to talk, refers anyone with a question to a party with an answer, needs more people on their switchboard. One night you'll get ■ call from a drug addict wondering who can help him break his habit. A girl will ask how to find out if she is pregnant and if so what to do about it. Someone will want to give away kittens. It's a challenge, and a great reward to help.

Patience. We need someone to help mentally-handicapped adults learn to use the bus by themselves. If one of your best virtues is patience—well-sprinkled with kindness—you may be the person we need. It's hard work, sometimes discouraging, but help from you can mean a big step toward independence for some good people.

Someone who likes to type in a big way.

To type reading materials for the visually handicapped. Large-letter typewriter works just like ordinary typewriter. Except the pages go faster. This agency provides more books for the near-blind than anyone in the nation. The works you help put together will be read by thousands all over America who might not otherwise be able to read.

Printer. To set up printing machine and teach mentally-handicapped boy how to run it.

Extrovert. If you like people, you could help out as a host or hostess at parties for servicemen. If you've ever been lonely, you know how much it can mean when someone introduces you to a few good people, or just simply gets a good laugh out of one of your jokes. That's the sort of thing you'd be doing for someone else a couple of nights a month. And you may even get introduced to a few people yourself.

Anyone. If you can read this ad, you could read to a blind person. And provide some companionship for a few hours a week. Or even just a few hours a month.

Child lover. Various day-care centers in the Bay Area need someone to tell stories, sing lullabies, tie endless shoelaces. You'll get paid in nothing but love.

Somebody who's really together. To help out in the Mission and Tenderloin when both young people and adults come asking for help. Every kind of help. What we don't want are people who are going to get on a power trip with other people. Because you'll be relied on as a friend. For a while, maybe someone's only friend. If you're good at that you can do something. For a change.

¿Habla Español?

Se su respuesta es affirmativa, hay muchas personas que bustan su ayuda. Escolades y pre-escolades de habla español necessitan ayuda con el idioma inglés. Necessitamos también personas que quieran preparar en español a nuestros maestros de habla inglés. Hospital necessita voluntarios que sepan español para enseñar básicos conocimientos del idioma a sus médicos y enfermeras. Institución queda asistencia legál a ministerosos necessita interpretes de habla español.

Our files are bulging with part-time volunteer jobs. Call and we'll find just the right one for you. The pay is nothing. But the reward is great.

Volunteer Bureau

A member agency of the United Crusade.

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"THE $1,000,000 DUCK" WALT DISNEY Studios new movie stars SANDY DUNCAN

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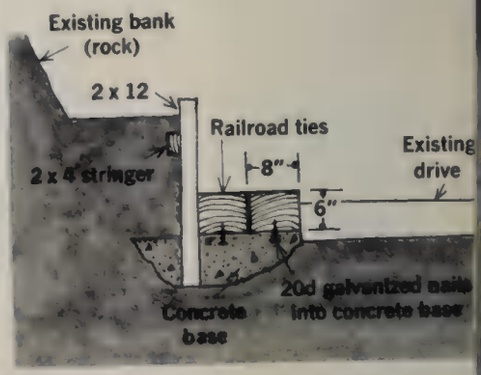
ELLS MARUGG

Actual stairway *is only 18 inches wide. Treads are 30-inch lengths of railroad tie, overlapped 6 inches*

Stairs beside their steep driveway

Before this stairway was built alongside the driveway, guests had to hike up the steep concrete drive, and return to their cars on the street below, often in a slip-and-slide fashion. They still have to park below, since there's no way to develop car space at the top, but the going is now easier and safer.

The solution was not simply to put in stairs, but to design them so they could be sandwiched into a narrow space between the edge of the existing drive and the cut made through a rock bank without further cutting into and altering the slope. The steps were designed by landscape architect William L. Kapranos for Miss Virginia Shattuck of San Rafael, California.



Cross-section *shows how 2 by 12's on end (left), anchored deep in concrete, form retaining wall*

Get this station wagon free with every VW Campmobile.

To take advantage of this offer, buy a VW Campmobile and follow these simple directions:

Walk over to the dining room table and fold it away.

Walk over to the utility tables and fold them away.

Walk over to the full length double bed and fold it away.

Take out the child's bed.

Take out the child's cot.

Now close the door to the clothes closet.

And the 2 storage cabinets.

And the large icebox.

There. You are in possession of a full fledged Volkswagen station wagon.

The same celebrated station wagon that can seat 6 people, average 23 miles to a gallon of gas and forgo water or antifreeze.

Look into it any time you want.

This offer is good forever.

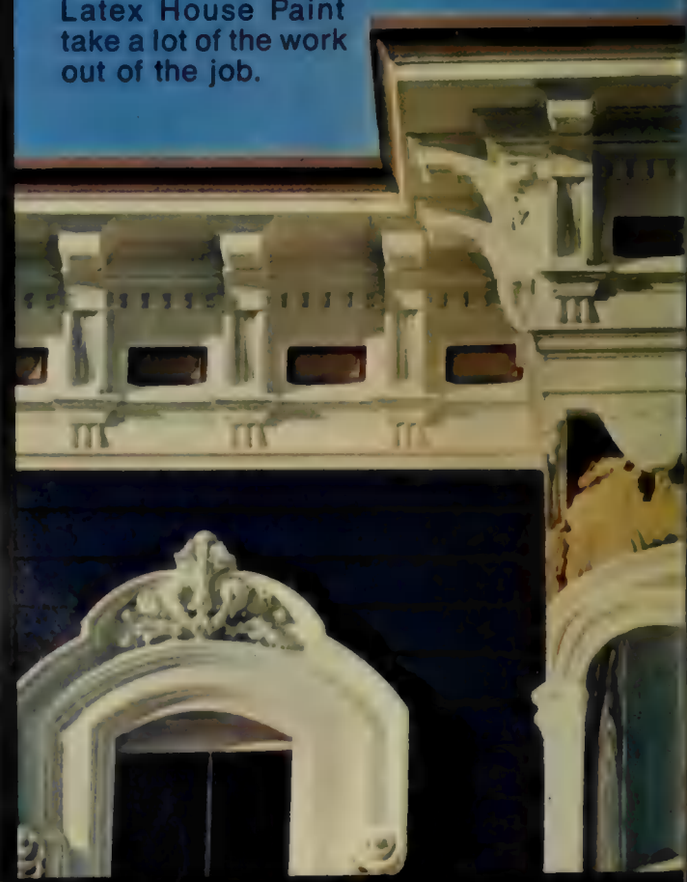
THE DUTCH BO

Nalprite was developed by Dutch Boy for stucco, concrete block and other masonry houses. It's the granddaddy of all Dutch Boy® Latex House Paint.

Sunset on Telegraph Hill. Many Dutch Boy p are manufactured locally and specially formu for the region where they're sold.

No job is too big for the Dutch Boy, or too complicated. Dutch Boy makes paint products that shrink any job down to size.

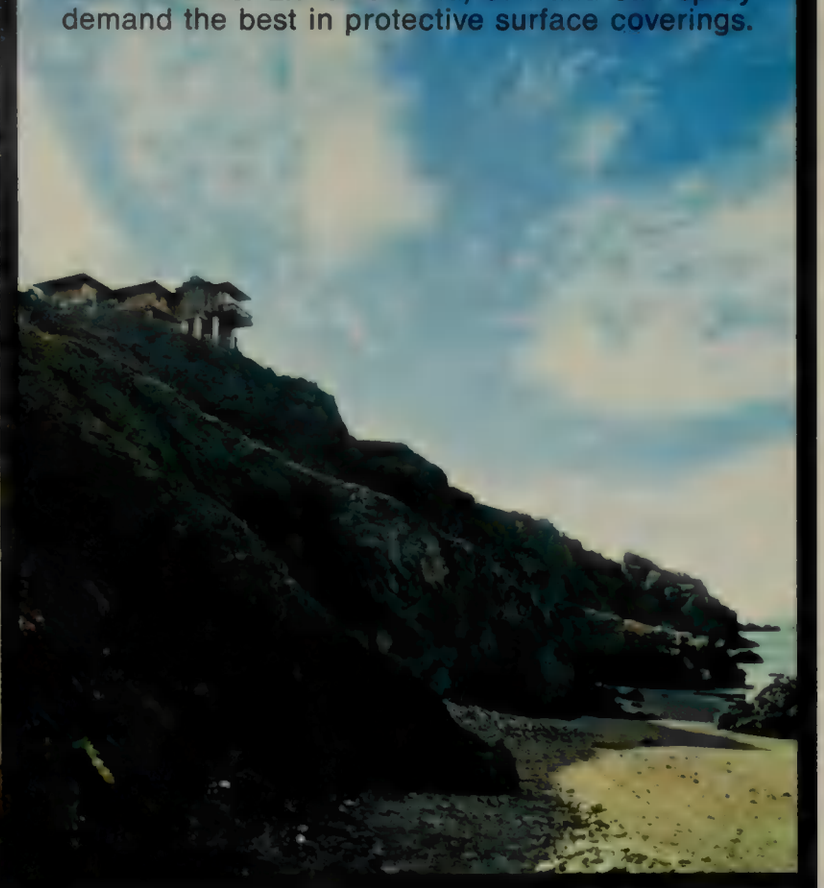
It takes more than just the right paint to brin this style. Over 2,000 different colors of Dutc Latex House Paint take a lot of the work out of the job.



PAINTS THE WEST.

rior wood stains are tailored to western tastes western needs, and many aren't sold anywhere the West.

A house built to be a part of nature has to face all the elements. Extreme wind, sun and salt spray demand the best in protective surface coverings.



stern painting — like western living — is an art ts own. The art of bringing the outdoors in and indoors out. No paint company's experience s deeper in this art than the Dutch Boy's.

Drop in and talk over your painting plans with your Dutch Boy dealer. He's trained to help you do the best job on your piece of the West.

NL INDUSTRIES

Here's help on painting problems

Most home owners have to do some painting from time to time, so there's good reason to keep informed on new products that might improve the results or make the task easier.

First you might take time for a good look around a paint store. There are lots of new paint products among the asphaltums, epoxies, vinyls, and rubber-base paints. There are many new applicators and containers, too.

Here are more specific suggestions:

Paint odors. Ozone will help remove paint odors from the house. Portable fan-filter ozonators will remove almost any odor, but they are quite expensive. A more practical answer is the common ultraviolet lamp used for sun tans, which also creates some ozone. Simply turn it on in the room after painting to speed neutralizing of the paint odors.

Also available are perfumes made to mask paint odor. A small amount of vanilla extract can be added to the paint to do the same thing.

Tools. Rollers have long been the easiest tools for painting walls, and now several specialized rollers are sold for painting such tricky things as trim, radiators, and even ceilings covered with sprayed-on acoustic material. Extension handles can make ceiling and high wall jobs much easier and faster. Also new are "brush pads," resembling oversized blackboard erasers, with handles on their backs. You just wipe them across a surface, almost as you would clean a blackboard. The painting surfaces are like swatches of short-pile rugs. You can clean them easily, and change pads quickly for a different color of paint.

After using either a roller or a pad, take it off its handle for storage. If left on it is apt to rust or stick to the handle, making later removal very difficult.

After using a brush, clean it thoroughly but don't leave it in the water or solvent. Continued soaking softens the bristles and could ruin the brush.

Paint mixing. Most paint and hardware stores sell a stirring attachment for your ¼-inch drill. Its paddles mix the paint thoroughly; but when they're used in a lacquer or other volatile paint, fumes arise, and there's a danger that the sparking of the brushes in the drill's motor may ignite them. It's best to be old-fashioned and use a wooden paddle to mix such paints. (Water-mixed paints present no such problem.)

Before you shake or stir a paint product, read the directions. Some products will cloud or get bubbly when shaken. If the paint requires mixing and you will be using it soon, have your dealer put it in his shaker. You should stir it again, however, just before applying.

Storage. The best way to store a partially used can of paint is on its lid. Clean the rim completely and tap the lid on evenly. Then simply store it upside-down, insuring a good seal.

Some new "thixotropic" paint products may look like pudding when opened. Don't thin these or you'll ruin them; just keep stirring, and eventually they will become more liquid.

Cleaning mildew. If the house's exterior siding is dirty, use a mild detergent and water. If there are dark mildew spots in a moist area, you'll need a special solution to clean off this fungus and kill the spores. The best mixture for this job is 3 ounces of trisodium-phosphate, 1 ounce of powdered laundry detergent, 1 quart of chlorine bleach, and 3 quarts of water. The resulting gallon should be sufficient for the average house.

Scrub stained areas with a soft brush and then rinse with water. There are also some mildewcides that can be added to the paint, but an initial scrubbing is still usually necessary. □

Guess which choir robe was ironed with new RENUZIT® Homogenized SOFT STARCH?

Now there's a starch that actually feels soft. Really takes the "fidgets out of [illegible]." It adds all the body of starch without stiffness. That's why we call it Soft Starch.

New Renuzit Soft Starch works on all types of [illegible] as well as cot[illegible] exclusive homog[illegible] which also helps [illegible] caking. And it won't [illegible] all the Soft Starch you [illegible]

You could call it th[illegible] starch. Because only new [illegible]

Soft Starch combines these five advantages:

• SOFTER FEEL • THE BODY OF STARCH WITHOUT THE STIFFNESS • WON'T CLOG • LESS FLAKING AND CAKING • RESISTS SCORCHING

We think it's something to shout about. And so will you.

Hallelujah.

RENUZIT.

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"I don't want to play finders-keepers losers-weepers."

There's a new federal law that just went into effect this year. If you should lose your Master Charge® card, this law protects you by limiting your liability for fraudulent use.

Here's how the new law works: If you discover your Master Charge card is lost or stolen, notify your Master Charge bank. You can do this in person, over the telephone, or in writing. If you notify your bank before unauthorized use is made, you will not be liable for any charges. You may not be liable for any fraudulent charges even if you report the loss after charges are made on your card. In no case will you be liable for more than $50, no matter how many charges are run up on it.

"The law protects me? What law?"

In addition to this new federal law, many states have enacted their own laws, which are frequently even more stringent. In such cases, the more stringent state law will apply.

Your Master Charge card really is a safe way to shop.

Better than that, Master Charge is convenient. You can use it for most of the things you'd normally pay cash for. Or write checks for. Or use different charge cards for. And if you need cash, you can get that, too, at any Master Charge bank. Each month you get one bill, with a record of all your purchases. You can pay for it all by writing one check. Or, you can extend your payments over a period of time. Your bank will tell you the charges for these features.

Next time you shop, take along your Master Charge card. It'll give you a nice, secure feeling.

Master Charge.
Accepted all over town
all over America.

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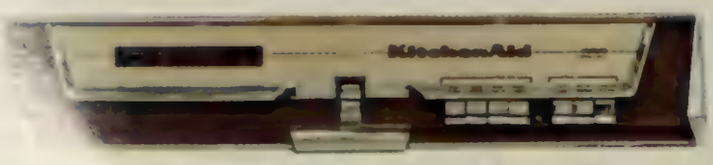
The new KitchenAid dishwasher. Built better. Not cheaper.

The new KitchenAid dishwasher is better than ever.

Its ½ horsepower motor is so reliable, we give it a five year warranty. If the motor should fail, we'll have it repaired or replaced at no cost to you during the first year; you'd be charged only for labor during the next four years.

Our new and simplified timer controls all the action more reliably. Our simplified electrical system has fewer parts to go haywire. Adjustable dividers hold stemware securely. And two things we didn't dare change: our superb washing ability and exclusive forced-air drying system.

Visit your KitchenAid dealer. He's listed in the Yellow Pages. Or write KitchenAid, Dept. 1DG-7, The Hobart Manufacturing Company, Troy, Ohio 45373.



KitchenAid

Dishwashers and Disposers
Hot-water Dispensers

KitchenAid Dealers Are Easy To Find

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Cascade furnishes free, full-size samples for each KitchenAid dishwasher and shares the cost of this advertisement by mutual agreement.

How to replace a thermocouple

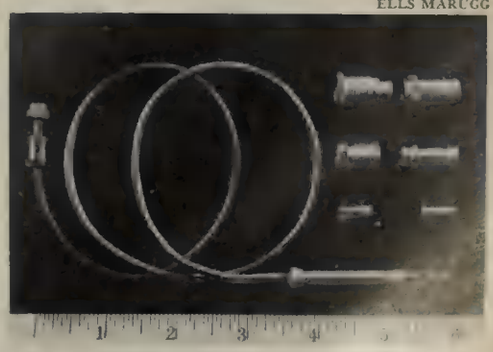
When the pilot light of your gas-fired water heater or furnace goes out, the gas flow is cut off automatically. A safety device called a thermocouple closes the control valve to prevent gas seepage and resulting danger of explosion or fire.

You can relight the pilot yourself by following the instructions that are usually printed on the appliance, or you can call the gas company, which will usually send someone to relight it for you, free of charge. If it refuses to relight, the gas company representative will check to identify the trouble (but he usually is not allowed to fix it). If a line or the control unit is clogged, you will probably need to call a plumber. Usually, however, the problem will be a burned-out thermocouple (cost, about $2.50) that you can easily replace yourself.

The thermocouple (pictured below) is a small copper tube about 2 feet long with a small pencil-like end that is attached near the pilot light. When heated by the pilot, it generates a tiny microvoltage (a reaction produced between two dissimilar metals, such as copper and iron). When the pilot goes out, the thermocouple cools and stops generating microvoltage, and the gas control valve closes. There is no other electrical connection.

Replacement is very simple. First, turn off the gas, just to be safe. Then detach the thermocouple tube from the control box of the appliance with a small wrench and detach the pencil end from its mounting alongside the pilot light. Note where it was positioned alongside the pilot light. Take the defective thermocouple to a plumber's shop to obtain a new one of the same type. Then attach the new one alongside the pilot light in the same position as the original. □

ELLS MARUGG



Replacement *thermocouple. Fittings (right) are for various appliances*

Going on vacation?

You wouldn't forget your toothbrush.

Don't forget to pack the Medi-Quik.

For insect bites
Medi-Quik First Aid Spray soothes the itch of insect bites fast.

For sunburn
Medi-Quik takes the heat off sunburn, too.

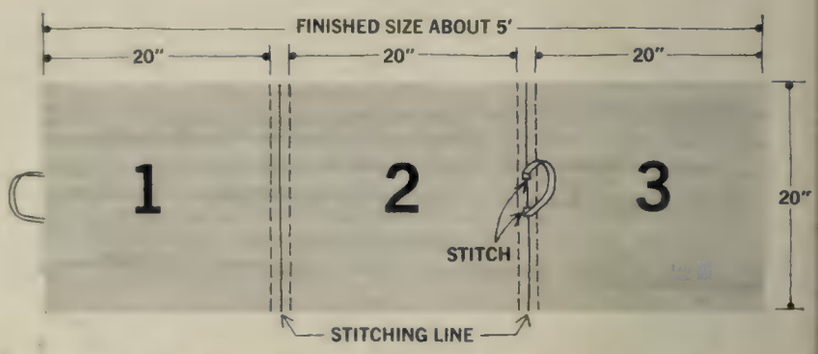
For scrapes and scratches
Medi-Quik helps stop the pain and prevent infection of minor cuts, scrapes and scratches.

Medi-Quik has what most first aid products don't. It has a pain killer for minor cuts, scrapes and scratches ... plus 3 germ fighters to help prevent infection.

So take it along. You'll need it.

Pack Medi-Quik First Aid Spray.

DARROW M. WATT



Follow *these dimensions for a cutting and sewing guide*

Off to the beach with a handy and useful mat you make yourself

Bright, bold stripes decorate these fold-up mats. They're light to carry, quick to flip out, and soft to lie on. (Take them along for a soft cushion on bleachers at spectator sports events.)

For each mat you'll need six pieces of heavy cotton fabric, each 23 inches square (about 2 yards of 54-inch-wide fabric), ⅓ yard of 1-inch cotton webbing from an awning shop, and three pieces of 1-inch polyurethane foam, each 20 inches square.

To make the cover: Stitch three squares of fabric, right sides together, into a long strip (use a ½-inch seam throughout); reverse direction of center square for stripe contrast. Repeat for second side.

Pin the two sides together. At one end, pin both ends of a 6-inch length of webbing so it forms a strap when fabric is turned to right side. Stitch down one long side, across the end with the webbing, and up the opposite side. Stitch across ends to miter corners. Turn to

Mat stretches *to 5 feet for full length sunning on the beach*

Tote it *along: this one weighs less than 1½ pounds*

Flip out *the three sections; each measures 20 inches square*

right side.

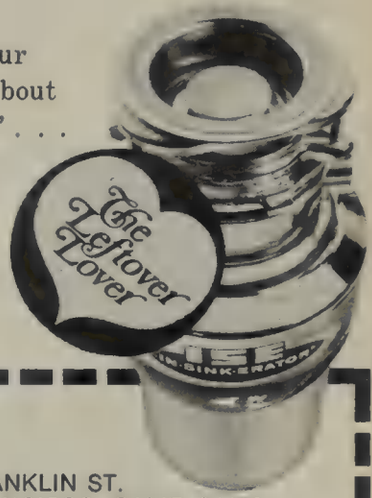
Slide one foam square into section 1; pin on cross seam line and stitch through both sides. Slip second square into section 2; repeat the stitching on the cross seam line.

Attach the second piece of webbing by machine top stitching, so it will lie between foam squares 2 and 3 when completed. Insert remaining square of foam, fold in seam allowance, and stitch securely by hand across end. □

Women's Lib begins at home.

Once meals are over, all you have on your hands is garbage. So why mess around? Put an In-Sink-Erator to work under your sink. Gobbles up anything you feed it, even steak bones and corn cobs. And no other disposer is so trouble free.

Declare your independence! Send for our free booklet, "What You Should Know About GARBAGE DISPOSERS Before You Buy" . . . then march to your In-Sink-Erator dealer's and demand to see his full line of stainless steel disposers priced for every budget.



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reach for the wall fixer T.M.
vinyl-paste spackling

DAP vinyl-paste Spackling Compound. Ready-mixed for faster, easier patching jobs. No mess or waste. Repairs plaster, wood and wallboard. Dries white. Sands smooth. Takes paint in minutes.

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Incolac Primer-Sealer by DAP. Much more than just an ordinary primer. Seals off tough stains such as creosote. Primes over most plaster, wallboard and glossy surfaces. Dries fast, odorless.

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DAP fixer products

Also available in Canada

DON NORMARK

Basement office *serves husband and wife, occupies only 130 square feet*

They share home office space

The need for home office or work-counter space is common. Here are the solutions of two Western families.

In the example shown above, Seattle architect James A. Jennings created an office for himself and a sewing area for his wife. They work almost side by side on a 3 by 13-foot-long counter of ¾-inch plywood covered with linoleum. It's fastened at each end to the wall and supported in the middle by wood legs. Two filing cabinets extend out as a peninsula to define their respective areas—one file faces each way. A cover of the same material as the counter fits down over the files like a box lid to hold them together. A wall-hung storage unit has sliding doors of painted tempered hardboard.

In the other example (see the two photographs below), architect Robert E. Small adapted a closet as an office, and opposite it placed a storage wall and counter complete with hot plate and small refrigerator for snacks. Owners are Mr. and Mrs. V. H. Sommerville of Bellevue, Washington.

Hot plate *set into counter, metal files below, refrigerator at right*

Doors have *tackboard on inside surfaces, close off closet office*

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Add a room or a new roof. Put down carpeting or modernize the kitchen. A Bank of America home improvement loan can help. Terms are uncomplicated. There's a minimum of paperwork. Ask your contractor about Bank of America home improvement financing, or stop in at any of our branches for details. You'll see an improvement around the house.

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66 Colors, solid or sem t.

New Wood or Re-do.
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Free color folder. Write Dept G 1148 N W Leo Olympic Stain a division of COMERCO INC

Care of fiberglass in the bathroom

Fiberglass bathroom fixtures—bathtubs showers, tub-shower combinations, an bathroom shells with floor and fixture molded in one piece—are finding thei way into Western homes at a brisk rate

Owners unfamiliar with this materia have a number of questions: How can keep the original luster of the fixture How do I clean it? How do I keep soa film from forming?

The first thing to learn is that fiberglas reinforced plastic is a material wit some special properties. Its surface is very hard polyester finish that, unlik some conventional materials, does no develop porosity as it wears down fro use and cleaning. This gives it long-ter resistance to staining, as well as to chip ping or cracking.

The surface seems warm to the touc and less slippery than porcelain. An there are no 90° corners or groutin areas that would be difficult to clean.

Manufacturers strongly advise again use of abrasive cleaners on the gloss polyester surface. If used repeatedl such cleaners can dull the surface.

If you have used abrasives, however, is still possible to restore the high-glo surface. Some brisk rubbing with an au tomotive liquid cleaner on a dull surfac will usually restore its original state i about half an hour. Silver polish als works well. Do not use a rubbing con pound (such as chrome polish) since is likely to contain abrasives.

For daily cleaning the most satisfactor product is one of the stronger liqui cleaning detergents. If an accumulatic of soap film doesn't disappear with th liquid detergent, use a powder deterge on a dampened sponge. This will provic a mild abrasive action, but not enou to cause scratching.

A light application of liquid wax or au body wax after cleaning will give add tional luster and some protection fro future soap film buildup. (Don't wa foot surfaces such as shower floors, course.)

For severe damage such as large chi or scratches, repair kits are availabl Write to the manufacturer to get m terials that will exactly match the col of your unit. Be sure to include t serial number, which is molded into mo fiberglass plumbing fixtures.

Get yourself in gear for camping

Reliable information that can make your camping trip more enjoyable is as important as dependable gear. Wherever you plan to go in the West, there are accurate Sunset travel books to help you. When you think about camping equipment, remember Sunset books—there are 22 Sunset travel and recreation guides selling for only $1.95. You'll find Sunset book displays featured in fine stores throughout the West.

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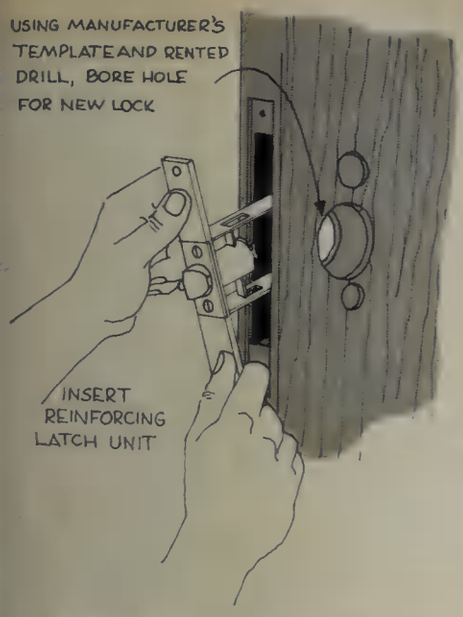
Sunset Books

Almadén is largely a matter of quality

The most popular premium table wine in America is Almadén . . . and the reason is quality. If you're [illegible] proof, serve guests their favorite Almadén from our half and full-gallon jugs: Grenache Rosé. Mountain Nectar. Chianti. Mountain Reds and Mountain Whites. Sherries and Ports. And while pouring, offer this comment: "Did you know the Almadén jug was designed after the one pictured in the famous Omar Khayyam 'Rubaiyat' painting?" It's true. It's true you should try Almadén . . . largely for a matter of quality.

ALMADÉN

Almadén Vineyards, Los Gatos and Paicines, California



The second *of five illustrations in Basic Home Repairs on how to change a lock*

It's a handyman's own handbook

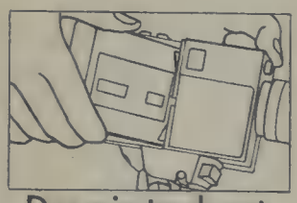
This new Sunset book should perhaps be placed alongside your book on first aid and the list of telephone numbers for emergencies.

It is *Basic Home Repairs, Illustrated* (Lane Books, Menlo Park, Calif., 1971; $1.95). Through drawings and text it tells what to do when something around the house leaks or gushes, collapses or sticks. In addition, it explains how to anticipate and remedy potential household inconveniences and breakdowns.

The book assumes that the reader has never before attempted home repairs. There is even a glossary of terms at the back. □

Guide *to home repairs is now at book shops and many hardware stores*

BE A DROP-IN


Drop in to shoot.

Drop in to show.

Talk about easy! To make great movies, just drop the film cartridge into the Kodak Instamatic® M30 movie camera. Then shoot. Winding and threading are things of the past. The M30 has power zoom, reflex viewing, an extra-fast f/1.9 lens, and an automatic electric eye. For less than $105. Other Kodak Instamatic movie cameras start at less than $35.

At show time, drop Kodak's new projection cartridge into the Kodak Instamatic M110 movie projector. The versatile M110 shows both 8mm and super 8. It accepts cartridges and reels up to 400 feet. It's less than $195. Other Kodak Instamatic cartridge projectors from less than $140.

Prices are subject to change without notice.

KODAK MAKES YOUR PICTURES COUNT.

Kodak

Presenting the revised Marco Polo Overland tour. Because the original took 3 years and 27 horses to complete.

But that was way back in 1271. Since then the Marco Polo Overland tour has been updated considerably.

Your journey starts on a magnificent BOAC flight to London. There you board a modern tour bus which will take you 12,000 miles across 3 continents through an exciting world of travel and adventure to Kathmandu the Himalayan capital of Nepal and home of the Bodhnath Pagoda.

On the way you'll explore places like Innsbruck, Venice, Belgrade, Delphi, Athens, Istanbul, Ankara, Teheran, Kashmir, and Jaipur, to name a few.

And, beyond the regular tourist haunts, you'll discover incredible things like the enchanted caves of Goreme, the golden and turquoise minarets of Isfahan, and the erotic carvings at Khajuraho.

The cost for all this? Depends on you! A land rate of from $561 provides you with simple or tourist hotels. Or for $1355 you can share twin-bedded rooms, continental breakfast and dinner in carefully selected hotels. And, if you are between 18 and 35, you can pay a land rate of as little as $436. This includes Youth Hostels, simple hotels and camp-style accommodations. Add the appropriate round-trip air fare from your home town to London.

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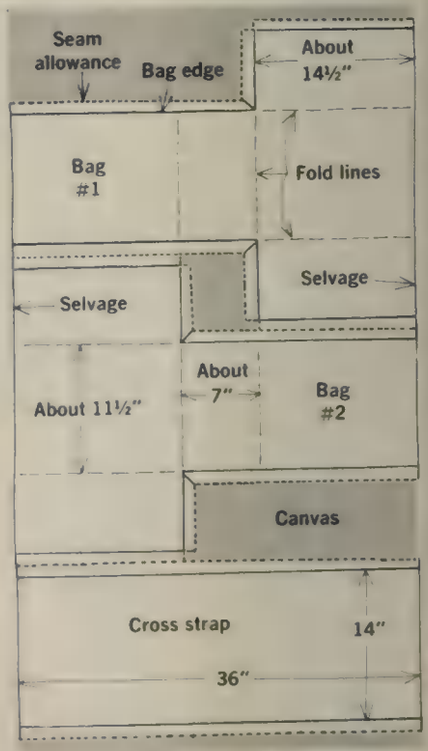
DARROW M. WATT

Two bags *of groceries fit easily into these canvas saddlebags*

Bike bags bring home the groceries

How do you take your groceries home when you ride a bicycle to the store? "Canvas saddlebags," says Mrs. John R. Thorne of Calabasas, California, who designed these. She says they will hold two large bags of groceries: Slide them



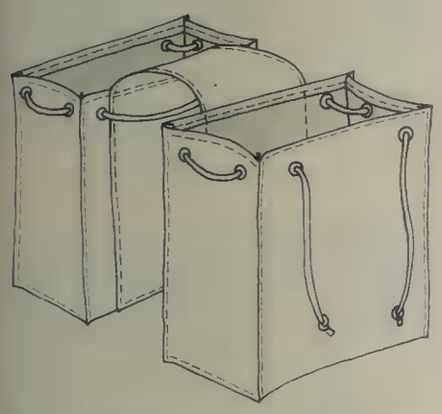
Layout *for saddlebags: Add ½-inch seam allowance to paper bag pattern*

right in, or take the saddlebags into the store for packing.

For two saddlebags you need 1¾ yards of 36-inch-wide heavy canvas. They're designed to lie across the rear carrier rack and hang down on either side without interfering with the chain or gear mechanism of the bicycle.

Use a standard, large, brown paper grocery bag for a pattern. Cut the bag down both front corners and across the bottom side edges, so it opens up flat. Check the pattern dimensions now: The sides should be about 14½ inches high so the pattern will run from selvage to selvage. Trim to size if necessary.

Pin paper pattern to canvas following the layout on the previous page, adding



Top-stitch *bags for reinforcement. Drawstring holds full bags to shape*

½-inch seam allowances, as shown by lotted lines. Cut two bags and one cross trap—14 inches wide, plus seam allowances—running from selvage to selvage.

To make the bags, turn all selvage edges under ½ inch and stitch ¼ inch from edge. This finishes the edges and helps einforce the bag's shape. Sew each loth bag together with upholsterers' velt seams: Pin piece, right sides together, in bag shape; make plain seam bout ¼ inch from edge (just half the otal allowance). Turn bag to right side; nake second stitching about ¼ inch rom edge.

For stiffening and reinforcement, make ¼-inch seam along remaining two vertical folds of bag so all sides are now dge-stitched.

Fold the cross strap fabric in half lengthwise, right sides together, and stitch a ½-inch seam. Turn, press, and stitch bout ¼ inch from both long edges on op side.

Stitch strap securely to bag as shown bove. Make eight grommet holes as indicated and thread with cord. This drawstring adjusts the bag to accommodate bags of various sizes. □

Pinch rosemary and others in the privacy of your own kitchen.

Look, things can get pretty dull in a kitchen. So we'd like to introduce you to a rather exciting crowd. The Pinch of Herbs crowd. Sweet rosemary, witty basil, robust thyme and a lively Latin called oregano.

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A whisper of garlic here, a fleck of parsley there...to us, that's the spice of life.

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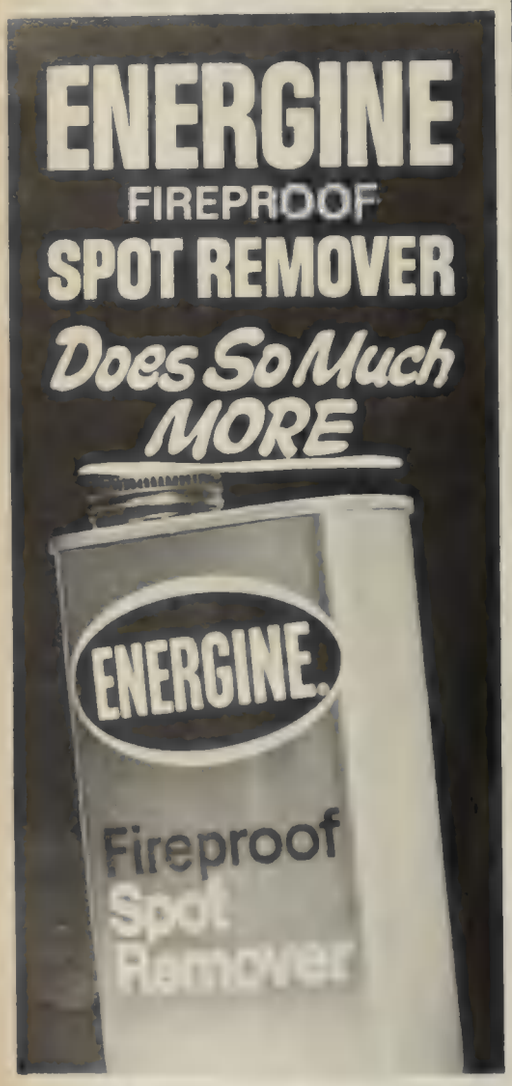

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ELLS MARUGG

Awnings make their stable a party house

On windy days, *awning bottoms are secured by cords on brass eyes that replace brass inserts in holes in the floor*

Stable *has a large, roofed saddling area that becomes a party room when the awnings are dropped*

Conventional *heavy-duty, pull-cord hardware raises and lowers the awnings from the inside. Plastic windows give light*

DARROW M. WATT

The owner of a country home in Portola Valley, California, found that party guests often gravitated toward his handsome stable to inspect it, then lingered to enjoy the hilltop view. So he had drop-down canvas awnings installed, making it possible to use the stable as a rustic party room even in cold or windy weather.

Three large awning sections across the front contain generous plastic windows. When needed, two smaller sections enclose the sides, and serve as doors.

Whenever a gathering is planned, bales of hay are set along the inner side of the awning to serve as benches and help block the breeze. A fireplace and vertical charcoal braziers provide heat if needed. □

Who ever heard of guaranteeing cookware for 15 years? Ekco did. And Ekco does.*

Exclusive and striking! Jet black ceramic decorations bonded permanently to stainless steel. Fry, bake, boil up a beautiful feast in Criteria's three-ply construction . . . featuring a special sealed-in heat core that cooks faster and more evenly.

Shown, 7-piece set: 1 qt. and 3 qt. covered saucepans, 6 qt. covered saucepot, 10¾" skillet (saucepot cover fits). Price $44.95. A most-welcomed gift item. Also available in 6 and 10 piece sets. 16 open stock items priced from $8.95.

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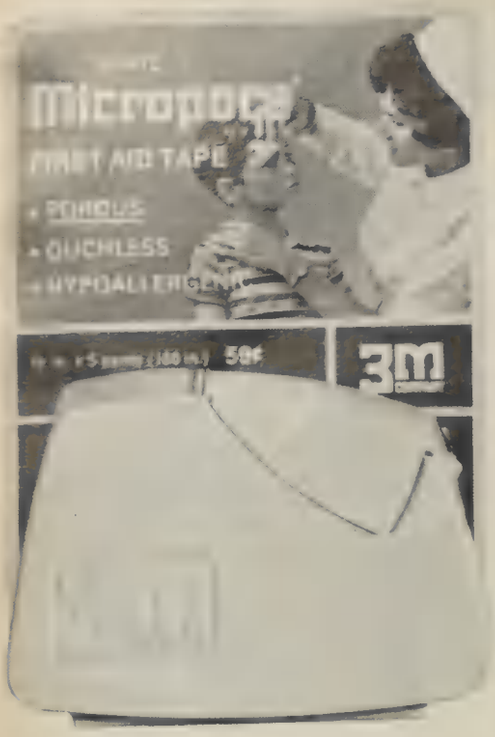

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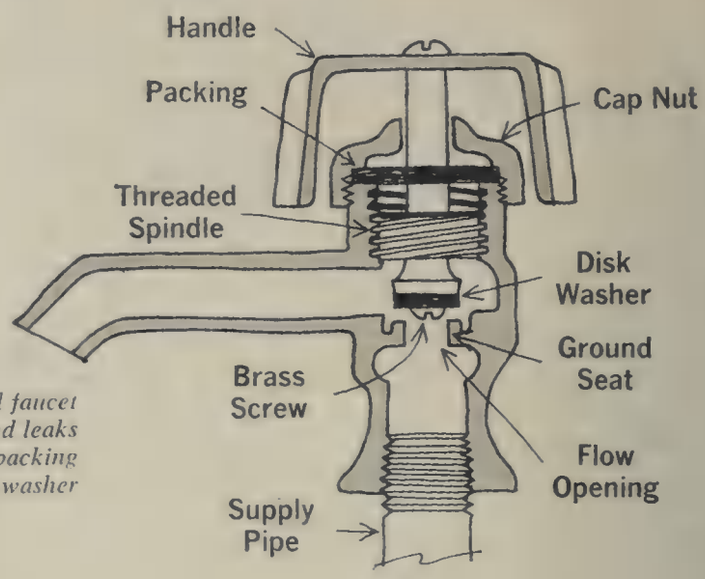


This is *the typical faucet now in use. Wear and leaks occur at the cap nut packing and at the disk washer*

How to fix a dripping faucet

When a faucet drips or leaks, it is an annoyance but not a calamity. You can call a plumber, but that may cost $15; and the repair usually is so simple that you can obtain the parts at a hardware store and do the job yourself with little time and effort.

The most common type of faucet is shown in the diagram above. If it drips at the spout when turned off, the cause is a worn disk washer or corrosion or wear on the ground seat it presses against. If it dribbles water around the handle when turned on, the cause is a worn packing underneath the cap nut.

To repair such a faucet, first shut off the water at the nearest accessible valve (usually right below the sink); then open the faucet halfway both to drain it and to loosen its spindle.

Remove the handle screw and the handle with a screwdriver, and unscrew the cap nut with a wrench. Unscrew the spindle with finger pressure and lift it out. Now you can take the spindle to a hardware store to replace its worn disk washer or cap nut packing with a new one of the same size.

If the leak is only a slight dribble at the cap nut, first try tightening it before taking the faucet completely apart. That may be all you need to do.

If the ground seat inside the faucet looks burred or corroded, you can buy an inexpensive reseater kit at a hardware store to ream it smooth. In any case, whenever you take a faucet apart, it is a good idea to replace the disk washer, since it wears the most.

Many modern sink faucets are recessed

ELIS MARUGG

With faucets *like these, pry up the top cap and unscrew the handle to expose the working parts*

For some *single-valve faucets, you simply pull out the old cartridge and slip in a new one*

into the countertop and have large plastic or metal handles, as shown on page 98. You may need to pry off a small COLD or HOT cap to reach the handle screw. Then you can remove the handle assembly and either tighten the cap nut or remove the spindle to repair it in the manner already described for the common faucet.

Single-valve faucets

Single-valve faucets are quite different. Most use small rubber rings for water seals instead of disk washers and packing. Their working parts vary considera-

Underneath *most sinks are two valves to turn off the hot and cold water to the faucets*

bly and are quite complicated. They seldom leak, but they can, particularly if you have very hard water.

One popular brand has replaceable cartridges. You remove the handle, as already discussed, plus a small staplelike locking key. Then you simply pull out the old cartridge and replace it with a new one, as shown in the photograph at left.

Except for the outer casing and handle, you then have a new faucet. Cost of the cartridge is about $6, but that is much less expensive than having a plumber make a call to fix the old one.

Others vary. With some, you can remove the inner parts easily and take them to a plumbing shop to have them rebuilt. Some are so complicated that it is best to have an experienced plumber remove and fix them.

Shut-off valves

The two shut-off valves underneath a sink seldom leak, because they are left open except at the time you need to turn one off to repair the faucet above. If one does leak, it is usually just a matter of tightening the cap nut with a wrench (the packing may have shrunk from age) or of tightening the nut on the small pipe leading to the faucet (the flexible pipe has been hit by something you put in the undersink closet).

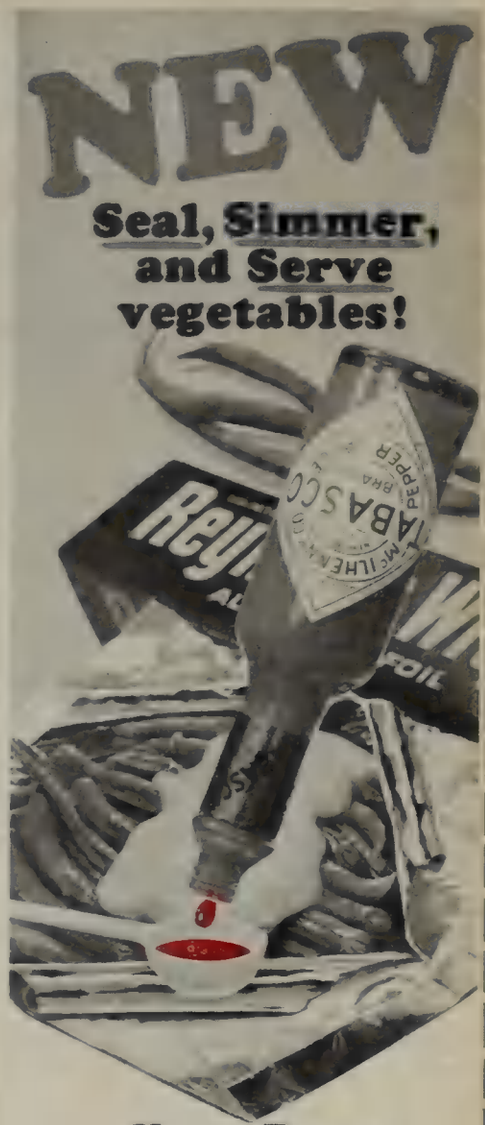
Outdoors

Most hose bibbs and other faucets outside your house operate, and are repaired, like the common faucet discussed at the outset. Most do not have a handle that covers the cap nut, so you can simply open the faucet halfway and remove the cap nut.

Some are different in that you unscrew the body of the faucet rather than a cap nut to reach the disk washer. On any outdoor faucet that is on an unsupported pipe sticking up out of the ground, be sure to use two pipe wrenches to take it apart: one for dismantling the faucet and the other for holding the pipe firmly so you loosen the faucet, not the pipe. □

To use *a pipe wrench on polished fittings, pad the jaws with adhesive bandages or tape to prevent marring*

The screw *on a faucet washer often corrodes. A vise is handy for removing and replacing it*



Keen Beans

A new method of cooking vegetables: sealed in foil to keep all of the natural juices, all of the farm-fresh goodness, and your own flavor touch, too. Tabasco brand pepper sauce gives them that mmm-what's-in-it taste.

- 1 pound fresh green beans or 2 packages frozen
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- ½ teaspoon salt and salt to taste
- 1 cup milk
- ¼ teaspoon Tabasco pepper sauce
- ¼ pound sharp Cheddar cheese, grated
- 4 squares 14-inch Heavy Duty Reynolds Wrap®

Wash beans; snip ends. Melt butter in saucepan; blend in flour and ½ teaspoon salt. Cook 3 minutes over low heat. Gradually add milk; cook until thickened, stirring constantly. Blend in Tabasco and cheese. Divide beans onto shiny side of foil; salt. Top servings with sauce. Bring up 2 sides of foil over beans and seal top with tight double fold (leave space between foil and sauce). Repeat seal at ends. Cook in 350° oven, 35 minutes (25 if frozen). Open and serve, 4 servings.

TABASCO®, *made from the juices of ripe peppers.*

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LIVER — Have beef or calf liver cut into 1-inch slices, or cut 2-pound piece into 1½-inch chunks. Marinate, brush with oil and cook to pink stage. Skewer chunks before cooking.

FLANK or FRESH BRISKET — Trim off almost all visible outside fat. Marinate, cook whole, then slice thinly on diagonal.

BONELESS CHUCK — Cut into 1½ inch chunks, marinate, cook on skewers to rare or medium rare. Do not overcook.

SIRLOIN TIP ROAST — Cut a 4-pound roast into two 2-inch steaks. Marinate, grill, slice diagonally.

TERIYAKI SAUCE

Combine ½ cup soy sauce, 1 tablespoon grated fresh ginger root*, 1 crushed clove garlic, 2 tablespoons brown sugar and ¼ cup dry sherry.
*or ½ teaspoon powdered ginger

BEEF EATERS FORECAST — Beef is a good source of iron which helps build red blood cells. Liver, the best source, has almost five times as much iron as other cuts of beef. The need for iron is highest for teenage girls and boys and women until they reach their 50's.

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NEIL KOPPES

Pool party *gets its light (and a little warmth as well) from flaming braziers*

Gas-lit torches around their pool

Flaming braziers set along the top of a brick wall meet the need for night lighting around a pool and patio in a dramatic manner. These aren't braziers in the true sense, for they don't contain coals but are fed by gas, which fills the containers with flame.

This system is both easier and cleaner than charcoal. The flames are adjustable: Simply open or close the main valve, thereby setting the flame height and mood you want.

The gas line was put into the brick wall when the house was built and the pool installed. The fixtures themselves were designed by the architects, Cain, Nelson, Wares, Cook & Associates. They're circular metal containers 8 inches in diameter and 13¼ inches high. The gas line comes up in the center under a 2-inch-diameter disk welded to a 3/16-inch bar, which itself is welded to the sides of the container. The disk, about ¼-inch above the gas outlet, flattens the flame and spreads it throughout the metal dish, producing the effect you see in the photographs.

The control valve at one end of the wall operates all 13 braziers; open it and ignite each one with a long match or paper torch.

Note how *flame fills the metal containers. A disk baffle spreads it out*

The owners are Mr. and Mrs. M. H. Lininger of Tucson.

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1. On an official entry blank or a 3" x 5" plain piece of paper hand print your name and address and zip code.

2. Each entry must be accompanied either by one box top from any of these Nabisco Snack Crackers (Triangle Thins, Bacon Flavored Thins, Chicken in a Biskit, Wheat Thins, Sociables, Twigs Snack Sticks, French Onion Crackers, Chippers, Sip 'n Chips, Buttery Flavored Sesame Snack Crackers) or by the name of any one of these Nabisco Snack Crackers or Snack Mate Process Cheese Spreads printed in block letters on a 3" x 5" piece of paper. Enter as often as you wish, but mail each entry separately: Nabisco "Snack-Nic Sweepstakes," P.O. Box 713, New Canaan, Connecticut 06840. Entries must be postmarked by September 1, 1971 and received no later than September 8, 1971.

3. Winners will be determined in random drawings conducted by V.I.P. Service, Inc., an independent judging organization whose decisions are final. No substitutes for prizes as offered. Only one prize winner per family. Winners will be notified by mail. No correspondence will be entered into.

4. Sweepstakes open to residents of the United States except employees and their families of National Biscuit Company, its advertising agencies and V.I.P. Service, Inc. Void in Washington, Idaho, Missouri and Maryland and wherever prohibited or restricted by law. All federal, state and local laws and regulations apply. To obtain a list of major prize winners, send a stamped self-addressed envelope to Snack-Nic Winners, P.O. Box 7, Pound Ridge, New York 10576.

5. Liability for federal, state or other taxes is winners' sole responsibility.

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If your husband likes to mess around in the kitchen

No matter who does the cooking, it's great to have a self-cleaning oven like this. With an extra oven up top so you can bake a pie while you do the roast.

This new Caloric gas range has so many great gas cooking and clean-up features. Like instant on and off, automatic keep-warm ovens, infra-red broiling, the Burner-with-a-Brain*, rotisserie and automatic meat thermometer. It even has removable upper oven panels that can be self-cleaned in the lower oven.

The only problem will be deciding which of the many models to buy. Two ovens or one. Olive, autumn gold, white or antique copper. Choose the range that's right for you at your Caloric dealer or gas company. Or write Caloric, Topton, Pa., 19562. Gas gives you a better deal. *A.G.A. Mark

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get a Caloric gas oven to clean up after him.

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By choice *of fabric, lampshade can coordinate with your furnishings. It can be made to fit most light fixtures*

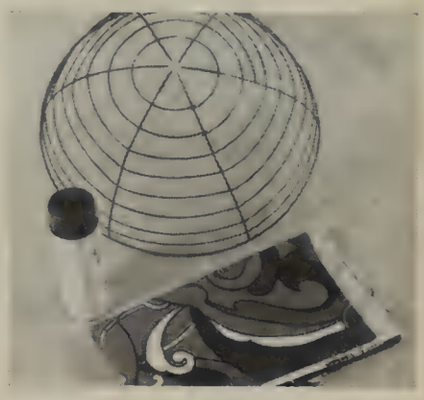
It's not a Tiffany, but it's yours

For less than $3 and 30 minutes of your time, you can make this lampshade. All you need is an ivy training frame, half a yard of 45-inch fabric, a spray can of flat black paint, and upholstery thread.

First select the frame (several sizes are available at nursery supply stores). Cut an opening at the top with wire cutters to fit your light fixture, and spray with paint. To measure for fabric cover, figure the length as circumference of frame plus 1 inch (for seam) and the width as distance from center top of frame to bottom edge plus 3 inches (for hems and turn at base of frame). The fabric we show was 13 by 45 inches before sewing (circumference is 44 inches).

With right sides together, stitch crosswise seam; then stitch 1-inch hems on both long edges to form casing, leaving small openings to insert drawstring. Turn to right side.

Using a strong thread, gather top to a small circle about 3½ inches in diameter and tie tightly. Pull the fabric over the frame, position and gather with a thread, and tie. Trim thread ends. □



Start *with painted ivy trainer frame and the fabric of your choice*

Gather *the hemmed edge tightly with heavy upholstery thread*

Sunset's Kitchen Cabinet®

What's plentiful and prime this midsummer month may dictate your menu choices. Is zucchini coming on fast in your garden? Are tomato prices down and quality up? Does the salmon look particularly fresh?

We have some suggestions. Stuff the zucchini with lamb and bake it for a different main dish. Add fresh tomatoes to rice to serve with barbecued meats, or turn them into sparkling cold gazpacho soup. The simply sea-

This vegetable entreé goes well with buttered carrots for a summer supper

Zucchini with Lamb Stuffing

Pick out zucchini 6 to 8 inches long for this main dish; plan on two halves for each serving.

- 4 zucchini (6 to 8 inches long)
- Boiling, salted water
- 1 pound ground lamb
- 2 tablespoons fine dry bread crumbs
- 1 tablespoon catsup
- ½ teaspoon meat seasoning sauce or Worcestershire
- ¼ teaspoon garlic salt
- ⅛ teaspoon pepper
- ½ teaspoon salt
- 1 egg
- 3 tablespoons freshly grated Parmesan cheese

Cut off ends of zucchini and scrub well. Drop into the boiling water and cook until just slightly tender, about 5 minutes. Remove from heat and plunge zucchini into cold water; drain. When cool enough to handle, cut in half lengthwise and scoop out pulp with a spoon, leaving shell at least ¼ inch thick. Mash or finely chop zucchini pulp and add lamb, crumbs, catsup, meat seasoning sauce, garlic salt, pepper, salt, and the egg. Mix lightly; heap meat mixture in zucchini shells, arranged in a shallow baking dish. Sprinkle with Parmesan. Bake, uncovered, in a 350° oven for about 30 minutes. Serve hot. Serves 4.—*J. G., Pleasanton, Calif.*

For a picnic, carry the chilled soup in an insulated jug; pass the club soda

Sparkling Gazpacho

Pour in a little club soda just before serving this cold soup.

- 1 can (12 oz.) tomato juice (1½ cups)
- 4 medium-sized tomatoes
- 1 medium-sized cucumber
- ¼ cup *each* chopped green pepper and sliced green onion
- 1 small clove garlic, minced or mashed
- 3 tablespoons each olive oil and red wine vinegar
- ½ teaspoon *each* chile powder and liquid hot pepper seasoning
- Dash ground cloves
- 1 bottle (10 oz.) club soda

Pour tomato juice into a large bowl. Peel tomatoes and dice, discarding most of the seedy portions. Peel and dice cucumber. Add to the bowl the tomato, cucumber, green pepper, green onion, garlic, olive oil, vinegar, chile powder, pepper seasoning, and cloves. Blend well, cover, and refrigerate until well chilled, at least 4 hours or overnight.

Stir again just before serving and stir in the club soda. Ladle into chilled bowls. Makes 6 to 8 servings.—*H. N., San Francisco.*

You could make the soup without the club soda, then pass the soda at the table so each person could add it to taste. You might also serve the soup with an ice cube in each bowl.

Use a Chinese wok or a frying pan to fry the rice and vegetables quickly

Tomato Fried Rice

You stir and fry this dish in the Oriental fashion, so have all the ingredients ready before you start to cook.

- 2 tablespoons *each* salad oil and butter
- 1 small onion, finely chopped
- 3 cups cold, cooked rice
- ½ teaspoon *each* salt and sugar
- Dash pepper
- 1 small can (2 oz.) sliced pimiento, drained
- About 2 tablespoons Sherry, white wine, or water
- 2 medium-sized tomatoes, peeled, diced, and seeds removed
- Chopped parsley or sliced green onion tops for garnish

Heat a large frying pan or wok over medium high heat. Add oil and butter; when it is melted and bubbly put in onion. Sauté, turning with wide spatula until golden, about minutes. Add rice; continue turning with spatula until golden brown about 7 minutes. Add salt, sugar, pepper, pimiento, and wine. Cook turning about 1 minute, adding a little more liquid if needed. Put in tomatoes; turn and cook 1 to 2 minutes. Turn out into warm serving dish and sprinkle with parsley. Makes 4 to servings.—*M. R., Santa Barbara.*

For a flavor variation, you can omit the salt and add about 1 tablespoon soy sauce with the Sherry.

ned salmon steaks may be barbe-
ıed or broiled.

riginal recipes are welcome. Mail
ntributions to *Sunset Magazine*,
enlo Park, Calif. 94025. We pay
0 for each recipe published.

Zucchini surplus? Good buy in tomatoes? Very fresh salmon? Here are suggestions

vory Salmon Steaks

ttled salad dressing is a seasoning
ort cut to richly flavored salmon.

- 4 salmon steaks, cut ¾ inch thick (about 2 lbs.)
- Salt and pepper
- ¼ cup bottled Italian-style salad dressing or hickory flavored dressing
- ½ teaspoon paprika
- 1 teaspoon minced or grated onion
- 2 teaspoons lemon juice
- Parsley

rinkle both sides of salmon lightly
th salt and pepper. Combine the
ad dressing with paprika, onion,
d lemon juice; set aside.

broil, line a shallow pan with foil,
ange steaks on foil, and pour over salad dressing, coating both sides; let stand about 20 minutes. Broil about 6 inches below a preheated broiler until fish flakes when tested with a fork, about 10 minutes (turn if needed to brown both sides).

To barbecue, arrange steaks on a piece of heavy foil and turn up the edges to shape it into a shallow pan. After marinating in the dressing mixture, set steaks in their foil pan about 6 inches above a bed of glowing coals. Cover barbecue, adjust drafts, and cook until fish tests done, about 20 minutes. Makes 4 servings.—*M. G., Marysville, Wash.*

Juicy, hot salmon steaks cook in an oven broiler or a covered barbecue

anut Slaw

asted peanuts add a crunchy tex-
e and a somewhat different flavor
this traditional salad; try it with
rbecued salmon or chicken.

- 4 cups finely shredded cabbage
- 1 cup thinly sliced celery
- ½ cup *each* sour cream and mayonnaise
- ¼ cup thinly sliced green onion
- ¼ cup minced green pepper
- ½ cup chopped, peeled cucumber
- ½ teaspoon prepared mustard
- 1 teaspoon prepared horseradish
- 1 teaspoon lemon juice
- Salt and pepper
- ½ cup coarsely chopped dry-roasted peanuts

mbine the cabbage and celery in the serving bowl, cover tightly with clear plastic film, and chill (or have the vegetables well chilled ahead, then shred and slice just before serving).

In a small bowl combine the sour cream, mayonnaise, green onion, green pepper, cucumber, mustard, horseradish, and lemon juice; cover and chill at least 1 hour.

Shortly before serving, spoon the dressing mixture into cabbage mixture and mix lightly to blend. Season to taste with salt and pepper. Sprinkle the peanuts over the top. Makes 6 to 8 servings.—*G. T., Portland.*

Green pepper, onion, and cucumber help season the dressing for this slaw

esh Raspberry Sherbet

u can brighten summer meals in a
iety of ways with this fresh sherbet
your freezer. Serve it for dessert
to accompany grilled meats.

- 1 envelope unflavored gelatin
- ¾ cup sugar
- 2 cups water
- 1 quart fresh raspberries
- 2 tablespoons lemon juice
- 2 egg whites
- ⅛ teaspoon salt

a saucepan combine the gelatin
l ¼ cup of the sugar. Stir in the
er. Heat, stirring, until the sugar
l gelatin are completely dissolved.
nove from heat and cool. Mean-
ile, press the raspberries through a fine wire strainer, discarding seeds. Add raspberry purée and lemon juice to the sugar mixture; refrigerate until about the consistency of unbeaten egg whites. Beat egg whites with salt until frothy. Gradually add remaining ½ cup sugar, beating after each addition until glossy. Fold into partially set gelatin. Turn into a freezer tray (about 2-quart size) and freeze until firm. Turn out into a bowl, break up with a spoon, then beat with an electric or rotary beater until fluffy. Return to freezer, cover, and store until needed. Makes about 2 quarts.—*C. C., Lakewood, Calif.* □

Spoon sherbet into frosty glasses; serve it plain or with fresh peach slices

DARROW M. WATT

Foil *under the salmon supports fish as you slide it off grill*

Certainly in the bright leisurely days of summer, with their long twilights, there's an especial premium on meals that are adaptable enough to be served indoors or out, and flexible enough to expand should an unexpected guest arrive.

The Fourth of July dinner centers around a salmon from the barbecue. The weekend brunch is suited to casual presentation with utensils at a minimum. For a family dinner, the chicke sauté goes together quickly.

July Fourth salmon barbecue

You can present most of this meal fo 10 to 12 from the barbecue: lightl smoked, slowly cooked salmon, the ric sauce, corn, and buttered French brea

Barbecued Butterflied Salmon
Soy Butter Sauce
Corn on the Cob **Cherry Tomatoes**
Buttered French Bread
Ice Cream Cones with Candy Toppings

Start the barbecue early enough th the coals have about 30 minutes to i nite fully. Slice and butter 1 or 2 loav of French bread and wrap in foil to he with the fish for about the last 30 mi utes. Remove the husks and silk fro the corn, allowing 1 ear for each ser ing. If your barbecue is large enoug wrap the corn in foil to cook alongsi the salmon for 1 hour, or cook in bo ing salted water in the kitchen.

Dessert, planned with children in min can be prepared ahead of time. Sco ice cream balls and freeze on a flat p until time to serve. Crush hard candi such as peanut brittle or hard toffe (allow about 1 tablespoon for ea serving). Present ice cream in an ins lated container; have sugar cones alon side. Invite guests to assemble their ov ice cream cones, spooning crushed ca dies over the ice cream.

Barbecued Butterflied Salmon. Ha your fishman trim off head, tail, a back fin of a 6 to 8-pound salmon, b terfly the salmon from the stomach si and bone it, leaving skin intact. Tr any white-colored membrane from t inside belly area of the fish. Lay t salmon out, skin side down, on hea duty foil. Cut the foil to follow t outline of the fish.

Place salmon on foil on a grill 8 incl above a single layer of totally ignit gray-colored coals (arrange coals cover all the area below the fish). necessary, add a few more previou ignited coals as fish cooks. Brush s mon with 3 tablespoons melted but or margarine, and cover lightly wit large sheet of foil forming a small do Start checking salmon after 45 minut

JULY MENUS

Salmon for the Fourth, weekend brunch, summertime chicken dinner

DARROW M. WATT

ndwich brunch *is served conventionally re, but could be hand-held*

en check about every 10 minutes. hen done, salmon flakes readily with fork in the thickest portion.

pporting fish with foil, slip onto a rge serving board or platter. To serve, t pieces of salmon from foil with spatula (the skin adheres to the foil). ccompany with soy butter sauce (rec- e follows), but add sparingly because is pungently flavored. Makes 10 to 12 rvings.

y Butter Sauce. In a small saucepan, elt ¾ cup (⅜ lb.) butter or marga- ne. Stir in 2 cloves minced or mashed rlic, 1½ tablespoons *each* soy sauce d dry mustard, ⅓ cup Sherry or reg- ar-strength chicken broth, and 3 ta- espoons catsup. Keep warm on the rbecue with the salmon. Makes 1½ ps.

Weekend sausage brunch

art the meal with juicy slices of melon; company the sausage muffin sand- ches with guava milk punch.

Honeydew Melon Slices
with Lime Wedges
Pork Sausage Muffin Sandwiches
Guava Milk Punch

hile sausage patties bake, cut and seed e melon; chill if desired. Have the gredients for the punch cold before ixing; refrigerate if made ahead.

uava Milk Punch. In a large bowl or ender jar, combine 2 cans (about 12- . size) guava nectar, 2 cold eggs, 1 cup ld milk, and ¼ cup cold lemon juice; at with a rotary beater or whirl until ooth. (You may need to whirl in 2 tches for small blender jars.) Refrig- ate until time to serve; just before rving, beat or whirl again. Makes 6 cup each) servings.

rk Sausage Muffin Sandwiches. Di- de 1½ pounds bulk pork sausage into qual portions and shape into ½-inch- ick patties. Place patties on a broiler pan or rack in a baking pan. Bake in a 425° oven for 30 minutes.

Split 6 English muffins and place cut side up on a baking sheet; bake the last 20 minutes with the meat or until toasted. Spread muffins with butter and keep warm. Peel and cut 1 large tomato into 6 slices.

To serve, place sausage patties on 6 of the English muffin halves, top each with a tomato slice, and sprinkle each with about 2 teaspoons grated Parmesan cheese; accompany with remaining muffin halves. Makes 6 servings.

Family chicken dinner

Chicken simmers unattended in a spicy tomato sauce as the entrée in this menu. Hot cornbread and mixed green salad accompany the chicken. Serve icy wedges of watermelon for dessert.

Chile Chicken Sauté
Hot Cornbread **Mixed Green Salad**
Watermelon Wedges
Milk **Iced Tea with Lemon**

About an hour before dinner, brown the chicken, then simmer in the sauce. Prepare cornbread from a package mix, or from your own recipe, or heat a package of frozen corn muffins.

Chile Chicken Sauté

- 1 large onion, thinly sliced
- 5 tablespoons butter or margarine
- 2 cloves garlic, minced or mashed
- 1 large broiler-fryer chicken (about 3 lb.), cut up
- ¼ cup all-purpose flour
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- 2 tablespoons brown sugar
- 1 tablespoon chile powder
- ¼ teaspoon cinnamon
- 1 green pepper, seeded and sliced in rings

In a large frying pan or Dutch oven, sauté onion in 2 tablespoons of the butter until limp; add the garlic and stir until very lightly browned. Transfer onion and garlic with a slotted spoon to a small bowl; set aside. Dredge chicken pieces in flour and shake off excess. Add remaining 3 tablespoons butter to the pan and brown chicken over medium heat. Remove chicken breast; set aside.

Drain tomatoes, reserving ¾ cup of the liquid. Coarsely chop tomatoes and add to chicken. Stir the brown sugar, chile powder, and cinnamon into reserved tomato liquid; pour over chicken. Return onion and garlic to pan. Turn heat to low, cover, and simmer until chicken is tender when pierced with a fork, about 20 minutes; add chicken breast the last 10 minutes.

Transfer chicken to a serving dish; keep warm. Add green pepper rings to pan. Turn heat to high and boil, stirring to reduce liquid by about one third; pour over chicken. Makes 4 servings.—*H. N., San Francisco.* □

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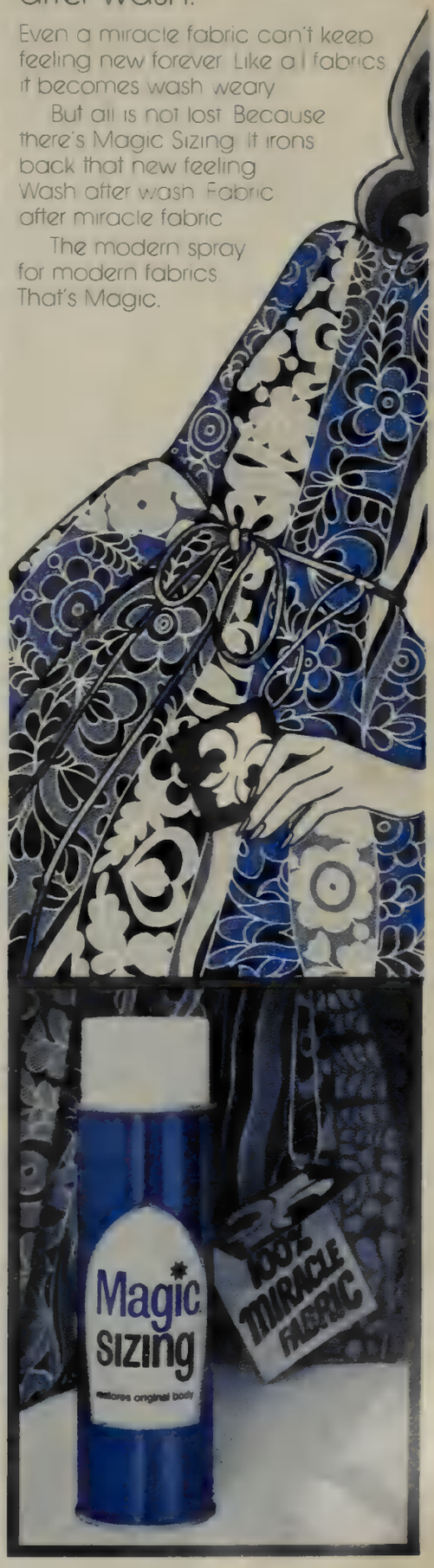

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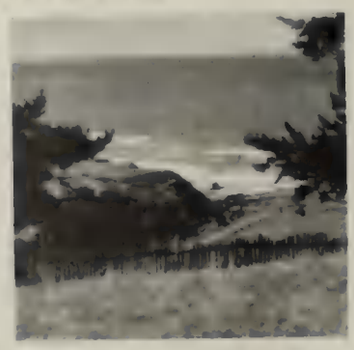

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Pamphlets on canning, freezing

In the article on how to can and freeze fruits that begins on page 60, we mention that you can write to other sources for additional information. Listed below are the pamphlets you may find useful.

Before you begin extensive projects on food preservation, you should peruse the following list and order the booklets that interest you—particularly if you want to try freezing or canning vegetables as well as fruits.

In many cases these pamphlets include helpful step-by-step pictures. Several of them have good selections of recipes for pickles, jams, jellies, relishes, and sauces for freezing or canning.

Freezing Foods At Home (Circular 500). University of California Agricultural Extension Service, Room 90, 2200 University Ave., Berkeley 93305; single copies free. Includes instructions for freezing meats, poultry, seafood, as well as fruits, vegetables.

Home Canning of Fruits and Vegetables (G-8). Office of Information, USDA, Washington, D.C. 20250; single copies are free. General reference booklet on canning.

Home Freezing of Fruits and Vegetables (G-10). Office of Information, USDA, Washington, D.C. 20250; single copies are free. General freezing reference booklet.

Jelly and Jam Jewels (HE Circular 318). University of Hawaii, Hawaii Cooperative Extension Service, Honolulu 9682[illegible]; single copies free. Uses tropical fruits to make jams and jellies that are canned or frozen.

Ball Blue Book of Canning and Freezing. Ball Brothers Company, 1509 Macedonia, Muncie, Ind. 47302; [illegible] cents. Includes recipes for jams, jellies, pickles, and preserves; it includes a convenient chart for diagnosing problems.

Kerr Home Canning and Freezing Book. Kerr Glass, Consumer Products Division, Box 97, Sand Springs, Okla. 7406[illegible]; 35 cents. Canning and freezing procedures and recipes; one section answers the most frequently asked questions on canning.

Home Pickling of Olives (Pub. HX[illegible] 29). University of California Agricultural Extension Service, Room 90, 22[illegible] University Ave., Berkeley 93305; single copies free. Covers home curing and canning of olives.

Who's going to clean out your medicine cabinet first?

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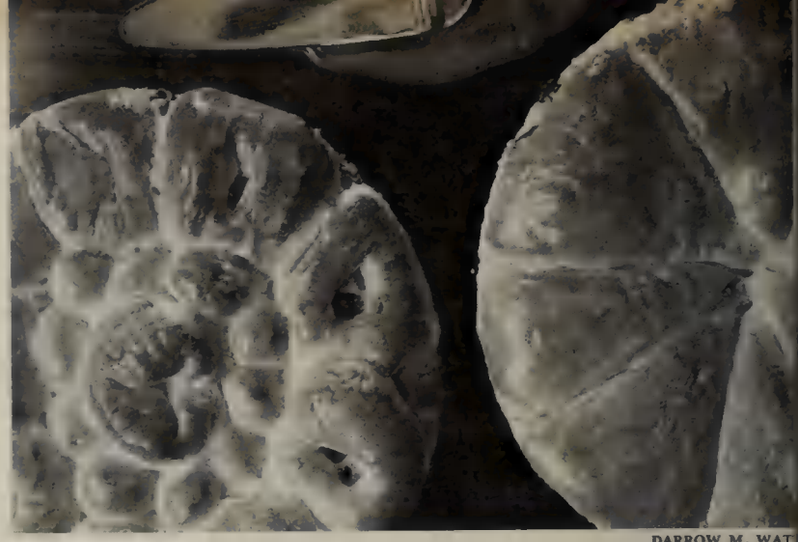

DARROW M. WAT

This handsome Milanese bread, torta rustica, suggests by its very name the ideal setting for its enjoyment: a savory tart appropriate for a country picnic. But it's equally good for a patio lunch.

Torta rustica is essentially a baked sandwich. Here you begin swiftly and simply with hot roll mix. The dough is layered into a 9-inch cake pan with a removable bottom and filled with one of several choice mixtures. Typically, the top is shaped in wedges as shown at right, but innovations such as the circles or the lattice defy no strong tradition.

Serve torta rustica hot, warm, cold, or reheated, cut in wedges to pick up and eat. Hearty soups or salads are ideal companions. The spinach and ricotta version goes well with thick minestrone or chicken salad; offer the sausage and tomato torta with split pea soup or a Caesar salad; and try the tuna and cheese variation with a creamy potato and leek soup and a platter of raw vegetables for munching.

Torta Rustica

1 package (13¾ oz.) hot yeast roll mix plus water and egg as specified on the box
1 filling (3 choices follow)
About 2 tablespoons beaten egg

Prepare hot roll mix dough as directed on the package. After the dough has risen, turn onto a lightly floured board and knead to expel air bubbles.

Divide dough in half; roll one portion on floured board into a 9-inch round. Fit dough in bottom of a greased 9 by 1½-inch layer cake pan with removable bottom. Cover evenly with filling (one of the three at right).

Shape the remaining portion of the dough in one of the following ways:

Lattice (far right): Roll dough into a 9-inch square and cut in strips about 1 inch wide. Weave the strips over the filling in a lattice pattern, tucking ends of dough down around filling at pan rim.

Wedges (above): Roll dough into a 9-inch round; cut into 8 pie-shaped wedges. Arrange wedges side by side on filling, with tips meeting in the center.

Circles (above): Roll dough into a 10-inch round. With a floured 2½-inch doughnut cutter cut 8 or 9 doughnuts; separate rings and center pieces. Gather scraps and reroll dough into a piece large enough to cut 3 or 4 more doughnuts, or a total of 10 to 12. Arrange all but one of the doughnut rings around the edge of the filling; place remaining doughnut ring in the middle, then fit the little round center pieces around the circle in the middle.

Lightly cover the shaped dough and set in a warm place until puffy looking, about 30 to 40 minutes. Uncover and gently brush top with the beaten egg.

Bake on the lowest rack of a 350° oven for 35 to 40 minutes or until bread is richly browned (the spinach and ricotta version is the most moist and requires maximum baking time).

Cool bread in pan on a wire rack for about 5 minutes, then remove pan rim. Serve warm, at room temperature, or cool, cover, and refrigerate to serve later. To reheat, wrap chilled bread in foil and bake in a 350° oven for 40 minutes (it takes as long to reheat as to bake). Cut in wedges. Makes 6 to 8 servings.

Spinach and Ricotta Filling. Wash and drain thoroughly enough fresh spinach leaves to make 1 cup, packed. Force leaves through medium blade of a food chopper (or mince very finely). Blend spinach with 1 cup ricotta cheese, ½ cup shredded Parmesan cheese, 1 egg yolk, ½ teaspoon garlic salt, and ⅛ teaspoon seasoned pepper.

Tuna and Cheese Filling. Thinly slice small onion, separate into rings, and place in a frying pan with 1 tablespoon olive oil. Add ¼ cup finely chopped red or green pepper and cook, stirring, until onion is lightly browned. Remove from heat and add 1 can (7 oz.) tuna, drained, ½ teaspoon salt, and ¼ teaspoon oregano; stir to break apart tuna. Distribute filling on dough as directed; cover with 1 cup shredded Fontina or jack cheese.

Sausage and Tomato Filling. Remove casing from ¾ pound Italian-style pork sausages and chop the meat coarsely. Cook until browned, stirring; remove from heat and spoon out and discard fat. Blend with meat ¼ cup finely chopped parsley and 2 tablespoons shredded Parmesan cheese. Distribute filling on dough as directed, then top with ½ cup well drained canned sliced baby tomatoes and 1 cup shredded Mozzarella cheese.

This country-style Italian sandwich completes a light, simple picnic

It's torta rustica

hree faces *of torta rustica conceal three choice fillings etween layers of golden dough: Beneath the circles, far left, a savory sausage mixture; hidden by the wedges, left, is a blend f tuna and cheese; and bursting through the lattice, below, is cotta tinted pale green by spinach. Cut in wedges to serve*

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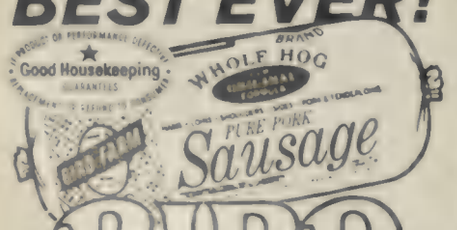

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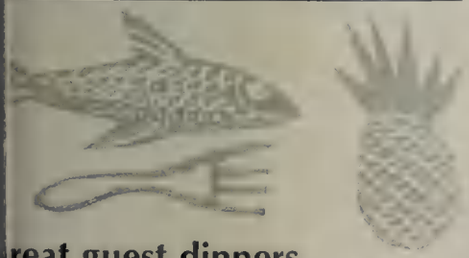

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ICE CREAM RECIPE OF THE MONTH

MATTY'S ORANGE PIE
1 9" baked pie shell
3 tbl. orange gelatin
juice of 2 small oranges
1 pt. Dreyer's vanilla ice cream
2 egg whites beaten stiff
½ pt. whipped cream

Dissolve 3 tbl. gelatin in heated juice. Cool. Fold in ice cream and egg whites. Fill in pie shell and put in refrigerator until firm. Frost with ½ pt. whipped cream.

Mrs. John W. Bauer
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DARROW M. WA

French wine sauce *with quartered mushroom and onions glazes plump meatballs on ri*

It's the sauce that makes the meatballs

For an easy dinner that can be prepared ahead of time, consider one of these fancy meatball dishes inspired by international classics. You shape the meatballs and prepare the sauce of your choice. Chill both until dinner; then quickly bake the meatballs, heat the sauce, and serve as directed with rice or noodles.

Baked Meatballs

In a bowl combine 1½ pounds lean ground beef (chuck or round), ⅓ cup *each* milk and fine dry bread crumbs, 2 teaspoons instant minced onion, 2 eggs, 1 teaspoon Worcestershire, ¼ teaspoon salt, and ⅛ teaspoon pepper. Mix together until blended; shape into balls using about 2 tablespoons mixture for each. Place on a greased rimmed baking sheet, cover, and chill well.

When ready to bake, place cold meatballs in a 500° oven for about 12 minutes, or until just slightly pink inside. Serve in one of the following ways:

Meatballs with Curry Sauce. In a frying pan, heat ¼ cup salad oil; add 1 medium-sized onion, sliced, 1 teaspoon curry powder, 1 teaspoon ground coriander, 1 clove garlic, minced or mashed, 1 stick whole cinnamon, 6 whole cloves, and ½ teaspoon ground cumin. Stir until onions are limp and translucent. Slowly blend ½ cup milk into 2 teaspoons cornstarch until smooth; then stir into onion mixture with 1 cup unflavored yogurt. Heat, stirring, until mixture boils and thickens. Discard the cloves, cover, and chill.

To serve, prepare rice for 4 servings according to package directions. Bake meatballs as directed and reheat sauce in pan. Arrange the rice on a serving platter, top with meatballs, and pour sauce evenly over all. Makes 4 servings. —*G. T., Canoga Park, Calif.*

Meatballs in French Wine Sauce. In a frying pan, melt ¼ cup butter or margarine and add ½ pound mushrooms, cut in quarters. Stir over medium heat until mushrooms are golden. Pour in ¾ cup water, sprinkle in 1 teaspoon beef stock base or 1 beef bouillon cube, and stir to dissolve. Then add ¾ cup dry red wine, 2 tablespoons catsup, 1 bay leaf, 1 can (8 oz.) tiny whole onions, drained, 1 clove garlic, minced or mashed. Slowly blend ¼ cup cold water into 4 teaspoons cornstarch; gradually stir into pan. Cook, stirring, until mixture boils and thickens. Cover and chill.

To serve, prepare enough rice for servings according to directions on th package. Bake meatballs as directed ar reheat sauce in pan.

Arrange the rice on a serving platte top with meatballs, and pour sauc evenly over all. Makes 4 servings.

Meatball Sauerbraten. In frying pa melt ¼ cup butter or margarine; ac 1 medium-sized onion, sliced, 2 mediun sized carrots, sliced thinly on the diag nal, and 1 bay leaf; stir until onions a limp and translucent. Then stir in 2 t blespoons brown sugar, 1 can (14 oz regular-strength beef broth, 6 tabl spoons lemon juice, ¼ cup raisins, ar ⅛ teaspoon ground ginger. Slowly bler ¼ cup cold water into 5 teaspoons cor starch; gradually stir into pan. Coo stirring constantly, until mixture boi and thickens. Cover and chill.

To serve, prepare egg noodles for servings according to package direction Bake meatballs as directed; reheat th sauce in pan.

Arrange noodles on platter, top wit meatballs, and pour sauce evenly ov all. Serves 4.—*M. L., San Jose.*

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1 cup BEST FOODS® Real Mayonnaise

Sprinkle gelatin over broth in small saucepan; soften. Dissolve over low heat. Remove and stir in Real Mayonnaise. Let stand 10 minutes. Spoon half of glaze over loaf to coat top and sides. Let stand 10 minutes. Spoon on remaining glaze to coat evenly. Immediately garnish as desired. Chill until ready to serve. Makes 12 (2/3 cup) servings.

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Chicken with apricot, avocado

A delicate pan sauce subtly blends th contrasting flavors of butter-browne chicken breasts, golden sweet-tart apr cots, and smooth green avocado in delightful entrée for a special meal.

The dish goes together quickly, pr vided all ingredients are assembled ar ready. You might prefer to brown th chicken a few hours ahead, however.

Allow time before serving to cook chick in Vermouth (this requires little atte tion); then rapidly reduce the pan juic with cream to make the sauce.

Chicken Breasts with Apricots

- 6 large whole chicken breasts (about 1 lb. each), split, boned, and skinned
- Salt and pepper
- ¼ teaspoon nutmeg
- 4 tablespoons butter or margarine
- 3 green onions, thinly sliced (include some of the green tops)
- ¼ cup dry Vermouth
- 1 cup whipping cream
- 12 ripe apricots, halved and pitted
- 2 tablespoons minced parsley
- 1 large ripe avocado
- About 1 tablespoon lemon juice

Sprinkle chicken lightly with salt, pe per, and the nutmeg. Melt butter in wide frying pan over medium high he and brown chicken on all sides wi out crowding pan. As the breasts a browned, remove them from pan. Wh the last breasts are browning stir t green onion into the pan. Return the chicken to the pan and pour in t Vermouth (at this point you can ch chicken in pan for several hours). Co and simmer until breasts are white in t center of the thickest portion (cut small gash to test). If each breast h is a large single piece, the chicken w take 8 to 10 minutes to cook; if ea breast half is divided into 2 smal pieces, the chicken will take only ab 3 minutes to cook. (If chilled, allow 1 2 additional minutes to heat through.

Lift chicken from pan, draining, a keep warm on a serving platter. A cream to frying pan and cook on hi est heat, stirring and scraping pan, u liquid is reduced about half and thi ens. Add apricots and parsley and co just to warm fruit, turning fruit in sau

Spoon apricots around chicken, and p sauce over chicken. Peel and slice a cado, drizzling lightly with lemon ju and arrange decoratively on chick serve at once. Makes 6 to 8 servings

C. S., East Palo Alto, Calif.

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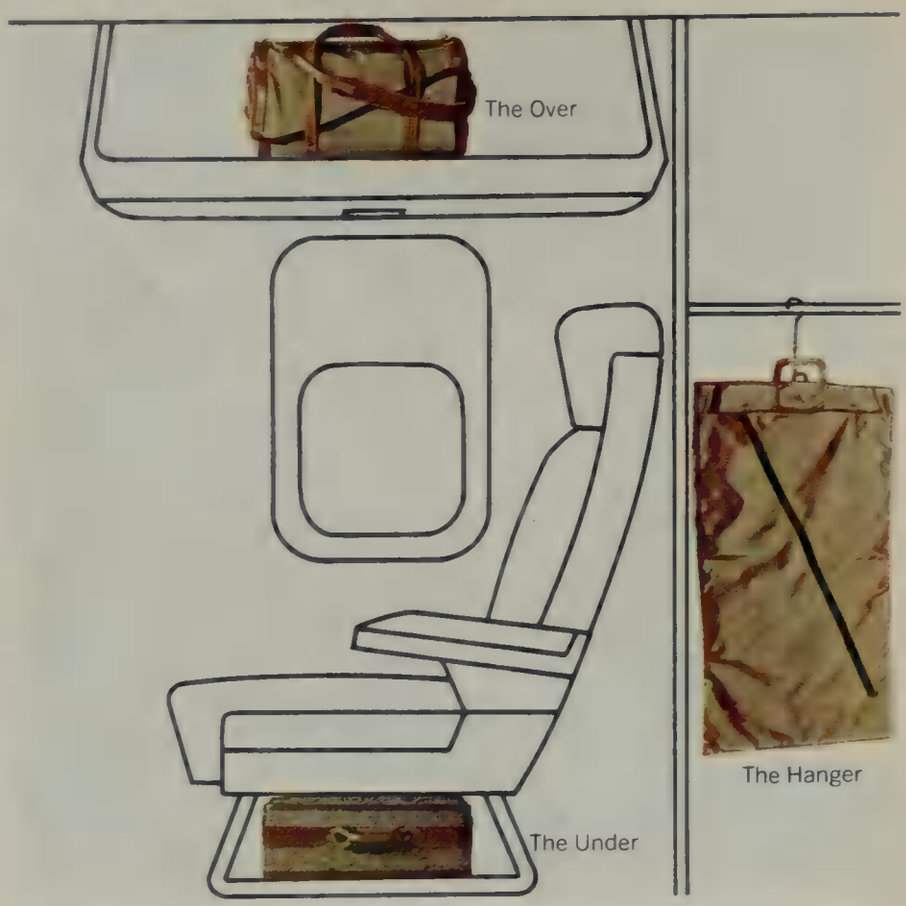

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Nut butters . . . great on vegetables

Peanut butter and butters made from other nuts are familiar as spreads or sandwich fillings. But it may surprise you to discover how readily their natural richness and creamy consistency can complement freshly cooked summer vegetables.

With a few simple additions you can quickly turn prepared nut butters made of peanuts, almonds, or cashews (the last two are most commonly available in health food stores) into subtly flavored sauces. You can make them up ahead and refrigerate. Then blend them with the vegetables suggested here.

Regular peanut butter is made from roasted peanuts. Usually almond and cashew butters are made from raw nuts, but occasionally these, too, are roasted before grinding. You may wish to substitute these for the raw nut butters in the following recipes. If the nut butter is not homogenized, stir well before using to blend in the oil that rises to the surface.

Plan to use 3 to 5 tablespoons of nut butter sauce to each 2 to 3 cups of hot cooked and drained vegetable.

A subtle fruit tartness accents this peanut butter sauce. It is particularly good mixed with cooked, drained spinach or lightly sautéed green cabbage. Bot vegetable dishes complement barbecue or roasted pork, or grilled ham steak.

Peanut Butter Sauce

- ½ cup chunk-style peanut butter
- 2 teaspoons instant toasted onion
- 4 teaspoons apricot jam
- ¼ teaspoon salt
- ¼ teaspoon grated lemon peel
- 6 slices crisply fried bacon (optional)

In a small bowl combine peanut butte onion, jam, salt, and lemon peel; m well. Crumble bacon, if used, and st in. Use within a few hours, or cover an refrigerate until needed, for as long one to two weeks. Spoon out desire amount and let come to room temper ture before using. Makes about ⅔ cup

The mild nuttiness of this creamy a mond sauce is surprisingly asserti when combined with cooked, draine peas, green beans, or summer squas Accompany any of these with broile chicken halves, Cornish game hens, barbecued or oven-roasted turkey.

Almond Butter Sauce

- ½ cup raw almond butter
- ½ cup sour cream
- 2 teaspoons honey
- ¼ teaspoon salt
- 1 teaspoon lemon juice

In a small bowl combine almond butte sour cream, honey, salt, and lemon juic Mix until well blended. Use within a fe hours or cover and refrigerate un needed, for as long as 8 to 10 day Spoon out desired amount and l come to room temperature before usin Makes about 1 cup.

The full-bodied flavor of cashew butt sauce balances with the earthy flavor butter-sautéed mushrooms to make elegant companion for broiled steak grilled beef patties. For another intrig ing combination, spread the sauce li butter on hot corn on the cob.

Cashew Butter Sauce

- ½ cup (¼ lb.) soft butter
- ⅔ cup raw cashew butter
- ¼ teaspoon salt

In a small bowl beat butter until cream add cashew butter and salt and beat u til well blended and smooth. Use with a few hours, or cover and refrigera until needed, for as long as one to tw weeks. Spoon out desired amount a let come to room temperature befo using. Makes about 1 cup.—*M. G., Pa Alto, Calif.*

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The one-pot (or no-pot) camp meal

amp cooking recipes and suggestions ave continued to pour in from readers esponding to our February request (see *amp cooking* on page 78 of the April 971 *Sunset*).

ere is a second report.

Iost camp cooks like to simplify meals. favorite technique is one-pot cooking; e main dish might be the meatball oup in a Dutch oven based on a dry oup mix and ground beef, a skillet meal ith ingredients added in sequence, or mply a packaged main dish from the ipermarket that just requires heating.

nother camping simplification is a meal at requires no utensils, such as the ork chop supper with apples baked in il and beans heated right in the opened n; or the sausage sandwiches with uerkraut. You might also cook a sa- ory vegetable mixture in a pan on the ill while the meat to accompany it owns over a cooler area of coals.

nd sometimes camp cooks just enjoy aking a treat like berry dumplings if kers chance upon bushes of ripe fruit.

he following recipes were tested on a ark grill. We specify the amount of fire temperature of coals and, when criti- l, grill heights. But since these condi- ons vary from park to park, you may ve to make adjustments. Consider e cooking times as only approximate ides and test the foods frequently to e if they're done.

eatballs poached in a soup mix will, turn, enrich the broth. For variations u might like to add up to 2 cups of t fresh vegetables such as carrots, cel- y, onions, or potatoes along with the eat. Accompany with wheat crackers buttered toast from the grill.

eatball Vegetable Soup

a 4 or 5-quart Dutch oven blend 1 velope (4 to 6-serving size) dehydrated getable soup mix and the amount of ater specified on the package. Cover d bring the soup to boiling over a isk fire.

end 1 pound lean ground beef with egg and ¼ cup fine dry bread crumbs r cracker crumbs). Form balls about inch in diameter and drop, as they are aped, into simmering soup.

eturn to boiling, then simmer, covered, r at least 20 minutes. The soup holds ell and leftovers are good reheated. emove from heat and skim any fat m surface before serving. Season to te with salt and pepper. Makes 3 to main-dish servings.

In this hearty one-dish meal, the potatoes and onions cook first with the sausages, then the eggs and seasonings are added. Sliced tomatoes complement this dish; consider it also for supper.

Skillet Brunch

Melt 2 tablespoons butter or margarine in a 10 or 12-inch heavy frying pan over medium fire. Add 1 large potato, peeled and cubed; 1 medium-sized onion, sliced; and 1 package (¾ lb.) smoked flavored sausages, sliced. Cook, turning frequently with a wide spatula, until potatoes are lightly browned and just tender enough to mash.

Pull pan to a cool area of grill; break in 8 to 10 eggs and add 1 to 2 teaspoons Worcestershire. Stir to blend whites and yolks well with vegetables, then return to heat and cook, stirring, until eggs are as set as you like. Makes 4 to 6 servings. —*J. P., Corte Madera, Calif.*

Pork chops grilled slowly acquire a smoked flavor; the surface develops the pink color typical of cured ham.

Pork Chop Supper

Place 4 loin pork chops (each cut 1 inch thick) on a grill 4 to 6 inches above medium hot coals (there should be no flames under meat); cook 15 to 20 minutes on each side or until meat shows no sign of pink color in the thickest

The mustard that can live by bread alone.

Let it be known that our delightful Grey Poupon® mustard is made from the original French Dijon recipe dating back to 1777. Before hot dogs were invented and mustard didn't have much more than bread to go on.

It also must be told that the original recipe had a touch of white wine in it.

And still does.

It's made with white wine.

portion (cut a gash near bone to test). Season with salt and pepper.

Rub a whole medium-sized Golden Delicious apples with butter or margarine; wrap each apple in a piece of heavy foil. After chops have cooked about 20 minutes, lay the apples right on the coals around the perimeter and turn occasionally. Cook until the apples give readily when squeezed (protect hand with a pot holder): about 20 minutes.

As soon as the apples are on the coals, open 1 can baked beans (1 lb. or 1 lb. 14 oz. size, depending on appetites) and set the can on a corner of the grill to warm; stir occasionally. Serve chops with apples and beans. Makes 4 servings.—*E. R., Half Moon Bay, Calif.*

Sauerkraut and a favorite grilled sausage are the elements of these hearty sandwiches. Mugs of soup, raw vegetables, and pickles balance out the menu.

Sausage Sandwiches

Open 1 can (1 lb.) sauerkraut and set on a corner of the grill to heat slightly. Place Polish sausage, knockwurst, frankfurters, or garlic sausages on the grill about 4 to 6 inches over medium hot coals and cook until browned on all sides and heated through.

While sausages are browning, lay split, buttered rectangular French rolls or hamburger buns on grill, buttered sides down, to heat and toast lightly.

With a fork, lift some of the sauerkraut from the can, draining it, and place on a roll; top with a sausage (cutting large sausages in half lengthwise) and spread with mustard if desired.

Allow 1 or 2 sausages and 1 or 2 rolls for each serving, and 1 can of sauer kraut for 4 to 6 sandwiches.—*B. B Menlo Park, Calif.*

Frankfurter Sausage Sandwiches. Fo each sandwich, place 3 frankfurters sid by side and spindle together with a thi wooden skewer at each end. Grill as d rected at left for Sausage Sandwiche also toast a split buttered roll an heat sauerkraut. When frankfurters ar browned lightly on one side, turn an lay a slice of processed American chees on the meat. When the cheese begin to melt, transfer frankfurters to toaste roll, pull out skewers, and top with sau erkraut and mustard.

Carrots give potatoes an unexpected rich flavor; the green pepper adds i special zest, plus a fresh touch of colo Serve this dish with any grilled meat.

Vegetable Medley

Melt 3 or 4 tablespoons butter, marg rine, or bacon drippings in a 4 or quart Dutch oven. Chop 1 large onio peel and dice 4 medium-sized potatoe and thinly slice 3 carrots. Add veget bles to Dutch oven. Cover and coo over a medium fire, stirring occasional with a wide spatula to free any brow ing particles.

When potatoes are just tender enou to mash, mix in 1 large green peppe seeded and chopped. Cover and coo about 5 minutes longer to blend flavor total cooking time should be 30 to minutes. Stir in about 1 more tablespoo butter when serving and season to tas with salt and pepper. Makes 4 serving —*D. A., San Francisco.*

Quickly-made biscuit mix dumplin steam in simmering berry sauce. Eith gather wild berries or buy some at local stand.

Berry Dumplings

Wash and drain 4 to 6 cups berri (blueberries, blackberries, or raspbe ries) and place in a 4 to 5-quart Dut oven, crushing fruit slightly with a hea spoon to release some of the juices. S in 3 tablespoons lemon juice. Mix tablespoon cornstarch with 2 to 3 tab spoons sugar and 1 tablespoon wat and stir into fruit. Bring to a boil, st ring; cook until slightly thickened. A sugar to taste if needed.

Blend 2 cups prepared biscuit mix wi 2 tablespoons sugar and ½ teaspoo cinnamon; then stir in ⅔ cup milk moisten evenly.

Drop batter by tablespoonfuls into t simmering fruit. Cover and simmer ov a low fire for about 20 minutes or un dumplings are dry and light in the ce ters; cut into one to test. Serve w heavy cream. Makes 6 to 8 servings. *C. S., Covina, Calif.*

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People used to leave greens to the cows. But now the lettuce arrives dressed for dinner

Chefs of the West

ie Art of Cooking . . . by men . . . for men

Mention salad and one's first thought is lettuce. In fact the French word—*salade*—is often used to mean lettuce. The lettuce never has to stand alone, though. It arrives dressed with oil and vinegar, or mayonnaise, or cream, or whatever strikes one's fancy at the moment.

Such was not always the case. The root of the word is *sal*, Latin for salt. Salad simply means "salted."

The reason is simple enough. Until not too long ago, people who had a choice left the greens to the cows and dined on meat. The description of a dinner as late as Dickens' day runs from fish to fowl to boiled meat to roast meat, and if salad is mentioned it's more likely to be lobster than lettuce.

The very poor, who had no choice, picked greens from the fields and tried to make them more palatable with a touch of salt. Even the salt seems to have come late. The French learned about it from the Italians in the Middle Ages, and with the idea they took the word.

These are brighter times, and in the summer heat a properly dressed salad is delicious. Robert G. Wagner of San Francisco attires his greens in a mixture redolent of curry and piquant with mustard and pepper sauce. The change in attitude from Dante's day to our own shows up very clearly when Mr. Wagner says, "Here in California we are

lucky to have the most lettuce in season throughout the year."

Curried Artichoke Salad

- [illegible] mayonnaise
- 1 [illegible] teaspoon capers, drained
- 1 [illegible] clove garlic, minced or mashed
- 1 teaspoon curry powder
- ¼ teaspoon Worcestershire
- Dash liquid hot pepper seasoning
- ½ teaspoon dry mustard
- 1 [illegible] oz. marinated artichoke hearts, drained
- 2 quarts spinach leaves, romaine, or endive (or a combination of the three) washed, drained, and chilled

Blend mayonnaise, capers, garlic, curry, Worcestershire, hot pepper seasoning, and mustard. Chill for 1 hour or more. At serving time, cut artichoke hearts into small pieces and blend with the greens, torn into bite-sized pieces, in a salad bowl. Add dressing and toss to coat greens evenly. Makes 4 servings.

Robert G. Wagner

San Francisco

Chef Earl A. Knie begins by saying, "This salad will please all those who, like me, love almost anything with avocado in it."

"Insists on hot buttered French bread"

Here the avocado is mashed to form a part of the dressing, so those who like to taste whole creamy morsels should buy one or two extra avocados to spoon in among the lettuce leaves. *Chef* Knie insists on hot buttered French bread with his creation, and feels that this is the perfect introduction for a barbecued steak dinner.

Tossed Green Salad Knie

- 1 large ripe avocado, peeled and seeded
- 1 tablespoon *each* lemon juice and vinegar
- ½ teaspoon salt
- ¾ teaspoon sugar
- 1 tablespoon grated onion
- 1 clove garlic, minced or mashed
- 1 cup sour cream
- 2 tablespoons grated Parmesan cheese
- 1½ quarts iceberg lettuce, torn into bite-sized pieces
- 3 cups romaine, torn into bite-sized pieces
- 6 green onions, sliced thin
- 1½ cups garlic flavored croutons
- 3 hard-cooked eggs, coarsely chopped
- Fresh-ground pepper

Mash the avocado with a fork. Mix in the lemon juice, vinegar, salt, sugar, onion, and garlic. Then stir in the sour cream and Parmesan. Allow to stand in refrigerator several hours or overnight. To serve, combine iceberg and romaine lettuce in a salad bowl, together with green onions, and croutons. Pour on dressing and toss to blend; then sprinkle in chopped egg, and grind on some pepper. Makes about 6 servings.

Earl A. Knie

Oceanside, Calif.

"We look forward to cooking a turkey as much for this sandwich as for the original meal," says *Chef* Chuck Rossie. "It may change one's entire attitude toward the noble carcass in the icebox."

"Done in by the sauerkraut"

And so it may. This combination is surprising in that one would expect the mild turkey flavor to be done in by the sauerkraut and bacon. Instead, the flavors blend without killing each other. Don't make the mistake of piling on the sauerkraut to create a sort of turkey Reuben. A thin layer is all that's needed.

Chef Rossie likes this on white bread, but a dark bread would be good, too.

Turkey With

- 2 slices bread
- Mayonnaise
- 2 large slices light or dark turkey
- 2 slices bacon, cooked until crisp
- About ¼ cup sauerkraut, drained

Toast bread or not, as you wish; spread with a generous quantity of mayonnaise.

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ACE

Layer on turkey, bacon, and sauerkrau
Makes 1 sandwich.

Chuck Ro

Carmichael, Calif.

If a Chinese cook somewhere in th South Seas came across a zucchini, wh might he do with it?

He would almost certainly not cook up with tomatoes, garlic, and chees Nor would he boil it into translucen nothingness, as the English do with the vegetable marrow.

"Chinese and Japanese do to perfection"

He might very well try it in a vegetab custard, a fine old dish that both Chine and Japanese cooks do to perfection. A least, that is the opinion of *Chef* Robe Hill, who herewith directs us in prepa ing that mixture.

Zucchini Ginger Custard

- 1 tablespoon salad oil
- 2 cups thinly sliced zucchini (about 3 medium-sized squash)
- ¼ cup finely chopped green onion
- 1 teaspoon salt
- 2 cups milk
- 2 teaspoons grated fresh ginger or ½ teaspoon ground ginger
- 4 eggs, well beaten

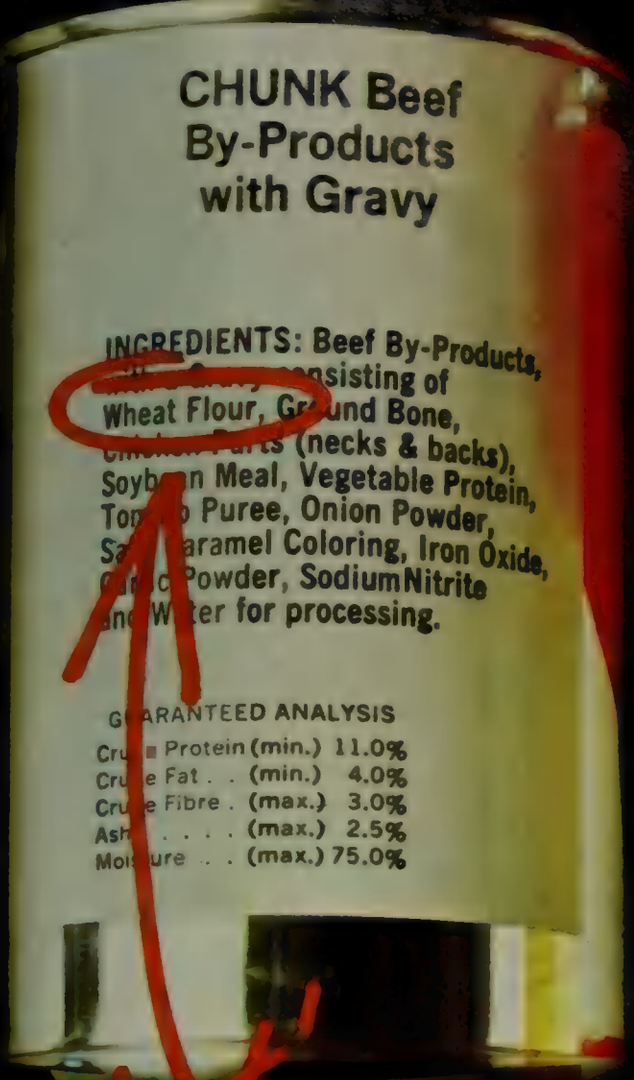
Heat oil in a frying pan over mediu heat. Add zucchini and onion and s until onion is translucent. Do not brow Transfer to a small shallow baking dis about 5 to 6-cup size.

In a saucepan mix salt, milk, and ginge Heat until small bubbles form arou rim, stirring occasionally. Slowly ble hot milk into beaten egg; pour ov zucchini. Set baking dish in a pan hot tap water in the oven; bake at 35 until set, about 35 minutes. Serve i mediately. Makes about 4 servings.

Robert R. Hill

Tacoma

Yours?



That's cereal!

Ours.

(Read the labels.)

ALPO means more meat— and a complete and balanced diet. Without a speck of cereal.

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THE

Western Kitchen

NEWS AND IDEAS

New food freshener

When humid summer weather turns cookies, crackers, and cereal products limp and soggy, a new electrical food freshener may be of help.

The appliance operates on the principle of dehumidification: Fresh foods in the crisper box retain their crispness; limp, soggy foods are rejuvenated and then kept crisp.

Two small models are available: one for home and one for boat, camper, or car. They are about 11 by 11 by 18 inches and cost about $25 each.

DARROW M. WATT

Hidden planning center

To make a planning center that can be closed off, architect George Cody built a special closet into the Henry Riggs kitchen in Palo Alto, California. Overhead shelves hold directories, cook books, and odd-sized accessories.

RICHARD FISH

Trash bin niche

Beneath the kitchen island, architect Paul McKim of San Diego created space for a trash bin. The niche is deep enough for the container to slide completely under the island so it's hidden from view. When needed, it's pulled out; waste is either swept off the counter top or dropped in.

A. SALBOSA

From hall to kitchen

This pass-through provides a very useful link between a beverage center in a hallway (you see its glass storage above the counter in the photograph above) and the kitchen on the other side of the counter. Sliding doors close off the opening on the kitchen side; taller louvered doors pull across the whole center on the hall side when it's not in use.

Architect Gordon Potter designed pass-through for Mr. and Mrs. F Rohlfing of Honolulu.

Bulletin on fibers and fabrics

Today's fibers, fabrics, and finishes o many choices, and the variety can confusing.

To help you understand new texti the National Bureau of Standards published a new bulletin that descri the properties, care, and uses (cloth and household) of each of 20 natu and manmade fibers.

It includes a glossary of trademarl names with the equivalent generic na for each.

If you're looking for new carpeting the kitchen or elsewhere, you may w to study the advantages and disadv tages of the appropriate fibers.

For instance:

Nylon is strong and resistant to mild moths, and abrasion; however, it's n absorbent and shows little resistance sunlight. *Olefin*, popular for indoor-c door carpet, is resistant to weather, s light, mildew, and chemicals, but difficult to dye. *Saran*, another indo outdoor fiber, is resistant to most ments but heat; it is difficult to wash

To obtain a copy of this up-to-d bulletin, send 65 cents to the Supe tendent of Documents, U.S. Gove ment Printing Office, Washington, D 20402; request NBS Consumer In mation Series 1: *Fibers and Fabrics.*

Colors wilt in hot water.

They won't in cold water.

Today, shrinking, color fading and fabric wear in hot water an be stopped with Cold Power and cold vater. Cold Power is specially formulated o do all your wash in cold water... and the nly thing that will shrink is your hot vater bill.

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KIKKOMAN *Glorifies Flavor*

Yours to enjoy! The fun flavor of Hawaii captured in a bottle. Kikkoman brings a new and wonderful taste sensation to all America --the festive teriyaki way with chicken, steaks, chops, hamburger, roasts and fish. Use directly from the bottle as a marinade, baste and meat sauce.

Delicious escape from the ordinary! *Creative cooks relish the "new idea" inspirations subtle, zesty Kikkoman Hawaiian teriyaki sauce brings their menus. A mere dash or two does it...* **Marvelous!**

DARROW M. W

Drifts *of sifted powdered sugar top blueberries baked in fluted torte pan*

Blueberries baked in a torte

Fresh blueberries are baked on top o tender crust, then sweetened with po dered sugar for this simple sumn dessert. The cookylike crust also co plements other juicy berries, such raspberries or boysenberries.

An 11-inch torte pan with remova bottom is best, but you can also us 9-inch cake pan with a removable b tom. The crust will be slightly thic in the smaller pan and it may take o 4 cups of berries to fill it.

Blueberry Torte

- 4 to 5 cups fresh blueberries (or raspberries or boysenberries)
- 1½ cups regular all-purpose flour (unsifted)
- ¼ teaspoon baking powder
- ¼ teaspoon salt
- ½ cup (¼ lb.) soft butter or margarine
- 1 egg
- ⅓ cup sugar
- 2 tablespoons regular all-purpose flour
- About ¼ cup powdered sugar

Wash berries and allow to drain th oughly. In a bowl combine the 1½ c flour, baking powder, salt, butter, e and sugar. With your hands, work mixture until it is of uniform textu then shape into a ball. Press the dou evenly along sides and bottom of greased 11-inch torte pan or 9-inch c pan with removable bottom. Gently the 2 tablespoons flour into berries a pour into the crust. Bake in a 350° o for about 50 minutes, or until crus lightly browned. Cool on a rack until bottom of the pan is cool enough touch, then remove sides of pan. S powdered sugar over the top bef serving. Cut into wedges and se warm. Makes 6 to 8 servings.—*M. Walnut Creek, Calif.*

When you buy some Cracker Barrel Brand Cheddar, you ought to know what you're getting.

Cheddar is one of the most tradi-
n-filled cheeses ever to come out of
gland. The ploughman's lunch—
ved in the pubs—is just one of the
scribed uses. It consists of a cut of
ddar, a hunk of bread, a tankard of
. Happily, most of the traditions

Serve cheddar at room temperature.

rounding cheddar fall in this casual
egory.

What occasions deserve cheddar
this country? Most connoisseurs agree that cheddar is an informal, "warm" cheese. Serve it with rye bread, sweet peppers and slices of salami after football games. Or cut in cubes in a big tossed salad. Or with pie or fruit after a quiet dinner. Because it is a full, robust cheese, it goes well with informal beverages—beer, wine, coffee and soft drinks. A good cheddar never forgets it originated in the hum-

Cheddar should not be sliced until just before serving

ble cottages of midland England.

Like the English variety, Cracker Barrel Brand from Kraft attains, and maintains, a uniform high quality—from coast to coast. The flavor and texture are checked by an actual cheesemaster. (It is also classified into Sharp, Extra Sharp, Mellow and Mild to satisfy all regional tastes.)

Serve fine cheddar in a stick, block, half-moon or wheel, and let everyone cut his own. Set out crackers, ham cubes and pickles for do-it-yourself appetizers. Store cheddar in the refrigerator. A rule to remember is: Keep air out, moisture in. It's a hard cheese and keeps a long time. (One reason the Pilgrims liked it so much.) If some mold forms, just cut it off. It

Cheddar was a favored protein food, often replacing the meat or egg course.

doesn't hurt the rest of the cheese at all. You can freeze it if you wrap it tightly in small quantities. Thaw it slowly, in the refrigerator, to retain its freshness and moistness.

Actually, the most important guideline to follow in serving Cracker Barrel is: do it. The good Englishwoman put it succinctly: "We don't talk about our cheddar, we eats it."

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FLAV-R-PAC
Seashore Salad
Fresh as a sea breeze
FLAV-R-PAC Asparagus Spears . . .
one package
FLAV-R-PAC Green Beans . . . one
package, one and one-half cups from
pouch bag defrosted, or one can.
lb. crab
one cup large pitted olives
two tomatoes sliced
Your favorite dressing and seasonings
Lettuce
Cook Asparagus and Green Beans according to package or can directions. Mix Asparagus, Beans, olives and crab. Season and toss with your favorite dressing. Place in bowl lined with lettuce ringed with tomato slices. Serves six.
YOU'LL SEE THIS U.S.D.A. FANCY SHIELD ON FLAV-R-PAC
FLAV-R-PAC GREEN BEANS
KEEP FROZEN
FLAV-R-PAC Cut GREEN BEANS
FLAV-R-PAC GREEN BEANS
FLAV-R-PAC ASPARAGUS SPEARS
NORTH PACIFIC CANNERS & PACKERS, INC. Portland, Oregon 97202

Easy salads . . . with meat rom the icebox or delicatessen

DARROW M. WATT

Leftover lamb *and potatoes make this entrée salad*

e **entrée salads** are designed to use s that you may have on hand or can ılready cooked at a market or delisen.

salads all use small, new potatoes; cook evenly and keep their shape when cut. Dress the potatoes while o the seasonings will penetrate.

ach cup of diced or sliced cooked oes in these recipes, you'll need to about ½ pound of potatoes. The salad offers distinctive contrasts: ınt Spanish-style olives and mellow ; smooth potatoes and crisp ro-e. The second salad can be served o ways: spooned onto lettuce leaves t with a fork, or scooped into the s to hold and eat (ideal for picnics alk-around parties). The last salad freshing combination of cold poulnd potatoes with a mint and curry ing.

ı and Potato Salad

2 cups sliced, hot, cooked potatoes
Tarragon dressing (recipe follows)
2 cups cubed cooked lean lamb (or beef)
cup thinly sliced green onion with some of the tops
head romaine, torn into bite-sized pieces (about 1 qt.)
Salt

he potatoes in a salad bowl and vith the dressing. Gently stir in the and onions. Cover and refrigerate t least 1 hour or as long as over- Just before serving mix in the ine until each piece is coated with ıng. Salt to taste. Serve at once. s 4 to 6 servings.

gon Dressing. In a small bowl 1 clove garlic in a mixture of 3 poons *each* olive oil and salad oil; ve garlic and discard. Stir in 2 poons tarragon vinegar or wine ar, ½ teaspoon salt, ⅛ teaspoon r, ¾ teaspoon dry mustard, and ıp salad-style Spanish olives with nto, drained and sliced.

Picnic Ham and Potato Salad

3 cups finely diced, hot, cooked potatoes
Horseradish dressing (recipe follows)
2½ cups finely diced, fully cooked lean ham
1 cup coarsely chopped celery
½ cup thinly sliced green onion with some of the tops
¼ cup *each* finely chopped parsley and dill pickle
About 30 small inner leaves of romaine

Put the potatoes in a large bowl and mix with the dressing. Gently stir in the ham, celery, onion, parsley, and dill pickle. Cover and refrigerate at least 1 hour or as long as overnight. To serve, arrange the romaine leaves around the edges of a platter; mound salad in the center. If you wish, scoop salad with leaves and eat out of hand. Makes 4 to 6 servings.

Horseradish Dressing. Blend ½ cup *each* mayonnaise and sour cream, ¼ teaspoon pepper, ¾ teaspoon dry mustard, 2 teaspoons prepared horseradish, and 2 tablespoons lemon juice.

Curried Turkey and Potato Salad

3 cups diced, hot, cooked potatoes
Curry dressing (recipe follows)
3 cups cubed cooked turkey or chicken
1½ cups thinly sliced celery
¼ cup thinly sliced green onion with some of the tops
2 hard-cooked eggs, coarsely chopped
2 tablespoons finely chopped fresh mint or parsley
Lettuce leaves
Thinly sliced green pepper rings

Put the potatoes in a salad bowl and mix with the dressing. Gently stir in the turkey, celery, onion, eggs, and mint. Cover and refrigerate at least 1 hour or as long as overnight. To serve, garnish with the lettuce and green pepper. Serves 4 to 6.—*H. L. N., San Francisco.*

Curry Dressing. In a small bowl blend ¾ cup mayonnaise, ½ teaspoon salt, ⅛ teaspoon pepper, 1 teaspoon *each* curry powder and brown mustard, and 2 tablespoons *each* sweet pickle relish and white wine vinegar. □

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Refrigerated, fresh, ready-to-serve Avocado Dips & Dressings.

AVOCADO DRESSINGS in 10 oz. and 16 oz. jars.

DIPS come in four flavors: **French Onion, Bacon (flavored). Mexican Style Hot,** and **Mild Avocado Dips.**

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(If your market doesn't stock Sunset Calavo Avocado Dips and Dressings write to us and we'll pass the information on to your grocer.)

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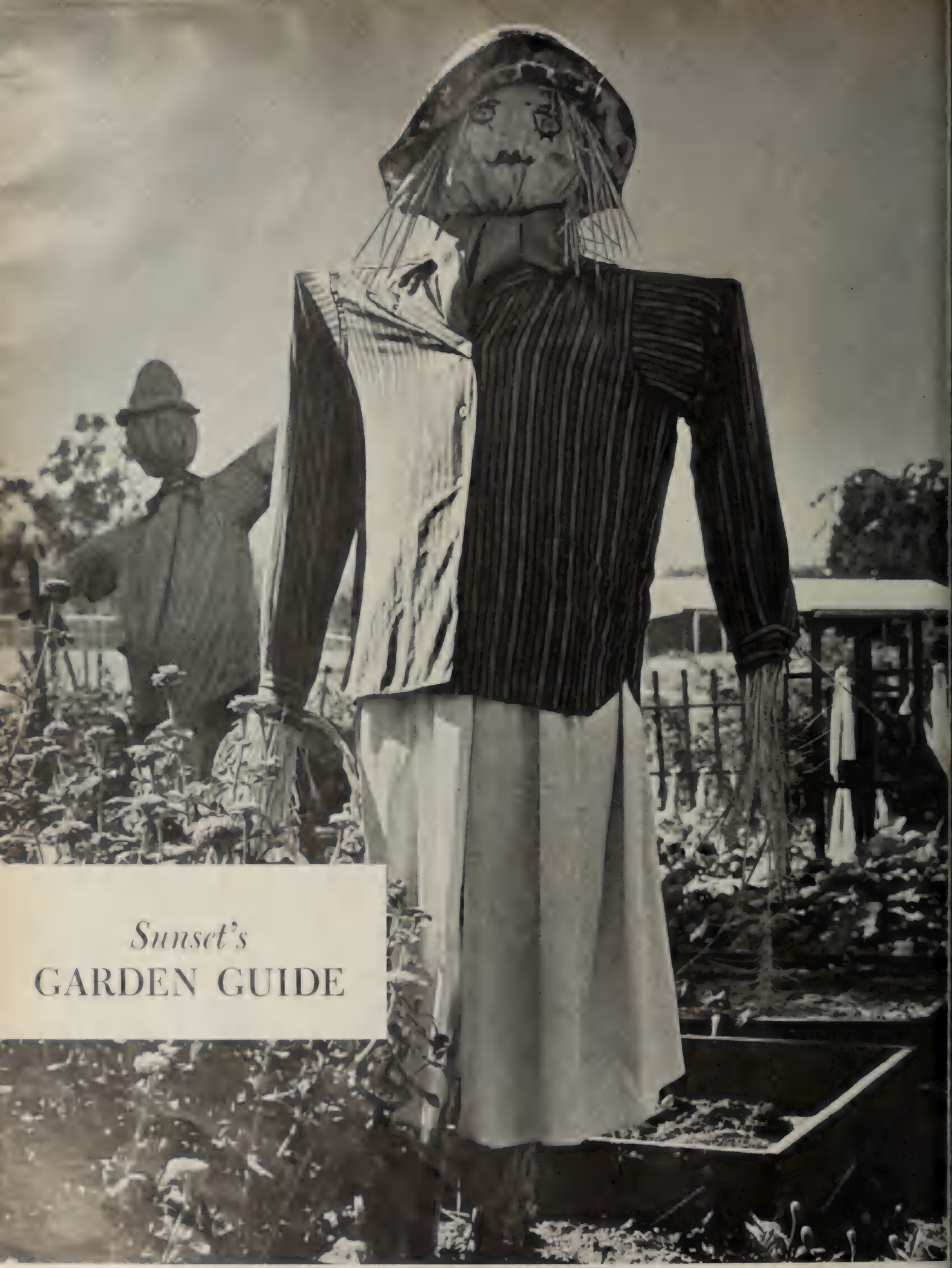


Sunset's
GARDEN GUIDE

Mrs. Scarecrow on guard

DON NORMARK
Sunset's first woman scarecrow (the fellow in the background is probably her husband) guards ripening vegetables in the John McMann garden in Sonoma. Zinnias in foreground don't help keep pests away but they look nice

JLY IN YOUR GARDEN:

Long evenings, summer weather, but you do have to water

: **kids** are home from school, eve-
gs are warm and long enough to bar-
ue and eat outside, and you'll still
e time for a game of badminton on
lawn afterwards. In short, it's sum-
', and Westerners have moved out
the garden.

ou did all your planting in April or
y your garden should be looking
d by now—bright with annuals in
ie spots and cool and green in others;
ood backdrop for your summer ac-
ies. If you haven't planted anything
there are still a few things you can
into the ground, and they're noted
ur Check List along with a few other
mer chores. But the big job that oc-
onally will take you away from
mer fun is watering. Watering is the
ll price Westerners pay for all their
ny summer weather.

w to water thoroughly

ight, casual sprinkling has its place
he garden—washing foliage clean,
ling dust, cooling plants, and satisfy-
the urge to get everything wet on a
m day. But it doesn't take the place
good thorough soaking.

st plants send roots deep into the
, at least 1 or 2 feet down, and that's
re the water has to get. Let the water
slowly so it can soak into the
und. Watering basins or berms
nd areas to be watered help hold
water in one place while it slowly
s into the soil.

tering by the slow soaking method
ires you of getting water deep into
soil. Using this technique you
uldn't have to water as often, maybe
every week or two in average
ther.

should let the soil almost dry out
ween waterings. This lets air move
n to the roots (roots can suffocate
ey are constantly surrounded by sat-
ed soil). To tell how moist the soil
oke a stick or trowel into the soil
find out where the moisture is.
't be fooled by 1 or 2 inches of
soil surface; there may be adequate
sture down at the roots.

Can they get much simpler?

Hardly a month goes by that someone doesn't come up with a simpler compost bin. One of the first that *Sunset* reported 20 years ago was a massive and permanent concrete bin. The latest, in the sketch to the right, is just a stack of interlocking 1 by 12-inch boards that fit together log cabin - style. Cedar or redwood planks resist decay best.

Fulton Burnett of San Mateo built it so the stacking units aren't fastened together, allowing them to be taken apart. To turn the pile for better aeration, lift off one or more of the units, stir the pile, restack them, and shovel any compost that fell out back into the bin.

Cactus and succulent nurseries in the Bay Area

Most nurseries carry only a small stock of cactus and succulents and if you wander from nursery to nursery you'll probably find the same selection at all of them. However, several nurseries specialize in cactus and succulents in the San Francisco Bay Area.

In the South Bay: Northsides Cactus and Succulent Nursery at 3648 N. First St. in the north end of San Jose. Cactus Mac's Nursery where Whitman Street deadends at Tennyson Road, Hayward.

In the North Bay: Lila's Succulent Nursery at 4 Altena St. near the Sir Francis Drake Boulevard exit from U.S. Highway 101 in San Rafael.

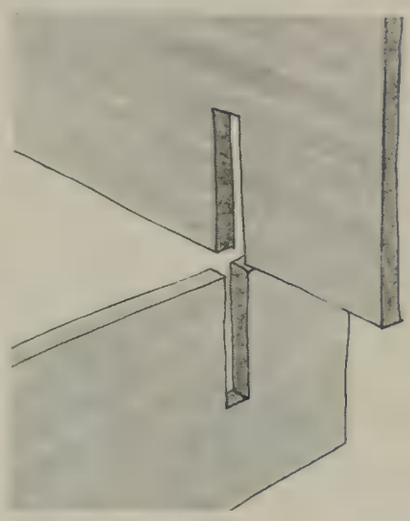
What to do with all those cots

When the subdivisions engulfed the old apricot orchards in the Santa Clara Valley, a lot of people inherited apricot trees that tended to ripen their fruit all at once. It's impossible to eat the whole crop, but you can store some of the excess by canning (see story on page 60) or you can dry them. Drying reduces the size and weight to about one-fifth so you can stash away quite a few.

You'll need fully ripe apricots, some clean trays (used 3 by 8-foot trays from growers, 1 by 2-foot wooden plant flats, or build your own), a big box or something that will cover all the trays when they're stacked, a coffee can, and some pure sulfur from a drugstore.

Halve the apricots by pulling or cutting them apart, remove pits, and place cots cavity side up on trays in a single layer.

Dig a hole in the ground big enough to hold the coffee can with the sulfur in it



Log cabin - style *compost bin is the simplest we've seen*

(1 teaspoon for a pound of cots: a 3 by 8-foot tray holds about 60 pounds, a 1 by 2 about 5 pounds). Stack the trays so that the bottom one is at least 8 inches above the can; start the sulfur smoldering with a match, and cover the trays with a large box or with a plastic drop cloth.

Leave the apricot halves in with the sulfur for 2 to 5 hours until they look cooked; then uncover and set out in the sun to dry.

Depending on the weather, it will take from 1 to 10 days for the apricots to dry; they'll be soft and pliable but not wet when cut. When they're dry, put all the apricots in a large bin and let them sit for a few weeks in a cool place. Then they're ready to eat or store away.

Do you need to sulfur?

Sulfur does several beneficial things to dried apricots. It helps retain their natural orange color, acts as a preservative

Sunset's GARDEN GUIDE

High-wheel *cultivato in action makes planting and irrigating furrows. Five-prong weeder attachment, below*

while fruit is drying, speeds up drying time, and helps retain vitamin C.

It's a lot easier not to sulfur; all you do is halve the apricots and let them dry in the sun. The result? They shrivel up into chewy little dark brown masses that don't look too appetizing. But they still taste as good as (some think better than) the sulfured apricots, and they seem to last as well through the winter.

"The Spring Frame Hand Garden High-Wheel Cultivator"

Around the turn of the century there were hundreds of variations of the wheel cultivator, including the high-wheel cultivator (see photograph above) that has survived into the 1970's. You can use it in large vegetable gardens that are planted in rows.

You push the cultivator down between the rows. It works much like a horse-drawn plow, only there's a big wheel approximately where the horse should be. The weeder or scraper blades cut weed roots below the surface, killing them, and loosening the soil, forming a dust mulch. There are five removable blades on the weeder. With all five blades attached you can cultivate flat areas between plants; or remove the two outer blades and cultivate irrigation furrows.

There are several other attachments for the wheel cultivator: a reversible shovel that mounds dirt to either side, forming furrows for irrigation or sowing seed, and a turn plow that flips soil upside-down or makes deeper furrows than the shovel attachment. These two attachments work only in well prepared soil; they don't replace a rotary tiller or spading in hard soil.

If you have an older wheel cultivator you may have another attachment, a large lister, which is a big version of the reversible shovel. If you have this attachment, consider yourself lucky, since it makes large, deep, and handsome furrows—perfect for Western irrigation.

Montgomery Ward and Sears, Roebuck and Co. still sell the high-wheel cultivator through their mail-order farm and garden catalogs for about $16.

Two shade plant shows

San Leandro. July 17. San Loren Fuchsia Society show. Place: Gard Terrace, Macy's Bay Fair Shoppi Center, E. 14th St. and 155th Av Hours: 10 A.M. to 5 P.M. Free.

Sacramento. July 17 and 18. Begon and shade plant show presented by t Sacramento branch of the American B gonia Society. Place: Sacramento Ga den and Art Center, 3330 McKinl Blvd. Hours: 2 to 8 P.M. Saturday; A.M. to 6 P.M. Sunday. Free.

JULY CHECK LIST: *Here's what needs doing*

☐ **Annuals.** In July you can still plant cockscomb, cosmos, marigold, morning glory, nasturtium, portulaca, vinca (see page 88 in the June *Sunset*), and zinnia from flats. Water transplants in thoroughly and protect from sun.

☐ **Compost.** Keep the compost pile damp and turn it frequently to keep flies from breeding. This is very important with lawn clippings, which tend to pack down and become ideal for fly breeding.

☐ **Container plants.** They need special attention in watering and feeding. You may have to water once or twice a day and feed every week or so to keep them healthy.

☐ **Feeding.** In July you don't have to feed plants heavily. Established annuals will need feeding with a complete fertilizer, as will vegetables.

☐ **Lawns.** Mostly they need thorough watering—once a week, or more often if the weather is particularly warm.

☐ **Mulches.** Plants that aren't especially fond of hot weather, like rhododendrons or azaleas, will cherish a deep (up to 3-inch) mulch. Other plants will benefit from lighter mulches that will conserve moisture and inhibit weed seed germination.

☐ **Vegetables.** In the Central Valley you can set out transplants of broccoli and cauliflower; sow carrots, radishes, and spinach for fall harvest. In the Bay Area and coastal strip you can do some fall planting, although next month is better, and you can also sow beans, beets, chard, and squash. Don't skip watering vegetables; once growth slows, plant tissue hardens and vegetables are doomed to mediocrity. ▫

What You Don't Hear About Insecticides

. is that they're not all bad!

ıny of you who are seriously ıcerned about our environment 'e been led to believe that insec- des always do more harm than d, that they are somehow tipping ure out of balance.

tually, *uncontrolled insects* tip ure out of balance. They carry ›ases that affect your health; they ıck and destroy the food you eat.

›re is a need for you to protect ır gardens, your food supply, your 'ironment and your health. Re- mber that when you slap at a squito, brush off a fly, or see your den damaged by insects.

ıat can you do?

ne insecticides have persisted in environment perhaps longer than essary. It's this persistence that kes them valuable in combating tain insects. But now, because of rictions on the use of certain ›cticides, will you have to suffer n damage caused by insects?

! Fortunately, there is an insec- de that does an excellent job of trolling insects, that is *non*per- ent, and breaks down naturally, disappearing from the environment in a short time. That insecticide is Malathion; it is manufactured by American Cyanamid Company under the trademark Cythion®'The Premium Grade Malathion'™. If carefully handled, properly applied and safely stored, Malathion reduces to a minimum the personal hazards associated with insecticides.

The insecticide compatible with the environment

Malathion is truly the ideal insecticide to protect your ornamentals, home-grown fruits and vegetables, and household pets. It will also protect you from disease-carrying mosquitos and flies.

In fact, Malathion is recommended by two groups actively seeking pesticide control—the National Audubon Society and the Environmental Defense Fund, Inc.

Think of it—Malathion controls more than 200 different insect pests on more than 100 different food and fiber crops, on flowers and ornamental plants! You cannot begin to estimate its value in controlling flies, with their unspeakably dirty habits, and mosquitoes that transmit malaria and encephalitis. This is what you *don't* hear about insecticides.

Ideal for garden, patio use

You can see that an insecticide like this is ideal for your use in gardens and other outdoor areas. Just look for Malathion in the active ingredients on the label of the home garden insecticide you buy. A variety of these products is available at garden supply stores for your use—dusts, wettable powders, liquid concentrates.

You don't have to give up the fight against insects because of your environmental concerns. Cast your vote for food and flowers, for health and beauty in your life—and against insects—by looking for and using Malathion. *As with any insecticide, stop and read the label before using.*

For more information

Leaflet PE-5046 tells you how Malathion can help make your life more livable around the home and garden. We'd like to send it to you—free, of course. Write American Cyanamid Company, P.O. Box 400, Princeton, New Jersey 08540.

St MATTHEW WRITING HIS GOSPEL, Carel Fabritius (Dutch, c. 1624-1

Given to the people of North Carolina by the people of North Carolina.

North Carolina was the first state to use public funds for an art collection, and her people are proud of their Museum of Art, a treasure house of beauty and inspiration. They are proud, too, that their state has a AAA credit rating and sets the pace in the Southeast in capital expenditures for new and expanded manufacturing plants.

For more information on why North Carolina sets the pace in industrial development, please write to Governor Robert W. Scott, Department CD, Raleigh, North Carolina 27611.

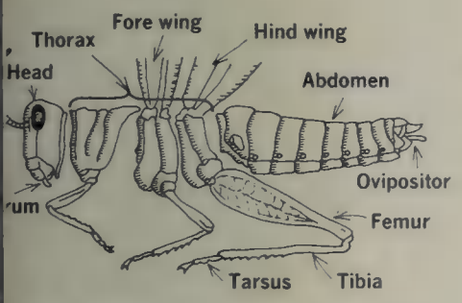
How to identify insect strangers

ur garden is a small part of the earth's ›system. You face many challenges you try to preserve the ecological ance in it. One that comes along oc- ›ionally is determining whether an in- t living there is a good guy or a bad /. And you can do this with the aid a comprehensive insect book.

identify and then find out about an ect, all you need to know is what it ks like. Then you can use the key in front of the book.

insect key is a list of physical char- eristics that will help you distinguish ween kinds of insects; then, more cisely, how this individual fits into insect world.

ing a key is simply a process of nination. You observe the insect's ysical features and match them to features described in the key. For



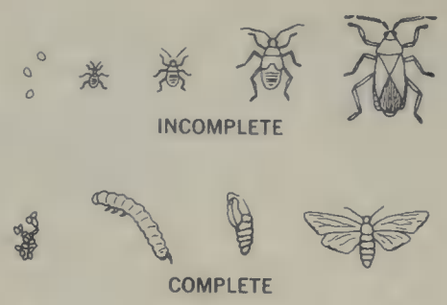
ts *of an insect's anatomy. By sence and shape, you identify species*

mple: Does your insect have wings not? Does it have two pairs or one? › they fringed or smooth-edged? As ır observations become increasingly cific you'll come nearer and nearer the page that describes all the char- eristics and habits of the insect in stion.

scriptions in the key are often writ- in entomological jargon that requires ıe knowledge of insect anatomy. eral of the books have sketches de- ing the names of specific body parts. ic body parts common to many in- ts are labeled in the sketch of the sshopper above.

ntification becomes harder if you n't looking at a mature adult. How- r, most books describe all the growth ges in an insect's life. The sketch at ıt above shows the steps in the two erent types of insect life cycles.

ne insects are miniature adults when



Two kinds *of change. Incomplete: bigger by stages. Complete: egg, larva, pupa, adult*

they hatch. Since their instars, or molts, are mostly a process of growing bigger, they go through incomplete metamorphosis. Other insects go through complete metamorphosis, like a butterfly. It hatches from the egg as a caterpillar or larva, then goes into a cocoon or pupa stage and emerges as a flying insect.

Once you determine exactly what the insect is, and how, when, and what he eats, you'll know how to regard him. Before you decide to do battle with the bad guy, you should first find damage in your garden to match what the book says the identified insect does. In other words, even if the insect book says that the creature before you is known to eat certain plants, don't spray your garden unless you can find some such damage. The identified insect may just be passing through.

The insect books can do more for you than just help you identify species. The text often tells you interesting aspects of the insect's life—such as what creatures he eats and what creatures eat him.

The following are useful insect books:

The Gardener's Bug Book, by Cynthia Westcott (Doubleday & Co., New York, 1964; $9.95).

Insect Life and Insect Natural History, by S. W. Frost (Dover Publications, New York, 1959; $3.50; available in paperback).

Insects and Mites of Western North America, by E. O. Essig (Macmillan Co., New York, 1952; available in libraries).

Introduction to the Study of Insects, edited by Donald J. Boorer and Dwight M. DeLong (Rinehart and Co., New York, 1954; $18.50).

Textbook of Entomology, by H. H. Ross (John Wiley & Sons, New York, 1956; third edition, $9.95). □

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Summer and spring show, and a water view

The keeper of this garden intensively plans, plants, and maintains it in an ever-evolving landscape scheme. A city garden on a level lot, it gets considerable use during the summer months.

On these pages you can see three areas where the changes take place.

The most dramatic developments occur in the Z-shaped bed pictured below. It has a permanent edging of dwarf boxwood. Inside, for a brilliant, summer-long display of color, it was planted with annual nemesia and Thumbelina zinnias. Then, when frost faded the nemesias and zinnias in the fall, they were removed, the soil was worked over, and the bed was planted with daffodil bulbs for a spectacular April show.

A bronze fountain purchased in Italy provided the impetus for building the 8-inch-deep pool pictured on the opposite page. The fountain and pool occupy the central section of what was once all flower bed. A light placed on the edge of the pool, directed at the fountain, turns on automatically at dusk, along with the rest of the garden's lighting.

Three valves control the jets in the pool and fountain. Various combinations of the valve settings can produce, separately or in any combination: a single jet from the dolphin's mouth, two series of five jets each along the length of the pool, and a pattern of five jets at the foot of the fountain. An electric pump recirculates the water at 580 gallons an hour. Jets can shoot as high as 14 fe

A column of exposed aggregate su ports the fountain figure. The pool self is built of exposed aggregate co crete, darkened to give the water appearance of depth. A brick cap to the 10-inch-high curb.

Beyond the fountain, a steep bank fa away at the edge of the garden. A lor low bench placed there allows a spl did view of Seattle's skyline, and al acts as a safety device for keepi people away from the bank. Two ne by flowering cherry trees have be pruned into horizontal patterns to p mit an unobstructed view of downto Seattle from the house.

Below the deck and along the wall the house, a 20-inch-wide shelf ho pots of annuals in summer and narc sus in winter. It can be enjoyed fr both inside and out. At the left of t page, you see it in summer.

Landscape architect W. David Poot signed this garden for his mother, M Walter C. Poot, of West Seattle.

Pots *on shelf hold petunias in summer; 'Thor' rhododendron planted below*

Thumbelina *zinnias and nemesia framed by boxwood line garden path*

In April, *same bed as at left is golden with daffodils; it can be seen from house*

April bloom *on flowering cherry trees; with long bench at left it frames impressive view of city across Elliott Bay*

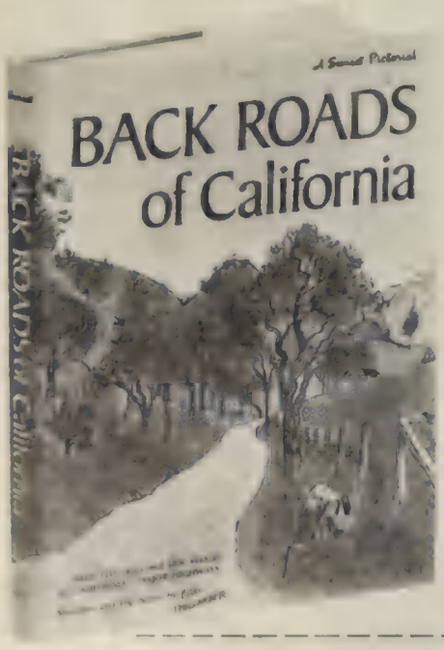
DOUG WILSON

Pool *and fountain, with all jets working, are decorated with potted white chrysanthemums at corners. Bench barely visible at upper right is the one shown in photograph above*

EUCALYPTUS LANE ON STAGE ROAD

Explore the scenic, unhurried country roads of California

New *Sunset* book takes you to picturesque rural byways throughout the state



What is often overlooked about freeway-ridden, heavily populated California is that there are still vast areas of unspoiled rural charm — entire regions that have been bypassed by modernization. Now, a beautiful, gift bound *Sunset* book, illustrated by author-artist Earl Thollander and containing how-to-get-there guidance by the *Sunset* editors, presents more than 40 of the most inviting of these country lanes — as well as suggestions for many more side trips in every section of the state. Hundreds of illustrations rendered on location, plus major maps, close-up road layouts, and fascinating text help you to appreciate, and explore for yourself, California's tranquil countryside.

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When tomatoes don't set fruit

"My tomato has lots of flowers b never makes any fruit. What's wrong

Every year about this time, a good ma Western gardeners ask that questic Although there can be several plausil answers (and remember that even t most fertile plant will set fruit on or some of its blooms), it's no coinciden that many of the questioners live places like San Francisco, Monterey, a Santa Monica. The problem has mu to do with coastal summer weather.

Tomatoes set fruit most willingly wh temperatures stay above 55°. Wh nights drop much below that, as th often do near the ocean, the blosso produce less pollen and drop off befc they get properly pollenized. What c the coastal gardener do about it, sh of sending his tomato plants to summ camp in Bakersfield?

If cool weather's the problem . . .

At planting time in spring you co have chosen varieties such as 'Earlypa 'Pearson,' or 'Spring Giant'; these fruit at cool temperatures.

Fruit-setting hormones, available as po der for mixing with water or in pr surized containers, may do some go this month. These, to anthropomorph the process, fool the plant into thinki it has been pollenized. The treated flo ers form fruit, which will contain few no seeds and perhaps hollow spaces.

Try shaking balky plants by their tc during the warmest, driest part of t day. That encourages flowers to rele more pollen.

If it isn't . . .

What if you live away from the co and tomatoes still won't stay on? It co be hot weather; temperatures over 10 affect pollenizing much the same as c weather does. Possibly the plant recei too much shade. It might be getting t much fertilizer; there's no need to fe more than a few times. Or the pl may be too dry.

But most likely the problem is ov watering. Tomatoes have deep roots feet or more) and really don't ne much water. Weekly irrigation is usua enough; in water-retaining clay soils y can water less often.

Try holding back water longer th usual. This puts the plant under stre which often encourages fruit setti After the first batch of fruit forms, rest usually will come easily.

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Allied Chemical

You don't need to know where the nest is. The bait is carried back.

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Equipment *for flower arrangers:*
(1) Oasis (foam sponge), (2) flower clay,
(3) river pebbles, (4) spray can, (5) hardware cloth,
(6) tin snips, (7) needle and cup holder,
(8) needle straightener, (9) and (10) needle holders,
(11) brass frog, (12) enameled metal turtle,
(13) heavy metal holder, (14) folding saw,
(15) flower shears, (16) pruning shears

The tools that can help you arrange flowers

Good flower arrangers, like good coo can do wonders with improvised equ ment, but both find that their work much simpler with proper tools and su plies. The photograph above shows sampling of the "nuts and bolts" th make arrangements work. Some are n cessities; others are luxuries.

You can find these in nurseries, ha ware stores, florist shops, and a w variety of other stores:

Oasis (foam sponge). This synthetic m terial is easy to cut and wedge into container of any size or shape. St stems directly into it, or poke holes w a pencil. It holds a large amount water and can be reused; 70 cents.

Flower clay. A few dabs of this plu little thumb pressure will anchor a flov holder firmly to the container. Both s faces must be dry to get a firm seal.

nd package costs about 75 cents.

er pebbles. These conceal flower lers and also lend a feeling of the erside. In various colors and sizes, cost about $1 for a pound package.

ay can. Beads of water sprayed on ers give them a fresh look; $2.50.

dware cloth. Buy by the yard and to size. Weave strips through the dles of needle holders for additional ical support. Crumple pieces and f into large containers. Wires will lateral support. The cost varies the width of the cloth.

snips. Use these to cut hardware h. Small ones like this cost $2.50.

dle and cup holder. Cup holds wa- needles hold stems. These can make er containers out of shallow (or even bowls or platters; $2.25.

dle straightener. Put hollow tip of ightener over bent needle, then bend traighten; 50 cents.

dle or pin holder. These are often ed frogs, and they come in a wide ety of shapes and sizes. These—and —are nearly indispensable. This big ch-holder supports heavy branches, s $7.95.

and moon needle holder. These link ther for additional weight; $5.50.

s frog. Holes through the frog's support stems, keep bases in the er. This one costs $9. Similar hold- simulate fish or snails.

meled metal turtle. This blue-green ister has a movable head and tail is handsome even if you never sup- branches in it; $18.

vy metal holder. Resembling linked ions of pipe, this supports heavy ches, which are trimmed oversize, forced into openings; $6.95.

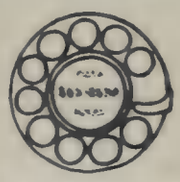
ding saw. Devoted arrangers use e to correct curves in heavy branches cutting small kerfs (notches) which be gently forced open and then held with wedges of wood; $2.25.

ver shears. Big handles make a good r to cut heavy stems; $3.25.

ning shears. Use to gather heavy ma- l, shorten stems, trim branch ends. price varies with size and make. □

Iris *foliage impaled on needle holder. Pebbles conceal holder*

The line for people who don't like to wait in line.



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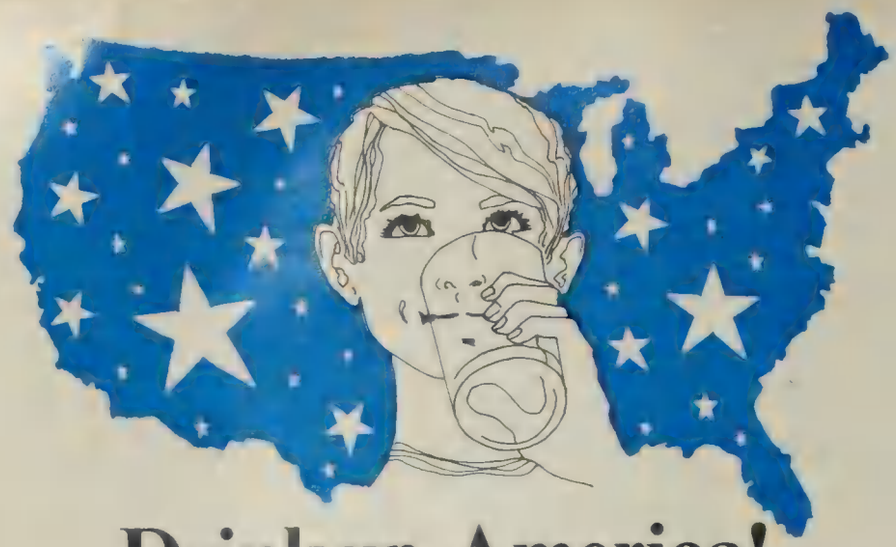

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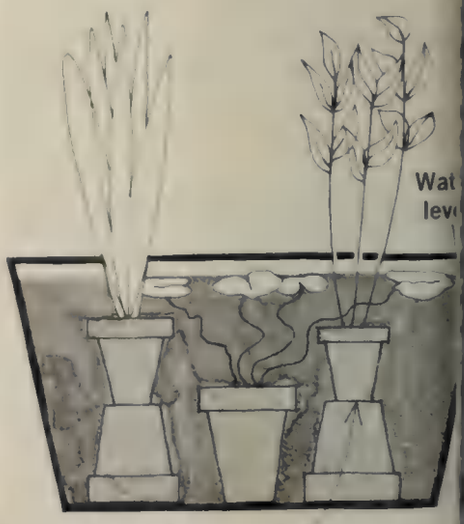
Old wine vat *was a lucky find, holds a tall papyrus in a pot, some feathery parrot's feather, the big round leaves of a water lily, and some reddish ludwigi*

A water garden in a barrel

A little water and a few water plan even in a wooden barrel, can make summer's day seem a little cooler. H of a 50-gallon liquor barrel shown the photograph on page 149 cools of sunny corner of a brick patio. The wine vat shown above is a lot bigg almost large enough to swim in. It's a cool, wet part of the garden and wa seeps out continually to wet the mo ture-loving plants around it.

Finding wooden barrels, vats, or tu takes a little luck. Try looking for th at discount stores, nurseries, and ev



Pots on top of upside-down pots

NORMAN A. PLATE

goldfish *shares this 25-gallon barrel with water iris, water canna, azure pickerel. Floating on the surface he leaves of water poppy and ludwigia*

quor stores. Don't buy one that has d out, and don't let it dry out after take it home, because the staves will rate. Fill the barrel with water and in about a cupful of lime to neutral- he inside of the barrel. Let it sit for w days, then empty it and move it a permanent spot. Be careful of re you put it; half of a 50-gallon el full of water weighs about 200 nds.

ts for a tub water garden are usually or aquatic types. Place bog plants the surface of the water, no deeper 1 or 2 inches. Aquatics, on the r hand, should be planted deep, lly between 6 and 8 inches but up to or the larger lilies.

illustration on the preceding page vs how you can accommodate both s by planting in pots. Use ordinary en soil for planting, even if it's y clay.

t water plants need full sun, al- gh in the desert they may need e shade. Feeding is seldom neces- except with water lilies, which take ial fertilizers. You need to drain and n the barrels only once a year at the t. A solitary goldfish can eat any quito larvae that hatch.

plants in the photographs are repre- ative of the kinds you can grow and For local sources, look in the tele- ne book under *Aquarium Supplies*. ou have trouble locating a source, can order by mail from a firm that bably has the largest stock in the t: Van Ness Water Gardens, 2460 Euclid Ave., Upland, Calif. 91876 alog, 25 cents). □

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ELLS MARUGG

Pink *flowers of Miss Mason's nerine (two to nine on a stem) are about 1 inch wide. Stems are 6 to 8 inches tall*

PLANT COLLECTOR'S CORNER

Cherubs' bugles . . . and Miss Mason's nerine

When the days get really hot, gardeners appreciate cool colors and the springlike juiciness of bulbous flowers.

This month Plant Collector's Corner presents a shrub with blue flowers and a miniature amaryllis relative. Both of the plants are obtainable at Carman's Nursery, 16201 Mozart Ave., in Los Gatos, California.

Flowers like blue jade

It can't offer you much except flowers, but these are of such unusual color and texture that *Iochroma cyaneum* is well worth the considerable space it takes up. (It has no common name, but it has overabundance of Latin ones: You sometimes see it labeled *I. lanceolatu* *I. purpureum*, or *I. tubulosum*.)

Its flowers are bright purplish blue w a milky undertone. Their texture firm, thick, and glossy on the surfa and of a depth and translucency t suggest jade. The shape is that of little bugles that cherubs blow in naissance religious paintings. Big cl ters of these 2-inch-long bugles h from branch tips and side twigs in su mer and until fall frosts.

To insure continued bloom (and also

DARROW M. WATT

Violet-blue *flowers of Iochroma cyaneum are 2 inches long, ½ inch wide. Thin, soft leaves are dark, dull green*

) plants compact and of reasonable
ı cut back to side branches after the
bloom fades. Without trimming,
roma can become a big shrub that
s against neighbors or sprawls about.
ened to a frame or espaliered, it can
e a striking fence or wall decoration.

act, a wall under an overhang would
the safest location for this rather
er shrub. It seldom suffers severe
age in the fog belt, but further in-
heavy frosts usually cut it to the
ınd every winter. Its roots are hardy,
ıgh, and the plants come back when
weather warms up in spring.

ıt it along a path to surprise guests
pass by, or give it a big corner to
Aside from warmth it demands little:
light feeding, sun or (preferably)
shade, ample water, and pruning.
:rpillars sometimes eat the leaves;
rol by hand picking.

ıby nerine

ines look like amaryllises but tend
ıave flowers, with narrow, crinkly,
ery petals and a flyaway look. The
er known ones (none is really well
wn) bloom from dormant bulbs in
or early winter, then grow leaves
ripen and disappear in summer.
ir flowers are usually pink, coral, or
ht red.

e of the lesser known nerines are
ı smaller than their sister species,
miniatures in fact. One of these is
nasonorum, which the South Afri-
forthrightly call Miss Mason's
ne.

little plant is meant to be admired
ose range. Its flowers (only an inch
:) are just as crinkly and lacy as
e of the bigger nerines, but its bulbs
so tiny that a dozen will grow easily
6-inch pot. The 10 clusters in the
:ograph on page 150 sprang from a
clump of bulbs just removed from
inch plant band.

lowers are pale pink to nearly white.
y last well on the plant or when cut.
ough the individual flowers are
ll, they come in clusters of two to
at the top of the 6 to 9-inch-tall
ıs and make a respectable show.

small size makes Miss Mason's ne-
a natural for growing in pots or
r containers, for decorating a pock-
ı a rock garden where its flowers
shine against dark stone, or for
ning the top of a wall or bank
re flowers can be seen at eye level.
plants are tough enough to grow in
er borders; here they look best in
ses. The plants multiply quickly by
:t and seed to fatten the original
ıps.

eadlike, grassy leaves remain green
year if the plants receive a steady
:r supply. □

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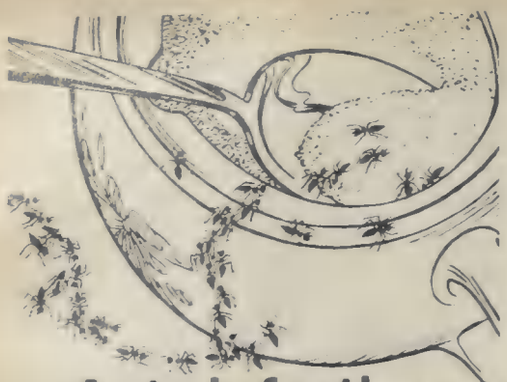

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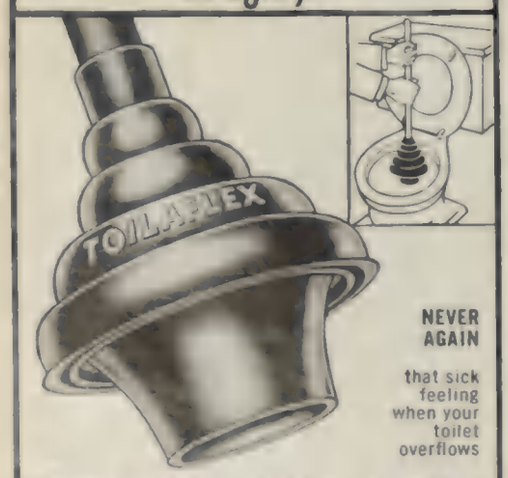

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WILLIAM APLIN

Japanese *anemone makes full clumps like these several years after planting*

Shade plants... two are standbys; two are special

ELLS MARI

Corydalis lutea *with yell flowers, gray-green leav likes moist, woodsy plac*

Summer is a good time to buy plants that bloom well in the shade. Many shade plants are tropical natives and need a good stretch of warm weather to produce abundant bloom. Even hardier kinds, such as the Japanese anemone pictured above, reserve their big show of color until summer or fall.

Planting in summer is no problem if you select healthy, container-grown plants, set them out carefully in moist, well prepared soil, and water them in promptly and thoroughly.

Of the four perennial shade plants shown here, two—Japanese anemone and impatiens (often grown as an annual)—are quite familiar standbys; the others are usually carried only by specialists but are worth searching out.

Japanese anemone (*A. hupehensis japonica*, often sold as *A. japonica*) is indispensable for late fall bloom in shade or partial shade. White, pink, or rose-colored flowers appear in graceful open clusters on branching stems that rise 4 to 6 feet high above a lush 2-foot-high cover of rich green leaves.

Be sure to plant Japanese anemone where you want it to grow for a lo time. It takes about a year for roots get established and at least two or thr years for clumps to reach full size.

It grows best in rich soil with lots moisture. But even in poorer soils, w competition from invasive tree roots, will hold its own, bloom every year, a continue to spread. In such situatio however, plants will require more f quent watering, especially in the summ

Corydalis lutea, native to moist woo land in Europe and Britain, for clumps of finely divided, gray-gre leaves, brightened in late spring and i termittently through summer with sm (¼-inch) golden yellow, spurred flo ers. (The name corydalis, from t Greek *korydalis*, means lark, referri to the floral spur whose shape rese bles the spur of the lark.)

Plant *C. lutea* near a garden pool stream, in shaded rock walls, at the ba

Impatiens *spills over edge of raised bed. Good in borders, pots, hanging baskets*

' trees or high-pruned shrubs. Com-
ne it with bleeding heart, small campa-
ılas, columbine, ferns, forget-me-nots,
·imroses, violets. Once established, *C.*
tea will scatter its own seeds.

npatiens is unbeatable for continuous
mmer-to-fall bloom in shade or partial
ıade; it will grow in full sun in coastal
'eas. Improved dwarf strains—some, 4
8 inches high; others, 10 to 12 inches
gh—are superb for mass planting in
ɔrders and containers. Taller kinds—
/2 to 2 feet high—group nicely among
:chsias and hydrangeas and drape
'acefully over the edge of hanging pots
ıd baskets. Colors range from white
rough pink, salmon, rose, red, and
olet. Leaves are lustrous dark green
ı succulent lighter green stems.

'estern bleeding heart (*Dicentra for-*
osa) grows as a native in rich, light,
oist soil in woods and meadows from
ritish Columbia through northern Cal-
ɔrnia. Pendulous, pale pink to rose,
:art-shaped flowers bloom in spring
ıd summer above fernlike blue-green
aves. 'Sweet-heart,' a white-flowered
ıriety with light green leaves, blooms
om May to October. □

Western *bleeding heart has pink flowers, lacy blue-green leaves*

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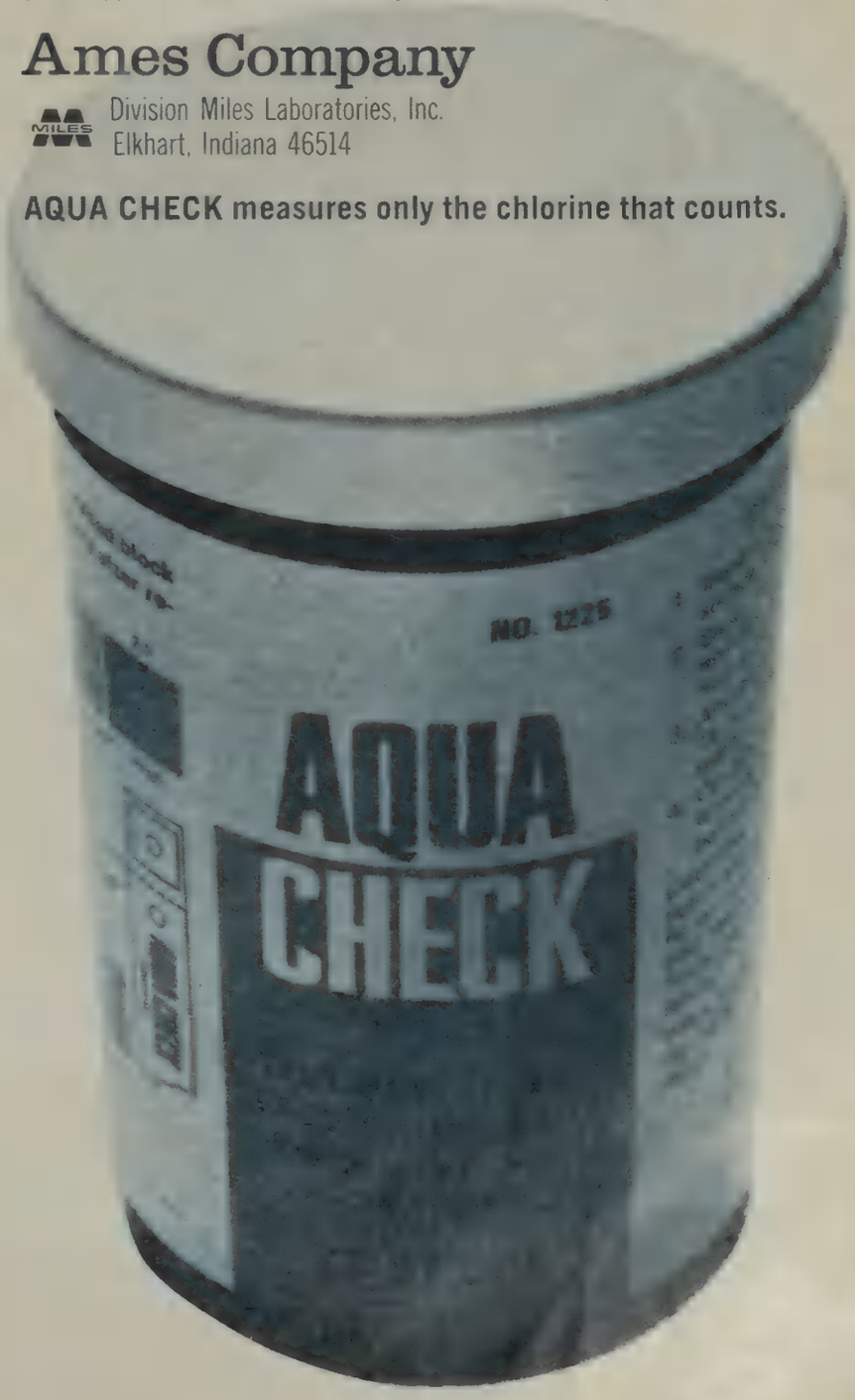

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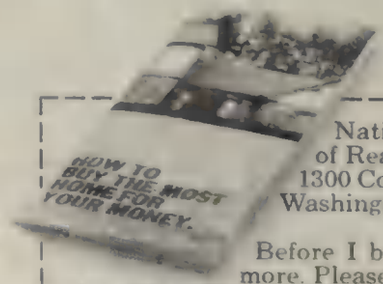

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ELLS MARUGG

Coleus *in 4-inch pot. Leaves are green, salmon, yellow; flowers are lavender*

Good pot plant: colorful coleus

An outdoor plant, coleus earned its re utation massed in summer borders c a grand scale in Victorian gardens ar parks. Now it is used on a much small scale in gardens and containers, oft combined with begonias, fuchsias, ir patiens, and other summer-floweri shade plants.

Coleus serve as dual-purpose contain plants, outdoors in summer and ear fall, indoors in winter. You'll find nice branched plants in 4-inch pots (s above); they are also available in flats

The newer strains of coleus are a f cry from the older ones. The leaves a larger, in more extensive and vibra colors; there are chartreuse, orang peach, salmon, and yellow shades well as the more familiar colors brown, magenta, purple, and red.

Plant coleus in a light, porous soil mi To encourage branching and compa growth, pinch out tips of stems fr quently; for the same reason, mo gardeners also remove flower spikes soon as they appear. (We let flowe develop on the plant above to show yo what they look like.)

Give plants ample water and feed light once a month. Tip cuttings root readi in sand or water, especially in war weather.

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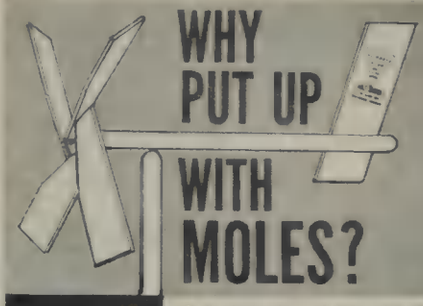

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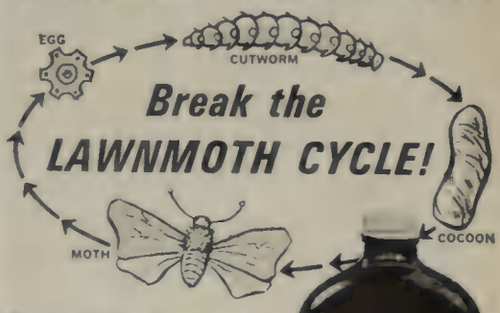

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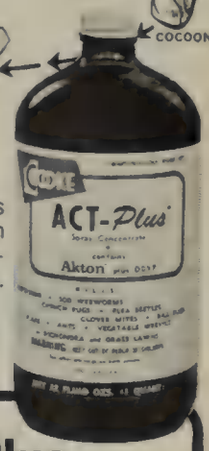

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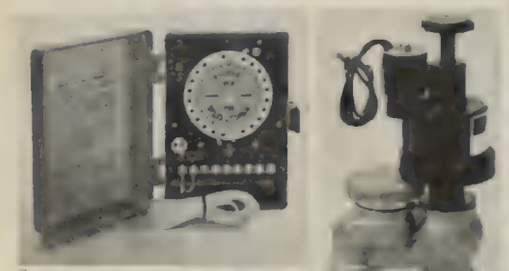

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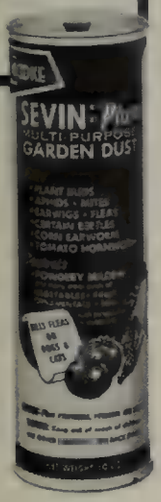

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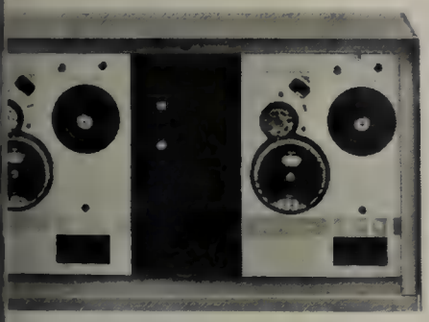

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DARROW M. WATT

Bell-shaped *abutilon flowers are red-veined orange; yellow splashes leaves*

Bell flowers, color-splashed leaves

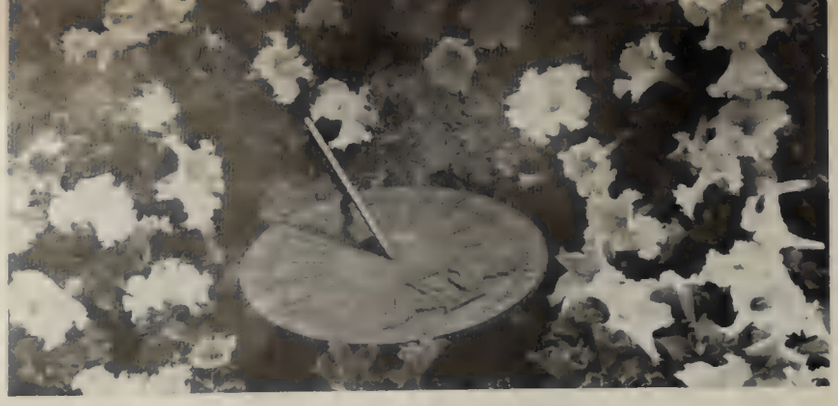
Perhaps you have heard the old one about the drill sergeant who barks at the exhausted recruit, "Don't just lie there, do push-ups." The variegated abutilon may remind you of the ever-busy recruit; not satisfied with blooming most of the time, it splashes its leaves with spots of gay color.

Its name is *Abutilon striatum thompsonii* and, like the other abutilons, it is a rambling, soft-wooded, evergreen shrub of indefinite size. In cold climates it grows as a pot plant, wintering indoors; where frosts are light or absent, it can become a big, sprawling shrub 8 to 10 feet tall and equally wide. Its shape and size are easily controlled by pinching stem tips to shorten plant and make twiggier growth. Espaliering controls size and displays blooms effectively.

The leaves are maple-shaped; one common name for the plant is flowering maple. Pale orange flowers are heavily veined with deep red; heaviest bloom season is in spring and early summer, but some bloom may show at any season.

The dark green leaves are heavily splashed with yellow, and are showy at all seasons. The variegation is caused by a virus, and a variegated branch grafted onto an all-green abutilon will cause the latter to develop variegated foliage. The virus will not, however, infect other garden plants.

Abutilon likes moist soil and steady feeding; it can endure full sun along the coast but likes partial shade inland. □



Standard *flat sundial is mounted on hidden 4-inch-high pipe stem in petunia and geranium border*

Pointer's shadow *tells the time (8:45 here). Table shows corrections for time of year. Irish moss surrounds dial*

Sundials are fun . . . and they also tell you the time

ELLS MARUGG

Many people think of sundials in te of formal gardens and elaborate pec tals. You don't need either to includ sundial in your present garden.

The sundials shown on this page are in casual settings—flower borders, b and garden corners.

Their mountings are natural (a ro simple (a low cement stand), or out view (a piece of pipe).

To fit a sundial into your garden, cho a spot that's sunny all day. Avoid lo tions with creeping afternoon shado Place the dial where you can read time easily from a walk or the e of a lawn.

When you set the sundial into positi make sure it is exactly level on its mou ing; even a slight tilt causes considera error. Remember to set it by no standard time, not daylight-saving ti

Hardy, sun-loving plants are the natu choice to surround sundials. Plant le long-blooming ones that will mak dense showing. To avoid frequent ting back, check maximum heights plants before buying, and choose th that will grow up to but not over sundial.

You can find flat sundials at many r series and some hardware stores. Fo more unusual dial, look in places s cializing in garden decoration or in work art.

Unusual *half-sphere sundial tells time by the arrow's shadow on curved dial. Arrow points to celestial north. Dial is cemented atop rock in poolside garden*

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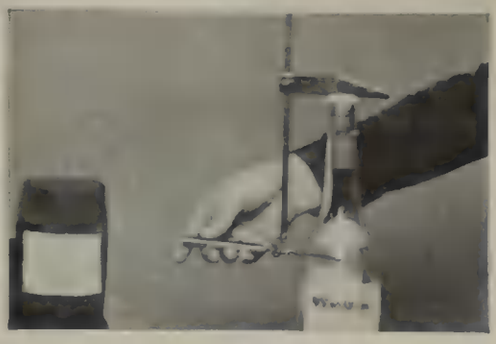

Kleen-Line Bottle Cutter

Make your own glasses, goblets, vases from discarded bottles. Do your bit for ecology. Sell for profit. Give as gifts. Use at home. Give your friends glasses made from their favorite beverage bottle. Any round bottle can be cut safely and easily in 5 min. Kit contains everything necessary to turn out a finished product. Precision tool of chrome plated steel comes with 3 cutters. Dealer inq. inv. $9.95 +50¢ pp. In Calif. add 55¢ tax. Anderson Assoc., 2591 Circle Dr., S-3, Newport Beach, Ca. 92660.

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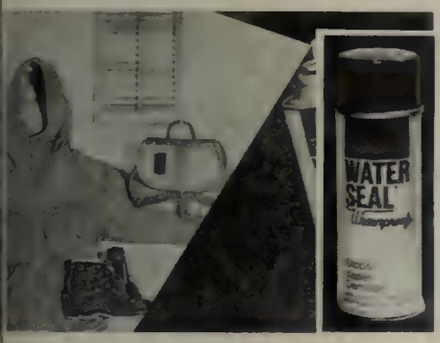

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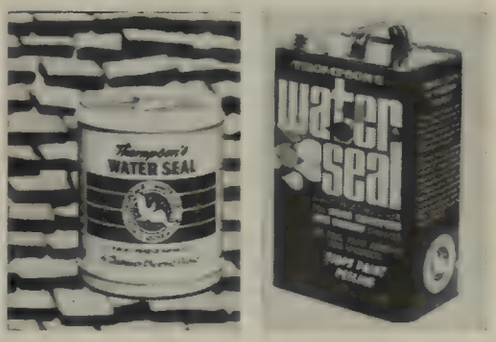
less Thompson's Water Seal protects, pre-s, waterproofs: Leather boots, shoes; golf sleeping bags, ski & fishing gear; canvas ure; clothing; tents, tarps, awnings; gun ; tennis nets, boats, door & window s, screens. Won't harden or crack leather orics. At paint, hardware, sporting goods ; or write direct. Aerosol spray $1.89; Qt. ; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. .O.D.'s please. E. A. Thompson Co., Inc., Gough St., San Francisco, CA. 94109.



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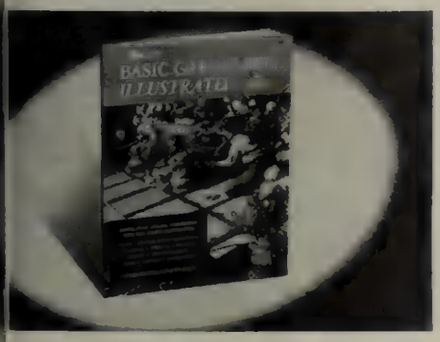
Thompson's Ready-Mixed "California Redwood" Seal-Stain protects and restores the natural beauty of redwood and cedar, adds beauty to plywood or knotty pine, waterproofs fir, pine, mahogany, wood shingles, shakes. Contains over 60% Thompson's Waterseal. Stops water damage. Apply by brush, roller or spray. At dealers or write direct. Pint $1.30, Qt. $2.15, Gal. $6.50, 5 Gals. $31.00, ppd. Tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.



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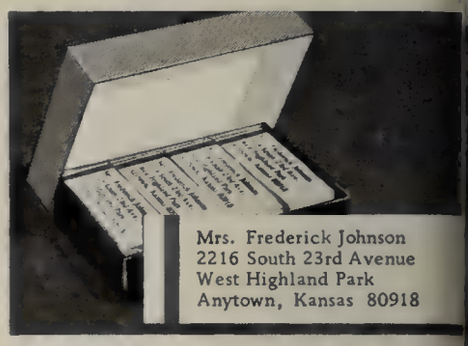

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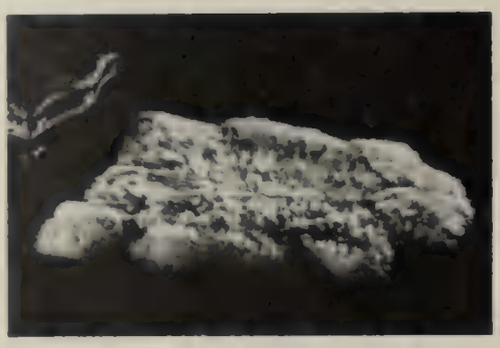

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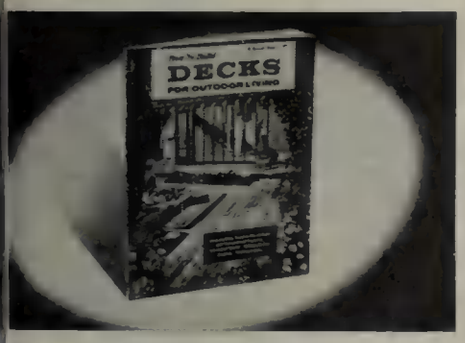

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Planting ideas for side yards

Landscaping a side yard is a challenge, but a good solution can be very rewarding. You can create some very handsome effects within this small area.

How you go about it depends on your objective. Do you want to develop a north-facing area with shade-loving plants, shade a warm southern exposure, disguise or enhance a fence, give more privacy, or just cut maintenance?

The shady Japanese-style side garden you see directly below is so well planted it's difficult to tell from the photograph that it *is* a fairly narrow side yard (one reason: a jog in the house at this point adds extra planting area).

The use of shrubs, small trees, large rocks, and mounds of earth to disguise the boundaries of a garden, as was done here, is possible even in very narrow side yards. Note how the mounding effect and the curving pathway soften the angularity of the planting space.

The tree-shaded side yard pictured at top of this page is on the opposite side of the same house with a quite sunny exposure. Loquat trees shade the windows but don't obscure vision; star jasmine grows under them. Pea gravel on the ground makes upkeep easy. Owners are Mr. and Mrs. S. A. Sanfilippo of Palo Alto, California.

Sunny *east exposure shaded by loquats; pea gravel covers ground for easy care*

Across the Bay, Mr. and Mrs. Dan Belton of San Ramon had a sunny, south-facing side yard with poor soil when they bought their new home. Along with improving the soil, the Beltons added a concrete walk that curves along the side of the house. Iris were the main attraction when the photograph below was taken, but Mrs. Belton keeps a continual show of sun-loving flowers going all year. Edging plants follow the lines of the curving walk, adding to the illusion of depth.

At the end of the side yard is a rock garden and a small pool facing the patio. From this patio, the side yard looks like an extension of the rock garden. □

You have *to look twice to tell this is a side yard. Plantings, including mugho pine, mondo grass, disguise borders*

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Curving path *makes the garden seem larger. The bed is filled with flower color throughout the year*

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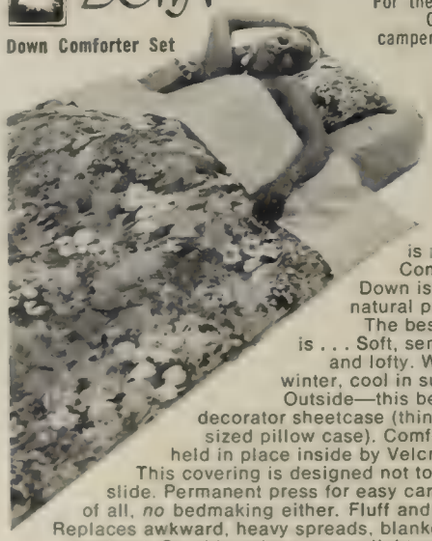

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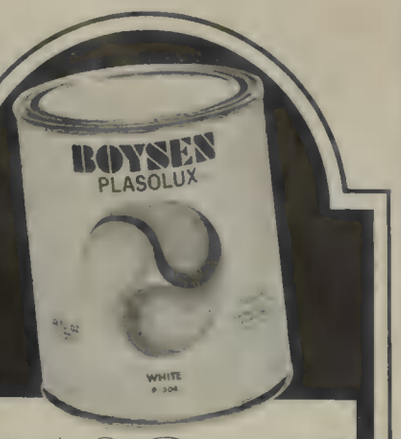

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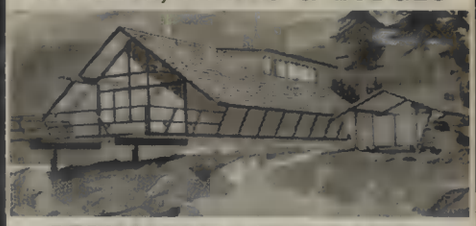

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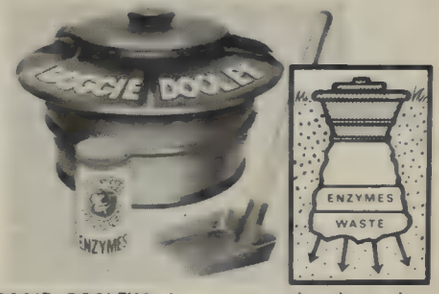

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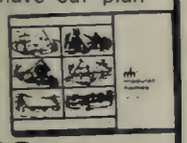

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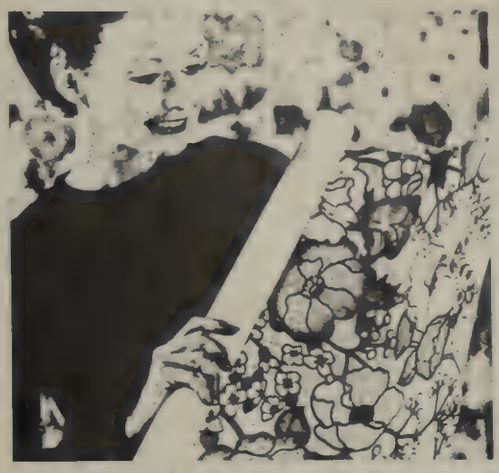

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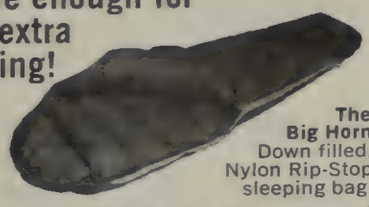

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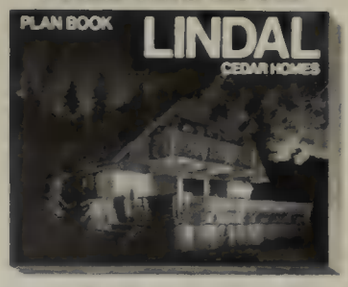

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A wilderness entry permit

In 1964 Congress passed the Wilderness Act to preserve areas "untrammeled by man . . . primeval . . . without permanent improvement or habitation."

Today 63 areas are officially designated "wilderness." Almost two-thirds, or 40 of them, comprising more than 5 million acres, are in the West: Washington, Oregon, California, Idaho, Nevada, Arizona.

Last year the use of those in the West alone was measured in millions of visitor-days. Alarmed by the figure and fearing that any wilderness under continued heavy use will become more parklike than primitive, some experts suggest restricting the number of visitors.

Is such restriction a good idea?

If this becomes the only way to save certain wildernesses, then at some point it must be done. But there are less drastic measures that still can be tried.

The U.S. Forest Service, with 17 wildernesses under its management in California alone, has implemented one such measure.

Beginning June 25, it required a "wilderness permit" for each visit to a wilderness in California. The permit (individual or group) can be obtained from the district ranger stations or forest supervisor's office of the national forest that administers the wilderness concerned. For addresses write to the U.S. Forest Service Regional Office, 630 Sansome St., San Francisco 94111.

The Forest Service points out that requiring permits is not the same as requiring reservations, and emphasizes that the number of permits is not limited.

The new system will provide accurate figures that should help improve wilderness management programs.

It will ensure the Forest Service an opportunity to remind all wilderness visitors of the regulations that will both enhance their enjoyment of the land and help preserve it.

Finally, and extremely important, the Forest Service will be able to provide information directly to wilderness users about all other such areas—thus offering them alternatives and perhaps alleviating the impact of disproportionate use. (In 1970 more than 40 per cent of all visitor-days in California wildernesses were recorded at just one area.)

This third purpose suggests how individual users can help through their own decisions—by foregoing a visit to an overused wilderness and choosing instead a less heavily visited one.

The new Forest Service experiment should be of interest to all *Sunset* readers who expect to visit a wilderness in California soon. A cooperative response may help the Forest Service postpone indefinitely the day when it must set quotas on wilderness visitors.

WINDOW ON THE WEST: *Desolation*

Desolation Wilderness, near Lake Tahoe, was one of the most heavily used wildernesses in California in 1970 (and for that very reason, all users should treat it gently). Its nearly 64,000 acres are a spectacular mix of glaciated granite, clear lakes, forests, and broad meadows. This picture was taken above Ropi Lake, one in a chain of lakes whose waters feed stunning Horsetail Falls, which is visible from U.S. Highway 50 near Twin Bridges. □

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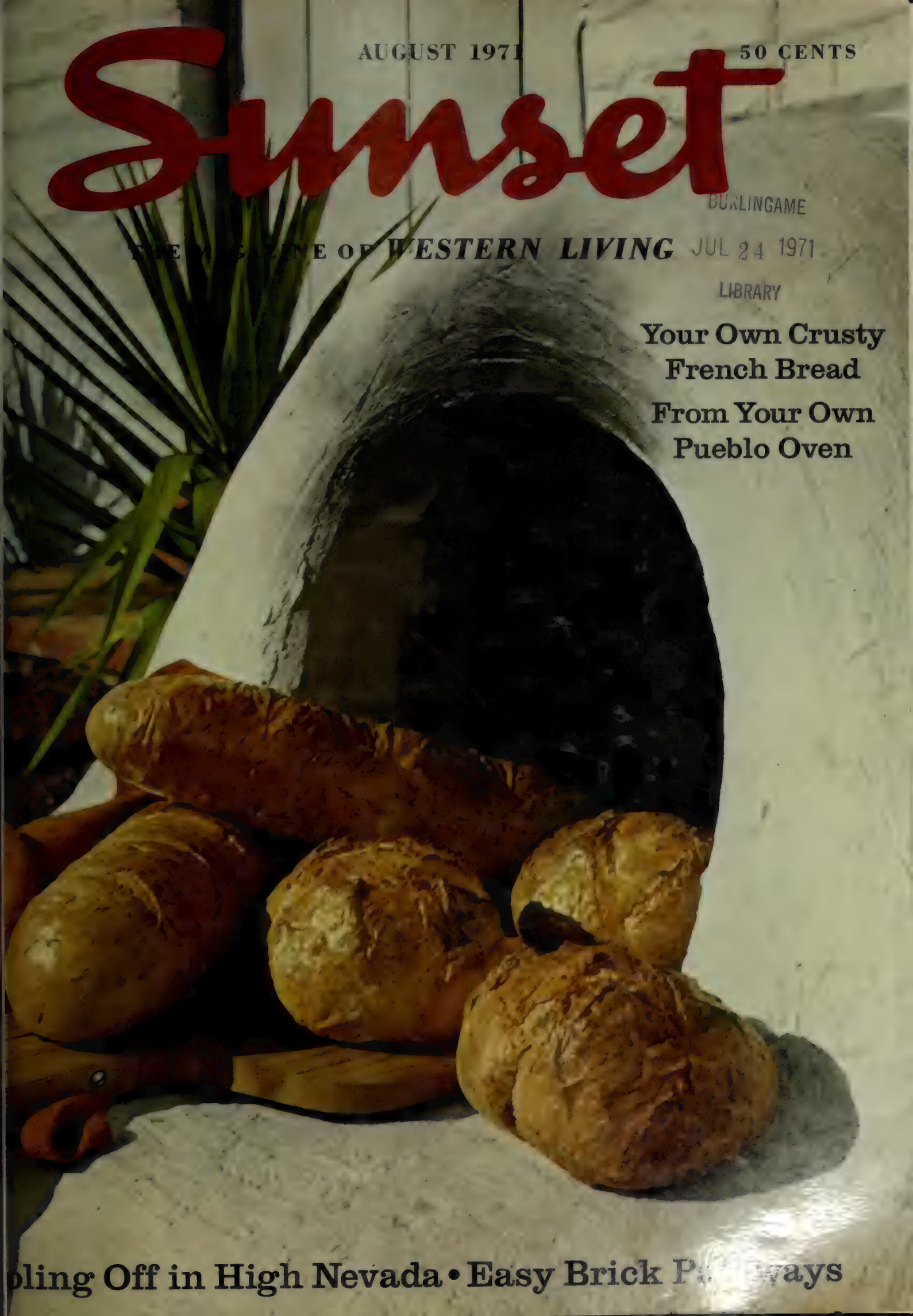

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The Cover Story

Sunset has developed and reported a half-dozen adobe ovens over the last 30 years. Combining this experience with some new experiments and innovations in construction and cooking, we recently developed our best oven yet. Turn to page 50 for building and baking instructions. The color photograph was taken by Glenn Christiansen

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She lives on a remote island in French Polynesia and never saw a tourist until now.

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She's *just* *found worm* *at home in* *bay mud*

It looks like *the skeleton of a torpedo. What it does is measure the speed and direction of the current*

After *perusal, fish will go back to water*

Youngster *es reading m current meter*

NORMAN A. PLATE

ting to know the Bay scientific way

at most people know about San ncisco Bay is just that it's there.

at most people don't know about giant estuary would fill several text-ks on marine biology, water physics, mistry, and geology, and a few more economics and meteorology.

Marine Ecological Institute of Red-d City, California, offers the chance now the Bay better from a scientific

Sunset

THE MAGAZINE OF WESTERN LIVING

August 1971

We try our hand at oven building

At right you see our adobe oven number 3. The first in this series was built a year ago at a staff member's home. Numbers 2, 3, and 4 were early versions of number 5, the oven pictured on this month's cover. And number 6 was built two weeks before publication for a final test of the oven construction technique described on pages 50 and 51.

In our experimenting we tried using half a steel drum covered with mud only (2); it was undesirable because the mud cracked and it was difficult to work with the steel drum. Then, as shown at right, we tried a wicker bushel basket just covered with concrete and reinforced with coat hangers (3); it failed because the concrete would not cling and was too heavy for the basket. And then we built number 4, the prototype for the oven on the cover, with half a paper drum covered with a mud-and-concrete mixture. □

Editors shape *wet concrete over wicker basket to make experimental oven. This early effort was unsuccessful*

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point of view. Its 85-foot research sel, the R.V. *Inland Seas*, makes almost daily out onto the Bay. It's stocked with scientific equipment well manned by a crew of young sci instructors.

Each trip lasts about 4 hours. A bio group deploys trawler nets to ga identify, and count marine animal chemistry section examines and anal water samples. Those studying w physics take several readings on w temperatures, current direction, speed. And the geologists take sedi samples from the bottom. In short, can learn more about the Bay in 4 h aboard the *Inland Seas* than most Area residents have learned in an e lifetime.

And besides learning about the you'll make a contribution to fu understanding of it. The data gath on each trip is kept and recorded will be used in a large study being pared by the institute.

Trips are available for groups only. cost is $150 per trip for up to 45 ple. Up to now, groups have mostly school children, but the inst encourages adult groups to particip too. For information write to the rine Ecological Institute, 811 Ha Blvd., Redwood City, Calif. 94063 telephone (415) 364-2760.

Pops and jazz at Stanford

Continuing its Summer Symphony ries, the Children's Health Counci the Mid-Peninsula presents an a noon of music on August 15 at F Amphitheater on the Stanford Uni sity campus.

In a tradition gradually approac venerability, Arthur Fiedler will duct the San Francisco Symphony chestra in a pops concert. Maestro F ler has been the guest conductor for event every year since its beginning years ago.

The outdoor concert will also fea the drawing room jazz of the Ge Shearing Quintet.

The music begins at 5 P.M. Tickets $5 (reserved seating on chairs) an (seating on the lawn). They are avail at the gate, from various retail out and directly from the Children's He Council of the Mid-Peninsula. For formation write to the council at Willow Rd., Palo Alto, Calif. 94303 telephone (415) 326-5530.

A celebration in Mountain Ranch

Leatherstockinged Natty Bumppo c hit a penny-sized target at a hun yards with a muzzle-loaded rifle. La day Bumppos may be trying to dupli these legendary literary heroics month in Mountain Ranch, Califor

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Queen of Prince Rupert Schedule Summer sailings to Sept. 25, northbound and southbound on alternate days. Sept. 28 - May 6, northbound leave Kelsey Bay Tues. and Thurs. Southbound leave Prince Rupert Wed. and Sat. Off-season *save 25%* on fares – car, camper, trailer, passenger – and staterooms, too!

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during El Dorado Days, August 21 and 22. The muzzle-loading rifle contest is a highlight of the two-day celebration which this year marks the tiny town's 116th birthday.

When you arrive in Mountain Ranch (9 miles east of San Andreas on County Route 12) you may feel you have stepped back into the Gold Rush era. Everything from calicoes and buckskins to the day's activities is nostalgic. You can visit a block-long flea market, see the free gymkhana and horse show, attend the silent Westerns, watch a gun fight, or eat a barbecue dinner both days. There's also a street dance on Saturday night. The pancake breakfast, parade, rifle and pistol shoots, and tomahawk throwing take place on Sunday.

You can pick up a souvenir program at Domenghini's General Store, the oldest building in town. The stone building across the street, a former fandango hall, now respectably houses a collection of Gold Rush memorabilia.

Overnight accommodations are limited to about a hundred free camping spaces adjacent to town. The closest hotel and motel accommodations are in nearby San Andreas.

For travel planners, an August check list

Arctic Alaska. Two-day tours to Nome and Kotzebue leave Anchorage or Fairbanks daily now through October 31. The tour costs either $184 (through August 31) or $147 (September 1 through October 31), including air fare, hotel, some meals, and sightseeing. Thrift-season tours omit the Shadow of Siberia flight and spend less time in Kotzebue; however, you still see Eskimo dancers, ride in an umiak, and tour a gold mine. For details, write to Nugget Nell, Alaska Airlines, Seattle-Tacoma International Airport, Seattle 98158.

India tours. Ten new weeklong tours of India are now available, starting every Saturday from Bombay, Calcutta, Madras, or Delhi. The Indo-Gangetic Plain, the pink city of Jaipur, and the capital city of New Delhi are among the spots visited.

The $200 price includes hotels, English-speaking guides, and meals. Air fare is extra. For a brochure write to India Travel Service Ltd., 60 E. 42nd St., New York 10017.

Tijuana guide. There's a new introduction to Tijuana's restaurants, hotels, and sightseeing attractions called *Tijuana Guide*, by Mark Tomas (Tomas Travel Guides, Box 3962, San Diego, 1971; $1.25). It can be ordered directly from the publisher.

Mineral collectors tour. A 22-day tour to Europe hosted by Harvard University mineralogist Dr. Frederick H. Pough leaves San Francisco on October 21. The tour group will visit five countries, seeing mineral collections and exhibits. The price is $1,195 for all transportation, accommodations, and some meals. Write to Daly Travel Services, Inc., 391 Sutter St., San Francisco 94108, for information.

Riding tours in Spain. Horseback riding tours near Malaga, Spain, begin at the provincial town of Alora. Destinations include mountain towns and country inns, and overnight rides are made to the picturesque cities of Ronda and Antequera. An 18-day riding vacation, including meals and hotels, costs $760. All American bookings are handled by Marendaz Travel Agency, 196 Trumbull St., Hartford, Conn. 06103.

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SCHOOL AND CAMP DIRECTORY

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 8
GARDEN CENTER beginning page 131
FINE FOODS CUPBOARD beginning page 90
SHOPPING CENTER beginning page 134

R. WENKAM

Boy *examines concrete replica of Ute Indian tepee on museum grounds*

If you wonder about the Utes

Before the advent of the white man, the Ute Indians roamed the western slopes of the Rocky Mountains over half the present state of Colorado, two-thirds of Utah, and some of New Mexico.

Little has been written about these people for whom the state of Utah was named, but the Ute Indian Museum in southwestern Colorado pays tribute to them and to Chief Ouray, one of their most famous leaders.

Located on a 6-acre portion of what was once a 400-acre farm belonging to the chief and his wife, Chipeta, the museum is operated by the Colorado State Historical Society. It has a collection of Ute arts and crafts, garments, paintings, photographs, utensils, and weapons. Three-dimensional dioramas portray the life style of the Utes from their hunting days to the present.

On the grounds of the museum is a monument in memory of Chief Ouray, a steadfast advocate of peace between his people and the white man.

The museum is 4 miles south of Montrose, Colorado, on State Highway 550. It is open daily from April 15 through the third week in October. This month the hours are 9 A.M. to 8 P.M.; there is no admission charge. □

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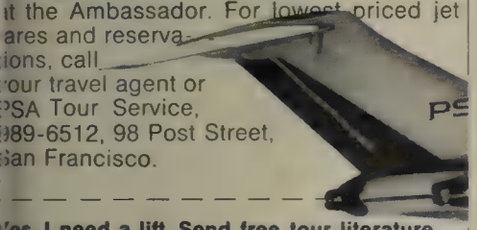

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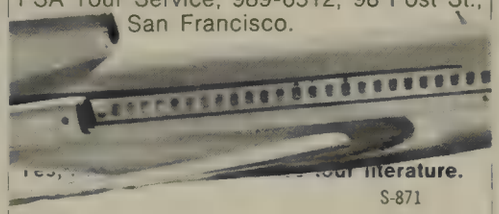

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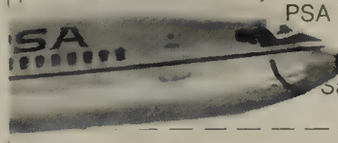

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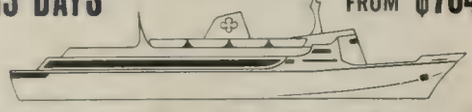

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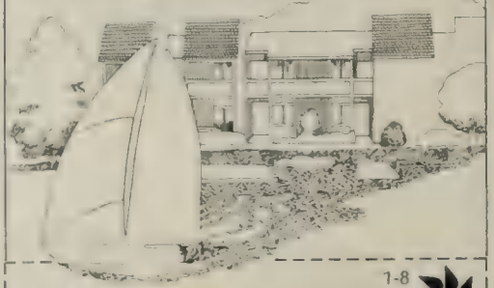

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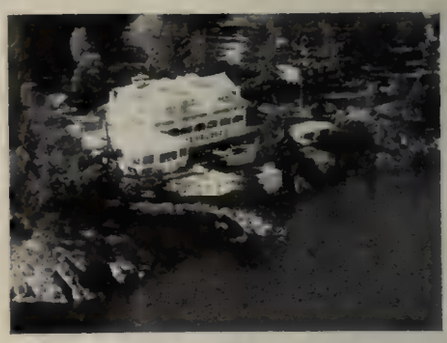

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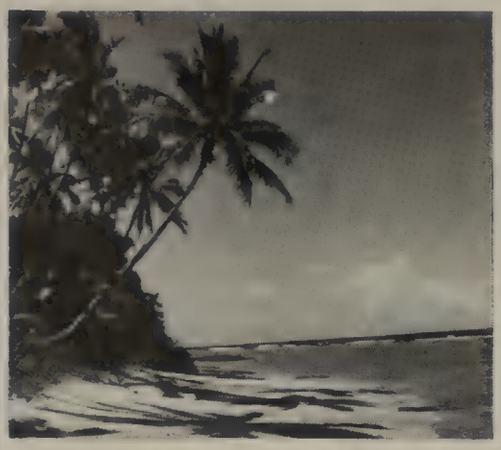

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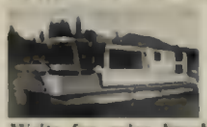

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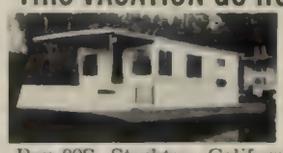

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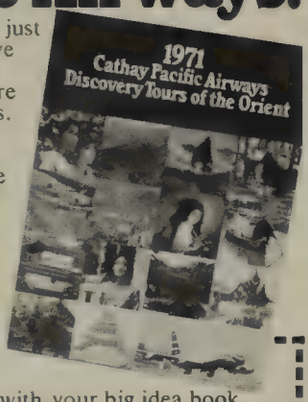

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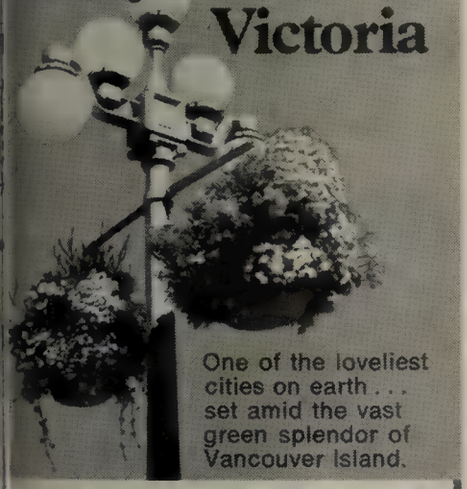

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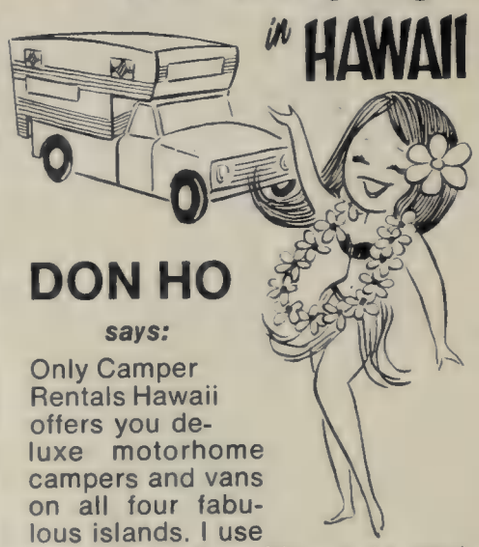

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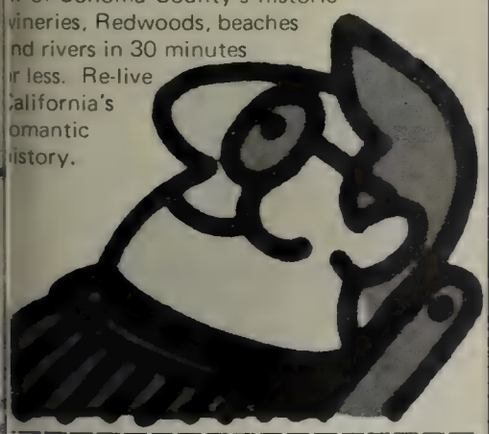

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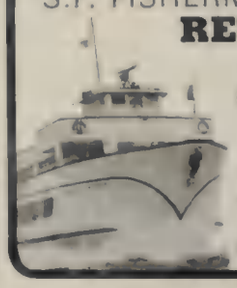

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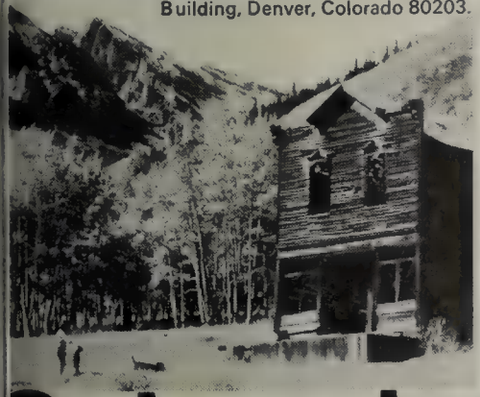

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CECIL HELMS

After emerging *from a mine tunnel, youngsters stop to examine an old ore car*

A park with a gold mine in it

Placerville's new 63-acre park offers a chance to explore a gold mine, investigate a stamp mill, try your luck at gold-panning, take a nature hike, or just enjoy a picnic in shady pine and manzanita-studded California countryside.

Bedford Park opened to the public last May and is still only partially developed. The area was once the scene of feverish mining activity, but only the Gold Bug Mine (two tunnels connected by a vertical air shaft) remains. Don a hard hat and walk more than 600 feet into the hillside in the cool, lower tunnel. Listen to the dripping water and see the beginning stalactite formations on the outcropping above your head.

An outside trail leads to the 150-foot upper tunnel, in which mining tools were probably stored.

The Little Big Creek runs along the road outside the mine. You can check out a gold pan and learn how to sift the sand. A short drive up the hill from the mine and main parking area takes you to the stamp press mill. Here gold-bearing rock was crushed by the large pounding weights. Plans are to have the old stamp mill in operation this summer.

Four picnic areas are in the park along with 13 miles of trails. Because of the fire hazard during the summer, barbecues are permitted only in the picnic area near the mine. A small camping area will be ready later this summer.

To reach Bedford Park, turn off U.S. Highway 50 at downtown Placerville; drive north 1 mile on Bedford Avenue to the park entrance. It's free. □

Ramada *overlooks converging canyons of Nevada's Cathedral Gorge State Park*

GERALD R. FREDRI

Cathedral-like spires *(above) are seen on the way to narrow passageways of Moon Caves (right)*

Half a day north from Las Vegas

Jumbling down into an erosion-scoured system of dry washes and ravines are the spectacular spires and formations of Cathedral Gorge State Park. About 180 miles northeast of Las Vegas and just off U.S. Highway 93, the park is a pleasant spot for a picnic or camping.

Heading north on U.S. 93 you will reach the entrance to Cathedral Gorge a few miles past the turnoff to Panaca. Go past the entrance for another 2½ miles and take the turnoff to the lookout point. About a hundred yards beyond the parking lot is a shaded viewpoint from which you can look down on the convergence of two sculptured red canyons. Here you can clearly see a prime example of the effects of wind, rain, and even gravity on exposed, unprotected earth—erosion on a grand scale.

From the viewpoint, head back to the park entrance; it's 1½ miles in to the campground ($1 per night) and picnic facilities with water and rest rooms. In the park, the gravel road branches; turn left for the campground or turn right to see more of the eroded landscape.

Especially interesting features here are the twisting passageways of the Moon Caves. They're not really caves, but they're so narrow they appear to be. □

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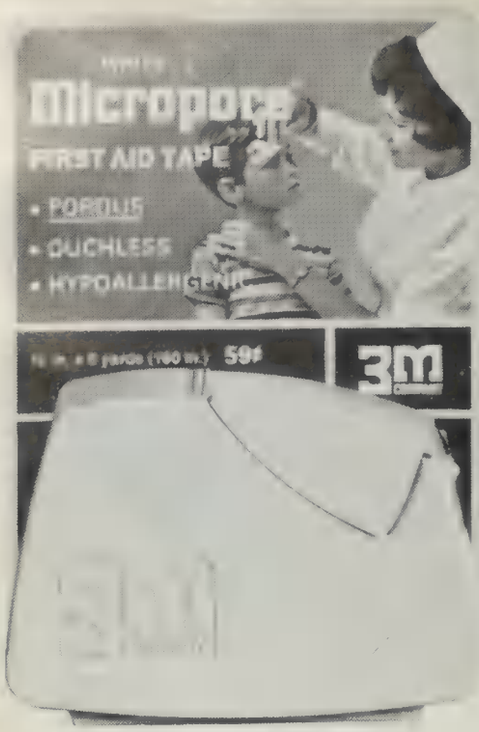

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GUARANTEED PARENTS' MAGAZINE

Road *along Rock Creek is gravel, well graded, mostly two-lane*

Quiet camping and "blue ribbon" fishing

For quiet, uncrowded camping and fishing country, we nominate Rock Creek in western Montana.

Although Montana's most publicized trout stream is Madison River, west and north of Yellowstone Park, eight others also offer trout fishing officially rated "blue ribbon." One is Rock Creek. It doesn't yield fish for everyone, but expert anglers find it worthwhile.

BILL BROWNING

Brown trout—*up to 10 pounds—most prevalent in lower Rock Creek*

Campgrounds *and choicest fishing on Rock Creek are north of State Route 38*

Your main reference point is Missoul population about 30,000, home of t University of Montana. Go 20 mil southeast to where Rock Creek empti into the Clark Fork River. From he you can drive an unpaved road up Ro Creek for more than 40 miles. After y get south opposite Philipsburg, you ha two chances to turn east and rejoin major highway, or you can swing we again to U.S. 93 at Hamilton. With these options, you can detour to Ro Creek and then get back on your w via any city in Montana.

Rock Creek's valley occasionally na rows down to a few hundred feet a seldom gets more than about a quarte mile wide. Few automobile bridges cro the creek. There is one footbridge, a half a dozen cable crossings invite fishe men to board an open flat "gondola" a

THE ALL-DAY CAR.

A lot of people who bought a Vega thinking it would be a nice economical little car to run around town in are finding out, now that it's summer, that Vega is also a nice comfortable little car to run around America in.

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Vega is also surprisingly roomy for a little car, even with vacation stuff aboard.

The car is stable in crosswinds, flat on turns, and unexpectedly smooth on roads that are somewhat less than perfect.

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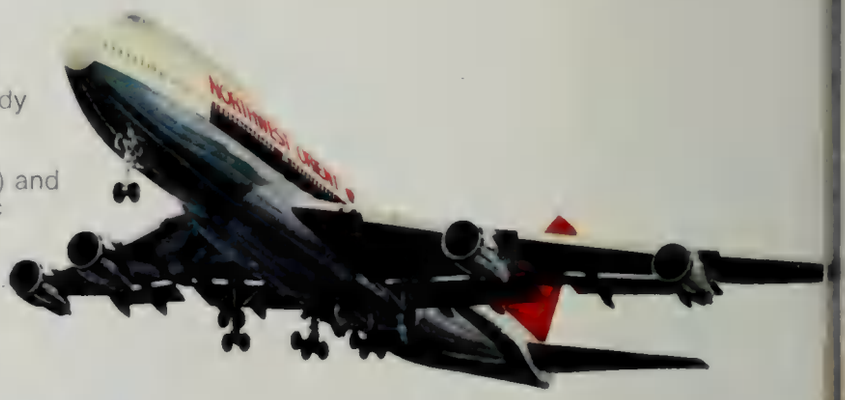

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They're camping *at Squaw Rock, southernmost of the Forest Service camps*

pull themselves across to the other bank.

This is an easygoing mix of ranch and wilderness country. It's all Lolo or Deerlodge national forest, including enclaves of private land. You pass all-year ranches on the lower few miles, then nothing but forest and some summer cabins until you encounter valley-floor ranches again opposite Philipsburg. On this middle stretch you're apt to see deer, elk, or moose near the highway. A small band of bighorn sheep roams the top of Sandstone Ridge.

Fishing is considered best from July 1 through October 31. Rainbows, up to 4 pounds but usually under 1 pound, are caught up and down the stream. The lower stretches are more noted for brown trout, averaging about 2 pounds but occasionally up to 10 pounds. Trout season is May 16 through November 30. The limit is 10 pounds and 1 fish, not to exceed a total of 10 fish. Nonresident fishing licenses are $15 per year, or $5 for six days, or $1 (plus a $1 conservation license) for one day.

Along Interstate 90 near the junction of Rock Creek and Clark Fork River, you can find lodge or motel accommodations. Privately owned Elkhorn Guest Ranch is 4 miles south and charges for campers or trailers on its 25 sites. The next one south is the state-owned Welcome Creek Camp with 3 sites—no charge. And the third one, although indicated on our map as a campsite, is now just a picnic area. All others shown are free 4 to 14-unit Forest Service camps.

National Forest maps cover the area of our map and are available free from U.S. Forest Service offices in Missoula and Bonita Ranger Station in Philipsburg. The United States Geological Survey includes Rock Creek in the Butte quadrangle, but the scale of 1:250,000 doesn't permit much detail. □

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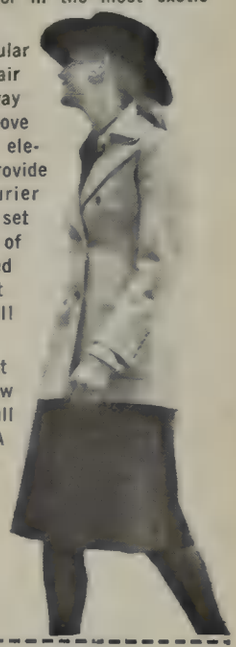

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Cautious [illegible] *world [illegible] fountain's spray*

Casual [illegible] *"dry spot" pathway beneath sparkling cascade*

Beyond fountain *[illegible] city's [illegible] building*

San Francisco's controversial new fountain dares visitors to walk in and get personally involved with it. A spray-washed pathway of concrete squares bridges the turbulent waters of the fountain pool, leading strollers beneath a labyrinth of rectilinear tentacles that spout cascades of splashing water.

The wetness of the walk has been compared to the Mist Trail hike up to Yosemite's Vernal Falls—and to Jean Valjean's escape through the sewers of Paris. Some fountain walkers arm themselves with umbrellas for the experience.

Conceived and executed by French-Canadian sculptor Armand Vaillancourt, the new fountain is at the foot of Market Street in the new Embarcadero Plaza.

There's a new wet walk in San Francisco

Visitors *ponder [illegible] design of [illegible] fountain from above [illegible] and below [illegible]*

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JIM LARSI

Upside-down, *home-built airplane performs an unusual ribbon-cutting ceremony*

British Columbia's grand air show the August 14 weekend

The binoculars you might customarily bring along to watch distant planes at other air shows can be left at home when you visit the Abbotsford International Air Show, August 14 and 15 at Abbotsford, British Columbia.

You'll see maneuvers timed to the split-second and performed at tree-top level right before the spectator areas. Besides being about as close to the precision flying performers as spectators ever get—or wish to be—you'll also discover tha there are no irritating time lags betwee events. The well placed speakers of th public address system keep everyon aware of what is taking place.

The Abbotsford show is known as th biggest aviation exposition this side o Paris, and judging from the numbers an variety of aircraft usually in attendanc the claim is more than a boast. Mo than 1,500 private and participating ai craft are expected at the two-day sho

You'll see fly-bys of commercial aircra including quite a few STOL (short tak off and landing) planes which are bei featured along with helicopters this yea There will be military maneuvers by t Canadian Armed Forces and high-spe precision flying by the U.S. Air For Thunderbirds.

A more exciting and dramatic part the show is the aerobatics (it used be called stunt flying).

You'll see some highly skilled pilo looping the loop and demonstrating C ban eights, snap rolls, hesitation roll controlled spins, tail slides, and other m neuvers only a few feet off the groun

There also will be performances by sk divers and parachutists, and fly-bys

JOHN ELLINGSON

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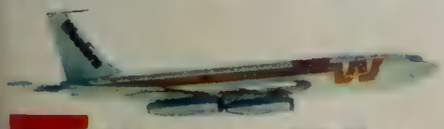

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experimental (including home-built) air craft, helicopters, and antique airplanes In all, 25 flying events are schedule each day from 10:30 A.M. to 5 P.M.

At displays on the ground you'll have chance to examine some of the plane flying in the show, and others that aren't Food and beverages will be available a concessions.

When the performances end Sunday af ternoon, the planes that have flown i for the show will line up and taxi dow the runway in a grand parade befor taking off under control of Abbotsfor tower. Last year, more than 400 aircra took off in just 80 minutes.

Air show admission is $5 per car (an number of passengers), or $2 per per son; children 12 and under are free.

Abbotsford International Airport is abou 40 miles east of Vancouver on Trans Canada Highway 401. Rather than cross

JOHN ELLINGSON

U.S. Air Force *missile and jet, were big attractions at last year's show*

ing the border at Blaine, try Lynde (State Highway 539) or Sumas (State 9 farther east to avoid some of the usuall heavy traffic on Trans-Canada 401 du ing air show weekend.

Local accommodations and campgroun are always crowded, so make plans earl Limited accommodation reservations ca be made through the air show offic which also provides brochures and map Write to R. C. Thornber, Abbotsford In ternational Air Show, Box 361, Abbot ford, B.C., Canada; or telephone (60 859-9211.

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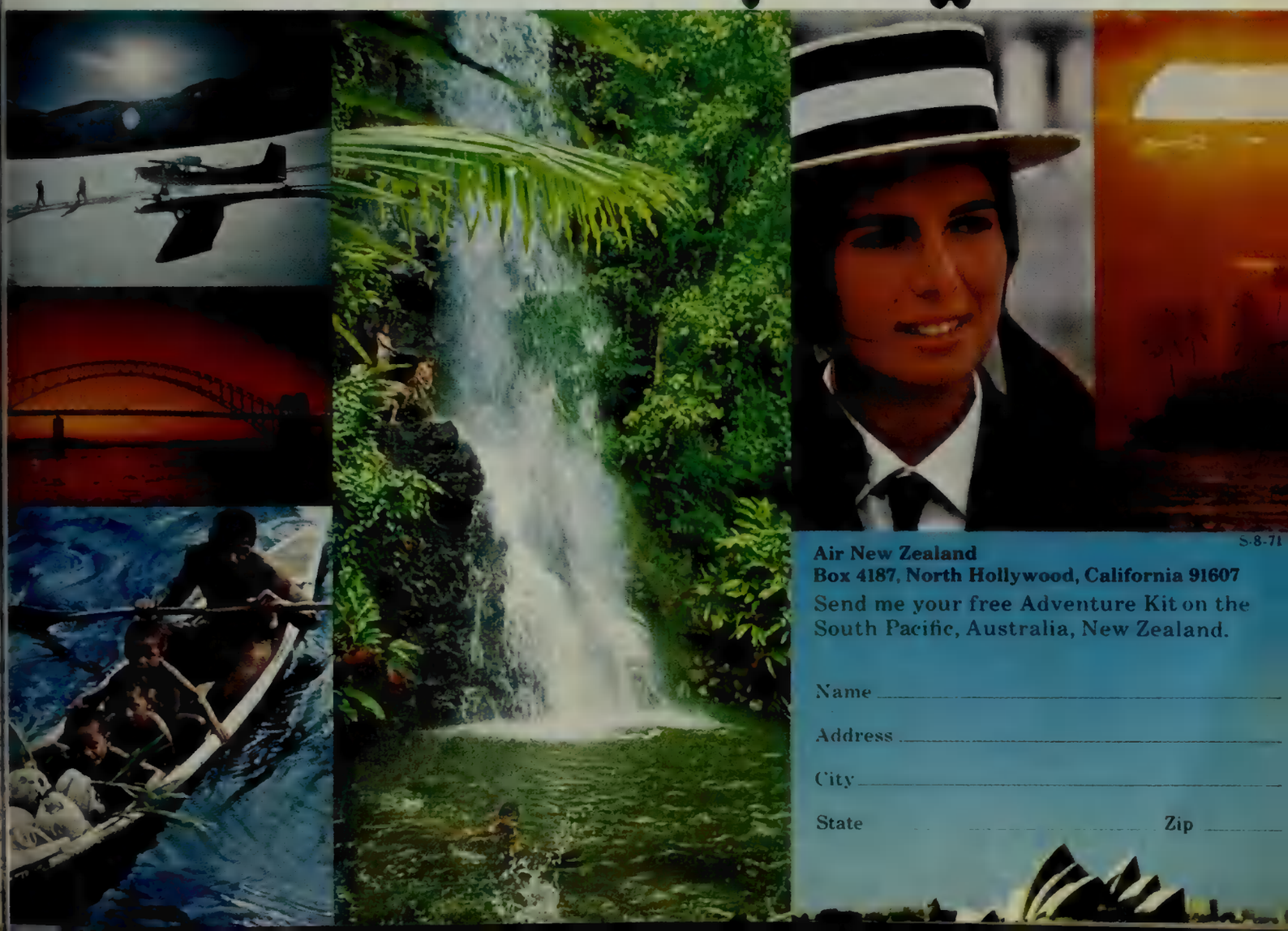

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A. SALBOSA

Families *enjoy picnics under canopies of koa trees. Beyond is a stand of Norfolk Island pines*

Just 12 miles from Waikiki, for hikes, picnics, overnights

A look into Hawaii's past can be combined with a hike over wooded mountain trails at Oahu's Keaiwa Heiau State Park. It's a great place for a picnic and there is also overnight tent camping.

The ruins of a healing temple (*heiau*), probably built in the late sixteenth century, are the feature of the park. Young men were brought here for training as healing priests (*kahuna lapa'au*), learning prayers and formulas for medical compounds.

They worked in the adjacent herb garden, where today you can see examples of many plants valued for their medicinal use, such as *ti*, *kukui*, and breadfruit. The ancient Hawaiians used them for treating cuts, broken bones, stomach disorders, and fevers.

Keaiwa means "incomprehensible" and refers to the power of ancient priests. Beneath a wooden name plate are four upright stones that represent the original four main gods. Unfortunately, people took stones from the heiau over th years, but in 1951 it was rededicated b 50 descendants of chiefs.

The park has barbecue grills, covere

Stone walls *(100 feet wide, 160 feet long) are all that remain of temple*

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*Prices quoted are for each of two sharing twin-bedded rooms and includes 14 35-day Inclusive Tour fare from West Coast.

A. SALBOSA

Hikers *begin 4½-mile Aiea loop trail under eucalyptus trees*

pavilions, rest rooms, and campground (tents only). Set in the mountains above Aiea overlooking Pearl Harbor, it has beautiful groves of Norfolk Island pine planted in 1928.

The Aiea loop trail is easy, beginning and ending in the park. Soon after you start, you'll notice a light, lemony fragrance in the air from the smooth-barked lemon eucalyptus. Along the way, you'll see strawberry guava, bearing fruit in the spring. The tree with red flowers is *'ohi'a*. Legend says it will rain if you pick the flowers.

Near the first lookout, note the sandalwood trees, which were important in Hawaii's trade with China in the nineteenth century. At points along the trail you'll have sweeping views of Diamond Head, Pearl Harbor, forests, and cane fields.

Keaiwa Heiau State Park is about 11 miles from Waikiki. Take H-1 to Moanalua Road. Turn uphill on Aiea Heights Drive and follow it to the top. The gate open at 7 A.M. Apply for a camping permit at the Division of State Parks, 46[illegible] S. King St., Honolulu 96813.

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FRANK JENSEN

Aspens and conifers *flank winding loop drive across the western slope of Utah's La Sal Mountains*

Cool . . . high above Utah's canyons

You're driving through a high, coo forest of white-trunked aspen and dark green conifer, with occasional view through the trees to wind-sculptured buttes and barren mesas some 6,000 feet below. You're in the La Sal Mountains, a great igneous intrusion tha soars up from the plateau of southeastern Utah's canyon country to form a snow-capped island of forested mountains high above the summer heat.

A loop road leaves State Highway 12 about 20 miles east of Moab, winds u and over the western slope of the L Sals and rejoins U.S. 163 about 10 mile south of town. From Moab and bac again, it's a 75-mile drive. Ask the district ranger in Moab about road conditions and campgrounds in Manti - La Sa National Forest.

Take Utah 128 *east of Moab to Castle Valley Junction, turn south follow forest road to US 163*

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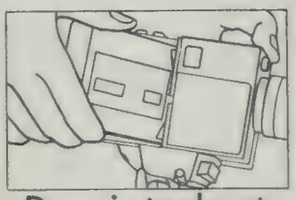
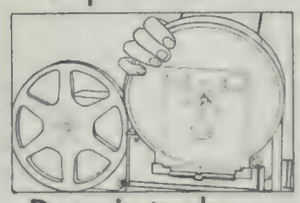


Drop in to shoot.



Drop in to show.

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At show time, drop Kodak's new projection cartridge into the Kodak Instamatic M110 movie projector. The versatile M110 shows both 8mm and super 8. It accepts cartridges and reels up to 400 feet. It's less than $195. Other Kodak Instamatic cartridge projectors from less than $140.

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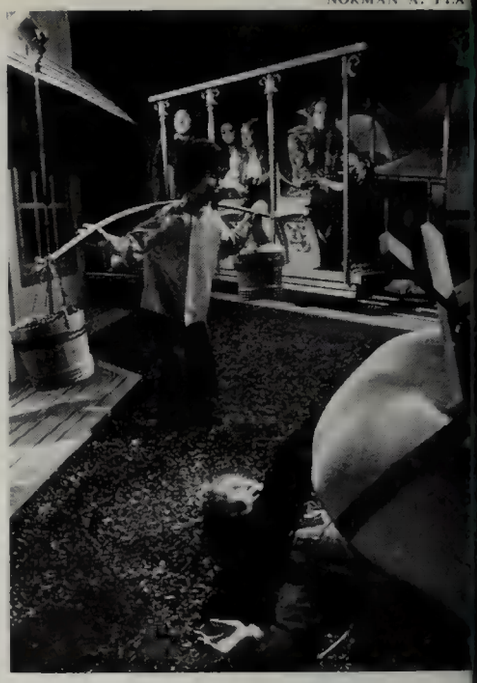
NORMAN A. PLA



Cable car passengers *view an early San Francisco street scene at the Enchanted World on Fisherman's Wharf*

A ride back into San Francisco's pas

Buildings collapse and sidewalks spl open. The rumble of disaster is in th air. The setting is the great earthquak and fire of 1906, re-created every fe minutes at the Enchanted World of Sa Francisco, a new amusement ride Fisherman's Wharf.

The 7-minute ride on replica 1880 cab cars gives you a storybook glimpse the wild, rugged era of the gold rus and Barbary Coast, with historical d tours to the great earthquake and th founding of the city's ethnic commun ties. There are 14 scenes built arour electrically animated characters create by television and stage designers Sid ar Marty Krofft.

The gesturing, talking figures, each abo half life size, are outfitted in colorf period or ethnic costumes and toppe with human hair wigs.

The ride begins as an exuberant pro pector strikes it rich and concludes happy San Franciscans, played by el gantly costumed figures, celebrate th post-earthquake reconstruction. Origin music and sound effects serve as bac ground.

Cable cars leave every 45 seconds b tween 10 A.M. and 10 P.M. at the E chanted World entrance at 145 Jeffers St., near the intersection of Jefferson ar Mason. Admission is $1 for adults, cents for children under 12, and free f children under 6.

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(Prices shown do not include air fare on Western's famous "Islander" to Hawaii.)

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If you plan to cross Nevada in sweltering August, here's the great place to cool off

Bristlecone pines *are found above 10,000 feet on Wheeler Peak; this one is 3,200 years old. Jack rabbit (below) is common sight at lower elevations*

Aside from its coolness, high above the hot eastern Nevada desert, Wheeler Peak country doesn't lure you with any single overwhelming attraction. It offers something more subtle, really a wilderness collage: Lehman Caves, thick groves of aspen, ancient bristlecone pines, glacial moraines, and the balding dome of Wheeler Peak itself all blend into the total experience of this sky island.

At 13,063 feet Wheeler Peak is the highest mountain in the Snake Range along the Nevada-Utah border. Located within Humboldt National Forest, it is the nucleus of 28,000-acre Wheeler Peak Scenic Area encompassing the higher portions of that range (see the map on page 46).

For travelers along U.S. Highway 50, a major east-west route, the Wheeler Peak area is close enough for a detour and a family picnic above the sweltering highway, and compact enough for overnight campers to explore in a day or two. To get there, you turn off about 7 miles west of the Utah border onto State 73, which takes you 5 miles south into the tiny village of Baker. Here you'll find a gas station, general store, motel, and restaurant, and another turnoff (State 74) leading 5 more miles to the roads into the Scenic Area and the subterranean formations of Lehman Caves.

Sunny camp *high on shoulder of Wheeler Peak is pleasant site for family breakfast. East face of cirque towers above campground*
GERALD R. FREDRICK

Lehman Caves National Monument is a small National Park Service enclave sandwiched between the Scenic Area and the rest of Humboldt National Forest, both administered by the U.S. Forest Service. At the Lehman Caves Visitor Center are information counters where you can get maps and camping and trail information for the Scenic Area and inquire about tours of the caves.

Guided cave tours originate at the National Park Service desk and are conducted hourly between 8 A.M. and 5 P.M. Memorial Day through Labor Day, less frequently the rest of the year. Tour cost is 50 cents for adults; youngsters under 16 are free. Since the cave trail is only about ⅔ mile long, small children can walk it without much difficulty.

As you enter Lehman Caves the first thing that strikes you is the coolness of the air, a startling relief from the heat bouncing off the arid hills outside. (You should take along a sweater.)

In an hour and a half the guided tour explores most of the cavern, winding through narrow, twisting passages to larger chambers until you are eventually 281 feet below the surface. There are 10 different easily identifiable cave formations, the most unusual of which are shields.

Shields occur in pairs, flat circular disks arranged face to face and separated by a thin crack. They are probably formed as water seeps through a crack in the cave wall and deposits minerals on each side of the opening. These deposits gradually form the shields, some of which are up to 6 feet in diameter. Excess moisture may cause other formations to grow beneath a shield.

On emerging from Lehman Caves, stop by the U.S. Forest Service desk for a map of the Scenic Area, then take the 13-mile drive to the road's end at Wheeler Peak Campground on the upper slopes of the mountain. The road leads you through several life zones on the way to the top.

You start the climb from Lehman Caves in sagebrush, cactus, piñon pine, and juniper. Gradually, you pass into forests of white fir and ponderosa pine, with isolated stands of mountain mahogany in the more exposed areas. Here you may spot a deer or bobcat.

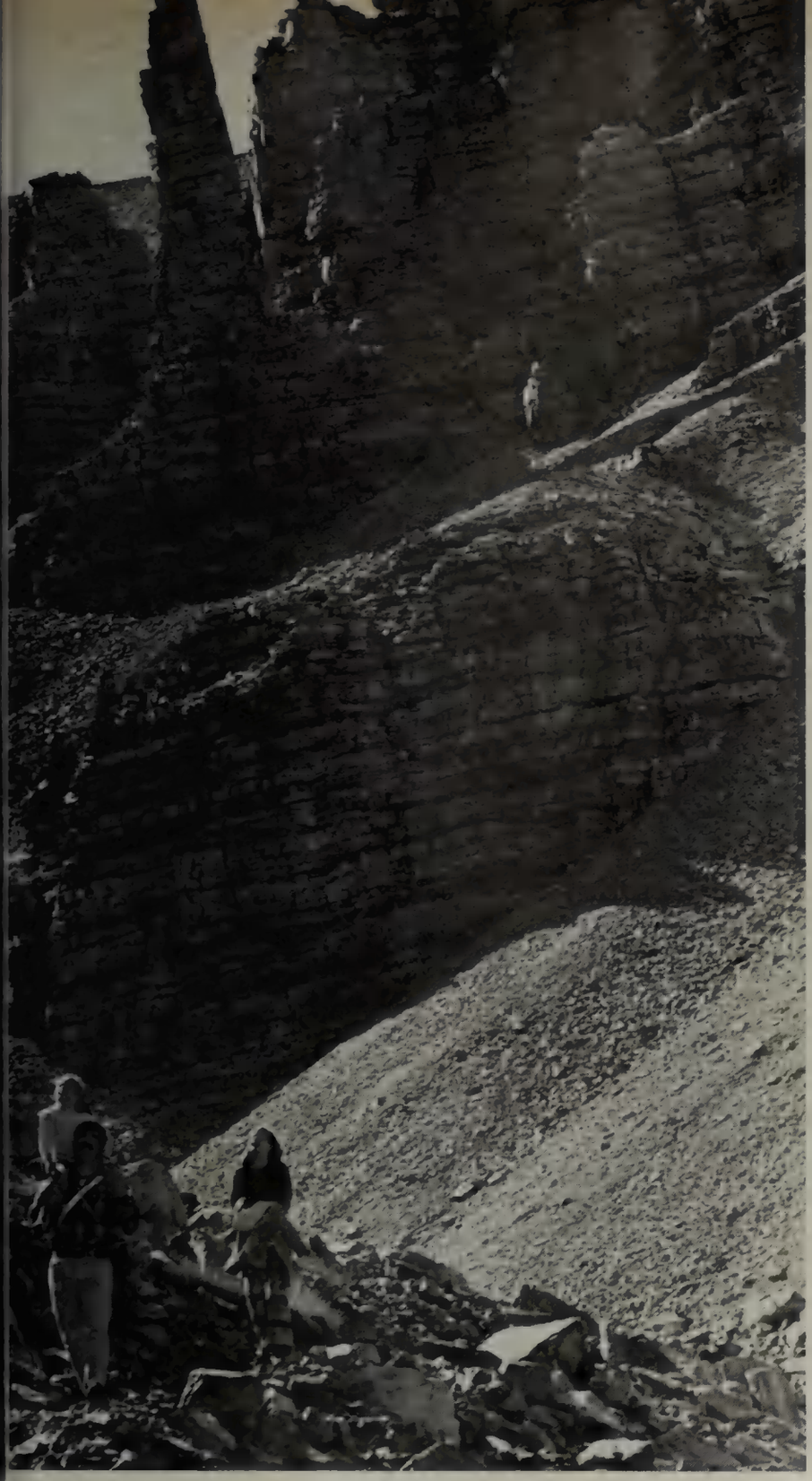
Near the end of the road you pass into thick stands of aspen intermingled with Douglas fir. This is the setting of the Wheeler Peak Campground at 10,000-

GERALD R. FREDRICK

Thick groves *of white-trunked quaking aspens shade hikers from warm afternoon sun on Solace Loop trail*

Amateur *spelunker examines limestone stalactites and columns in Lehman Caves National Monument*

Below ground in cool Lehman Caves . . . through aspens to a glacial cirque



Crumbling breccia *of moraine makes a rough trail for family walking into glacial cirque below Wheeler Peak*

ıot elevation, the starting point for kes down Lehman Creek or up to the p of Wheeler Peak.

robably the most rewarding hiking ıutes in the Scenic Area are the Solace ɔop and the Bristlecone-Icefield trails, / which you can swing up past Stella ıd Teresa lakes and through the an- ent bristlecone pine forest to the gla- al cirque at the base of Wheeler Peak. he Solace Loop starts right at the en- ance to the campground. You climb only about 1,000 feet in 4 miles, but the altitude will probably slow you down, so plan to get an early start and spend most of the day on the 7-mile hike.

By Stella Lake you are out of the aspens and walking through stunted groves of limber pine and Englemann spruce. The Bristlecone-Icefield trail branches off the Solace Loop near Teresa Lake. After climbing ıt another mile you are in the bristlecone forest.

Bristlecone pines are the oldest known living trees, found only in isolated stands at high elevations in the Southwest. They typically grow very slowly in thin, rocky soil above an elevation of 10,000 feet. They retain needles for 20 to 30 years. Many older trees die back so that only a portion of one branch off the main trunk is alive, leaving the rest of the tree as a twisted skeleton of weather-tortured wood. The oldest bristlecone yet found was growing on Wheeler Peak (it was cut down for research purposes); it had lived for about 4,900 years.

Continuing another half-mile, you climb out of the bristlecones and into the cirque at the base of the peak.

Unlike any other part of the mountain, the cirque is a horseshoe-shaped canyon walled in on three sides by sheer cliffs of eroded rock and filled with moraines of jumbled grayish brown quartzite extending up to the shrunken remains of the glacier that carved out the Lehman Creek canyon.

The little pocket glacier hugs the shadows of Wheeler Peak which towers another 2,000 feet about it. You can see most of the ice from a lookout point at the end of the trail, but it's dangerous to walk past this point onto the glacier because of falling rocks.

Four improved campgrounds in or near the Scenic Area contain a total of 63 campsites, most of which are suitable for camper vehicles. Overnight camping fee is $1 (free with a Golden Eagle annual permit). Campers in the higher regions of the Scenic Area should be prepared for night temperatures that may be close to or below freezing.

For detailed maps of Wheeler Peak Scenic Area or Lehman Caves National Monument, write to the Superintendent, Lehman Caves National Monument, Baker, Nev. 89311. □

Sheet *of ice from surface of Stella Lake*

A hat for the seventies

It can be his or hers. And it is surprisingly easy to make

ese leather hats, stylish on her, casual him, came from the same pattern. ey're simple to make with basic ther craft tools (total cost less than and about $4 worth of leather for h hat.

u'll need a piece of 6 to 7-ounce wn latigo (oil-tanned leather) or 6 7-ounce retanned boot leather (each ut $1.25 per square foot). We used 18 by 24-inch piece for a hat of 23-h head size. If your shop will cut ther to size, take a pattern with you ce they'll charge by the ounce; other ther shops sell by the square foot y. The tools, too, can be purchased leather shops.

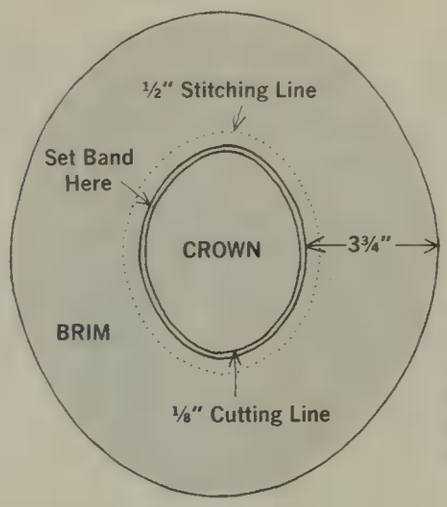
ke the band first. It's a straight strip nches wide and as long as the head umference plus about an inch for rlap. Cut out the band with a single-e razor blade. Bevel the edges, as wn below, for a smooth finish. Touch the edges with a cotton swab dipped leather dye, if necessary. Fit band to head, allowing for ½-inch overlap either end. Using a space marker, ke stitching lines, as shown on pat-n, on both ends of the band angling m ½ inch to 1¼ inches; trim ends ½ inch from stitching line. On edge be fit to crown, mark stitching line inch from edge.

the two ends of band together with ving awl. The awl carries a spool of ead in the handle which feeds out as stitch. The first stitch is crucial: read about twice the length of pieces be stitched is pulled through to back. is acts as bobbin thread for stitching.

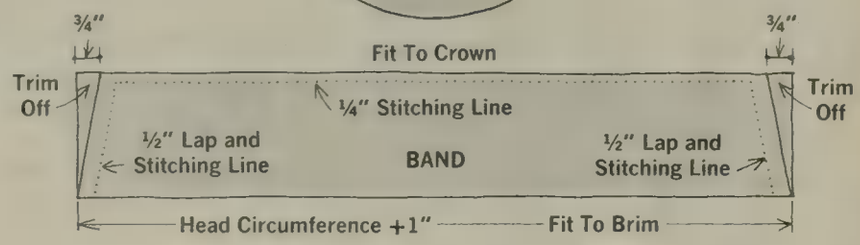
Place band, now sewn in head shape, on top of a large leather piece. Measure and draw with pencil 3¾ inches out and around the band to form the brim. For the crown draw ⅛ inch to the inside edge of the band. Cut out both brim and crown, bevel edges, and dye if necessary.

Place crown piece on the inside top edge of band. Overlap band on crown by ½ inch and hold the two together with six single basting stitches around the circumference; stitch with awl all around. Remove basting.

Mark a stitching line ½ inch from inside edge of brim. Drop brim over the outside of band and crown. Secure brim to band with six basting stitches; stitch brim and band together. Remove basting as you go. If leather is not permanently waterproof, apply an acrylic sealer for leather to entire hat. The crown will roll down. □



Follow *basic shape for making hat pattern; head size determines length of band, cut for crown*



DARROW M. WATT

Edge bevel *($1.25) rounds off top edge of leather; use size 3 for medium slope*

Space marker *($1.50), like tracing wheel, makes five stitch marks per inch*

ne *leather hat, trim and 'ored on a girl, rustic and ıdsome on a fellow*

Sewing awl *($1.75): Force the needle through marks in two thicknesses of leather to back side*

To stitch *draw needle halfway back to form loop, pass thread through loop, draw needle out; repeat*

Built in a day...ready to use in

Arrange *and level 12 concrete blocks (6 by 8 by 16 inches) in a 32 by 48-inch rectangle. Top with two layers of bricks (you'll need 96). For a more generous hearth (see page 51) we later added 4 more blocks, set in two layers perpendicular to other blocks, so used 16 blocks in all*

Cut *drum (see below) in half; cut draft hole in drum end to fit 1-pound can; set drum on a wall of bricks stacked 3 high (this takes 33 more, for a total of 129 bricks). Shape over drum a 3 by 4-foot piece of 4-inch concrete wire; tuck excess under drum front. Mold same-sized piece of chicken wire over top and back of drum; cut out draft hole*

Fit *can in draft hole, exposing 4 inches. Force blended mud (12 shovels mud with 4 shovels cement plus water) through wire onto drum. Make walls at least 4 inches thick. You need about 3 bags cement*

Put *door (2 inches thick, with arched top and handle) in place and mold close-fitting oven opening. Remove door when mud firms slightly. Smooth surface by hand with a little water. Cover with wet cloths, plastic sheet to cure*

When *mud has cured 4 or 5 days un wet cloths, uncover and paint w exterior latex. After frequent use, repa to help conceal heat cracks, smoke ma*

The solid, quaint, plastered-earth oven pictured at right and on *Sunset's* cover does something that we think justifies a day or two of puttering around in the mud: It bakes fine loaves with a crust as much like the crust of San Francisco's famous French bread as you can ever hope to achieve at home.

And it cooks the rest of the meal, too.

It is typical of primitive ovens in use the world over, although their shapes, sizes, and materials vary. In our Southwest you'll find the beehive-shaped adobe ovens of the Pueblo Indians; in Mexico the form may be like that at right, or a beehive, or a precise rectangular shape in concrete; in Italy or France an entire village may share one large brick oven.

The way the oven works is elemental: You build a fire in it to heat walls and floor, then clean it out and cook in the declining heat.

Illustrated above are steps in the simple, inexpensive way our oven was constructed. It will withstand rain and sun; but should you tire of it, a sledge hammer will break the crust and free the unmortared interior bricks and blocks.

A 28-gallon paper barrel or drum (about 27 inches tall) split lengthwise with hacksaw or saber-saw provides the form for the top contour; later it is simply burned out. Buy a drum from the lumberyard or see the classified telephone directory under "Barrels & Drums."

Two layers of wire mesh (of different weights) hold and reinforce the thick adobe-like exterior (we had good results with the dirt-cement blend using soils ranging from loamy to hard clay).

The oven dries out and cures under f quently moistened wet cloths for abo a week before firing.

Expect harmless cracks to develop wh it is heated.

Regulating the heat

A warning: The oven holds intense he and can char a loaf or roast in very f minutes if too hot. Trust the readi of a mercury oven thermometer; m cooks who have trouble put the fo in the oven before it is cool enough.

Follow the steps shown on page 52 heat and clean the oven, then plug t draft. Set thermometer (one that reg ters up to 700°) in the middle of t oven where you can easily see it. If t oven is properly heated, the tempe ture will be near 600°—over or sligh

veek...your own pueblo oven

DARROW M. WATT

When the oven is hot, out comes the fire and in go the bread loaves to bake

Heat *oven with blazing, well fed fire burning for 3 hours or until outside of oven is quite hot to touch*

Scoop *out wood and put into fire-proof container, working quickly. Clear corners with a hoe. Have all equipment ready to use*

Sweep *oven with a damp broom, then clean with slightly damp mop. Plug draft with wet rags. Work fast. Check temperature with oven thermometer*

Slip *raised loaves from floured paddle onto oven floor; fill from front to back (back part is hottest). Set door in place*

under. Leave oven open to cool; depending on drafts, air temperature, and original heat of oven, it will take 30 to 40 minutes to drop to the bread baking temperature of about 325°.

The most critical timing comes when dough is ready to shape. A team operation works best until you become proficient, as the loaves should be formed just before you clean the oven and the steps may overlap.

A good timetable is to start the fire first; make dough about 1½ hours before you expect the oven to be ready to clear; shape loaves, and at once clear oven to start cooling it. If loaves are ready to bake before oven is cooled, refrigerate; if oven is ready first, close the door.

An adobe oven dinner

To produce a meal of distinction from your adobe oven, follow this routine: When oven temperature drops to 500°, push a small baking pan with rack holding a 5-pound cross-rib or sirloin tip roast (with meat thermometer in thickest part) to the very back of the oven, but *do not* close door. Just before oven is ready for the bread (about 350°), put alongside the pan as many as 6 *each* scrubbed, medium-sized baking potatoes and medium-sized onions in their skins. Put in bread and close the door.

Remove baked bread to hearth to cool; reclose oven and let roast and vegetables continue cooking until meat thermometer registers 135° to 140° (about 45 minutes longer).

Slice roast, peel onions, split potatoes, break bread, and apply butter, salt, and pepper as needed. Serve with green salad and wine.

Adobe Oven Bread

- 1 package dry yeast
- [illegible] teaspoons sugar
- [illegible] cups warm (about 110°) water
- 11 to 12 cups regular all-purpose flour (unsifted)
- 1 tablespoon salt
- 1 egg beaten well with 4 tablespoons water
- Water

In a large bowl stir yeast and sugar into the 4 cups warm water; let stand until yeast is dissolved. With a heavy spoon beat in 10 cups of the flour and salt, then turn dough out onto a board coated with 1 more cup of flour. Pat some of the flour over the dough (it is sticky), then knead for about 10 minutes or until dough is smooth and feels velvety; add more flour to board as required.

Wash the bowl, dry, and rub generously with salad oil; turn dough over in bowl and cover with clear plastic film. Set [illegible] a warm place to rise for about 1 h[illegible] 15 minutes, or until doubled.

Divide dough into pieces of equal si[illegible] making 2 to 8 portions. Shape each pi[illegible] by kneading into a smooth ball; th[illegible] (if you like) form an oval or long lo[illegible]

Place loaves well apart on floured m[illegible] lin cloth on baking sheets; dust ligh[illegible] with flour and cover with cloth. [illegible] loaves rise 30 to 40 minutes, or u[illegible] puffed-looking. (Refrigerate briefly [illegible]

Tear crusty loaves *into chu[illegible] and spread lavishly w[illegible] butter for special predin[illegible] sampling. The rest of [illegible] meal—featuring roast bee[illegible] can also cook in o[illegible]*

DARROW M. WATT

ves are ready before oven.)

hen the preheated adobe oven has oled to about 350°, prepare to trans- the loaves (1 or 2 at a time) onto a ured bread paddle in this manner: t cloth to roll a loaf slightly onto ur palm, then slip bread paddle under f and roll it onto the paddle. Slash top of each loaf in several places th a very sharp knife or razor blade, n brush surface with egg mixture; e care not to let egg run onto board. (To improvise a bread paddle, secure a steady handle to a smooth, thin board large enough to hold at least 1 loaf.)

When the preheated adobe oven has cooled to between 325° and 300°, slip the loaves onto the clean oven floor; if you can, load from front to back, for the back is hottest. Work quickly, and when all loaves are in the oven, set door in place. Check temperature in 5 minutes; if above 400°, remove door until oven drops to 350°, then close. After a total of 10 minutes, squirt loaves all over with water forced from a turkey baster. Close door, and again, after 10 minutes, squirt loaves with more water.

Close door and continue baking about 40 to 60 minutes, depending on size of loaves and oven temperature, until loaves are a rich golden brown. Pull out onto oven hearth to cool; serve while still slightly warm to touch or when cooled completely. Break or slice loaves. Makes 2 large or 8 small loaves. □

Clean snap *with no stringy fibers means bean is just right for eating*

Growing your own vegetables gives you the chance to enjoy them at their most toothsome. But figuring out exactly when they reach that plump, sweet stage is trickier than veteran vegetable growers often make it seem.

Here, as the great days of harvest begin in most Western gardens, is a guide to help you recognize when vegetables hit their peak.

Harvesting too soon keeps the crops from reaching full size and, often, full flavor. Harvesting too late may increase size, but it's at the expense of flavor and tenderness; and a vegetable left on the plant too long drains energy that slows further production.

With most crops growing so rapidly in the August heat, it's a good idea to check their progress every day. Hunt thoroughly for ripe or aging vegetables and pick right away. If you go away during harvest time, have someone come in to pick vegetables as they ripen.

In addition to the signs of ripeness given in the following list, there's a simple test that works for many vegetables: Pick a few samples and taste for sweetness and crispness.

On page 126 you'll find ways to tell when some of the less common vegetables are ready to harvest.

Beans (green or wax). Look for young, tender, long, sleek pods with beans just starting to bulge sides. Test by breaking in half; beans that will taste best snap with a pop, show no or few fibers. Aging pods turn yellow, leathery, stringy, streaked, with mealy beans inside.

Beets. The smaller the better, once beety flavor develops; best when 1 to 2 inches in diameter. You can eat tops and bottoms of small beets you thin out. Old beets bump out of the ground, split sides, taste woody. Pickle surplus rather than leave them in the ground. To harvest greens, cut when foliage is dark, before older leaves turn yellow.

Carrots. Young ones are sweetest and most tender; start pulling at finger size or when you need to thin crowded plants. Except for biggest varieties, carrots turn woody when over 1½ inches in diameter. In tight soil, water first, then carefully tug and tease carrots to avoid breaking them or injuring neighboring ones.

Corn. Good timing is critical because sugar in kernels turns to starch as soon as ear is picked or reaches a certain age —and then it's no better than store-bought. Perfectionists say to start the water boiling and then go out and pick.

As first sign of coming ripeness, green silks wither to brown; feel for plump kernels through husk. To make sure corn's ripe, peel back husk at top, pierce a kernel with thumbnail. Milky juice spurts out if ear is just right. Clear juice means wait a day or two. Insides like toothpaste means you've missed your chances for perfection on that ear.

Milky juice spurts if the corn ear is right for picking

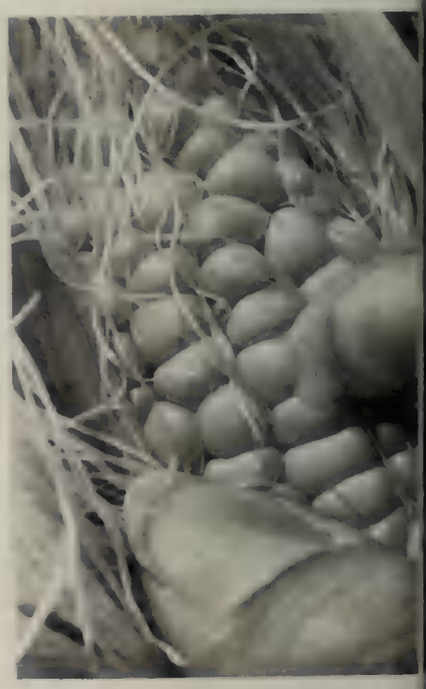
Cucumber. With most varieties, pick for sweet pickles when 2 or 3 inches long, for dills when 5 or 6 inches, for slicing when 6 to 8 inches. Lemon cucumber should measure no wider than 3 inches. Japanese and Armenian cucumbers retain quality even up to 20 inches long. Cut or pull, leaving short stem.

The best cucumber length depends on its nationality

Eggplant. It's most tender and you hardly notice small seeds if you pick when glossy, dark purple, and 4 to 6 inches long (it can grow much larger). Heavy load taxes small plants, so remove all but three or four fruits from each plant. Pick long slender Japanese eggplant when finger size to hot-dog size; one plant will bear dozens if you keep them picked.

Lettuce. Hot weather quickly forces seed production and bitter flavor. For heading lettuce such as 'Iceberg,' harvest when center feels firm. For leaf (loose-head) lettuce, cut or pull outer

Test corn *by piercing kernel with thumbnail. Milky juice indicates sweet, tender stage*



The home harvester's art...whe

Sniff *for ripeness. Pick cantaloupe when it develops fragrance you can almost taste*

/es when you can use them; inner /es grow quickly to eating size. Pick uce in morning when leaves are mp with moisture.

lons. These are tricky. Smell is as d a clue as any; sniff for characteris- aroma at blossom end.

ıtaloupe. Nudge gently, and if it slips n the stem it's ready. Another sign: ting on skin becomes prominent.

aba. Leave on the vine until blossom softens and rind turns yellow.

nshaw. It's ripe (and highly perish- e) when dark green skin develops yel- streaks.

neydew. Pick when blossom end soft- and white skin turns cream color.

Melons are tricky. You should rely on your nose

termelon. Think about harvesting en curly tendril on vine next to fruit n withers. Further confirmation: ıere rind touches ground it turns from white to light yellow. Folk method of rapping on melon works if you have good ear: Ripe melon goes pong instead of ping.

Onions and garlic. You can use some onions green and leave the rest to grow up. Pull green onions when stalk is thick as a pencil; even young ones have good flavor. Harvest dry onions and garlic when tops dry up and fall over. (You can harvest sooner but bulbs won't store well.) Loosen ground with spade or fork, then tug them out. Let bulbs dry on top of ground for a few days. Remove tops before storing.

Pull green onions when stalk is as thick as a pencil

Peppers. Pick sweet green peppers (bell peppers) anytime after they reach worthwhile size. If left to mature, late in the season they turn bright red, mellow, sweeter.

Potatoes. Start digging new potatoes when plants bloom; use right away or keep in refrigerator. Harvest old potatoes when tops die back; slip spade or fork deep under clump and lift to surface. Leave in sun only long enough for soil to dry; shake off soil. Store in cool, dark, dry place.

Squash. Zucchini and other long green summer squashes are most tender between 5 and 8 inches long (up to 10 inches for some varieties). At ultimate size of 2 feet and more, they become fibrous, seedy, and tough-skinned. Bake overgrown squash if skin is still tender enough for you to pierce it with light push of thumbnail. Blooms can turn into edible-sized squash in a couple of nights; search plants every day.

Yellow crookneck varieties taste best when 4 to 7 inches long. Pick when pale yellow rather than golden, before skin hardens.

Harvest scalloped squash (pattypan) when it's grayish or greenish white, before it turns ivory white. It's best while small, even silver-dollar size.

Winter squash ('Acorn,' 'Hubbard,' 'Spaghetti') and pumpkins develop hard shells and can store until spring if allowed to mature. Pick after vine dries up. Leave on the ground until frost if you want, but in hot valleys harvest or protect from sunburn when vine foliage withers away. Cut with 2 or 3-inch stems on. Store in dry place between 45° and 55°.

Swiss chard. Plants produce for months if you leave enough foliage for regrowth. Leaves of any size (except old limp ones) are good to eat, but let plant grow at least a foot tall and build up strength before harvesting. Each time you pick, take leaves from several plants. Cut or pull outer leaves only; younger ones at center will reach harvest size in a few days.

GLENN CHRISTIANSEN

Beets *about this size are sweetest and most tender. You can use tops, too*

Tomatoes. Wait for deep red color (except for yellow and orange varieties) and firm flesh. To beat frosts at end of season, pick all fruit on vine and let green ones ripen in a sunny window. □

pick, which ones to pick

1· *Use earth tamper to firm leveled soil base. Spread 1 to 2 inches of damp sand over base; tamp*

2· *Use screed (2 by 4 with 2½-inch extension nailed along bottom) to remove excess sand*

3· *Place brick on sand; s it to adjoining brick with disturbing sand base. down high brick with ma*

Easy brick pathways

You lay your bricks in sand. You minimize brick cutting. You use headers

4· *To cut brick, set it sand, hold brick chise place, and give it a l tap with a m*

Almost anyone can lay brick on sand for a walk or patio and be fairly confident of good results. The sore knees, stiff back, and sunburned shoulders that go with it can be considered badges of achievement in themselves. It can be a solo project that you peck at most of the summer, or a family affair with everyone pitching in to complete the job in a weekend or two.

One of our editors and her husband put down more than 7,000 bricks on sand, in the running bond pattern pictured here, during summer weekends. She did most of the cutting while her husband did the heavy work, and by summer's end she was using the brick chisel with great accuracy. This was their very first brick project, and though their minds boggled at the idea of hefting and laying 7,000 bricks, they took their time and gained both speed and accuracy as they progressed.

A less ambitious, first-time project would be a simple brick-on-sand garden walk. But large scale or small, the key technique of laying brick on sand is the same: You confine the bricks within some framework that keeps them from shifting. It's usually wood 2 by 4's, but it can also be an edging of bricks set in mortar. The major steps are shown in the photographs.

After awhile you'll develop the working pattern that suits you best. Some prefer to work forward from the bricks already laid; others work backward, as the person in these photographs is doing. If the ground underneath the walk (or patio) is well drained and properly compacted, and if the bricks are level and firm, a brick-on-sand paved surface should last many years. If an area should sink o you have to install pipe or make o changes, it isn't difficult to tear out replace.

Design your walk to accommodate size of brick (in the West, a stanc brick measures 2½ by 3¾ by 8 inch The closest you can come to a 3-f wide walk is either 9 bricks, about inches, or 10 bricks, about 38 in (not including the width of the w frame). A more convenient and us width is 13 bricks—50 inches.

Choose a pattern that requires a m mum amount of brick cutting. The j on-jack pattern (all bricks running same way, with all joints continuou the simplest. The running bond pat shown in all the photographs her slightly more difficult because you some cutting. A basketweave pat

ick garden walk—no mortar, bricks set snugly on bed of sand—is an easy-to-clean, fast-drying surface

NORMAN A. PLATE

5 · *When bricks are set, throw fine sand over surface, let sand dry, sweep into cracks, sprinkle lightly to settle it*

'o-brick squares in alternating direc-
ns) is more time consuming.

ıu may find a pair of knee pads handy.
ıecially if a helper brings you the
cks so you can work on your knees
l don't have to walk about very much.
ow wood box with a cushion is handy.
, for resting on. One of the best ways
avoid sore joints is to take frequent
nd-up-and-stretch breaks. (You tend
do this if you are doing all the work
ırself, but less so if a helper totes the
ck and spreads the sand and you sim-
' move forward like a brick-setting
tle.) Wear a hat and a long sleeve
rt or blouse to prevent sunburn.

ıout all the tools you will need are a
nper, spirit level, brick chisel, mallet,
d screed.

you don't want to buy or borrow the
ıls, you can rent them. □

DARROW M. WATT

Guests *at this informal party sip wine punch to start, serve themselves from the buffet table, grill Indonesian sate (me*

This party's food might be called a simplified *rijsttafel.* The Dutch word (pronounced ri-*sta*-fel) means rice table.

The Indonesian rice table that most people have heard about is a bountiful display of East Indian foods. The extravagant banquet, requiring many waiters to serve all the courses, was an innovation of early Dutch colonists.

But even the simplest Indonesian meal can be called a rice table, for rice is basic to every menu. A guest is served rice first. Then everything else goes on top or alongside. Rice is the companion for each of the other foods. Whether the rice is plain or fried, the grains are loose, not sticky.

The accompanying vegetables, meats, sauces, and condiments, when mixed in with the rice, bind it together so it can be eaten in the classic Indonesian way—with fingers. The people of these East Indian islands never adopted the Oriental custom of eating with chopsticks.

However, we don't recommend that you serve an Indonesian dinner and expect your guests to eat it with their finge for to do so comfortably requires a go deal of practice. Some of Indonesi popular foods make appealing party fa even served with forks.

This menu is easy to prepare and ser from a buffet table either indoors or the patio. One big help is the fact t all of the cooking can be done the d before. The rice is fried, then reheat in the oven in its serving dish. Vege bles are lightly cooked and the sp peanut sauce is prepared.

The rice table idea *It comes from Indonesia. And this version is a colorful and simple buffet*

DARROW M. WATT

sticks) on table barbecues

Fruit *salad dessert is bowl of sliced fresh oranges and apples, canned loquats in ginger syrup—all well chilled*

ied rice *goes on the plate first, en vegetables and spicy peanut ice (gado gado); add peanuts, utney, other condiments*

GLENN CHRISTIANSEN

The meat can be cut in bite-sized pieces, marinated, and strung on skewers. Our guests barbecued their own sates on small table-top grills on the patio. You could cook them on a larger barbecue or in the broiler just before serving and keep them warm on the buffet.

You can buy the mango chutney, canned fried onions, and peanuts; you'll probably be able to find all the recipe ingredients in your supermarket.

Indonesian buffet

Fried Rice (Nasi Goreng)
Meat on Sticks (Sate)
Vegetable Plate with
Spiced Peanut Sauce (Gado Gado)
Mango Chutney **Fried Onions**
Roast Peanuts
Pickled Radishes and Cucumbers
Indonesian Hot Sauce
Chopped Coriander Leaves (optional)
Iced Tea
Fruit Bowl with Ginger Syrup

The Indonesian hot sauce is used sparingly in the recipes. You can put little pots of it on the tables for your guests to add its seasoning to the various dishes to suit individual tastes. Just make sure everyone knows that the sauce is hot.

Indonesian Hot Sauce

Heat about 1 inch water to boiling in a small pan. Pour in ½ package (⅜ oz. size) small, dried hot chile peppers; simmer for about 5 minutes, then drain. Put chiles into the blender jar, add 2 tablespoons water, and whirl until finely pulverized. Cut 2 medium-sized tomatoes into chunks and add to blender with 3 tablespoons lemon juice, 1½ teaspoons salt, and 2 teaspoons sugar. Blend until smooth. Refrigerate until needed; it keeps well for several weeks. Makes about 1 cup.

Without a blender, pulverize the peppers with a mortar and pestle (omit 2 tablespoons water); put the tomatoes through a food mill, then stir everything together. If you handle these hot peppers, be careful not to touch your eyes or face until after you have washed your hands well, for they can make your eyes smart.

The recipes for the fried rice, skewered meats, vegetable plate with spiced peanut sauce, pickled radishes and cucumbers, and the fruit bowl are on page 86. For a party of eight, you'll need about 12 to 16 ounces of chutney, 1 or 2 cans (3½ oz. *each*) fried onions, and about 8 ounces roast peanuts. If you enjoy fresh coriander (see page 116 of the May 1971 *Sunset*), you'll find it makes a good condiment with this menu.

Iced tea is appropriate with an Indonesian dinner; you might also serve water or a chilled wine such as Chenin Blanc, Sauterne, or Rosé. Before dinner you might offer guests an aperitif wine or wine punch. □

Sleek, pampered *young thoroughbreds get workout in fields of Flag Is Up Farms next to Solvang*

Detour 85 miles northwest of L.A. to see horses, flowers, history...and Danes

Nostalgia holds its own in the valleys of the Santa Ynez River, just north over the mountain ridge from Santa Barbara, about 85 miles northwest of Los Angeles. Indian, Spanish, and pioneer antiquities survive. Ranches, farms, and flower fields flourish. Oak and chaparral-covered hills are hardly touched. Even such an evocation of Europe as the extraordinary Danish village of Solvang, 60 years old this year, seems at home in its rural California setting.

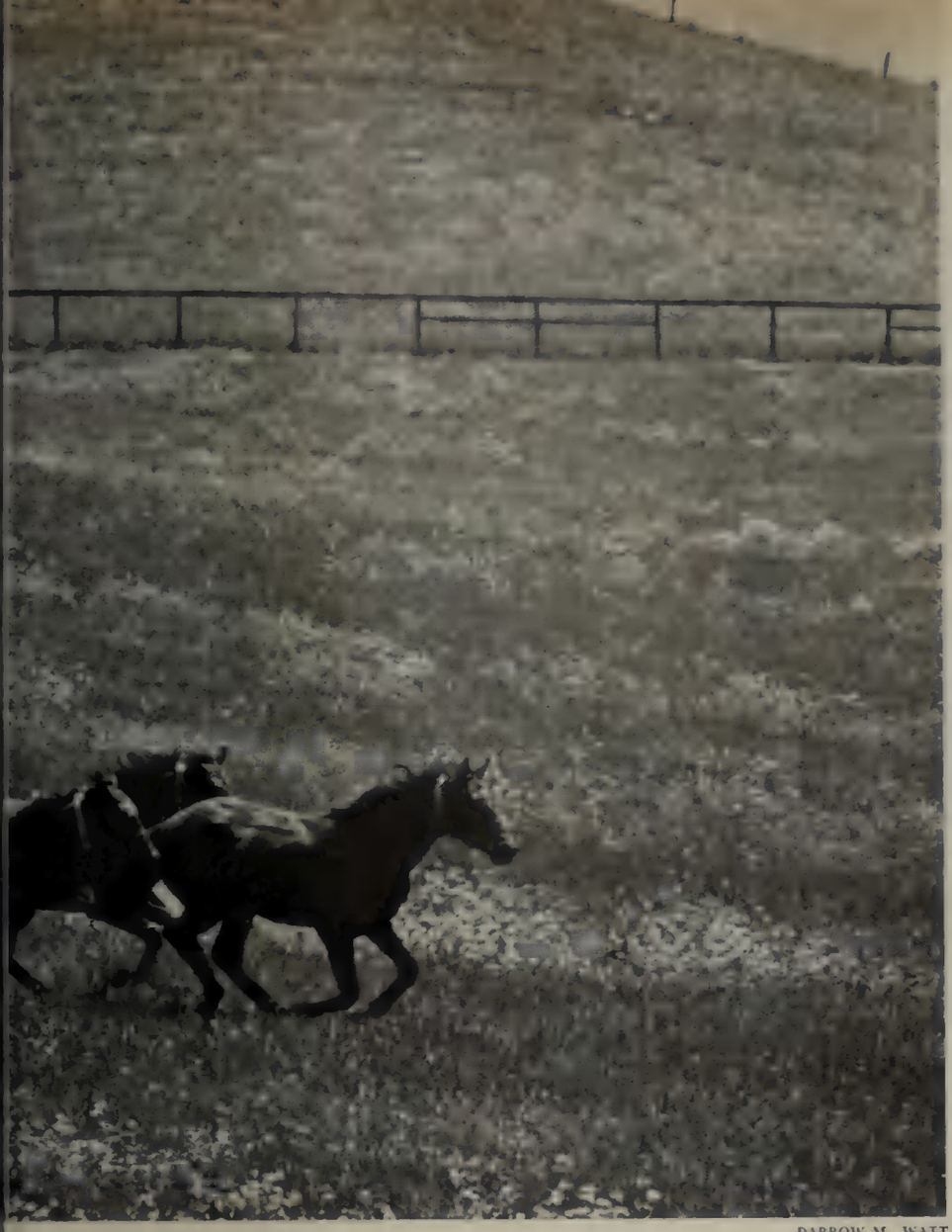
The U.S. 101 freeway speeds the motorist right across the Santa Ynez Valley; the Buellton and Solvang exits invite the more leisurely traveler to explore up or down it on State 246. For a more dramatic approach, take San Marcos Pass Road (State 154) out of Santa Barbara.

Just north of the San Marcos Pass summit, turn off on Stagecoach Road to follow the old stage route, past an old stage stop, under the great arch bridge, and down to the road that leads (to the right) up the narrowing river canyon to picnic areas and campgrounds.

Ahead, the road rejoins the highway, passing Cachuma Lake. Warm-water fishing is the lure here, and you can launch or rent a boat in the county park. Just west, beyond the observation point road, is your introduction to the valley as horse country: Cachuma Trails, which offers escorted rides below and beyond the dam every day in summer.

Farther along are horse breeding far notably along Happy Canyon Road on the highway just west of Solva Most discourage visitors, but genuin interested persons can visit by cal Solvang public relations director A Johnson at (805) 688-5671.

Solvang is the center of action in valley, with its shops, bakeries, and taurants. You can cover it on foo tour it (on weekends) on *Hønen* ("He a motorized version of a Copenha streetcar. You can also rent a bicycl The village is at its liveliest during D ish Days (September 18 and 19 year), a weekend of Danish costu



DARROW M. WATT

GLENN CHRISTIANSEN

Garden *of Santa Inés, last of the southern missions (1804), backs up to Solvang's busy main street*

Celebrated *flower fields around Lompoc are still in bloom*

Behind *Solvang's appliquéd façades, Danes cheerfully dispense Old Country foods and goods*

singing, and street dancing.

A tour of the past might begin in Solvang at the handsome Santa Inés mission; it would include neighboring Santa Ynez, with pioneer-age buildings and a museum of Chumash Indian and pioneer artifacts. You could then go north to the labeled landmarks of Ballard and to Mattei's Tavern in Los Olivos.

To the west in Buellton, a restored antique school stands in Andersen's Animal Park (see page 91 of the June *Sunset*). Farther west the other mission, La Purísima Concepción, is in a state historic park edging the Lompoc Valley. The museum at Lompoc has a Chumash collection also. □

Youngster *races across field to watch workers behind wagon load it with the bundled wheat*

Old-style threshing bees this month and next

A couple of generations ago, when it was time to harvest in Western wheat fields, neighbors got together for a communal threshing bee. Prodigious steam-driven tractors weighing up to 20 tons puffed stubby columns of black wood smoke into the August sky, as farmers pitchforked sheaves of wheat into the thresher to the steady slap-bang beat of drive belts and muffled "chuff, chuff, chuff" of the engines.

Steam threshing ended sometime in the 1920's, but many farming communities across the West still fire up their antique steam equipment for at least one weekend each year to reenact an old-fashioned threshing bee. You are invited to join the celebrants this month and next and relive the sights, sounds, and smells of harvest time as it used to be.

Old-time threshing was hard work. The sheaves of wheat, cut and shocked for drying several weeks before, were piled into horse-drawn wagons and taken to stationary threshers that separated the grain from the chaff and straw. The grain was sacked and the straw was baled, often by horse-driven balers. The thresher had no engine of its own, and was powered by drive belts from a steam traction engine.

You'll see essentially the same process at any of the modern bees. Most of them also either parade or display antique steam autos, early gas tractors, and miscellaneous steam-driven farm machinery. Food is sold on the grounds, sometimes including freshly baked, whole wheat bread made from grain threshed on the spot.

These are the threshing bees in the West that will be open to the public in August and September:

Washington

Toledo Threshing Bee: August 29; 10 A.M. to 6 P.M., at William Raupp farm, 2 miles north of Toledo on the old Jackson Road and adjacent to a small a field. Free.

Riverside Threshing Bee: September 1 10 A.M. to 6 P.M., at Evan Jones far 12 miles northwest of Riverside off U 97 on South Fork Pine Creek Rd. Fr

Idaho

Orofino Old Time Threshing Bee: S tember 5; 10 A.M. to 5 P.M., 1½ mi southeast of Orofino on U.S. 12. Fre

Oregon

Great Oregon Steamup: August through 22; 9 A.M. to 9 P.M., at Broo 6 miles north of Salem on Interstate Admission: $1 for adults, free for c dren 12 and under.

California

South Shasta Old Time Steam Thre ing Bee: September 4 and 5; 10 A.M. 5 P.M., at the G.A. Humann Ran about 12 miles south of Red Bluff an miles south of Gerber on Route A8.

DOUG WILSON

Old-timers *reminisce about the steam threshing bees of many years ago*

It's hard *to hang onto grain as it pours from the thresher, but lots of fun to let it slide through your fingers*
DON NORMARK

mission: $1.25 for adults, 50 cents for children 12 and under.

Utah

Cache Valley Threshing Bee: September 11; 10 A.M. to 3 P.M., at the Floyd Zollinger farm, 5 miles south of Logan on U.S. 91. □

Piled *almost to overflowing, this horse-drawn wagon-load of wheat is headed for the thresher*

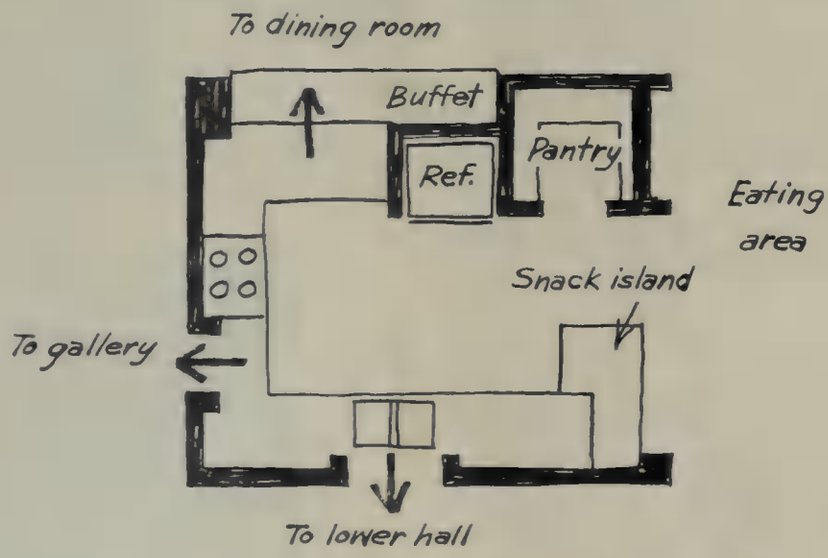
The cook *can work in natural light from the high ceiling skylight. It also lets in light to open hallway adjoining bedrooms on upper floor*

An inside kitchen . . . flooded with sky light

RICHARD FISH

Snacks *slide through passage to gallery, living area; light filters through from area beyond*

Low buffet: *Guests serve themselves from dining room; hostess in kitchen reaches to help them with hot dishes*



you were to drop a kitchen into the ter of a house, you'd expect it to be k and dreary. That's why this bright chen is a surprise.

e huge skylight illuminates the two- ry kitchen and the second-floor hall. tural light makes the kitchen bright l pleasant during daytime; area and tlights take over to flood working ters with plenty of light at night. (The r-counter cabinets lined up around room are recessed to provide more ble counter area and eliminate shad- s from working centers.)

om every side of the kitchen there's opening to an adjacent room, making unction as the hub of the house. The s-throughs to gallery and dining area ke food and refreshments more acces- e for family entertaining. The look- over the sink gives the cook a view the front entrance. Casual family als are served in an eating area be- d the small snack island.

e kitchen was designed by architects tlin & Dvoretzky of Los Angeles for Nisan Matlins. □

From hallway *overhead: Dining pass-through left of refrigerator, gallery pass-through left of range*

NEIL KOPP

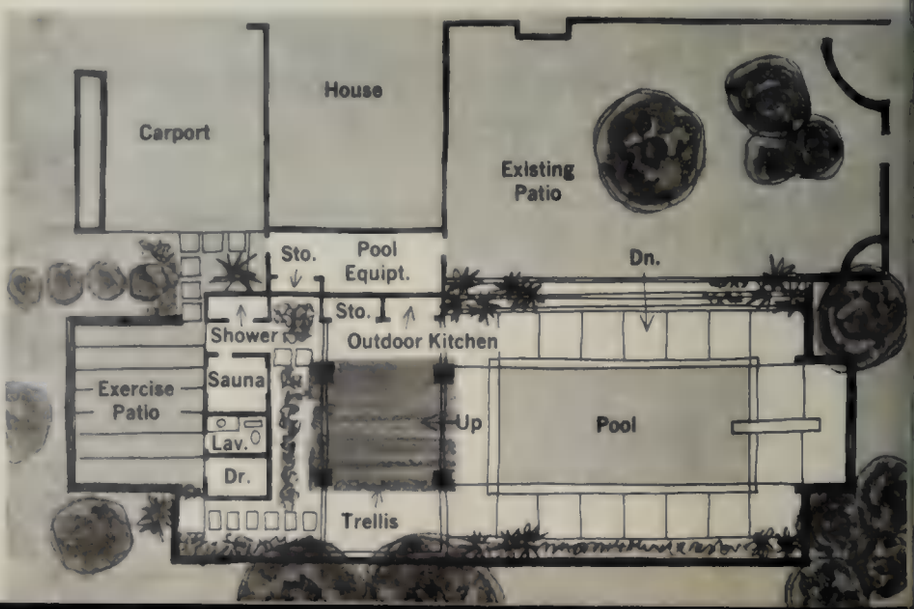
Addition *retains architectural character of the existing house, at far right*

It's the next thing to a family resort

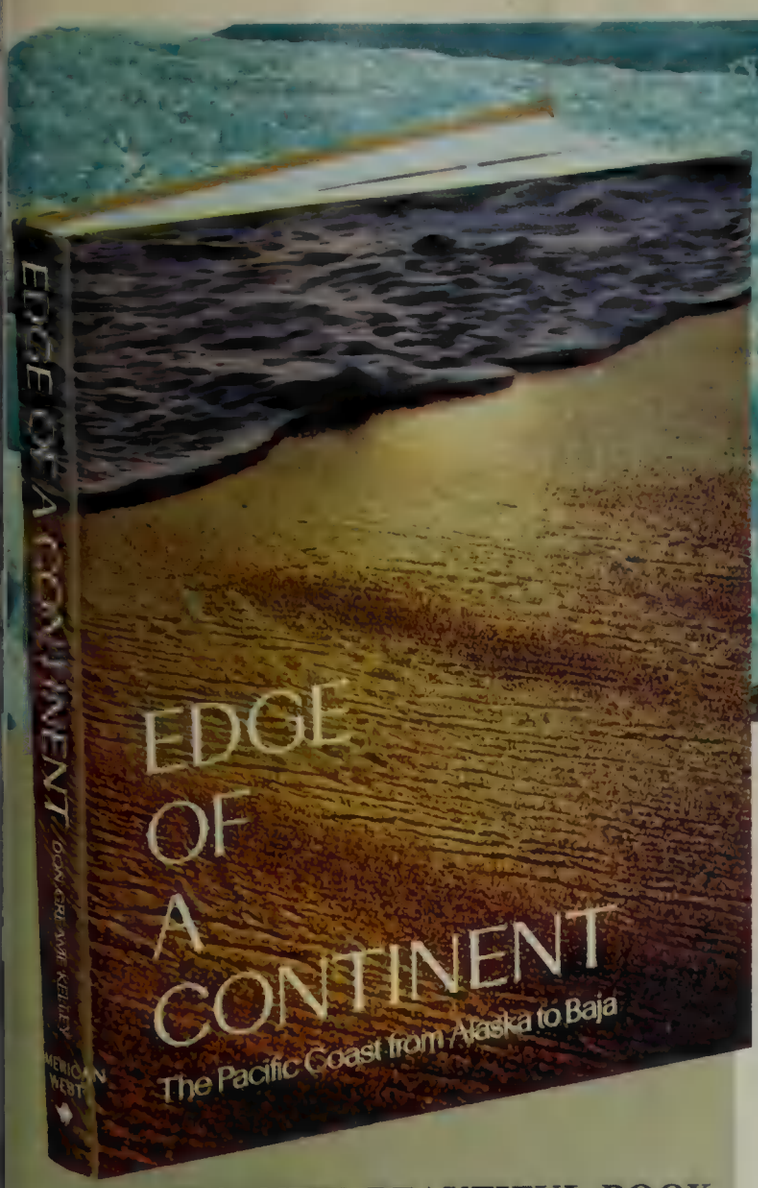
Grassy steps *lead up to old patio, no used for table tennis, sunnin*

This outdoor living addition designed by architect J. Barry Moffitt was an instant success, providing the Dr. W. E. Crisp family of Scottsdale, Arizona, almost all the amenities of a resort within the limits of their lot.

Next to the new pool, there's a cool, shady sitting area out of the desert sun with a handy outdoor kitchen and furniture storage area to save trips back and forth to the house. A cabana with lavatory, dressing room, and sauna and an outdoor shower are all easily accessible from the pool area. And for the teenagers and other physical culture enthusiasts, there's an open exercise patio with gym equipment, which is floodlit for workouts in the evening. □



Compartmenting *of cabana facilities avoids crowding*



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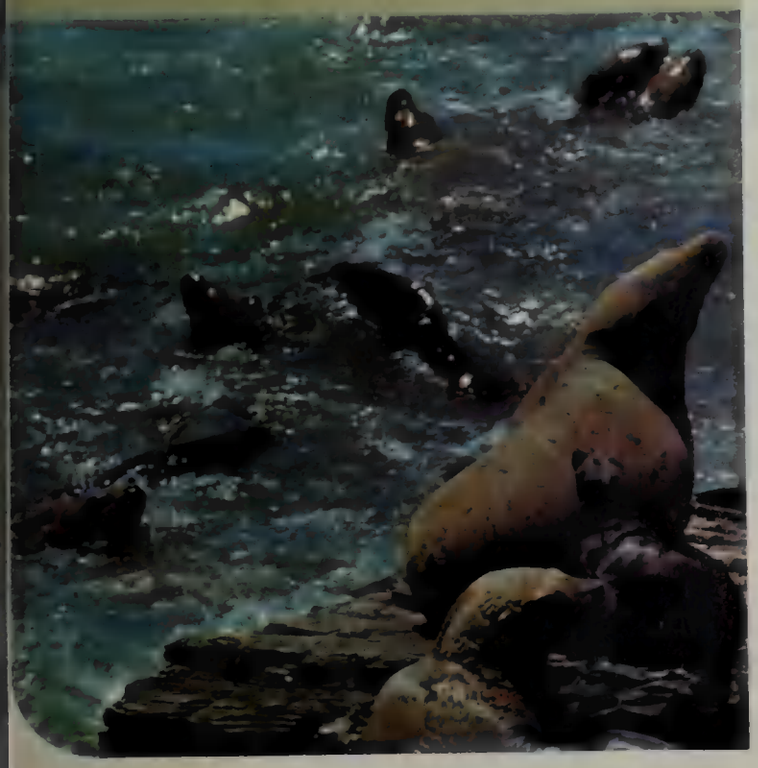

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You live in one. You do if your house is made from the wood of trees. And a wooden house really should have all the glow and subtle beauty that is natural to a tree. Ful-Stain doesn't imitate nature. Ful-Stain duplicates nature with 912 glorious shades and tones in opaque and semi-transparent finishes. They go on easily, stay on longer, and resist chipping, fading and mildew. That's a guarantee. If you're up a tree about how to make your lovely home even more beautiful, then please check your Yellow Pages. There's a Fuller or O'Brien store near you.

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For a free color-chip pamphlet write, Fuller-O'Brien Corporation, 1342 Willow Road, Menlo Park, California 94025.

Parked *on ramp, the camper is leveled for easier cooking, walking, cleaning*

A level camper for overnight

Campers, vans, and trailers usually n to be level overnight. Otherwise wa won't drain, gas refrigerators wo work properly, and pots will slide.

When they can't find a flat spot, pe often dig around and under the wh with shovels or jack up the vehicle.

An easier answer to this problem is use leveling ramps like those sho above and below, photographed a Sierra ski resort parking lot.

These ramps, made of 1-inch plywo are a little shorter than the tire's di eter. The length and incline can v as you see fit; be sure the width is am for the tire. Some 2-by-4 bracing side will add strength. To provide traction, attach rubber strips, a m grate, or corrugated metal.

Ramp *offers an 8-inch height variation. Handle is for picking up and stowing*

A Chiquita® Banana, a box of Jell-O®, and thou.

BRAND GELATIN

We've gotten together for the summer. Chiquita Brand ananas and Jell-O® Brand Gelatin.

With the two of us and a little imagination from you, you an give your family all kinds of delicious warm-weather dishes. ll you do is peel, mix, chill and eat.

And here's a new idea. Jell-O sprinkled from the box right n top of Chiquita Bananas. Try it with sliced Chiquitas or on a hole banana like a pop. It's fun either way.

You'll find more suggestions for Chiquita Banana-Jell-O ishes on the back of Chiquita Banana bags.

Chiquita Bananas and Jell-O Gelatin. We're at our grocer's waiting for you.

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Man is the only animal intelligent enough to understand the beauty of a quiet, soft, green place.

And the only one careless enough to destroy it.

The brewers of Olympia Beer urge you: please don't litter.

Visitors are always welcome at the Olympia Brewing Company, Tumwater, Washington, 8:00 to 4:30 every day. *Oly*®

We'll know how long it lasts when the first one wears out.

And that'll probably be a good while.

Because the first Land Cruiser sold in this country back in 1958 is still going strong. It's owned by Frank Conn of Cle Elum, Washington.

He uses it mainly off-the-road. For fishing and hunting. He doesn't give it any special attention because it's 12 years old. And it doesn't demand any.

Now we can't say that a Land Cruiser you buy will last as long as Frank Conn's. But we can say that we wouldn't be surprised if it does.

That confidence is based on the way a Land Cruiser is designed and the way it's built.

It's made of steel, heavily reinforced. There are no large, vulnerable panels. It's held together by nuts and bolts and rivets and welds. Not by sheet metal screws.

On the front end there's a heavy steel bumper that can absorb almost any blow. It sticks out about a foot so an 8,000-pound winch can easily be added. Underneath the vehicle are skid plates. Pieces of steel that protect each vital part. Even the gas cap and oil cap are secured by chains.

There's also a heavy-duty suspension system. Heavy-duty front and rear axle. Steering stabilizer. And a tough, straight-six, 155-hp engine. All standard.

In addition, you get a few things that'll help keep your Land Cruiser running right. A 25-piece tool kit in a locked storage box. A service light with a 12-foot extension cord. And over 850 Toyota dealer service facilities from coast to coast.

The Toyota Land Cruiser is definitely put together with the idea of staying that way. For a long, long time.

Just how long?

We'll have to wait and see.

Toyota Land Cruiser.

Vinyl Top $2890, Hardtop $3245, Station Wagon $3810. Manufacturer's suggested retail prices. Freight, dealer preparation, options and taxes extra.

NORMAN A. PLATE

Parsons table *can be any size, but proportions must be constant*

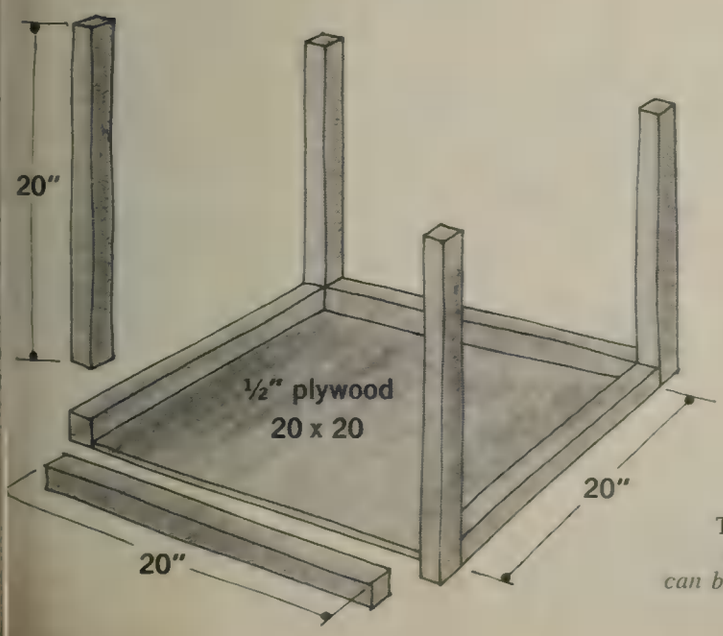
We assembled this Parsons table in 30 minutes. Cost: about $7

The design of a Parsons table is decades old, but its architectural simplicity makes it a contemporary favorite. Named for New York City's Parsons School of Design, where it was developed in the early 1930's, the Parsons table is defined not by its dimensions but by certain constant proportions: The width of the table's edges and the width of its legs are the same.

For the table shown here, you'll need a piece of ½-inch-thick plywood 20 inches square, eight pieces of 2 by 2 vertical grain fir 20 inches long, glue, sandpaper, and some finish. (The total cost is about $7.)

Assemble your table upside-down on a flat surface. Glue four of the 2 by 2 pieces to the sides of plywood square keeping the edges aligned. Take the remaining four pieces of 2 by 2 and fit them into the corners to form the legs.

Bricks or clamps can be used to hold the pieces in place while the glue dries. Some light sanding and a finish of your choice complete the job. □



Two by two *sides and legs are glued. Nails can be added for strength*

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HUNGARIAN BEETS

1 pound can sliced beets
1 cup IMO
¼ cup mayonnaise
1 tbs. chopped chives
1 tbs. lemon juice
½ tsp. brown sugar
¼ tsp. dry mustard

Heat beets in saucepan and drain. Add remaining ingredients to beets. Heat slowly. Do not allow mixture to boil. Serves 6.

GLENN CHRISTIANSEN

More fun *and action than on a swing or teeter-totter. Play yard toy is just thin, curved sheet of exterior plywood*

The lawn boat bounces, rolls, jumps, wiggles. It's a stressed sheet of plywood

Boat *bounces children and throws them about, but doesn't harm them*

It's big, wiggly, and bouncy—a boat that will never float but is great for voyages on the lawn. Yet this large outdoor toy is just an inexpensive sheet of ¼-inch plywood with a few additions easy to accomplish on a Saturday morning.

We also found that this garden boat makes a convenient lawn-level hammock for adults sunbathing or resting when the children are not using it. For comfort add a pillow.

To make the garden boat, obtain a 4 by 8-foot sheet of ¼-inch exterior plywood (about $4). Glue and nail two 4-foot lengths of 1 by 4 across the ends, about 2 inches back, as shown in the photographs. Galvanized 2d shingle nails are best for this.

Round the corners of the plywood and drill ⅝-inch holes through the 1 by 4's and the plywood about 4 inches in fro the corners for two 10-foot lengths ½-inch manila rope. They will hold t curve in the plywood and also serve railings.

To curve the plywood, tie two pieces any other rope around the sheet lengt wise and then bend the sheet by leveri in two 40-inch lengths of scrap wood, pictured at left. Knot the ½-inch rop to hold the curve and remove the t extra ropes.

Fray the rope ends for decoration a paint the wood in any way desired.

ELLS MARUGG

Easy way *to bend the plywood. Wedge boards under extra ropes to curve. Then knot boat's two larger ropes*

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The African Quest

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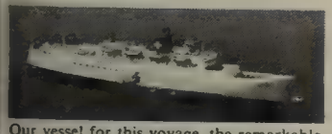
This adventure in travel comes to grips with new and not always predictable experiences. Participants will not be expected to share precisely the same interests. Included activities will provide alternates for selection and allow for the changing interests of individuals.

The fascinations of Africa are limitless, shrouded in mystery for the remainder of a world on the threshold of understanding the reality and diversity of her wonders. Ancient cultures and their vestiges remain in the arts and life of her peoples, yet the continent also stirs to new pulses of political independence and economic progress. For Africa, too, is on a quest.



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Whether at anchor off remote islands in the Indian and South Atlantic Oceans or 100 miles up the Congo River, the 146 spacious rooms of the M.T.S. APOLLO, many ensuite, will provide comfort while you are served by a crew almost as numerous as the passengers.

New York to New York rates are from $3000 per person to $5500 for each of two persons sharing an outside suite (separate bedroom and sitting rooms, each with private shower and w.c.) including scheduled jet flights to and from Africa, all meals aboard, special meals ashore, and the cost of a comprehensive program of activities in Africa.

Voyage To Mayaluum

Ancient Land of the Mayas and discover new worlds of beauty along a great barrier reef (second only to Australia's) and remote cays and islands off Central America's coast.

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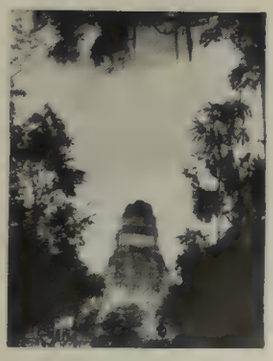
JANUARY 16 TO JANUARY 29, 1972



Fly to Jamaica, then sail on the world-cruising yacht ARGONAUT for visits to Honduras, Guatemala, British Honduras, Yucatan Mexico, and rare calls at the islands of Cochinos, Utila, Cozumel, Mujeres, and Grand Cayman.

Relax as your ship threads through cays and islets dotting the narrow 190-mile passage between the mainland and Central America's Great Barrier Reef. Enjoy waters teeming with undersea life and coral beauty that offer excellent opportunities to fish, snorkel, swim, and shell along dazzling untracked beaches.

In MAYALUUM the accomplishments of the ancient Mayan civilization are best exemplified by its great cities, mysteriously abandoned centuries ago in excellent condition. Only recently uncovered and unsurpassed in the Americas, a visit to these remote jungle sites is an exciting and rewarding endeavor. You will have the opportunity to visit Copan, Quirigua, Tikal, Altun Ha, Tulum, Chichen Itza and Uxmal.

You can join Mayan descendants in their brilliantly colorful market at Chichicastinango, adjacent to a Roman Catholic church upon whose steps pagan rites of worship are enacted — and observe their ancient way of life in fishing villages on Lake Atitlan, its shoreline rimmed by volcanos.

Impressive vestiges of Colonial Spain's grandeur can be seen in the highland cities of Tegucigalpa, Antigua and Guatemala City. The extensive array of optional activities available for your selection also includes rafting on the Rio Grande, a drive into the Blue Mountains, sightseeing flights by light plane over areas where roads don't reach, and a boat trip up the Rio Dulce through primitive tropical forest. Individual exploits and discoveries of the day can be reviewed in shipboard company each evening over "sundowners".

Your vessel for this voyage, the modern Argonaut, was built as the world's largest private yacht — 4500 tons, 330 feet in length, 47 feet abeam. Capable of accommodating over 200 passengers in outside rooms with facilities, only 150 will be accepted in our party.

New York to New York rates are from $840 to $1300 per person, double, with rooms alone at higher rates.

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LIBERTY HOUSE

a new shopping experience in Eastridge Mall San Jose . . . opens august

KEN NILES, JR.

ınk sculpture. *Out of wire, nuts ıd bolts, springs, tubes, and pipe eaners, with clay for a base, he's ade this wiry contraption*

An arts and crafts show for fun and money

verybody gets involved in the action at is arts and crafts festival—a school nd-raising event with the equally imɔrtant goal of showing people how to .e ordinary materials in creative ways.

ıe PTA of Point Dume Elementary :hool, Malibu, California, rated it a big ccess: It was simpler and less hectic to n than a carnival and more interesting an a pancake breakfast; it raised oney, and people came in droves.

fee of 10 to 50 cents admitted particints to the booths—22 in all. With an structor to provide materials and guidce, people found (sometimes to their nazement) they could create artistic arvels out of simple materials. Best of , they could take home the finished afts. One noncraft booth featured in-national folk dancing lessons. Profesɔnal artists and musicians participated a special arts-in-action section.

anning. If you'd like to organize a simr fair, here are a few recommendations :mming from the Malibu experience:

:ep the festival small and local. If you gard profit as secondary to the experice, it probably will be more fun—and ɔre successful. Large festivals lose their mmunity feeling and pose tricky space d planning problems.

timate the number of fairgoers, then uble the supplies you think you'll need. ıe school can always use leftovers.

:ep participants involved by providing

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This fully-automatic rice cooker makes fluffy, delicately delicious rice every time. Just push a button to start and the thermostatic mechanism shuts itself off when food is perfectly cooked. Smartly designed to be used on the table.

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Yes, send me the famous French steam basket. I enclose $1.25 (check or money order) & side panels from 2 different C&W packages.

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NAME

ADDRESS

CITY/STATE/ZIP

The forgotten room.

If you're building, or thinking about building a new home, you probably have given a great deal of thought to what you really want.

You've considered carefully the color schemes, carpeting, paneling, wall covering and kitchen cabinets. Decisions you make now will become a permanent part of your home.

But what about the bathroom?

Chances are it will include a plain white bathtub, a vanity or two with a plain white lavatory dropped in, and the usual white toilet that sticks out like a sore thumb. Very neat. Very functional. Very blah!

But shouldn't bathrooms be as decorative as they are functional?

We think so, and we have done something about it. It's called "The Borg-Warner Bathroom".

Borg-Warner Bathrooms are available in a variety of rich, warm colors that fit into any decor. Bathtubs are contoured for bathing luxury and comfort with a nonslip finish for safety. Toilets with soft sculptured lines reflecting good taste, complement and blend in with the room. Elegant cultured marble vanity tops add the finishing touch with single or double bowls in one stylish, seamless piece.

The cost? That's the best part. Your builder can install a rich-looking Borg-Warner Bathroom in your new home for slightly more than you would pay for a blah bathroom! Ask him about it today! He'll show you how you can turn the "forgotten" room into colorful, stylish, and decorative room – one that will complement your entire home and reflect your individual good taste. Or, write Borg-Warner Corporation, Plumbing Products Division, Department 281, 2321 Abalone Avenue, Torrance, California 90507. 1-101

The Borg-Warner bathroom

BORG WARNER

a wide variety of crafts, elementary through advanced. In the Malibu experience, making Huichol Indian god-eyes from yarn and sticks, and wide leather watch bands and purses, appealed to the junior and senior high school set. Boys of all ages were interested in the darkroom activity in which they developed photograph prints of leaves and flowers. An alternative: sun-exposure prints outdoors. *Sumi-e*, the art of Japanese brush painting, attracted adults. Tie-dyeing, a time-consuming craft, drew teen-agers and adults.

To muster materials, ask neighbors for donations: garage clutter such as nuts and bolts, burlap bags, bottles, wire, and scrap wood. Store owners may be willing to contribute food, paper bags, possibly even beeswax and paint. Buy the rest: glue, tissue paper, yarn, and so on. The simpler the festival, the smaller the investment.

Once you've tallied the expenses, establish fees by estimating total cost of materials per person for each finished craft, and doubling it.

If possible arrange for each activity to have its booth or table. Assign chairmen to find materials and become teaching experts on their crafts. Identify booths by name and number for a program guide; arrange for its printing.

Volunteer assistants will make the chairman's job easier; he can expect as many as 10 people at his booth at once. Craft displays help lure potential customers and get people started. Decorations and chairs or floor cushions make the area inviting.

Post master maps of the festival grounds at entrances and ticket windows. Give each visitor a program describing each booth and giving admission fees.

Keep it lively. Have officials wear colorful caps or badges for identification. To minimize overcrowding, post an official with a bullhorn to spread word of events going on in other parts of the festival.

Food can add a pleasant dimension and induce people to stay longer. Keep the preparation and serving simple and inexpensive; as before, plan on a crowd and double your supplies.

Artists, craftsmen, and musicians from the community, performing their specialties, add color and professionalism.

Arrange separate facilities for preschoolers, with simple projects, toys, and volunteer babysitters; set a time limit to make the volunteers' work easier and charge a small fee for their service.

Allow for a checkroom where people may leave their work in big paper bags.

No one looks forward to the end of a festival, particularly if he has to clean up. But, if you arrange craft tables in rows with trash barrels at either end, most waste will go right into the barrels. □

See these cool buys at these Hotpoint dealers

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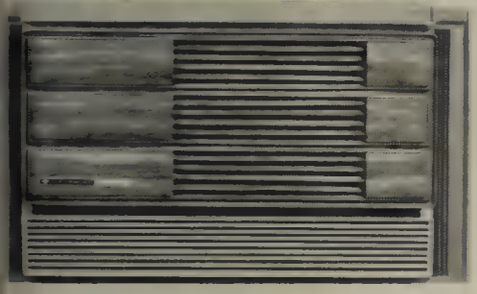

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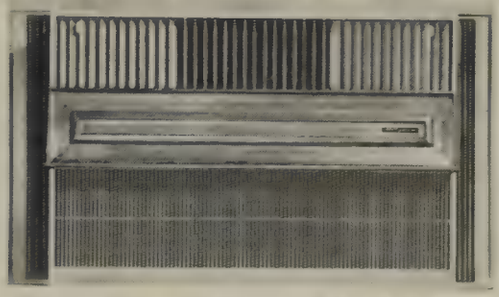

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Sunset's Kitchen Cabinet®

Unpredictable summer activities can be demanding on the cook. But the problem can be minimized with menus of versatile dishes that adjust readily to changing plans.

The blueberry-topped French toast or the fresh peach crisp might do equally well as the focal point of a weekend brunch or as a dessert. Serve the zucchini and pea salad with cold meat as an entrée or as a vegetable with barbecued steak. You can

For brunch serve French toast with a warm berry sauce and sausage links

Blueberry-Topped French Toast

For dessert top each serving with a dollop of whipped cream.

- ⅓ cup sugar
- 1 tablespoon cornstarch
- 2 cups blueberries
- 2 tablespoons lemon juice
- ⅓ cup water
- 6 slices firm white bread
- 3 eggs
- ¼ cup light cream or milk
- About 2 tablespoons butter or margarine
- Whipped cream (optional)

In a saucepan combine sugar and cornstarch; add blueberries, lemon juice, and water. Cook over medium heat, stirring, until mixture is thickened. Pour into a sauce dish and keep warm while preparing toast.

Trim the crusts from the bread slices if you wish. In a shallow bowl, beat eggs with light cream. Heat a griddle or large frying pan over medium heat. Dip each slice of bread into the egg mixture, saturating thoroughly; place bread slices on the griddle lightly coated with butter or margarine and cook until browned on each side. Remove to a warm platter and keep toast warm until all are browned. Pass the blueberry sauce and whipped cream, if used. Makes 3 breakfast servings or 6 desserts.—*B. M., Ontario, Calif.*

Contrast of cooked and raw vegetables gives this green salad interesting textures

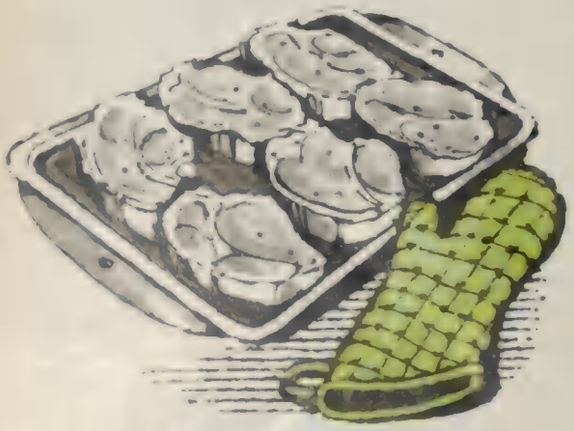
Fresh Pea and Zucchini Salad Bowl

A packaged dressing mix supplies the seasoning short cut for this salad.

- 2 pounds small zucchini
- Boiling, salted water
- 2 cups freshly shelled peas (about 2 lbs. peas in the pods)
- 1 envelope (about ½ oz.) Italian salad dressing mix
- 3 tablespoons white wine vinegar
- ½ cup thinly sliced celery
- 2 tablespoons minced onion
- Salt and pepper
- Crisp salad greens

Wash the zucchini; trim off ends and cut across in ¼-inch diagonal slices. Cook, uncovered, in a small amount of boiling water until just tender, about 4 minutes; drain. Cook the peas in a small amount of boiling water until tender, about 3 minutes; drain. Plunge both vegetables into cold water to cover; drain, cover, and chill 4 to 8 hours.

Meanwhile prepare salad dressing mix according to package directions. Blend ½ cup of the dressing (save the remainder for other uses) with the vinegar. Just before serving, combine the chilled cooked vegetables with celery and onions; add dressing and mix thoroughly. Taste and add salt and pepper if needed. Turn into a lettuce-lined bowl. Makes 4 to 6 servings.—*R. M., Roseburg, Ore.*



Marinate these lamb chops before broiling; then serve them with a spicy sauce

Spicy Broiled Lamb Chops

Indonesian-style sate seasonings flavor these juicy shoulder lamb chops.

- 1 medium-sized onion, chopped
- 1 clove garlic, minced or mashed
- ½ cup creamy-style peanut butter
- 3 tablespoons lemon juice
- 2 tablespoons *each* brown sugar and soy sauce
- ⅛ teaspoon liquid hot pepper seasoning
- About 1 cup tomato juice
- 6 large shoulder lamb chops (3 to 3½ lbs.)

In a bowl combine the onion, garlic, peanut butter, lemon juice, brown sugar, soy sauce, and hot pepper seasoning. Gradually stir in about 3/4 cup of the tomato juice until mixture has the consistency of a thick gravy.

Slash the outer edge of fat on the chops at about 2-inch intervals. Place chops in a bowl; pour over sauce, cover, and marinate in the refrigerator for 4 hours or as long as overnight. To cook, lift chops from marinade and place on a broiler pan. Broil 3 to 4 inches from heat for about 7 minutes on each side, or until chops are done to your liking.

Meanwhile bring remaining marinade to a boil, stirring; add additional tomato juice if needed to thin sauce to gravy consistency. Serve with meat. Serves 6.—*H. N., San Francisco.*

uickly stir together the egg scramble ı serve at any time of day.

/e welcome your own recipe creaons. Mail to *Sunset Magazine*, Menlo ark, Calif. 94025. We pay $10 for ıch recipe published.

Fresh blueberries, peas, zucchini, peppers, peaches in versatile dishes

gg Scramble

ou might spoon the scrambled eggs ıto buttered whole wheat toast for a arty open-faced sandwich for lunch late supper, or serve with English uffins for breakfast or brunch.

- 3 tablespoons butter or margarine
- 3 green onions, thinly sliced (including some of the green tops)
- [illegible] eggs
- 1 can (8 oz.) chopped clams
- 3 tablespoons chopped parsley
- ⅛ teaspoon pepper
- 1 tablespoon lemon juice

a large frying pan, melt butter er medium heat; add green onion d cook, stirring, just until limp.

Meanwhile in a bowl beat eggs until well blended. Drain clams, saving 3 tablespoons of the liquid. Add clams and reserved liquid to eggs with parsley, pepper, and lemon juice.

Pour the egg mixture over the onions in the frying pan and cook over medium low heat until an opaque layer forms on the bottom as the eggs begin to set; push the set egg aside with a wide spatula so the uncooked egg flows to the bottom of the pan. Repeat as necessary until the eggs are cooked to your liking. Serve immediately. Makes 4 servings.—*J. W., Claremont, Calif.*

Chewy bits of clams add a distinctive flavor to these creamy scrambled eggs

ıvory Stuffed Green Peppers

ɔlden raisins and crunchy cashews cent this beef and rice stuffing.

- 6 medium-sized green peppers
- Boiling water
- 1 teaspoon salt
- 1 pound lean ground beef
- 1 medium-sized onion, chopped
- ¼ teaspoon *each* garlic salt and cinnamon
- 1½ cups cooked brown rice
- ⅓ cup golden raisins
- ⅓ cup salted cashews, chopped
- 1 can (10 oz.) white sauce
- ½ cup shredded Cheddar cheese

ıt out stem end of pepper and reɔve seeds; drop into a large quany of boiling water and cook for 2 nutes. Plunge peppers into cold water to cool; drain and set aside.

In a frying pan heat the salt over medium heat; add crumbled beef and onion and cook, stirring, about 5 minutes. Remove from heat and add garlic salt, cinnamon, cooked rice, raisins, nuts, and about ½ cup of the white sauce; mix well and spoon into peppers. Stand peppers up in a shallow baking pan. Combine remaining white sauce and cheese and spoon equally over top of each pepper. Add ½ inch boiling water to pan and bake, uncovered, in a 350° oven for 30 minutes or until meat is hot. Serves 6. —*H. M., Portola Valley, Calif.*

Bright green pepper shells hold spicy beef-rice mixture; top with cheese sauce

esh Peach Crisp

crunchy streusel topping accents eet, juicy peaches in this quickly ıde summer dessert.

- 8 large, firm, ripe peaches
- ¼ cup granulated sugar
- ¼ teaspoon salt
- 1 teaspoon lemon juice
- ¾ cup regular all-purpose flour (unsifted)
- ¾ cup brown sugar, firmly packed
- ½ cup (¼ lb.) butter
- ½ cup chopped walnuts
- Whipped cream or vanilla ice cream (optional)

el, pit, and cut peaches into ¾ ch slices. (You should have 5 to ps.) Combine the granulated sug d salt. Arrange a layer of peach slices in an 8-inch-square baking pan and sprinkle with part of the sugar mixture; repeat layers until all the peaches and sugar are used. Sprinkle lemon juice over fruit.

In a bowl combine flour and brown sugar; with a pastry blender or 2 knives cut in the butter until the size of peas. Mix in nuts. Sprinkle mixture evenly over the peaches. Bake in a 375° oven for 45 minutes or until top is crumbly and browned.

Spoon into individual dishes; top with whipped cream or ice cream, if you ıish. Makes about 8 servings.—*J. S., Boise.* □

Fresh peach dessert to serve warm or cold; top with cream, if you wish

DARROW M. WA

Country-style *meat loaf, chilled and carried in its baking casserole, makes hearty picnic sandwiches with sourdough French bread*

Picnic meat loaves

Here are three to choose from . . . a French casserole loaf, an Italian veal loaf, a jellied beef loaf

A **picnic-ready** meat loaf, chilled and waiting, is an excellent answer to easy summer dining at home or on the road. Thickly sliced and layered on wholesome bread, these eye-catching, make-ahead meats provide a great sandwich meal. For menu accompaniments to eat with your fingers, simply add pickles or relish basket, berries or apricots, and mellow cheese. Consider a jug wine such as Barbera, Zinfandel, Claret, or Burgundy for a refreshing beverage.

Shown at left is a big, decorative, French country-style loaf that bakes and travels in a 2-quart casserole. Pine nuts and diced ham are mixed into its beef and pork base.

Casserole Meat Loaf

- 1 medium-sized onion, finely chopped
- 3 tablespoons butter or margarine
- ¼ pound mushrooms, finely chopped
- ¼ cup brandy or Sherry
- 3 eggs
- ½ cup (part of a can) condensed consommé, undiluted
- 4 slices fresh white bread, broken in pieces
- 2 cloves garlic
- ½ teaspoon *each* whole thyme and ground allspice
- ½ teaspoon salt
- 1½ pounds ground beef chuck
- 1 pound ground pork
- ½ pound cooked ham, sliced ½ inch thick
- ⅔ cup shelled pine nuts

Using a large frying pan, sauté onion in 3 tablespoons of the butter until glazed; add mushrooms and remaining 1 tablespoon butter and sauté just until butter-coated, about 1 minute. Add brandy or Sherry and simmer 1 minute; let cool.

Place in a blender container the eggs, consommé, bread, garlic, thyme, allspice, and salt; blend until smooth. Turn ground meats into a large bowl; mix in the sautéed vegetables and the egg mixture. Dice ham into ½-inch pieces. Add the ham and ⅓ cup of the pine nuts to the meat loaf mixture and mix well. Turn into a greased 2-quart casserole and sprinkle remaining nuts on top.

Bake, uncovered, in a 325° oven for 1½ hours, or until well browned.

Let cool and chill. Remove any congealed fat from the sides. Slice ½ inch thick. Makes about 12 to 14 servings.

Garlic-scented sausage pierces the center of this Italian veal and beef loaf.

Italian Veal Loaf

- 1 package (about 10 oz.) Italian sausage or 3 sausages, 4 inches long
- Water
- 3 eggs
- ⅓ cup dry white wine or regular strength canned chicken broth
- ⅓ cup sour cream
- 5 slices fresh white bread, broken into pieces
- 1½ teaspoons salt
- 2 cloves garlic
- ¼ teaspoon ground nutmeg
- ½ small onion
- ⅛ teaspoon pepper
- 1 pound ground beef chuck
- 1½ pounds ground veal
- 6 pickled whole sweet red cherry peppers for garnish

Place the sausage in a saucepan, cover with water, and simmer, covered, for 20 minutes; drain and cool. In a blender container place the eggs, wine, sour cream, bread, salt, garlic, nutmeg, onion, and pepper; blend until smooth. Place the ground meats in a bowl; add the egg mixture, mixing until blended.

Line up the sausages lengthwise on a greased baking pan at least 14 inches long. Pat meat mixture over, around, and under the sausages, encasing them in the center and making a log 4 inches wide and 14 inches long. Bake, uncovered, in a 375° oven for 45 minutes or until loaf is no longer pink in the center when pierced with a sharp knife. Let cool and chill. Wrap in foil to carry on a picnic.

To serve, place meat loaf on a board and garnish top with the sweet peppers. Slice ½ inch thick. Makes about 10 to 12 servings.—*J. M., Portland.*

Diced beef shank streaks the wine-laced consommé in this chilled loaf, which resembles the jellied Scandinavian loaves that are made with veal.

Jellied Beef Loaf

- 4 pounds beef shank, cut about 1 inch thick
- 1 carrot, diced
- 1 small onion, cut in pieces
- ½ teaspoon whole thyme
- ½ teaspoon salt
- 2 bay leaves
- 2 cans (10½ oz. *each*) condensed consommé (undiluted)
- 1½ cups dry red wine
- 2 tablespoons red wine vinegar
- 1 orange
- ½ pint sour cream
- 3 tablespoons chopped green onions

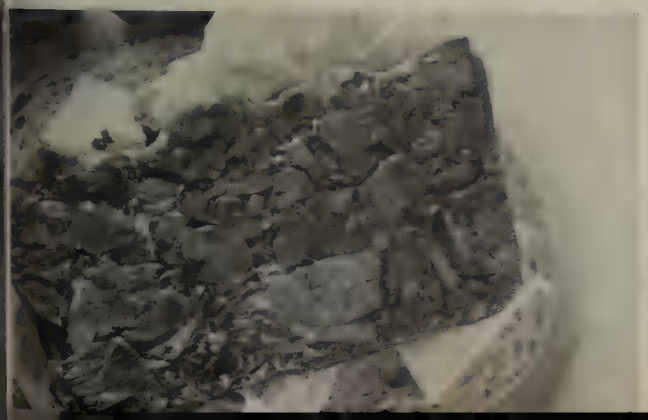
Place in a large Dutch oven the beef shank, carrot, onion, thyme, salt, bay leaves, consommé, wine, and wine vinegar. With a vegetable peeler, cut 6 strips of orange zest about ½ inch wide and 1½ inches long from the orange and place in the pan. Cover and simmer 2½ hours, or until meat is tender. Lift out and let cool. Strain juices through a wire strainer, discarding the vegetables and chill juices until fat congeals.

Lift off fat and measure juices (you should have about 2 cups); if not, add water or boil down juices to make that amount. Remove fat and bones from shanks and chop meat coarsely (you need about 4½ to 5 cups). Reheat the juices and chopped meat together just until hot through. Spoon into a 1½-quart mold or a 4½ by 8½-inch loaf pan and chill until set.

To serve, run a knife around the sides of the mold and dip the mold in hot water for a few seconds; invert on a platter (or carry and slice right in the container).

Mix together the sour cream and green onions and spoon into a bowl; serve alongside. Cut loaf into thick slices. Makes about 8 to 10 servings. □

Veal *loaf centered with spicy Italian sausage goes on light rye*



Jellied *beef loaf covers Swedish rye bread. Serve with sour cream dressing*

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That crispy new feeling is body. And that's what washing washes away. Even a miracle fabric can become a washed-out no body.

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Here are Indonesian party recipes

Our Indonesian party menu (see story beginning on page 58) includes several of the most popular dishes from these islands of the East Indies. Here are the recipes you'll need to duplicate the party menu.

Nasi goreng is Indonesia's version of fried rice, served here with skewered meats, called *sate* (sah-*tay*). All the small bits of meat left from making sates are fried with the rice.

To make the fried rice, start with about 3 cups of regular long-grained rice and steam it as directed on the package. As soon as it is tender and the water is absorbed, turn it out on a shallow pan to cool. Cover and refrigerate the rice if prepared a day ahead.

Fried Rice (Nasi Goreng)

- 2 medium-sized onions
- 4 cloves garlic
- About 1-inch-square piece fresh ginger
- About 10 tablespoons butter or margarine
- About ⅔ cup salad oil
- About 2 cups diced fresh pork, beef, or lamb (or a combination)
- About 1 cup diced chicken, turkey, or ham
- About 1 cup cooked, shelled, small shrimp (or larger shrimp, chopped)
- 3 tablespoons soy sauce
- About 1 teaspoon Indonesian hot sauce (see page 59) or few drops liquid hot pepper seasoning
- 2 teaspoons ground coriander (optional)
- 8 cups cold, cooked rice
- Salt and pepper to taste
- About ½ cup sliced green onions

Cut the onions, garlic, and ginger into the blender container; whirl until finely ground (or chop these ingredients until minced). Using a Chinese wok or frying pan, melt about 2 tablespoons *each* of the butter and oil over medium heat. Put in onion mixture and sauté, stirring, for about 5 minutes. Add the pork, beef, or lamb and cook, stirring, for about 5 minutes. Stir in the chicken, turkey, or ham and cook about 3 minutes.

Mix in the shrimp, soy, hot sauce, and coriander, if used; turn into a small bowl and set aside. Clean the cooking pan and place over medium heat.

Melt about 1 tablespoon *each* of the butter and oil in the cooking pan and add 1 cup of the rice. Using a spatula, keep turning the rice as it fries until lightly browned (about 5 minutes); then blend in about ⅛ of the onion-meat mixture. Turn out into a shallow casserole or other bake-and-serve container. Repeat this 7 times to fry remaining rice and onion-meat mixture the butter and oil. Taste, and add sa pepper, and hot sauce if desired. Cov and refrigerate if made a day ahead.

To serve, place covered casserole in 350° oven until heated through, about minutes. Sprinkle top with sliced gre onion. Makes 8 servings.—*J. H., Mer Park, Calif.*

Meat on Sticks (Sate)

You may use pork, beef, lamb, chick turkey, or a mixture of meats; all about ⅓ to ½ pound boneless meat p person. Choose from lean, tender c of pork, such as tenderloin, a sm roast, or shoulder cut; tender beef fr the shoulder, loin, or first cut of t round; a leg of lamb or lean lamb sho der; chicken or turkey breasts or thig You'll need about 32 sturdy bamb skewers to serve 8.

Cut any of the meats into bite-siz pieces and put into the sate marin (recipe follows); save all small m pieces to use in fried rice. (If you more than one kind of meat, you mi put each in a plastic bag, put bags gether in a bowl, and pour marinade each one.) Marinate meat in the ref erator for 1 to 2 hours. Then string s eral pieces of meat (all one kind) each bamboo skewer, reserving ma nade. You can do this a day ahe cover tightly and refrigerate.

To serve, dip meat into marinade aga then grill about 3 inches above glowing coals until nicely browned over and done as you prefer.

Sate Marinade. Combine ½ cup sauce with ½ cup fresh lemon ju Stir in 2 teaspoons *each* grated lem peel and grated fresh ginger, 2 clo garlic (minced or mashed), and 2 tal spoons salad oil. Makes enough about 8 servings of meat.

Vegetable Plate, Spiced Peanut Sauce

Choose from these fresh vegetab bean sprouts, broccoli, carrots, ca flower, Chinese edible pea pods, gr beans, or potatoes—a selection that fers a variety of flavors and colors. C each vegetable separately in a gener amount of boiling, salted water just u tender, but still slightly crisp (cook b sprouts only about 30 seconds).

Drain and rinse vegetables immediat in cold water to stop further cooki drain well. Cover and store in the frigerator if prepared a day ahead.

Cover the serving plate with fin

ıredded cabbage and arrange vege-
bles on top. Or carefully remove some
ıter leaves from a large cabbage and
:e as containers for vegetables. Serve
ith the following sauce:

ɔiced Peanut Sauce. Whirl in the
ender ½ of a medium-sized onion;
ld a small amount of water if needed
blend smooth. In a 3-quart pan heat
tablespoons salad oil; add onion purée
ıd cook, stirring, until the onion turns
ılden (about 6 to 7 minutes). Add 1
n (8 oz.) coconut juice (or 1 cup de-
ɔsted frozen coconut milk), ½ cup
ıter, 1 cup peanut butter (either the
ıooth or chunky style), 1 teaspoon In-
ɔnesian hot sauce (recipe on page 59)
a few drops liquid hot pepper season-
g, 3 teaspoons sugar, 1 teaspoon salt,
d 4 tablespoons lemon juice. Cook,
rring constantly, until the mixture is
ıt and well blended. Add more salt,
gar, hot sauce, or lemon juice to taste,
desired.

:ep refrigerated if made more than a
y ahead. Serve at room temperature;
too thick, stir in a little water. Makes
out 8 servings.

ckled Radishes and Cucumbers

ıt tops and ends off 2 bunches rad-
ıes and cut into slices about ⅛ inch
ick. Peel 2 large cucumbers and cut
:o finger-sized pieces. Put radishes and
cumbers in separate bowls and sprin-
: each with 2 teaspoons salt. Let stand
r 30 minutes. Drain accumulated
ıter and rinse with cold water; drain.
to each bowl pour ⅓ cup distilled
ıite vinegar and 5 teaspoons sugar;
r well, cover, and refrigerate several
urs or overnight. Taste before serving
d add more salt if desired. Arrange
: two pickled vegetables attractively
the same serving bowl or in separate
wls, discarding most of the liquid.
ıkes about 8 servings.—*F. L., Red-
ɔod City, Calif.*

uit Bowl with Ginger Syrup

ɔmbine in a pan 1 cup sugar, 2 cups
ter, and 5 thin slices fresh ginger.
ing to boiling, stirring until sugar is
solved; boil 5 minutes. Remove from
ıt and stir in 3 tablespoons lemon
ce; cool, then remove ginger. Makes
ɔugh syrup for about 2 quarts fruit.

e oranges and apples as the base of
: fruit combination. Cut the peel and
white membrane from oranges, then
:e. Peel and slice tart, crisp apples.

d any of these: sliced, peeled fresh
ngoes, papaya, peaches, or pears, or
ıined canned loquats, mangoes,
ıches, or pears. Mix the fruit in a
wl, allowing about ½ cup per person.
ur the cooled syrup over the fruit and
ll as long as overnight. Serve the
it with some of the syrup in small
wls.—*G. G., Carmel, Calif.* □

Have a wench serve you champagne in bed.

If you want to get really close to someone, may we suggest a 17th century bedstead, wrought of solid oak and carved with scenes of a lustier, more hedonistic era.

It's a cocktail nook in San Francisco's Ben Jonson restaurant. A place of Elizabethan pleasures and an example of the ideal we Lawry's people hold dear.

We believe everything about food should be a delight. So we don't skimp on anything we're involved in—restaurants or seasonings.

That's why we put fancy Portuguese anchovies in our Green Goddess Salad Dressing Mix. Lots of tiny, tasty mushrooms in our Spaghetti Sauce Mix. And a bed in the Ben Jonson.

You'll never get bored with Lawry's.

Why journey to Fresno? For the pilaf, the baklava, the stuffed grape leaves, the spinach salad

Those who have had the good fortune to visit Fresno, California, when they were hungry, or who have had the equally good fortune to read Saroyan's charming book *My Name is Aram*, know that Armenians are very well represented in the population of Fresno. That fact shows up in the good Middle Eastern cooking available there.

Ah, the stuffed grape leaves of Fresno—the pilaf—the baklava—the peda bread. (There are people who make long journeys just for the peda bread.)

M. T. Lange, a resident of Fresno, chooses to present his version of one outstanding Armenian dish with this comment: "Armenian restaurants flourish here. Spinach salad is one of their specialties. But my version beats them all. Has a bite to it and leaves a coating on the teeth—but absolutely great! Serve with shish kebab, pilaf, and peda bread."

(If you're too far away to buy the bread on the spot, there is a recipe on page 102 of the April 1970 *Sunset*.)

Chefs of the West

The Art of Cooking . . . by men . . . for men

Brute Spinach Salad

- 1½ pounds (about 1½ bunches) spinach
- 1 medium-sized white onion, thinly sliced
- 2 hard-cooked eggs, coarsely chopped
- 1 jar (2 oz.) pimiento strips, drained
- 3 slices crisply fried bacon, crumbled
- Dressing (recipe follows)

Wash spinach thoroughly and trim an discard stems. Blot dry. Tear leaves int a salad bowl. (You should have abou 10 cups.) Add onion, chopped eggs, p miento, and crumbled bacon. Pour o dressing and toss to coat spinach leave Makes about 8 servings.

Dressing. In a jar or small bowl, com bine 1 teaspoon sugar, ¾ teaspoon sal ¼ teaspoon paprika, ⅛ teaspoon pep per, ½ teaspoon prepared mustard, ½ cup salad oil, 3 tablespoons white win vinegar, 1 tablespoon dry Vermouth shake or stir until well mixed. Allow t stand an hour or more to blend flavors stir or shake before using.

M. T. Lange

Fresno, Calif.

One of the early scenes in Joyce *Ulysses* is Leopold Bloom's breakfas He cooks a kidney on a griddle and ea it with considerable pleasure.

One's reaction to the scene probabl depends on how one feels about ki neys as food. Of course everyone fee charitable toward a kidney while it still in use. Couldn't get along withou them. But cooked?

Meats of the kidney ilk are much a preciated in Europe. Steak and kidne pie is an English favorite, and th French pay high prices to prepare ki ney in Madeira sauce. Americans i general avoid anything but muscle mea

A poll of Americans that examine their feelings about dinner of innar would probably come out somethi like this: Perhaps liver; maybe swee breads; rarely kidney; never brains. T bad. These things are delicious.

The *Chefs*, of course, know they're d licious, and H. L. Chadbourne tells what to do with delicate lamb kidne He even gives an extra reason to pr pare the dish when he says, "This good with tomato bisque and green o ions, and there is little to clean up wh you're through."

Ham and Kidney Openfaced Sandwiches

- ¾ pound lamb kidneys
- ¼ teaspoon salt
- 2 tablespoons butter or margarine
- 2 teaspoons olive oil or salad oil
- 1 small onion, finely chopped
- 1 clove garlic, minced or mashed
- 3 English muffins, split and toasted
- 1 package (3 oz.) Brie cheese, at room temperature
- ¼ pound thinly sliced prosciutto

Cut kidneys in half lengthwise and c

all white membrane. Then cut in f again across the width. Sprinkle h salt and set aside.

a frying pan heat 1 tablespoon of the ter and the oil over medium heat: l onion and garlic and sauté until on is limp, about 5 minutes. Remove h a slotted spoon and set aside. Add aining butter to pan and sauté kid- s, stirring occasionally, about 8 min- s, or just until all pinkness disappears. ile kidneys cook, spread toasted muf- halves with Brie; top with prosciutto l then with the onion mixture. Place 300° oven until kidneys are cooked your liking. Remove muffins from n, spoon kidneys on top, and serve mediately. Makes 3 hearty servings 6 small ones.

La Jolla, Calif.

en Lou Hinrichs says something, it's rt and to the point. Not long ago he pened to find himself in the com- y of one of our field staff.

"He says it's good—and it is good"

only cook one thing, and it's good," said. "Please use my recipe." There only one thing to do. The recipe jotted down forthwith, returned to dquarters, and prepared. It *is* good, just fine for barbecue season.

ery Stalks the Burger

- 1 tablespoon butter
- ½ cup finely chopped celery stalks and leaves
- ½ cup fresh bean sprouts, coarsely chopped
- 2 pounds lean ground beef
- 2 teaspoons salt
- ¼ teaspoon ground cumin
- ⅛ teaspoon pepper
- 1 egg

frying pan over medium high heat t the butter and sauté celery and sprouts for 2 to 3 minutes. Set aside.

he ground beef add salt, cumin, pep- and egg and mix lightly. Form the meat mixture into six balls, poke a well in each, and fill with about 2 tablespoons of the celery mixture. Close the hole, squash the balls into flat patties, and cook on a grill about 6 inches above hot coals for 3 to 4 minutes per side for rare or until done to your liking. Makes 6 servings.

Cupertino, Calif.

The salmon is a noble fish. No one need be persuaded of that. And in general, the plainer the treatment, the better the salmon, since its own delicate flavor is then allowed to shine. Ralph J. Beuter,

"Noble fish . . . sauced with a mixture"

from the salmon region of Bellevue, Washington, comes up with a surprise when he suggests a salmon cooked with paprika and Worcestershire and sauced with a mixture actually containing catsup. But it's good.

Salmon Steak Seattle

- 6 salmon steaks, cut ¾ inch thick (about 2½ lbs.)
- ⅓ cup melted butter
- ½ teaspoon salt
- ¼ teaspoon paprika
- 1 teaspoon Worcestershire
- 1 teaspoon prepared mustard
- 2 tablespoons soy sauce
- 2 tablespoons catsup
- 1 clove garlic, minced or mashed

In a greased 10 by 15-inch baking pan arrange the salmon in a single layer. Combine butter, salt, paprika, and Worcestershire and spoon over the steaks. Bake uncovered in a 350° oven for 20 minutes or until fish flakes in thickest portion when pierced with a fork. Remove salmon to a warm serving platter; keep warm.

Turn pan drippings into a saucepan: stir in mustard, soy sauce, catsup, and garlic. Cook over medium heat until bubbly. Pass in a bowl to spoon over salmon. Makes 6 servings.

Bellevue, Wash.

Keen Beans

A new method of cooking vegetables: sealed in foil to keep all of the natural juices, all of the farm-fresh goodness, and your own flavor touch, too. Tabasco brand pepper sauce gives them that mmm-what's-in-it taste.

- **1 pound fresh green beans or 2 packages frozen**
- **2 tablespoons butter or margarine**
- **2 tablespoons flour**
- **½ teaspoon salt and salt to taste**
- **1 cup milk**
- **¼ teaspoon Tabasco pepper sauce**
- **¼ pound sharp Cheddar cheese, grated**
- **4 squares 14-inch Heavy Duty Reynolds Wrap®**

Wash beans; snip ends. Melt butter in saucepan; blend in flour and ½ teaspoon salt. Cook 3 minutes over low heat. Gradually add milk; cook until thickened, stirring constantly. Blend in Tabasco and cheese. Divide beans onto shiny side of foil; salt. Top servings with sauce. Bring up 2 sides of foil over beans and seal top with tight double fold (leave space between foil and sauce). Repeat seal at ends. Cook in 350° oven, 35 minutes (25 if frozen). Open and serve, 4 servings.

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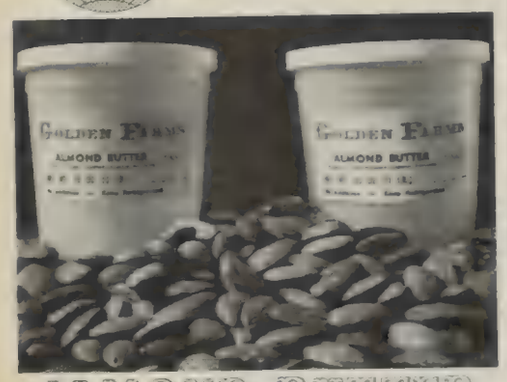

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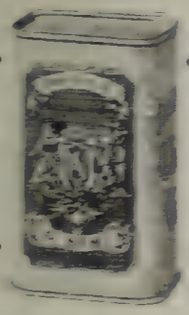

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ICE CREAM RECIPE OF THE MONTH

SNAPPY APRICOT TORTE

Square cake pan, 8x8x2-inch
21 gingersnaps
½ gallon vanilla ice cream, softened
1½ cups (1 lb. 14-oz. can) cut-up apricots, well drained

Arrange gingersnaps in pan (9 on bottom, 3 standing up against each side). Spoon ice cream to soften; fold in apricots. Spoon ice cream mixture around sides of pan first to hold standing cookies in place, then complete filling cake pan. Freeze. 12 servings.

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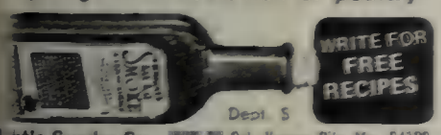

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There's an art to vegetable freezing

Those who planted a vegetable garden this year may have more fresh vegetables than they can use right now. One solution is to give some away; another good one is to freeze part of the crop for later use.

Successful home freezing depends on absolutely fresh vegetables; and here the home gardener has a distinct advantage. He can pick vegetables at peak of maturity and freeze them without delay. An article on page 54 lists the vegetables that are ready now and tells how you can determine the best time to pick.

To freeze food at home successfully and be able to keep it frozen for more than just a couple of weeks or so, you need a freezer whose temperature stays at 0° or below without dramatic fluctuation. At this temperature, the food is frozen quickly and there is minimum texture deterioration.

It is also important that the food be packaged to keep natural moisture in and drying air out. Containers and wraps that work well for particular vegetables are suggested below.

How to prepare vegetables for freezing

The vegetables should be fully ripened but still young and as freshly picked as possible. Wash them well in cold water and prepare as directed in the guide at right. Prepare at one time only the amount your freezer can freeze within 24 hours (see manufacturer's instruction booklet). Have freezer containers washed and ready to use.

Most vegetables need to be heated, before they're packed, by the process called blanching. This helps preserve color, flavor, texture, and nutritive value. Follow prescribed blanching times to insure best results.

The chart gives a range of blanching times for some vegetables. Use the shorter amount of time for small, young vegetables; apply the longer times to more mature vegetables or those cut in large pieces. Increase blanching time 1 minute if you live 5,000 feet or more above sea level.

Some vegetables require treatment to prevent darkening; the chart specifies which ones. Since you don't freeze vegetables with liquid or syrups as you do fruits, the anti-darkening agent is added to the blanching water. Citric acid (available in drugstores) or lemon juice is usually used with vegetables and the amounts are specified in the chart; double the amount of lemon juice if you use Meyer lemons.

To blanch vegetables, place no more than 2 pounds at a time in a wire basket, metal colander, or cheesecloth bag. Immerse in a large pan of rapidly boiling water. When boiling resumes, cover, and start counting blanching time. If it takes more than 2 minutes to resume boiling, use fewer vegetables the next time.

Immediately chill blanched vegetables by plunging the basket in ice water or under cold running water until completely cold.

How to package vegetables for freezing

Pack vegetables in freezer containers. Loose vegetables such as cut green beans are usually packed in plastic freezer bags placed in cardboard freezer cartons; the cartons make stacking easier and protect bags from tearing. Wrap vegetables such as corn on the cob in heavy-duty freezer foil or freezer wraps. Rigid containers such as plastic boxes with tight-fitting lids or canning jars are convenient for packing solid vegetables such as cooked winter squash.

In any container it is important to exclude as much air as possible. With plastic bags, submerge all but the bag opening in water to force out air. Leave a head space of ½ inch for soft containers and 1 inch for rigid containers or solid-pack vegetables. Seal as directed for the type of container used: Twist wire ties on plastic bags; heat-seal specially designed plastic bags; attach lids to plastic freezer boxes; screw ring bands down over lids on canning jars. Label and freeze immediately.

NOTE: The July 1971 *Sunset* (page 60) featured an article on canning and freezing fruits, and the section on freezing included some more information on the freezing process and a complete list of containers and wraps, so you may want to use that article as an additional reference. And another article on the back pages of the July *Sunset* gives a list of sources to whom you can write for information on freezing vegetables not covered in our chart.

Freezing guide

Artichoke hearts

Cut off top third of small artichokes; trim all but ½ inch of stems. Pull off all bracts down to edible pale inner leaves. Blanch (add 3 teaspoons citric acid or ½ cup lemon juice to 2 quarts water) for 3 to 5 minutes. *To yield 1 pint: 20 to 25 1¼-inch artichokes.*

Asparagus

Cut off tough ends of stalks. Sort for size; blanch 2 to 4 minutes. *To yield 1 pint: 1 to 1½ pounds.*

Beans (green or wax)

Wash and snap off ends. Leave full length or cut in 1-inch pieces. Blanch 2 to 3 minutes. *To yield 1 pint: ⅔ to 1 pound.*

Beans (lima)

Shell and wash beans; sort for size. Blanch 2 to 4 minutes. *To yield 1 pint: 2 to 2½ pounds.*

Beets

Remove tops. Wash and peel. Leave whole if small, or slice or dice. Blanch 3 to 5 minutes. Cook mature beets in water until tender. *To yield 1 pint: 1¼ to 1½ pounds.*

Broccoli

Trim outer leaves and wash carefully. Split large stalks to ½-inch thickness. Sort for size. Blanch 3 to 4 minutes. *To yield 1 pint: 1 pound.*

Brussels sprouts

Trim, remove outer leaves, and wash. Sort for size; blanch 3 to 5 minutes. *To yield 1 pint: 1 pound.*

Carrots

Remove tops. Wash and scrape or peel. Use small, tender carrots whole; dice others into ½-inch pieces. Blanch 2 to 5 minutes. *To yield 1 pint: 1¼ to 1½ pounds.*

Cauliflower

Break into 1-inch pieces. After washing, soak for 10 minutes in solution of 1 tablespoon salt in 1 gallon water. Blanch 3 minutes (add 1 tablespoon vinegar to 1 gallon blanching water). *To yield 1 pint: 1¼ pounds.*

Corn

Husk, remove silk, and wash. Sort for size. *For kernels*, blanch whole ears 4 minutes, cool quickly; cut kernels from cob. *To yield 1 pint: 2 to 2½ pounds, 6 to 8 ears.*

For corn on cob, blanch 7 to 11 minutes; chill very thoroughly. Pack in containers, plastic bags, freezer wrap, or heavy-duty freezer foil.

Eggplant

Wash, peel, and cut in ½-inch-wide fingers or dice. Blanch 2 to 4 minutes according to size. After cooling, prevent darkening by dipping in solution of 1 tablespoon citric acid or ½ cup lemon juice in 5 cups water. Drain well. *To yield 1 pint: 1 to 1½ pounds.*

Ginger root

Wash but do not blanch. Wrap whole in heavy-duty freezer foil. To use, grate or slice amount needed from frozen root.

Mushrooms

Wash thoroughly. Trim stem. Leave whole or slice. Blanch 2 to 4 minutes according to size (add 1 tablespoon lemon juice to 1 quart blanching water). Or sauté in butter until tender. *To yield 1 pint: 1 to 2 pounds.*

Peas

Shell peas, wash, and sort for size; blanch 1 minutes. *To yield 1 pint: 2 to 3 pounds.*

Peppers (red or green)

Wash. Remove stem and seeds; cut in halves or slices. Do not blanch. Pack in small containers for convenience. *To yield 1 pint: 1 to pounds.*

Spinach and other greens

Wash to clean off sand and grit; cut off heavy stems. Blanch leaves 1½ minutes, stirring well. Dry well before packing. *To yield 1 pint: 1 1½ pounds.*

Squash (summer varieties)

Wash and cut off stem ends. Cut in ½-inch slices. Blanch 3 minutes. *To yield 1 pint: 1 1¼ pounds.*

Squash (winter varieties)

Wash and peel. Cut open and remove seed; cut into chunks. Cook until soft in small amount of water, then mash; cool. *To yield 1 pint: 1 1½ pounds.*

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· was it Joey?) used to go gaga
er Pop's homemade ice cream down
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lf the cherry?

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NORMAN A. PL

Crisp, *crunchy basket for ice cream and fruit, based on a breakfast cereal*

You can also eat the basket

These cereal-based confection bask (or edible "birds' nests") are filled w ice cream and summer fruits. Ke them on hand for quick, novel desse

They are simple to make: Blend cru bled shredded wheat biscuits, cocon butter, and sugar and press into custa cups. Then toast lightly in the ov when cool, the baskets hold togeth and can be removed from cups.

Allow 1 quart ice cream and 1½ cu fruit to fill 6 large or 12 small baske Good combinations include vanilla cream and strawberries, raspberry sh bet and raspberries, and toasted almo ice cream and sliced peaches.

Coconut - Cereal Baskets

With your hands, crumble 5 la shredded wheat biscuits into a mix bowl. Add ¾ cup shredded coconut, cup sugar, and ½ cup (¼ lb.) mel butter, blending thoroughly. Place ⅙ the mixture in each of 6 ovenpr custard cups (6-oz. size); press v firmly over bottom and up sides of cup. (Or place 1/12 of the mixture each of 12 muffin cups—3-oz. si Bake in a 350° oven for 10 minutes until lightly browned on edges.

Place on a rack and cool to room te perature. Then slip a slim-bladed kn with a sharp point between each bas and cup to loosen; then invert to rele basket.

Fill with ice cream and fruit as s gested above and serve at once; or st unfilled baskets in a tightly cove container for as long as 3 days. Make or 12 servings.—*H. M., Los Angeles.*

The Mayonnaise Lovers' Mayonnaise

The Real Mayonnaise

A rare moment for steak fanciers. London broiled flank steak with a superb mustard sauce. You concentrate on charcoaling the beef; let Kraft Mayonnaise take care of sauce-making. At Kraft, we fuss a lot with mayonnaise, blending the eggs with fine oil and spices. It's worth the effort, for real mayonnaise. Good cooks love the velvety smoothness. ~ Blend together 3/4 cup of Kraft Mayonnaise, 2 tablespoons Kraft Prepared Mustard and 1 teaspoon poppyseeds. 4 to 6 servings.

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Purslane a weed? The French and the Mexicans use it in salads

ost Western gardeners think of purs-
ıe as a weed. Actually, purslane has
ıch culinary potential: It has long been
element in the cuisines of France
d Mexico, both in green salads and
simple vegetable dishes. We suggest
ee recipes that exploit purslane's
ınchy-textured, sharp-tasting leaves.

humble but useful cousin of the
ɔwy, flowering portulaca, purslane
rts growing rapidly in the warm
ather and peaks during the heat of
nmer. It is an undistinguished pros-
te plant with shiny small oval leaves,
en seen along roadsides.

rslane is best raw or *very lightly*
ɔked; overcooking causes a slippery
ture and discoloration to brassy green.
pect crisp texture and a flavor best
cribed as fresh, sharp, almost hot.

r kitchen use, choose medium-sized
ɔts that have not been exposed to
ɜd killer. Strip the leaves away from
stems; wash leaves, discard stems.

rslane Salad

ɪbine in a salad bowl about 1 cup
ɔle purslane leaves with 1 quart torn
ves of crisp lettuce; sprinkle with ½
spoon dried tarragon. Just before
ving, mix in thoroughly ¼ cup bot-
l Italian-style dressing. Makes 4 to 5
vings.

slane with Mexican
nato Sauce

4 slices bacon, diced
2 medium-sized onions, chopped
2 medium-sized fully-ripe tomatoes, peeled and diced
2 teaspoons crushed dried basil
½ teaspoon salt
2 cloves garlic, minced or mashed
½ cups chopped purslane leaves

ı large frying pan, cook bacon over
lium heat until browned; remove
ɔn with slotted spoon; drain. To
ɪpings in pan, add onion; cook until
ɔ. Then add the tomatoes, basil, salt,
garlic; cover pan, reduce heat, and
k until tomatoes are quite soft, about
minutes. Add purslane and bacon to

DARROW M. WATT

This *common weed can make a tasty dish, lightly cooked or served raw in salad*

pan and stir for about 30 seconds, or until purslane is just tender. Makes 6 servings.

Purslane Soup

2 cans (about 14 oz. *each*) regular-strength chicken broth
2 thin slices fresh ginger root
½ teaspoon soy sauce
4 teaspoons dry Sherry
½ cup finely chopped green onion, including tops
1 cup finely chopped purslane leaves

In a saucepan heat together the chicken broth, ginger root, soy, and Sherry until simmering. Add green onions and stir until slightly softened (about 1 minute).

Remove pan from heat, stir in purslane, and turn into a bowl. Makes 6 servings.

Scrambled Eggs with Purslane

6 eggs
¼ teaspoon *each* salt and pepper
⅜ teaspoon oregano
¼ cup milk
2 tablespoons butter or margarine
1 cup finely chopped purslane leaves
Several sprigs purslane

In a bowl combine the eggs, salt, pepper, oregano, and milk; beat until well blended. Melt butter in a frying pan over medium heat; add purslane and stir for 20 seconds or until purslane is just slightly softened.

Pour in egg mixture; lift mixture gently from the bottom of the pan with a spatula (avoid constant stirring), allowing the liquid egg to flow to the pan bottom beneath the cooked egg. Repeat until all of the egg is cooked (it should still be moist looking). Turn out on a large platter all at once or cut into wedges. Garnish with sprigs of purslane and serve. Makes 4 to 6 servings. □

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a pound of ground beef for Lake County favorite

1 medium onion, minced
1 clove garlic, minced or mashed
1 tablespoon butter
1 pound ground lean California beef
2 teaspoons salt
¼ teaspoon freshly ground pepper
2 tablespoons flour
1 (10½-ounce) can mushroom soup
2 tablespoons tomato paste
½ pint dairy sour cream

Sauté onion and garlic in butter until soft. Add beef and cook until it loses pink color. Stir in salt, pepper and flour. Blend in undiluted soup and tomato paste. Cook over low heat about 10 minutes. Stir in sour cream. Toss with 8 ounces bow tie egg noodles which have been cooked in boiling salted water about 10 minutes. Sprinkle with chopped parsley, if desired. Makes 4 to 6 servings.

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Pizzas . . . two easy ways to go

abundance of cheese melts and eads over these pizzas, forming a rich ice that blends their flavors. They're ecially easy to make because there is tomato sauce.

th recipes call for rings of thinly sliced et onions; they stay a little crisp ough the baking and contribute a ly flavor. Otherwise the two fillings as different as sliced Lebanon bolo- is from canned tuna.

ound loaf of frozen bread dough pro- es crust for two pizzas, so each of the owing recipes makes two pizzas about inches wide. You could, of course, ve the ingredients to make only one za, or make one of each flavor.

e the pizza crusts ahead, if you wish. them shortly before baking, then e one at a time (while you serve the t pizza, the second can finish baking). high oven heat specified insures rich- rowned crusts. If you question the uracy of your oven dial at 500°, ck it with an oven thermometer.

ou don't have pizza pans, use jelly pans or cooky sheets.

anon bologna called for in our first pe is an all-beef, heavily smoked sage. You can substitute thin sliced mi, if you wish, or sliced, fully ked ham.

anon Bologna Pizzas

- 1 package (8 oz.) sliced Lebanon bologna
- 2 baked pizza crusts (directions follow)
- 1 medium-sized mild, sweet onion
- 1 package (12 oz.) sliced mozzarella cheese
- 1 teaspoon *each* dried basil and oregano, crumbled
- 1 cup (about 3 oz.) freshly shredded Parmesan cheese

bologna slices in quarters and dis- ute over pizza crusts; press down tly to flatten any bubbles in crusts. ly slice onion and separate into s; scatter over meat. Cut mozzarella s in quarters and arrange over ns. Sprinkle the basil, oregano, and nesan evenly over all.

one pizza at a time in a 500° oven the oven rack in lowest position; for 8 to 10 minutes, or until the t is richly browned and the cheese s and bubbles. Cut in wedges (or ngles) with scissors. Makes two 12- pizzas, about 4 servings.

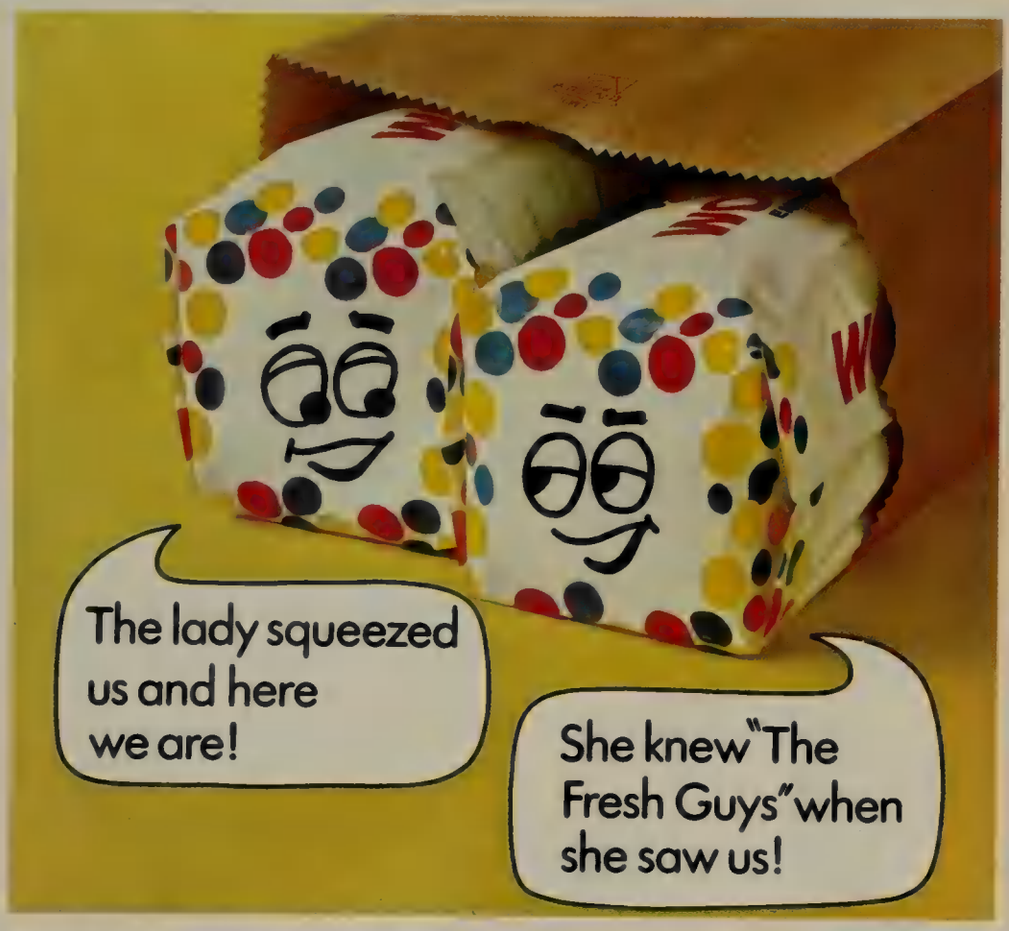
d Pizza Crusts. Use I loaf (1 lb.) en bread dough. Thaw the dough wing package directions and divide gh in half.

se two 13-inch pizza pans (or 12 by 15-inch cooky sheets) with olive oil. On a lightly floured pastry cloth, roll and stretch each portion of the thawed dough to a 12-inch circle (or 9 by 14-inch rectangle); transfer to pans. Brush olive oil over surface of dough. Bake in 500° oven for 4 minutes or until crusts just begin to brown.

Tuna Pizzas

Prepare the baked pizza crusts as directed for the Lebanon Bologna Pizzas. Thinly spread ½ teaspoon prepared Dijon-style mustard over each crust. Drain the oil from 2 cans (7 oz. *each*) solid pack tuna. Break the tuna into bite-sized pieces and distribute over the crusts; press lightly to flatten any bubbles in the crusts. Thinly slice 1 medium-sized mild, sweet onion, separate into rings, and scatter over the tuna. Cut 1 package (12 oz.) sliced mozzarella cheese into quarters, arrange quarter slices of cheese over onions. Sprinkle 1 cup (about 3 oz.) freshly shredded Parmesan cheese over tops of both pizzas. Sprinkle lightly with paprika.

Bake one pizza at a time in a 500° oven with the oven rack in lowest position; bake for 8 to 10 minutes or until the crust is richly browned and the cheese melts and bubbles. Cut in wedges (or rectangles) with scissors. Serve immediately. Makes two 12-inch pizzas, about 4 servings. □



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Knox captures cranberry-apple crispness.

Simple as:

A

Dissolve Knox in cranberry juice cocktail. Add lemon juice, sugar.

B

Add apples, crushed pineapple and celery.

C

Result: Knox Cranberry-Apple Salad. Tart-sweet, pretty—deliciously nutritious. And flavors so crisply fresh, you'd think you just picked them!

2 envelopes Knox Unflavored Gelatine
2 cups cranberry juice cocktail, divided
1/3 cup sugar or equivalent non-nutritive sweetener
3 tablespoons lemon juice
1 cup crushed pineapple (in juice)
2 cups chopped pared apple
1/2 cup sliced celery

Sprinkle gelatine over 1 cup cranberry juice cocktail in saucepan. Place over low heat; stir constantly until gelatine dissolves, about 5 minutes. Remove from heat; stir in sugar. Add remaining 1 cup cranberry juice cocktail and lemon juice. Chill, stirring occasionally, until mixture is slightly thicker than the consistency of unbeaten egg white. Fold in crushed pineapple and juice, apple and celery. Turn into a 5-cup mold or bowl; chill until firm. Unmold. Garnish with salad greens.

YIELD: 6 servings. 150 calories each with sugar. 110 calories each with sugar substitute.

Want more nutritious, calorie-conscious recipes? Write Knox Gelatine, Inc., Box 101-S, Johnstown, N.Y. 12095.

Knox captures freshness

Fresh vegetables and chicken broth

Quickly prepared, these cold soups r on the naturally sweet flavor of fresh v etables and the convenience of can chicken broth. Either makes a refre ing first course for summer meals warm days.

The carrot apple bisque is smoo creamy, and delicately seasoned w nutmeg and green onion. Bacon and m onions add crunch to the avocado so Both soups are best if chilled for seve hours before serving to allow the flav to mellow and blend.

Carrot Apple Bisque

- 5 to 6 large carrots, peeled or scraped
- 1 tablespoon butter or margarine
- About 4 cups regular-strength chicken broth
- 1 large Pippin apple *or* ½ cup unsweetened apple sauce
- ½ cup light cream (half-and-half)
- ½ teaspoon nutmeg
- ⅓ cup minced green onion, including some of the tops

Cut carrots into ½-inch chunks. Co bine carrots, butter, and 1 cup of chicken broth in a saucepan. Over h heat, cook, covered, until carrots very tender, about 15 minutes. Me while peel, core, and slice apple, add it (or apple sauce) to carrots for the 5 minutes. Remove pan from heat, cover, and allow to cool for about minutes.

Whirl carrot mixture in a blender u smooth or force mixture through wire strainer. Stir in the light cream nutmeg; stir in remaining chicken br until soup is desired consistency. Co and refrigerate. To serve, sprinkle v chopped green onion. Makes about 6 8 servings.

Chilled Avocado Soup

Peel and remove pits from 2 large avocados and place in a blender. Ad tablespoons lemon juice, 1 clove ga and about 1 cup regular-strength chic broth; cover and whirl until smoo Blend in about 4 more cups of the chi en broth, until soup is desired con tency. (Or you can force the avoc and garlic through a wire strainer, then blend in the remaining ingr ents.) Chill, covered.

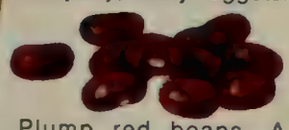
Fry ½ pound bacon until crisp and dr well; coarsely crumble into a small se ing bowl. Finely chop 1 small red oni put into a small serving bowl. To se invite diners to add onion and bacon soup. Makes 6 to 8 servings.

Hormel Chili. It's not exactly tame.

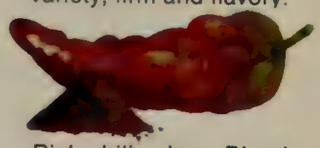
Hormel makes the best-liked chili north of the Rio Grande. What's the secret? We won't tell you everything, but we'll drop a few hints:

U.S. INSPECTED & PASSED by Dep't. Agri.

Good red beef. We chop it small, then simmer it into juicy, meaty nuggets.



Plump red beans. A choice, western-grown variety, firm and flavory.



Rich chili spices. Blended just right to temper the fire, but to keep the heartwarming glow.

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DARROW M. W

Plump, *juicy red raspberries cr each serving of creamy rice pud*

A touch of fresh raspberry

The tart, sweet flavor of fresh rasp ries can elevate a humble dessert bread into a real treat. Here the wh berries, folded into cooked rice whipped cream, make a good varia on rice pudding. And the mashed f makes a colorful fruit loaf.

Rice and Raspberry Cream

- ½ cup whipping cream
- ½ cup sugar
- 1 tablespoon orange-flavored liqueur or undiluted frozen orange juice concentrate
- 2 cups cold cooked rice
- 2 cups fresh raspberries

Whip cream until stiff; stir in sugar liqueur. Set aside 4 tablespoons of cream mixture; gently fold rice an cup of the berries into the remai cream. Turn into 4 individual dis garnish with reserved cream and ber Serves 4.—*H. N., San Francisco.*

Fresh Raspberry Tea Bread

- 1 cup mashed fresh raspberries
- 2 tablespoons lemon juice
- 1 egg
- ¾ cup sugar
- ½ cup milk
- 3 cups biscuit mix

Combine berries and lemon juice; aside. In a bowl mix egg, sugar, milk; stir in biscuit mix, then ber Turn dough into a well greased flour-dusted 9 by 5-inch loaf pan. B in a 350° oven for 50 minutes, or u a pick inserted in the center comes clean. Serve warm or cold. Make loaf.—*K. A., Portland.*

Best Foods helps you let your guests vote for the topping of their choice

SPANGLED BURGERS

ONION 'N' PICKLE TOPPING

Blend:
1/4 cup BEST FOODS® Real Mayonnaise
1/4 cup finely chopped onion
1/4 cup chopped pickle
Dash Tabasco

All recipes top 3 large or 4 smaller burgers

CHILI CON QUESO TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
3/4 cup shredded pasteurized process cheese
1 tablespoon finely chopped chili pepper
1 tablespoon chili sauce
Spoon onto burgers last 2 minutes of broiling.

IUSTARD TOPPING

lend:
/4 cup BEST FOODS
eal Mayonnaise
teaspoon prepared
ıustard

IUSHROOM TOPPING

lend:
/4 cup
EST FOODS
eal Mayonnaise
tablespoons
ıopped mush-
ıoms
1/2 teaspoons
eak sauce

PLAIN JANE

Top broiled hamburgers with tomato slices. Top with BEST FOODS Real Mayonnaise.

COLE SLAW TOPPING

Lightly toss:
1/4 cup BEST FOODS Real Mayonnaise
2 cups shredded green or red cabbage
1 tablespoon finely chopped onion
1/4 teaspoon celery seed
Dash salt

SWEET 'N' SOUR TOPPING

Blend:
1/4 cup BEST FOODS Real Mayonnaise
1/4 cup well drained crushed pineapple
1/4 cup finely chopped green pepper
2 teaspoons soy sauce

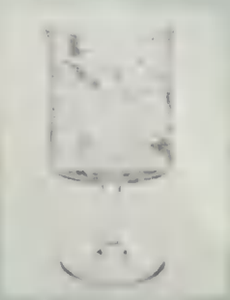
BRING OUT THE BEST FOODS AND BRING OUT THE BEST.

lest Foods, a Division of CPC International, Inc.

The first dishwasher detergent for dry-hards.

Dry-Hards are tough-to-clean foods—like chocolate pudding, eggs, oatmeal, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. Electrasol, fortified with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.

Test proves fortified Electrasol's superiority against Dry-Hards. Dessert glass with Dry-Hard paste of chocolate pudding that was baked on for 12 minutes at 330°F, came out looking this way when washed in another leading dishwasher detergent.



Identical Dry-Hard dessert glass—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.

ECONOMICS LABORATORY, INC., St. Paul, Minnesota

Just baked and ready to travel

t every freshly baked cake is suitable a family summer outing; you need that is easy to transport and neat to ve. Here we suggest three especially d travelers. Richly flavored and moist, y need no frosting.

ke flour gives this richly flavored cake exceptionally fine texture.

rk Chocolate Cake

- 1 cup (½ lb.) butter or margarine
- 2½ cups sugar
- 4 eggs
- 3 cups cake flour
- 1 cup cocoa
- 1 teaspoon baking powder
- ½ teaspoon salt
- ¾ cup water
- 1 teaspoon vanilla
- Powdered sugar

a large bowl of an electric mixer t together the butter and sugar until roughly creamed and light. Add s, one at a time, beating well after h addition. Sift flour before measur- ; sift again with cocoa, baking pow- , and salt; add to the creamed mixture rnately with the water. Add vanilla. ur batter into a greased and flour- sted 10-inch tube pan.

ke in a 350° oven for 1 hour and 20 nutes, or until a pick inserted in the ter comes out clean. Cool cake in pan minutes; turn out on a rack to cool npletely. Dust with powdered sugar. ves 10 to 12.

ese moist, chewy chocolate squares e been a favorite of one Western nily for three generations.

wnie Cake Squares

- 2 squares (1 oz. *each*) unsweetened chocolate
- ½ cup (¼ lb.) butter or margarine
- 2 eggs
- 1 cup sugar
- ½ cup regular all-purpose flour (unsifted)
- 1 cup chopped walnuts
- 1 teaspoon vanilla

a saucepan melt the chocolate and ter over low heat; set aside to cool. a bowl of an electric mixer beat eggs il thick, about 4 minutes. Gradually sugar, about 3 tablespoons at a time. ating well after each addition. Stir in flour, nuts, vanilla, and cooled but- mixture. Turn into a well greased nch-square baking pan. Bake in a 0° oven for 30 minutes, or until a pick erted in the center comes out clean. t cool in pan. Cut into 16 squares.

ts of praline melt through this next ke forming golden caramel streaks.

Praline Cake

- ½ cup (¼ lb.) butter or margarine
- ⅔ cup sugar
- 2 eggs
- 1½ cups regular all-purpose flour (unsifted)
- ½ teaspoon *each* baking powder and soda
- ¼ teaspoon salt
- ⅔ cup buttermilk
- ½ teaspoon vanilla
- Crushed praline (recipe follows)
- Powdered sugar

In a bowl of an electric mixer beat butter and sugar together until creamy. Add eggs, one at a time, beating well after each addition. Stir together the flour, baking powder, soda, and salt. Add to the creamed mixture alternately with the buttermilk, blending well after each addition. Stir in vanilla and praline.

Line the bottom of a well greased 9-inch-square baking pan with waxed paper; grease paper well. Pour batter into pan. Bake in a 350° oven for 35 minutes or until a wood pick inserted in the center comes out clean. Immediately invert cake onto a rack, lift off pan, and remove paper. Cool thoroughly. Dust with powdered sugar. Makes 9 servings.

Crushed Praline. In a small pan over moderate heat melt ¾ cup sugar; shake pan to melt sugar evenly. When golden, immediately pour out onto a well greased rimmed baking pan. Cool until hardened. Break praline out of pan. Put in plastic bag; crush into fine particles. □

Try this on for sighs.

When the temperature soars and appetites slump, try this on your family for sighs. A Cabana Cooler. A cool shimmering ring mold of lime gelatin blended through with juicy chunks of Dole pineapple and tender slices of Cabana bananas. Each luscious spoonful is guaranteed to revive the sleepiest of tastebuds. Now for a limited time Cabana is offering colorful and decorative ring molds for only $2.00 each plus 2 Cabana banana labels. Available in your choice of banana yellow or hot orange. These ring molds are Teflon coated for easy baking and chill molding. Offer is limited, so get a wiggle on.

CABANA BANANA COOLER

- 2 pkg. (3 oz.) lime gelatin dessert
- 2 cups boiling water
- 1½ cups ice water
- 3 Cabana Bananas, cut in half crosswise
- 1 can (20 oz.) Dole Pineapple Chunks, drained

Dissolve gelatin dessert in boiling water. Stir in ice water. Pour about ⅓ of mixture into fruit ring mold. Chill mold and remaining gelatin until partially set. Arrange bananas to form a pinwheel in the mold and press lightly into position. Add pineapple chunks to gelatin and pour over bananas. Chill for several hours. Unmold. Fill center with drained pineapple chunks and banana slices. Top with whipped cream. Garnish with cherries.

Cabana Ring Mold Offer, P.O. Box 8409, Roseville, Minnesota 55113. Please rush me _____ Cabana ring molds. I enclose $2.00 plus 2 Cabana Banana labels for each ring mold. (Send check or money order. No stamps.) Residents outside the continental U.S. add $1 for mailing. Indicate quantity of each color wanted. s
_____ Banana Yellow _____ Hot Orange

NAME _____ (please print)

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CITY _____ STATE _____ ZIP _____

Zip Code required to fill your order. Offer void where prohibited, taxed or otherwise restricted. Order now while supply lasts. Allow 3 weeks for delivery. Offer expires December 31, 1971.

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Cannon® Contempo sheets and Horizon Stripe towels are available in a wide range of coordinating colors. At fine department stores. Cannon Mills, Inc., N.Y. 10020

Refreshing ices use fruit wines

wine of the grape receives most of attention, and thus a number of made from other fruits tend to in the background. Although not ally favored to accompany meals, have a natural sweetness that s them ideal for dessert or be-n-meal refreshment.

ntly we discovered that these fruit berry wines also make refreshing for freezing seems to intensify their al fruit flavors. We especially en-the ices made from the wines of fruits: apple, apricot, cherry, pear, plum; and these berries: blackberry, nt, loganberry, raspberry, and berry.

recipe for fruit wine ice is remark-simple. In about 8 hours you can one ready to serve, and it keeps n the freezer for up to a month.

wine ice plain or topped with fruit. We liked each ice with the that flavored the wine. Other very combinations are apple wine ice d with orange sections or blue-s, apricot ice with peach slices or erries, cherry ice with fresh pine-chunks, plum ice with apricot s, and any of the berry wines with pineapple or whole berries.

heck the label carefully when you out a fruit or berry wine for this e. It is important that the wine in about 12 per cent alcohol and ded sweetener; extra sugar or more ol interferes with freezing.

Wine Ice

cups fruit or berry wine
cup water
cup sugar
Food coloring (optional)

bowl, stir wine, water, and sugar sugar is completely dissolved. Pour a shallow metal pan, cover, and at 0° or colder until solid. Re-ice from freezer and break up small pieces with a wooden spoon o hard, let stand 5 to 10 minutes); into the large bowl of an electric r. Beat at lowest speed until slushy, gradually increase speed until mix-becomes smooth but not melted.

in a few drops of food coloring if wish to intensify the color (about easpoon red food coloring turns berry or cherry wine ice to an at-ve rosy hue). Spoon back into a or freezing tray, cover tightly, and e. Makes 6 to 8 servings. □

Who ever heard of guaranteeing steak knives for 15 years? Ekco did. And Ekco does.*

Ekco Flint steak knives. Wonderful to give! A delight to use!

Waverly cutting edges so sharp they virtually slide through the most gristly steak problems. Handsome handles, too, of virtually indestructible mahogany Pakkawood®. Ask for Ekco Flint steak knives by name, the *only* steak knives with a 15 year guarantee.

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John Unitas caught the wheat germ from Mickey Mantle.

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im International Multifoods

Energy and the environment

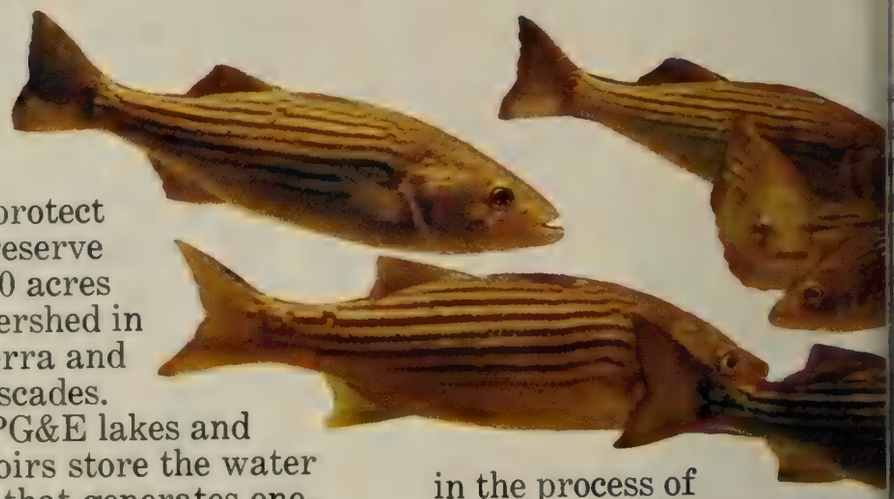
More people in growing California, more homes, new communities, more public facilities, expanding business and industry—all require a lot more gas and electricity to keep the quality of life here, and the opportunities, the finest in the world. The big environmental housecleaning job to be done requires a lot more gas and electricity too. To meet these growing energy requirements, we must continue to build new generation and transmission facilities.

At the same time, it is our commitment to do everything we can to preserve the natural beauty of our state. We work hard to balance environmental concerns with our obligation to provide reliable and economical gas and electric service.

The land:

We protect and preserve 176,000 acres of watershed in the Sierra and the Cascades. Here PG&E lakes and reservoirs store the water power that generates one-quarter of your electricity, cleanly and without pollution. The stored water also maintains stream-flow for the preservation of fish and wildlife, helps provide flood control, conserves water for irrigation and domestic use and provides recreation for tens of thousands of Californians.

In locating generating facilities, we give careful study to environmental considerations and the viewpoints of local community groups, conservationists and planning authorities. Our scientists, engineers and consultants conduct extensive ecological research in the process of determining the suitability of plant sites.



The water:

Steam-electric power plants, the primary source of your electricity, must be located with access to large bodies of water for cooling. circulating through the plan condensers, water is raised in temperature only about 1 but the warmth dissipates quickly when the water is returned to the bay or ocea

Our scientific studies o "thermal effect" over 20 ye have shown that aquatic lif is not harmed by this limite exposure to the slightly and temporarily warmed water In San Francisco, Morro a similar bays, there are natu daily water temperature fluctuations of more than 2 The warming effect of the sun on Morro Bay, for exam adds 5.7 times as much hea to the water as our power plant there does.

The air:

Hydroelectric plants create no air or wat pollut

The good life requires both.

· steam-electric plants use ın-burning natural gas .ost exclusively. On excep- ıally cold days—less than % of the time—we use some l oil. And we converting ɔw-sulphur :or these .mited require- ments in order to ave the ;t possible ct on air lity.

All evidence ıts unmis- ıbly to lear fuel as answer to ı's increasing tric energy needs. :lear power plants efficient. They economical. They are clean. l they are safe. Radiation ɔverned by the most rigid ıdards, established both .onally and internationally ıighly responsible independ- scientific bodies and gov- mental agencies. ımercial nuclear er plants in the ted States operate within these strin- t safety limitations. amount of radia- exposure is insig- :ant and harmless.

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We are placing of all new residen- subdivision power lines underground. We are also making headway in a continuous program to underground existing overhead distribution lines. Our investment for 1968-71 to put lines underground is $35 million.

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That's our record. We're proud of it and we'll keep working to improve it and to assure you and your neighbors the benefits of both a high quality

environment and a reliable supply of clean energy without brownouts.

PG and E

DARROW M. WATT

Salad tray *of fresh and cooked vegetables, olives, and cold meats for a summer luncheon*

AUGUST MENUS

A summertime luncheon, brunch, and dinner . . . to serve guests on the patio or take off on a picnic

These menus for August are designed for casual summer entertaining. All are suitable for patio dining, and the lunch and dinner can be packed for picnicking if you want to roam in other afield. The emphasis is on advance cooking and the season's bounty of fruits and vegetables.

The gaily hued salad tray of vegetables with a vinaigrette sauce and cold meats is served as salads often are in France and other European countries. The mild brunch tostadas are inspired by Mexican cuisine, and the vegetable dip and salad in the guest dinner have Indian-style flavorings.

Summer salad luncheon

Since the vegetables for the salad are cooked ahead and the cold m and bagels can come from the su market, this meal can be ready to s almost instantly. For a treat, give guests a favorite dessert such as b pie or chocolate cake, either homem or from a bakery.

Meat and Vegetable Salad Tray
Green Vinaigrette Dressing
Hot Bagels and Butter
Berry Pie or Chocolate Cake with Ice Cream

Cook vegetables as directed in re they continue to cook as they coo sorbing additional flavor from the soned stock. Just before serving ar the cooked and fresh vegetables tively on a tray with the cold mea

The many adventures in rye . . . and cheese

If you appreciate the intriguing taste and texture differences in cheeses you'll enjoy the nuances of flavors and textures in the Oroweat rye breads.

Which rye with which cheese? Only you have the answer. If your taste today favors one of the sharp, spicy cheeses or one of the gentler ones, you can find one of our ryes to match it.

Two of the many Oroweat ryes are presented here. Swedish Rye is a light, fine-textured rye for those who want the flavor of rye, but delicately; seedless for those who prefer rye without caraway. In the large round loaf of Russian Rye, you find a mild rye with the good bite of sourdough and a gentle accent of caraway.

To taste your way through the many Oroweat ryes, look to the bread shelves in your market.

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Oroweat Baking Co. of S. F.

Dogs love cheese

Introducing the nourishing new dog food with real cheese right in it.*

Does your dog like the flavor of cheese? Get some from your kitchen and give him a taste. If he's like other dogs he'll love it. That's why we made new Ken-L Ration Cheese Flavored Burger.

It has real cheese in it. And it's completely nourishing, with all the protein, minerals and vital nutrients your dog needs. Ken-L Ration Cheese Flavored Burger has cheese. And dogs love cheese.

*INGREDIENTS: BEEF BY-PRODUCTS, SUCROSE, SOY GRITS, SOY FLOUR, SOY PROTEIN CONCENTRATE, DEHYDRATED PASTEURIZED PROCESS CHEDDAR AND BLUE CHEESE.

lives. Serve with a bowl of the piquant ressing to spoon over all the vegetables.

Ieat and Vegetable Salad Tray

3 cups water
½ cup vinegar
½ cup olive oil
1½ teaspoons salt
2 cloves garlic, minced or mashed
½ small onion, thinly sliced
6 whole black peppers
1 bay leaf
2 cups peeled carrots cut in ¼-inch slices
1 small head cauliflower, broken into flowerets
½ pound mushrooms, cut in halves
2 large tomatoes, peeled and cut in wedges
1 cucumber, peeled and sliced
1 can (about 7 oz.) black olives, drained
About 1 pound liverwurst, sliced
About ½ pound ham, thinly sliced
Green vinaigrette dressing (recipe follows)

ı a large saucepan over high heat com- ne the water, vinegar, oil, salt, garlic, ıion, peppers, and bay. Bring to a roll- g boil and plunge in the carrots and ıuliflower. Return to a boil, boil 3 min- :es, and stir in mushrooms. Remove om heat and refrigerate, covered, until oroughly chilled, about 5 hours (or vernight).

efore serving, pour the vegetables into colander, discarding the cooking liquid. lso discard the whole peppers and bay, you wish. Mound the cooked vegeta- es on a large tray. Then arrange the matoes, cucumbers, olives, liverwurst, ıd ham around the vegetables. Serve ith the green vinaigrette dressing. akes 4 to 6 servings.

reen Vinaigrette Dressing. Blend ⅔ ıp olive oil, ¼ cup red wine vinegar, clove garlic (minced or mashed), ½ aspoon salt, 1 teaspoon dry mustard, ıd ⅓ cup *each* thinly sliced green on- ns and finely chopped parsley. Makes ¼ cups.

Tostada brunch

here's no rush about this brunch be- use all the hot elements can be kept arm for an hour or two, ready for each dividual to construct his own tostada. ou can reverse this menu (with fruit r dessert) for an excellent supper.

Papaya Halves Filled with Fresh Strawberries
Bacon and Egg Tostadas
Green Taco Sauce **Lime Wedges**

:oop seeds from ripe papaya halves ıd fill each half with 5 or 6 whole :awberries; allow a half papaya for ch portion.

ɔu will need an electric warming tray you plan to keep the elements for the .con and egg tostadas warm for serv- g during a leisurely meal. You can epare the hot dishes up to 2 hours be- re serving. Put the bacon and eggs on a heatproof plate, cover tightly, and keep in a 150° oven; the eggs stay moist because they are scrambled with a sauce. The heated tortillas and covered dish of sauce can keep warm in the same oven. Green taco sauce and lime wedges accompany the tostadas.

Bacon and Egg Tostadas

1 package (12) corn tortillas
1 can (10½ oz.) condensed black bean soup
2 tablespoons catsup
½ pound sliced Canadian bacon
Cheese scrambled eggs (recipe follows)
2 large tomatoes, peeled and thinly sliced
About 2 cups finely shredded lettuce
Bottled green taco sauce
Lime wedges
Butter

Stack tortillas and wrap in foil; place in a 325° oven for 20 minutes to heat through. Meanwhile, blend bean soup and catsup in a small pan over medium heat; cook and stir until mixture simmers. Pour into a small serving bowl, cover, and keep hot.

Brown bacon lightly on both sides in a lightly greased frying pan over low heat; stack and keep warm. Using same pan (you won't need to wash it), scramble eggs; cover and keep hot.

At serving time assemble all the warm elements on the warming tray. Place tomatoes and lettuce in separate containers. Set them alongside warming tray with the green taco sauce and lime wedges. (Or bring warm foods directly from the oven to the table and serve at once with the accompaniments.)

To serve, place a warm tortilla on each plate, spread with some of the beans, and top with bacon, eggs, tomato, lettuce, and (if you like) taco sauce and lime juice. Spread the extra tortillas with butter to accompany. Makes 6 to 8 servings.—*D. K., Berkeley.*

Cheese Scrambled Eggs. Beat together ¼ cup milk, 1 can (6 oz.) white sauce, ¼ teaspoon pepper, and 8 eggs until thoroughly mixed. Over medium low heat, melt 2 tablespoons butter in the frying pan in which the bacon was cooked. Pour in eggs. As eggs set, lift from bottom of pan with a wide spatula, allowing uncooked egg to flow onto pan. While still liquid, but almost set, cut 1 small package (3 oz.) pimiento-flavored cream cheese in cubes and stir gently into eggs. Cook until eggs are set but still creamy. Salt to taste.

Patio dinner for guests

For a truly speedy meal, buy a couple of hot cooked chickens from a delicatessen. Otherwise, barbecue whole broiler-fryers on a spit or cook quarters or halves on the grill. While the chicken finishes cooking, offer guests the first course of raw vegetables to dunk in the yogurt sauce.

Fresh Zucchini, Radishes, and Mushrooms
Spinach Yogurt Sauce
Barbecued Chicken
Orange and Spice Rice Salad
Poppy Seed Rolls
Nectarines or Peaches **Butter Cookies**

To serve 6 to 8 you'll need 2 or 3 chickens. Make and refrigerate the rice salad and the yogurt sauce in the morning or the night before. Serve the sauce in a bowl near a basket of whole, fresh vegetables; cut them in small pieces as you are ready to dip them in the sauce. You'll need about 4 small zucchini, 1 bunch radishes, and ¼ pound small mushrooms.

If you barbecue the chicken, wrap the rolls in foil and heat on the grill. A basket of nectarines or peaches can be both centerpiece and dessert.

Spinach Yogurt Sauce

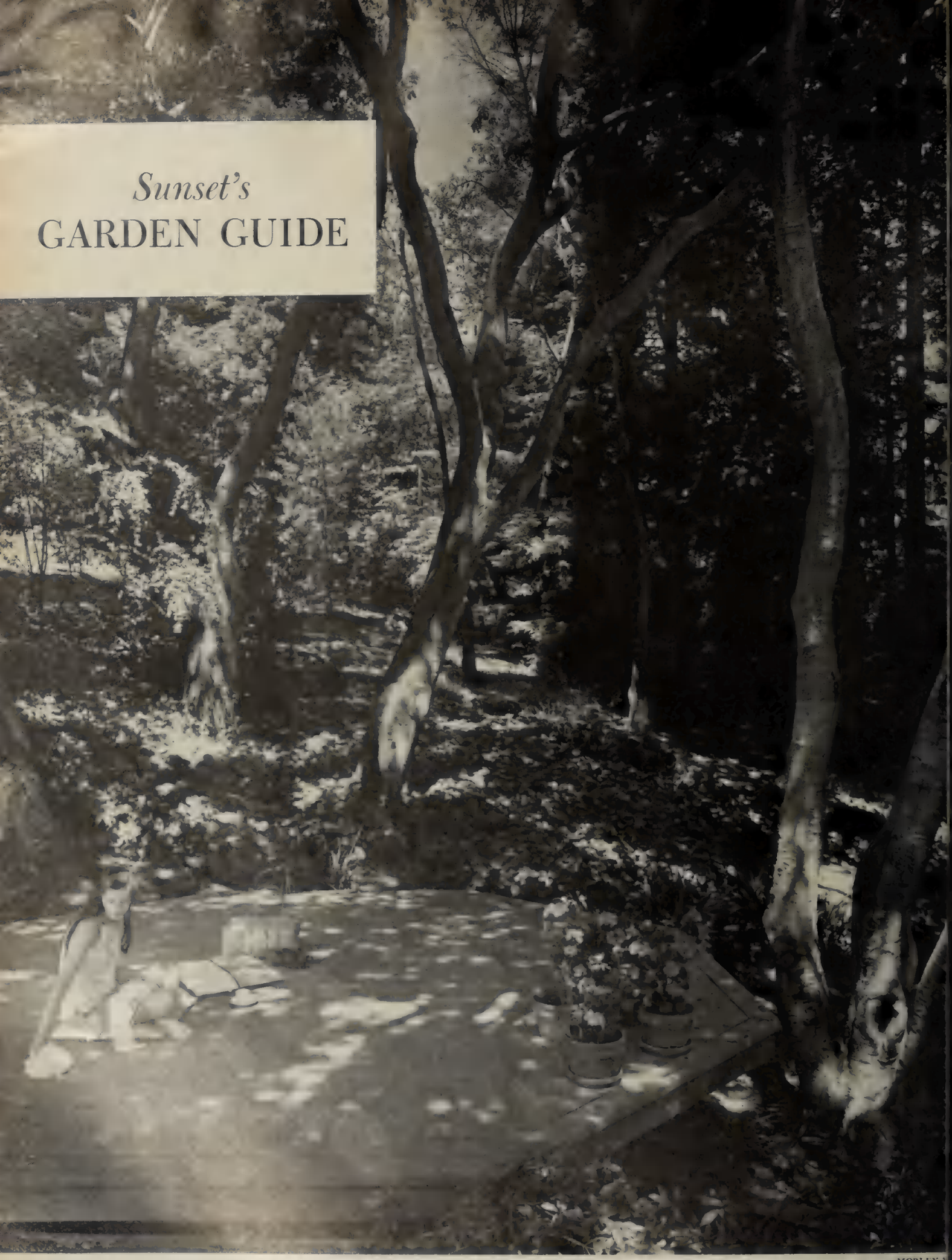
2 tablespoons sesame seed
1 carton (8 oz.) unflavored yogurt
½ cup finely chopped fresh spinach leaves
¼ cup finely chopped green onion with some of the tops
¼ teaspoon *each* chile powder and dry mustard
½ teaspoon salt
⅛ teaspoon pepper

Stir the sesame seeds in a dry frying pan over moderate heat until golden. In a small bowl combine the sesame seeds, yogurt, spinach, onion, chile powder, mustard, salt, and pepper. Stir until well blended; cover and chill. Makes about 1⅓ cups.

Orange and Spice Rice Salad

½ cup salad oil
2 cups quick cooking brown rice
3 cups water
About 1 teaspoon salt
4 teaspoons sugar
¼ teaspoon pepper
2 teaspoons ground cumin
1 teaspoon cinnamon
1½ cups raisins
⅓ cup freshly squeezed lemon juice
½ cup thinly sliced green onions including some of the tops
1 cup (6¼ oz. can) salted cashews, coarsely chopped
4 large oranges, peeled and sliced

Pour ¼ cup of the oil in a frying pan over medium high heat. Put in the rice and cook, stirring, until it begins to brown. Add water, salt, sugar, pepper, cumin, and cinnamon. Reduce heat to low, cover, and cook 10 minutes. Stir in raisins and cook 5 minutes more or until rice is just tender; remove from heat. Cool to room temperature and stir in remaining oil, lemon juice, and onions; mix well. Mound rice on a platter and garnish with cashews and oranges. (If you make the salad ahead, cover rice and chill; allow to return to room temperature. Then garnish and serve.) Makes 6 to 8 servings. □



Sunset's
GARDEN GUIDE

Deep shade, woodsy feeling

MORLEY

Shady deck seems to be a secluded island in an oak redwood grove. Actually it's just a few yards from the ho Steps shown at right connect house and deck. Minim landscaping of wild ginger, daphne preserve woodsy feel

UGUST IN YOUR GARDEN:

It's take-it-easy month but you should plan for autumn

rdeners can take a breather this nth. We're midway between spring fall planting. Two months off yet, is probably our best planting sea—so why do anything now? Plants t require much feeding or other this month, just water; and by now ering should have become an estab-ed routine.

re are a couple of things you can now (see Check List). Notably, sow ls of the annuals, perennials, and etables you want to transplant to the den in the fall (or you can wait until and buy the plants from your nurs-). But mostly, August is a month for ilating the young lady in the photo-ph at left and just relaxing in a shady t of the garden.

ore you spray, might read these

o new publications on pest control the environment should be espe-ly useful to *Sunset* readers. Both were tten in California (one in Palo Alto, the other in Berkeley) and discuss the organisms that can damage garden plants in California, not the Japanese beetles in Philadelphia.

One is a fact sheet prepared with the help of a computer. It recommends sprays that are relatively safe (for you and the environment) to combat specific pests. Identify the little fellow, find his name in the fact sheet, and there will be the recommended safe control. You can get a copy free by sending a stamped, addressed return envelope to Ecology Action, 162 University Ave., Palo Alto, Calif. 94301.

The other publication is for the gardener who wants to try biological and natural controls (matching nature's forces against damaging organisms). *Common Sense Pest Control* has gathered together most of the reliable ways to control pests without chemicals. It lists some of the more common pests and suggests something to do about them. You can order a copy for $1 from Consumers Cooperative of Berkeley, 4805 Central Ave., Richmond, Calif. 94804. Or pick one up at a Co-op market.

The mysterious shrinking Pfitzers

Several 15-year-old plantings of Pfitzer junipers along freeways in San Francisco are behaving oddly—they're shrinking. The *Sunset Western Garden Book* gives an eventual height of 5 to 6 feet, and several years ago the Pfitzers in the freeway planting had reached 18 inches. Now they're even smaller. In fact, many are creeping along the ground only a few inches high. An adjacent planting of low-growing Algerian ivy towers over the junipers by a foot and a half.

What's causing this curious behavior? It could be exhaust fumes or wind, but the landscape architects with the Division of Highways aren't sure. If you have any Pfitzers behaving this way, don't worry for the moment. The ones on the freeway are still quite healthy looking.

Compost grinders . . . if you can't buy one, rent one

One of the reasons more people don't own compost grinders is the cost; $160 to $600 is a lot of money for many back-to-the-earth gardeners. One alternative, other than chopping garden refuse up with a machete, is to rent one.

In the Bay Area, the rental rate is about $3.50 an hour, usually with a 2-hour minimum. Rental machines vary considerably in their effectiveness. Ask the people which brand they rent, then check the review of compost grinders on page 50 of the January 1971 *Sunset*. Remember you're paying by the hour, so you'll want one that grinds quickly.

If you have never used a compost grinder before, be sure to read the cautions in the January story. Operating one for the first time without knowing what you're doing can be frightening.

Talking garden in Berkeley

A problem with botanical gardens is that you can't learn much from them unless you already know a lot about plants, so you often go home with unanswered questions. In Berkeley, the University of California Botanical Garden has at least a partial solution in talking boxes.

Push a button and the box tells you something about the plants and the area in which they're growing. In the future, the university will have additional instructional and display facilities.

The botanical garden, with more than 12,000 different plants (and some welcome picnic benches), is in Strawberry Canyon behind Memorial Stadium. From the stadium take Centennial Drive up into the hills until you see the sign off to the right. The gardens are open daily from 9 A.M. to 5 P.M.

Biological control for the red-hump

People who live in the Central Valley may already know the red-humped caterpillar. He's a yellowish color with black bristles and head; later he develops a red head and hump. The earliest warning you have of his presence may be skeletonized leaves at the very tops of trees or shrubs. Unlike most garden insects, the red-hump can defoliate entire trees, and almost any tree or shrub could become his next meal.

There is a very good control for the red-hump: *Bacillus thuringiensis*, a biological spray harmless to everything but certain caterpillars. Recent work at U.C.

Sunset's GARDEN GUIDE

Berkeley sponsored by the California Division of Highways indicates that *B.t.* (its common nickname) is more effective and less costly than conventional sprays, and highway crews are now using it. Another good point: *B.t.* does not kill an important parasite wasp of the red-hump that has been observed to kill as many as 60 per cent of the caterpillars.

You or whoever does your spraying can buy *Bacillus thuringiensis* under several trade names—Biotrol XK, Dipel, and Thuricide HPC. Suggested mixtures are: 1 level teaspoon of Biotrol or Dipel to 1 gallon of water; or 1 fluid ounce of Thuricide per gallon.

NORMAN A. PLATE

Strip leaves *off stems; place them in the screened bottom of th box. Stack the boxes, and a few weeks later you'll have dried herb*

Herb drying trays

The three stacking boxes shown in the photograph above do a good job of drying herbs. They're quickly constructed of 1 by 2-inch pieces of lumber with a piece of window screen for a bottom. They are about 8 inches long by 7 inches wide—small enough to fit into a corner of a kitchen counter but large enough to hold a sizable quantity of herbs. The bottom box sits on two small strips of wood so air can circulate freely through all the boxes, thus speeding up drying time.

Pick the herbs for drying just bef they flower (many spring-planted he should be ready for harvesting this mon and strip the leaves off the stems. leaves in the boxes and keep them a from direct sunlight. You can also seed pods in the boxes, picking th before they scatter their seeds.

AUGUST CHECK LIST: *Here are the important jobs*

☐ **Annuals.** If you want to be your own nurseryman this month, try starting winter-blooming annuals from seed. Sow seed in flats and protect from hot sun. In 4 to 8 weeks they'll be ready to transplant into the ground. Here are several to try: calendula, candytuft, fairy primrose, forget-me-nots, nemesia, pansies, snapdragons, stock (the [illegible] in the Central Valley), and [illegible].

☐ **Bulbs.** You can plant colchicum (autumn crocus), lycoris (spider lily), nerine, sternbergia, and zephyranthes. Some will flower this fall if planted now; others may wait till next fall. Some may be hard to find in nurseries.

☐ **Fuchsias.** They may need daily watering this month. Feed with a complete fertilizer on a regular basis to keep blooming.

☐ **Grooming.** Since there's not much else you can do, August is a good month to wander around the garden cutting off faded flowers and yellowed leaves, pulling weeds, and doing other minor chores that will keep your garden looking sharp. It's also a good way to get better acquainted with your garden.

☐ **Lawns.** Keep on watering deeply once a week. If you can see footprints of flattened grass after you walk over the lawn, it needs water.

☐ **Perennials.** Nurseries will have perennial plants for fall planting in another month or two. If you want to grow your own from seed or try some the nurseries may not have, August is a good month to sow the seed. If you sow now, seedlings should be large enough to plant out in fall.

☐ **Vegetables.** In the Central Valley, fall planting of vegetables for early winter harvests gets into full swing this month. Plant beets, cauliflower, Chinese cabbage, kale, lettuce (both head and leaf), radishes, and spinach. Nearer the coast you can start your winter vegetable garden (from seeds or transplants) or do some late planting of summer crops. Plant beans, beets, broccoli, Brussels sprouts, cabbage, cauliflower, lettuce, onions (seed or sets), peas and spinach.

☐ **Watering.** Of course, everything needs water except some native plants and well established trees and shrubs. Pay special attention to container-bound plants and moisture-loving plants (especially azaleas, camellias, and rhododendrons, which are setting buds for next year's blooms). □

ɔep in a painting tonight...Vera Originals for Burlington

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In matching towels and shower curtains. And waste baskets, hamper and tissue box covers of sturdy plastic...so you can live in a painting tonight. At fine stores.

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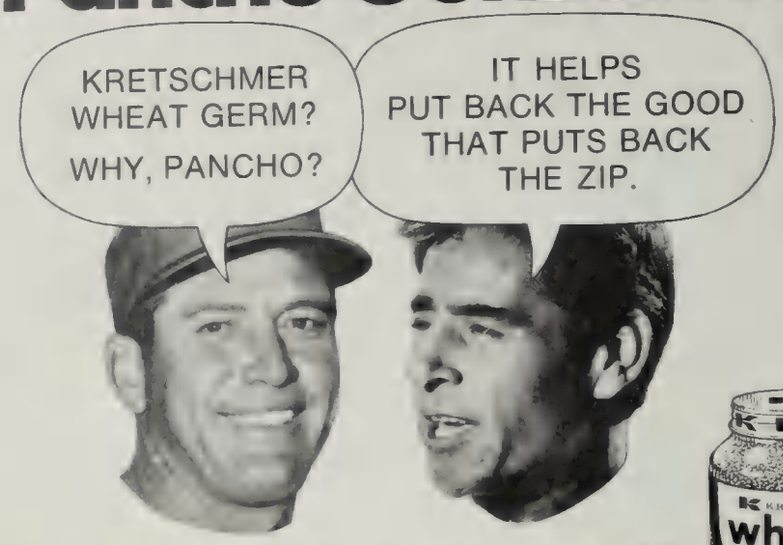
Mickey Mantle caught the wheat germ from Pancho Gonzales.



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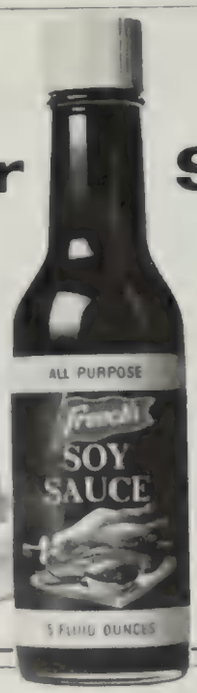
im International Multifoods

Do your hamburgers taste

SO-SO or SOY-SOY



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Limit: One refund per family. No refunds to dealers. Void if restricted, taxed or forbidden by law. Offer expires July 1, 1972. CLIP AND MAIL FOR REFUND.

Here are August garden events

Ross. August 1. Fourth annual show b the Marin County branch of the Amer can Fuchsia Society. Place: Livermor Room, Marin Art and Garden Cente Sir Francis Drake Blvd. Hours: noo to 5 P.M. Free.

Truckee. August 1. Ninth annual flowe show sponsored by the Sierra Tink Belles Garden Club. Place: Trucke Donner Public Utility Building on o U.S. Highway 40. Hours: 1 to 7 P.M Free. Door prize tickets and refres ments can be purchased.

Brisbane. August 7 and 8. Sixth annu flower show presented by the Brisbar Garden Club and sponsored by t Brisbane Recreation Department. Plac Brisbane Elementary School, San Brur Ave. and Glen Park Way. Hours: noo to 7 P.M. Saturday; 12:30 to 7 P.M Sunday. Free.

Concord. August 14 and 15. Annu summer festival and bonsai exhibit pr sented by the Diablo Japanese Ame can Club. Place: clubhouse grounds, 3 Treat Blvd. Hours: noon to midnig Saturday; noon to 10 P.M. Sunday. Fre

Oakland. August 14 and 15. Annu show of East Bay Dahlia Society. Plac Lakeside Garden Center, 666 Bellev Ave. Hours: 1:30 to 6 P.M. Saturday; A.M. to 6 P.M. Sunday. Free.

Sacramento. August 20 through Se tember 8. Flower show at the Californ Exposition & State Fair. Place: Calif nia Exposition grounds, Interstate 80 a Exposition Blvd. Hours: noon to 10 P. daily except Saturday, Sunday, a Labor Day, when hours are 10 A.M. 10 P.M. Admission: adults, $1; your sters 7 through 16, 50 cents.

San Leandro. August 21 and 22. A nual show sponsored by the San Le dro Dahlia Society. Place: Broadm Congregational Church, 301 Dowl Blvd. Hours: 3 to 9 P.M. Saturday; A.M. to 6 P.M. Sunday. Free.

San Francisco. August 26 through The San Francisco County Fair Flo Show. Eighteen flower societies sponsor and participate in the eve Place: Hall of Flowers, Golden G Park, Ninth Ave. and Lincoln W Tickets ($3.50) to a preview from 6 t P.M. on Thursday can be obtained telephoning the preview chairman (415) 333-9273. Hours: 10 A.M. to 9 P Friday and Saturday; 10 A.M. to 6 P Sunday. Admission: $1.

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Slender's nutritionally balanced program gets quick results

You, too, may lose 4 pounds the first week with Slender. Why not? Just don't backslide. Stick with 900 Slender calories a day and you'll get a thrill when you step on the scale.

Clinical study works for problem dieters

We put people, who were at least 20% overweight, on Slender for three weeks. That's four Slender meals a day, totaling 900 calories. At the end of the first week, dieters had lost an average of more than 4 pounds. During the next two weeks, losses averaged 3½ pounds a week. Many of the dieters on the program told us they were not unduly hungry and found Slender "surprisingly filling".

Low in calories, high in nutrition

Many 900 calorie diets are fad diets which emphasize one nutrient over others. But a Slender meal is nutritionally balanced. Whether it's instant Slender, mixed in milk, or Slender chilled from the can —every glass supplies ¼ of your daily recommended adult dietary allowance of protein. Plus the regular vitamins and minerals you need, including vitamins C and B-complex.

Slender counts calories for you

With Slender, you don't have to get involved with measuring out tiny portions of this and that. And you avoid costly calorie mistakes which may undo your diet. Slender counts the calories, so you always know where you stand in the calorie battle.

How to slim down sensibly with Slender

If you want fast results to get your incentive up, go strictly Slender for a week. Then go back to other foods in diet proportions, but have your Slender for at least one meal. Whether you go strictly Slender again for another week later on depends on how much you want to lose. But you should ask your doctor before starting any program aimed at weight loss.

One thing's certain, you'll find Slender wears well in your diet. It's so rich and satisfying, and that's without artificial sweeteners. Slender from Carnation. Dieting without nonsense.

The "everybody's got one" dress.

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DON NORMARK

If you *want to wear a flower—why not a single begonia bloom from your garden? Set it off with two ivy leaves*

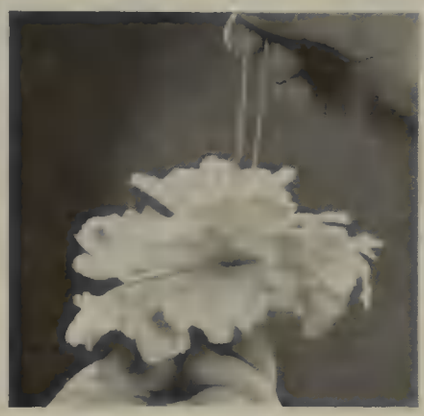
How to make your own corsage

wo of August's most flamboyant flow-
's, tuberous begonias and fuchsias, make
p quickly into corsages to pin on sum-
ıer party dresses.

he trick is to use wire to replace or re-
ıforce the blossom's fragile stem.

/ire and tape are readily available at
ɔrist or variety stores. Use no. 20 wire
ɔr begonias, fuchsias, and other fragile-
emmed blooms. Cut the wire in 6-inch
ngths. Wire and tape as shown in the
hotographs.

/ind green florist tape around the wire
ıd stem to give a finished look to the
ɔrsage, prevent the stem from staining
ıbric it's pinned to, and provide a base
ɔr securing the flower. □



Insert *6-inch wire in hairpin shape through heart of begonia*

Wind *florist tape around wires and stem for finished look*

Large *fuchsia blossom is reinforced by inserting no. 20 wire through its base slightly above nub of seed pod*

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Rod's refrigerated
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Five great ROD'S party flavors. Packed in handy re-usable plastic containers! There's **French Onion,** succulent **Clam,** creamy rich **Bleu Cheese,** lively **Garlic** and zippy new **Green Chili!** All ready-to-serve and so extra thick, they cling to tidbits! Look for ROD'S party dips in the deli case.

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refrigerated dressings

OUNCE for OUNCE Rod's costs no more. Most dressings come in small 8 OZ. jars and *seem* to cost less. ROD'S big 10 OZ. jar gives you *25% more quality product.*

ROD'S uses a sour cream base. (Most others use a mayonnaise base.) Then, only the finest ingredients are blended into small batches. Choose from **1000 Island, Roquefort, Sour Cream** and **Bleu Cheese.** All in the dairy or deli case.

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SA

Mark drills *with ruler pressed into mix that has been leveled and firmed with flat board (behind hand). To cover seeds, shake mix through sifter (top center)*

Now's the time to start your own winter-spring annuals

Sowing seeds of cool season annuals in the heat of summer may not be the easiest way to get winter and spring color. But for some people it's an integral part of the joy of gardening, and it's one way to get plants in special varieties or colors not always available in nurseries.

Annuals you can start from seed now include calendula, Iceland poppy, pansy, snapdragon, stock, and viola. Plants will be ready to set out about eight weeks after sowing seeds.

Combine equal parts of topsoil, sand, and peat moss or finely ground bark and sift through a ¼-inch screen. Line a flat with newspaper, slashed in several places for drainage. Place mix in flat; press down around edges and in corners with fingers; then firm and level the surface (about ¾ inch below the rim) with a flat board.

Sow larger seeds in drills, as shown here; very small seeds may be broadcast evenly over the surface. Cover with mix sifted through fine wire mesh. Cover small seeds *very* lightly or simply press gently into the soil surface with the board. Water with a fine spray or syringe, or soak the flat from below in a basin. Cover it with a sheet of newspaper and place in a warm spot out of direct sunlight. Keep moist, not wet. After seedlings appear, remove paper and move the flat into full light, not direct sun.

After seedlings develop two sets of tr leaves, carefully lift and separate thei and transplant 2 inches apart in anoth flat filled with a slightly richer mix th contains 2 parts topsoil, 1 part sand, a 1 part peat moss or ground bark. Wat thoroughly and keep in shade un plants recover from transplant shock.

Space *large seeds (like these calendulas) evenly in drills. Cover seeds to twice their diameter. Water; cover with paper*

Sony's new stereo radio comes with 2 invisible speakers.

Jntil now portable stereo radios ln't quite make it. They either gave u poor stereo sound or swing-out eakers.

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So you actually hear the sound coming from where the speakers should be...would be...except they're not.

If the thought of buying a radio with invisible speakers makes you suspect you're being conned, go to your nearest store and check us out.

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Another fine product of Jacklin Seed Co., Inc.

How to raise a redwood burl

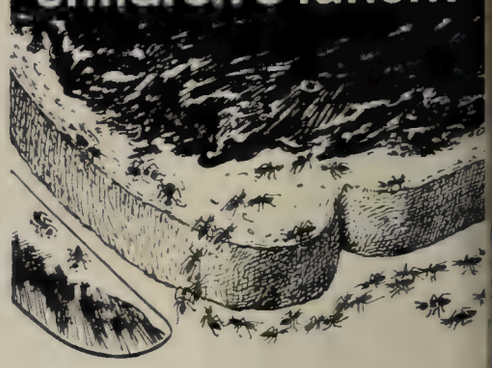
The miniature redwood grove shown below in the wooden tub did not come from five seedlings, but from a burl the size of a man's hand. Usually burls do not grow into trees; instead, the sprouts

DARROW M. WATT

CRAIG ZWICKY

Sprouts *from a burl without roots (top) will eventually die. Five trees (bottom) grew from a rooted burl*

Ants eating your children's lunch?



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e in a year or so. To keep them alive nd, further, to establish them as trees is uite a trick.

burl is a lumpy brown mass with one nooth side where it was cut from the unk of a coast redwood (*Sequoia sem-ervirens*). A live burl wrapped in plastic om a souvenir shop will sprout when s put in shallow water and kept moist. will die in time because it uses up all f its stored foodstuffs. The larger it is first, the longer it will live. Without ots it must eventually die: but if you n get it to form roots it can then grow to a whole tree.

wo ways to grow a burl

ere's how Mrs. Albert Perrett of Car-el Valley, California, got her burl to ow into the trees you see in the tub: e put a burl into a dish of water, it routed, and after the branches that ew from the sprouts were about six onths old, she planted the burl in soil, artially burying it. At that point the anches were only 6 inches long. She pt the soil moist, and found a root eveloping several weeks after she anted it.

nother way to get burls to grow into ees is suggested by Margie Hosier of nta Cruz, whose husband is a major pplier of redwood burls in California. er method takes advantage of the fact at today most burls are cut from the unk close to the ground. For some rea-n, these burls seem more able to form th roots and shoots than do the burls at come from high on the trunk. Those rls don't seem to form roots easily, though they do send out many shoots.

Irs. Hosier grows a tree from a burl by tting it directly in sandy soil with the obby side down. She puts enough soil the pot so that only a little of the cut de shows. Then she keeps the soil very oist at all times.

reen shoots grow up through the soil ithin a few weeks. You can put the burl ywhere indoors until the shoots begin form needles. After that, keep them t of strong sunlight (a north-facing indow is best).

fter the burl tree gets started

hen you try to grow a tree, don't dig the burl to see how the roots are ing. If the shoots keep getting larger, e roots are forming. (If they don't ere's nothing you can do anyway.) nch off weak-looking shoots, keeping ly the strongest one or two. Pinch off e main bud and most of the new owth to keep the plants small and shy. Adapt plants to outside in stages.

o method will get burls to grow every ne. The burls in gift shops are too ried in nature to guarantee success. ook for burls that are heavy (not too uch bark), with light reddish-brown rk covered with green buds. □

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And secondly, inside each box we've put a free copy of the 48-page Sergeant's Pet Care Book. A dog version with your dog's collar. A cat version with your cat's. The definitive books on caring for and raising your pet.

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How to tell when vegetables are ready

Several vegetables listed below are less widely grown than those discussed in the article on page 54. Others are primarily cool-weather crops that in most climate zones reach harvest stage in autumn, winter, or spring. Here's how to tell when they are ready.

Artichokes. Where artichokes are grown commercially they yield over a long period. Elsewhere, spring harvest period is short and plants need extra care. Cut flower buds (the artichokes) when they are 2 to 4 inches in diameter and while scales or bracts are still tight. Cut with 1½ inches of stalk.

Asparagus. This perennial crop should grow undisturbed the first season after planting. During the second spring, cut spears for four to six weeks, then permit foliage to grow and strengthen the root system for next year's crop. In subsequent springs, cut for 8 to 10 weeks. Discontinue cutting when thin spears begin to appear; these show that root strength is declining.

Cut spears at ground level or 1½ inches below; don't cut deeply enough to injure root crown. Use a sharp knife or (preferably) an asparagus knife with a V-shaped notch for a cutting edge.

Broccoli. Cut while clustered flower heads are firm and green. Take heads with leaves and 5 or 6 inches of stem (also edible). Don't damage short side branches; they will produce smaller heads if left to grow on.

Brussels sprouts. Twist or snap off sprouts when they are firm and still deep green (usually about the time lowest big leaves start to yellow). Harvest lowest sprouts first. Upper ones will continue to enlarge to harvesting size.

Cabbage. Harvest when heads are firm to the touch. Cut off head and a few wrapper leaves with a sharp knife.

Cauliflower. As soon as blossom heads (farmers call them curds) begin to form, tie up outer leaves over them to shade them from the sun. This blanching process gives a white curd. Inspect from time to time and cut off curd when the flower sections begin to separate.

Kale. Cut off outer leaves from plants as needed. In thinning, pull smaller plants and use (but don't eat the roots).

Kohlrabi. Pull when bulbs are 2 to 2½

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hes in diameter. Cut off tap root. Use b and leaves.

ek. For long, white leeks, prepare by nching—either in a trench, by shad- with waterproof paper cylinders, or drawing up soil around the plants. e when blanched (white) portion is 5 6 inches long.

na beans. Pods should be green, with ellings to show the beans inside. Open ood or two; beans should be plump still green or gray-green (not white). k often to prolong picking season.

w Zealand spinach. Pinch off or cut h a sharp knife 2 to 3-inch lengths of der stem tips with leaves. New shoots l grow to replace them.

ra. Pods develop from blossoms al- st as rapidly as zucchini squash. In r or five days pods are 2 inches long, uarter of their full size. Harvest then soon they will be tough. Pick fre- ently to keep plants bearing.

rsnips. Use as soon as roots are large ough to cook. Or, if you wish, leave ts in ground until needed. They will erate almost any cold, but, of course, u can't dig them if the ground is fro- solid. Use before spring regrowth.

nuts. Stop digging around plants en pegs (just-forming peanuts) thrust mselves into the ground. Hand-weed tead. When foliage begins to yellow, sen soil around plants with spading k and pull up plants. Dry peanuts ll on vines) in a warm, airy, shady ce for two weeks.

s. As with string beans, a simple test o pick and taste a few. Peas should formed inside the pods but should be der and deep green. Smaller ones are ier than the bigger ones. Pick fre- ently to prolong production.

ar or snow peas with edible pods uld be picked as soon as peas are ceptible inside the pods.

ubarb. Like asparagus, rhubarb is ennial and a spring crop. Don't har- t in August or anytime during nt's first season; give clumps year get established. To harvest, grasp leaf k near base, then pull down and to e side to remove stalk cleanly from wn. Take outer leaves from several nts; don't remove all the leaves from plant.

nach. Save thinnings for eating. Pull ire plant when full-sized (hand's lth or larger) but still dark green.

nips and rutabagas. Pull young nts with tiny roots to thin rows and e growing room to the remaining nts. Eat thinnings, tops and all. At 2- h diameters, roots are tastiest, and s are still good as greens. At 3 inches l above, roots are still good and store ittle better. Late-planted rutabagas stay in the ground until needed.

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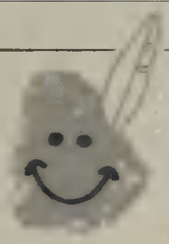

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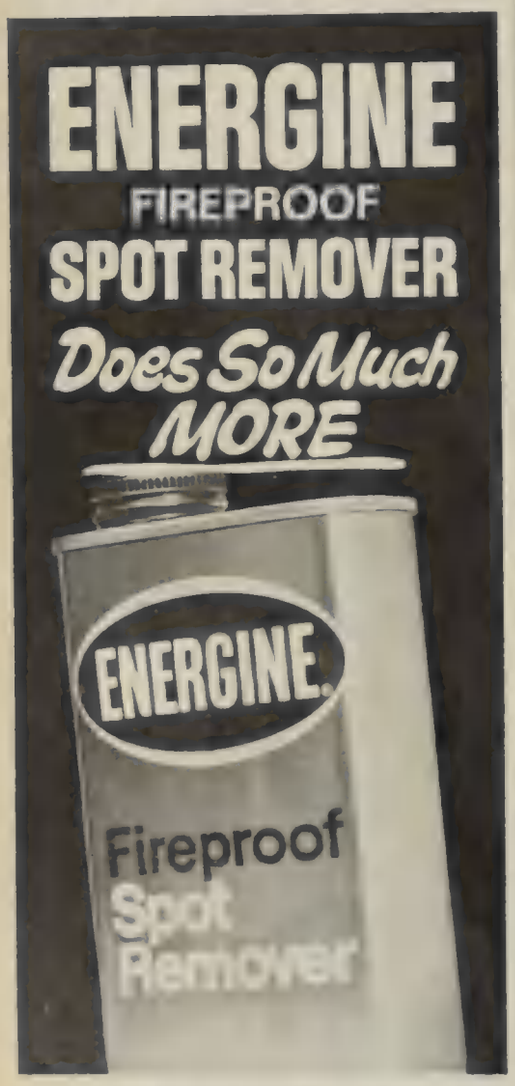

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DARROW M. WATT

Heavy wheelbarrow *goes down ramp easily. Rope tied to it is wrapped around trailer hitch (out of sight), then slowly let out*

Down goes tonnage ... easily, safely

A stubborn refusal to do things the hard way sometimes brings about a better solution.

Faced with landscaping a new hillside home, James Morrow of Belmont, California, found the only way to get soil, brick, and building materials to the back of the house was down a steep flight of wooden stairs.

After one back-breaking summer carrying materials down the stairs, Mr. Morrow was in no mood for a repeat performance the following year. Estimating he would have to bring in at least 35

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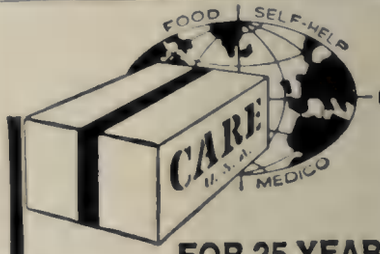

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bic yards of topsoil, he hit upon an genious method to handle the project th far less effort.

: laid down heavy planks over the irs (simple steps with wooden risers d dirt treads), securing the boards to : steps with long nails. This formed a ep ramp.

ow it works

ow when the Morrows want to move terials into the back yard, they back eir car (equipped with a trailer hitch) close to the ramp as possible. In the otograph on the opposite page, the r is around the corner of the house.

r. Morrow made a bracket of heavy el that fits onto the wheelbarrow frame tween the handles. A strong rope tied the bracket leads up the ramp, and ound the corner to the car (a heavy e sunk in the ground keeps the rope m rubbing against the corner of the use).

rs. Morrow wraps the rope twice ound the trailer hitch. By letting it out wly, as shown in the photograph, she vers the wheelbarrow down the ramp ile her husband or a friend guides it. e friction of the rope against the hitch enough to keep the movement slow d steady. Mrs. Morrow reports no uble even when the wheelbarrow is ly loaded.

ith this system the Morrows managed move an average of 2 yards of soil 4 cubic feet) each hour during their nmer project. Besides soil, they have oved brick, building materials, and soil endments.

though they didn't have room for it, : Morrows suggest that others dupli- ting this idea leave about a foot of irs uncovered, a narrow but usable irway alongside the ramp.

ramp without stairs

similar ramp would speed construc- n and landscaping in many hillside s. In homes without side stairs—par- ularly new homes—you can lay the nks directly on the ground using the lowing method:

il a 2 by 4 across the underside of the nks about 3 feet from the top and ttom of the ramp to form a unit, with out 6 inches extending on either side. y the unit on the slope and sink long by 2-inch stakes into the ground di- tly against the downhill side of the y 4 crosspieces. This keeps the ramp m shifting or slipping. Dig a drainage annel to keep water from running un- r the ramp.

e ramp pictured is essentially a tem- rary structure. When landscaping is mpleted, Mr. Morrow intends to re- ve it and use the area as a stairway ain. In the meantime, foot traffic has en rerouted to stairs on the other side the house. □

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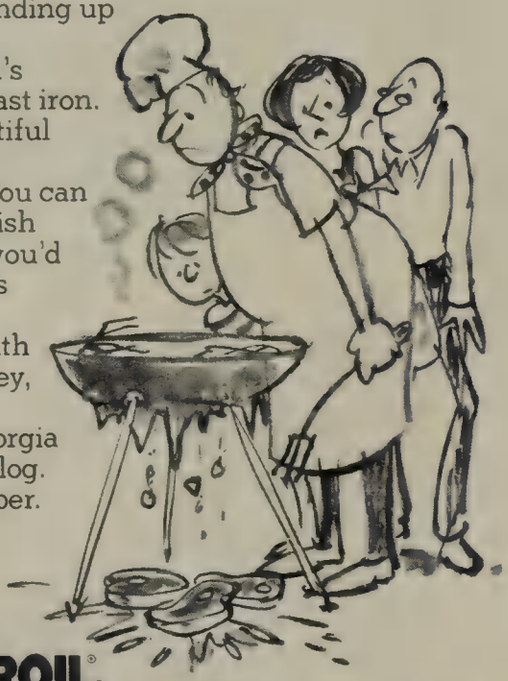

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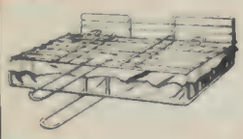

2 Line bottom section of the grill with aluminum foil. Place food on foil and insert top section of grill.

3 Strike a match, light crushed newspaper at the top. Place grill over fire box. In minutes enjoy a new experience in Gourmet cooking.

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DARROW M. WATT

Kohlrabi *has a swollen, bulblike stem and leaves like a cabbage—both edible*

What kohlrabi is is peculiar

The dictionary defines kohlrabi as a va[illegible] riety of cabbage with an edible turnip[illegible] shaped stem. But this definition doesn[illegible] go quite far enough. First, the leaves a[illegible] edible, too, as are the leaf stalks. An[illegible] the definition misses all the mystery—[illegible] and the flavor—of the kohlrabi.

Two professors of horticulture hav[illegible] agreed in calling it one of the most p[illegible] culiar crops we have, and the photo[illegible] rapher who took the picture abo[illegible] thought that the swollen stem (call it [illegible] bulb) looked like a space ship hoverin[illegible] just off the ground.

The leaves and leaf stems taste som[illegible] thing like the leaves of cabbage, b[illegible] with a little more bite to them. T[illegible] bulbs resemble turnips, but are milder [illegible] flavor and less mealy. Boil them, qua[illegible] tered or sliced, and serve with butt[illegible] salt, and pepper.

The plants are easy to grow during co[illegible] weather and quick to reach harvest siz[illegible] Sow seed in flats or pots around the fi[illegible] of August, and transplant seedlings [illegible] stand 2 or 3 inches apart. They will [illegible] ready to set out in the garden by mid-[illegible] late September and ready to eat abo[illegible] six weeks later. Bulbs are tenderest [illegible] 2 to 2½ inches in diameter—a lit[illegible] smaller than baseball size.

If you sow seed in the open ground, so[illegible] in rows, then thin so plants will stanc[illegible] to 10 inches apart.

Where hard freezes occur, plan for p[illegible] duction up to late fall; plants take lig[illegible] frosts with no damage. In cool coas[illegible] areas, grow at any season. Where su[illegible] mers are hot, grow in spring and fall.

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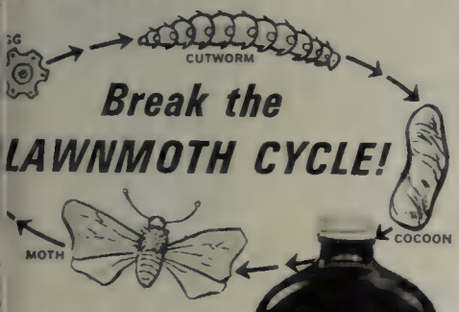

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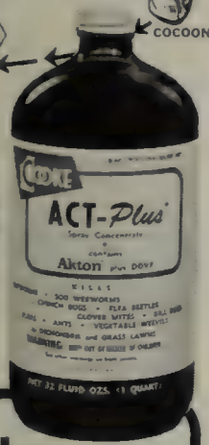

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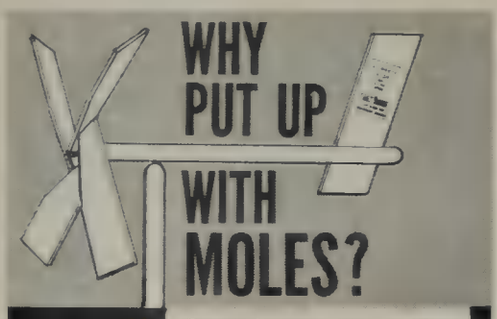

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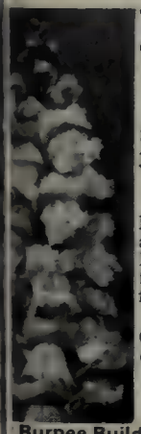

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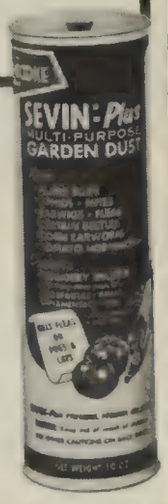

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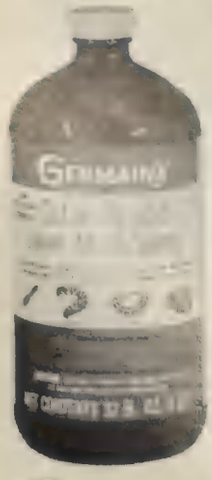

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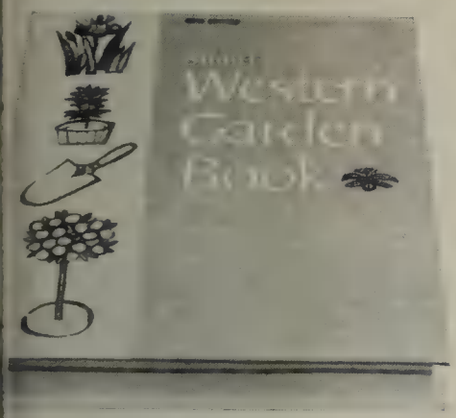

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DON NORMARK

Here blade *has ripped up an anchor root and damaged bark on trunk of Douglas fir*

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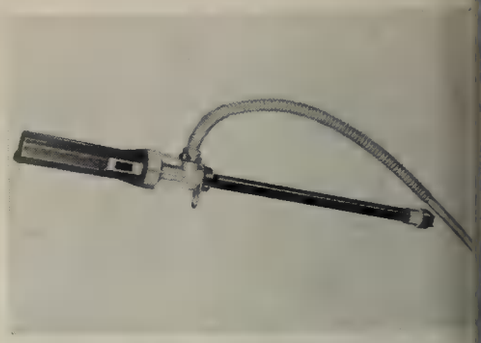

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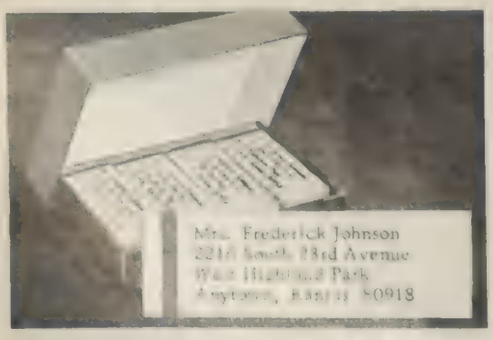

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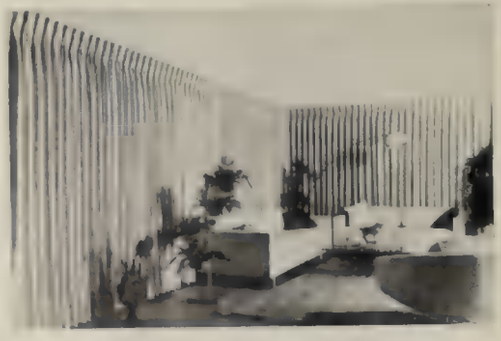

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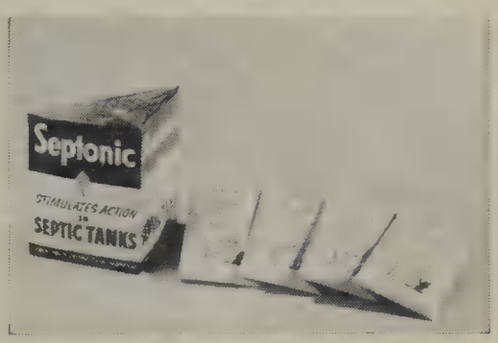

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Twelve-foot cube *is shade house for fuchsias, uses saran screening instead of lath*

A shade house means happy fuchsia

Fuchsias thrive in full sun in Colma, California, because its effect is tempered by moist ocean air. But John Decker and his cousin Norman Grunke had other reasons for wanting a shade house for their fuchsias.

The shade house cuts the strength of the sun, allowing the fuchsias to develop their best colors. For instance, a pink fuchsia might have red veins in full sun, but in the shade house it comes out pure soft pink. Since these gardeners raise most of their fuchsias from cuttings, the shade house is also a good place for the sturdy bench where they make cuttings, and it shelters the tender young plants.

Instead of the usual lath covering, this shade house is covered with strong saran netting bought from a nursery supply store. Total cost of the netting plus the lumber for the frame and for the benches was less than $90. The shade house is 12 feet high, 12 feet wide, and 12 feet long, an exact fit for the 12-foot-wide netting.

They built the frame for the netting of sturdy, knot-free Douglas fir so they could suspend their large collection of hanging fuchsias from it.

The type of saran netting they bought cuts the strength of the sun by about 50 per cent (our photographer checked it with his light meter), which is perfect for fuchsias. In a hilltop location, the shade house occasionally needs protection from winds, so the owners hav some heavy plastic sheeting that the can tack onto the windward side. Debr from nearby trees tends to collect on to of the screening, but it is easy to hose o from the inside.

Screening *that looks transparent (it's actually green) provides shade for young fuchsias on bench and hanging fuchsias*

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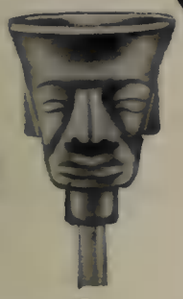

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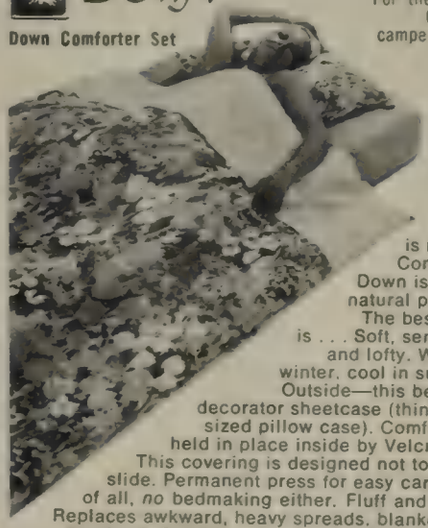

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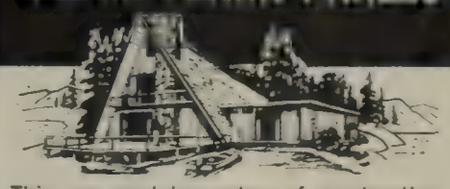

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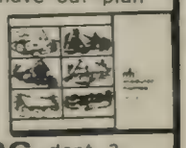

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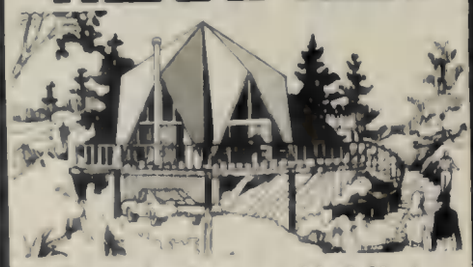

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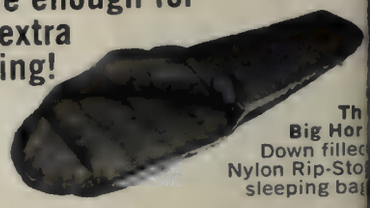

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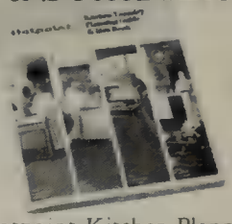

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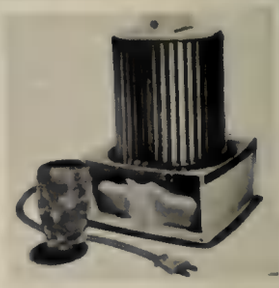

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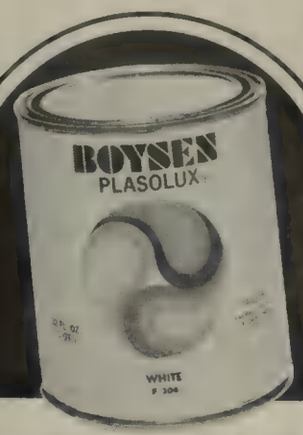

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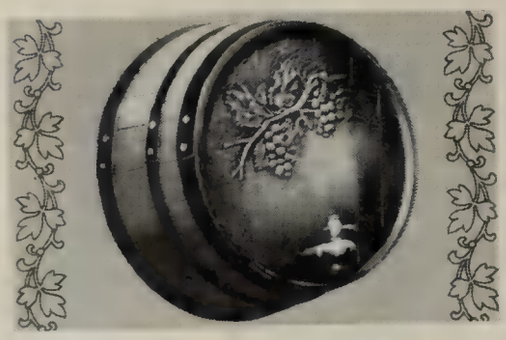

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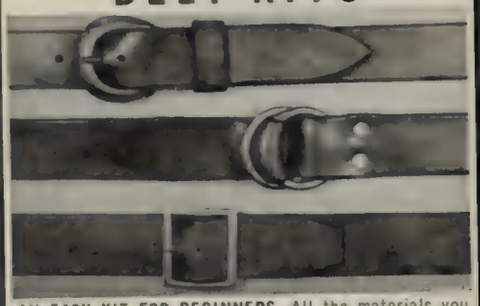

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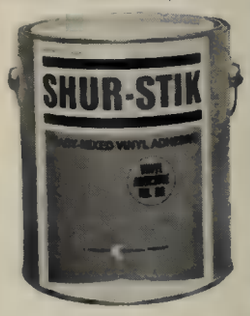

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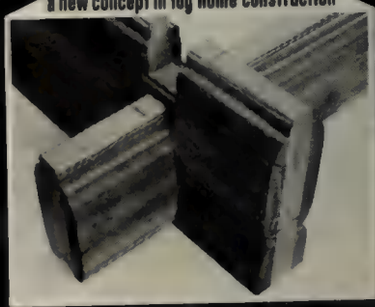

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NORMAN A. PLATE

This peppermint tree *is in Strybing Arboretum, San Francisco*

The word for it is graceful

Peppermint tree (*Agonis flexuosa*) will not yield crops of peppermints, but it has other qualities that make it a beautiful, useful tree for the mild-winter garden. Perhaps the adjective that best describes it is graceful. Branches and branchlets droop (sometimes nearly to the ground on young trees or on unpruned trees), and the leaves droop, too. Even mild breezes can set the branchlets swaying. (Peppermint refers to the odor of the leaves; actually, the minty odor is tinged with a strong eucalyptus overtone. The tree is related to eucalyptus.)

Another name, Australian willow myrtle, describes the appearance of the tree and suggests a use for it. In general contour and in detail of branch and leaf, it resembles a small weeping willow; but, like the myrtle, it is evergreen. If you want a small evergreen tree with the grace of a weeping willow but without the latter's aggressive rooting, this could be the one.

Its growth is medium-fast and spreading. Old plants can reach 25 to 35 feet in height, with a greater spread; they are usually smaller and can be kept quite small by pruning. Pruning too often or too hard can destroy the pendulous grace of the tree by giving it a dense head of short branches. Trees are damaged by temperatures of 27°, and may be killed to the ground at 25°. Resprouting from the base usually occurs, eventually giving a multistemmed tree.

The bark on old trunks is strongly ridged, and its deep red-brown contrasts nicely with the deep green, copperyedged leaves. A profusion of small white flowers garlands the branches in June. □

LETTER FROM *Sunset*

Breadmaking in the West

It is quite unlikely that you would see a photograph of an adobe oven on the cover of a national magazine. The subject is too specialized, too regional, limited to the West.

That, of course, is precisely why you see it on the cover of *Sunset*.

Breadmaking is one of many fields of human activity in which it's easy to observe the rich mixture of cultures and traditions in the West.

For centuries the Indians of the Southwest—and also their cousins living south of the Mexican border—have been building primitive ovens of earth: making a fire inside to heat things up, then scraping out the coals and putting in loaves of dough to bake as described in our four-page article beginning on page 50 of this issue. *Sunset* reporters have often watched Southwest Indian bakers at work and have occasionally published their recipes.

Meanwhile, farther north, another breadmaking tradition developed chiefly around the West's early prospectors and miners, from the California '49ers to the Yukon sourdoughs. They always carried a little fermented dough, took good care of it, and saved out some from each baking to use in the next batch of flapjacks, biscuits, or bread. *Sunset* has been publishing sourdough recipes since the 1930's, and the demand for more never ceases. Our food editors now have in preparation a new major article on sourdough baking; they are planning it for an early autumn issue.

A third major breadmaking tradition centers around bakers of French and Italian ancestry who came to San Francisco. They brought their long-tried techniques from Europe—including the art of making the special brick ovens that are responsible for the fine crusty loaves that are the pride of San Francisco bakeries.

And again, *Sunset* has published a good many recipes for French bread.

None of these has produced a more successful result, in our food editors' opinion, than the recipe you will find in this issue on page 52. The only difficulty with this recipe—made clear in the complete article that begins on page 50—is that to achieve success with this month's recipe, you must first build yourself a mud-and-brick oven.

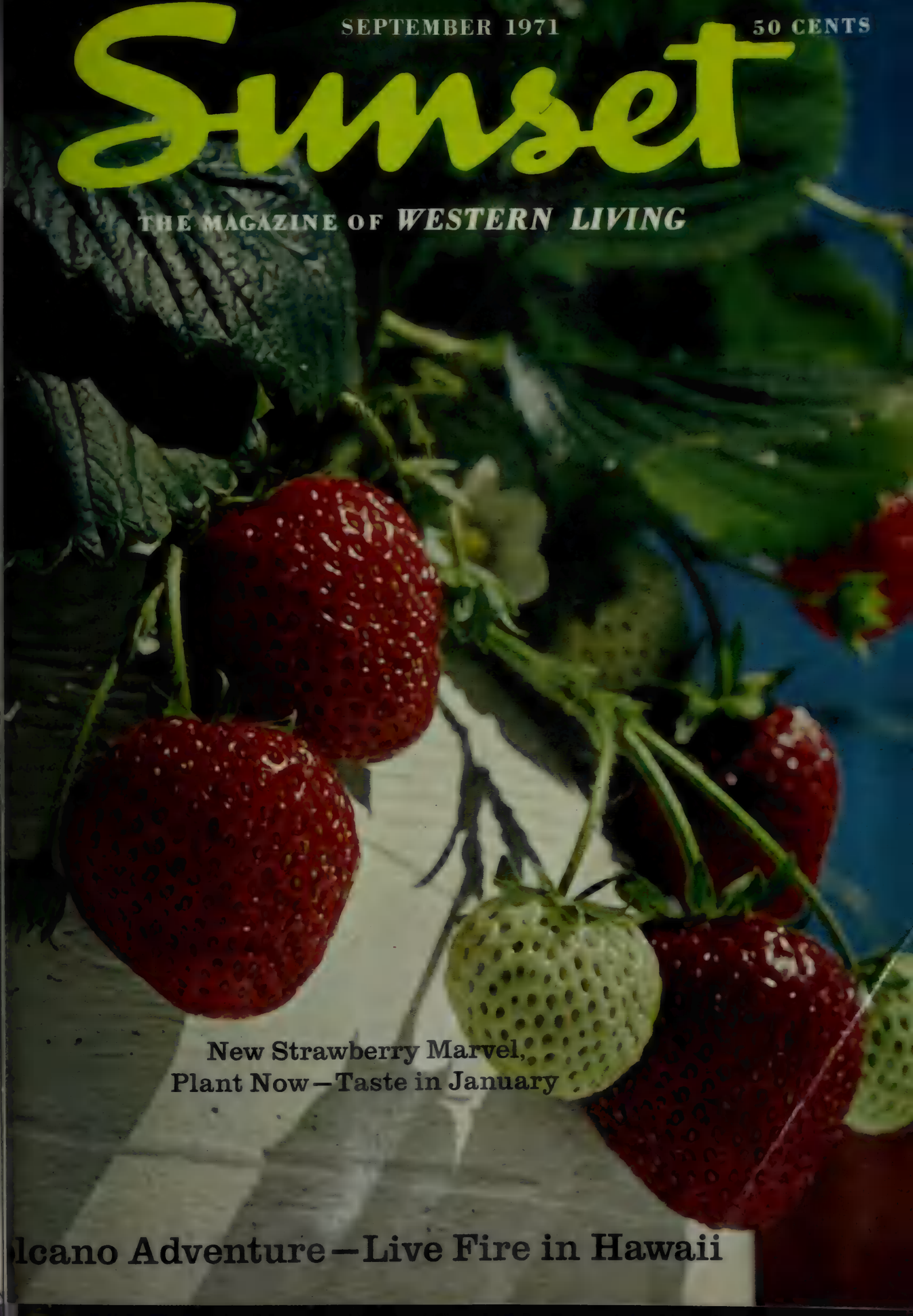
WINDOW ON THE WEST: *Pueblo ovens*

The mud ovens in daily use in New Mexico pueblos vary in size and shape but usually are somewhat larger than the oven on *Sunset's* cover. The oven pictured at upper left is at the San Ildefonso pueblo, the lower oven at Isleta, both in New Mexico. The recipe and technique for making the pueblo bread coming out of the lower oven was reported on page 84 of the September 1965 *Sunset*. □

SEPTEMBER 1971 50 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*



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The Cover Story

Four big, ripe 'Sequoia' strawberries (1½ times life size) grow over rim of a white-painted terra cotta hanging pot. On pages 54 and 180 see how to get berries like this in January. Cover photograph by Glenn Christiansen

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gsters (or their old-math parents) ove through the building at will, ting complex electronic equipment ontrolling preprogrammed experi- s at their own pace.

e area is a math-science play- d, where you can experiment with

NORMAN A. PLATE

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ectrolysis *divides ater into hydrogen l oxygen, d recom- nes them th a bang n visitor- ontrolled periment*

Electronic *alculator ites free, upervised ploration*

Sunset

THE MAGAZINE OF WESTERN LIVING

September 1971

Two members *of Sunset's Southern California garden panel sample at a strawberry tasting*

Which strawberry is best? A, B, C, or D?

The men in the picture are tasting fresh-picked, unsugared strawberries and deciding which of four kinds they like best. This was the fourth in a series of group taste testings. On this day in Los Angeles, 'Sequoia,' the strawberry on our cover and page 54, got twice as many votes as any other kind. It also won in three separate tastings at *Sunset's* home office in Menlo Park, California.

The two tasters are Cliff Comstock (left), sales manager of Monrovia Nursery, and Wes Humphrey, farm advisor, University of California Agricultural Extension, Orange County. They, along with some 20 other Southern California horticulturists, nurserymen, and landscape architects, meet nine times a year with *Sunset* staff members. They discuss subjects planned for *Sunset* articles, tell how plants perform in their climates, and—when asked—they'll even taste strawberries. □

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A painting is a painting is a paintin

Gertrude Stein knew a rose when saw one. She also knew good art.

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"Four Americans in Paris" opens S tember 9 at the San Francisco Mus of Art; it comprises many of the g works from the Steins' formidable lections. There are works by Cezan Manet, Matisse, and of particular are many early works of Picasso.

The show runs through October 31. seum hours are Tuesday through day, 10 A.M. to 10 P.M.; Saturday, A.M. to 5 P.M.; Sunday, 1 to 5 P.M. mission is $1.50 for adults; 75 cents students.

Forest in the city

There are few formal trails in San F cisco's Sutro Forest, which may exp why it is one of the city's least kn park areas. But that should not k visitors from wandering through sprawling 40-acre eucalyptus w above the University of California M ical Center. It has at least a mile of marked paths that invite discovery.

Morning is a good time to start. The breeze is usually tranquil and the fo is surprisingly silent, even though i surrounded on all sides by dense ur population. Ferns, ivy, and nasturt abound and some wildflowers bloom the fall. But watch out for poison oa

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For travel planners, a September check list

Camera tours. Autumn tours will take camera fans to two of America's most photogenic areas in September and October. One departs from Boston on September 25 for a 14-day look at New England. Another leaves Grand Junction, Colorado, on September 26 for a 14-day sweep through Navajo country and the Colorado Rockies; and a follow-up, with a somewhat expanded itinerary, leaves Grand Junction on October 10. All three tours will be guided by professional photographers. The New England package costs $575; the two Grand Junction tours are $645 and $665, respectively. Hotels, transportation, and some meals are included. For further details, write to Thru The Lens Tours Inc., 5301 Laurel Canyon Blvd., North Hollywood, Calif. 91607.

Sun and golf. Membership in the Tahiti Country Club is included in a new one-week tour for golfers to Tahiti's Maeva Beach. Four rounds of golf, cart rentals, and clubs are also part of the package. A car with a full tank of gas is furnished to nongolfing spouses. The price of $680 per person covers air fare on UTA French Airlines from Los Angeles to Papeete. For information write to Spacific Tours Inc., 1501 West Cliff Dr., Newport Beach, Calif. 92660.

Aloha Week. The island of Oahu celebrates its Aloha Week silver anniver sary October 15 through 23. The them of the festivities is Hawaiian sports Events include a floral parade throug Waikiki, canoe races from Molokai t Oahu, and a pageant at Iolani Palace For information, write to Aloha Wee Hawaii, Inc., 680 Ala Moana Blvd. Suite 402, Honolulu 96813.

East Germany. Pamphlets listing 1 tours to the German Democratic Re public, with other information abou travel to East Germany and East Ber lin, have recently been published. Th tours cover a wide range of interests including a Lutheran heritage tour an farm tour, as well as cultural trips aime at Germany's past musical and artisti glories. The pamphlets also contain vis and luggage information. Write t A.C.D.M. Agency, 400 Madison Ave. New York 10017.

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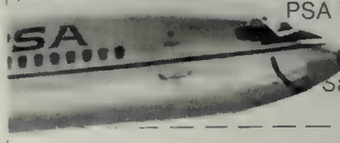

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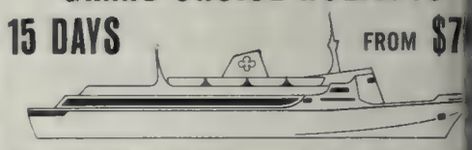

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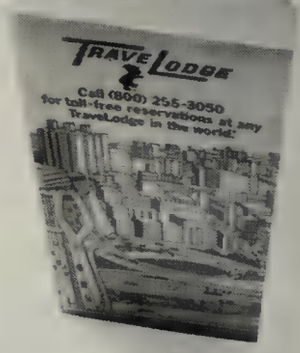

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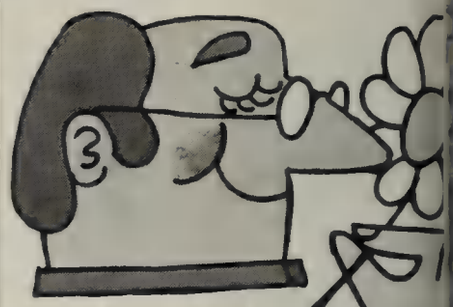

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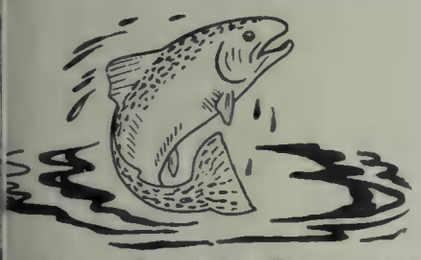

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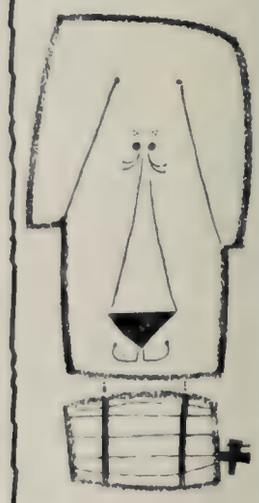

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rmer grows *taro, lotus root in ampy plot off Haleiwa Road*

Youngsters play water games, *build with sand in calm shallow waters off Haleiwa Beach Park. Tree fringe conceals Haleiwa town. Waianae Mountains beyond*

Hawaii's yesterday ... just an hour from Honolulu

Children play *at Kealiiokamalu Church. Hawaiian is still spoken at its services*

aleiwa is a Hawaiian anachronism con-dering how close it is to Waikiki. ounded by sugar cane fields and two ays, the Oahu North Shore settlement the same country town it has been for alf a century with a recent gain of surf-s and artists drawn by its easy pace id by its two beach parks, picturesque reams, and false-front buildings.

t Haleiwa the region's first missionaries ttled in 1831; Hawaii's last monarch, ueen Liliuokalani, had a vacation ome; and Oahu's first rural resort hotel ent up in 1899 (it's long gone).

n a trip around the island you travel aleiwa's main street, Kamehameha ighway (Route 83), past archaic wood-structures that house pool halls, rfers' and souvenir shops, an art gal-ry, and small markets with "shaved e" machines. Notice the oversize thea-r (many Japanese and Filipino films), mble court house (built in 1914 for 1,500), tiny, tile-roofed bank, and two estaurants. Liliuokalani Church (1961) the fifth to stand on the original mission site (look for early gravestones). On its clock, given by the queen, you tell time by the 12 letters of her name.

Another landmark is the narrow, arched bridge overlooking the boat harbor dredged out of Anahulu Stream's mouth.

Both beach parks have camping sites, picnic tables, rest rooms. At Haleiwa Park, along the highway, the swimming cove is protected by Waialua Bay's long rock breakwater. Waialua Park, off Haleiwa Road, includes Alii Beach, a great winter surfing ground (usually placid in summer). Walk out on the breakwater to watch surfers at closer range, or to fish.

Drive Haleiwa and Paalaa roads to see taro, lotus, and banana patches, the poi factory, the quaint Hawaiian church, and two wooden Buddhist temples. □

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LIFE magazine's masters of photography want to help you develop your talent for taking—and making—great picture

For over 35 years, LIFE Magazine has featured the work of the best photographers and photo technicians in the world. Now TIME-LIFE BOOKS has enlisted them to teach *you* everything they know so that you too can produce great pictures. They've put all their theories, techniques and trade secrets into one exclusive self-study "course-between-covers"—the LIFE Library of Photography.

LIFE's master photographers show you, step-by-step, in magnificently illustrated volumes, their personal shooting techniques for all kinds of subjects. Studio shots, portraits, sports, children, nature, still lifes—they tell you how to plan each picture...how to compose it...how to make it "speak" to the viewer. They discuss different lights, various kinds of films, sets and backgrounds. In easy-to-follow illustrated sequences, they show you the many things they've learned in their long careers.

LIFE has 24 lab men who develop and print over 100,000 rolls and film packs every year—for the world's most famous photographers. In illustrated essays, these specialists teach you how to make good photographs even better. Cropping, exposing, toning, dodging, burning in, solarization, grain effects—all these are clearly explained or demonstrated in detail. The object is to teach you to use your equipment not only as a technician, but as an artist.

The Editors of the LIFE Library of Photography have pored over archives, old albums and records to bring you hundreds of the most memorable pictures ever taken. Ranging from Daguerre and Eastman, through Stieglitz, Cartier-Bresson and Penn, to Avedon and Eisenstaedt, this gallery shows you the genius of photography at every stage of its evolution. It demonstrates not only what the latest equipment can do to increase the possibilities in a photograph—it also shows you how a superb picture can be taken with the simplest kind of camera.

How to make each of your pictures better than the last

Each of these famous photographs is accompanied by an analysis: how the picture was conceived, the special effects used and why, as well as other points of interest. Understanding how these men succeeded so brilliantly, you'll be better able to develop your own style, your own sense of what makes an unforgettable picture.

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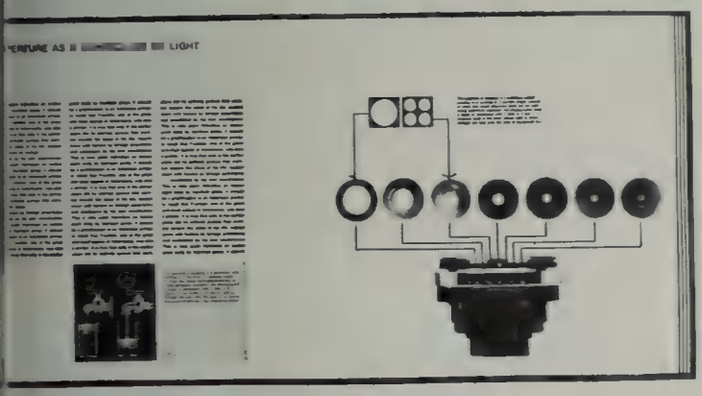
ibrary of Photography

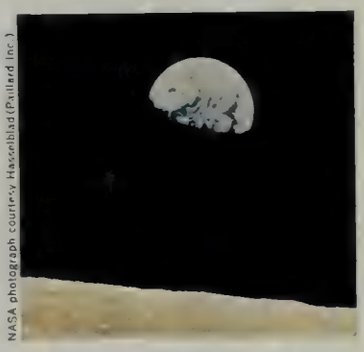
ıght by a narrow-angle lens, the sun seems breathtakingly close.

This giant camera was built by ■ railroad to make ■ single, detailed photo of an entire luxury train. It was never used again.

An amateur photographer took this evocative portrait of two Peruvian girls.



Portrait of ■ photo-journalist by Andreas Feininger.



NASA photograph courtesy Hasselblad (Paillard Inc.)

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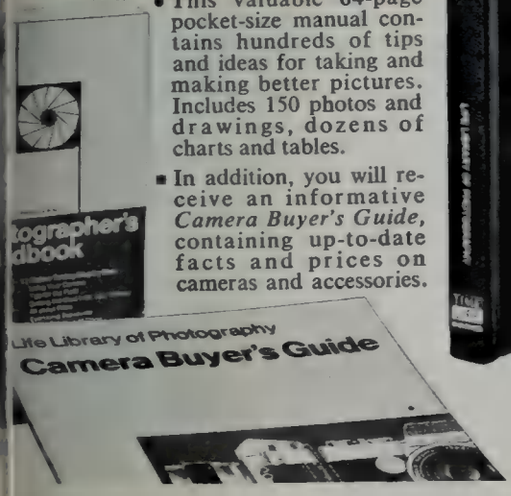

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Snowy *Shasta looms above young fishermen at Lake Siskiyou*

New camping stop on Interstate 5

A year-old private campground (245 units) on county-developed Lake Siskiyou is worth remembering when you drive Interstate Highway 5, northern California's busiest tourist route. It and heavily used Castle Crags State Park offer the only camping along this highway from Shasta Lake north to the Rogue River Valley.

Take the signed interchange just 2½ miles southwest of the town of Mount Shasta and follow W. A. Barr Road to the campground entrance.

You can reserve a campsite in advance by writing to Lake Siskiyou Campgrounds, Box 276, Mount Shasta, Calif. 96067, or telephoning (916) 926-2618. There you'll find picnic tables, fireplaces, food lockers, and generous parking space for each campsite. There are no electrical, water, or sewage hookups, but the campground has 10 comfort stations with hot showers, flush toilets, and laundry sinks. Camping fee is $3 a night.

Lakeside facilities include a paved launching ramp ($1 per boat), a boat wharf (overnight mooring fee, $1), and a spacious sand beach adjacent to the picnic area (entrance fee, $1 per car). A boat with motor rents for $2 an hour.

The lake, a 430-acre impoundment of the Sacramento River in Box Canyon, is stocked with rainbow and Eastern brook trout. Angling success depends on frequency of plantings. The trout season is open all year at Lake Siskiyou; you'll need a current fishing license. □

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JUSTINE LAN

Pure white *gypsum sands are slippery enough for good sliding at White Sands Monument. All you need is a dishpan or tub to ride the towering dunes*

The white sands are for sliding

Central New Mexico's White Sands National Monument is a nearly colorless world where mountains of sand climb to 30 feet or more and visitors can go sledding summer or winter.

The sand is gypsum that has been carried by streams from surrounding mountains to Lake Lucero, at the southwest foot of the dunes. The sun evaporates the water and eventually the hot desert winds heap the remaining gypsum into huge piles.

The steep dunes created by this process are slippery with fine sand, ideal for sliding. Everyone hops aboard sleds improvised from dishpans, cardboard sheets, or anything with a flat surface.

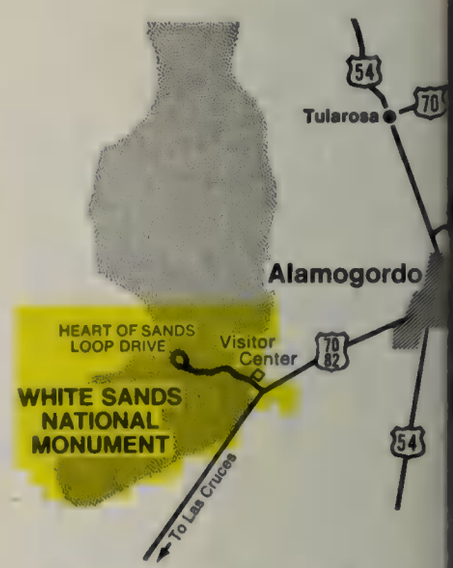
The entrance to the monument is 14 miles southwest of Alamogordo, off U.S. Highway 70-82.

An 8-mile road takes you to the heart of the dunes. Stop at the visitor center for a White Sands guide pamphlet. It has a numbered list of landmarks and attractions keyed to roadside markers.

The monument, which spreads over 232 square miles, is home to coyotes, foxes, and rabbits, as well as an assortment of reptiles and rodents. Two rare species, the white Apache pocket mouse and the bleached earless lizard, have evolved a white coloration in order to blend into their habitat.

At the end of the access road is a shaded picnic area with tables and cooking and the best sliding dunes are nea Camping is not allowed, but there facilities at Lincoln National Fores miles to the east.

It is easy to get stuck in loose san motorists should stay on establi roads and turnoffs. Entrance to monument is $1 per car.



Eight-mile *access road leads to sliding dunes, picnic area*

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Immaculate *74-foot tower sits on plant-covered knoll. At night, light is visible for 18 miles*

Lonely light . . . Piedras Blancas

r nearly a century, Piedras Blancas hthouse has stood a lonely vigil on ndswept point 49 miles north of San iis Obispo, California, along State ghway 1.

ı display are old lamps made to burn etylene. If the deafening fog signal is rned off, you can walk out onto the int behind the lighthouse without hurt-g your ears. From there you can see e 2-second light flashes separated by ternating 3.8 and 10.8-second eclipses: his identifies it on nautical charts. The ation is open 1 to 4 P.M., weekends d holidays. □

Rotunda *contains array of marine lamps. Beveled lenses refract, intensify light*

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EARL SPENDL

Viewpoints *along Rim Rock Drive take visitors right up to rock formations*

Colorado detour.. Rim Rock Drive

Travelers who zoom along Interstate near Grand Junction in western Co rado may want to slow down lo enough to make the short side trip sou to Colorado National Monument— square miles of piñon and juniper-co ered mesas, red canyons, and erod rock sculptures.

The monument's two entrances, 3 mi south of Fruita, and 4 miles west Grand Junction just off State Highw 340, are connected by the 22-mile R Rock Drive. The drive follows the ec of the great escarpment, crosses l ridges, and rounds the heads of dee gouged canyons. Strategically locat turnoffs allow motorists to look over t precipice and study the eroded red f mations at their leisure.

There are two short, guide-yourself n ture trails along the canyon rim. A long trail descends into Monument Canyo be sure to check in with the ranger b fore starting this hike, and carry wat The Liberty Cap Motor Nature Trail for those who prefer to drive.

Rain, frost, and stream action ha carved rock sculptures with such nam as Balanced Rock, Kissing Couple, Pi Organ, and Squaw Fingers.

Near the visitor center 4 miles from t west entrance is Saddlehorn campgrou and picnic area, comfortable on h nights because of its 6,000-foot elev tion. There are also picnic facilities ne the east entrance. Food, camping su plies, and gasoline are not available the monument.

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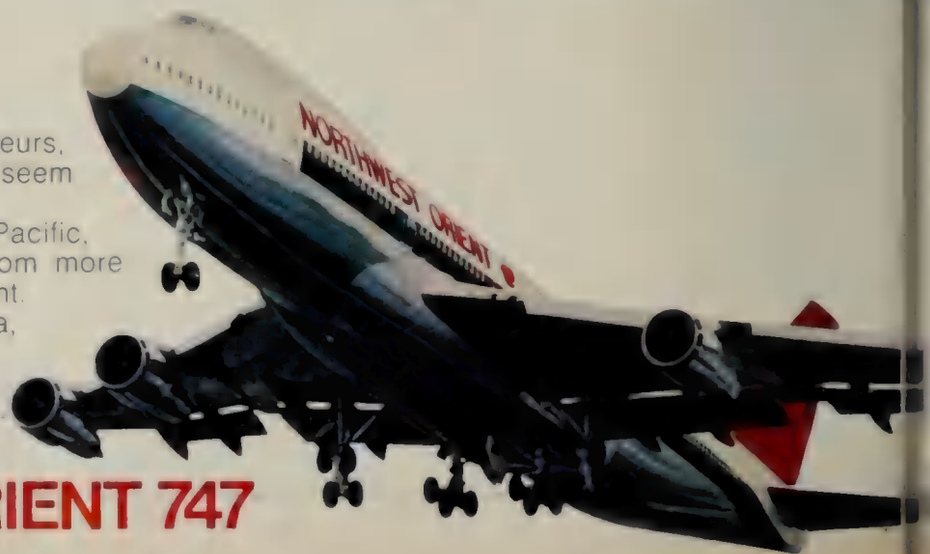

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FRANK JENSEN

Mount Timpanogos *looms above field of autumn horseback riders*

A Utah ride up into autumn color

A pleasant way to enjoy the brilliance of the Wasatch Mountains in central Utah is to take a short saddle-horse ride near the Mount Timpanogos Scenic Area. Impressive mountain vistas and the autumn scenery make this an excellent choice for a late September or early October outing.

Saddle horses can be rented at Sundance Resort, where a well marked trail through oaks, conifers, and flaming maples leads to Stewart Falls. The Scotts Hollow Trail winds through golden aspen forests and meadow country. Each ride takes about an hour.

Horses rent for $2 an hour with or without a guide. You can reserve horses by writing Sundance Inc., Box 837, Provo, Utah 84601. Special arrangements can also be made for overnight pack trips.

A 45-mile detour between Salt Lake City and Provo skirts the scenic area. From Interstate 15 turn east onto State Highway 80. The road passes Timpanogos Cave National Monument, which is open to visitors from May 1 through October 31. Picnic grounds, fishing, streams, and campsites are scattered along the road twisting around Mount Timpanogos. At Timpooneke Guard Station and Aspen Grove, hiking trails lead to the top of the 11,750-foot mountain. Those who make the 9-mile climb to the peak can see Emerald Lake nestled in a mountain cirque fed by snowfields.

Peaceful road *winds through forest of golden aspens*

Three miles past Sundance, turn west on U.S. 189 to Provo and Interstate 15. □

Kilted Scot *holds forth on pipes in shade of 11-ton lifeboat on topside deck*

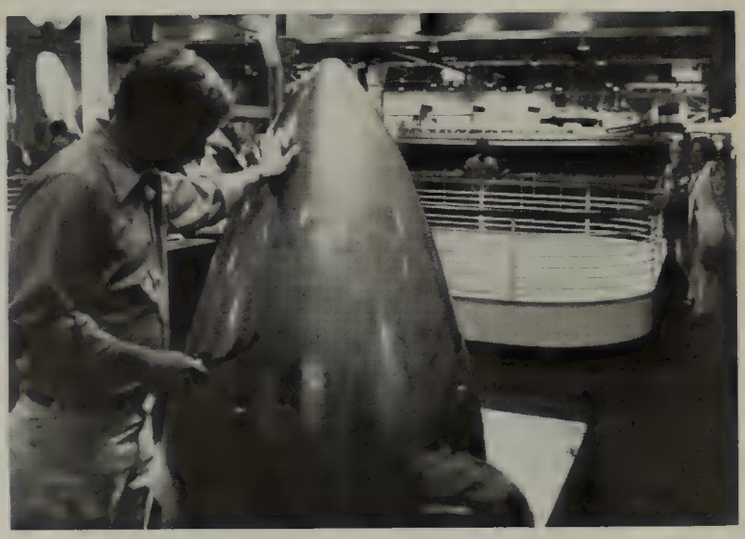
On bridge, *telegraph l 16 different mooring sign*

Lifeboat 23 *lowers to sl visitors how huge davits w*

A rather large vessel in Long Beach invites you to come aboard

aming *in black, white, red, Queen Mary looms behind cture that directs you to deck tour, lower-deck museum*

This enormous *propeller tip is in cavernous museum*



Forward areas *used to be off-limits to passengers, are now open to tour visitors*

t why a retired Cunard liner should parked at Long Beach may still puz- some people, but no one can ques- ı that the *Queen Mary* is the most ɔrmous single attraction opened to the ;talgia-prone public this year.

hough the costly and controversial ıversion project is still far from com- te, about a fourth of the ship is now ɜn for your inspection. You may tour ɔer deck areas and look in at the first ıse of the museum. Attendance has ɜn heavy, but it should slacken when ool resumes this month.

e tour is loosely organized. You fol- / the arrows and stop at stations where guides explain what you are seeing. You cross the three-story-high main lounge, stroll the promenade deck, climb ladders (stairs), look into a luxury suite—furnished in 1930's *moderne*—that Winston Churchill occupied, and peer into a bunkroom to see how troops traveled during World War II.

You also get a look at some places passengers did not see: officers' quarters, the bridge, the forward decks with their massive booms and anchor chains, and the late Queen Mary's 1935 Daimler.

The Queen is a big ship, in her day the biggest ever built. Allow about 2½ hours for the 2½-mile tour.

Food service so far is from snack bars. The first of four restaurants is to open later this month or early next, along with the first of 50 specialty shops. Hotel and convention facilities are to be completed next year.

The museum offers film shows about the ship and a collection of ship's gear, big-scale ship models, and memorabilia from her colorful past. It occupies three decks below the water line and houses the two mighty engines that remain. A highlight is one of the monster propellers, which you see from an underwater passageway outside the hull.

The second of three phases of the museum will contain the first 12 of an eventual 33 Living Sea exhibits being assembled by oceanographer Jacques-Yves Cousteau. It is to open later this year just forward of the present museum.

It is easy to get to the site; the Long Beach Freeway ends there. Just follow the signs. Tour hours are 9 A.M. to 5 P.M. every day. Cost of the tour includes admission to the museum: $2 for adults, $1 for juniors 5 to 17 years old; free for children under 5. Parking is $1. □

Young hikers *scramble across improvised bridge where trail from Rodriguez Flat meets Silver King Creek*

JOHN O

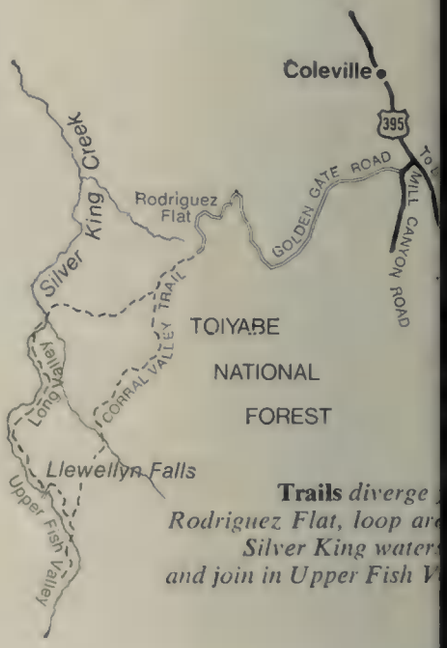
What this Sierra hike offers is variety

Industrious beavers, an abandoned mine, wildflowers, and "arborglyphs"—one ranger's fanciful term for unique designs carved into aspens by early Basque sheepherders—can be seen this month on a circular, 15-mile hike along Silver King Creek in California's Toiyabe National Forest. This is in the northern Sierra, between the Ebbetts Pass and Sonora Pass highways.

Silver King is the home of the nearly-extinct Piute cutthroat trout, carefully watched over by one of California's few mounted game wardens. Fishing is strictly forbidden in the area, and you risk embarrassment if you're even seen with a pole in your pack.

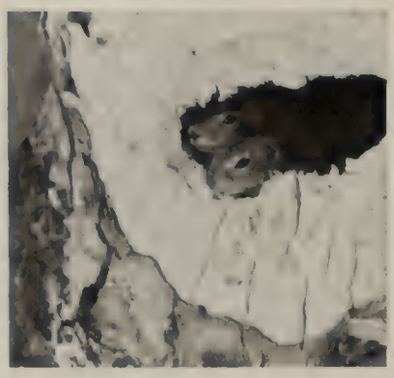
To reach the trailhead at 8,200-foot Rodriguez Flat, turn west from U.S. Highway 395 onto Mill Canyon Road, about 35 miles northwest of Bridgeport (and 2 miles south of Coleville).

When the road turns sharply to the left, continue straight on Golden Gate Road for 6 miles (some small stream beds that cross the road may be full, so test your brakes after each ford); then turn left and drive to the end of the road. (If you reach the Little Antelope pack station, you've overshot the turn by ¼ mile.) Early on Golden Gate Road you'll pass the still-intact stamp mill of the old



Trails *diverge* [illegible] *Rodriguez Flat, loop ar*[illegible] *Silver King water*[illegible] *and join in Upper Fish V*[illegible]

Aspen grove *shades a campsite in Upper Fish Valley, above Llewellyn Falls*



Squirrels *nest in beaver-hollowed tree; their whistles warn nearby beavers of approaching strangers*

SUN

Soul Food

Greece is a country with soul, all right. And it's never ier to experience than in the Autumn.

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S-9

"We have enjoyed our stay at Kahala Hilton very much. We have appreciated the personal touches (orchids on pillows, the delicious pineapple left in our room with the manager's card, etc.). It has been a very happy visit for us and we hope to return soon and often!"
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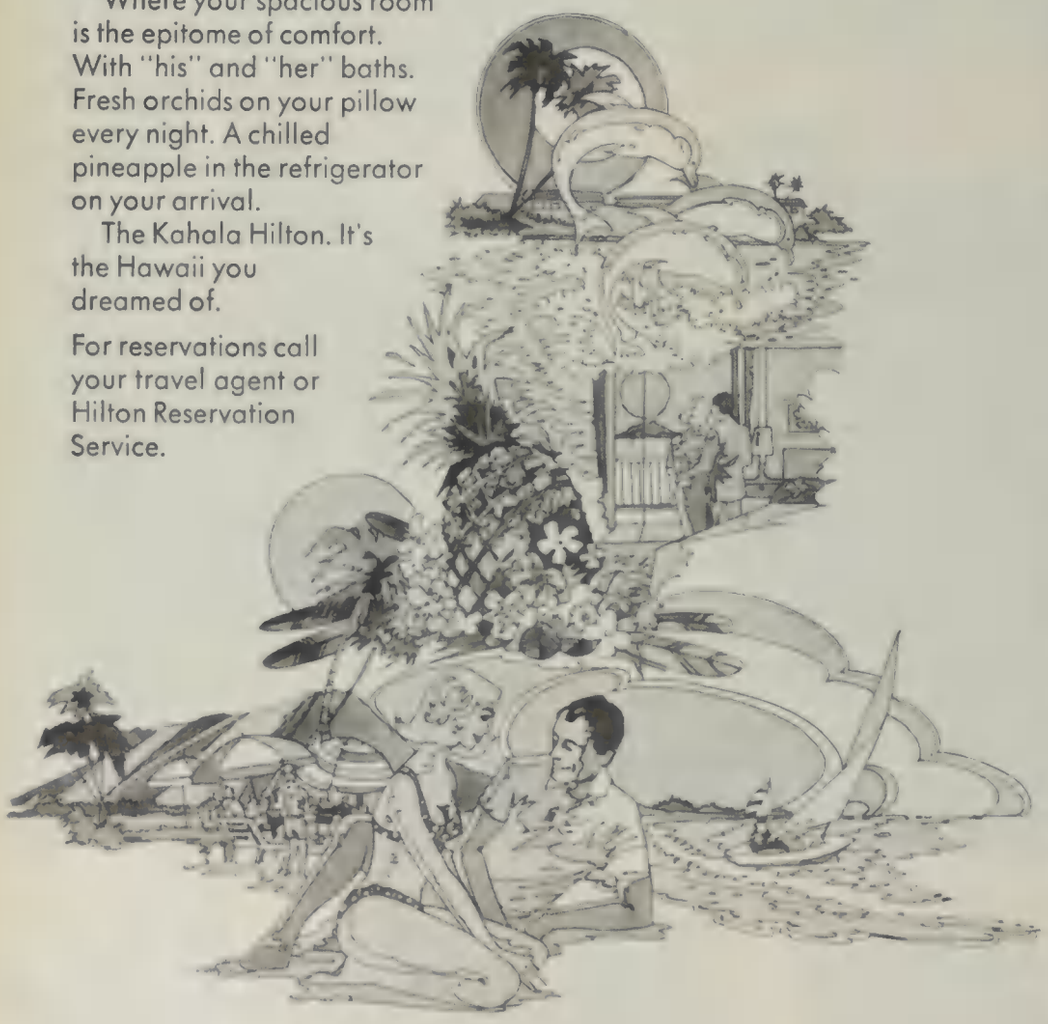

Once you stay at the Kahala Hilton you'll find your own reasons for coming back.

Golden Gate Mine. It's fun to exp
outside, but keep alert for rattlesna

The sloping trail from Rodriguez Fla
Upper Fish Valley forks shortly afte
begins. The western trail drops tow
the creek, 2 miles away, and follow
upstream through Long and Lower I
valleys, and past Llewellyn Falls
Upper Fish Valley.

Corral Valley Trail, to the east, i
slightly shorter but steeper climb; it
through Corral Valley (which looks, fi
a distance, like a well manicured la
sliced by a tiny silver stream) and l

JOHN O'

Basque carvings *date back 60 ye*
turn aspens into outdoor gall
Modern campers—so far—h
left some of them unalte

Coyote Valley before reaching Up
Fish Valley. Along the way, you'll
the ruins of an old log cabin and de
stands of pine, and on the north side
Coyote Valley you'll pass an unusu
large, solitary juniper.

From Upper Fish Valley, you can w
back along several tributaries. The a
contains mountain lions (heard, but
seen), and fleet and fearless white d
mice, who feast in open packsacks.

You can camp free at Rodriguez I
(you'll need a fire permit from the gu
station at Markleeville or Bridgepo
but there's no fresh water availa
There are plenty of unimproved ca
sites along the creek away from the f
but to avoid sipping water a few ya
downstream from a bathing cow,
should pitch your camp along one of
fresh feeder streams that tumble do
the valley slopes.

If you're a nonhiker, you can rent p
and riding horses from the Little An
lope pack station.

PANAMA

ıama has ■ beautiful surprise waiting for ı, and its name is Taboga. This green is- ɔl gem rises from the clear Pacific. Visi- ; come for the sunning and swimming. ɜ boating. For underwater beauty viewed ɔugh a snorkeling mask or from a glass- tomed boat.

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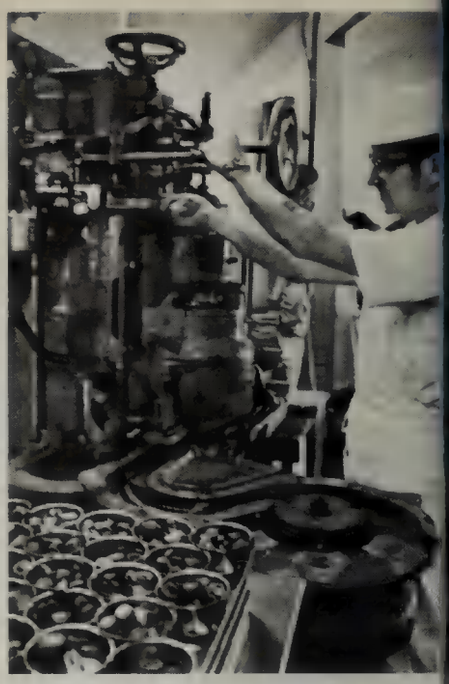

Shiny cans *of smoked oysters wait on a tray while man adjusts sealer*

Cannery visit on Vancouver Islan

Small canneries can be found thro out the Pacific Northwest. Howe many are hard to locate and, when do find them, most usually discou casual investigation.

But some canneries do welcome visi and if you are on Vancouver Island, can visit St. Jean's Custom Canner is one of the smallest canneries we l yet seen, and it happens to be righ the middle of the small fishing por Nanaimo.

Nanaimo is about 70 miles north of toria on Provincial Highway 19, pa the Trans-Canada Highway. The follows the east coast of Vanco Island along the Strait of Georgi sound famous for its abundant yiel seafood, especially clams, oysters, cohoe salmon.

St. Jean's cannery is at the harbor w the fishing fleet docks, although the trance is up a half a block at 1690 S art Ave. Inside, the whole opera takes place in one room: meat prep tion, canning, sealing, and labe While there, you can purchase fre canned seafood such as butter cl smoked oysters, and salmon.

September is a particularly good m to visit the cannery since fishermen be bringing in the fall run of spring cohoe salmon, big fish weighing up t pounds. It is open daily from Mar through December 24; visitors are come between 1 and 4 P.M.

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The Pacific has always had a special meaning for us.

Lacquered Inkstone Box by Korin Ogata

Korin Ogata was only one of many Japanese artists held spellbound by it, demonstrating in this now priceless work how completely the Japanese spirit and the fathomless expanse of ocean are fused. Today in Tokyo, there is a new and yet another great rendering of The Pacific. A majestic, thirty-story hotel by that name now soars up from an extensive tranquil garden that was once the preserve of the Imperial family. The Pacific offers 1,000 guest rooms, six restaurants, five lounges and bars, banquet and convention facilities, 15-minute access to every part of Tokyo and all those personal little attentions that have made Japanese hospitality famous.

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DOUG WIL

Above. *Pathway leads into lava fields near McKenzie Pass summit.*

Right. *Youngsters use dial at observatory to identify mountains*

The astronauts walked here

A 37-mile alternate to U.S. Highway 126 over the Oregon Cascades between Eugene and Bend takes you through lava country so desolate it was once used to train moon-bound astronauts.

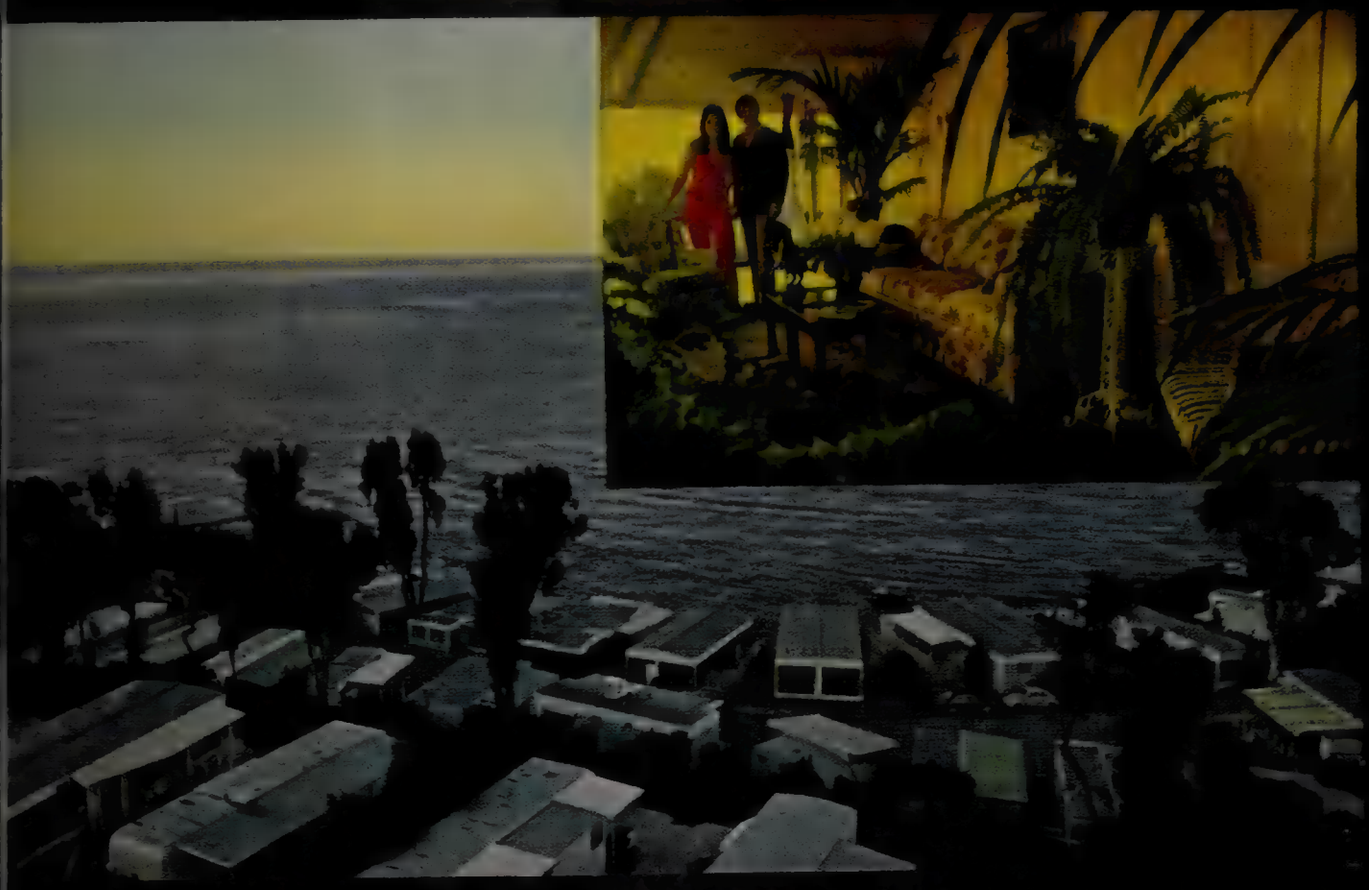
This is the old McKenzie Pass route, State 242, originally a pioneer wagon path through the mountains. Although still slow and winding, the paved two-lane highway edges two wilderness areas and offers superb views into the heart of the Cascades.

From the Dee Wright Observatory at the 5,324-foot summit, you'll see t Three Sisters, Mount Washingto Mount Jefferson, and other peaks.

Near the base of the observatory, asphalt path leads you safely into t fields of jumbled black lava that stret out for miles in every direction. Acro the highway are picnic tables, a parki area, running water, and pit toilets.

To get to the pass from the west, lea U.S. 126 about 4 miles east of McKe zie Bridge at the marked turnoff. Fro the east, join State 242 at Sisters.

Home sweet (mobile) home.



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NORMAN A. PLAT

Looming *above decades-old pines (you see one near his left elbow), visitor focuses on shoe-height cypress*

The pygmy forest near Mendocino

The aged but tiny conifers of Califo nia's pygmy forests contrast dramat cally with surrounding trees: They ma be more than 100 years old, but they'r less than 3 feet tall, with cones only ¼ inch wide.

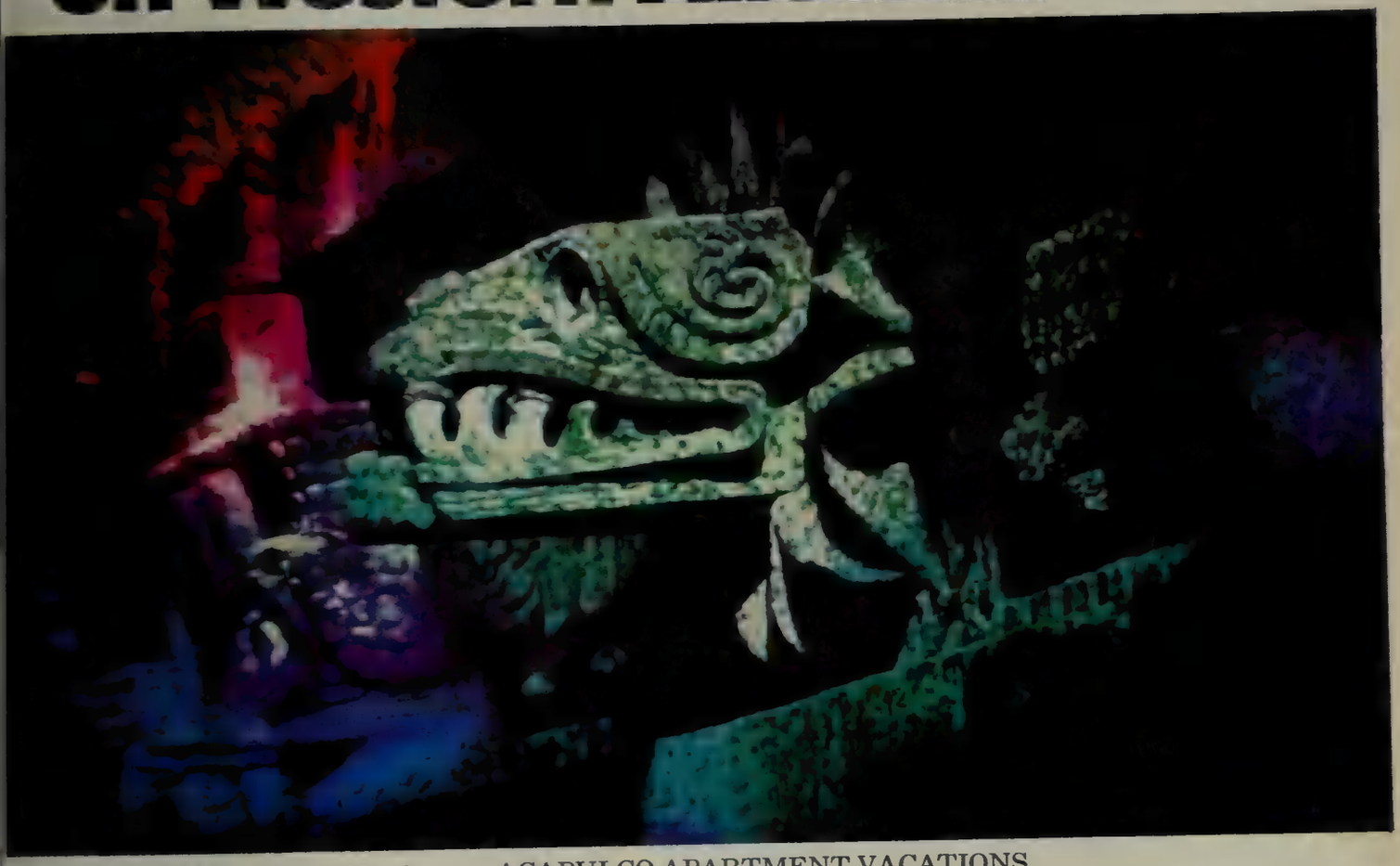
The thick forests are scattered along th elevated coastal plains of Mendocin County. An excellent stand is on th south edge of Van Damme State Park.

The dwarfing is caused by a white sanc stone hardpan that causes the heav winter rains to collect in muddy poo without reaching the trees' roots. Th acid-rich and nitrogen-poor soil make it like a desert within a rain forest.

Inspect the trees closely. Trunk thick ness, not height, is the best measure c age: 40 years for each ¼-inch of dian eter. A stubby dwarf may be a centur old, but in better soil it could tower u to 150 feet.

To reach the forest, turn off State High way 1 onto Airport Road 3 miles sout of Mendocino, and drive 3 miles to th entrance.

Experience the magic of Mexico for as little as $219 on Western Airlines.



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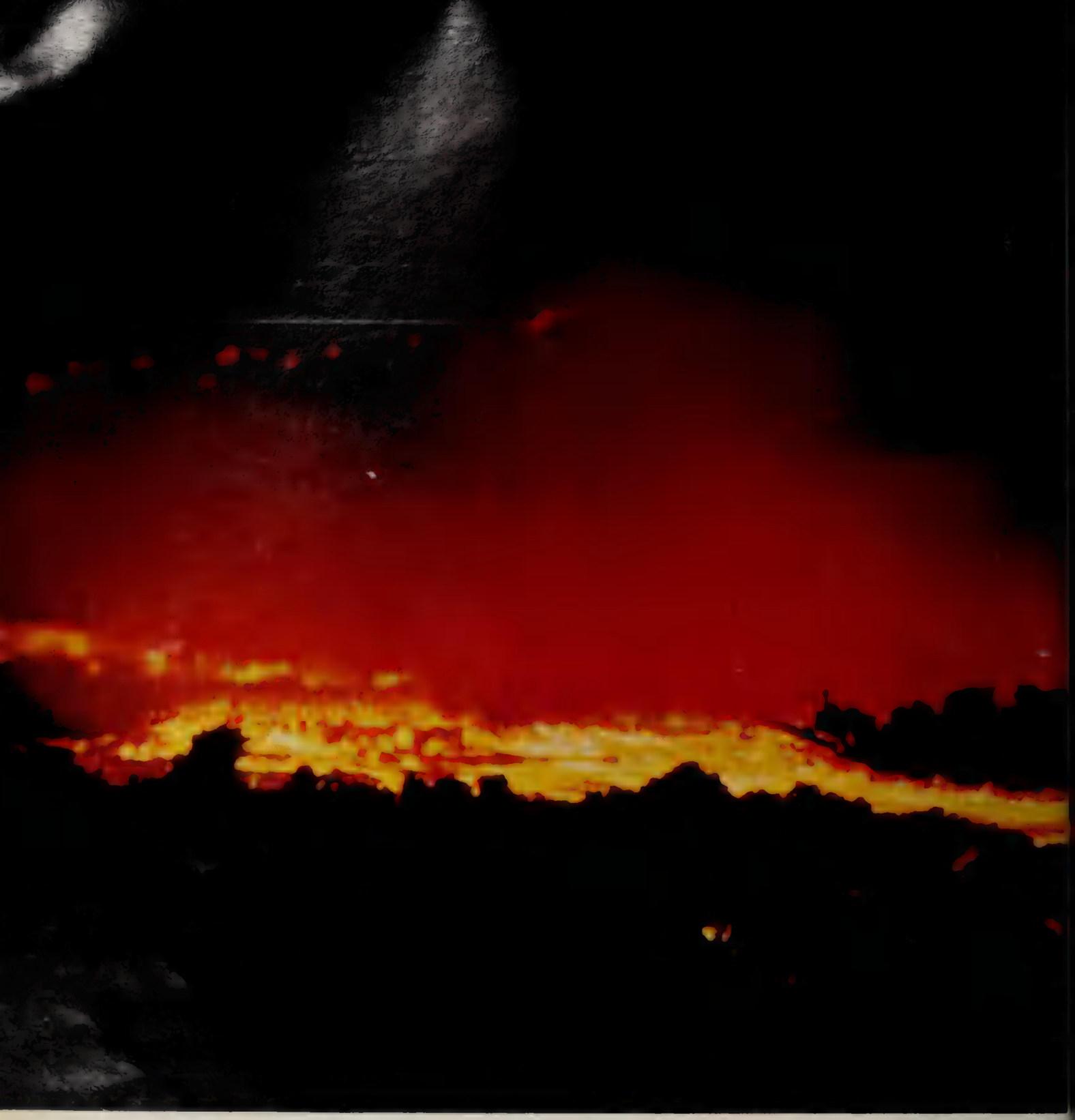
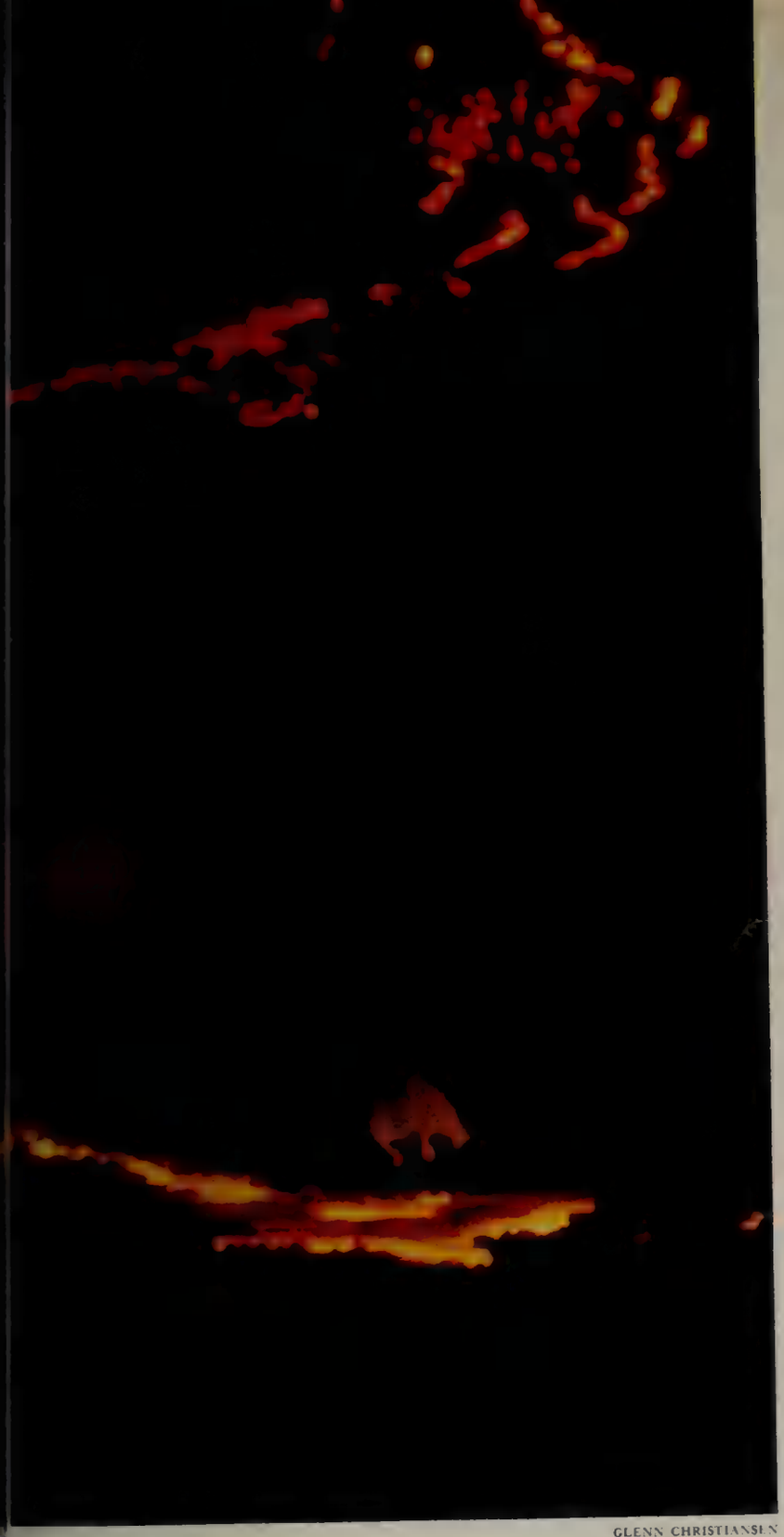


Fire rivers and fire falls in Hawaii

It's third year in a row for Big Island volcanic action.
All quiet at press time, but flows can start again anytime

Sunset THE MAGAZINE OF WESTERN LIVING SEPTEMBER 1971



GLENN CHRISTIANSEN

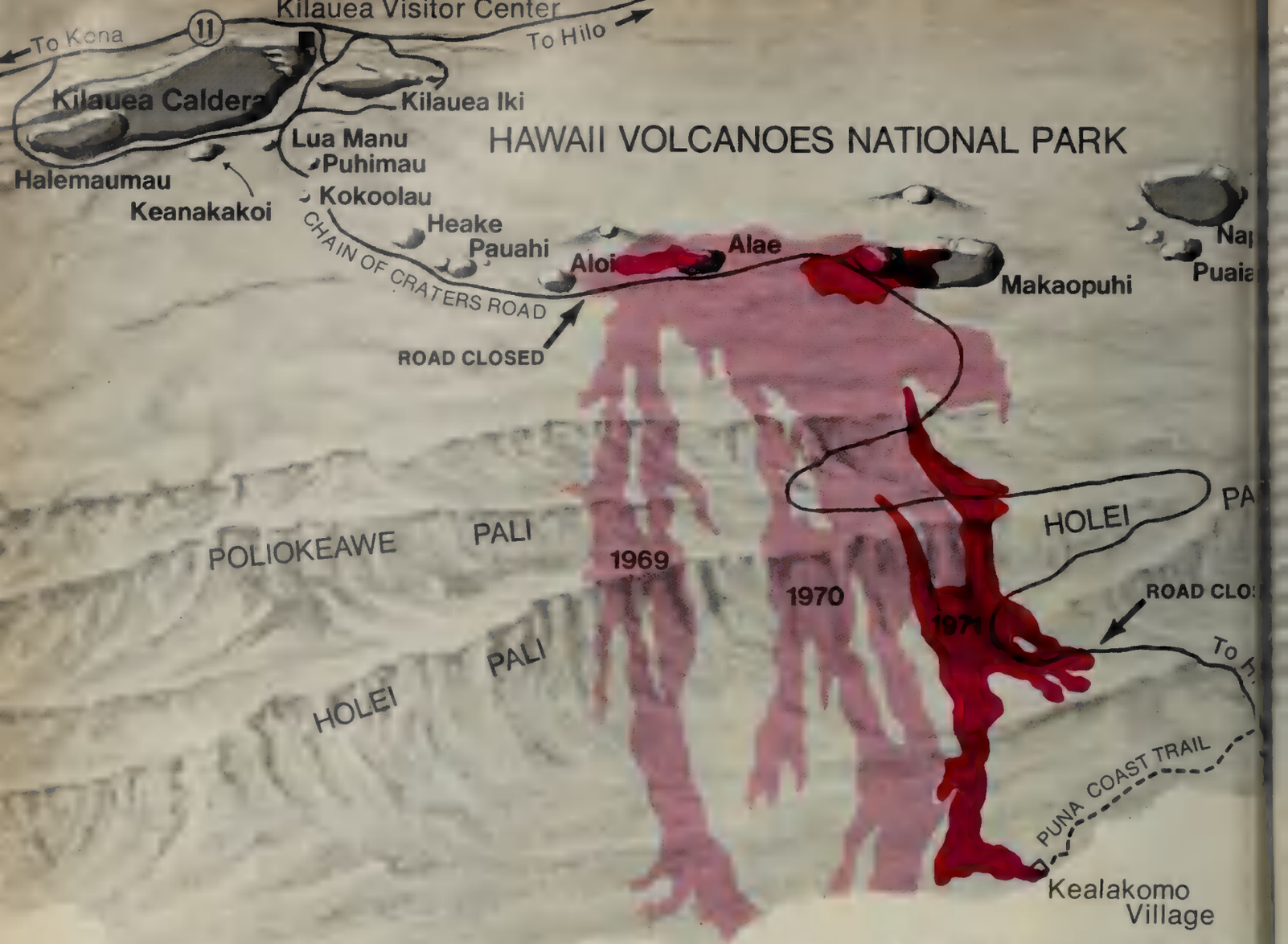
Daylight reveals *fiery lava river flowing out of pali face through lava tube. Lava seeps down from craters above*

Radiant inferno *of molten lava streams down Holei Pali in glowing rivulets at Hawaii Volcanoes National Park*

Movement *of flowing lava blurs photographer's close-up portrait. Exposure time was 1/15th of second*

e **dramatic** photographs on these ;es were taken by *Sunset's* chief pho- rapher within hours of the eruption Hawaii Volcanoes National Park on afternoon of February 26, 1971. ry rivers of lava spilled down the lei Pali, burying additional sections the Chain of Craters Road. *Sunset's* enn Christiansen, alerted by tele- one, flew from California and shot inferno creeping down the Holei li switchback that same evening and ough the night.

rly the next morning, our photogra- er had to retreat when the advancing



Dark red *on map above marks 1971 eru*

Apua Point

lava again crossed the highway at the foot of the pali. The advance continued seaward, and on March 8 the lava reached the sea at the old Kealakomo Village site on the Puna Coast.

This year's eruptions mark the latest phase in the current series of volcanic activity that began three years ago and still continues. As we go to press, things are relatively quiet along the east rift zone, where recent activities have been centered, but ominous rumblings and upwellings of lava in the vents and craters seem to promise more fireworks.

During periods of active eruption, park rangers patrol the roads, post warning signs, and erect barricades to keep visitors out of the areas of possible danger. If you follow instructions and observe all warnings, you can safely visit the park while eruptions are in progress and get close enough to see and photograph the fiery volcanic action.

When we revisited the scene about two months after the eruption, we were able to walk from the lower road closure on the Chain of Craters Road across part of the lava flow photographed on our previous visit. The surface of the flow had cooled down from a molten-hot 2000° Fahrenheit to something just slightly cooler than a warm car radiator after a summer drive. A light rain was falling, and the raindrops immediately evaporated upon striking the warm rock. Warm, almost hot air still issued from cracks and crevices in the cooling lava, indicating that things were still pretty hot down below.

Although everything appeared to be quiescent on the surface, molten lava was still flowing down from the rift zone at that time, reaching the sea through underground channels. Scuba divers of the USGS off the Puna Coast attested to spectacular goings-on beneath the surface of the sea, events unseen by spectators looking out from the shore.

One of the more amazing facets of this current series of flank volcanic activity has been the fact that it has continued for such a long period of time. Like most other Hawaiian volcanic activity, the eruptions have been gentle. Molten lavas from reservoirs deep within the bowels of the island ooze up to the surface through vents and fissures along the rift zone, spill into and frequently fill old craters, and then flow seaward down [illegible] out onto the slope through old lava tu[illegible] Except for two brief periods of fo[illegible]taining late in 1969 (1,800-foot-h[illegible] fountains in September, 1,600-foot-h[illegible] in December), the character of the er[illegible]tions has been dramatic but nondest[illegible]tive—compared to volcanic eruption[illegible] other parts of the world.

One explanation for the benign disp[illegible]tion of volcanic eruptions in Hawa[illegible] the great fluidity of Hawaiian la[illegible] Gases easily escape through the r[illegible]tively thin molten rock, preventing [illegible] buildup of potentially explosive p[illegible]sures. The lavas issue freely from v[illegible] and fissures, occasionally form spew[illegible] fountains, and smoothly flow down [illegible] slope in swirling, fudgelike waves ch[illegible]acteristic of pahoehoe. As the surface [illegible] the lava flow cools and congeals, the [illegible] fluid lava beneath the crust continues [illegible] flow, frequently leaving behind a la[illegible]rinth of tunnels or lava tubes.

The eruptions last February closely [illegible]lowed the established pattern of previ[illegible] east rift activity. Molten lava welled [illegible] from a main vent along the rift zone [illegible]tween Aloi and Alae craters. When [illegible]

reached Alae Crater, the spreading poured over the rim onto the crater and began to exit through old lava to the slope below. Pouring out igh tubes and tunnels in the face of keawe and Holei palis, the lava med down the cliffs toward the sea.

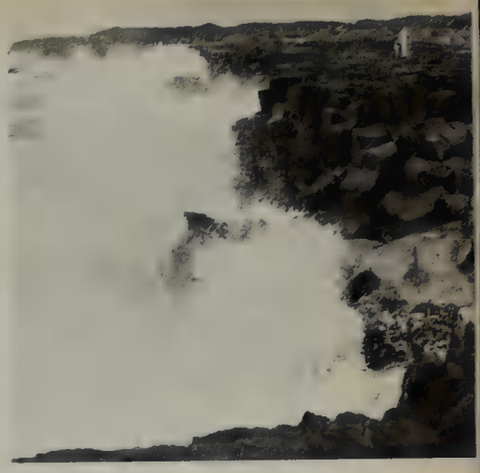
total distance from the Aloi-Alae to the point where the lava entered ea is about 10 miles. The advancing took about 10 days to cover that nce.

place to begin any visit to Hawaii anoes National Park is the Kilauea or Center, about a 40-minute drive downtown Hilo. Here you can pick rochures, maps, and the latest infor- on on volcanic activity in the park, movies of past eruptions, and visit park's excellent volcano museum.

n the visitor center you can take the er Rim Drive around the northeast- quadrant of big Kilauea Caldera, Kilauea Iki, then taking the Chain raters Road down to its upper clo- near Aloi Crater. To visit the scene he most recent eruption along the lower section of the road, retrace your steps to a point 9 miles south of Hilo and take State Highway 13 through Pahoa and Kalapana to the lower park entrance. The total driving distance from the visitor center back around to the lower park entrance is about 60 miles.

Just inside the lower park entrance is the Wahaula Visitor Center, at the ruins of the old Wahaula temple. During periods of active eruptions, park rangers are usually on duty to suggest precautions. If there's no one at the center, you'll probably encounter one of the rangers patrolling the park road.

Beyond Wahaula, the Chain of Craters Road follows the coast past dramatic sea cliffs and wave-battered arches, then begins its climb up the slope to the most recent road closure. Just as the road leaves the coast and begins its climb, the Puna Coast Trail continues south along the coast to the inundated Kealakomo Village site where lava reached the sea this year. From the highway to Kealakomo Village it's a hike of approximately 2 miles. □



Ancient *basaltic columns are pounded by raging Puna surf at Kamoamoa Village site*

Old lava tube *near road closure is example of subterranean passageways bringing lava down the pali*

Flows have cut the Chain of Craters Road, but you can still approach from either end

GLENN CHRISTIANSEN

Waves *of pahoehoe illustrate the once-fluid character of the still-warm lava flow*

Visitors *walk on lava at lower Chain of Craters Road closure just two months after molten rock flowed across park highway last February*

GLENN CHRISTIANSEN

Three *'Sequoia' strawberry plants in this hanging pot, 8 inches wide at mouth, produced fine berries all spring. It was kept in full sun. Sunset's cover shows its berries, close-up*

WILLIAM APLIN

Plants *grown in ground by University of California. The polyethylene film keeps berries away from mud, prevents rot. Holes let water through. See page 180 for instructions*

January 19, when the only strawberries you could buy store were expensive ones flown in from Guatemala, cked a basket of red, ripe, sweet, aromatic strawberries plants growing in two boxes of the kind pictured below. id this in *Sunset's* garden in Menlo Park, California. lants continued to yield good berries until July.

tell you how and why this happened. To match or beat ecord, you'll need only reasonable weather and good We wish you both.

get plants of the variety named 'Sequoia.' It was one ong line developed by the University of California, but ed commercially. It can't take the long ride to the East.

ily, it has three other traits that make it great for home ners (and for roadside-stand growers). It bears early (as as 10 weeks from planting under ideal circumstances). ars heavily and long—some experts call it the closest yet to a true everbearing strawberry. And it tastes to more people than any other modern American berry.

onfirmed the taste superiority in four blindfolded taste gs. In each, a great majority of the tasters favored the eled 'Sequoia' over all the other unlabeled kinds.

between September 1 and October 15. If possible, dormant, bare-root plants (dug last winter, kept in cold ge all spring and summer). Bare-root planting in the of early autumn may seem ill-timed to you, but don't worry. Now most commercial strawberries are grown on plants planted bare-root in July or August.

If you must settle for leafy plants begun in pots, cans, or flats, midwinter harvest will be less likely (another peculiarity in the strawberry business). But if the plants are 'Sequoia,' they will give you superior taste and abundant harvest, even if you must wait until spring.

Plant by a south-facing wall so the plants get as much sun as possible. The sun's arc will drop 19° toward the south between October 1 and December 21. Large objects now distant to the south may shade the plants by Christmas.

Plant in the ground or in containers. Our plants in boxes came into bearing three weeks earlier than the in-ground plants. And their berries tasted better, at times.

Mount a folding roof on the south-facing wall, above the plants. Plans for the boxes and roof and a recipe for the planting soil are on page 180.

Leave the roof up from planting time until two weeks before the first frost usually comes to your area; then lower it. The folded-down roof will protect plants from frost at night and will help trap solar heat around the plants during the day. You can boost this effect by painting the wall white.

Raise the foldable roof on rainy days and nights so the plants can get some rainwater—it's always better than pipe water. Water regularly before the rainy season and during the winter, too, if the roof stays down for long periods. □

Strawberry marvels... maybe the best you've ever tasted... ready in January and they'll keep coming for months

January 19 *pictures of 'Sequoia' plants planted September 25. Berries (see ripe ones at end of box) were delicious. The contraption did it. Essential: south-facing wall, folding roof. Details above and on page 180*

Woodworker's discovery...Japanese too

The best shopping is in Hawaii, but you also can find sources closer to home

Craftsman *from Japan uses ryoba saw for finishing work on basubari-style bell tower in Waikiki shopping center*

The delicate, interlocking carpentry of Japan owes muc its special kinds of high quality tools—some of them w of art in themselves. Although many of the tools were signed long before their European equivalents, some We craftsmen are just now discovering how useful they are.

With a little hunting on the West Coast you can find the shown here as well as others. The hunting is more produ in Honolulu, where several hardware stores carry the w variety of Japanese chisels, planes, saws, and other uni woodworking equipment; their prices are generally l than on the mainland. See the list of stores on page 59.

Japanese chisels are well known among experienced w carvers. You can buy them in a variety of sizes and sh and in widths from ¼ inch to 2½ inches. They gene have oak handles with malleable iron shanks. Fine-grade is inlaid for an extremely sharp cutting edge. This proce lamination was known in Japan as early as the thirteenth tury but not equaled in Europe until the nineteenth cen

The blades of the planes also have inlaid cutting edges usually have oak handles. To set the depth of the blade the front and back of the plane with a mallet. The slot i wood must sometimes be enlarged slightly.

For fine work Japanese saws are without parallel. Som

Hardware *stores in Honolulu carry Japanese and Western tools. Here customer is shown the kataba and the longer bladed ryoba saws. Large saws are used cut brush and sugar cane*

GLENN CHRISTIANSEN

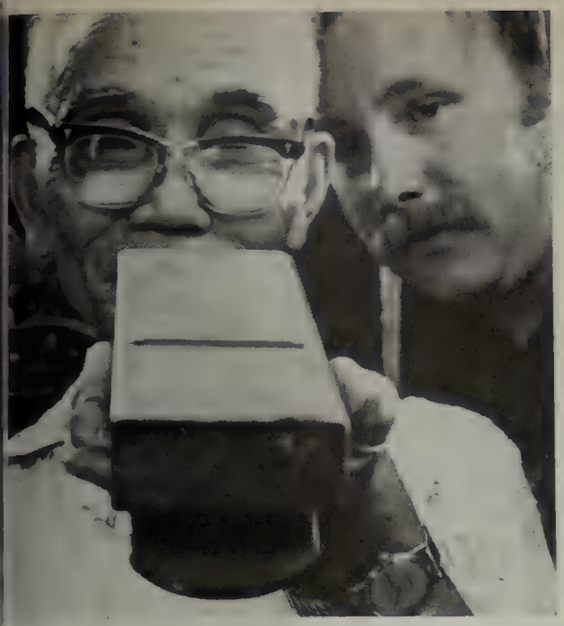
anese woodworking tools, *bought in Honolulu hardware stores, show superb ftsmanship. Prices vary greatly; ryoba saws cost $2 to $12*

GLENN CHRISTIAN

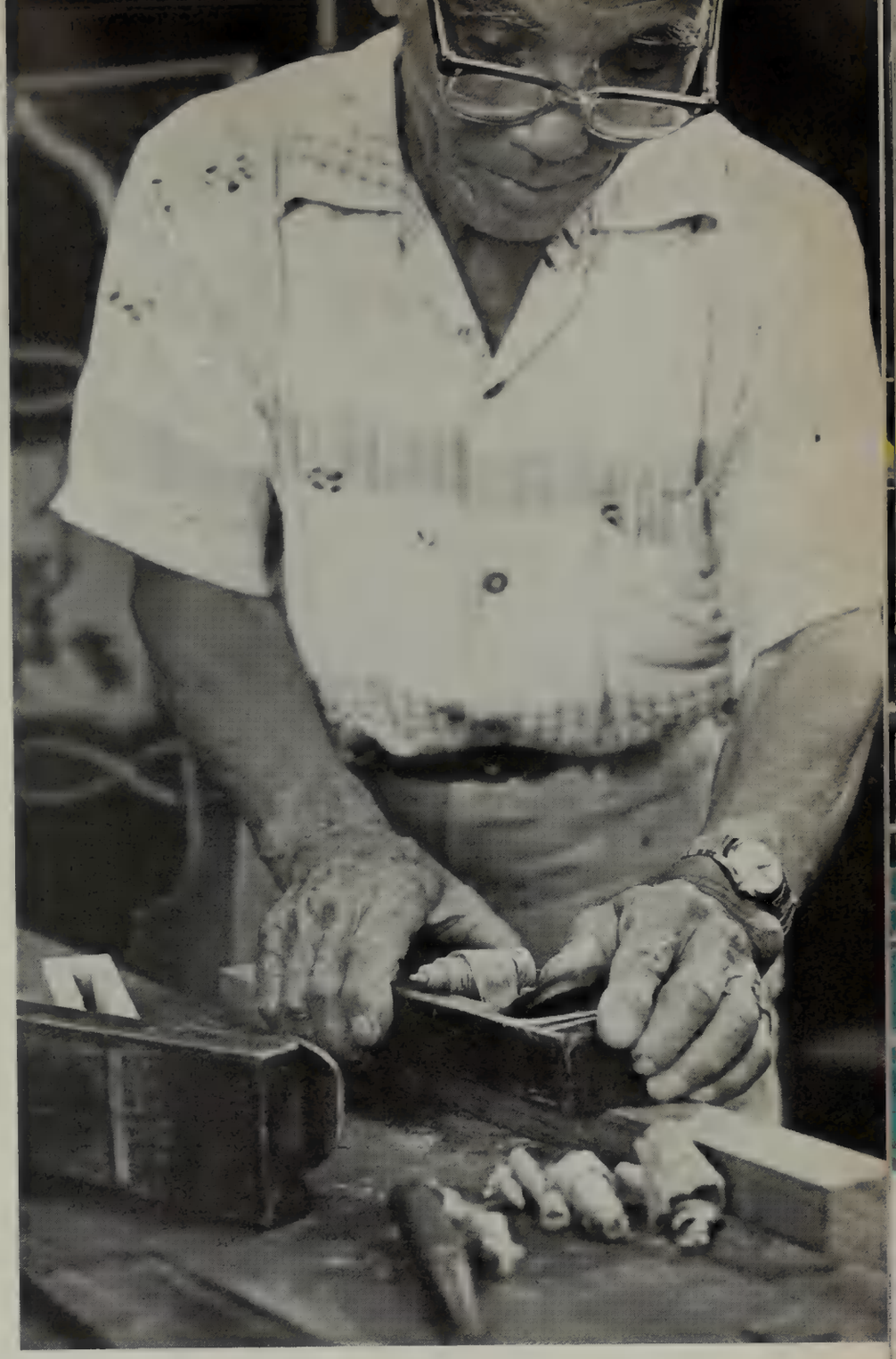
A hammer tap *sets the plane blade*

The Japanese answer *to the snap line is the sumitsubo ($1 to $9). You see three of them above left, one in action just at left. Use it to mark a straight line. Pull string from wheel through the bowl (subo) containing cotton soaked in sumi ink; tack string at desired point. Hold string in bowl with stick or finger and stretch it to a second point. Pluck string with other hand to leave a straight black line*

This 24-piece *carpenter's kit cost about $30 at Shirokiya in Honolulu. It holds chisels, hammer, plane, saws, screwdrivers, nail puller*



down plane to check blade depth



Retired *cabinetmaker Tokichi Kondo pulls on plane he has used more than 50 years*

You can buy single tools . . . or, in Honolulu, you can splurge on a kit in a fitted case

iner ones, such as the *dozuki* saws, are able to cut paper-kerfs.

ryoba and *azebiki* saws have teeth on both sides of the e: rip teeth on one side and crosscut on the other.

azebiki, because of its slightly rounded blade, allows you nake fine plunge cuts: You can cut 1-inch deep with a ch stroke. The only Western equivalent to this is a power ular saw.

n saws and planes cut on the pull stroke. Since this is just osite from the way Western tools work, it takes a little tice, but actually gives better control. Saw blades are ner in the center to prevent binding.

ed at right are five West Coast and four Honolulu re-rs which stock Japanese woodworking tools. Many of e stores also stock Japanese pruning saws and other Japa-: gardening tools.

Honolulu a few craftsmen still use these beautiful tools in traditional manner, but as their numbers diminish so does availability of the tools. □

Tool shopping in West Coast cities . . . and in Honolulu

Washington

Tashiro Hardware, 109-113 Prefontaine Pl., Seattle 98104

California

The Japan Woodworker, 1701 Grove St., Berkeley 94709
Seiki Hardware, 1520 Post St., San Francisco 94109
Soko Hardware, 1698 Post St., San Francisco 94115
Anzen Hardware, 220 E. First St., Los Angeles 90012

Hawaii

Isobe Builder's Supply, 918 Keeaumoku Pl., Honolulu 96814
Sheridan Building Supply, 927 Sheridan St., Honolulu 96814
Shirokiya Dept. Store, Ala Moana Center, Honolulu 96814
Uptown Hardware, 1635 Nuuanu Ave., Honolulu 96817

Mexican patio party

Two menus to choose from. One uses the barbecue, one a casserole. Both are delicious and both are deliciously easy

The spirit of these two easy-going patio parties is Mexican, but the shopping is strictly local. The most exotic ingredient in either meal is plain corn tortillas, the base of the casserole for 8 to 10 that can be assembled ahead of time. The Carne Asada supper for 6 to 8 is geared to summer markets.

Tailor a menu to your own taste by choosing several *antojitos* from the list of appetizers that follows. Assemble a fruit dessert in the same manner.

Antojitos: An avocado dip (guacamole) with cherry tomatoes, fresh radishes, cucumber slices, tortilla chips, or potato chips; taco sauce mix blended with sour cream for dunking in the same manner as guacamole; slices of jack cheese on strips of green pepper; pumpkin seeds; sunflower seeds; or purchased frozen appetizers such as burritos.

Mexican fruit bowl: Allow about 1 cup of fruit for each serving and choose three or four fruits such as pineapple, melons, papaya, mangos, bananas, strawberries, or similar summer fruits; when possible leave fruit whole. As desired, cut pieces to pick up and eat.

Carne Asada supper

While guests enjoy antojitos, cook the main course of Carne Asada (barbecued steak) and Salsa Fresca (fresh tomato sauce). Keep warm on the grill a pan of butter-fried potatoes (cooked ahead in the kitchen) seasoned with chopped green onion to taste.

Beef skirt steaks are exceptionally flavorful and tender prepared in this manner; however, you will probably have to order them ahead. Be sure to direct your meatman to trim off the fat but not to roll or tenderize the steaks. Flank steak can be used as a substitute cut; allow 6 minutes to a side on the grill for rare meat and slice across the grain.

Carne Asada

Combine ⅓ cup *each* wine vinegar and olive oil, 1 teaspoon crumbled oregano, and ½ teaspoon coarse-grind black pepper. Place 3 to 3½ pounds skirt steaks (unrolled, untenderized, and well trimmed of fat) in a deep bowl and pour in the wine vinegar marinade, mixing well. Let stand at room temperature for at least an hour; turn meat occasionally.

Lift steaks from marinade and place 4 or 5 inches over medium hot coals. Grill 4 to 5 minutes on a side for rare meat; cut in serving pieces and accompany with Salsa Fresca. Makes 6 to 8 servings.

Salsa Fresca: Peel and seed 4 medium-sized tomatoes and cut in large chunks; set aside. Just before cooking the Carne Asada, set a shallow pan on the grill and melt in it 2 tablespoons butter; then add 1 finely chopped large onion and ½ green pepper, seeded and chopped. Cook stirring, until onion is soft. Push to a cool area of the grill. When steaks have cooked about 3 minutes, add the tomato chunks to the onion and stir just to heat through. Season with salt and pepper, and serve to spoon onto portions of Carne Asada.

Chilaquile Casserole dinner

You can prepare the various ingredients for the main-dish casserole the day before, but combine them no more than about 4 hours before time to cook. Serve with green salad.

Chilaquiles in Casserole

- Fried tortilla strips (directions follow)
- 1 can (15 oz.) refried beans
- 3 cups *each* cooked and diced ham and chicken or turkey
- Tomato sauce (recipe follows)
- ¾ pound mild Cheddar cheese, shredded
- Minced parsley and pitted ripe olives

Distribute half the tortilla strips over bottom of a shallow 3-quart casserole (about 9 by 13 inches). Spoon the beans in dollops evenly over tortillas. Mix ham and chicken and spoon half the mixture over the beans, then pour half the tomato sauce over the meat and top with half the cheese. Repeat layers of tillas, meat, tomato sauce, and cc with remaining cheese. (At this p you can chill the casserole, covered. Bake, uncovered, in a 375° oven for minutes to heat (if refrigerated, 45 m utes). Garnish with parsley and ol and serve hot. Makes 8 to 10 serving

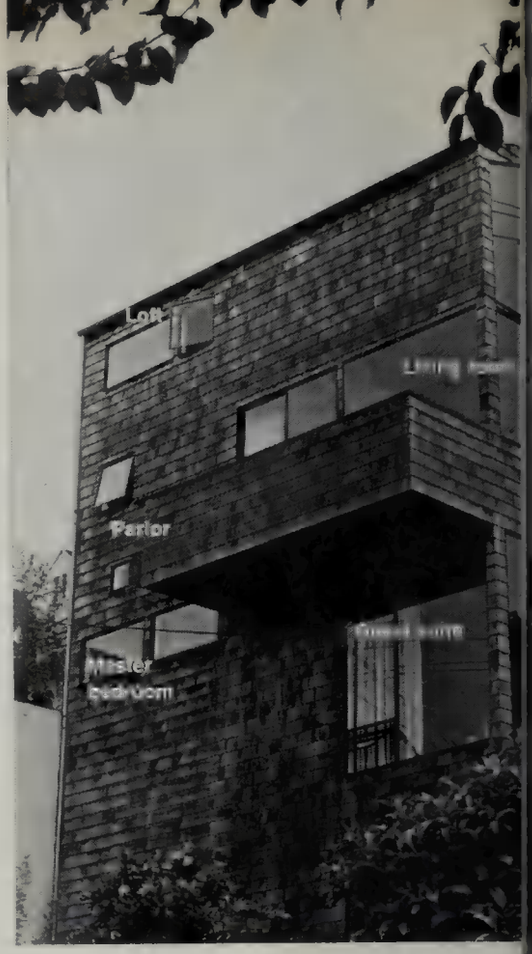
Fried Tortilla Strips: Cut 1 package corn tortillas in ½-inch-wide str Pour ¼ inch salad oil in a wide fry pan over medium heat; fry half the tilla strips at a time, stirring until cr drain. Add more salad oil as needed

Tomato Sauce: In a wide frying cook 1 cup chopped onion and 2 clo minced garlic in 2 tablespoons olive or salad oil, stirring, until vegetables limp. Pour in 1 large can (1 lb. 12 whole tomatoes and liquid; break tomatoes with a spoon. Add 1 cup re lar-strength chicken broth, 1 can (6 tomato paste, 1 tablespoon chile p der, and ½ teaspoon *each* salt ground cumin. Simmer uncovered u reduced to 3 cups, stirring occasiona Blend 2 teaspoons cornstarch to smooth paste with 1 tablespoon w and blend with 2 cups (1 pt.) s cream. Blend some of the tomato sa with the sour cream, then return al tomato sauce; bring to a boil, stirr Remove from heat. Remove seeds pith from 2 cans (4 oz. *each*) whole C ifornia green chiles; coarsely chop. chiles to sauce, a portion at a time, t ing until flavor is pleasantly hot. Chi

On the barbecue *ready to se Carne Asada made with skirt st to go with fresh vegetable sa potatoes. Red wine, snacks b the meal; fruit is for des*

DARROW M.

What's unusual about this house? Its many unusual windows



Labels locate *rooms and their windows on six living levels of house on steep, narrow lot*

Living room *windows look out at view. Balcony floor is a step down so viewer on cushion can look over top of railing cap*

Triangular *window is at level of high windows but out of view in photograph above*

Industrial *metal roof hatch abo opens for breeze, closes for pri*

What are windows for? In the house pictured here, they do more than let in daylight or frame a nice view of San Francisco. Its architect-owner, Peter Vismanis, uses windows to convey visual messages; by their size and placement they edit messages that come through from across the street, up in the sky, or another room.

In the loom room (Mrs. Vismanis is a weaver) and master bedroom, the windows are big enough for only one viewer, and except for a passing bird or a cloud they look like small paintings. In the parlor a window is placed so that you can look down to a miniature of Potrero Hill architecture a the street. From the loft you look across the living room triangular view of downtown.

Other windows were created to introduce daylight. A foot of the stairs beside the front door, a window was sli into the bottom of the wall just above the floor line. Be an opening in the kitchen ceiling, a suspended fern lu ates in the soft light.

On the uphill side of the house, a sliding glass door from the dining room to a garden.

JIM BALL

View portholes. *At far left, porthole is set into white wall at head of couch in loom room. At left, glimpses of sky and street decorate white book wall in the parlor*

Window *gives flowers double exposure; puts parlor in sight of stair climbers and within earshot of others in house*

GLENN CHRISTIANSEN

Wine in waiting

Put it on its side. Keep it cool if you can. Shut out the light

"Let the wine rest," says one expert. "
low it to breathe," adds another. "
no air," cautions a third.

Of such stuff is wine jargon made,
though it touches on general truths ab
how to store table wine.

Why let it rest? One reason to keep m
than a day-to-day supply of wine is c
venience. But those who appreciate w
quality have a more canny reason:
you lay in a good table wine and h
it awhile, you can have a smooth
better tasting wine without paying
premium the dealer must charge
every additional year of aging. This

In basement *Dan Beltramo, Menlo Park, California, keeps wine in clay tiles. Each section is 12 tiles wide, 15 high*

GLENN CHRISTIAN

RICHARD FISH

most true of red wines, which need more time for tannins and acids to blend and lose harshness.

Since it makes sense to buy for the future by the case of 12 bottles, at a discount, people who store wine think in cases—as we do in this article.

Table wine should rest quietly, with no jostling or joggling—not too close to the washing machine or even the dishwasher. It should be protected from light as much as possible, especially direct sunlight; this is why bottles of white wine are often dark green or brown.

One of the most difficult and often ignored aspects of wine storage has to do with temperature. Wine should be kept between 55° and 60° ideally, though some experts might not object to a maximum of 70°. Those who find even 70° impossible can give extra care to a corollary requirement: that the wine not be subjected to wide and frequent fluctuations in temperature.

Some who live in hot climates have an advantage they may not realize. Their existing home air-conditioning systems can be utilized to keep their wine at a constant, cool temperature.

A cellar under a house or one dug into

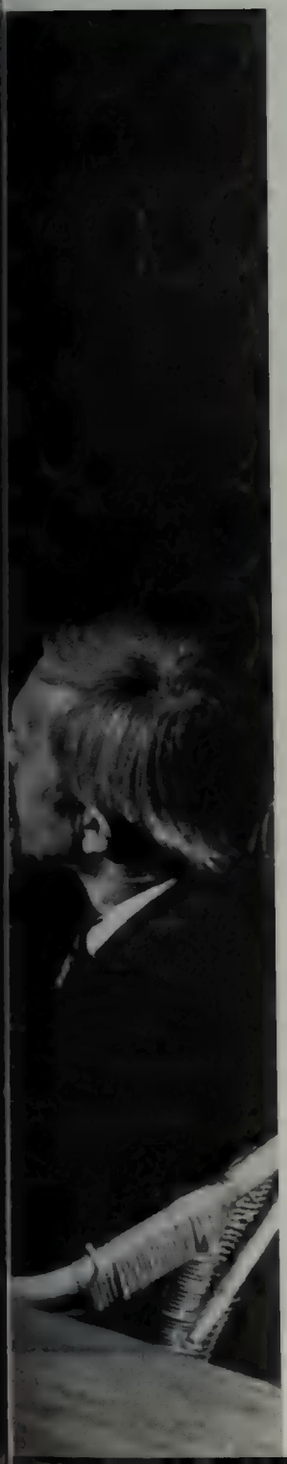
Bins on both sides, *unopened cases below. Insulating batts above redwood ceiling, plus concrete block walls, help keep room about 58°. Charles H. Reeves, South Pasadena*

Plywood cabinet—*wine crating for shelves—24½ by 30 inches, 15 inches deep. Jack Hoyt, Pasadena*

WILLIAM APLIN

Old oak icebox *is well insulated. Bob Hayes, Coronado, California*

JOHN WAGGAMAN



Concrete cellar *cut into hill behind Nick Mascovich home in Salinas, California, for storing wine and some foods. In middle of wine rack, note two shelves across diagonals for wine glasses*

GERALD R. FREDRICK

Wine in the wall, wine in pipes, wine in a closet, wine in paper tubes, wine in the case it came in

Cardboard case *on side is simple rack. Try to remove top, side bottles first*

Cardboard tubes, *mailing tubes (both about 15 cents a length), or carpet roll centers (free) work well*

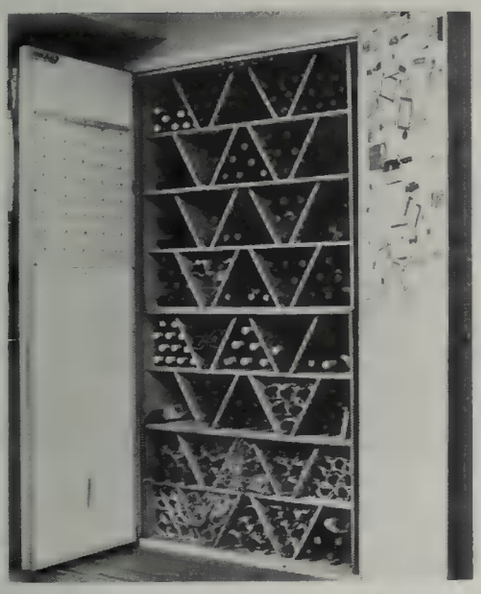
Plastic pipes *(about 40 cents a foot), easily joined with special glue sold for use with this pipe*

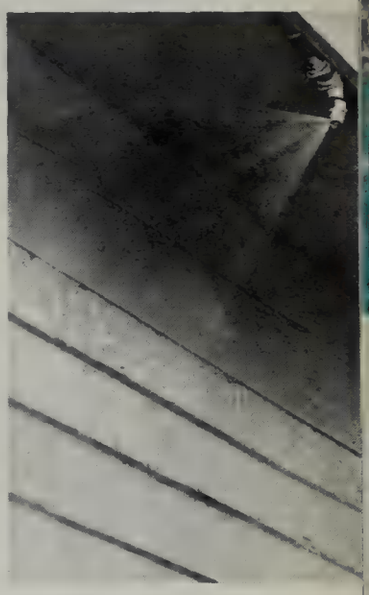
Shoehorned *into narrow, 8 by 80-inch slot between swing-up garage door and wall (coolest spot available in house), rack holds 36 bottles easily. Sides are 1 by 8's; back and shelves, 1 by 12's. Lumber cost less than $10*

DARROW M. W

"Wine wall" *16 feet long, 21 inches deep, separates dining room from garage in the Peter Shattuck home in Sacramento. It's cooled to 55°, holds about 80 cases. Fluorescent lights inside are turned on for evening effects; otherwise shades are drawn behind the glass*

NORMAN A. PLATE





Small closet *holds rack designed by Martin E. Levin, Ladera, California. Each section holds 12 fifths or 24 tenths, two deep. Inventory on left-hand door. On hot days mist spray helps cool the exterior wall*

earth anywhere is very good for wine rage. Concrete and other forms of sonry are helpful because they are atively slow to react to changes in air nperature. They are sometimes even re effective with air spaces around m, like the stacked clay tile on page Insulation added to a storage closet, already present, as in an old icebox. o helps keep temperatures constant.

genuine cork is the usual sign of a le wine that deserves special care, re than is needed by most dessert nes or by less expensive table wines sed only by a screw top.

Minute quantities of air or other gases can pass through cork, but this is the only breathing a table wine should be allowed. To keep even this to a minimum, let the bottle rest on its side. The wine must keep the cork moist so it won't dry out and admit air and airborne organisms that spoil the wine.

Wine bottles of any size up to a magnum (2 quarts) can be stored on a cabinet shelf 14 inches deep. Diamond-shaped or triangular bins are convenient for storing large quantities. Those who want to utilize the insulating advantages of air spaces often like to store each bottle in an individual pigeonhole, like a clay drain tile (4 inches in diameter, 12 inches long; about 25 cents apiece). Other types are shown on the opposite page. Another option is a portable wine rack; one that holds a dozen bottles starts at about $5. An air-conditioned, portable wine storage closet costs about $1,000 for the lowest priced model.

We regret not including all the good wine storage schemes reported by *Sunset* readers in answer to our query in May. Some were near duplicates of ones shown here. Others may appear in later *Sunset* articles. □

Ringed *by partially buried utility poles, the playground is an island in otherwise undeveloped park*

With useful land but little money, with energy and 14 weekend days

GARY RUBLE

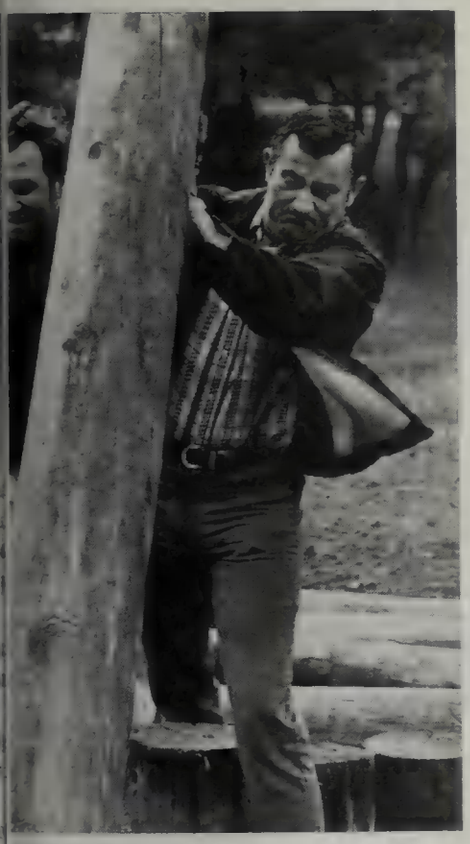
Saturday *afternoon portrait of volunteer work crew. Three smaller gentlemen in foreground served as supervisors*

Occasionally a city finds itself with l[illegible] for a park but with no money to b[illegible] facilities. So the property lies unus[illegible] waiting out the vagaries of munic[illegible] finance.

In Los Gatos, California, a 3½-a[illegible] park site lay dormant for nearly th[illegible] years for just that reason. Finally, [illegible] the spring of 1970, when no char[illegible] seemed imminent, the Los Gatos Jun[illegible] Chamber of Commerce sought and [illegible]ceived permission from the park co[illegible]mission to begin developing the par[illegible]

Their plan was to build a playgrou[illegible] but first they needed funds. A four-[illegible] festival of arts in July raised $3,000[illegible]

Next a committee solicited donati[illegible] Among the first gifts were utility po[illegible] which were central to park desig[illegible]



en *place pole in perimeter of play ea. More than 150 poles were used*

With a determined look *this young fellow prepares to grapple with the complex angles and shapes of climbing bars*

David French's concept of the play area. Other donations from local businesses included lumber, concrete, and the use of building equipment. Some firms offered materials at reduced costs.

The building began on December 12, 1970. Led by designer French, a crew of Junior Chamber of Commerce members, off-duty park department employees, and neighborhood people worked 14 weekend days on the project.

The result is a free-form, invent-your-own-game playground with red, white, and blue climbing bars and various levels of poles and platforms.

The playground cost less than $3,000. The park department estimates that the same job, done on contract for the city, would have cost $12,000. □

Seattle's Pike Place Market

The West has no other like it. 1971 may be one of the last years to experience its marvelous sights and smells

A haphazard cosmos of arcades and stalls, weathered old Pike Place Market sits irreverently under the nose of Seattle's modern skyline. A jumble of sights, smells, and accents, it suggests at once a nineteenth century immigrant neighborhood and the grayness of the Northwest. You glimpse peaks edged with mist through its rain-flecked cafe windows.

Since opening in 1906 as a place for truck farmers to sell their goods without a middleman, the market has kept Seattle in touch with the plainer realities of life, equally available to skid road inhabitants and shopping housewives.

On one side of the brick street that threads through it, an aging Bolivian cafe owner spoons out bowls of searing hot shrimp soup made from a secret South American recipe. In the main arcade, bearded young men hawk handmade leather purses next to an old woman selling oldtime political buttons.

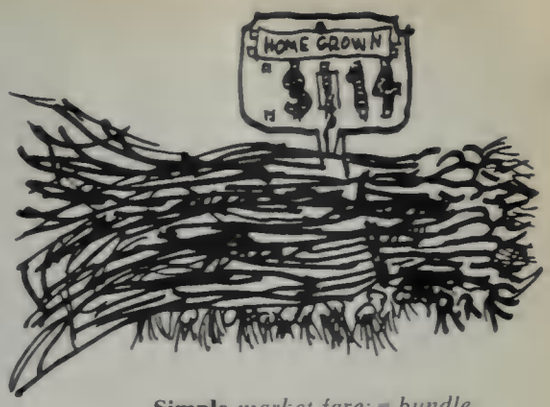
A Greek restaurant pumps German beer and serves Filipino dishes, and a tavern with a French name has the best selection of Irish songs in town on its juke box.

Vegetables and fruit splashed shiny with water and stacke in yellow, green, and red echelons still visually dominate th main concourse of stalls. An Italian vender whacks open paper bag against his knee, fills it with a pound of tomatoes and shouts with the same whacking noise, "What else?" A few feet away, a row of people at a fish counter are leanin across barrels of fresh clams and crabs to receive a kin salmon, which they carry off cradled like a baby.

This polyglot bazaar, unduplicated anywhere in the Wes has been the subject of a burning controversy in Seattle fo nearly 10 years. Many business people, and some member of the city government, would like to see it torn down o largely changed to make way for a modernized shopping ar cade and hotel-apartment complex, financed in part wit urban renewal funds.

Market supporters have been fighting hard to save it, an

Mother *executes a cumbersome exchange of money and vegetables at a produce stand while baby rests in backpack*



Simple *market fare: a bundle of home-grown onions*

DON NORMARK

Good views *and happy shoppers characterize Pike Place Market. Beyond the high market sign is the ferry Yakima in Elliott Bay*

Plants *are sold by this smiling vender who sets out his wares on a wooden display stand*

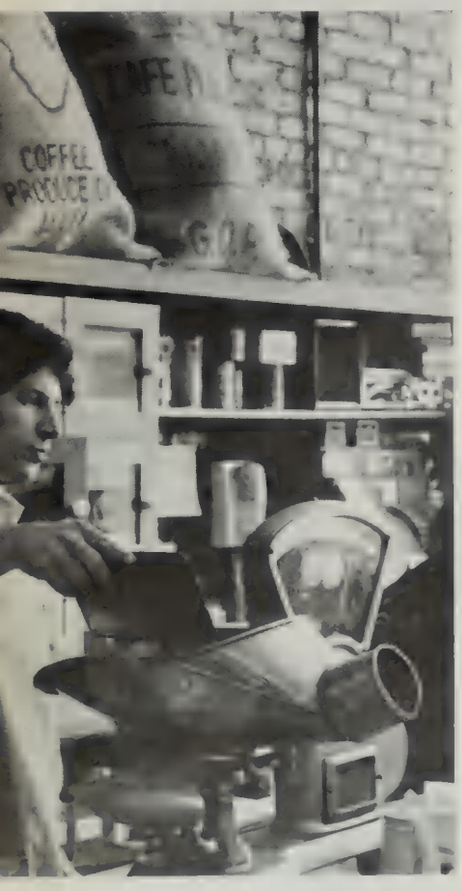
Cluttered, *but distinctive, market entrance at Pike Place is depicted in this Steinbrueck drawing*

A young *merchant works at her macramé stand in one of the market's busy outdoor arcades*

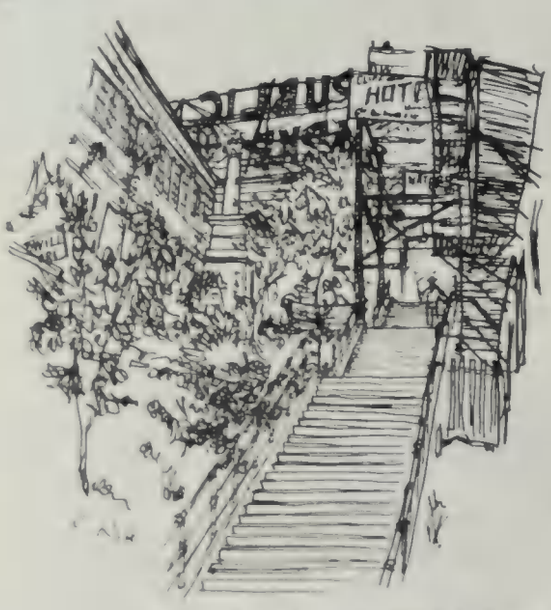
Bargain or not? *Women debate at seafood counter. Abalone in container are below stacks of fresh crab*

DON NORMARK

Fresh *Brazilian coffee beans are measured in specialty shop*



Market is lively, colorful, also a bit ramshackle. Voters will decide its fate this fall



Steps lead *down a hillside behind the market toward the waterfront*

Tasting *market wares is one of bonuses of market shopping*

they have won at least a partial victory. An initiative will be on the November 2 election ballot, which if passed will place the market within a 7-acre historic district where changes must harmonize with existing structures and be approved by a board of planners and architects. Opponents, who include the mayor and much of the business community, favor a smaller historic district and major redevelopment.

But whatever the outcome of the election the market will surely change in the coming years as long-time shopkeepers and venders leave the scene. Physically it will change too, because some sympathetic renovation will be necessary.

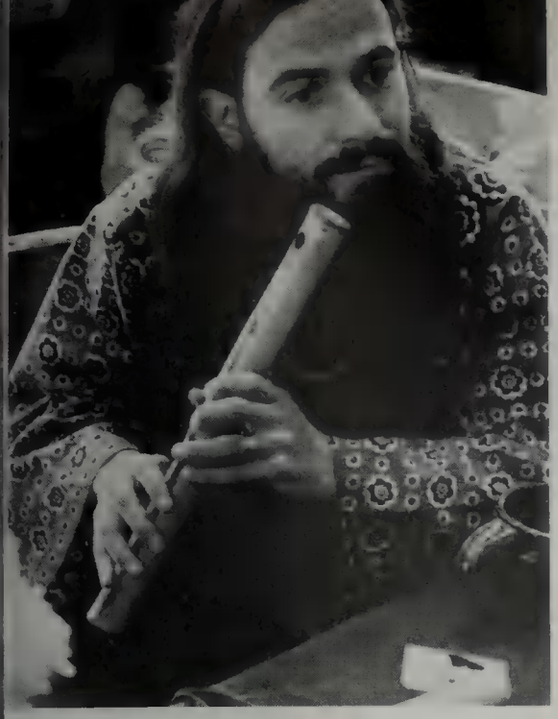
But today it is still very much alive and worth visiting. On the crest of a waterfront bluff, it is the dominant feature at the end of Pike Street on the western edge of Seattle's downtown.

Approaching the market, visitors are apt to encounter old men speaking Italian, Japanese, and Tagalog, resting agai a railing near the entrance. To the right is the main prod area: rows of loaded stalls, shouting venders.

Passages lead below to musty basement shops where you buy a 1938 Bing Crosby record or get the equipment to m your own wine and beer.

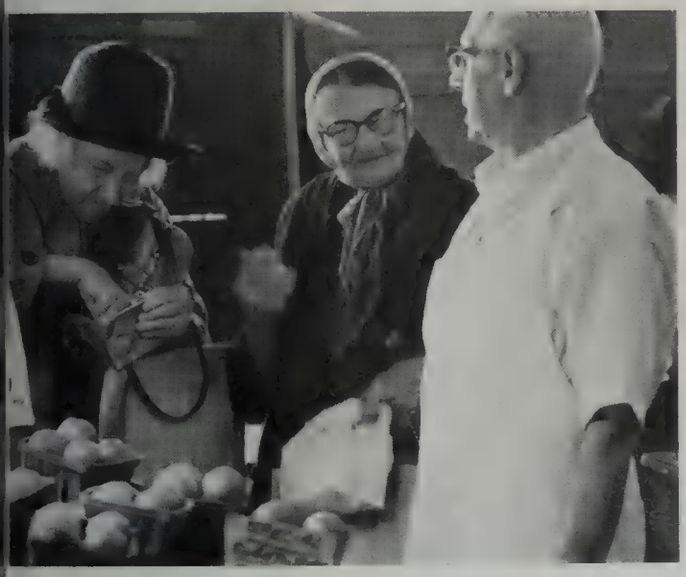
But most visitors come away with a feeling about mar people. Artist Mark Tobey wrote in an introduction to book of sketches and paintings, *The World of a Market* (U versity of Washington Press, Seattle, 1964; out of print): "C man could be from the Black Forest of Germany, and woman just passing the cucumber stall walks with the st liness of an Italian princess."

Drawings on these pages are from Victor Steinbrueck's *M ket Sketch Book* (University of Washington Press, Seat $7.95). Recently out of print, it is being reissued this mont



A maker *of flutes prepares to demonstrate his product*

Patrons *become old friends who visit as well as shop; they add zest and color to the market*



Secondhand *stores dominate the market's lower floors*

Conversation *and lunch are pleasant at this Market cafe run by a commune of young people*

BARROW M. WATT

Owner, *real estate man check road location and setback requirements, site house for view and sunshine*

November 11: *Package arrives, is unloaded by lift prongs on tractor*

How do you "try out" a vacation place idea? Here's a case history

How do you find a site and a plan for a vacation house? You might try them on, just as you do a suit. This is, in effect, what the owners of this cabin did.

While searching for a site they rented a friend's place; over a three-year period they spent a dozen weekends and parts of two summer vacations there looking for a piece of land that had a view, privacy, and a site to build on. With a comfortable base to work from, t search was fun.

Finding a house that would fit both t site and the family's needs was the ne step. It had to be large enough for mo est entertaining, substantial enough f eventual retirement, easy to keep u and inexpensive.

Prefabricated or precut houses seem to offer a good break on price and ea

ELLS MAR

Foundation *ready by delivery date. County code required continuous poured foundation, footings for deck posts*

November 20: *Subfloor, roof decking go up fast on precut, marked, and numbered posts and beams*

NORMAN A. PLATE

House *was ready to occupy July 15. Long lapse between pouring the foundation and holding this popcorn party is explained in text*

MICHAEL TILDEN

July 1: *Furniture goes in, but water, electricity, and road paving must be finished before occupancy. Asphalt shingles were placed over this temporary roofing paper*

of building. Many firms make such houses as their principal product; others (usually large lumber and building supply firms) offer them as a sideline. Most have models that you can inspect; some will refer you to owners who live in similar structures.

Before making their choice, the owners tramped through a dozen houses or more. They finally selected the one you see because of its good, clean lines; adequate space (1,136 square feet of enclosed area); and bright, airy interior spaces. Raw wood interior and exterior walls permit easy upkeep.

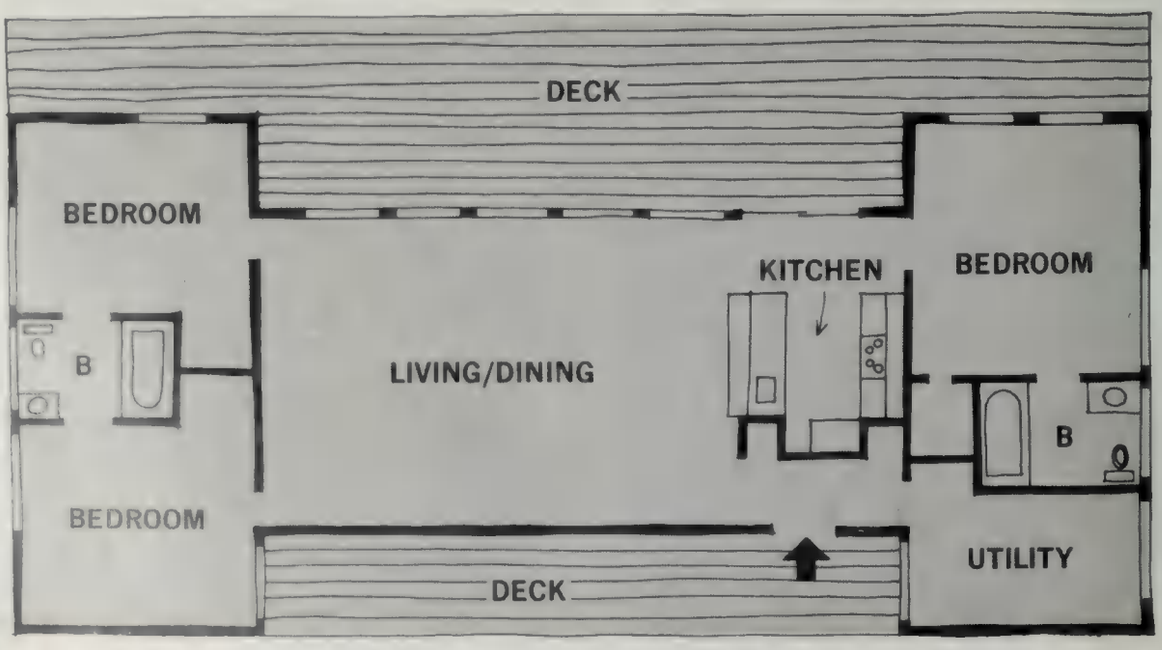
The house (exclusive of land) cost $17,000, which breaks down to about $15 per square foot—not bad for building in a relatively isolated area. The price also includes an additional 595 square feet of deck. Half this amount went for the "package": the truckload of lumber and materials for the house. The rest went to the contractor who prepared the site and put up the building.

If the owners could have furnished time and talent for the building process, they could have reduced the total cost considerably. As it turned out, the only work they did was piecework in the most literal sense: tiling bathroom and kitchen floors and the fireplace hearth.

Can you build such a place and move in by Christmas? If you own the land and utilities are available on the site you may. This particular house took eight months to finish. Part of the delay was caused by inclement weather (building began in November). A considerable part sprang from problems with underground utilities; it's difficult to coordinate activities of excavators, power people, water people, and pavers.

The shell was finished on March 13, but utilities and road construction weren't completed until July 15.

Can you rough it in the house without utilities? Don't count on it. Your building permit may not permit occupancy until everything has been completed and inspected.



Floor plan *is essentially a stock model; alterations included reversing master bedroom and utility room to capitalize on view, substituting fixed glass for certain windows, extra 5 feet of deck*

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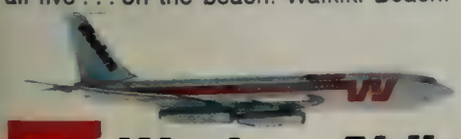

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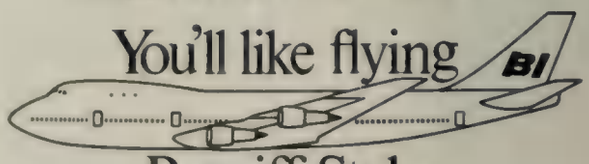

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Your own rug ıder foot...or on a wall...or facing a pillow

DARROW M. WATT

Wall hanging *seems to get admiring gaze. It's made in pillow-sized squares*

people can resist the temptation to their fingers into the soft, deep shag Scandinavian rug or pillow. In fact, rug or pillow maker can enjoy it al- ıt anytime, for even a rug-making iect can be as portable as knitting.

secret is to work with small sec- s. Use them singly or connect them a pillow, a wall hanging, or—the ul- ate—a full-sized carpet.

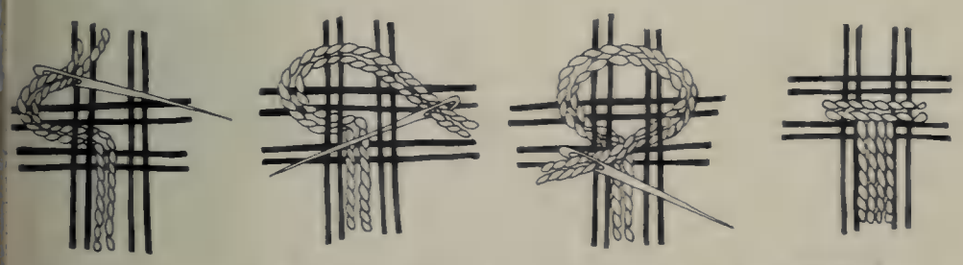
ı use the simple rya stitch (rya is the se word for "rough"), which dates k to the time of the Vikings.

ı'll need the following materials: rug king (we used 1 yard of 36-inch-wide king for the four squares needed to ke the wall hanging and pillow pic- ed at right), cotton rug yarn (between e and four 70-yard skeins for each inch square), a large-eyed metal tap- y needle (preferably with a small d at the tip), scissors, and rug bind- tape.

begin, cut the yard of rug backing ı four equal squares. Mark borders the square at least 2 inches in from sides. Mark the design with acrylic nt on the rug backing where you plan change yarn colors. Straight-sided geometrical designs are easiest for beginners and also best for a repetitive design. Bind off edges of the rug backing with masking tape to keep it from raveling and snagging.

Open the skeins of yarn and cut at one end; each strand will be approximately

Scandinavia's rya stitch ... in four steps



1. *Begin stitch right to left through backing*
2. *Loop yarn up and over to right of next strands*
3. *Bring the yarn down through next rug strands*
4. *Pull the knot down tight to hold in place; repeat*

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DARROW M. WATT

Thumb *is used to form loop for deep pile before stitch is finished*

50 inches long. Thread the large-ey tapestry needle with two pieces of t yarn. Two colors may be combined give a more subtle effect.

Begin at the lower left-hand corner the rug backing inside the marked border. With no knot on the end of t yarns, enter from the right side with t needle through the vertical strands the rug backing closest to the border, in step 1 on page 81, and pull it throug leaving a loose fringe of yarn appro mately 1¾ inch long hanging fr Loop yarn up and over (step 2) a bring needle through next vertic strands to the right of this fringe, brin ing needle out on the same opening the backing as the beginning yarn (st 3). Pull down to form knot (step 4).

Place left thumb on last strand of ya pulled down and start the next stitch the next strands to the right, keepi yarn in place with the thumb. Using t thumb keeps the loops of yarn (pi even. Pull yarn up against and loop around thumb and continue with ste three and four.

Continue the row with the same yarn the end or until changing colors. Alwa work from left to right, and from b tom to top.

When square is complete, cut each r of loops as pictured below. Commerc

Loops *are cut by rows after rug square is completed*

EGINNING DECEMBER 2

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Margaret Myers

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So you can see why I was so delighted with your gift of Crane's. It's actually my very own name at the top of the page.
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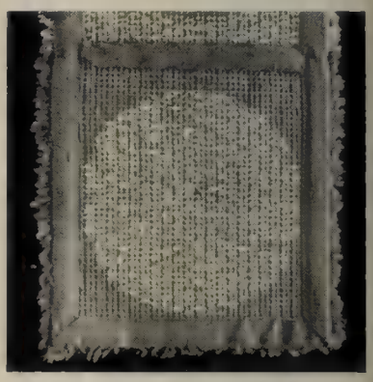
DARROW M. WATT

For hanging: *Stitch sections together securely with heavy rug yarn*

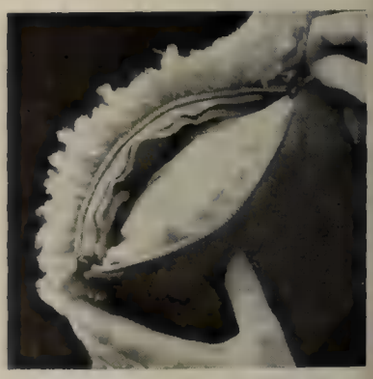


Stitch *rug binding to all edges on back of rug*

liquid rubber rug backing may be plied to the back of the rug to hold y in place, if desired. This is not rec mended for the pillows and the hangings, however.

To attach one or more squares, put ri sides of two squares together and m a running stitch with yarn along the backing closest to the marked off b der. Fold under rug backing edges slip stitch rug tape around outer ed and cover inner edges as shown abov

To make a pillow from one squ make a casing of complementary fal the same size as the finished rug squ with a zipper on one end. Attach square to pillow, tucking excess backing under. Make inner liner same size as pillow and fill with shred foam to stuff in pillow as shown belo



For pillows: *Foam-filled case fits into zippered pillow*

Chiffon. A towel for all reasons.

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Babies, pets, windows, whatever you need a paper towel around the house for, Chiffon is a towel for all reasons.

In shopping for an older house, consider the approach of the professional house inspector

When you're shopping for a house, especially an older one, it's useful to know how professional inspectors look at the premises. Otherwise, it is easy to succumb to the smiling owner's selling techniques. His softly playing stereo can disguise the roar of traffic on the four-lane highway in front. And who needs a modern kitchen or exhaust fan when the owner's wife is filling the house with the fragrance of freshly baked apple pie, as was the case in a recent San Francisco open house.

When the inspector enters, he immediately heads toward the dark and cobwebs of the crawl space or basement or to the attic. Here the construction of the house is exposed for the best look at what you may be living in after the apple pie is eaten.

In the basement, check that the beams offer support for the entire length of the house. To carry weight the beams must end over posts and not sag. To be protected against rot the posts should be footed in concrete extending 6 inches above the ground. If the entire floor is concrete, it holds down the moisture level. The floor joists should be "X-braced" one to the other for support. If they're not properly supported, the house will settle and the effects will be visible in the living area. Around the perimeter of the house, use a pocketknife blade to check that the wood is firm. Earth should slope away from the house in all directions.

There is usually a serial number from which the manufacturer can give you the age of the furnace. If you will eventually want air conditioning, are du already there? If not, it is more expe sive to add them later.

Check the capacity of the water heat The minimum size for a three-bathroo house is a 50-gallon gas or oil-fired st age tank with a recovery rate of at le 40 gallons per hour per 100° tempe ture rise. Electric heaters should larger, about 60 gallons of storage.

In the attic or the air space beneath roof, look for evidence of leaks on t underside of the roof boards and rafte If there is evidence of condensati perhaps the vents are inadequate or t roof is developing leaks. Is there insu tion between the studs?

Ask about sewage disposal. Is the hou connected to a sewer line? What are t root habits of trees growing near t line? Could they break the pipe? there a septic tank? When was it l cleaned? Check with municipal auth ities to see whether connection to a l will be required in the near future a what the assessment might be.

How are the water pipes?

To test the water pressure, turn on t faucets and then flush the toilet. If fl of tap water abates, the water pressu is low. The pipes may be clogged. If t water pipes have replacement secti

clamps, there has been and may con-
ue to be trouble. Older houses were
ually built with galvanized pipes; to
place them with more modern copper
plastic pipes means considerable cost
d inconvenience in cutting through
me of the walls.

ie consumption of electric current has
creased tremendously just in the last
years. Check the entrance service
nel which contains the main cut-off
itch. The current standard for mini-
um service is three-wire service to the
x with a capacity of 100 amperes.
pecially in bathrooms and the kitchen
here there is water, lighting fixtures
ould work by switch, not by a chain.
good place to check on the wiring is
the garage where it is exposed.

ie Federal Housing Administration re-
ires that no point of usable wall space
feet or more) along the floor line may
more than 6 feet from an outlet.

additional space possible?

a mild winter area, you can some-
nes add a deck or patio to gain out-
oor living space in a house that you
e but that is too small. Check the
alls you propose opening to see if they
e load bearing. The electrical wiring
the wall can usually be easily di-
erted. Rerouting the plumbing is more difficult. Find out how much of the lot the local building code will permit you to use for the building of an addition.

Has the owner renovated the house or simply decorated it? Expensive-looking plumbing and lighting fixtures and paint may impart a modern look. They can also disguise antiquated plumbing and electrical systems and structural faults. Other drawbacks such as a cracked wall can be hidden under veneer paneling, and a soft wood or plywood floor is disguised by wall-to-wall carpet. Check that the floor is in good condition around sinks and the washing machine where water can leak. If the owner has made additions, find out whether they were done with a building permit and whether they are up to local code requirements.

After you inspect the basement, look at the tops and bottoms of doors if you are worried about the house's settling. They may have been planed to fit the sagging door jamb. If windows stick, the cause also may be insufficient support for the house. All houses have small cracks as the house settles. Large cracks indicate some major problem.

A quick look at the eave line will tell you whether gutters are working. Discolored stains along the eaves are evidence of leaking.

It is often more difficult to determine the condition of the roof. You can expect trouble with many roofs more than 10 years old, so find out when the roof was installed.

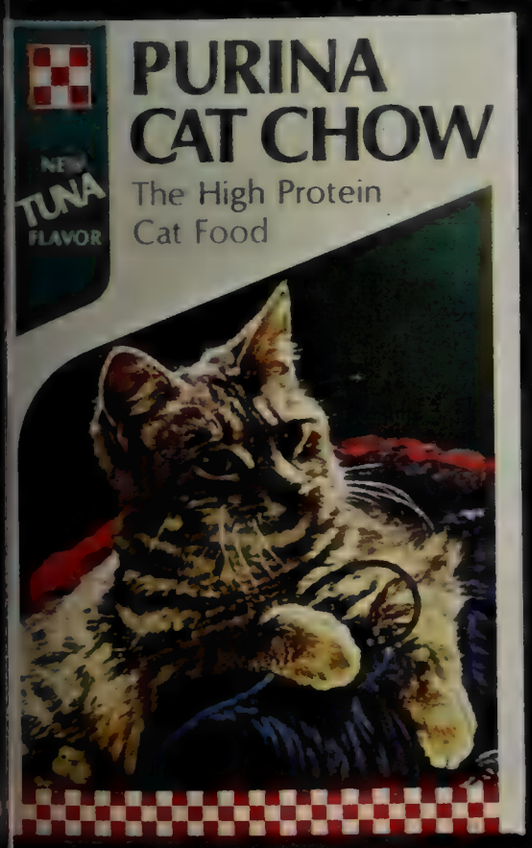
Hiring a professional inspector

If you have further questions after your own inspection, it will cost between $45 and $100 for a building inspection service, building consultant, or home advisory service (check the yellow pages of the telephone directory) to inspect the house and diagnose problems. Since the inspector does not do repair work, his assessment is impartial to buyer and seller.

The FHA has a complete list of minimum housing standards. If their standards are met, the FHA may guarantee your bank loan. Then if the house owner defaults, the lending institution will be reimbursed if it has to take a loss on the selling of the house. With its investment thus guaranteed, the bank may be more adventuresome in extending you a loan.

For a 300-page FHA construction guide, send $2.50 to Minimum Property Standards, Book Number 300, Superintendent of Documents, Government Printing Office, Washington, D.C. 20402. □

YUM.
(NEW TUNA FLAVOR)



Purina Cat Chow, the high-protein cat food, introduces new Liver Flavor and new Tuna Flavor.

Original Purina Cat Chow has been satisfying cats' protein instinct for a long time. Now, to keep those healthy cats happy, there are two new Cat Chow flavors—new Tuna Flavor and new Liver Flavor. So tasty, cats prefer them 3 to 1 over the nearest competitive dry cat food. And both new Cat Chow flavors have the highest protein of any cat food, canned or dry, just like Original Purina Cat Chow.

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5¢ STORE COUPON 5¢

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MR. DEALER: Ralston Purina Company will pay you the face value of this coupon plus 3¢ for handling, if you have received it in [illegible] with the terms of this offer and if upon request you submit [illegible] satisfactory to Ralston Purina Company. Invoices proving purchases of sufficient stock within the past 90 days to cover coupons presented for redemption must be shown on request. Any sales tax must be paid by customer. This coupon may not be assigned or transferred. Offer void where prohibited, taxed or otherwise restricted. Cash redemption value 1/20 of 1¢. To redeem this coupon mail it to: Purina Cat Chow, P.O. Box 1107, Checkerboard Square, St. Louis, Missouri 63188.

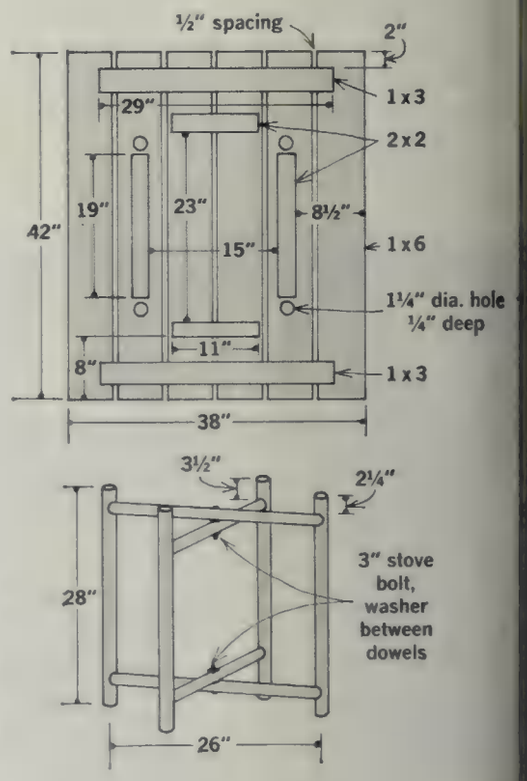
Good only on the purchase of Tuna or Liver Flavor Purina Cat Chow. Any other use constitutes fraud.

5¢ STORE COUPON 5¢

DARROW M. WATT

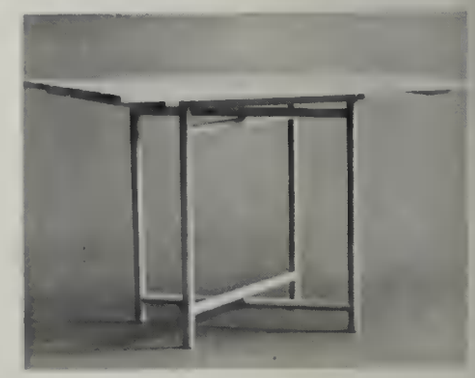
Take it along *on a picnic—legs fold flat under top for carrying. Set up, it keeps food up out of the sand. Work legs into sand to make top level*

Portable, adjustable table for the beach, patio, inside the house



This three-in-one table serves equally well on a picnic, on the patio, and inside the house. You can adjust it to heights of 16, 24, and 28 inches simply by altering the position of the legs. The low position is best for display of potted plants on the patio or for beach use (see photograph above). At middle height it can be a children's table or a coffee table. In the high position it becomes a dining or game table for adults.

It was built in a home workshop in about 4 hours. Materials (vertical grain fir) came to about $15. □



Three levels, *lowest at left. To get middle position, you turn leg assembly 90°, fit legs against opposite stops. For full height, upend legs (right); fit ends in shallow holes to keep them in position*

COME HOME TO COUNTRY QUIET

Soft rays of sunlight filter through a canopy of tall pines and proud redwoods. As the seasons change, the forest floor is carpeted with golden leaves, new fallen snow and then the green, again, of a Sierra springtime. But always... a quiet place, quiet country.

Big Trees Forest is for the country kind-of-man. It's a very special second-home community where you can own your own land and "come home" for weekends away from city pressures. Room to roam? We're surrounded by the Stanislaus National Forest. Next door is Calaveras Big Trees State Park, home of the giant Sequoia (photo above).

Active life? Twenty-two miles up the mountain is the renowned Ski Bear/Mt. Reba. And ten miles West is the gold rush town of Murphys where Mark Twain and Black Bart stayed at the old-time hotel. It still serves up a good country style meal.

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DARROW M. WA

Width *between strips of 1 by 1 is same as between bars of a crib*

Tumbling won't happen here

Once infants begin to crawl, they are frequently in danger of tumbling from high places. Outdoors on decks and terraces, the problem is a continual one.

David B. Commons of Los Angeles designed and built the railing shown above to protect his children from falling off a porch and stairway leading to the garden. It is sufficiently attractive that it will be enjoyed long after its safety function is outdated.

The railing is easily constructed from 4 by 4 posts and 2 by 4's of construction-grade fir, some 1-inch redwood stock, and finishing nails. The posts are positioned and notched for the bottom 2 by 4. One-inch holes, 3 inches apart, are drilled through the bottom 2 by 4 and only halfway through the top one, the banister, to receive the 1 by 1's. They are secured by finishing nails—through the side of the bottom 2 by 4, but through the top of the banister. □

A roof *can* be beautiful. But you've never thought about it.

Now that you've seen the Bird Architect 70, chances are you *will* think about shingles. So that when you plan to re-roof, or buy or build a new home, you can specify the most distinctive roof ever designed – a roof covered, protected and enhanced with the bold, brawny, beautiful Bird Architect 70.

It's a massive shingle – a real heavyweight of double thickness – covered with jumbo mineral granules that not only add beauty and desirable heft, but fine protection against fire, too.

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If you don't have a Master Charge card, you can apply for one at any Master Charge bank. After all, the best things in life are free.

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all over America.

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DARROW M. WATT

Nine graters: *Some you can use for everything; others are specialty items*

Your choice in graters . . . some multi, some special

An all-purpose grater is fine. But in your complacency you might never know all the other things you could do to cheese, chocolate, citrus, or corn with a special grater.

All the graters pictured here are available in gourmet shops and hardware stores. For a do-it-yourself grater, see page 94.

Multipurpose: Swedish grater box has three interchangeable blades ($4.50); four-sided grater, different grid on each side ($2.50); bowl with grater cover ($4); hand-held Oriental design (less than $1).

Special: Corn grater has two positions: One pierces corn for creamed-style, other removes kernels from cob ($1.50); colorful hard cheese grater with bowl, for table use ($1); nutmeg grater with storage for fresh kernels in top (50 cents); chocolate grater works like a pepper mill, use for garnish ($4); citrus grater, easy to handle, for grated peel (75 cents). □

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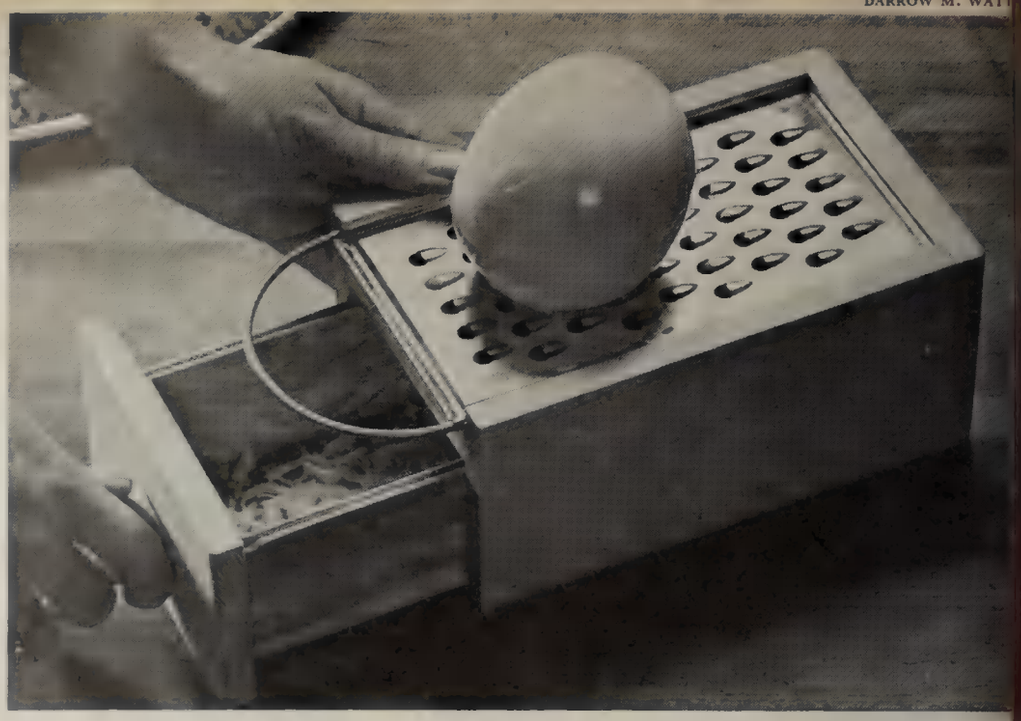
The mts Jason is [illegible]

DARROW M. WATT



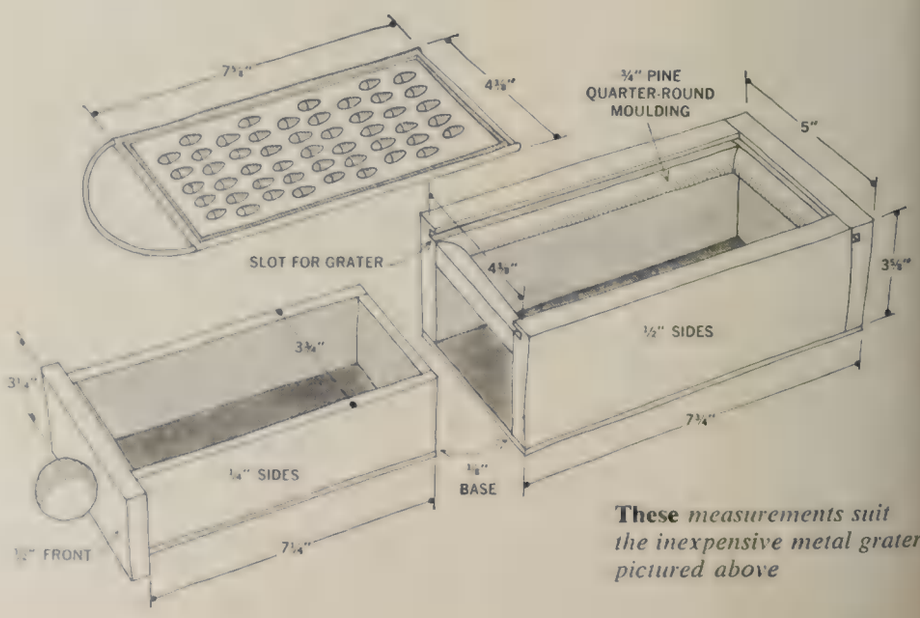
No fuss, no muss. *You grate cheese or whatever you need on top, then pull out the drawer*

This is a grater box

A big cheese grater for $1? That's about what this one costs in materials if you make it at home. Similar large graters, imported from Europe, sell for as much as $15.

The grater box is easily made with a radial-arm or table saw. First buy the flat metal grater (different brands vary somewhat in size) and dimension your box to fit. You might buy two or three different ones for coarse and fine gratings. The metal grater shown cost 22 cents; this type has a half-round handle at both ends. Cut off one handle to fit it into the box as shown, and file the cut ends smooth.

Assemble the box and drawer with glue and small finishing nails. Use ⅛-inch plywood or hardboard for the bottoms and a small round wood cabinet pull for the drawer handle. A good finish is a coat of salad oil, applied with a rag and well rubbed in. The salad oil is compatible with any foods you will grate. □



These *measurements suit the inexpensive metal grater pictured above*

Bigelow's sensuous plush for Scorpio.

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A 3"x 5" sample of Bigelow's Deaufield, and illustrated color chart of 25 available Deaufield colors and Bigelow's decorating booklet—"Great Beginnings"—is yours for 50¢ to cover the cost of handling and postage. Just use this coupon. In Canada write: Bigelow-Canada, Ltd., 5901 Trans Canada, Pointe Claire, Montreal, Quebec.

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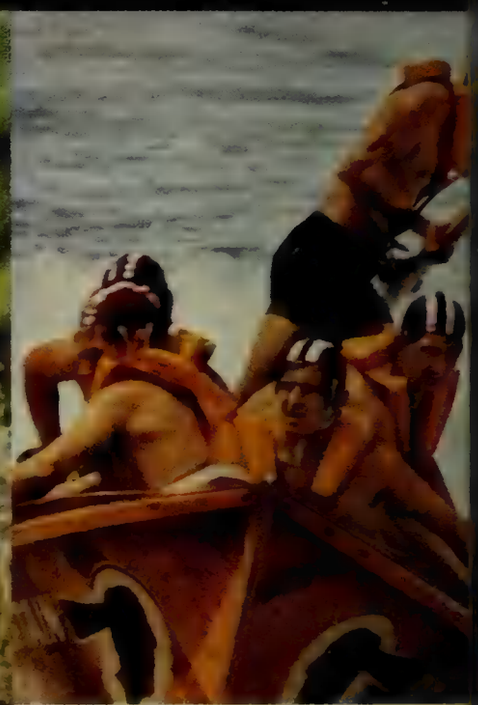
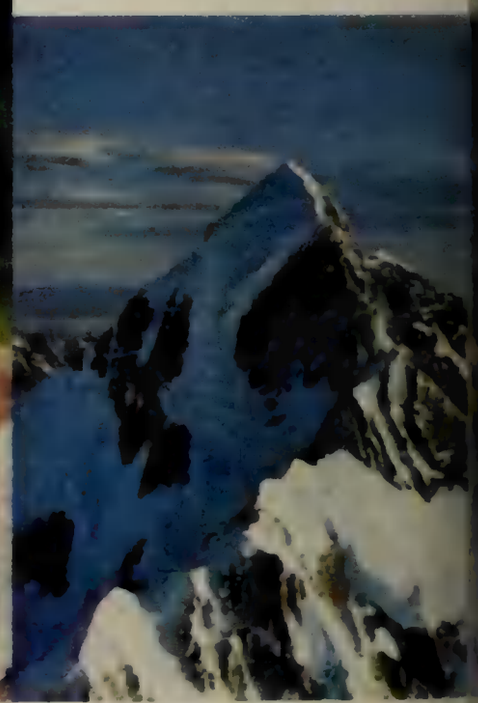


Give it a go. Australia's the place fo
the Bondi Beach surf carnival. Japan
sumo wrestling. Tahiti for skin divin
See the Dragon Boat Race in Hong K
Watch the Melanesian ladies play th
New Caledonia version of cricket. I



The Southern Alps. They're in New
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Be your own Captain Cook and disco
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geless Ones. Westminster Abbey otre Dame have nothing on the s of the Orient. Like this golden r in Thailand. Or the Holy Sultan e in Singapore. Or the Buddhist aries of Bangkok. To name a few.

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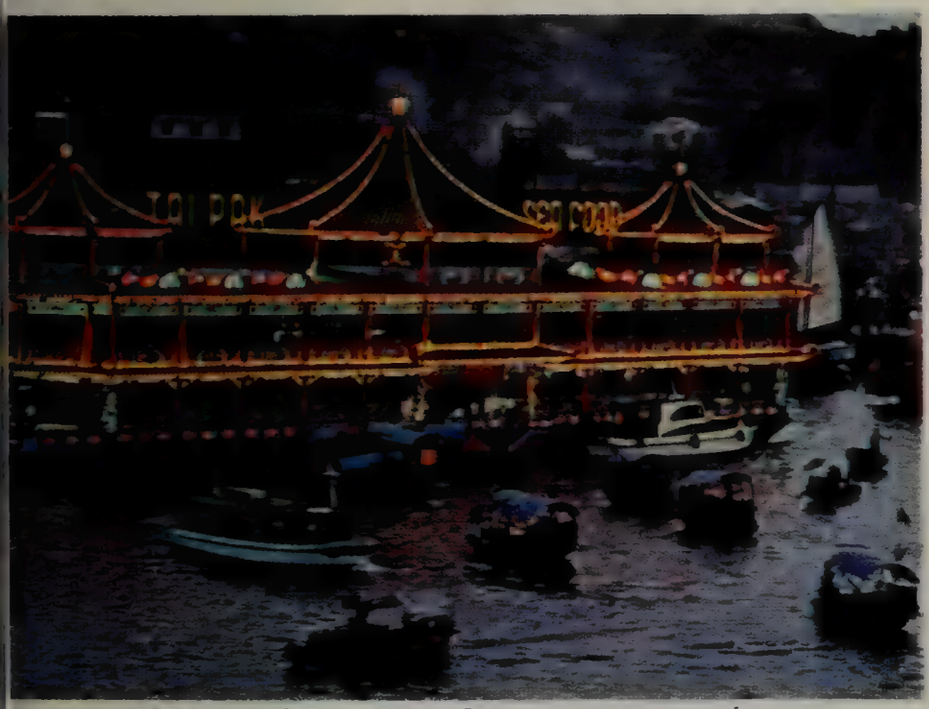

cooking? Visit one of Hong Kong's floating restaurants and see urself. And throw away your calorie counter as you sample Foochow balls in Formosa, Indian curries à la Fiji, prawns cooked in coconut amoa style, and he-man slabs of roast beef in Melbourne. Delicious.

The Pacific half. It's another world. As old as Eden. As new as now. A world different from any you've ever traveled in.

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With a dish of fresh water, they even fill your dog up like canned. (A can of dog food looks bigger because it's about 70 percent water.)

But that's only the half of what Gaines-burgers give you.

They also give you no cans to open. No spoons to wash. No plates to scrape. No leftovers to store.

And for all these nice little extras, you pay nothing extra.

Gaines-burgers. The canned dog food without the can.®

GENERAL FOODS

NORMAN A. PLATE

Polka-dot lunch bag *is roomy and can be sewn quickly*

The lunch bag that you don't throw away

-year-old Elena and Alexis are using :h bags they made themselves. After ng a 4-H Club sewing course, they :ded to make cloth lunch bags to re-:e the paper bags that are thrown y each day.

h bag takes about 15 minutes to sew. ı'll need ⅜ yard of heavy 45-inch-e fabric such as denim or sailcloth nake two bags. Also buy 1 yard of nch rope for each bag (or cloth tape ou prefer) and some plastic tape to ɔ the rope ends from fraying.

the fabric down the center fold to .e two rectangles. For each bag, fold ece of fabric in half, right sides to-er, matching selvage and cut edge; side and bottom edges together. ting next to a folded edge, stitch a nch seam allowance along the bot- and up the second side to within inches of the top; lock stitch. Skip ches to allow opening for the rope stitch the remaining ½ inch at the Press the seams open.

:h around the 2-inch opening ⅛ from the edge to reinforce the opening. Fold over the top edge ¼ inch; press and top stitch around the edge.

Skipping *2 inches in the side seam makes an opening for the cinch-up rope*

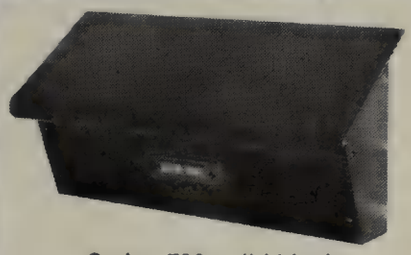
Fold over the top edge 1 inch to make a channel for the cord. Press and stitch about ⅛ inch from the bottom edge. Turn right side out and press.

Use a yard of rope for each bag. Wrap the ends with plastic tape. Feed the rope through the channel. □

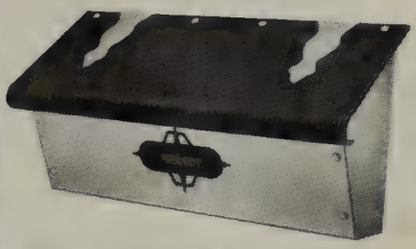
think m-d mailboxes

personalized FREE

Series 700 mailboxes are King-Sized measuring 16¾" wide, 8¼" high, and 6¾" deep. Ideal for holding the largest magazines. Series 500 measures 13" wide, 8¼" high, and 6¾" deep and has an attached magazine holder. Both series are made of heavy-gauge anodized aluminum, and come in a variety of gold, black and natural combinations.



Series 700 solid black



Series 700 black lid on gold box

Series 500 gold lid on black box

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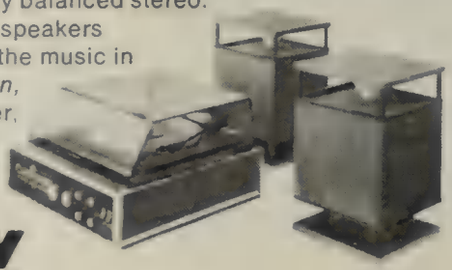

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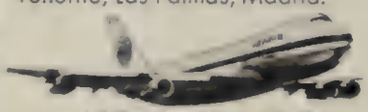
CANARY ISLANDS—WARM SUN
Tenerife, Las Palmas, Madrid.



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The romance of Spain is on every plane

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Dear Iberia: I am (a) romantic (b) very romantic (c) willing to learn, so please send me your booklets describing 28 of the world's most romantic tours.

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Address _____
City _____ State _____ Zip _____
My travel agent is _____
*Air fare based on GIT economy air fare from New York. 18 persons minimum. All fares subject to government approval. All fares subject to change without notice.

ELLS MARUGG

Short lengths *of 1 by 1 hold vine supports out from fence*

Star jasmine stems *wind in and out of the redwood strips*

A self-sufficient vine by each post

A long expanse of fence can make for monotonous view. The owners of th grapestake fence decided to enliv their fence by planting a series of st jasmine plants in front of each post. T support the jasmine they used wood strips in a simple pattern that lets t supports integrate with the fence.

Two 6-foot lengths of 1 by 1's are nail in three places through short pieces 1 by 1 onto each 4-by-4 fence post. T short lengths hold the full-length stri out from the fence to create a climbi space for the vine.

The jasmine plants are young now, b eventually they will wind up and arou the strips toward the top of the fence. bubbler-head sprinkler placed betwe each pair of wood strips concentrat the flow of water where it is needed a makes the plants maintenance free.

GE SERVICE
Spotless needed, always nearby.

Don't buy a built-in oven unless it's this revealing shade of gray.

Nothing can modernize your kitchen faster than a work-saver, self-cleaning oven. But before you buy one, make sure it's a nice light gray inside.

Like the "revealing" shade of gray you find in every GE P-7® Self-Cleaning Oven.

Revealing, because when there's dirt in the oven, you can see it and know to turn on the automatic self-cleaning.

By contrast, some "continuous clean" ovens are finished so dark inside, you can't even tell when they're clean.

But a GE P-7 Automatic Self-Cleaning Oven does more than just clean itself.

The JK29 27" built-in.

It cleans a lot of extras, too.
Like the oven door.
And the shelves.
And the inside of the window.
Even the aluminum reflector pans from the surface units.

GE offers you all this plus the largest range selection in self-cleaning.

And whatever GE built-in oven you choose whatever color, we'll give it to you in self-cleaning

The kind of self-cleaning that never leaves you in the dark when it's clean.

We build everything as if we had to use it ourselves.

GENERAL ELECTRIC

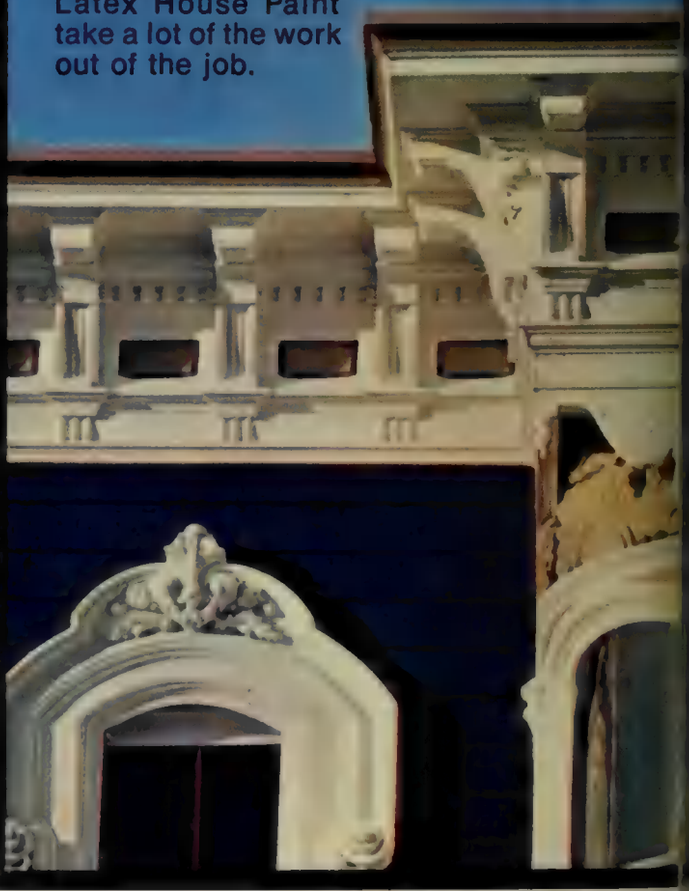
THE DUTCH BO

Nalcrete was developed by Dutch Boy for stucco, concrete block and other masonry houses. It's the granddaddy of all Dutch Boy® Latex House Paint.

Sunset on Telegraph Hill. Many Dutch Boy p are manufactured locally and specially formu for the region where they're sold.

No job is too big for the Dutch Boy, or too complicated. Dutch Boy makes paint products that shrink any job down to size.

It takes more than just the right paint to brin this style. Over 2,000 different colors of Dutch Latex House Paint take a lot of the work out of the job.



PAINTS THE WEST.

or wood stains are tailored to western tastes
estern needs, and many aren't sold anywhere
e West.

A house built to be a part of nature has to face all the elements. Extreme wind, sun and salt spray demand the best in protective surface coverings.

rn painting — like western living — is an art
own. The art of bringing the outdoors in and
doors out. No paint company's experience
leeper in this art than the Dutch Boy's.

Drop in and talk over your painting plans with your Dutch Boy dealer. He's trained to help you do the best job on your piece of the West.

NL INDUSTRIES

Put your wine on your wall...

. . . in this handsomely decorative barrel end! It looks and feels like hand-carved wood, yet it's lighter and stronger . . . *and* holds a full gallon of wine, punch or other beverage in a hidden hygenic container. Just turn the tap . . . and out it comes. It's easy to install and it's yours with either a ship or grape motif. Get your fun-barrel now. Just send $29.95 freight prepaid to:

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P.O. BOX 1402, BELLINGHAM,
WASHINGTON 98225

NAME _____

ADDRESS _____

_____ ZIP _____

Out on the patio. *Movable box goes wherever its owner wants to do her coloring*

Traveling toy box and drawing table

In the car. *Wedge on the low side makes the box-table level*

The top of this traveling box opens wide to become a drawing table, then slides back when the artist is finished. The box goes along in the car or out on the terrace. It holds toys, too, if drawing gets to be dull.

Hugh L. Slayden of Laguna Hills, California, grandfather of the young lady in the pictures, built the box. Here's how to duplicate it:

Cut two 11 by 17-inch sides of ½-inch plywood and two 11¼ by 12½-inch ends of 1 by 12 lumber or ¾-inch plywood. Rabbet the ends to receive the sides. Rabbet both sides and ends to receive the bottom; cut it from ¼-inch plywood or hardboard to fit.

Make sliding grooves for the tops by gluing and nailing three ¼-inch-square moldings, each 11¼ inches long, to either end, or by cutting grooves with a router or a table or a radial-arm saw.

Assemble the box using nails and glue. If you like, add a thin divider inside the box to separate crayons from pads of paper and coloring books (up to 9-by-12-inch size can be accommodated).

Drill finger holes or add wood hand (Mr. Slayden used ¼ by 1¼-inch tri 3 inches long).

The tops are two 11¼ by about 17-in pieces of ¼-inch hardwood. Smooth edges and corners with sandpaper.

When tops are together or closed, th can be secured by two pins or blu nails. Drill six holes in each top pie one in each corner and one in the mi dle of each end. Line these up with ho in the middle of each molding strip.

Open or closed, the pins keep the to from sliding out of position. Holes the corners are used when the table t is extended; ones in the middle are us when tops are closed. Small red do (nail polish) help line them up straig so pins drop through quickly. Take pr cautions if very young children will using the box; keep the pins tethered strings.

Colorfully painting the exterior and i terior is the finishing touch. Leave t hardboard tops natural.

At last...lemon freshness comes to automatic dishwashing

New lemon-freshened Palmolive Crystal Clear . . . a powder scientifically formulated to cut through egg, grease, film, dried-on foods.

Fresh from Palmolive comes the very first lemon-freshened automatic dishwasher detergent.

Sniff that lemony fragrance. Doesn't it say "fresh and clean"? You just know your glasses, dishes and silverware will come out sparkling clean and clear.

Palmolive Crystal Clear rinses away spots and streaks . . . even in hard water. And it gives you famous Palmolive Protection . . . safe for your fine china and delicate crystal.

So follow your nose to the newest idea in automatic dishwashing history . . . new lemon-freshened Palmolive Crystal Clear.

Convenient new package. Easy-open spout. No broken nails. No waste. Pours where you aim it. Easy to see how much is left.

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FREE

Ecology Decal Flag When You Enter

PROTECT OUR ENVIRONMENT

d-CON'S NATURE POWER SWEEPSTAKES

PLUS $2,500 in cash towards assembly of your home and the purchase of your homesite.

PLUS Telescope Patio Furniture Set (not shown)

This attractive Ecology Decal Flag is on display at your favorite store. It's yours free. You'll want to use it to show your concern for the environment. And, the back of the flag is your entry in d-CON's Nature Power Sweepstakes.

Every item in the Grand Prize is planned with an eye to giving you carefree, happy days in the great outdoors. Or win any of 3,635 other wonderful prizes in the d-CON sweepstakes.

But remember, *you can't win if you don't enter.* So, enter today at your favorite store. You'll find complete official rules and directions, plus your free Ecology Decal Flag, where you see the d-CON display.

d-CON Means Nature Power

The d-CON line of Aerosol Insecticides are fine-quality, highly-effective products—and best of all, they are not made with "hard" pesticide ingredients, like DDT. d-CON aerosol insecticides are based on Pyrethrum—a substance derived from the African Daisy. Pyrethrum and its synthetic forms have the peculiar property of being deadly to insects ...but relatively harmless to warm-blooded animals. Like you. And us. And pets and birds and ...

d-CON rat and mouse killers are Nature Power products, too. They contain no violent poisons. Instead, the basic ingredient in these pest killers is a synthetic derivative of a natural substance found in sweet clover. As a result of research on the special anti-coagulant properties of sweet clover, d-CON's highly effective rat and mouse killers were developed. Used as directed, they're safe even around children and pets.

Yes, d-CON means Nature Power.

DON NORMAR

Trash *dropped through hinged lids in utility room counter falls in cans below*

A trash drop in this counter

Many people have talked about recycling glass and metal, but separating them is often a nuisance, and storing them is a problem. This arrangement is one possible solution.

The Gebhard Sachses of Eugene, Oregon, drop the trash through a counter in the utility room. Three hinged squares are cut in the countertop. Below they keep three open refuse cans—one each for paper, glass, and tin. When the collectors stop for the cans, they remove them from the carport closet on the outside wall of the utility room where they're kept. With the doors closed, you would never guess that the trash is hidden there. □

Cans *full of categorized trash kept in carport closet, handy for pickup*

Wild Native Poncho!

Handwoven in Guatemala. Only $8.00 from Hormel Chili.

These lively ponchos are made for un and flings (just like Hormel Chili). Crafted by Mayan Indians in bold mitive designs and a wild assortment of colors. One size fits all.

here's nothing extra to buy, no labels to peel. Just promise us someday n you'll try Hormel's not-exactly-tame chili. Mail coupon at right with $8.00 cash or money order. We'll send your poncho pronto.

It's not exactly tame!

PONCHO OFFER
Box 133, Huntingdon Valley, Pa. 19006

Cross my heart, I'll try Hormel Chili. Enclosed find $_____ for ( ) ponchos. Circle color. White with choice of: light blue, lavender or black. All white. Or black with choice of orange, red, yellow, lavender, green, light blue, or royal blue.

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Hormel
FINE FOOD PRODUCTS

Litter. It's enough to make you sick.

Isn't it enough to make you stop?

Keep America Clean.
Keep America Beautiful.

Advertising contributed for the public good.

NORMAN A. PLATE

Powered *by works in wall, clock has kept good time for more than two years*

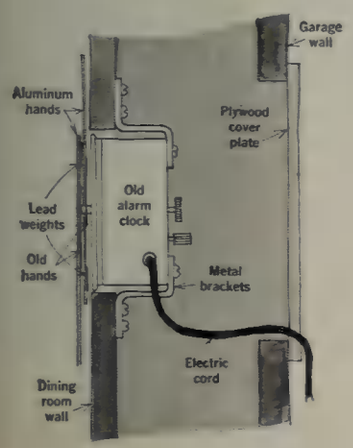
This wall clock is a clock wall

The large wall clock shown above solved two problems for the R. Davidson Keller family in San Jose: The large white wall in the dining room needed visual relief, and the Kellers needed a clock.

They cut a hole in their dining room wall and mounted a small electric alarm clock from the garage side (see diagram below). The thin sheet aluminum hands were cut out with scissors, glued to the old hands, and painted black. Small pieces of lead give them balance.

The 7-inch numbers were cut from scrap wood paneling with a saber-saw and glued to the wall. The minute marks are black tape.

The clock can be read clearly from several rooms in the house, and as an additional asset, their daughter learned to tell time by her fifth birthday. □



Directions West presented by Breuners...the idea Furnishers

The West has a unique feel for the sun, the land traditions inherited from a legendary past. It finds expression in natural fibers and textures, warm earthy tones and an inborn flair for turning the casual into a distinctly Western phenomenon. That's the essence of Breuners Directions West, a total-look environment that takes the best of Western tradition to create an updated yet still timeless, almost classic blend of furnishings that say "come in, make yourself at home."

From **Breuners Directions West** collection: 100" Saddle-Toned Vinyl Sofa, **449.50**. Tables with inlay cork tops under glass. . . . Cocktail, **169.50;** Hexagonal end table **129.50** . . Bentwood Rocker, **99.95** Stoneware Lamp, **79.95** . . . Gold-leaf Sunburst Mirror from Spain, **29.95** . . . Mayan carved Wall Panel, **30.00** . . . Floral Serigraph, **59.95.**

Breuners

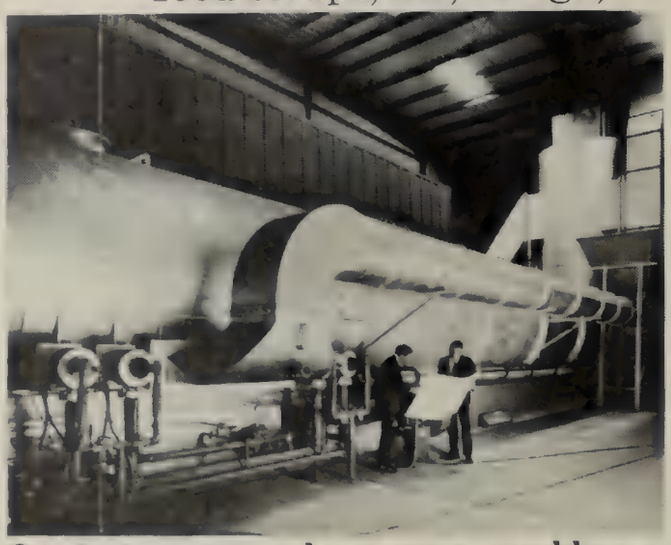
SACRAMENTO • OAKLAND • STOCKTON • CAMPBELL • SAN CARLOS • VALLEJO • RICHMOND
PLEASANT HILL • DALY CITY • RENO, NEVADA

These machines can help
And clean PG&E

It will take a lot of electricity and natural gas for the machines and processes to clean up our air and water and dispose of trash.

And more new machines are tackling the job every day.

One of these is a commercial gas incinerator that disposes of community trash. It can handle almost any kind of waste —food scraps, tar, sludge, bottles, cans, rags. And i reduces the disposal prol lem to slag or sterile ash

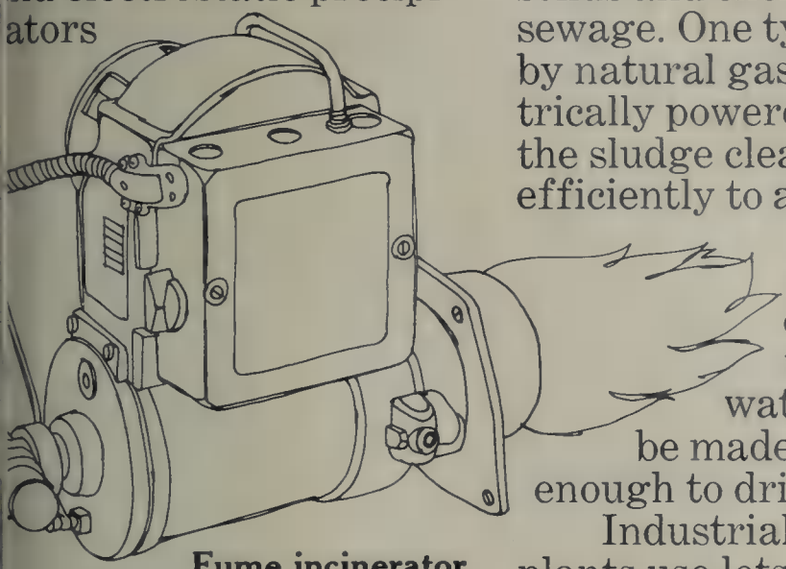


Gas incinerator reduces waste problem.

Many supermarkets, shopping centers, hospitals, drug stores and data processing centers are solving their solid waste disposal problems with an electric hydropulper. This machine reduces mountains of waste into molehills.

lean up the environment.
nergy runs them.

Fume incinerators nd electrostatic precipitators



Fume incinerator that fits in smokestack removes air pollutants.

do a great job. They remove particles and odors from industrial fumes so impurities don't reach the air we breathe.

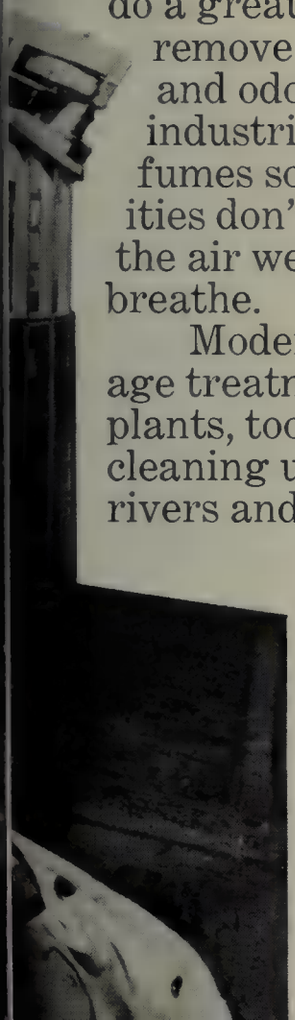
Modern sewage treatment plants, too, are cleaning up our rivers and bays. They remove most of the solids and chemicals from sewage. One type, fired by natural gas and electrically powered, burns the sludge cleanly and efficiently to a fine ash. With enough energy, waste water can be made pure enough to drink.

Industrial plants use lots of energy in processes to purify waste water released into waterways.

Glass, metal and paper recycling processes, garbage disposal plants and electric mass transit systems are among scores of other ways to do the big job of environmental housekeeping.

PG&E is supplying all the energy needed here for these essential services. And we must continue to build the necessary facilities ahead of the demand for the many vital tasks in homes and industry that depend on clean, reliable natural gas and electricity. We take pride in doing the job efficiently.

New sewage treatment plant releases odorless, high quality water.



Hydro-pulper processes 100 to 2,500 pounds of waste per hour.

PG and E

Are you a prospect for the Peace Corps?

Answer these 2 questions and see.

1. Are you experienced in some occupation or trade, such as engineering, farming or teaching? OR . . .

If you are a liberal arts major with no specialized training, would you be willing to be trained by the Peace Corps for a program based on your aptitudes?

2. Do you have a genuine desire to work in partnership with people in other parts of the world, helping them improve their lives?

If your answers to both questions are "yes", you are a prospect for the Peace Corps.

Young people just out of college. Mature people with seasoned skills. The Peace Corps today needs both. Want to know more? Write to: Washington, D.C., 20525

NORMAN A. PLATE

Four file boxes *framed in redwood make this roomy file cabinet*

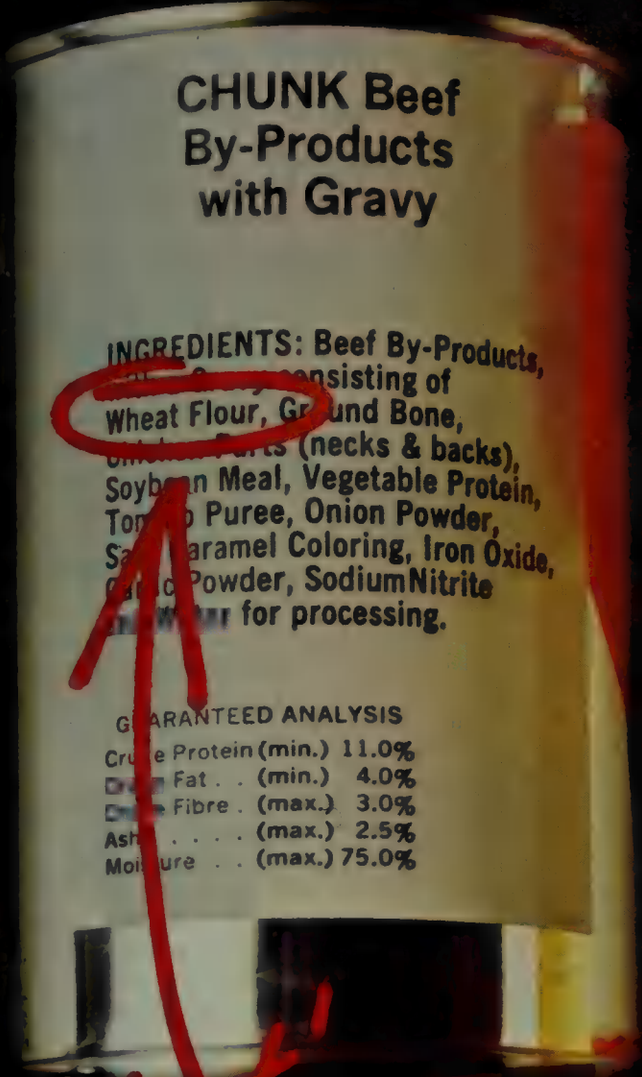
A four-file cabinet costing less than $25

This lightweight file cabinet is easily built for less than $25. The drawers are cardboard file boxes that can be purchased at any office supply store. Here the front panels are covered with an attractive plastic film with a mirror surface. Porcelain knobs replace conventional drawer handles.

The frame that supports the file boxes is ½ by 6-inch rough redwood fencing cut to fit the outside dimensions of the boxes. The boards are joined at the sides with ¼-inch corrugated fasteners driven from the inside. Threepenny finishing nails and glue secure the end joints. Since the wood is only ½ inch thick, one must be careful to drive the nails straight and not split the wood.

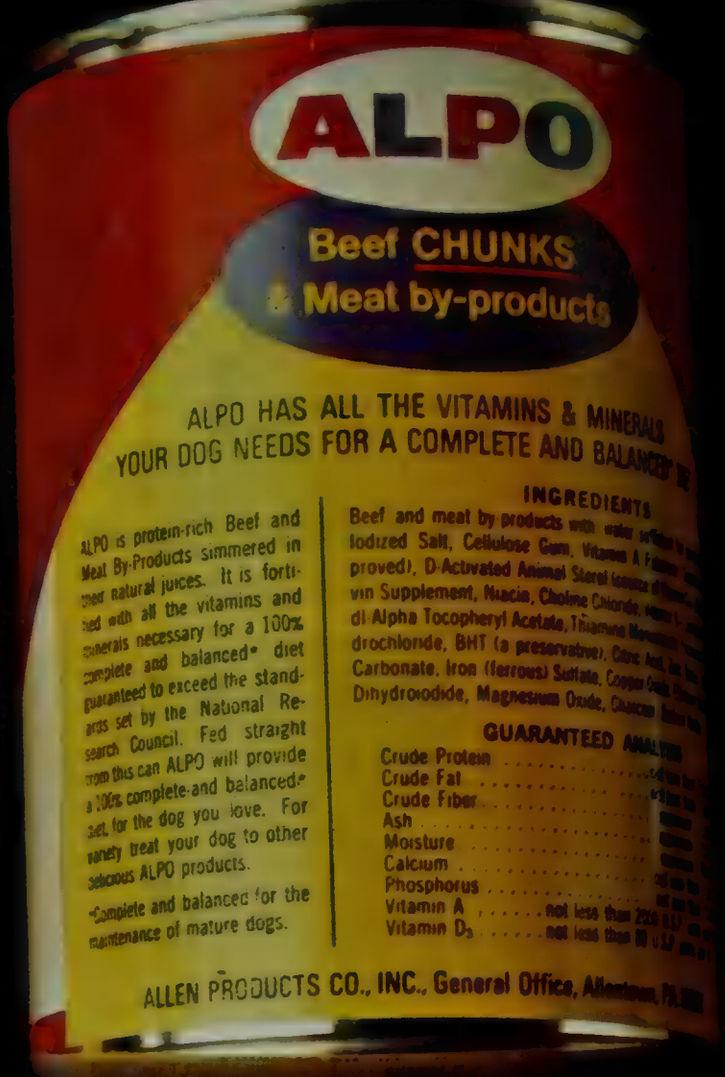
The back is left open because the boxes are about an inch longer than three widths of the fencing. This cabinet was left unfinished, but it could be stained or painted if desired. □

Yours?



That's cereal!

Ours.



(Read the labels.)

ALPO means
more meat—
and a complete
and balanced diet.
Without a
speck of cereal.

© 1971 Allen Products Co., Inc., Allentown, Pa.

Sound control for a new attic or basement room

When a basement or attic provides unfinished space, it is tempting to consider adding on a room. Unless you need to excavate or to alter the roof line, it is one of the least expensive ways to gain an additional living area. One problem it may present, however, is how to prevent the new noise intruding on the level immediately above or below.

The noise might well be incompatible with the established use of the existing rooms. If the first floor rooms are for public activities—entertaining, cooking, and indoor recreation—it would be difficult to sleep beneath the commotion. If the new basement space is for a playroom, will war whoops and music complement formal entertaining in the living areas above? Unless the attic space is used for sleeping, any activity would intrude on those below.

Keeping the sound within the room

The sound from the new room should not be allowed to escape—it needs only a small crack in the masonry or plaster. The wall joints should be carefully caulked or taped, and enlarged holes around pipes or electrical outlets should be caulked. Ducts for heat and air conditioning can help noise travel from room to room. To cut down on sound transmission, consider installing acoustically absorbent duct lining. If the ho is built with a balloon frame, wh sound can travel from floor to floor tween the studs, attach fiberglass or m eral batting between the studs.

Absorbing the sound

One of the most common sound abso ing materials is tile, usually of cellul or mineral fiber. The tiles are porc and punctured to permit sound to pe trate and dissipate in a labyrinth in interior of the tile. They absorb highest percentage of sound in the m dle and high frequencies. A foot-squa tile costs 16 to 30 cents.

They can be used the following ways, order of increasing effectiveness.

Cement them to existing plasterboa (dry wall construction is still required many fire codes).

Nail them to furring strips 12 inches center.

Include them in a new suspended ce ing. The usual practice is to cross t room with metal channels attached the walls. The tiles are inserted alo the channels. If the ceiling is lower several inches or more, the air space w give extra soundproofing. (Check whet er the ceiling is high enough for t local code to permit such lowering.)

The quality of absorption can be furth improved when tiles are combined wi sound deadening board, which provid maximum absorption in the lower-fr quency regions. The board usual comes in 4 by 8-foot panels; the ha inch thickness costs about $3 a panel.

Acoustical plaster ceiling

This ceiling is soft and relatively crac free. It must be applied to a clean, ha surface, usually by a professional pla terer. Even then, especially when a plied by machine (at about 22 cents foot), it is not as effective as tile.

Within a room, drapes, fabric-covere stuffed chairs, clothes in an open close and a carpet are all excellent sound al sorbers.

Cushioning impact from floor above

Even though the room itself is quie sound from above must not intrude. carpet and pad muffle the thump overhead walking. If appliances or othe machinery cause vibrations, conside placing them on fiberglass, rubber pad blocks of cork, or even on small ste spring mounts.

"Honey, when you've got a wife who's 5'2", she needs a powerhouse of a vacuum cleaner."

"This Kenmore Powermate® vacuum has the most powerful motor you can buy for home use ...upright or canister. Takes me a lot less time to vacuum than it used to. With the revolving Beater-Bar Brush, dirt practically leaps out of that shag.

Look at how it adjusts from this low pile rug to deep shag. I just touch the pedal with my toe. It adjusts to four different heights.

You really get the advantages of both an upright and a canister. 11 attachments, too. Wow."

"Well, 'Shorty,' looks like we got a real buy. These Sears vacuums are built to last. Sears service too, if we ever need it."

Sears

Kenmore Powermate®

Model No. 2197

At most Sears, Roebuck and Co. stores and in the catalog.

Presenting the best thing that ever came between two meals.

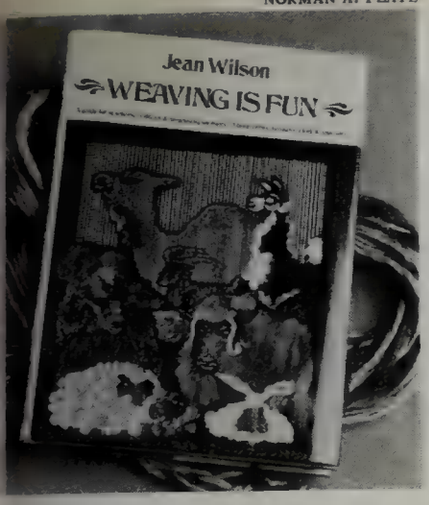
If you like to nibble between als, chances are you fill up on a of empty calories. But now you n't have to. Because now you can ble on something that does a lot re than just fill you up. We call em Food Sticks, and they are de by Pillsbury.

Food Sticks are chewy, creamy le treats. Yet they're designed so it every single bite gives you a ance of protein, vitamins and nerals. So when you start eating od Sticks, you end up with a lot re than good taste. You end up h good, balanced nutrition, to ot.

Try Food Sticks in chocolate, amel, peanut butter or chocolate lt. At about 44 calories each, ey're the best thing that ever came tween two meals!

Dole
pineapple chunks
IN UNSWEETENED PINEAPPLE JUICE
Packed in its own juice
No sugar added
A natural with fresh fruit.
Natural pack pineapple.
No sugar added – just the best part of the fruit in its own juice.

NORMAN A. PLATE



ver shows tapestry woven by author, picting the yarn-producing animals

An introduction to weaving

the teacher or beginning adult ver, *Weaving Is Fun,* by Jean Wil- (Van Nostrand Reinhold Co., New k, 1971; $8.95) is a good new guide his increasingly popular craft.

of the things it does is to trace the orical development of weaving, be- ning with baskets. In early cultures kets were cradles for the newborn, is for gathering fish and mollusks, ing pots for food, and mats and sit- ns. Weaves and fibers differed, de- ding upon the use. But weaves and igns incorporated in these baskets e an inspiration to textile weavers.

transformation from yarn to fabric lso shown: Step by step you see wool from sheep to yarn, cotton go from nt to fiber, silk go from worm to reel- You see how each yarn makes a inctive cloth.

s. Wilson makes it clear that you t need a large, elaborate loom to be- ne a proficient craftsman. In fact, she ourages you to try a variety of hand- de looms: made from cardboard, e box lids, pencils, picture frames, or ks. On them you can learn warping the three basic weaves: plain, bas- and twill.

author then takes up tapestry weav- flat weaves, lace construction, and -form weaving, all of which suggest re advanced projects for experienced vers.

m both children and adults she col- ed experiences of student weavers as kground for a chapter especially for ving teachers. A final section pre- ts an array of weaving that includes h contemporary and traditional ms, as a convincing demonstration t weaving really is fun. □

Goddard's Dry Clean

For people as fussy about their clothes as the British.

The meticulous English use a spot remover that lifts stains from fine woolens and synthetics safely and swiftly, as if they never happened. Just spray on and brush away. In just two years it has become England's best selling aerosol spot remover; and we're sure it will do the job for you. Goddard's Dry Clean. Sold only at America's finest stores.

J. Goddard & Sons, Ltd.
Frimley Green, Surrey, England

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Goddard products are available at these and other fine stores in your area:

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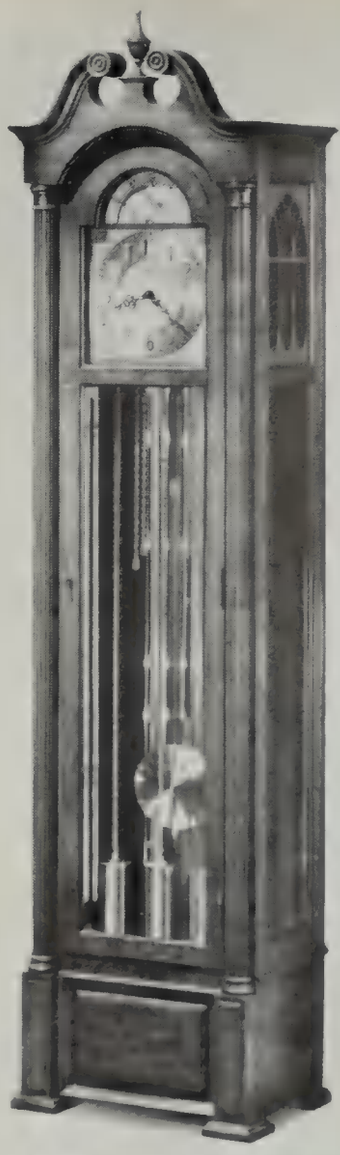


Become the original owner of a future antique. We'll even put your name on it.

JOHN H. DOE

Your name in brass on this elegant heirloom, alongside the official registration plate, will attest to your good taste for generations. Extra thoughtfulness offered only by Barwick. Send for our brochure.

BARWICK CLOCKS

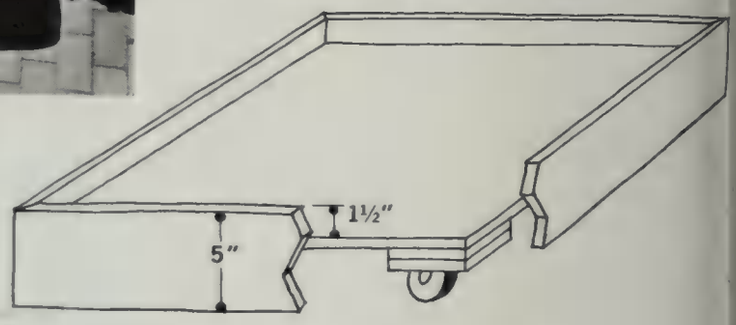
Division of Howard Miller Clock Co
Zeeland, Michigan 49464

DARROW M. W

A trio *of pallets is just ab the right length for stretch out and soaking up some*

The swing-around *patio pallet provides impromptu seating*

Made *of low-cost materials, the pallet is a very simple platform mounted on pivoting casters*



Roll-around patio pallets

These patio pallets lead a double life. As individual seats they roll around the patio to follow the crowd. Joined up in a string of three, they become a comfortable lounge for sunbathing by the pool. Since they're easy to construct, you may want to make several sets. Materials cost about $7 per pallet, not including the cushion.

The polyurethane cushions were made at an upholstery shop that deals in foam rubber. One side and the edges are covered with a white vinyl cloth-backed fabric that is easy to wipe off. The other side is white duck (cooler for sunbathing). The cushions are 23 inches square and 4 inches thick. If you use lightweight material, you could make the covers with a home sewing machine.

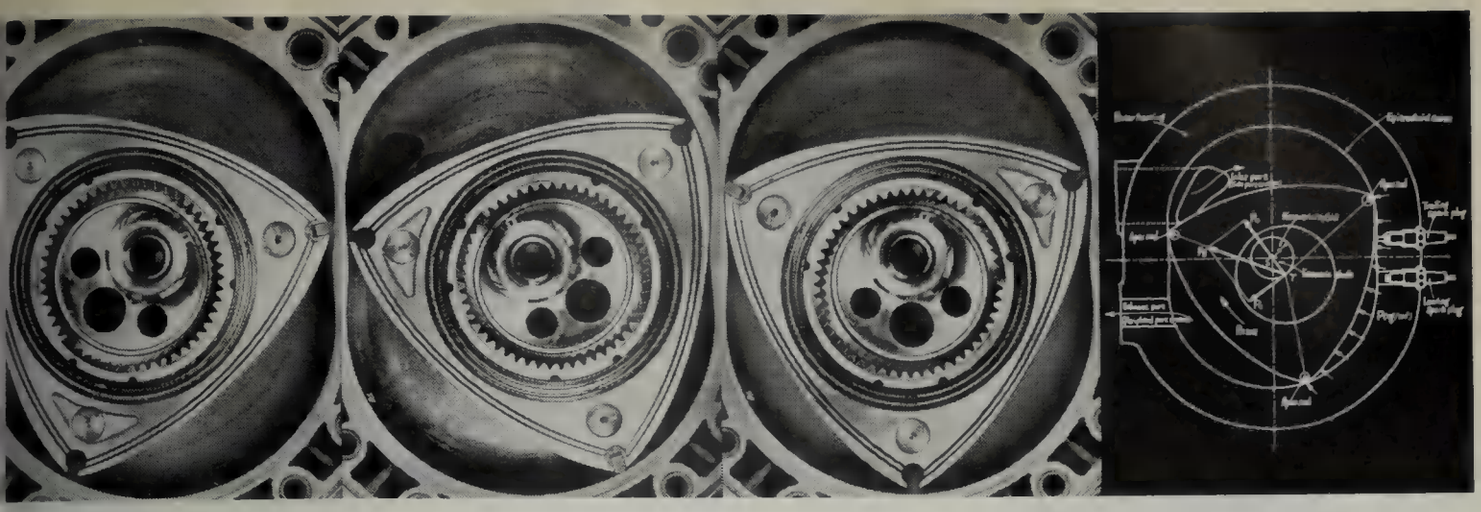
To make three pallets, you'll need a half sheet (4-foot square) of ¾-inch exterior plywood, 26 feet of ½ by 6-inch woo and a dozen 2-inch pivoting casters.

From the ¾-inch plywood, cut 3 cu ion bases, each 24 inches square, and caster pads 4½ inches square. From t ½-inch stock, cut 12 sides 24 inch long (to the inside of the miter at ea end); then ripsaw them to 5-inch wid

Using waterproof glue, assemble and n the four sides to the base as sketch above. Glue and nail four double cast pads to the underside of each se Then mount the casters 2 inches in fro the sides.

Paint the pallets in bright enamel. If y make more than one set, contrasting c ors will make them even more lively.

The pallets were designed and built Gordon Hammond of Palo Alto, Ca fornia.



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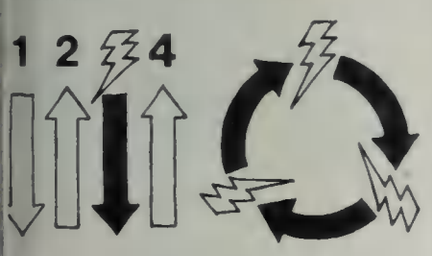
t's the Mazda rotary engine. And it's simpler and more efficient than the ine in your car.

Revolutionary



Piston engine

s gasoline burns a cylinders, istons are forced p and down. his vertical mo-on must be hanged into otary motion to urn car wheels.

Rotary engine

This logically-designed engine has no wrong-way motion. No need to change directions. It spins out smooth, constant rotary motion from the beginning.

DA ROTARY ENGINE: LICENSED BY NSU/WANKEL s of June 15, 1971

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We know—the Mazda rotary is new to you. And new to America. But not to the rest of the world. Over 150,000* of them have proved their rugged reliability on the roads of France, Canada, Australia and 51 other countries. Now, for those Americans who feel they're ready to switch, we've built some beautiful cars around the rotary powerplant. There's the already world-famous R100 coupé and the sleek new RX-2.

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Sunset's Kitchen Cabinet®

The late summer harvest inspires good cooks to plan menus around fresh fruits and vegetables. Here are recipe suggestions chosen also with an eye toward simplicity.

Thick tomato slices are topped with spinach to make a colorful veget le accompaniment for meats or fish As a change from the usual, cut the c n off the cob and turn it into a o salad. And for a special dessert, s worth the effort to bake a Ba tt

Baked tomatoes with spinach and cheese are good served with chicken and rice

Spinach Baked Tomatoes

You can prepare these ahead to bake briefly before serving.

- 6 to 8 thick slices of large tomatoes or tomato halves, peeled
- Garlic salt and seasoned pepper
- ½ cup finely chopped onion
- 3 tablespoons melted butter
- 1 package (10 oz.) frozen chopped spinach
- ⅓ cup crushed bread stuffing mix
- 1 egg, lightly beaten
- Salt and pepper to taste
- 2 tablespoons grated Parmesan cheese

Arrange the tomato slices on a greased, shallow baking pan. Sprinkle lightly all over with the garlic salt and seasoned pepper. In a medium-sized frying pan, sauté the onion n butter for about 5 minutes. Add e spinach; heat and break it apart a it cooks until spinach is tender and e water is almost evaporated.

Remove from heat and stir in e stuffing mix and egg. Season with lt and pepper to taste. Mound part f the spinach mixture on each tom o slice, using 2 spoons or an ice cre n scoop. Cover and refrigerate if s sired. Just before serving, sprin e with cheese and bake, uncovered n a 350° oven for about 15 minutes r until heated through. Makes 4 t 8 servings.—*J. B., Stockton, Calif.*

Cut the corn off the cob; combine with crisp salad vegetables and dressing

Fresh Corn Salad

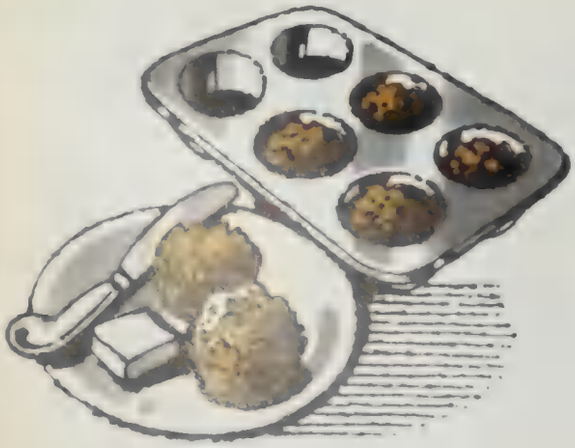
You might plan to have leftover cooked corn to use for this salad.

- 6 medium-sized ears corn, cooked
- 1½ cups thinly sliced celery
- 1 red bell pepper or green pepper
- 3 green onions, thinly sliced
- 2 tablespoons minced sweet pickle
- ⅓ cup mayonnaise
- ¼ cup sour cream
- 1 tablespoon vinegar
- ½ teaspoon *each* salt and Worcestershire
- ⅛ teaspoon pepper
- ½ teaspoon prepared Dijon-style mustard
- ¼ teaspoon basil, crushed
- Lettuce

Carefully slice off the outer portions of corn kernels; then scrape with the back of a knife to remove remain g corn from fibrous material. In a b l combine corn, celery, half of the d bell pepper (chopped), the onic s, and pickle. Cover and chill.

In a small bowl combine the m onnaise, sour cream, vinegar, s t Worcestershire, pepper, mustard, d basil; cover and chill.

Before serving, combine the ve tables with dressing; mix ligh Serve on lettuce leaves or in a lett lined salad bowl. Garnish with maining red or green pepper, cut rings. Makes 6 to 8 servings.—*D. Watsonville, Calif.*



Serve these hot muffins with butter and offer honey or orange marmalade

Orange Rye Muffins

The tangy flavors of fresh orange and yogurt blend well with rye in these breakfast muffins.

- 1 cup *each* rye and regular all-purpose flour (both unsifted)
- 1 teaspoon baking powder
- ¾ teaspoon salt
- ½ teaspoon soda
- ⅓ cup brown sugar, firmly packed
- 1 egg
- ¾ cup unflavored yogurt
- 1 teaspoon grated orange peel
- ¼ cup fresh orange juice
- ¼ cup melted butter or margarine or salad oil

In a large bowl combine both kinds of flour with baking powder, salt, soda, and sugar. Mix until well blended. In a small bowl, beat the g lightly; mix in the yogurt, ora e peel, orange juice, and melted but Make a well in the center of the fl r mixture and add liquid ingredie s all at once. Stir with a fork j enough to blend ingredients. Sp into well greased, medium-sized m fin pans, filling them about ⅔ f Bake in a 400° oven until nic browned, about 20 minutes. Turn of pans and serve hot. Makes ab 15 medium-sized muffins.—*B. Bellingham, Wash.*

If any muffins are left over, try th split and toasted the next day.

· pie with pecan crumb topping.
invite your nominations of orig-
recipes. Mail them to Home Eco-
ıics Department, *Sunset Maga-*
, Menlo Park, Calif. 94025. We
$10 for each recipe published.

Sausage with beans, orange with rye, spinach with tomatoes, pecans and pears

ıl with Cheese and Mushrooms

ı could replace the wine used in
recipe with 1 tablespoon lemon
e and 5 tablespoons water.

- 1 pound veal cutlets, cut in serving pieces ¼ to ½ inch thick
- About ½ teaspoon garlic salt
- ½ cup freshly grated Parmesan cheese
- 1 egg beaten with 1 tablespoon water
- About 1 cup fine dry bread crumbs
- About 3 tablespoons *each* butter and olive oil
- ½ pound fresh mushrooms, sliced
- ⅓ cup dry white wine

inkle veal with garlic salt and
ese; pound gently until all the
ese adheres to meat. Dip each
:e of meat into egg mixture; drain briefly, then coat with crumbs, pressing them in. Arrange in a single layer, cover, and refrigerate for at least 2 hours.

Heat a large frying pan over medium-low heat. Put in 1 tablespoon *each* butter and oil and as much meat as fits without crowding. Cook until browned on both sides, about 7 minutes, adding more butter and oil as needed. As meat is browned, remove to serving plate and keep warm. Sauté mushrooms in remaining butter and oil. Add wine to pan, bring quickly to boiling, then serve with veal. Serves 4.—*S. J., Ventura, Calif.*

A pound of veal cutlets, cooked this way, makes four quite adequate servings

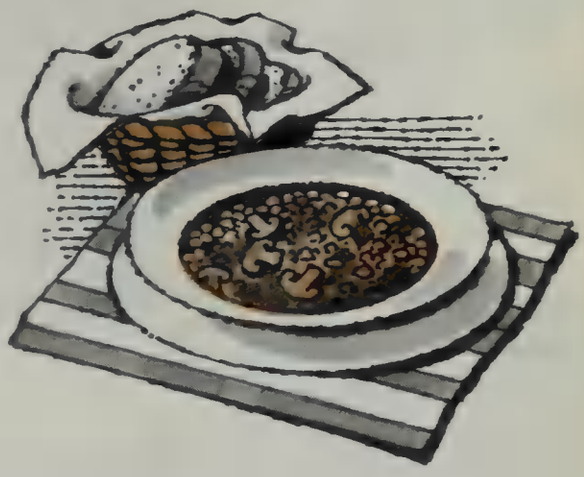
ısage Bean Soup

s soup has a light, summertime
or thanks to fresh vegetables.

- 1 pound dried small white beans
- 2 quarts cold water
- ½ pounds ground pork sausage meat
- 1 large onion, chopped
- 1 cup sliced mushrooms
- 3 medium-sized fresh tomatoes, peeled and chopped
- 1 teaspoon salt
- ¼ teaspoon pepper
- Sour cream (optional)

sh and pick over the beans, and
into a Dutch oven or other large
. Pour over the water. Bring to
ling; boil for 2 minutes, remove
n heat, and allow to soak for 1
ır or longer. Without draining beans, return to boiling; reduce heat and simmer, covered, for 1½ hours.

Meanwhile crumble the sausage into a frying pan; sauté, stirring, until browned; remove with a slotted spoon and add to beans. Discard all except about 2 tablespoons of the sausage fat in frying pan. Add onion and mushrooms and sauté until lightly browned. After the beans have cooked 1½ hours, add the sautéed vegetables, tomatoes, salt, and pepper. Cook about 30 minutes or until beans are tender. Top with sour cream, if you wish. Makes about 6 servings.—*M. M., Everett, Wash.*



Fresh mushrooms and tomatoes enhance main dish soup for lunch, supper

:an Crunch Pear Pie

ke it this month with firm-ripe
tlett pears. Add a whipped cream
ping if you wish.

- Pastry for a 9-inch pie shell
- ¾ cup chopped pecans
- 6 cups sliced, peeled, Bartlett pears (about 7 medium pears)
- ⅓ cup granulated sugar
- ¾ cup flour
- ½ cup brown sugar, firmly packed
- 1 teaspoon cinnamon
- 6 tablespoons butter or margarine

:pare the pastry and roll out to line
-inch pie shell with a fluted edge.
inkle ¼ cup of the pecans over
tom of pastry; press in lightly.
ill pastry while preparing filling and topping. In a bowl combine the pear slices with granulated sugar and 2 tablespoons of the flour. Mix well. In another bowl, combine remaining flour and pecans with brown sugar and cinnamon. Add butter and rub between your fingers until it holds together in pebble-sized crumbs. Turn pear mixture into the pastry shell; distribute crumb mixture evenly over the top. Bake in a 375° oven until the pears are tender and topping is browned, about 40 minutes. Serve slightly warm or cooled. Makes 6 to 8 servings.—*I. R., North Sacramento, Calif.* □

Fresh pear pie has pecans pressed in bottom crust and in its crunchy topping

You can make one weeks or days ahead . . .
it will wait patiently in the freezer

DARROW M. WATT

Freezer tortes *in four flavors and assorted shapes: Fresh orange (top left) has chocolate cooky crust; coffee crunch has garnish of nut brittle; chocolate-rum pie has chocolate crust; peach cordial pie, vanilla cooky crust; individual peach mold has only fresh peach slices*

ice the idea of having a company des- t ready days or weeks ahead has great peal, many cooks have already dis- vered the convenience of freezer tes and pies. Here are four recipes to d to your repertoire.

gether, they give you many more than ir options, since each offers choices t only in size and shape but also fla- rings. Each recipe yields about 2 arts, enough to make a handsome te or bombe if you freeze it in a eesecake pan or fancy mold. Or it kes two pies or one to two dozen lividual molds.

For the cooky crumb crust, use either chocolate or vanilla wafers. Whirl the cookies in a blender or crush with a rolling pin enough to make 1¼ cups of fine crumbs. In a bowl combine the cooky crumbs with 3 tablespoons butter or margarine. Mix with your fingers until it forms fine, even crumbs.

Two of the tortes have fresh fruit flavors in a smooth marshmallow base. The coffee crunch and chocolate tortes start with a pudding and pie filling mix and have a slightly crystalline texture like some French ice creams. Covered, they keep well in a freezer at 0° for about a month. Transfer them to the refrigerator from 15 minutes to an hour before serving, depending on size.

For two freezer pies, double the cooky crumb crust recipe and pat half of it evenly over the bottoms and sides of two 9-inch pie plates. Pour half of the torte mixture into each.

For frozen cream bombes, omit the cooky crumb crust. Pour torte mixture into one 2-quart mold, two 1-quart molds, or about a dozen ⅔-cup individual molds. To unmold, invert on serving plate and wrap mold in a warm, damp towel until dessert slides out.

For biscuit tortoni, set two dozen fluted paper baking cups inside muffin pans or custard cups. Sprinkle almost 1 tablespoon of the cooky crumb mixture in each, then fill with about ⅓ cup of the torte mixture.

Fresh Orange Freezer Torte

- 2 cups orange juice
- 1 cup sugar
- 45 regular-sized marshmallows
- 2 teaspoons finely grated orange peel
- 2 egg whites
- 1½ cups whipping cream
- Cooky crumb crust (recipe above)
- Thinly sliced oranges for garnish (optional)

In a pan combine ½ cup of the orange juice, ¾ cup of the sugar, and the marshmallows. Stir over low heat until the marshmallows are melted. Remove from heat and stir in the remaining 1½ cups orange juice and the orange peel. Cover and refrigerate the mixture for at least 4 hours.

Beat the egg whites until stiff, then gradually beat in the remaining ¼ cup sugar until glossy.

In a large bowl, whip the cream until stiff. Gradually fold in the fruit mixture, lifting it from the bottom of the bowl until uniformly blended together. Then carefully fold in the beaten egg whites.

Prepare cooky crumb crust; press evenly over bottom of a 9 or 10-inch cheesecake pan (one with removable bottom or spring-released sides). Pour in torte mixture. Cover and freeze until firm.

Take out of the freezer about 1 hour before serving; remove pan sides, and refrigerate until time to serve. Garnish with orange slices, if you wish. Makes about 12 servings.

Peach Cordial Torte. Follow recipe for orange torte, omitting the orange juice and peel. Instead, remove peel and pits from about 2½ pounds ripe peaches; whirl in the blender (or put through food mill) to make 3 cups purée. Heat 1 cup of the purée with ¾ cup of the sugar and only 25 marshmallows. Then add remaining 2 cups purée and ¼ cup kirsch, rum, or orange juice. If you wish, garnish it at serving time with fresh peach slices.

Coffee Crunch Torte

- 2 packages (3 or 4 oz. *each*) vanilla pudding and pie filling mix
- 3 teaspoons instant coffee powder
- ⅔ cup coffee-flavored liqueur or brewed coffee
- ¾ pound (12 oz.) nut brittle, (such as cashew, macadamia, or peanut brittle)
- 2 cups whipping cream
- Cooky crumb crust (recipe at left)

Make pie filling, following package directions. Remove from heat and stir in coffee powder and liqueur. Cool 5 minutes, stir, cover surface with waxed paper, and chill thoroughly. Coarsely crush the brittle; set aside.

In a large bowl whip the cream until stiff, then fold in the filling and 1½ cups of the brittle.

Prepare cooky crumb crust; press evenly over bottom of a 9 or 10-inch cheesecake pan. Pour in torte mixture. Cover and freeze until firm.

Take out of the freezer about 1 hour before serving; remove pan sides, and refrigerate until time to serve. Garnish with remaining brittle. Makes about 12 servings.

Chocolate-Rum Torte. Follow directions for coffee crunch torte, but instead of vanilla pudding use chocolate pudding and pie filling. Omit the coffee powder and brittle. When you remove filling from heat, add 4 ounces milk chocolate and stir until melted. Instead of coffee liqueur, add ⅔ cup rum or crème de menthe (or use 2½ teaspoons rum or peppermint flavoring with an additional ⅔ cup milk). If you wish, garnish at serving time with chocolate curls made by pulling a vegetable peeler firmly across a piece of milk chocolate. □

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DARROW M.

Sharp knife *is invaluable for pushing, scraping meat down large wing bone*

Like drumsticks . . . tiny appetizers

When you cut the meatiest sectio chicken wings to resemble tiny d sticks, then fry them crisp, they amusing and tempting appetizers.

Once you get the rhythm of trim the wings (perhaps the least expe cuts of chicken), the process goes q ly. It can be done a day ahead.

Chicken Wing Appetizers

Purchase 24 chicken wings (about 5 lbs.) and cut off the meatiest po at the first joint. Reserve center sec and tips for stock. Holding the end of each large piece, trim ar bone with a sharp knife to cut meat Then cut and scrape with the kni push meat down to the large end o bone. Finally, with your fingers, pu portion of meat and skin down ove end of the bone. At this point you cover and refrigerate wings overni

Just before frying, sprinkle wings li with salt and pepper, then dust with starch; shake off excess. Heat 1½ i salad oil in a narrow deep pan to on a deep-fat-frying thermometer. 4 or 5 wings at a time for 5 to 6 mi or until golden brown, turning se times. Lift from oil with a slotted sp draining on absorbent material; warm in a 150° oven until all are co or as long as 1 hour. Serve warm w purchased spicy barbecue sauce for ping. Makes 24 appetizers.

Soy-Marinated Chicken Wings. Tri chicken wings as directed above. marinade combine ¼ cup soy sauc cup dry Sherry, 2 teaspoons sugar teaspoon ground ginger, and 1 s clove garlic, minced or mashed. over the prepared chicken wings; c and refrigerate at least 3 hours o long as overnight. Drain wings bri omit salt and pepper, coat with c starch, and fry as directed abov *G. K., San Francisco.*

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Hungry *boys enjoy breakfast of melon wedges, sausage, oatmeal pancakes with comb honey and butter*

DARROW M. WATT

SEPTEMBER MENUS

Back-to-school breakfast, patio buffet, dinner Aegean-style

Warm September days bridge the gap between end-of-summer fun and the launching of fall activities. These three menus may help you make the transition in your meal planning.

The hearty pancake breakfast is suggested for the first days of school. For the Labor Day weekend there's a leisurely patio buffet. The family dinner can be easily served either inside or out-of-doors.

Back-to-school breakfast

Flavor-packed oatmeal pancakes with browned sausages give your family a nourishing sendoff for the day.

Melon Wedges with Lime
Oatmeal Pancakes
Butter **Honey or Maple Syrup**
Browned Sausage Links
Coffee **Milk**

If you will be rushed in the morning, measure out the dry ingredients for the pancakes the night before. Then you can quickly stir the batter together and bake the pancakes while the sausages are browning.

For the melon, take your pick from varieties that are in good supply this month —honeydew, cantaloupe, casaba, or Crenshaw. Have melon well chilled, then cut in wedges before serving. Pass lime to squeeze over.

Oatmeal Pancakes

- 1 cup regular or quick-cooking rolled oats
- 1 cup whole wheat flour
- ¼ cup wheat germ
- ¼ cup nonfat dry milk
- 1 teaspoon soda
- ¼ teaspoon salt
- 1 tablespoon brown sugar
- 2 eggs, slightly beaten
- 2 cups buttermilk
- ¼ cup melted butter or margarine

In a large bowl combine the rolled oa flour, wheat germ, dry milk, soda, sa and brown sugar. Combine eggs, butt milk, and butter; add all at once to d ingredients and stir until well blended.

Preheat an electric griddle followi manufacturer's directions for pancak

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or to 375°, or heat another griddle over medium high heat on your range. Grease griddle lightly if necessary.

Pour on griddle about 3 tablespoons of batter for each pancake; spread to a diameter of about 3 inches. Cook until top is bubbly and appears dry, and bottom is well browned; turn and cook other side until browned. Makes about 3 dozen pancakes.—*G. C., San Jose.*

Patio buffet

For this casual dinner party, choose a favorite barbecue cut such as steak, ground beef patties, or chicken quarters. Prepare the rest of the menu well in advance and then simply set it up buffet-style while the meat cooks.

Barbecued Beef or Chicken
Tortilla Corn Cups
Fresh Tomato Aspic
Avocado Dressing
Pecan-Crunch Pear Pie
or
Fresh Fruit Platter

Early in the day (or the night before) make the aspic so it has ample time to set firm. Unmold and garnish it 1 to 2 hours ahead and store in the refrigerator. Make the salad dressing in the morning; cover and chill until needed. You can assemble the individual tortilla corn cups several hours ahead. Let them stand at room temperature; bake just before serving.

For dessert you might prepare the Pecan-Crunch Pear Pie on page 121 (make it in the morning) or offer a selection of fresh fruits such as cantaloupe, grapes, nectarines, papaya, pineapple, or strawberries on a large platter.

Tortilla Corn Cups

- 4 corn tortillas
- Salad oil for frying
- 1 can (about 1 lb.) cream-style corn
- 1 can (7½ oz.) beef tamale
- 1 can (3¼ oz.) pitted ripe olives, drained
- ½ teaspoon salt
- Dash pepper
- 1 cup shredded sharp Cheddar cheese

Cut each tortilla into 6 wedges. Pour salad oil into a large frying pan to a depth of about ¼ inch; place over medium high heat. When oil is hot, add tortilla wedges, a few at a time, and fry, turning, until crisp and lightly browned; drain well.

In a bowl combine the corn, tamale (breaking it up with a fork), olives, salt, and pepper. Line 6 custard cups (about 6 oz. size) or ramekins with 4 tortilla wedges each, points down. Fill with the corn mixture and sprinkle the cheese evenly over the top of each.

Just before serving, bake, uncovered, in a 375° oven for about 20 minutes or until heated through. Makes 6 servings. —*M. S., Union City, Calif.*

Fresh Tomato Aspic

- 3 medium-sized tomatoes, peeled
- 1 package (3 oz.) lemon-flavored gelatin
- 1 cup boiling water
- ¼ cup lemon juice
- ¼ cup *each* chopped green pepper, green onion, and celery
- ⅛ teaspoon liquid hot pepper seasoning
- Crisp salad greens
- Avocado dressing (recipe follows)

Cut each tomato in half and hold over a small bowl while squeezing gently to remove most of the seed pockets. Dice the tomatoes and set aside.

Dissolve the gelatin in boiling water; stir in lemon juice. Then stir in any juices from the tomato pulp after straining to remove seeds. Chill gelatin until syrupy. Stir in the diced tomato, green pepper, onion, celery, and liquid pepper seasoning. Turn into a 4 or 5-cup salad mold and chill until firm.

To unmold, dip mold in hot tap water until edges of gelatin jiggle slightly, about 5 seconds. Cover mold with a serving plate; invert. Garnish with crisp greens. Pass dressing. Makes 6 servings. —*H. N., San Francisco.*

Avocado Dressing. Peel and remove seed from 1 medium-sized avocado; put into a bowl and mash with a fork. Stir in 2 tablespoons lemon juice, 3 tablespoons milk, 2 tablespoons chopped chives (fresh or dried), ¼ teaspoon *each* garlic salt and liquid hot pepper seasoning, and ½ teaspoon prepared mustard.

Aegean-style family dinner

Though simplified in presentation, this dinner features foods reminiscent of popular Turkish and Greek dishes.

Broiled Shoulder Lamb Chops
Crusty Eggplant
Sliced Tomatoes and Green Pepper Rings
Honey Wheat Dessert

Bake the dessert early in the day to serve at room temperature. You can also prepare the eggplant ahead and have it

NORMAN A. PLATE

Honey *flavors this baked nut-filled wheat biscuit*

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Our second Hotpoint model offers 15.3 cubic-feet of food storing space. It's no-frost throughout, with a 4-shelf freezer that holds up to 230 pounds of food.

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ready to bake just before serving. Wh it bakes, you can quickly pan broil charcoal broil the lamb chops.

For the tomato and green pepper dis allow 3 or 4 tomato slices, 2 or 3 gre pepper rings, and about 1½ tablespoo of your favorite oil and vinegar dressi for each serving. Layer the vegetables a rimmed platter; pour over dressin Cover and refrigerate until well chille about 2 or 3 hours.

Crusty Eggplant

- 2 eggplant (about 1 lb. *each*)
- 2 eggs
- ¼ cup freshly grated Parmesan cheese
- ½ cup fine dry bread crumbs
- 1 tablespoon finely chopped parsley
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- About ¼ cup flour
- 4 tablespoons melted butter or margarine

Peel eggplant, if you wish; cut in ½ inch slices. In a shallow pan beat eg slightly. In another pan combine th cheese, bread crumbs, parsley, salt, ar pepper. Dust each eggplant slice flour, dip in egg to coat all over, ar dredge in the crumb mixture, shakir off excess.

Pour 2 tablespoons of the butter in eac of 2 jelly roll pans (10 by 15 inches); t to coat bottoms evenly. Arrange eg plant slices in the butter. Bake, unco ered, in a 400° oven for 25 minute turning once to brown both sides. Mak about 6 servings.—*F. M., Redona Beach, Calif.*

Honey Wheat Dessert

- ¾ cup chopped walnuts
- ¾ teaspoon cinnamon
- 2 tablespoons sugar
- 6 shredded wheat biscuits (individual serving size)
- About 1½ cups milk
- ¼ cup (⅛ lb.) butter or margarine, melted
- ¼ cup *each* sugar and water
- ½ cup honey
- 1 teaspoon lemon juice
- Whipping cream (optional)

Combine the nuts, cinnamon, and the tablespoons sugar; set aside. Dip shred ded wheat biscuits, one at a time, int milk until thoroughly saturated; drai briefly. Cut each biscuit in half length wise, sprinkle about 2 tablespoons of th nut mixture in center, and put back to gether. Arrange biscuits in a greased or 10-inch square baking pan. Pour but ter evenly over the top. Bake, unco ered, in a 350° oven for 30 minutes o until lightly browned.

Meanwhile bring the ¼ cup sugar an water to boiling; boil for 2 minutes. Re move from heat; add honey and lemo juice and stir until dissolved. Set aside.

Remove biscuits from oven; pour syru evenly over top. Cool. If you wish, serv with cream, either whipped or to pou over biscuits. Makes 6 servings.—*E. M. Los Altos Hills, Calif.*

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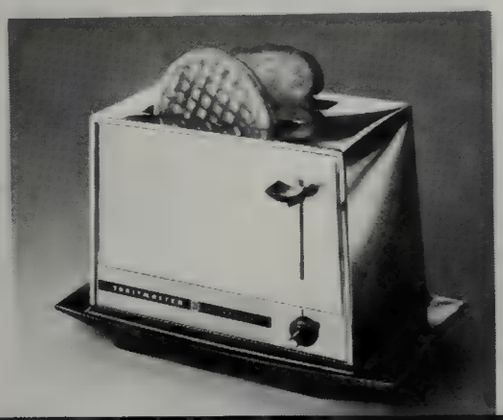

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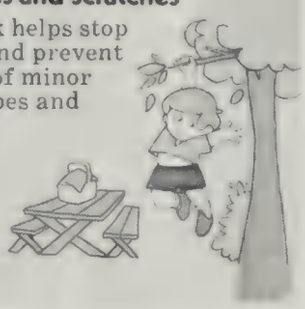

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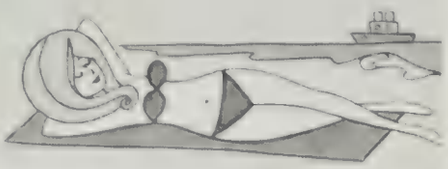

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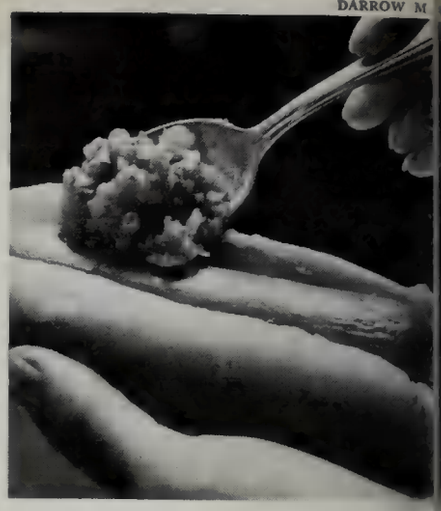
September is the month to make relishes



DARROW M

Spoon *cucumber relish on frankfurters*

With these meat relishes you can make good use of September vegetables.

Long, slow cooking concentrates the spicy ginger flavor of the tomato relish. The colorful zucchini relish is crisp and tart. In contrast the cucumber relish is spicy sweet.

To preserve these vegetable relishes, you'll need regular canning jars and lids and a kettle deep enough for jars on a rack to be covered by an inch of water.

Have the canning kettle half-filled with *hot,* not boiling water. Scald the lids with boiling water and have more boiling water handy. The jars should be clean and hot. Ladle boiling hot relish into jars to within ¼ inch of the top. Slide a spatula between jar and relish to release air bubbles; carefully wipe jar rim with a clean, damp cloth; then set on lid and screw on ring band.

As each jar is filled, set on a rack in the kettle. When all are filled, add boiling water to cover jars with an inch of water. Cover kettle, turn heat to high and, when water boils, start counting processing time; process 15 minutes for half-pints or pints of these relishes. Remove jars and cool on a cloth or board.

Tomato Relish

- 8 pounds tomatoes (about 16)
- Boiling water
- 3 large onions, chopped
- 5 large green apples, peeled, cored, and sliced
- 3 whole lemons, thinly sliced
- 4 tablespoons (about 6 oz.) grated fresh ginger root
- 3 cloves garlic, minced or mashed
- ⅓ cup sugar
- 1 tablespoon salt
- 2 tablespoons whole mustard seed
- 1 teaspoon ground cloves
- ¼ teaspoon cayenne
- 1½ cups *each* white wine vinegar and honey

Dip tomatoes in rapidly boiling water for about 20 seconds, then rinse in cold water and peel; cut out stem ends.

In a kettle (about 12-quart size) combine tomatoes, onions, apples, lemons, ginger, garlic, sugar, salt, mustard seed, cloves, cayenne, vinegar, and ho[illegible] bring to boiling. Reduce heat and [illegible]mer gently, uncovered, for about 6 h[illegible] or until reduced to about 7 pints; [illegible] often during last hour.—*A. G., Ca[illegible] Cook, Hawaii.*

Zucchini Relish

- 5 pounds zucchini (about 20 medium-sized)
- 6 large onions
- ½ cup salt
- Cold water
- 2 cups white wine vinegar
- 1 cup sugar
- 1 teaspoon dry mustard
- 2 teaspoons celery seed
- ½ teaspoon *each* cinnamon, nutmeg, and pepper
- 2 jars (4 oz. *each*) pimientos, chopped

Put zucchini and onions through a [illegible] chopper or chop; mix with salt in a [illegible] and cover with water. Cover and re[illegible]erate for 4 hours or overnight.

Drain vegetables, rinse, then drain ag[illegible] In a 5 or 6-quart pan, combine v[illegible]tables, vinegar, sugar, dry mustard, [illegible]ery seed, cinnamon, nutmeg, pep[illegible] and pimientos. Bring quickly to boi[illegible] stirring constantly. Reduce heat [illegible] simmer, uncovered, for about 20 [illegible]utes or until reduced to about 3 qu[illegible] —*A. K., Escondido, Calif.*

Cucumber Relish

- 12 large cucumbers, peeled
- 4 large onions
- 6 green peppers, stems and seeds removed
- 4 teaspoons *each* celery seed and mustard seed
- 1 teaspoon salt
- ½ teaspoon ground cloves
- 1 tablespoon ground turmeric
- 3½ cups cider vinegar
- 2½ cups sugar

Put the cucumbers, onions, and gr[illegible] peppers through a food chopper [illegible] chop; in a 5 or 6-quart pan com[illegible] vegetables, celery seed, mustard s[illegible] salt, cloves, turmeric, vinegar, [illegible] sugar. Quickly bring to boiling, stir[illegible] constantly; reduce heat and simmer [illegible] about 3 hours or until reduced to ab[illegible] 5 pints.—*I. L., Eugene, Ore.*

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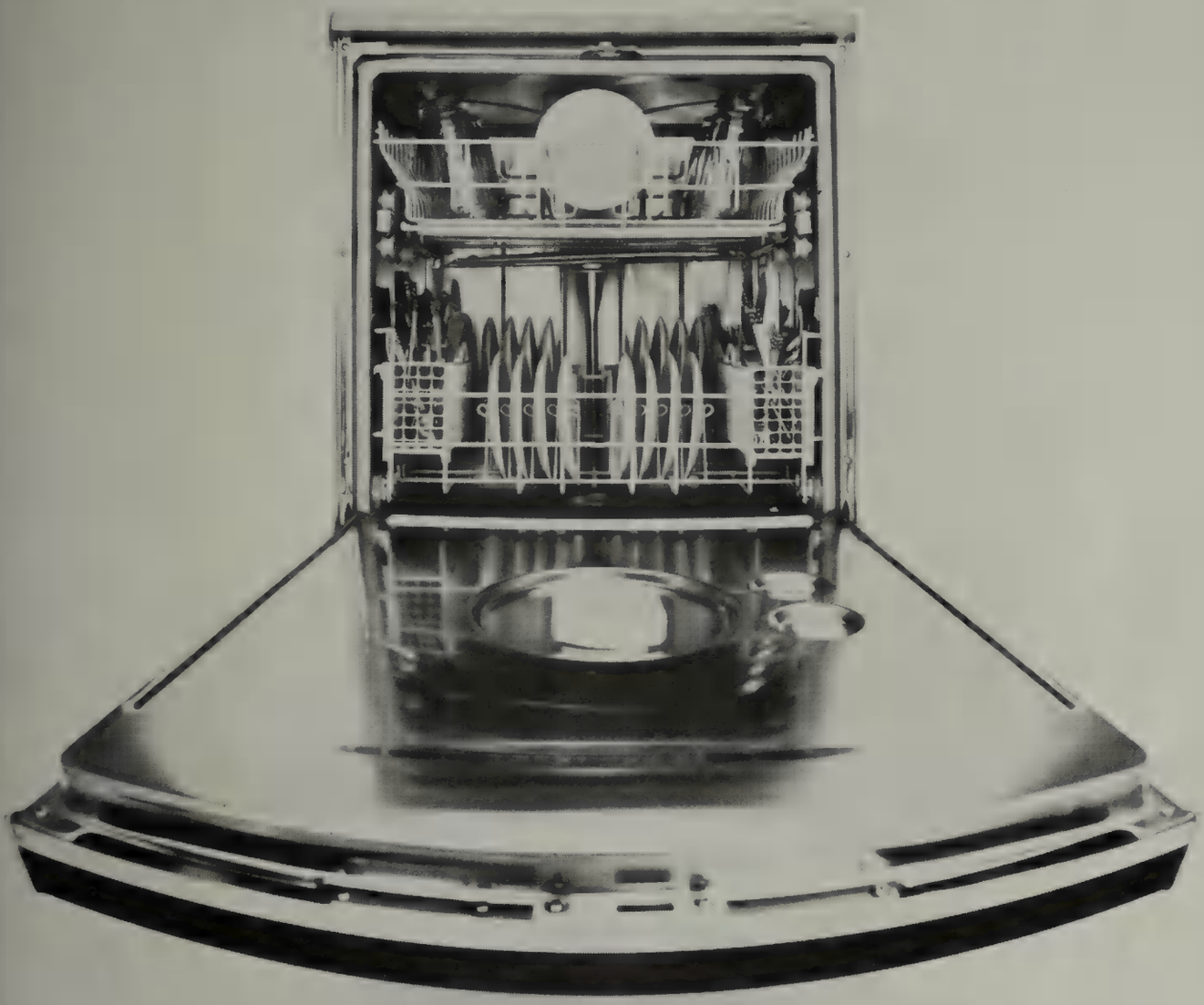

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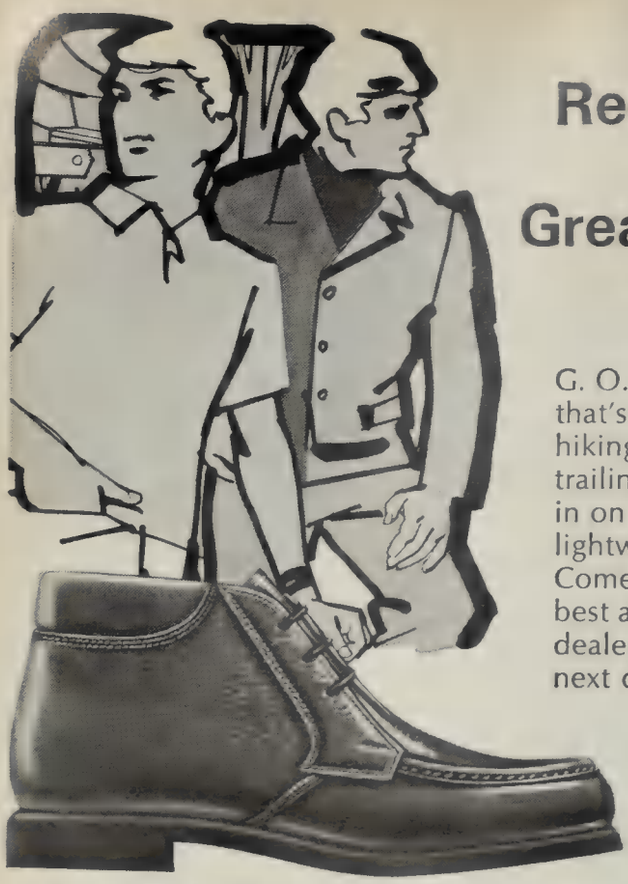

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It's time for green tomato pie

This month when tomatoes are ab dant, you may see green tomatoes alo with the juicy red ones for slicing a canning. Of if you've had a good tom crop in your garden, you may have surplus of mature green tomatoes.

When cooked, green tomatoes have interesting tart flavor distinctly differ from that of sweet ripe tomatoes. A made from them and seasoned w brown sugar and spices may remind y of a tart green apple pie.

For this pie you should use green tom toes that have grown to their full s before picking, but that have not started to turn color. They should peeled and have seeds removed bef being sliced for the pie.

To remove the peels, place tomatoes i colander or wire strainer and dip it i a large pan of rapidly boiling water about 1 minute. Immediately rinse th with cold water, and slip off peels. remove the seeds, cut the tomatoes quarters, then squeeze each gently, l ting the seed pockets flow out (or sco out the seed pockets with your fingers

Green tomato pie is at its best serv warm. You might accompany each se ing with a slice of sharp Cheddar chee a scoop of ice cream, or whipped crea

Green Tomato Pie

About 2 pounds green tomatoes
¾ cup brown sugar, firmly packed
½ cup granulated sugar
1½ teaspoons cinnamon
½ teaspoon *each* ground nutmeg, allspice, and salt
1 teaspoon grated orange peel
2 tablespoons orange juice
3 tablespoons quick-cooking tapioca
Pastry for a double-crust 9-inch pie
1 tablespoon butter

Peel tomatoes and remove the seeds directed above; thinly slice tomato and measure 5 cups. In a bowl combi the brown sugar, granulated sugar, ci namon, nutmeg, allspice, salt, grat orange peel, orange juice, and tapioc add tomato slices and mix gently. L stand for about 15 minutes. Line a inch pie pan with pastry and fill with t sliced tomato mixture; dot with butt Set pastry crust on top and flute t edges to seal. Cut several slashes in t top crust. Bake on the lowest rack of 375° oven for about 45 minutes or un tomatoes are tender. Cool for abo 1½ hours on a wire rack. Makes abo 6 servings.—*V. W., Virginia City, Nev.*

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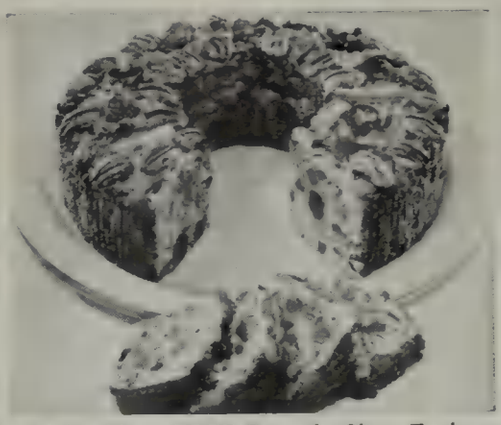

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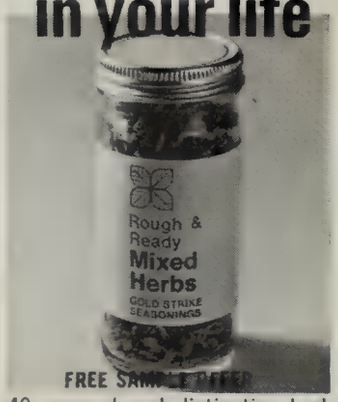

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Good match . . . shallot dressing and crisp vegetables

GLENN CHRISTIANSEN

Porous *raw mushrooms absorb the pungent shallot dressing*

Shallot dressing and tender-crisp vegetables make a happy marriage—each brings out the best in the other.

Shallots are perhaps the most winsome member of the onion family. Plumpish bulbs the size of large marbles, their chestnut-colored thin skin peels away to reveal white and lavender bulblets.

The shallot has a subtle flavor, something like mellow sweet onions with a suggestion of garlic; it is at its most assertive here, used raw and finely sliced in an oil and vinegar dressing.

Sliced vegetables, raw or very lightly cooked, are served tepid in the Mediterranean manner with this shallot dressing. You prepare the vegetables, then mix them with the dressing, allowing mixture to stand at room temperature for 30 minutes or so for flavors to mingle.

Serve these vegetable dishes as a side course to a meat or fish entrée, first course, or a salad. You might combine several vegetables and offer a choice.

Shallot Dressing for Vegetables

Blend together ⅓ cup thinly sliced shallots, 4 teaspoons Dijon-style mustard, ¼ cup white wine vinegar, ½ cup salad oil or olive oil, ¼ teaspoon salt, and ⅛ teaspoon pepper; stir or shake vigorously just before adding to vegetables to distribute ingredients. You can cover and keep the shallot dressing up to 2 days. Makes about 1 cup dressing.

Raw Vegetables

Prepare vegetables according to specific directions below; mix each with ½ cup shallot dressing. Allow to stand at room temperature about 30 minutes and serve. Each makes 6 servings.

Mushrooms. Carefully wash ½ pound fresh mushrooms; drain and slice thinly through stems.

Zucchini. Wash thoroughly and remove ends from 5 zucchini, each about 6 inches long. Slice thinly horizontally or diagonally, leaving peel on.

Tomatoes. Peel 4 tomatoes; slice horizontally into ¼-inch-thick slices.

Cooked Vegetables

Prepare vegetables according to directions below. To cook, drop vegetables into boiling salted water to cover; allow water to resume boiling and begin timing for length specified. Then pour vegetables and water through a colander in the sink; run cold water in a spray over vegetables to cool quickly; drain. Mix vegetables gently with ½ cup dressing; allow to stand about 30 minutes, and serve. Makes 6 servings.

Beets. Select 6 medium-sized beets; leave on root end and 1 inch of the stem. Wash well, then cook until tender when pierced, about 25 minutes. Cool, then peel and slice ¼ inch thick.

Carrots. Peel and remove ends from 5 medium-sized carrots. Slice thinly on the diagonal and cook just until tender when pierced, about 3 minutes.

Green Beans. Remove ends from 1½ pounds green beans. Wash and slice lengthwise and cook until slightly limp, about 3 minutes. □

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GUNN'S SUPER STEAK

zesty California creation

4 California beef eye of round steaks, cut ¾-inch thick*

1 lemon

1 cup catsup

2 tablespoons instant minced onion *or* **1 medium onion, finely chopped**

1 tablespoon brown sugar

***about 1½ pounds**

Place steaks in single layer on bottom of shallow baking dish. Grate 1 teaspoon lemon peel and mix with catsup, onion and brown sugar. Squeeze lemon juice over beef, turn to coat both sides. Pour on catsup mixture. Cover closely. Bake in hot oven (400°) 45 minutes. Makes 4 servings.

Notes from the Chef:

- Eye of round is a lean, no-waste cut of beef often sold as a roast.
- If your market does not offer it cut into steaks, ask your butcher to slice it for you.

In October watch for

CALIFORNIA BEEF POT ROAST

***BEEF EATERS FORECAST**—All beef hot dogs, full of high quality protein, join the list of instant breakfast foods popular with children. Beef hot dogs are fully cooked when purchased so may be eaten cold, the way kids like them. Also [illegible] school children begin the day with a good breakfast.*

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For handsome booklet of Beef Recipes from California Restaurants plus Dining Out Menu [illegible] 35 cents to CHEFS RECIPES [illegible] Brewster Avenue, Redwood City, CA [illegible]

TODAY'S BEEF IS BEST

It's the time to taste fresh figs

Fresh California figs reach their pinnacle of quality and quantity at a time when Western markets are bursting with other fruits. The dark purple-skinned Black Missions, or even the pale greenish yellow Kadota figs, appear so humble that they are easily overlooked. And when one's first taste of figs is a bite of the unadorned fruit, the flavor may be disappointing.

But this venerable, pear-shaped fruit—native to the Mediterranean basin but now prevalent in the central valley of California—responds dramatically to gentle heating and subtle seasonings. A pairing of the natural, mild sweetness of fresh figs with meat is an epicurean treat worth discovering.

By brushing figs with a seasoned butter and broiling them, you have a good accompaniment to serve with roasted or barbecued beef, chicken, or lamb. Or you can combine them with sliced ham, topped with a mustard cream sauce for a luncheon entrée; or roll pieces of the fruit in bacon for a hot appetizer.

Butter-Broiled Figs

- 12 large, firm ripe figs
- 3 tablespoons melted butter or margarine
- 1 tablespoon Sherry
- ¼ teaspoon ground coriander or cinnamon

Wash figs and pat dry; do not peel. Cut figs lengthwise in half and arrange cut side up on a heatproof platter. Combine butter, Sherry, and coriander; brush generously over figs. Broil 4 inches from heat for about 5 minutes or until li[illegible] browned and heated through, ba[illegible] several times with remaining butter [illegible] ture. Makes 8 servings of 3 halves e[illegible]

Fruited Ham Rolls

- 12 large firm ripe figs
- 3 packages (4 oz. *each*) fully cooked sliced ham
- 1 tablespoon butter or margarine
- 2 green onions, sliced (including some of the green tops)
- ½ cup whipping cream
- 1½ teaspoons prepared mustard
- 1 tablespoon Sherry

Wash figs and pat dry; do not peel. [illegible] figs lengthwise in half; place 2 ha[illegible] end to end, across each slice of m[illegible] Roll meat around figs to enclose. P[illegible] rolls, seam side down, in a shallow o[illegible] proof dish.

In a small frying pan, melt butter [illegible] medium heat; add onions and sauté [illegible] 2 minutes. Stir in the cream, must[illegible] and Sherry; bring mixture to a boil, [illegible] pour over ham rolls. Cover and re[illegible] erate, if made ahead. Bake, uncove[illegible] in a 350° oven until heated thro[illegible] about 15 minutes. Makes 6 serving[illegible] 2 rolls each.

Bacon Fig Appetizers

Cut 6 large firm, ripe, unpeeled fig[illegible] quarters. Cut 12 strips of bacon cr[illegible] wise in half. Dip each fig quarter bri[illegible] in lemon juice; shake off excess and [illegible] in half a bacon strip. Secure with a p[illegible] Broil 3 inches from heat, turning [illegible] needed, until bacon is brown and c[illegible] on all sides. Makes 24 appetizers.

DARROW M. WATT

A buttery *glaze seasons broiled figs. Serve them with a hot, sizzling barbecued steak*

ıybe if you spend a little more for the vegetables, you can spend less for the meat.

For years, steak has been the hero of the can table. But the hero has become a very sive hero.

Birds Eye® International Recipe Vegetables way out. Next time you serve them chicken ıe other less expensive (but nutritious) meat, serve them Birds Eye Spanish style ıble Medley.

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GENERAL FOODS KITCHENS

His Scottish great aunt came out in the 1880's but his *Quiche Fu Yong* is more recent

Chefs of the West

The Art of Cooking . . . by men . . . for men

What is a Westerner? So many of us have arrived here only recently, and still feel some attachment to New York, New England, or the Great Plains.

In a sense, the West is more an emotion than a place. Zane Grey began writing Western novels as a dentist in New York, and Wyatt Earp and Marshal Dillon spent their "Western" days in Kansas.

The first in line for this month's meeting of the *Chefs of the West* is an Englishman from Hampshire named D. J. Rogers. He introduces his offering thusly:

"Although not a true native of the Wes I probably have some kissing cousin around, as my Scottish great aunt an her husband came out in a sailing shi in the 1880's as newlyweds, settled i San Luis Obispo, and began raising brood of Californians.

"Recently I have sailed as chef in sev eral P & O liners which call at Hawa and also make some stops on the Wes Coast. This recipe, however, comes fro an earlier period which I spent on th Far East run. I call it Quiche Fu Yon since it combines elements of the Frenc

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In naming this new wine, we chose the Spanish word "Meloso" because it best describes its creamy-smooth, honey-like quality. The color is a rich golden-amber that comes with age. And the wine that started with the pedigreed grapes from our sunny California vineyards has reached a gentle mellowness and finesse.

We believe you will find Meloso Cream Sherry quite unlike any other Sherry made in this country. It is a superb wine to serve after the finest dinner. Or, you may enjoy a glass as an appetizer. To enjoy its full richness, we recommend that it be served slightly cooled.

Meloso Cream Sherry is one of our limited edition wines and is about $3.00 a bottle. To distinguish it further from our other fine Sherries, we show the cask number on its gold label. Should your wine merchant fail to have it, you may write to me.

Brother Timothy F.S.C.

Brother Timothy, F. S. C., Cellarmaster
The Christian Brothers
Napa Valley, California

Worldwide Distributors: Fromm and Sichel, Inc., San Francisco, California

quiche with the substance of a Chinese omelette."

Quiche Fu Yong

- 2 tablespoons salad oil
- 1 clove garlic, crushed but in large pieces
- ¼-inch-thick slice fresh ginger
- ⅓ cup sliced green onion, including some of the green tops
- 2 tablespoons coarsely chopped celery
- ½ cup fresh bean sprouts, coarsely chopped
- ½ pound cooked small shrimp (1½ cups)
- ¼ cup canned sliced bamboo shoots, drained
- 4 eggs
- 1 cup (½ pt.) half-and-half (light cream)
- 1 teaspoon soy sauce
- Dash liquid hot pepper seasoning
- ¼ teaspoon salt
- Pastry for a single crust 9-inch pie

In a frying pan, heat the oil over high heat and stir in garlic and ginger. Stir until garlic begins to brown, then remove both garlic and ginger with a slotted spoon and discard. Stir onion and celery into hot oil and cook, stirring, until just limp. Then add bean sprouts and cook, stirring, until just limp. Stir in shrimp and bamboo shoots and stir until hot. Turn mixture into a wire strainer or colander over a bowl to catch juices. Set aside.

Beat eggs lightly with half-and-half and add the liquid drained from the vegetable mixture. Season with soy, hot pepper seasoning, and salt. Distribute the vegetables evenly in 6 well greased 6-ounce custard cups. Pour egg mixture over top. Set custard cups in a pan of hot tap water and bake in a 375° oven for about 15 minutes, or until custard appears set when gently shaken. Remove pan and custards from oven; set custards aside. Turn oven up to 450°.

Meanwhile prepare and roll out your favorite pastry or a packaged mix. Cut out 6 circles, 3½ inches in diameter; place on a cooky sheet and cut 2 or 3 decorative slashes in each. Bake in a 450° oven for 5 minutes or until pastry is lightly browned. Place a circle of crust on top of each custard and serve at once. Serves 6.

S.S. Himalaya

One way to cook a thing is to coat it with egg batter and plunge it into hot oil. The result depends on the cook, the batter, and the fat. It may be as evil-smelling and repulsive as French fries from a sleazy dive, or it may be as delicate and appetizing as Japanese tempura or French beignets.

The fat must be clean, fresh, and heated

"Should be served at once!"

to the proper temperature. No an fish should permeate an apple fr The cook must take care to lift the ing morsels before they brown too oughly. Pale gold is the right colo Finally, the food should be serve *once*. No waiting while limpness s like some cruel disease.

J. D. Stephens proposes a fried that may be surprising: He fries pa Serve it with fish or with a roast.

Parsley in Batter

- Salad oil for frying
- 7 tablespoons regular all-purpose flou
- 2 tablespoons cornstarch
- 2 eggs
- ¾ cup water
- ½ teaspoon pepper
- ½ teaspoon *each* salt and rosemary, crushed
- 1 bunch (about ¼ lb.) parsley
- Soy sauce

In a deep pan, heat 1½ to 2 inch oil to 375°.

Meanwhile, in a bowl mix togethe flour and cornstarch. Add eggs an ter and blend thoroughly. Add pe salt, and rosemary. Break parsley sprigs, leaving about 1 inch of ste each sprig. Wash well and pat dry.

Holding the stem end of each pa sprig, dip one at a time into the b drain briefly, and fry a few sprigs time in the hot oil until golden, ab minutes. Remove with a slotted sp drain briefly, and serve at once w bowl of soy sauce for dipping. S 4 to 6.

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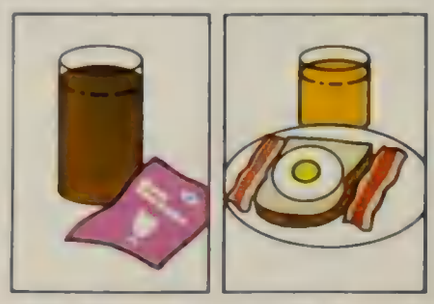

Carnation instant breakfast mixed with milk has as much protein, vitamins, minerals and food energy [illegible] a poached [illegible] on toast, two strips of bacon and a glass of orange juice.

If there's one thing a body needs at breakfast time it's real nourishment. So have real breakfast insurance for your hurry up days. Have Carnation instant breakfast on hand.

Introducing two thirsty cakes

berately porous in texture, these s act like sponges to soak up liqueur-red syrups. You prick each cake, n from the oven, to increase its ab-tion of the warm syrup that is poured it. Although still good when com-ly cooled, both cakes are best served e warm.

ı recipe makes a single layer to serve :, a good size for a rich dessert. For cakes, it's good timing to start the p about 5 minutes before the cake is osed to come out of the oven.

ıge syrup complements this lemon-ıred yogurt cake. It is quick to make use you stir the ingredients together just blended; as with muffins, you ave to be careful not to overbeat the :r.

ıge Syrup Yogurt Cake

1 carton (8 oz.) unflavored yogurt
4 cup sugar
4 cup melted butter or margarine
2 eggs
1 teaspoon lemon extract
½ cups regular all-purpose flour (unsifted)
¼ teaspoon soda
Orange syrup (recipe follows)

large bowl stir together the yogurt, r, and melted butter until well ded. With a wooden spoon, beat in eggs, one at a time, until mixture is oth; stir in lemon extract.

together the flour and soda. Add all nce to the yogurt mixture; stir just smooth (about 45 strokes); do not beat. Pour batter into a greased and ed 9-inch cheesecake pan (with re-able bottom or spring released ;) or 8-inch-square baking pan. Bake 50° oven for 50 minutes or until a inserted in the center of the cake es out clean.

ı a fork, pierce the cake deeply all the surface. Pour warm orange p through a wire strainer over warm ; let stand about 30 minutes. If d in a cheesecake pan, remove pan ; before serving. Makes 8 servings.—*., Portola Valley, Calif.*

ıge Syrup. About 5 minutes before ake finishes baking, combine ¾ cup sugar and water and 1 tablespoon ed orange peel in a small pan. Over est heat bring mixture to boiling, ing constantly; boil for 3 minutes. ıove pan from heat and let cool about ninutes. Stir in ¼ cup Cointreau or her orange-flavored liqueur.

ı-flavored syrup drenches this next :, which is made with hot milk.

Rum Syrup Sponge Cake

2 eggs
¾ cup sugar
1 cup regular all-purpose flour (unsifted)
¼ teaspoon salt
1 teaspoon baking powder
1 teaspoon vanilla
½ cup milk
1 tablespoon butter or margarine
Rum syrup (recipe follows)

With an electric mixer, beat eggs until foamy. With the mixer at highest speed, gradually beat in sugar; beat until very thick. Stir together flour, salt, and baking powder; stir flour mixture into egg mixture until blended. Stir in vanilla. Quickly bring milk and butter just to simmering; stir hot milk mixture into batter until smooth.

Pour batter into an ungreased 9-inch cheesecake pan (with removable bottom or spring-released sides) or an ungreased 9-inch-square baking pan. Bake in a 375° oven for 30 minutes or until a pick inserted in the center of the cake comes out clean.

With a fork, pierce the cake deeply all over the surface. Pour warm rum syrup over warm cake. Remove sides if cheesecake pan used. Makes 8 servings. —*B. B., Palo Alto, Calif.*

Rum Syrup. Combine 1 cup *each* sugar and water in a small pan. Over highest heat bring to boiling; boil 3 minutes. Let cool about 10 minutes. Stir in ¼ cup light rum. □

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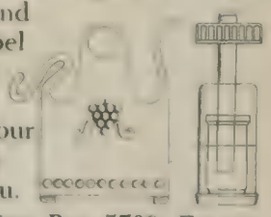

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California Raisin Advisory Board

GLENN CHRIS

Bite-sized *tomato appetizer is stuffed with cheese, topped with a shri*

Cherry tomatoe halved, stuffed

Cut in half and stuffed, cherry ton make neat, bite-sized appetizers. fairly large cherry tomatoes, if you they are easier to stuff.

Here are two different fillings to st the tomatoes; each recipe fills abou basket of tomatoes. Stuff the tom up to about 4 hours before servin them in a rimmed pan, cover, an frigerate.

Stuffed Cherry Tomato Halves

Wash and stem one basket of cherr matoes; cut each in half length Squeeze or scoop out the seed po and discard. Lay cut side down to for about 30 minutes.

Make one of the fillings describe low. Use two spoons to pile about spoon of the stuffing in each to half. Garnish as directed and serve chilled plate. Makes 40 to 60 appet

Cheese and Shrimp Stuffing. In a bowl, allow 1 large package (8 cream cheese to stand at room tem ture until softened. Blend in ¼ cu sup and 1 teaspoon dill weed. Fi matoes with the cheese mixture: each with 1 cooked and shelled shrimp (you'll need about 2 ounce *G. McC., Sacramento.*

Guacamole Stuffing. Peel and re pit from 1 large, fully ripe avocad a small bowl mash the avocado coa with a fork. Stir in 4 teaspoons le juice, 1 tablespoon finely chopped o 1 clove garlic (minced or mashed). ½ teaspoon salt. Also fry 6 slices b until crisp; drain, then crumble. Fi matoes with guacamole; sprinkle with some of the bacon bits.— *North Sacramento, Calif.*

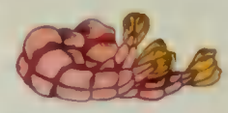
The urge to improve is deep seated in all of us. It's the American way. So you can imagine how difficult it is to leave our swiss cheese alone! But how do you improve the finest swiss cheese that is already brought to you at the peak of flavor? We'll keep you posted if anything develops.

It's good to leave well enough alone.

KRAFT Division of **Kraftco Corporation**

CAN YOU TOP THIS?

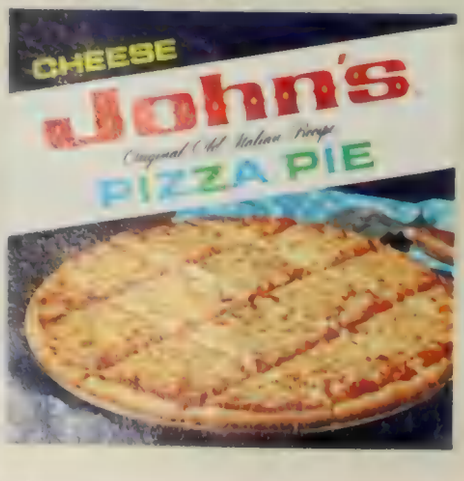
We at John's are rightfully proud of our basic cheese pizza, as a pure and simple statement of the pizza-maker's art. But please don't think we'd take offense if you fooled around with it a little. Like maybe putting a few anchovy fillets on top before cooking.



Or even some leftover shrimp. As if there were any such thing as "leftover" shrimp.

Green pepper goes good with pizza. Be sure to saute your peppers in a little olive oil before they go in the oven.

How about some salami on your pizza? Or even a knockwurst or Polish sausage for a little International flavor.



John's *Original* **FROZEN PIZZA**

3 kinds: Cheese, Sausage, Pepperoni.

DARROW M. WATT

Praline, *berries, and low-calorie chees*

Cheesecake for (almost) any me

A child's dream of eating cheesecake meal of the day prompted this low orie recipe based on cottage cheese yogurt. Adults find the creamy ch cake without a crust equally appea A blender is essential for making it.

If you like, garnish each square with ries or sliced peaches; you can also s kle top with almond praline (see bel

Cheesecake Squares

- 5 eggs
- 2 pints (2 cups *each*) low fat cottage cheese
- 3 tablespoons all-purpose flour
- 1 teaspoon grated lemon peel
- 2 teaspoons vanilla
- 1 cup sugar
- 1 cup yogurt

Whirl smooth in a blender the e cheese, flour, peel, and vanilla. Turn a bowl and stir in sugar and yog Pour into a buttered 9-inch square Bake in a 325° oven for 40 minutes until a 3-inch section in center jig more readily than surrounding when pan is gently moved (the cake ishes setting up as it cools). Chill. If into 16 squares, each portion cont about 130 calories. Makes 16 servi

Almond Praline. Heat together in a ing pan over medium high heat 2 spoons butter and 3 tablespoons su When it bubbles, add ¾ cup slive blanched almonds. Cook, stirring, u the nuts turn golden. Spread on a s of foil and let cool. On a board c in small pieces. Makes about ¾ cup.

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THE

Western Kitchen

NEWS AND IDEAS

Wall-hung chopping block

If your kitchen space won't allow for a free-standing butcher block, you might like to consider a wall-hung unit. The one pictured here fits in a wall space just 32 inches wide. Its counter top is 16 inches deep and almost 2½ inches thick.

There are two ways to attach the block to the wall: One is by wooden uprights

NORMAN A. PLATE

4 feet tall, with notches for adjustment so the chopping block can be at one height for standing to work, and at another for sitting. The uprights can be fastened to any wall: dry wall, brick, metal, cement. They cost about $14 a pair. The other way is to use free-standing tension poles, thus eliminating the wall installation. They also have adjustments for height variation and cost about $70 a pair.

The butcher-block shelf, made of alder, makes a sturdy chopping surface for the kitchen or refreshment area or an easily cleaned surface for a hobby desk. The wooden shelf costs about $38. Additional shelves and cabinets for storage are available to complete the wall system.

Sponge the block with mild detergent and water to clean. When the wood feels dry, give it a light coat of slightly warmed mineral or paraffin oil.

Remove light scratches and metal marks with fine steel wool.

DARROW M. WATT

Heavy-duty mixer

When you must lift your mixer from storage each time you use it, it's almost as easy to leave it in place and use something else for the job. In the *Sunset* test kitchens, where electric stand mixers are a necessity, kitchen designer Janean specified the use of heavy-duty swing-up shelves. The shelf, a commercial unit, locks into place to make a sturdy work surface at a comfortable height. The electrical outlet and storage drawer are housed in the same cabinet; when it's not in use, it swings back into the cabinet. The cabinet, with shelves, costs approximately $220.

Care for tile floors

Tile floors—terra cotta, flagstone, floor brick, and paving brick—need some special attention if they are to retain their surface finish after several years of wear. Usually the manufacturer recommends applying acrylic finish over the top of these tiles when first installed, before the floor is used, and when it is spotlessly clean. The acrylic dries to the touch quickly, but does not develop full strength for many days. Thus it is well to avoid scratching and heavy traffic during this period.

Acrylic will not yellow with age on surface and does not need to be strip off like wax. Just clean the floor brush on a new coat every few yea the old one wears off. One coat of fi is usually adequate. The building u related layers gives the surface a s glazed look, undesirable on a tile fl

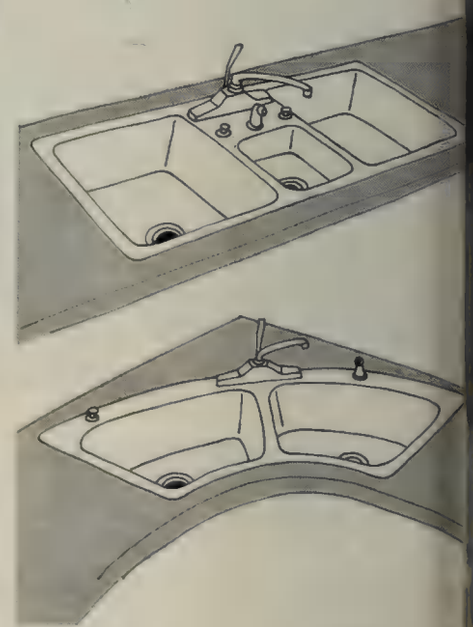
Acrylic can be used on exterior surf also. In wet areas it is nonslippery; h ever, standing water may turn the face milky white, which can be unsig on dark tile. On porous surfaces, terra cotta and brick, it is best to glossy acrylic. A satin acrylic used these porous surfaces will absorb qui and the flatting agents will be left white residue.

On slick surfaces, such as glazed ramic tile, use only a very thin solu of acrylic.

The finish is easy to care for. Mai nance is generally limited to damp m ping. Stubborn spots, grease, and st can be removed with a strong deterg solution and a stiff bristle brush. De gent will not hurt the tile, but may c a period of time soften and remove acrylic finish.

Special-purpose sinks

If you're replacing a sink or selectin new one, you might take a look at th two unconventional types. The three one sink shown in the top sketch has



large side bowls, 15½ inches by inches, and a 9 by 11-inch center bo that includes the waste disposer un Conveniently enough, if both side bow are filled, the center bowl still offers place for food preparation.

If your kitchen has its sink facilities in corner, a wraparound double-bowl si saves space and steps. The bowls a about 20 by 23 inches, and the who sink, curving conveniently around t corner, measures 25 by 49 inches.

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DARROW M. WATT

ibs *brown on barbecue; inside meat is tender, moist*

How'd you like to chew on some dinosaur bones?

Gnaw *barbecued beef ribs to get the tender, juicy meat that clings to them. Have extra napkins ready*

PAUL SCHULZ

e **are really** the ribs that the meat-trims away when he makes a boned olled rib roast. A nine-year-old boy d them dinosaur bones because call for rather primitive eating tech-s. The meat that clings to these s is as tender as the roast, so you barbecue them a rich brown on the de, keeping the meat juicy inside.

sionally rib bones are on display at counters, but since the supply is d, it's wise to order ahead. (If you a rib roast boned, be sure to ask he bones. Freeze the bones until accumulate enough for a meal; about 1 pound or 3 ribs for a ng.)

ribs are good and flavorful simply cued with salt, pepper, and butter e only seasonings. But they also well to further embellishments with nades and bastes. Two different s are suggested here.

ribs cook best over a low, even bed als. Make your fire with about 3 n briquets. After a good bed of ing coals forms, spread them evenly r the cooking area of the grill.

saur Bones

6 pounds (about 18) meaty beef rib bones
Butter or margarine
Salt and pepper

between ribs to separate individual s. Place meat, bone side up, about hes above glowing coals. Brush with r occasionally and turn ribs to n all sides. Cook about 25 minutes are meat, 35 minutes for medium well done. Sprinkle with salt and pepper to taste. Serve directly from barbecue or on a heated platter. Makes about 6 servings.

Teriyaki Beef Ribs. For 6 pounds of beef ribs, prepare this sauce: In a small saucepan combine ¾ cup *each* water and soy sauce, ⅓ cup sugar, 2 cloves garlic (minced or mashed), 2 teaspoons grated fresh ginger (or 1½ tablespoons chopped preserved ginger), and 2 tablespoons tomato-based chile sauce. Heat and stir over medium heat until sugar dissolves. Let cool.

Separate the rib bones and marinate in the sauce for several hours or overnight. Lift ribs from marinade, gently shaking off excess; barbecue as directed above for Dinosaur Bones. Baste occasionally with the balance of the marinade instead of using butter.

Tomato-Glazed Beef Ribs. For 6 pounds of beef ribs, prepare this sauce: Heat 2 tablespoons salad oil in a small frying pan over medium high heat. Add 1 large onion, chopped, and cook, stirring, until golden. Add 1¼ cups catsup, ¼ cup firmly packed brown sugar, 2½ tablespoons Worcestershire, ¾ teaspoon dry mustard, and 2 small, dried hot chile peppers (crumbled, with seeds and pith removed). Bring to boiling; then let cool.

Separate the rib bones and marinate in the sauce for several hours or overnight. Lift ribs from marinade; barbecue as directed above for Dinosaur Bones. Instead of brushing with butter, use the rest of the marinade. □

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Out of the oven . . . your own jerky

survive the grueling trek across the rra Nevada, Jedediah Smith and er "mountain men" often relied on hery morsels of sun-dried meat they l carefully stored in their saddlebags 's before.

f jerky is still a staple in the packs today's mountain men—backpackers, ers, and campers—and a popular ck for armchair sportsters, too.

the modern version of this ancient thod of preserving meat, your oven es the thin, seasoned strips instead of sun. The following recipe is for lean s of beef (flank, brisket, or round ak), venison, and the white meat of key or chicken.

u can also dry fully cooked ham (see arate directions). Because you start h smoked meat, ham jerky requires additional seasoning from a mari- le. Serve it as a snack to nibblers or mble it to flavor or garnish other hes as you would bits of bacon. (If ham is quite salty, eating the ham cy on a hike may make you thirsty.)

tially freezing the meat before cut- g makes it easier to slice evenly. Cut h the grain of the meat if you like a wy jerky; cut across the grain for a re tender, brittle product.

is recipe makes the quantity of meat u can dry in one oven.

en-Dried Jerky

1½ to 2 pounds lean, boneless meat (see above), partially frozen
¼ cup soy sauce
1 tablespoon Worcestershire
¼ teaspoon *each* pepper and garlic powder
½ teaspoon onion powder
1 teaspoon hickory smoke-flavored salt

m and discard all fat from meat becomes rancid quickly). Cut the at in ⅛ to ¼-inch-thick slices (with across the grain, as you wish). If essary, cut large slices to make strips out 1½ inches wide and as long as ssible.

a bowl combine the soy sauce, orcestershire, pepper, garlic powder, ion powder, and smoke-flavored salt. r until seasonings are dissolved. Add at strips and mix to thoroughly coat surfaces. (Meat will absorb most of liquid.) Let stand 1 hour, or cover d refrigerate overnight.

aking off any excess liquid, arrange ips of meat close together, but not erlapping, directly on the oven racks on cake racks set in shallow, rimmed king pans.

Dry meat at the lowest possible oven temperature (150° to 200°) until it has turned brown, feels hard, and is dry to the touch (about 5 hours for chicken and turkey, 4 to 7 hours for beef and venison). Pat off any beads of oil. Let cool, then remove from racks and store airtight in plastic bags or in a jar with a tight-fitting lid.

Keep at cool room temperature or in the refrigerator until ready to use; it keeps indefinitely. Makes about ½ pound.—*M. C., Palo Alto, Calif.*

Oven-Dried Ham Jerky. Ask your meatman to slice 1½ to 2 pounds fully cooked, boneless ham ⅛ to ¼ inch thick. (Or you can slice leftover ham.) Trim and discard all fat. Cut the slices into strips about 1½ inches wide and as long as possible. Lay ham strips close together, but not overlapping, directly on the oven racks or on cake racks set in shallow, rimmed baking pans. Dry ham at the lowest possible oven temperature (150° to 200°) until it feels hard and snaps readily (5 to 5½ hours). Pat off any beads of oil. Let cool, then remove from racks and store airtight in plastic bags or in a jar with a tight-fitting lid.

Keep at cool room temperature or in the refrigerator until ready to use; it keeps indefinitely. Makes about ½ pound.—*M. P., Santa Clara, Calif.* □

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Maybe after this, when you see a box of Sunsweet pitted prunes, you'll pick it up.

Now that you know what's in it for you.

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DARROW M. WATT

reen *pumpkin seeds make a tasty snack*

n Latin America they're pepitas

ted pumpkin seeds, or *pepitas,* have played a role in the cuisines of the ·icas. The crunchy nutlike seeds a tasty and unusual snack and are prepared at home.

don't have to wait for a Halloween ›kin to obtain pumpkin seeds. They vailable, hulled, in natural food or ı food stores for about $1.50 to $2 ound. Roast them flavored with salt ıe of the seasonings suggested be- If you buy the seeds in quantity can be stored raw in the freezer.

ted Pumpkin Seeds

: to a boil 1⅓ cups water and 3 spoons salt and stir until salt is letely dissolved. Pour over ½ d (1⅔ cups) raw hulled pumpkin , placed in ■ bowl. Cover and stand om temperature 12 to 24 hours.

ı liquid from seeds. Spread seeds y over a 10 by 15-inch baking pan. in a 350° oven for 25 to 35 min- (seeds that soak 24 hours require mum time) or until seeds are dry puffed (the kernel separates in the r); stir frequently. Let cool, stirring sionally. Store airtight. Roasted ›kin seeds stay fresh up to 10 days.

ored Pumpkin Seeds. Follow direc- for roasted pumpkin seeds except the 3 tablespoons salt from boiling r. Drain soaked seeds and sprinkle 2 teaspoons of either onion salt, c salt, or ¾ teaspoon *each* chile der and salt; mix until well dis- ted. Bake as directed. □

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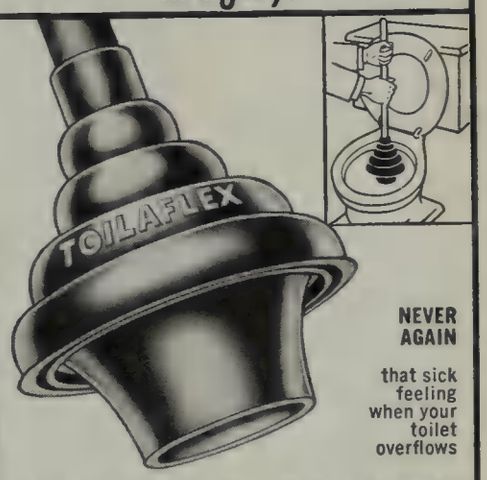

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ummer starter . . . a chilly slush

ol, **refreshing** first course can ease ray into meals on warm summer Instead of a salad or cold soup. der serving one of these icy vege- slushes; the vegetable flavors con- ate in the tiny ice crystals.

tomato slush, flavored with green and oregano, like gazpacho, s an especially good accompani- for barbecued meats. Season the ny cucumber slush with either basil l to serve with fish, such as salmon.

the slushes in small glass bowls or glasses garnished with a comple- ary vegetable, such as carrot curls e tomato slush or thin slices of cu- er on the cucumber slush.

ato Slush

l tomatoes and juice from 1 large 1 lb. 12 oz.) pear-shaped tomatoes blender until smooth: pour through e strainer into a shallow pan. Stir tablespoons finely minced green , ¼ teaspoon crushed dried oreg- 1 tablespoon sugar, and ½ teaspoon estershire.

and seed ½ medium-sized cucum- cut in about ½-inch chunks. Finely cucumber in blender by turning der on, then immediately off; stir a rubber scraper to distribute mix- Continue turning blender on, then and stirring, until cucumber is a chopped pulp. Stir into tomato ure. Cover and freeze until solid.

stand at room temperature until ice be broken into small pieces with a den spoon. Beat with an electric r until uniformly slushy and thick. er and freeze. Before serving, allow often for about 5 minutes. Makes t 4 cups.

umber Cream Slush

and seed 4 large cucumbers. rsely chop cucumbers and place in a der jar. Add 1 can (about 14 oz.) lar-strength chicken broth and whirl mixture is smooth. Pour mixture a shallow pan. Stir in ½ cup whip- cream and ½ teaspoon crushed d basil or dill weed. Cover and freeze.

stand at room temperature until ice be broken into small pieces with a den spoon. Whirl in the blender or with an electric mixer until uni- ally slushy and thick. Cover and ze. Before serving, allow slush to en for about 5 minutes. Makes about ps. □

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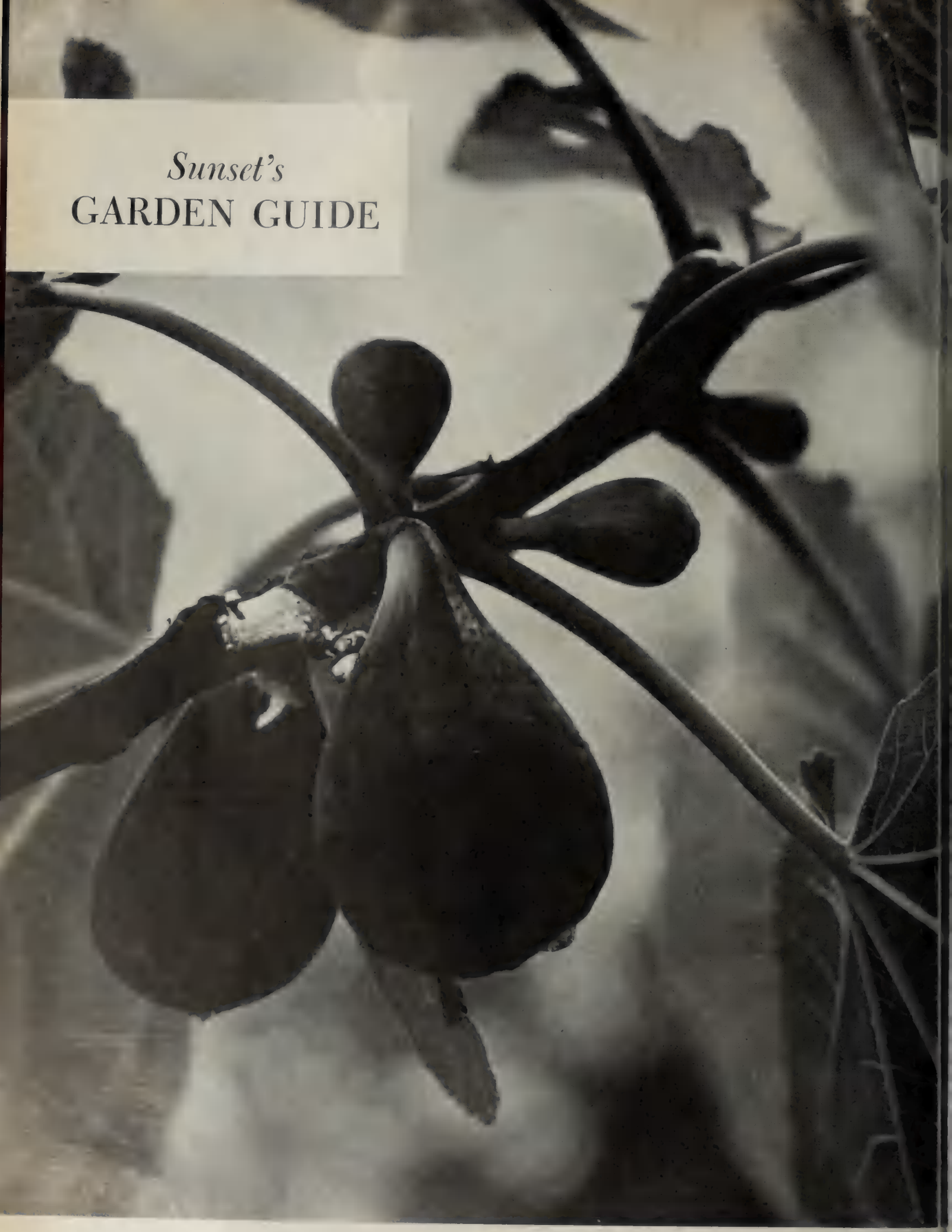


Sunset's GARDEN GUIDE

DARROW M.

Birds permitting, you'll get your second and biggest crop of figs this month. Figs are ripe when they come off easily with a gentle pull. Here you see plump ripe figs in June (the first crop), and this month's crop beginning to form in back

The figs that follow figs

TEMBER IN YOUR GARDEN:

Be patient. At midmonth a new season begins

the first half of September prob- as some of the hottest and driest r of the year, things begin to in midmonth. You'll first notice ason grasses coming back to life, like magic, around September e days and nights may not be no- y cooler, but shorter days and a wer down on the horizon let the ol down, and cool-season plants all about it.

econd half of the month is the be- g of fall planting. You have to be more careful that plants don't or dry out on hot days than if ant in October; but an early start nonth may provide treats like ing calendulas for Christmas.

while, early September is not time to be working in the garden, ally in the Bay Area. This is the fog-free and cloudless month of ar. The air can be very still, hot, moggy with no relief provided by breezes.

niliar September smell

gardener remembers the smell of royal although he didn't recognize ant. Out behind his uncle's chicken in Sonoma County in a summer- pasture, it grew with the dog fen- 's not native, but naturalized, and an grow it in the garden as easily other mint. (It closely resembles l other common mints.) Give it ure, sun, and a little room to l. You won't find it as invasive as mmon garden mint.

royal is one of those herbs organic ners can't be without. It has sev- ses: You can make flea collars for at, keep ants out of kitchen shelves, as a moth repellent in the closet, or on yourself to repel mosquitoes. hould use it fresh for most of these ses and renew it frequently. It isn't nteed to be effective, but it does considerably better than mosquito ent or moth balls.

can also make a good pennyroyal sing about a teaspoon of fresh or leaves in each cup of hot water. ith any tea, boil the water first and add the pennyroyal. It's unlike many other herb teas; you don't have to be ill to enjoy it.

The pennyroyal in the Sonoma County pasture is *Mentha pulegium*, an émigré from Europe, and some nurseries sell it. You could also dig up a piece and reroot it.

Some native members of the mint family—*Hedeoma* and *Monardella*—are remarkably like pennyroyal and you can use them in much the same way.

The one-year fuchsia standard

Take a fuchsia cutting now, train it through the winter, and next August you will have a miniature tree (called a standard) that is ready to bloom, like the one in the photograph below. There aren't many plants you can train into a standard this quickly.

There is one catch: You have to live in a mild climate like the Bay Area's. Light frosts don't seem to set the training program back any, but heavy, prolonged frost certainly would. Here's how to start this month.

To take a cutting, snap off about 4 inches of new tip growth. Root the cutting in a 4-inch pot filled with a good potting mix (perlite and peat moss or just damp sand). As soon as roots begin to form, start feeding with light doses of a complete fertilizer every two weeks. When roots begin to fill the pot, transplant to the ground, and begin training the young plant up a 4-foot pole.

You could start with a small nursery plant instead of a cutting. Make sure it hasn't become woody.

Train it by pinching off all side shoots, thereby directing growth upward. With constant attention to pinching and feeding, you should have a 4-foot stem by early summer. At this point, stop pinching out side shoots at the top and let them develop. A wire support like the one in the photograph will help establish a shape. From here on, you can

Cutting *shown above, taken in September, will be as large as fuchsia shown at right by July, fill training hoop by August. It is being rooted in foam cubes that contain rooting hormones and fertilizer for quick start*

DARROW M. WATT

Sunset's GARDEN GUIDE

train the head of the standard just like a hanging fuchsia, pinching back growth to establish more stems for flowering in late August and September.

Unhappy fuchsias?

Fuchsias need quick drainage; they don't like water standing around their roots. If some of your fuchsias in wooden containers are draining poorly this late in the season, you could try drilling a few extra drainage holes.

Norman Grunke, who grew the fuchsia in the photograph on page 163, drills a ¾-inch hole near the base of all four sides of his containers in addition to the drainage hole already in the bottom. Be careful not to injure any roots.

Another use for the potato hook

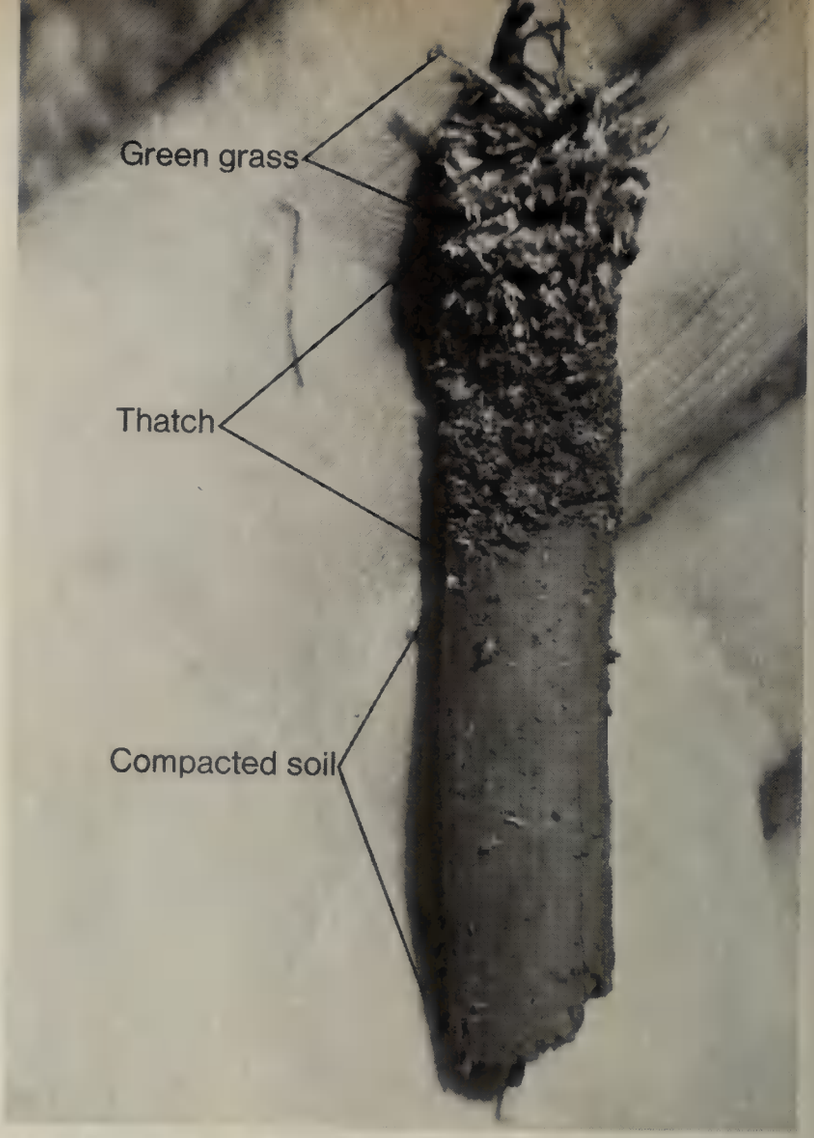
A gardener who just ripped out an old bed of ivy found a new use for the potato hook—as a rake. It was a case of mistaken identity, since the potato hook came with his new house and he thought it was a rake. In case you're also not sure what a potato hook looks like, it resembles a giant cultivator with extra-long prongs. It is used to dig out potatoes, but it also works well as a rake when the stuff you're raking up is too bulky for a normal rake. You might try using it for things like ivy, twigs, old annuals and vegetables, and other hard-to-gather items.

You can start rejuvenating your lawn this month

The plug in the photograph above was taken from a lawn in Burlingame and shows two classic causes of lawn problems—thatch and compacted soil.

Thatch—in this case old grass stolons and stems—can keep water, air, and nutrients from getting into the soil. Thatch operates like a sponge, soaking up water and then letting it evaporate into the air. As a result, roots dry out easily. If you watered a lot this summer and the grass seemed to dry out the day after, you may have a problem with thatch.

September is a prime month to do something about it, since grass begins growing again and can recover from any surgery you do now. Thatch can be removed by a vertical mower or renovator, a machine with revolving knives that cut out thatch.



Hand *holds plug from lawn in trouble. The problem? Too much thatch and compacted soil*

The compacted soil shown in the photograph is packed so tight that air, water, and nutrients don't stand a chance of penetrating. Roots also have a difficult time getting through (in several of the plugs we looked at in this lawn there were apparently no roots at all in the compacted soil).

An aerator can help here. It lifts out plugs, leaving more room for roots and soil to expand. There are a variety of aerators available from a $7 foot-operated job up to massive machines that resemble a dozen small pile-drivers all working together. You can rent an aerator, vertical mower, or renovator, or hire a commercial operator to do the job for you. Hiring a commercial operator may be as economical as doing it yourself.

Preparing the soil for fall planting

Fall planting begins later this month and gets into full swing in October. You can begin preparing the soil right now. The idea is to get the soil to a point whe will let excess water from winter r seep into the ground and not stan puddles around plants. The best wa do this is by adding organic matter.

The organic matter will open up sp between the soil particles and a water and air to penetrate quickly. (a list of some typical organic soil am ments and the amounts to add, see p 218 of the June *Sunset*.) Add org matter by digging it in with a spad spading fork; this breaks away soi chunks and leaves an uneven and e penetrated transitional zone between tivated and uncultivated soil.

Another useful technique for wi plantings is to put new plants in a ra bed or mound. Often by adding org matter you end up with a soil l higher than when you began. A ra bed keeps the base of plants out of so soil, so air can penetrate. But don't m the mounds so steep that water runs and erodes them.

They eat slugs and snails and anything else slow enough to catch

The next time you turn over a stone board and black beetles go scurrying

Roast beefier hash, from Mary Kitchen.
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cover, don't step on them. They're on our side. Called carabid beetles or ground beetles, they are predacious—eating such things as slugs—and are some of the most beneficial insects in the garden.

The ground beetle in the photograph is one of the commonest in gardens and has been observed eating cutworms. Other ground beetles eat caterpillars, grubs, slugs, snails, and other slow-moving prey.

The easiest way to recognize carnivorous ground beetles is by the way they frantically scurry around when disturbed. They're nocturnal and don't appreciate the light. You can also pick one up and look for the strong pincerlike mandibles used for crushing and subduing prey. However, this isn't always such a good idea, since many ground beetles (but not the one in the photograph) can squirt an unpleasant vapor in your face.

DARROW M. WATT

Typical *ground beetle showing powerful little pincers for crushing cutworms, other prey. He's a little over a ½-inch long*

"Sam, what's in those brown paper bags in the refrigerator?"

While September is not the best month to plant tulips and hyacinths (October and November are much better), it is the ideal time to buy them. They have just come from the growing fields, so you'll find the best selection of fresh bulbs. But, most important, they can definitely benefit from being chilled in your refrigerator (not the freezer).

Tulips and hyacinths like a long cold winter, which we can't offer them. But a month or more in the refrigerator can often fool them. Without this refrigeration, they may bloom poorly and have short, weak stems.

Refrigerated bulbs seem to develop longer and sturdier flower stems. Leave them in the refrigerator in a lower compartment (45°) for six to eight weeks and they'll be much the better when they bloom in the spring.

Planting ground covers?

Here's a short cut to take when removing plants from a flat. It's easier and faster than cutting out hunks with a trowel or knife. And it works for baby's tears, Irish moss, or other compact ground covers that won't be damaged when you turn them upside-down for a few moments.

Simply turn the flat upside-down. Then with a shovel or sharp knife, make lengthwise and crosswise cuts, like slicing sheet cake for a crowd. The size of the pieces you cut depends on the kind of ground cover and how far you want to make the flat go.

Growing your own wine grapes? Please tell us about it

We'd like to hear from readers grow grapes for making wine at h Whether or not you've had your harvest and crush, please consider ing your knowledge and experi with us.

What varieties do you grow? How are the vines and how many? How apart are they? Is your ground sl or level? Does it get any shade? Do irrigate it? How's the wine?

If you are willing to help out, to Home Vineyards, *Sunset Mag* Menlo Park, Calif. 94025.

SEPTEMBER CHECK LIST:

Here is what most needs doing

☐ **Annuals.** Later this month you can plant winter-flowering annuals, but have some kind of portable shade in case of a heat spell. If you're new to the West, here are some of the favorite winter blooming annuals: calendula, cineraria, Iceland poppy, nemesia, pansy, primula, snapdragon (dwarf forms are especially nice), stock, and sweet pea.

☐ **Bulbs.** See the advice on tulips and hyacinths at left. Daffodils, crocus, and other spring bulbs should be planted as soon as you buy them. They're available in nurseries now.

☐ **Compost.** Start a new winter compost pile from old summer annuals and other similar material. Winter rains will help decompose it so that it's ready for spring planting next year.

☐ **Lawns.** Wait until the last two weeks of this month or early in October to plant, but you can begin now by preparing soil and laying pipe for new sprinkler systems. If you plan to sterilize the soil to prevent weed growth, do it now since you must wait a minimum of 30 days before you can sow seeds.

☐ **Perennials.** The intermountain people can divide crowded perennials this month. In milder climates, wait until October. Begin to plant perennials toward the end of this month.

☐ **Plant diseases.** Powdery mildew often shows up on plants around this time of the year, with zinnias especially susceptible. It's not worth trying to control on summer annuals, since you'll probably be pulling them out next month.

☐ **Smog.** Different plants have different reactions to smog. They may lose leaves, turn yellow, or get white blotches (petunias do this). Try to keep them otherwise healthy and they may outgrow the damage.

☐ **Strawberries.** On page 54 you'll find out about a uniquely Western privilege of having ripe strawberries in your garden while Easterners are still trying to find their car in a snowdrift.

☐ **Trees, shrubs, and vines.** You can plant these now, or wait until October. The warm soil will get roots started and plants will be well established by next spring. Work bonemeal into the soil to supply plants with phosphorus, a plant food that stays where you put it in the soil. Build a watering basin and water thoroughly.

☐ **Vegetables.** Fall planting of vegetables gets into full gear this month in the milder parts of northern California; it's near the end of planting for the Central Valley. See planting chart on page 178 of this month's *Sunset*.

☐ **Watering.** We may get one or two light rains this month, but they won't do much more than wash summer dust off plants. Summer plants can easily last into October but they need the water to do it. Make sure you water deeply and thoroughly. ▫

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That's a question you have to ask yourself when you're about to buy furniture. And it's not easy to answer.

There you are in the middle of a busy store, trying to guess how you'll feel about something years from now. And knowing that if you fall out of love with it, you may have to go on living with it anyway.

How can you make sure that you and your intended furniture will be happy together?

While lasting love is impossible to guarantee, there are certain safeguards you should know about.

Avoid furniture where the hardware is the most attractive part of the piece. It's like buying a car for the chrome. Try to imagine how the furniture would look without the hardware. That might end it for you right there. When you look at a piece of Drexel furniture, you'll notice the design of the total piece before you notice the drawer pulls. Because the furniture comes first. The hardware adds to the overall design. It doesn't take the place of it.

Avoid furniture that seems to be trying too hard to look original. Nothing grows old faster than something that was made just for the sake of looking new. Drexel furniture derives largely from classic designs that have already survived the test of time. Designs based on Spanish, French, Italian, English and other lasting influences.

Pay careful attention to the way a piece of furniture is made. The inside tells you a lot about the outside. Furniture that's well-made is usually well-designed. Open the drawers of a piece of Drexel furniture and you don't have to be an expert to know that the men who made it cared. The drawers slide easily on ball bearing glides. And the insides have been hand-sanded velvety smooth.

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DON NORMARK

› pine *against fence enhances ? of wood and rock, giving garden an understated Oriental ·. Landscape architect :s Stoll designed it for Mr. rs. Paul Gibbs, Seattle*

MUGHO PINE

Beautiful, not big, and it takes it easy

man who said that good things in small packages could have been g about mugho pine. For this by, compact pine is a versatile and vedly popular plant. And now is an ent time to plant it.

ive of the eastern Alps and Balkan , mugho pine (*Pinus mugo mu-* is a slow-growing, slightly spread- ırub that seldom grows more than 5 feet high. Actually it is somewhat ›le in form, from prostrate ground s to dense globular shapes. You et a good idea of the plant's future cter from what it looks like when ill in the nursery can.

ese photographs show, mugho pine s beautifully with rock and wood, ıl and informal landscaping. It :s in sun or part shade, in light, drained soil. It takes considerable :ss and exposed windy situations, oesn't like heavy, soggy soil.

can maintain or increase its com- ess by pinching back about half the growth in spring. To encourage , treelike growth, remove branches lie close to the ground. This also you an opportunity to trim other :hes to improve the form of the . Mugho pine makes a fine hedge: about 4 feet apart.

ı planting from cans, loosen the ıround the edges of the root ball in : to encourage the roots to spread the surrounding ground. Water in keep moist until the rains come. □

DARROW M. WATT

Dense *foliage of mugho pine is evident, also its affinity for natural surroundings such as rock. It rarely grows above 4 feet*

It's the Berries

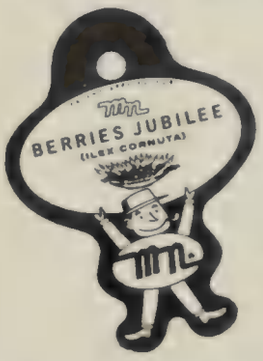
FOR FALL AND WINTER DECORATION

BERRIES JUBILEE HOLLY

Ilex cornuta (P.A.F.)

Feast your eyes on the astonishingly large, sparkling red berries of this new Holly. The fall and winter decoration of fiery brilliance is in sharp contrast to the bold, large, dark green foliage of handsome appearance on its mounding, bushy form. An excellent addition to your landscape is the dwarf growing 'Berries Jubilee' Holly. It can fill your need as a hedge, a strong accent plant, or an exciting planter box choice.

One must admire the festive touch it adds to the holiday decor indoors or out-of-doors.



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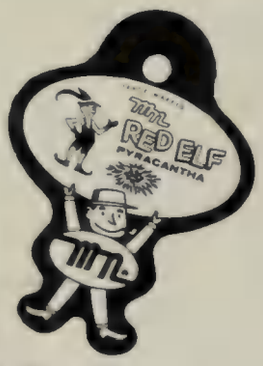

RED ELF (Trade Marked)

Pyracantha hybrid 'Red Elf'

A profusion of cheerful, bright red berries adds a delightful touch to this new dwarf Pyracantha. The stunning, low growing, mounding habit will have many uses in your landscape. Used effectively in colorful planter boxes, sparkling accents in containers, handsome borders, and an interesting low hedge. The background of rich green, small leaves creates a contrasting appearance for the colorful splash of berries.

Available at Leading Nurseries

MONROVIA NURSERY CO.

Hanging panels *with planter at one end have created an outdoor entry hall*

A screen hangs around the entry

To give the owners a sense of priv from the street, landscape architect W liam L. Kapranos designed this scr structure. Nine panels hang from a s porting framework of 6 by 6's. Altho vines are trained across it, it is ess tially an open device intended to rather than obstruct vision.

At one end of the structure is a rai planter enclosed by short 2 by placed vertically with a 3 by 6-inch and a 2 by 6-inch band at the bott Resting on one edge of the planter on house side is a 6-foot-long entry ben

By hanging the panels rather than ting them into a more conventional p and stringer system, the designer felt could keep a better balance of scale tween the panels themselves and th vertical and horizontal supports. T heavier 6 by 6's aren't needed strength (the panels are not that hea but they repeat the bulk of the proje ing roof beams of the house.

Low voltage drop lights are suspend from the ends of the beam extensio above the raised planter. Light fr them washes the face of the panels b hind them and illuminates the hou number and the entry walk.

The owners are Mr. and Mrs. Kenne Loomer, San Rafael, California.

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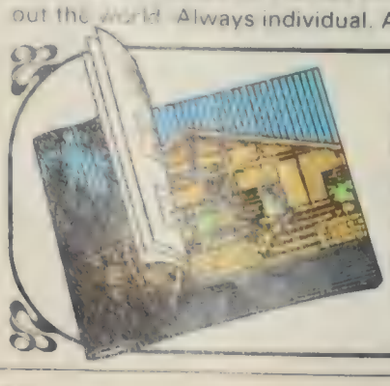

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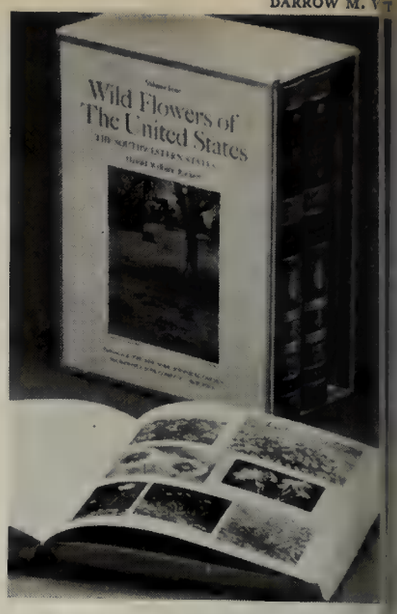

These three books *represent a sin volume of the huge six-volume se*

Wildflowers of the Southwest

Western flower lovers have been wa four years for the New York Bo Garden's monumental *Wild Flowe the United States* series to issu two Western volumes. Now the fi these (the fourth volume of the e series) is out. *The Southwestern S* by Harold William Rickett, is expe ($52.50) and big (it weighs more 19 pounds), but it is worth the m it costs and the effort it takes to it home. It will become an heirloom the family silver.

The series is published by The New Botanical Garden and McGraw- Book Company. Volume 4 consist three parts, each handsomely bound all boxed together. There are 801 pages of big, readable type, 248 plates including approximately 2 color photographs, a glossary, an index. There is also, at the beginnin the work, some direct and forthrigh vice on wildflowers generally—na identification, classification, even p ing and transplanting.

Here is an instance of Dr. Rick prose: "Underground parts, however not generally seen—and should no seen—by nature lovers, and need very little part in the identificatio wild flowers."

This volume covers the wildflower New Mexico, Arizona, and the south part of California. Of course great n bers of these flowers also grow in no ern California, the Northwest, and interior plateaus and ranges.

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ELLS MARUGG

Flowers *of giant timber bamboo; pale rods are pollen-bearing anthers*

Will the giant bamboos all bloom at once, and maybe die?

Many groves of giant timber bamboo *(Phyllostachys bambusoides)* are looking a bit shabby about now. A careful check may reveal inconspicuous, oaty-looking flowers like the ones in the photograph above. If you see them your bamboo is blooming—an event that happens only rarely, but is nothing to rejoice over.

If your grove is not blooming, it may do so soon. Or—if you are very lucky—it may not do so for many years. Botanists don't know as much about bamboo flowering as they would like to, but a brief review of what is known may help you understand what is happening to your plants.

Bamboos, like other grasses (and most other plants), have two major phases in their lives: a vegetative phase, during which they grow, and a flowering or reproductive phase. Most grasses flower every year; annuals die after setting seed, while perennials resume growth.

The various kinds of bamboos are far less predictable. A few of the smaller kinds bloom every year and keep on growing. Others, especially some of the big tropical ones, bloom once, seed heavily, and die. (This behavior accounts for the story that all bamboos die after flowering.) Some kinds bloom partially, a few stalks blooming and dying while the bulk of the clump continues vegetative growth. A few have never been observed in bloom at all.

The giant timber bamboo (and other kinds of *Phyllostachys*) bloom at rare intervals. When the time finally comes for a *Phyllostachys* to produce flowers, the production continues for a long time. The prolonged blooming weakens the plants. Recovery comes slowly.

Why they often bloom together

Since plants bloom and set seed so infrequently, how are they propagated? Growers increase their supply of plants by dividing clumps, and this practice leads to even further complication.

When a plant is propagated solely by vegetative means—division, cuttings, grafts, or layers—the parent pl all its vegetative offspring are collectively as a clone. In effect, offspring and the parent are pieces of the same plant. It is liarity of bamboos that all mem a clone bloom at (or very nearly same time, regardless of the age division.

Comparatively few introductio bamboo plants have been made, is beginning to look as thoug giant timber bamboo in this comes from a 1904 importation zomes from the Yokohama Company in Japan. A huge clu this clone has been blooming in California, since 1967; this plant the U.S. Department of Agric Plant Introduction Station, is the of many clumps throughout the

Many plants in other areas of th have bloomed in the past few yea clumps of the same species hav blooming in Japan since 1960. I plant doesn't come into bloom chances are that it is from anothe or that it belongs to a different spe many other bamboos resemble *P busoides*.

The way they bloom

How often does giant timber ba bloom? No one is absolutely certa timates vary from 60 to 120 When flowering starts, plants te throw their food reserves into blo stead of leaves. First one cane, many will flower. New, leafy cane appear, but they too begin to f either at once or in a year or Twiggy growth on old stems de flowers instead of leaves. Soon m the plant is a brown, chaffy ruin.

How to minimize bad effects

You can't stop the flowering, bu may help your planting to survi flowering. It will take patience; we know how long flowering will go o it may be as much as 15 years (fully it will be less). In the mea cut and use stems that have flo and turned brown. Don't cut an have green leaves. Give the plan proximately the same care you g while it was flourishing; it will need and water to produce flowering and then recover.

The blooming will eventually stop the clump will regain its strength size slowly. Wispy stems will be lowed by increasingly big ones, ju with newly set divisions.

Search for seeds, which resemble g of wheat. You won't find many, those that sprout grow easily and f fast, making plants of 5-gallon-can in three or four years. And each wi a genuinely new plant, not a divisio the one that came here in 1904.

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NORMAN A. PLATE

-long, *creamy flower clusters of chestnut open in June, July*

The chestnut tree is good looking ... and the nuts are delicious

chestnut—boiled, roasted, or in ey stuffing—is less important to our ore in the West than in the East, though people who shop for chest- in the fall can usually find them. not even devoted chestnut eaters ld recognize chestnut trees in pass- That's too bad, because the trees good form, foliage, and flowers. they bear young.

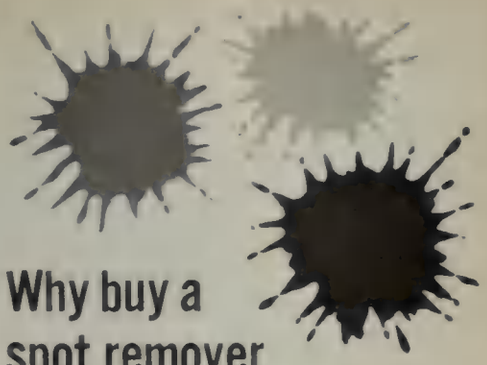
pean, Spanish, or Italian chestnut *tanea sativa*) is the most familiar; big, dark brown nuts (usually im- ed from Europe) are the ones you in stores. The massive trees are tually 40 to 60 feet tall, equally d, and well furnished with deep n, saw-toothed leaves up to 8 inches . Leaves turn brown before drop- . The trees grow well in all except rt and high mountain climates.

lar in appearance are the American tnut (*C. dentata*), a tall tree with l, very sweet nuts, and the Chinese tnut (*C. mollissima*), a smaller tree larger nuts of variable quality. The r is most widely planted, because it esistant to the blight that has de- yed American chestnuts in the East could destroy them (along with Eu- an chestnuts) here in the West if it ever got a foothold.

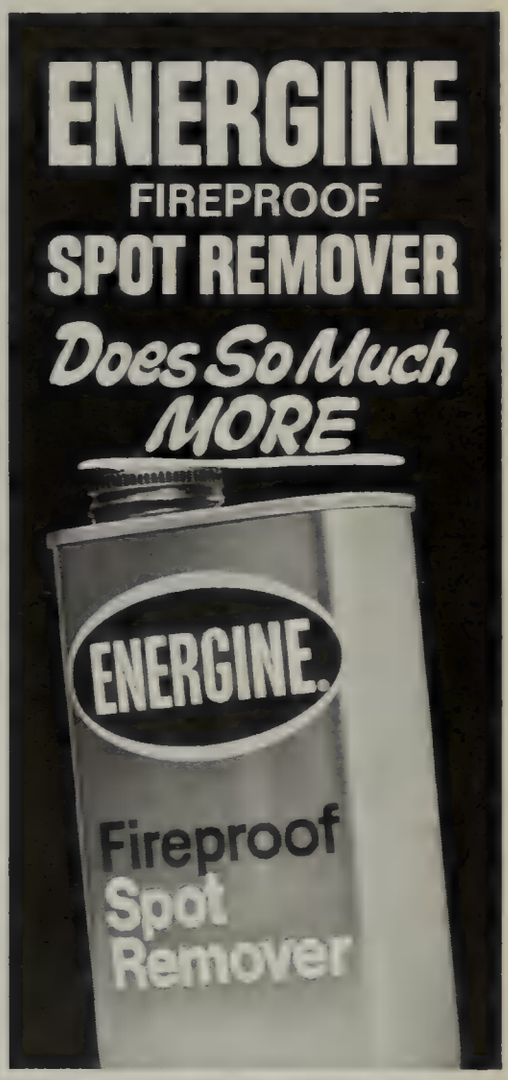
If you can't find chestnut trees (you need at least two for cross-pollination) in a nursery, you might try growing some from fresh nuts from a tree. Keep them in damp sand in a refrigerator at about 40° for a month or two, then sow 1 to 3 inches deep. Plant them where you want the trees to grow, or move with care while they are small. □

ELLS MARUGG

Prickly *greenish 2-inch burs split in October or November, show shiny brown chestnuts inside*



Why buy a spot remover that just removes spots?



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DARROW M. WATT

In goes six-week-old *cabbage transplant, 4 inches down the side of an 8-inch deep furrow. Water immediately after planting a row and any wilted plants (as in background) will revive quickly*

Plant now for a vegetable harvest right in the dead of winter

In most parts of California and Ar you can grow and harvest a vege garden in what's considered dead of ter in the rest of the country. Ther about 30 crops that will grow durin cool season and you can plant m them in September.

By planting them now, you can tak vantage of the West's warm fall we and relatively warm soil temperatu get plants off to a quick start. vegetables, like beets, carrots, and c do as well during winter as they summer. Others are strictly cool-we crops that cruise casually throug winter but bolt to seed or just wilt it warms up late in the spring.

You'll find when to plant six of the popular cool-season-only vegetabl the chart at the bottom of the opp page, how to plant them describe the following paragraphs, and ho harvest them in the August 1971 *S* on pages 54 and 126.

Where and when to plant

The planting chart is divided int four primary areas where you can a winter vegetable garden. The are clude climate zones 8, 9, and 12 t as classified in the *Sunset Western den Book*—the same zones in whic rus grow. If you can grow any kin citrus outdoors, even a Meyer lemo your area, you'll have no trouble winter vegetables.

The chart gives months you can se transplants of the cole crops and m to sow lettuce and spinach seed. If want to plant the cole crops from start four to six weeks earlier tha chart shows.

The cole crops

Cabbage, cauliflower, broccoli, and sels sprouts get very large, take up

n the garden, soak up large quan- f fertilizer and water, and taste They are also easy to grow with eption—Brussels sprouts—which y impossible (and extremely frus- anywhere except along the coast hern California; heads don't close other climates. If you've never one of the cole crops, start with li. Besides being easy, it produces dibles per plant.

n plant cole crops in several ways: ed directly in the ground where e to grow; sow in flats or small et them grow four to six weeks, ansplant them into the main gar- buy the young plants from a nur- he easiest way). Transplanting is lly valuable for the small garden. he cole crops take up so much you can grow something else in rden while they're getting up to ant size.

the rows 3 feet apart. Turn over d add some manure or a com- fertilizer. Make an 8-inch-deep and plant seed or transplants y down the side of the furrow hotograph) and water gently by g the furrow. Space cauliflower 3 feet apart in the rows, broccoli ussels sprouts 2½ feet apart, and e 18 inches to 2 feet apart, de- g on the variety you're planting. plants are about a foot tall and tablished, add some bloodmeal or fertilizer high in nitrogen to the s. Then fill in the furrow and make a new furrow for irrigation between the rows of plants. Filling in the furrow gives support to the base of large and heavy cole plants.

Most varieties of cole crops do well in the winter garden, though you may have to ignore the Eastern-oriented planting dates on the seed packets. But there is one exception: 'Snowball,' the most popular cauliflower isn't as good a choice as some of the varieties developed especially for winter growing in the West. 'Late Pearl,' 'November-December,' and 'Early April' are some of these special varieties. They are bigger plants with larger curds and are self-blanching.

Lettuce

The planting chart shows a longer planting period for lettuce than any of the other vegetables. This is because the chart includes two basic kinds of lettuce —looseleaf and head. The looseleaf extends the planting season into the warmer months since it takes more heat and matures quicker. Head lettuce, however, is a winter-only crop in all of the West except for a small coastal strip in northern California. You can plant both kinds now, but you may want to grow head lettuce this winter and looseleaf next spring or summer.

Gardeners usually plant lettuce from seed directly in the garden, although it is possible to transplant. Plant in two rows spaced 12 inches apart on top of a slightly raised bed to keep lettuce from sitting in water and rotting. On each side of the raised bed, make a furrow for irrigation.

When the lettuce comes up, thin to about 4 inches apart. When plants begin to crowd, thin again to 12 inches apart. It's very important to thin head lettuce so the heads can fully develop. Don't forget to use the thinnings, since they are quite tasty.

There are two popular varieties of head lettuce for the West: 'Bibb,' which doesn't do so well inland, and 'Great Lakes,' an excellent choice anywhere.

Spinach

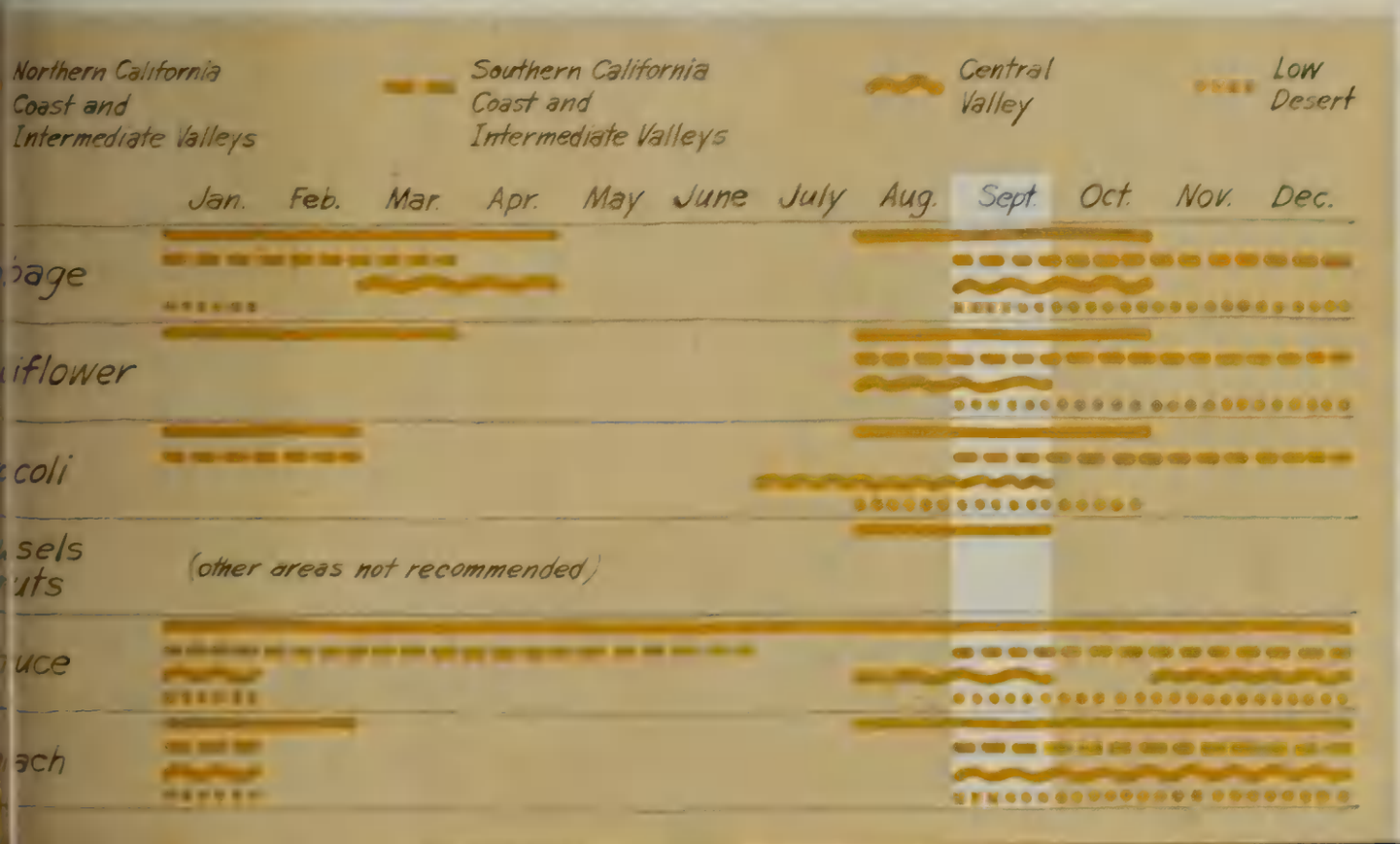
Spinach is another winter-only vegetable. When the first few warm days come in spring, it is amazing how fast spinach sends up a tall seed stalk and stops producing leaves for harvest.

You can follow the same planting and thinning method for spinach as you did for lettuce, with one additional precaution. Spinach has a thick absorbent seed coat, and for the seed to germinate, the soil must be kept quite damp: not so damp that the seed rots, but damp enough for the seed coat to absorb all the moisture it needs for germination.

. . . and 14 others to plant this fall

beets	kohlrabi
Chinese cabbage	leeks
carrots	parsnips
celery	peas
chard	radishes
chives	rutabagas
garlic	turnips

This chart shows months to plant for your area



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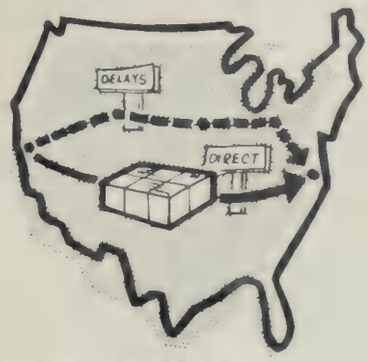

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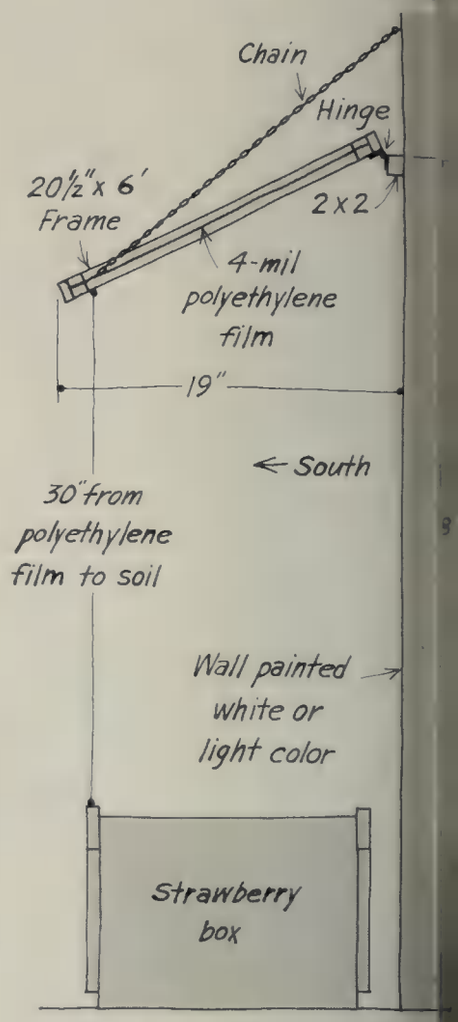
How we built a fresh strawberry factory . . . to grow a midwinter crop



End view *of strawberry box and its folding roof. If you plant in ground, use measurements as from top of box*

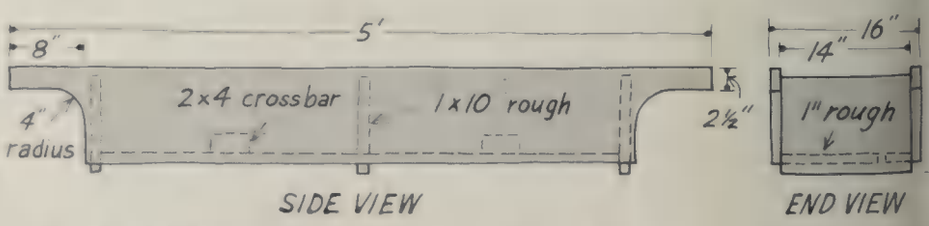
These structures formed the midwinter strawberry factory described on page 54.

The basic one is the roof. You must have it unless you live where there is no frost. Our roof was 4-mil clear polyethylene film encased within a double frame and hinged for folding. It doesn't have to be either foldable or plastic.

All that the roof really must do is shield the plants from the heat-robbing cold sky on frosty nights. Clear plastic serves well because it lets light and heat through in the daytime. And a hinge keeps the roof attached and allows it to slope so water can run off.

Before planting, spade soil to a depth of 8 inches. If it's very dense, blend in a 2 to 4-inch layer of sand, nitrogen-stabilized sawdust, ground bark, or a mixture of these. When you do the digging or when you prepare the container soil, mix in a complete fertilizer containing between 15 and 20 per cent of nitrogen, the same of phosphorus, and little or no potassium. Use ¾ pound for 100 square feet of surface. In a container, space plants 8 inches apart. In the ground, plant 14 to 18 inches apart.

The plastic film mulch shown at the bottom of page 54 does more good for plants in the ground than container plants. Get 1½-mil clear polyethylene, preferably the kind already perforated with holes for water. If it's not perforated, punch ⅛-inch holes every 2 inches over the entire face. Lay the over the bed after the plants are in. an X slit with a razor blade over plant and snug the plastic under around the plants. Bury the out edges of the film under soil to hol place. In weedy soil, weeds may bul under the clear film. You can avoid with black film, but it makes fru come about 15 days later.



Side and end *of strawberry box. We grew 16 'Sequoia' plants in each box, 8 on each side of center board. Design: Douglas Baylis, landscape architect*

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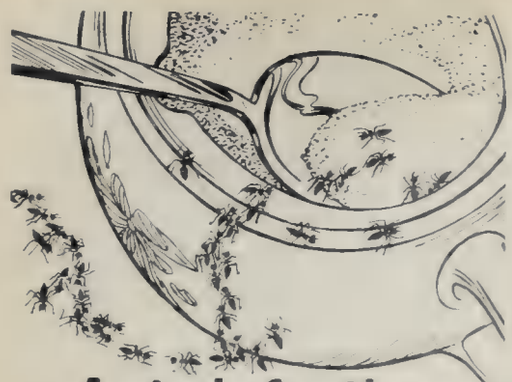

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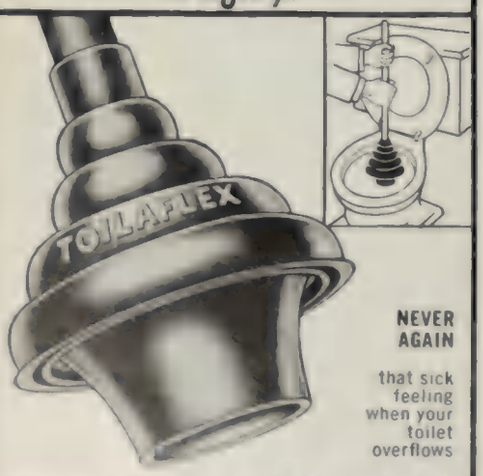

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Hedge *of 'Howard McMinn' manzanita shimmers with pink flowers in March*

It's the favorite manzanita

The shrubs bordering the driveway in the photograph above are *Arctostaphylos densiflora* 'Howard McMinn,' almost certainly the best known and most widely used of the many manzanitas sold in northern California nurseries. This border in Saratoga, California, is one of the earliest residential plantings and one of the finest. The plants are now 12 years old and more than 4 feet tall, taller than the commonly stated height of 2 to 2½ feet, which is about right for a 5-year-old plant.

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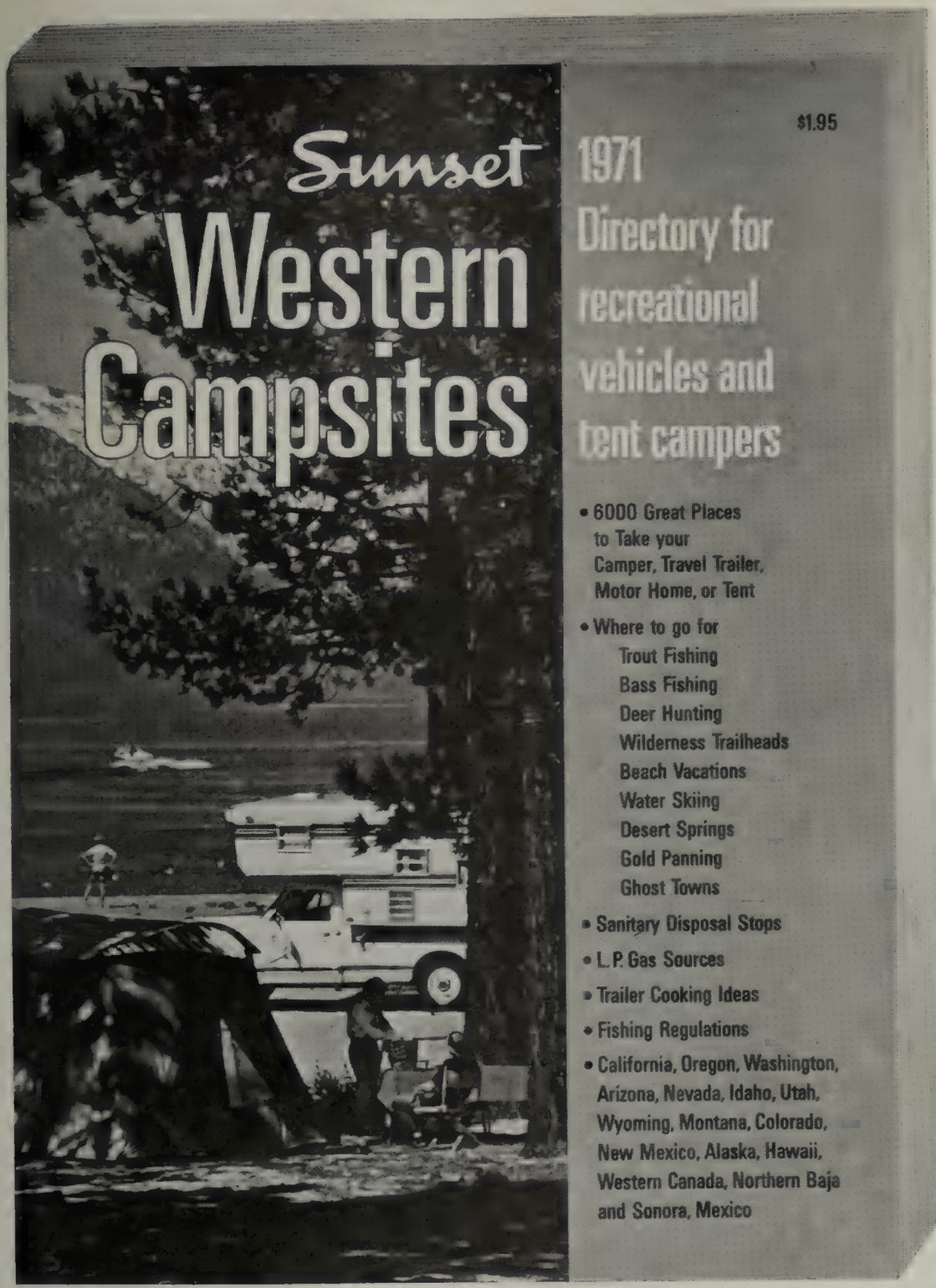
Flask-shaped *flowers (left) are pale pink. Apple-shaped, brownish berries (above) explain name; manzanita is Spanish word meaning little apple*



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GERALD R. FREDRICK

Little *coral and yellow flowers of Hesperaloe parviflora decorate branching 8-foot-tall spikes. Leaf cluster is deep gray-green*

ELLS MARUGG

Tubular *flowers of Abelia floribunda are purplish red, up to 2 inches in length*

PLANT COLLECTOR'S CORNER

Three visitors from Mexico ... all are on the red side

These collector's items all come from Mexico, and all have the bright color we associate with things Mexican. Another common trait is a long blooming season.

Red yucca is the name the English give to *Hesperaloe parviflora*. Americans seem not to have given it any name at all, or even to have noticed it. Native to northern Mexico and Texas, it is hardy at least to 0°. In cold-winter climates, it blooms in early summer. In milder areas, it is nearly everblooming. Flowers are an inch or so long, soft coral red with yellow lining.

Individually small, the flowers are impressive in the mass. Branched flower spikes can be 8 or 9 feet tall (3 or 4 feet in younger plants), and a mature plant may have dozens of spikes that arch and lean about in windblown fashion. Leaves are narrow, thick, grooved on top, and deep gray-green in color. They make a clump that looks like a yucca.

An easy plant to grow, it requires little but good drainage and sunshine. It looks best against a dark green background.

Mexican abelia (*A. floribunda*) looks something like the common glossy abelia. The greatest point of departure is the flowers: It has drooping, long-tubed reddish purple flowers 1½ to nearly 2 inches long; flowers of glossy abelia are white or pink-tinged, and short-tubed. Mexican abelia flowers hang from leaf joints all along the stem like bugle beads from a necklace; glossy abelia flowers are clustered at twig ends.

Mexican abelia is fussier about climate than glossy abelia; although it thrives in full sun near the coast, it needs light shade or afternoon shade where summers are hot. It can't take as much frost; temperatures below 20° cripple it.

Customarily thought of as a summer bloomer, Mexican abelia often gives intermittent bloom throughout the year near the coast, where equable temperatures and high humidity probably remind it of high elevations in its native tropical Mexico.

Red cestrum (*C. purpureum, C. elegans*) grows wild in the same region. Like many other good garden plants, it la a common name in English. Mexic call it *flor del soldado* or *flor de mena*, soldier's flower or beehive flov

Red cestrum grows as a tall, arch shrub or (with a little help from a tr and a few ties) as a vine or cascad espalier. As a shrub, it can reach 10 f as a vine, it can be even taller. In eit case, long, slender branches arch o ward and downward, heavy with d green, oval, 4-inch leaves and cluster inch-long purple-red flowers.

Its frost and sun tolerance are about same as with Mexican abelia.

All of these plants are grown by a nu ber of wholesale nurseries in South California and in the San Francisco I Area, and your retail nurseryman sho have no trouble locating them. *Hesp aloe parviflora* is also obtainable by m order from Oakhurst Gardens, Box 4 Arcadia, Calif. 91006.

Inch-long, *clustered flowers of long-blooming red cestrum*

NORMAN A. PI

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Santa Cruz. September 4 and 5. dahlia show sponsored by the Cruz Garden Club. Place: Nat gren Gardens, 125 Woods St. Ho A.M. to 6 P.M. Free.

In addition to the growing g there will be displays and flow rangements of cut dahlias.

Reno. September 11. Fifteenth show of the Reno Rose Society. Pavilion Mall, Park Lane Sh Center, Virginia St. and Plumb Hours: 1 to 5 P.M. Free.

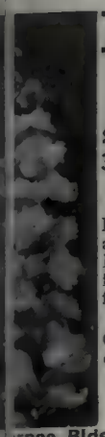
San Francisco. September 14, 2 28. First month of the Tuesday on ornamental horticulture spo by the Strybing Arboretum S September 14: discussion of lil John Bryan, director of Strybing retum; September 21: pruning of mental shrubs and trees by Brian director of Saratoga Horticultural dation; September 28: discussion tilizers by James W. Wilson, a mist. Place: Hall of Flowers, C Gate Park, Ninth Avenue and L Way. Hours: 10 A.M. to noon. F each lecture: $3 for nonmembers; Strybing Arboretum Society memb

San Mateo. September 17. Flower cosponsored by the Peninsula Suc Club and San Mateo Central Park reational. Place: Center, 50 E. Ave. Hours: 1 to 8 P.M. Free.

Auburn. September 17, 18, an Floral exhibits at the Auburn D Fair. Place: fairgrounds. Hours: 10 to 10 P.M. Admission to fair: adul cents; youths 12 to 15, 50 cents: dren 6 to 11, 10 cents; under 6 fre

San Mateo. September 25 and 26. nual show of the San Mateo B Club. Place: Central Park Recreat Center. Hours: noon to 9 P.M. Satu 10 A.M. to 6 P.M. Sunday. Free.

San Francisco. September 26. The annual Japanese flower arrange show of the Ohara Ikebana Socie San Francisco. Place: Hall of Flo Golden Gate Park. Hours: 9 A.M 5:30 P.M. Free. Demonstration of sai will be given at 2 and 3 P.M.



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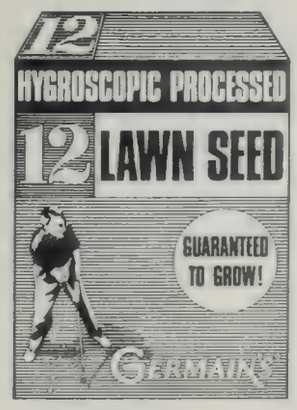

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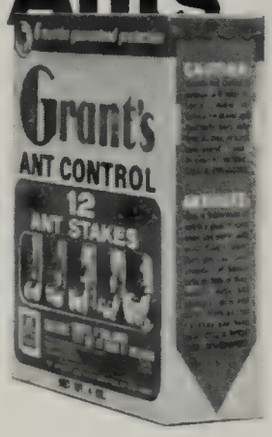

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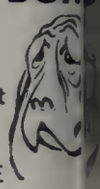

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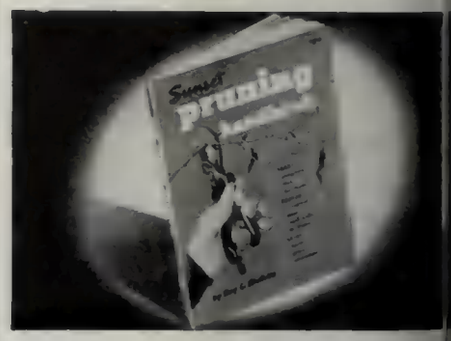

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Here are the answers to pruning probl Complete pruning how-to-do-its for We conditions by Roy L. Hudson, outstan authority. Illustrations, photos, show t shrubs, vines *before* pruning; *cuts* to m *after* pruning. *Specific Instructions* for p ing practically every evergreen and decid tree, shrub, or vine in Western garden must for every home owner. $1.95. Orde day from Sunset Books, Willow Road, M Park, California 94025.

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Above. *Bright blue, 2-inch-wide flowers of babiana on foot-tall stems above plaited leaves.* **Right.** *Scilla peruviana holds scores of blue-violet flowers in each 6-inch domed cluster*

Five bulbs for gardeners who seek unusual color or form

ulb pictured here is likely to dis- the standard daffodil, lily, or tulip our gardens, but each of these five omething very special to offer be- mere novelty.

planted but valuable because of its ial color is babiana, sometimes l baboon flower (baboons like to e bulbs). The best known variety zure Blue,' which has bright true- flowers in March and April.

in well drained soil in a sunny or lightly shaded place. Early fall planting is best in California. In Western Washington and Oregon, plant in November to delay top growth until spring; winter freezes would kill early growth. Plant corms 2 inches deep and 3 inches apart. Protect with mulch in Northwest. Lift and divide only when bloom quality begins to fall off. Where the ground freezes, grow indoors in a bright, cool room. Set corms 2 inches deep, 2 inches apart in deep pots.

Looking something like a cross between a large freesia and a middling garden gladiolus is *Gladiolus tristis* 'Concolor.' The creamy chartreuse flowers, 2½ to 3 inches across, grow on swaying, wiry stems 18 inches tall. The color is not striking, but the flowers make a good show nevertheless, especially at dusk, when the thin stems seem to disappear in the darkness, leaving the big flowers floating above the garden. And at dusk the flowers take on a sweet, strong fragrance. It blooms in early spring.

Plant these gladiolus bulbs in fall. They like full sun near the coast, light shade inland. In mild-winter climates, plants self-sow freely and eventually make large masses.

Peruvian scilla (*S. peruviana*) is, its name notwithstanding, a Mediterranean native. It is too tender for gardens east of the mountains but will survive winters in the Puget Sound area and southward. Where the soil freezes, grow it as a house plant: one bulb to a 6-inch pot, three in a 9 or 10-inch pot. The bloom is spectacular—50 or more blue-violet starry flowers in each cluster.

Plant bulbs as soon as they arrive in

Continued on page 192

Lachenalia *tricolor 'Pearsonii.' Inch-long yellow flowers have red tips. Leaves are spotted with purple*

Gladiolus tristis *'Concolor.' The 3-inch flowers are pale chartreuse*

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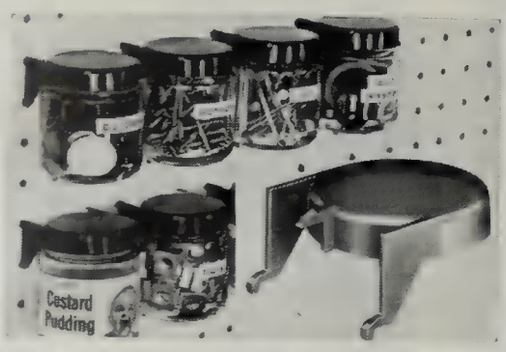

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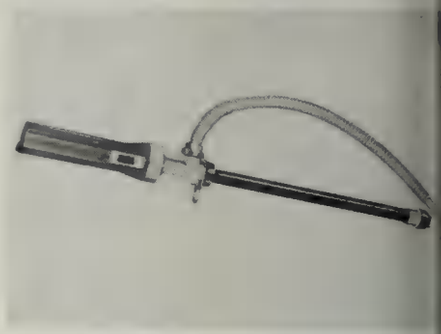

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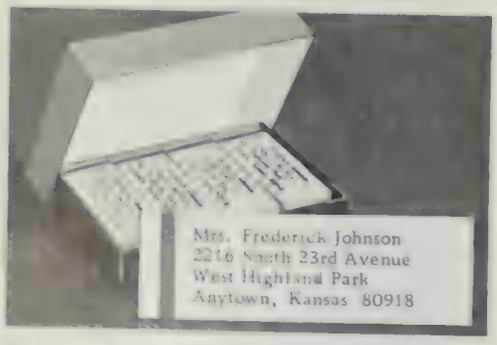

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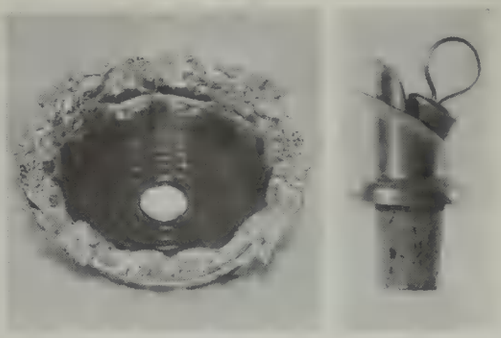

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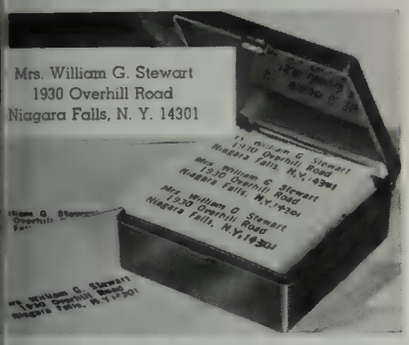

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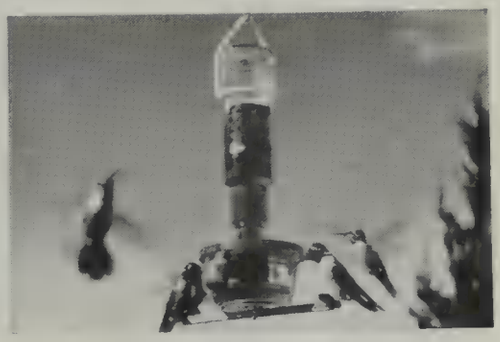

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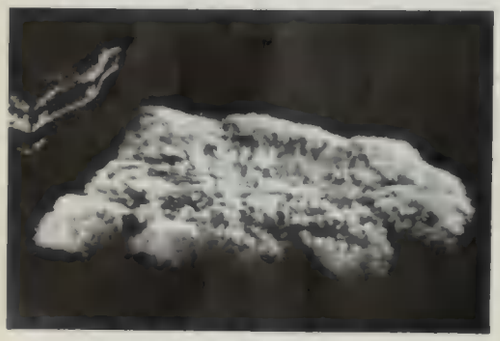

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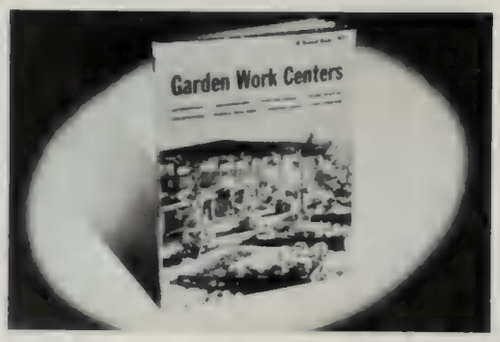

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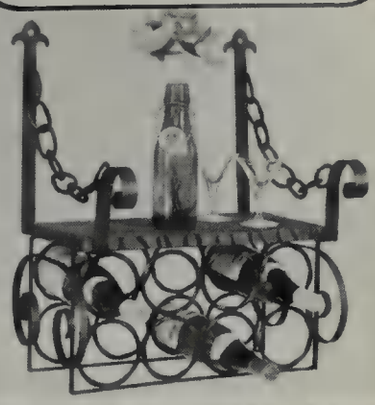

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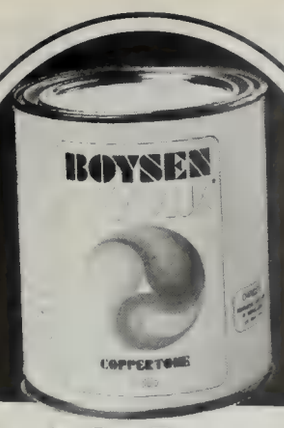

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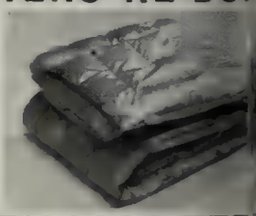

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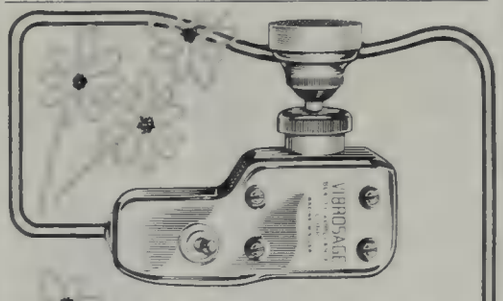

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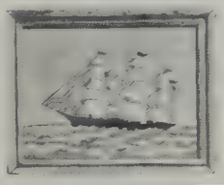

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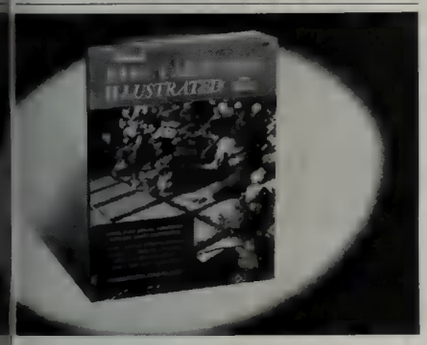

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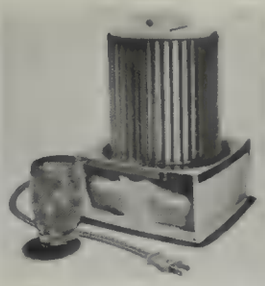

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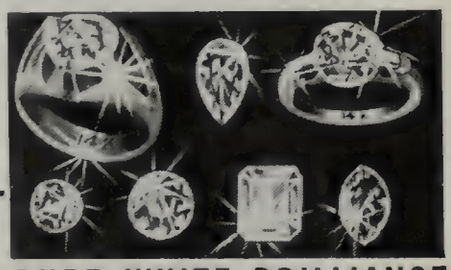

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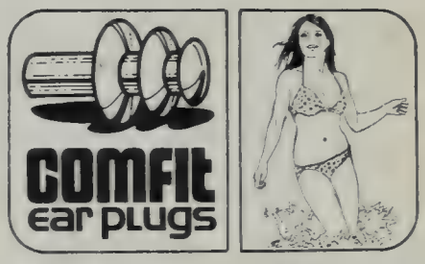

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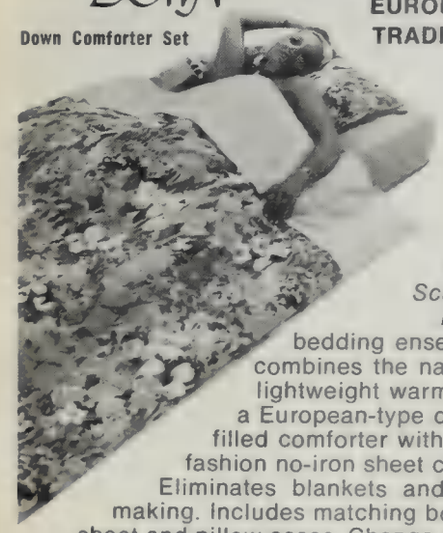

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GERALD R. FREDRICK

Creamy flowers *of Fritillaria verticillata thunbergii are green-checkered, 1½ inches long*

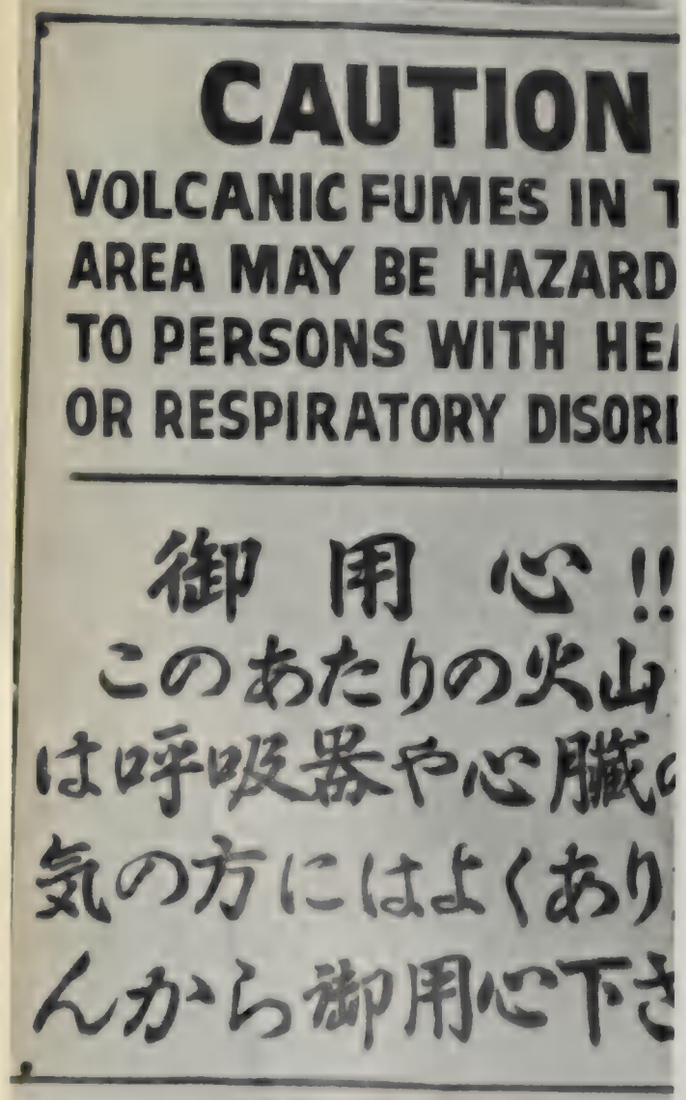
Flowers dappled or checkered

Those who emulate the poet Gerard Manley Hopkins in liking dappled things ("All things counter, original, spare, strange; Whatever is fickle, freckled") should like the dappled fritillaries. They are bulbous plants related to tulips and lilies and have somber and subtle bell-shaped flowers; some are dappled or checkered.

Fritillaria verticillata thunbergii (*F. thunbergii*) comes from China and Japan, and has creamy flowers veined with green. Grow it in light shade and sun. It can take summer water.

The native checker lilies or mission bells (*Fritillaria lanceolata*) have dark purplish or brownish bells mottled with greenish yellow on 1 to 2½-foot stems. Plant bulbs 2 to 4 inches deep in well drained soil that has some organic matter in it. They thrive in full sun or light shade near the coast, in light shade inland. Let bulbs dry out and ripen in late summer.

Checkered lily, snakes-head, and guinea hen flower are all names for *F. meleagris*. Its 2-inch bells dangle from stems 1 to 1½ feet tall. Colors are typically in the rose to deep purple range with lighter checkering, but there is also a good pure white. You can grow them like mission bells, but they like sun and don't mind summer water. □



Hawaii . . . right next door

Our 50th state plays one role for eastern and middle Americ faraway, exotic, tropical, half-Oriental place. It plays a quite di role for the far Western states this magazine serves.

It's a matter of distance, mostly. For people living on the Pacific tier of states, Hawaii isn't so very far off. It is exotic indeed, but is close and familiar. In fact, we serve several thousand regular r there, and *Sunset* is one magazine with an editorial office in Hon

The jets that have brought the Midwest and East closer to Hawa brought the West closer—less than 5 flying hours, and less than by the present lowest fare. Increasing numbers of cruise ships for Hawaii from Pacific Coast ports. About half of all travel Hawaii come from the Far West states.

The geographical closeness of Hawaii to *Sunset's* readers explain this magazine publishes the many articles we do on Hawaii. This has examples.

On page 50 we give a report on very recent volcanic activity in H Volcanoes National Park. Glenn Christiansen, *Sunset's* chief pl rapher, alerted by telephone, flew from San Francisco to Hilo one noon earlier this year to catch 1971's first lava flow in action only after it began. Larry L. Smith, *Sunset's* travel editor, himself a geo followed to do the volcano-watcher's text we publish this month.

Starting on page 56 of this issue is a quite different sort of Hawaii a This one deals with shopping in Honolulu for Japanese woodw tools. It is addressed to *Sunset* readers who may soon visit the isla

Of course, this article is addressed almost exclusively to woodwo But really we have not neglected other interests around the Starting on page 86 of the June 1971 *Sunset*, three issues back, w article titled *Shopping for your kitchen in Honolulu*. It offered the and entertainer what this month's article offers the woodworker: ping ideas in Honolulu.

After all, to Pacific Coast people, Honolulu is a perfectly reaso place to go shopping. It's right next door.

WINDOW ON THE WEST: *Volcano road*

Warning sign in English and Japanese marks the battered Chain o Craters Road in Hawaii Volcanoes National Park on the Big Island The road was cut by volcanic lava flow in 1969, in 1970, and again in 1971. It is mapped on page 52, showing how you can approach the mos recent flows from either stub end. □

OCTOBER 1971

50 CENTS

Sunset

THE MAGAZINE OF *WESTERN LIVING*

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1971·1972
Western Home Awards
27 Winners

Out-of-the-
Pumpkin Soup

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The Cover Story

The house on our cover, its bay and deck jutting out from the hillside, is one of 27 winners in the 1971 Western Home Awards. All are announced in the article starting on page 76. Cover photograph taken by Glenn Christiansen.

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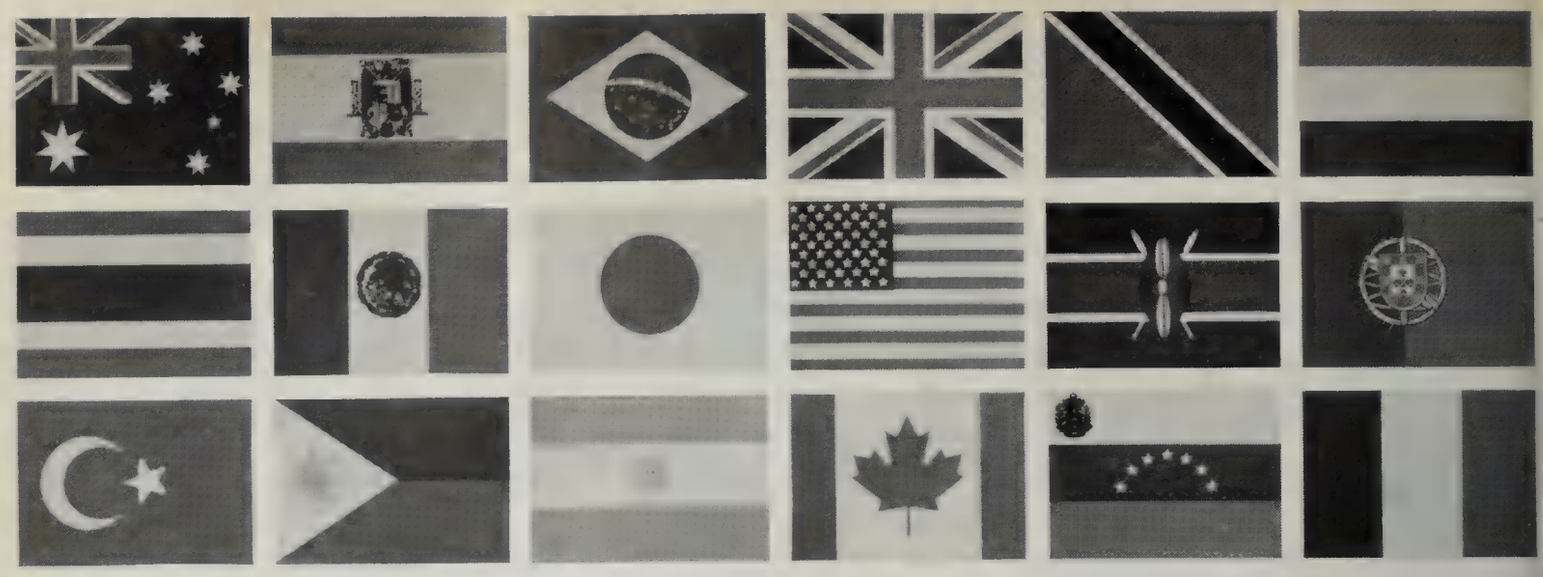

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Stone slab breaking, *though not competitive event, is spectacular attraction*

The British are coming back!

Though the sun may now set daily on the British Empire, British Weeks have been following the sun around the world since 1964. This year a British Week, comprising a large number of mercantile, cultural, and athletic events, takes place in San Francisco, October 1 through 9.

The English presence will be highly visible that week. There will be a Tudor-style pub on Union Square (open at 11 A.M. daily). The City of London pavilion

London's *town crier (above) and Pikemen (right) will attend British Week*

Sixteenth-century *Book of Hours is in Elizabeth I exhibit at Masonic Hall*

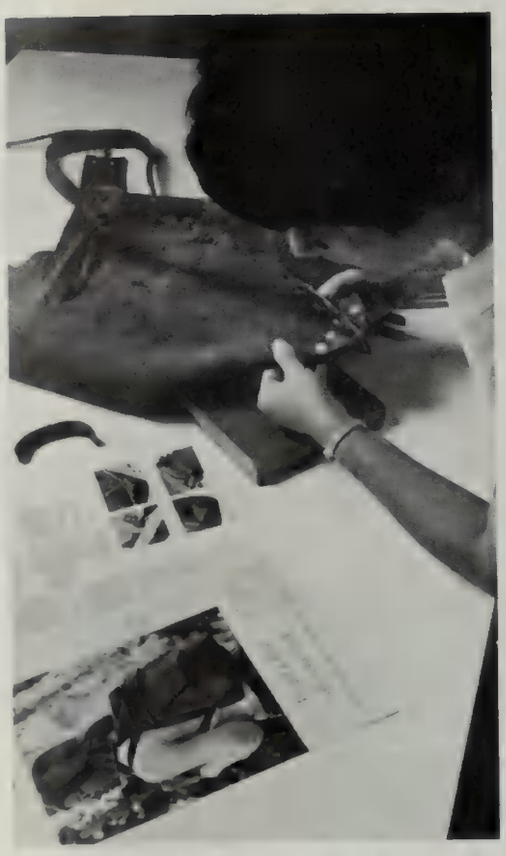
Sunset
THE MAGAZINE OF WESTERN LIVING
October 1971

Our last test before publication

Just to be sure the directions were accurate in the final version of this month's leather backpack article, we asked a staff member to give them one last try. Working from a preliminary page proof, she produced a bag just like the one in the picture. At this point the story got a final revision and was ready for publication.

This wasn't the first round of directions-testing. A staff member and a 13-year-old girl had already tried to make a backpack following an earlier version. They ran into some snags. But both suggested ways to clear things up. So we changed the layout to make photographs correspond better with text, gave the drawings more detail, and altered some text.

You'll see the thrice-tested version on page 90. □



Using *the page proof as a guide, she applies rivets to the backpack*

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will have a temporary home in the Civic Center (open daily 10 A.M. to 7 P.M.). And London buses will operate in the downtown area.

Highland games take place on the polo field of Golden Gate Park on October 2 and 3 at 2:30 P.M. And cricketers will cricket on October 9 on Funston Playground at 12:30 P.M.

On October 8 at 8:30 P.M. at Masonic Auditorium, the Welsh Pandryus Choir (male voices) will perform with Aeronwy Thomas, daughter of poet Dylan Thomas. She'll read from her father's works and relate some personal recollections. (Tickets are available at Sherman Clay stores in San Francisco and Oakland, and at all 12 Macy's stores in the Bay Area.)

City Hall will house an exhibit of some of the official City of London treasures October 1 through 9, 9 A.M. to 5 P.M. At Masonic Hall a large exhibit of new objects and old artifacts including objects from the time of Elizabeth I can be seen October 1 through 6, from 10 A.M. to 7 P.M. Free.

The quintessential British event will take place daily October 5 through 9 (at no charge). At the Sir Francis Drake Hotel, from 3 to 5 P.M., tea and biscuits will be served.

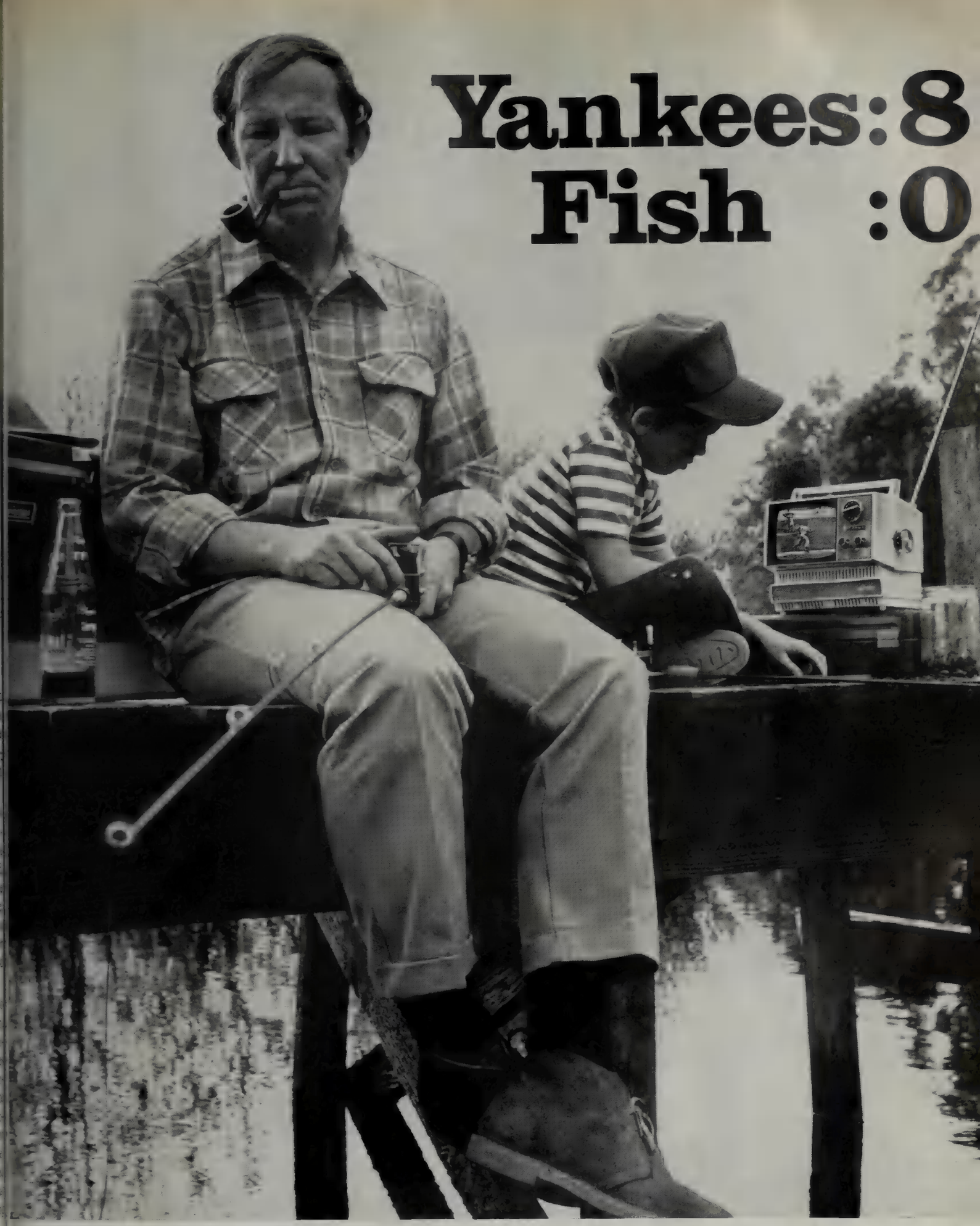
A new auditorium in Cupertino

It may sound a bit outlandish to call a 2,600-seat auditorium intimate, but that's one of many comments made about the impressive new Flint Center for the Performing Arts at De Anza College in Cupertino.

Designed by Ernest J. Kump Associates and Gwathney, Sellier, Crosby, the center imitates the classic European opera house: rectangular instead of fan-shaped so that all seats (boxes excepted) are directly in front of the proscenium stage with no middle aisle on the orchestra level. This configuration achieves close communication between audience and performers.

If the Flint Center is intimate, it is also grand—in dimension as well as design. Though not as massive as some auditoriums, it is more than seven stories from floor to ceiling, with a 52-foot proscenium opening that can accommodate a symphony orchestra and complete chorus in full audience view. The interior is primarily board-patterned concrete and the two balcony levels are fronted with great thick concrete squares that function acoustically as well as creating a startling visual effect.

October's a good month to see the auditorium and attend one of the events that will take place there (all beginning at 8:30 P.M.): October 13, The Royal Winnipeg Ballet; October 16, "Broln," a production of Czechoslovakian folk arts



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GLENN CHRISTIANSEN

Flint Center *has become a magnet for acclaimed attractions. Above is Stuttgart Ballet. Right, façade seen from courtyard*

October 23, Tyrolerfest!, Austrian folk arts; October 31, flamenco guitarist Carlos Montoya.

Tickets are available at the door or through John Kornfeld Associates, Inc., 870 Market St., Suite 622, San Francisco, 94102.

The Flint Center is on Stevens Creek Boulevard in Cupertino, and can be reached by taking State Highway 85 west off U.S. 101 or Interstate 280. □

For travel planners, an October check list

Off-beat Mexico. Travelers to Mexico hoping to get away from well beaten tourist paths can join one of 16 tours offered by Cook's. Prices range from $78.96 to $212 for trips overnight or longer to Chilac, Merida, Uxmal, Chichenitza, and Los Mochis. Day trips cost $13.60 and $17.60. All departures are from Mexico City. For information contact a Cook's travel office.

Quick stops. Airline passengers on short stopovers in Manila can crowd in some sightseeing on several inexpensive tours. For $2 you can take a jaunt into Nayong Pilipino, a park near the airport with replicas of native Philippine villages. Other tours cover the park and branch into Manila itself. The Manila-by-night tour costs $12 and includes dinner and a jai alai match. For schedules and other information contact Philippine Airlines.

Youth fares. Western Airlines has announced new youth fares on flights leaving Los Angeles and San Diego for Mexico City and Acapulco: The round-trip fare to Mexico City is $159 and to Acapulco $168. You must be between 12 and 22 years old and have proof of age. The new fares do not apply on weekends or during the winter holidays.

Vacation swap. A California company is publishing a new directory listing homes all over the world that owners want to exchange for vacation lodgings. The listings are arranged by countries with a short description of the home. For example, one family wishes to exchange their five-bedroom house in Puerto Vallarta, Mexico, including swimming pool and household help, for a similar arrangement elsewhere. For the sake of privacy, names and addresses are not printed. Instead a system of coding is used. You can get the directory by placing a listing of your own and sending $12.50 to Elliott's World Wide Vacation Home Exchange, Box 2382, Castro Valley, Calif. 94546.

Fiji Island firewalk. Visitors to the Korolevu Beach Hotel on Viti Levu Island in Fiji can see the Sawau tribesmen of Beqa Island perform a firewalking ceremony on the first and third Friday nights of every month. Write to Korolevu Beach Hotel, Box 285, Suva, Fiji, for a brochure.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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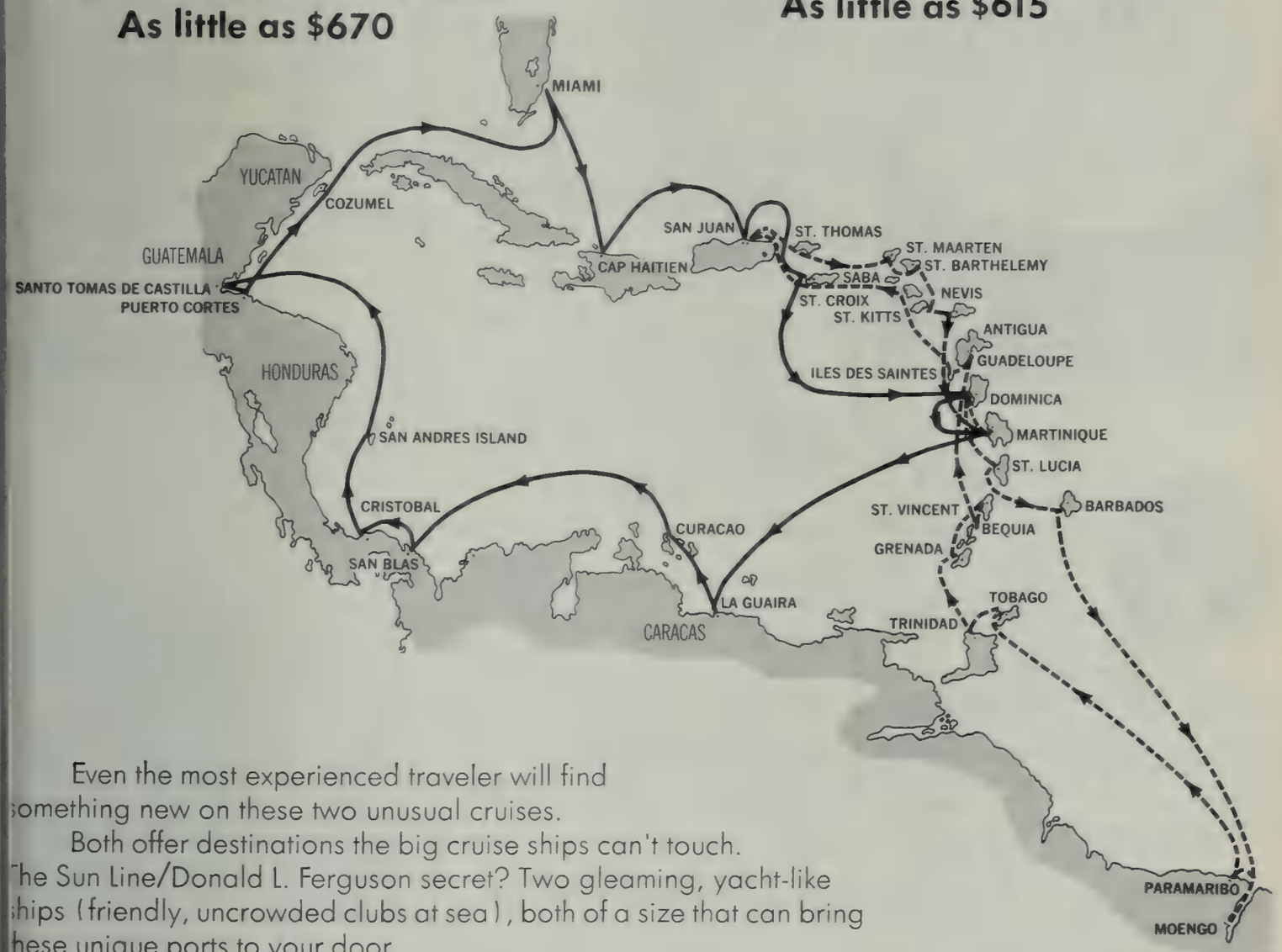

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School and Camp Directory

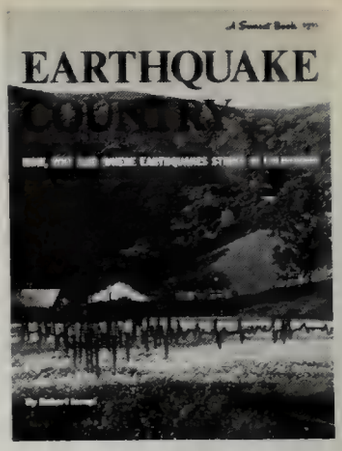
is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY
beginning page 9

GARDEN CENTER
beginning page 267

FINE FOODS CUPBOARD
beginning page 184

SHOPPING CENTER
beginning page 269



New edition *of Earthquake Country includes recent Los Angeles quake*

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What caused the earthquake that top pled buildings, cracked a dam, and de stroyed property worth $500 million i Los Angeles last February?

The exact answer to that question ma never be known, but some provocativ theories are explored in a revised paper bound edition of the *Sunset* publicatior *Earthquake Country,* by Robert Iacop (Lane Books, Menlo Park, Calif., 1971 $2.95).

The book devotes 8 pages and 15 photo graphs to this most recent cataclysm an tells why some earthquake scientists ar tracing the possible cause to the Sa Andreas fault, which itself remaine dormant during the massive tremo They speculate that a giant bend in th San Andreas system may have damme up motion along the smaller San Fe nando fault, creating pressures th could only be unleashed with disastrou effects.

This updated book is largely the san as older editions, with pictures an drawings of earthquake devastation g ing back to 1868. One intriguing ne photograph shows dust rising fro Southern California mountains durir an aftershock of the February quake.

A section that should be of particul interest to earthquake-conscious Cal fornians offers tips on what to do wh the next big one hits. The author poin out, however, that there is still no wa to predict a quake with certainty, ar it may very well start and stop befo you can compose your thoughts.

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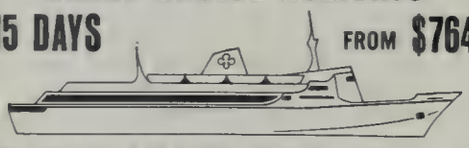

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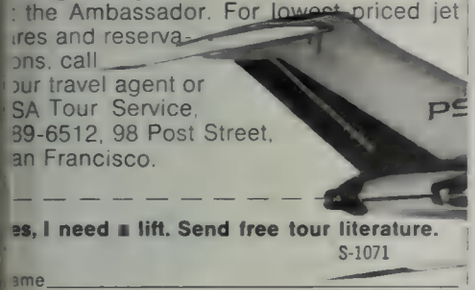

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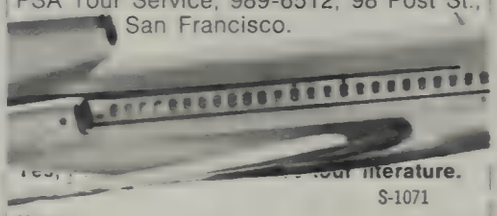

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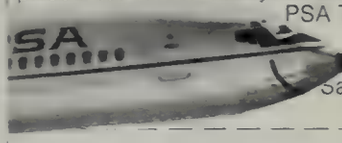

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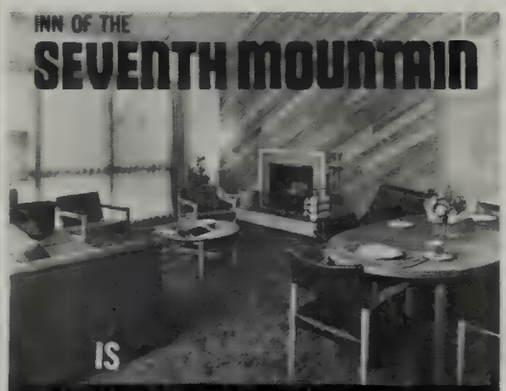

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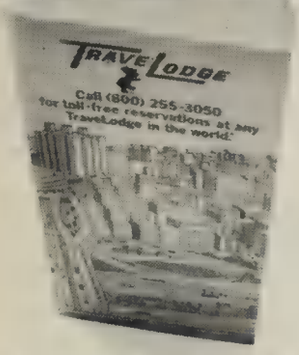

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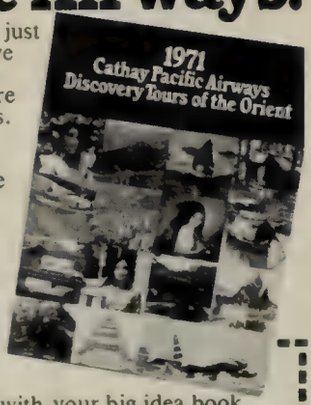

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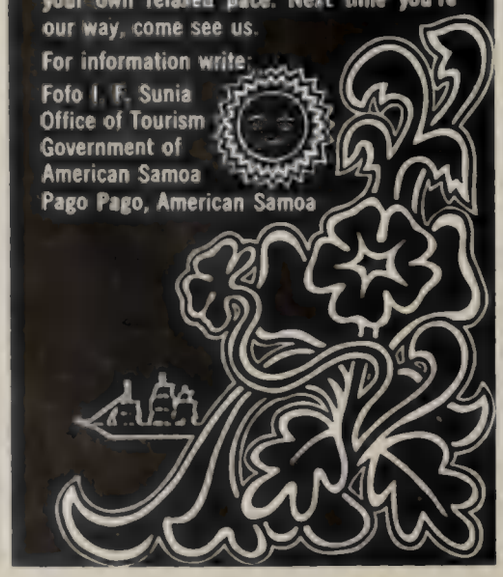

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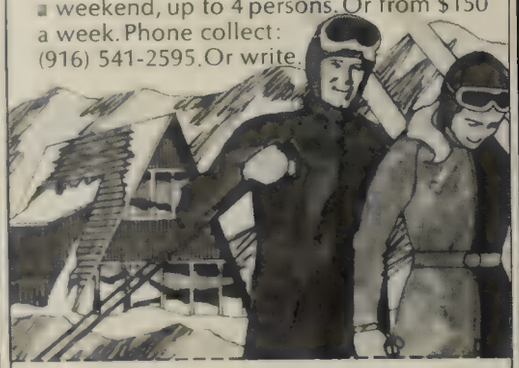

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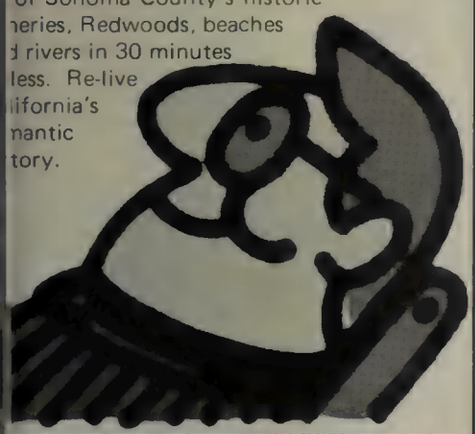

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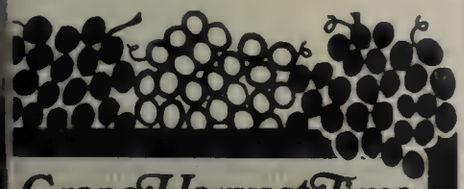

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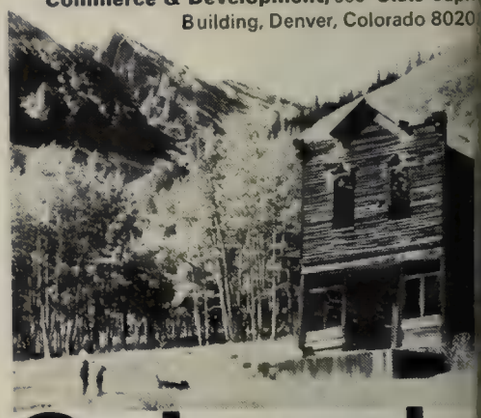

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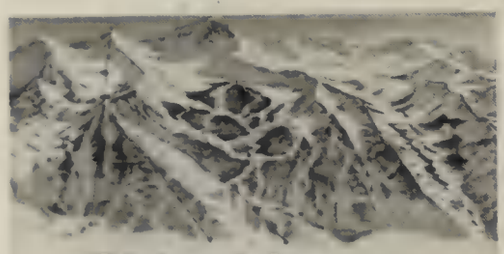

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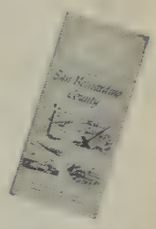

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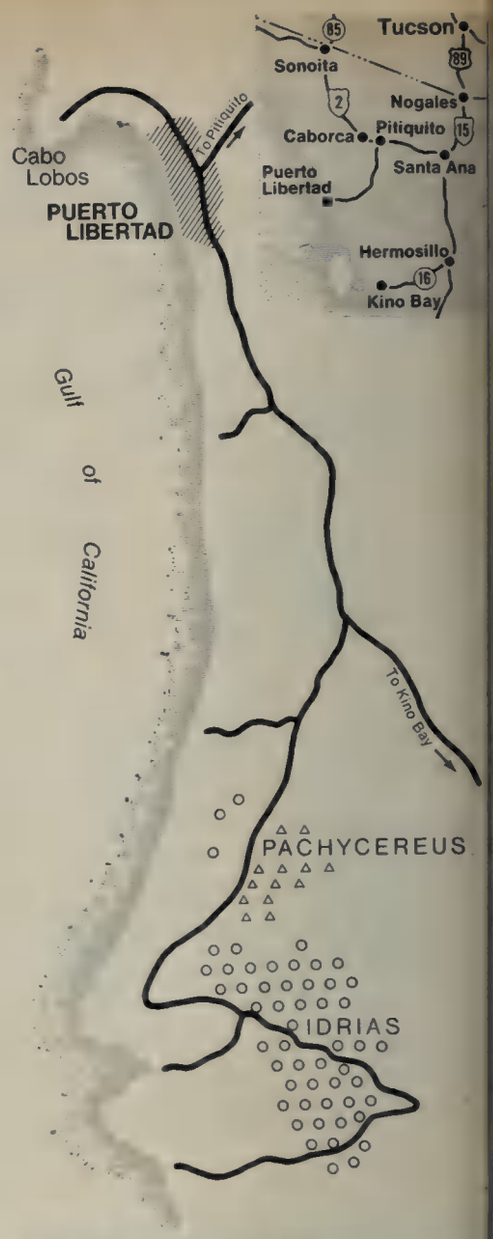
WILLIAM APLIN

Misshapen saguaro *salutes motorists along road to Puerto Libertad*



Concentrations *of boojums (Idria) and cardons (Pachycereus) along Sonora coast*

By back roads to Sonora's one and only boojum forest

Botanists with a bent for the bizar (and a four-wheel-drive, high-clearanc vehicle) can discover a distinct—eve unique—stretch of desert along th coast of Sonora, Mexico, just 7 mil south of Puerto Libertad.

Giant cardons *(Pachycereus pringlei)* li their multibranched arms to heights 30 to 40 feet, lomboi *(Jatropha cin rea)* dot the rocky draws, and at lea two species of so-called elephant tr *(Bursera microphylla* and *B. hindsian* flourish in succulent splendor on th rocky plain.

But the most whimsical bit of landsca ing in this exotic desert garden is a fo est of boojum trees *(Idria columnari* strange-looking plants that begin fuzzy balls, grow into giant inverted i cream cones, and mature into flagpo like trees of 60 feet or more, sometim

The Toyota Mark II was built for humans. All sizes.

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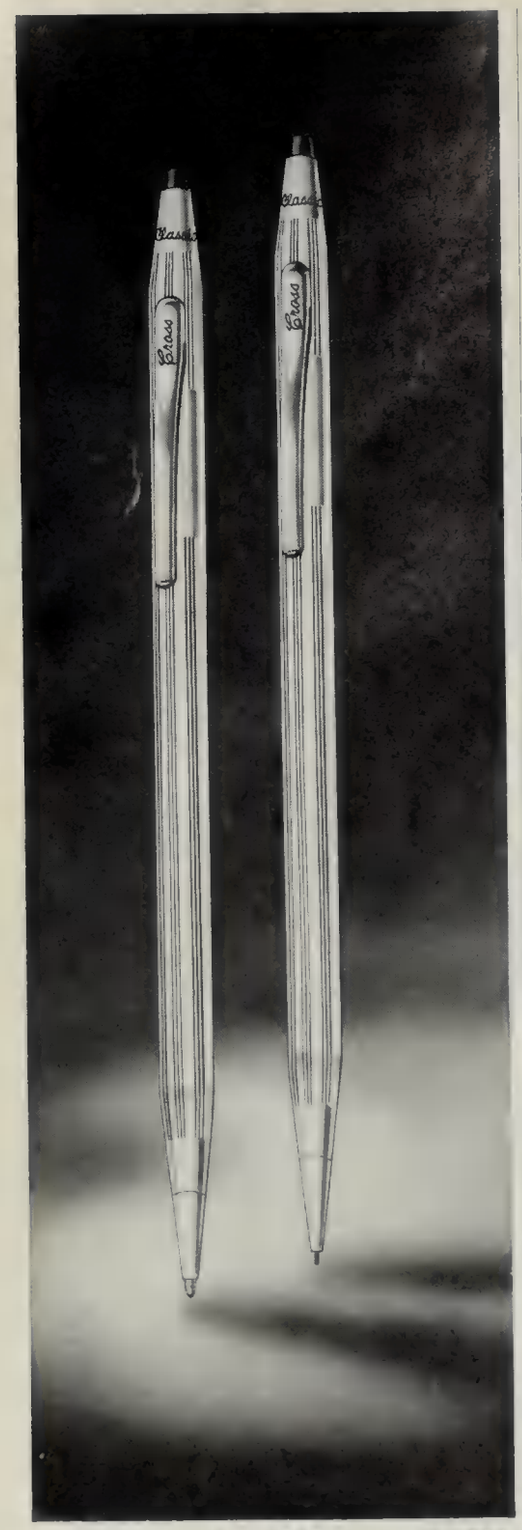

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WILLIAM APLIN

Exotic, *tall boojums, multibranched cardons, and young saguaros rise from rocky slope along Gulf of California*

crowned with antenna-like branches or drooping tentacles.

The boojum trees, named after a mythical beast in Lewis Carroll's "The Hunting of the Snark," grow on the Baja Peninsula and on Isla Angel de la Guarda. But the boojum forest south of Puerto Libertad is the only known stand of these strange plants on the Mexican mainland.

Puerto Libertad's boojum forest is 175 miles southwest of Nogales and about the same distance from Sonoita, the border town south of Organ Pipe Cactus National Monument. The highways are paved as far as Pitiquito, a small village 7 miles south of Caborca, where you leave the pavement and begin your adventurous trek to Puerto Libertad. Pitiquito is also your last chance to buy gasoline, so fill your tank and, if necessary, take along enough extra gas to sustain your vehicle for the 190-mile round trip.

The road from Pitiquito to Puerto Libertad is a well graded, two-lane dirt road that begins one block east of Pitiquito's plaza and heads more south than west to the small settlement of Bamori. From Bamori to the coastal fishing village of Puerto Libertad, the road degenerates to one lane.

You can easily negotiate this stretch of roadway in an ordinary sedan or statio wagon if you drive slow (less than 2 miles an hour) and stay alert for occa sional ruts, rocks, and soft spots. Ou reporter drove the 80-mile stretch in hours at a leisurely pace, occasionall exploring side roads leading toward de ert ranches, and stopping frequently t take photographs.

Puerto Libertad is basically a fishin camp, a collection of small houses an shacks along an arching beach. A fe

Beach campsite *near boojum forest shore offers small bass fishing*

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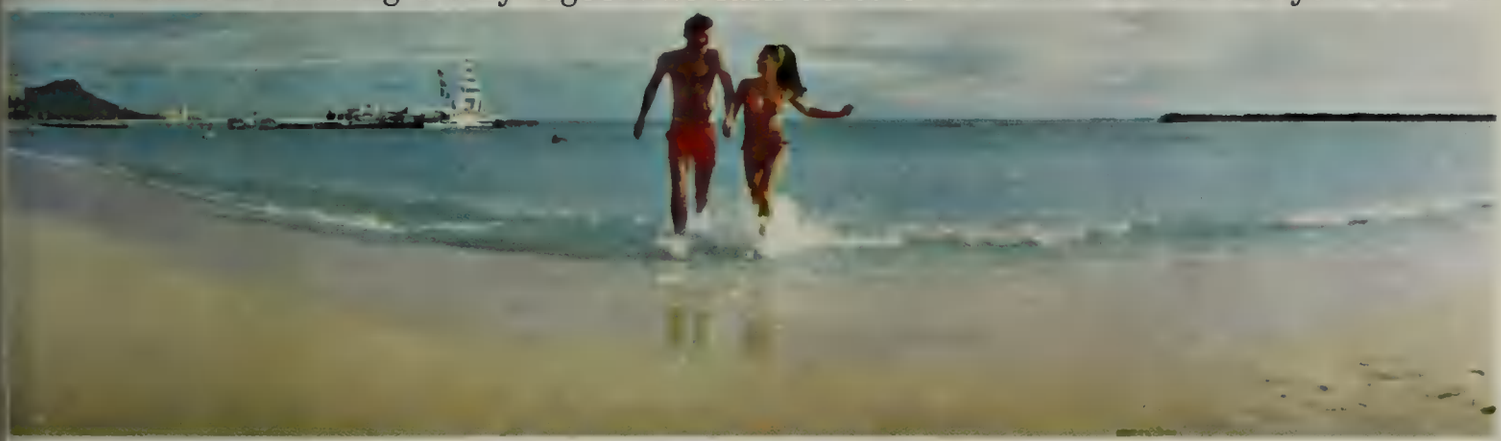

little as $22 a day for two at the Hilton Hawaiian Village.

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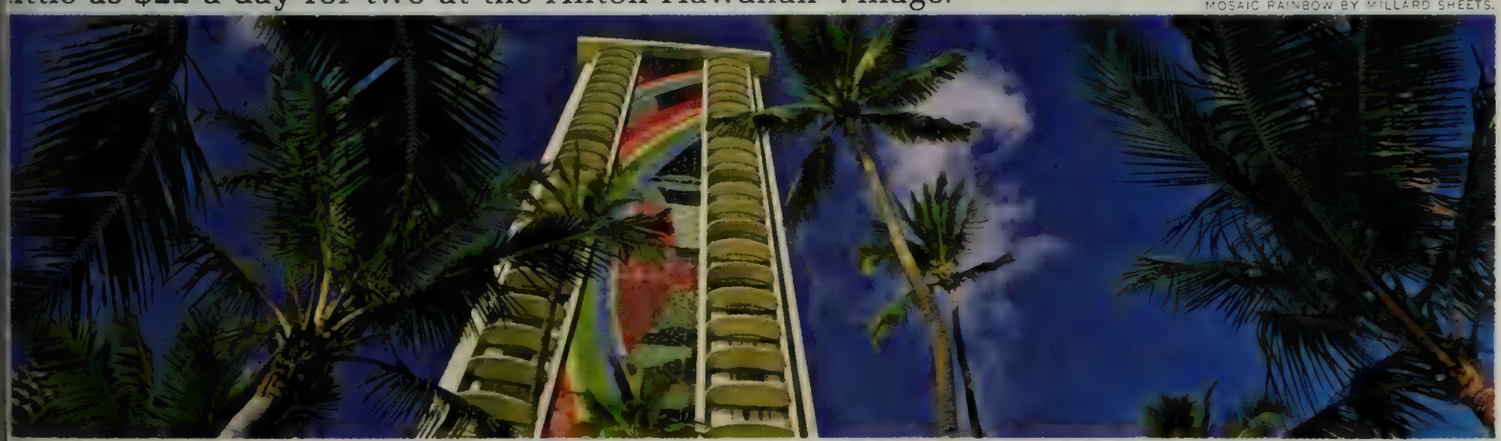

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From Puerto Libertad, the so-called "fish truck" highway heads southward to the resort village of Kino Bay. Follow the Kino Bay road south for 4 miles past massive coastal sand dunes to the boojum forest junction. Keep to the right at the junction and continue about 2 miles into the first groves of giant cardons. Here the road becomes quite soft and silty, but you can leave your car on solid ground and hike the remaining mile into the stands of boojum trees. Undeveloped sites suitable for camping are available along the beach, at the end of short spur roads. Bass fishing is good off the sandy beaches; rocky points offer good fishing for triggerfish.

There are very few published references on the plant life of Sonora, but if you become intrigued with the subject you

WILLIAM APLI

Osprey nest *in branches of giant cardon cactus in boojum forest area*

may find a two-volume set entitled *Vegetation and Flora of the Sonoran Desert* by Forrest Shreve and Ira Wiggins (Stanford University Press, Stanford, Calif., 1964; $28.50) in many large libraries. Many botanists consider the books the most comprehensive reference works on the area.

Good maps of the Sonoran coast are also hard to find. Our reporter found *World Aeronautical Chart 471* to be the most useful guide. The chart may be obtained from offices of the U.S. Coast and Geodetic Survey for 40 cents.

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Adobe doorway *allows view of another wall of disintegrating fort buildings*

It's lonesome at Fort Churchill

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The fort was built in 1860 to forestall war between settlers and the Paiute In dians. It served as a stop on the Pon Express run and as a supply depot an troop base during the Civil War. Th double-walled adobe structures, built i the form of a square facing inward to central parade ground, quartered abou 200 soldiers. But when it was abandone in 1871, even the bodies of soldie buried in the tiny post cemetery wer removed. The only remaining graves ar those of a pioneer ranching family wh supplied food to the fort.

Today Fort Churchill is a historical sta monument. Twenty uncrowded campin spaces underneath large shade trees ar a delightful surprise for travelers drivin through the surrounding desert countr side. There are also small picnic are beside a fishing stream. Water and toil facilities are available. The overnigh camping fee is $1 per vehicle. A visit center, staffed by a ranger from sprin through fall, illustrates life on an Arm outpost.

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Where island people dress and live as they have for hundreds of years. In sarongs and thatched huts called *bures*. Where the proverb says, "you eat life or life eat you," and life is a reason for laughter. Where days are measured in sun-showers and rainbows. And nights by the torches of fishermen. Where everyone returns to the sea at least once a day. To bathe, to play or simply to celebrate their island way of living. In the Pacific.

Or go Down Under, world traveler. Farther south, to a new continent and countries as young as ours once was. To boom towns and roundups and rodeos called *musters*, in the wild western Outback. Explore a *billabong*—a dry river bed—where aborigines still hunt with boomerang and bow. Or head back east to the big cities and their nightlife. Their beaches called Bondi and Coogee and Dee Why. Their zoos full of animals that live nowhere else. And meet the people from all over the world who have gone there to live. They are as friendly as any you will meet. In the Pacific.

Go farther, world traveler. Cross to The East on the western Pacific shore. Go farther back into time than you have ever been. Deeper into the spirit of nature than is possible anywhere else. See a mountain that is a god and gardens that are churches. Offer a prayer that is a hollyhock leaf. Or accept the highest of compliments through a simple bowl of tea. Learn the stories of great kings by watching a temple dancer's movements. See great battles fought with the intricate gestures of Kabuki opera. Let the mysteries you have only read of, unfold, and become part of them here. In the Pacific.

We can give you all of it, world traveler. And all we have learned in our three decades there. We can show you those lands and their people and take you to them more easily than anyone else.

No one else has flown there as long as we have, no one else flies to all the places we do. We are world travelers, too. We are Pan Am,® the Pacific Expert.

Pan Am

The Pacific Expert.

ROOMY.

CUTLASS CRUISER: More than 93 cubic feet of cargo space on a 116" wheelbase. Almost 10 feet of cargo length with tailgate down.

While it's big on space, it's easy to park. And it has the easy handling and smooth ride Cutlass is famous for. Standard features include a big Rocket V-8, a Drop-or-Swing Tailgate, all-vinyl upholstery, and power brakes with discs up front. Smallest of our Big 3, but still a lot of wagon for budget buyers.

ROOMIER.

VISTA-CRUISER: More than 105 cubic feet of cargo room on a 121" wheelbase. Its exclusive observation roof turns any trip

into a scenic tour. Drop-or-Swing Tailgate, side and tailgate paneling, big Rocket V-8, all standard. Inside, deep carpeting and deluxe upholstery. Available with two seats or three — no wonder it's the most popular station wagon we've ever built!

ROOMIEST

CUSTOM CRUISER: Up to 109 cubic feet of cargo room, 127" wheelbase. Power steering, power front disc brakes, 455 Rocket V-8, automatic transmission, power ventilation, and a power rear window, all standard. Spring-steel-mounted front bumper absorbs minor impacts and comes back for more. The Glide-Away Tailgate

doesn't open, it disappears! With two or three seats, it is the ultimate station wagon.

THE BIG 3

OLDSMOBILE WAGONS FOR 1972.

Station wagons to get back to nature in! Every Olds Cruiser is doing its part for cleaner air. Rocket V-8 engines now emit, on the average, 80% less hydrocarbons and 65% less carbon monoxide than engines of 10 years ago. So we will all be able to breathe a little easier.
GM
MARK OF EXCELLENCE
OLDSMOBILE
ALWAYS A STEP AHEAD

This year, vacation in El Salvador. An enchanting Central American country of unspoiled beauty and old-world hospitality.

You'll discover a kaleidoscope of natural wonders. Slumbering volcanos. Crater lakes. Fern-clad forests nestled amid towering cliffs. Unequalled views. And near-perfect climate.

Everything is conveniently nearby . . . especially when you stay in a modern resort hotel at the capital city, San Salvador. You can explore ancient Maya ruins at El Tazumal. Follow El Litoral Highway along a breathtaking coastline dotted with sparkling black sand and white sand beaches. Marvel at Lake Coatepeque, shimmering in its volcanic crater. Stroll through Los Chorros, a garden paradise of waterfalls, ponds and fountains. Visit picturesque villages. Drive among coffee plantations to dramatic Izalco Volcano. All this and more is just minutes away. Oh yes. One other thing – the U.S.A. That's nearby, too.

Take a closer look at delightfully unspoiled El Salvador. Contact your Travel Agent for further information. Or mail the coupon today.

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Please send me your colorful literature on El Salvador.
☐ I am also interested in special 3-5 day tour packages.

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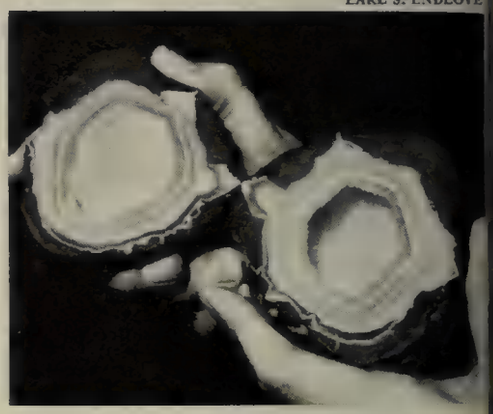
The rock hunting in Dugway Pass

EARL SPENDLOVE



Quartz *crystals, like diamonds in the rough, are hidden in this Utah geode*

The drab, oval-shaped rocks scattered on the ridges of the western Utah desert are strange volcanic fruit. Hidden under their dull exterior is a beautiful, if not precious, treasure of quartz crystals ringed with blue and purple agate.

Called geodes, the rocks are thought to be hollow drops of lava. One theory holds that seeping water filled them with a residue of quartz that crystallized over the years.

Geodes are found throughout the West but they are especially plentiful in the Dugway Pass area, 90 miles southwest of Salt Lake City. In a day you should be able to turn up several good ones even though it is hard to dig in the rocky soil. A heavy rain may help by washing some of the potatolike stones into the open along stream banks.

Rock hunters stalk geodes with a variety of hand tools. A folding Army trench digger is suitable. If you want to enjoy the rich interior design and color, it is best to use a stonecutter's saw to slice into the quartz; rock shops or rock hound supply stores will usually do this for you. Polishing brings out the luster of the agate rim.

To get to the geode beds, take Interstate Highway 80 west from Salt Lake City. After 25 miles turn left onto State 36; follow it south for about 40 miles to Vernon. Turn west on a gravel road marked for Callao. After 50 miles you come to Dugway Pass; 4 miles beyond the summit is a smaller road north to the final destination.

Rattlesnakes aren't rampant in the desert, but watch for them in rocky areas. It is wise to take water along.

ou should see all
our fall shows.

We even have a special 3 day / 2 night package deal at our Reno hotel. Includes room, dinner, drinks, shows—the works. Ask your Travel Agent.

Harrah's
RENO AND LAKE TAHOE NEVADA

Gamay Noir

This red wine grape flourishes in the vineyards of The Christian Brothers

For some time now we have been nurturing a delightful French émigré in our vineyards here. The Gamay Noir grape is the authentic grape of Beaujolais. In its home district it is the grape used to produce the famous fruity, flavorful Beaujolais.

We are quite pleased with the manner in which this red varietal has taken to our Napa Valley vineyards, and we are now ready to offer an unusually fine wine from it. The Christian Brothers Napa Valley Gamay Noir has several highly desirable characteristics. It has a great mellowness and velvety softness, with a rich taste of the grape and is perfectly dry as are most noteworthy red wines.

Proper aging, both in oak casks and in the bottle has developed all of its early promise. You will notice, too, that our Gamay Noir has a particularly fine bouquet.

Gamay Noir is an exceptionally pleasing wine — one that should be enjoyed at cool room temperature. Try it with a rare roast, or a steak. It is equally at home with spaghetti or cheeses.

You will find our Gamay Noir most reasonably priced at about $2.25 a bottle. Should your wine merchant fail to have it in stock, write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
Napa Valley, California

Worldwide Distributors: Fromm and Sichel, Inc.
San Francisco, California

Bentley *in psychedelic colors, left, beside 1934 Auburn from Chicago gangland*

From the film world . . . two barns full of nostalgic cars, planes

Machines from the real world and the world of film mix in two cavernous museum buildings in Buena Park, California. One displays "Cars of the Stars," the other, "Planes of Fame." Together they form "Movie World," one of several side shows attracted to Orange County by the magnet of Disneyland.

The collection of more than 200 cars is unique in its emphasis on custom-built models. Many were celebrities' cars, such as Charlie Chaplin's Rolls Royce and Jean Harlow's Cadillac. Others were used in films, and some of these are displayed in film sets. They range from antiquities to the pop-art creations of customizer Ed Roth, who is there Fridays through Sundays at work.

Airplanes take more space, so there are fewer of them. There are 32 from the best of the Ontario Air Museum collection—emphasizing American, German, and Japanese World War II craft—and also some movie planes in film sets.

The museums are open every day, 10 A.M. to 11 P.M. (the ticket office closes at 10 P.M.). Admissions for each (subject to change) are $1.95 for adults, $1.50 for juniors 13 to 17 years old, 75 cents for children 5 to 12, free under 5. They are located at Orangethorpe and Knott avenues; take the Knott Avenue exit from the Santa Ana Freeway south to Orangethorpe.

Air museum *displays this Boeing P12E, 180-mph pursuit biplane*

You look at a little car and wonder how long it'll last.

The answer's hidden deep inside.

Let's look inside a Pinto...and see what makes it different...where it counts.

Everybody's got his own theory on how to build a little car.

Ours is simple: It should accelerate fast enough to handle turnpikes, stop fast enough and straight enough to cope with emergencies, steer precisely and responsively.

And it should last a long time. We'd like to tell you about the last, first.

Pinto's a small, inexpensive car, but it doesn't have small, inexpensive parts.

Key parts like the drivetrain, rear axle, starter motor, ball joints, and shock absorbers are all strong enough for bigger, heavier cars.

And we do other things differently.

We cut vibration and reduce wear with special butyl cushions between the body and suspension.

Like Mercedes, we zinc plate key underbody parts to fight rust.

Like Ferrari, we take the time to match and fit transmission gears by hand.

Like Cadillac, we use a special steel-alloy brake lining.

Our engine, tested abroad in millions of owner-driven miles, is lightweight iron, designed for long wear—and the kind of performance you need on a turnpike.

(It gives you 25 percent more horsepower than the leading import.)

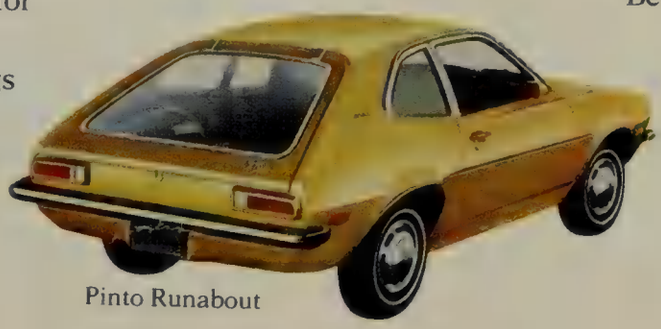
Our brakes are oversize and self-adjusting.

Our steering is rack-and-pinion, a system precise enough for the world's most expensive sports cars.

We didn't stint on Pinto. Not where it counts.

Talk to your Ford Dealer about Pinto. He has plain ones, fancy ones. Pintos with options like those shown above. He's got them all for you to drive.

Better idea for safety:
Buckle up.



Pinto Runabout

Pinto
Different where it counts.

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Nobody knows the Orient like we do

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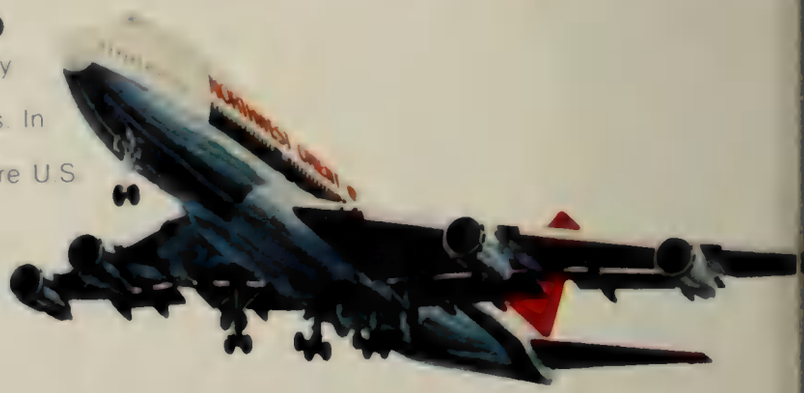
Fly the Orient Express Way. Nobody else does it nearly so well.



NORTHWEST ORIENT 747

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Extraordinary tours of the Orient and the World from Northwest Orient.

These unique tours—embracing both the usual and unusual—are designed to let you absorb the cultures of the lands you travel through.

You'll enjoy the very best all the way with experienced tour leaders; special entertainment; modern, world-famous hotels, and a la carte dining whenever possible.

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- **Grand World Tours**: 42 days $1795*; 62 days $2595*
- **"Kipling" Around the World Tours**: 64 days $2795*; 80 days $3395*
- **Lost Worlds Tour**: 80 days $3795*

*All prices plus air fare.

Ask your travel agent for the exact itineraries. Or mail the coupon. Don't wait too long, though—each tour is limited to no more than 25 people.

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ORTHWEST ORIENT

CECIL HELMS

Ornamental pool *is part of mansion's original landscaping*

Picnic with a Comstock millionaire

Imposing Bowers Mansion, former home of Nevada's first Comstock Lode millionaire, is now a county park. Fronting on Washoe Lake, with a backdrop of steep hills, this historic home looks much as it did when Sandy and Eilley Bowers built it in 1864 with money from their Gold Hill mine.

Well landscaped grounds surround the two-story building. Notice the granite façade: Scottish stonecutters fitted the blocks so well that no mortar was needed. The plate glass for windows and etched glass for panels and transoms came from Belgium. Silver door hinges and knobs were made at the mine.

The story of the rags-to-riches couple is perhaps the most interesting part of a 20-minute tour through the 16-room house. Not too much remains of the original furnishings. When the Reno Women's Civic Club bought the mansion in 1946, members started a restoration program that still continues. Some original heirlooms, including many sold by Mrs. Bowers, have been returned and other period pieces donated. Photographs and portraits of the family include one of Eilley Bowers in the gown in which she hoped (in vain) to be presented to Queen Victoria.

Guided tours are available from May 15 through October; they cost 50 cents for adults, 25 cents for children 6 through 12. A little booklet, *The Mistress of the Mansion,* on sale for $1, gives additional details about the Bowers family and Nevada's early days.

On U.S. Highway 395, 23 miles south of Reno, the park is open all year for picnicking. The swimming pool is open from Memorial Day to Labor Day. There are no camping facilities. □

Boy peers *through arch into front parlor from large entry hall*

Yapese *youngsters greet visitors at Yap airport with tribal stick dance*

Micronesia

Today a flight through these World War II islands is easy. And cross-Pacific travelers can island-hop at no increase in air fare

Take a land mass slightly larger th Hawaii's island of Oahu, break it into more than 2,100 islands, then sc ter these islands haphazardly acros stretch of the Pacific Ocean appro mately the size of the continental Uni States. Populate the islands uneve with about 100,000 inhabitants of verse cultural and ethnic backgrour mix in nine native languages and nun ous regional dialects, and add gener portions of palm-lined beaches, trop lagoons, and exotic jungle growth, you have some idea of the scope, sc and complexity of Micronesia, nev

Palm-lined beach *on Truk Lagoon is site of new resort hotel. Activities include swimming, boating, and skindiving*

R. WENKAM

Meeting house *on Koror chronicles Palauan history on "story board" wall*

Palauan entrepreneur *displays shell and bone necklaces from Peleliu. Other handcrafted buys include story boards, stick charts, tiki figures, and war clubs*

R. WENKAM

Sea grotto *intrigues visitors who tour mangrove-covered Rock Islands in Palau's island-dotted lagoon*

Yapese gentleman
carries umbrella and "briefcase" during a visit to Palau

and one of the most exciting travel destinations in the Pacific.

To most people who remember World War II, Micronesian place names like Kwajalein, Saipan, and Truk will be familiar. Today, Micronesia is a United Nations Trust Territory administered by the United States, and the battle beachheads of the 40's have become the tourist beachheads of the 70's.

Guam, as a U.S. territory, is politically separate from but geographically at the center of this UN trust territory, with direct air service from Honolulu. Economy fare is $217 for the 7-hour nonstop flight.

The busy international air terminal on Guam is the gateway to the rest of Micronesia, with frequent flights to and from the district centers of Saipan, Yap, Palau, Truk, Ponape, and Majuro. Sample air fares are: Guam to Saipan, $14; to Truk, $67; to Palau, $86.

Trans-Pacific air travelers calling at Guam can make the Guam-Honolulu segment of their flight an island-hopping adventure through Micronesia at no increase in fare. Continental/Air Micronesia serves Guam from Honolulu each Sunday and Wednesday (calling at Midway, Majuro, Kwajalein, Ponape, and Truk) and Honolulu from Guam each Wednesday and Saturday (calling at the same places in reverse order). A special "Discover Micronesia" round-trip excursion from Honolulu stops at all the islands for about $405 per person.

The wide selection of excellent hotels on Guam and the luxury resort hotel recently opened on Truk and Pala have greatly broadened the appeal c Micronesia as a destination. Room rate at the new Continental Travelodges i Truk (on Moen) and in Palau (on Koro begin at $22 a night for a single. Speci three-day tour packages from Guam t Truk ($169 per person) and from Gua to Palau ($199 per person) includ round-trip air excursion fares, luxu accommodations, and sightseeing tou and ground arrangements.

Cruise ships occasionally make a stop one of the Micronesian ports (Guar sometimes Saipan). Passenger freighte from West Coast ports regularly call Guam during cruises to and from t Orient and Far East. Micronesia Inte ocean Line offers monthly passenge freighter sailings from San Francisc Los Angeles, and Honolulu, calling Majuro, Ponape, Truk, Saipan, a Palau. The fare from San Francisco Palau is $545 per person.

Escorted tours of Micronesia from Ho olulu are also available. Travelworld Los Angeles offers year-round departur of two fully escorted tours calling Guam and all the district centers: a 1 day "Pacific Sunset Tour" costing abo $890 per person and a 21-day "Paci Castaway Tour" at $1,130. Prices i clude round-trip air fares from Hon lulu, accommodations, meals, and sig seeing.

Travel agents can give you tour deta and suggest other options.

Two things about the way we make our watches that haven't changed since we started.

We've introduced a lot of technical innovations into the watchmaking world.

The world's first successful self-winding watch, for instance.

And the world's first officially certified wrist chronometer.

And the world's first watch that truly locked out water, even at great depths. (The famous Rolex Oyster.)

But it's what we *haven't* changed that makes a Rolex a Rolex: The two awesomely skilled hands of proud Swiss watchmakers are still our most valuable asset.

The fact is, we still make each Rolex the Old World way. Slowly. One at a time. By dedicated men who demand perfection.

The Oyster case is a good example of the care that's lavished on each Rolex.

Step 1 sees it hewn from one solid block of stainless steel, or gold, lest it contain any seams that might yield under pressure.

Not until after Step 162 (hand polishing) is it ready to receive the movement.

Now consider the winding crown. It's our own Rolex-patented Twinlock design. The name comes from the way it screws down into the Oyster case (similar to a submarine hatch) to provide a second barrier against dirt and water.

Even the Rolex crystal is exceptional.

Each is meticulously diamond-cut for a micro-perfect match with its case. And ingeniously designed so that it actually seals tighter under pressure. (Deep underwater, for instance.)

What about the movement that receives all this protection?

We call it the Perpetual, which says it all. It's the apex of the watchmaker's art. It's hand-tuned to extraordinary accuracy. And a gravity-powered rotor (invented by Rolex) makes it self-winding.

Then each one is submitted to one of the Swiss Institutes for Official Chronometer Tests for 15 days and nights of demanding trials. Only when it passes is it certified as a chronometer.

Still not satisfied, Rolex' own inspectors spare no mercy in a final barrage of tests.

Not until now is it ready to leave our hands.

The sum of all this pride and patience and craftsmanship is what makes a Rolex unique in all the world.

Which is why a man like Sir Francis Chichester was able to rely on one during his solo voyage around the world.

And why Grand Prix driver Jackie Stewart wouldn't race without one.

And why Rolex is the official timepiece of Pan American World Airways.

Truly, Rolex has earned the recognition it enjoys. And you'll start to share it as soon as you wear one.

Owning one is almost as satisfying as making one.

ROLEX

The Rolex Oyster Day-Date:
a 30-jewel, self-winding chronometer
(with day available in 18 languages) in 18 kt. gold, $1,250.
Also in 18 kt. white gold or platinum.

American Rolex Watch Corporation, 580 Fifth Avenue, New York, N.Y. 10036. Write for free color brochure.

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ONSLOW—Robust and solid in the hearty style of 18th century England.
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Fine heavy sterling silver by TUTTLE

Hallmarked with the Presidential initials & Pine Tree Shilling

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Small hand, *foot, and paw print carvings at Red Canyon site are inspected by visitor*

North of Bishop...where to look for petroglyphs and pupfish

"Newspaper rock" *at Chidago Canyon site. Some good figures are at top*

Something new has been added to t long-established petroglyph loop trip c of Bishop, California: a sanctuary f desert fish that have been threaten with extinction. This 50-mile excursi offers a rare chance to see Indian ro art close to a road and to see an unusu ecological reserve.

The story of both the fish and the ro drawings starts at the time the Owe Valley contained part of a great syst of lakes and rivers, created by the w climate of the last ice age, that inclu Death Valley and perhaps reached the Colorado River.

Some 20,000 years ago, drying set shrinking the lakes and interrupt their river connections. The ancestors the Owens pupfish, one of the reside of the new sanctuary, were isolated fr their kindred in other waters ab 15,000 years ago.

A true desert climate was establis 4,000 years ago, but several native survived in snow-fed streams of Owens Valley. Pupfish in other de areas were virtually the only surviv of the vanished lakes. They became evolutionary wonder of the world cause of the rapidity of their differe ation into separate species to cope w changing conditions. Residents now c of isolated volcanic hot springs or de pools, some developed the ability to in water as hot as 112°, some to tole salinity as much as six times that of ocean, others to hibernate through c winters. Nine species have been scribed, two of them now extinct.

ghting a heater's never been easier . . . or as safe. The new oleman Ca[illegible]luces less flame at lighting than ever before. nd the low flame's almost [illegible] as effective in getting your eater going in a hurry.

hanks to Cole- unique ex- design, you et more heat, icker, than with nventional heat- s. New side vents d additional ver- al surface space eans heat goes t horizontally, d vertically.

Up to 6,000 BTU's of flame-less warmth is produced by Coleman's special vaporization chamber.

Coleman's platinum catalyst causes the fuel vapor to burn at such a low temperature there's *no flame at all*... just safe, warm, radiant heat.

Rust-resistant, 3-quart tank holds enough Coleman fuel to keep a 10' x 16' tent warm up to 18 hours.

leman's exclusive Dial-mp® adjust- ility lets you t your own mfort level [illegible] om 3,000 U's all the y up to 00.

Coleman's new fiberglass wick carries the fuel to the mixing chamber quicker for easier lighting... faster starting. And the new design of the wick means easy replacement if it ever needs it.

The new Coleman catalytic heater:

Warmth you don't have to worry about.

here's no pressure in the tank. No pumps. No fuel bottles. No mes. *And no flame.*

ust plenty of constant warmth for as much as 18 hours on a ngle filling. *And without worrying.*

ut secret's the platinum catalyst. It gets the fuel vapor to burn a very low temperature. So low in fact, there's no flame. (And en this happens inside the head). All you get on the outside comfortable heat. Lots of it. *Warm heat. Not hot heat.*

all this still sounds a bit complicated, look at it this way: Coleman Catalytic Heater works just like a hand warmer... ly with bigger ideas.

TE: Only Coleman Fuel should be used in Coleman products. Other fuels y cause faulty operation.

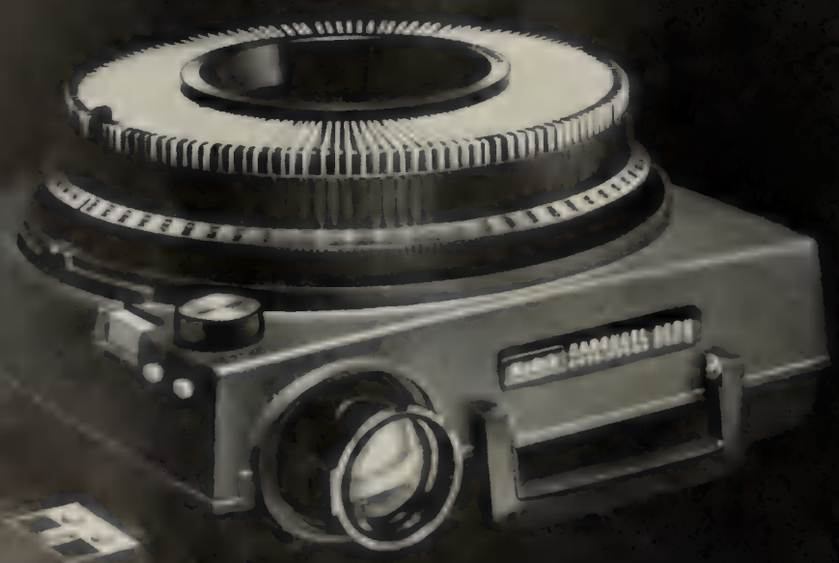
Get closer to your country with

Coleman

Greatest name in the great outdoors

Interns • Stoves • Cat Heaters • Coolers • Jugs • Tents •Sleeping Bags • Camping Trailers • Back Packs • Snowmobiles • Sport Bikes

The quiet one.



The quieter, the better.

After all, when you're showing your slides, you've got better things to listen to than the slide projector.

That's why we've made the new Kodak Carousel H projectors a lot more quiet. Whisper quiet! So you can enjoy the showing a lot more. Quietly.

We've done it by using a much more efficient quartz-halogen lamp. So the cooling fan can turn slower, quieter.

The quiet ones all go by the name of Kodak Carousel H projectors. Your photo dealer can give you a show and a listen. Prices start at less than $80.

Kodak makes your pictures count.

Kodak

Price subject to change without notice.

four related poolfish species evolved; three are now extinct.

The Indians came, probably during the desert period, and flourished while deer and bighorn sheep were abundant. They made their cryptic rock drawings most likely as a form of hunting magic. Then, as the animal population declined perhaps 1,000 years ago, they moved on or just dwindled to numbers the desert could support.

To Laws and the petroglyph sites

The tour will be enriched if you pick up a copy of the free *Petroglyph Loop Trip* brochure; try the chamber of commerce office in Bishop's city park, open every day, or motels and businesses in town. It contains a map and descriptions of the sites (and sights) along the way.

One it does not describe, though, is the first place you reach and one you should not miss. Start out north on U.S. Highway 6. Beyond the edge of town it turns east and before long you come to the exit for Laws. Here, a short distance off the road, is the historical museum-park that includes the old Laws depot, rolling stock from the narrow-gauge Carson & Colorado Railway, and buildings filled with historical materials. The grounds are open all the time; the displays are open 10 A.M. to 4 P.M. every day except certain holidays. Admission is free.

Back on the highway, head north. About 8½ miles beyond the Mono County line

F. PHILIP PISTE

New lake *in Fish Slough is reserve for four species of desert fish*

'hrist Church of Kealakekua, on the Big Island of Hawaii, was built in 1866.

Come see the great cathedrals of Hawaii.

Perhaps you've seen the cathedrals of artres or Cordoba or Milan. They're numental, but then that's what Europe here for.

Perhaps you didn't know you can see ie remarkable churches in Hawaii as l. To be very frank with you, in terms rchitectural splendor, ours offer no con-. But if it's soul you're after, come to vaii.

On the Big Island of Hawaii and on ui and Kauai, you'll find interesting churches by the dozen. The best istian examples date from the early teenth century, when the missionaries out to recreate their native New England ictures here in "Owhyhee." Despite grave shortages of skilled labor and appropriate materials, moral fiber won the day.

The men of the cloth left Hawaii a mixed bag of blessings. For example, the muumuu, which you will certainly see and may even wear on your visit here. It was originally designed to conceal the charms of our Island girls for the spiritual betterment of our Island boys. In point of fact, it does no such thing: humanity has yet to create a more provocative garment. Again, you'll see.

While you're here, you ought to get Hawaii's complete religious picture. So visit some of our beautiful Buddhist temples. Our Shinto shrines. Our tabernacles. You'll be warmly welcomed in any of them.

You should also see the place where King Kamehameha the Great was born. And where Captain Cook was killed. And Iolani Palace, the only royal palace in the entire United States.

To say nothing of our State Capitol. You may have seen pictures of this imaginative structure in magazine articles. It's even more dramatic in real life.

Ask your travel agent about air fares, steamship passage and hotel rates. They're all a lot less expensive than you may have thought. Same goes for tours. There's one for just the amount of time and money you want to spend.

So come soon. And see the great everything of Hawaii.

Hawaii

IT'S MORE THAN A PRETTY PLACE.

On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

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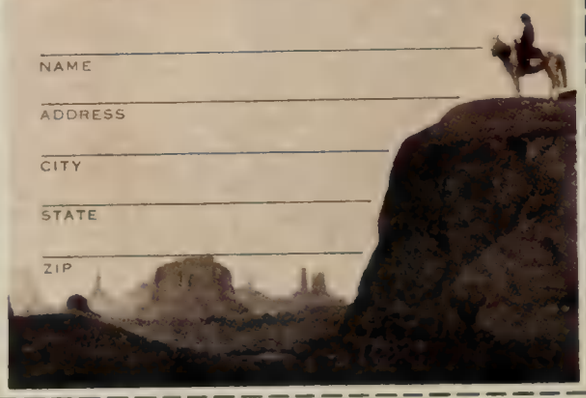

This coupon could be the start of a vacation on the craziest, most unusual, most wonderful piece of real estate in the hemisphere.

Arizona.

Arizona is where you throw snowballs in the morning, lunch at the Seventh Wonder of the World, and take a moonlight dip at a famous desert spa.

Where families picnic under giant cacti with skis strapped atop their car.

Arizona is where you can drive through three seasons on a tankful of gas.

Watch rock monoliths throw shadows 40 miles long.

And drive across the London Bridge. (Not a reasonable facsimile . . . the original.)

But Mother Nature is Arizona's main attraction.

She's created America's largest stand of Ponderosa pine in the high country.

Turned trees to stone in the Petrified Forest.

Carved out a canyon that's Grand.

And covered it all with the sunniest skies found anywhere in the nation.

In fact, there's so much natural beauty in Arizona, it has more national forests, parks and monuments than any other state in the union.

Come share it with us.

The business climate in Arizona? Ideal. More and more companies are moving here for their health. They're finding willing workers, a government that thinks business ought to make a profit, clear skies and room to grow.

ARIZONA

look for a dirt road to the left. It and the next turnoff had a sign when we were there, but signs in the desert sometimes disappear. At the end of the short road are the bluffs of the Chalfant site, with some unusually large carvings spread for several hundred yards along a sandy stream bed.

The next left turn, a little more than 2 miles north on the highway, is the beginning of the 25-mile graded road part of the loop, along which there is no water or other facilities. Over ridges and across canyons, it passes the Red Canyon, Chidago Canyon, and Fish Slough sites. Each is marked, and although petroglyphs are always visible from the road, each is worth more detailed exploration. The last one, Fish Slough, has stones in circles that were part of Indian dwellings and grinding holes in the living rock. And there is a panoramic viewpoint where pipe viewing tubes point at prominent landmarks on the imposing Sierra scarp to the west.

The desert fish sanctuary

A short distance beyond the last site you will see water on the left, in spring fed, marshy Fish Slough. Here 20 acres have been set aside as the Owens Valley Native Fish Sanctuary, with a 5-acre lake behind a dam. It is one of the first ecological reserves made possible by recent California legislation.

This reserve provides a place where the fish that once populated desert waterways, ponds, and springs can survive. Now scarce, they have been decimated by irrigation works, wells that rob water tables and reduce spring flow, and by man's introduction of such voracious game fish as brown trout and black bass into streams that still flow all year.

Four desert species will live in harmony in this pond when stocking is completed. Three of them are rare and endangered: the speckled dace (only six pure-strain fish could be found to stock the pool), the Owens chub, and the Owens pupfish. The fourth is the Owens sucker. The dam protects them from invasion by bigger fish in two ponds downstream.

A stile gets you over the fence. Walk to water's edge to see the tiny fish, which breed in shallow water. You will also see birds, attracted by the oasis. Here and there cottonwoods, soon to turn yellow, offer shade.

The sanctuary is a project of the California Department of Fish and Game on land provided by the Department of Water and Power of the City of Los Angeles (part of its aqueduct land holdings). Another pupfish pond is going in on the far side of the slough, on Bureau of Land Management property.

Paved road marks the imminent end of the loop. You cross the slender Owens River to reach the highway.

Hawaii is something else.

And so is Western's service to Hawaii.

Hawaii *is* Diamond Head, pineapples and great beaches. But it's a lot more. It's 41 challenging golf courses. Royal palaces open to visitors. And remote valleys where you can get away from it all. Hawaii really offers something for everyone. See it all on one of the many tours available via Western's "Islander" jets.

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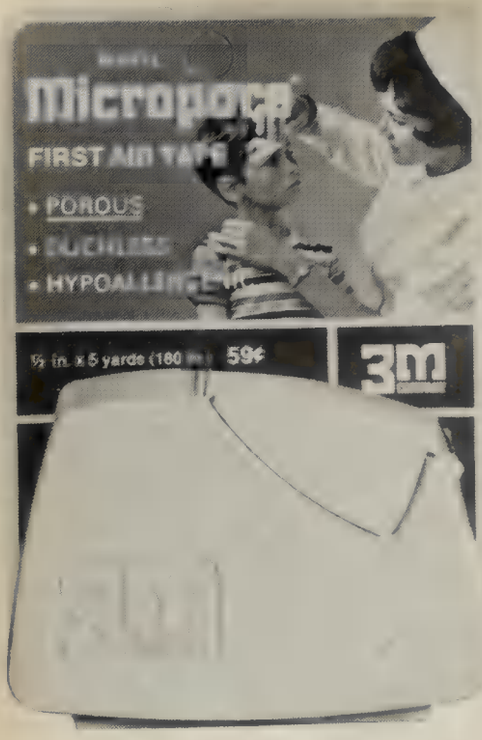

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GUARANTEED PARENTS' MAGAZINE

Children can wade *and swim quite safely here off Leleiwi Beach Park*

In Hilo...good beaches for children

Three of Hilo's shoreline parks are perfect for visitors with children, offering safe swimming and splashing in shallow tidal pools among fingers of worn lava. A light surf breaks beyond reefs.

These parks are strung out along Kalanianaole Avenue, and Hiloans refer to them as Three Miles, Four Miles, and Five Miles because of their approximate distances from the downtown post office. On weekdays they are not crowded, but on weekends Hilo families make great use of them. Each park has drinking water, and is marked by a prominent sign lettered in yellow.

Three Miles, or Onekahakaha Beach Park, is the most developed of the three, with a strip of white sandy beach along one of the tidal pools. From Ju through September, some of the lar picnic pavilions are used by organiz tions for their annual outings. A ter porary children's zoo, housing sm animals, is open Tuesday through Su day, 9 A.M. to 4:30 P.M.

Four Miles, or James Kealoha Bea Park, has a strip of sandy beach a deeper water, which makes it attracti to teen-agers. The park has picnic tab and a comfort station, but no pavilio

Five Miles, or Leleiwi Beach Park, fers sheltered coves and cooler swi ming because of some fresh wa inflows here. There are eight fami sized pavilions and a comfort station the park.

Announcing the '72 Pontiac Le Mans.
Now available with a front end designed to shun dents and rust.

It's made of Endura—a special man-made material pioneered by Pontiac. The Endura is bonded to a thick steel underbody. And it's resilient. Actually "giving" on minor impact to help protect against dents and dings that make a car look old before its time.

LeMans offers a number of other truly worthwhile features.

Things like LeMans' windshield radio antenna. Concealed windshield wipers (except coupe). An economical 250-cu.-in. six and 5 available V-8s—all of which perform efficiently on low-lead or no-lead fuels.

LeMans' interior is equally impressive for such a budget-oriented car. Loop-pile carpeting (except coupe). Handsome fabrics. Deluxe steering wheel. And a dashboard with the look of rare teakwood.

Naturally, the '72 LeMans—like every Pontiac—is equipped with a long list of safety features. Seat and shoulder belts. Front-seat head restraints. Energy-absorbing instrument panel. Energy-absorbing steering column and many more.

For a closeup view, head for your nearby Pontiac dealer's.

Pontiac Motor Division

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That's what keeps Pontiac a cut above.

Buckle up for safety.

Impromptu stops *offer opportunities for interesting pictures like this one of farmer and ox cart loaded with cactus*

One way to see Mexicans and Mexico close up is to make a tour by bus

Visit Mexico by bus and you won't have to look for the country: Mexico will come out to meet you at many scheduled and impromptu stops.

A bus tour is a good way to see the Mexican countryside and tiny villages as well as the big population centers and favorite tourist destinations.

Both Continental Trailways and Greyhound Lines offer tours of Mexico that cover half the country's 29 states with stops at two dozen cities and towns.

They go from the arid desert around Chihuahua, where you may visit Pancho Villa's home and chat with his widow, to high mountains in the interior, to the lush tropics around Acapulco. You'll spend several days in Mexico City and visit the markets at Guadalajara and Cuernavaca. Homebound, each tour goes up Mexico's west coast, then inland through Sonora and to the border.

Remember that bus trips are tiring; although the average day on the bus is about 5 hours, there may be occasional 10-hour days. And older buses are subject to minor malfunctions that might try your patience and endurance.

Continental's 27-day tour starts in San Francisco, enters Mexico at Juarez via Los Angeles and Phoenix, and spends 21 days south of the border.

Greyhound's 22-day tour also begins in San Francisco, follows the same route to Juarez, and offers a similar itinerary during 18 days in Mexico.

Fares ($685.95 per person on Continen tal, $482 on Greyhound) are based o twin accommodations and include tran portation, guides, and baggage handlin and tipping. Not included are most meal entertainment, and other tips.

You can join or leave either tour at se eral points; fares adjust accordingly.

Greyhound also offers an air-land con bination. You may take the bus to Me ico City or Acapulco and fly back San Francisco; or fly to Acapulco ar take the bus tour home. This cos $488.90, including the flight.

For detailed brochures, see your trav agent or a Continental or Greyhoun ticket agent.

Heart *of Tequila cactus often weighs up to 200 pounds*

Guide *explains murals at Palace of Government*

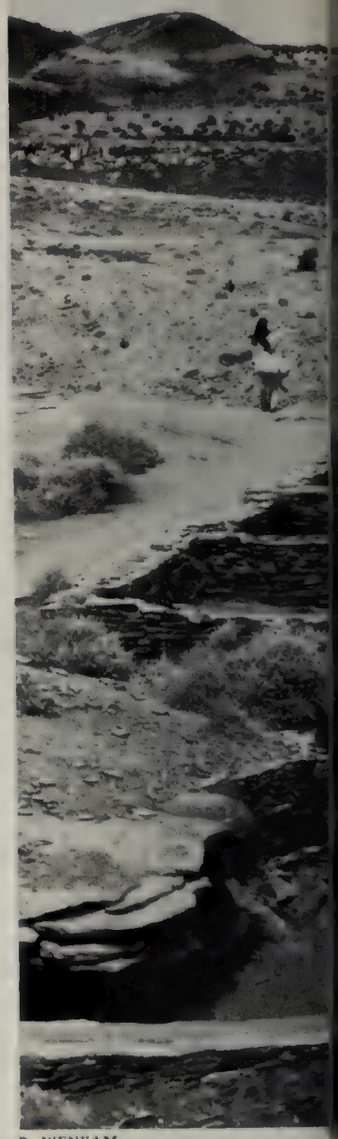
Boatman *poles his craft through Xochimilco's floating gardens*

Mariachi *looks a bit tired, but his partner fiddles on*

Sidewalk vendors *near Mexico City hold out their colorful assortment of baskets*

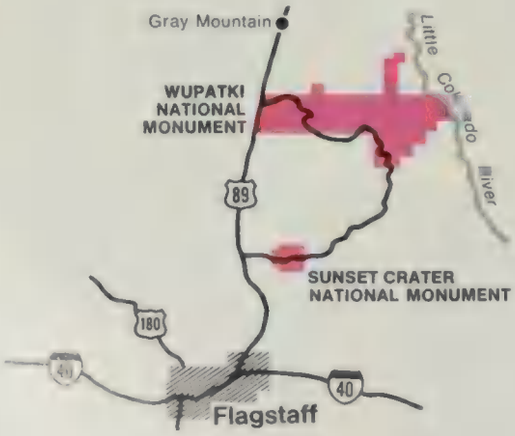
Hikers *on the Crater Rim Trail can look into the delicately hued volcanic bowl of Sunset Crater*

Broken walls *of Wupatki ruins (right) once sheltered more than 250 Sinagua Indians, many of whom probably entered their apartments just as the above visitors do*



R. WENKAM

It's a steep *climb up the cinder-strewn crater; view of distant San Francisco Mountains is a good excuse to rest*



Seismograph *at work fascinates children in Sunset Crater visitor center; it records volcanic activity beneath the ground*

Arizona prehistory . . . a loop north of Flagstaff

no accident that Sunset Crater and patki national monuments are only a miles apart just north of Flagstaff, zona, especially when you consider events that took place there almost ousand years ago.

en the volcano that eventually ned Sunset Crater erupted in A.D. 5, the Sinagua Indians left their poor ns to escape the continuous drizzle ine black ash that rained down on ost 800 square miles of the country. A few families probably drifted into the area after the belchings the black cinder cone quieted n; they discovered that the new of volcanic ash had formed a ture-retaining mulch that allowed to do dry farming on lands that not previously arable.

d of the rich land spread, and the was on.

lo dry farmers from the northeast ed into the area along with Hoho- irrigation farmers from central Ari- And traces of Mogollon groups the east and the Cohonino groups the west have been located. This is nly place where such an intercultural assemblage has been found in the Southwest.

The best example of the more than 800 ruins in Wupatki National Monument is the Wupatki Ruin, about 18 road miles north of the crater. The commune contained more than a hundred rooms that housed 250 to 300 Sinaguas.

Follow the recently paved loop road through both Sunset Crater and Wupatki national monuments for a close look at the volcano and several of the better preserved Indian ruins.

The loop road turns east off U.S. Highway 89 about 13 miles north of Flagstaff, then arches 37 miles back to the main road. On the way into Sunset Crater you pass through rich, smoky red hills of volcanic soil forested with ponderosa pine and laced with delicate patchworks of brown needles.

Don't pass the visitor center without a quick stop; inside is a seismograph that measures continuing volcanic activity, and displays that explain the effects of the eruption forming Sunset Crater.

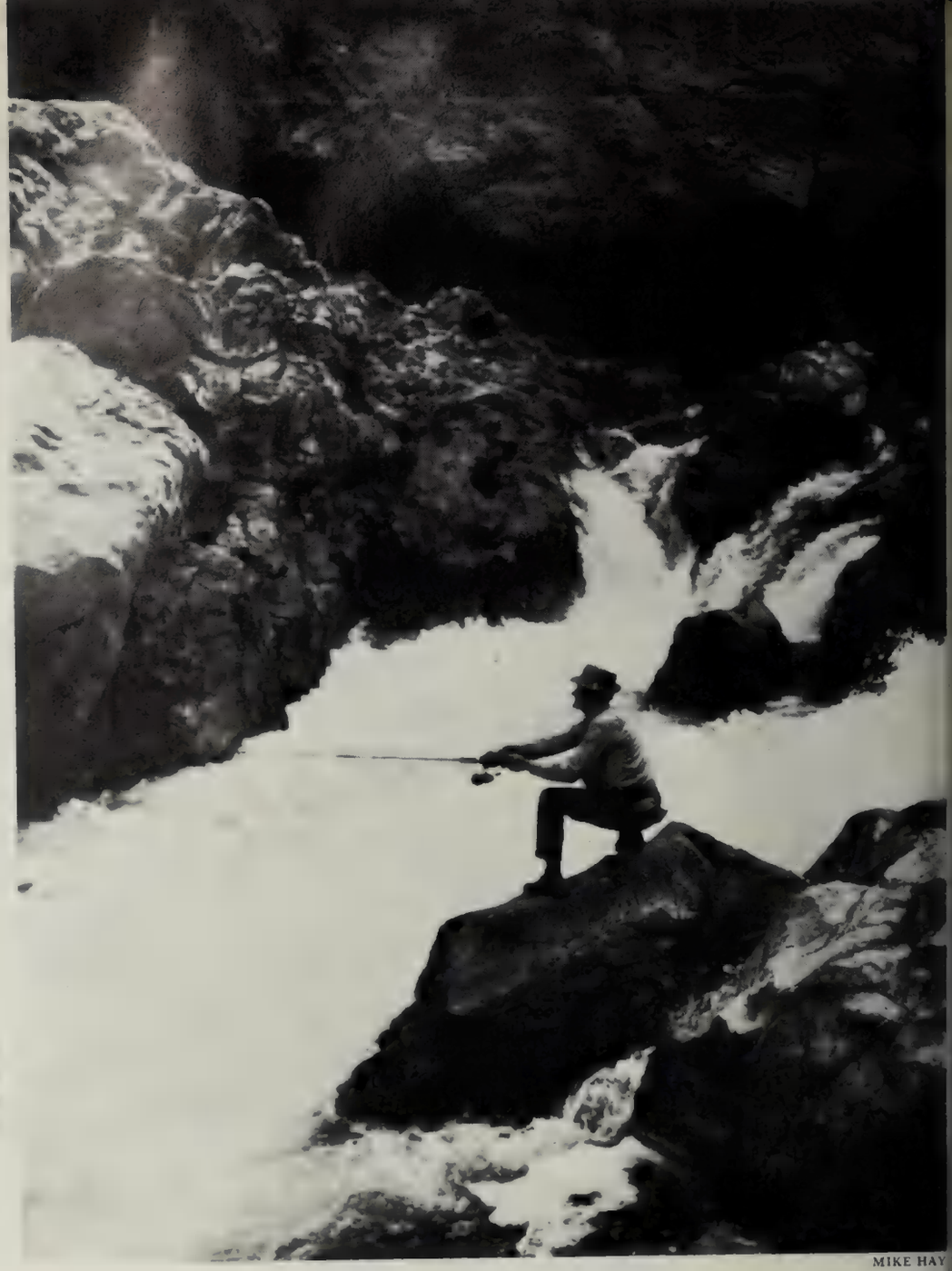
A couple of miles past the visitor center is the parking lot for the Crater Rim Trail and the Lava Flow Nature Trail, the only two marked trails in the monument. The Crater Rim Trail climbs up the cinder cone to the top of the crater; although only a mile long, it is exceptionally steep and the loosely packed cinders are difficult to walk on. But the view from the top is worth the climb.

The guide-yourself Lava Flow Nature Trail is short and level, and passes a variety of volcanic phenomena.

Sunset Crater is a small national monument; shortly after leaving it the road gradually passes out of the pine forest into brushy areas of piñon pine and juniper. If the day is clear, you can look out onto the Painted Desert from several spots on the road.

The first of the Indian ruins you will find are the Wupatki ruins; the visitor center here will give you a better understanding of the peoples who lived in this area. Other ruins that can be easily visited are Wukoki, Citadel, Nalakihu, and Lomaki.

Visitor centers in both monuments are open from 8 A.M. to 5 P.M. daily; admission is free. You may want to bring a picnic lunch since there are no restaurants near the monuments. □

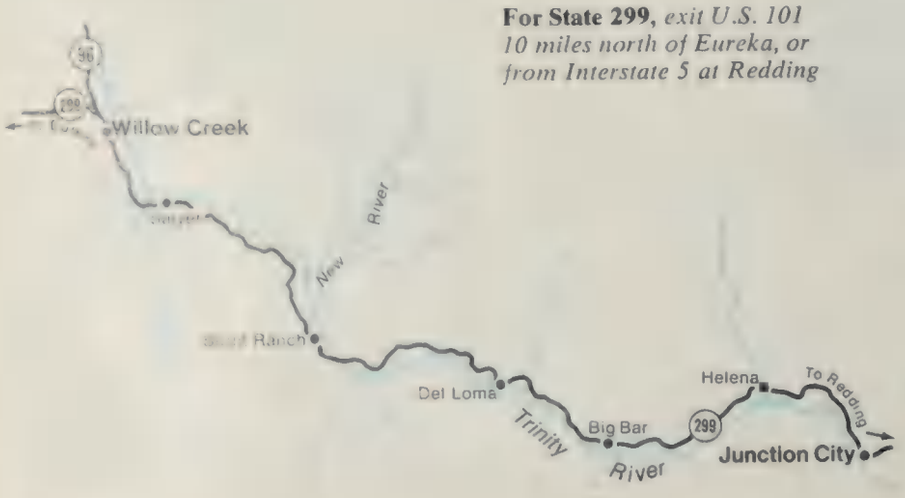


The rocky narrows *of Burnt Ranch Falls, at right and above, is one of the Trinity River's most productive and scenic fishing spots*

MIKE HAY

Indian summer fishing on the Trinity

For State 299, *exit U.S. 101 10 miles north of Eureka, or from Interstate 5 at Redding*



Salmon and steelhead migrating t stream like rush-hour commuters ma the Trinity River one of northern C fornia's most alluring autumn fish destinations.

Indian summer temperatures can s into the 90's, and campsites are usua plentiful. The best casting spots are j off State Highway 299, which follo the river on a winding path for 49 mi from Junction City to Willow Creek.

Between these towns the Trinity tu bles through canyons, flats, and ric forested mountains, creating enough cessible white water to satisfy both fi ermen and sightseers.

Fishing is best in the early morning late afternoon just below riffles or f

Announcing the only all-new pickup for 1972. DODGE.

When Dodge set out to build an all-new pickup for 1972, we not only wanted to keep the well-known Dodge toughness but to give this pickup a smoother ride, new style, and good looks, too. What you see below is the exciting result. The Strong Silent Type.

This new cab gives you more room than any pickup on the range.

Part of the secret of the cab roominess is the way the side windows were designed. Notice they are curved, which offers more width inside the cab where you need it. The new quietness was achieved by means of sound deadeners and double-wall construction. The door, window, and dash panel have a better seal than ever before.

What you see is a little tougher and stronger than ever before.

This all-new Sweptline pickup has double-wall construction which gives greater strength to the cab and box. The Sweptline box has all welded construction. The inner panels are ribbed for greater rigidity and strength.

The new independent suspension shows rough riders the smooth way home.

Independent coil springs up front make the ride carlike, but we kept leaf springs in back to carry the load. The front and rear track were widened for stability and the wheelbase increased for smoothness of ride.

For 1972, Dodge offers four basic truck models for use as campers. Features of particular interest include sliding rear window, easy-off tailgate, and automatic speed control. Your Dodge Dealer can give you more facts about the model best suited for your camper.

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Good fishing spots *along the Trinity River are within an easy walk of State 299. The wilderness is intact, with little commercial development on the road*

where the fish rest in the well oxygenated slicks. Anglers usually follow runs up the river, so it may get crowded at some spots on weekends.

To catch salmon, fairly stout spinning tackle with 8 to 15-pound test monofilament line is used on most of the river. Favorite offerings are 1/0 spinners, spoons, and roe bait. Regulations forbid gaffs and multiple hooks, and single hooks must not exceed size number 1. A large net with a long handle is good for landing salmon, which may run to

MIKE HAYDEN

Hayden Flat *Campground is a shady and comfortable base of operations for Trinity River fishermen*

Fishing within easy walk of the road

30 pounds. For steelhead, use medium weight spinning gear or fly tackle.

There are eight campgrounds along thi stretch of State 299. As you travel to ward Willow Creek, the first is 2 mile west of Junction City. Operated by th Bureau of Land Management, it has 1 units spread out on an attractive fla beneath yellow pines. Beyond the cam the river and road hook west to the en trance of the Trinity's north fork. Th is an excellent steelhead spot.

Less than a mile away is the boundar of Trinity National Forest, where th river drops into a canyon with high sloping banks. Clumps of dogwoo maple, and oak paint the area with au tumn colors. Most of the river here accessible and the riffles are some of th best for steelhead. Just inside the n tional forest line is rustic Pigeon Poi Campground with 14 units.

At Big Flat the canyon broadens into valley. A national forest campgroun here has six units for trailers or ten and pit toilets. Big Bar Campgroun with three units, is 3 miles downstrear

Spreading out beneath dense timber, B French Creek Campground is a scen spot with 40 units. It can be reached b an unpaved road 4 miles off State 2 beyond the little community of Big B The access road is too rough for trailer

After passing through the tiny village

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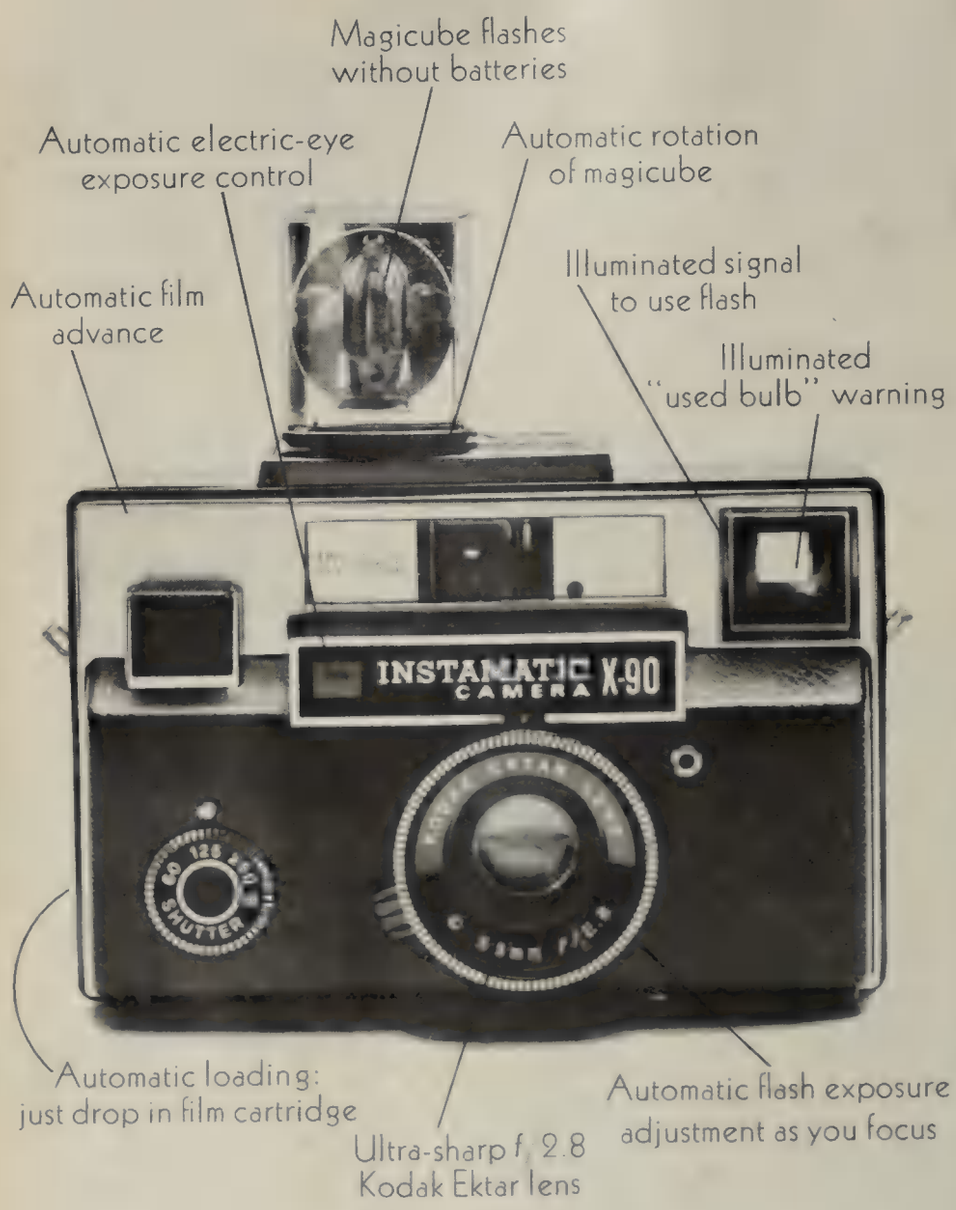

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Del Loma, which has several stores and some resort accommodations, the highway dips into Hayden Flat, where there is a 44-unit campground. Beyond the flat, State 299 crosses to the south bank of the river and begins to climb above the walls of a canyon to the community of Burnt Ranch. The road then contours along the heavily timbered slopes of Hennessy Ridge to the 24-unit Burnt Ranch Campground.

The campground access road dips into the river canyon to the head of a trail leading to Burnt Ranch Falls, one of the Trinity's most scenic and productive fishing spots.

Salmon and steelhead bound into the air to ascend the low cataracts that shoot through a rocky narrows. The fishing should be good if a school is present, but

MIKE HAYDE

Wading fishermen *test a promising slick below some riffles*

too many fishermen may crowd the small area on weekends.

From Burnt Ranch it is a short drive to Gray Falls Campground, which has 8 sites. A half-mile hike takes you from the camp deep into the river gorge near the confluence of the Trinity and New rivers. Fall steelhead runs on the tributary are usually good.

The Trinity now winds past the towns of Hawkins Bar and Salyer, eventually coming to Willow Creek where it parts with State 299. Fishing can be good in this area and access to the river is easy down the sloping banks.

For information on fishing spots and campsites along the Trinity, write to the Shasta Cascade Wonderland Association, Box 1988, Redding, Calif. 9600 or telephone (916) 243-2643.

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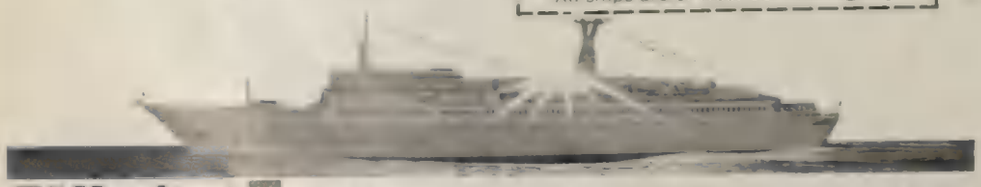

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A. SALBOSA

Shoppers pause *to watch artist spin out bowl in one of show's demonstrations*

October display of Hawaii crafts

Most Honolulu visitors make a point o exploring Ala Moana Center, the city huge multilevel, indoor-outdoor shop ping complex. Besides the variety o stores, eating places, and permanen works of art, there is almost alwa something special going on at th ground-level Lanai Exhibit Area.

One outstanding event is the Hawa Craftsmen Annual, to be held there O tober 17 through 30 (weekdays 9 A.M to 9 P.M.; Saturdays 9 to 5; Sundays to 4). This year's show will bring t gether almost a hundred of Hawaii's to craftsmen (some nationally known) di playing several hundred of their cre tions in pottery, glass, textiles, meta and jewelry.

Most of the pieces in the show will n be Hawaiian in inspiration or executio but you can expect to find some articl woven from local fibers, such as bany roots and palm midribs, and potte with glazes using native wood dyes (*mi keawe, kamani*) and volcanic ash. number of pieces will be for sale.

There will be demonstrations of wea ing and pottery-making from appro mately 10 A.M. to 4 P.M. and in t evenings between 7 and 9.

This juried show is supported by H waii's State Foundation on Culture a the Arts; craftsmen receive prizes for e cellence in workmanship and design.

Red Skelton bought the WonderChord just for fun.

Red gets a kick out of playing the WonderChord with just one finger. Coming on like a one-man band. Making musical magic for family and friends.

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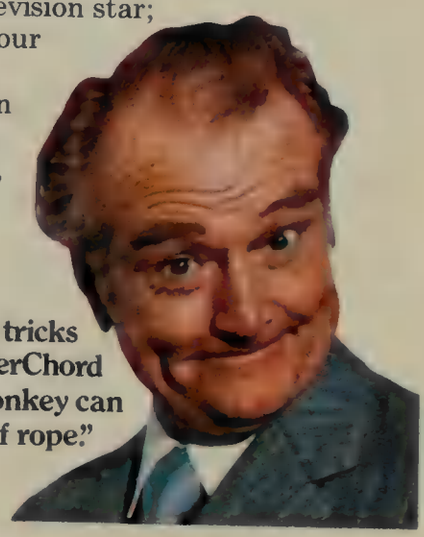


"I can do more tricks with WonderChord than a monkey can with a yard of rope."

WE HAVE PL

We cordially invite you to get under Vega's skin. Because while we have plenty to hide, we definitely don't have anything to blush about.

What you'll find under Vega's very stylish shell is a lot of little car. More car than we really had to build.

That's just the way we do things.

You being the careful type, we herewith offer substantiation.

The thing that makes it go.

There's nothing like a paragraph or two of technical talk to scare readers away. So we'll try to discuss this thing in down-to-earth terms.

OK, Vega's engine looks a whole lot like a car engine. But believe us, it's a breakthrough. Thanks to a very complicated but very clever proc Vega's engine is the envy of the little car wo

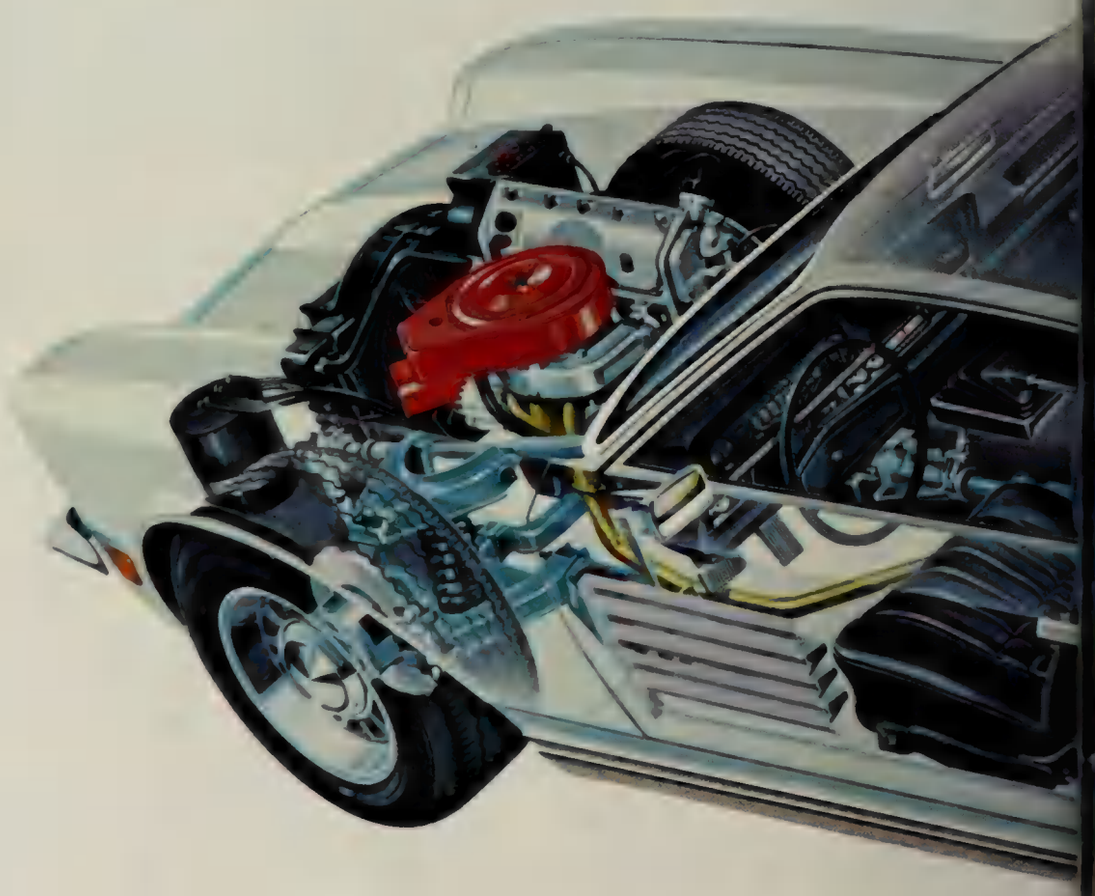
Why? Because it has enough powe forge confidently ahead, even on fast-mov freeways and long steep hills. And beca it's amazingly quiet for a little car engine. because in our highway tests, it's gett about 25 mpg (that's the standard engine, the standard transmission).

Let us just add that, true to Chevy tr tion, we think this engine will become classic. It's that good.

Oh what a lovely door.

Take a gander at the see-through c below. See that corrugated piece of st That's what we in the trade call a side-gu door beam.

We put those beams in every doo



Chevrolet. Building a better v

NTY TO HIDE.

ry Vega we build, for added protection. ourse, we hope our door beams will never e to come in handy. But if they have to, will.

More hidden treasures.

Again we direct your attention to our through Vega.

Notice the seats. Ah, those seats. Carved of foam. And quite possibly the most com- ible seats you'll ever find in a little car. a little sports car.

And the brakes. Big ten-inch discs in , standard.

But we didn't stop there. We put two on the Vega. For stronger construction, to make it even quieter.

Vega also has a power ventilation sys- Air moves through the car, even when it's standing still.

Another thing. Vega has an electric fuel pump, hidden in the gas tank, for smoother gas flow.

And, well, we could go on for hours.

The moral.

Now, we realize that you're not going to rush out and buy a Vega just because it has power ventilation. Or an electric fuel pump.

But, if you add everything all together, we think you'll find that Vega is the best little car on the American road today. Bar none.

Don't take our word for it, though. Go drive one. Maybe you can't see all of Vega's advantages.

But you can feel them.

VEGA

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ED SCOTT

Visitors *pause in front of the old Molson State Bank building. Next to it is a mining assay office*

Not quite—but almost—a ghost

It's difficult to picture a more isolate spot for a town than the grassy and s lent valley where the few buildings c Molson, Washington, are located.

Yet less than 80 years ago this town i the high country of Okanogan Count was crowded with people hoping t strike it rich in the gold mines that tu neled into nearby hills. By 1900 th population hit 300, and Molson boaste a doctor, a dentist, a lawyer, and a new paper. A major railroad line connecte the town with the outside world.

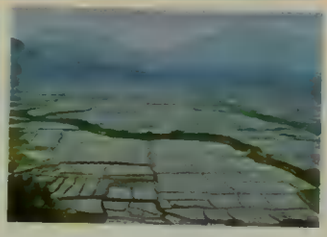
Molson was a venture backed by a Can dian investor who gave the town h name. However, his enthusiasm wane rapidly when the amount of gold bein mined didn't live up to expectations. B fore long most of the claims were aba doned; the population dropped to 1 within a year.

Between 1905 and 1930 Molson r gained a measure of health with an agr cultural economy, but today the popul tion is again less than 20.

Some remnants of the original town hav been renovated by the Okanogan Coun Historical Society. The Molson Sta Bank, the assay office of the Polan China Mine, and a homesteader's lo cabin are open to the public on old Mo son's lonely main street. A mining c filled with ore and a steam traction e gine coupled to a thrasher are part of display of antique mining and farmin equipment.

To get to Molson, take U.S. Highwa 97 to Oroville and travel east for 1 miles on the Molson-Chesaw road.

Beyond Tokyo, Kyoto and Osaka



Spend a couple of days off the beaten path. Discover the Japan where tourists are few, but always welcome.

By night, molten lava in the crater of Mt. Asama glows with an unearthly light. But you'll never know the unique sensation if you don't leave Tokyo behind for a day or so.

If you tire of the glittering Ginza, visit a town like Kusatsu, where 80 *ryokan* (Japanese inns) cluster about the town square. Let Kusatsu's hot springs bathe your body and soothe your spirit.

Step aboard a high-speed hydrofoil not far from Osaka, and race through a sea dotted with pine-clad islets that look the same today as they did when they inspired Japan's most famous artists centuries ago.

Glide in a flat-bottomed, air-propelled boat through the rapids of the Kumano River to the deep, still waters of Torohatcho gorge. Look down into the mirrorlike water and see the reflections of azaleas and rhododendrons perched on the granite cliffs high above you.

Let your imagination go when you visit the regions where tea is grown. The long, carefully manicured rows of tea plants suddenly begin to resemble green dragons asleep on the hillsides.

Wander the countryside of Japan and soak up the sights no city can offer: pearl divers disappearing in clear cool waters; villagers celebrating a rich harvest with *bon-odori* dances on the village mall; a craftsman fashioning a ceramic vase of classic Japanese simplicity.

The Japan you'll remember best is the Japan beyond the usual. For more information on the hidden Japan, send for our free booklets, "Northeastern Japan" and "Midland of Japan."

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1420 Commerce Street, Dallas 75201
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727 West 7th Street, Los Angeles 90017
109 Kaiulani Avenue, Honolulu 96815
165 University Ave., Toronto 1, Ontario

A Japan few tourists see.

Autumn and winter cruises from the West Coast. Here are choices

A cruise to warm and sunny climates may be the perfect break from the West Coast's cool-season fog and rains. Cruises to Mexico, the Caribbean, Hawaii, the South Pacific, the Orient, and around the world offer a wide choice of ports of call, and the variety of departure dates and cruise lengths makes a sailing vacation well worth consideration.

Since Westerners budget their vacation time carefully, many cruise companies offer sea-air cruise packages in conjunction with regularly scheduled airlines. You then have the option of flying to your destination, boarding a cruise ship, and then sailing to various ports.

However, the cruises listed below are self-contained: They depart from and return to West Coast ports. For information on sea-air cruises as well as the scheduled cruises below, see your travel agent for detailed itineraries, tour options, and complete cruise fares.

American President Lines

The Orient: 42-day cruises to Honolulu, Yokohama, Keelung, Hong Kong, Manila, and Kobe aboard the S.S. *President Wilson* or the S.S. *President Cleveland* depart San Francisco October 30, November 23, January 8, February 23; and Los Angeles October 31, November 24, January 9, February 24. Minimum fare is $1,075.

Hawaii: 12 and 14-day cruises on the S.S. *President Wilson* depart for the Islands from San Francisco December 14, 29; and Los Angeles December 15, 30. Minimum fares are $360 and $460.

The Pacific: 76-day cruise aboard the S.S. *President Wilson* departs San Francisco January 10 and Los Angeles January 11. Ports of call include Mexico, Easter Island, Papeete, Sydney, Bali, Bangkok, Hong Kong, Japan, and Honolulu. Minimum fare is $2,510.

The Mediterranean: 65-day cruise aboard the S.S. *President Wilson* leaves Sa Francisco March 28 and Los Angele March 29. Ports of call include Aca pulco, Casablanca, Piraeus, Yalta Odessa, Istanbul, Rhodes, Barcelona and Lisbon. Minimum fare is $2,145.

Canadian National

Alaska: 8-day cruise on the S.S. *Princ George* leaves Vancouver, B.C., fo Prince Rupert, Ketchikan, Juneau, Skag way, Wrangell, and Alert Bay on Octo ber 3. Fares begin at $220.

Holland America/German Atlantic Line

The Caribbean: 30-day cruises from Sa Francisco and Los Angeles depart Feb ruary 7 and March 9 aboard the T. *Hamburg*. Ports of call include S Thomas, Martinique, Trinidad, Curaçao and Acapulco. Fares begin at $1,470.

Orient Overseas Line

The Orient: 70-day cruises to the Orie include calls at Yokohama, Kobe, Pusa Keelung, Hong Kong. Departures fro Los Angeles are October 9, 28; Noven ber 14; December 2, 14, 29; January 1 23. Minimum fare is $1,107. Also 6 day cruises to Yokohama, Kobe, Ke lung, Hong Kong, and Nagoya on th S.S. *Oriental Jade* or the S.S. *Orient Pearl* depart San Francisco October 1

Get a second car that can do things your first car can't.

Get a pickup car—the new Ford Ranchero. Ford's all-new Ran[illegible] you. It has all the smart styling ■ sports car [illegible] interior luxury. All the performance and [illegible] handling. Yet Ranchero is ■ man-sized pickup. [illegible] body construction handles loads up to [illegible] and four-by-eight panels lie flat between [illegible] disc brakes are standard, and options [illegible] from SelectAire Conditioner to a [illegible] package, from vinyl Sports Roof to six and [illegible] up to the powerful 429 V-8.

FORD Ford

Get twice the cargo space of ordinary wagons in a Ford Club Wagon. Here's roominess and versatility that conventional wagons just can't match. Seat as many as 12 adults, or seat five and still have twice the cargo space of conventional wagons. If you remove the seats, you have the capacity to handle well over a ton of bulky cargo. Yet ■ Club Wagon parks, handles and rides with ease, thanks to compact overall length and exclusive Twin-I-Beam independent suspension. New Center-Guide sliding door is standard; options include power steering and brakes, air conditioning.

FORD Ford

November 26, January 7, and February 17. Minimum fare is $963.

Around-the-World: 120-day cruises aboard the M.V. *Oriental Carnaval*, M.V. *Oriental Rio*, or M.V. *Oriental Esmeralda* depart from Los Angeles October 7, November 15, January 16, February 8, and March 20. Ports of call include Rio de Janeiro, Buenos Aires, Capetown, Singapore, Hong Kong, and Japan. Minimum fare is $2,250.

Pacific Far East Line

Hawaii: 20-day cruises to the Islands depart from Los Angeles October 15, December 17; and San Francisco October 7, December 19 on the S.S. *Monterey*. Fares begin at $1,300.

The South Pacific: 40-day cruises on the S.S. *Monterey* or S.S. *Mariposa* depart San Francisco October 26; November 7; December 6; January 9, 28; February 9; and Los Angeles October 27; November 8; December 7; January 10, 29; February 20. Ports include Moorea, Papeete, Auckland, Bay of Islands, Sydney, Suva, Pago Pago, and Honolulu. Fares begin at $1,840.

Around-the-World: 90-day cruise aboard the S.S. *Mariposa* leaves San Francisco March 9 and Los Angeles March 10. Ports of call include Papeete, Bali, Singapore, Colombo, the Seychelles, Mombasa, Capetown, Rio de Janeiro, Curaçao. Minimum fare is $4,970.

P & O Lines

Mexico: 9-day cruises aboard the S.S. *Oriana* depart from San Francisco November 28, December 10; and Los Angeles November 29, December 11. Ports of call are Mazatlan, Puerto Vallarta, and Acapulco. Minimum fare is $250.

The Caribbean: 21-day cruises to Puerto Vallarta, La Guaira, Barbados, Martinique, St. Thomas, Curaçao, and Acapulco depart Vancouver December 21, January 20; San Francisco December 23, January 22; and Los Angeles December 24, January 23 aboard the S.S. *Oriana*. Minimum fare is $750.

Around-the-World: 3½-month cruise aboard the S.S. *Oronsay* to the Caribbean, Europe, Senegal, South Africa, Australia, the Solomon Islands, the Orient, and Japan departs Vancouver March 1, Seattle March 2, San Francisco March 4, and Los Angeles March 7. Fares begin at $2,013.

Princess Cruises

Mexico: 14-day cruises on the M.V. *Princess Italia* depart from Los Angeles December 15, 29; January 14; February 11; and March 17. Ports of call include Acapulco, Zihuatanejo, Puerto Vallarta, Mazatlan, and Manzanillo. Fares start at $575. Also 11-day cruises on the M.V. *Princess Italia* depart Los Angeles January 31, March 6, and April 10 to Acapulco, Puerto Vallarta, and Mazatlan with minimum fare at $450. And 7-day cruises to Puerto Vallarta and Mazatlan leave February 25 and March 31. Fares begin at $295.

Sitmar Cruises

Mexico: 12-day cruises on the S.S. *Fairsea* leave Los Angeles December 17, 29; January 21; February 2, 25; and March 8 calling at Puerto Vallarta, Acapulco, Zihuatanejo, and Mazatlan. Fares begin at $445. Also 11-day cruises calling at Puerto Vallarta, Acapulco, and Mazatlan depart January 10 and February 14 with fares starting at $395.

Weekend: 3-day ocean cruise leaves San Francisco on December 10 with fares beginning at $95.

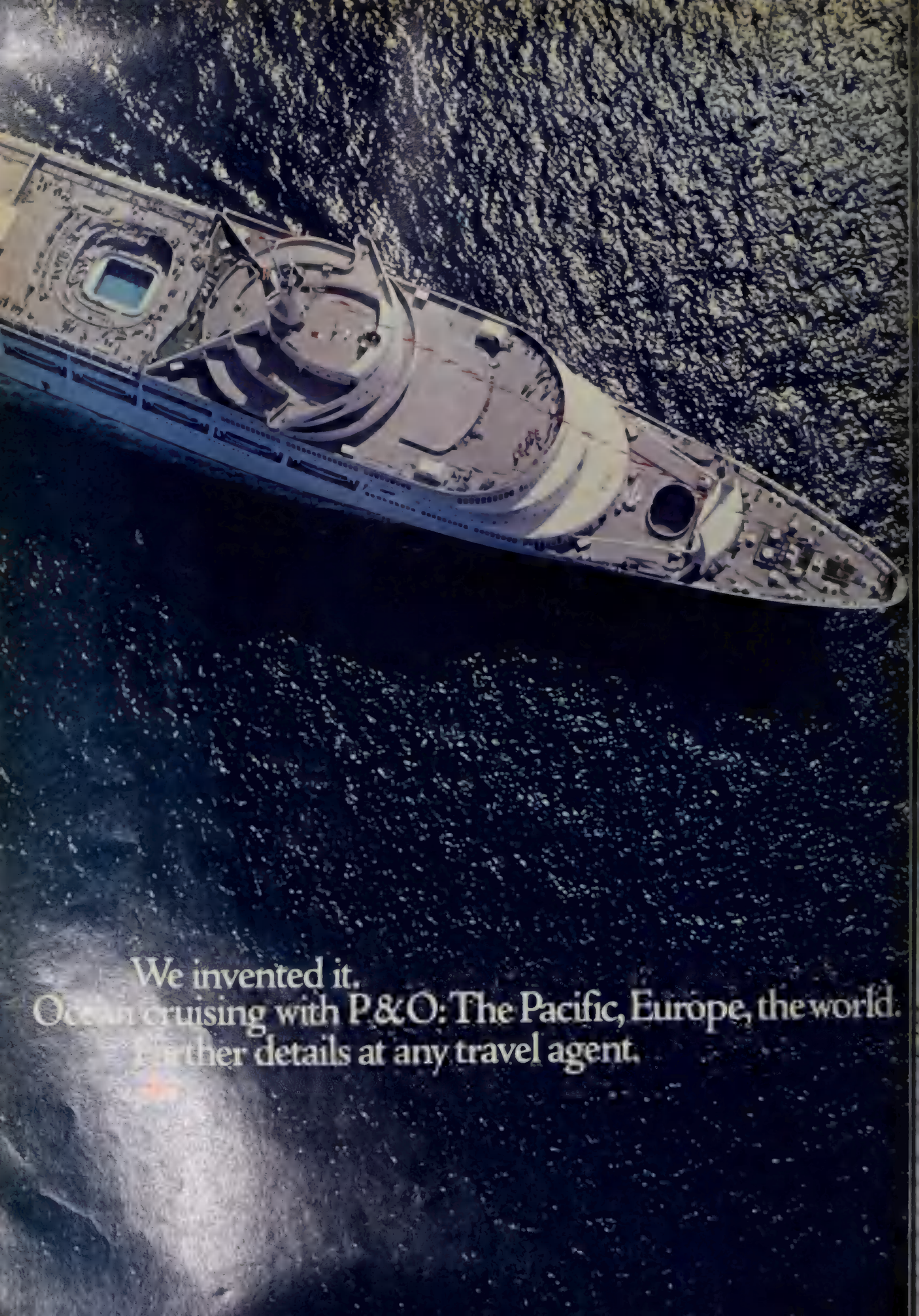
All cruise ships listed here carry at least 50 passengers, but if you are interested in even more leisurely cruises at a considerable savings, many freighters can accommodate about 12 passengers. *Ford's Freighter Travel Guide* (available direct from the publisher, Merrian E. Clark, Box 505, Woodland Hills, Calif. 91364; $3.75) is an excellent source for planning freighter cruises. □

Get a drive-it-yourself motel—a Ford Camper Special. The great ride and handling qualities of Ford's Twin-I-Beam suspension make Ford Camper Specials popular choices for second cars—they ride like a car, work like a truck. Slide on a camper unit and you have a complete vacation home, ready to travel whenever you are. Many Camper Special models are offered, all properly equipped for carefree camper travel. Heavy-duty radiator, battery, alternator all add to your peace of mind. Air conditioning, AM/FM Stereo radio and Cruise-O-Matic transmission are just some of many options to smooth your trip.

FORD Ford

Get a fun-seeking mountain goat—a Ford Bronco. Hunters, fishermen, campers—everyone who finds his fun away from the beaten track will find Ford's Bronco the best way to get there. Bronco's high clearance and 4-wheel-drive traction see you confidently through mud, sand, snow, up rocky mountains. A heavy-duty front axle and exclusive Mono-Beam front suspension provide greater durability in breaking trails, plus an unexpectedly smooth ride, on or off the highway. A tight 33.6-ft. turning circle gives Bronco superb agility. With a blade, great for plowing snow.

FORD Ford


We invented it.
Ocean cruising with P&O: The Pacific, Europe, the world.
Further details at any travel agent.

Impenetrable *jungle is often at arm's reach along the Martha Brae*

Rafting down a jungle river in Jamaica

Raftsman *uses pole to propel craft in slow water, guiding it where there is more current*

A river ride that takes an hour or so to cover 3 miles can't be terribly dangerous. Despite an occasional fast-water riffle, thrills are not the object of the raft trip down the Martha Brae in Jamaica.

The charm of rafting here is serenity. You float through a tropical landscape in silence broken only by the creaking of giant bamboo clumps in an intermittent sea breeze and by the soft rhythmic dialect of a raftsman who might be named 'orace 'ilton (as ours was). You will learn to recognize the breadfruit and mango trees and river-bank wildlings that are temperamental house plants at home. You may pass a Brahma cow surrounded by a flock of snow-white cattle egrets. You may be greeted by a cheerful farmer cutting cane on this formerly large plantation.

Rafting is not new to Jamaica, but the new Martha Brae run is much closer to the Montego Bay resort center than the older one on the Rio Grande, which started inland from Port Antonio, far on the northeastern part of the island. The Martha Brae is a shorter, narrower stream, but the rafts are the same: 30-foot-long platforms of bamboo poles with a two-person seat aft and a draft of about 4 inches.

The cost of the trip, $10 (U.S.) for two people, includes a car ride back upstream to the starting point at Rafters' Village. This miniature rural resort occupies a peninsula formed by a bend in the river, and has shaded picnic tables with barbecues, an open-air restaurant that features Jamaican food, a bar, a swimming pool, a children's play area, and shops. It is 3 miles inland from the coastal town of Falmouth in the Parish of Trelawny; in turn, it is less than an hour by the coast road east from Montego Bay, almost halfway to Ocho Rios.

Probably the best way to get there is to rent a car (if you don't mind the left-hand driving). Daily summer rates begin at $9, plus a mileage charge, for the smallest car (the rates are higher from December through May). Or you can join a tour at an average cost of $10 a person. Inquire at your hotel or at one of the tour services in Montego Bay. □

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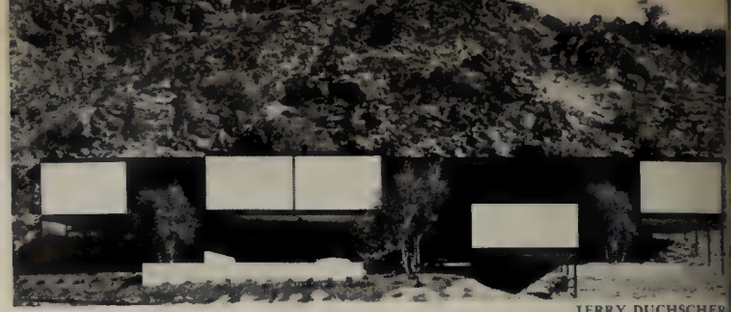
KARL REIK

Bear Valley, *California: steep roof for heavy snow. Jury liked appearance of diagonal cedar boards*



JERRY DUCHSCHER

Paradise Valley, *Arizona: rectangles at base of mountain*

ROGER S. HILB

Seattle: *concrete block house with south-facing sun traps*

JOSHUA FREIWALD

Marshall, *California: tiny lot so house stands in shallows*

RONDAL PARTRIDGE

Berkeley: *house that's a white-walled gallery for owners' collection of art*

JOSHUA FREI

Mariposa, *California: jury comment, "Perhaps the most beautiful building we looked at"*

FRED LYON
San Francisco: *interior of lofty-ceilinged city house*

WAYNE THOM

ng Hills, *California:*
de walls that seem to disappear

tland: *staircase spiraling through four floors*
RONALD N. CRAWFORD

The eighth biennial round of the American Institute of Architects-Sunset Magazine Western Home Awards

Each odd-numbered year since 1957, a distinguished panel of jurors has assembled in *Sunset Magazine's* Menlo Park headquarters to review the state of new residential architecture in the West.

Awaiting the jury's arrival this year were binders of photographs and plans from 302 entrants. At the end of the second day 27 winners emerged. The four best-received houses (Honor Award winners) are pictured on pages 80 to 88. Additional award winners, including two other honor awards—a remodeled house and a planned residential community—will be discussed in later issues of *Sunset*.

During the judging, binders were masked to conceal the identity of the entrant. A code on the binder's cover indicated the location of the entry so that jurors could judge how the problems of varying climates were solved. The binders were grouped by entry categories: new custom-designed house and vacation house, new merchant or mass-built house and vacation house, remodeled house, town house, and planned residential community. Disappointingly small stacks of binders marked two categories new this year: innovations in residential structures (the jury saw little innovation and made no awards) and innovations in residential land use and land division (a citation was awarded for a hillside venture on Oahu).

The jurying started on an uncomfortably hot June 17. Iced tea replaced hot coffee on the tea cart as the jurors deliberated, mostly in silence. Each juror rated each entrant as *accept, possible,* or *reject*. Those with fewer than four rejects were left on the table after the first round was completed. Second and third ballots were cast that afternoon and the next morning.

Early on the afternoon of June 18 about 35 binders remained

on the table. The jury entered the oral argument phase to determine which ones deserved awards.

In the lexicon of the American Institute of Architects, Honor Awards are the highest recognition. These are given for breakthroughs in design or for the achievement of remarkable beauty or function. They are reserved for buildings the jury believes will someday be considered landmarks. Awards of Merit spotlight outstanding examples of contemporary professional work. The Special Awards let the jury recognize any particular feature they find notable. Citations, first given in the Western Home Awards program in 1969, commend the entrant for successful problem-solving in a structure that is not otherwise quite of award caliber.

This year's jury gave 6 Honor Awards, 6 Awards of Merit, 1 Special Award, and 14 Citations.

A traveling exhibit of the award and citation winners will tour the Western states during the next two years.

Listed below, the 27 winners. On following pages, pictures of four Honor Award houses, one Citation house

HONOR AWARDS

Fisher-Friedman Associates, custom house for Rodney F. Friedman, Belvedere, California. See page 80.

William W. Kirsch, custom house for John T. Holmes, Mill Valley, California. See page 82.

MLTW/Moore Turnbull, custom house for Dr. and Mrs. Don Carlos Hines, Sea Ranch, California. See page 87.

MLTW/Moore Turnbull, vacation merchant for Matthew D. Sylvia, Sea Ranch, California. See page 88.

Ridenour, Cochran & Lewis, remodel, Seattle. To be reported in an early 1972 issue of *Sunset*.

Riley, Bissell Associates, planned residential community, Redmond, Washington. *Sunset* coverage in Spring of 1972.

AWARDS OF MERIT

Alfred Newman Beadle, custom house for Mr. and Mrs. Gary Driggs, Paradise Valley, Arizona. A horizontal, metal-framed, glass and panel structure turned inward from close neighbors and the desert climate. It stands in stark contrast to its rocky hill backdrop, which is undisturbed except for the geometric presence of the house.

Fisher-Friedman Associates, merchant-built houses by Allan-Marin Company, Marin View, Marin County, California. Soaring shed-roofed ceilings, plywood siding, narrow vertical windows, carefully considered siting on steep hillside give look of custom housing to this development north of San Francisco.

George and Hanf, remodel for Mr. and Mrs. Charles D. Hanf, Berkeley. The architect started with a small postwar bungalow on a limited site. To capture treetop views and to gain space, he added a study, a new master bedroom, and a spacious deck toward the rear of the lot.

Hugh Gibbs & Donald Gibbs, custom house for Mr. and Mrs. Donald Gibbs, Rolling Hills, California. The walls appear to be freestanding rectangles of plaster. In fact they alternate with floor-to-ceiling glass. Detailing has been all but eliminated. The effect is crisp, cool, inviting.

Wendell H. Lovett, custom vacation house for architect and family, Crane Island, Washington. This house is very small, with only 250 square feet of main floor space in addition to deck and loft. The basic form is a long cantilever toward the beach that is both roof support and deck suspension.

Mackinlay/Winnacker, town houses for Genex Development Corporation, Kingswood Village, Kings Beach, Lake Tahoe, California. A winter and summer recreational development with 269 units on 20 acres, it was built to meet FHA requirements for moderate-income housing. Town houses are clustered, many of them in six-unit groupings, with greenbelts on two sides.

SPECIAL AWARD

Daniel, Mann, Johnson & Mendenhall, planned residential community, Kukui Gardens, Inc., Honolulu. The award was given for providing high design level at low cost. Kukui Gardens provides housing for families with incomes too high for public housing but too low to meet conventional FHA standards. The 822 dwellings cover 30 per cent of the site with 42 dwelling units per acre. The jury commented favorably on the pedestrian ways that allow circulation safely removed from automobiles.

CITATIONS

Benedict, Caviness & Associates, vacati merchant for Troc-Westgate/French Co Scottsdale, Arizona. Fifty-three units of a tennis club are located on 53 acres o land at the base of desert mountains. Rather than being built one house to the acre, units are clustered close to the poo and tennis courts. Most of the land is left in its natural condition. Individual u were designed as strong, simple forms using light and shade to create an overal interlocking building texture. Jury comment: "It shows the Indians were right 500 years ago."

Bulkley & Sazevich, custom vacation house for Mr. and Mrs. Mark Linenthal Marshall, California. Wooden wings an façades give an exterior illusion of siz this small two-bedroom house. The end of the living room is a glass-walled, glas roofed observatory for watching activit on Tomales Bay.

Bull Field Volkmann Stockwell and Mackinlay/Winnacker (joint venture), planned residential community for Jans Corporation - American Cement Comp Snowmass-at-Aspen, Colorado. A small (28-unit) condominium for summer and winter use near Aspen. The architects attempted to provide the privacy of separate homes while also providing the benefits of easier snow removal, less he loss, and construction economy made possible by clustering. The project is shielded from a road to the north by so roofed automobile storage structure. T town houses are roofed with heron blue aluminum shingles.

Duncombe/Roland/Miller, custom vacation house for Mr. and Mrs. Clare Hall, Sea Ranch, California. See page 8

Fisher-Friedman Associates, Planned residential community for Pan Pacific velopment Company, Ballena Bay.

lameda, California. The jury awarded a tation to two units of this marine res- ential and boating development. One unit onsists of 44 town houses (44 still to be uilt) on 26-foot lots facing a deep water annel. The other unit contains 44 ondominiums not on the water but mostly ith water views. The waterside houses ave two levels; the inland houses, two and ree levels. All have decks or balconies.

mes C. Oliver, custom house designed the owner in Portland. The house was gely constructed off the site, with ctions then lifted into place by a crane rked on an automobile bridgeway. The ane lowered house components into the vine that falls steeply away from the eet. The house is topped by two towers at are bisected by the bridgeway.

onald E. Olsen, custom house built for . Peter Selz, Berkeley. This house, hite inside and out, is on multiple levels. e architect's idea was to have increasing vacy as you move up. The private top droom opens onto a treetop deck. cess to roof spaces is an important sign factor. High wall and ceiling win- ws flood the interior with light.

tcliff-Slama-Cadwalader, custom cation house for Mr. and Mrs. Malcolm dway, Bear Valley, California. This is hree-level mountain house in the Sierra vada designed to withstand what architect terms "the heaviest snowfall he world." The house is generally tical; roofs are steep; chimney and vents are enclosed to prevent their being sheared off by snow. Entrance is possible at different levels depending on snow depth.

Daniel Solomon, custom garden structure for owners who wish to remain anonymous, Mariposa, California. The jury modified the awards program rules to give this small building its citation. It is not a residence; it is a satellite building beside a pool. It contains a kitchen, dressing space, and sauna. One juror said it was "perhaps the most beautiful building we looked at." Another said, "Anything that goes this far should be judged."

Daniel Solomon, remodel for owners who wish to remain anonymous, Berkeley. How much can you do for under $10,000? This winner demonstrates that you can do quite a lot. In the remodeling the house didn't grow, but it did change character. A new stainless steel surface surrounds the fireplace. Painted wall graphics repeat the curve of the stainless steel and relate to the entire seating area.

(NOTE: After accepting a post on this year's award jury, Barbara Stauffacher Solomon called to tell us her husband wanted to enter the competition. Since the binders would be masked to prevent indentification, Mr. Solomon received word to send along his entries. Throughout the jurying on these entries, Mrs. Solomon sat impassively as two of them won citations.)

Charles R. Sutton, innovation in land use and land division for Wailani Place Condominium, Honolulu. The steep site was considered "unsubdividable" if not unbuildable. Thanks to some imaginative thinking and some energetic argument before local government agencies, four houses now occupy this land. Each owner has a portion of land that is his own responsibility; the four owners share the use and problems of the rest of the land, which includes their common auto access.

Gordon K. Walker, custom house for Douglass A. Raff, Seattle. The house shell is entirely concrete block. Interior non-bearing walls and ceilings are resawn cedar. The concrete block walls are left natural, inside and out. With large window openings it avoids looking like a fortress. It stands three stories high on the south slope of Seattle's Queen Anne Hill.

Walker & Moody, custom house for John C. Walker, San Francisco. Elegant, large city house won its citation in large part for its stylish interior. The house is built in split levels on a steep slope between two Pacific Heights streets. The living room catches a view of the bay through two lofty paneled windows. The master bedroom looks down on the living room from a balcony.

James Rodney Youngson, remodel for the architect and his family, La Jolla, California. The red tile roof and the foundation of the 60-year-old house remain unchanged; everything else has been redone. The interior has been opened up with fewer, larger rooms.

Some of the jurors *share a joke during the oral argument phase of award-giving. Around table from left: Hugh Hardy, New York City, architect, currently designing two new museums in New York; Thomas Church, San Francisco, dean of landscape architects and many-time juror; Barbara Stauffacher Solomon, San Francisco, graphics designer and architectural "supergraphics" innovator; Proctor Mellquist, editor of Sunset; Arthur Charles Erickson, Vancouver, British Columbia, architect whose firm designed the Canadian Pavilion at Expo '70 in Osaka; Bennie M. Gonzales, Phoenix, and Raymond Kappe, Los Angeles (immediate foreground), architects and previous winners of Western Home Awards*

GLENN CHRISTIANSEN

House *pictured on cover is prominent feature on eastern slope of Belvedere Island, Tiburon, California*

HONOR AWARD

"What a wonderful space to be in"

"What a wonderful space to be in" is how one juror describe the sun trap on the east side of this hillside house (also pic tured on *Sunset's* cover). Another juror liked the house bu said it was "constructed in the latest architectural jargon. Jargon or not, the daring glass room and deck off the livin room were achieved in part because tinted glass is availabl to reduce glare and heat. And because tie rods can suppo the 10 by 18-foot deck, there was no need for ungainly post

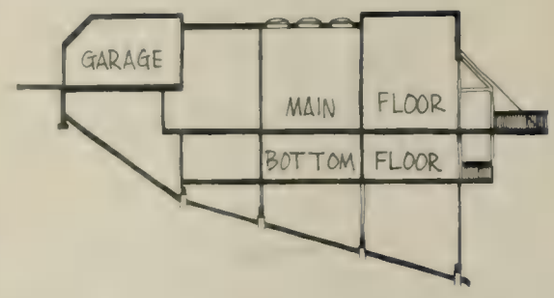
The house presents two very different façades. From stree side it appears as though the oaks and eucalyptus were tie back, the house set in place, and the branches allowed swing back to cloak the structure. Seen from below, it is prominent landmark. One reason is the dramatic jutting decl The vertical resawn redwood was treated only with water sea as the wood weathers, the house will appear to recede.

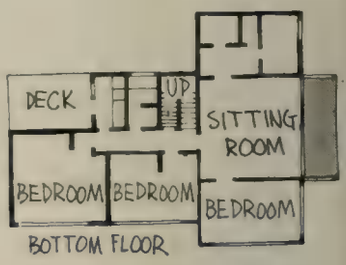
The house faces east toward San Francisco Bay's Ang Island. The glass room and deck reach out to capture the wi ter sun and the spectacular view of the bay to the south.

The steep hillside site presented problems that zoning rul further complicated. The architect-owner, Rodney F. Frie man of Fisher-Friedman Associates, originally planned three-story structure that would hug the high side of the l along the roadway. But a city zoning ordinance permitt stacking only two living levels. To accommodate his famil architect Friedman was forced to push farther down the hi side, using more of the lot and creating a large amount unusable space under the house on the downhill slope. lowering the main entrance to the house a few more ste down the hill, he gained lofty interior ceiling heights.

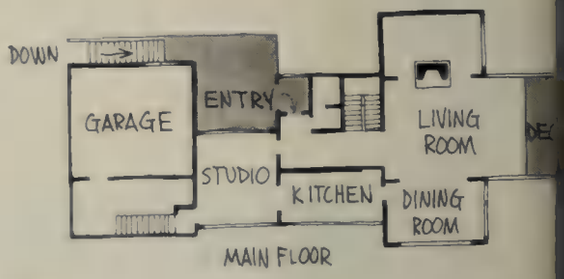
RODNEY F. FRIEDMAN

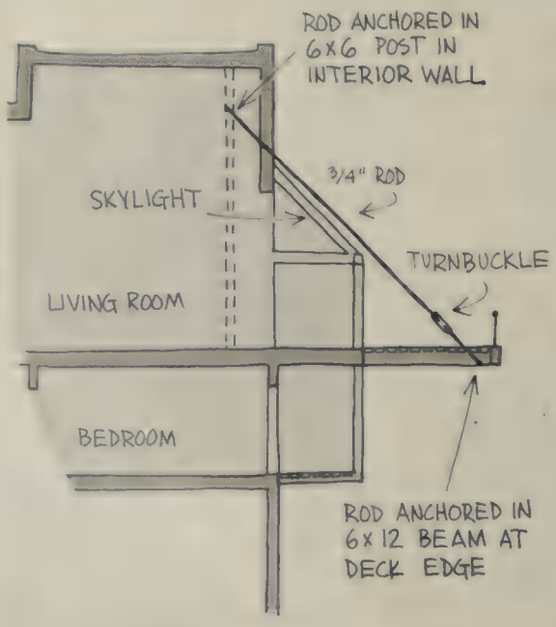
Entrance *is down a flight of steps, across a sunny deck to a covered entryway and the front door*





Profile *of house is shown above; bottom floor and main floor plans are at right*





Detail *shows how rods and beams suspend the bay and deck*

Glass-enclosed *bay wind room connects living room dining room (at right) with d*

GLENN CHRISTIAN

This house delighted the jury more than any other entry in this year's program. The jurors were captivated by its romance and sentiment. The interior offers the tranquillity of leaf-dappled sunlight through colored glass. Old wickered sofas and oak cabinets evoke memories of a quieter time between the wars. Potted rubber plants, a Tiffany-style lamp, and a wooden-paddled ceiling fan recall earlier eras. There are also surprises and innovations: a window with a narrow-necked glass bubble big enough for a bird to make a nest inside; sun and moon motifs that recur in a myriad of places including a sun setting in red and blue splendor on the front of the dishwasher.

Architect William W. Kirsch and owner John T. Holm collaborated on all phases of the planning and building of t house. The project offered the owner a break in his work art director for an advertising agency and a place to inst his large collection of old glass. It also provided a chance design with a coping saw instead of a pencil. For examp there are 30 carved wooden window railings that protect children from the glass walls. Each carving is different.

Mr. Holmes hoped to start construction early in the summ of 1970, but neighbors were worried that the house was t high for the lot and the differences weren't resolved until l in the summer. (The neighbors now are delighted with t

HONOR AWARD

Dappled sunlight through a mosaic of windows . . . and beyond the glass, the tops of trees

GLENN CHRISTIANSEN

Living room *of treetop house; schoolhouse lights hang from old barnwood ceiling. At rear is stairway tower*

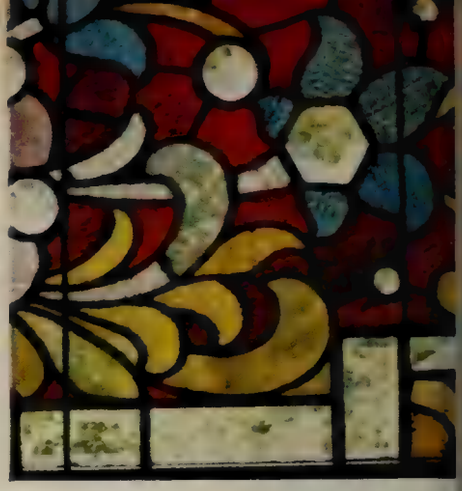
As you approach *you see 93 new and old windows making up the glass mosaic that is the exterior of the house*

ewellike glass house that sparkles in the redwoods.) The rain ame early and heavy that autumn and it took $500 worth f rolled plastic to keep water off the exposed floors nd walls.

)ramatic as it appears when seen from below, the house is onservative in an engineering sense (and both a civil engieer and a structural engineer consulted on its design). It is ery rigid; its owner considers it almost immovable.

'he owner and his architect explained to the carpenters 'ucking Construction Company) that they wanted to avoid sing plasterboard, products derived from plastic, and 2 by 's. Although plasterboard sheathes the furnace room and 2

More on the window house . . . its stair tower, its galley kitchen, its high lofts



Detail *of window owner rescued from tavern in Oregon*

Window *opens onto ledge where birds perch to feed*

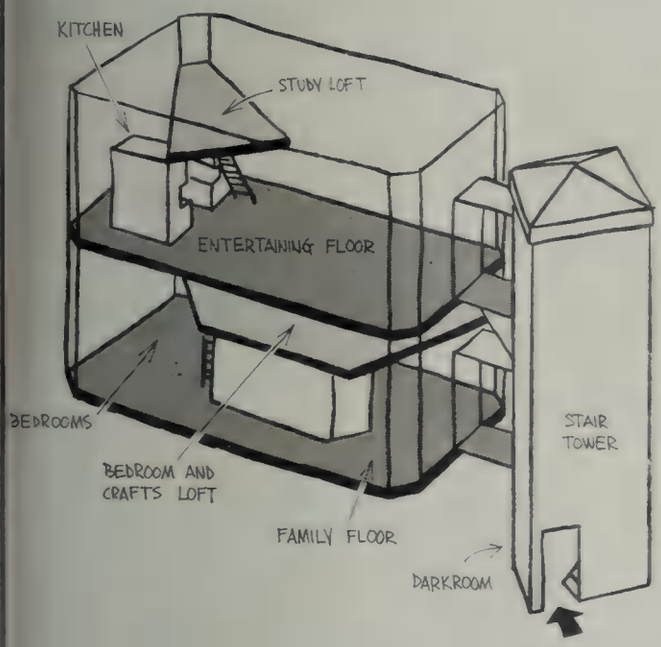
GLENN CHRISTIANSEN

Stair tower *lit from above by sky window. Wood walls are art gallery for stair climbers*

WALTER RAWLINGS

Study loft *narrows to enclose chaise longue. Moon motif is on back wall*

Well organized *kitchen resembles efficient all-wood galley aboard ship*



y 4's perform certain tasks; plastic is nowhere to be seen. Vhen the work was nearly completed, the owner asked the arpenters if they would decorate small spaces on the walls in ny manner they wished. Rainbow arcs, plain-weave lattice vork, and wood-incised decorations are the carpenters' sigatures in the walls of the living room.

he 3,000-square-foot house is divided into two principal ving areas. On top, the public area is mostly living room ith a 14-foot-high ceiling. At the rear the compact galleyyle kitchen is topped by a study loft bathed by light from a eiling window and reached by a ladder.

elow is the family's floor: conventional bedrooms, funcional household machinery, work niches, and a loft divided ito what the architect calls "nesting spaces." In the ceiling bove the loft are hatches for popping up through the floor of e living room.

xcept for the hatches, passage between floors and down to e photographer's darkroom and the front door is through entrance tower. The tower is topped by a glass sky winw. Light floods the stairwell and walls, with their art and ecially designed stained glass portholes.

he arrangement of the house places the living areas high in e treetops for sunlight and feeding the blue jays. The dislvantage comes when groceries must be hauled up the itchback path to the front door, up the stairway, and ross the living room to the kitchen. The owners are looking r a way to make a long reach up the outside of the house the windows can be washed.

"The hill was steep and difficult. We needed light and we wanted to leave the trees alone. So we made a glass house out of recycled windows that the owner had diligently collected." ARCHITECT KIRSCH'S COMMENTS ON HIS ENTRY

On the wild coast 125 miles north of San Francisco a vacation-weekend development produces winner after winner

A Merit Award and a Special Award in 1967, another Merit Award in 1969. Now, two Honor Awards and a Citation in 1971

...and an argument within the 1971 jury

1967 Special Award

1967 Award of Merit

ERNEST BRAUN

1969 Award of Merit

During its first morning work session (mostly a time of silent and solitary concentration and balloting), three different members of the 1971 Western Home Awards jury interrupted to make very similar remarks.

One juror said he hoped the jury wouldn't be giving awards to more of what he called "that Sea Ranch architecture." Another commented on "those shingles and shed roofs, like at Sea Ranch." Still another, holding up an entry for other jurors to see, said, "I'll bet this place is at Sea Ranch."

Not all the jurors felt so strongly. But three made it clear that they considered certain angular roof forms and certain exterior uses of shingles overdone and to be avoided.

In the second day of jurying these viewpoints were argued and the jury was divided.

During the entire jurying proceeding the entry binders all were masked. Not only was the name of the owner and architect of each house concealed, but also so was its location.

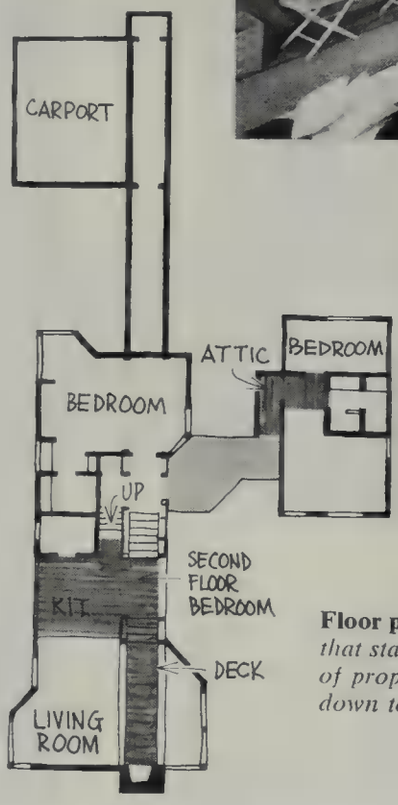
Midafternoon of the second day, with oral arguments at an end and the 27 awards made, the jury unmasked the award winners.

Three were houses at Sea Ranch. And all had won by better than a 4-to-3 vote.

The Sea Ranch award houses, two of them winners of the top Honor Award, are pictured on the next three pages.

MORLEY BAER
Fireplace *terminates house on downhill end. On second floor to right of smokestacks is a covered deck*

Spine *runs down center of living room. Bay is at left; ceiling is two stories high at right*



Floor plan *shows central spine that starts by carport at top of property, follows slope down to living room fireplace*

HONOR AWARD

It's a down-the-hill house

This spacious house was entered under the category of vacation custom house. The jury thought it would be a splendid year-around dwelling, so it was shifted to family custom where it won its Honor Award.

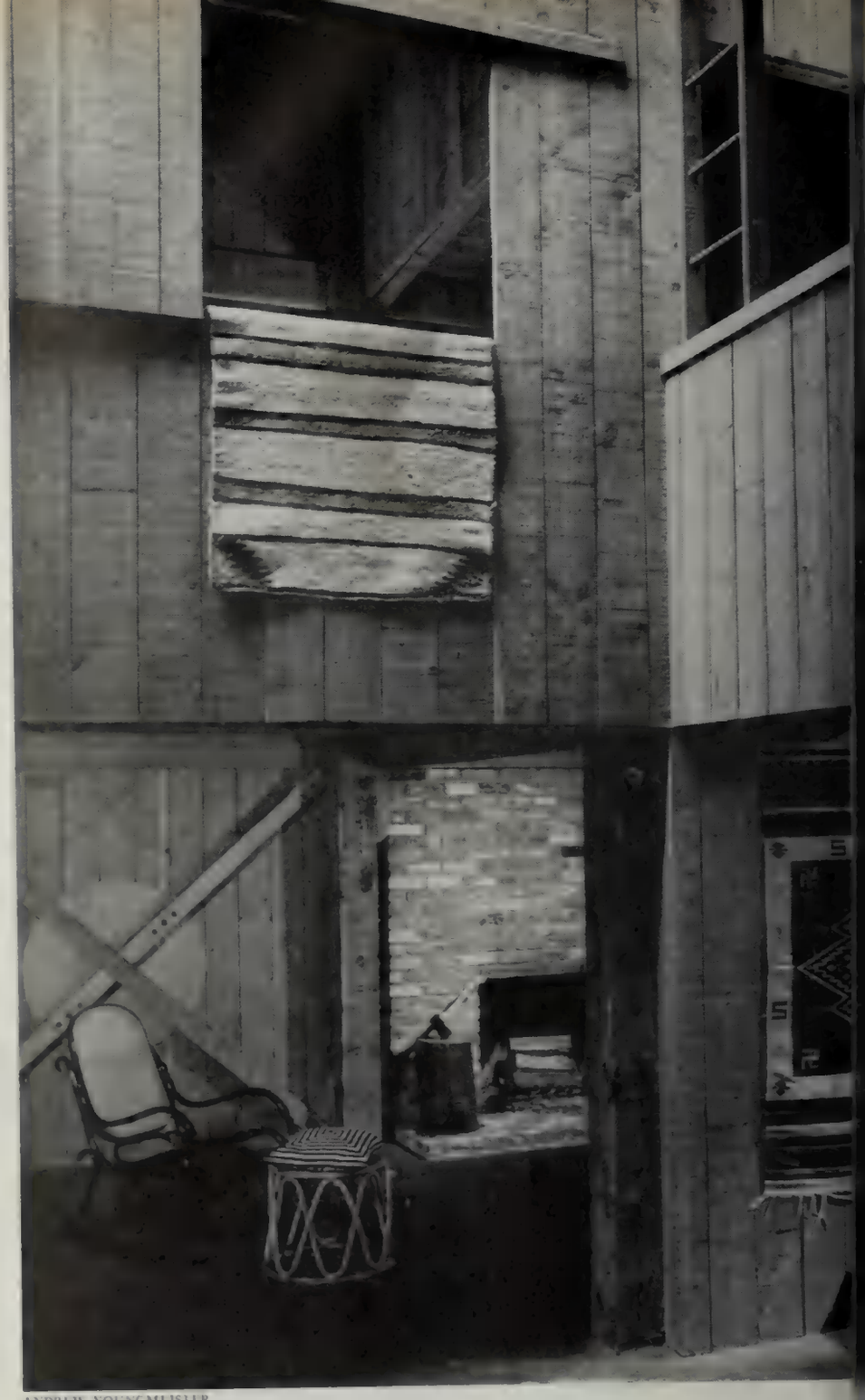
There is a "big house" to accommodate the owners and a "bunkhouse" for children, grandchildren, and other guests. The two structures are built parallel to each other down a slope with a sunny space in between. Both structures are sited for tree-framed views of the rocky coast.

Space in the big house is defined by giant bays protruding from the central spine. Indoors the spine is a long, descending hallway. The interior is finished with both resawn Douglas fir and exposed framing which doubles as shelving until it rises to unreachable heights.

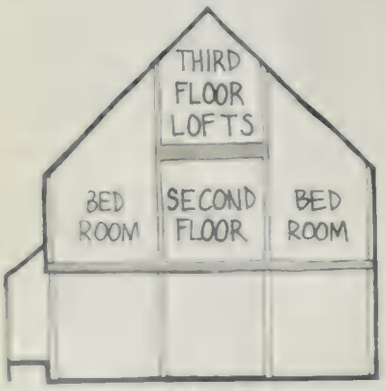
The architects were MLTW/Moore Turnbull for Dr. and Mrs. Don Carlos Hines.

View *from first floor by entry is to living room and second floor bedroom (note the window's sliding shutter). Ladder leads to loft*

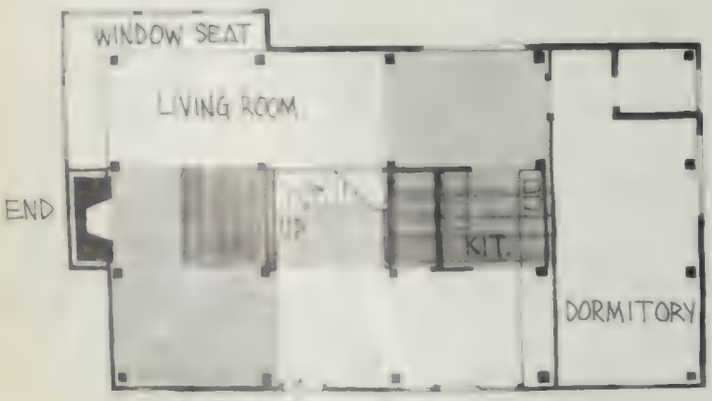
Space *under shed roof (in sun) has alternate uses as dormitory, two bedrooms, or garage*



ANDREW YOUNGMEISTER



END VIEW



ENTER

HONOR AWARD

"Name for it is barn-house"

Between 1968 and the present, 17 versions of this barn-hou were built at Sea Ranch. They reflect the agrarian heritage California's northern coast. Within their deceptively simp and rugged exteriors is a surprising variety of spaces. Wi window seats, lofts, and a dormitory, this house can sle crowds, yet there are only two conventional bedrooms.

The barn-house offers a sense of escape from the city. It is place for playfulness. There are sliding wooden barn wi dows, ladders to the lofts, windows in the ceiling. The hou was designed with modifications to suit both redwood fo ested slopes and the windy coast.

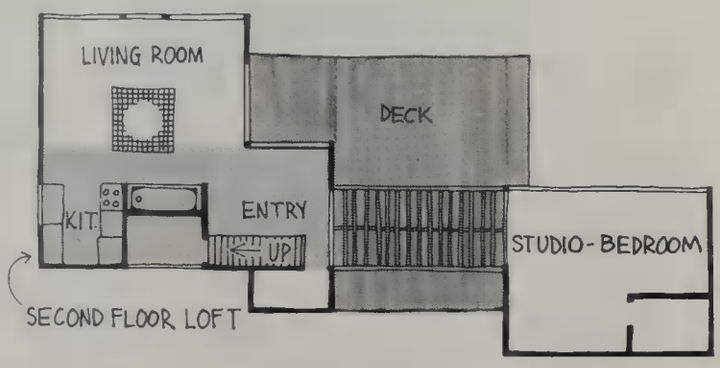
Architects were MLTW/Moore Turnbull. The original d veloper was Matthew D. Sylvia.

CITATION
Shed roof and shingle skin

This house has a shed roof and a shingle skin, but even so, the jury couldn't pass it by.

The main building has three levels: living and dining rooms and a kitchen, a sleeping mezzanine, and a sun penthouse reached by a ladder. A "view frame" is the link to a studio and additional sleeping area for overflow guests. In the living room next to a suspended fireplace and across from the view is a laminated redwood tub for sloshing.

The architects were Duncombe/Roland/Miller for Mr. and Mrs. Clarence Hall. □



JEREMIAH O. BRAGSTAD

Massive *inset window gives relief to shingled façade of guest suite. Across courtyard is "main house"*

Vindow seats *(below) extend from ight side of fireplace just limpsed in the photograph above*

Leather backpack *is all set to go. Pack a tasty lunch for a day hike, books for school, or papers for your job*

DARROW M. WATT

To get a load on your back

Your own handsome carrier...handmade in leather

Every cyclist or hiker needs a knapsac at some time, if not a full-load backpack And lucky, indeed, is the owner of thi handsome and rugged pack. When nc in transit it slings easily over one shou der (with the keeper pulled up), to dou ble as a shoulder bag.

You don't have to be an expert wit leather or even needle and thread t make this pack. The shoulder straps ar long enough for a broad-chested man; smaller person can shorten the straps b snipping them after the pack is finishec The bag flap tucks into the band to prc tect your things from dust and rain.

Go to a leather supply shop for your materials. We used 3 to 4-ounce buck-tanned cowhide in a natural warm brown shade (no dyeing required). The cowhide is strong enough to carry a load yet light enough to give a soft, squashy look; it also feels good on the back. Leather prices vary considerably; you'll pay about $10 to $14. You'll also need a number 5 leather hole punch (about $2.50), contact cement, and rivets.

Make a paper or muslin pattern from the drawing on the right. Be sure to take your pattern along to the leather shop so you can fit the parts on a piece of leather.

With sharp sewing scissors, cut two large pieces for the pack body, two 36-inch strips 2 inches wide for the straps, one piece 14½ by 4½ inches for the flap and, one piece 4 by 1½ inches for the keeper, and 3 yards of lacing about 3/16 inch wide.

You will need about 12 rivets; buy a few extra ones in case you have a bad hit. Always rivet against heavy metal; the side of a hammer will do.

To glue the strips: Draw a line down the center on the rough side of the leather (shoulder straps, flap band, and keeper) with a pen. Brush on contact cement. Let the glue dry (about 20 minutes) *before* you fold the leather in from each side. Hammer the edges as you fold. The strip edges will be soft and rounded.

To prepare for lacing: With the leather hole punch make holes around the sides and bottom of front and back pieces, ½ inch apart, ⅜ inch in from the edge.

With scissors cut 1-inch holes across top as shown in the diagram. The shoulder straps will feed through these holes.

To attach flap band and straps: Measure ½ inches in from each side of the front piece and punch two rivet holes, one ½ inches from the top, the other 4½ inches. (Roll up the edge of the leather so the punch can reach in far enough.) Punch two holes ⅝ inch from each end of the flap band and 1 inch apart to match bag holes. Rivet flap band onto front piece; there will be a little slack to allow for the flap to come through.

Punch six holes (about ½ inch apart) in the ends of the two shoulder straps for lacing straps to bag. Using one as a pattern, mark six points on the back piece starting 3 inches in from the bottom edge (see diagram). Punch holes in the bag; lace on the straps (one over the other) with one diagonal going one way and two others crossing over the top of it as in the photograph at right. Tie with a knot on the inside to hold lacing securely.

Punch about 10 holes on the other end of the shoulder straps 1 inch apart; to shorten straps, cut off excess later.

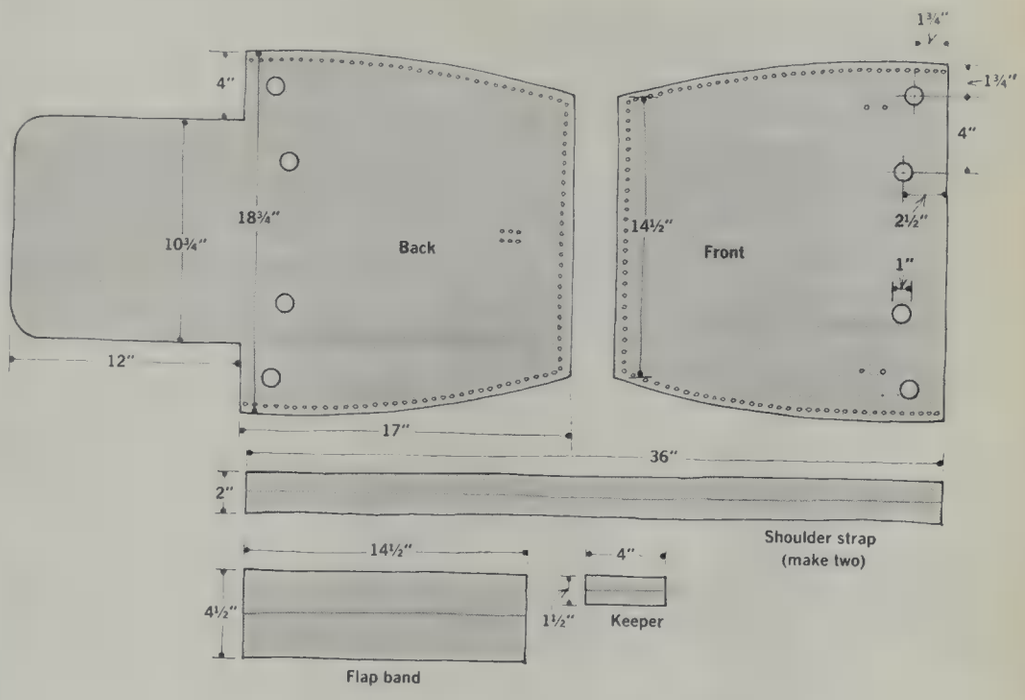
To make the bag: With right sides together pull lacing through the holes. (For ease in lacing cut a V on the lacing ends.) When you need more lacing, tie a knot on the end; do the same with the new lacing and proceed until the entire bag is held together.

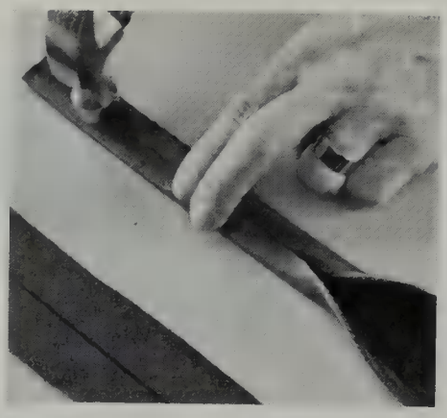
To form bag corners, pull out into a V, measure 2½ inches back from the corner, punch four holes through the two layers, and rivet together as shown in the top right photograph below.

Turn pack right side out. Punch and rivet one hole in each end of the keeper to make a loop just large enough to feed over the two shoulder straps. Put the keeper on the straps; slide it down to the cross-stitching.

Bring one strap through the four holes on one side, the other strap through the other side. Lap one strap over the other at the front of bag and secure with a short lacing. Fill the bag; adjust lacing and cut straps to fit your shoulders. You might want to touch up the raw edges of the flap with a felt marking pen.

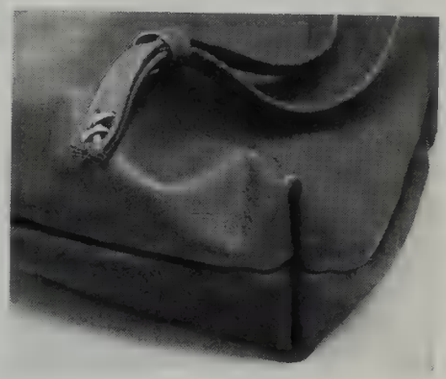
This backpack was designed by Sylvia Grainger and Brian Burns. □



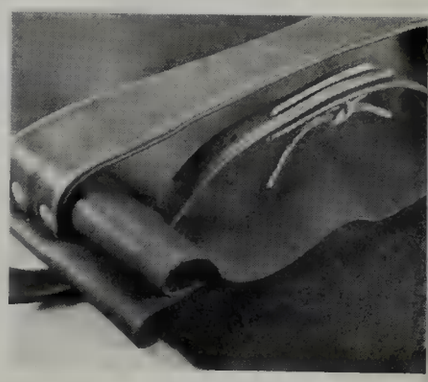


Butt *the glued strips together along pen line; tap with hammer*

Pull out *corners to form a V. Rivet to hold corner shape*



Attach *shoulder straps to pack with diagonal lacing. Put on keeper*



Rivet *flap band to bag. Lap shoulder straps to fit*

Pot gardener gone wild

No two pots are alike. The results are usually delightful

GLENN CHRISTIANSEN

Containers grouped *around pool range from wood soy tub (right) to grander urn overflowing with white petunias (left)*

If it holds soil, plant it. If it holds a pot, put one in it or o or under it. To many pot gardeners this is the only way garden, and the results are often delightful. In this Phoe patio, for example, no two containers seem to be the sa shape or size. Some were bought from local nurseries, so came from Mexico, and many of the hangers and hold were bought in Europe. But somehow this fascinating c glomeration works.

On our first visit here, on November 2, fall planting v going full blast. Flats and small plastic pots of nursery pla waiting their turn were spread out on patio tables shaded orange trees. There were bags of potting soil, piles of brok pots to use as shards over drainage holes, and a surpris assortment of containers.

On April 1 we came back and took these photographs. T plants were all in full flower, and patio color lasted until l May or early June, when it finally got too hot for bloom to continue. In summer, only containers of heat-toler plants, mostly succulents and cactus, are used.

The owners are Patrick Maas and William Benner.

Ramada *entrance is framed by rattan hangers holding pots of feathery, cool-looking asparagus fern*

Wandering Jew *spills out of spid metal holder on shady house wa*

SUNS

rtable garden *of color, mostly red, white, and blue: white petunias, blue and yellow violas, red geraniums and ice plant*

plant *gets a sunny spot*
its bright flowers stay open

Mexican *maidens support*
saw-edged agave on windowsill

Catwalk *over Cannery Row was used by Monterey Canning Company to connect cannery operation with warehouse*

Sparks fly *as artist fastens meta plate on his work. Visitors to th Sculpture Center are welcome to watc*

The old canneries along Monterey's Cannery Row are still there, ramshackle monuments to the sardines that mysteriously vanished from Monterey Bay near the end of the 40's. But the northwestern (Pacific Grove) end of the Row, where the laboratory of Ed Ricketts (the irascible Doc in Steinbeck's *Cannery Row*) still stands, is not the same street Steinbeck described as "a poem, a stink, a grating noise."

The concentration of craft centers, art galleries, antique shops, and restaurants there today is the result of more than a decade of quiet development.

In 1960 the street had eight shops, including an artist's studio, an antique dealer, a movie theater, and two restaurants. Now you can hunt for antiques in four shops, browse throug seven art galleries, taste some wine, or watch craftsmen a work in more than a dozen shops and stalls.

And, if all this activity should make you hungry or thirsty take your choice of the nine restaurants serving almost any thing from pizza to health food and elegant meals.

Old Cannery Row is an ever-changing show

Careful scrutiny *is given furniture and bric-a-brac in one of four antique stores*

Handmade goods *from purses to musical instruments (like the dulcimer at right) can be found in a number of craft shops*

Tired shoppers *relax in quiet restaurant with a bay view*

GERALD R. FREDRICK

Backs *of old canneries are seen in this view from wharf at foot of Cannery Row. Young skin diver examines reef off one of several beaches along the Row*

Walking south along Cannery Row toward Fisherman's Wharf you pass quickly out of the commercial section of the street and into an area that is comparatively undeveloped. Many of these buildings have been boarded up since they were abandoned, and are in various stages of deterioration.

Developers are planning to renovate this area along the lines of San Francisco's Cannery and Ghirardelli Square developments. Most of the plans are still in the discussion stage; however, a new complex of shops and restaurants is scheduled to be built in the warehouses on both sides of Hoffman Street at its intersection with Cannery Row.

At 3 P.M. daily, 1½-hour walking tours of Cannery Row start in front of the Warehouse Restaurant on Prescott Avenue. Cost is $2 for adults, $1 for youths 12 through 18 years.

Almost all the establishments along Cannery Row are open weekends; during the week some shop owners or artists may or may not decide to open on any given day. A map showing locations of shops and historical sites is free in most stores. □

Pressing your own cider

What you need is a press and some apples.
What you get is delicious and with waiting it gets better

Apple juice flows *from press through cheesecloth into kettle. Young lady does first step: grinding apple quarters*

NORMAN A. PLATE

Fruit press *at left can be built for about $15 (see instructions below). Press at right costs about $40; available from firms selling winemaking equipment*

Cider *fresh from press tastes robust and fruity, looks dark and cloudy, will clear up later*

Making your own apple cider is an activity the whole family can enjoy. And, though time consuming, the process is surprisingly simple. All you need is a small cider press that you can either build or buy, a food chopper, and a box or two of apples.

The fresh juice that flows from the fruit is ready to sample immediately. At first homemade cider is opaque and dark brown (not clear and light amber as in most preserved cider you buy), with a flavor well worth your time and effort. On standing, the cider becomes tangy and clearer as the suspended solids settle to the bottom of the container.

A 30 to 35-pound box of apples will make about 2 gallons of cider. Select only firm, fully ripe fruit. Unripe apples give the juice a starchy flavor and a white claylike sediment; apples with spots of decay can give a definitely moldy taste.

Cider making lends itself to assembly-line techniques.

First wash the apples in a tub or pail of water to remove spray residue and dust. Then cut into quarters and remove any bruised or bad spots, and if you are using sprayed fruit, cut away the stem and blossom ends. Do not peel or core. Place the cut apples in large crocks, bowls, or kettles (avoid containers made of iron or toxic materials such as zinc or galvanized sheet metal).

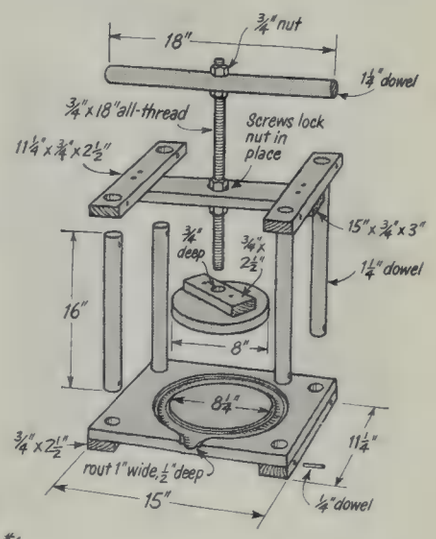
Next grind apples with a food chopper. This step itself supplies a good deal of juice. Lay four thicknesses of damp cheesecloth loosely across the top of a large container; hold in place with clothespins or string. Place this container directly under the food chopper to filter and catch the juice that will flow from the back of the chopper. Using the medium blade, grind the apple quarters, catching the pulp in another container.

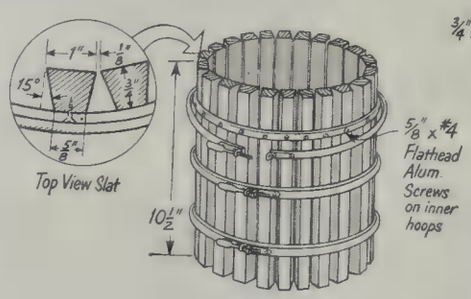
For the pressing, you may use the same cheesecloth-topped container (if all the grinding is complete) or prepare another container with cheesecloth to catch juice under the groove spout of the press. Fill the press basket about half full of ground apples. Cover with the press plate and turn the drive handle slowly to force the juice from the pulp, compressing it to about half its original volume.

Cider is good fresh, but even better in about a week when it has developed some sparkle and tang. You can store it in the refrigerator for as long as three weeks or freeze it for longer storage.

We built several small presses and found that the one below, modeled after the traditional slat-basket fruit press, is most successful. If you own more than a few apple trees, you might want to build or buy a larger one. □

Making your own slat-basket cider press





The fruit press shown here costs about $15 to build. Most of it is 3/4-inch oak. Three 10-inch embroidery hoops hold the basket round. Hardwood dowels serve as side supports. A piece of 3/4-inch all-thread, threading through hex nuts, provides the drive for the press. Make the juice groove with a router or chisel.

The pieces are joined with waterproof glue, strengthened by 1/4-inch dowels at critical points. The only screws are those that hold the basket slats to the inner half of the embroidery hoops. These screws should be either aluminum, chrome-plated, stainless steel, or tin-plated. Do not use toxic brass, zinc-plated, or cadmium-plated screws. If the embroidery hoops have metal fasteners, coat them with plastic urethane or any other finish that will cover the toxic metal.

They start *with simple materials. Left to right: papier-mâché balloon, paper plate, two ice cream containers (one has string beard), folded paper, and another balloon with wire coat hanger antennae*

Look who will be knocking at your door

A Halloween mask-making project will capture the imagination of most children.

For their masks, the children shown here are using simple materials, ranging from paper plates to empty ice cream containers (usually given away by ice cream shops). With a little paint, paper, and some glue, you have enough material to create almost any creature a child can imagine.

Add one of father's work shirts and you have a complete costume—at next-to-no cost.

Since the embellishments and whimsical touches are what make the mask, children can get stimulation and enjoyment from seeing some of the masks that people have made back through history—often for specific purposes like curing a disease or driving away evil spirits. A trip to a museum or a library might be in order as a mask-making preliminary. □

Papier-mâché balloon

Blow up *large balloon (4-inch diameter when flat). Dip paper strips in liquid starch. Pat on four or five layers. Dry in sun*

Draw *eyes, nose, mouth; cut out with mat knife. Remove enough of base for head to fit in. Paint an incredible face*

DARROW M. WATT

Paper plate

Stretch *brightly colored burlap around dinner-sized paper plate. Staple securely around edges*

Cut out *eye and nose holes. Using construction paper and white glue, add paper glasses, bowler, feather*

Ice cream container

Mark *eye holes on empty 3-gallon ice cream container. Lift off container and cut out holes with mat knife*

Use *poster paint to create some fanciful kind of creature. Rope makes a fine beard, stapled tagboard a stovepipe hat*

Folded paper

Fold *a piece of construction paper in half. Draw in eyes, nose, mouth. Cut out features; round corners to make face*

Add *whiskers, ears, eyebrows, anything that's fun. Use contrasting colored paper. Attach elastic cord to hold to head*

It's chicken soup *with vegetables; yo add toasted nuts, chees*
DARROW M. WAT

Out of the pumpkin... Aztec soup from Mexico

When Cortez and his band of Spanish conquerors reached Mexico, the land of the Aztecs, they found a nation of accomplished farmers, raising crops that included avocados, corn, garlic, nuts, onions, and pumpkin. They found domestic animals and fowl as well.

The well-to-do Aztecs of that day enjoyed a remarkably varied diet. Cortez was impressed and astonished when he saw the foods served to their great emperor Montezuma. His daily banquets included tortillas, tamales, different types of casseroles, and dishes made with tomatoes and chile peppers.

The Aztecs made clear poultry broth from wild game and turkey. They even made something resembling cheese by pressing a natural substance from the lakes. Hence their rulers may well have feasted on a soup much like the one that Mexican cooks call *Sopa Azteca.*

Our version of it is served in a style popular in Mexico today: with bowls of fresh, crisp condiments to be added at the table. We hollowed a big, round pumpkin to make a tureen for our soup; you might do this for a party this month or to surprise your family on Halloween.

To make it a complete soup supper, we suggest shredding the meat of the chicken used for the stock and adding it to the soup to reheat before serving. Or use the meat to make chicken tacos to serve with the soup, as shown at right.

GLENN CHRISTIANSEN

Another way *to serve: bake in small pumpkin half-shells; you eat some pumpkin along with the soup*

Aztec Soup

- ⅔ cup (about 3 oz.) pine nuts
- ¾ cup walnut halves
- 3 tablespoons chicken fat or butter
- 1 large onion, chopped
- 2 cloves garlic, minced or mashed
- 3 quarts homemade chicken stock (recipe follows) or canned chicken broth
- 4 cups diced, peeled pumpkin or acorn or Hubbard squash
- 2 packages (10 oz. *each*) frozen corn
- ¾ cup toasted Mexican pumpkin seeds
- 2 cups (about 8 oz.) shredded dry Monterey jack (or 7 oz. jack cheese)
- Fried tortilla strips, optional (recipe follows)
- 1 avocado, diced (optional)

Sauté the pine nuts and walnuts in 1 tablespoon of the chicken fat until golden brown. Remove nuts from pan and set aside. In the pan melt remaining 2 tablespoons chicken fat and sauté onion and garlic until golden; add to the chicken stock and heat to boiling. Stir in pumpkin and cook until tender (5 to 10 minutes). Add the corn (and chicken meat, if used); cook 5 minutes mor Sprinkle with Mexican pumpkin see just before serving. Pass the nuts, chees tortilla strips, and avocado (if used) i small bowls. Makes about 12 generou servings.

Homemade Chicken Stock. Simmer a pound stewing chicken in 4 quarts wat with 4 teaspoons salt and 1 large onio quartered, until tender (about 2 hours)

Remove chicken from broth, let it coo and cut meat off bones. Set aside th meat (see suggestions at left), discar skin, and return the bones to brot Continue simmering broth until it's r duced to about 3 quarts. Cool, cove and refrigerate overnight.

Remove fat (reserve it for soup) fro stock; then pour it through a wi strainer, discarding bones and onion.

Fried Tortilla Strips. Cut 6 corn tortill in thin slivers. Heat ¼ inch salad oil a frying pan over high heat. Fry sliver a few at a time, until crisp, about 1 mi ute. Remove with slotted or runcib spoon and drain.

To serve in big pumpkin shell. Cut th top off a big round pumpkin and scrap the inside free of seeds and fibers. Ju before filling, heat it on a shallow pan a 375° oven for about 15 minutes.

To serve in individual pumpkin bowl When you prepare Aztec soup, omit th diced pumpkin. Choose 5 to 6-inch diameter pumpkins that have fairly fl tops and bottoms. Remove stems, c each pumpkin in half horizontally make 2 bowls, wash, and scrape o seeds and fiber; set on a pan.

Before serving, ladle broth only from th hot soup to about half fill the pumpk bowls; keep remaining soup warm. Cov with foil and bake in a 375° oven f 30 to 45 minutes, or until the pumpk meat inside the shells is tender.

Remove from oven and fill bowls wi remaining soup ingredients.

Pot-grown *flowering cabbages and poinsettias combined in large container for the holidays*

"Flowering" cabbages like these in your garden this winter

ome December or January your gar-
en won't beg for color if you plant
owering cabbage or flowering kale this
ctober or November. Unlike many
ants set out in fall for winter and
ring flowers, these remarkable orna-
ental vegetables don't sit and sulk dur-
g cold weather. On the contrary, a
od cold snap is exactly what they need
bring out rich pink, rose, lavender,
d purple hues in their leaves. Both
so have white or cream markings.

s used here, the term "flowering" is
mewhat misleading. It refers to the
settelike clusters of leaves pictured on
e left. The true flowers—small, yellow
oms typical of the mustard family
which cabbage and kale belong—ap-
ar in spring.

Japan, where flowering forms of cab-
ge and kale were developed from ed-
e varieties, they're called *ha-botan*
leaf-peonies (*ha* meaning leaf, and
tan, peony or peonies), suggested by
form of the rosettes.

e main difference between the two
ds of plants is the degree of frilliness
ng the leaf margins. Flowering kale
fancier, more crinkled leaves; it's
ecially popular with flower arrangers
d container gardeners.

owers sow seed of flowering cabbage and flowering kale in July and August for salable plants in October and November. Nurseries usually sell the plants in 4 or 6-inch pots or gallon cans.

Commercial cut-flower growers along Baseline Road in Phoenix sow seeds of flowering cabbage directly in field rows. In winter and spring they pull mature plants from the field and sell them for flower arrangements or planting in gardens or containers.

Plant flowering cabbage and flowering kale in full sun. They're not fussy about soil, but grow best in a deep, fertile loam. Even more important than the kind of soil is adequate moisture. Cabbage and kale need a steady, abundant supply of water during the growing season, especially on Indian summer days when their big leaves transpire heavily and wilt rapidly. Plants growing in containers need daily watering in warm weather.

Feed with complete liquid fertilizer every two or three weeks. When feeding young transplants, start with a weak solution 10 days after you replant them and gradually increase amounts as the plants grow larger.

Set the plants 15 to 18 inches apart for a mass effect in borders. One will amply fill an 8-inch pot; three take an 18-inch fern pot. Some plants form immense heads that look out of scale in small containers.

For a level, uniform effect in borders and for compact plants that sit snugly in containers, bury the stems almost up to the lowest leaf when you set the plants in the ground or pots.

When the weather warms in spring, cabbage and kale start shooting upward, then flower and go to seed. Most gardeners discard the plants before they form seeds; some save ripened seed for sowing next year. Mixed seed is also available from specialty seed houses.

Flowering cabbage and flowering kale make long-lasting arrangements. Simply cut off the lower part of the stem and set the rosette on a needle holder in a container filled with water. Smaller rosettes combine nicely with other materials. During the holidays, for instance, try combining flowering cabbage or kale with poinsettias; use cut stems—or, as pictured above—make a living arrangement with pot-grown plants.

Aphids are a serious pest on both kinds of plants, but seem especially abundant and persistent on flowering kale. As a preventive before planting, dip the entire plant in a malathion solution prepared according to label directions. □

owering *cabbage's "flowers" really colored leaves. For rosettes like se—also flowering kale—by Christmas, out plants within the next few weeks*

MAN A. PLATE

Bolinas

October is a good month for tidepool exploring, for the birds, for the quiet countryside, for a picnic

JOHN ARMS

Young *visitor clings to walk near highway while studying plants in shallow, murky lagoon water. Alternate exposure of lagoon bed to air, light, and tide creates dense, complex life system*

Your first glimpse of shallow, marshy Bolinas Lagoon, 25 miles north of San Francisco, may mislead you. At low tide it looks muddy and lifeless, a barren 1,100-acre expanse between State Highway 1 and the town of Bolinas, at the southern tip of the Point Reyes peninsula. But it teems with millions of tiny organisms and joins the sea, the town and nearby egret and heron rookeries into a compact but dramatic life chain.

October is one of the best months for an unhurried day's tour around the town, its beaches, and its delicate surroundings.

For a kind of preview, we'd recommend a stop at the Audubon Canyon Ranch on State 1 about a mile south of the Bolinas turnoff (it's open only on weekdays during the autumn) to see its colorful and extensive displays on the area. From a nearby walkway over the lagoon you can look for algae, mud crabs, ghost shrimp, and other lagoon life.

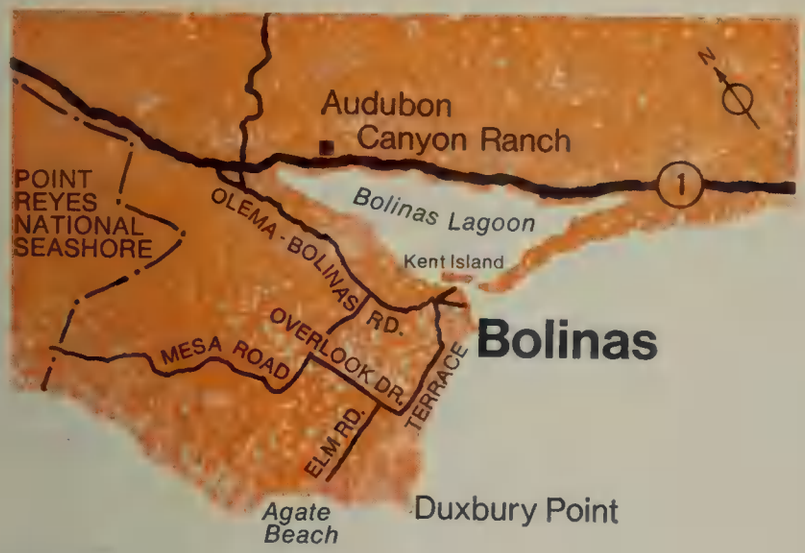
To reach the town of Bolinas, turn southwest off State 1 just north of the lagoon and follow Olema-Bolinas Road 2 miles into town. You'll find the town's small shops and restaurants clustered around a venerable old general store facing a short, curving main roadway (Wharf Road becoming Brighton Avenue) that meets the ocean at both ends.

You can sun or stroll on the beaches but stay out of the water. It's temporarily quarantined due to pollution. On Wharf Road, you can see lagoon specimens at the College of Marin Marine Station and look across at Kent Island, a low, sandy wildlife refuge.

If you want to leave your car and stroll the narrow streets, park outside the town

Children *on horseback play on beach near town as fog creeps toward Marin headlands, obscuring Stinson Beach*

Girl *picks wildflowers on Bolinas Mesa, where unusual design and weathered wood typify new homes*



Village *faces sandbar that encloses lagoon*

Sea wall artist *adds a touch of color near Brighton Avenue beach entrance*

Study group *listens to lecture on rich tidepool life of Duxbury Reef. You can inquire about occasional tours at marine station in town*

JOHN ARMS

Watch out *for bicyclists, dogs on gently sloping Mesa Road. Traffic is light but take it easy*

Hand-shaped *furniture, wooden sculpture are displayed at Espenet workshop on road into town from State 1*

or along Brighton Avenue, avoiding Wharf Road's cramped condition. You might consider bringing bicycles; the area is excellent for cycle touring.

From town, you can reach the rest of the Bolinas countryside by Mesa Road, a slow, delightful 4½-mile drive across Bolinas Mesa from the lagoon to the southern boundary of Point Reyes National Seashore. First, take the Overlook Drive turnoff to the edge of the mesa for a sweeping view of the ocean and the Marin County headlands; San Francisco is visible on a clear day. You'll see some interesting architecture as you drive around the mesa, but stay on paved streets; the dirt roads degenerate quickly.

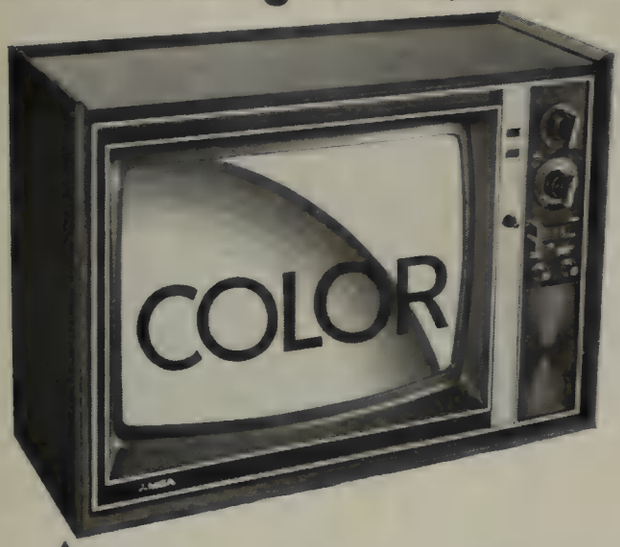
The west end of the mesa drops toward a series of extensive tidepools at Duxbury Reef, which can be reached through the Agate Beach parking lot at the end of Elm Road. You can picnic near the reef and explore at will, but specimen collecting is prohibited. (Back in town, ask at the marine station about occasional tidepool lecture-tours.) From the cliff over the parking lot you can see the reef, once a notorious marine hazard, extend beyond Duxbury Point more than a mile into the sea.

If you drive just inside the national seashore on Mesa Road, you'll come to the independent, member-operated Point Reyes Bird Observatory. There are bird exhibits in the visitors' room, and on most mornings you can watch trapping and banding operations and talk with the volunteers. A half-mile farther there's a small dirt parking area, with trails leading down to a narrow beach and up through grassy meadows to cliffs overlooking the water (a beautiful spot for a basket picnic, but fires aren't allowed).

In October, swarms of monarch butterflies appear, and pelicans, ducks, willets, and sandpipers gather on the lagoon. But it's a fragile refuge: The lagoon is geologically young, formed in a rift valley along the San Andreas Fault about 8,000 years ago, and while it has survived an onslaught of manmade threats, natural sedimentation threatens to fill it in just a few hundred years. □

Small *shoppers inspect old neckties in relic-filled Brighton Avenue shop*

If you're looking for a better color TV investment, start looking for MGA.



MGA T.M.

The Mitsubishi Group also manufactures quality lines of black-and-white TV sets, radios, stereo systems and appliances. They are better investments, too.

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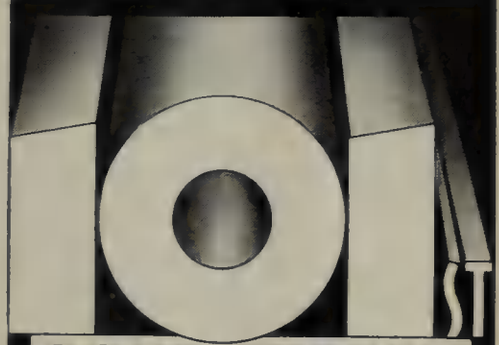

ANNIVERSARY

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MGA is among the newest of the 50 companies that comprise the century-old, world-wide Mitsubishi Group. Any MGA TV you buy benefits from the combined expertise of over 350,000 employees, in more than 1,000 laboratories and factories. So one of the things you buy an MGA TV for is a long time.

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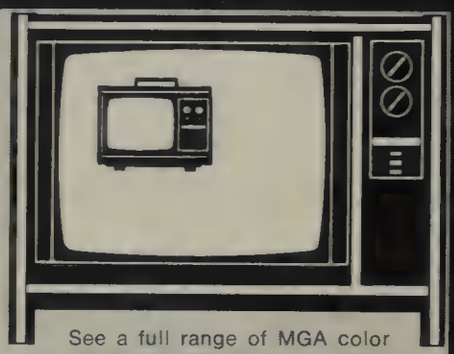
The CS-195 19″ diag. meas. color TV above features a solid-state, glide-out, fold-open chassis for easier service. Like all MGA TVs, it wraps up good looks, long life, spectacular performance and a better value. MGA TV . . . for people who don't want to take chances.



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Here's the first color television created on the same basis as fine champagne. All MGA portable color TV sets undergo a grueling 48-hour "aging" (3 hours on, one hour off). This high voltage test cycle is an extra step we take to make sure "bugs" show up in the factory, not in your home.

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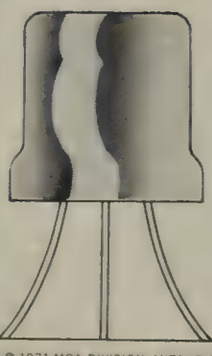
The Mitsubishi Group's rich background as a world leader in solid-state electronics gives us the opportunity to put together many of the parts that put together our TV sets. We make most of our own integrated circuits, UHF and VHF tuners, even color TV picture tubes. And, for added reliability, we make many of our other critical components.



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The Changing Western Home

A big inexpensive chopping block

The top of the kitchen cabinet at right was originally soft pine, but now it has a hard, utilitarian work surface of 2-inch tongue-and-groove oak flooring.

The old top was removed and the new pieces of oak were toenailed through the grooves to the front and back supports on the cabinet. Edges were finished with pieces of oak molding positioned to provide a ¼-inch-high lip on the sides and back. To allow for cleaning, there is no lip on the front.

The new surface, which is coated regularly with mineral oil, has been in use for more than two years and shows very little sign of wear.

ELLS MARUGG

Handy pumps that hitch to your drill

For the yachtsman, tropical fish enthusiast, or anyone who might occasionally need a small self-priming pump, several models now available at hardware stores can be powered by your electric drill. They pump through ½-inch hose or couple to standard garden hose connections; most can move more than 3 gallons a minute. They are not suggested for use with gasoline, solvents, or strong chemicals. Prices range from $5 to $8.

DON NORMARK

A seven-shelf rack for outdoor shoes

The large shoe rack shown at left is in the basement of a home in Eugene, Oregon. It's for outdoor shoes, boots, tennis shoes, moccasins, sandals, and the like. Neatly stored on dowels, any wet or sweaty shoes will dry off quickly in this open cabinet. This is important in preventing mildew, fungus, and general deterioration of footwear.

The simple cabinet was built by the owner. There is no bottom or back to it. Sides and top are ¾-inch plywood. Each shelf consists of two ⅝-inch dowels, glued into holes drilled halfway through the sides.

Should we know about your front door?

If you have a front door (or even a back or side door) that you think is unusual or special, we'd like to hear about it. At this time we are primarily interested in the door itself, rather than an entire entry, but give us whatever details you think would be of interest to us and our readers.

Please send snapshots and information to the Front Door Editor, *Sunset Magazine,* Menlo Park, Calif. 94025.

New transparent rainbow polyurethane finishes

The durability of urethane finishes has made them very popular alternatives to oil, shellac, or varnish, at comparable prices. Now they've been introduced with transparent color additives. Available at paint and hardware stores in yellow, green, blue, red, burgundy, and orange, they add color to whatever you are finishing.

Their greatest advantage is that their transparency allows wood grain to show through the colored surface. Mirrors, transparent glass, and plastics can also be coated for some interesting—and sometimes unexpected—effects.

The urethane is available in pints and quarts (spread on), as well as in aerosol spray cans.

When the Queen of England wanted bone china for her wedding table, she chose Aynsley.

The Queen had her choice. And she chose Aynsley. It's that good. Take *Summertime*, it pictures the perennial bloom of an English garden of flowers. $20, five-piece place setting.

And when the president's daughter wanted crystal, she chose Waterford from Ireland.

The *Alana* goblet, made by hand with heart, is a signed original, as is each piece of Waterford Crystal. $12.

For free brochures on how to wine and dine happily ever after, write to Aynsley & Waterford, 225 Fifth Ave., N.Y. 10010.

Photos: Prain

DON NORMARK

Cooktop, barbecue grill *are under metal hood. Tile protects adobe wall from spatter*

Although well supplied with all the modern conveniences, this room has the feeling of an old Mexican or Southwestern ranch-style kitchen. The major walls, like those in the rest of the house, are adobe. A large metal hood extends over the cooktop and barbecue grill, and skillets hang from a wrought-iron rack.

Mexican tile covers the wall behind the stove; one row continues behind the countertops as a decorative and protective backsplash. The drawers and cabinets are stained a dark walnut, and the cabinets have simple white porcelain pulls. The concrete floor is light brown, scored to resemble tile.

Several people can work together here without getting in each other's way. The L-shaped plan provides a total of about 32 feet of work counter, with sinks and the cooktop sensibly spaced along it. There's also a separate baking center set into one wall out of the main traffic pattern.

The architect was James T. Flynn, for Dr. and Mrs. Frank S. Tolone, Paradise Valley, Arizona. □

Adobe and tile give her kitchen a Mexican flavor

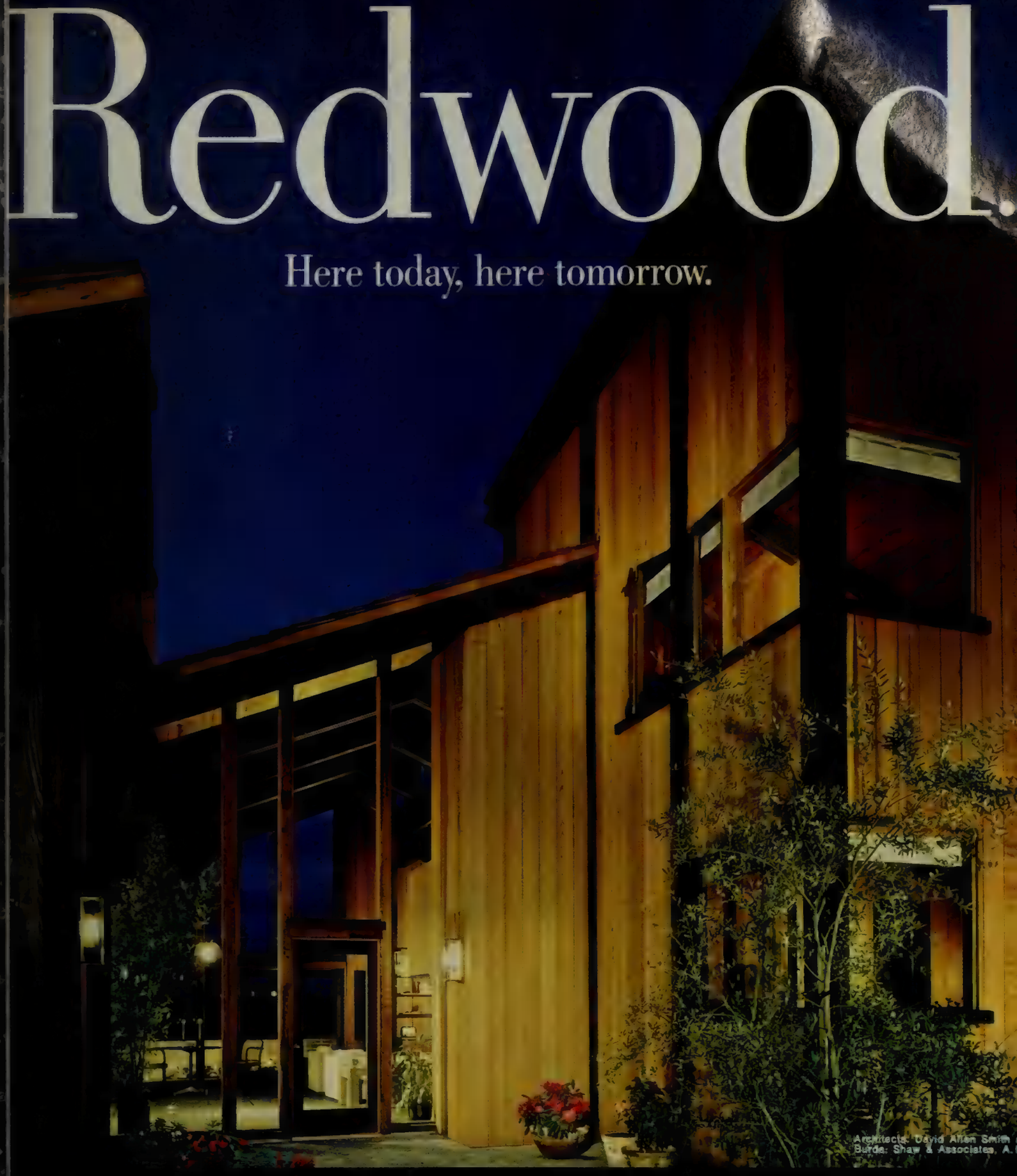
Planning desk *is recessed so it's out of the way. Pantry behind louvered doors at left*

Baking center *has pop-up shelf for mixer, metal bins in drawer for flour and sugar*

Table linen *and place mats are kept in shallow, pull-out shelves opposite a storage closet*

Redwood.

Here today, here tomorrow.



This beautiful home overlooks the ocean.

The weather sometimes gets a little rough this close to the water, but this home can take it.

It's built of redwood.

Redwood laughs at the elements. It resists the moist sea wind and its deadly cargo: salt.

It ignores the calm, steady attack of the sun. And doesn't even feel the pressure of time.

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RICHARD FISH

Six musicians *in the Gerald Fried family practice their instruments in this soundproof building without disturbing the neighbors. Wall-hung platforms and ladders just under the roof line provide extra seating and sleeping areas*

Satellite building, 40 feet from main house, is for family music-making activities, serves as occasional guest house

They built a soundproof room for family jam sessions

You'll rarely find a more musical family than the Gerald Frieds of West Los Angeles. Mr. Fried is a professional composer and musician; his wife and four children play a combined total of 14 instruments, which makes for a lot of music or noise—depending on whether you're family or neighbor.

When the younger Fried son's bulky drum set almost moved him out of his bedroom and the rest of the family out of the house, the Frieds decided to build a music room. They wanted a soundproof room that could house all their instruments, have space for jam sessions, and sleep occasional overnight guests.

With the help of architect Jerome Shamrock, the family moved their music to this satellite structure about 40 feet from the main house. The room is quieted by sound-deadening insulation (see sketch on page 114) and double panes of glass. Walls 6 inches thick have burlap-covered fiberboard cemented to gypsum wallboard on the inside. When the door and windows are shut, you can't hear

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RICHARD FISH

Sitting *and sleeping platform of 1½ by 3-inch stained oak strips flips up, is held in position by ladder hinged to wall*

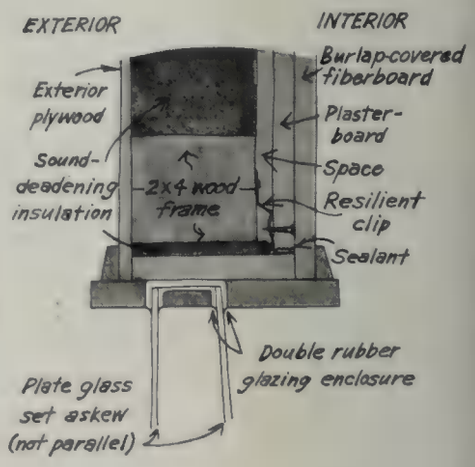
music being played inside when you stand right outside.

Under the supervision and help of the architect, the Frieds built the whole structure as a family enterprise. Mother and the children poured the concrete; father and one son shingled the roof.

The room is about 12 feet square, large enough to accommodate drums, marimba, organ, and various stringed instruments with space left over.

Two platforms that rest flat against side walls flip up and are held in place by notched ladders; they act as extra seating for impromptu music sessions and make sleeping platforms for overnight guests.

During daylight hours, light pours in from the angled windows that face the garden; the upper one acts as a skylight, bouncing light off surrounding walls. □



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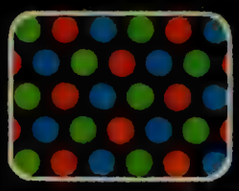

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DON NORMARK

Study *above bookshelves is reached by ladder made from 11 2 by 8's, notched and laminated with glue, with 2-by-3 handrails*

His study is a high hideaway

Space above the kitchen and behind the fireplace wall was about the right size for Portland architect James A. Miller's study. It opens out at one end to the high-ceilinged living room so he can see and hear what's going on below, but it's tucked up out of the way. If invited up, you climb a wall-mounted ladder he designed and placed just inside the kitchen. □

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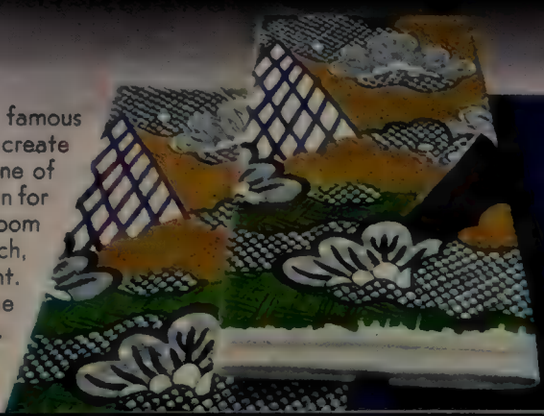
No matter what the world is like outside, famous fashion designer Bill Blass shows you how to create a beautiful environment inside. Nemuri, one of the signature designs from his new collection for Springmaid. Ready now to turn a bedroom and bath into true fashion territory with rich, earthy colors and wide open spaces of print. The contrast of patterns adds up to the luxurious atmosphere that's pure Blass.



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DON NORMARK

Recessed blinds *drop down to block glare on west-facing windows*

Drop-down blinds . . . unflappable

When Mr. and Mrs. H. A. Cornell of Vashon Island, Washington, built a west-facing waterfront home, they needed protection from heat and occasionally from glare. Architects John Morse & Associates of Seattle extended the roof overhang 4 feet, with a recess to hold wood-slat blinds.

When extended to their full length, the blinds create a cool air space and a shaded passageway next to the house.

Spring *from blind is attached by snap hook to the lift ring*

Lift rings, flush mounted so they aren't an obstacle on the passageway, were installed to help hold down the blinds. The rings are available in hardware stores. A spring attached to the bottom of each blind allows limited movement but stops the blind from flapping in a breeze. □

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You'll never get bored with Lawry's.

DON NORMARK

Hinged panel *in front door opens to allow parcels to be passed through*

A pass-through in the middle of their front door

This front door has a center panel that opens into the house to solve several problems. It makes it possible for the owners to receive packages without opening the door, keeping a small child and a dog from darting out whenever the door is opened. The panel, when open, also helps ventilate the house on a warm day.

The door was designed by architects Hobbs/Fukui Associates for Mr. and Mrs. John H. Binns, Jr., near Seattle. It is 3 feet wide and 8 feet tall, and is framed in vertical-grain fir with panels of 1 by 6-inch cedar tongue-and-groove siding. All the wood is stained the same semitransparent gray-brown as the rest of the house.

The center panel measures approximately 11 inches by 4 feet, above a horizontal member that is about 3 feet from the bottom of the door. A simple slip bolt secures the panel from the inside. It swings open on an interior-mounted piano hinge. □

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Which glue for which job? Here are some guidelines

There was a time when gluing or pasting was a messy and frustrating job. The pastes usually had very little holding power and were often lumpy. The bottled glues were a little stronger. But to get a reliable bond a heated pot of animal glue was the only real solution. And some materials simply could not be bonded with any degree of success.

Today, nearly all materials can be neatly and durably joined with adhesives. The only difficulty is selecting the correct adhesive for the particular job. There are hundreds of products on the market with curious names not at all like "glue" or "paste."

(In this article we won't cover single-purpose adhesives, such as those for floors or wall tiles.)

Bonds . . . from brittle to rubbery. The idea is to match the type of bond to the desired end result. Some adhesives set or cure to a hard, brittle state. Others, while setting to a rather stiff bond, remain slightly flexible. Still others are soft and rubbery. Hence you shouldn't choose a flexible adhesive for a chair leg, but for joining dissimilar materials a flexible adhesive is often the most desirable. Dissimilar materials expand and contract at different rates and a rigid bond will simply break away.

How they stick. Some adhesives set when their solvents evaporate. Others depend on a chemical reaction: They are mixed from two parts and require no evaporation to cure. These are the best choice when bonding nonporous materials such as metal. More porous materials can be bonded with adhesives that evaporate.

There are two other new adhesives that do not fall into the preceding categories. The hot melt adhesive, which requires a special glue gun, is a synthetic resin that forms a bond as it cools. The other kind is a silicon rubber adhesive. It cures by absorbing moisture from the air and releasing acetic acid, which smells lik vinegar while curing.

Indoors or out, hot or cold, wet or dry Another consideration in your choice o adhesive is the environment. For out door use be sure to select one that i waterproof; and if humidity is a prob lem, this type would be best indoors a well. In very dry areas, avoid brittle drying adhesives.

If heat is a problem, such as on cook ware, a silicon rubber adhesive is a goo selection, since it can withstand hig temperatures. Silicon rubber adhesive as well as some animal, vegetable, an casein glues, are subject to attack fror molds; some are made with mold-resis ant additives.

Chemicals may also attack adhesive Chemical-curing adhesives are generall resistant to most household chemical such as cleaning fluids, turpentine, pair thinner, and kerosene. Moisture-sens tive adhesives usually break down im mediately when subjected to ammoni or strong detergents.

Here are the common types of adhesive available in hardware or variety store (always be sure to follow the instruction that come with the product):

Animal glue. Also called hide glue, th is the oldest type of wood glue, and ma

be applied as a hot or cold liquid. It has very good strength and is still often used in building furniture. Animal glue does, however, have poor resistance to moisture and tends to become brittle with age. It is often used to join veneers of wood.

Vegetable glue paste. This is an easily spread, water-based treated starch, often a thick white paste. It is the library paste usually found in grade schools. The main advantage of this glue is that it is nontoxic and fairly harmless if taken internally. It sets by drying, that is, by evaporating. Vegetable glue paste has very poor moisture resistance and quite low strength. It is typically used in thin coats as an adhesive for paper, cardboard, or wallpaper.

Polyvinyl acetate. This is the milky white liquid most often found in plastic squeeze bottles. Although it's sometimes called white glue, it dries, by loss of water, to a semiclear glue line. It has only moderate moisture resistance and strength. It has good resistance to grease and solvents and is good for repairing wooden items.

Plastic. This general-purpose adhesive sets by losing solvents. It is usually sold in tubes and dries clear and colorless. It has moderate strength, but is ideal for craft and hobby uses in paper, ceramic, and some plastics.

Casein glue. Usually found in a powdered form to be mixed with water, this adhesive has fairly good strength and better moisture resistance than vegetable glue. It is made from milk protein. Because it, too, is nontoxic, it is often used in toy construction. This glue requires a thin application and sets slowly.

Urea-formaldehyde. Also called a urea resin adhesive, this glue comes in dry powders to be mixed with water. It is important to keep both casein and urea glues in tightly sealed containers because even the moisture in the air can make the powders lumpy and crusty. This has good strength and heat resistance, but is not recommended for outdoor use. It should not be used in poorly fitted joints because it loses its strength when applied too thickly. It is most often used in furniture, on veneers, and for joining large wooden surfaces.

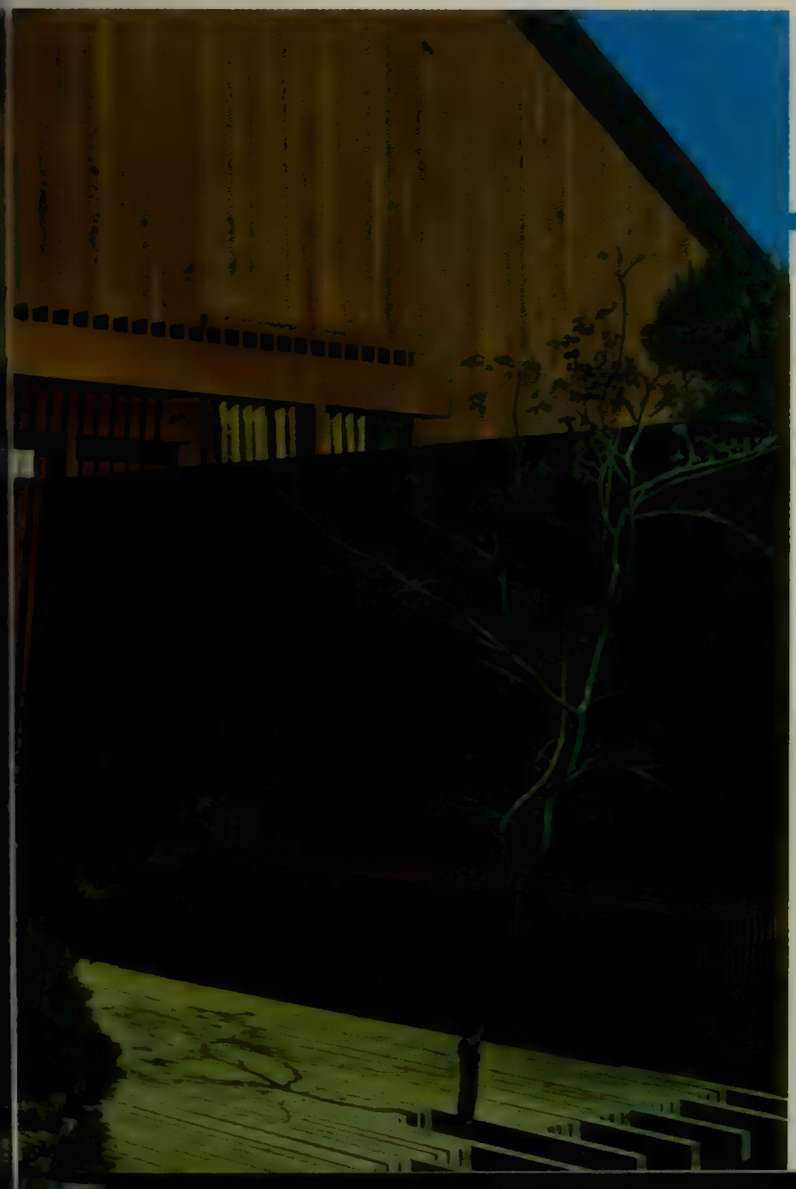
Resorcinol. This is a two-part adhesive that cures chemically. It has a very strong bond and remains slightly flexible when cured. This flexibility and its resistance to moisture makes it a good choice for use on wooden boats and outdoor toys.

Rubber. Both natural and synthetic rubbers are used, but synthetic rubber usually produces a stronger bond. Its main advantage is its flexibility. When used as contact cement, the bond is formed by coating both surfaces and letting them cure. After the surfaces have cured, they are stuck together. This has the advantage of eliminating lengthy clamping procedures but it also takes a certain amount of skill in joining the surfaces.

Silicon rubber. Available in squeeze tubes in clear, white, or black, this rubbery adhesive may be used indoors or out. It has good bond strength, is stable at high temperatures, and is good for joining ceramics, fabrics, glass, leather, metal, paper, or tiles in any combination.

Epoxy. This consists of a resin and a curing agent that you measure and mix together. Because it cures chemically, it is excellent for bonding nonporous materials. It forms a very strong bond and is available in a slightly flexible form. It is good for bonding an infinite number of materials, but will dissolve some plastics.

Hot melt. This synthetic resin adhesive is supplied in sticks that are used in an electric glue gun. It is easy to use, but sets quickly and cannot be adjusted once it dries. It has only moderate strength and durability. □



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ELLS MARUGG

Lunch *is easy to prepare, serve, and eat on this platform*

For work, for lunch, even for a nap . . . it's a superbench

With a little imagination this mild-mannered garden platform turns into a superbench.

It serves as a plant display platform, garden seat, table, sun deck, garden work center, potting bench, and even as a stage for an impromptu speech. And the owners, Mr. and Mrs. Joseph McGie of Gridley, California, expect to discover even more uses for it.

The platform's versatility is due to its sturdiness and generous size. It measures 10 feet long by 42 inches wide, and rests on four 18-inch-high brick supports (remnants of an old barbecue). To make a snug-fitting framework, a 2-by-6 crosspiece 42 inches long was set alongside each support, and a 10-foot-long 2 by 6 was nailed across the front and back. The seven 2 by 6's that make the top were nailed to that frame.

The McGies were fortunate enough to have an existing foundation. If you design a similar platform, be sure to plan for sturdy support that is in scale with the overall design. Bricks, concrete blocks, 4 by 4-inch posts, or 1½-inch pipes make good supports. For stability, wood or pipe legs should be sunk 18 inches in the ground (or even better, in concrete).

Kiln-dried, finished wood is best for the top surface: it stays good looking longer and won't splinter.

Use galvanized nails to prevent staining the wood. A sealer will help preserve the wood without changing its color. □

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NORMAN A. PLATE

Musician's guitar *is held at playing height with a 51-inch card-woven strap. Pattern of simple arrows is shown in detail at right*

Your loom is a deck of weaving cards

This is card weaving: a simple process that looks mysterious but produces handsome, seemingly intricate belts and straps. You thread yarn or jute through holes in a set of cards as directed by a chart to establish a pattern. It's really much the same as weaving on a floor loom: the four lettered holes on a card take the place of the four harnesses on a loom. By turning the cards in a given sequence, you establish and repeat the design.

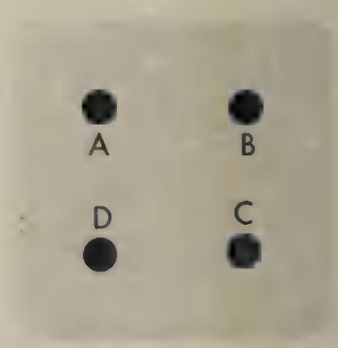
You can buy the cards for card or tablet weaving for about 3½ cents each at yarn and weaving shops. It's just as easy to make your own: note the dimensions given below the card at right.

There are many types of thread and yarn to choose from. For the warp (the lengthwise strands) we chose jute, a fiber that weaves quickly and thickly but has a slight tendency to shed. We also used jute for the weft (the crosswise strands): you could vary the effect by using a different weight or kind of thread.

Or you could use heavy rug yarn for this strap: yarn would be slightly easier to work with, but would yield a thinner finished product.

A chart like the one on page 128 is the usual way a design is coded. The numbers along the bottom represent each of the 13 cards needed for this particular pattern. The letters A, B, C, and D refer to the four holes on each card. The gray and white squares represent the two colors of this pattern.

Cutting the jute to length. Two 4-ounce spools of jute—one light, one dark—



Card *is 3½ inches square; ⅜-inch holes are ¾ inch from sides*

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The Mini-Brick Look in textured vinyl tile.

What makes our new Kentile ıratoga Brick Solid Vinyl Tile floor so much fun to walk on, fantastic to own? The fun's in the styling: a fresh, young approach to brick tile design, ombining the rich, rugged texture of natural brick with an eye-pleasing array of varied colors and sizings. Result? A now-generation floor of mini-squares, maxi-squares, and rectangles...all fused together by a bigger, bolder grout.

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"Your bathroom is showing."

Over the years, homeowners have paid little heed to bathroom decor. For most, it's become the "forgotten room" of the home.

Until company arrives.

Then, it's close the door. Display some fancy soap. Patterned towels. Anything! Just cover up the obvious, so it isn't.

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It's not just "a" bathroom. It's many things. All customized to your needs. All reflecting your good taste. Like a variety of rich, warm color choices. The classic dignity of Borg-Warner cultured marble. Contoured tubs. The sleek, silhouetted lines of toilets that are as quiet as they are reliable.

All these luxurious accouterments were specially designed to complement any home decor. At a cost that's only a bit more than you'd pay for an ordinary "blah" bathroom.

If you're remodeling, there's a building supply store in your area that features *Borg-Warner Bathrooms*. Or, a builder that will install one in your new home.

So why continue housing a tribute to mediocrity? A *Borg-Warner Bathroom* will give you a room you'll be proud to show off.

No matter who comes to dinner.

If you'd like more information on the *Borg-Warner Bathroom* concept, write: Borg-Warner Corporation, Plumbing Products Division, Dept. 3K, 2321 Abalone Avenue, Torrance, California 90507.

The Borg-Warner bathroom

BORG WARNER

will be plenty for this project. To determine the length of each warp thread, add 24 inches (for weaving take-up) to the strap length desired; then cut 24 dark threads and 28 light. (This is figured as follows: 13 cards times 4 holes equals 52 threads; as the chart shows, 24 are dark, 28 light.)

Threading the cards. Set cards and the lengths of jute on a long table or on the floor with the chart in front of you.

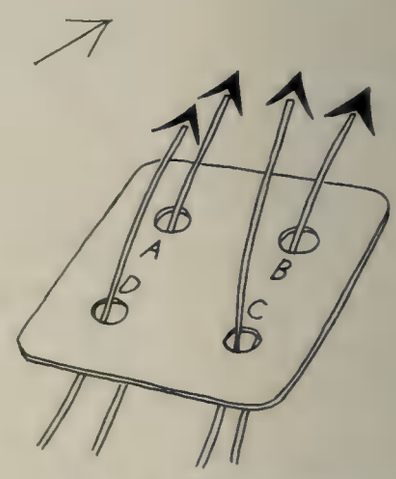
Note the arrows above cards 1 through 7 on the graph. They point up; hence you will thread these cards from the bottom as they lie on the table. The arrows pointed down (cards 8 through 13) mean that the threads on those cards are threaded down from the top (lettered side) through the holes, and come out the back (plain side).

This is important: Threading the cards up or down determines whether you have a specific color showing in a specific place in the pattern. Threading a card from the wrong direction will result in a broken color pattern.

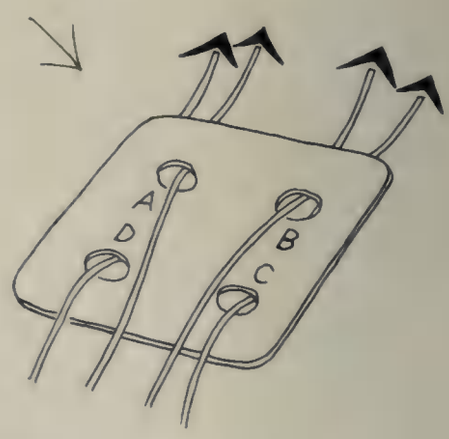
Holding card 1 with letters A and B at the top, thread a length of light jute up through hole A; do the same in holes B, C, and D (since the chart shows all threads for card 1 are light). Each time draw the threads out about 10 or 11 inches beyond the top of the card. Thread the second card—all dark lengths this time—and stack on top of the first. Continue threading each card according to the chart, stacking them printed side down, with the position of the letters corresponding on each card.

When you've completed all 13 cards, wrap them tightly with a rubber band. This band should remain there whenever you are not weaving to keep the cards in order. Gather up all short ends of the jute, make one large, tight knot, and with a piece of strong string tie the knot to a stationary object (like a doorknob, a hook in the wall, or a table leg). Remove the rubber band from the pack of cards without letting them fall out of position. Holding the pack in both hands, gently but firmly draw all the cards at once down the lengths of jute until there are about 12 inches remaining on the unknotted ends. This equalizes the tension in the lengths of jute. Then knot the ends together, and with another piece of heavy string tie this end to the chair you'll be sitting on while weaving. The cards should be positioned with the printed side facing left. The warp is now ready for weaving.

Weaving. A Norwegian belt shuttle (about $1.50 at weaving and yarn shops) is handy for holding the weft, and its



Cards 1–7 *are threaded from bottom of card through top according to graph*



Cards 8–13 *are threaded from top side to bottom; all must be stacked in sequence*

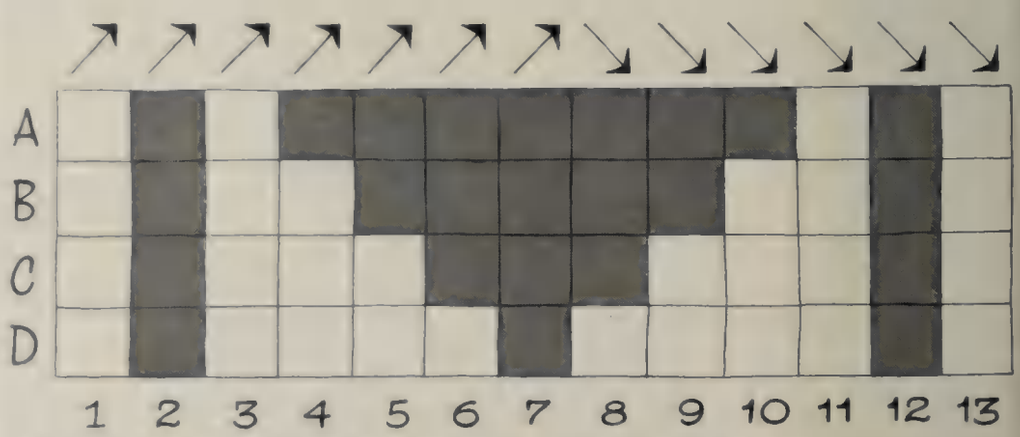


Chart shows *which hole receives which color thread. Card number is at bottom, hole reference is at left, threading arrows are at top*

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Test drive a new Riviera soon. Compare it to your present car. In ride. In handling. In braking. In everything. We think you'll find that there just isn't any comparison.

And when you get behind the wheel, be assured of this: you're not driving a copy of anything.

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6-piece set shown: paring knife, utility knife, sandwich knife, French cook's knife, roast slicer and bread knife. Available in Mediterranean or Americana style holdsters. Gift boxed . . . a most-welcomed gift item. Priced from approximately $24.95. 27 different knives available.

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Norwegian *belt shuttle is wrapped with weft thread, passed through warp*

NORMAN A. PLATE

Belt shuttle *is passed through shed created when cards are in position; cards are turned toward weaving, weft thread beat in firmly with shuttle edge*

edge is useful for beating the weft threads into the warp. Wrap at least a half ounce of the weft color around your shuttle, or in a ball, and tie the free end around the second warp knot that you tied. This is where you will begin weaving.

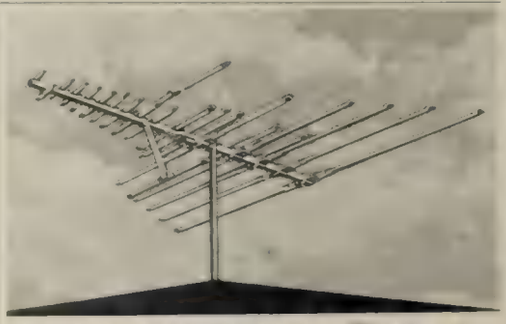
Each pattern has a turning sequence; in this one, you must turn the set of cards a quarter turn in the same direction each time you pass the shuttle through the shed.

There is a tendency for the warp threads to tangle, but by stopping as needed, putting a rubber band around the cards, and untying the knot, you can comb out the threads from each card. Readjust the tension by running cards to within 12 inches of end. Retie the knot, tie to the solid object, and slide cards toward the weaving.

The actual weaving is the most fun; surprisingly, it is also quite fast.

Slide the cards about 12 inches away from the knot and pass the weft thread through the shed (the space created when the warp is stretched tight). Pull the weft through the shed until there is no excess on the side (estimating the tautness of the weft thread takes practice; if it's too tight, the fabric will double over, if it's too loose, the warp will not hold together and will have loops on either side).

Turn the cards a quarter turn toward the knot, slip the shuttle into the shed, and beat the previous weft thread against the knot. Slide shuttle through shed to other side, turn cards another quarter turn, and again beat toward the



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Exclusive and striking! Jet black ceramic decorations bonded permanently to stainless steel. Fry, bake, boil up a beautiful feast in Criteria's three-ply construction . . . featuring a special sealed-in heat core that cooks faster and more evenly.

Shown, 7-piece set: 1 qt. and 3 qt. covered saucepans, 6 qt. covered saucepot, 10¾" skillet (saucepot cover fits). Price $44.95. A most-welcomed gift item. Also available in 6 and 10 piece sets. 16 open stock items priced from $8.95.

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weaving. Continue this procedure until desired length is achieved or when you have woven your way to the other knot.

To finish the end, untie the knot and slide the cards off. Cut the weft thread to the length of the loose ends and knot it to the first four threads on the side from which it extends. Finish the other end in the same manner.

To finish for a guitar strap (a guitar needs an end pin in order to hold a strap), cut two pieces of medium-weight leather as wide as the woven belt and 2½ inches long, tapering each at one end to a blunt point. With a punch make a hole in each centered ¾ inch from the tapered end, and cut a 1-inch slit from the hole toward the squared end. Attach pieces to the strap by machine or hand sewing (with a sewing awl). Or rivet a metal clip to the leather, thread the strap through it, and sew the strap back against itself. You can glue any loose ends of the weaving in place.

On one end tie a 12-inch length of heavy cord through the hole. This is tied to the neck of the guitar as shown in the picture on page 126.

To finish for a belt, use two large brass rings. Slip both rings over one end of the belt. Fold end back and stitch in place by hand. If weft thread is thoroughly knotted at the free end, it should not ravel. For wearing, the free end is threaded through the brass rings to stay in place. □

DON NORMARK

Where's the cord?

You can hide a long telephone cord beneath a cutout at the back of your study desk. The cord rests below, pulls out easily when you need the full length, and quickly drops back into its hiding place. Architect Marvin Witt, Jr., incorporated this idea in the home of Dr. and Mrs. James Woodworth of Portland. (The pushbutton telephone is not yet available in parts of the West.) □

The Room Shrinker.

In the first place, one coat looks like two. That inks a room to half its size before you start.

In the second place, this paint flows on quicker n your ordinary paint and levels smoother. at cuts it down some more.

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Then in the fourth place, your rollers, brushes and equipment (and your goofs, if any) clean up with soap and water.

You don't even have to write down "Dutch Boy Nalplex Latex Flat Wall Finish." Just ask the man for the room shrinker.

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Mountainside retreat: Architect: Andrew Daland, Cambridge, Mass.; Cabot's Stains throughout.

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NORMAN A. PLATE

Small *cheeseboards are made from parquet floor tile*

You make them of parquet floor tile

Elegant, individual cheeseboards cost only 50 cents each when you make them yourself with parquet floor tiles.

You can buy parquet tiles in small quantities in large hardware stores and some flooring shops (when they have leftovers from a job). Choose from teak (as shown in the photograph), Rhodesian teak, oak, and other woods and designs. Each 12-inch-square tile (about $1.50) is already cut so it can be divided into four squares each the size for a small cheeseboard.

The boards make perfect hostess gifts, particularly when accompanied by a selection of cheeses. They can be used to serve hors d'oeuvres, as bread and butter plates, or as coasters.

To make them, first separate the tiles into 6-inch squares. They are joined by a thin paper backing that can be cut with a mat knife or razor blade.

Then glue each square to a thin 5-inch-square piece of wood or tempered hardboard. We used ⅛-inch mahogany plywood and silicon rubber cement. Contact cement may be substituted. Lightly sand the tops and edges and round the edges and corners.

Rub mineral oil on the tops and edges of the boards. Do not soak them or put them in a dishwasher. Repeat mineral oil treatment occasionally. □

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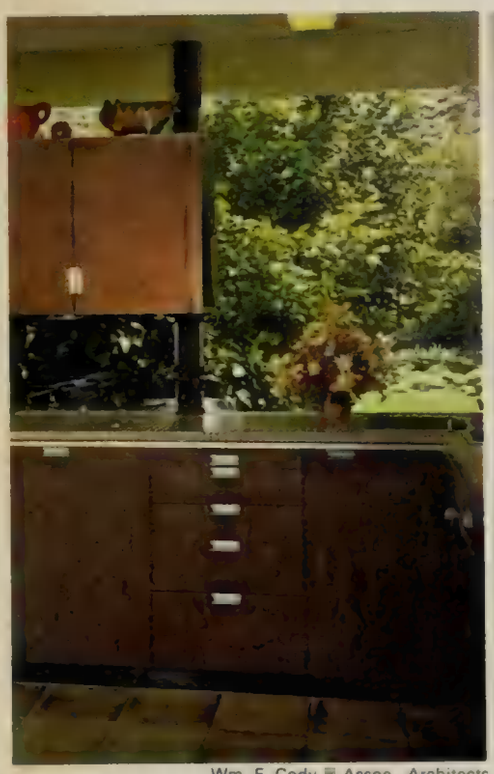
Seven great ways to bring th

The outdoors is what makes the indoors so great. And bringing the outdoors in is where glass comes in. Glass opens up your rooms. Lets the sunshine in. Keeps the weather out. Interior decorating becomes interior-exterior decorating. Rooms become part of the total landscape

Today's new glass gives you all this. Plus beauty, safety, weather-beating insulation and reduced fuel bills.

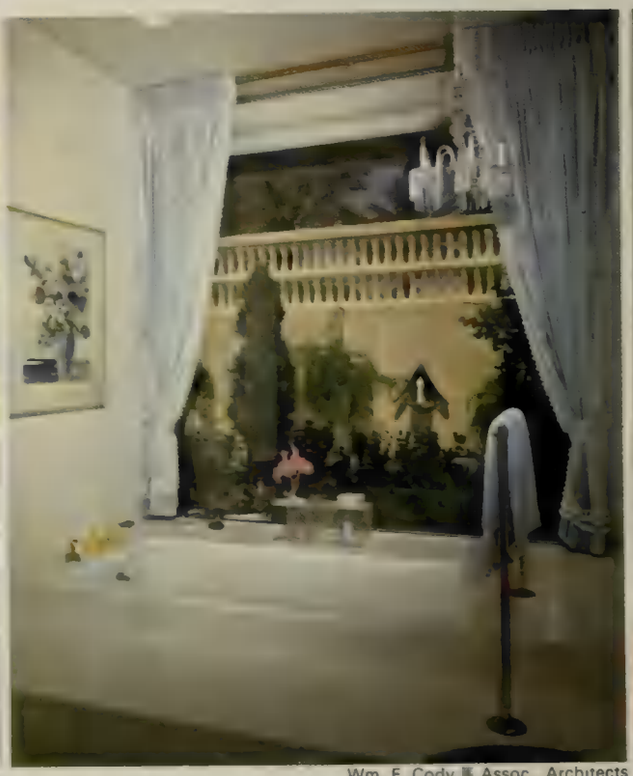
Here are just a few ideas for dec- rating and living now with glass. L at how the great outdoors steps ri in to make the indoors scene the greatest. Why not look into glass f your new home or remodeling pla

PPG: a Concern for the Future



Wm. F. Cody ■ Assoc., Architects

1 This kitchen has a sunny disposition because the cabinets are positioned to hang in front of the sunlit glass wall. Beautiful idea, and in cold climates PPG *Twindow*® insulating glass makes it even more practical.



Wm. F. Cody ■ Assoc., Architects

2 The garden bath, which uses ■ picture window overlooking ■ private court, lets you bathe in Roman splendor, but in privacy. And in an area like this, PPG *Herculite*® *K* safety glass lets you move about in safety.

Donald L. Bren, Builder

3 Mirrored wardrobe doors introduce glamor, a feeling of spaciousness, more light and beautiful practicality to the master bedroom. And to give the finest reflection t this idea, use PPG *High-Fidelity*® mirrors.

Deane Brothers, Builder

4 Now the outlook for kitchens can be exciting, as well as practical. Sliding glass windows with a wrap-around, pass-through serving counter make this kitchen and the great outdoors one big happy unit.

PPG INDUSTRIES

utdoors indoors with PPG glass

Charles B. Wills ■ Co., Builder

5 Who says attics are dull, dark and dismal places. Gable end windows in this colonial create a cheerful upstairs rumpus room.

Robert Andrews, Builder

6 A two-story fixed-glass window wall overlooking a private court gives this dining area light, excitement and a real outdoors flavor.

Richard Chalfant, Architect

7 Here's leisure living in the up-dated sun porch. PPG *Herculite K* safety glass in glass walls and sliding glass doors makes an idea like this possible, practical and safe.

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You don't even have to be brave. This is a friendly, purr-y tiger. Step on him, and all he does is tell you how much you weigh. Accurately. Up to 300 pounds.

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DON NORM

Sun deck *off kitchen extends 10 feet over bay. Bench at edge serves as railing*

Waist-high *shingled walls of deck offer privacy from beach exposed at low tide*

It gets you out over the water

Sitting on this deck, you may well thi you're adrift on Quartermaster Harb Supported by reinforced concrete bea extending from the bulkhead, it gets y right out over the water, 4 feet abo the highest tide.

Except for a low bench, the end the deck is open for the view. T sides are walled for partial privacy fro beachfront neighbors and people the beach.

The 25-foot-wide cedar deck is t social center for a weekend home turn permanent residence. A convenient pa through window between deck kitchen simplifies food serving.

Owners are Mr. and Mrs. H. A. Corn of Vashon Island, Washington. Arc tects for the house were John Morse Associates of Seattle.

Introducing Varathane color and how it looks on things that don't look so good.

Things like old chairs. Tables. Toys. Boats. Metal things. Ceramic or plaster things. Things that could stand a coat of paint.

But you don't have to paint them anymore. You can coat them in plastic. For protection.

That's what new Varathane colors in plastic do. Just like clear Varathane.

They protect things against rust and corrosion. And against chipping, cracking or peeling. Inside the house or out.

What's more, these new plastic colors are easy to apply. Because they're self-leveling and quick-drying—about 4 to 6 hours.

And Varathane is safe for children.

So you can use it just about anywhere and on just about anything. Without worrying.

Something else you won't have to worry about is matching up one thing with another after a couple of months.

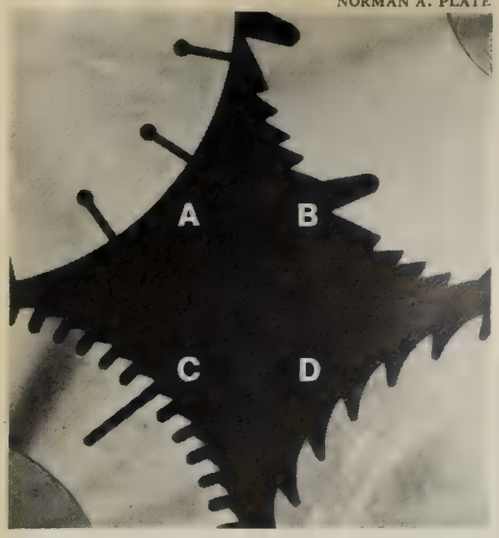
You see, all 16 colors are formulated individually. That means one can of, let's say, royal blue will be exactly the same as your next can of royal blue. No matter when you buy it.

So, if you have some things that could stand a coat of paint, put on a coat of plastic instead.

Varathane protects things so they look good longer.

It's not paint. It's plastic.

NORMAN A. PLATE



Four edges *show variety: (A) toothless metal cutter, (B) combination blade with deep gullets to remove sawdust, (C) plywood blade, (D) rip blade*

Which blades for a circular saw?

While the blade that comes with your portable circular saw is suitable for most household woodcutting, a number of specialized blades can refine and extend the saw's usefulness. Armed with a little knowledge, you can choose the proper one for a difficult job—or avoid the expense of a sophisticated blade you don't need.

A blade's appearance indicates its performance: A few large, wide teeth will give a fast, deep, rough cut, while many small, narrow teeth will cut slowly but more cleanly. Most cutting edges fall between these extremes, sacrificing some speed and durability for a measure of precision.

Listed below are the more common types. Prices given are for the popular 7 or 7¼-inch-diameter blades.

Rip blades have wide, chisel-like teeth for with-grain board ripping. The wide teeth may slow the blade in heavier stock. Don't use for cross-grain cuts: They'll splinter the wood. $3.50.

Cutoff blades have much finer teeth for squaring and clean cross-grain cutting. Ripping will bog them down. $2.75.

Plywood blades are finer still, and specially tempered to avoid splintering and to resist the abrasion of plywood glue lines. $3 to $6.50.

Combination blades compromise rip and crosscut principles into a cutting edge suitable for everyday needs, while sacrificing only a part of the speed, stamina, or precision of a specialized blade. There are many types, which can be judged by tooth size with one deceptive

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This is a new invention. We call it a stove.

The Corning range is more than a stove. It's the first total-cooking concept ever developed. You cook with precisely controlled heat, on a beautifully smooth glass-ceramic surface, in specially designed cookware. This perfectly matched system helps take the guesswork out of cooking and can even make you a better cook.

recise, uniform heat. Both the Counterange™ electric range nd Corning's built-in electric cooktop, The Counter That ooks™ (below left), have a completely new kind heating element, designed to liver heat evenly and predictably ross each cooking area. There are hot spots. All four cooking areas e thermostatically controlled, just e your oven, which means you can t the dial and know that you'll never above the desired heat setting.

What's so special about the self-cleaning oven? We didn't invent the self-cleaning oven, but we think ours is particularly good. We moved the locking lever off the front of the range out of reach of children. To clean you simply turn two knobs. It's completely safe, too, because the oven door double-locks automatically. Even if you wanted to, you couldn't open the door once the temperature goes over 550°F. And it's extra roomy— you can actually put three 8″ cake pans on one shelf. Best of all, cleaning only costs about 12¢.

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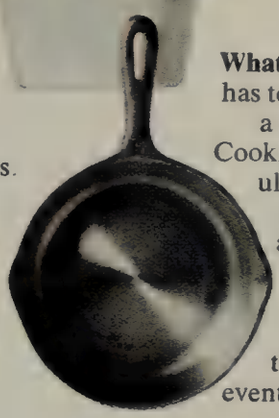
The ugly part of cooking is cleaning up. t when our cooking surface gets dirty you can see it . . . and store it to its original beauty every time. With a damp per towel, our special silicone Cleaner-Conditioner and ittle rubbing, you can remove even stubborn cooked-on spots. sically, it's like cleaning your countertop.



What about pots and pans? Whatever you use, it has to be flat-bottomed. That's why we designed a special kind of cookware for Counterspace Cooking which we call Cookmates®. They're the ultimate answer to that complete and precise control over your cooking we were talking about earlier. A starter set comes with your new unit. As far as your other pots and pans are concerned, the best way to tell if they'll work is to try them. In any case, we think you'll like our cookware so well you'll eventually want to get the complete set of fifteen.

If you have any questions about Counterspace Cooking, stop in to see your local Corning appliance dealer. He's listed in the Yellow Pages under "Ranges." Or, write for complete brochure.

CORNING

Corning Cooking Appliances, Department 307 A, Corning Glass Works, Corning, N. Y. 14830

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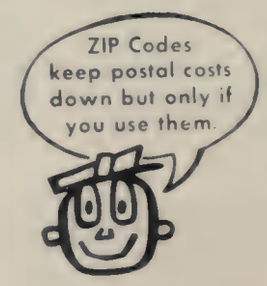


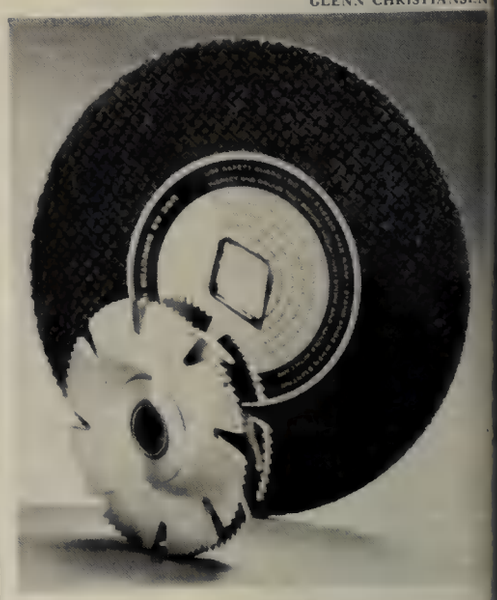
exception: Some models have groupings of fine teeth separated by deep recesses called gullets. These gullets remove sawdust from the cut while allowing stress-reducing metal expansion, and shouldn't be confused with large teeth.

The finest-cutting combination blades are called planers because they leave very smooth edges. They dull quickly in heavy stock (most combination blades will raise splinters when crosscutting plywood). Hollow-ground combinations, with bodies narrower than the teeth, give a particularly clean cut without sticking. $3.50 to $5.75.

Flooring blades are specially tempered for cutting old lumber containing occasional nails or wire. $3.50.

Cutoff wheels are abrasive blades designed to cut a variety of metal and masonry surfaces. They greatly speed the cutting of difficult surfaces, but they

GLENN CHRISTIANSEN



Dado set *(front) for portable saw costs $13, cuts grooves to 9/16 inch wide. Masonry blade (rear) cuts stone, costs $3.5*

wear out quickly and must be used i strict accordance with safety instructio on the package. $3.50.

Large stores may carry additional blad for hardboard, plastics, and thin venee

As a rule, the cost of a special blade justified only when you expect to use frequently, or when you'll be cuttin material wholly unsuitable for a comb nation blade.

You might consider two refinemen Nonstick blades, at an average 30 p cent added cost, resist friction and ru Coarse-cutting carbide-tipped blades (to $13) have exceptionally long liv Use carbide blades carefully; they c chip irreparably if they hit a nail.

Make sure the blades you buy will your saw's arbor. Some brands have u versal arbor holes, with plugs you pun out to suit your saw.

SUNS

It's the extra $150 credenza built into our $850 credenza that makes it a better buy than any $700 credenza

You could stand our $850 credenza alongside a $700 credenza and at first glance, not see too much reason for the dollar difference. So you might turn us down. And for a while, enjoy your bargain. Until the day you suddenly notice that the grain on the doors was never matched—they look odd! And the wood doesn't seem to glow the way it did. And surely the drawers used to run a little smoother...

That's when you wish you'd put the extra money into our credenza instead. Because it's the extra $150 worth of credenza we built in, that makes the $700 worth hold up.

Extra in choosing the wood...only the rarer cuts with the most interesting grain patterns. And in matching those patterns, panel by panel, so your doors and drawers look as though they belong together. And at the staining stage...not painting strange colors on, but slowly padding in oils to bring the natural colors out.

Extras like waxed drawer runners to encourage the drawers to keep running. Like door panels set in grooves to inhibit warping and splitting. Like longer-than-usual barrel hinges, to help keep the doors riding high, swinging free. Like the full-length carving, a built-in silver drawer and a pull-out copper covered hot tray.

Only a credenza with all these extras built in, can have the name Heritage stamped on.

HERITAGE®

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lenza from our Tour de France Collection. For a catalog of this and other Heritage collections, plus our room-planning kit, send $2 to Dept. S 10-71, Heritage Furniture, High Point, N. C. 27261.

Karastan creates the new Cityscape..

Pure wool carpets alive with color and texture give each room in this New York penthouse a distinctly different personality.

This penthouse, 20 floors above Manhattan, ves that city living needn't be cold and im- sonal. Owned by an art lover with a highly vidual collection (ranging from sculpture by ıry Moore to paintings by Stubbs and Miro), ı room is stamped with its own unique per- ality, each communicates a different mood. y pure wool carpets designed by Karastan ld match this eclectic point of view. And they

In the foyer an American Original Rug by astan dazzles the eye. "Octaveau", a pure l area rug with interlocking octagons, in ris Yellow, 6′ x 9′ is $195.00.* Formal draw- room is carpeted with "Louveau", a deep wool plush in Lugano Blue to complement room's cool color scheme. In 16 skein-dyed rs, $27.00 the square yard.*

The city seems far, far away in this warm ıtry-bred library. Above the fireplace, a bs painting. On the floor the shaggiest car- of them all, Karastan's "Ultimeau" in Haze . Super-fat cable pure wool pile is 3½ es long, $30 a square yard.

Fashions by Riz Callah for Malcom Starr, International Jewelry by Kenneth Lane *West coast.

Send 50¢ for the Karastan Debut '72 full color brochure with color coordinator

The dining room is a delicious mixture of East and West. Graceful English Chippendale Furniture meets an area rug of pure wool, a Karastan Oriental design of a traditional Chinese pattern. Shown in 8′ 8″ x 12′ size with the entire design hand-carved. $670.00.*

PURE WOOL PILE ®

Karastan
AMERICA'S FINEST POWER-LOOMED RUG

Karastan Rug Mills A Fieldcrest Company,
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GLENN CHRISTIANSEN

Foam-backed vinyl fabric *makes an excellent surface for card games*

NORMAN A. PLATE

Some vinyl patterns *and designs make handsome wall decorations. Simply hang with a nail or hook*

A new face and a new life for yesterday's card table

For games, sewing, craft projects, or additional seating at mealtime, the folding card table is an indispensable piece of portable furniture.

After a few years of use the surface of a card table often becomes stained, ripped, or warped. The folding legs usually last much longer than the top; and they are the most costly component of a new table. Rather than throwing away an old table, save the frame and legs and make a new vinyl-covered top. You might choose a vinyl fabric with a pattern or design that would make the new

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The Andover
sic style, three-cushion comfort, separate arm bolsters.
In durable Herculon tweed.
a hidden Super size (58"x75") mattress
—**$399.95.**

The Wallace
In the traditional manner.
With loose pillow back, plaid
Herculon cover, separate
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Why shouldn't you own a Hide-A-Bed Sofa in Herculon* right now?

Special Simmons Holiday Values
right now, for the way you live now.

The Harrison
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a tailored button back,
Herculon tweed fabric
—**$299.95.**

Maybe this is it. Your Christmas present to yourself.
e Hide-A-Bed® sofa by Simmons that you've always wanted.
With the Simmons look, and the Simmons quality,
and the truly incomparable Simmons mattress.
here it is, at the special value, in time for your holiday needs.
wrapped up in wonderful fabrics of Herculon olefin fiber.
Strong colorfast fabrics with built-in stain release.
That keep looking fresh and new for years.
Don't miss out on this limited once-a-year offer.
(And yes, if you buy a Hide-A-Bed sofa *now*,
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Beautiful
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Herculon cover.
With casters
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The Herbert
This 3-cushion
strié sofa
(casters included) hides a
Super size Regency® mattress
—**$359.95.**

Ever notice how when products compete with each other,

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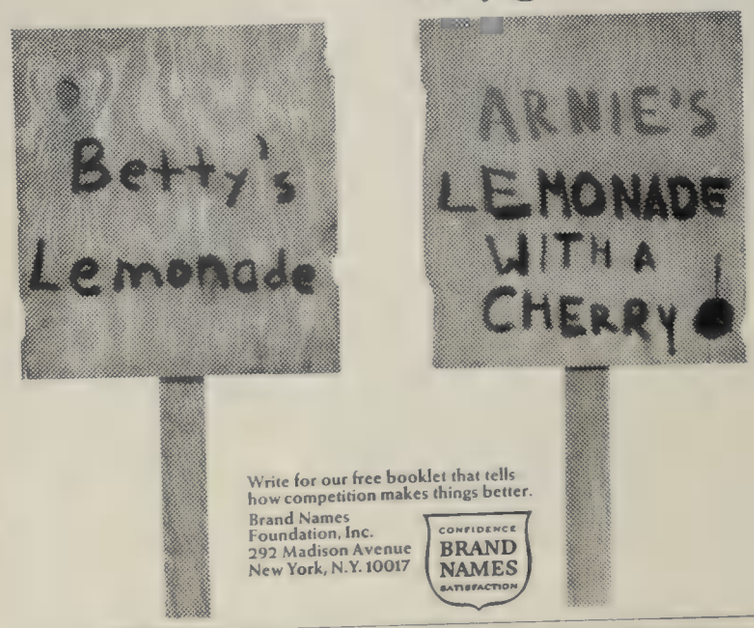

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The Mommy-Daddy-Grandma-Grandpa-Aunt-and-Uncle Armchair Shopper

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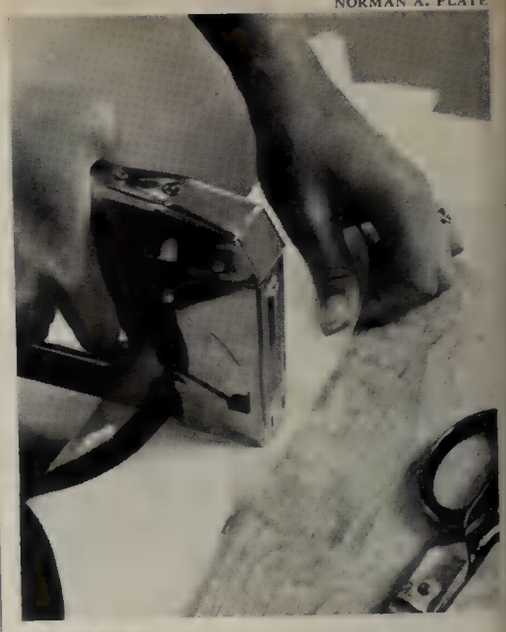
NORMAN A. PLATE



The fabric *is stretched and stapled to the back of the new plywood top*

top a good wall decoration when the table is not in use.

To renew your old card table, pull off the old surface (usually cardboard) and cut a piece of ⅝-inch-thick plywood to fit the frame. Round the corners slightly with sandpaper. The piece of vinyl-covered fabric should be about 6 inches larger than the plywood. For extra cushioning, put a piece of ¼-inch polyurethane foam between the fabric and the plywood. Stretch the fabric around the plywood and tack or staple it to the plywood; start stretching from the center of the sides and work toward the corners.

If you need to add new edges, cut them from 2¼-inch molding. Make the inside measurement ⅛ inch longer than the plywood sides to leave room for the vinyl and foam.

Assemble the edges using 3-penny finishing nails. Sink nails and putty holes. Paint the edges and the legs and your old card table will look like new.

GLENN CHRISTIANSEN

With some *styles of table, a new edging will be needed. Miter the corners for best effect, or use butt joints*

SUNS

New -- a pre-pasted vinyl fabric for fun decorating.

It's scrubbable, strippable and guaranteed for 5 years.*

New Glendura®—the only vinyl coated woven fabric wallcovering that's soil-resistant—and pre-pasted & pre-trimmed so you can hang it yourself. New Imperial Glendura wallcovering is ideal for kitchens, family rooms, baths, halls—anywhere that staining or scuffing are problems. Even lipstick, grease, and crayon wipe off easily. And redecorating with Imperial wallcovering is fun to do: Simply cut to length, immerse in the water box provided, and hang it!

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*Guaranteed 5 years not to fade, and to clean satisfactorily if our instructions are followed. If failure should occur, new wallcoverings of equal value will be furnished by your Imperial dealer through his Imperial distributor free of charge.

Halloween adventures...some cautions

Newspapers tend to feature the freak, one-of-a-kind accidents that pile up around any holiday, and Halloween is no exception. Fortunately these are unusual stories, but Halloween has some built-in hazards and it's a good idea to keep them in mind so you can take the necessary precautions.

To highlight some of the hazards and point out the cautions, we have checked with parents and civic authorities. Here is what they say:

The most important step is to make sure younger children are supervised by a parent or responsible older brother or sister. If the children are old enough to go on their own, have them tell you exactly where they are going and how long they will be out.

Little children usually start after an early dinner. That way they avoid frightening pranks played on them by rambunctious older children who go out later. They do, however, run into danger at dusk, when it's difficult for drivers and children to see each other.

Carrying a flashlight or battery-operated lantern will help Halloweeners wind their way through bushes and hidde steps, as well as warn motorists tha someone is crossing the street.

The mask

If the child has made the mask himsel sometimes the holes don't correspond t his eyes. Reposition them by drawing pencil mark on the mask when it is c the child's head. Then remove the mas and enlarge the holes with scissors or mat knife.

If the elastic around the head is loos tighten it with a knot. Check it by ha ing the child jump up and down a fe times before he goes out. It's a simp test and a good way to save skinne knees and hands.

Some of the ghoulish masks in toy sho are made from rubber. Many childr love them, but some may react to t close fit. If your child's skin is sensitiv it might be better to choose another ty of mask.

The costume

Whenever possible, select a flamepro costume. Check on the box to see that is labeled fire resistant or at least fla retardant. If you're making the costum stay away from gauzelike materials synthetics that might flame rapidly. make a costume temporarily firepro soak it in a solution of 3 ounces bo acid, 7 ounces borax, and 2 quarts water. Saturate the garment and let drip dry. The material will resist fire u til the garment is washed.

Check costume length to be sure it ca be tripped over. Eliminate long scar or sashes. Dangling swords or anyth pointed should be left at home.

Bicycle shops sell red and white s adhesive fluorescent tape that adds co to a costume and gives the wearer p tection when crossing the street. A of tape 1 inch wide and 30 inches l costs 55 cents. You might also want use red 1-inch-diameter stick-on refl tors (about 50 cents).

Pumpkins

Pumpkins lighted with candles should placed well away from the front d This is an obvious precaution, but that is often ignored. A small covey children at the door can easily kick o a pumpkin and send a candle roll out. Trailing costumes can also sw over an open pumpkin and be igni You might set pumpkins inside house and let the light shine throug window.

The treats

Be sure to tell the children to wait they are at home before they eat thing they've collected. This gives ents time to sort out candy that has been professionally wrapped, or other treat that looks suspicious.

Add the look of aged beauty with Rez 2-step antiquing kit

With a REZ Antiquing Kit you can add new color and charm to furniture or a variety of household accessories (from picture frames to louvered doors—whatever strikes your fancy) ... and create a unique conversation piece or even a whole new decor. Choose from beautiful vogue colors. Only two simple steps to follow. Base colors are *latex*—cleaning with soap and water. For color list and 32-page booklet on Antiquing/Wood Finishing, send name, address and 25c to REZ Company, Dept. 4B, Box 3638, Torrance, Cal. 90510.

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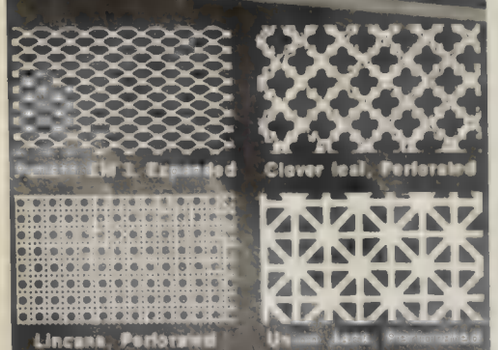

See the M-D display at your nearest Hardware or Building Supply Dealer

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m-d

Low table *by entry appears to float over lush ground covers*

Outdoor tables for her bonsai

Gardeners who collect bonsai plants, real ones or the instant kind, invariably run out of places to display them. Mrs. John A. Warren of Eugene, Oregon, with the help of landscape architects Lloyd Bond & Associates, solves the problem with these plant tables. Some are very low, so you look down on the plants or over their tops when the table is set outside a low window. Others are higher to bring the containers and the plants up closer to eye level. When M Warren runs out of space, she has mo tables built.

The tables are built for specific locatio so their height and width vary, but t tops of all are 3 by 3's spaced ⅜ in apart. The ends are beveled, and so a the sides of the two outside membe The 3 by 3's are fastened to the cr supports with ⅜-inch oak dowels f ished flush with the surface.

DON NORM

Table below *sits where people inside the house look across it to garden. Narrow, counter-height table at right is next to a vine-clad screen*

Remember the first time you wanted to re-decorate your house?

A few scraps of wood. ome left over cloth. And ıe job was done.

Of course, fixing up our house now is a lot more omplicated. And a lot more xpensive.

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We'll help you get the ıoney you need to improve our home. And we'll make everything as easy as possible.

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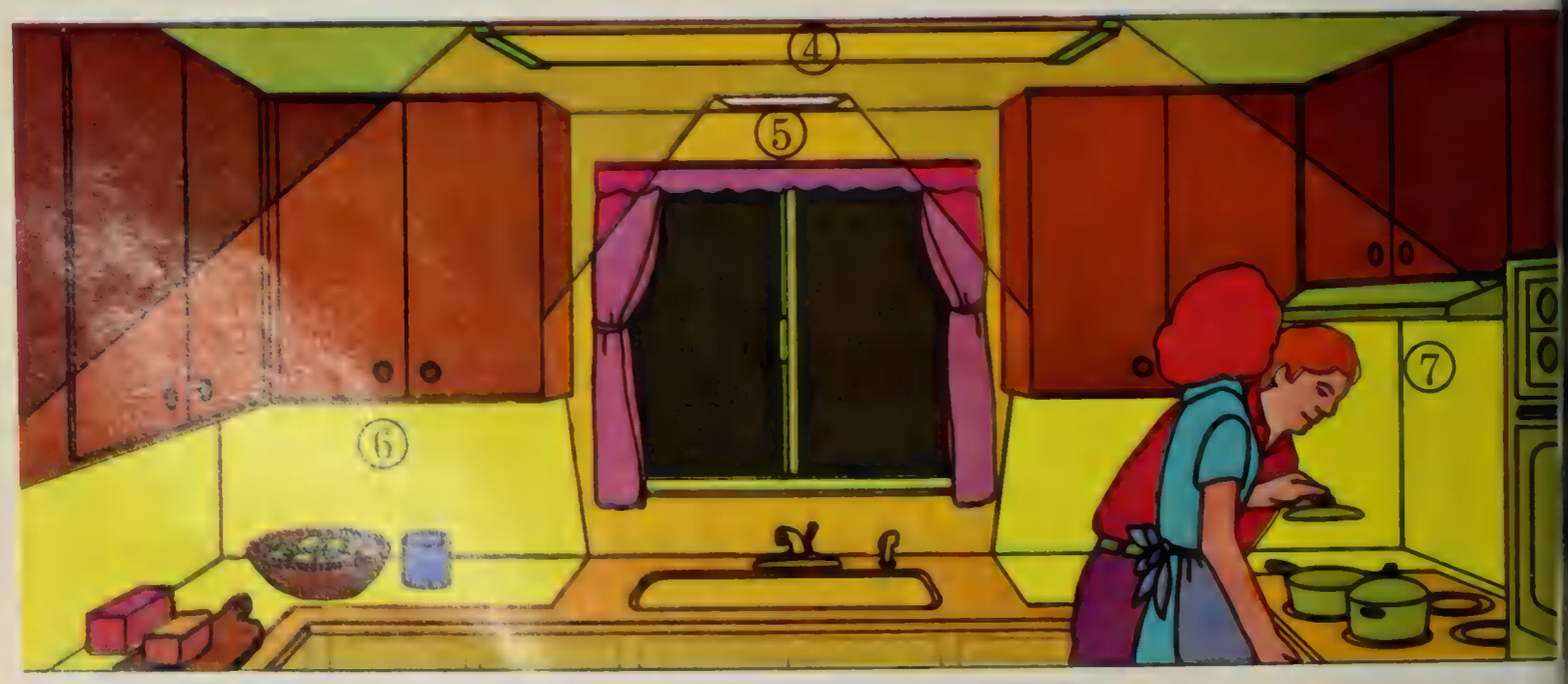
Ten bright ideas convenience and



for home safety, enjoyment.

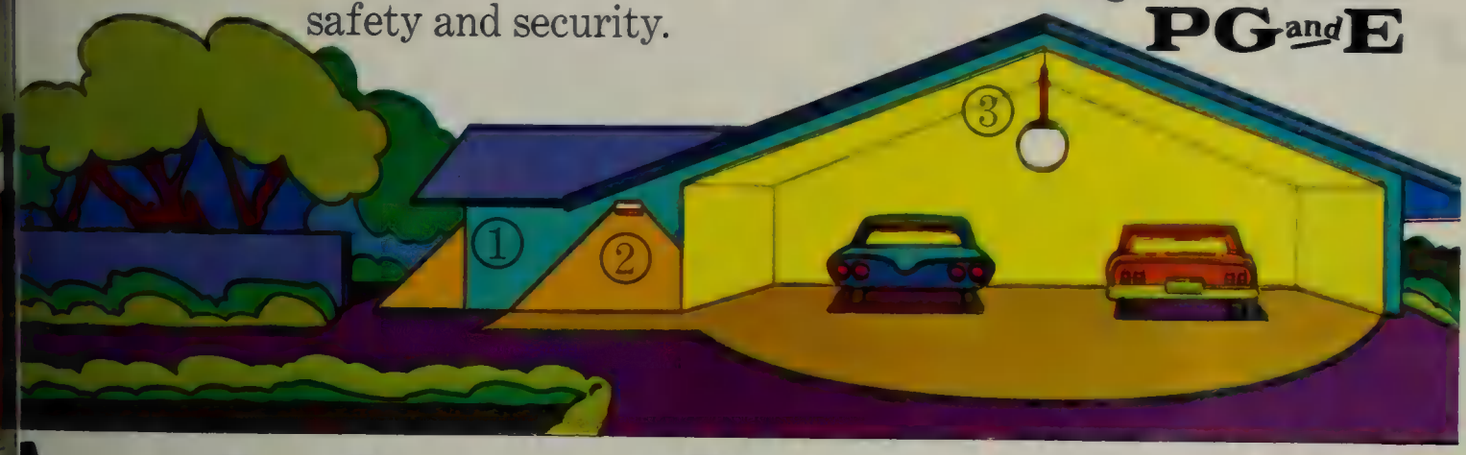
ood home lighting is more than mere "decoration." It makes tasks easier,

visually expands and enhances living and recreation areas, extends indoor living outside, and improves home safety and security.

Lights shown are: 1) Post lantern for general patio lighting; 2) Tree accent and low-voltage shrubbery lighting; 3) Lights to brighten steps; 4) Large fluorescent fixture for general kitchen illumination; 5) Task lighting over sink; 6) Counter lighting over work areas; 7) Hooded range light and fan; 8) Valance or cornice lighting; 9) 3-way Table lamp; 10) Picture accent spot.

Outdoor lights can help protect your property at night. 1) Walkway lighting; 2) Front area lighting; 3) Garage security lighting. A simple attachment will turn outdoor lights on at night and off at dawn, automatically. For some additional home lighting ideas ask any PG&E office for the free booklet–"The Light Book."

PG and E



And three for home security.

Cabinets *(simple boxes) stack together to hold books, stereo equipment, and other objects. Two are enclosed for speakers*

Mix and match storage units, easily built

Same cabinets, *different arrangement for a room divider, plus a TV set*

GLENN CHRISTIANSE

Made to whatever dimensions you want, and stacked together, these handsome cabinets will store and display many things in any room in the house.

The cabinets are made of heavy 2 by 12 lumber so they need no backs for support. They require no special workshop savvy, but some time and effort in shaping the corners.

The two that are shown housing stereo speakers are enclosed at the front by plywood panels cut out to mount the speakers, with 1 by 1 wood strips on the inner side to secure the panels to the cabinets with nails. Speaker cloth then covers all. The interior shelves are ¼-inch smoked glass. The cabinets were designed and built to a basic 24-inch modular width by Rick Morrall of Palo Alto, California.

To build similar cabinets, pick out the

Your right to know the truth in carpeting. Cadon® takes it seriously.

There is more consumer confusion per yard in carpeting showrooms than any shopping area we know.

With no practical knowledge of carpet differences, women enter the world of wall-to-wall misinformation utterly defenseless.

They try to make serious decisions based on color cards or fashion instinct. Not facts.

And the vaster the collections, the more chances for catastrophe.

Your carpeting money is laid down before your carpeting is.

Then comes the revelation.

You fell in love with a carpet that romanced you with its good looks, and it all turned out to be just another shabby affair.

Cadon® nylon carpet fiber has serious intentions.

We want to help you make a choice you can continue to love.

Why can nylon carpeting that looks beautiful on the showroom floor look shabby on yours?

Because nylon used to be transparent. And clear nylon showed the dirt deep down all too clearly.

So we have now made Cadon nylon opaque. We engineered a non-see-thru fiber which doesn't let you see thru to hidden soil. That's how Cadon carpeting stays showroom clean-looking till you're ready to vacuum it clean.

And it takes brilliant color more dramatically and evenly, as well.

Cadon is also non-allergenic, moth and mildew proof.

Are you ready for 15,000 volts of static shock?

Certain carpets will deliver 15,000 body volts of static shock, when you shake hands, or touch a door knob.

Cadon has all but eliminated this home shock treatment with a special chemical additive in our fiber.

Since there's less static build-up, Cadon holds less airborne dust, too.

How long will the pile stand up after the carpeting goes down?

Nobody knows till they put it to the test.

But why pay for carpeting and test it on your floor? Cadon has already had exhaustive laboratory tests. With extraordinary results.

One wear test wore out the sole of a shoe without troubling Cadon. (One-fifth of the trial wore a wool carpet straight through).

Another test approximating traffic of 64,000 people proved Cadon pile stood up with remarkable resilience and recovery.

Cadon is the serious nylon. It takes your investment seriously.

Now you're ready to put this ad down. And we believe you'll put down better carpeting as a result. We hope it's Cadon.

If not, you now have a guide to selecting carpeting with intentions as serious as yours.

Enjoy it.

CADON®: the serious nylon.

Cadon

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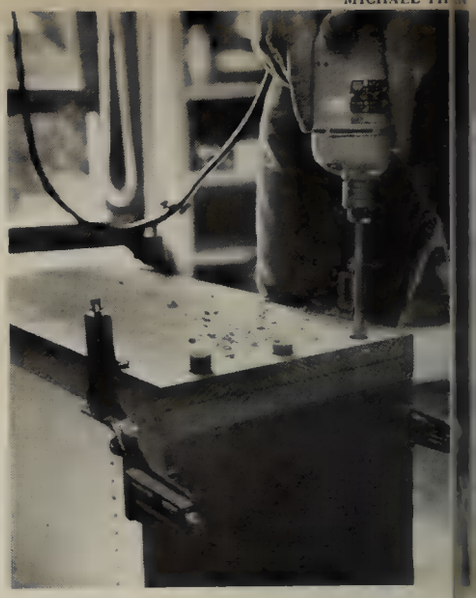
MICHAEL THIN



Assemble *cabinets with glue and ¾-inch dowels. Drill holes for dowels 3 inches long*

Use a rasp *or a power sander to round the cabinets' corners. Work downward with the wood grain*

straightest clear softwood planks you can find at your lumberyard (the examples here are redwood). If you don't have a radial-arm saw, it's best to have the lumberyard cut the pieces to the exact lengths desired.

You'll need to trim off the rough edges of the 2 by 12's; use a jointer, table saw with ripping fence, or ask the lumberyard to do this job too.

On the side pieces, measure in 2 inches and drill holes 1 inch apart for adjustable metal shelf pins. Sand the flat faces before assembling. Then glue the pieces together at right angles (the easiest way is to use corner clamps, as pictured above), and drill ¾-inch holes for dowels. Use softwood dowels of a contrasting color.

To round the corners, draw lines on the top and bottom pieces to show the limits of the curve, and draw arcs on the edges to outline the curve.

This General Electric Versatronic® Range cooked this 3 hour dinner in 51 minutes.

No tricks. No hocus pocus. To et this complete meal on the able in less than an hour you'll eed:

5 lbs. of frozen meat
2 packages of frozen broccoli
8 ears of fresh corn
1 Hollandaise sauce recipe
3 oranges
2 cups cranberry relish
1 frozen pound cake
2 packages frozen strawberries
1 quart frozen whipped topping
Coffee
1 General Electric Versatronic Range.

If you substitute a onventional range for the ersatronic, don't expect to ake it on time. Because the eneral Electric Versatronic ange cooks four times faster han any conventional oven.

It cooks food using microwave nergy, in an oven that's large nough to handle a family meal. ake that 5-lb. roast you see ere: it went from the freezer the dinner table in 43 minutes. e defrosted the frozen rawberries in 4 minutes ithout removing them from eir cardboard container and ouch.

You can bake, broil, roast or tiss in the conventional eye level oven above. The waist level oven below uses ordinary heat when you don't need the extra speed. And cooks with microwave energy when you do. It can also cook both ways at once.

SERVICE dom needed, ays nearby.

So you can speed-cook with microwave energy and brown with the electric heat at the same time.

This Versatronic Range has other great features, too. Like General Electric's P-7® Total Clean™ Self-Cleaning Oven System. It electrically cleans the entire lower oven, the upper oven panels, all oven shelves, the inside of the lower oven door, plus all the surface unit reflector pans.

It also has the latest surface unit features. Like General Electric's infinite controls that allow you to choose just the right heat for delicate sauces and gourmet dishes. Or like General Electric's three-in-one Sensi-Temp Calrod® unit that adjusts to 4", 6" or 8" size pots while it maintains settings from 150 to 500 degrees.

Then, there's General Electric's cordless Teflon® griddle. Easy-set timer controls turn ovens on and off automatically. The exclusive two-way exhaust system. Appliance outlets. And the full width illuminated cooktop.

You might say everything General Electric knows about cooking was put into this range. Just so you won't have to put in a lot of time in the kitchen.

GENERAL ELECTRIC

Can a beauty that is, match the beauties that were?

The furnishings: they're museum pieces.

The family: they're wearing authentic period costumes.

The room: authentic Louis XVI.

The carpet: Magee's new plush Heir.

To prove Heir's beauty, we've put it against the beauties that were.

Then we put a family of 13 and a dog on it to show what it can take.

Heir's secret: it's made as good as it looks.

Here's why:

Heir has a beautiful pin-point texture, it won't get a fuzzy—matted look.

Heir's 2-ply yarns give it more resistance to crushing.

Heir's pile uniformity gives it that velvet look.

Heir comes in 18 rich rainbow colors that have been wear and fade tested.

Heir is made with Acrilan for easy cleaning and long life.

Finally, Heir is made with 80 years of Magee know-how.

If you're a "touching is believing" person, your local Magee retailer will be only too happy to give you a touch test.

Now ask yourself:

What price to keep up with the beauties that were?

Heir's price makes it cheaper than you think.

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Start with our Model RE-7670. Today, a great stereo receiver. Tomorrow, a complete stereo system. A system you can build gradually. In case you're long on desire but short on capital.

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And once you get started with the RE-7670's kind of sound, there's no stopping. Because we built in a lot of jacks. And built the things that jack into them.

Like our 4-speed changer, Model RD-7673. Esthetically, you'll dig it because it matches the walnut-finished radio. Emotionally, you'll dig what it does for your records.

Like our tape decks. Either stereo cassette, Model RS-256US or 8-track stereo cartridge, Model RS-803US. It's a matter of taste. And by the time you're ready to add these, you'll have plenty.

But for now, just get the "Barrington," Model RE-7670. At any Panasonic dealer. It won't be long before it grows on you.

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just slightly ahead of our time

200 Park Avenue, New York 10017. For your nearest Panasonic dealer, call 800 631-4299. In N.J., 800 962-2603. We pay for the call. Ask about Model RE-7670

NORMAN A. PLATE

Planters *stand on corner legs that make them easy to stack in groups*

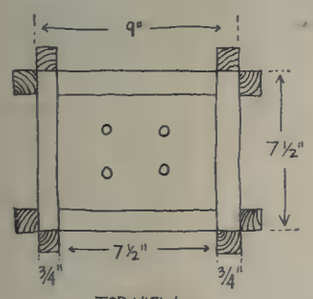
You can stack these wood planters

These planters, with corners extended top and bottom, can be stacked into a variety of arrangements.

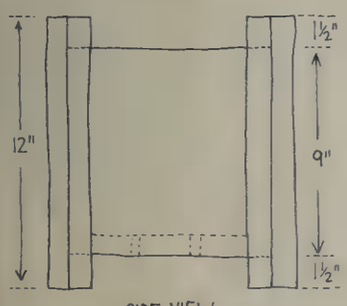
The lumber used is 1 by 8-inch rough redwood (actually ¾ by 7½-inch). The corners are simple lap joints, each capped with two 12-inch 1 by 1's. Half-inch holes in the bottoms allow for drainage.

To multiply variations you can build several planters on a modular system; these were built with a base 7½ inches wide and 9 inches long. Modules can be increased in length, width, or both (the depths can vary up to 12 inches). Companion planters for the ones shown are 15 by 9 inches, 15 by 18 inches, and 30 by 9 inches.

The planters were designed and built by J. G. "Skip" Law of Palo Alto, California. Each costs about $1.25 to build. □



TOP VIEW



SIDE VIEW

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[redacted]

1 package frozen chopped spinach, thawed
1 cup IMO
(optional – 4 beaten eggs)

[redacted]

DON NORMARK

Tree-shaded *bench 20 feet long has a backdrop of garden art*

Garden sculpture ... lighted panels

Three sculptured concrete panels with colorful plastic-covered apertures decorate the end of this screen-edged, ground level deck. From the house you see their bold designs and the colors as light passes through the apertures. Light boxes built behind the panels provide the same effect at night and on gray winter days.

The deck, screen, and sculptured panel concept was designed by landscape architects Lloyd Bond & Associates for Mr. and Mrs. Gordon A. Hood, Eugene, Oregon. Mr. Hood made the sculptures and the light boxes. □

Light boxes *(one for each panel) are open at bottom, have white plastic backs*

Each panel *was made by pouring mixture of vermiculite, sand, and cement into a mold cut from ¾-inch sheet of styrene foam*

Jenn-Air's new indoor grills...

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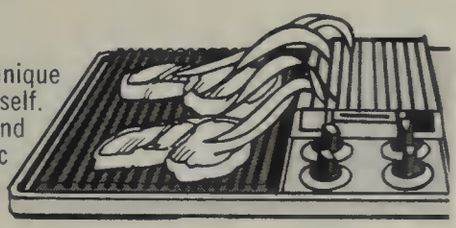
Exclusive Surface Ventilation. Jenn-Air's unique exhaust system is built right into the grill itself. Snares smoke and odors at their source . . . and whisks them quietly outdoors. This electric grill installs in as little as 18″ of counter space in your kitchen or rec room.



Great New Menu Flexibility. You'll use it everyday. Broil steaks and chops with authentic outdoor flavor. Grill hot dogs and hamburgers for the kids. Or add the accessories: A non-stick griddle for bacon and eggs, pancakes. An electric rotisserie for roasts, chickens. A shish kebab for exotic specialties.

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For years, car buyers in this country have been saying that instead of shiny new chrome every year, what they really want is a good car they can count on.

That's why American Motors and its dealers put together their 1972 Buyer Protection Plan.

Here's how it works:

A STRONG GUARANTEE IN PLAIN ENGLISH.

When you buy a new 1972 car from an American Motors dealer, American Motors Corporation guarantees to you that, except for tires, it will pay for the repair or replacement of any part it supplies that is defective in material or workmanship.

This guarantee is good for 12 months from the date the car is first used or 12,000 miles, whichever comes first.

All we require is that the car be properly maintained and cared for under normal use and service in the fifty United States or Canada and that guaranteed repairs or replacements be made by an American Motors dealer.

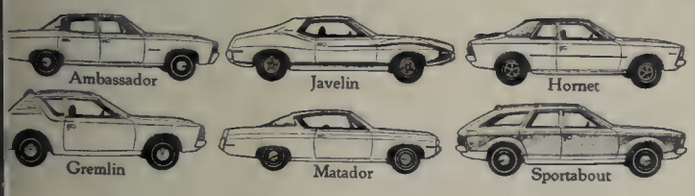
This guarantee gives you 12-month or 2,000-mile coverage on a lot of things most car warranties don't. It covers air onditioning, battery, radio, wiper blades, ront end alignment, light bulbs—literally verything we put on the car except tires.

In other words, if something we did oes wrong with one of our '72's, you on't have to pay for the parts or the ıbor.

We will.

A MORE THOROUGHLY-CHECKED CAR. FROM THE FACTORY AND THE DEALER.

Naturally, we wouldn't be backing our ırs like this if we weren't more sure of



ıem than we've ever been before. For 972, we've put in more quality control eps, more tests and more people to see ıat every car leaving our factory is as per-ct as man and machine can make it.

At the dealer's, it's checked over again.

Every car (not one of 50, one of 5, every one) is road-tested for starting, handling, braking and overall performance. When the serviceman completes the test, he signs his report and slides it over the sun visor, where you can see it.

And, when a man signs his name to something, you can be sure he's done his job. And done it right.

A LOANER CAR WHEN YOU NEED IT. FREE.

Not only do we offer you a strong guarantee, we've set up a system to back it up without inconveniencing you.

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A DIRECT LINE TO DETROIT. TOLL-FREE.

We're making some big promises, and we fully intend to keep them. But, just in case you have a problem, we have a way of handling it. When you buy a '72, you get the name and toll-free number of a person in Detroit.

If you call, we promise you you'll get results. And fast.

These aren't just fancy words. We mean it.

Nobody in the business does as much for you after you buy a car, and it takes a lot of time, men and money to do all of these things.

But we think it's worth it.

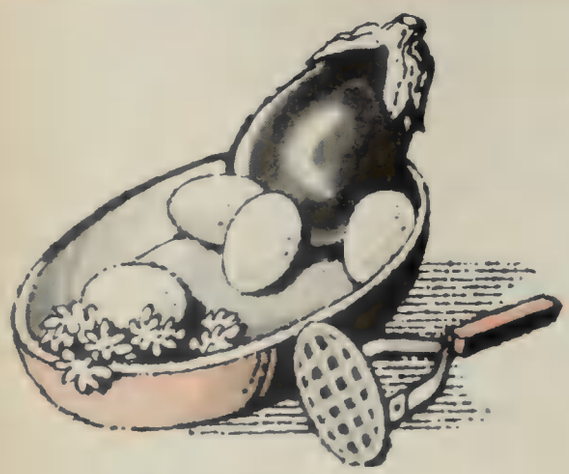
Since we're giving American car-buyers exactly what they say they want, we should sell more cars than we've ever sold before.

American Motors

Sunset's Kitchen Cabinet®

As the seasons change, oven cooking becomes more appealing. So our selection of recipes includes casseroles and a pot roast that demand little of the cook's attention.

The eggplant casserole can bake right along with a lamb or pork roast. Among the recipe surprises are fresh bean sprouts in the noodle casserole and dried apricots with the pot roast. The oven is also used for some sweet treats: a breakfast cake with crushed



Cooked eggplant whipped with egg makes light and creamy vegetable dish

Creamy Eggplant Custard

You might tuck this buttery vegetable casserole into the same oven with a leg of lamb or pork loin roast.

- 1 large eggplant (about 1¼ lbs.)
- Salted water
- 4 eggs
- 1 cup light cream (half-and-half)
- ¼ cup melted butter or margarine
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ¼ teaspoon dill weed
- ¼ cup finely chopped parsley

Peel the eggplant and cut it into 1-inch cubes. In a 4-quart pan heat about 1½ inches salted water to boiling; put in eggplant, cover, and cook until fully tender, stirring occasionally; it takes about 8 minutes. Drain well. Turn the eggplant into a large bowl and whip with potato masher or mixer until smooth (you should have about 2 cups). Add to the eggplant the eggs, cream, butter, salt, pepper, dill weed, and parsley. Beat until light and fluffy. Pour mixture into a greased shallow baking dish that you can also bring to the table (it should hold about 1½ quarts).

Bake, uncovered, in a 325° oven for about 35 minutes or until set. Remove from oven and serve immediately. Makes about 6 servings.—*M. H., Sunnyvale, Calif.*

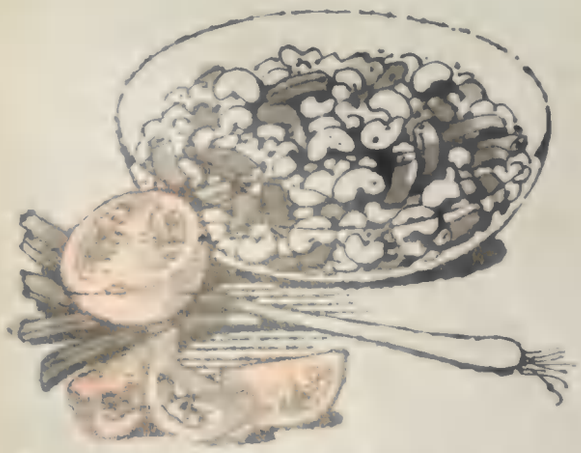
Cubes of lean meat with Cheddar and bean sprouts in a savory noodle dish

Green Noodle Casserole

You can use either pork shoulder or beef chuck in this casserole.

- 2 pounds boneless lean pork shoulder or beef chuck
- About 1 tablespoon salad oil
- 1 clove garlic, minced or mashed
- ¾ teaspoon *each* salt and sugar
- 1 can (10½ oz.) cream of mushroom soup
- ½ cup water
- 6 ounces spinach-flavored noodles
- Boiling, salted water
- 8 ounces Cheddar cheese, cubed
- ½ cup finely chopped, seeded red (or green) bell pepper
- 3 cups fresh bean sprouts
- ½ cup sliced almonds

Cut the meat into bite-sized pieces. Heat the oil in a Dutch oven over high heat, put in meat, and cook quickly until browned all over. Add the garlic, salt, sugar, soup, and water and stir until blended. Reduce heat, cover, and simmer gently until meat is tender (25 to 35 minutes). Cook the noodles in boiling water until just tender; drain. Remove meat from heat and stir in cheese until melted. Stir in the red or green pepper, bean sprouts, and noodles. Turn into a 2½-quart casserole and sprinkle with almonds. Bake, uncovered, in a 350° oven for about 20 minutes or until bubbly and hot. Makes about 6 servings.—*B. D., Bountiful, Utah.*



Fresh tomatoes play an important role in this version of mushroom bean salad

Tomato Bean Salad

A lower-calorie version of this uses yogurt instead of sour cream.

- 1 package (10 oz.) frozen cut green beans
- 1 package (10 oz.) frozen limas
- Boiling, salted water
- 3 medium-sized tomatoes
- 1 large green onion, thinly sliced
- ¼ teaspoon basil
- Dash liquid hot pepper seasoning
- ¼ cup bottled Italian-style dressing
- ¼ cup sour cream
- Tomato wedges for garnish (optional)

Cook the green beans and the limas separately in boiling, salted water as directed on the packages. As soon as each is tender, rinse quickly in cold water; drain well. Combine the beans and limas in a bowl. Peel the tomatoes, cut in halves, and squeeze gently to remove most of the seed pockets, then cut in cubes. Add tomato, onion, basil, and hot pepper seasoning to the beans. Pour in the Italian dressing and mix gently. Cover and refrigerate for 3 to 6 hours. Just before serving, mix in the sour cream and garnish with additional tomato if you wish. Makes 6 servings.—*R. M., Roseburg, Ore.*

If you use plain yogurt instead of sour cream, add ½ teaspoon sugar.

ig bars inside, and a delicious apple pastry.

If you have an original recipe, we invite you to mail it to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Noodle casserole or fruited pot roast, maybe with some apple squares

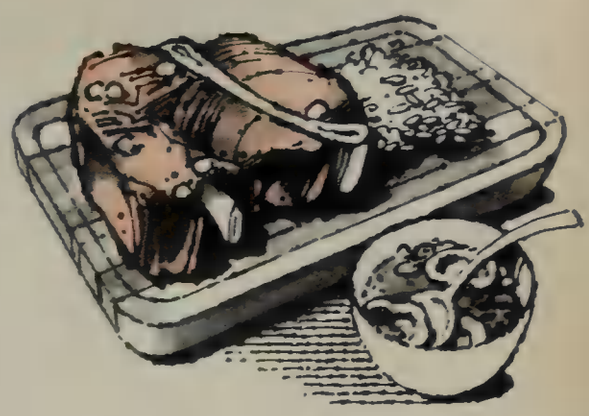
Fruited Pot Roast

Hot, cooked brown rice is a good accompaniment for the meat and gravy.

- 4½ to 5-pound beef chuck roast
- 1 teaspoon seasoned salt
- ¼ teaspoon seasoned pepper
- 1 tablespoon salad oil
- 1 large onion, chopped
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- ¾ cup dried apricots
- ½ cup seedless raisins
- ⅛ teaspoon allspice
- 2 tablespoons *each* cornstarch and water

Trim excess fat from roast; rub meat with the salt and pepper. In a Dutch oven, heat oil over medium heat; add roast and brown well on all sides. Remove roast; set aside. Add onion to pan and sauté until limp (about 5 minutes). Add tomatoes, breaking them up with a fork; return meat to pan, cover, and bake in a 325° oven for about 1 hour. Remove from oven and add apricots, raisins, and allspice.

Return to oven and bake for 1 to 1½ hours longer or until meat is tender. Remove meat to a warm platter; keep warm. Skim fat from pan juices and discard. Mix cornstarch with water until smooth; add to pan; cook, stirring, until thickened. Serve gravy in a bowl. Makes about 6 servings.—*J. T., North Hollywood, Calif.*



Golden apricots and plump raisins give a sweet tang to this beef chuck roast

Breakfast Cake

This cake is best served warm; you can reheat it if made a day ahead.

- 10 fig bars (about 6 oz.)
- ½ cup light brown sugar, packed
- ½ teaspoon grated lemon peel
- ¼ pound (8 tablespoons) butter or margarine
- ¾ cup granulated sugar
- 2 eggs
- ½ cup milk
- 1 teaspoon vanilla
- 1½ cups regular all-purpose flour (unsifted)
- 2½ teaspoons baking powder
- ½ teaspoon salt

Crumble the fig bars and combine in a bowl with the brown sugar and lemon peel. With your fingers mix in 2 tablespoons of the butter until coarse crumbs form; set aside.

Cream the remaining 6 tablespoons butter with the granulated sugar. Beat in the eggs until light. Stir in the milk and vanilla. Combine the flour, baking powder, and salt; add to creamed mixture. Mix well.

Pour half the batter into a greased 8-inch-square baking pan; spread evenly and sprinkle with half the crumb mixture. Cover with remaining batter and top with crumbs. Bake in a 350° oven for 40 minutes, or until cake tester inserted in center comes out clean. Serves 6 to 8.—*M. L., San Jose.*

Fig bars are crushed to make the crumb layer in the center and on top of cake

Apple Pastry Squares

Glossy apple slices bake on the buttery crust. Serve it warm or cold.

- ½ cup water
- 2¼ cups sugar
- 8 large tart apples, peeled and cut into ½-inch slices
- 1 teaspoon grated lemon peel
- 1 teaspoon cinnamon
- ⅛ teaspoon nutmeg
- 2 cups regular all-purpose flour (unsifted)
- ¾ cup (⅜ lb.) butter or margarine
- 2 egg yolks

In a Dutch oven combine the water and 2 cups of the sugar. Bring to a boil and add half of the apple slices; cook, stirring, until apples are glossy (about 6 minutes). Remove apples with a slotted spoon and cook remaining apples in syrup. Add to pan the lemon peel, cinnamon, nutmeg, and all the apples; remove from heat.

Combine flour with the remaining ¼ cup sugar; add butter and mix with your fingers until mealy. Add egg yolks and work with your hand until it forms a smooth ball. Press pastry into a 10 by 15-inch jelly roll pan, making a firm, even layer on bottom and sides. Bake in a 300° oven for 25 minutes. Remove from oven and arrange apples with syrup evenly over top. Bake 20 minutes longer. Makes about 16 servings.—*C. R., Las Vegas.*

Rows of shiny apple slices on pastry; serve with whipped cream, if you wish

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From Florence . . . savory liver pâté

In the rest of Italy, *crostini* means any toast or buttered bread presented at the beginning of a meal.

But in Florence, crostini means something very specific: bread spread with a special liver pâté. Street vendors, restaurants, and home cooks all have their ways to make the savory Florentine version. Anchovies, capers, and vegetables slowly sautéed in olive oil are typical ingredients.

Serve the spread warm, reheated, or cold; offer it as a snack or appetizer. For another delicious variation, float the crostini in bowls of hot broth.

Florentine Crostini

- 1 large onion, finely chopped
- 1 stalk celery, finely chopped
- 1 large carrot, finely chopped
- ½ cup olive oil
- 1 pound chicken livers or calf liver (trimmed of tough membrane)
- ¼ cup butter
- 1 tablespoon chopped canned anchovy fillets
- 2 tablespoons finely chopped capers
- Pepper
- Broth or consommé (optional)
- Minced parsley and whole capers
- Thinly sliced French rolls, toast, or crisp crackers
- Butter

Combine onion, celery, and carrot with olive oil in a wide frying pan; cook, stirring, over medium heat for about 15 minutes or until vegetables are quite soft but not browned. Add liver (if calf liver, cut in chunks) and cook over medium heat, stirring, for about 5 minutes or until firmed and slightly pink in the center (cut a gash to test). Stir in the ¼ cup butter until melted, then add chopped anchovy. Whirl mixture (a portion at a time, if necessary) in a blender to make a coarse purée, or mash with a mortar and pestle.

Blend in capers and season to taste with pepper.

To serve freshly made, present while still warm; to maintain heat, if desired, place on an electric warming tray or in a chafing dish with a hot water jacket.

To reheat, set the spread over simmering water; stir occasionally until warmed.

To serve cold, thin to a spreading consistency by stirring in broth or consommé, a little at a time.

Mound the crostini spread in a small dish and garnish with parsley and whole capers. Spread generously on slices of roll, toast, or crisp crackers (plain or buttered). Makes about 2½ cups.

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sier to make than pronounce.

Apple Kuchen

½ cup butter or margarine, softened
1 package *Betty Crocker* yellow cake mix
½ cup flaked coconut
1 can (20 ounces) pie-sliced apples, well drained
or 2½ cups sliced pared baking apples
½ cup sugar
1 teaspoon cinnamon
1 cup dairy sour cream
2 egg yolks or 1 egg

Heat oven to 350°. Cut butter into cake mix (dry) until crumbly. Mix in coconut. Pat mixture lightly into ungreased oblong pan, 13x9x2 inches, building up slight edges. Bake 10 minutes.
Arrange apple slices on warm crust. Mix sugar and cinnamon; sprinkle on apples. Blend sour cream and egg yolks; drizzle over apples. (Topping will not completely cover apples.) Bake 25 minutes or until edges are light brown. (Do not over bake.) Serve warm. 12 to 15 servings.
You'll also want to try:
PEAR KUCHEN: Substitute 2 cans (16 ounces each) sliced pears, drained on paper towels, for the apples and 1 package *Betty Crocker* devils food cake mix or German chocolate cake mix for the yellow cake mix.
PEACH KUCHEN: Substitute 1 can (29 ounces) sliced peaches, drained on paper towels, for the apples and 1 package *Betty Crocker* white cake mix or sour cream white cake mix for the yellow cake mix.

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Wrap 'N Roll-Ups

Let guests select their favorite and pop it in a bun. Or eat it just as is. Either way, it's easy to serve, easy to eat. Best Foods is so creamy, it makes the coleslaw filling juicy but never runny. That's real mayonnaise. Whole-egg Best Foods.

WRAP 'N ROLL-UPS

1/2 cup BEST FOODS® Real Mayonnaise
1 tablespoon vinegar
1 teaspoon salt
1/2 teaspoon sugar
1/4 teaspoon pepper
6 cups finely chopped cabbage
2 carrots, shredded

Combine ingredients. For each Roll-Up, overlap 2 slices of ham, bologna, salami, roast beef or Swiss cheese. Place about 1/3 cup coleslaw on one end and roll up. Serve with frankfurter rolls and Best Foods Mayonnaise. Makes about 14 Roll-Ups. *Note:* For variety, add celery seed, prepared mustard, finely chopped onion, or chopped green pepper.

BRING OUT THE BEST FOODS AND BRING OUT THE BEST

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Carne asada the Philippine way

'hat Philippine cooks call carne asada really one way they prepare ■ pot ast. Although in Mexico the term ually describes barbecued meats, the anish words "carne asada," translate nply as roasted meat.

is recipe from a Filipino family living Honolulu can be used two ways. One ay it's a beef chuck roast marinated en browned and simmered with owned potatoes. When you substitute whole roasting chicken for the beef, it akes a different dish, equally delicious.

ilippine Carne Asada

- 4-pound beef chuck roast
- 2 medium-sized onions
- 3 to 6 cloves garlic
- 4 tablespoons lime or lemon juice
- ⅓ cup soy sauce
- 3 tablespoons Worcestershire
- About 2 tablespoons flour
- About 4 to 6 tablespoons salad oil
- 4 medium-sized potatoes, peeled, cut in quarters
- ½ cup water

t the meat into ■ close-fitting dish or stic bag. Cut the onions into a blender ntainer, add garlic, lime juice, soy, l Worcestershire, and whirl until liqued (or finely chop onions and garlic l stir in liquid seasonings). Pour the on mixture over meat, cover, and reerate for 2 to 3 hours, turning sev- times.

in the meat, saving the marinade. t meat all over with flour, shaking any excess. Heat 3 to 4 tablespoons in a Dutch oven over medium-high t; put in the meat and cook until well wned on both sides. Lift meat out of and set aside. Add 1 or 2 tableons oil to the pan and put in potato es; cook, stirring, until nicely wned all over. Remove potatoes n pan and set aside. Put back meat, r over reserved marinade and the er, cover, and simmer for 1 hour.

potatoes to pan and cook until meat potatoes are tender, about 1 hour er (mix potatoes into juices occaally). Serve pan juices in a bowl. es 6 to 8.—*D. J., Honolulu.*

ken Asada

ad of the beef chuck in recipe e, use a 4 to 6-pound whole roastchicken. Wash it well. When you onion mixture over chicken, make it coats the inside also. Use only um heat for browning the chicken, ng it as needed to brown on all ; it takes about 25 minutes. □

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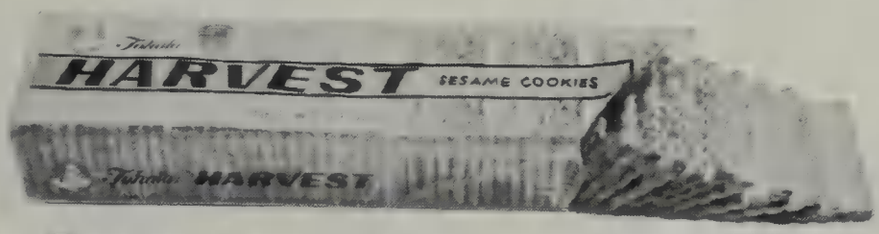

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Cool Italian idea . . . cook-ahead vegetable

Italians like their vegetables served hot, cold, and especially in between.

At room temperature each vegetable—eggplant, onion, green or red peppers, tomato, and zucchini—acquires a more complex spectrum of flavor. They can be offered singly or several together as a first course, as an accompaniment to meals, or as a salad. Their make-ahead aspect and adaptability as to when to serve suit them to Western meals.

You proceed in basically the same manner for each dish: Moisten vegetables with olive oil (an important flavor element), top with seasoned crumbs, bake ahead, and allow to cool; *do not chill.*

Prepare a full recipe of the prepared crumb mixture if you want to bake several vegetables; keep the crumbs covered and chilled for as long as five days.

Seasoned Crumbs

Cut end from 1 pound loaf sour or sw French bread. Slice and toast enough the center portion (about ½ loaf) make 1½ cups coarse crumbs; wh covered, in a blender. Mix crumbs w ½ cup minced parsley, ¾ teaspoon s 1 clove mashed or minced garlic, 1 spoon crumbled basil, ¼ teaspoon e crumbled rosemary and rubbed s

GLENN CHRISTIANSEN

You can expect *to be offered an impressive selection of baked vegetables—eggplant, onions, peppers, tomatoes, zucchini —served at room temperature, throughout Italy. The homey look is more than balanced by good flavor and ease of preparation*

halves, quarters, slices

6 tablespoons olive oil. Makes about cups.

plant Gratin. Trim stem from 2 l eggplants (about 1 lb. *each*) and rosswise in 1-inch-thick slices. Pour up olive oil in a 10 by 15-inch bakan. Coat eggplant slices in oil, then to 2 tablespoons seasoned crumbs first recipe) on top of each slice; le with 4 to 5 more tablespoons olive oil. Bake, uncovered, in a 375° oven for 1½ hours. Cool to room temperature. Makes 6 to 8 servings.

Onions, Bittersweet Style. Peel 4 large round onions and cut in half crosswise. Set cut side up in a close-fitting baking pan. Blend 1 teaspoon sugar with 1 tablespoon vinegar and drizzle evenly over onions. Pat 1 to 2 tablespoons seasoned crumbs (see first recipe) on surface of each onion, then drizzle with ¼ cup olive oil. Bake, uncovered, in a 375° oven for 45 minutes. Cool to room temperature. Makes 8 servings.

Baked Peppers. Cut lengthwise into quarters 3 large red (or green) bell peppers and remove seeds and pith. Arrange pieces close together, skin side down, in a close-fitting baking pan (about 8 by 12 inches). Sprinkle with ¼ cup seasoned crumbs (see first recipe) and drizzle with ¼ cup olive oil. Bake, uncovered, in a 375° oven for 45 minutes. Cool to room temperature. Pass lemon wedges to squeeze onto individual portions. Makes 4 to 6 servings.

Parmesan Tomatoes. Peel 3 large tomatoes (each about 3 inches in diameter) and cut in half crosswise. Gently squeeze out the juice and seeds.

Blend ½ cup seasoned crumbs (see first recipe) with 3 tablespoons olive oil, 2 cloves minced or mashed garlic, 1½ teaspoons anchovy paste, and 1 cup grated Parmesan cheese. Divide crumbs among the tomato halves, mounding firmly in place. Set tomato halves with crumb side up in a close-fitting baking pan and pour about 2 tablespoons olive oil into side of pan to moisten bottom. Bake, uncovered, in a 375° oven for 15 minutes. Cool to room temperature. Makes 6 servings.

Baked Zucchini. Trim stem and blossom ends from 1½ to 1¾ pounds small zucchini; cut in half lengthwise. Arrange cut side up in a close-fitting baking pan and sprinkle with ¼ cup seasoned crumbs (see first recipe). Drizzle evenly with ¼ cup olive oil. Bake, uncovered, in a 375° oven for 40 minutes. Baste zucchini occasionally with some of the oil if they look dry. Cool to room temperature. Makes 6 to 8 servings.

Peppers Stuffed with Eggplant. Cut 2 large red (or green) bell peppers in half lengthwise and remove seeds and pith. Immerse in rapidly boiling water to cover and remove when water returns to boil; drain well. Arrange cupped side up in a baking pan.

Cut 1 large eggplant (about 1¼ lbs.) in ¾-inch cubes. Combine with 6 tablespoons olive oil and 1 clove minced or mashed garlic in a large frying pan. Cook, stirring, over medium heat until eggplant is lightly browned and moist-looking; about 10 minutes.

Divide hot cooked eggplant evenly among the pepper half shells. Sprinkle eggplant evenly with ¼ cup seasoned crumbs (see first recipe) and drizzle with about 2 tablespoons olive oil.

Bake, uncovered, in a 375° oven for 30 minutes. Cool to room temperature. Accompany with lemon wedges. Makes 4 servings. □

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Poached egg *and wine-flavored cheese sauce complement these Mexican crêpes filled with a savory mushroom mixture*

Mexican "enchiladas" wrapped in French crêpes

The French influence on Mexican cuisine often surprises visitors familiar only with its Spanish roots. These two brunch entrées we tasted in Mexico City and Puerto Vallarta are good examples of how the two cuisines have merged.

In each, thin French pancakes enclose a savory filling. A creamy cheese sauce completes the dish; the effect is similar to, but more subtle than enchiladas.

Mushroom Pâté Crêpes

- 1¼ pounds mushrooms
- 4 tablespoons butter or margarine
- ¼ cup finely chopped green onion
- 1 can (2¾ oz.) liver pâté
- [illegible] tablespoons regular all-purpose flour
- ¼ teaspoon prepared mustard
- ⅔ cup regular strength chicken broth
- ½ cup whipping cream
- ⅓ cup dry white wine
- 1⅓ cups shredded Swiss cheese (about [illegible] oz.)
- [illegible] French crêpes (recipe follows)
- [illegible] eggs
- Water

Slice 4 or 5 of the mushrooms. In a large frying pan sauté slices in 2 tablespoons of the butter until lightly browned; lift from pan with a slotted spoon and set aside for garnish.

Finely chop the remaining mushrooms; add to pan with onion and cook over medium heat, stirring, for 3 minutes. Remove from heat and stir in pâté, cut in chunks; blend well and set aside.

To make the sauce, melt the remain 2 tablespoons butter in a saucepan; in flour and mustard and cook u bubbly. Remove from heat; gradu add broth, cream, and wine. Cook, ring, until thickened. Remove from and mix in 1 cup of the cheese. about half the sauce into four sha round or oval ovenproof dishes (indi ual serving size) or rimmed plates.

Divide mushroom filling among crêpes; roll each to enclose filling. P 2 filled crêpes, seam sides down, in dish; pour over remaining sauce sprinkle with remaining cheese. B uncovered, in a 350° oven for abou minutes or until cheese is melted crêpes are heated through.

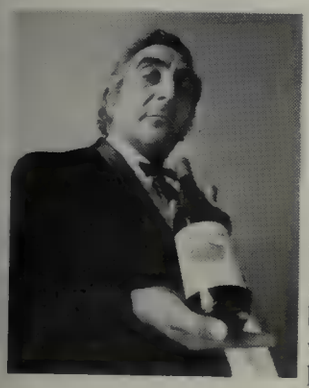
Meanwhile poach eggs in simm water for 4 minutes, or until white set and yolks are still runny. Re eggs with a slotted spoon and place on top of crêpes in each dish. Ga with reserved mushroom slices. Ser

French Crêpes. In a blender comb cup milk and 3 eggs; add ⅔ cup re all-purpose flour (unsifted). Cover whirl smooth (or blend eggs and with a wire whip; then add flour an until smooth).

Place a 6 to 6½-inch crêpe pan (or

INGLENOOK VINEYARDS, RUTHERFORD, CALIFORNIA 94573

A LITTLE BOTTLE OF WINE SHOULDN'T MAKE YOU FEEL LIKE A FOOL.



Wine with a meal should be one of life's biggest pleasures.

But the act of ordering and tasting it can be one of life's biggest pains.

That's because how much you know about wine has somehow become an index to how much you've been around. And when the waiter hands you the wine list, it's as if he's handing you your final exam. And the worst part is, it's an oral exam.

We at Inglenook Vineyards would like to help. We think if you knew exactly what all the ritual was about, you'd feel a lot more comfortable about ordering fine wine with your meals. Which is certainly in our best interests.

BE PREPARED.

First, you ought to be able to pronounce wine names correctly. Nothing can shake your confidence more thoroughly than to blurt out your order and pronounce it completely and totally wrong.

INGLENOOK'S GUIDE TO PRONUNCIATION

WHITE DINNER WINES	
Chablis	sha-blee'
Pinot Chardonnay	pea-no shar-doh-nay'
Pinot Blanc	pea-no blanh
Chenin Blanc	she-nahn blanh
Sauterne	so-tairn'
Sauvignon Blanc	so-vee-nyonh blanh
Semillon	say'-mee-yonh
Riesling	reez'-ling
Sylvaner	sil'-vah-ner
Traminer	trah-mee'-ner
RED DINNER WINES	
Charbono	shar-bo-no
Gamay	gah-may
Pinot Noir	pea-no no-ahr
Red Pinot	red pea-no
Cabernet Sauvignon	kab-er-nay' so-vee-nyonh
Zinfandel	zin-fan-dell
Gamay Beaujolais	gah-may boh-sho-lay

Or worse yet, just pointing to a wine on the list and saying, "Er, ah, we'll have a bottle of that one."

Most people have trouble with wine names because they're mostly French words. Actually, they're really not that hard if you work at them a bit. This pronunciation guide should help.

KNOW WHAT'S HAPPENING.

Now let's go through the whole thing step by step. First you order the wine, pronouncing it correctly. So far, so good. The waiter brings it out and shows it to you. At this point, you're supposed to inspect the label to see if it's the wine you ordered. Check the brand, the type of wine, and the vintage.

That done, the waiter should now open the wine. This is a ritual in itself. A good wine steward should remove the cork and smell it. This is to see if everything is alright. If the bottle has been stored in an upright position, the cork could dry up and air could get through and spoil the wine.

The cork should be placed beside your plate and the wine left open on the table, but not poured. This allows the wine to come into contact with air, which expands its bouquet and gives it a fuller taste. Just before the main course, the waiter should return to pour the wine.

"IT'S A GOOD POISON, BUT IT'S NOT A GREAT POISON."

What follows here is a ritual dating back to the Middle Ages. At that time, a good way to kill off your enemies was to invite them to dinner and slip a little poison in their wine.

Needless to say, everyone soon got a little paranoid about going over to someone's castle for dinner. So in order to set the guests at ease, the host would take the first sip of wine.

We do the same thing today, but there's a more practical reason for this. The host, or man at the table, takes the first sip of wine simply to see if the wine has turned. If a wine has "turned" it has begun to dry out or oxidize. All wines will become corky and sour, if they are exposed to the air for a long period of time. So if the wine tastes unsatisfactory to you, send it back.

AN EASY WAY OUT.

If you still feel a little threatened by the whole situation, here's an easy way to get on top of it.

Ask the waiter which wines on the list are estate bottled.

An estate bottled wine is made only from grapes grown in vineyards under the constant supervision of the vintner.

Then ask him, of those wines, which ones come from Napa Valley.

And of those, which wines are vintage wines.

That should narrow it down to Inglenook.

Which will probably be the most expensive wine on the list, and the best.

The waiter is sure to give you some points for your selection of wine.

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The big blond
ecstasy pills
you eat one
at a time

Peanuts you gobble. Almonds and cashews you gulp. Not Royal Hawaiian Macadamia Nuts. They're too big. Too expensive. Too rare. Too ecstasy-inducing. So you eat them one at a time. They're in your supermarket and other fine food stores in the blue jar or tin with the hula dancers.

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ROYAL HAWAIIAN® MACADAMIA NUTS

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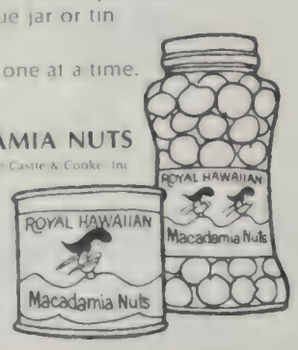


Write for free recipe booklet: Macadamia, One Bush Street, San Francisco, California 94104

flat-bottomed frying pan of this size) or medium heat. When the pan is hot, add ¼ teaspoon butter and swirl to coat surface. At once pour in about 1½ tablespoons of the batter, quickly tilting pan so batter flows over the entire flat surface. (If the heat is correct the crêpe sets at once, forming tiny bubbles—don't worry if there are a few little holes.) Cook until the surface appears dry and the edge is lightly browned. With a wide spatula turn and brown the other side. Turn out of pan onto a plate.

Repeat this procedure for each crêpe, stacking them. Stir batter occasionally. If you do not use them within a few hours, package airtight when cool; refrigerate for as long as a week or freeze for longer storage. Allow crêpes to come to room temperature before separating, for they tear if cold. Makes about 16 crêpes.

Puerto Vallarta Crêpes

- 1 large can (15 oz.) tomato sauce
- ⅛ teaspoon garlic salt
- ¼ teaspoon oregano
- 2 canned whole California green chiles, seeded
- ⅓ cup sour cream
- 1½ cups shredded Jack cheese (about 6 oz.)
- 2 packages (4 oz. *each*) cooked ham
- French crêpes (recipe precedes)

In a blender combine the tomato sauce, garlic salt, oregano, green chiles, and sour cream. Whirl until blended and smooth. Pour about half the sauce into four shallow ovenproof dishes (individual serving size) or rimmed plates.

Set aside ¾ cup of the cheese; divide the ham and remaining cheese among the crêpes; roll to enclose filling. Place filled crêpes, seam sides down, in each dish; pour over remaining sauce and sprinkle remaining cheese over top.

Just before serving, bake, uncovered, in a 350° oven for about 10 minutes or until cheese is melted and crêpes are heated through. Makes 4 servings.
L. G., San Jose.

Did you try our adobe oven?

If you built and baked in the adobe oven featured in the August 1971 issue of *Sunset*, we would like to know how things worked out. What successes or failures did you experience when constructing the oven and when cooking in it? What have you tried to cook besides the bread, roast, and vegetables suggested in the story?

With your help we'd like to pursue more adobe oven cooking. Write to Adobe Oven Editor, *Sunset Magazine*, Menlo Park, California 94025.

CHECK OUT A SUNSET COOK BOOK

Take the new soft cover edition of the popular *Sunset Cook Book for Entertaining*. Look it over carefully—more than 250 recipes, menus, and party plans including luncheons, dinners, picnics, breakfasts, barbecues, and late suppers. In addition, there is a world of new ideas for light entertaining with snacks, appetizers, spreads and dips. There are all types of food here—from simple to elaborate, casual to formal. Special informational panels throughout the book present such extras as how to fold fancy napkins, a guide to serving cheeses, and how to have a wine tasting. Here is relaxed, gracious entertaining for the busy hostess. Only $1.95

There are 15 cook books in the *Sunset* series which sell for $1.95 – including everything from appetizers to desserts. Look for them in this and other displays of the more than 100 *Sunset* building, gardening, travel, hobby and craft books in fine stores throughout the West. **Sunset Books**

Hotpoint

HARVEST of

Come reap

Model RB 735 **$279.95***

First in this bounty of 5 appliance values, is our Hotpoint self-clean range. It's loaded with convenience features.

The pyrolytic self-cleaning oven cleans the entire oven . . . shelves, oven sides and door, plus the drip pans from the surface unit above. And you can pre-set it to start any time you like. There's also an oven timing clock, built-in appliance outlet, and one of the 4 surface units is a special high speed unit. It lets you thaw and cook frozen vegetables in just minutes. And there are many other outstanding features, too.

Model CTF 15AL **$319.95***

Next, for food-storing space aplenty, we offer you this big 15.1 cubic foot Hotpoint no-frost refrigerator.

The refrigerator's freezer has a big 129.5 pound storage capacity. It has 4 refrigerator shelves, 2 in-the-door shelves, twin slide-out crispers, egg rack and covered dairy storage spaces. A beautiful Dura-Lustre exterior finish that resists chipping, fading or yellowing, keeps the refrigerator looking beautiful. And it rolls out on wheels.

Model WLW 2400 **$199.9**

Our Hotpoint automatic washer is another fine worksave for you.

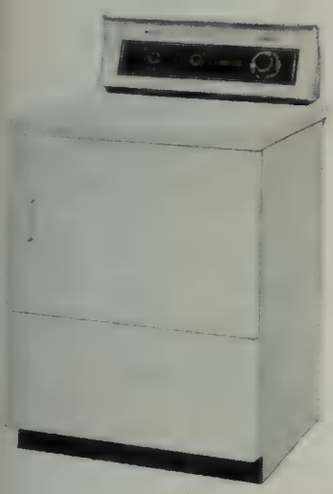
It has 3 different wash cycl including one that deep soaks clothes to loosen soil and ground in dirt. Three water temperatur selections insure proper care of fabrics with automatic cool dow that helps reduce wrinkles. The Fountain-Filter® washing actio tumbles fabrics so every surface is exposed for a thorough washing. And a porcelain-enamel fin inside and out keeps the washer looking beautiful while it prote it from rust, scratches, mars and stains.

Hotpoint
A quality product of General Electric Company

Hotpoint quality is backed by Hotpoint service.

VALUES

he benefits.



el DLB 1100 **$139.95***

A good companion for the
oint washer, and another
to make your life easier, is
natching Hotpoint automatic
es dryer.
It takes special care of
es with 2 separate drying
eratures: "normal" with
anent Press Cool Down for a
ar load and "fluff dry" for
al items such as draperies.
e's an easy to clean up-front
lter, plus a timer control that
ou decide exactly how long
es will dry (up to 140
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-open door makes loading
nloading very easy.

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ur participating Hotpoint dealer for
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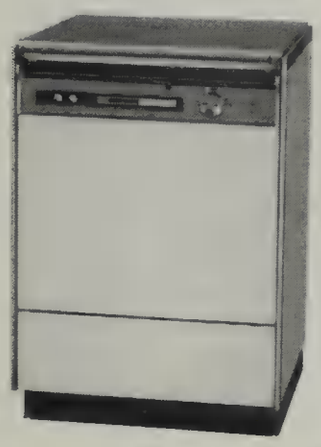

Model DB 650 **$219.95***

Finally, you can reap the benefits of a "whisper-clean" Hotpoint dishwasher.

Special sound-deadening insulation on the dishwasher sides, back, service panel and door reduces dishwashing noise. The dishwasher automatically injects wetting agent into final rinse for spotless drying. This model also features an all purpose Maple work top, and a soft food disposer that removes food waste at each drain period in the machine's operation. Its 3-level wash action gives dishes a thorough wash at a water temperature hotter than hands could stand.

Right now, during Hotpoint Harvest of Values, we've got a crop of ways to help make your life easier. See them at your participating Hotpoint dealer.

See the harvest of values at these Hotpoint dealers

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East Bay Appliance
2424 Central Ave.

Arnold
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P.O. Box 7

Berkeley
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1050 Gilman St. at
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Chico
C. Meek Lumber Co.
2020 Park Ave.

Corcoran
Hammond's TV & Appl.
1117 Whitley Avenue

Eureka
Everybody's Furn. Mart
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Fremont
Smith's TV Appl. & Furn.
37815 Niles Blvd.

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Bilsten's
4477 No. Blackstone
Daniels Columbia Furn.
844 Van Ness
Sierra Supply
4245 E. Belmont
Sun-Maid Furniture Co.
1027 Broadway

Greenfield
Greenfield Appl. Center
230 El Camino Real

Guerneville
Perry's
15650 River Rd. (Box 46)

Hayward
East Bay Appliance
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Johnson's
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Lemoore
Lowe's Appl. - Sport. Gds.
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Paul Sauer Appliances
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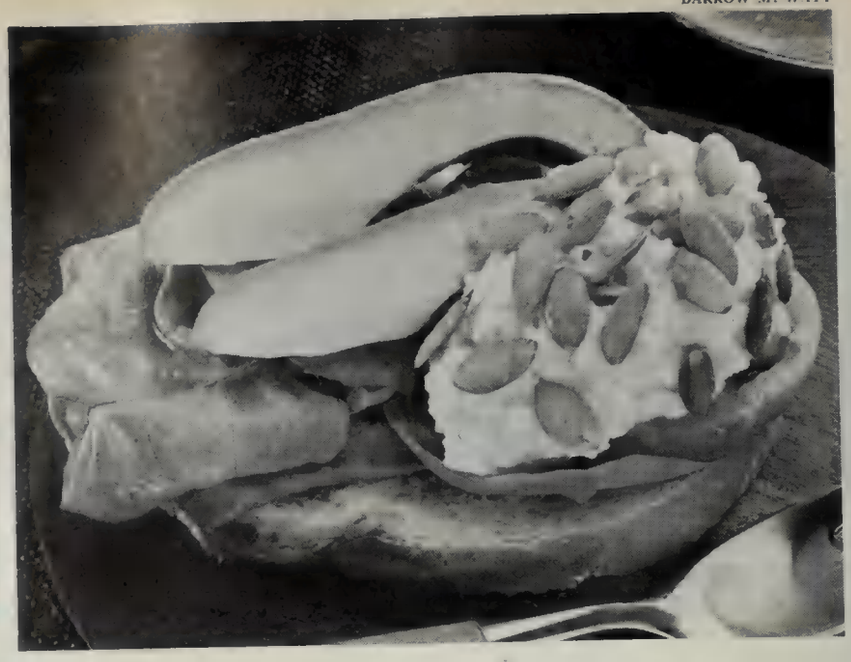
DARROW M. WATT



Variety *of textures distinguishes this knife-and-fork sandwich*

Open-faced sandwiches using vegetables, seeds, eggs, cheese

These appealing open-faced sandwiches feature some unusual combinations of vegetables, eggs, and cheese. One is served cold and two hot; all are quickly assembled for a family lunch or for guests.

Avocado and Cottage Cheese Sandwiches. For 4 sandwiches you need 4 slices whole grain bread, butter or margarine, 4 leaves lettuce, 1 avocado, 2 tablespoons lemon juice, 2 small tomatoes, ½ pint small curd cottage cheese, and about ½ cup roasted salted pumpkin seeds.

Peel and slice the avocado and sprinkle with lemon juice. Peel and slice tomatoes. Toast bread; butter slices lightly. Cover with lettuce and arrange 2 or 3 avocado slices on each; top with 2 or 3 slices of tomatoes. Spoon a mound of cottage cheese on each and sprinkle with pumpkin seeds. Makes 4 sandwiches, or 2 to 4 servings.

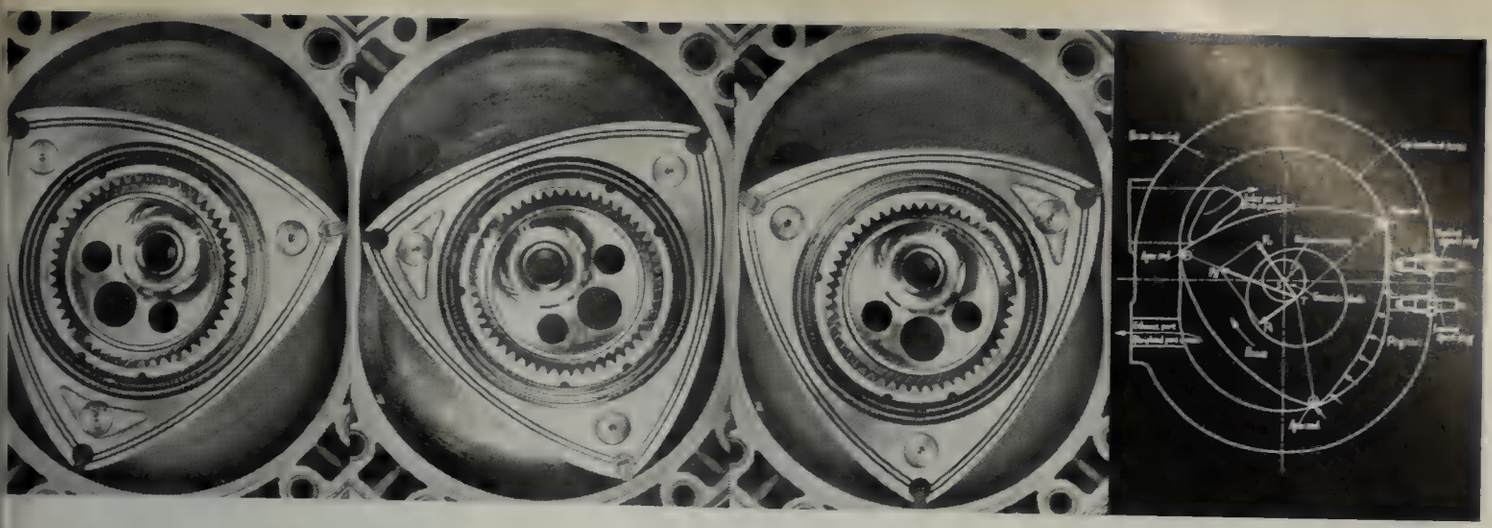
Artichoke Frittata Sandwiches. For 4 sandwiches you will need 1 package (8 oz.) frozen artichoke hearts, 2 green onions, chopped, 8 eggs, about 3 tablespoons butter or margarine, ½ cup shredded Parmesan cheese, 4 slices rye bread, and 4 leaves lettuce.

Cook artichoke hearts in boiling salted water for 5 to 7 minutes, or until tender; drain. Add 1 tablespoon butter and the chopped green onions and heat, stirring, 1 minute.

For each sandwich, beat just until blended 2 eggs, ½ teaspoon salt, dash of pepper, and 2 teaspoons water. Heat a 7 or 8-inch frying pan, add 2 t spoons butter, and when it stops sizzli pour in the egg mixture. Cook o medium high heat until the egg mixt sets on the bottom; add ¼ of the a chokes and onions and sprinkle wit tablespoons of the cheese. Place un a preheated broiler, about 4 inches fr the heat, until cheese melts and the to slightly browned. Slip onto a platter keep warm in a warm oven while make 3 more frittatas. Toast and lig butter the rye bread, cover with lett leaves, and arrange a frittata on top each. Makes 4 open-faced sandwic or about 4 servings.

Jack Cheese and Mushroom Sandwic For 4 sandwiches you will need pound mushrooms, 2 medium-sized matoes, 6 ounces sliced jack chees slices light rye bread, butter or ma rine, and parsley sprigs.

Wash and slice the mushrooms. He tablespoons butter or margarine i large frying pan, add mushrooms sauté 2 minutes, or until glazed; rem pan from heat. Toast the bread, b lightly, and cover each slice with a l of mushrooms, reserving ⅓ of them garnish. Peel and slice tomatoes an range a layer on top of the mushro Cover each sandwich completely the cheese. Place on a baking sheet der a preheated broiler (about 4 in from heat) and heat just until the ch melts. Spoon reserved mushrooms on and garnish with parsley sprigs. Mak sandwiches, or 2 to 4 servings.



Detroit is spending $50 million to study the rotary engine.

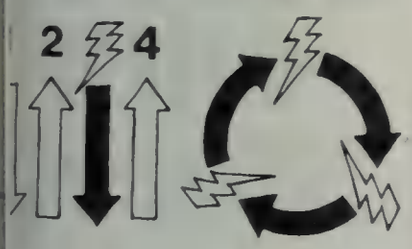
Experience a new Mazda and you'll know why.

Subversive Activity

fter ten hard years of applied engi-ing, research and testing, Toyo yo has perfected an extraordinary power unit that is shaking the motive establishment.

s the Mazda rotary engine. And it's impler and more efficient than the ne in your car.

Revolutionary



'iston engine

gasoline burns ylinders. ons are forced and down. s vertical mo- must be nged into ry motion to car wheels.

Rotary engine

This logically-designed engine has no wrong-way motion. No need to change directions. It spins out smooth, constant rotary motion from the beginning.

ROTARY ENGINE: LICENSED BY NSU WANKEL

June 15, 1971

Firepower

The Mazda rotary is a totally different automotive design. Our regular two-rotor engine equals any of the establishment's six-cylinder engines in 'firepower'. It runs turbine-smooth with much less of the vibration that wears a car out. As Road Test Magazine said, "The lack of vibration and noise makes it difficult to be aware of the engine." (That's partly why we decided to fit tachometers.) Mazda's performance has attracted widespread attention, too. In the major 1970 European endurance races, our rotary cars consistently humbled others two and three times bigger.

Absent Friends

Even so, the Mazda rotary engine lacks a terrible lot.

Things like pistons, rods, valves, cams, and chains. But don't worry about it. Because our rotary engine doesn't need them. It functions at full output with only a few moving parts.

Democracy

We know—the Mazda rotary is new to you. And new to America. But not to the rest of the world. Over 150,000* of them have proved their rugged reliability on the roads of France, Canada, Australia and 51 other countries. Now, for those Americans who feel they're ready to switch, we've built some beautiful cars around the rotary powerplant. There's the already world-famous R100 coupé and the sleek new RX-2.

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Toyo Kogyo Co., Ltd., Hiroshima, Japan.

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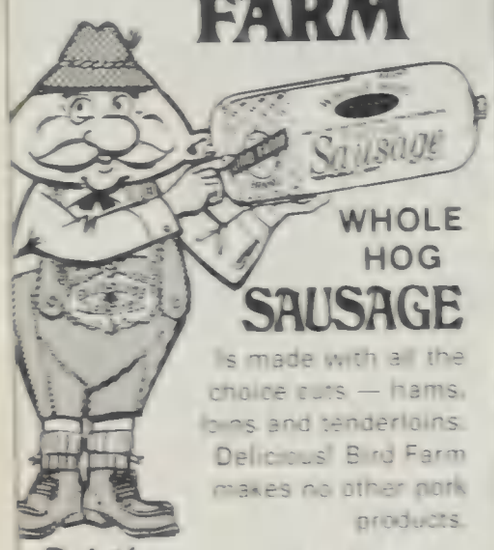

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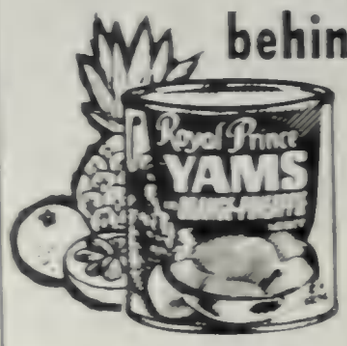

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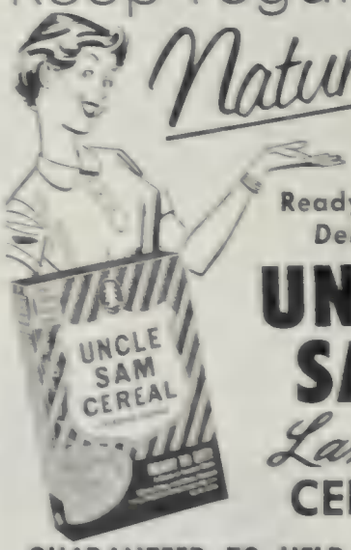

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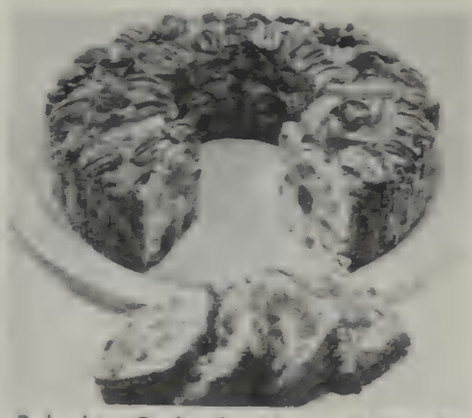

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There's still time to order Original DeLuxe, "that famous Corsicana, Texas, Fruit Cake," for all your friends. Delight them with the only fruit cake delicious enough to win the New York Gourmet Society award . . . only fruit cake served by hostesses in 158 different lands (its 75-year history in every tin). Crammed with luscious fruits and rich native pecans, DeLuxe is custom-baked, shipped fresh and moist from our kitchens. Never sold in stores. Guaranteed the best you've ever bought, baked or eaten, or money refunded. Send gift list with check or money order now for pre-Christmas arrival. Tell us how to sign cards. Holiday packed, postpaid: 2-lb., $4.75; 3-lb., $6.55; 5-lb., $10.45. Collin Street Bakery, Box 111, Corsicana, Tex. 75110.

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_____**JOYNER'S Baked Glazed Hams** (8-12 lbs.) .....$2.15 lb.

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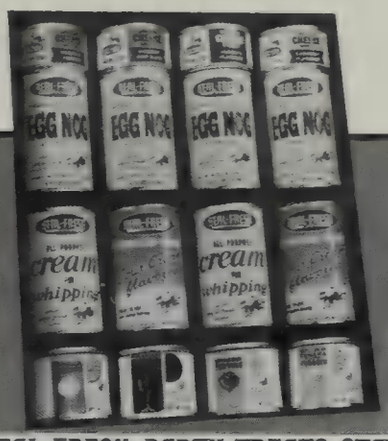

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Mouth-watering après ski pastry confections authentically prepared at Sun Valley by Chef Pendl of Austria. Festively packaged in gift canisters at $10.00 each, postpaid anywhere in U. S.

1. FLORENTINER. Luscious thin layers of almonds, cashews and glacé fruits, chocolate bottoms. 24 pcs, net wgt. 2 lbs.
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Bauernschmaus

(Peasants' Treat)

Cook a variety of your favorite Sausages and serve on ■ platter with Smoked Pork Chops atop steaming Sauerkraut & Boiled Potatoes. For cooking instructions, send for free Saag's recipe folder (see below).

It's an old family favorite for crisp Fall evenings. And it tastes best when those sausages are Saag's authentic, spicy Bratwurst, Old Fashioned Franks, Knackwurst, etc.

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545 - 9th St., Oakland, Calif., 94607

Quick Cheese Recipes from STELLA

POPPY-CHEESE BAKED SANDWICHES
(Makes 6)

- ½ cup soft butter or margarine
- ¼ cup minced onion
- 2 tbsp. prepared mustard
- 1 tbsp. poppy seeds
- 6 hamburger buns, split
- ½ lb. shredded STELLA FONTINELLA ITALIAN SHARP or KASSERI cheese
- ½ lb. (6 slices) boiled ham or salami

Mix butter with onion, mustard and seeds. Spread cut surfaces of buns with the butter-mixture. Put together with cheese and boiled ham slices. Wrap each sandwich in foil and place on ■ cooky sheet. Heat 15 minutes in pre-heated 350° (moderate) oven.

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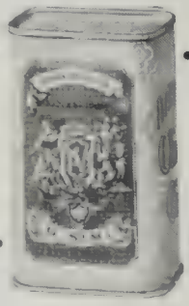

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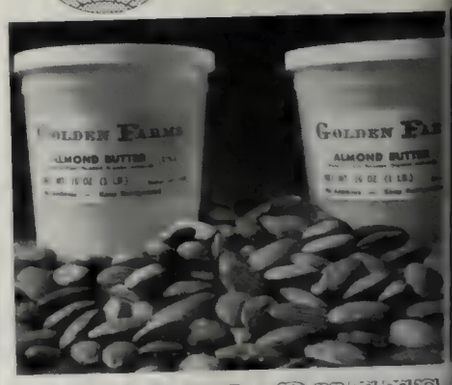

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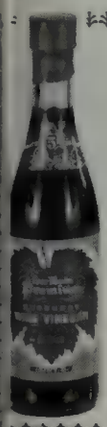

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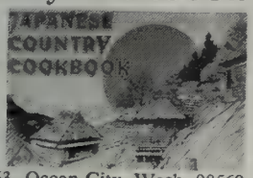

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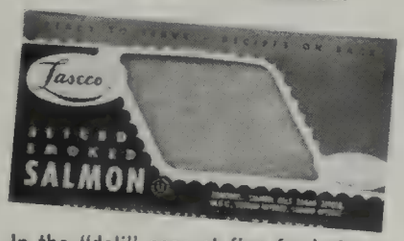

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DARROW M. WATT

Zesty *cheese dip for raw vegetables, including tender artichoke petals*

Making your own Liptauer

Liptauer is the name of a soft cheese that was originally made by Hungarian villagers; now the word commonly refers to cheeses spiced with paprika and other zesty seasonings. Our recipe tells you how to make your own.

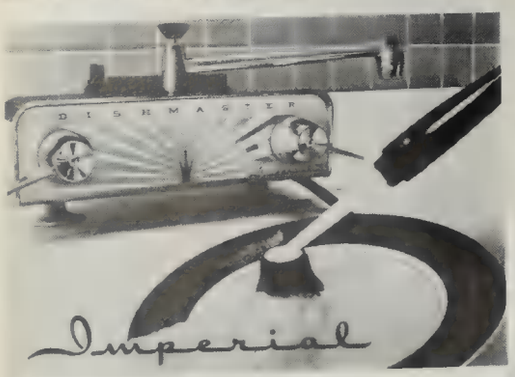
In central Europe this coral-colored dip is most often spread on rye bread, but it also complements raw vegetables. For appetizers try it with slices of raw zucchini, carrot, mushroom, or cucumber, or with whole radishes, cauliflower pieces, or the tender tips of raw artichoke petals. To make a picnic or informal lunch, include rye or pumpernickel bread.

Spiced Liptauer Dip

- 1¼ cups large curd cottage cheese
- 3 tablespoons finely sliced green onions
- 1½ tablespoons capers, drained and finely chopped
- 4 canned anchovy fillets, finely chopped
- 1 clove garlic, minced or mashed
- 1 teaspoon salt
- ½ teaspoon pepper
- ¾ teaspoon dry mustard
- 1 tablespoon paprika
- 2 packages (3 oz. *each*) cream cheese, at room temperature
- ½ cup (¼ lb.) soft butter or margarine
- ½ cup sour cream
- 1½ tablespoons caraway seed

In the small bowl of your electric mixer combine the cottage cheese, onions, capers, anchovy, garlic, salt, pepper, mustard, and paprika. Beat at medium high speed for 5 minutes, or until curds are cut very fine. Beat in the cream cheese and butter, scraping bowl sides 2 or 3 times. Stir in sour cream and caraway until blended. Cover and refrigerate overnight or up to a week. Serve in a small bowl or crock. Makes 3 cups. □

Let us help you with the dishes tonight.



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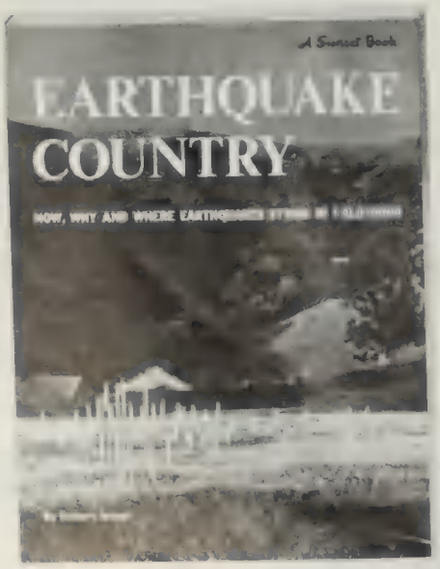
California Earthquakes



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DARROW M. WAT

Spread *cheese on rusks for breakfast*

Delicious with cheese . . . and jelly

First you bake rounds of dough, th split them in half and slowly oven-c them. The resulting rusks store well a are ready to serve at any time.

Spread with butter or cheese. Serve l toast. Or—a breakfast idea from Sc dinavia—spread first with cheese (Ca embert, Cheddar, jack, or cream chee then top with jam or jelly.

Graham Rusks

- 4 cups graham flour, unsifted
- 3 tablespoons sugar
- 2 teaspoons salt
- 1 package active dry yeast
- About 2½ cups regular all-purpose flour, unsifted
- 3 tablespoons salad oil or melted shortening
- 2¼ cups warm water (about 125°)

In the large bowl of an electric mi combine graham flour, sugar, salt, ye and ½ cup of regular flour. Add oil water. Beat at low speed, scraping bowl, for ½ minute. Then beat at speed for 3 minutes (or by hand 5 utes). Work in 1½ cups more of flour with a heavy spoon. Turn dough on a floured board; knead smooth and elastic (about 5 minu adding more flour as needed. Cover let rise in a warm place until doul

Punch down dough; pinch off piec make 2 dozen 1¾-inch-diameter pat each to about ½ inch thick. inch apart on greased cooky sheets rise until doubled (about 30 min Bake in a 425° oven for 20 to 25 utes or until lightly browned. Re from oven; reset oven to 275°.

When cool, split rusks horizontally ing two forks. Return halves, cut up, to pans and bake in a 275° until crisp throughout, about 2 h Store airtight. Makes about 48 rusk

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tion instant breakfast mixed with has as much protein, vitamins, min- and food energy as a poached egg on two strips of bacon and a glass of e juice.

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the sweet tooth of
those you love.

Cool 'n Creamy. The best thing since ice cr

NORMAN A. PLATE

lack *stem ends identify unshelled ıvas; with onion, apple, and curry ıey make a hearty soup*

Fava beans make a great soup

he California crop of fava beans is ɔw available in natural food stores and me supermarkets. The beans are larger an limas and, like all dried beans, must soaked before cooking. In this soup, e tough outer shells are removed just fore serving.

ıva beans, sometimes called horse or indsor broad beans, are well known Mediterranean cooks, who often pu- e them for thick soups. This version is vored subtly with curry; serve it with ıdwich or salad for a satisfying lunch.

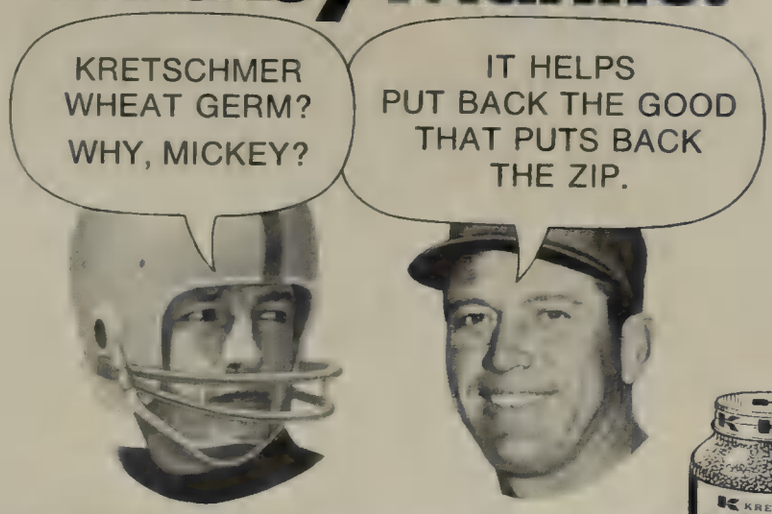
va Bean Vegetable Soup

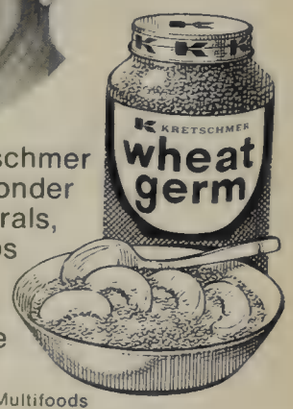
- 1 cup dried fava beans
- 4 cans (14 oz. *each*) regular-strength beef broth
- 1 medium-sized potato, peeled and diced
- 1 stalk celery, finely chopped
- 1 large green apple, peeled and sliced
- 1 large onion, chopped
- 2 teaspoons curry powder
- 4 tablespoons butter or margarine
- 2 teaspoons Worcestershire
- 1¾ cups milk

ıse beans and remove any foreign terials. In a 6-quart pan, bring beans l beef broth to boiling; boil 2 min- s, then remove from heat, cover, and stand 1 hour. Add the potato and ery. Return to boiling, then simmer, ered, until tender (about 3 hours).

ıté apple, onion, and curry in butter il apple and onion are soft; add to ns. Stir in Worcestershire and milk. ng mixture back to simmer. Whirl in ıder, then pour through a fine wire ıiner; or, press mixture through a e strainer. Discard bean shells. Makes ervings. □

John Unitas caught the wheat germ from Mickey Mantle.





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Kellogg

Morning. Let's face it toget

MARUGG

Lasagne *becomes a shared adventure: cheese to grate, sauces to make*

OCTOBER MENUS

A supper from Italy with lasagne, a breakfast with gingerbread, back to Italy for a dinner in Venice

ily favorites get special attention in ber menus: a lasagne casserole, d apples, gingerbread, and liver and ns.

dish and meal is put together with deration for the cook. The casse- supper proposes only one dish to , and it can be completed in a series ps stretched out or compressed in whatever is best. The breakfast is flexible: Add or subtract dishes the base of baked bread and ap- And the liver sauté supper is served y but with enough foreign over- to lend unexpected freshness.

Lasagne supper

Instead of layering the wide flat lasagne noodles with cheeses and meat sauce, here you make a rich cheese sauce, mix it with the noodles, then serve meat sauce to spoon onto each portion. The casserole can be assembled ahead; bake it and reheat the meat sauce.

Antipasto Tray
Lasagne al Forno
Green Salad
Italian-Style Cookies Grapes

For an opening course, present a tray with slices of dry salami, bread sticks and butter, ripe olives, and peperoncini (Italian-style pickled peppers).

There are three elements in the lasagne: a meat sauce that can be frozen, a cheese sauce that can be chilled and reheated, and boiled lasagne noodles.

Buy Italian-style cookies such as anise biscuits, almond macaroons, or piselle wafers to go with grapes. Or bake some Bones of the Dead or Beans of the Dead, two unusual Italian cookies (see April 1971 *Sunset*, page 202).

Lasagne al Forno (Baked Lasagne)

- 1 large onion, finely chopped
- 4 tablespoons *each* butter or margarine and all-purpose flour
- 1 can (14 oz.) regular-strength beef broth
- 1½ cups milk
- 4 cups shredded fontina or tybo cheese
- ⅛ teaspoon nutmeg
- 10 ounces lasagne noodles, hot, cooked and drained according to package directions
- Meat sauce (recipe follows), heated
- 1 cup or more freshly grated Parmesan cheese

Cook onion in butter, stirring, until soft but not browned. Blend in flour, remove from heat and gradually stir in broth and milk. Return to high heat and cook, stirring, until boiling. Stir in 2 cups of the fontina cheese and nutmeg and remove from heat (you can cover and chill

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ELLS MARUGG

Baked apples *and cream to go with warm slices of spicy gingerbread*

sauce, then reheat when ready to use).

Mix cheese sauce with well drained hot lasagne noodles and spread in a 3-quart shallow baking pan. With a fork lightly mix in 1½ cups of the warmed meat sauce. Cover noodles with remaining 2 cups fontina and 1 cup of the shredded Parmesan. (At this point you can cover and chill the casserole.)

Bake, uncovered, in a 375° oven for 20 minutes (30 minutes if chilled) until heated through. Spoon portions of lasagne onto individual plates and top generously with the remainder of the reheated meat sauce. Pass additional grated Parmesan if you like. Makes about 8 servings.

Meat Sauce. Remove casings from about ¾ pound mild Italian sausages and crumble or coarsely chop meat. Combine with 1½ pounds lean ground beef in a wide frying pan or Dutch oven and add 1 large, finely chopped onion, 2 stalks diced celery, and 2 finely chopped carrots.

Cook, stirring, over high heat until meat is slightly browned and juices are evaporated. Stir in 1 can (6 oz.) tomato paste, 1 can (14 oz.) regular-strength beef broth, 1½ teaspoons basil, and ½ teaspoon rosemary.

Boil rapidly, stirring as needed, until liquid is evaporated. Use hot; or chill, covered, and reheat before serving.

Spiced gingerbread breakfast

Gingerbread and apples bake in t same oven, making the starting point f a breakfast that can be light or qui substantial, depending on appetite d mands of the family.

Spiced Gingerbread with
Orange Marmalade
Butter
Baked Apples and Cream
Eggs to Order Cold Sliced Baked Ha
Tea or Coffee

Measure ingredients for gingerbread t night before if you want to speed t morning preparation. The apples go the oven with the gingerbread and co tinue to bake as the bread cools. Se slices of the bread with butter and m malade; pass cream to pour over warm apples. Add eggs or ham to menu if you are so inclined.

Spiced Gingerbread. Measure into mixing bowl 2 cups regular all-purpo flour (unsifted), 1 teaspoon *each* bak powder, soda, and ground cinnamon, teaspoon *each* salt, ground ginger, ground cardamom, and ⅓ cup firm packed brown sugar. Stir dry ingre ents to blend well.

In another bowl beat together ½ *each* sour cream and molasses, 1 and 2 tablespoons melted butter or m garine. Combine wet ingredients w the dry ones and mix well. Pour ba into a greased and flour-dusted 5- decorative tube mold or a 5 by 9-i loaf pan. Bake in a 350° oven for 3 40 minutes, or until bread just begin pull from pan sides and center spr back when lightly touched. Let stan pan for 10 minutes, then invert gin bread onto serving plate, dust with p dered sugar, slice thin, and serve w Makes 8 to 9 servings.

Baked Apples. For each serving sele Winesap, Golden Delicious, or Ne Pippin apple about 3 inches in diam Remove cores and set apples side by in a baking pan; place 1 or 2 teasp butter or margarine in the center of apple. Sprinkle each apple with 2 spoons sugar. Bake in a 350° over 40 to 50 minutes or until apples p easily with a fork. Serve hot or w with cream to pour over apples.

Venetian dinner

In Venice a traditional and po combination is liver and onions ju we know it here; when presented i

su

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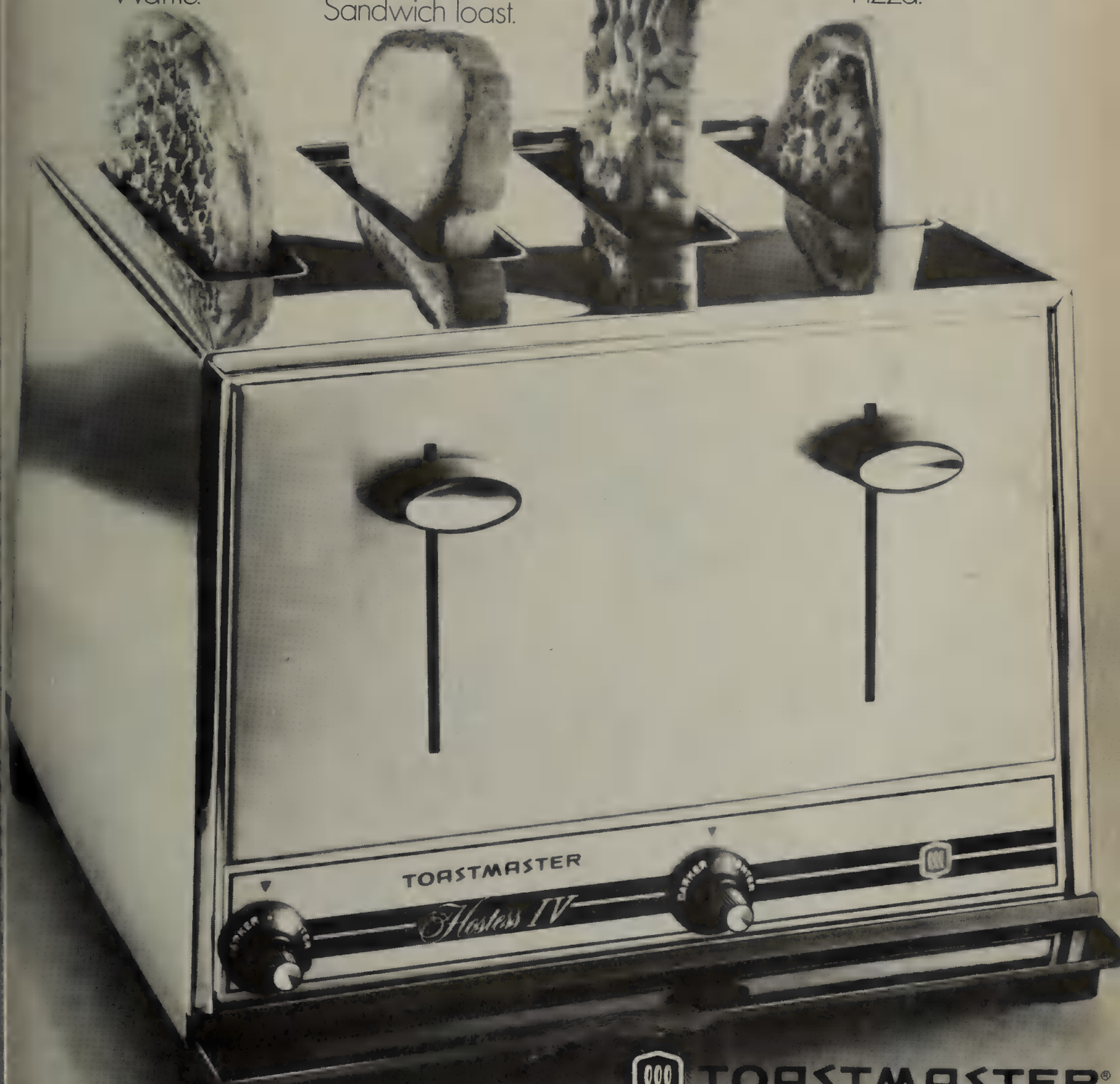

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GOOD THINGS THAT LAST.

cept Astra model.

Italian-style menu, the liver acquires an aura that makes it suitable for an informal company meal.

Soup with Rice and Peas
Venetian Liver with Onions
Sliced Tomatoes and Radishes
Oil and Vinegar Dressing
Spumoni or Fruit Ice
Fresh Pears

Cook rice in canned broth to make the soup. Plan to cook the liver and onions before sitting down to the soup course; the sautéed liver will stay fresh and moist when held on a warming tray for about a half hour.

Thinly slice tomatoes onto a platter and cover liberally with thinly sliced radishes, then moisten lightly with a prepared oil and vinegar dressing.

For dessert buy frozen spumoni, a fruit ice, or sherbet, or perhaps a fancy rum-cream-filled cake. Offer pears as a final course or in place of the richer dessert.

Soup with Rice and Peas. Bring 1 large can (47 oz.) chicken broth to boiling and add ½ cup rice; cover and simmer 15 minutes. (At this point you can chill soup until serving time.)

Return the chicken broth and rice to boil, stir in 1 package (10 oz.) frozen tiny peas (first bang the package against a hard surface to separate the peas), and simmer gently for 5 minutes. Serve in bowls; if desired pass shredded Parmesan cheese to add to each serving. Makes 6 servings.

Venetian Liver with Onions. Quarter 4 large onions and separate into layers. Place onion in a wide frying pan with ½ cup olive oil and cook, stirring, over medium-high heat for about 10 minutes or until onions are soft and slightly golden. Stir in ½ teaspoon grated lemon peel, then lift onions from pan and oil with a slotted or runcible spoon and place in a bowl (this can be done several hours ahead; hold at room temperature or chill, covered).

Coat 2 pounds calf or baby beef liver (cut in ½-inch-thick slices and trimmed of tough membrane) with flour and shake off the excess; lay pieces side by side on waxed paper as floured, then sprinkle with salt and pepper.

Return frying pan with oil (in which onions cooked) to medium heat and fill with liver slices, but do not crowd. Brown liver well on both sides and cook until there is just a hint of pink color remaining in the center (cut a gash to test; it takes about 5 minutes). Transfer liver as cooked to a warm platter and keep warm (in a low oven or on an electric warming tray); return onions to pan when liver is cooked and stir to heat through, then pour over liver. Serve or keep warm up to 30 minutes. Makes 5 or 6 servings. □

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DARROW M. WATT

Butter-browned *potatoes come to the table in pepper shells*

Last of all you eat the container

These vegetable accompaniments use bright red or green peppers and big, meaty tomatoes as their edible containers. They are ideal for company dinners because you can stuff them ahead, ready to heat and serve. They look showy and are easy to serve.

Now is the time to try these two recipes while peppers and tomatoes are still plentiful and you can be choosy about the right sizes and shapes for stuffing.

Pick out short and fat peppers that rest squarely on their bases. With a slice cut off their tops, they should stand about 2½ inches high.

Pepper Shells with Potatoes

- 4 medium-sized potatoes, peeled
- Boiling, salted water
- 6 short, fat, red bell or green peppers
- 6 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- ½ teaspoon each ground coriander, ground cumin, and mustard seed
- ½ teaspoon ground turmeric or curry powder
- 1 teaspoon salt
- ¼ teaspoon pepper
- 2 teaspoons lemon juice

Cook potatoes in boiling, salted water until tender; drain and cool, then dice into ½-inch squares. Meanwhile cut a slice off top of each pepper to make shells about 2½ inches high. Carefully remove seeds, keeping shells intact. Cut stem out of each top and discard; finely chop remaining pepper tops; set aside. Drop pepper shells into a large quantity of boiling, salted water and cook for 3 minutes; remove and rinse in cold water, then turn upside-down to drain.

In a large frying pan, melt the butter over medium-high heat. Put in onion, diced potatoes, and chopped pepper; cook, turning with a spatula until golden brown (about 8 to 10 minutes). Add the coriander, cumin, mustard seed, turmeric, salt, and pepper during the last few minutes of cooking. Remove from heat and sprinkle with lemon juice.

Arrange the pepper shells in a greased, shallow baking dish. Pile the potatoes in the pepper shells. This much can be done several hours ahead. Before serving, bake uncovered in a 350° oven for 20 minutes, or until heated through. Serves 6.—*R. S., Palo Alto, Calif.*

For this recipe, choose firm ripe tomatoes that are 3 to 3½ inches across.

Tomato Cups

- 6 medium-large, firm, ripe tomatoes
- Boiling water
- ½ green pepper, seeded and finely chopped
- 1 small onion, finely chopped
- 8 tablespoons butter or margarine
- ¾ cup dry bread cubes or unseasoned croutons
- 1 can (about 2¼ oz.) sliced ripe olives, drained
- 1 tablespoon sugar
- ¾ teaspoon salt
- ⅛ teaspoon pepper
- 2 tablespoons finely chopped parsley
- 1 egg

Drop the tomatoes into boiling water for about 30 seconds; cool quickly, then remove the peels. Cutting straight down with a small sharp knife, cut a hole around the center core 1½ to 2 inches wide and to within ½ inch of the bottom. With a teaspoon, carefully remove pulp, leaving a shell at least ½ inch thick; discard the seeds and stem end, but chop and reserve firm center pulp. Turn tomatoes upside-down to drain.

In a frying pan sauté the green pepper and onion in butter until limp (about 5 minutes). Add tomato pulp and bread cubes; cook, stirring for about 1 minute, or until well blended. Remove from heat and stir in the olives, sugar, salt, pepper, parsley, and egg; mix well.

Pile filling mixture inside the tomato shells and arrange in a greased baking dish. You can do this much several hours ahead. Bake, uncovered, in a 350° oven for 30 to 40 minutes, until heated through. Serves 6.—*A. J., Honolulu.* ▫

UNCLE BEN'S® Rice celebrates the Month of the Grape.

One of the most captivating sights i the West this time of year is the autumn hued vineyards with their heavy cluster of grapes ready for harvesting.

Even if you don't have an opportunit to see the gathering of the grapes, th mellow warmth of the October sun ma inspire you to celebrate your own harve festival with a special wine dish or tw Like a savory risotto.

The addition of wine to a risotto give it an unmistakable flavor and help balance the interesting contrasts of th dish. The Almadén Chablis has the rig amount of character to complement th dish without distracting from the oth ingredients. Another important quality a risotto is that it be moist, yet eve grain remain distinct. UNCLE BEN'S CO VERTED Brand Rice makes sure yo risotto will pass this test. UNCLE BEN takes real natural rice and makes t grain firmer in a special way. You get rice that won't get sticky or lumpy, a the grains stay fluffy and separa guaranteeing you a perfect risotto.

Risotto is a superb example of S Francisco's North Beach cuisine. With generous quantities of both Italian sa sage and tender pink shrimp, it's ve nearly a meal in itself. You might of an assortment of antipasto, or a simp green salad. Then serve the risotto w cooked, sliced zucchini or whole gre beans. The same Almadén Mount White Chablis used in cooking makes perfect chilled wine to accompany meal.

Wine Harvest Risotto

- 1 lb. mild Italian-style pork link sausages, s
- 1 medium-sized onion, chopped
- 1 clove garlic, mashed
- 1¼ cups UNCLE BEN'S CONVERTED Brand Rice
- 1 can (13¾ oz.) chicken broth
- 1¼ cups ALMADÉN MOUNTAIN WHITE CHABLI
- ½ cup shredded Parmesan cheese
- 1 pound large shrimp (prawns), shelled and deveined
- Chopped parsley

Begin browning sausage slices in a large fr pan. Spoon off most of the drippings. Add o garlic, and rice, and cook over medium heat, ring occasionally, until onions begin to brown. chicken broth and 1 cup of the Chablis. Cover simmer for 20 minutes. Stir in cheese. Arrange shrimp over rice mixture, cover again, and for 12 to 15 minutes longer until shrimp are te and pink and rice has absorbed most of the ture. Taste and add salt, if needed. Sprinkle chopped parsley. At the table, drizzle the with remaining ¼ cup Chablis, stirring it li into each serving. Makes 6 servings.

This recipe is included with "UNCLE BEN'S Golden Recipes." For a free copy of all recipes, send name, address, and zip code to: Dept. A., Golden Recipes, Box 19480, Houston, Texas 77024.

ine Harvest Risotto

ncle Ben's® Rice and
nadén Wine
lapt an Italian classic
- Western
petites.

The tender prawns will be shelled and deveined for the savory risotto.

spied food, a fine wine
good conversation make
evening.

San Francisco's famed North Beach area.

UNCLE BEN'S Rice keeps the best company in the West.

Our pepperoni doesn't bite you back.

Most pepperoni pizzas are just too all-fired spicy. But there's just the right amount of imported herbs and spices in John's lean beef pepperoni. We also cut the pepperoni into lots of nice little chunks so the flavor will go all through the pizza. John's Original Pepperoni pizza. It couldn't hurt to try it.

Kinds: Cheese, Sausage, Pepperoni.

DARROW M. W

Vegetables *pickled in vinegar, spices*

Vegetables in a pickled mix

The brightly colored, pickled mixed etables you see in fancy food stores Italian delicatessens can be mad home. Called *giardiniera,* they car served as appetizers or with meats; also make attractive hostess gifts.

You'll need 2 to 3 bunches small ca (about ¾-inch at top); 1 small b celery; 2 red or green peppers; 1 l (about 2 lbs.) cauliflower; and 1 p pickling or small, white boiling on

Preparation. Peel carrots; cut in lengthwise and then in 1½-inch- pieces; measure 4 cups. Remove st from celery; slice lengthwise and th 1½-inch-long pieces; measure 3 c Remove seeds and stems from pep and cut in 1-inch-wide strips. Break liflower into 1½-inch-thick flow and trim stems. Peel onions. Com vegetables in a bowl with 1 cup salt solved in 4 quarts cold water. Let st covered, in refrigerator for 12 t hours (overnight); then drain, rin cold water, and drain again.

Pickling. Combine in a 6-quart sta steel or enamel pan 2 quarts white gar, ¼ cup mustard seed, 2 tablesp celery seed, 1 small dried hot chile per, and 2½ cups sugar; bring to b and boil 3 minutes. Add vegetable boil 10 minutes or until vegetable almost tender. Discard chile.

Canning. Prepare 6 pint jars by im ing them in boiling water for 15 mi to sterilize. Scald self-sealing lids bands in boiling water. Remove ea from water; pack with boiling tables; run a spatula around insi jar. Stir boiling vinegar to blend se ings, then pour into jar to within ½ of rim. Wipe rim, put on lid, then on band. Cool on a cloth; test Makes 6 pints.

Every time you lift a prune ou do a body building exercise.

You might not wind up a Mr. America. aybe not even a Mrs. America.

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Now you know that the reason your mother gave you prunes isn't the only reason for eating them. So pick up a few.

The exercise will do you good.

Think of them as multiple vitamins with wrinkles.

©Sunsweet Growers Inc., San Jose, California

Lamb shanks baked with rice or lima

Lamb shanks become surprisingly tender and moist with long oven baking. With the addition of rice or lima beans, as in these two recipes, your oven-baked meal is practically complete in itself.

It is important to have the correct-sized casserole with a tight-fitting lid to cook these dishes successfully. The shanks should be fitted into the dish so that they almost completely fill the bottom. The casserole size varies depending on the size of the lamb shanks and the recipe. If your casserole is too big, there will be more evaporation and you may need to add liquid to keep the ingredients from scorching. A tight-fitting lid also helps keep in the moisture.

Chutney and curry add an Indian touch to lamb shanks baked with rice. Serve with fresh fruits and hot rolls.

Lamb Shanks with Curry and Rice

- 4 lamb shanks, with bones cracked (about 3 to 4 lbs.)
- 1 large can (1 lb. 12 oz.) Italian-style pear-shaped tomatoes
- 2 teaspoons curry powder
- ½ teaspoon ground ginger
- 2 teaspoons beef stock base
- ½ teaspoon salt
- 1 clove garlic, minced or mashed
- 1 medium-sized onion, chopped
- ⅓ cup Major Grey-type chutney
- 1 cup regular long grain rice
- Chopped parsley (optional)

Fit lamb shanks into a 4 to 5-quart casserole or Dutch oven. Turn the toma-

toes into a bowl and break them slightly with a fork. Add the curry p der, ginger, beef stock base, salt, ga onion, and chutney to the tomatoes mix to blend ingredients. Pour over lamb shanks. Cover and bake in a 4 oven until meat is tender when pierc it takes 1½ to 2 hours.

Remove casserole from oven, skim discard the fat, and stir in rice. Ret to the oven and bake, covered, for ab 35 minutes longer or until the rice is der and has absorbed most of the co ing liquids. Sprinkle chopped par over the lamb shanks and rice if wish. Makes 4 servings.

The tang of lemon enhances the fl of lamb baked with limas. A sliced mato salad and crusty hard rolls good complements.

Lamb Shanks and Limas

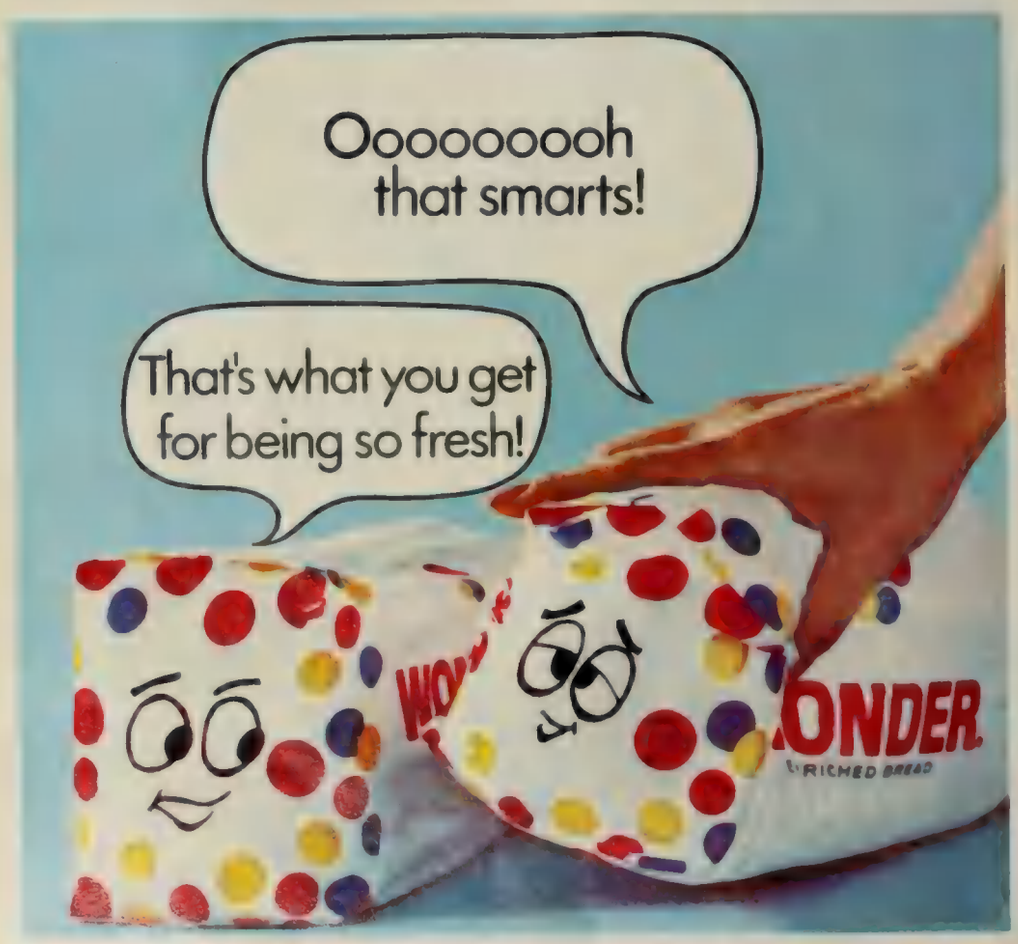
- 1 whole lemon
- 4 lamb shanks, with bones cracked (about 3 to 4 lbs.)
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 red bell or green pepper, seeded and thinly sliced
- 1 medium-sized onion, thinly sliced
- 1 clove garlic, minced or mashed
- ⅓ cup dry red wine
- 2 teaspoons chicken stock base
- ½ cup water
- 1 package (10 oz.) frozen limas
- Chopped parsley (optional)

Cut lemon in half; reserve one half garnish. Rub shanks all over with cut edge of the lemon; then fit sh into a 3 to 4-quart casserole or D oven. Squeeze the remaining juice the one lemon half over the sha Sprinkle with the salt and pepper

Scatter over shanks the red or g pepper, onion, and garlic. Combin wine, chicken stock base, and w pour over meat and vegetables. C casserole and bake in a 425° oven meat is tender when pierced; it t about 1½ to 2 hours.

Thaw frozen beans quickly by pl them in a colander and then runnin hottest tap water over them.

Remove casserole from oven; skim discard fat; add beans, stirring them the juices in the casserole. Retur oven and continue baking, cov After 15 minutes check amount o uid; if excessive, remove cover d final 15 minutes of baking. Cut th served lemon half in very thin slice arrange decoratively on lamb sh and limas, then sprinkle with cho parsley. Makes 4 servings.



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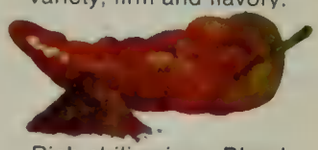

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DARROW M. W

Dot cheese, *onion filling with taco sauce to add heat to quesadilla*

In Mexico much i up to the cook

Mexican cooks have lots of ways stuffing a tortilla. What they cal *quesadilla* (keh-sah-*thee*-ya) resemb our grilled cheese sandwich.

A good melting cheese is basic to all ings for quesadillas but any other ac tion is at the discretion of the co Typically they are seasoned with ch and onion; some also contain meat.

Our version uses flour tortillas; inst of frying, we broiled them to melt cheese and crisp the tortillas.

Quick Quesadillas

- ¼ cup *each* shredded Cheddar and jack cheese
- 1 slice sweet onion, separated into rings (optional)
- 1 tablespoon chopped, seeded, canned California green chile (optional)
- 1 flour tortilla (about 8 inches)
- About 2 teaspoons grated Parmesan cheese (optional)
- About [redacted] teaspoons melted butter or margarine

Distribute Cheddar, jack, onion, chile over half the tortilla to withir inch of edge; sprinkle with Parme Fold tortilla over and brush top melted butter. Turn over onto a sha pan and brush second side with bu Broil about 3 inches from the heat top is lightly browned, about 2 min Turn over and broil until top is brow and cheese is melted, about 2 more utes. Serve immediately. Makes 1.

To make spicier quesadillas, drizz tablespoon taco sauce over filling.

To substitute a different cheese, one that melts easily, such as S American, or teleme.

To make a meat filling, omit Chedd jack; add 1 slice or about ¼ cup cooked chicken, turkey, ham, or —*R.S., Walnut Creek, Calif.*

Now you can have balanced nutrition even when you nibble.

owadays, people try pretty hard good, balanced meals.
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Knox captures cranberry-apple crispness.

Simple as:

Dissolve Knox in cranberry juice cocktail. Add lemon juice, sugar.

Add apples, crushed pineapple and celery.

Result: Knox Cranberry-Apple Salad. Tart-sweet, pretty—deliciously nutritious. And flavors so crisply fresh, you'd think you just picked them!

[illegible] envelopes Knox Unflavored Gelatine
[illegible] cranberry juice cocktail, divided
[illegible] equivalent non-nutritive sweetener
[illegible] lemon juice
1 can (8 oz.) crushed pineapple (in juice)
2 cups [illegible] apple
[illegible] chopped celery
[illegible] envelope gelatine in 1 cup cranberry juice cocktail (reserve [illegible]) [illegible] over low heat; [illegible] until gelatine dissolves, about [illegible] minutes. Remove from heat. Stir in sugar, [illegible] remaining 3 cups cranberry juice cocktail and lemon juice. Chill, stirring occasionally, until mixture is slightly thicker than the consistency of unbeaten egg white. Fold in crushed pineapple and juice, apple and celery. Turn into a 5-cup mold or bowl; chill until firm. Unmold. Garnish with salad greens.

YIELD: 6 servings. 150 calories each with sugar. 110 calories each with sugar substitute.

Want more nutritious, calorie-conscious recipes? Write Knox Gelatine, Inc., Box 101-S, Johnstown, N.Y. 12095.

Knox captures freshness

DARROW M. W

Dipping sauce *flavors the meat and rice*

A Korean way with hamburger

Koreans serve hamburger patties in interesting way: The meat is seaso shaped into two-bite-sized rounds, dipped in egg batter before frying.

This recipe, based on a pound of gro beef, can be multiplied easily. It t time to shape the little patties, but can do it ahead.

A good accompaniment is rice peas. Cook rice as directed on pack Thaw frozen peas quickly in hot w Add 1 package (10 oz.) peas to ea to 4 cups cooked rice.

Korean Hamburgers

To each pound lean ground beef bowl add 2 tablespoons soy sauc dash of pepper, 1 small clove g (mashed), 1 green onion (chopped), 1 tablespoon toasted sesame seed; it well with your hand. Cover an frigerate if made ahead.

Shape the meat into 12 to 16 small ties, then dredge each in flour (ab tablespoons) to coat lightly all Beat 1 egg with 1 tablespoon water each patty in egg to coat, then set cake rack to drain briefly.

Heat a heavy 10-inch frying pan medium heat. Put in 1 to 2 tablesp salad oil, then the meat. Cook browned (about 2 minutes on each Remove patties to a serving plate, c and set in a 150° oven for up to 1 hour. Serve with dipping sauce. M about 4 servings.—*L. P., Honolul*

Dipping Sauce. Combine 4 tablesp soy sauce with 4 teaspoons vin blend in 2 teaspoons honey or b sugar and a dash of liquid hot p seasoning. If desired, stir in 2 teasp toasted sesame seed or finely ch green onion.

These sturdy cookies can survive the adventurous trip to school

ntinual demand for snacks in the box and after school can tax any- imagination. Frequently the best er is cookies, which are convenient popular with children. You want easy to pack and sturdy enough to well through rough-and-tumble ture on the way to school. And if can add extra nutritional value to so much the better.

cookies fill those requirements. re drop cookies so preparation is You can bake two pans of them standard oven to make the baking ster. The cookies keep well for up out one week at room temperature stored airtight. Freeze for longer ge.

ecipe directions here specify meas- dough by level spoonfuls to insure ate baking time. After you've made you will be able to judge the nt of dough for each.

cookies are of the spicy, chewy children like best. Rolled oats, pea- utter, wheat germ, raisins, nuts, in one case, surprisingly—carrots se nutritional value.

hy texture distinguishes these pea- utter cookies made with chunk- peanut butter and wheat germ.

ky Peanut Butter Cookies

cup (¼ lb.) butter or margarine
cup firmly packed light brown sugar
cup honey
egg
teaspoon vanilla
cup chunk-style peanut butter
cups regular all-purpose flour (unsifted)
teaspoon *each* salt and soda
cup wheat germ

owl beat together the butter and sugar until creamy. Beat in the egg, vanilla, and peanut butter horoughly blended. Stir together our, salt, soda, and wheat germ; our mixture into butter mixture ntil well blended.

evel tablespoonfuls of dough into place 3 inches apart on greased sheets. Flatten balls with a fork in flour. Bake in a 325° oven minutes or until edges are lightly ed. Cool cookies on the pan for 1 minute, then transfer to wire Makes about 4 dozen cookies.

led carrot gives these next cookies l sweetness and good keeping .

Lemon Carrot Cookies

1 cup (½ lb.) butter or margarine
¾ cup sugar
1 teaspoon lemon extract
½ teaspoon vanilla
1 egg
1 cup finely shredded carrot (about 2 medium-sized)
2 cups regular all-purpose flour (unsifted)
2 teaspoons baking powder
¼ teaspoon *each* salt and soda
1½ cups chopped walnuts

In a bowl beat together the butter and sugar until creamy. Beat in the lemon extract, vanilla, egg, and carrot. Stir together the flour, baking powder, salt, and soda; stir in flour mixture and nuts. Drop by level tablespoonfuls on greased cooky sheets, placing dough about 2 inches apart. Bake in a 375° oven for 12 minutes or until edges are browned. Cool on racks. Makes about 6 dozen. —*R. B., Los Gatos, Calif.*

These are crisp butter cookies spiced with ground cloves.

Clove Cookies

½ cup (¼ lb.) melted butter or margarine
1 cup sugar
1 teaspoon vanilla
1 egg
1 cup regular all-purpose flour (unsifted)
1 teaspoon ground cloves

Stir melted butter into the sugar until

blended; stir in vanilla. Beat in the egg until smooth. Stir the flour and cloves together, then stir into the butter mixture until blended.

Drop batter by level teaspoonfuls on a lightly greased cooky sheet, placing dough about 2 inches apart. Bake in a 350° oven for 12 minutes or until edges are golden brown and puffy tops start to crinkle and collapse. Let cool on the pan for about 30 seconds, then transfer cookies to wire rack to cool completely. Makes about 4 dozen.—*A. B., Hillsborough, Calif.*

Sorghum, the syrup made from sorghum cane, both sweetens and flavors these spicy cinnamon cookies that are chewy with raisins; you will usually find sorghum on the grocer's shelf near the molasses and other syrups.

Cinnamon Raisin Cookies

- 1 cup (½ lb.) butter or margarine
- 1 jar (16 oz.) sorghum
- 1½ cups firmly packed light brown sugar
- 3 tablespoons white vinegar
- 2 eggs
- 5 cups regular all-purpose flour (unsifted)
- 1 teaspoon salt
- 2 teaspoons soda
- 1½ teaspoons ground ginger
- 3 tablespoons cinnamon
- 1½ cups raisins

In a large pan combine the butter, sorghum, and brown sugar; stir over medium heat until butter is melted and sugar is dissolved. Cool to lukewarm. Beat in vinegar and eggs. Stir together the flour, salt, soda, ginger, and cinnamon; stir into the sorghum mixture until blended. Stir in raisins until distributed.

Drop by level tablespoonfuls on lightly greased cooky sheets, placing do about 2 inches apart. Bake in a 3 oven for about 10 minutes or u golden brown. Lift cookies from p then cool on wire racks. Makes al 8 dozen.—*H. V., Northridge, Calif.*

These crisp cookies rely on orange for their bright flavor and golden co They taste rich and buttery but are a ally quite lean.

Crispy Orange Cookies

- 6 tablespoons soft butter or margarine
- ¾ cup sugar
- 1 egg
- ½ teaspoon vanilla
- 2 tablespoons grated orange peel
- 2 tablespoons milk
- 1 cup regular all-purpose flour (unsifted)
- ¼ teaspoon salt
- ½ teaspoon soda
- ½ cup moist shredded coconut
- 1 cup raisins
- 1½ cups regular or quick-cooking rolled oats

In a bowl beat the butter and suga gether until creamy; beat in the vanilla, orange peel, and milk. Sti gether the flour, salt, and soda; gr ally stir into butter mixture. Stir in coconut, raisins, and rolled oats blended.

Drop by level teaspoonfuls on li greased cooky sheets, placing d about 2 inches apart. Bake in a oven for 10 minutes or until edge golden brown. Let cookies cool o pan for about 1 minute, then transf wire racks to cool completely. M about 4 dozen cookies.—*J. M., Francisco.*

The flavors of ginger and oats bler these chewy-crisp cookies. They stay fresh for up to two weeks stored airtight.

Ginger Oatmeal Cookies

- ¾ cup (⅜ lb.) butter or margarine
- 1 cup sugar
- 1 egg
- ¼ cup light molasses
- 1½ cups regular all-purpose flour (unsifted)
- 2 teaspoons soda
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ¾ teaspoon *each* ground cloves and ground ginger
- 2 cups regular or quick-cooking rolled oats

In a bowl, beat together the butte sugar until creamy; beat in the eg molasses until smooth. Stir togethe flour, soda, salt, cinnamon, cloves ginger. Stir into the butter mixture blended. Stir in the rolled oats. Dr level tablespoonfuls on lightly gr cooky sheets, placing dough abo inches apart. Bake in a 350° ove about 8 minutes or until browned. for about 1 minute on the pan, th move and cool completely on wire Makes about 4 dozen.—*B. B., E claw, Wash.*

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Cooking with the Amana Radarange oven is a totally new cooking experience.

It's fast.

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And simple.

You'll cook most everything in about one-fourth the normal time. Only the food gets hot, the oven and your kitchen stay cool.

You can use the Radarange oven anyplace there's ordinary household current. In the kitchen on the countertop, out on the patio; wherever there's a plug-in. It uses no more electricity than an ordinary fry pan.

Cooking is simple—even children can use it. You cook on paper, glass, or china. Or you can put food directly on the Radarange's exclusive broiler tray. (Juices and fats run into the special well around the outer edge of the tray.) Put the food in, set the timer and push the start button.

The lighted timers tell you *when* the food is cooking, the pull-down, see-through door lets you see *what* you're cooking and the automatic buzzer tells you *when* it's through cooking.

Cleaning couldn't be easier. A wipe of a damp cloth is all you need.

Make the greatest cooking discovery since fire for yourself, and join the thousands of people already using the Radarange oven. See it today at your Amana dealer or write: Ann MacGregor, Dept. 158, Amana, Iowa 52203 for full information.

Remember, if it doesn't say Amana, it's not a Radarange.

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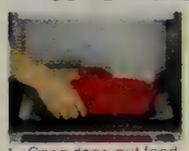

1. Open door, put food in. Close door.

2. Set the timer.

3. Push the start button

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MICROWAVE OVEN
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A delicious choice in chowders . . . crab, oyster, shrimp

When you think of chowder, you probably think of clams and potatoes. But in the West you can also take advantage of other succulent Pacific shellfish to create this hearty fish and vegetable soup.

Here we suggest combining shrimp with corn and tomatoes, crab with potatoes, and oysters with spinach; the canned or frozen vegetables hasten preparation.

Each chowder makes a distinctive, satisfying main dish for lunch or supper on a chilly fall day. A crusty dark bread and crisp salad would complete the menu.

Use these recipes as guidelines for further experiments of your own.

Shrimp and Corn Chowder

In a Dutch oven melt 3 tablespoons butter or margarine over medium heat. Add 1 medium-sized onion, finely chopped; 1 medium-sized carrot, finely chopped; and ¼ cup chopped red bell or green pepper, and sauté for 5 minutes. Add 1 can (about 14 oz.) regular-strength chicken broth, 1 can (about 1 lb.) pear-shaped tomatoes (break them up with a fork), and ¼ teaspoon ground ginger; cover and simmer 10 minutes. Add 1 pound medium-sized shrimp (shelled and deveined) and 1 can (about 1 lb.) cream-style corn. Boil gently, uncovered, for 5 minutes or until shri are pink and firm. Season to taste w salt and pepper. Serve at once. Ma about 4 servings.

Quick Crab Chowder

- 3 slices bacon, diced
- 1 large onion, finely chopped
- 1 tablespoon all-purpose flour
- 1 can (about 1 lb.) whole new potatoes, drained and diced
- 3 cups milk
- ½ teaspoon salt
- Dash pepper
- 1½ cups fresh or frozen crab, or 2 cans (about 7 oz. *each*) crab, drained
- ¼ cup finely chopped parsley
- 1 tablespoon Sherry (optional)

In a Dutch oven fry bacon over medi heat until crisp; remove with a slot spoon and set aside. Add onion to bacon drippings and sauté for 5 n utes. Stir in flour and diced potat and cook 1 minute. Remove from h and gradually stir in milk; return to h and cook, stirring, until slightly th ened and bubbly.

Season with salt and pepper. Stir in cr parsley, Sherry (if used), and bacon b Heat 1 minute longer. Serve at o Makes about 4 servings.—*H. N., Francisco.*

Oyster Spinach Chowder

- 3 slices bacon, diced
- 1 medium-sized onion, finely chopped
- 2 cloves garlic, minced or mashed
- 1 package (10 oz.) frozen chopped spinach
- 10 medium-sized (about ½ lb.) mushrooms, sliced
- ½ cup dry Vermouth or chicken broth
- ¼ teaspoon *each* basil and whole oregano, crushed
- 1 jar (10 oz.) Pacific oysters, cut in bite-sized pieces
- 2 cups milk
- Salt and pepper
- 2 tablespoons butter

In a Dutch oven fry bacon over med heat until crisp; remove with a slo spoon and set aside. Add onion and lic to bacon drippings and sauté f minutes.

Place spinach and mushrooms in Dutch oven, cover, and cook until s ach is thawed, stirring frequently breaking up spinach with a fork. Vermouth, basil, oregano, oysters their liquor, and milk. Heat to sim ing, taste and season with salt and per, and stir in butter until melted.

Ladle soup into individual bowls garnish each with reserved bacon Serve at once. Makes about 4 serv —*L.C., Napa, Calif.*

How to cook for a man

He tells everyone what a great cook you are. And you love to hear him say it. But coming up with something new and different seven nights a week isn't exactly easy. That's where Birds Eye can help.

With recipe ideas that help make it easy. Like **Hamlet.** Cook 1 package of Birds Eye Carrots with Brown Sugar Glaze. (One of 18 Birds Eye Combination Vegetables.) While the carrots simmer, broil a 1-pound ham slice, about ½ inch thick. After 7 minutes, turn the ham and spread the top with a teaspoon of prepared mustard.

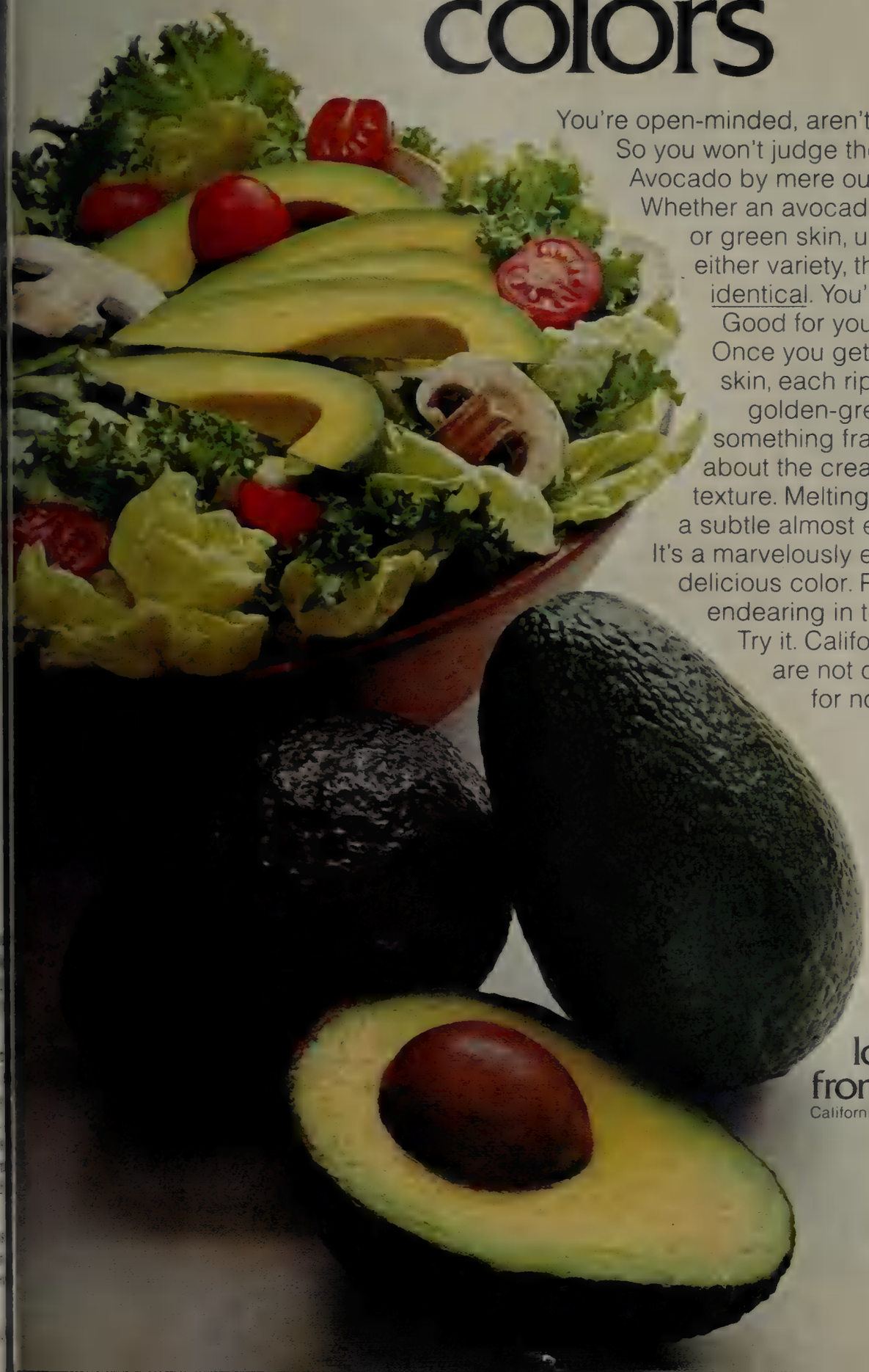
Then whisk it back under the broiler for another 5 minutes. Now top with the carrots. And call him to dinner. Wasn't that easy?

Serves 3

GF GENERAL FOODS KITCHENS

"Meals to Please a Man" is a free booklet of other recipes like **Hamlet.** Just send your name, address, and one side panel from any Birds Eye Combination to: Box 1016, Kankakee, Ill. 60901.

Love shows its colors



You're open-minded, aren't you?
So you won't judge the California Avocado by mere outward appearance.
Whether an avocado has black skin or green skin, underneath either variety, the fruit is identical. You'll check into it?
Good for you!
Once you get under its skin, each ripe avocado is golden-green. There's something frankly sensuous about the creamy soft texture. Meltingly tender. With a subtle almost exotic flavor.
It's a marvelously easy way to add delicious color. Particularly endearing in tossed salads.
Try it. California avocados are not called Love Food for nothing.

love food from California
California Avocado Advisory Board

Mickey Mantle caught the wheat germ from Pancho Gonzales.

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to feel your best

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World's Finest Honey

NORMAN A. PL

Serve *airy puffs of fried chou paste with honey syrup, almonds*

How the Greeks make honey puffs

The Greeks like this simple dessert us chou paste (cream puff dough). W fried like doughnuts, the eggy paste p up into hollow balls, which are ser with a spicy honey syrup to pour o

The puffs are best served slightly wa If you make them ahead, heat them covered on a baking sheet in a 350° o for 5 to 10 minutes.

Honey Puffs

In saucepan combine 1 cup water, teaspoon salt, and ¼ cup (⅛ lb.) bu or margarine. Stir over medium-h heat until butter melts and mix comes to rolling boil. Add 1 cup reg all-purpose flour (unsifted) all at o remove pan from heat. With st spoon, beat until mixture is smooth comes away from sides of pan. Ad eggs; beat after each is added smooth and shiny, about 50 strokes each egg.

Pour salad oil into a 10-inch frying or electric frying pan to depth of 1 i quickly bring temperature to 370 cube of bread browns in 20 seco To make each puff, use two spoon slide level tablespoon of paste into don't crowd pan and make sure oil s at about 370°. Fry puffs until browned (about 8 minutes), turni needed to brown evenly. Remove with slotted spoon and drain.

Serve with Honey Sauce and cho toasted almonds (about ⅓ cup). M about 32 puffs.

Honey Sauce. In a saucepan combin cup sugar, ¼ cup water, and 1 teas cinnamon. Heat and stir until sugar solves. Remove from heat; stir in 1 honey and 1 tablespoon grated le peel. Cool to room temperature.

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Beef tongue in a sweet-strong sauc

Some unexpected ingredients modify seasonings of this Tuscan-style casser Chocolate, citron, and a tangy sa mingle with beef tongue in harmony. Italian name of *lingua dolce fo* (tongue sweet-strong) is the clue to nature of the flavor.

You can prepare the dish ahead, t reheat to serve. Appropriate menu co panions would be green salad, boi artichokes, and a crusty loaf of bre

Beef Tongue, Tuscan-Style

- 3¼ to 3¾-pound fresh beef tongue
- 6 cups water
- 3 large onions
- 4 carrots
- 6 to 8 parsley sprigs
- ½ cup olive oil
- 2 stalks celery, finely chopped
- 1 cup chopped parsley
- 2 tablespoons canned tomato paste
- 2 tablespoons minced candied citron or candied orange peel
- ½ cup raisins
- 2 tablespoons *each* sugar and all-purpose flour
- ½ ounce unsweetened chocolate, finely chopped
- 6 tablespoons wine vinegar
- Salt
- ⅓ cup pine nuts or slivered blanched almonds

Rinse tongue and place in a kettle the water, 1 onion (quartered), 2 car (cut in chunks), and the parsley sp Bring to a boil, cover, and simmer 2½ to 3 hours or until easily pier with a fork. Remove from heat and stand in broth until cool enough touch. Pour broth through a strainer and reserve. Discard vegetal

Peel skin from tongue; trim off fat; move any bones. Cut tongue cross in ¼-inch-thick slices; set aside.

Finely chop the remaining 2 onions the 2 carrots. Combine in a wide fr pan with olive oil, celery, and chop parsley and cook, stirring, over med heat for about 15 minutes or until v tables are soft; do not brown.

Blend in tomato paste, citron, rai sugar, flour, and chocolate. Then mi vinegar and 1 cup of the reserved b (save balance for other uses). Brin boil, stirring; remove from heat.

Sprinkle tongue lightly with salt, season sauce to taste with salt; then l meat and sauce into a 2-quart sha casserole, finishing with a layer of sa Sprinkle with nuts. (At this point can chill covered casserole.) Cover bake in a 325° oven for 45 minutes (hour if chilled). Serves 6 to 8.

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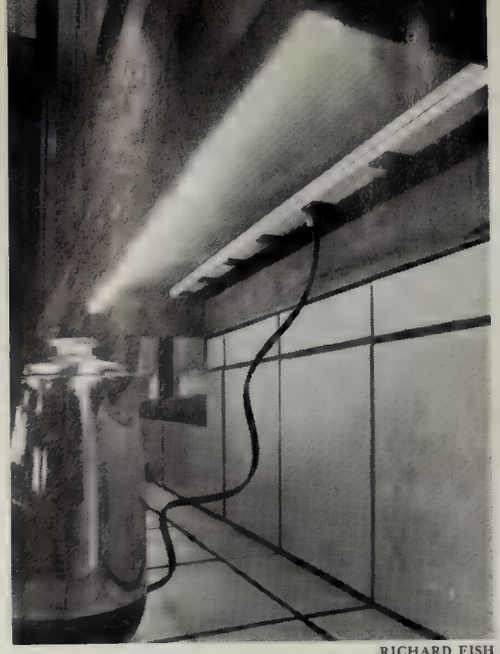
THE

Western Kitchen

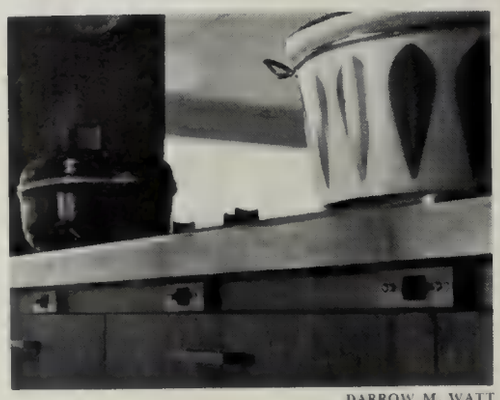
NEWS AND IDEAS

Folding table storage

Where to store an extra card table so it's handy when you need it is a problem the Jerauld Nelsons of Phoenix solved easily. The table slides in under the back of a counter top where it takes up only the rear, difficult-to-reach, storage area of the cabinet. The narrow door lifts out as shown; when in place, it conceals the storage area.



RICHARD FISH



DARROW M. WATT

Electrical strip outlets

Strips of electrical outlets installed above or below counter tops make any area into a small appliance center. As shown in the top photograph, designer Fred Blair Green had the strips installed below overhead cabinets in Dr. and Mrs. Wilbur Schwartz's kitchen in Beverly Hills, California. Below, a strip of outlets and switches for the exhaust fan and overhead light are directly below the counter of the cooking island. The architect was Alexander C. Prentice for Mr. and Mrs. W. D. Collins, Jr., Los Altos Hills, California.

New food containers

Several new containers for food serving and storage now offer space for specialty food items.

One plastic container has two or three units that fit into a larger one, with space for surrounding each with crushed ice for cold food or hot water for hot foods. A cover provides additional insulation for carrying prepared food to a picnic. The unit doubles as general food storage; each container has its own cover and may be used as a separate refrigerator storage container. Available in three colors, the container costs about $9.

Another set offers specialized dessert storage. Containers for pies and cak have snap-on lids for airtight storage room or freezer temperature. With ha dles on either side, both servers can carried along to outdoor meals. The ba acts as a serving tray. All parts of th servers can be put in the dishwasher.

Both containers are 12 inches in dian eter; the pie container is 3½ inches hig and sells for $2; the cake size, 6¼ inch high, costs about $2.50.

Porcelain enamel care

Cleaning porcelain enamel sinks shou be a gentle job. Regular cleaning wi sudsy water, followed by a rinse and d should provide adequate day-to-d cleaning.

Stains may be prevented or removed using a water conditioner. For stubbo stains, fill the sink with hot water a add chlorine or oxygen-based blea (according to package directions) and stand. Full-strength or improperly luted bleach or abrasive cleansers m damage the surface. The cleansers co tain a gritty substance that eventual after several years, wears away t enamel finish, making it more diffic to clean as time goes on.

Divided storage drawer

One deep drawer in the Jack Ericks San Francisco kitchen keeps the pa products and dish towels neatly org ized. The drawer is deep enough to commodate a tall box of facial tiss and several rolls of waxed paper aluminum foil in divided areas. The t els, usually bulky to store, are kept neat stacks close to the sink and w areas where they are needed most.

This year's most exciting pancakes don't come from a pancake mix.

They come from Bisquick®—the mix that's always made pancakes (and over 100 other great things) taste better. Because Bisquick uses a special, livelier leavening process that makes pancakes ideally light and fluffy. For great tasting pancakes, it's Bisquick. This or any other year.

For more pancake recipes and over 200 other good ideas in baking, send for the new Betty Crocker's Bisquick Cookbook. Mail $1.50 to: Box 259D, Minneapolis, Minn. 55460

SPICED APPLE PANCAKES

2 cups Bisquick baking mix
½ tsp. cinnamon
1 egg
1⅓ cups milk
¾ cup grated apple
Cider Sauce (below)

1. Beat baking mix, cinnamon, egg and milk with rotary beater until smooth. Fold in apple.
2. Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side until golden brown. Serve with warm Cider Sauce. *About 18.*

Cider Sauce

1 cup sugar
2 tbsp. cornstarch
½ tsp. pumpkin pie spice
2 cups apple cider
2 tbsp. lemon juice
¼ cup butter

Mix sugar, cornstarch and spice in saucepan. Stir in cider and juice. Cook, stirring constantly, until mixture thickens and boils. Boil and stir 1 min. Remove from heat; blend in butter.

NGER DESSERT PANCAKES

2 cups Bisquick baking mix
1 egg
3 cups milk
4 cup light molasses
2 tsp. ginger
1 tsp. cinnamon
½ tsp. cloves
Lemon Sauce (below)
1 pkg. (3 oz.) cream cheese, cut into cubes

Beat baking mix, egg, milk, molasses and spices with rotary beater until smooth.
Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
Bake until bubbles appear. Turn and bake other side until golden brown. Fill each 2 pancakes with Lemon Sauce; garnish with cube of cream cheese and top with Lemon Sauce. *9 servings.*

mon Sauce

cup butter
cup sugar
cup water
1 egg, well beaten
3 tbsp. lemon juice
Grated peel of 1 lemon

mbine all ingredients in saucepan. Cook over dium heat, stirring constantly, until mixture ils.

CHERRY CRÊPES

1 cup Bisquick baking mix
1 egg
1 cup milk
1 can (21 oz.) cherry pie filling
Soft butter
Sweetened whipped cream

Heat oven to 400°.

1. Beat baking mix, egg and milk with rotary beater until smooth.
2. Spoon 2 tbsp. batter into hot lightly greased 6 or 7" skillet. Rotate pan until batter covers bottom.
3. Bake until bubbles appear. Gently loosen edge; turn and bake other side.
4. Spoon heaping tablespoonful pie filling onto one half of each crêpe; roll up. Place crêpes seam side down on ovenproof platter; brush with butter.
5. Bake *about 10 minutes.* Serve with whipped cream. *12 to 15 crêpes.*

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Chefs of the West

e Art of Cooking . . . by men . . . for men

thing you never do is cook an avo-
lo. Everyone knows that. Something
the fruit—an oil perhaps—doesn't
e to heat, and the flavor that results
epulsive.

much for the rule. Now to this
nth's meeting of the *Chefs of the*
st, where *Chef* Fred Cherry teaches
to cook an avocado. The result is so
d and so good looking that you will
nt to wow your friends with it at the
liest opportunity. But pay very care-
attention to the following story from
ef Cherry. The secret, not to be tam-
ed with, is an unripe avocado.

nce we bought an avocado, and it
ldn't ripen. We put it in a bag but
ouldn't ripen. We put it in the sun,
it wouldn't ripen. We even put it in
refrigerator, but it wouldn't ripen.

e were going to throw it out, but our
fty souls rebelled. So we tried some-
g with misgivings and trepidation.
en it turned out so very well, we
ed it Stubborn Avocado Soup. (And
we make it with avocados that we
't allow to ripen.)"

oborn Avocado Soup

1 can (10¾ oz.) condensed beef or chicken broth, undiluted
1 clove garlic
1 *very* firm avocado, peeled, pitted, and cut in ½-inch vertical slices

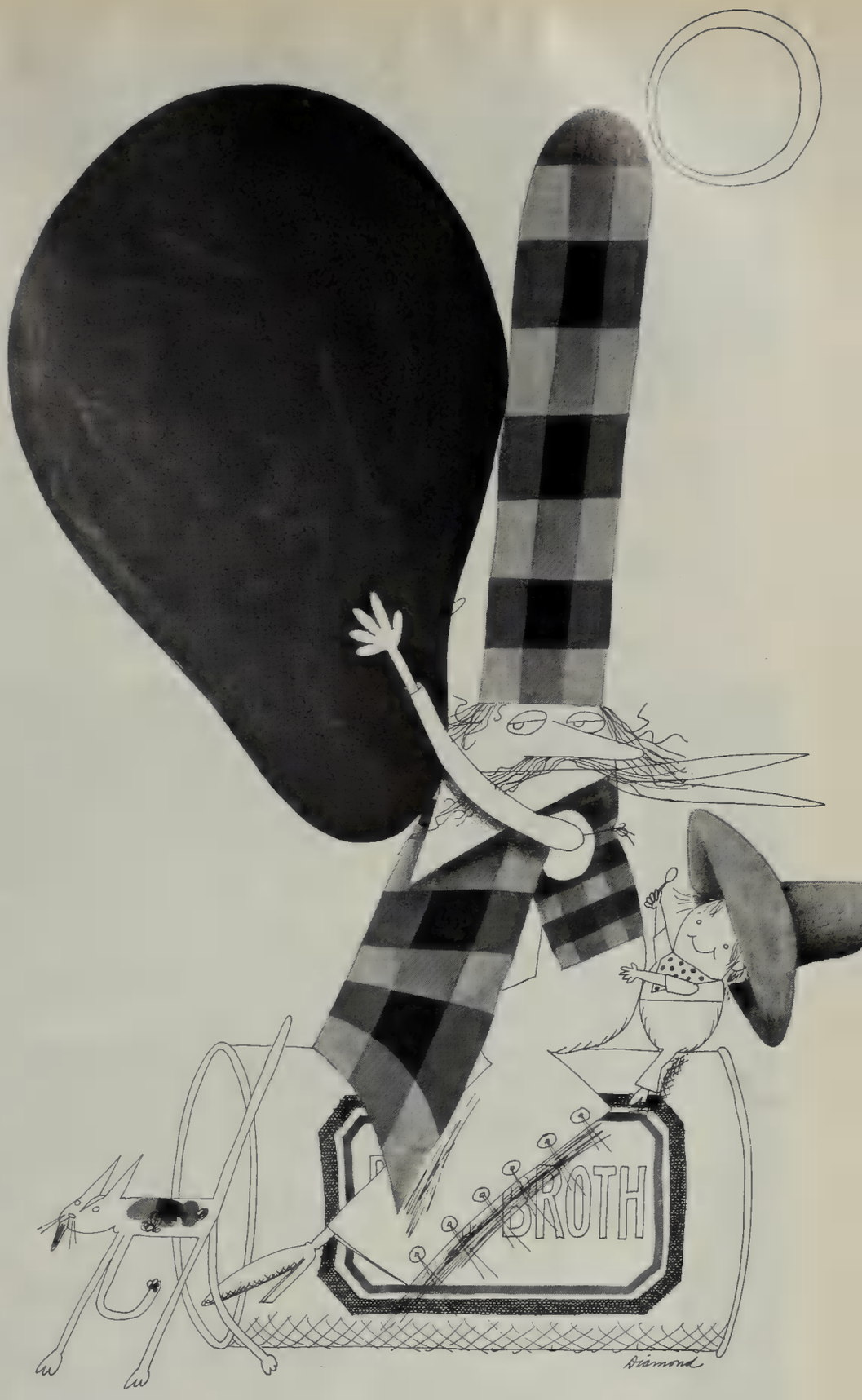
r broth into a small saucepan and
garlic. Bring to a boil, add avocado,
ce heat, cover, and simmer for 30
utes. Remove garlic, then serve im-
iately. Makes 2 servings.

Fred Cherry

Sausalito, Calif.

ipasto is, of course, the thing that
es before the pasta. It is roughly
valent to what the French mean by
d'oeuvre, which translates more or
as "outside the work."

English nowadays, hors d'oeuvre
come to mean something a bit dif-
nt. It usually forms a part of that
rican ritual known as the cocktail
y, and is not only outside the work,
completely apart from it. Hors
uvres may be anything from crack-
and cheese to Swedish meatballs;



"Now we make the soup with avocados that we don't allow to ripen"

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STORE COUPON

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Imerican ritual . . . the cocktail party"

etimes they're so hearty as to re-
ble a smörgasbord table. When we
e a little something before the main
se at dinner, and it isn't soup or
l, we generally call it an appetizer.

this is by way of introduction to
f James Vincent's treatment of
n peppers and anchovies. He calls
hors d'oeuvre, it resembles an anti-
o, and it would make a fine appe-
. Don't overcook it. It should
crunch.

ıovy Peppers Vincent

3 medium-sized green peppers
2 tablespoons olive oil
4 teaspoon *each* salt and oregano
Dash fresh-ground black pepper
1 can (2 oz.) flat anchovy fillets, drained
1 tablespoon capers, drained
Dressing (recipe follows)

each pepper in half, clean out seeds
inner membrane, and slice in ¼-
vertical slices.

frying pan heat oil over medium
and add pepper slices, salt, ore-
, and pepper. Cover and steam,
ıg occasionally, until peppers are
ender, about 3 minutes. Lift pep-
onto 4 salad plates with a slotted
ı. Arrange drained anchovy fillets
top and sprinkle capers evenly over
serving. Pour about 1 tablespoon
ing over each serving. Serve warm.
s 4 appetizers.

ing. Mix together ½ teaspoon dry
ırd, ¼ teaspoon garlic salt, dash
ground black pepper, 1 tablespoon
wine vinegar, and 3 tablespoons
oil. Blend well.

Jim Vincent

Los Angeles

McKaig is Commissioner of Parks
Recreation for Santa Clara County,
e southern tip of San Francisco
His own form of recreation, in the
r season, is shooting. He brings
easant and doves and cooks them
the manner that follows.

ame recipe works well with quail, or even with Cornish game hen, that tiny chicken with a pseudonym.

The sauce is the thing here, but the treatment of various birds differs slightly. If it's pheasant, then disjoint it and separate the legs and thighs. With a dove, do it whole. The quail and game hens should be halved. The quantities here handle 2 large pheasant or 4 game hens. This is good served with wild rice or a seasoned rice mix.

Birds Chasseur

2 pheasant (4 to 4½ lbs. *each*), cut in pieces, or 4 Cornish game hens (24 oz. *each*), halved
½ cup flour
½ teaspoon salt
¼ teaspoon pepper
1 teaspoon paprika
¼ cup salad oil
½ cup brandy
1 large clove garlic, minced or mashed
½ teaspoon thyme
¼ teaspoon seasoned salt
1 can (10½ oz.) condensed cream of mushroom soup
1 can (4 oz.) whole mushrooms
½ cup milk
½ cup dry Sherry
Livers from birds or 4 chicken livers, chopped (optional)
Chopped parsley

Wash birds, cut into pieces, and pat dry. Combine flour, salt, pepper, and paprika. Dredge bird parts in flour mixture; shake off excess. Heat the oil in a deep electric frying pan set at 375° or in a Dutch oven over medium-high heat. Add pheasant parts, a few at a time, and cook until browned on all sides. Remove pieces when browned; set aside. Pour off and discard any fat.

Add brandy to the pan, bring to a boil, and boil for 1 minute. Add the garlic, thyme, and seasoned salt. Mix the soup, mushrooms and their liquid, milk, Sherry, and chopped livers, if used, and pour into pan; stir well. Return birds to pan, cover, and simmer until tender (about 1 hour for pheasant or 25 minutes for game hens). Remove pheasant parts to a serving dish and sprinkle with

"He brings in pheasants and doves"

COLLECTOR SERIES

Tenth in California Classics presented by the California Beef Council

CALIFORNIA BEEF POT ROAST

untraditional in a clay cooker

3½ pound boneless California beef rump roast
3 tablespoons soy sauce
1 tablespoon grated fresh ginger root*
¼ teaspoon anise seed
1 teaspoon sugar
4 green onions

Trim off all but a very thin layer of fat from roast. Place beef in 1½-quart clay cooker. Combine soy sauce, ginger root, anise seed and sugar. Pour over beef, turning so all sides are moistened. Top with sliced green onions. Cover. Place clay cooker in **cold** oven. Set thermostat to 400°. Bake 2 hours or until beef is tender. Cut into thin slices and serve with natural pan juices. *Au jus* may be lightly thickened with cornstarch or flour, if desired. Makes 6 to 8 servings.
*or ½ teaspoon powdered ginger.

ALTERNATE COOKING METHOD: Prepare beef as above, placing in casserole. Cover tightly. Bake in 325° oven about 2½ hours.

Notes from the Chef:
- Beef and clay cooker should be about the same size.
- A 3 to 5-pound beef roast fits nicely into a 1½-quart cooker.

In November watch for
HOLIDAY BEEF HORS D'OEUVRES

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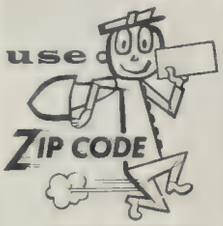

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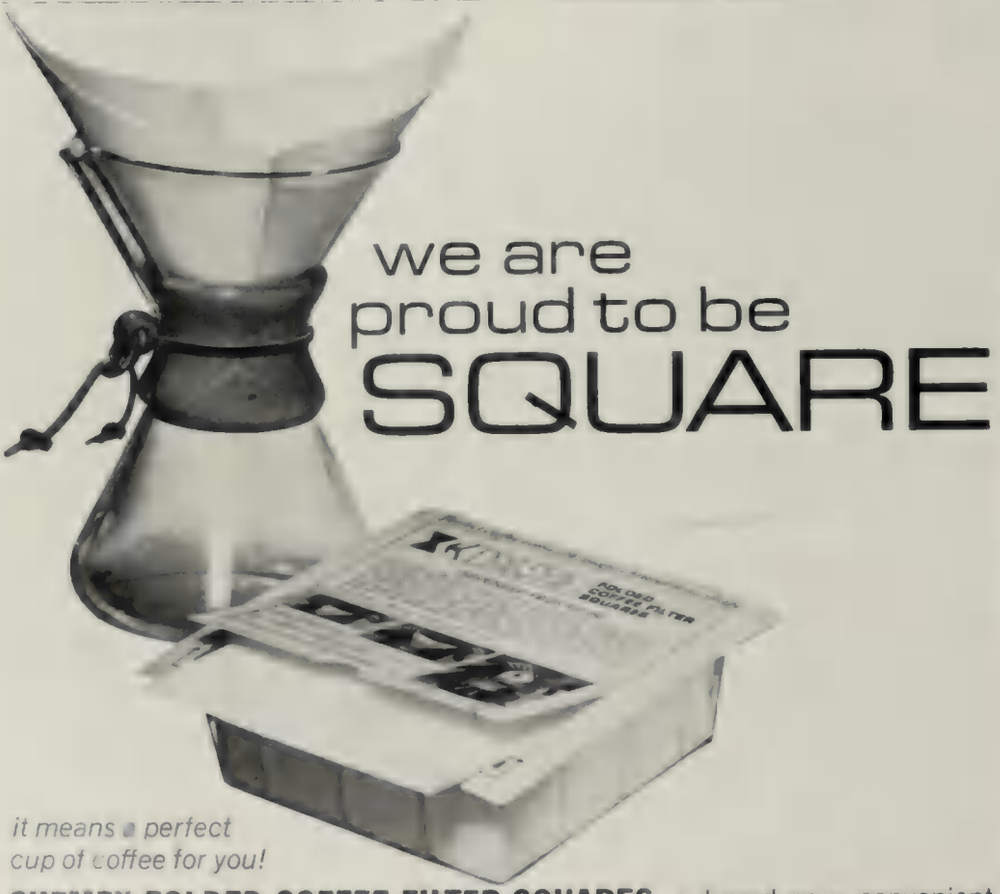

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the parsley. Skim fat from gravy pass in a separate bowl. Makes ab servings.

William H. McK

Palo Alto, Ca

Papaya has become a real Weste although its origins are in the Ame tropics. Hawaii is papaya country Mexicans grow the fruit also. are even a few Southern Califor who have the mild winter that pa

"Hawaii is papaya country"

need. But for most of us they from the grocery store, where th nearly as familiar as bananas these

Papaya has a peculiarity that cooks often take advantage of. I tains the enzyme papain, a meat t izer used in the commercial tend one finds on the grocery shelf. Th time you want to tenderize some try mashed papaya in the marina

Another peculiar facet of the frui seeds. They are edible and taste much like radishes or watercress. in a salad add a pleasant surpri those who like the bite of cress a crunch of radish.

Chef Robert Stappler suggests a dessert using papaya that shou peal to anyone not actively agai fruit. You combine it with that t citrus, the lime, and . . . but here recipe.

Papaya Trifle

1 large papaya, ripe but still firm
1 tablespoon lime juice
5 coconut macaroons, about 2 inches in diameter
About 1 cup vanilla-flavored yogur

Peel and seed the papaya, and large cubes. Pour on the lime jui stir to coat. Chill. Just before s break the macaroons into small and stir into papaya. Serve yogur rately to spoon over fruit m Makes 2 or 3 servings.

Robert F. Stappl

Se

·S

The Mayonnaise Lovers' Mayonnaise

The Real Mayonnaise

The cocktail quiche. A reputation-making party appetizer created by you and the mayonnaise lovers' mayonnaise. Kraft Mayonnaise. Rich with eggs and blended to a velvety smoothness. ~ Combine 1/2 c. Kraft Mayonnaise, 2 T. flour, 2 beaten eggs and 1/2 c. milk; mix until blended. Stir in 1 2/3 c. (7 1/2 oz. can) drained flaked crabmeat, one 8-oz. pkg. Kraft Natural Swiss Cheese Slices, diced, and 1/3 c. sliced green onions. Pour into pastry-lined 9-inch pie plate or quiche pan. Bake at 350° 40 to 45 minutes. 10 to 12 servings.

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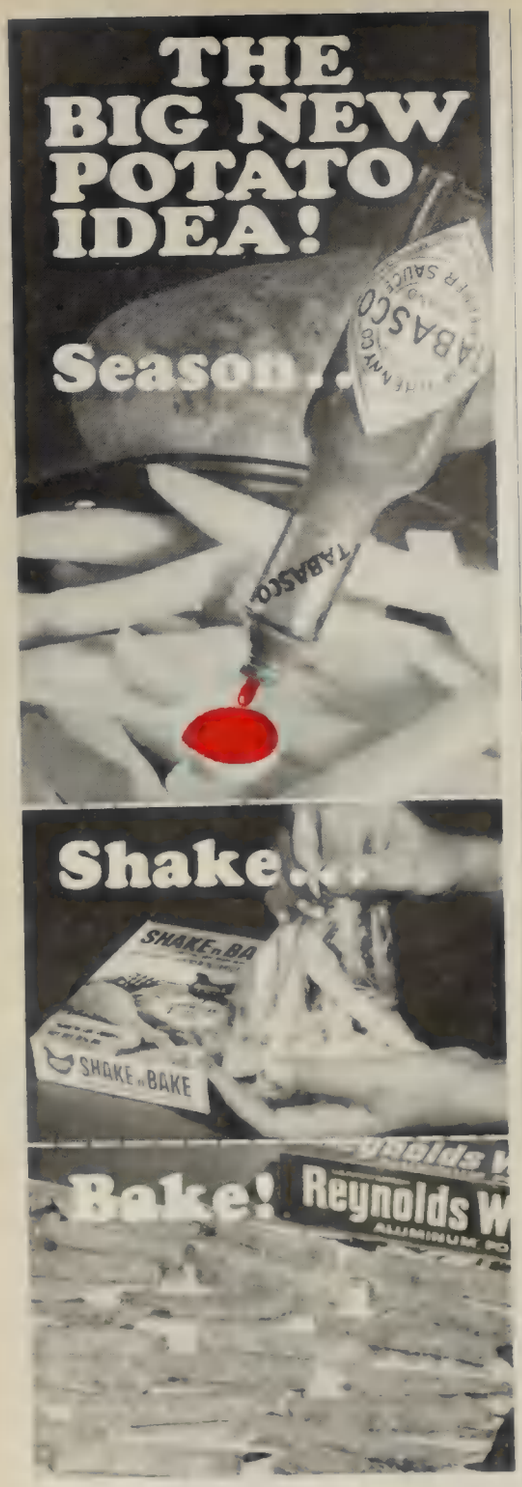

Baked Potato Slims

A flavor coated, oven-baked version of the French Fry. No more deep fat frying. Just golden, cheese-spiced potato goodness your family can get excited about. Tabasco brand pepper sauce adds that mmm-what's-in-it flavor.

- ¼ cup water
- 2 tablespoons vegetable oil
- ½ teaspoon Tabasco® brand pepper sauce
- 4 medium size Idaho® Potatoes or 1 pkg. (9 oz.) frozen Idaho French fries
- ¼ cup grated Romano or Parmesan cheese
- 1 envelope Shake 'n Bake® Seasoned Coating Mix for Chicken
- Reynolds Wrap® Aluminum Foil

Mix water with oil and Tabasco. Peel 4 Idaho Potatoes and cut into strips or use 1 thawed frozen Idaho French fries. Toss potatoes in water and oil mixture. Mix cheese with Shake 'n Bake in bag. Shake 5-10 strips in bag at one time until evenly coated. Place potatoes on Reynolds Wrap sheet. Bake in preheated 400° oven for 30-35 minutes (20-25 for frozen potatoes).

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GLENN CHRISTIANS

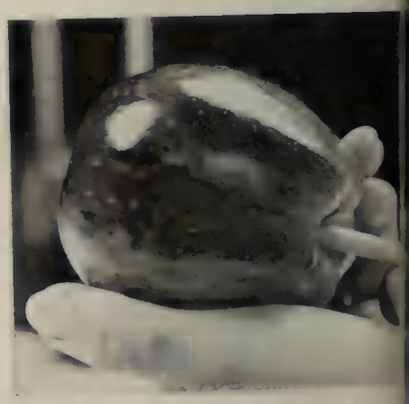
Homemade caramel apples *are popular fund raisers for school carnivals*

Caramel apples for fund raising ... here's how to make three dozen

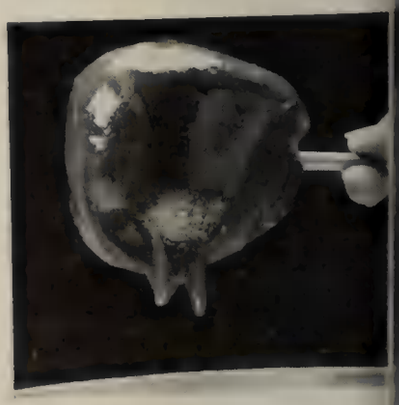
Apples on sticks, coated with thick amber homemade caramel, make fine treats for Halloween parties and trick-or-treaters; they are also well received when sold at school carnivals and fairs.

Since you can dip one to three dozen apples in about the same amount of time, we suggest making a large batch of caramel; the caramel apples can be made up to 24 hours in advance and do not require refrigeration. Should you want less than the maximum number of apples, dip those desired, then thin the balance of the caramel to sauce consistency with milk and chill until ready to serve as a dessert topping.

Several types of sticks work well as handles for the apples. The easiest to use



Force skewer *into apple to hold securely; round or flat sticks work*



Dip apple *quickly in caramel; twirl or scrape off the excess*

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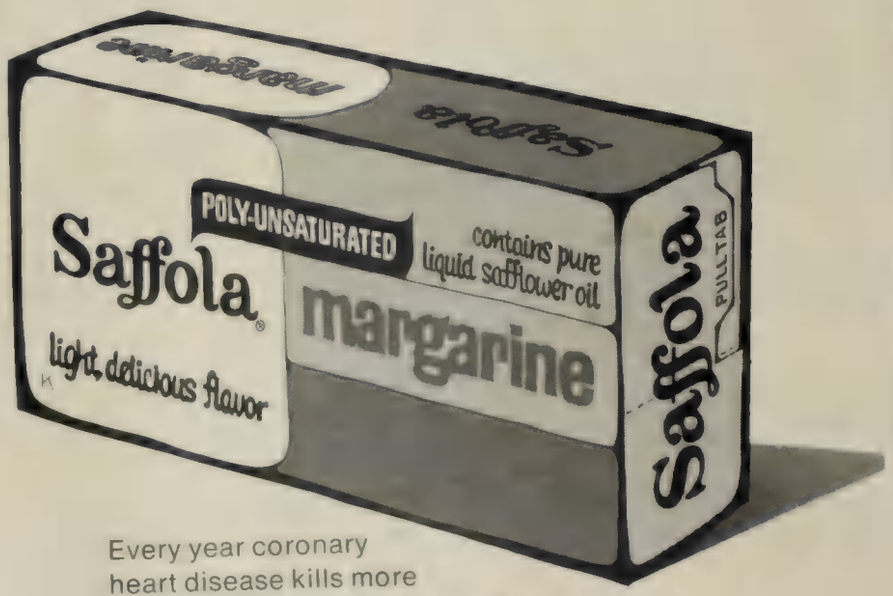

Every year coronary heart disease kills more and more people. Right now, it's the leading cause of death in the United States, but there are lots of things you can do to help fight heart disease. Like exercise more. Smoke less. Avoid tension. Cut down on the saturated fats in your diet. So why not ask your doctor about switching to Saffola®—the lowest in saturated fats (and highest in polyunsaturates) of leading stick margarines. That's because it's made with Safflower oil. Try good-tasting Saffola margarine soon. We've got your best interest at heart.

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are pointed round skewers (about 4½ to 5½ inches long) often available i meat markets. Also suitable are the fla round-tipped popsicle sticks; howeve they are harder to force into the appl Both sticks are usually available i hobby shops (check the yellow pag of the telephone directory under Hobb and Construction Supplies); or a cand shop that makes caramel apples or loll pops will often sell the sticks.

To achieve reliable results with the car mel you must use a candy thermomete

Caramel Apples

About 3 dozen crisp apples, each 2¼ to 2½-inch diameter, at room temperature
About 3 dozen smooth, sturdy wood skewers (see above)
Salad oil
5¼ cups sugar
2¼ cups light corn syrup
1 teaspoon salt
2 cups (1 pt.) light cream (half-and-half)
½ cup (¼ lb.) butter or margarine
2 cans (13 oz. *each*) evaporated milk
2 teaspoons vanilla
Water

Remove stems, then wash and thorough dry apples. Force a stick from the bl som end of each apple to, but n through, stem end. Also gather enou flat pans on which the apples can sit s by side without touching, but do n place apples on pans yet. Coat pans g erously with salad oil.

In a deep 8-quart kettle combine sug corn syrup, salt, cream, and butter. Co over high heat, stirring, until temp ature on a candy thermometer reac 220°. At once begin to gradually p in the evaporated milk, stirring, so t the temperature never goes below 2 or above 225°.

When milk is all added, continue cook over high heat, stirring constar (even under thermometer) to prev scorching, until temperature reac 238° (240° if weather is rainy). Rem at once from heat. Stir until bubbles s side; then mix in vanilla.

Working quickly, tilt pan to mak deep pool of caramel, hold each ap by the stick, and dip to coat with c mel; lift to drain and lightly scrape cess onto pan sides. The caramel sh not coat more thickly than 1/16 i if too thick, at once stir in water, 1 ta spoon at a time, until proper con ency. As caramel cools it thickens thin return to heat, bring to boil stirring and scraping down pan s then add water, and remove from he

To coat the last few apples, you need to spoon the caramel over the f

Keep apples in a cool place as lon 24 hours, but do not refrigerate chilled, the apples will sweat at r temperature and melt the carar Makes about 3 dozen caramel ap —*D. K., Palo Alto, Calif.*

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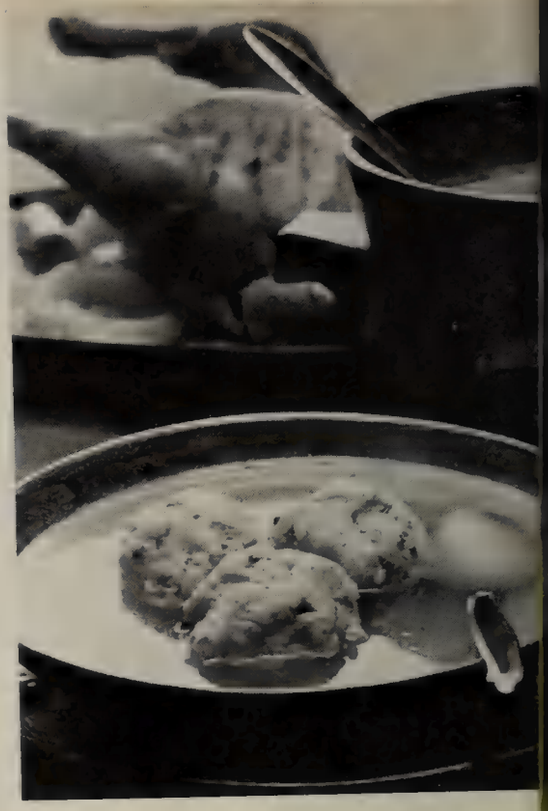
NORMAN A. PLA

Matzo balls *in homemade chicken soup. Make a complete meal by serving the chicken and vegetables out of the stockpot*



The dumplings in the soup are Jewish matzo balls

Among the foods distinctly Jewish in origin are the round, spongy dumplings called matzo balls, knaidel, or kneidel.

Matzo meal is the ingredient that distinguishes matzo balls from other dumplings. Because the meal is made from baked matzo wafers it absorbs moisture readily, retaining a light, porous texture throughout. It's available in most grocery stores in the West.

The dough must be refrigerated, so mix it ahead. Shortly before serving time, shape the dough into balls and cook them in boiling water.

A good (and traditional) way to try matzo balls is in chicken soup. You can simply heat canned chicken broth and add 2 or 3 hot cooked matzo balls to each serving. Or, for an interesting dinner, make your own soup by simmering a chicken with vegetables. Serve the matzo balls and soup first, and follow with the hot cooked chicken, the vegetables, horseradish, and kosher-style dill pickles.

Matzo Balls

- 3 eggs, slightly beaten
- 8 tablespoons melted chicken fat or shortening
- 3 teaspoons salt
- ⅛ teaspoon ground nutmeg
- Dash pepper
- ¾ cup matzo meal
- Water
- 3 tablespoons finely chopped parsley
- 2 tablespoons finely chopped onion

In a bowl combine the eggs, fat, 1½ teaspoons of the salt, nutmeg, and pepper; stir in the matzo meal until thoroughly blended. Add 3 tablespoons water, the parsley, and onion; mix well. Cover and refrigerate for at least twenty minu

In a 4 to 5-quart pan, bring 2 qu water and the remaining 1½ teaspo salt to boiling. Using your hands, sh rounded tablespoonfuls of the ma mixture (it will be slightly sticky) balls and drop into the boiling wa Reduce heat, cover, and simmer ge for about 30 minutes, or until the m balls are spongy and light in the ce (cut into one to test). Using a slo spoon, lift from the water to ser bowls or a soup tureen. Pour the soup or broth over them. Makes matzo balls, about 4 to 6 servings.

Homemade Soup with Chicken Vegetables. Rinse a 5-pound ste chicken and place it in a large k Add 1 large can (47 oz.) chicken b and 1 quart water. Cover and sim for about 1½ hours or until chick almost tender. Add 6 to 8 medium- carrots, pared and cut in 1½- pieces; 2 large onions, cut in thick s and about ¼ teaspoon pepper. C and simmer for about another 20 utes or until chicken and vegetable tender. Remove chicken to a se platter. Lift vegetables out of broth a slotted spoon and arrange aroun chicken; keep warm.

Skim fat from surface of soup, pour through a wire strainer and di residue. Season soup to taste wit and pour it over hot, cooked m balls and serve. If desired, drizzle ¼ cup melted butter or margarine chicken and vegetables and sp with chopped parsley. Makes 4 servings.

SU

Betty Crocker
pineapple
upside down
CAKE MIX AND TOPPING
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upside down
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Dole
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Topping Mix
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GARY SHELDON

hef explains *composition of various dishes to inquiring visitor*

or Paris visitors, an afternoon at Le Cordon Bleu

famous Paris cooking school, Le don Bleu, known to all devotees of art of French cooking, was founded 895. Only within the past five years it move to new and tiny housing 24 rue du Champs de Mars, Paris Now it offers visitors an opportunity it in on one of its classes.

2-hour live demonstration class be- every afternoon at 2:30. If you call school (telephone 468.99.41) and to the director, Mme. E. Brassart, speaks fluent English, she will be py to tell you what is being prepared day. Or, by writing ahead of time, may request a month's schedule of y menus.

presiding chef, M. Narsis, conducts class entirely in French, but anyone iliar with French menu and cook- k terms should be able to understand proceedings. The menu on the day visited was: *Oeufs à la Béarnaise,* ched eggs served on toasted bread nds and ladled with béarnaise sauce; *Tendrons de Veau Paysanne,* a braised veal shoulder served in Madeira sauce with fresh vegetable bouquets; and *Bavarois au Café,* a molded coffee Bavarian cream with fresh whipped crème Chantilly (beaten by hand with a dinner fork over a bowl of ice).

Unprepossessing *storefront entrance masks one of world's most famous homes of French cuisine*

You may visit the school for only one afternoon, or you may sign for a 3, 6, or full 12-month Grande Diplome course. Admission for one visit is 25 francs ($4.60) a person. Take the Métro to the station marked L'Ecole Militaire; it is but a short walk from there. □

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RECIPE

ROD'S MOLDED VEGETABLE SALAD

1 package lemon-flavored gelatin
1¼ cup boiling water
1 package frozen mixed vegetables
1 10-ounce jar Rod's Sour Cream Dressing

Dissolve gelatin in hot water. Cool to consistency of egg white. Cook frozen vegetables according to package directions. Cool. Combine vegetables and sour cream dressing. Add to gelatin. Pour into a 1-quart mold. Chill until firm, about 2 hours.

Makes 6 servings.

If your favorite store doesn't stock Rod's Refrigerated Dressings or Dips write to us and we will pass the information on to your Grocer.

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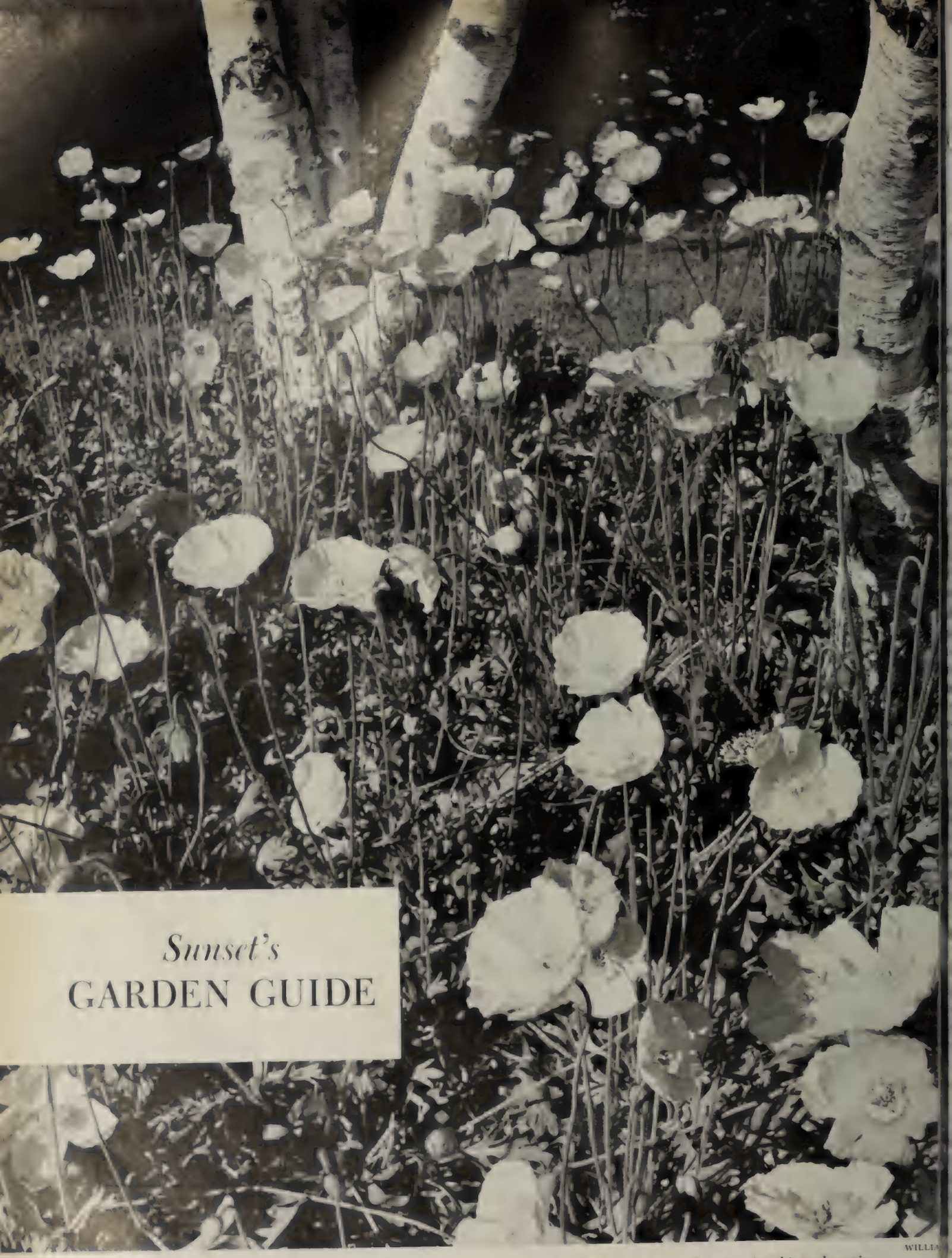


Sunset's
GARDEN GUIDE

WILLIA

October planting sets the stage for this early spring display of colorful Iceland poppies. Colors range from yellow through orange, white to pink. These poppies prefer full sun, ordinary soil, little water, no fertilizer

Little water, no fertilizer

)CTOBER IN YOUR GARDEN

What's coming? The best planting time of the year

ırdening almost all year around is ne people's idea of heaven. Others ve a slightly less elevated opinion.

ck East, gardeners have already be- ı to close up shop for the winter, ich may last well into April, and their den activity for the next six months l be confined to looking through flow- catalogs.

t in northern California the long wing season continues, reaching a al of 295 days in Fresno and up to 5 days in San Francisco. Contrast that h 195 days in Chicago, or 199 days in ston.

tober gives you some grand oppor- ities for planting. In this month alone ı can plant a lawn, set out enough nts to change the appearance of your den completely, and provide your- with flower color for most of next ır—without planting more in the ing, if you choose.

this month's Garden Guide, you'll l many kinds of trees, shrubs, and lding plants that you can set out now. ese plants will establish themselves r the winter and get off to an early, orous start next spring.

tober is the best planting month of year. Don't let it slip by.

lifornia's wild lilac

e bright blue blossoms of ceanothus wild lilac (shown at right) are a fa- iar but always impressive sight in late ing. Although this West Coast native asily recognizable, there are actually re than 45 different species and vari- s in the wild and in cultivation.

rt one this month and it should estab- ı itself for a good flower show next ing.

nt ceanothus in well drained soil, well ay from plants that need much water- . Ceanothus should be watered deeply infrequently, allowing enough time ween waterings for the soil to dry . Depending on the variety, plants w from 5 to 20 feet, and can be used ground covers as well as medium to shrubs.

ost readily available in nurseries are:

NORMAN A. PLATE

Blue blossom *(Ceanothus thyrsiflorus) covers itself with lilaclike flowers in spring; plant this month. This peaceful setting is in the University of California Arboretum, Davis*

Sunset's GARDEN GUIDE

WILLIAM APLIN

Florists' cyclamen *make a handsome border in front of this white azalea; also with camellias*

C. cyaneus 'Sierra Blue,' a heavy-flowering, dense and tall (6 to 12 feet) variety; *C. gloriosus*, Point Reyes ceanothus, a low-growing ground cover; *C. griseus horizontalis*, Carmel creeper, another low-growing variety; *C. griseus horizontalis* 'Compacta,' which grows to only a foot high; *C. impressus* 'Mountain Haze,' growing to 4 feet with no water, to 12 feet with abundant water; *C. thyrsiflorus*, blue blossom, one of the most common of the natives, variable from 4 to 20 feet depending on water and exposure.

Fragrance with a capital F

Few flowering plants can match the heady fragrance of freesia. The graceful, 2-inch-long flowers (shown below) come in white, pink, red, blue, purple, yellow, and orange. The older 'Alba' variety is the most fragrant, but comes in creamy white only.

Freesias *are a welcome spring event, with very fragrant, soft creamy colors. Plant corms this month and next*

DARROW M. WATT

Plant freesia corms this month, 2 inches deep, pointed end up, in sunny, well drained soil. Freesias bloom early in spring; plants dry up after bloom is finished. Once fall rains come, they will begin to grow again. Plants increase rapidly; every few years you may want to separate them and replant.

Cyclamen love mixed company

Many people enjoy the flowers of florists' cyclamen through fall and winter months, usually in containers. In mild winter areas, cyclamen also make fine bedding plants, either by themselves or in the company of azaleas or rhododendrons (see photograph above), camellias, or large ferns.

Cyclamen need shade in warm summer climates. Plant in rich soil with lots of humus. Keep soil moist; don't cultivate around the roots.

Some thoughts on mulch

Most *Sunset* readers are aware that a garden mulch slows weed growth, reduces the need for watering, and improves the appearance of a garden. But there are other good points to mulching that aren't as well known.

An organic mulch produces humus as it decomposes. It also nourishes plants by supplying its own nutrients to the Mulch conserves moisture: evapora and runoff may be reduced by as m as 90 per cent.

Mulch also smooths out tempera fluctuations. On a hot day, mulched can be 10° to 25° cooler than bare In winter, mulch retards freezing in climates.

If you put down a 2 to 3-inch mulc will prevent mud splashing onto cent walls and fences. Other benefi cushions soil against foot traffic; courages extensive feeder roots in rich, well aerated upper layers of and helps buffer excess fertilizer.

Do not scatter mulches willy-nilly. T is danger of damping off (stem r you spread a mulch that holds moisture around seedlings on wet Rotting may occur when mulch is closer than a few inches from the cr stem, or trunk of many plants. If use a nitrogen-deficient mulch suc sawdust or straw, decompositior ganisms will steal nitrogen from th unless you apply a nitrogen fertiliz

How to tell the Dutch from the Wedgwood

For graceful form and rich color spring flowers can match Dutch

ıt bulbs now for bloom in March April (later in colder climates). You buy Dutch iris in shades of white, :, orange, purple, mauve, yellow, and ılors.

ıt in a sunny spot, about 4 inches ı and 3 to 4 inches apart, or in a ainer (5 or 6 bulbs to a pot).

lgwood iris is often sold as Dutch but is really another branch of the ily. It has larger flowers than the ch kind, in shades of lavender-blue yellow markings. The bulbs are bigger and plants bloom several ks earlier. Leaves are floppy and you want to set the bulbs behind bushy ıals or perennials for this reason.

ı kinds of iris make excellent cut ers. To have enough for cutting, bulbs now while supplies are good.

r both finish blooming, let foliage ı before digging, then store bulbs in ol, dry place. Don't let bulbs stay of the ground more than two ths.

NORMAN A. PLATE

ı iris *shows graceful form.*
are bicolor; solid colors available

ırresistible force?

inths and sacred Chinese lilies are to force in water, and can be in ı by late November or early De- er. Use a hyacinth glass or a shal- ıowl filled with pebbles. The water e containers should come to just the base of the bulb, not touching e roots quickly grow into the water; the bulb sits in water it may rot base. Keep in a dark place until a root system develops, then move he light to get top growth.

bloom, plant bulbs in ground and them to ripen naturally.

OCTOBER CHECK LIST:

Here are the important chores

☐ **Annuals.** Plant these for winter bloom: calendulas, pansies, snapdragons, violas. You can also set out anemones, delphiniums, dianthus, Iceland poppies, stock, sweet alyssum, and sweet peas. See articles on annuals elsewhere on pages 257 and 263.

☐ **Begonias.** When the foliage on the tuberous varieties dries, lift the tubers and store in a cool, well ventilated spot.

☐ **Bulbs and bulblike plants.** Select spring-flowering bulbs as soon as possible; nursery supplies disappear quickly. You can wait until November to plant bulbs, but don't wait until then to buy. See page 242 for more on this subject.

Dig up gladiolus that have died back and store corms in a dry place for replanting in winter or spring.

☐ **Camellias.** Thin buds now for bigger and better bloom later. Some Sasanquas are in bloom now; if you find one you like, plant it this month. They are good container plants.

☐ **Chrysanthemums.** Staking will help keep plants upright during early fall rains. Hold off feeding as plants begin to bloom. Watch for aphids.

☐ **Dahlias.** Don't uproot until tops have died back; they're still storing up energy in fading top growth.

☐ **Grooming and maintenance.** Fall cleanup protects your garden against overwintering pests and diseases. Remove annuals that have finished blooming. If any perennials or shrubs haven't lived up to expectations, pull them out and replace during this best of all planting months. Remove surplus and weak blackberry and raspberry canes, and all canes that have borne fruit this year.

Transplant crowded perennials, shrubs. Commercial soil conditioners are excellent for getting soil into workable condition, but work into ground before rains begin.

☐ **Ground covers.** Set out kinds that can stand cold: ivy, *Hypericum calycinum*, Vinca, and *Potentilla verna*. They'll establish themselves by spring.

☐ **Growing from cuttings.** You can take cuttings of these this month: fibrous begonias, geraniums, pelargoniums, sedum. Also take fuchsia tip cuttings soon, before growth begins to harden. Keep indoors or in protected spot outdoors in frosty climates.

☐ **House plants.** Repot plants too big for their containers. If you moved some plants outside for the summer, prepare to move them back in. Usually they can stay out until midmonth.

☐ **Lawns.** October is the best month for planting cool-season grass lawns. New lawns should be mowed only when top growth has reached 3 inches, usually a month after planting.

Feed established lawns and reseed thinning areas.

☐ **Perennials.** You can set out agapanthus, columbine, daylily, dusty miller, gazania, marguerites, peonies, Shasta daisies. Dig up and divide overgrown plants; discard old woody portions at center.

☐ **Pests.** Snails and slugs become more active as cool weather begins; watch for their telltale tracks. Hand-pick or bait.

☐ **Roses.** Pick fading flowers to encourage prolonged bloom. Cut dead, diseased, or weak growth. Save heavy pruning for winter.

☐ **Vegetables.** Sow seeds of beets, carrots, chard, lettuce, parsley, peas, radishes, spinach, turnips.

☐ **Watering.** Plants need less water as night temperatures drop. But October rains are seldom enough (in some areas it may not rain at all). Check soil and water when it becomes dry. Be especially vigilant in watering azaleas, camellias, and rhododendrons. □

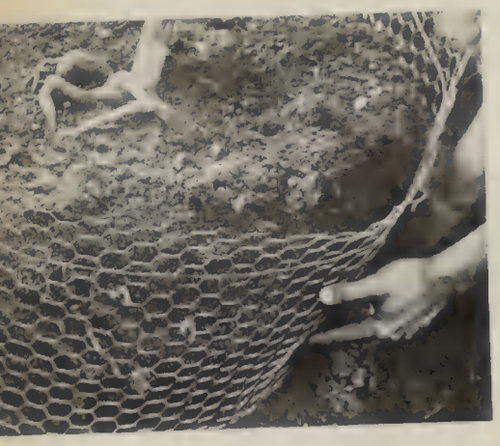
First step: *Dig around root ball. Then undercut one side and wrap with chicken wire, sliding and bending wire underneath*

To move a tree or shrub from one place to another, you hav to take some roots—intact—along with the top. Deciduou trees can have their roots completely bared for midwinte transplanting. But if a plant has leaves on it, it needs all th roots it can keep. If the ball of earth containing the roo fractures, many valuable roots get severed and many litt root tips (the working parts) die.

For generations, gardeners have bound the big root balls burlap and string to prevent fracturing. Such burlapping difficult; you need practiced skill to accomplish it.

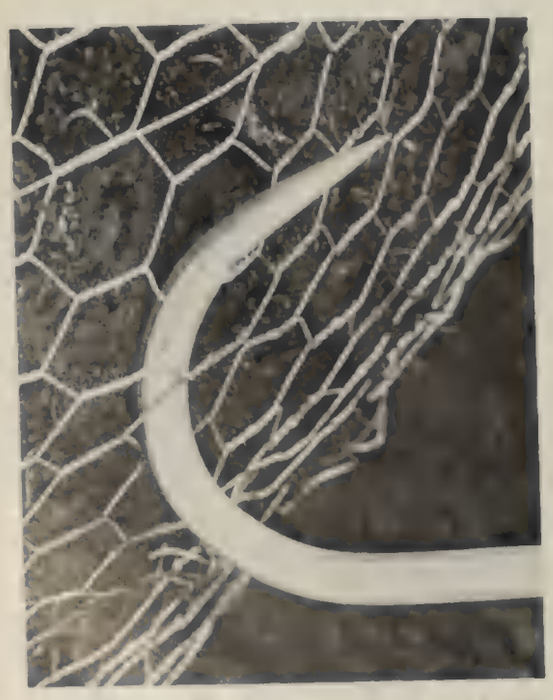
In the method described here, you use chicken wire inste of cloth. The wire is easier to tighten and it holds the root b more firmly and evenly—making it easy even for a novice bind a root ball.

As seen in photographs below, a hay hook (used for picki



An easier way to transplant medium-sized trees and shrubs. You wire-truss the root ball

With chicken wire and hay hoo



Here's how *you keep root ball in one piece: Slip hay hook through several holes in chicken wire, and twist until wire tig*

bales of hay) is the tightening tool. Slip it through the ing in the wire and twist. By doing this wherever the needs tightening or connecting, you will end up with a ly-held-together root ball. You can purchase a hay hook bout $2 from feed supply stores.

photographs on these two pages show the basic steps in splanting a medium-sized tree or shrub. First, make sure have the new planting hole dug and ready for the plant. n, a day or two before you do the transplanting, thor- ly soak the ground around the plant to be moved so the will be damp enough to hold its root ball together.

digging a trench around the plant, allowing enough ing room to tunnel under the plant. The root ball needn't ny larger than 2½ feet in diameter for most middle-sized or shrubs.

Tunnel under the root mass first from one side, working the chicken wire underneath, then from the other side. The idea is to get enough chicken wire under and around the root ball to support it when you lift it out. (If you have fall-apart sandy soil, you could first wrap the root ball in plastic, then chicken wire.) One-inch mesh wire works best.

Use several long strips of chicken wire. You can attach them to each other using the same twist method as for securing the root ball.

For the final step you may need some help. Lift the root ball out of the hole using a shovel or mattock as a lever.

After putting the plant in its new hole, cut off the wire with wire snips, water thoroughly, and shade the plant if it's a hot day. If you can't plant it immediately, wrap in plastic and keep in a shady, moist spot until you're ready to plant. ▫

Trussed up *in chicken wire, root ball is ready to be pried out of the ground and moved. Here, gardener uses flat part of a mattock for leverage*

NORMAN A. PLATE

The bulbs go in and out of the bins

The bulbs that produce different kinds of flowers next spring always appear and then disappear from store and nursery bins and shelves at different times in the fall. It's best to buy bulbs as soon as they become available. Then plant at once or later, in accordance with the following major Western climate planting guides.

In sorting out the various bulbs, it may help to revive two rather old-fashioned terms: Dutch bulbs and Cape bulbs. The first, so named because Holland was for many years their only source, are largely bulbs from Europe, Asia, and the Near East. They are hardy to winter cold and may or may not actually need this for optimum development. Typical examples are crocus, daffodils, snowdrops, and tulips.

Cape bulbs are the tender or half-hardy bulbs that come from South Africa, once loosely referred to as the Cape (the Cape of Good Hope). These bulbs cannot stand hard freezes, nor do they need any significant cold to perform well. Common examples are freesias, ixias, montbretias, and sparaxis.

In the lower elevations of California and Arizona

Immediately plant any bulbs you buy with the exception of tulips. Tulips need chilling to perform satisfactorily and should be stored in a refrigerator or c basement at about 40° to 45° bef being set out in November or ea December.

Hyacinths need not be planted at on but may be stored in a cool, dark, place until late October, November, December, when soil has cooled off.

Plant daffodils and other kinds of r cissus as soon as you can buy them the weather is hot and dry during Oc ber, water in well at planting time occasionally afterward until rains be

Lilies should always be considered gr ing plants, not dormant bulbs. P them at once if they are plump healthy. If they seem dried out, plu them up by burying them for a weel so in damp sand or peat moss. N remove healthy-looking roots from bases of bulbs, and handle carefull avoid damaging or bruising bulb sc

The Cape bulbs and the smaller D bulbs (allium, crocus, and muscari) go in as soon as it is convenient.

Plant anemone and ranunculus tu this month or in November. Top gr appears early. Protect it from birds netting or screening.

In western Washington and Oregon

Plant Dutch bulbs as soon as you Early rain may make later planting ficult, and Northwestern winters bulbs adequate chilling.

Cape bulbs are not often grown i Northwest, but can do well if pla late (in November). When the growth does come, it will not ha contend with winter cold, snow, or f ing mud. Give anemones and ran lus the same handling. Foliage and ers will appear in early spring, later in milder regions where they a with winter rain.

In the mountains and east of the mountains

Plant Dutch bulbs as soon as the available; if you must store them while, keep them where they wi freeze during an early cold spell. B that they have adequate moistu planting time.

Cape bulbs are seldom grown the ground freezes solid in winter. covet freesias or similar plants, yo have to grow them indoors in Grow them in as bright a spot a can find and keep them cool, esp at night; a temperature of 40° t is good.

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SELIG

How the highway planters plant

The California Division of Highw probably plants more trees and shr than any other organization anywh Fall planters can follow the Divisi methods and hopefully obtain the s results: fast growth with as little m tenance or problems as possible. state gardeners are constantly impro their methods; here is how they p in 1971.

Planting method

They start with plants that haven't come rootbound yet. Rootbound pl may perform poorly, turning yel staying small, and often dying. R should just reach the edge of the ca

The basic planting formula requir hole 18 inches wide by 3 feet deep plants from 1 or 5-gallon cans. This sound like a deep hole, but even plant's roots never reach that deep hole ensures good drainage.

The soil that goes back into the hol a pound of iron sulfate mixed into correct any iron deficiencies and alk ity, both common problems in Ca nia soils) and 1 cubic foot of or matter (formerly they used ma lately nitrogen-fortified sawdust or ilar material).

When putting the soil back into the the highway crew fills in only two-t of the amended soil, tamps it firmly, then adds the rest.

Watering and feeding

The Division of Highways no l builds mounds for watering basin stead, they fill the planting hole to in 2 inches of the top and use the r ing depression for watering. They the base of the plant above the d sion (at ground level) so it doesn wet when they water the plant.

Pay special attention to watering plants. The new fast-draining p mixes used by most nurseries dr incredibly fast and can't absorb m from the neighboring soil. Th around the root ball can be soakin and the root ball bone dry. On plant sends out roots past the gr mix and into the soil, it will nee and less water.

During the winter months (Noven March) the Division doesn't feed because the tender new growt might result could be harmed by winds or cold. So, if you plant th don't feed until spring.

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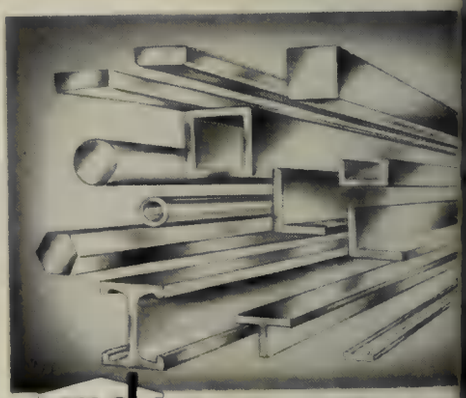

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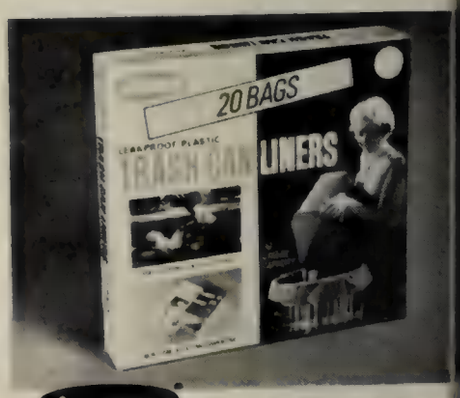

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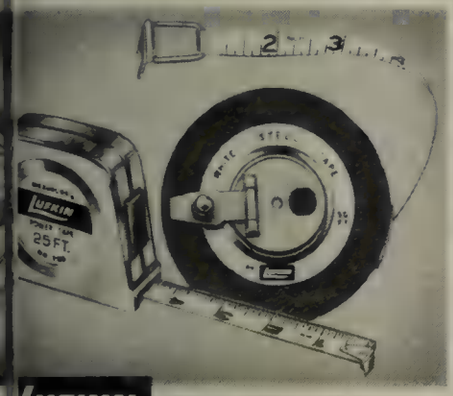

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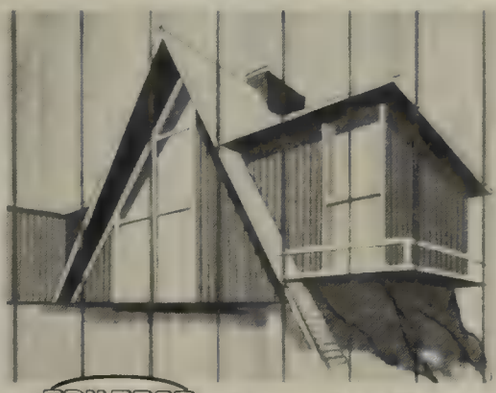

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NORMAN A. P

How you grow *peas depends on how much space you have. Here, peas grow on the ground (best for short bush types) and on a trellis or against a fence (best for the taller vine types)*

Your peas can sprawl or they can climb. A good time to plant is now

Last month on page 178, *Sunset* listed six of the more popular cool-season vegetables, how to grow them, and when to plant them. One additional cool-season vegetable, peas, wasn't included because October is a better month to plant peas than September.

By waiting until October you miss any hot spells that may set the new plants back. And, when they ripen in the cool winter weather, they will bear over a longer period. October isn't the last month you can plant, though. In most parts of the West, planting can go right through the winter into March or even later near the coast. In the desert, planting usually stops in December.

Plant peas from seed, since young plants quickly develop a long taproot that could be damaged in transplanting. Before sowing, soak the soil thoroughly, let it dry just enough to work, and then plant the seed. Since the seed rots easily, the idea is to have enough water in the ground to cause germination and some growth before you have to water again.

Sow the seed in a 1 to 2-inch-deep furrow with the furrows 30 inches apart. You don't thin peas, so the small pl should be from 1 to 3 inches apart w they come up. Be careful not to o water or overfeed peas since they quite sensitive to both.

The photographs show three way growing pea vines: letting them sp on the ground, climb a trellis, or clin fence or wall. Which way you do it pends on how much space you hav also depends on the variety of pea yo growing, whether it is a tall vine short bush.

Besides these two types (bush and v there are two other ways to classify p as green peas, which you shell; or s peas, which you eat pod and all.

These four varieties are recomme by the California Agricultural Exter Service: 'Progress No. 9' and 'I Marvel,' bush-type green peas; 'A man' (often called 'Tall Telephone vine; and 'Mammoth Melting Suga sugar pea. To this list we might 'Alaska.' A small vine, it's one of tougher varieties and would be usef the gardener worried about the wea getting too cold.

...and the taste of honey

e might be overly proud of this loaf of bread. But our best ends and critics seem to agree that it is unique among ole wheat breads.

is bread combines two different grinds of the wheat berry. one case the stones grind coarsely, and the berry is just icked in half. In the other, a fine grind produces a smooth, bleached wheat flour. The blend of the two retains the nut- e flavor of the whole berry, but smooths out the roughness.

Northridge Honey Wheat Berry is a chewy, mildly sweet, whole wheat bread—an interesting flavor blend of nutlike cracked wheat, mellow-sweet honey, slightly tart raisin syrup, and just a touch of sourdough.

OROWEAT

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Syngonium *plant, firmly held in flexible mechanical fingers, is lowered to planting hole in bottle*

DARROW M. WATT

A push *on plunger tip opens metal fingers to grasp base of plant*

First you get yourself a very big bottle . . . next get some astro-fingers

Square-ended *stick tamps soil mix over roots of plant*

The term "conversation piece" is one of the most overworked in the language, but we feel justified in calling this planted bottle a conversation piece. If you make one like it we can guarantee that you will at least be asked how to do it. Your answer might go like this:

First, find a suitable bottle. This one came from a chemical supply house, but flea markets and secondhand shops are good places to look, too. After washing it out and letting it dry, put an inch of store-bought house plant mix in the bottom, then a thin layer of charcoal over it, then another layer of mix over that. (You add soil and charcoal through a tube of rolled-up newspaper or waxed paper to keep the bottle clean.) Mix should be damp, but not soggy.

With a stick, mold the soil contour and gouge out a shallow planting hole. Take a plant from its 2-inch pot and shake the soil from the roots; lower it at the end of a tool called flexible mechanical fingers. (You could call it astro-fingers. It costs $1 at the hardware store.)

Open the fingers to leave the plant in the hole, then push soil over its roots with the stick. Then repeat with other plants.

You need not water at planting ti the planting mix is damp. Little ev ration takes place through the na neck, so you needn't cork it. S people do, though; it makes little d ence. If the plants need water (i months or so), water with a few c at a time from a glass tube.

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NORMAN A. PLATE

Paper-white *narcissus planted in pebbles and water in early Octobe will bloom in winter, possibly by Christmas*

For a spring look in winter . . . try bulbs in pebbles

For a refreshing touch of spring in your house this winter, start some narcissus bulbs in pebbles and water some time early this month.

Polyanthus narcissus—with clusters of small-cupped flowers—are most reliable for forcing indoors. Favorite kinds are Chinese sacred lily, white with yellow cup; 'Cragford,' white with orange cup; paper white, which is pure white; and 'Soleil d'Or,' yellow with orange cup.

Select large, firm bulbs and a container deep enough to hold 2 to 3 inches of pebbles. Set the bulbs close together and embed them sufficiently to keep them upright. Add water until it reaches the base of the bulbs. Place the container in a cool, dark place for about six weeks, or until the bulbs have formed strong roots and 1 to 2 inches of top growth (white or pale yellow at first due to lack of light). Then move the container into full light.

When leaves are 3 to 4 inches high, place the container in a sunny spot. Add water as necessary to keep it at the proper level. You'll probably see buds, perhaps some flowers, in three or four weeks. After bloom, plant in the garden, but don't expect flowers next year. ☐

Set bulbs *on about 2 i of pebbles or gravel; add until it touches base of*

When roots *and tops are like this, move container into warm, fully lighted spot*

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pruning shaped this atla

It takes prunin bending, and ti

The atlas cedar you see in the graph above is a one-of-a-kind plant, for its corkscrew shape is sult of a deliberate effort by Mrs. Walsh of Sunnyvale, California mally a cedar like this will grow up to a height of 60 feet and its br will cover a 30-foot circle. But don't have that sort of space a would still like to have this tree garden, just follow Mrs. Walsh's

First, you need some kind of te Mrs. Walsh used angle iron han into the approximate form that t is now. Alongside the template gallon or a 5-gallon-can atlas ce the trunk grows, bend it to fit t plate. Fasten the trunk to the te with plastic tape. Mrs. Walsh template in place for several mo get the trunk to take the form it n

Besides bending the trunk you m prune new growth heavily if yo want the branches to be long and ly covered with needles. By p the candles off the tips of the br you can make the branches gro and stubby instead of long an Pinching off the candles also ma remaining needles grow in clust look like powder puffs. Short b with clustered needles give the Oriental appearance.

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Happy Holidays

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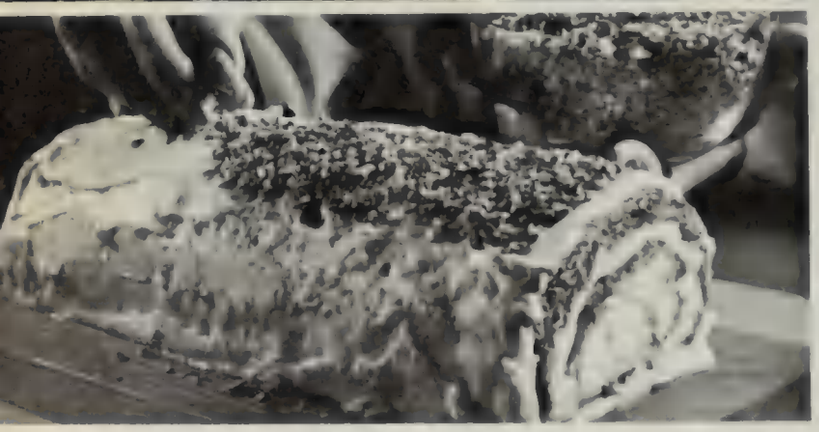

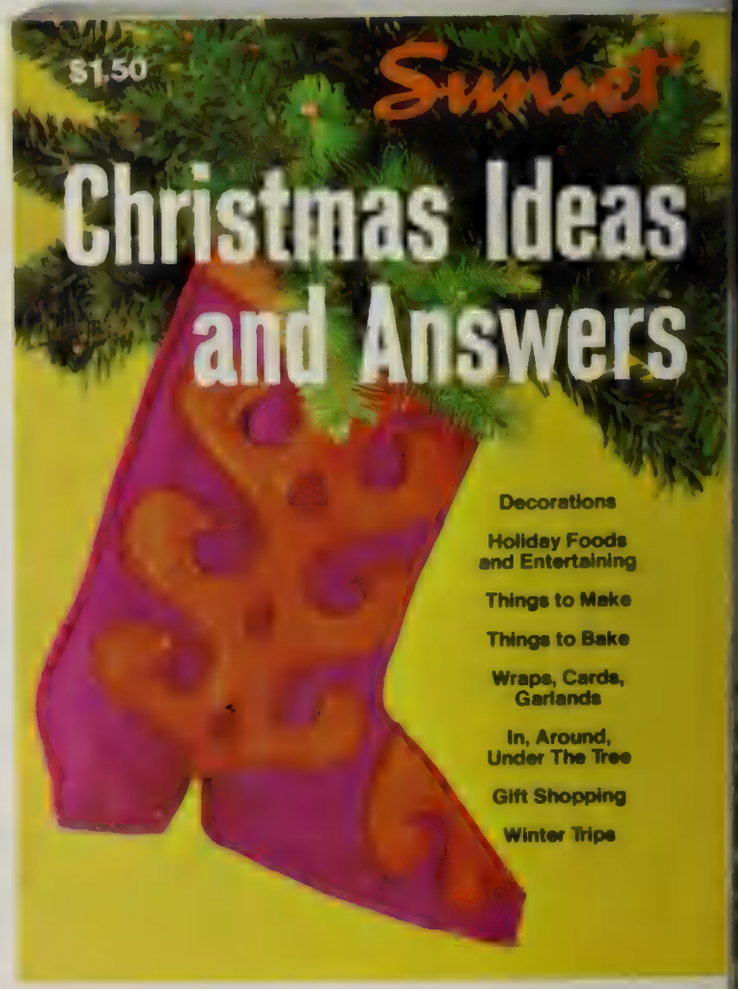

Before you begin planning for the Christmas holidays, look for the new *Sunset Christmas Ideas and Answers* at your favorite newsstand. You'll find hundreds of decorating ideas, recipes and party plans, things to make for gifts, shopping suggestions, unique gift wraps, and even ideas on where to travel this winter.

Each project and recipe has been tested and perfected by *Sunset's* editors. Large photographs (including many in full color) illustrate step-by-step instructions.

This is a special publication, not part of your regular *Sunset* subscription nor available by mail. So pick up a copy at your favorite newsstand and begin planning for a happy holiday. Only $1.50

Ranunculus *bloom February to April in orange, pink, red, white, yellow. Need full sun*

Winter-spring color . . . if you act now

DON NORMARK

Stock *blooms January to April in pink, purple, red, white. Fragrant, it prefers sun and cool weather*

This is the season when gardeners in the lower elevations of California and Arizona can exercise one of their special privileges. You can plant flowers that will bloom in winter and earliest spring (when much of the world is cold and gray) and continue into summer.

Soil preparation is important, since the soil around the roots will probably be damp until spring. Select a planting site that has good drainage. Mix in a soil conditioner to break up heavy soil. Fertilize when rapid new growth begins.

Buy plants in flats if possible. Sometimes plants in plastic packs with individual compartments stay confined to their original root clump; crumbling the soil around the roots before planting may help them spread out. Listed below and shown on this page are some of the annual and perennial flowers you can plant this month.

Anemone (tuberous-rooted). Blooms March and April. Flowers blue, red, white, on 6 to 18-inch stems. Sun.

Delphinium. April through June, may repeat. Blue, pink, purple, violet, white. Flowers on spikes 3 to 6 feet high. Full sun, rich soil.

Iceland poppy. December through June. Orange, pink, red, salmon, white, yellow. Cup-shaped flowers on slender stems to 2 feet high. Sun.

Nemesia. December through May. All colors. Low, compact to 12 inches. Heavy-flowering plant likes full sun, an even supply of moisture.

Pansy and viola. January into summer. Blue, purple, red, rose, white, yellow. Familiar bedding plants, up to 12 inches high. Protect from hottest sun.

Primrose (polyanthus). February to May. Blue, bronze, pink, scarlet, white, yellow. Clusters on 12-inch stems. Woodland conditions—shade and water.

Primula malacoides (fairy primrose). February to April. White, pink, rose, lavender. Clusters on 12-inch stems. Sun or shade; lots of water, fertilizer.

Snapdragon. December through April. All colors but blue. Flower spikes on 6-inch to 4-foot plants, depending on variety. Sun, water; feed regularly.

Sweet William. April through June. Pink, red, white. Round flower clusters hide leaves; to 2 feet. Sun, shade. □

Calendulas *yellow and nge bloom ecember to April. Sun*

DARROW M. WATT

Women's Lib begins at home.

Once meals are over, all you have on your hands is garbage. So why mess around? Put an In-Sink-Erator to work under your sink. Gobbles up anything you feed it, even steak bones and corn cobs. And no other disposer is so trouble free.

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Here are October garden events

Santa Cruz. October 1 and 2. Fifth nual show of the Santa Cruz Afr Violet Society. Place: Live Oak Ur Methodist Church, 2091 17th Hours: 1 to 5 P.M. Friday; 9 A.M. P.M. Saturday. Free.

Healdsburg. October 2 and 3. An show by the Healdsburg branch of American Fuchsia Society. Place: door amphitheater, Windsor Wi Old Redwood Highway. Hours: 10 to 5 P.M. Free.

Oakland. October 2 and 3. Eleventh nual flower show by the Oakland-Bay Garden Center. Place: Lak Park Garden Center, 666 Bellevue Hours: 10 A.M. to 6 P.M. Free.

Palo Alto. October 2 and 3. Exhib the Akebono Bonsai Club. Place: Alto Buddhist Church, 2751 Louis Hours: noon to 9 P.M. Saturday; 10 to 6 P.M. Sunday. Free.

Palo Alto. October 2 and 3. Fl show cosponsored by The Florets the City of Palo Alto. Place: Comm Cultural Center, 1313 Newell Hours: 10 A.M. to 5 P.M. Saturday; 5 P.M. Sunday. Free.

San Francisco. October 5 and 19. ond month of Tuesday series on mental horticulture sponsored by Strybing Arboretum Society. *Octob* common-sense pest control by Okowski, author. Hours: 10 A.M noon. Place: Hall of Flowers, G Gate Park, Ninth Ave. and Li Way. *October 19:* field trip to Nur men's Exchange, Half Moon Hours: 10 A.M. to midafternoon. transportation will be charged in tion to the lecture fee. Fee for lecture: $2 for nonmembers; $1 for bing Arboretum Society members.

San Rafael. October 8 through 11. exhibits at the Marin County Place: Civic Center. Hours: 10 A. 10 P.M. Admission: $1; children 6, free.

San Francisco. October 9 and 10. by the Gesneriad Society of San cisco. Place: Hall of Flowers, G Gate Park. Hours: noon to 5 P.M. days. Free.

Berkeley. October 16. Sixth annual sale by the California Native Society. Place: Brazilian Building den Regional Park. Hours: 10 A. 3 P.M. An assortment of native will be offered, and even some

t seeds. Plants are donated or grown ociety members.

land. October 17. Annual chrysan- ium garden display. Place: Lakeside Garden Center. Hours: 10 A.M. to P.M. Free.

and. October 17. Annual plant and bazaar by the National Herb y Society. Place: Lakeside Park len Center. Hours: 10 A.M. to 4:30 Free.

a Clara. October 17. Eighth annual sponsored by the Midori Bonsai . Place: Maywood Recreation Cen- 3330 Pruneridge Rd. Hours: noon P.M. Free.

and. October 23 and 24. East Bay ai Society show. An exhibit of more a hundred bonsai ranging from ings to trees more than a hundred old. Place: Vista Room, Lakeside Garden Center. Hours: 10 A.M. to . Free.

ood City. October 23 and 24. Show ored by the San Mateo County Af- Violet Society. Place: Howard son's, Whipple Ave. and Bayshore vay. Hours: 2 to 9 P.M. Saturday; M. to 4:30 P.M. Sunday. Free.

October 23 and 24. Flower show ored by the Garden Society of , including an exhibit by the Ma- onsai Club. Place: Marin Art and en Center, Sir Francis Drake Blvd. s: noon to 6 P.M. Saturday; 10 A.M. P.M. Sunday. Donation: 50 cents. ge area will be devoted to a plant items donated by members from gardens will include potted herb .

City. October 26. Seventeenth an- "French Market" sponsored by the en Section, Women's Club. Dried and driftwood arrangements, rafted objects, boutique items, and will be on sale. Place: clubhouse. as St. and Colusa Ave. Hours: 10 o 4 P.M. Free.

n. October 26 and 27. Flower presented by the Graton Commu- Club. Place: clubhouse. Hours: 10 to 9 P.M. Tuesday; 10 A.M. to 4 Wednesday. Free.

lateo. October 29. Christmas bou- sponsored by the Beresford Gar- Club. Place: Hillsdale Methodist h, 36th and Hacienda streets. 1 to 3:30 P.M. Free. Dried ma- , handcrafts, and homemade food will be sold; tea will be served free.

nd. October 30 and 31, November 2. Twentieth annual holiday deco- s program sponsored by the Parks Recreation Department. Place: ide Park Garden Center. Hours: 0 P.M. Saturday; 9 A.M. to 5 P.M. days. Free. □

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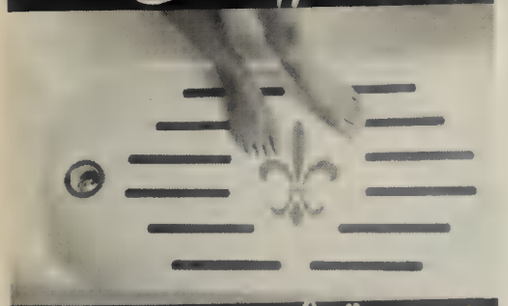

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ELLS MARUGG

Grown from seed *planted 17 years ago, this Monterey pine, now 20 feet high and 18 feet wide, shades sword ferns*

A tall pine or mighty oak from seed? Mostly it takes patience

Growing shade trees from seed takes patience and time, but we applaud the effort, especially when a gardener brings native trees of the West together in a congenial place where such trees normally wouldn't be found. The two trees in these pictures—Monterey pine and California live oak—are not native to San Leandro, California, where Robert Paulson has his garden. The nearest native live oaks are several miles away in the hills above San Leandro and the nearest native Monterey pines are more than 50 miles away along the coast.

Mr. Paulson brought these trees together because he is both a golfer and a gardener (he has a putting green for a back yard). He found an acorn one day about 18 years ago while he was out golfing. He stuck it in his golf bag and took it home.

Some time later at another golf course he found a pine cone and took it home, too. In both cases, he planted the seeds just to see if they would grow.

Now the results of his work are p evident.

Step by step: from the cone to a growing Monterey pine

To grow a Monterey pine, take from a mature cone—one that is and brittle. Cones that are green c have ripe seeds in them. Monterey cones may stay on the tree after rip for several years.

Unlike some other pines, Mo pine seeds do not need any special ment (such as refrigeration for a n to germinate. Plant the seeds d from the cone into a gallon can o clay pot. Use a mix that drains we parts sand and one part peat moss

Plant the pine seeds just beneath th face. If you plant them too deep will run out of stored food befor can send up needles to produce th the seedlings need for growth. Ke mix in the pot damp while the see sprouting. Shade the can so that

s

hoots and needles come up they be burned by the sun.

ually increase the amount of sun- you give the seedling each day as it ›lder, so that by transplanting time ›t high) the seedling can stand full ght.

Paulson kept his pine seedling in a ı can for more than a year before ınsplanted it to the garden.

the seedling where the soil drains After transplanting, water it daily vo weeks until it is growing well.

the acorn to
-grown live oak

grow an oak from an acorn in quite erent way. Start it in a can using a soil mix: one part sand, one part and one part either loam or red- compost. Choose a large plump without any worm holes in it. Re-

y feet high *and about as wide, ılifornia live oak grew n acorn planted 18 years ago*

the cap and put it in the soil just the surface. Water the soil in the that it stays damp, and keep the the shade. The acorn should send ves in six to eight weeks. Leave the g in the can until it has grown a two (perhaps two years). Before ansplant it, gradually increase the t of sunlight it gets until the tree can stand full sunlight.

l point: When you plant a pine or . be sure to allow room for it to After 18 years, both of the trees by Mr. Paulson cover an area han 20 feet across. But both trees cover a larger area if Mr. Paul- d not pruned them back heavily. e past eight years he has cut back growth to keep the trees at their t size. Both trees have been as well. □

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owing now in open ground

expensive, and rewarding—these e impressive advantages of sow- er seeds on open ground now.

nnuals, including Western na- d those from Mediterranean cli- grow lusher and produce better if sown now. Plants sprout dur- ter rains and make their major before rains end.

the soil ready

n't have to be overly careful. ak down the large clods and re- ny debris from the area. Some unevenness is good; it hides seeds birds. Rich soil isn't necessary; s fertilizer.

nnual seeds are extremely fine. e even dispersal, mix them with two of fine white sand.

ns come in earnest, sprinkle fre- to keep soil damp.

nth you can sow . . .

candytuft. For drifts of lilac, se, or white where you need a hurry. Sow two or three weeks r longest bloom. Takes sun or le.

reath. Good for cutting or tem- iller. To 3 feet or more. Sow ee or four weeks for succession n. Pink or white. Full sun.

's button (cornflower). Old fav- lwarf (1 foot) and tall strains (2 more). Usually blue, but avail- ink, red, white, mixed. Sun.

a. Very popular, with large yel- range, double, daisylike blooms. d in a border or container. Sun.

a poppy. Sow in place; difficult lant. Orange single flower is the m. Double forms in pastel vailable. Sun.

nd godetia. Both are natives, naturalized or in borders. re vibrant shades of lavender, l, salmon, and white. To 30 gh. Sun.

e-not. Good filler in part shade spots. Blue flowers can self-sow me a pest unless you shear off fter bloom.

. Big plant for border or back- lanting. An annual delphinium s in shades of blue, lilac, pink, e, and bicolors. To 4 feet. Sun.

ssum. Familiar fragrant ground d edging. Purple, pink, white Likes full sun. □

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FLLS MARUGG

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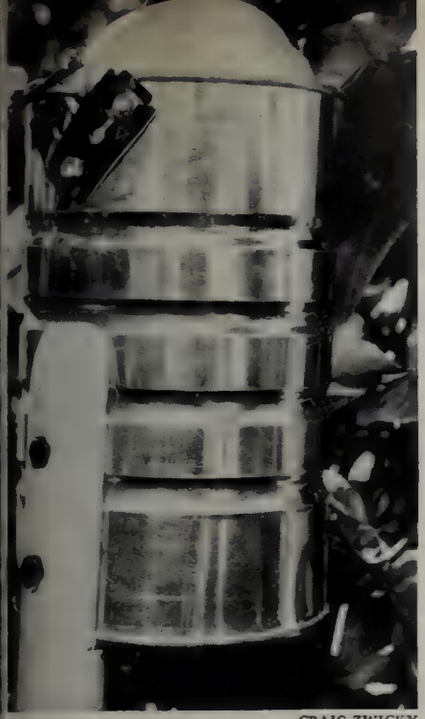
A cave man probably devise world's first handy, homemade for plucking distant fruit. Moder continues.

In the unit at left, each opposing loops is made from one 36-inch of 8-gauge steel wire. A length of tubing covers each loop. Below th in the top picture you see how th at the base of one loop threads th the dowel to make the loop on the side; tape covers a binding of fine The 1⅛-inch-diameter softwood is 8 feet long.

On the model at right, three shor bolts hold two razor blades along V cut in the rim of a 48-ounce juic The top of the dowel is notched t the can, then bolted to the can d under the V. The handle, in tw tions, is also 1⅛-inch doweling.



CRAIG ZWICKY

This one *picks lemons (the blades cut tough stems). Below, it cuts and catches a close-in apple. For more distant apples, plug the 2-foot picker section into 4-foot extension, left. The connector is a bathroom sink drain sleeve*

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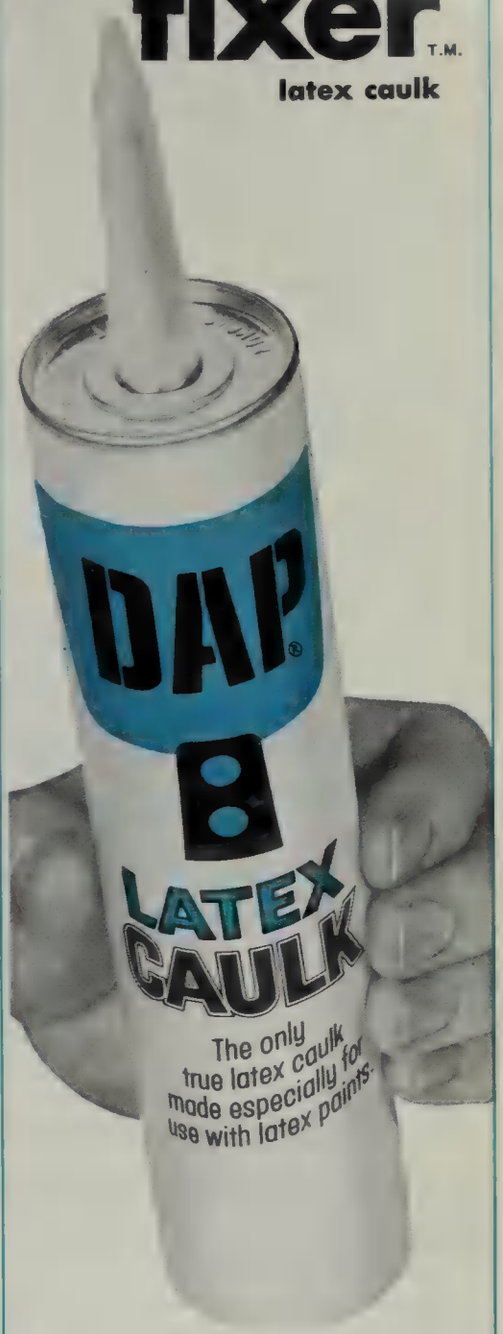

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Silky-haired, *plumy fruits of this California native grow to 3½ inches*

Birchleaf mount mahogany

Western or birchleaf mountain-m any doesn't shout its virtues; yo easily overlook it in the chapar foothill woodlands. But the bette know it the more reasons you fi using it in a garden.

At this season you notice first t very, feathery plumes. These ar enlarged, twisted, hairy styles (p the flower) that adhere to the tiny and lengthen to 2 or even 3½ i Tiny, creamy flowers appear in s

Leaves are evergreen or partly d ous, sometimes falling in late win early spring as new foliage ap They are small (½ to 1 inch strongly veined, dark green, and to Resemblance to the leaves of birches gives the plant one of its mon names. Leaves are choice b and ranchers call it sweet brush.

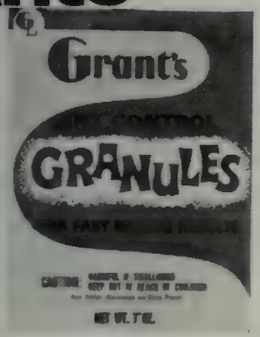
Seeds are the way to start new p they sprout freely, and trees ofte sow. You may have to grow your nurseries seldom stock them.

Next to the plumy fruits, the features are the sparse, open ar branching pattern and the neat arr ment of the leaves on the short, sp twigs. In dry conditions birchleaf n tain-mahogany is an open shrub feet, or sometimes a small tree to 2

If you water it in summer, birc mountain-mahogany grows faster, ger, and greener, with larger leav can be pruned into a dense scre plant. Old plants that are straggly c cut back to the ground.

The mountain-mahogany name su the plant's extremely hard wood. It tanical name is *Cercocarpus betuloi*

Kills Indoor Ants



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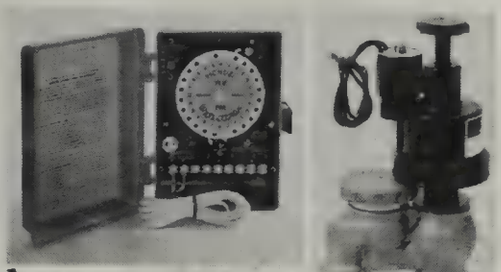

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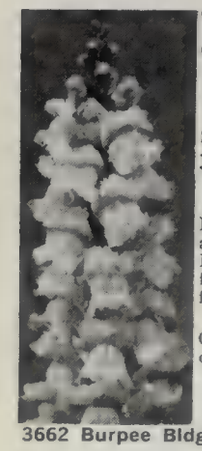

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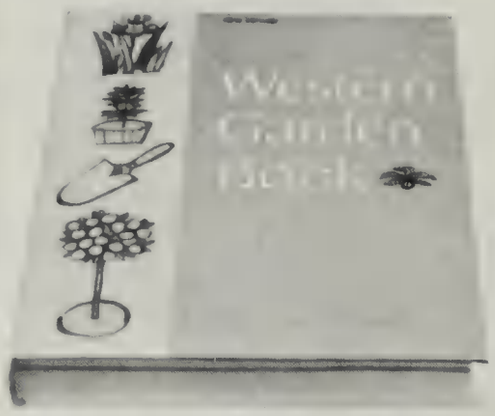

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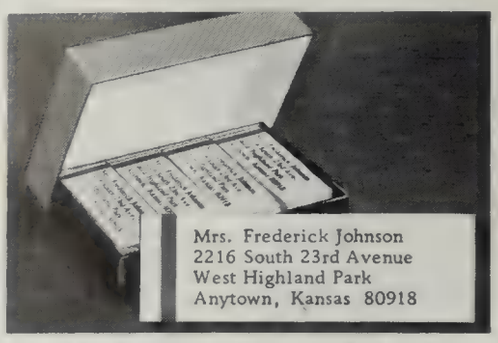

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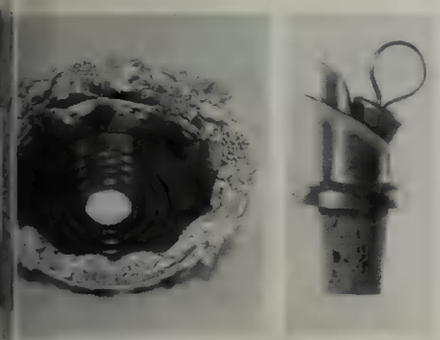

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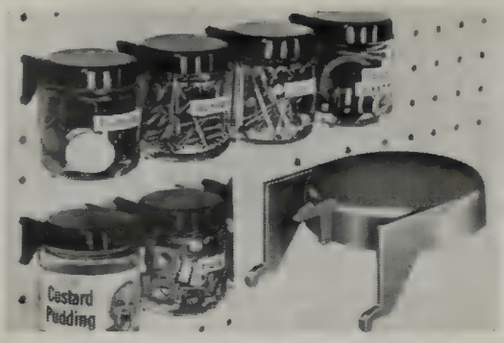

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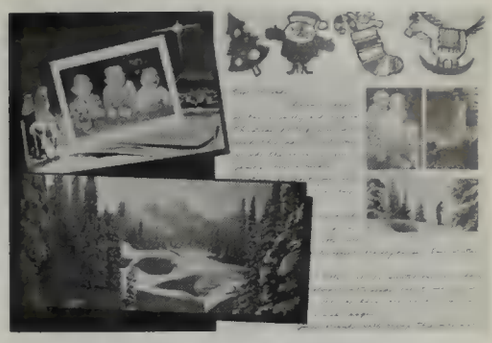

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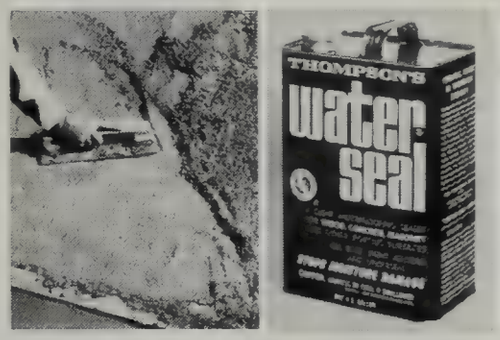

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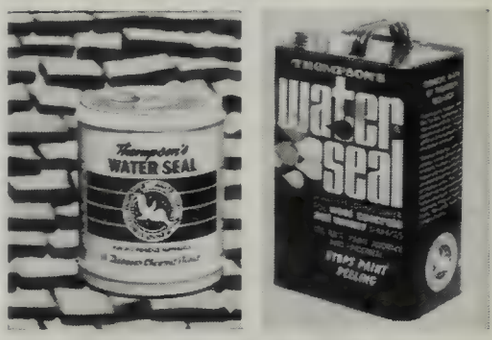

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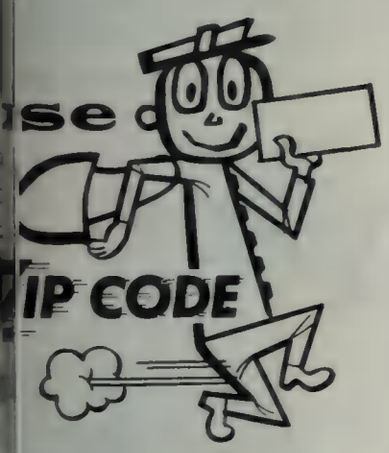

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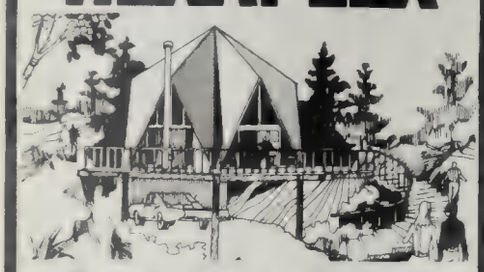

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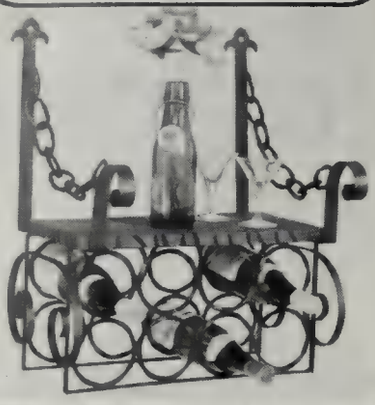

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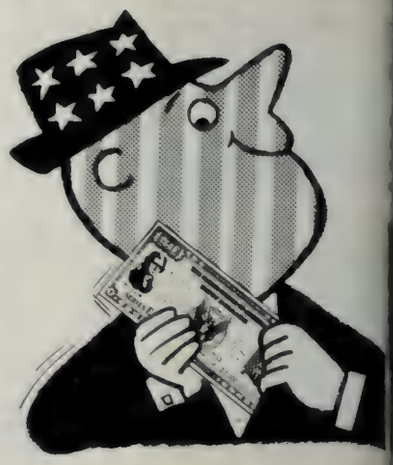

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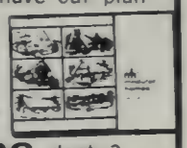

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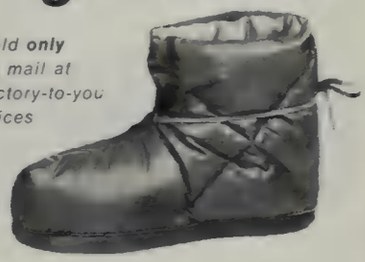

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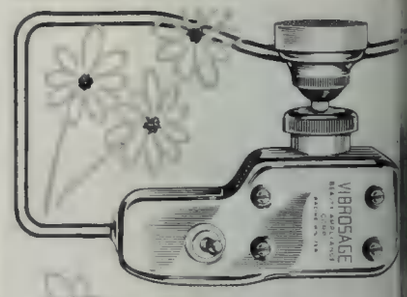

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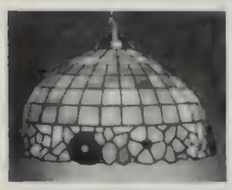

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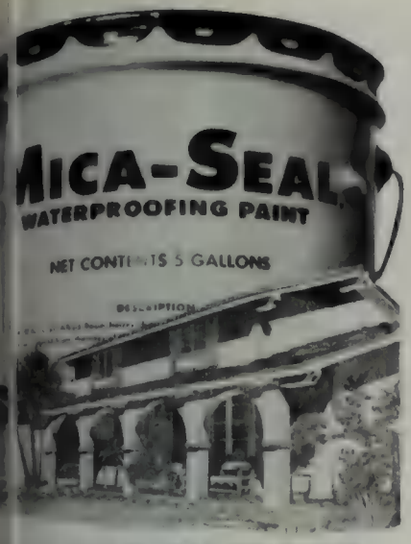

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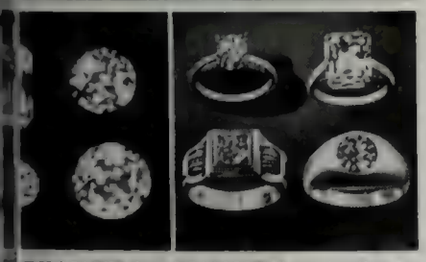

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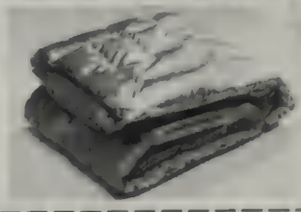

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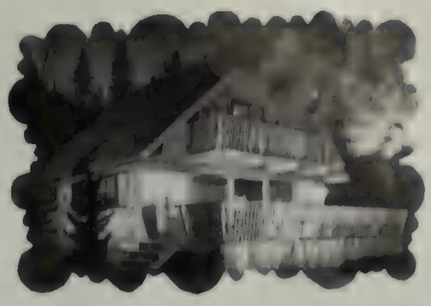

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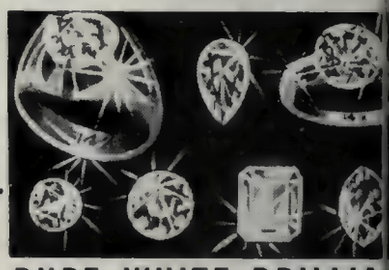

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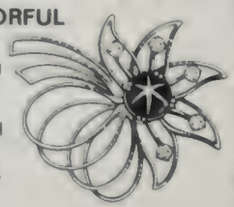

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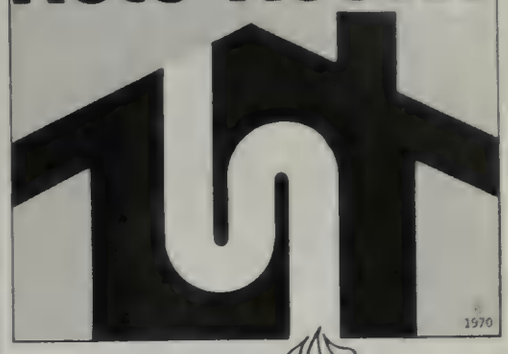

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LETTER FROM *Sunset*

How many, how much at Tah

For better or worse, what's happening at Lake Tahoe in Califor Nevada could set precedents for decisions to come in some of the other attractive, highly used recreation areas.

There are two key points to watch. Will the setting of limits on la in the Tahoe Basin preserve water quality and the scenic shore? new regional government's master plan curb development that c be controlled by the one city, five county, and two state gover that now share this responsibility?

Since 1950 resident-plus-visitor population in the Tahoe Basin h tiplied several times as local businesses and land developers ins coax more people to visit, to buy property, to live. All the whil has been too little regulation of quality or amount of developme

Today the lake itself is paying for what happened on the shore. was once a threat, but is now being exported from the Basin. become the major polluter. Further building is bound to send m into streams that flow into the still-blue waters.

About the time you first see this issue of *Sunset*, the bi-state Regional Planning Agency, after 18 months' work, releases its plan. How closely will it follow the strict environmental constra the land-use plan released by this agency's staff last May?

A preview on August 25 gave some promising clues: It would much open space by delineating areas that can't be developed, advises public acquisition of 34,000 acres of private land. But it allow widening highways into the Basin, new highways, a tunne Echo Summit, more ski areas. It would envision at least doubl summer population—to more than 280,000.

It seems very doubtful that any plan with wide loopholes for ne development can contribute much to preserving Lake Tahoe. additional ordinances strengthen the plan, it leaves out other pro that might do much to restore the Basin's natural scenic qualit as elimination of freestanding signs and restrictions on structural and location in urban zones.

This month's plan probably won't be the last. Congress autho study to consider a Lake Tahoe National Lakeshore. And a preli report includes, among many things, the recommendation th Tahoe Regional Planning Agency add more members from outs Basin. (Local members have a wide majority.) That would ma group more representative of all the people of California and Ne

Any settlement involving Lake Tahoe's future must acknowled it is a priceless scenic and recreation resource and that all the have a stake in it. The League to Save Lake Tahoe, Box 1416, City, Calif. 95730, offers one outlet for expressing this viewpo does a letter to one of your elected representatives in Sacra Carson City, or Washington, D.C.

WINDOW ON THE WEST: *Tahoe's water*

The *San Giuseppe*, a retired San Francisco Bay trawler, now works Lake Tahoe for University of California's limnology laboratory. Most of the lake still looks clear and blue, but tests indicate algae in some parts increasing as much as 70 per cent in 13 years, adding a greenish murk. Aquatic plant life burgeons from nutrients in the silty runoff from shore. □

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Sunset

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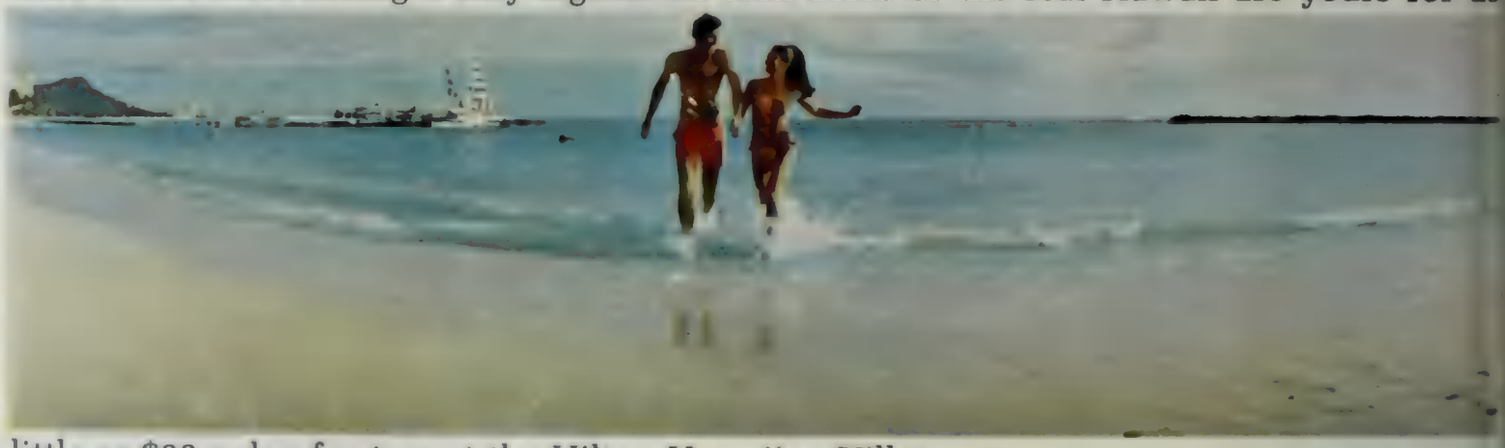

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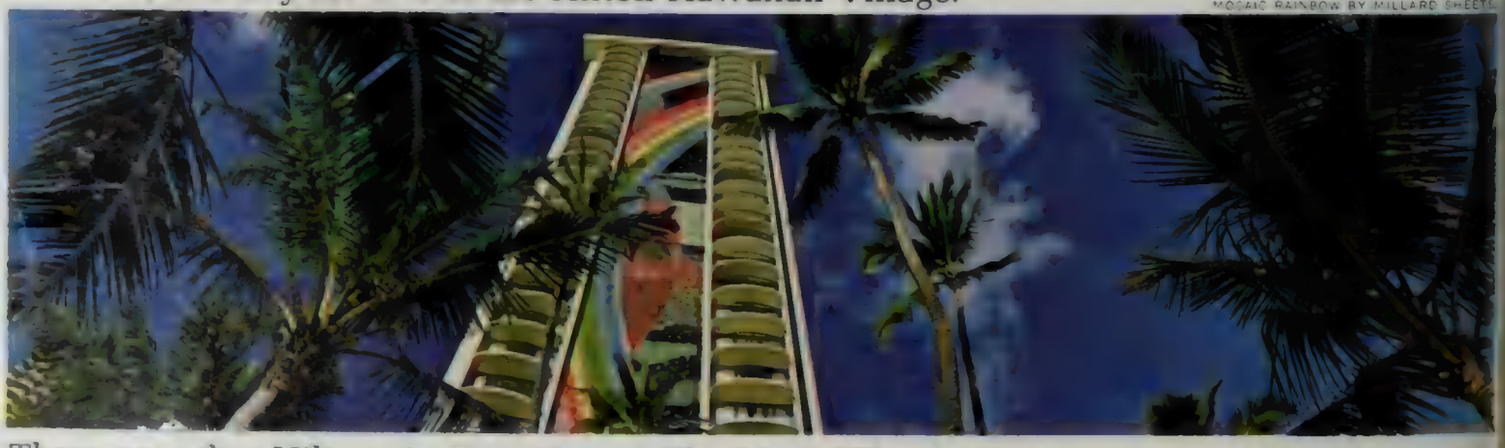

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The Cover Story

The headlands of San Francisco Bay provide the setting for this handsome picnic, assembled in haste from a supermarket to take advantage of a glorious, but unpredictable, November day. See page 102. Photo by Glenn Christiansen

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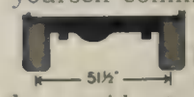

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When the weather is mild you can bring along picnic paraphernalia, a book or a portable radio, and spend the afternoon. (You can buy snacks at a shop in the

Early *morning chill doesn't discourage these young anglers. In background is restaurant at marina*

Mentor *discusses finer points of casting with youngster. Pier attracts many fishermen nearly every day*

With a smile *bigger than his catch, lad displays trophy he'll take home to clean and cook*

AUDREY ROSS

Sunset

THE MAGAZINE OF WESTERN LIVING

November 1971

Uncanny likeness *greets Sunset's editor on sweatshirts, aprons*

Silkscreening a likeness

One of the highest honors attainable today is to be immortalized on a sweatshirt; consider Beethoven and Snoopy. Following in their illustrious footsteps (or pawsteps, as the case may be) is *Sunset's* editor, Proctor Mellquist.

Mr. Mellquist stepped out onto *Sunset's* patio during a coffee break recently, and was surprised by dozens of his likenesses staring from sweatshirts, T shirts, even aprons. Good reporter that he is, he investigated and discovered that his picture had been used to test the photostencil technique discussed in our silkscreening article on page 98. In all, while dozens of imprints were made using various stencils, none caused more stir than the ones above. □

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Claustrophobes, beware

There's a new exhibit in San Francisc Exploratorium. It's much like a carniv funhouse—and it's not for those wh lean toward claustrophobia.

Called environmental tactile art, it is pitch black labyrinth in which you e perience many, many textures whi groping, crawling, and sliding your w from beginning (an entryway of lon hanging plastic strips that remind y vaguely of beaded curtains in old movi about Algiers or Casablanca) to end room full of birdseed).

The point of the whole thing is to crea greater awareness of touch. You literal feel your way up, down, and throu the maze with its multiplicity of tact sensations.

You have to be 14 years old or mo to go in. Admission is 50 cents.

The Exploratorium, in the Palace Fine Arts, is open Wednesday throu Sunday, 1 to 5 P.M.

Getting ready for Christmas

Two giant Christmas decoration sho take place this month in the Bay Are one in Oakland and one in San Jos Last year the two shows attracted abo 200,000 visitors.

The Holiday Decorations Program ru October 30 through November 3 Oakland's Municipal Auditorium at 10 and Fallon streets, sponsored by t Office of Parks and Recreation.

San Jose's city-sponsored show is Chri mas Lane, November 19 through 22, the San Jose Civic Auditorium, S Carlos and Almaden streets.

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Hours for the Oakland show are noon 6 P.M. Saturday, 9 A.M. to 6 P.M. Su day through Tuesday, and 9 A.M. 3:30 P.M. Wednesday.

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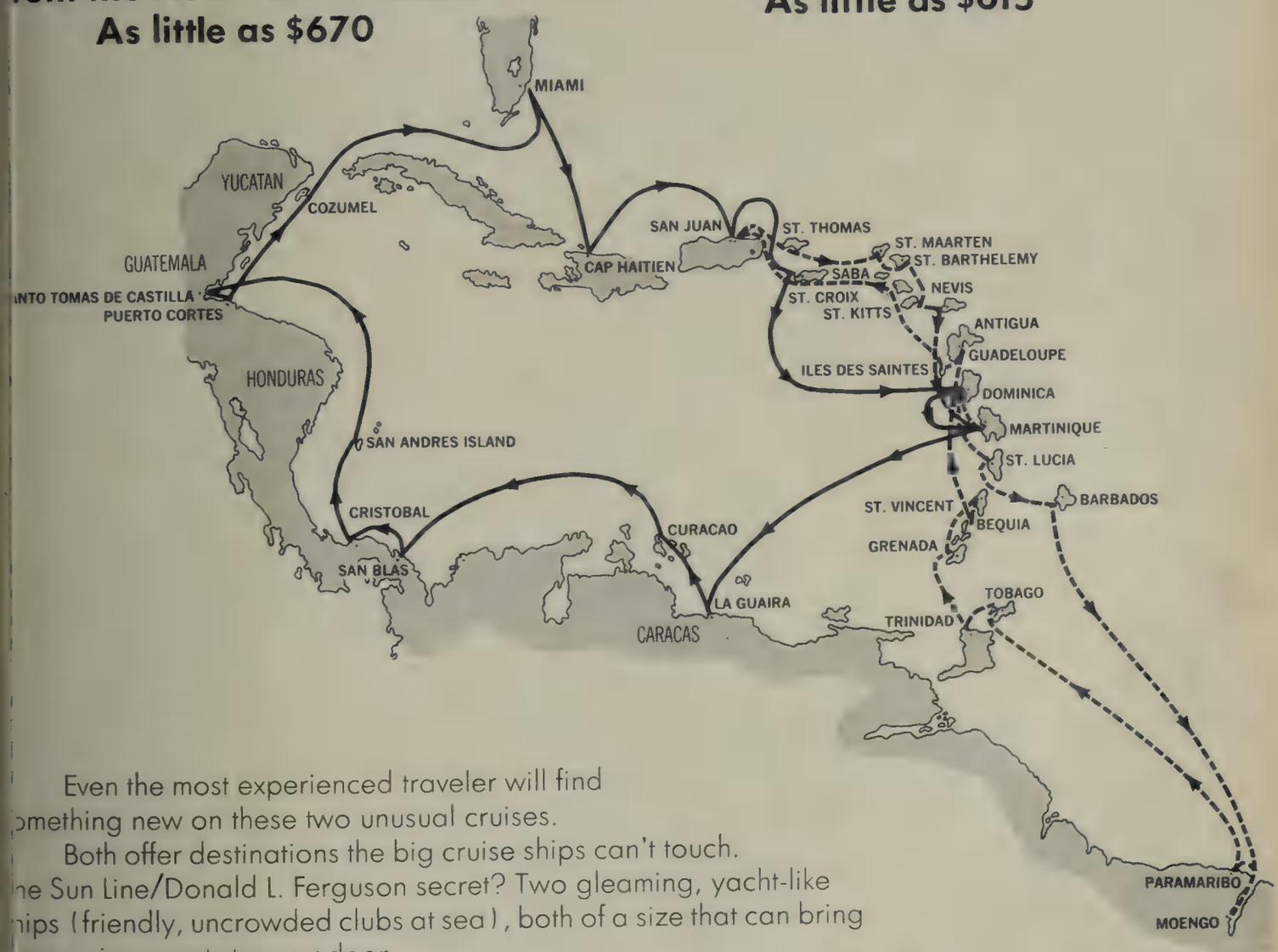

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*Asia's most beautiful mountain road, the East-West Cross-Island Highway, known as the Rainbow of Treasure Island.

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Hikers pause *on a rocky point above an inlet of Alpine Lake in Marin County*

is appropriately named even though it is less than 700 feet above sea level.

The lake curls through a mountainous valley forested with redwoods and oak. It's a good area for a hike or picnic.

Access is easy from New Bolinas - Fairfax Road, an extension of Bolinas A enue in Fairfax. The highway winds f about 5 miles before meeting the wat

Alpine Lake is the largest of four lak that stretch in a chain through the cent of the 18,000-acre Marin Municip Watershed. The entire area is open f hiking and an extensive network of tra stretches up the slopes of Mount Tam pais to connect Alpine with Bon Temp Lagunitas, and Phoenix lakes. Fishing allowed from the banks only, and swi ming and boating are forbidden.

One of the most accessible trails is a the most scenic. Called Cataract Tra it can be reached about a quarter of mile beyond Alpine Lake Dam, whi serves as a bridge for the New Bolina Fairfax Road at the western end of t lake. A sign marks the trail entranc

The trail takes you along the wate edge past several streams. A good picn spot is at the very tip of the lake at t mouth of Cataract Gulch Creek. N fires are allowed and any trash must carried out.

Cataract Trail continues up Mou Tamalpais. If you intend to hike its e tire distance, it's best to start at the t near the Mountain Theater and con down. The trail climbs nearly 1,500 fe and is very steep.

For information about recreation in t watershed, call the Marin Municip Water District at 924-4600.

For travel planners, a November check list

Ski holiday discounts. Five Western ski resorts offer cheaper rates to young people as part of a new youth discount program of Northwest Airlines. Reduced air fares and hotel accommodations are available through the program, aimed at people 12 to 22 years old. Participating ski resorts are at Bridger Bowl, Montana; Jackson Hole, Wyoming; Jasper Park, Alberta; Mount Alyeska, Alaska; and Timberline, Oregon. For details write to Northwest Orient Airlines, International Airport, St. Paul, Minn. 55111.

Skin diving. Divers can fly to Hawaii on two tours and have scuba equipment and hotel accommodations provided. A seven-day tour to two islands costs $195, with air fare additional. A three-day diving weekend on the Kona Coast costs $115, air fare extra. For details write to Undersea Safaris, Inc., 210 Post St., San Francisco 94108.

People to people in Seattle. A guided tour of a city or region usually means the conventional crowded bus with driver as guide. Now visitors to Seattle and the Northwest can buy a new personalized guide service similar to the long-successful "Meet the French" service in Paris and "Auto Guide" in London. Called "Meet the Northwest," the service provides a guide who will take you, and no more than three others, in his own car on trips through the Puget Sound region.

The guides are knowledgeable in Northwest history and current affairs. Visitors will be introduced to favorite skiing and fishing spots, hiking areas, or points of interest in Seattle. Prices range from $22 for a car and guide on a 2-hour tour to $100 for a 14-hour trip to Mount Rainier or the Olympic Peninsula. Special art and industrial tours are also available. For a free brochure write to Vagabond Travel, 1112 Fourth Ave., Seattle 98101.

Mexico digest. Information on sightseeing, dining, and shopping in Mexico, as well as a hotel and motel directory, is included in the new *Mexico Travel Digest* published by the Mexican National Tourist Council. The 144-page book is available for $3.95 from Travel Digests, 1100 Glendon Ave., Los Angeles 90024.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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School and Camp Directory

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 8
GARDEN CENTER beginning page 257
FINE FOODS CUPBOARD beginning page 186
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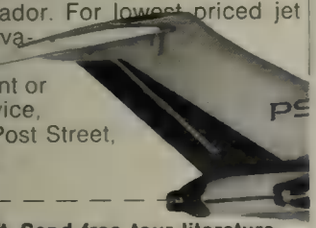

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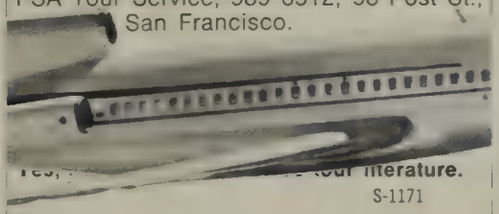

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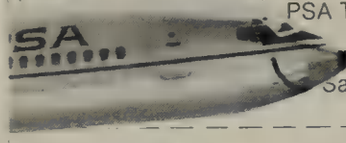

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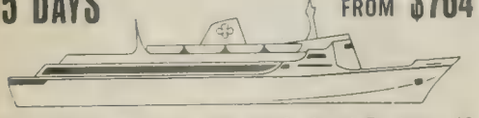

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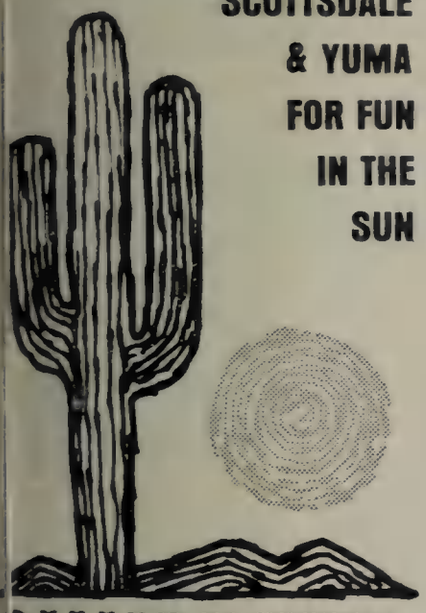

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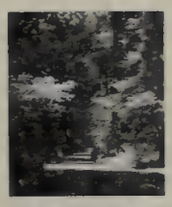

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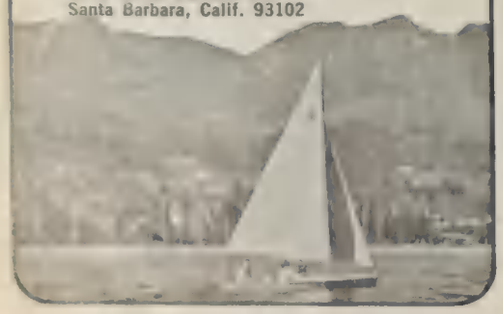

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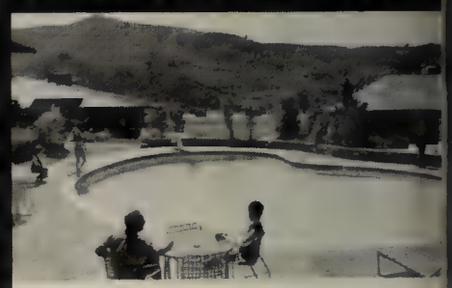

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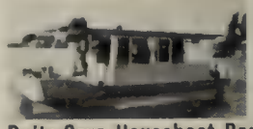

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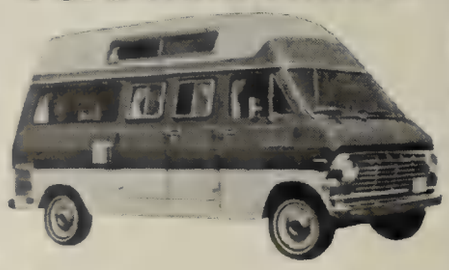

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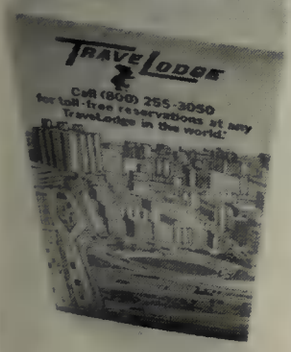

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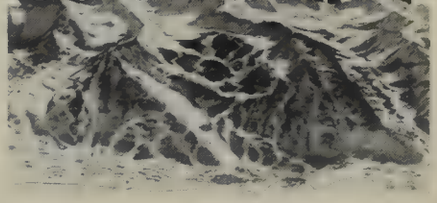

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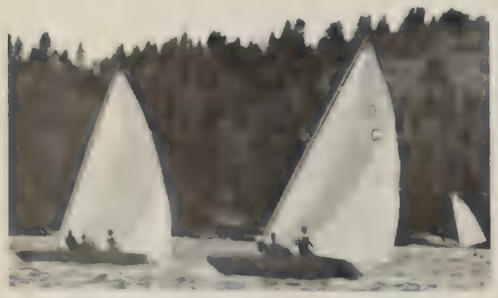

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Although days are still warm th of year, scorching summer wea over and fish are feeding closer surface. Lures seem to work b had good results trolling small a dium-sized silver flatfish lures.

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Eagle Valley Reservoir is 18 mi of Pioche on a signed road tha U.S. Highway 93 just north of t

Squatting *at the edge of the reservoir's boat-launching ram angler waits for a bite*

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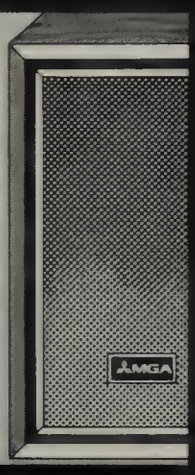

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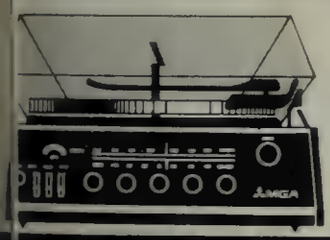

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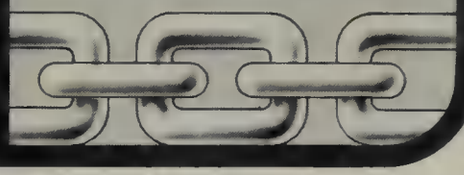

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change.

In the new signs, bold white sy
(sometimes with red slashes) read a
brown, gray-blue, or green backgr
For example, a tent symbol inc
camping is permitted; a red slash
the symbol means camping is no
mitted. Numbers and arrows may
cluded to indicate mileage and dire

Similar signs have been used in
pean countries for years becaus
are understood by foreign visitor
are simple enough for small child
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more common ones.

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ng fern; or in a fishing boat
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er; because the people are
ething special, so easy and so
n. You could find the new you,
in a stroll across the fantastic
nan Glacier; or in
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BARON WO

Heavy guns *were once housed in the arched casemates of Fort Point*

The fort under Golden Gate Brid

Fort Point guarded the entrance to Francisco Bay through 30 turbu years of American history. The brick fortress west of the Mississipp stood as an imposing deterrent to wooden ships of the Civil War though it never saw actual battle.

The fort, at the northwest tip of the Francisco Presidio, nestles under arch of the Golden Gate Bridge. metal fittings are falling apart, but 7-foot-thick stone and masonry would still frustrate a cannon ball.

Last year Congress designated the structure a national historical site, thorizing, but not appropriating, over $5 million to restore it. The Point Museum Association, which been waging a 12-year struggle to the fortress, hopes funds will come year so work can begin.

In the meantime, visitors are welc at Fort Point between 1 and 4 P.M. da Admission is free.

Fort Point was built between 1853 1861. Until 1892 it was manned by soldiers tending 127 guns. The fort nearly razed in the late 1930's, bu was spared when engineers design the Golden Gate Bridge created a cial arch to pass over it. However, m of the fort's equipment and its were scrapped in the early 1900's.

A museum contains old Army relics photographs showing the fort before Golden Gate Bridge was built.

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A. SALBOSA

aravan winds *along rough path cut through Moanalua Valley jungle*

Above Honolulu, a jungle valley with a freeway in its future?

he owners of Moanalua Valley at Hon-ulu's northwestern edge are encour-ging visitors to their 3,000 acres of ninhabited jungle. It's a chance to see ne wild country with a stream, spring-d pool, petroglyphs, and some choice egetation—and to see an area now at he center of a debate.

Iawaii's Department of Transportation lans to build a freeway through the val-y to Oahu's windward side. Conserva-onists would prefer to see the land-wners develop for the public a natural nd historical park.

'ou can hike into the head of the valley r take a four-wheel-drive vehicle over miles of rough, narrow road. For per-ission, call the Damon Estate (536-717, weekdays, 9 A.M. to 4 P.M.). For a ate key (if you're driving in) and a map uide, stop at the Moanalua Gardens 'oundation Office, 1352 Pineapple 'lace, in the park beneath Tripler Hos-ital; it's open weekdays, 9 to 4:30.

'ou enter the valley at the end of Ala Kolani, off Moanalua Road just beyond Tripler. The road bridges Moanalua tream seven times. And you'll ford at east that many more crossings.

Growing in the valley are more than 200 pecies of native plants, many of them

Hikers pause *on Kulanaahane trail, deep in narrow valley. Proposed freeway tunnels would pierce Koolau Range above them*

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endemic (localized natives), and plan the first Hawaiians brought with the Note stands of *kukui* and endemic *ko* Exotics in the lower reaches inclu magnificent monkeypods.

Follow the map to a petroglyph bould with two bird-man figures and carvin for *konane* (Hawaiian checkers). He legend tells, Kamehameha I laid h weapon beside a newborn baby, sign ing the end of his conquest of Oah

Walk up Kulanaahane slope for a vie to the peak named Mauna Kapu, gendary daughter of the first settle and on past house terraces and pl forms. You can picnic on the banks Waiola, or in tree-shaded Kahuluoman where the Damons gathered in hors and-buggy days.

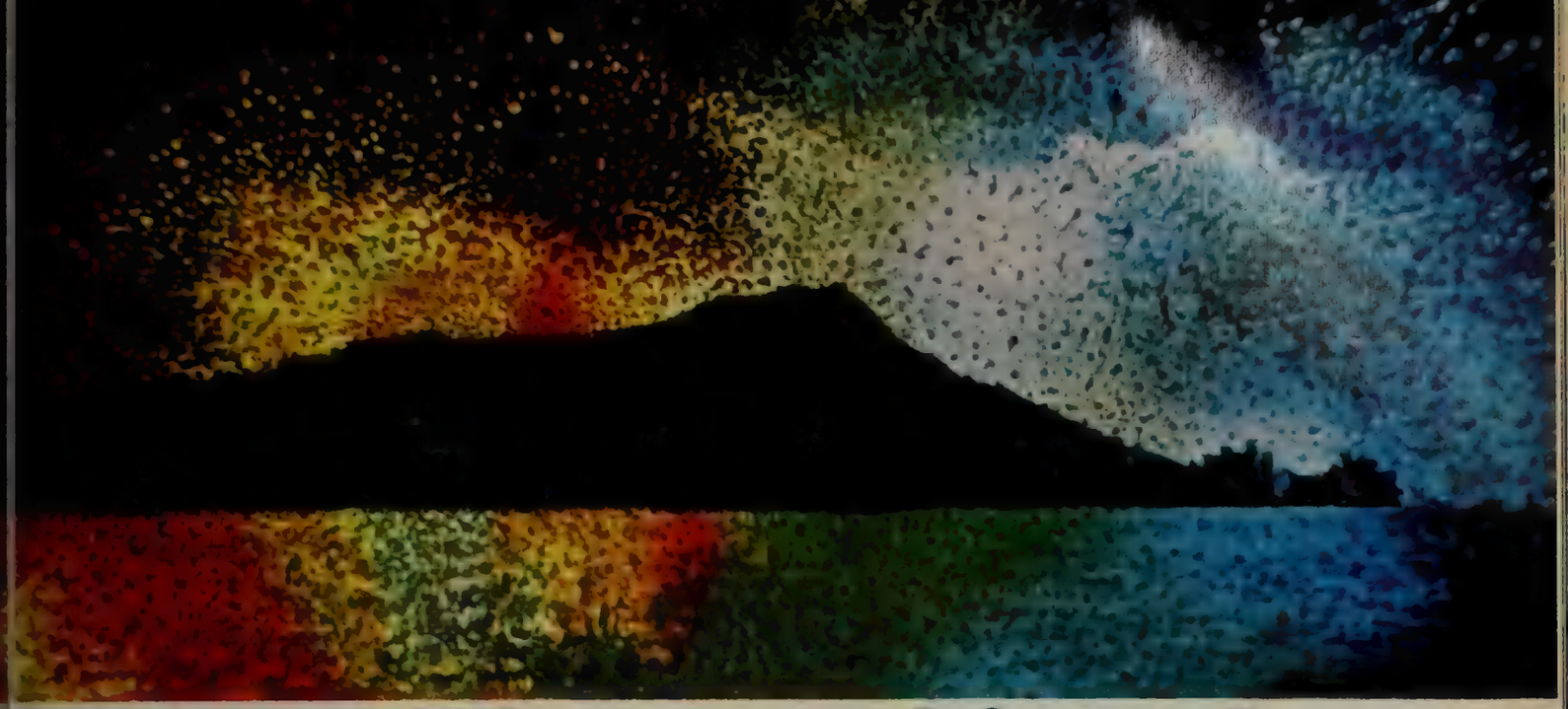
Kamehameha I gave Moanalua to a fa orite uncle. It later passed to Kam hameha V, whose summer home s

Children swim *in Waiola, legendary sacred pool at a year-around spring*

stands in Moanalua Gardens. Princ Bernice Pauahi Bishop willed the land Samuel M. Damon in 1884.

The freeway—15.9 miles, six lanes would enter Moanalua through tunn from South Halawa Valley, swe through the valley floor, and disapp into twin tunnels in the Koolau Ran State Highway planners are trying keep land carving to a minimum a provide parks bordering the freeway.

But environmental organizations arg that little usable green space would main and the beauty of the stream wou be lost. They urge adding more tra capacity to an existing trans-Kool route, and including a mass transit s tem. Federal officials have halted project to consider its environmen impact.



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Early snows *whiten the mountains as a Shasta houseboat cruises placidly by*

Off-season cruising in a Shasta Lake houseboat

Foul weather and reduced services drive many people away from summer vacation spots in the fall. But California's Shasta Lake, with its armada of houseboats providing more comfort than a landlubber might expect, is one place where scenery and boating can be enjoyed with minimum exposure to the elements.

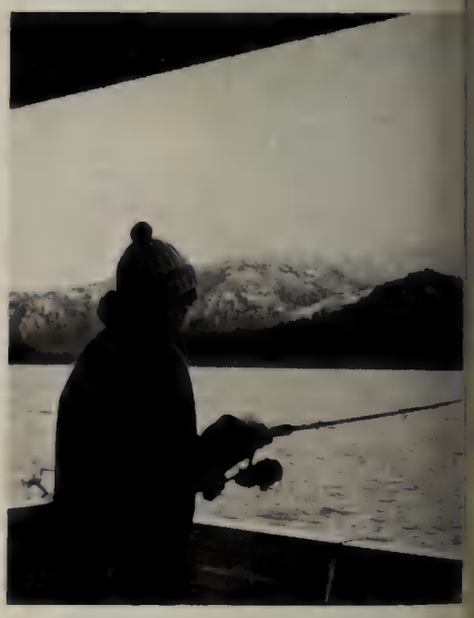
The peak demand comes in summer, so houseboat rentals go down in price as much as 30 per cent during the rest of the year. Weekly rates average between $230 and $390, daily rates between $35 and $60, depending on the size of the boat you choose.

Most of the craft available at Shasta's ten houseboat marinas have at least 150 square feet of interior living space and nearly as much deck outside for fishing and sunning. Larger vessels, up to 42 feet in length, can sleep eight adults. Lights, ovens, toilets, refrigerators, and hot showers are standard. And some more elegant models come with built-in stereo systems.

Atop their broadly spaced metal pontoons, the boxy craft are quite seaworthy. Marina owners will give you a lesson on how to operate outboard motors and tips on handling.

Shasta Lake has 365 miles of jagg shoreline surrounded by mountai making it an excellent place to spend few fall or winter days of cruising. Son families stow a turkey aboard and e Thanksgiving dinner while anchored one of the lake's peaceful coves.

November weather can get chilly a



Bundled up *against a cool wind, a young fisherman tries his luck*

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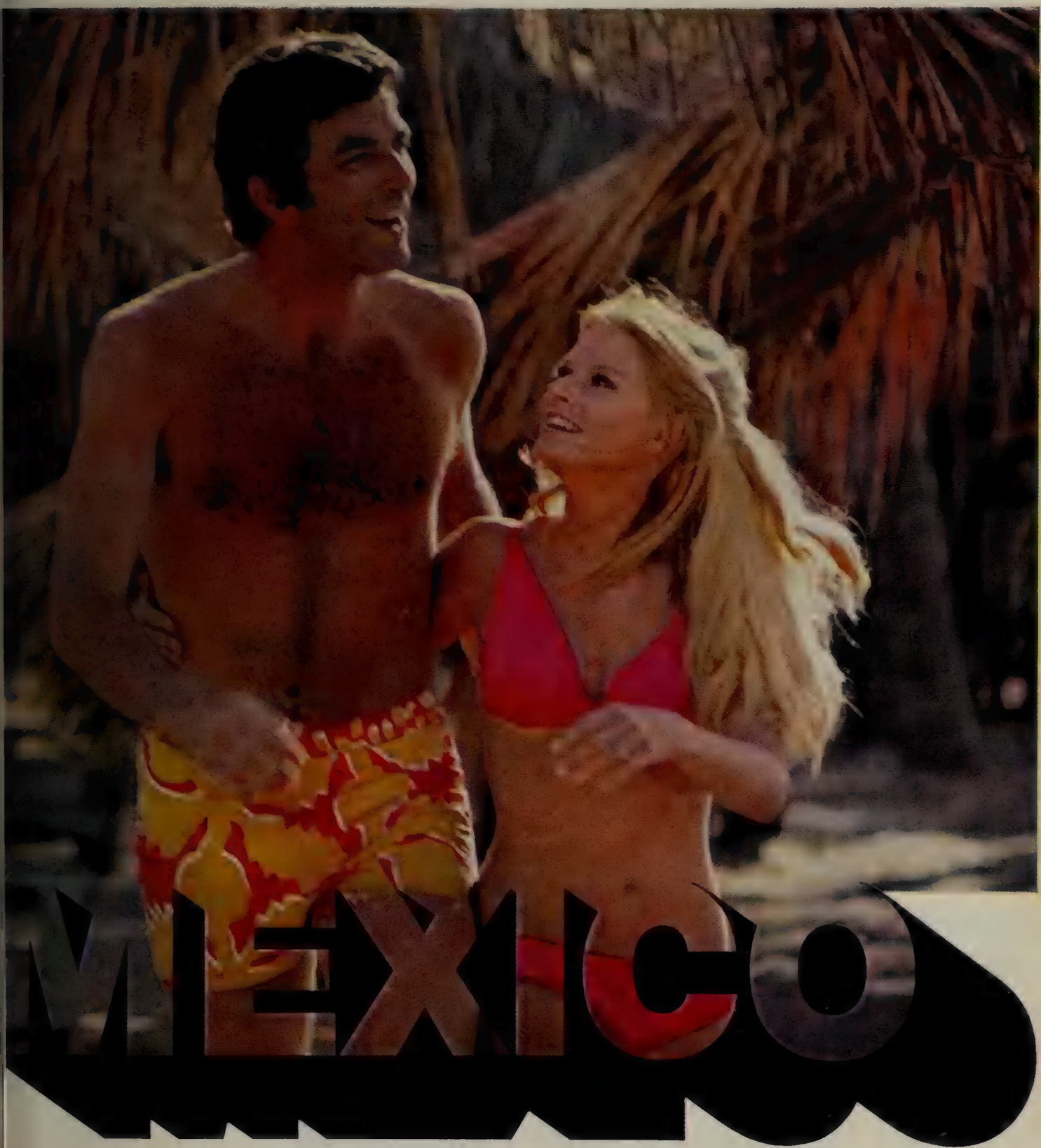

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the snow may creep down the mo tains toward the water. But ofte warm sun appears and afternoon t peratures usually stay in the 50's 60's until December. Oak trees and dergrowth along the banks are brill with fall colors and fishing for bass trout is good at this time of year.

Houseboats are also available at C Engle Lake (formerly Trinity Lak few miles west of Shasta. Both are in Shasta-Trinity National Forest no west of Redding.

The firms that rent houseboats on Sh Lake can be reached in these cities:

Central Valley 96019: *Digger House Boats*, Box 843, telephone (9 275-1522. *Lake Shasta Houseboat* Box 727, (916) 275-3844.

O'Brien 96070: *Holiday Harbor Ren* Box 112, (916) 238-2412.

DARROW M.

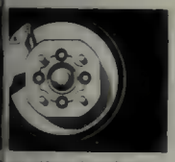
Houseboat skipper *stays dry and warm while guiding his craft across Shasta Lake*

Redding 96001: *Aqua Cruises*, Box (916) 243-1919. *Aqua Flowtels*, 275, (916) 275-3773. *Bridge Bay Re* 10300 Bridge Bay Rd., (916) 275-3 *Holiday Flotels*, Box 336, (916) 1283. *Jones Valley Resort & Ma* 8800 Bear Mountain Rd., (916) 1204. *Shasta Flowtels*, Box 809, (241-7884. *Westaire Flotels*, Box 2 (916) 241-6593.

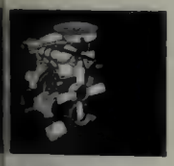
Clair Engle Lake houseboat rentals available through these two firms:

Weaverville 96093: *Holiday Flo* Trinity, Postal Drawer AR, (916) 6486. *RE Flotels-Trinity*, Box 1 (916) Minersville 344 or, in the Francisco Bay area, (415) 591-9548

CATCH COLT QUICK!



nt disc brakes
, because they fade on you. Stop traight and fast.



emi engine
head cam, gives p to 30 m.p.g.

djustable ering column
table, to let you e height that fits st.

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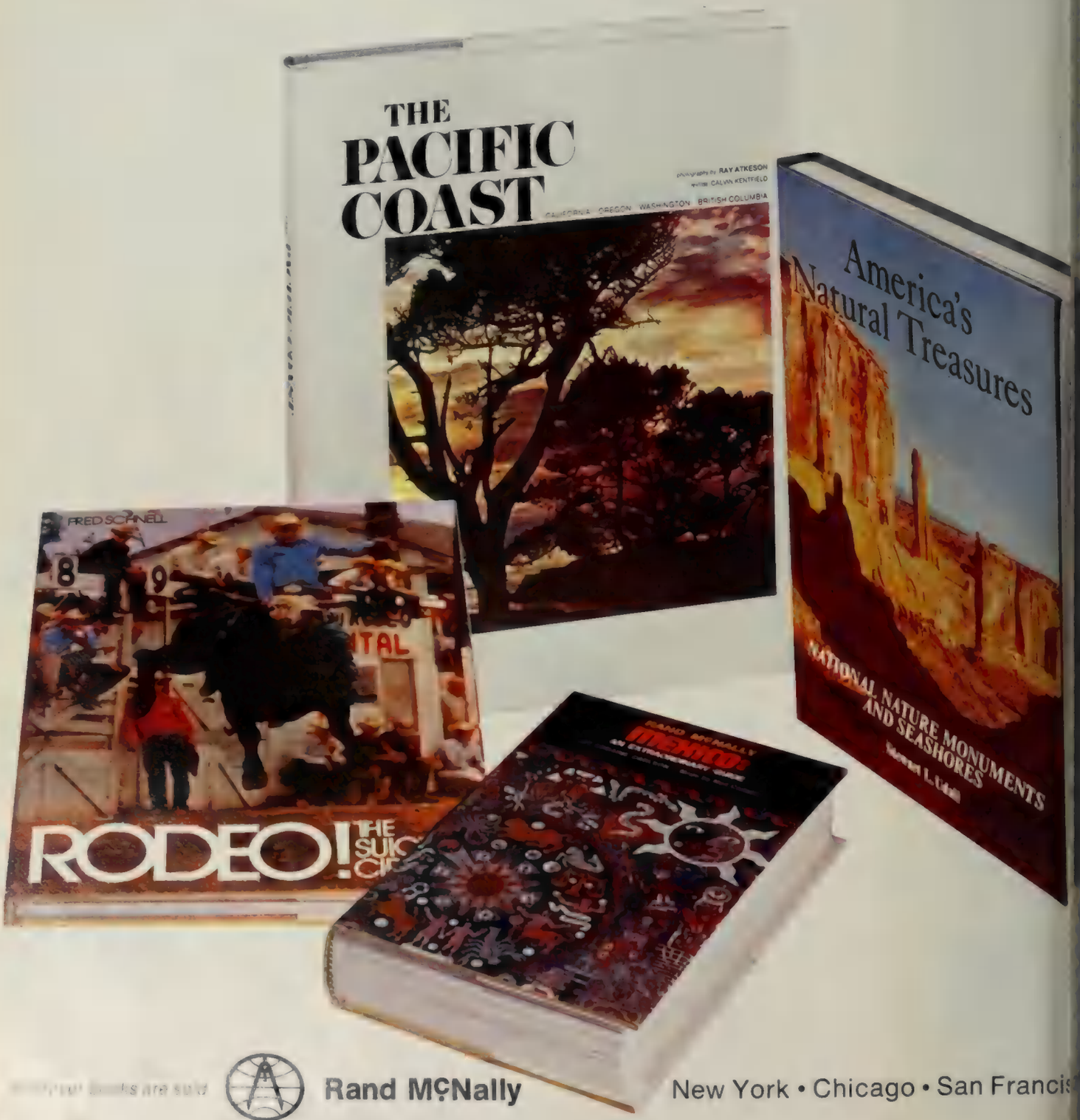

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'he sorry story of ılifornia's salmon and steelhead

ermen have sensed for a long time all is not right in northern Califor- ivers, but a sobering report by the ens Advisory Committee on Salmon Steelhead, created at the behest of tate legislature, contains all the fig- and charts to make the diagnosis ingly final.

s, development, pollution, and ero- are adding up to the rapid demise e salmon and steelhead fisheries in ornia. At three north coast fish ting stations alone, salmon runs diminished by 80 per cent in the decades since 1940.

worst damage upstream

report, titled *An Environmental edy,* focuses on the king and silver on and steelhead trout, all of which nd a uniquely pure habitat. Unfor- ely, the committee discovered that orst damage by man has been done eam, where fish eggs require the gravel of a free-flowing river.

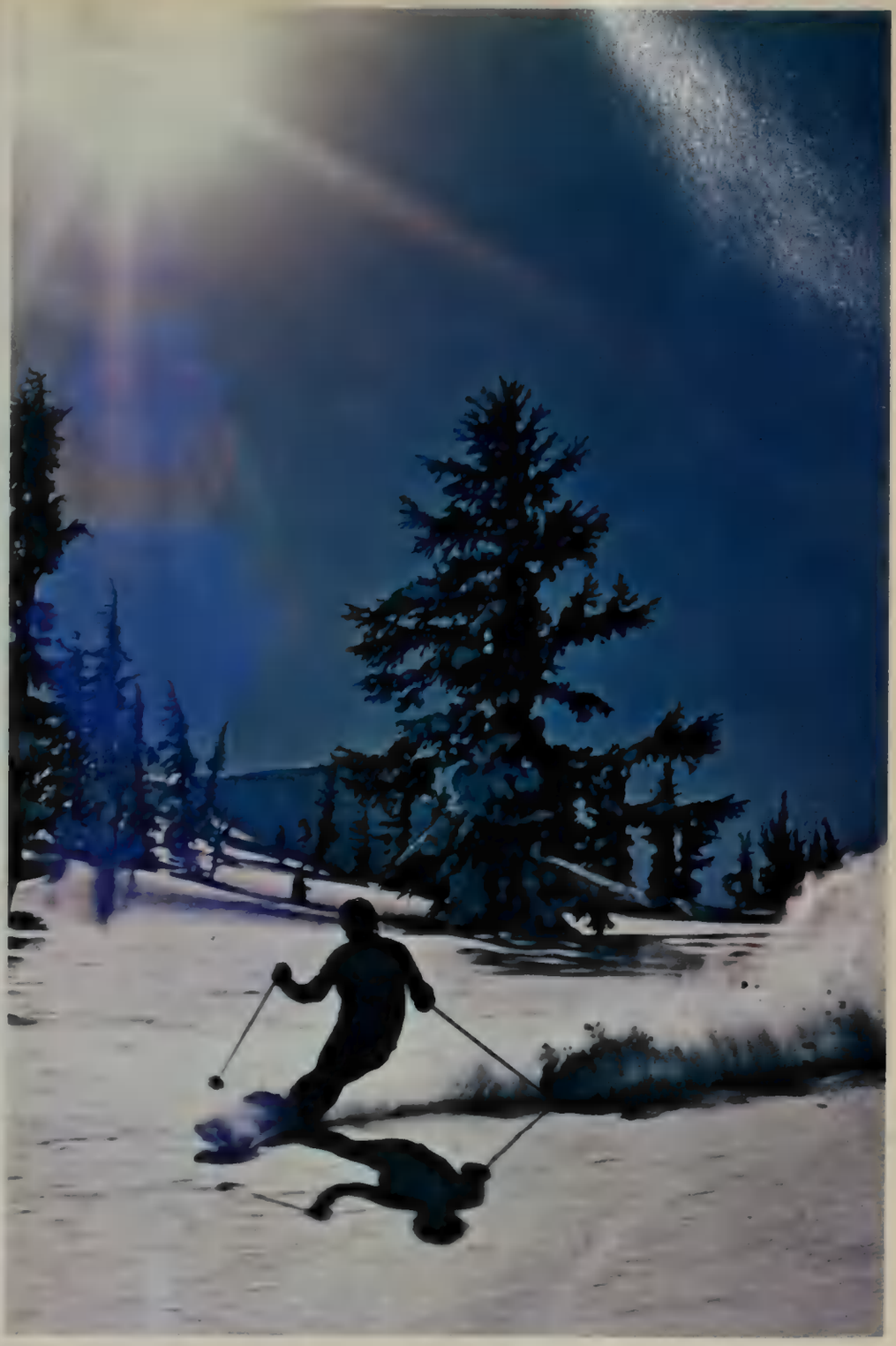
ing, mining, road construction, l extraction, overgrazing, and the ing of waste have all taken their while dams have cut off or de- ed many traditional mating areas.

this means to sport and commer- ishermen is made clear by figures e Sacramento and San Joaquin systems, where only 300 miles of le spawning habitat remained in in a zone running from north of ing to south beyond Stockton. Fall in the area have diminished in er from 597,000 fish in 1953 to 00 in 1969—a dip of 46 per cent years. Other river systems have ne similarly inhospitable.

er controls needed

ommittee was composed of sports- as well as men who catch and proc- h for a living; it concluded that se- steps must be taken to preserve a ble recreational and commercial rce. It proposed closer controls on ing, assurance that future dams not block off spawning areas, and of fish runs already damaged.

an get a free copy of the report by g to the California Wildlife Fed- n, 233 Forum Building, 1107 St., Sacramento 95814. Extra are $3 each. □



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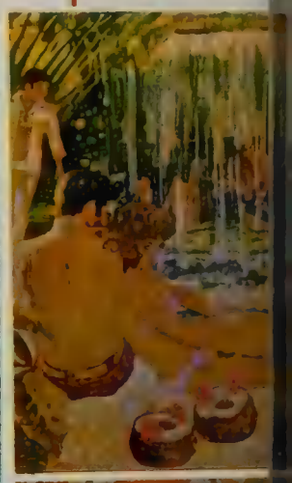

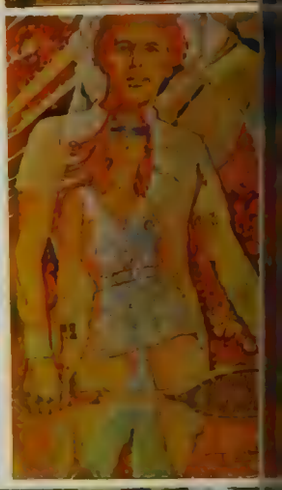

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ELLEN KADELBURG

ms *arriving at the shrine of nilco carry food for their visit*

The old church of Atotonilco

plain façade of the sanctuary of nilco belies the fact that it is a re house of religious paintings, ures, and examples of early Chris- ndian art. Literally hundreds of art fill the church: stone carvings, ure murals, statuary, even poetry. *nilco* means "place of hot water"; nurch was built in 1748 over hot s, and mineral baths are available : public. Pilgrims come by the nds to do penance. The shrine is s north of San Miguel de Allende : road to Dolores Hidalgo in the f Guanajuato, Mexico. □

, *paintings, and statuary cover ls and ceilings of the church*

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Wily whale *watches whale watchers—who expect him on other side. Great head emerged silently; here you see its top*

Getting close to whales

Underway now, the grays' migration will reach California next month, headed for Baja California. Here is where to see them

A natural wonder of the world, the migration of the California gray whale, takes place right off the West Coast late every year. It may be one of the best free outdoor shows around, for as the whales surface close in at regular intervals you can see their silhouettes, their spouts, their tails, and occasionally the action shown above and at far right.

People in Southern California can get an even closer look on whale-watch excursion boats out of Redondo Beach, Los Angeles - Long Beach harbor, San Clemente, and San Diego. And a very few people will have the once-in-a-lifetime chance to see them very close indeed on voyages from San Diego 300 miles south to Scammon's Lagoon.

The vanguard whales arrive this month in a broad band that meets the coast from the Columbia River to mid-Oregon. If on schedule, the main body will reach Southern California within a week of Christmas.

At about a 4-knot speed, the mai takes six weeks to pass a given swimming alone or in small pods; are more than five seen together. height of the migration as many as ten hours of daylight have beer

Sighting sequence: *1) surfacing spout; 2) head under, rear dorsal angle out;*

Leviathan *rampant. In breaching, whale may reach 30-knot speed to propel body out of water*

Belly up *now, 35-ton beast rolls over to crash into water on his back*

sing Point Loma in San Diego.

y hug the coast, navigating from dland to headland, cutting across e bays and bights. Below Point Con- tion they diverge, some taking a e along the coast, some out along Channel Islands. The best observa- points are on promontories that jut the sea, where whales change se; examples are Point Dume, Point nte, south coast bluffs, Point La , Point Loma. (San Clemente, San ro, and Santa Barbara seem to see e whales on the northern migration, February through mid-April.)

e observation stations are manned ng the migration: at Cabrillo Beach ine Museum in San Pedro, just east oint Fermin; at a student observa- on the bluffs of Dana Point, reached aking Dana Strand Road seaward

Mighty slap *like the splash of a ship launching attends return to sea. Breaching is frequent in lagoon, less so off our coast*

king for sounding dive

Rock Island, *in Scammon's Lagoon, is named for these concretions like giant cannonballs*

from the coast highway; and at Cabrillo National Monument on Point Loma, which presents weekend and vacation-time whale programs.

Whale-watch boat excursions get underway in mid-December or Christmas vacation and continue for about six weeks. They range from 2 to 4 hours long and cost from $2 to $3 for adults, half that for children. Some of the boats take naturalists along as narrators.

There is no guarantee that the whales will be there just because you are there, but you are almost certain to see at least one. They are easy to follow because of their predictable speed and rhythm of surfacing at 3 to 6-minute intervals. You can get close enough to see the spout mist (moisture condensing from air held in the lungs), barnacles that gray the black skin, and great tail flukes 10 feet across. Though the gray is medium-sized as whales go and timid, at 45 feet long he is an impressive beast.

An apparent drop in sightings along the Southern California coast last season may have been the long-term result of numbers of private boats chasing whales at high speeds: The animals are more sensitive to the high-pitched whine of fast-revving engines than to the lower sound of the slower excursion-boat engines, and more may have taken the island route to avoid such close pursuit.

Excursion schedules had not been set at our press time. For a list of operators write to *Sunset Magazine*, Southwest Editorial Office, 1541 Wilshire Blvd., Los Angeles 90017, enclosing a stamped return envelope. The list includes cruises down the Mexican coast.

In Baja California. The migration heads for a string of lagoons along the Pacific side of the lower half of Baja California; a few whales even cross the Gulf. Scammon's (officially Ojo de Liebre, or Rabbit-eye) Lagoon is the first of these, 5,000 miles from the summer feeding waters off northern Siberia.

Here the whales congregate to bear calves and to mate before returning northward in spring. The activity in this vast expanse of shallow water—nearly continuous showing of spouts, of silhouettes of surfacing adults and cows with calves, of heads rising slowly from the water and great bodies leaping clear of it—is one of the most extraordinary natural spectacles to be seen anywhere.

Thirteen trips of six to eight days will leave San Diego this season to enter Scammon's Lagoon in long-range fishing

Elephant seal *bull rises among cows in rookery on San Benito Island off Baja California*

vessels varying in size from an 80 or 85-footer to a more spacious 105-footer. They will also call at such islands as Guadalupe, San Benito, San Martín, and San Gerónimo; the great elephant seal rookeries on Guadalupe and San Benito would alone make the trip worthwhile. The most frequent trips are conducted by officials of San Diego Natural History Museum. Others will be led by whale specialists Dr. Raymond Gilmore and Alfred R. Pentis. Fares are $300 to $325 per person; some space is still available.

These may be the last public trips, for there is mounting evidence that human activity in the lagoon may be driving out some of the whales. It is a matter of noise: from tugs towing salt barges in the north channel, from more and m private planes buzzing the lagoon fo look (their noise is loud underwat from high-pitched outboard mot when deckhand pilots race right up the animals (a responsible trip lea will cut the motor when he reaches whale channel).

Nonetheless, conservationists will among trip leaders this season, reas ing that anyone who has seen this m vel is apt to become an advocate— the gray whale may need advocates.

Reasons for concern. Nearly all the g whales alive today—estimated at 8,0 to 14,000—were born since 1937, wl they were near extinction and an int national treaty created protection them just in time. There have been cent proposals to resume taking gra though they have regained just a fr tion of the 25,000 to 50,000 populat once known. More whaling pressure c be expected.

And the calving lagoons are also un threat, directly from a long-range p posal of the Mexican government create small boat harbors at 100-m intervals along the peninsula, and in rectly from the interference that creased boat traffic would generate.

Scientists are urging the Mexican g ernment to close the lagoon to mot boat traffic from mid-December to m March. They would eventually like see a national park or wildlife sanctu created at this internationally import location, with observation only fr shore and from motorless boats.

Kashmir-Oct. 20

Always a special place in my heart is Kashmir.
[illegible] loveliness matched by [illegible].
My heart goes out to craftsmen working on the most exquisite embroidery.
Fascinating papier-mâché, silver, wood, with innate artistry.
My houseboat on Dal Lake costs me only $8 a day.
A staff of attentive servants.
My own Shikara (gondola) to take me everywhere.
My houseman a blue-eyed child.
Gulmarg.
Fantastic view of the high Himalayas.
But Pahalgam is different.
A less gentle beauty.
A murmuring river.
Glaciers.

Ajanta-Oct. 25

Caves.
Fantastic treasure.
A forgotten world.
Who are these people who live forever captive in shadows?
Long lidded eyes.
A sensuous mouth.
Startlingly modern coiffures.
2000 years old.
There is color and movement here in this other world.
Hewn from rock.
Discovered only in the last century.

Bombay-Oct. 29

The Taj Mahal Hotel.
Comfort.
And so uniquely Indian.
Bombay is a modern cosmopolitan city.
But the contrast amazed me.
The beach is beautiful.
I lie on silver sand,
So peaceful, I fall asleep to the rustling of palm trees.

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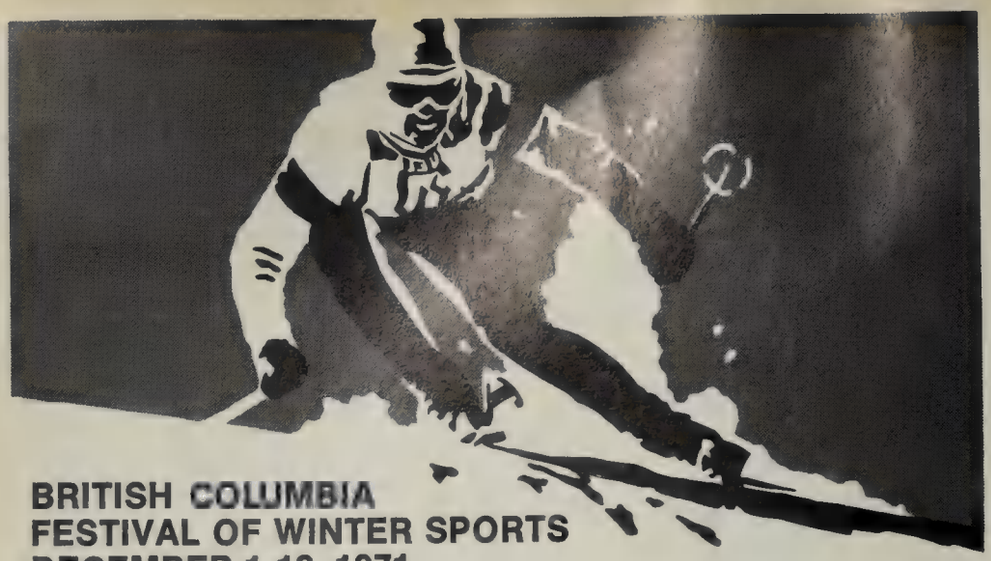

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Clam Taxi *chugs past Morro Rock*

Morro Bay's taxi for clam diggers

Only ■ small sign nailed to a post at Morro Bay Marina marks the dock t serves as the stand for the Clam Ta but almost anyone with a clamming fo in his hand can tell you where it is.

From the Morro Bay Marina waterfro near the corner of Pacific and Emb cadero, you can take the Clam Taxi a time between about 6:30 A.M. and 5 P.M. seven days a week. If there is one at the marina or on the dock, about the taxi at the office of the Mar Motel on Embarcadero.

The Clam Taxi takes clammers acr the harbor to the sandy peninsula t juts out into Morro Bay from Mo Bay State Beach Park. The service mainly for clammers, but surf fish men, driftwood and shell collectors, beach fanciers all take the taxi to strand, too. It drops fares off on the l side of the spit; from here it is onl short walk across the sand bar to ocean side.

At low tide, clammers can dig for Pis and razor clams on the ocean side; geoducks, horseneck clams, and Wa ington clams on the harbor side. Go clamming tides run from November i March. Fishermen usually get cabe and barred perch in the surf, and an casional ling cod near the breakwa

Round-trip rates for the taxi are $1 person. Forks can be rented for $ day, surf fishing tackle for $1.50 a d Power boats can also be rented at marina. For a rate schedule, write Morro Bay Marina, 699 Embarcade Morro Bay, Calif. 93442.

How to get into stereo without getting in over your head.

We know it looks dangerous. With all that walnut-finished wood and midnight black and silver trim, knobs to finagle with and those wild-looking cylindrical speakers. But look at the price of our new stereo system and feel safe.

Then look at what's in it. And rejoice. The FM/AM and FM stereo radios have everything from an FET tuner that pulls in even the weakest stations. To AFC on FM that makes sure they don't drift away. An FM stereo selector that keeps FM monaural from sneaking into FM stereo programs. A Stereo Eye that lights up when you've tuned a stereo broadcast. And enough Solid-State doohickeys to make everything last you the best years of your life.

Plus a multiple-use amplifier. That lets you get deeper into stereo with tape and other hi-fi equipment. When you're good and ready.

The 4-speed changer won't be your ruin. Or your records' ruin, either. Because it's got a ceramic cartridge and sapphire stylus in a lightweight arm. And a dust cover that's included in the price.

You'll always be in full control, too. With bass and treble you can adjust to the n-th degree. And separate continuous balance controls that let you adjust the speakers individually. And what speakers. The strange shape does something strange. Like spread the sound out to every corner of a room.

If you're still a little nervous, ask your Panasonic dealer to lead you by the hand. To the "Sonisphere," Model SE-840. It's the best way to get deep into stereo and still keep your head above water.

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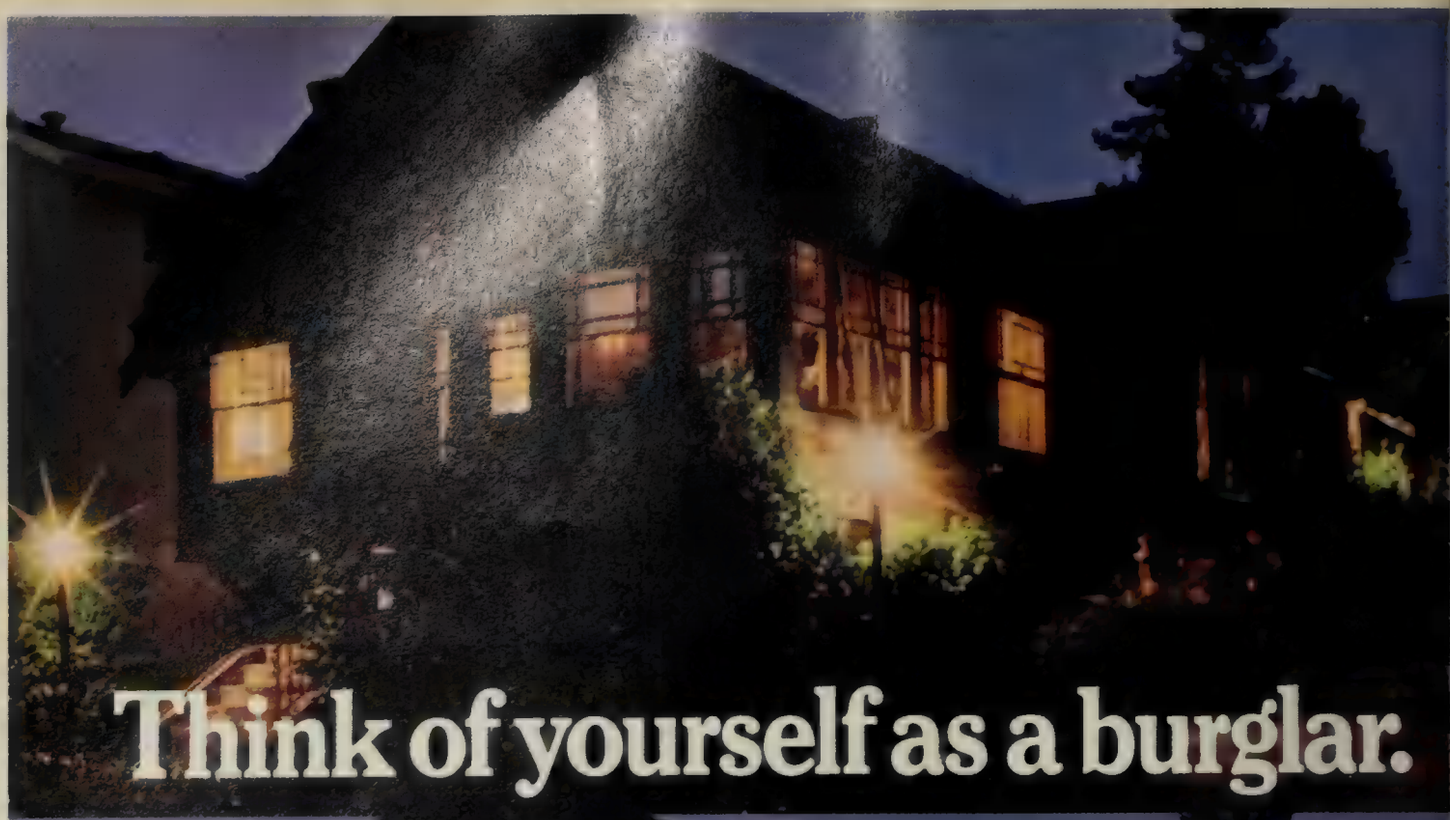
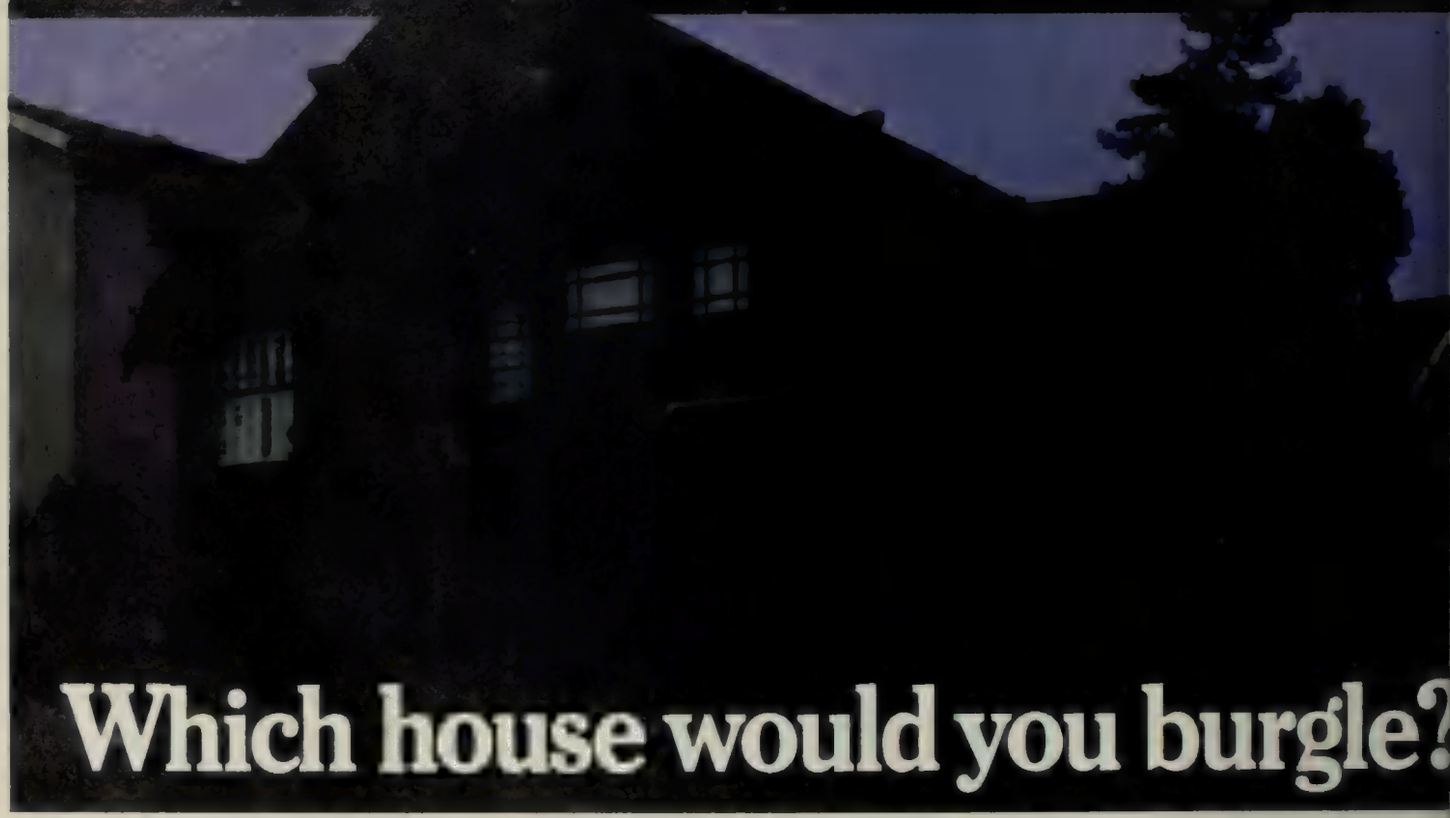




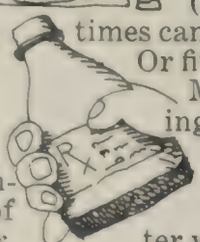
To a burglar, the lighted house looks like trouble. Maybe an automatic timer turned on those lights at sunset. Or maybe someone's home—it's hard to tell. Besides, a burglar wouldn't want to stand out there in the light trying to jimmy a window.

Especially when there are so many nice dark houses to choose from.

A photoelectric attachment will turn an outside light on at sunset and off at sunrise. To light a dangerous flight of stairs. And maybe fool a burglar, too.

Here are some more ways modern lighting can make your home safer and more convenient:

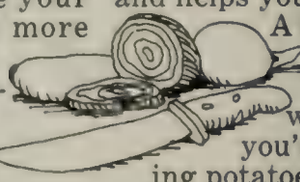
A bathroom mirror lit from both sides eliminates false shadows. (Which you sometimes can't tell from eye shadow. Or five o'clock shadow.)



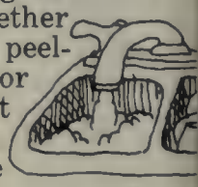
Modern bathroom lighting also helps when you're trying to tell one prescription from another.

You can brighten counter work areas with fluorescent lights under kitchen cabinets.

It makes food preparation ea and helps you read recipes, to



A light directly ove kitchen sink is a good idea. Bec whether you're peeling potatoes or scouring pots, it helps if you can see what you're doing.



For many more helpful l ing ideas, pick up a copy of Light Book" at any PG&E offi

PG and E

iscover Ireland on walk in Limerick

ı **its elegant** Georgian architecture streets lined with small shops, Lim- is probably the least familiar of nd's major cities. Yet Shannon air- a major point of entry from the ed States, is only 15 miles away. So. u fly into Shannon, consider spend- day or two in Limerick town before on to explore more of this beguil- nall country.

rick offers a capsule preview of Ire- particularly if you are willing to bit of walking. In 2 miles, or 3 at you will see the three old sections wn: Newton Pery with neatly grid- treets and fine but faded Georgian ings, English Town on King's Is- and Irish Town.

wo walks we've outlined take you St. Mary's Cathedral which dates the twelfth century; a bit of stone almost all that remains of the city's dable medieval fortifications; and le built about 1210. And you will the stone quays along the wide Shannon.

on Pery and English Town

your walk at Limerick's main in- tion, also the location of the town's stoplight, where O'Connell-Patrick crosses Sarsfield-William Street. north on Patrick Street; for several you are passing small, dark, and ed shops selling sweets, groceries, drink, or clothes. Sometimes a shop sells all these items—and lso accept wagers on any horse r dog race being held in Ireland. ularly along Patrick Street, many three-story Georgian buildings allen into ruin. Broken sidelights a scarred but delicately fan- l door may allow you to peer into ed interior, where grass carpets ibble-strewn dirt floor and ferns between stones in the walls.

andsome gray stone, four-square ns house, built in 1769, is on the ide of Patrick Street. Walk around e rear; its grounds are like a small ont park. Continuing, cross the River to King's Island via arched w Bridge to English Town.

t ahead on your left looms the tower of St. Mary's Cathedral; nstruction began in 1198. The ral and its grounds with their , trees, lawns, paths, and ancient cross-marked tombs are open to blic without charge from 9 A.M.

You ride beneath a white-capped mountain.
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until dark. The sexton sits in his office near the door, ready to a questions or point out the unique n cords, elaborately carved semisea worshipers to lean on while sta found in Ireland only in this ch

Bow Lane, beside the cathedral, le three imposing Georgian building County Court, the City Court, ar gaol (jail) which is no longer used.

Turn left on Nicholas Street, whic ders the cathedral grounds on the to reach King John's Castle, an ir sive medieval building with its p mammoth, squat drum towers. cross Thomond Bridge; at its we stands a pedestal monument supp the squarish treaty stone on whic rick Sarsfield signed an honorable after the English siege of 1690-9 complete this walk, stroll south the river on Clancy's Strand. You excellent views of the city an charming walled gardens of houses to your right.

Recross the Shannon on Sarsfield Near the east end of the bridge, stairs descend to Harvey's Quay. it along the river, here reminiscent Seine as it traverses Paris. If yo left at Lower Mallow Street, a w four blocks through Newton Pe bring you to green and shaded P Park in Pery Square where you Limerick's library, museum, and lery. Two blocks west is O'C Street; a five-block walk nor O'Connell will take you back t starting point.

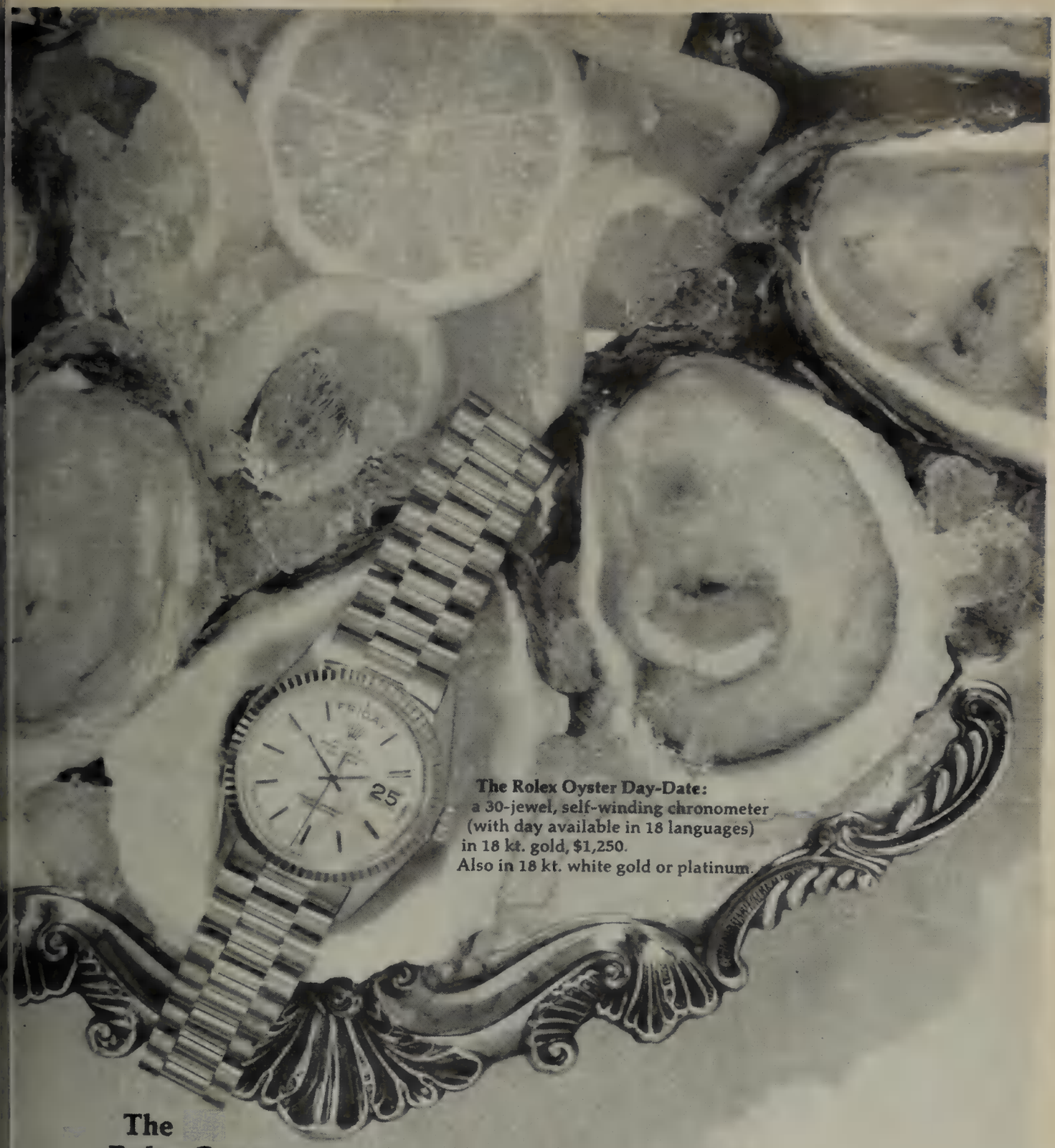
Irish Town

Irish Town lies east and south of Island. To visit it, begin at the st intersection and walk three bloc on William Street before turning Griffin Street. You may have to rections, for although street nam posted, they are often in Gaeli Griffin Street leads into St. Square, once an important cen Limerick life but now largely except for the two churches and that still face it.

Beautiful St. John's Catholic Ca was built in the late 1800's. It is seeing for its vaulted interior a stained glass windows.

St. John's Hospital stands acros the cathedral. To the right of entrance gates is a fragment of ick's ancient walls, now tumbling the stones encrusted with ferns, erian, and dandelions. A 15-foo romanesque arch, probably a sal remains.

From St. John's Square, head dow Street to Charlotte's Quay, Bank and Rutland Street, which becom rick Street before it brings you your starting point.



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ELLEN KADELBURG

Terns, gulls, *and pelicans swarm around fishermen's nets*

San Blas—for slow-paced vacations

San Blas, a rustic village on Mexico's West Coast, is a peaceful, quiet, and picturesque destination for travelers who shun the luxuries of Mexico's more tourist-oriented towns.

Around the village are tropical jungles and wildlife. The beautiful beaches near Matanchen Bay are ideal for sunning and beachcombing; offshore islands abound with tropical birds and offer good shell collecting. Near San Blas's fishing area you can barter for a boat for fishing or an excursion to remote beaches reached only by water.

While visiting San Blas your time will be pretty much your own, but you should not miss the jungle boat trip. For about $8 you can board a boat at the bridge over the Rio San Cristobal and take the

Watery *jungle cruise is photographers' delight*

ur '72 wagon tailgates go up, down, sideways, slideways and one even disappears.

We've got five different kinds of wagons. One for every kind of wagon buyer.

Wagons with different kinds of tailgates especially designed for convenience. Including one that vanishes—the window into the roof, the gate under the floor. Out of sight. Out of your way.

Wagons that seat four, six, eight, nine or as many as twelve. If you like, our Sportvan can even be converted to sleep up to six. We're serious when we say we want your 1972 Chevrolet wagon to be the very best wagon you ever owned.

Chevrolet

Pictured at Crown Point near Portland, Oregon are (clockwise) our Sportvan, Suburban, Vega, Chevrolet wagon and Chevelle wagon.

Chevrolet. Building a better way to see the U.S.A.

Now. Movies without movie lights.

Kodak announces a new kind of super 8 movie film and a new kind of movie camera that let you shoot color movies just by the light you live in. Even by the light of the candles on a birthday cake.

The new film is Kodak Ektachrome 160 movie film. It's four times as fast as Kodachrome II movie film.

The cameras are the new Kodak XL models. Each has a super fast f/1.2 Ektar lens and a revolutionary new shutter design that lets in lots more light.

Each comes with a precision automatic exposure control system. Each has drop in loading and is battery powered.

The XL33 camera (not shown) is less than $120. The XL55 (above), with power zoom, rangefinder, and sports type viewfinder is less than $200.

Look into either one. You'll see a whole new world to make movies of.

Kodak makes your pictures count.

Kodak XL movie camera/ Ektachrome 160 movie film.

Kodak

Prices subject to change without notice.

ELLEN KADELBU

Sleepy plaza *in front of church is a favorite place to rest or to chat with friends*

2½-hour ride down the river anc La Tobara tributary. The boat pa through mangrove swamps to cry clear jungle pools. It stops at coffee banana plantations, giving visito chance to see orchids and other tro vegetation. Colorful birds such as eg herons, and ibises are abundant, and might see an iguana or coatimundi.

During colonial days San Blas w bustling port; now the impressive toms house near the end of the street into town stands as a deca relic of a bygone era. Above the pre village are the ruins of the old Spa fort and town.

Today life in San Blas is slow pa There are a few small craft, dress, jewelry shops. You can buy bananas coconuts from vendors at the town or native market. Restaurants are pretentious.

Most hotel accommodations are m and cost $4 to $8 per couple, wit meals. Some hotels have very amenities. If you have your own tr you will be able to stay in one of four trailer parks for a daily charg about $2 per space.

To reach San Blas, turn off Mex West Coast Highway 15 onto an numbered highway about 21 miles r of Tepic. The 22-mile paved road o San Blas winds past dense jungle tation, thatched huts, banana gr and small streams.

November through May is the best to visit San Blas; summer months ca unpleasant because of the heat anc midity. It's a good idea to take insect repellent, since gnats may problem in late afternoon.

AND THE VALLEY OF THE SUN

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an your hide poolside and e a splash in our canyon s.

lip into the saddle for sun-shed rides into the desert.

nd try to keep your eye on the around our 42 golf courses, so much natural beauty out to distract you.

ou're in howdy and warm dshake country in Phoenix . . . natives are as open as the try around them.

nd the great indoors is a big action, too. Art and music rish here. So does good cooking. Diners choose from chuck-wagon to Chateaubriand, and keep coming back for more.

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Shopping in Jamaica's two straw markets

Jamaican matron *smiles over fan in her Montego Bay market stall*

Too big? *She's trying this hat for proper fit in Kingston's straw market*

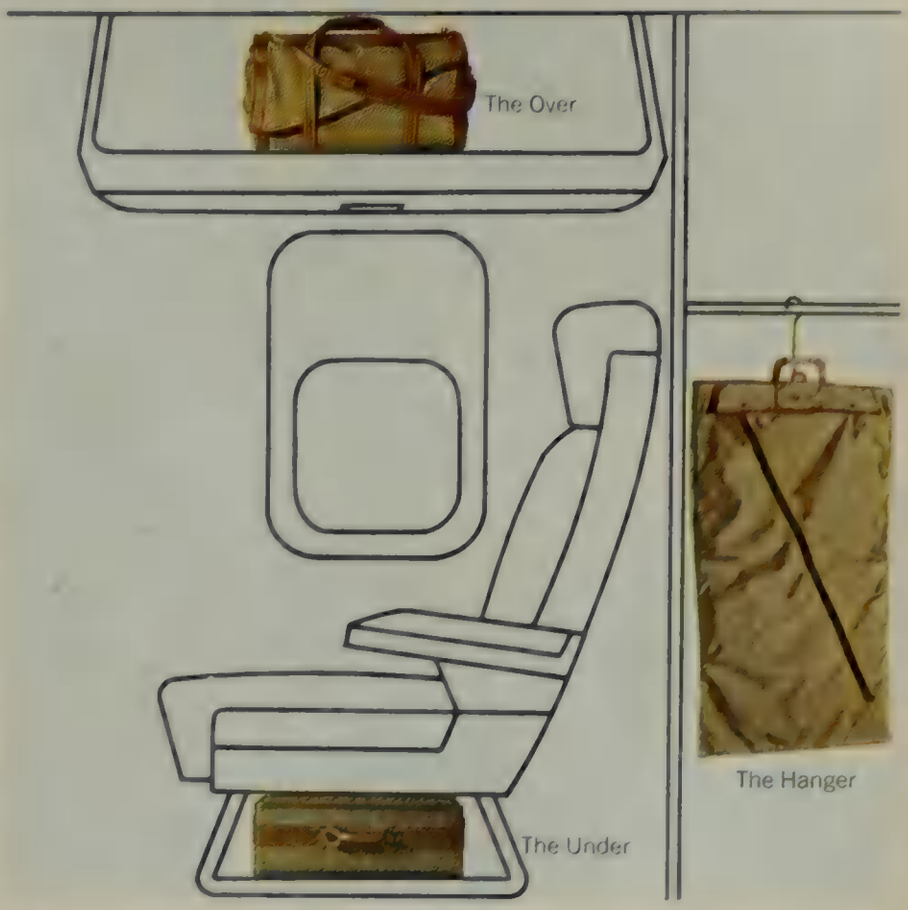
Baskets, hats, and mats *are bargains in outdoor stall at straw market*

Stepping into a Jamaican straw ma
puts you in a free-for-all of ven
vying for your attention, pungent o
of straw and leather, and a colorful
fusion of craft objects ranging from
ple straw baskets to intricately ca
wood figurines.

Two big markets in Kingston and M
tego Bay are good places to shop
straw goods (an island specialty) and
conveniently located for cruise ship
sengers and other visitors with on
few hours to spend in each city. I
contain dozens of stalls, many of t
run by the family members who m
the crafts. Some items have price
but vendors are often willing to barte

The markets are open daily from 8
to 5 P.M. and are closed on Sundays
holidays except when a cruise shi
calling. In Kingston, ask your taxi d
to take you to the Victoria Crafts M
ket (near No. 1 Pier); in Montego
ask for the "straw market" on St
Street.

HARTMANN INTRODUCES 'HE OVER, THE UNDER AND THE HANGER.



e 747 Carry-Ons:

'he first 3 pieces of luggage igned to fit the three stowage ces available only on the ing 747 superjet.

'he Over goes in a brand new hed compartment over your t. The Under under your seat. Hanger in a closet near your t.

nd anywhere you go, as long ou want to stay, they'll hold the things you need.

Vhich means when you step the 747, you're on your way h no "side trips" to claim cked baggage. Hallelujah.

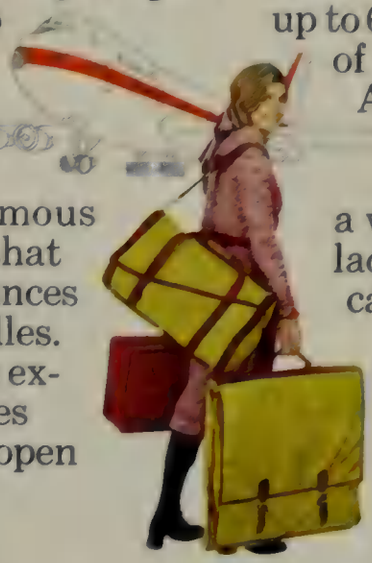
The Over

lade of tough pack cloth like fisher- use, yet soft and casual. Water-proof ZePel stain repellent. Strap adjusts eft shoulder people or right shoulder ple (that leaves both hands free for other pieces).

nd the patented wide S-shaped open- lets you ram clothes into y seam right up to the vy duty nylon zipper.

The Under

eal rugged, with our famous ble frame construction that s when bumped and bounces t back. Hand sewn handles. s fold neatly. Side panels ex- d to jam even more clothes pocket on the side zips open ast minute papers.



The Hanger

Fisherman pack cloth just like The Over. Staggered hangers so your clothes won't crease. With hook and chain for hanging and a large heavy duty nylon zipper. Carry it either folded or long. It holds 3 suits while 3 large pockets take up to 6 shirts, 12 sets of underclothes, lots of etceteras and only a thin bulge.

A word about beauty.

The Carry-Ons are beautiful. So pretty, we designed a whole gorgeous line strictly for the ladies. Another word. No law says you can't carry the Carry-Ons on a bus or train. In case you miss the plane.

The 747 Carry-Ons by **Hartmann**

EL IN VINYL TRIM, THESE PIECES START AT ABOUT $40 HIGHER WITH LEATHER OR CORFAM TRIM. ALL THREE PIECES MATCH COLORS IN HARTMANN INTERNATIONAL SERIES. FOR FREE BROCHURE, WRITE HARTMANN, DEPT. SN, LEBANON, TENN 37087

Drive toward goal. *Mallet is broom trimmed down, l is soccer ball. Nosebags prevent burros' nipp*

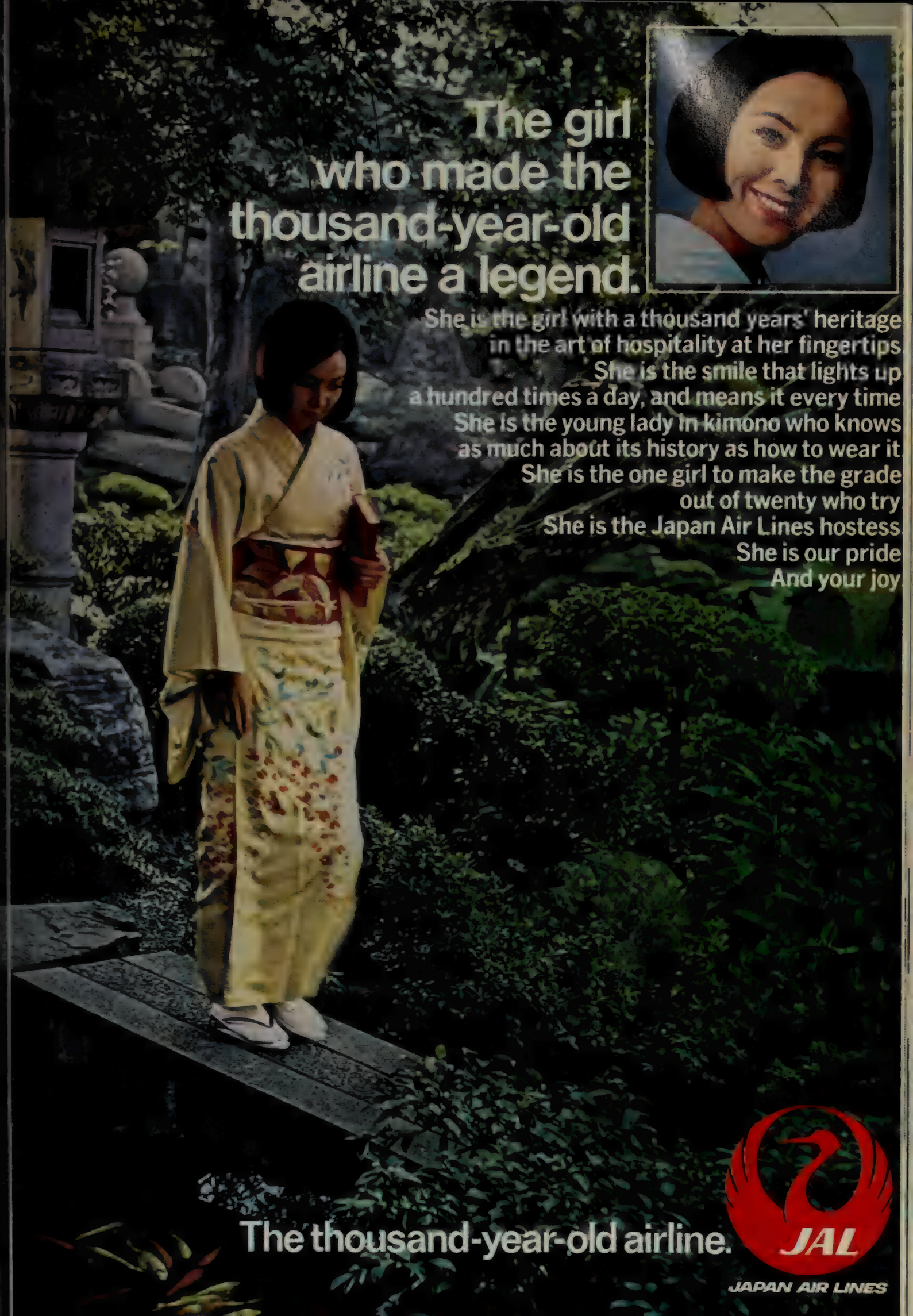
More a herd *than two teams, players battle seaward of conical thatched roofs and palms*

It's burro polo. At Puerto Vallarta you can watch or ride

Goal *apparently doesn't excite lead burro enough to make him open his eyes more than a slit*

The Mexican burro probably has better sense than the p pony. He is just not going to wear himself out chasing a b Even so, a few Puerto Vallarta burros consent to play polo the beach at the hotel Posada Vallarta. After all, it's ea than the common burro's lot in town, which is to carry he beach rocks to construction sites.

Visitors can watch the spectacle any Wednesday or Satur afternoon about 5 o'clock from October through June. Pl ers are hotel guests and others who come for the hot Mexican fiesta on those evenings. The game may be slow, it develops its own kind of suspense, as much from individ contests between riders and mounts (who sometimes n supplemental switching from behind to make them move from such team action as the game produces.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She is the girl with a thousand years' heritage in the art of hospitality at her fingertips
She is the smile that lights up a hundred times a day, and means it every time
She is the young lady in kimono who knows as much about its history as how to wear it
She is the one girl to make the grade out of twenty who try
She is the Japan Air Lines hostess
She is our pride
And your joy
The thousand-year-old airline.
JAL
JAPAN AIR LINES

Concorde's nose *juts into space beyond visitors departing after an SST tour in Paris*

In Paris . . . a look at the Anglo-French SST

Concorde, the supersonic transport built by the British and French, may well be the only SST to fly regularly in western skies now that the American version has been canceled. You can get a preview of the needle-nosed craft at Orly Airport in Paris where a full-scale mockup —complete except for engines and electronic equipment—is open to the public seven days a week.

Sometime in the next two years, Concorde will probably be carrying passengers commercially, speeding from Paris to New York in about 4 hours. With its slender nose and delta wing, the plane resembles a dart. Inside, however, it is much like a conventional airliner, able to carry 130 people. Its top speed is 1,400 miles per hour.

Free shuttle service is available to the mockup site from all Orly buildings. If you go by car, take Autoroute 6 to the airport and follow all signs that say "visitors for Concorde." Hours are 9:30 A.M. to 12:30 P.M. and 1:30 to 6 P.M.

Admission price is 4 francs (about 75 cents) for adults, and 2.50 francs f s dents and children over five. T minute recorded guide that is pla the entrance to the plane is spoke in French.

GARY

It's a preview of the supersonic age, but Concorde's doorway looks conventional to these young visitors

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Of course we've only touched on a few of the highlights of our untypical tours of South America. There's more . . . much more—and you'll want to read about it in our brochure. But whichever tour you select (and we have over 20 to South America, Africa and the Orient)—it all starts when you board your Varig Airlines jet and experience onboard service that has earned South America's largest airline the reputation as the world's most elegant way to fly.

Ask your travel agent or mail us the coupon below.

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Varig serves South America, Africa and Japan from New York, Miami and Los Angeles.

Getting a camper or motor home ready for winter storage

Time and money are at stake if you're storing your camp vehicle for the winter. A little effort now might save you extensive repairs and lost vacation time in the spring. Even in mild climates, an improperly stored camper can deteriorate rapidly and even a simple pickup-mounted shelter can be damaged.

Wheeled vehicles should be raised off the ground so the tires won't develop a permanent flat spot. Put blocks under the jack pads or the main frame, not under outboard struts or the axles; make sure the blocks provide a firm base in case of heavy winds. (Pickup coaches should also be raised to keep their wood bottoms from swelling or splitting.) Deflate the tires somewhat to close their outer pores against grit and smog, and shield them with boards or aluminum foil against direct sunlight. After raising your camper, repack the wheel bearings.

If you don't have a shelter, store your camper away from falling limbs, swinging gates, and the flow of traffic. Park it against the lee side of a building if you can, since at least two windows must be left with a crack open for air circulation.

Water systems: drain and leave open

Poor plumbing maintenance can lead to rust, corrosion, and — in freezing temperatures — cracked pipes and fixtures. And in large trailers and motor homes, with their complex networks of concealed piping, repairs can be costly.

The best precaution is the simplest: Drain the water out of the entire system, and leave all faucets and drains open to allow condensation to escape and any frozen residue to expand safely without cracking a fitting. You can draw off most of the water by opening the main tank drain and other stopcocks along the water line, but don't overlook these problem areas in the plumbing system:

Drain traps under the sink, toilet, basin, and other fixtures should be cleared of standing water. If they don't have stopcocks, force the water out with a plunger. As a last resort, you can inhibit rust and corrosion by adding ethylene glycol antifreeze; common methanol (alcohol) antifreezes will evaporate in open systems and are poisonous.

(If you plan to use your camper in cold climates this winter, you can protect drain and water lines from freezing by wrapping them with fiberglass cloth or [illegible] heat tapes available from trailer or recreational vehicle supply stores or service facilities. These dealers also stock appropriate antifreeze.)

Toilets should be thoroughly cleaned and dried. If you have a recirculating unit, drain off the contaminated water and flush through a cleanser-deodorant solution (use a bowl cleaner that won't attack enameled or plastic fixtures). Dry removable pumps by hand, and store the toilet indoors if convenient.

Marine-type toilets, once cleaned, should be flushed dry with the water turned off. Clean the inside of the double-wall bowl so the pump diaphragm won't freeze, and drain or blow the moisture out of the overflow trap.

Holding tanks should be thoroughly rinsed and cleaned of solid wastes; use a strong detergent, and agitate the tank. Store it with the drain open.

Water heaters should be emptied with the thermostat and water inlet shut off; the tank should be left open. Many non-storing "instantaneous" heaters have expansive freeze-protection devices over their water-filled diaphragms; if yours doesn't, carefully follow the manufacturer's directions for draining it.

Fresh water leads (inlet pipes and hoses between the water storage tank and the faucets) should be drained of excess water after the tank is empty.

Filters should be removed from purification systems, drained, and stored in a dry place for further use.

Some old camper hands recommend drying the water lines with compressed air, but this can be difficult in a complex system with many pipes, and openings too wide for the air nozzle. If you try it, remember never to force air into a closed system: Open the other end of the line, and remove filters and other fragile fittings. The low pressure of a paint sprayer is safer than the force from a service station outlet.

Don't use your camper's electric water pump to speed the draining process; if it runs dry, it will burn out. Hand pumps, however, should be pumped dry. When you store the trailer, jack it up with a slight tilt toward the rear; this lets the main tank continue draining.

Gas systems: fill and close tightly

Your bottled gas system should be shut off tightly at the tank, not just at the appliances; keep the tank full so th[illegible] no room for water condensation. Bu[illegible] begins to freeze at 32°, threatenin[illegible] rupture the safety regulator; use prop[illegible] (freezing point, –44°) in cold region[illegible] extreme cold, store the tanks indoors.

Engine care for motor homes

Motor homes (and pickups being st[illegible] with their camper coaches) should h[illegible] full chassis lubrication and a chang[illegible] oil and filter before storage. Some o[illegible] precautions:

Fuel tank should be full, with a q[illegible] of combination crankcase deterg[illegible] rust inhibitor for each 5 gallons. Disc[illegible]nect the gas line at the fuel pump [illegible] run the engine dry.

Radiator should be full above the [illegible]fles, with enough antifreeze for the l[illegible]est likely temperature. Check for lea[illegible]

Engine belts should be slackened, [illegible] replaced if worn.

Battery should be stored indoors [illegible] freezing weather, with a full charge.

Two teaspoons of crankcase deterg[illegible] should be poured into each cylinder [illegible] the spark plugs removed; spin the eng[illegible] with the starter to coat the cylin[illegible] walls, then replace the plugs.

Don't be tempted to run the engine [illegible]casionally during the winter: It'll [illegible] wear down the cylinders without pr[illegible]erly lubricating them. To keep the tr[illegible]mission lubricated, you should turn [illegible] rear wheels a few times once a mo[illegible] while the vehicle is in gear.

Miscellaneous tips

A few housekeeping chores will h[illegible] ease your camper through the win[illegible] Leave the interior clean, free of cl[illegible]ing, food, or settling stains. Clean [illegible] appliances with baking soda solut[illegible] cover the range top, and leave the ref[illegible]erator door ajar.

Outside, check the caulking around [illegible] windows, doors, roof vents, and m[illegible]ings; if it's dry and flaky, reseal it [illegible] putty or tapes from a trailer supply [illegible]let. Lightly grease the inside of the hi[illegible] socket, and protect it and outside po[illegible] cords from moisture. (But don't w[illegible] with plastic; it doesn't breathe, [illegible] causes condensation.) Weighty s[illegible] should be kept off the camper roof.

Finally, don't forget your camper [illegible] winter wears on. An occasional qu[illegible] check will help ensure a trouble-f[illegible] start to your next vacation.

his is the room that Herb paneled...

ith a little help from U.S. Plywood).

Vhen we met them, Herb and Eileen Hebert f Meriden, Conn., wanted three things for sure r heir new family room: versatility, carefree intenance, and good looks that would still be und when the kids were grown.

Eileen also thought she'd like the warmth of od, though she confessed to knowing nothing ut the different kinds of wood paneling ilable.

Herb, an average do-it-yourselfer, wondered ut installation.

Happily, the Heberts knew where to look for p—their local U.S. Plywood dealer. After king with them, he was able to show them ens of prefinished wood panels to match ir decorating ideas. (Eileen finally chose ldwood's *Craftsman® Tudor Oak.*)

s for installation, Herb was pleasantly prised. The only tools it takes are a hammer, , nailset, carpenter's square and level. And only use two or three nails across the top of n panel. New Weldwood Panel Adhesive es care of the rest. Weldwood panels can be ched directly to most walls, though masonry neven surfaces may require furring strips. b attached his to gypsum board.

n all, the whole Hebert family room took only raftsman panels and was finished over a kend.

Vhat about your home? Thinking of adding on, fixing up? There's a Weldwood Craftsman panel for almost any room you have in mind. With 18 different styles and colors to choose from. In prices ranging from about $12* to $25* per 4′ x 8′ panel. (Other Weldwood panels start as low as $4.95.*)

Ask your local lumber or building supply dealer to help you get started. Or look up your nearest Weldwood Headquarters dealer in the Yellow Pages under Plywood.

*Manufacturer's suggested retail prices.

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P.S.: If you'd really like to be a wood-be expert, we'll send you our 6 idea books on how to redecorate your kitchen, living room, family room, bedroom, dining room, and den/library, plus a how-to panel booklet. Just send 25¢ and your name and address to: U.S. Plywood, Box 61, New York, N.Y. 10046.

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Once you're inside *there's a happy jumble of old and new brassware to poke through. Some you'll want to cook with, others simply to admire*

JOHN REGISTER

Shopping for your kitchen in Manhattan

For those who think that the kitchen is the most attractive room in the house, browsing through some of New York's houseware specialty shops is a real treat. Although you can find many of these things elsewhere, you'll probably never find so much diversity in as small an area as midtown Manhattan. Here are five stores, all equipped with unusual collections.

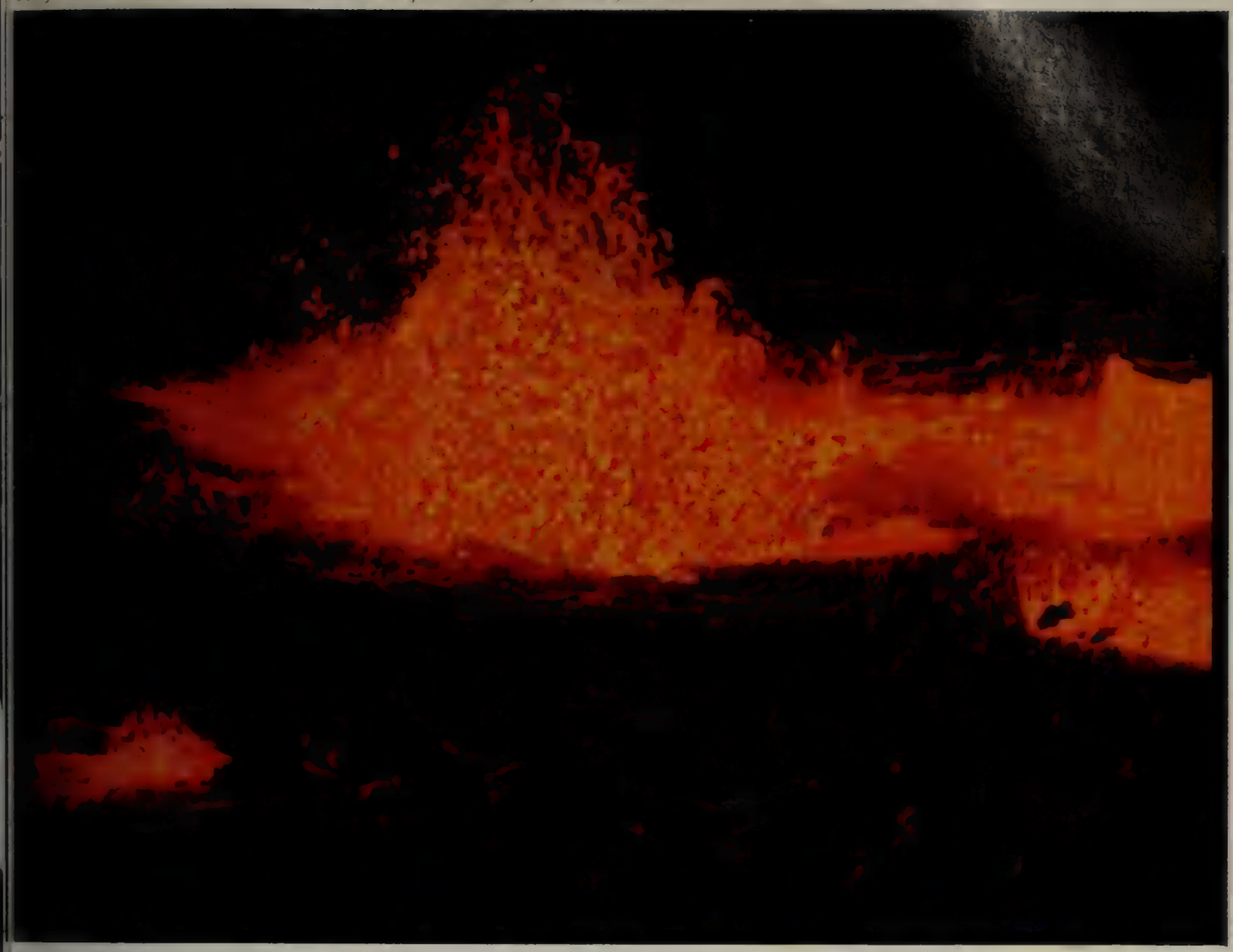
These tantalizing shops are strung out in a line between 51st and 72nd Streets. New York, like most great cities, invites walking, and the short north-south [illegible] particularly easy. If it's a [illegible] day you may want to start at [illegible] and [illegible] it all the way. If not, [illegible] uptown, uptown, and downtown [illegible] conserve your strength for more leisurely shopping. Take along plenty of change so you'll be able to give the exact bus fare as required.

Dione Lucas, 226 E. 51st St. (between Third and Second avenues), 593-2647. This gem of a store has a bewildering collection to delight the cook. The owners stock the heavy-gauge sauté, sauce, and frying pans used by restaurants. Don't forget to look at the molybdenum knives that cut finely, swiftly, and need little sharpening—and the very useful cookbook stands made of lucite that keep recipes visible and clean. Although most of their things are new, they do sell old copper pieces when they can buy them at a good price.

Bazaar De La Cuisine, 160 E. 55th St. (between Lexington and Third avenues), 421-8028. This is a no-nonsense sh[illegible] with a number of items specifically [illegible] ufactured for it. You'll find zaba[illegible] pans, bird's nest potato baskets, c[illegible] asparagus steamers, Chinese woks, [illegible] selection of the old-fashioned F[illegible] salad baskets. Specially featur[illegible] everything conceivable for the [illegible] cook: pastry bags and tubes and [illegible] different cake and pie pans. Also [illegible] able are spaghetti jars in unusual s[illegible] and even couscousières for a Mor[illegible] dinner.

Bloomingdale's, 59th Street at L[illegible] ton Avenue, 355-5900. This turr[illegible] department store has an excellent [illegible] wares section on the fifth floor. Al[illegible] of useful and attractive kitchen ar[illegible] ving equipment are shown, and th[illegible]

ew from the lookout over Halemaumau Firepit on the Big Island of Hawaii.



Hawaii looks like Hell.

At least some parts do. When Madame ele, the volcano goddess, blows her top om Kilauea Crater, there's no sight like it heaven or earth. It's Dante's Inferno with ound effects. Of course, volcano watching pretty much a spectator sport. So if you're e type who likes to get involved, you'll be ad to know that most other places in awaii look like paradise. Only difference . there's more to do in Hawaii.

If it gets too hot on Kilauea, you can ol off by water-skiing in an emerald bay 4,000 feet below. Or you can catch a 600-pound marlin off Kona. It may pose a weight problem on your return flight, but you'll think of something.

You're also invited to join the Buddhist Bon-Odori dancers in their festive celebrations of death and life and other high occasions. Or explore the meandering course of green river on Kauai. Or dine in a dozen countries, with no language barrier to dampen your appetite.

Or just sit in the warm sand and rejoice at the sunsets showing nightly from all six of our lovely islands.

You can do all these things tomorrow if you want. The airline and steamship carriers have made Hawaii closer and less costly than ever. And when you get here, the $5.40 common fare for island hopping is possibly the greatest bargain in flight. The range of available tour plans is endless too—including tours for people who don't think they like tours.

Talk it over with your travel agent. He'll tell you to go straight to Hawaii.

Hawaii

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demonstration area where you can s and sip the filtered coffee or whate else is being offered at the time. W you're in the store, take time to visit innovative model rooms on the s floor that are striking examples of terior design.

Parrish Woodworth Inc., 33½ E. 6 St. (between Madison and Park nues), 737-4831. Walk slowly or y miss this small but fresh boutique.

JOHN RE

In the midst *of other temptations, shopper zeroes in on a cutting board and a parsley mincer*

owners have collected handsome se and carrying baskets from all ove world: Italian cheese baskets, Portu chestnut baskets, and Colombian p and bread baskets. The picnic ba are exquisitely lined and equipped tablecloths, napkins, and cutlery. may be even more interested in the ric-laminated trays (to match kitchen curtains if you like), p aprons, long pinafore aprons, la bags, and French denim smocks.

La Cuisinière, 903 Madison Ave 72nd Street), 861-4475. It's hard t lieve that this small store could h many tastefully selected pieces. Y find a number of English things: carved butter molds, antique meat ters, pudding molds, and brightly s Cornish kitchenware. It has deli aprons from the bibbed-butler v (some with a long gathered skir shorter hand-blocked versions, as tea cozies and place mats. Some Italian and Austrian copper mold special finds here. An easily packe item to take home is a set of ce measuring spoons with the bowls in primary colors.

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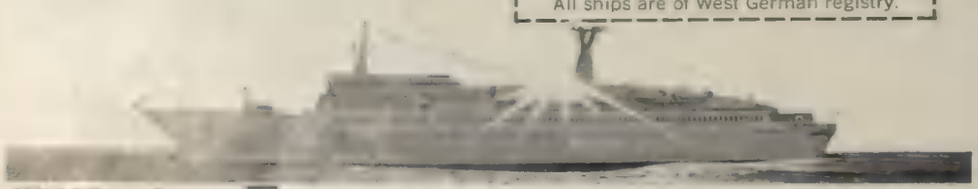

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Over the mountai with Amtrak

The train may well be the most rela way to get those prized views of touched snow etched with gray peaks that tempt many people to b icy mountain highways and heavy traffic.

Though there have been major cha since the government's Amtrak se took over the passenger lines in (notably, the discontinuation of se across Stevens Pass in Washing Cascades), there are still several tacular mountain routes availabl travelers.

Seattle to Spokane and Oakland to are two comparatively short trips w offer snow country vistas. Also, o transcontinental train from Los An to Chicago, a stop at Flagstaff wil you close to some of Arizona's bes and winter scenery. And the route ing Seattle and Oakland passes thr the snowy Cascades in Oregon bet Eugene and Klamath Falls.

High Cascade peaks

The Amtrak train from Seattle p daily across lofty Stampede Pass spectacular views of alpine lakes, M Rainier, and other high peaks in Cascade Range. The round-trip c fare to Spokane is $23.50. Depa from Seattle is at 2:15 P.M., w should allow ample daylight for vie the 85 miles of mountain scenery a the Cascades. Return trains from kane leave at 10:25 P.M. with a mo arrival in Seattle. You can leave the in Ellensburg or Yakima for a sh trip, but you'd have to board the r train at 4:10 A.M. or 3:15 A.M.

Across the Sierra

Spanning nearly 90 miles of high S country, trains on the Oakland- route trudge slowly up steep mou right-of-ways, eliminating the f you get on fast runs of scenery ru by. Mountain lakes, high peaks, broad slopes covered with snow this one of the West's most attra winter routes.

Trains depart Oakland's passenger at 9:50 A.M. Mondays, Thursdays Saturdays, with a round-trip fa $33.50. San Francisco passengers the train by bus from the down A/C Transit Station. Scheduled a in Reno is 4:50 P.M.

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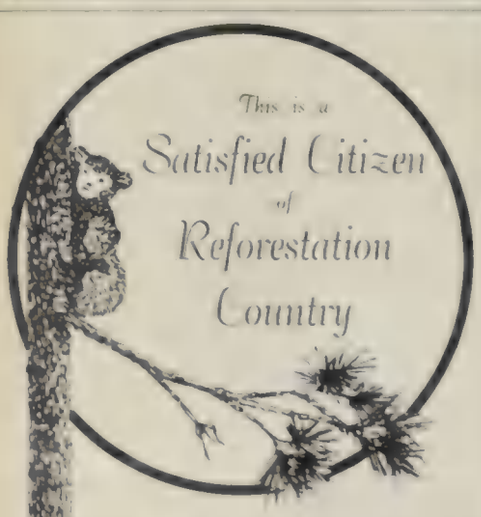

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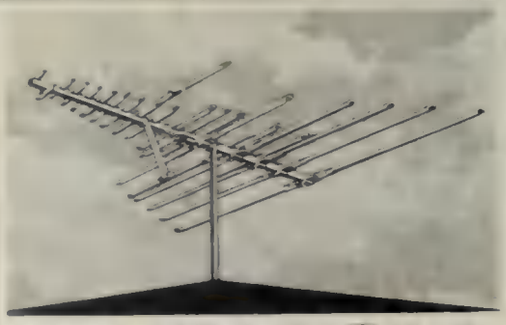

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morning. However, the return t leaves from Reno at 6:45 A.M.—a l early to start traveling again after a arrival the day before. A Thursday parture with a return Sunday will you two days in the Reno area Tahoe ski resorts nearby.

Arizona views

The trip to Flagstaff from Los Ang is made at night both ways, but once arrive in the Arizona city there is m to see. Autumn colors attract hikers. peaks of the San Francisco Mount are snow-covered from December The Arizona Ski Bowl near Flagstaff excellent conditions in the winter.

Grand Canyon National Park, a 180 miles from Flagstaff, is another tination for winter travelers here. rentals and bus transportation to park are available in Flagstaff.

Round-trip coach fare is $43. Tr leave Los Angeles at 7:15 P.M. anc rive in Flagstaff at 6:18 A.M. local t The return train departs at 9:50 and arrives in Los Angeles at 9:05 The service operates daily.

Mountain vistas

Northbound trains from Oakland Klamath Falls, Eugene, Portland, Seattle depart Mondays, Tuesc Thursdays, and Saturdays at 8:25 The train reaches the best mour views at daybreak. Southbound tr however, cross the mountains du the night.

On a recent trip to Reno, *Sunset* fo service under the new Amtrak sy to be accommodating and sometime pecially pleasant. After leaving Oak passengers can order a midmor breakfast in the dining car. Foo rather expensive, but it is well-prep and waiters are courteous and atten

Though Amtrak has not renovated senger cars, seats are comfortable clean. Most passengers spend at part of their trip in the dome car. are angled toward the sweeping dows which allow nearly 360° of vie

Amtrak is planning a nationwide puter booking system, but in the m time buying a ticket on the train is p ably the least efficient aspect of mode of travel. Be prepared to pic your ticket at least the day before parture or you may have to wait wh clerk writes up tickets for half a t load of people.

During the winter months, trains occasionally run behind schedule. cially if you board toward the end transcontinental run.

To get information on passenger ser call the Amtrak number liste 1971-72 telephone books or a local way station ticket office.

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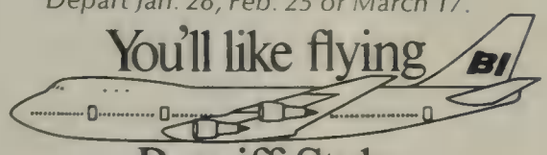

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Aqueous *green light of natural palm oases in Indian Canyons is striking relief from desert glare. These are young palms in Andreas Canyon*

GLENN CHRISTIANSEN

Desert garden. *Cholla [illegible] are [illegible] in Chino Canyon, [illegible] of [illegible] [illegible] parts*

Sunset THE MAGAZINE OF WESTERN LIVING NOVEMBER 1971

The Palm Springs back country

Twin mountain ranges, palm canyons, high wilderness. Entry by foot, by car, by sky ride, by four-wheel-drive

Springs so steals the glory that the two mountain ranges ng its backdrop get comparatively little attention. They e more, for these ranges, the San Jacintos and Santa , are extraordinary in many ways: for climatic and life variety, for the records of geologic cataclysm they so plainly, for wildness close to civilization, and for riches in two of the desert's most delightful phenom- he palm oasis and the bighorn sheep.

ild season has arrived in the low desert, making Palm gs a good base for exploring canyons and mountains—though winter snows are due up on top any time now.

The town originally was a natural oasis (the springs were absorbed into the palatial Palm Springs Spa Hotel). The man-made oasis that is the present-day city has complete resort facilities: golf, tennis, cycling, horseback riding, and ubiquitous swimming pools. For details, write the Palm Springs Convention and Visitors Bureau, Municipal Airport Terminal, Palm Springs, Calif. 92262, or telephone (714) 327-8411.

The street scene is also pretty lively after dark. Even by day it is more than usually appealing, for the city has been

Cool *pine forest 1½ miles vertically above desert is another contrast. Hidden Lake often dries up by late fall*

Regal *of bearing, desert bighorn sheep thrive in Santa Rosas, are often surprisingly close but concealed by camouflage. Here are a ram, three ewes, and a lamb (lower left)*

conscious of preserving its resort character with such programs as the palms planted on Palm Canyon Drive, sign controls, and restrictions on high-rise building.

Seen beyond the edge of green lawn and manicured landscaping, the desert and mountains are almost a shock. They seem hostile compared with the comforts of the resort. Yet they form a setting so dramatic they invite exploration, and the obvious challenge is to go up.

Into the San Jacinto - Santa Rosa high country

The Palm Springs Aerial Tram is an engineering marvel placed on a marvel of geology. First the access road, at the north entrance to town, lifts you to nearly 3,000 feet—a climb that does not seem steep until you look back down at the desert far below. Then in 15 to 20 minutes a tram car lifts you more than a mile over cliffs that only bighorn sheep could scale (and sometimes do), past changing vegetation, to cool pine forest at 8,516 feet.

During the November through May season, the tram resumes everyday operation, from 10 A.M. to 7:30 P.M. (last car to the top at 6:30). Round-trip fare is $3.25 for adults, $2.25 for juniors (13 to 17), $1 for children (4 to 12). The mountain station has an observation terrace and restaurant—and after the snow comes, rentals of toboggans, saucers, and inner tubes for sliding on the snow.

You may share the car with hikers—up for the day to climb the peak, nearly 6 miles distant—or with backpackers, even though the snow may come any time now. More and more people are coming equipped for snow camping, and occasionally for cross-country skiing (the terrain is not suitable for downhill skiing). Casual visitors will just go for a stroll in gentle Long Valley, or bring a picnic, or take the longer walk (1½ miles) over to Hidden Lake and Desert View.

You get a more comprehensive view on the 100-mile road circuit by way of Banning to Idyllwild, returning on the Pines-to-Palms Highway. The grandest views are on the ascent overlooking the gargantuan gash of San Gorgonio Pass and where Highway 74 descends in dramatic switchbacks down through bighorn country on Seven Level Hill.

For most of the route you are at a 4,000 to 5,000-foot elevation, first in pine forest on the western shoulder of the San Jacintos, then in the lovely pine-ringed mountain meadow of Garner Valley, then—as you move eastward and the climate gets drier—in oaks, redshank chaparral, and piñon woodland before you drop back down into dry desert.

Along the way you pass a series of camping and picnic parks, streams and small lakes stocked for fishing, and the pleasant mountain village of Idyllwild—with the principal trail entrance to the high country at parking-plagued Humber Park.

Two dirt-road side trips are noteworthy (if weather has not made them muddy or icy). One, just southeast of Lake Hemet, ascends Thomas Mountain for sweeping views of Garner Valley to the northeast and the great Anza Valley to the south, before it returns in 17½ miles to Highway 74.

The other leaves the highway about 5 miles east of Santa Rosa summit. A rougher road, negotiable by low-clearance cars only very slowly, it is 12 miles long and ascends the forested topmost ridge of the Santa Rosas. At Santa Rosa Mountain, climb the late Desert Steve Ragsdale's stair to the top of a lightning-blasted pine for a view out to Mexico and down over the Coachella and Borrego valleys, which the Santa Rosas separate. The road goes almost to Toro Peak, high point of the range, with its top lopped for a transmitter.

Exploring the San Jacinto desert canyons

Just as highland forest is a surprise so close to the desert below, so is canyon-bottom verdure next to arid slopes. The San Jacinto canyons are watered all or most of the year by snow or spring-fed streams and seeps. The Santa Rosa canyons are drier, but many contain palm oases.

High wilderness, palm canyons, winter-warm deserts

There are two places where you can learn something desert and canyon country in advance of an outing.

One is the Desert Museum, at 135 E. Tahquitz-Mc Way in Palm Springs. With natural history and art d the museum is open 10 A.M. to 5 P.M. Tuesday throu urday, 2 to 5 P.M. Sunday (closed Monday). Admis 50 cents for adults, free for children and students. T seum also presents regular free natural history field nearby locations in the cool of the morning: hiking leave the museum at 8:30 A.M., Monday, Wednesd Saturday; nature-walk groups leave at 9 on Friday.

The other place is the Living Desert Reserve, a divi the Desert Museum, in Palm Desert (south on Porto nue from Highway 111). It is open every day from 9 5 P.M. and is free. You will find a large tract of lan with several miles of gentle trail posted with signs t keyed to a guide; walk through and you will find tha ingly ordinary-looking desert can become fascinatin closer acquaintance.

The northernmost of the San Jacinto desert canyon Creek, contains two interesting spots, neither of w

Trimmed skirts *on palms and arch of fallen palm mark Andreas Canyon picnic area*
GLENN CHRISTIANSEN

Into the mountain canyons, around the desert fringe

Towering palms crowd down and [illegible] at Palm Canyon

usually open to the public or blessed with parking space. Access is on Snow Creek Road, 1½ miles from the [illegible] end of Highway 111.

The first is a reserve recently acquired by The Nature Conservancy and named Cañon de los Osos. On the Lamb Canyon tributary, an rocky gorge contains verdant growth unlike anything suggested from the view from below. You can take [illegible] dedication day, November 13, when its entrance ad [illegible] and will be open from 9:30 A.M. to 2 P.M.; dedication [illegible] all. There will be a car shuttle from parking along [illegible] Creek Road.

The other is Southern California's tallest waterfall, [illegible] Falls Creek tumbles nearly 1,000 feet down the [illegible] scarp of the San Jacinto in full view of generally [illegible] freeway drivers. When it runs full, the sight is [illegible] enough some people to want to take up to its head. [illegible] steep trail at about 3 miles, obscure in places b[illegible] with ducks but hiking is limited because access is [illegible] property. To make the hike you must secure permission [illegible] writing from the Desert Water Agency, 1345 N[illegible] Canyon Dr., Palm Springs 92262.

Back toward Palm Springs, the two major canyons [illegible] Chino Canyon by the tramway, and Tahquitz Canyon [illegible] ordinance. The latter closure came in the aftermath [illegible] unfortunate boomtown invasion of spring vacation in 19[illegible] the several days there were as many bodies as boulders [illegible] roundabout night in town. Visitors are thus denied [illegible] one of the prettiest waterfalls in the mountains, about [illegible] from the end of Ramon Road.

The splendid Indian Canyons are open, though, [illegible] landscape quite unlike those of other canyons—[illegible] like those anywhere else in the world. Here are [illegible] forests of the ancient California fan palm, relic of [illegible] an old tropical climate that survives now only where [illegible] provide year-around water.

The groves of Palm Canyon are the largest anywhere [illegible] hair-devout are genuine [illegible]. Sunlight penetrates only [illegible] top to catch the green fronds of young palms, or [illegible]

High water [illegible] Snow Creek waterfall is [illegible]

: ochr of spent fronds, or to touch the black pillars of inks hose lower fronds were stripped by fire (though a een cown survived). Here and there rushes and other water ants aout still pools or flowing streams complete the oasis ect—he more striking for the dry slopes around.

) reac the Indian Canyons, follow South Palm Canyon ive suth, avoiding the turn where it heads east as a major orougfare. You come eventually to a toll gate entrance to e Agu Caliente Indian Reservation. It is open every day om 1 A.M. to 5 P.M., October 15 through June 1. The arge 75 cents for adults, 50 cents for children.

hen yu can drive to two picnic areas. The first is the palm ove the mouth of the Andreas Canyon tributary. From re yo can also hike over to larger Murray Canyon. Both nyon have palms, rocky cascading streams (low or dry this ne o ear), and upcanyon trails that are easy for some stanc a mile or so in Murray), then more difficult.

he second is in main Palm Canyon, below the parking area Hermit's Bench. The easiest walks are for nearly 2 miles Pal Canyon and up the East Fork for half a mile or so. ore dficult ones are up the West Fork and up Fern Can-n (cosult the trail map at the store-snack shop at Hermit's nch) The 14-mile hike from Highway 74 down Palm nyon recommended in the information sheet given out at e stor is too long and arduous to make during daylight.

mplie the Santa Rosa canyons

he cavons of the Santa Rosas are pure desert, in which lm oes provide pleasant—though usually dry—hikers' als. Ere are three highlights, from a short walk in a wash a 5-nle trail in to an oasis:

agnen Spring Canyon. In Rancho Mirage, follow Mag-sia Fls Drive west to its end. Walk up the wash, which rrow to a canyon. You scale several dry waterfalls using nd ad toeholds, walk for a mile or two to a scattering of lms, spring, and bedrock mortars from Indian times.

ad Idian Canyon. South of Palm Desert, from the first dge n Highway 74 at the foot of Seven Level Hill, walk west along the south side of the canyon (the north side is private property) about ¾ mile to a small palm grove.

Bear Creek. From the southwest tip of La Quinta, go up the wash a mile or so—past the first side creekbed—to where a trail rises along the west side of the wash. It climbs 2,800 feet in perhaps 5 miles, first overlooking the rugged gorge of Bear Creek, then crossing a ridge to reach the oasis high on the creek's north fork.

For a picnic, a swim, or fishing in a new desert lake, take Jefferson Street south from Highway 111 to 58th Avenue, and you will reach the new Lake Cahuilla. It is 27 feet below the level of prehistoric Lake Cahuilla, whose water level line shows clearly on slopes above. This county day-use park has new facilities that include a beach.

Continuing south on State Highway 86 along the desert fringe of the Santa Rosas, there is no access to canyons until past the tip of the range in Anza-Borrego Desert State Park, and then you need four-wheel-drive. In Rockhouse Canyon—fine if not spectacular desert country—you can go about as far as the spring near the park boundary. And you can traverse Coyote Canyon, to make a 125-mile circuit of the range. The canyon has fascinating relics of history, one of the few all-year streams in the desert, palm oases—and coyotes. It is crowded with campers on weekends and holidays in the cool season, but not during the summer when bighorn sheep use its waterholes.

One side trip possible with careful driving in a passenger car is to 17 Palms Oasis, pictured below. It is south from the Borrego Salton Seaway, on a 3-mile graded road that is 4 miles inside the park.

For a taste of beyond-the-road desert, a new four-wheel-drive tour service, Desert Expeditions, Inc., will pick you up at a hotel anywhere in the Palm Springs area for a day-long outing that on all but weekends is almost certain to encounter no one else. Cost of the trip (including lunch) varies with group size: $35 each for 1 or 2 people, $25 each for 3 to 7, $20 each for 8 to 10. For reservations telephone (714) 346-6141 or write to Box 1404, Palm Desert 92260. □

: wincdown 17 Palms, historic oasis in Borrego Badlands

Soft light *washes over screens and plants at entry. Unobtrusive fixtures are mounted on 2 by 4 stringers*

After dark

A low-voltage night lighting system, owner-installed at very low cost, transformed this garden

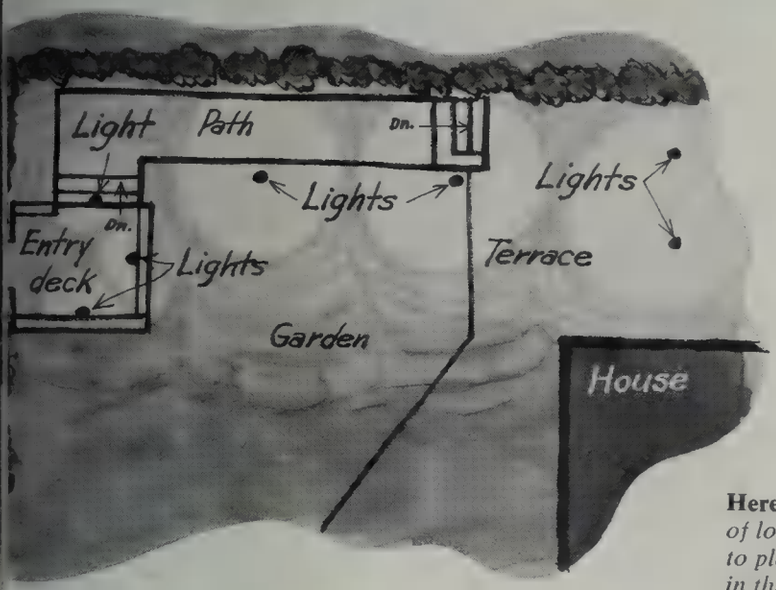
This garden was remodeled last year (see page 94 of the June 1970 *Sunset*), but the new additions that were a delight to the owners by day lost their effectiveness after dark because the garden lacked lighting. That lack has now been remedied by a low-voltage system laid out and installed by the owners. You see the results here.

The lighting serves both esthetic and functional purposes: It highlights some of the new structures and also lights the way from the entry deck and gate, along a path, and down some narrow concrete steps to the patio by the front door. The job was accomplished with seven fixtures (costing $100) and a transf plus a hundred feet of wire ($60 transformer, mounted on the ho plugged into an existing weathe outlet. No electrician was require

Low-voltage fixtures come in a of sizes, proportioned to fit into garden settings so that at night the

Steps from *entry deck down into first garden level are lighted by one small fixture set above the double gate. All step areas are illuminated as well as part of the gravel path around them*

Old apricot tree *in patio area by house on lowest garden level is lighted by two cylindrical fixtures buried in ground and positioned to highlight branches*



Here you see *main entry route with locations of low-voltage fixtures. Owners plan to place additional lights elsewhere in the garden to illuminate plants*

GLENN CHRISTIANSEN

Only fixtures *you see by day are this step lighter and similar one along upper path. Note how light is cast over step and path zone but not up into your eyes*

but not the light source is seen. Although the fixtures appear permanently installed, they can be relocated easily as plants grow or as the use or plan of your garden changes. The low-voltage (12-volt) system is safe even near sprinklers or garden ponds (some units are specifically made for underwater use). □

homemade soup and bread party place mainly in the kitchen. The ss deliberately invites guests to in and help themselves to food off the range.

dea originated with a *Sunset* reader frequently entertains groups that de university students from foreign tries. She wanted to insure an at- here of friendly informality and ed that there is something about in a kitchen that helps make body feel at home. And if there's l baking in the oven, the kitchen is more appealing.

ver, in any ordinary household. able to welcome guests into the en depends on a menu that doesn't re any cooking on the day of the . The soup and bread party works. ms to be a meal you can serve al- any time of day—for brunch, before a football game, Sunday supper, or after an evening event.

party's success depends, in part, on new bread recipes that allow you ke the loaves days ahead and store in the freezer. Recipes for the r loaves of whole wheat and rye shown here are on page 206.

rved two soups for our party: one ty mix of meat and vegetables, the a creamy corn chowder. The Peasant Soup could be served or you might add or substitute own favorite homemade soups. plenty of time for the soups to re- lowly. The corn soup, in particu- eeds to be watched and stirred it reheats to prevent scorching.

epare for the party, place bowls of rnishes on a counter near the soup pots. Each soup needs a ladle that won't fall into the pot. Set out a bread knife and dish of butter on the cutting board. Coffee and a light dessert might follow.

Peasant Soup

First make the beef stock: In a large soup kettle (at least 6-quart size), combine about 2½ pounds beef bones, including marrow and knuckle bones; about 1½ pounds meaty beef shanks; 3 quarts water; 1 large carrot, cut; 1 large onion, cut; 1 large celery stalk, cut; 1 bay leaf; 6 whole black peppers; and 1 tablespoon salt. Bring to boiling; then reduce heat, cover, and simmer for 2 to 3 hours. Remove from heat and cool. With a slotted spoon, remove the bones and meat. Reserve all the meat and marrow scooped out of bones; discard bones. Pour the broth through a strainer and discard seasonings and vegetables. If possible chill stock, covered, overnight; then lift off fat from top. Makes about 2 quarts.

The soup:

- 2 quarts beef stock (see above)
- 5 medium-sized carrots, cut in chunks
- ½ green pepper, seeded
- ¼ cup sliced celery
- 2 cloves garlic
- 1½ pounds boneless beef stew meat, diced
- 1 can (1 lb.) tomatoes
- 1 large onion, chopped
- 1 tablespoon chopped parsley
- 1 large potato, peeled and diced
- 1 can (1 lb.) diced or julienne beets
- ½ small head cabbage, chopped
- Salt and pepper to taste
- 1 pint sour cream (optional)

Put about 2 cups of the beef stock into a blender container. Add the carrots, green pepper, celery, and garlic and whirl at low speed until vegetables are finely chopped but not pulverized; pour into the soup kettle. Add remaining beef stock, diced stew meat, tomatoes (including liquid), onion, and parsley.

Bring to boiling, cover, and simmer for about 45 minutes. Add the potato and simmer for about 10 minutes. Add the beets (including liquid), cabbage, and the meat saved from making stock; cook about 15 minutes longer. Season to taste with salt and pepper. (At this point, you can cool, then refrigerate soup. Reheat slowly before serving.) Offer sour cream, if you wish, for topping. Makes about 8 servings.—*J. H., Menlo Park, Calif.*

Corn Chowder

- 8 slices bacon
- 1 large onion, diced
- 1 quart water
- 4 cups diced, peeled potatoes
- 2 cans (1 lb. *each*) cream-style corn
- 1 quart milk (or 1 pint *each* milk and light cream)
- About 3 teaspoons salt
- About ½ teaspoon seasoned pepper
- 2 tablespoons butter or margarine

In a Dutch oven (at least 5-quart size) cook the bacon until crisp; remove bacon from pan, drain, then cover and refrigerate until needed. Discard all but 2 tablespoons of the bacon drippings. Add onion to the reserved bacon drippings in pan and sauté until onion is soft. Add the water, potatoes, and corn. Cover and simmer for about 20 minutes. Add milk and season to taste with salt and seasoned pepper; cool and refrigerate if made ahead.

Reheat slowly, stirring constantly; add butter. Crumble bacon and recrisp, uncovered, in a 350° oven for about 4 minutes. Serve to sprinkle over soup. Makes about 8 servings. □

Soup and bread party right in the kitchen

ots of hot soup on the range
arm-from-the-oven breads—that's
nu for this informal party
HRISTIANSEN

Interesting things sometimes happen to old utility poles

Wood poles can serve a surprising number of landscape uses. Big and sturdy, they'll retain banks, support play structures, make garden steps, or simply function as decorative garden elements to hold a garden light or street number. They can also serve as plant stands for a collection of showy container plants. Cut them to length, muscle them into position, and the project is all but finished. There's no fancy joinery, building of forms, or tedious nailing.

There are several types: used utility poles, discarded wharf piling, peeler cores (logs from which the bark has been peeled to make plywood or other wood products), and new poles (for new construction, or replacements).

Occasionally you can find used utility poles free for the hauling or priced as low as 25 to 50 cents a linear foot. But don't

Steps *of pole sections in the Bellevue, Washington, garden of the John Headlunds. Design: Glen Hunt & Associates*

Exercise bar *supported by sturdy poles in the Lowell H. Ericsson garden, Mercer Island, Washington. Design: Glen Hunt & Associates*

RICH

Cluster *of pole sections makes handsome plant stand for a patio corner in the Robert S. Wilkerson garden, Long Beach. Design: Samuel L. Wemple*

ini wall *of poles between garden levels can w natural contours. Poles are random th, about 3 feet in ground. The John L. Robins en, ellevue. Design: Talley & Associates*

DON NORMARK

Table *and stools for a children's play area. Garden of Dr. Richard Porus, Edmonds, Washington. Design: Jongejan-Gerrard-Associates*

count on it. We called utility companies in several areas of the West and asked if they ever sold used poles. Answers ranged from an emphatic "no" to "occasionally, but we'd rather not be deluged with calls" to "sure, when we have a supply."

The most reliable source is a lumber or wood-treating company. You'll find several listed in the yellow pages of the telephone directory under Poles. What they invariably offer are new, pressure-treated poles of Douglas fir or ponderosa pine with an in-ground life expectancy of from 35 to 50 years or more. Cost is about $2 a linear foot for a pole 6 to 8 inches in diameter. But the exact cost may vary by area and the quantity ordered. There's usually a delivery charge. In lumber-producing areas, mills may deliver free or may give short, unusable lengths. Untreated poles at about two-t the cost are also available; if permanence isn't impo they're a good buy.

Peeler cores, where available, are usually 8 feet long, 8 inches in diameter, and cost less than $2. They're untre but if they're cedar, they have built-in resistance to d

There is little reason to set the poles in concrete unless are to support a heavy structure. But even the pres treated poles should have the cut ends treated with a servative before they are set in the ground. Soaking untr poles in a preservative will help retard decay for a time isn't nearly as effective as pressure treatment.

Poles for walls, for sand control, for junior linesmen

DON NORMARK

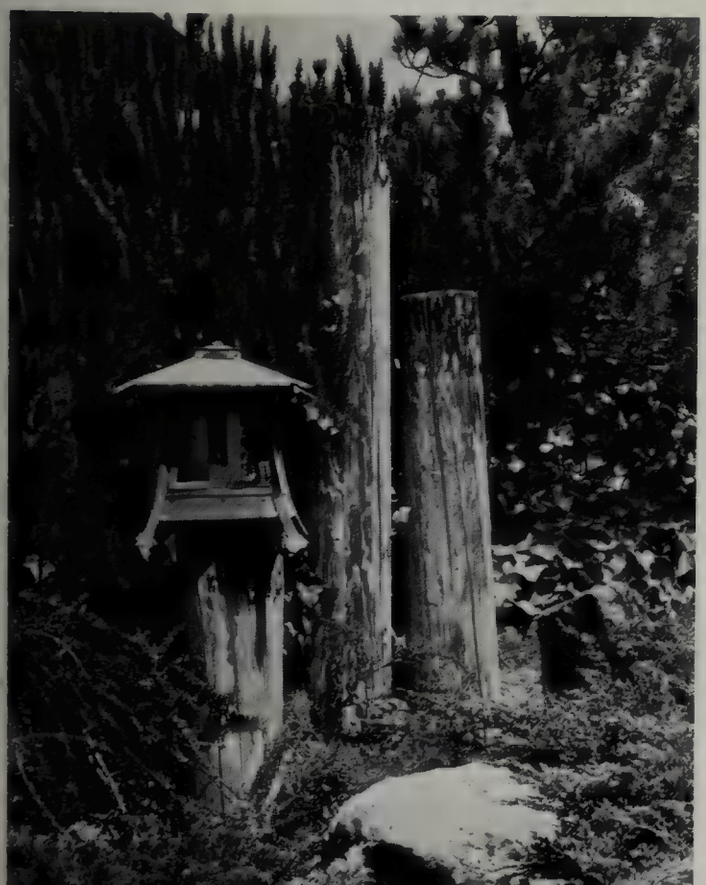
Woodsy *setting enhanced by retaining walls of weathered poles in Ronald Pyeatt garden, Bellevue. Design: Glen Hunt & Associates*

Scaled-down, *powerless utility pole is for junior linesmen to roost in, climb, swing from. Seen in Waikiki Playground, Paki Avenue, Honolulu*

LYN DAVIS

ıg pole tops at an angle introduces teresting variation in design. These edge a n path of wood rounds, smooth rocks

Trio of poles *by driveway was sandblasted, burned for weathered look. One holds garden light. Landscape architect: William L. Kapranos*



RICHARD FISH

Neighborhood project *in Long Beach uses poles donated by utility company to beautify access to beach and control sand drift. Design by architect Robert S. Wilkerson*

Odd Fellows Hall *basks in morning light at* **Hardman,** *a turn-of-the-century ghost town in the wheatfields of north central Oregon*

WILLIAM CARTER

Ghost town *high jinks; Rancher (above) enjoys Silver City reunion. Central City races burros (right)*

Western ghost towns

A new book shows the way they were, the way they are today

lust for precious metals lured treasure seekers to the fron- r West from every corner of the world. More often than t, they came as transient adventurers, erected their rude nt cities and graceless mining camps at the site of the lest "diggins," then moved on to more promising prospects soon as the ore began to play out. Fire, flood, and the rasion of the elements ravaged their abandoned camps, ving only rusting clutter and weed-covered tailings to mark site of their short-lived exploitations.

t when the strike was rich, they frequently built settle- nts with a permanence expressing the futile hope that the om would last forever. The ore vein finally "pinched out" the placer failed, and these cities of sturdy brick and quar- d stone died as surely as the tent-city mining camps. But ny of the buildings still stand as ghostly monuments to ir lively past.

new *Sunset* Pictorial, *Ghost Towns of the West* (Lane oks, Menlo Park, Calif., 1971) catalogs the remaining ost towns of the West in a 256-page illustrated volume that nbines lively historical text with a factual and up-to-date vel guide.

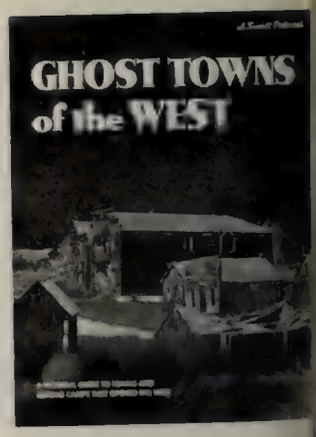
cause many of our Western ghost towns are abandoned ning towns, this book also turns out to be a fairly complete tory of mining in the West. It is organized chronologically, ginning with the California gold discovery of 1848 and tinuing right up to Southwestern mining towns active as

Daguerreotype *depicts gold-panning techniques of Gold Rush days*

Old glass *in lodgehall doors reflects a distorted view of Bodie, California*

WILLIAM CARTER

Washboard virtuoso *entertains midday diners in Bucket of Blood Saloon at Virginia City, Nevada*



The cover *depicts Elkhorn, Montana, one of the West's most extensive ghost towns*

recently as the 1950's. More than 100 historical photograph and rare daguerreotypes add authenticity and help re-creat the flavor and excitement of life in the old camps. Some 20 recent photographs (including 36 in full color) show the gho towns as they are today, and suggest their degree of collapse preservation, or "commercial restoration."

Ghost Towns of the West is scheduled to sell at an advanc price of $9.95. The regular $11.75 price will go into effe when consistent with national economic policies, but no ea lier than the previously scheduled deadline of January 1972. A special deluxe edition, slip-cased and bound in gol stamped cloth, is available for $13.50.

Old Tombstone, *a commercialized restoration in Arizona, capitalizes on famous shootout*

False-fronted stores
line the deserted main street of Granite, Oregon

Restored opulence
of Virginia City mansion recalls life styles of wealthy silver barons

lendar clock *came out West Georgetown, Colorado. It ds 29th, but what month?*

Award-winning house *of glass and stucco spreads itself across a hilltop in Rolling Hills, California*

The house with disappearing walls

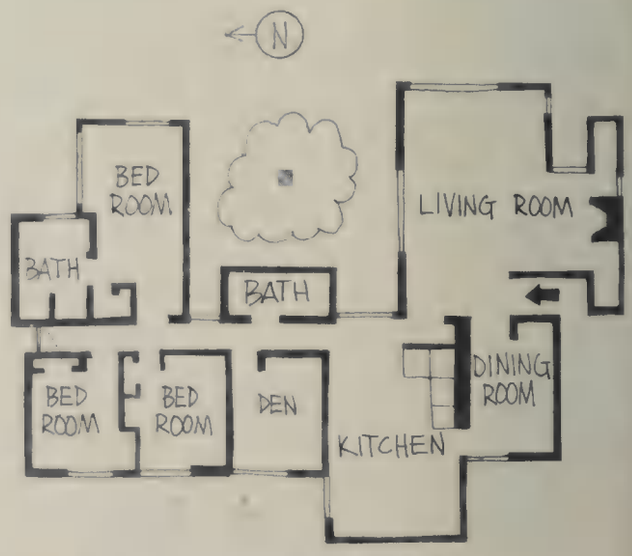
This geometric house of glass and plaster rectangles is both sleek and inviting. The white cube walls have sculptural simplicity. Details—moldings at floor and ceiling, window moldings, and door jambs—have been eliminated. The cool plaster slabs extend uninterrupted from floor to 10-foot ceiling except for inconspicuous light switches and sockets. The clean outdoor surfaces are a screen for shadow shows of branch patterns and the flight of birds.

Throughout the house other details have been pared away: The black doors, hinged top and bottom, are pivoting panels between vertical planes; the sliding glass and screen doors completely disappear into pockets in the walls.

Even in its austerity the house is inviting. The ceiling is dark-stained redwood. Light floods the house from skylights. Plants twine over the glass; under the four skylights the owners are coaxing wisteria to come inside.

When the glass walls open up, it's difficult to gauge where the room ends and the outside begins. All the windows in the house stretch from floor to ceiling.

In the 1971-72 A.I.A.-*Sunset* Western Home Awards, this house won an Award of Merit for owner Donald Gibbs of Hugh Gibbs and Donald Gibbs, Architects, Long Beach. □



Each room *except bath off the hall has access to outdoors. Rooms facing east (photograph above) open to privacy*

GLENN CHRISTIANSEN

Doorknob *fits into wall so door can swing open all the way to the wall*

Drawers *are flush with wall; finger openings are on sides*

Clean expanses *of plaster extend from dark floor to dark ceiling; at end of bedroom wing hall, a view of garden*

Sunlight *fills informal dining area off kitchen. Laundry is behind skylight-high doors*

Glass *and screens slide back, turning living room into garden room*

Glory of the snow *(Chionodoxa luciliae) doesn't need snow to bloom like this. The flower stem can grow as high as 6 inches and form as many as 10 flowers (8 here)*

DARROW M. W

NORMAN A. PLATE

Tiniest *of all trumpet daffodils, Narcissus 'Minimus' is a perfect miniature replica of large trumpet varieties such as 'King Alfred'*

GLENN CHRISTIANSEN

Crocus ancyrensis *one of many small crocus that bloom early spring. Natu porcelain containe ceramist Esta Jame*

Little bulbs

The smaller they are the more you cherish them. Not always easy to find, they are worth a search

iniature bulbs are irresistible, lovable, and sometimes fleet-
g little children of the big bulb world. The smaller they are
e more you cherish them.

ere's no set rule about what constitutes a miniature bulb,
t it's generally considered in that class if the stems are no
her than 8 inches and flowers are correspondingly small.
e most miniature of the miniatures pictured in this article
the little daffodil on the left: Its jewellike blossoms hardly
ver a five-year-old's fingernail, and its stems are short
ough to arrange in a thimble.

ny of the most appealing miniature bulbs are species (wild
ms); some may be more difficult to grow under garden
nditions, particularly in mild-winter climates, than the pop-
r hybrid varieties. The little wild daffodils, for instance,
nerally reproduce by seed rather than division—and are
rt-lived compared to many of the large flowered varieties
ose bulbs proliferate and bloom year after year. Yet min-
ure bulbs are relatively inexpensive, and gardeners who
e experienced the delight of growing these fascinating
nts don't hesitate to buy new bulbs each year.

cold-winter areas, it's definitely worth planting miniature
dlings such as species crocus, daffodils, glory-of-the-snow,
erian squill (*Scilla sibirica*), various species tulips, and
nter aconite in rock gardens and walls, between paving
nes, in the foreground of borders, and under high-branch-
trees.

t in warmer regions—except for a few kinds such as grape
acinth and lady tulip (*Tulipa clusiana*)—the best and safest
y to grow miniature bulbs is in containers. (For several
sons mentioned below, this is a good method for gardeners
cold climates, too.) There you can provide the right soil,
fect drainage, all-important cool conditions during the
ting period, and shade from hot sun while flowers bloom.
u can see that the bulbs dry out properly after bloom. You
protect the bulbs easily from rodents and other pests.

t of all, you can bring your miniature bulbs into the house
ate winter or early spring and enjoy their exquisite flowers
close range.

nt miniature bulbs as soon as possible after you buy them.

If you can't plant them immediately, store them in aerated bags in a cool place, such as in the bottom of the refrigerator (about 42°). This is especially important in warmer areas.

Selecting suitable containers for these miniature treasures is almost as much fun as growing the bulbs themselves. Small bonsai pots, readily available in many nurseries and gift shops, are especially appropriate; you'll find nests of pots starting with some an inch or so in diameter—just about right for one, two, or three tiny bulbs. Or you can use small, squat terra cotta pots, or Mexican imports in whimsical shapes.

If you use very shallow containers, save root space by covering the drainage hole with a piece of fine wire or plastic screen instead of the usual piece of broken crock. Little bulbs, like most of their large counterparts, grow best in a light, fast-draining, sandy loam. Plant the bulbs with tips

Miniature bulbs. *Top row, left to right: daffodil, glory-of-the-snow, crocus; lower row: crocus, two kinds of tulips*

slightly under the surface of the soil. Thoroughly soak the planted container, place it in a flat or box in a cool shaded spot, and cover with 2 to 3 inches of mulch such as moist peat moss, finely ground bark, or sand. Keep covered and moist until the bulbs form roots.

After the roots form, usually in six to eight weeks (by this time some leaf tips may be showing), remove the mulch and expose the plants to full light but not direct sun. As leaves elongate, gradually expose the plants to more sunlight. When buds begin to show color, bring the containers indoors or place them where you can see them easily. Keep the soil moist during bloom and until flowers fade and leaves start to turn yellow. Then move them outside and gradually reduce watering. After the leaves have died down naturally, let the bulbs dry out in the soil completely exposed to sun. Many miniature species are natives of hot, dry climates and need summer baking.

In response to a special *Sunset* questionnaire, the nurseries listed below report they stock some or all of the bulbs shown in color on page 94; some also carry others pictured elsewhere in this article.

Arizona

Phoenix: Norman's Nursery; Sorrell Nursery Center. *Tucson:* John Harlow's Nursery and Flower Shop; Sorrell Nursery Center.

California

Belmont: Christensen Nursery. *Berkeley:* Berkeley Horticultural Nursery. *Campbell:* Cupertino Nursery. *Cupertino:* Cupertino Nursery. *Hayward:* Western Garden Nursery. *Kentfield:* Egger Nursery. *Lodi:* Teck's Garden Center. *Los Altos:* Monte Bello Nursery. *Menlo Park:* Roger Reynolds Nursery. *Millbrae:* Peters and Wilson Nursery. *Mill Valley:* Egger Nursery. *Pasadena:* Burkard Nurseries, Inc. *Piedmont:* Montclair Nursery. *Sacramento:* East Lawn Nursery; Lagomarsino Seeds, Inc. *San Anselmo:* Sunnyside Nursery. *San Rafael:* West End Nursery. *Santa Monica:* Merrihew Nursery.

Nevada

Carson City: Garden Spot Nursery.

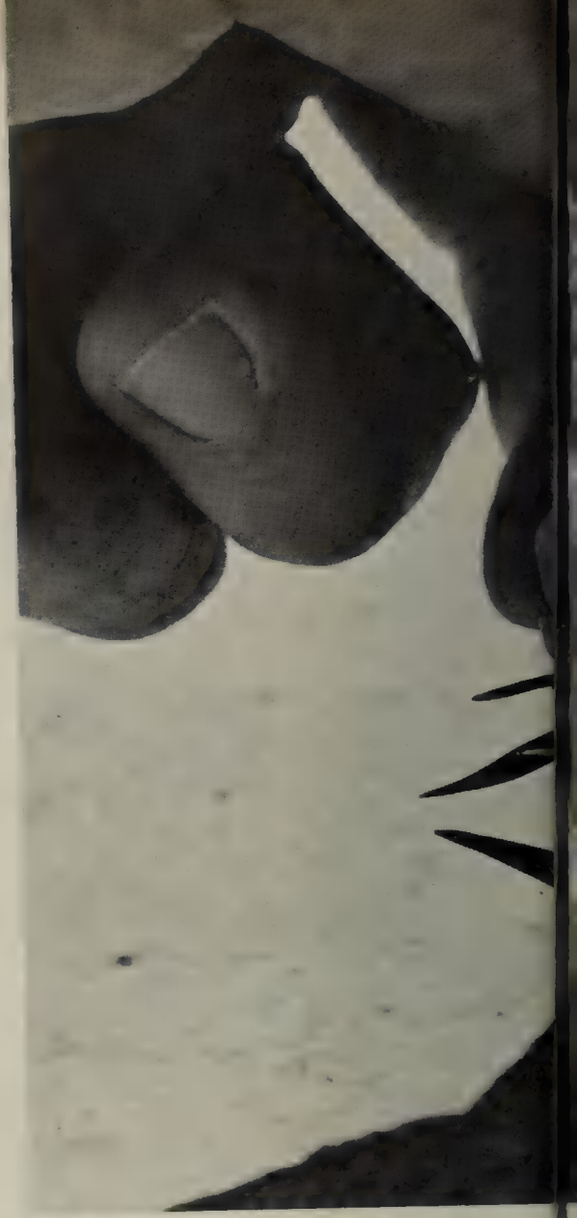
Oregon

Portland: Fred Meyer, Inc.; Kasch's Garden Center; Portland Garden and Pet Store. *Salem:* Fred Meyer, Inc.

Washington

Lynwood: Fred Meyer, Inc. *Seattle:* Magnolia Garden Center; Seattle Garden Center; Swanson's Land of Flowers. *Spokane:* Northwest Seed and Insecticide Co. *Walla Walla:* Long's Garden and Pet Supply.

Containers are important. The idea is to admire the miniatures close up



Seven corms *of 3-inch-high, butter yellow bunch-flowered crocus bloom in a dark blue glazed bonsai container*

Yellow-flowered *winter aconite planted 2 inches deep in larger pot, moved in bloom to this 1½-inch-high bowl*

NORMAN A. PLATE

Dwarf *daffodil (Narcissus lobularis), 5 to 7 inches tall, has lemon yellow perianth segments, pure yellow trumpet*

ELLS MARUGG

Azure blue *grape hyacinth (Muscari armeniacum 'Cantab'), to 6 inches; has neat upright leaves*

DARROW M. WATT

DARROW M

Silkscreen crew *lifts stencil-coated screen from freshly printed T-shirt. Squeegee, upper left, forces ink through silk*

SU

Silkscreening

Prints or pictures go on cloth or paper. And it's not that difficult

screening, a widely used industrial fine arts printing process, can also un and practical to try at home. It's inexpensive way to print greeting ls, labels, decorated fabrics, and art-k with a wealth of color. You can ı make precise photographic repro-tions without a darkroom.

screen is really a sophisticated sten-made from a special silk stretched ss a wood frame. A rubber-bladed egee is used to push ink through the mesh, with nonprinting areas pro-d by stencil material enmeshed in silk.

can buy all your supplies at an art . Some stores offer complete begin-kits starting at $22.

2 by 18-inch silkscreen costs about Or you can make one that costs less:

Labels *were silkscreened from original art, transfer letters*

Attach screen silk ($1 per square foot) to a rigid frame of 1 by 2-inch strips and of any manageable size. The larger you make the screen, the more stencil sizes it will accept. The squeegee (30 cents per linear inch) should be 2 inches shorter than the smaller dimension of the screen.

Attach the frame of the finished screen to a base of ¼-inch plywood with removable-pin hinges, so it can be lifted off for stencil preparation, cleaning, or large-surface printing.

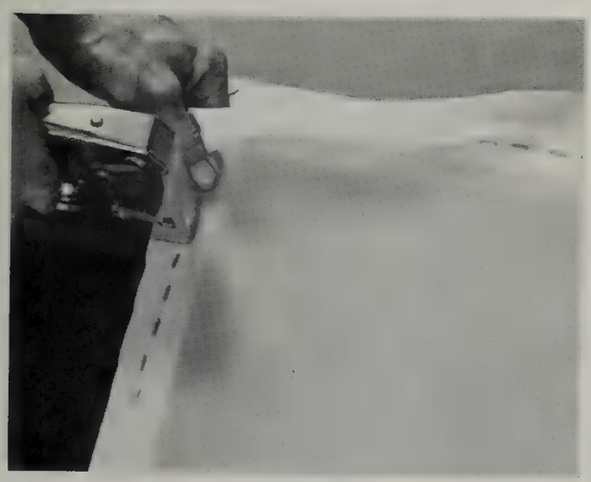
There are three common ways of treating the silk to make a stencil:

Crayon and glue provide the simplest method: Just draw your design firmly onto the silk with a wax crayon, then give the entire screen a light coat of clear, slightly diluted water-soluble glue. When the glue dries, rub away the crayon from beneath with mineral spirits; the glue attached to the crayon will flake

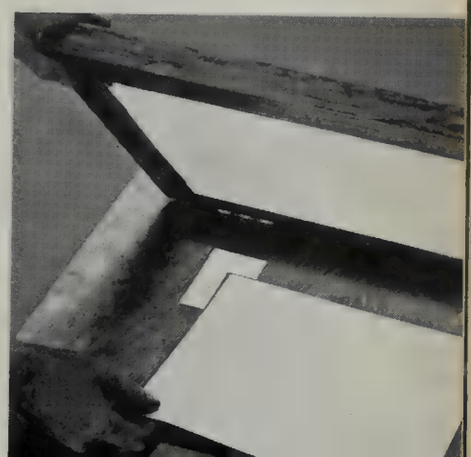
First you can make your own silkscreen

Seal *entire frame with paper tape, lapping it onto silk. Coat tape, edge of silk with orange shellac*

To make *a screen, tack taple silk to soft wood frame while pulling it tight. Trim off excess*



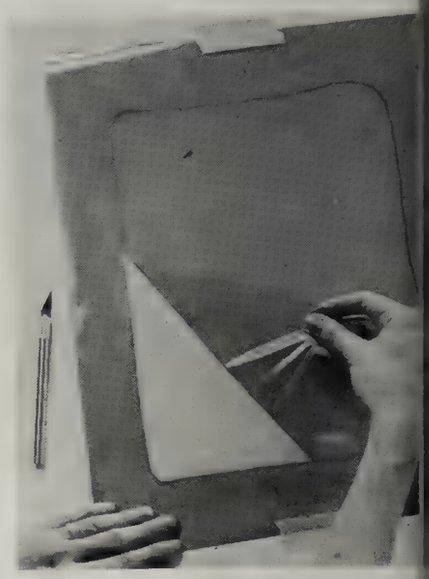
Attach *frame to plywood bed with removable-pin hinges. Paper strips serve to align printing surface under stencil*



Crayon and glue

A simple *beginner's stencil: Design has been drawn on silk with wax crayon. Here card pulls across water-soluble glue. When dry, rub with mineral spirits to remove wax and glue attached to it: remaining glue forms stencil*

Cut film



1· **Gently cut** *the film's lacquer facing from backing paper whe you want ink to pass through. Film is transparent, so you can trace complex designs*

On these two pages . . . three ways to go

away also, leaving a stencil masked by the remaining glue.

Cut film makes a more precise stencil for intricate designs. It consists of lacquer on thin backing paper, and costs about $3 per square yard.

Place a piece of film over your original art and trace the design into the thin lacquer face with a small stencil knife. Use enough pressure to cut through the lacquer, but don't puncture the backing paper. Peel the lacquer away from the areas you want to print.

Then press the underside of the screen down onto the lacquer face and rub the other side of the silk with a cloth dampened with adhering solution, a lacquer solvent that costs about $1.25 per quart. Work in small areas, forcing the screen into the lacquer and quickly wiping dry. With too little solvent the material won't adhere, and too much can dissolve the lacquer.

When dry, remove the backing paper and use glue or commercial masking fluid to mask any remaining top surface of the screen between the stencil and the frame.

For a cut film project using several colors, see page 106.

Photostencil film is a dry, light-sensitive polyester-backed film that will reproduce photographs or other complex artwork without elaborate stencil cutting. It costs about $8 per square yard at art stores, or less for individual sheets. Protect from light until you use it.

Make your design on acetate or tracing paper with dark ink or such professional aids as transfer letters and linework. Or to use photographs, have a lithographic photographer make a positive halftone transparency of your original print, reducing or enlarging it as you wish. Look under "Lithographic Negatives and Plates" in the yellow pages of your telephone book; the charge should be less than $10.

In subdued light, place a piece of photostencil film with emulsion (dull) side down on a felt or rubber pad; carpet padding will do. Lay your transparency face down on top of it, and cover with a small pane of glass. Expose them for 5½ minutes under an inexpensive Number 2 photoflood bulb, 17 inches directly overhead. Then dip the film in a nonmetal pan containing 2 parts of 10-volume drugstore hydrogen peroxide to 9 pa of water; gently agitate for 1½ minut Next swirl the film slowly in a pan very warm tap water (about 100°) bring out the image to desired streng and fix it for a few seconds in cold wa

With paper towels, blot the screen firm onto the emulsion side of the wet fi and weight down the frame for ½ h until the emulsion has completely dr in the silk. Support the film from neath with cardboard or a pad of ne papers. Then peel off the backing pap if the emulsion starts to peel away w it, wet and weight it again.

To print on screens masked with wa soluble material (glue or photoste film), use oil-base poster or fabric inl

Photostencil film

1· **Photograph** *was made into positive transparency by litho photographer. Or you can draw your own positive on acetate*

2· **Expose** *film for ab 5 minutes under ph flood bulb. Glass h transparency and flat against pad*

Place *screen on top of the film, rub silk into remaining lacquer with adhering fluid, and wipe dry. Then you can remove backing paper*

DARROW M. WATT

3 • **Squeegee** *forces ink through screen into fabric; you'll need help to keep screen steady when it's detached from base. Before printing, wash sizing from fabric*

oid dissolving the stencil. Water inks ould be used only with oil or lacquer asks. Pour the ink evenly along one le of the image and pull it with squee- e firmly across the screen, working ickly so the drying ink won't clog the k. When you're done, remove ink and ncil with their respective solvents, and y the screen. Kept clean and rip-free, screen should last indefinitely.

o good sources for detailed instruc- ns and methods are *Silk Screen Tech- ques*, by Biegeleisen and Cohen (Dover blications, Inc., New York, 1958; $2), opular paperback; and the more de- tive *Screen Printing*, by J. I. Biegel- en (Watson-Guptill Publications, New rk, 1971; $13). □

Develop *film (holding by edges) in baths of diluted hydrogen peroxide, hot water, and cold water. You don't need a darkroom*

4 • **Press** *screen down onto face-up wet film, and adhere by blotting away water and weighting down frame until screen is dry*

5 • **Slowly peel** *away backing sheet after screen and stencil film are dry. Then mask rest of screen. Next, ink up and print*

Select *hot cooked chicken from supermarket delicatessen's rotisserie as the main dish for this spur-of-the-moment picnic*

November is the month for spur-of-the-moment picnics . . . One supermarket stop does it

About 10 or 11 o'clock one November morning, you realize that it's going to be an exceptional day. The air smells crisp; the sun feels warm; the occasional breeze has a silky touch. The whole scene shouts, "Come on out; a rare day like this deserves a picnic!"

Since it's getting close to lunch time—and who wants to waste time cooking—we propose a shop-and-serve picnic of a caliber to match the day.

With a trip to a supermarket to gather the essentials, then a stop back home to get them quickly organized, you're ready to go. (If you break the picnickers into teams, preparation can go even faster.)

Our menu is but a suggestion; alternate foods of a similar nature are included so that no time is lost tracking down any single item. You can serve 10 with no more effort than 2.

Red Peppers *Romaine Spears* *Shrimp Salad*
Rotisserie Chicken *French Bread* *Butter*
Grapes *Winter Pears* *Fontinella Cheese*
Chilled White Wine

One reason you can whip this picnic together quickly is because so few utensils are needed. We grouped the foods that went together in separate baskets, then served them from a cutting board. (If you expect to travel more than a few miles, or want to take a walk before eating, transport cold foods in an insulated container.)

You need a spoon, a knife for cutting and spreading, and glasses if you serve wine. The peppers and romaine leaves replace plates and silverware.

A refreshing finale is a plastic bag filled with small towels, that have been moistened and wrung dry, to clean your hands.

Choose a dry white wine such as Johannisberg Riesling, Grey Riesling, Sylvaner, or Chenin Blanc.

Red Peppers and Romaine Spears with Shrimp Salad

Allow ½ red pepper for each serving; rinse and pack whole. Choose 2 small heads romaine for 6 servings. Break off a discard coarse outer leaves. Rinse heads and drain well; ke cool. Present whole.

At the picnic, cut peppers in big chunks and break off maine leaves as desired; spoon shrimp salad onto the ve tables to hold and eat.

Shrimp Salad. Mash 1 small package (3 oz.) cream cheese blend with ¼ cup minced parsley, 2 teaspoons wine vineg and about ⅓ cup sour cream, or enough to make an ea spooned mixture. Mix in ½ to ¾ pound small, wh cooked and deveined shrimp. Season to taste with salt pepper; keep cool. Makes 4 to 6 servings.

Alternates for this course can be green peppers or celery the red peppers, and another variety of lettuce. Instead making shrimp salad, you might buy a clam dip (7½ oz.) stir in 1 can (8 oz.) drained minced clams; makes 4 servi

Rotisserie Chicken, French Bread, Butter

In the delicatessen section of a supermarket purchase w rotisserie-cooked chickens, allowing ½ medium-sized chic a serving; or buy another kind of cooked chicken, spare or any ready-to-serve meat or poultry that can be hand- or put on bread. If the meat is to be eaten within a few ho carry in the store wrapper. Cut or pull the rotisserie chic apart at the picnic; serve as finger food, or on romaine le or buttered bread.

Grapes, Winter Pears, Fontinella Cheese

Allow 1 small cluster grapes and 1 small pear for each son, or the equivalent of any other fruit that you can and eat, or nuts in shells. Fontinella cheese goes well grapes and pears; ⅛ pound for a serving will be adeq but you might prefer the effect of a larger chunk. Other picnic cheeses are Fontina, Swiss, Jarlsberg, Gruyère, T You might include a Port wine or cream Sherry with dessert course.

Pick out *small heads of romaine, shiny red peppers in produce section; they go with seafood first course. Get bread, too*

Serve *shrimp salad in edible red pepper container; serving utensils are kept at a minimum by such choices*

Headlands *of San Francisco Bay provide spectacular setting for picnic quickly assembled to take advantage of a beautiful day*
GLENN CHRISTIANSEN

Cut with knife and sabre saw, wood safeguards to keep children away from the glass

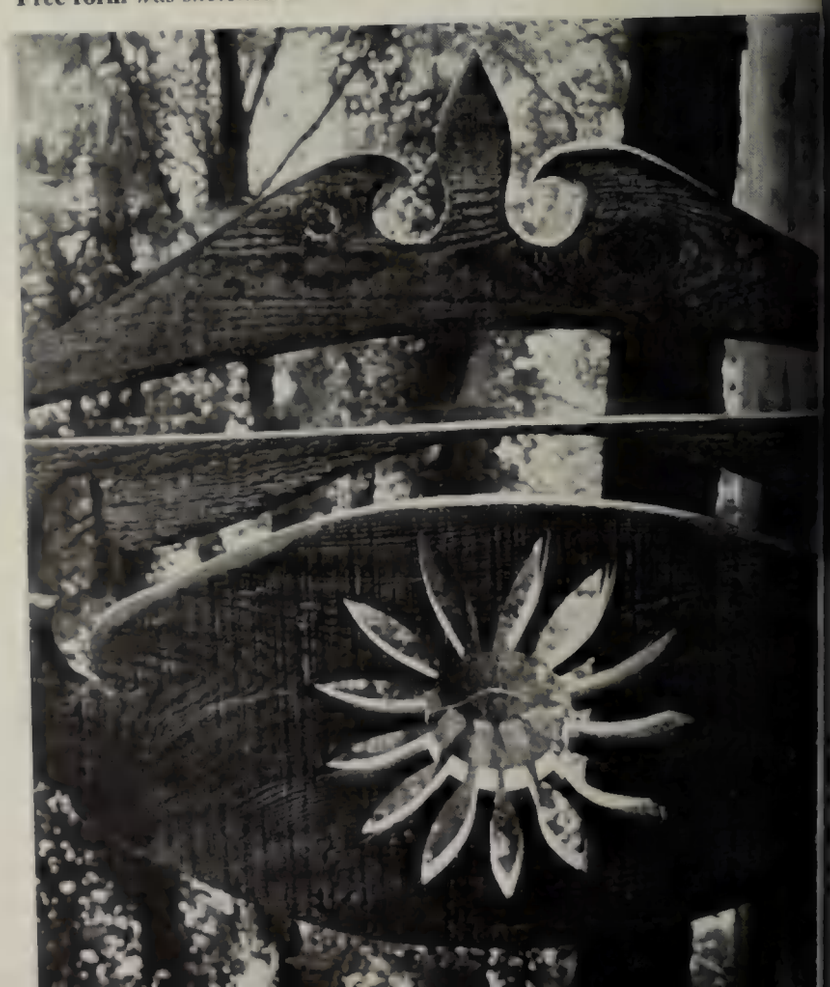
Rounded pieces *mask nails that toenail railing to window frame*

These wooden carvings keep small children from falling against window glass accidentally. They were created by John T. Holmes, who had a more serious safety problem than most other Western homeowners, for entire walls of his house are windows. (The Western Home Awards jury granted his house an Honor Award—see the article starting on page 82 of the October 1971 *Sunset*.)

The children's railings allow his two daughters safe run of the house. Constructed of discarded inch-thick redwood, each provides a protective surface no less than 5 inches wide. They placed at a low level to preserve the v and to protect children.

There are some 25 different railing signs. An evening at the library uneart such traditional "American gothic" terns as the eagle and zigzag. Holmes used a cardboard stencil to d the repetitive shapes. Free-form des such as the three-piece railing be were hand drawn. A sabre saw chased at a flea market cut the w and a pocket knife carved out the flourishes.

Free form *was sketched and cut in about an hour*



Frieze of hearts, *carved into 1-by-8 redwood, shields row of hallway windows*

ZWICKY

Wings *of American eagle span three window openings and are nailed into frames. Eye is a clear glass marble, set and glued in socket hole*

Pieces *appear to cross over in front of frame; effect was whittled into redwood*

Zigzag *design is cut into dark-weathered redwood that was salvaged from chicken coop*

Cloth silkscreened *in three colors can be rolled, mailed in tube. Receiver can cut it out, fold, stuff, and stitch into doll*

Draw *front and back of doll in mirror pattern. Fill in color details; keep shapes bold and simple, so they'll be easy to print*

GERALD R. FREDRICK

Cut *a separate stencil for each color by tracing with mat knife in lacquer film laid over pattern. Peel away film over area to be printed. Here dress is being traced*

Transfer *lacquer stencils to silkscreen (see page 100). This screen holds three stencils. Top one is about to be printed; lower two will be covered with paper sealed with masking tape*

It mails as a Christmas card, becomes a doll after arrival

Made from cloth, this is a Christmas card that can be cut out, stuffed, and stitched into a rag doll couple. Using the silkscreen printing method explained on page 100, you could just as well make a personalized Christmas tree, a candy cane, or a stuffed animal.

Cut-lacquer stencil film is used here to print three colors on 13 by 16-inch medium-weight cloth. Your original design should have large color areas with a simple, bold outline that can be easily traced onto the film. Make a separate stencil for each color; they can be transferred side by side onto one large silkscreen or separately onto smaller ones. Beginners will find it easier to print the outline color on all the cloths first, then apply successive colors.

The pieces of cloth should be exactly the same size so they each line up in the same way against the cardboard register guides on the base of the screen. Oil-base textile inks give the best results; allow 2 hours for drying between colors.

The cloth can be rolled up and mailed in a cardboard tube for the same postage as a traditional card. □

Print *colors one at a time (two already done here). When changing colors, carefully line up stencil with what you've printed so far. Then tape down cardboard guides so you can align next cloths in exactly the same place*

Redwood.

Here today, here tomorrow.

...Va. residence. Carlton Sturges Abbott, AIA, Architect

This home is in the Tidewater country of Virginia.

A place where a man can stretch his legs.

Where a man can sit under a tree and look out at the land and think, disturbed only by the occasional call of a mocking bird.

It's a place where redwood goes well.

Redwood interiors bring the quiet and beauty of outdoors inside.

And redwood interiors provide a handsome setting that complements any furnishings.

Redwood. The beautiful wood.

It will last for many, many tomorrows.

...RNIA ...OOD ...ATION

Concerned companies working through modern forestry today to ensure an ample supply of redwood for tomorrow.

617 Montgomery Street, San Francisco, California 94111. Write Dept. CA for free booklet, "Redwood Homes." *Member Mills:* Miller Redwood Company ...Company • Simpson Timber Company • Willits Redwood Products Company • Arcata Redwood Company • Boise Cascade Corporation • ...

If your house is under-insulated

Drafts and discomfort may be the first harbingers of winter if your home is under-insulated, even in mild climates. Adding insulation is a job you might do yourself, and it may pay for itself in just a few seasons through lowered heating and cooling costs. To insulate properly you should consider two problems: heat loss and moisture control.

Household heat escapes through cold, uninsulated walls and ceilings and is replaced by cooler air, creating strong floor drafts, burdening your heating system, and leaving you chilled. Insulation retards outward heat movement by breaking up air space between walls into tiny pockets. It can provide more than four times the heat resistance of an uninsulated wall.

The moisture in escaping air condenses as it cools and can soak into the house framework and blister exterior paint. That ominous winter dripping may just be condensation, not a roof leak, but the damage can be as great.

To provide a vapor barrier to stop the moisture flow, separate the insulation from the interior wall by a thin layer of foil, asphalt-impregnated kraft paper, or polyethylene film. Some forms of insulation are made with vapor facings. (Foil also reflects back what little radiant heat comes through the wall.)

Your ceiling is by far the most vulnerable to heat loss and may be the easies to insulate if you have an accessible attic Other important areas are outside wall dormers, walls facing unheated room and floors over cold basements or craw spaces. You'll have to open up the wal to add insulation, and should probabl wait until you're ready for general r modeling.

There are three forms of insulation:

Flexible blankets in rolls or shorter batt up to 6½ inches thick and made fro mineral or glass fiber, are stapled b tween studs or joists and are easiest use. A 3½-inch-thick blanket that fi neatly within 2 by 4 studding may co 7 cents per square foot; a 6-inch blank costs 12 cents.

Loose fill is commonly either vermi ulite, an expanded mica for pouring in place, or fiberglass, installed with forced-air blower. It may be the easie way to insulate a low attic or oth above-ceiling space, but it's difficult install fully into walls. Loose fill at inch thickness costs about 6 cents p square foot.

Some hardware stores carry a mo erately effective paper-base type for with a loan-out blower.

Rigid insulation boards are used m during construction, less for correct insulation. One fiberglass panel has attractive vinyl surface, and can incre the heat resistance of an exposed-be ceiling for about 35 cents per squ foot at 2-inch thickness.

A good average insulation thickness attic floors is 4 inches in moderate mates and 6 inches in colder extrem relative benefits diminish with grea thickness. The 3½-inch blankets are equate for most floors and walls. Y don't have to fill to the full depths of joist or stud space; all that's needed proper insulation thickness with an broken surface. For added moisture p tection, crawl spaces and attics sho be fully vented.

You should discuss difficult insula problems with a licensed insulation c tractor. He can give a precise measur your needs and potential savings, he may be able to do the work m efficiently himself (he should guara his work).

Ask for a free estimate; the cost of fessionally installed ceiling insula may be as little as $110 for 1,000 sq feet of 4-inch-thick coverage, or $ for 6 inches.

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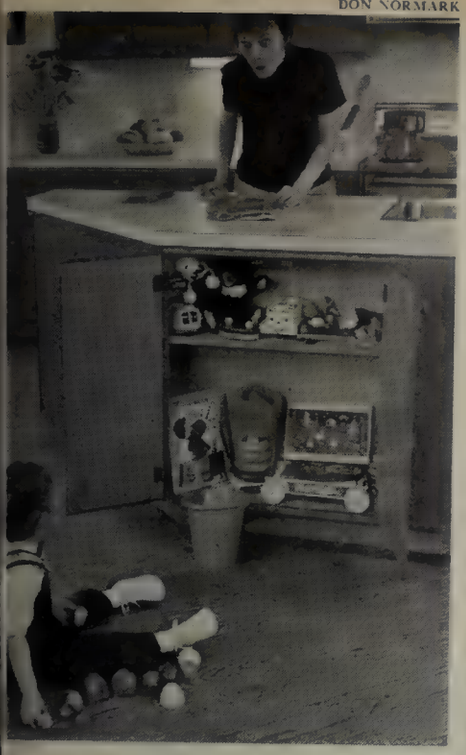


e side *of kitchen island faces 'dren's play area in family room*

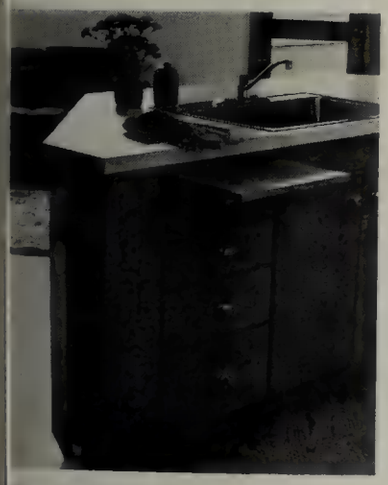
Family kitchen

h an active young family, the John Binns, Jr., of Seattle needed a kitchen ı room for the children to play rby. The solution: a kitchen within .mily room.

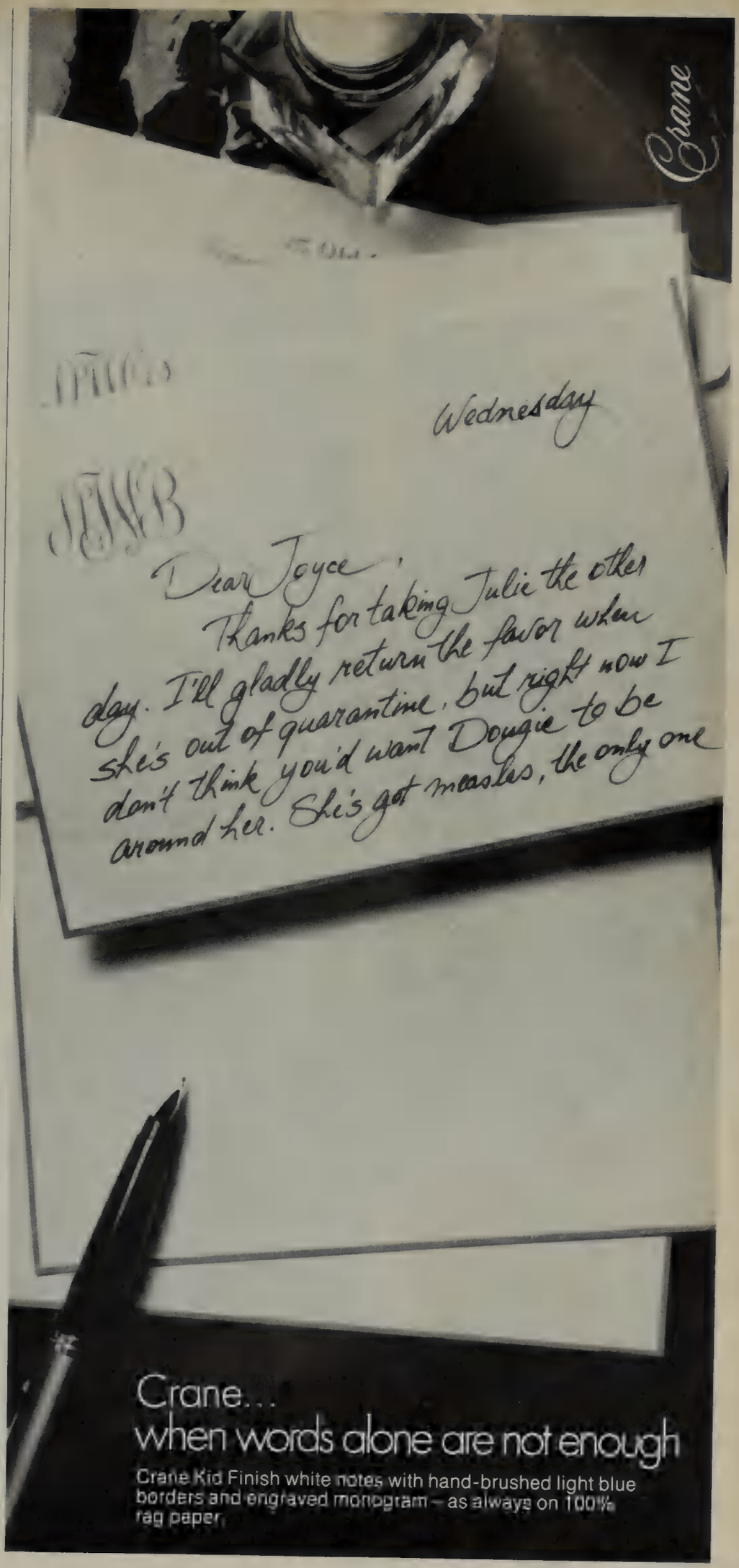
basic working center is a six-sided ıd that separates the play area from cooking center. Cabinets on the nar- ends hold beverage bottles and some ing pieces. Range, refrigerator, and tional counter space are on the wall nd the island.

children's toys fill the two large cab- ; facing the family room. When the lren grow up, these cabinets can be for glassware, or other storage.

ıitects were Hobbs/Fukui, Seattle. □



Cooking side *has steel sink, dishwasher, and storage*



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ALYSON SMITH

It looks *functional, is remarkably comfortable and stur and can even be taken apart for storage or shipp*

Hardwood, cotton duck, and a comfortable roll of foam

This chair is meant for casual use indoors or on the patio.

San Francisco architect Donald Wm. MacDonald designed it using birch lumber and doweling for the frame and heavy cotton chair duck for the seat sling and back cushion cover. The round back cushion is a polyurethane foam roll, purchased at an upholstery shop.

The chair could also be made of fir or some other hardwood, and leather could replace the cotton duck.

To make the inexpensive version sho above, you will need about 9 feet birch 2 by 2; 18 feet of 1-inch dowel 5 feet of ¼-inch doweling; 4½ feet chair duck (29 inches wide); and a inch-diameter, 17-inch-long polyu thane foam roll (a longer piece can cut to this length with a serrated br knife). Finish with a stain or clear fin Total cost of materials is about $25.

Cut and drill all the pieces of lum and doweling to the sizes suggeste

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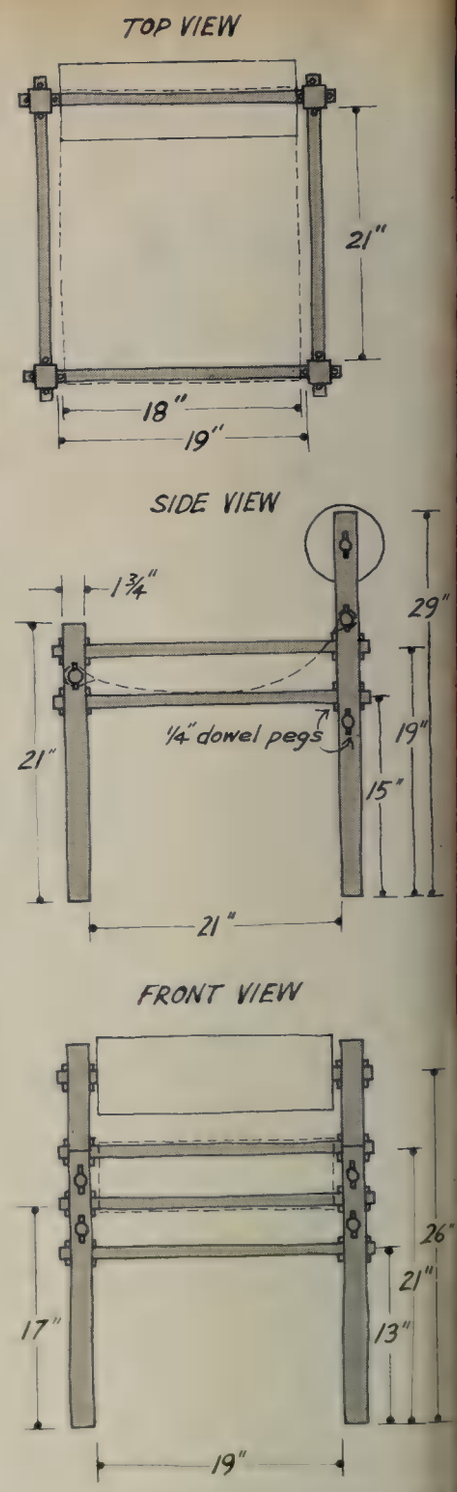

the drawings above. Note that the inc thick dowels must extend 1 inch beyo the chair legs.

Before covering the foam roll with ch duck, push the back-support dow through it. Cut a piece of duck 22 incl square and stitch a ½-inch casing (op hem) in opposite sides to hold the dra strings. Fit fabric over foam roll; ma seam line, remove, sew seam, and re semble.

For the seat, cut a piece of chair du 20 inches wide and about 32 inches lo Sew a 1-inch hem along both sic Double-stitch about a 4-inch casing both ends for the dowels to pass throu (first make sure the seat will be at pro tension; see the middle diagram abo

Then make the final assembly and cure all dowels with the ¼-inch pegs

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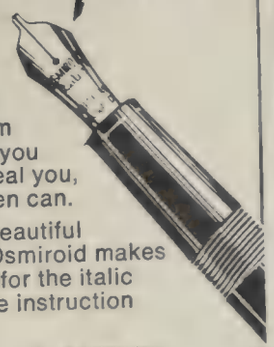

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DARROW M. WATT

Left: *Turquoise donkey beads and Ecuadorian seed beads*

Below: *Italian ceramic beads, coiled and pounded wire, and Japanese wooden and ceramic beads*

Your inexperience won't show

These brass and bead chokers can be put together by a completely inexperienced person. They take very little time and require only a few tools and inexpensive materials.

Craft and bead shops today carry an enormously varied stock of beads from all over the world. For example, they have Italian glass beads in many colors, and olivewood beads from Israel in unusual shapes. Bead prices are fairly low. The ones we used ranged from 3 to 15 cents each; prices vary according to size and rarity.

You'll want to use at least two gauges of brass wire. The neck loop takes 16 to 18-gauge wire; the smaller beads, 20 to 22-gauge wire. Very tiny seed beads use a wire as fine as 24-gauge. (The higher the gauge number, the smaller the wire diameter.) Wire can be bought on spools or in coils.

You may want to have all three to shown in the photograph on page (about $3 to $5 each), but the most portant are the flat-on-one-side nee nosed pliers, used for either flattening curling wire. Wire cutters are handy, sturdy scissors will cut brass wire in thickness you need. Fully-round-no pliers are convenient for shaping curl

Buy the wire before you select the be and check to be sure the holes in beads are big enough for the wire. A you choose the beads, you'll find it h to arrange them on black cloth or p while you think through your design

For a close-fitting choker, measure y neck and add about an inch overlap the U-shaped fastening. Bend one en the wire with round-nosed pliers closed loop. Leave the other end o so you can feed the beads onto the w To give the brass wire an uneven, so

Capri sold more cars in its first year than any import in history.

Here's why:

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All standard.

You *can* spend extra if you want to, and get automatic transmission, sun roof, vinyl top, decor group interior (shown) or—still another Capri option—a gutsy new engine (2000cc, overhead cam four).

But that's about it for options.

It's what is included in Capri's shamefully low price tag that's important.

No wonder Capri started breaking records its first year here.

No wonder Capri was promptly named "import car of the year."

Capri. The sexy European.

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DARROW M. WATT

Tightening *brass curlicue around main choker hoop with needle-nosed pliers. Other handy (but not essential) tools shown: wire cutters, round-nosed pliers*

what rustic look, hammer it against a metal piece—another hammer, an anvil, or a sledge hammer. Again, test to make sure the beads' holes are large enough to allow the flattened wire to go through.

To attach the secondary wires to the main choker, bend the end of each wire into a three-quarter loop with round-nosed pliers. Place on the main wire and close the loop with needle-nosed pliers.

Then complete the bead work, adding dangle beads and whatever else your design calls for.

To finish, bend the open end of the brass hoop to an open U. It should be perpendicular to the other end for ease in fastening. □

Hammering *brass wire against metal gives an interesting uneven look—but make sure the beads you chose will still fit over the wire*

DON NORM

Boulders *found on property, brought up by house, became part of washed terrazzo terrace. View is through black oaks to Spencer Creek Valley*

Railroad tie *sections skirt base of existing fir, safeguard its roots. Low plants are Viburnum davidii*

Trees left in place, wild grasses just mowed

"We designed and built our house on top of a hill to make the most of the views, the sunrises, moonrises, and sunsets, and sited it to preserve the native trees and shrubs. We water the native grasses and weeds, mow them like a lawn, and use other native plants whenever possible."

These photographs show how successfully the owners achieved their goal of a low-upkeep garden that looks at home in the natural setting.

Owners are Mr. and Mrs. Gebhard Sachse of Eugene. Mr. Sachse, a la scape architect, and his wife, a ho gardener of long standing, deci which new shrubs and trees would f the natural scene. They continually to the wild feeling by tucking in s small woodsy things as ferns, dog-t violets, and native iris.

In summer the garden takes abou hour's watering a day (all by sprin system). The natural lawn show above right is mowed once a week.

SUN

Mounds *made from soil left from road grading project are now covered with natural lawn of grasses and weeds. Owners mow once a week*

Raised beds *off kitchen and dining areas hold annuals, perennials, roses, and vegetables*

Boardwalk *of 2 by 4's takes you from driveway around cabana to pool area. Raised above grade, it appears to float over a ground cover of ajuga, kinnikinnick*

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CRAIG ZWICK

What *every home or office needs: a place to put supplies*

A storage board made to order

Storage boards that look like the c shown above sell in stores for as mu as $40, but you can build this one f about $5.

Cut the backing from ¼-inch temper hardboard and frame it with ½-inch. shaped corner molding to make a n row lip. Make the pockets from ri plastic kitchenware cut with a saw a sanded smooth.

To adhere the pockets to the backi lay them out and mark the locatio then remove. Mix a batch of polye casting resin (about 1 quart for a 16 22-inch board). Pour it into the fram backing; quickly set the pieces in pla tapping to assure a smooth joint. W resin is thoroughly dry, sand lightly finish with enamel.

Make sure *backing board is level before pouring resin to 3/16-inch depth then quickly insert holders, dowels*

you can pull together an outfit, you can put together a room.

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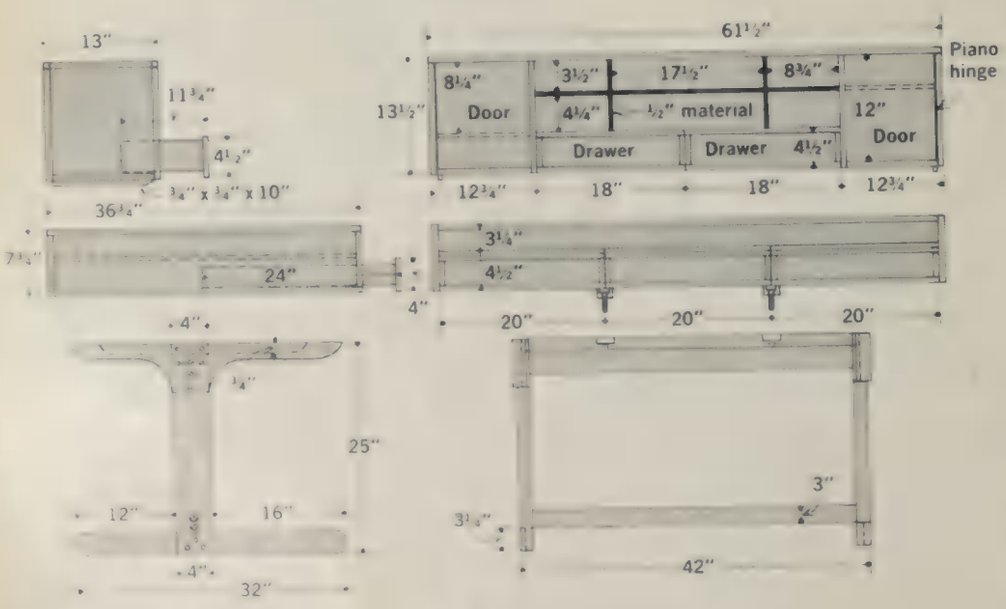
GLENN CHRISTIANSEN

Desk boasts *a full 36 by 60-inch surface, five drawers, two divided cupboards, and seven storage nooks*

It's a shelf on a desk top, on trestle legs



This oversized desk with storage u is a handsome addition to either y home or office. It's divided into th separate sections: desk top, shelf u and trestle legs.

The desk top includes three large dr ers that are simple boxes with ¼-i plywood bottoms. If the sides of drawers are extended a few inches yond the back wall of the drawers, t will not drop when pulled out. Thu tacks under the drawers act as gli The addition of some silicone lubric at points of friction will give you e sliding. The desk bottom and partiti are ½-inch shop-grade plywood.

The shelf unit rests on the desk t side rails. Small runners under the s unit, ¾ inch in from either end, kee straight. Since it's not fastened in way, it's easy to remove when you n an unobstructed working surface. If want a lighter look, build the shelf smaller or with an open back.

The trestle legs unscrew from the top for easy storage.

Rick Morrall of Palo Alto, Califo designed this desk and built it of for about $140. The teak—in the storage unit shelves, trim, and the

SU

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GLENN CHRISTIANSEN

Solid teak *edging, screwed and plugged, makes strong, attractive corners and borders*

4 by 8-foot sheets of ¾-inch veneered plywood (at about $45 a sheet)—is what made this desk expensive. However, mahogany or straight-grained fir would be good alternatives and could cut the cost in half.

To build this desk, use a ¼-inch drill with an insetting bit and matching plug cutter, and a table or radial arm saw with dado attachment. The joinery is quite simple. The plywood edges are capped with ¾-inch teak pieces (see photograph above). This simplifies the joints and adds a distinctive border to all the edges and corners.

Although the joinery is simple, there are many joints and edges to cap. Don't expect to finish this desk in one weekend.

Assemble it with glue and 1-inch number 8 screws. Inset the screws and cover them with teak plugs.

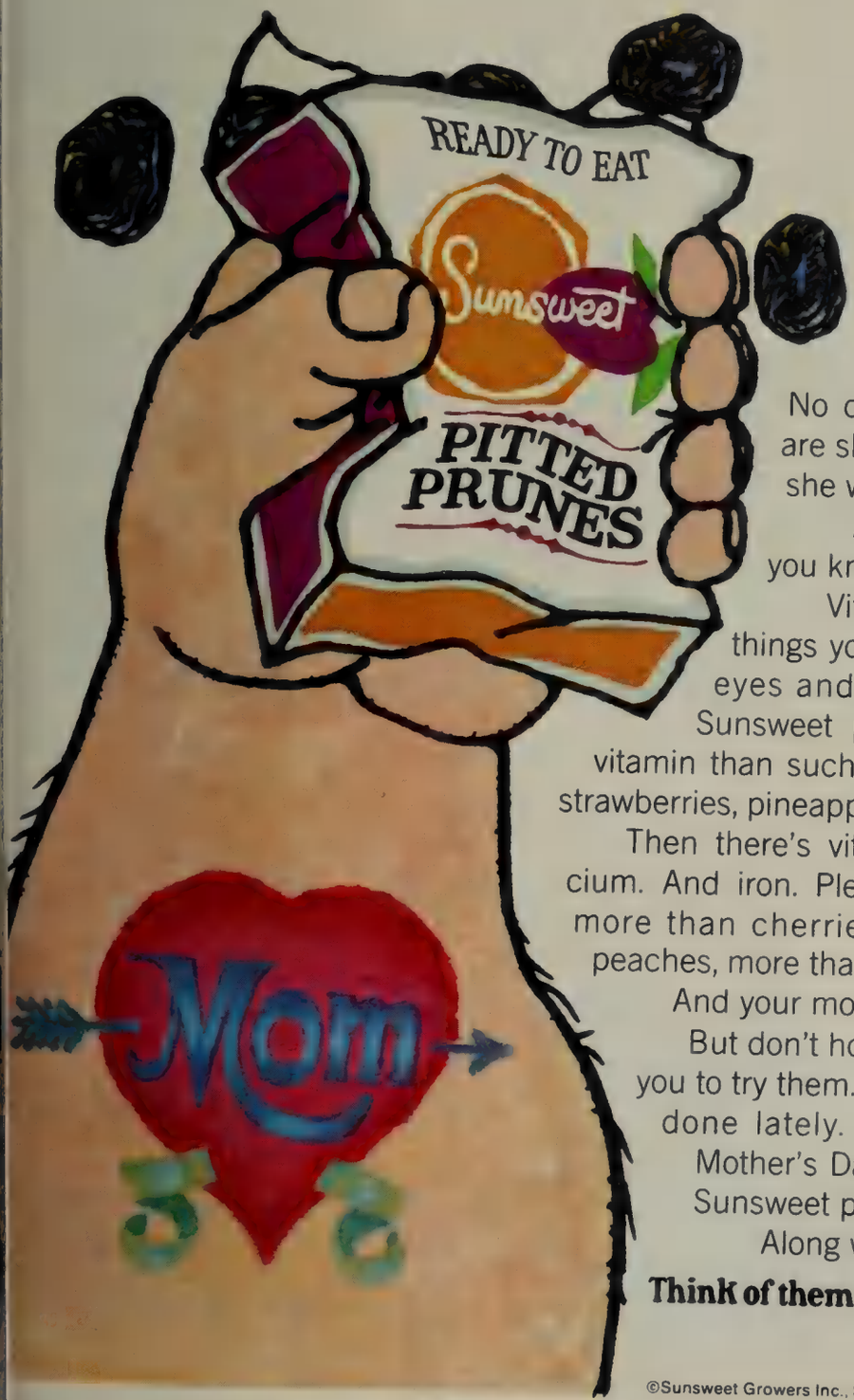
Drawers and doors have a ¾-inch overhang to eliminate pulls. Wipe on a light oil sealer to finish the desk.

NORMAN A. PL

Top and bottom *of desk are partitioned and joined with dado grooves*

SUNS

The reason your mother gave you prunes isn't the only reason for eating them.



No offense to your mother. But chances are she didn't get the story straight. At best, she was only half right.

At Sunsweet, we feel it's about time you knew the whole story.

Vitamin A is merely one of the good things your mother failed to mention. Yet your eyes and complexion need vitamin A. And Sunsweet pitted prunes contain more of this vitamin than such popular fruits as oranges, bananas, strawberries, pineapples and pears.

Then there's vitamin B-1. Vitamin B-2. Niacin. Calcium. And iron. Plenty of iron. More iron than apples, more than cherries, more than lemons, more than peaches, more than grapefruits.

And your mother never even told you.

But don't hold it against her. After all, she did get you to try them. Which is probably more than you've done lately. So pay tribute to her. Next time Mother's Day comes around, send her a box of Sunsweet pitted prunes.

Along with a copy of this ad.

Think of them as multiple vitamins with wrinkles.

©Sunsweet Growers Inc., San Jose, California

DON NORMARK

Fireplace wood *is delivered here. Dairy goods are put inside gate at far right*

Waiting place for cordwood, milk, packages

Handed in *from outside, wood is neatly stacked under cover*

A two-story service wall incorporates wood storage, sunken garbage cans, and dairy and package delivery at the rear entrance to this Seattle house. Because of an abrupt change of grade, the lower part opens on a deck within a few steps of the kitchen-breakfast area, and the top projects a few feet above the driveway to act as a privacy screen.

The owners, Mr. and Mrs. John M. Skilling, particularly appreciate the wood storage. A half-cord of wood fills the bin up to driveway level. Initial loading is a two-man operation, one dropping wood down to the deck and the other stacking it.

The enclosed milk storage shelf keeps milk, eggs, and cheese out of the sun and protected from pets until taken indoors. Packages and laundry can be delivered here also.

The architects were Kirk, Wallace, McKinley & Associates. □

Delivery man *opens gate from driveway, leaves goods here*

Pick up *is just a few steps from kitchen-breakfast area at left*

Heritage Glove Leather Furniture is only a few days away from your home, at any of the Western dealers below.

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2147 Junipero Serra Blvd. 94015

Fresno
Berg Furniture
3845 No. Blackstone 93726

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Dan Desmond Ltd.
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Menlo Park
Flegel's
870 Santa Cruz 94025

Monterey
Rudolph's
801 Lighthouse 93940

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Berman's Home Furnishings
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Santa Clara Home Furnishers
2710 Homestead Road 95051

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6231 Pacific Avenue 95207

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UTAH

Salt Lake City
H. Dinwoodey Furniture Co.
37 West 1st South

We've made a glove leather chair whose softness is more than skin deep.

Most leather chairs you sit on. Ours you sink, melt, meld, swoon into.

Because most leather chairs are made of hide with a coating of stiff finish for protection. Whereas ours, above, is made of supple glove leather, protected by our own pliable finish that you can neither see nor feel.

Further, under its gentle outside is an unusually soothing inside. Built the Heritage way with extra springs, extra webbing, extra padding. We've even made a special stuffing for the kindly floating cushions, to double up the softness where it counts.

Best of all, Westerners, you don't have to wait. Instead of the usual two to three months, it can be in your home within days... along with its fellow sofas, love seats, other-style chairs and ottomans. So find the Heritage dealer nearest you and pick a pair of soft arms to come home to.

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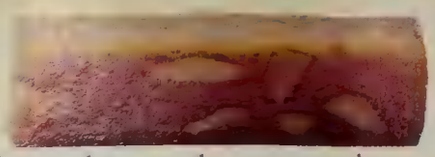
HERITAGE®

Furnishings Group / U.S. Plywood-Champion Papers Inc. Furniture by Drexel / Heritage / Meadowcraft / Carpet by Trend



This is the crisp buttercrunch center
which is lavished in

The creamy milk chocolate
which is smothered in

The fresh toasted California almonds
which are covered in

The shiny gold foil
which is sealed in
The pretty pink tin
which keeps all that goodness in.

ALMOND ROCA®

Brown & Haley makes 'em daily, 'cept Sunday.

® ALMOND ROCA is the registered trademark of the buttercrunch confection made by Brown & Haley, Tacoma, Washington 94001

RICHARD FISH

It's mostly paved *but dichondra between tiles (left) gives a lawnlike effect. Trees, shrubs, wall, and screen provide shade*

ountain *and pool were here, but ere partly obscured by plants*

New split-level patio, privacy wall, house-garden openness

the 30's when this Spanish-style house as built the garden was quite passable. here was a patch of lawn, a small sit- ng area paved with flat concrete tiles, small fountain-fed pool, and a mixed llection of shrubs all enclosed by tile- pped plaster walls in the style of the use itself. French doors from the liv- g room brought you out at garden el, and a narrower door from the dy took you out two steps above the rden grade. Not only was access to the rden somewhat restricted, but also ere really wasn't much there to draw u out.

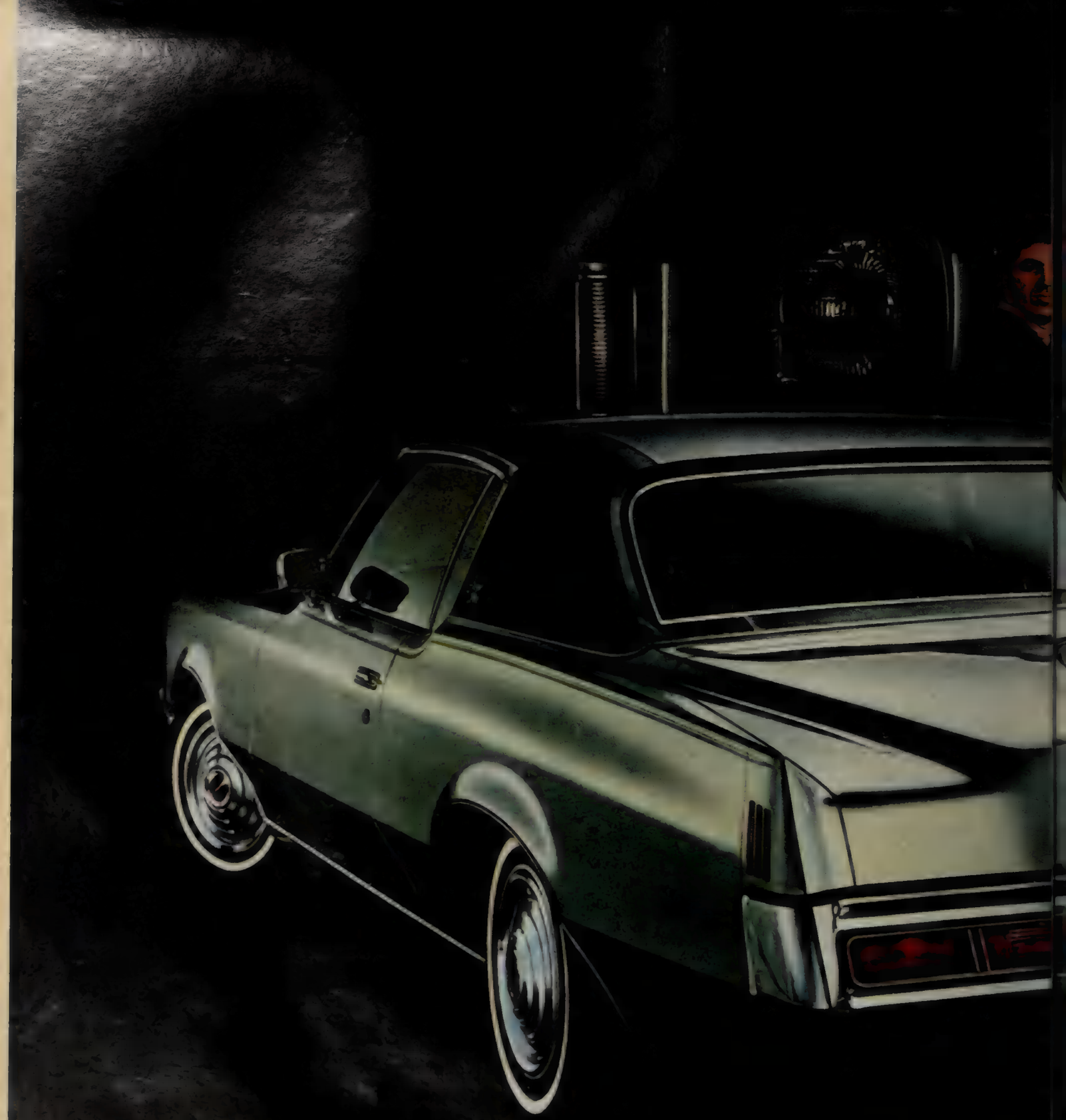
landscaping and opening up the house anged all that. From the living room u can now walk out onto a large tree-shaded brick patio with a built-in brick bench. The opening from the study is now enlarged and wide steps bring you more easily down to the garden level, with a side extension of the top step forming another seat.

The flat concrete tiles were lifted and reset into a grid pattern below but adjacent to the brick patio, and the wide joint spaces were planted with dichondra. Shrubs surrounding the pool were pruned back or removed to reveal it and make it once again the focal point of the garden.

The tile-topped garden walls are still there. But to relieve the long expanse of white plaster and to provide more privacy for the patio, a new screen was built along one side 6 inches inside the existing wall and up to the 6-foot legal maximum height (the existing wall was lower than the allowable height). Its panels of white translucent fiberglass-reinforced plastic are set into wood frames.

Landscape architects were Armstrong & Sharfman for a residence in Santa Monica, California. □

New opening *replaces small door into study. Top step is 2 feet wide, extends 4 feet as bench*



1972 Pontiac Grand Prix. You'll have to decid

It won't be easy. After all, the styling is timeless. Enduring. While the ride is definitely Wide-Track. Smooth. Stable. With great handling.

The decision's even tougher if you include Grand Prix's interior design in the mixture.

It's functional. The instrument panel has a wraparound shape that makes gauge-reading and switch-flipping unusually easy.

Yet it's elegant. Foam-padded bucket or bench seats in Morrokide or cloth trimmed in Morrokide. Carpeting. Console with the built-in seats. Cushioned steering wheel. And more.

You'll also find Pontiac innovation in Grand Prix. Windshield radio antenna. Concealed wipers. Power-Flex fan. And on the available Grand Prix SJ model, a Delco-X battery that never needs water.

There's amazing response built into the

hat's better...the style or the ride.

n and suspension. You get a 400 V-8 (a 455 is available). Variable-ratio power steering. ver front disc brakes. And Turbo Hydra-ic. All standard.

Now if it seems like Grand Prix is a lot of you haven't seen anything. Because Grand has a long list of safety features. Energy-ab-ing steering column. Seat and shoulder belts. nt-seat head restraints. And a dual master cylinder brake system with warning light.

As you can see, when you try to decide what's better (or best) about the 1972 Grand Prix—it's quite a choice.

But then, maybe that's what makes Grand Prix so interesting to drive.

Buckle up for safety.

GM
MARK OF EXCELLENCE
Pontiac Motor Division

That's what keeps Pontiac a cut above.

Herbs *in a fir box give the cook a very accessible window garden*

DARROW M. WAT

Sturdy *container has wood strips underneath for base. House plants sit on pea gravel bed*

Grouping pot plants in roomy wood containers

Many Western gardeners have an accumulation of container plants sitting around the house or garden, some in bloom or waiting to bloom, others past their prime. Sturdy, hand-crafted boxes used as wooden planting islands can give unity to a group of mixed plants and keep them organized for a neater effect when on display inside the house.

Lined with polyester resin and fiberglass, such a box makes a sealed container that protects your floors and tabletops. Plants in their red clay pots (without saucers) drain into a 2-inch bed of pea gravel placed in the box.

The boxes shown above and at left are made from 2 by 4's; the bottoms are plywood. A mitered corner makes the most attractive joint, although a butt joint will do. Choose wood that will blend with your architecture or furniture, and make the box the size of the area you want to fill.

To seal the box, buy enough fiberglass (it is available in several widths) to cover the bottom and halfway up the interior sides. Cut the fiberglass pieces to fit before you mix the clear polyester resin and hardener. In a well ventilated area (outdoors is best), mix the resin thoroughly with the hardener. Apply a coat of resin covering the bottom and sides and pat the fiberglass strips in place with your fingers. Carefully brush on resin over the fiberglass until the fiberglass becomes translucent. Work slowly. The resin, when mixed according to the directions on the can, takes about 20 minutes before it starts to set up. If you have some resin mixture left over, pour it on the bottom, and brush to spread it out. A thick coating of resin may need all night to dry.

Polyester resins and fiberglass are usually sold at boat supply stores. You'll need acetone to clean the brush and your sticky fingers when you are through. Let the resin dry completely before adding gravel or other small stones.

If you have a handsome wooden bowl or tray (see example at left), use the same coating technique but lightly sand the wood to remove any existing oils or lacquer before you apply the resin. □

Brush *resin around base and sides of wooden container; cover same area with strips of fiberglass. Smooth down with fingers*

GLENN CHRISTIANSEN

Great cheddar isn't something you describe in 25 words or less

Cheddar is a conversation cheese, popular in the convivial English pubs.

Ever since a farmer in Cheddar, gland proved that he could age a d cheese right in his own stone cot- e, the fine-flavored cheddar has been subject of much conversation. drew Jackson received a 1400-pound

ck in the White House. Queen toria received a wheel as a wedding sent. The wise publican would er open his pub without supply the bar.

Today in America, cheddar appears most frequently at parties: in chunks or on a wooden pick with a pickle, olive or small shrimp, for example. Fine cheddar also makes a thoughtful gift for the hostess.

At this point, fine cheddar means Cracker Barrel Brand Cheddar, with several added niceties. Cracker Barrel Brand from Kraft is divided into degrees of sharpness and mildness. It comes in a variety of shapes—sticks large and small, wedges, half-moons,

Cheddar color varies from gold to yellow to white, depending on region.

and rounds. It's a great cheddar with uniform flavor, tightly knit texture and freshness.

How do you serve cheddar? The classic presentation calls for a cheese board, but any platter that allows easy slicing will do. Never slice cheddar in the kitchen. Let your guests cut their own. You can set out crackers and rye bread for semi-sandwiches. But cheddar is an easy-going cheese and, like fried chicken, should be eaten with the fingers. Cheddar may be served any time of day, for any occasion.

It's perfectly proper to eat the nibbling cheese with your fingers.

Although Cracker Barrel comes in enough variations to suit any beverage, cheese connoisseurs seem to prefer red wine or cider. A wine-tasting party with a tray of Cracker Barrel Cheddars is one of the most memorable entertainments you can plan.

Utilize Cracker Barrel to elaborate just about any dish. Slice it into *julienne* strips for salads. Shred it for melting into a simple cheese—or *mornay*—sauce. Incorporate it in any apple dessert. And, of course, combine it with about anything from salami to pineapple chunks in *hors d'oeuvres*. Hors d'oeuvres means outside the main work and, because they stand out, must be made with special ingredients.

But then, special is what Cracker Barrel Brand Cheddar is all about. The person who describes it in twenty-five words or less is just warming up.

KRAFT Division of Kraftco Corporation

step on a tiger

and get a weigh with it!

You don't even have to be brave. This is a friendly, purr-y tiger. Step on him, and all he does is tell you how much you weigh. Accurately. Up to 300 pounds.

Look, this tiger is so friendly, he doesn't even kick up a fuss when you remove his soft furry cover and wash it. So go out and get one. Who's afraid of a tiger who bathes?

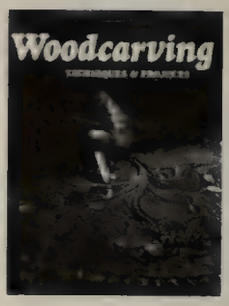
But . . . if stepping on a tiger is just too much, there are seven other animals to choose from.

Furry Fuz-'n Flufs by

Counselor

THE BREARLEY COMPANY · ROCKFORD, ILLINOIS 61105

A new guide for the novice woodcarver



After 20 years, of the most dura *Sunset* books been completely vised and is be reissued this mor *Woodcarvin Techniques & P ects* (Lane Boo Menlo Park, Ca 1971; $1.95) n be of special int est to buddi craftsmen who at the arrival of win may find themselves spending more ti indoors.

It is written for the novice. Early in 80-page book there is reassuring inf mation about a "miracle cure" for che ing, cracking, and splitting wood. A ta explains the characteristics of wood fr alder to zebrawood. There are illust tions and a lexicon of knife names, w details on how to hold them, and h they cut. You can even find out how make your own cutting tools.

The largest portion of the book de with how to decorate the surface of wo and how to whittle and carve in round. There are photographs of finish projects and explanations on how achieve them.

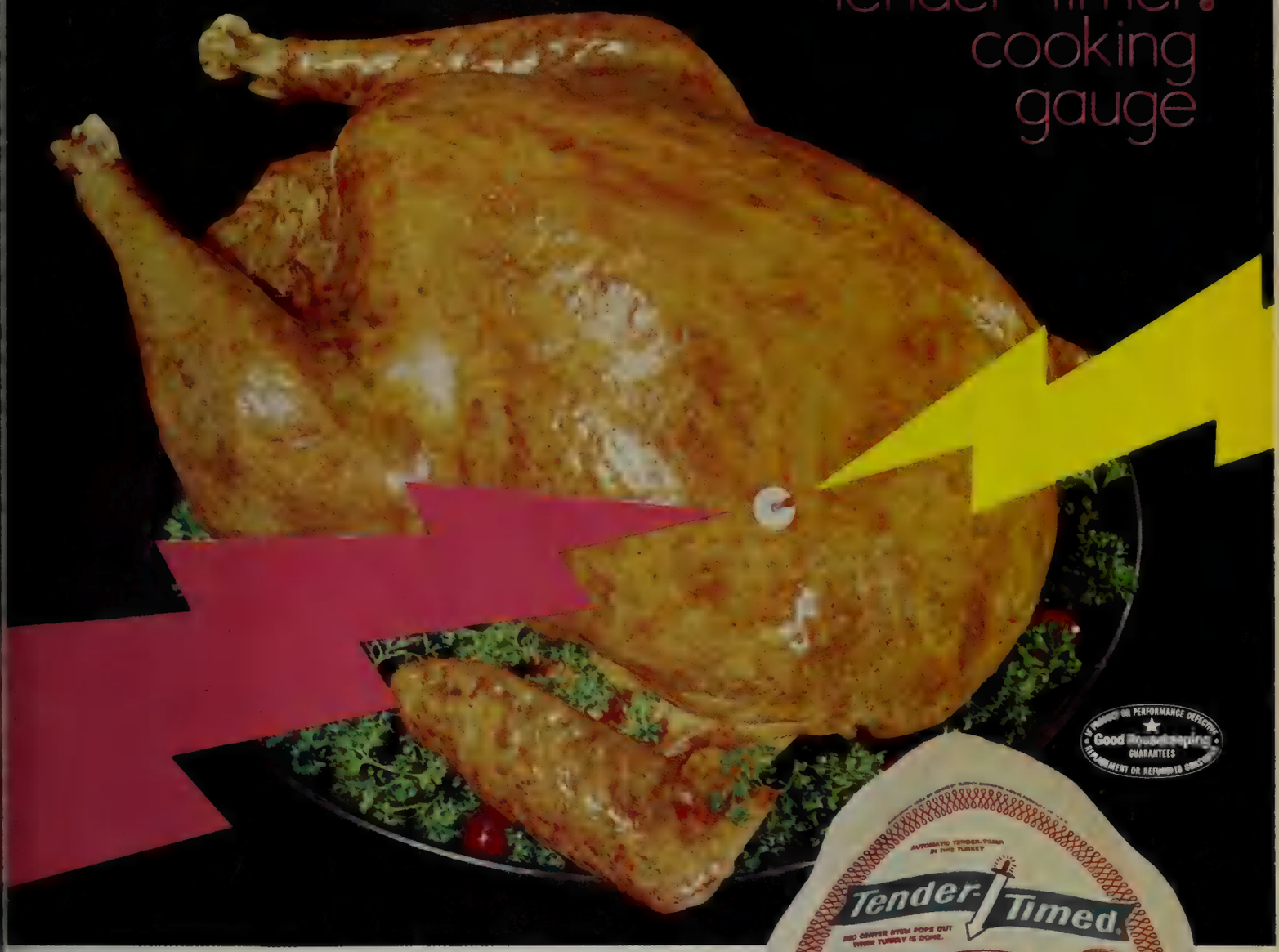
Among the nearly 20 examples are tra rose wall plaque, a coat of arms, a a kitchen spurtle (a stirring stick). Wh these projects may not fulfill every woo worker's creative urges, they are least achievable and can teach tec niques and instill confidence before o starts on original or more complicat projects.

JAMES B. JOHNST

Four stages *in carving figure; hands a book carved separately for streng*

Norbest

The only turkey with the remarkable Tender-Timer® cooking gauge



tells you when it's roasted to perfection

n automatic turkey that tells you when it's done? It's true . . . and works, every time! It's been proved with millions of delicious orbest turkeys, each one perfectly roasted because of the amazing nder-Timer. This small plastic cylinder—already positioned in e meat—works just like magic. It pops up to tell when the eat is cooked, deep down, to a savory, succulent goodness. ast a perfect turkey every time . . . just like magic.

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Beringer

Have you tried the wines aged in limestone caves?

Caves that provide one of the world's great wine climates, where the naturally cool temperature varies only a few degrees—ideal for aging a premium wine.

Ideal since 1876, when Frederick Beringer first carved these limestone caves from a hillside in the Napa Valley.

Try our estate bottled wines. Like the temperature of the caves, the quality of the wine comes naturally.

Beringer Napa Valley wines. Naturally aged in limestone caves.

Pinot Chardonnay • Johannisberg Riesling • Fumé Blanc • Grey Riesling • Chenin Blanc • Cabernet Sauvignon • Pinot Noir • Zinfandel.

Beringer/Los Hermanos Vineyards, St. Helena, California. Established 1876.

THE BIG 3 OLDSMOBILE WAGONS FOR 1972

ROOMY.

UTLASS CRUISER: ver 93 cubic feet of rgo space on a 116" heelbase. And, while s big on space, it's easy park. Standard atures include a big ocket V-8, a Drop-or- ving Tailgate, and wer brakes, with discs front. The smallest our Big 3, but still a of wagon for the dget buyer.

ROOMIER.

STA-CRUISER: Over 5 cubic feet of cargo om on a 121" wheel- se. Its exclusive servation roof turns y trip into a scenic r. Drop-or-Swing ilgate, side and lgate paneling, big cket V-8, all standard. ide, deep carpeting l deluxe upholstery. ailable with two seats hree—the most ular station wagon ve ever built.

ROOMIEST.

STOM CRUISER: to 109 cubic feet of urious cargo room on 27" wheelbase. Power ring, power front disc kes, 455 Rocket V-8, omatic transmission, ver ventilation, and ver rear window, standard. Glide-Away lgate doesn't open— isappears! Spring- l-mounted front nper absorbs minor acts, comes back for re. With two seats hree, it's the ultimate ion wagon.

Station wagons to get back to nature in: Every Olds Cruiser is doing its part for cleaner air; its engine now emits, on the average, 80% less hydrocarbons and 65% less carbon monoxide than engines of 10 years ago. And every Olds wagon has a long list of GM safety features.

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ALWAYS A STEP AHEAD

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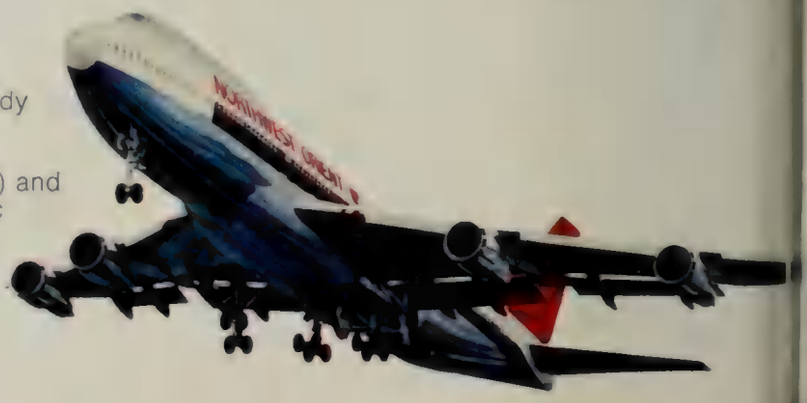
*$2.50 charge on international 747 flights.



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For reservations, call your travel agent or Northwest Orient.

NORTHWEST ORIENT 747

RICHARD FISH

Front door *opens into entryway, now a partially enclosed section of living area*

With partial walls, a better entry

Many homes have a front door that opens directly into the living room, which means that a visitor makes an abrupt entrance whether he intends to or not. By partially walling off some space by the door, designer Tom Davidson of Los Angeles solved this problem in his own home and created a spacious entry hall.

The existing post and beam construction made it possible to use dividers less than ceiling height (80 inches) without interrupting the lines of the house. Two redwood screens block off a 6 by 9-foot area of floor space for the entry hall. The screen that forms the new wall of the living room (just to the left of the door in the photograph above) is solid, made of alternated 1 by 2's and 1 by 3's. The screen opposite the door is 1 by 3's spaced about ¾ inch apart.

Behind the door, the designer installed a long closet that stretches from the outside wall of the house to the interior divider screen and that is open at the top. Besides guests' wraps, the owners store seasonal clothing here; they find the constantly circulating air helps keep their clothes fresh. □

Closet *at right of front door has open section at top*

You'll never drive a dirty car again!

Now You Can Keep your car so gleaming clean—all the time, rain or shine—that neighbors will ask how you do it!

New The secret is this **NEW WAY** to use KozaK—the specially treated, thick, soft, deep-nap cloth that has been keeping fine cars showroom-clean and shiny for proud owners, for over 45 years.

Now, with this remarkable KozaK Drywash Cloth, you can also have the **NEW KozaK's Helper,** used like a chamois. It brings glowing beauty back to your car, even if the weather is bad and your car dripping wet.

We Wash Your Car By Mail

Thousands of delighted car owners call KozaK "the car wash that comes by mail". In just minutes on a nice day, a few easy swipes with the time-tested KozaK Auto Drywash Cloth **(good for at least 50 times)** gently cleans your car of dust and grime—no hose, no pail, nothing to cause rust, squeaks, chapped hands or wet feet.

It's so gentle, so thorough, so safe, thousands of careful car owners entrust the precious finish of even Rolls Royces, Cadillacs, Continentals and other costly cars to KozaK care—and have for years.

Then, on wet days, the new KozaK's Helper—just as quick and easy to use—wipes off your car in only minutes. Paint dries to a gleaming shine in seconds. Glass and chrome really sparkle!

If Not Delighted After 30 Days Use—Your Money Back, You Keep the Cloths!

That's our out-and-out Guarantee. Can you imagine us being able to afford it, if many users wanted refunds? They don't because KozaKs do exactly what we say. And this new way, with the KozaK's Helper, works even better than ever before.

Check coupon below: get Super KozaK for dry car, KozaK's Helper for wet car—**or both, at 20% saving,** for all-weather car protection and beauty. If, after 30 days use, either or both don't do every last thing we promise—simply tell us, you keep the order, we'll refund every cent to you. Could anything be fairer?

Never drive a dirty car again. Let KozaK keep your car clean, proud looking; protect its finish, prolong its beauty, boost its trade-in value. To let $6 save you at least $50 in ordinary car washes, **mail coupon below with your remittance NOW.**

KozaK, 849 S. Lyon Street,
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Established — 1926

On your 30 day no-return but full-refund Guarantee, please send me at once:

☐ Super KozaK (For Dry Car) $4.25 Postpaid
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☐ **BOTH for only $6.00, Postpaid**
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Name .....

Street .....

City ..... State ..... Zip .....

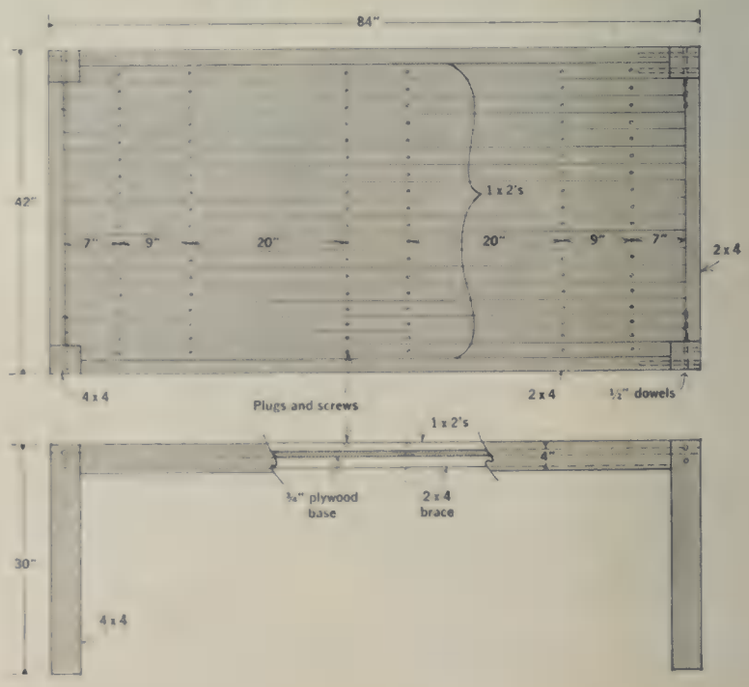
NORMAN A. PLATE

This 7-foot-long *Parsons table can seat eight with ease*

Clean lines, generous size, and the chopping-block look

This large dining room table combines the clean lines of a Parsons table and the handsome, functional appearance of a chopping block. A short-cut lamination process gives the chopping-block look, but saves on time, cost, weight, and effort.

The table is made of vertical grain fir milled at a lumber yard to remove rounded edges. The top is a ¾-inch plywood base with 1 by 2-inch strips screwed it. Coat the 1 by 2's liberally with (bottom and sides) and screw them the base, using an expanding clam hold them together as you work. Co tersink the screws ¼ inch. If any bo warps sidewise, apply clamp at po of warpage and drive nails from the derside to hold the strips parallel. Co screws with fir plugs that are cut f



The Sony to Stroganoff by.

There are Sonys to go to sleep y and Sonys to wake up by and onys to sail by and Sonys to fly y.

And when you consider how uch time you spend in the tchen, wouldn't it be nice to ave Lanza with your lasagna, La ohème with your lamb chops, Dixieland with your dumplings, Rock with your rolls?

So consider the Sony 8F11W.

Even with pushbutton FM-AM and pushbutton AFC to keep your FM station right where you found it, it looks more at home in the kitchen than a lot of appliances.

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Inside are 1.5 watts maximum output power, a large four-inch speaker, and solid state OTL circuitry for higher fidelity and minimal distortion.

Outside is a white or beige cabinet.

And supper.

Introducing the kitchen SONY®

Sony Corp. of America, 47-47 Van Dam St., L.I.C., N.Y. 11101

Nooks and crannies... happiness is a roll-top desk!

The joy of giving is *giving* joy. It's as true today as it was in 1800 when a desk like this was first created. Our superbly made reproduction is complete with every fascinating nook and handy cranny. The rich, warm wood is antiqued to speak softly of the past. There's room (54" wide, 28" deep, 49" high) for elbows, paper, pen . . . and then some. A future heirloom for someone you love very much. Happiness is this roll-top desk, **399.50**. Drexel swivel chair, **$175**

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VALLEJO • FREMONT • PLEASANT HILL • DALY CITY • RENO, NEV.

Countersunk screws *and glue hold strip to plywood base. Pencil lines on plywoo help to align strips. Expanding clamp keeps seams tight while glue dries*

scraps with a plug-cutter bit.

With a hand or circular saw, trim excess wood at the ends and one s Screw a 2 by 4 frame to the under and a second frame of 2 by 4's aro the table's perimeter. With a hand s notch the corners to receive the 4 4-inch legs. Trim rough edges to r angles with a chisel.

Clamp legs in notches. Mark and ½-inch holes for 9-inch dowels. Rem legs, if necessary, to drill holes deep

Use a belt sander for leveling table After fine sanding, finish with oil varnish. The cost of materials for table is about $70.

Dowels *anchor legs to notched top. The last plug on the table surface is purely decorative*

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A new book abou an ancient art

Macramé, the a tying knots, c back as far as Egyptian fis nets. The wor self comes either the Ar "miqramah," m ing veil, or fron Turkish word towel, "maqran

Today this an art is experiencing a renaissance. M women, and children are enthusiasti tying two kinds of simple knots hitch and square knot) into varia and combinations for clothing, ho hold furnishings, and in art work.

Macramé is the title of a new *Su* book (Lane Books, Menlo Park, C 1971; $1.95). It is written for the be ner who wants to learn the basic tying knots. Toward the end of the page book are descriptions of more ficult projects and the use of colo macramé.

The first part of the book considers equipment you'll need (types of w ing surfaces, pins, and found obje next, the materials (cotton, jute, lea linen, raffia, synthetic fibers); and fin the book gives instructions for lear the basic knots.

Step-by-step photographs show w gray, and black cords that can be lowed through the most complex kn If you use similar tones, particularl your first projects, the instructions very easy to follow. Try combinin variety of these basic knots and you begin to create some of your own o inal patterns.

Projects for the beginner are numer belts, candle slings, neckpieces, v bags, and room dividers are some those described.

When you've mastered the basic st there is a section on advanced knots ideas for further projects. General t niques include problem-solving meth what to do with the beginning and e ing of a project, making fasteners, working in three dimensions.

There is a special section for chil age 7 through 12. With some supe sion, they will be able to duplicate belts, necklaces, pet leashes, and wh sical animals designed and made other children of the same age.

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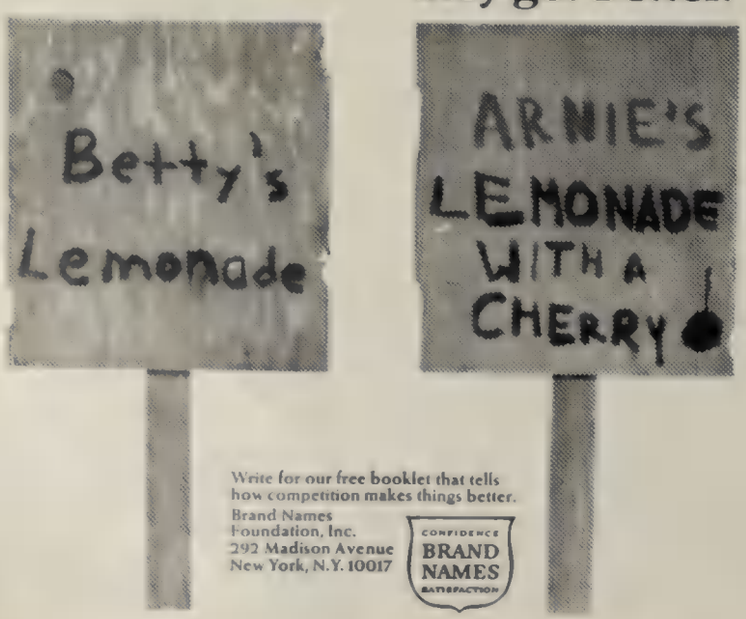

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Wooden *sculpture panel hangs by front door, surrounded by ivy*

Entry mosaic . . . of the scrap bin

The wooden mosaic for this entry came from the scrap bin at a lu yard. Rosemary Silvey of Los An reports that it took a weekend t semble, with everyone in the f lending a hand. The ¼-inch ply backing was the only significant ex (about $7) of the project.

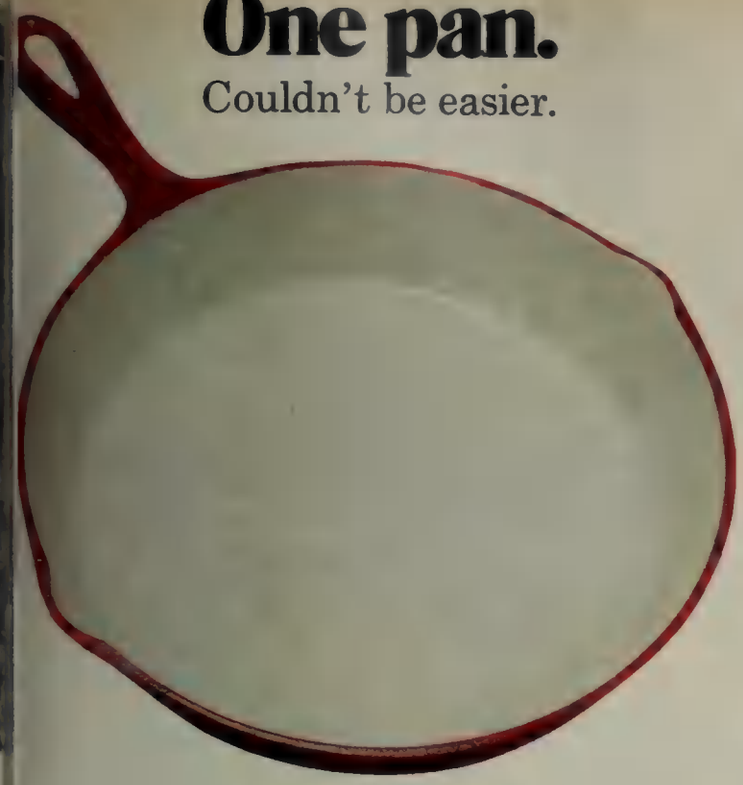
The panel itself is about 2 by 6 The plywood was cut to size and laid on the ground. Random le of wood ends, including dowels, applied to the backing with white Spaces were left between many o pieces so that there would be shado tail. The resulting design is a patch of sections of wood running altern lengthwise and crosswise.

The panel was treated with water upon completion. It has been five since the last application and, since dom types of wood were used, the weathering to different hues. The is nailed onto 2-by-4 cross mem The wooden pieces were left off w the panel was to be attached, and applied later.

The panel in the photograph is un roof overhang. In the backyard exp to the elements is another similar p In the 10 years since the panels completed, only a few pieces have f and have had to be replaced.

One pan.

Couldn't be easier.



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One package.

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One happy family!

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Five delicious servings.

The cut edge *is pressed first onto paper towels soaked with waterproof ink, then onto soft paper to make a print*

Sharp *French knife, held with both hands, makes clean slice through fruits, vegetables*

NORMAN A.

Handsome *prints are the result. Tree shapes at right and bottom of picture are from a halved artichoke*

Just ink and print with fruit or vegetable

These two young men look pretty pleased about the prints they have made with fruits and vegetables.

The procedure is simple: First make clean cuts through the fruit or vegetable with a sharp knife; cut into halves or into other sections large enough to grasp easily. Then ink the sectioned fruit or vegetable using a stamp pad made of several layers of paper towels saturated with waterproof drawing ink. Finally, print on one of the many rice-type papers or on newsprint.

Variations in color are possible, for a juicy fruit will bring some of its own color to the ink. Drying the fruit overnight after slicing also makes a difference in the color. □

Alas, poor Adult Nut, you have but little chance of ever going to a party.

Sad, but true. We've seen it happen time and time again.

You buy a can of Sun Giant Almonds, the Adult Nut, for the big bash and your big lug of a husband can't keep his hands off the can.

By party time, the Adult Nut is long gone.

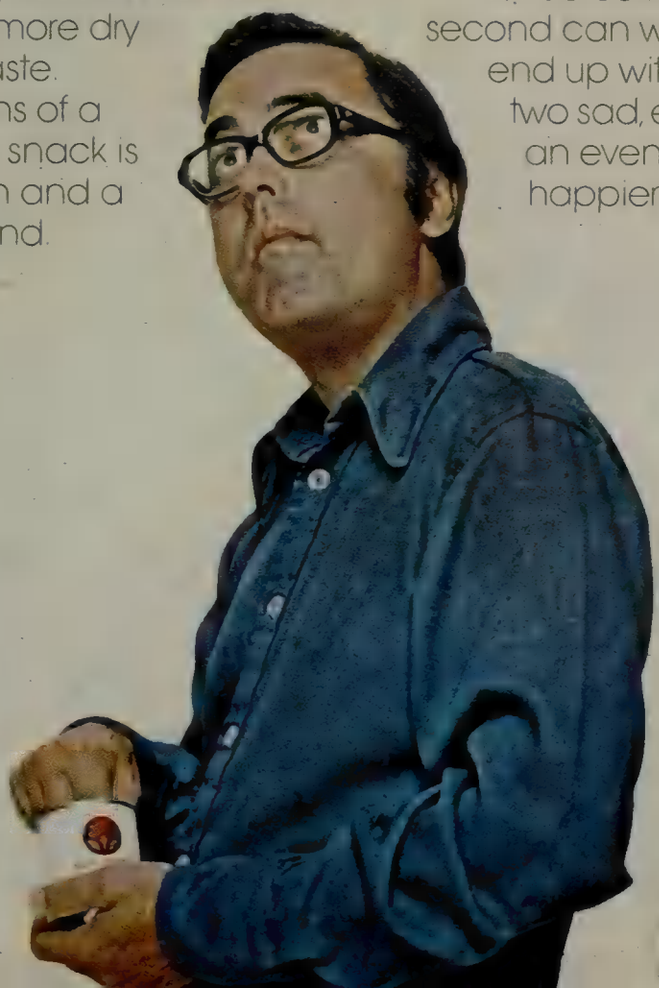
No more crisp-roasted kernels of goodness, no more dry salted tidbits of taste.

All that remains of a once-great party snack is a sad, empty can and a full, happy husband.

But rejoice. Elation is but an extra can of Sun Giant Almonds away.

Next party, buy two cans of the Adult Nut. One to throw your husband off guard, and the other to guard against dull snacking at the party you're going to throw.

But be certain to hide the second can well, lest you end up with naught but two sad, empty cans and an even-fuller, even-happier husband.



Sun Giant Almonds.
The Adult Nut.

A Tenneco Product TENNECO

You're not dizzy; *it's a composite portrait. Viewed from the left, it shows one child; from the right, the other. The way you make it is explained below*

ELLS MAR

Coming and going . . . now you see David, now his sister

Attach *chamfer strips to plywood with small brads. Countersink for a smooth gluing surface*

This combination of photographs must be seen in a special way: Look at it from the left side to see four-year-old David, or from the right to see his three-year-old sister Sharon. But look at it head-on and it makes no sense at all.

This effect is created by mounting strips of the children's photographs on triangular wood pieces (chamfer strips) that are attached to a plywood base. It's not hard to do but it does depend upon accurate measurement and great care in cutting and mounting.

Start with two 8-by-10 portrait photographs. (The negatives should be cropped so that in the enlargement the heads fill most of the picture space.) You'll also need a small piece of ¼-inch plywood (approximately 10 inches square for 8-by-10 photographs) and chamfer strips. In cross-section, chamfer strips (usually used in making concrete forms) are isosceles triangles measuring ¾ by ¾ by 1 inch. They may vary a little, however, so measure each one carefully and cut the photograph strips to match.

Measure the photographs (withou t white border) and make sure bot a the same size. Divide the width b inch to determine how many cha strips you will need. Cut them to r the length of the photographs.

Judge the size of the plywood ba placing the chamfer strips side by Cut the base slightly larger than need. Attach the chamfer strips glue or wire brads (countersink brads). Trim the plywood edges and sand smooth.

With a small brush, apply India i the top and bottom ends of the cha strips and on all edges of the plyw

To cut each photograph, start at the ter and mark off strips with width actly equal to those of the cha strips on which they'll be mounted slowly; you'll need precise guide m Cut with a mat knife or single-e razor blade held against a metal ru

Trim the tops, removing guide mark white border. Keeping top edges in glue (using a wheat-based or white all strips of one photograph onto th faces of the chamfer strips, all stri the other onto the right faces.

After mounting, you may want to t up the raw white edges of the p graphs in the black areas. Use a brush and India ink.

Hang the two-way portrait in a where there's enough room for viewer to see both sides easily.

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The first Italian Dry Salame age-dated to reach you at the peak of perfection. Look for the date at the top of the pac

RICHARD FISH

Latch *mounted on short post holds the gate open*

To let *the gate swing closed, just tip up the latch release*

Sometimes a gate should stay open

ates function to keep pets and children the garden, or out of it, as the case ay be.

ut there are times when a gate, espe-ally a self-closing gate, is a downright other. These are the times when you're isy with garden chores that take you rough that gate several times an hour. he gate either closes itself or blows ut, and you have to grab a rake andle, box, or brick to prop it open.

he Francis N. Kronsbergs of Garden rove, California, mastered the prob-m by installing an extra latch on a ort post next to the gate. □

A goodly part of the pleasure of drinking wine is provided by what you drink it out of. And you'll get a great deal of pleasure drinking from the Connoisseur's Collection by West Virginia Glass. Every piece is handcrafted for the purpose of enhancing the grape. The delicate stems taper into bowls full-bodied enough to allow a wine's bouquet to blossom. The clear, sparkling crystal sets off a wine's jewel-like color. So find out how something so richly rewarding can cost so little. Find the Connoisseur's Collection at department stores or glass and wine shops.

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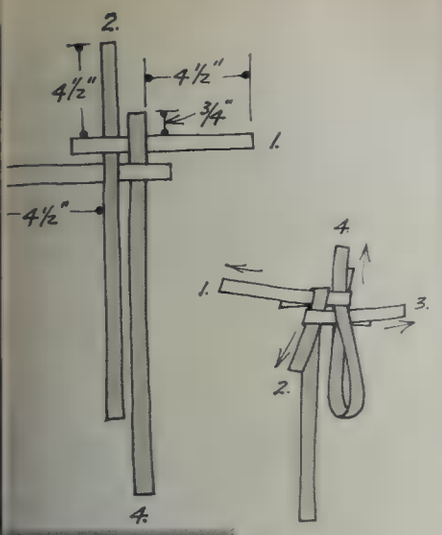

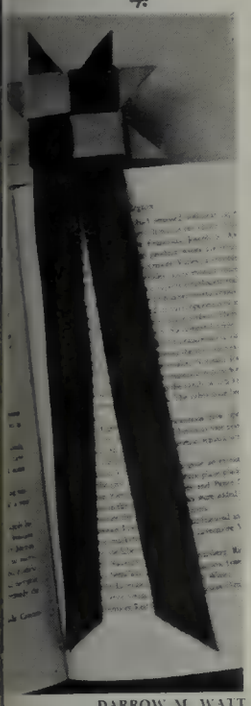

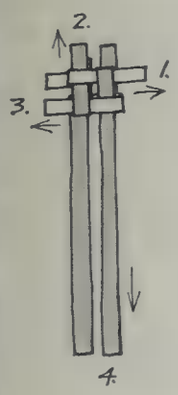

DARROW M. WATT

Gift *for a reader: bookmark made from suede strips*

A woven suede bookmark

Light and dark strips of suede can be woven together in a few minutes to make this attractive bookmark.

Using a mat knife or single-edged razor blade, cut suede into four ¾-inch-wide strips: two dark strips 15 inches long, two light strips 7 inches long. Position as shown in the top diagram with rough sides up. Fold strips 1, 2, and 3 in that order, as shown by arrows in second diagram; then thread strip 4 through the loop formed by the folded strip 1 to complete the checkerboard pattern.

Continue weaving as indicated by the arrows in the third diagram, in this order: Fold over the long part of strip 1, the long part of strip 4, the long part of strip 3, and the *short* part of strip 2, which must be threaded under strip 1. Tighten by pulling opposite ends firmly. Finish by cutting ends diagonally. □

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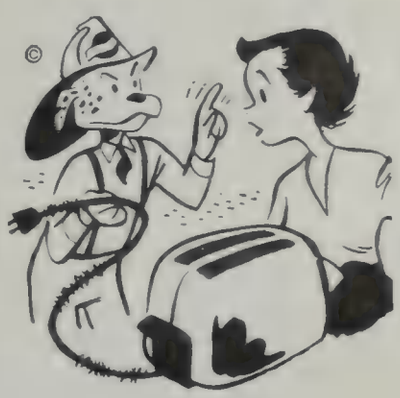
Don't Use Frayed Electric Cords!

...or the next home that burns may be your own!

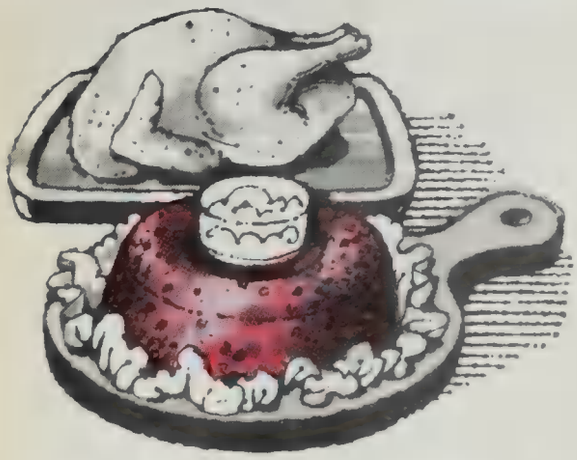


9 out of 10 home fires are preventable! So . . .
Don't give fire a place to start!

Sunset's Kitchen Cabinet®

Anticipating the Thanksgiving feast, but realizing there are also other dinners to prepare this month, our recipes include fresh ways to approach some traditional holiday foods as well as everyday family favorites.

To accompany the turkey we su a tangy cranberry salad or swee tato casserole accented with frui go with the leftover bird (or a some other night this month) are sesame stuffing balls. An



Serve a festive fruit-filled gelatin salad with sour cream to use as the topping

Holiday Cranberry Ring

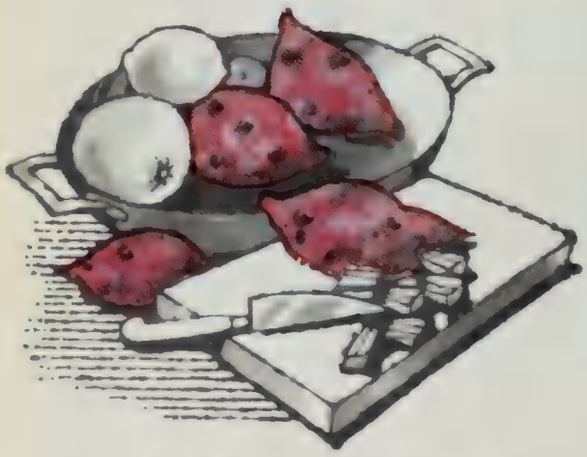
The sweet-tart flavors of this salad go well with any of the holiday birds.

- 2 packages (3 oz. *each*) rasberry-flavored gelatin
- 1 cup boiling water
- 1½ cups cold water
- 2 large oranges
- 1 can (1 lb.) whole cranberry sauce
- 1 cup blanched almonds, chopped
- Crisp salad greens
- Sour cream (optional)

In a bowl combine the gelatin with boiling water; stir until dissolved. Add cold water; chill until syrupy.

Finely grate one of the oranges to make ½ teaspoon grated peel; set aside. Cut remaining peel and white membrane off both oranges, the out orange segments; cut each in Turn cranberry sauce out of can mix with a fork. Spread almond on a shallow pan and toast unde broiler—watch carefully and tu needed. Stir orange pieces, cranb sauce, and almonds into par thickened gelatin.

Turn into a 6 or 7-cup ring mol other salad mold). Cover and until firm. To serve, unmold serving plate. Garnish with greens, and pass sour cream to sp over, if you wish. Makes abo servings.—*M.O., Menlo Park, C*



Layer cooked sweet potatoes or yams in a casserole with pineapple and citrus

Fruited Sweet Potato Casserole

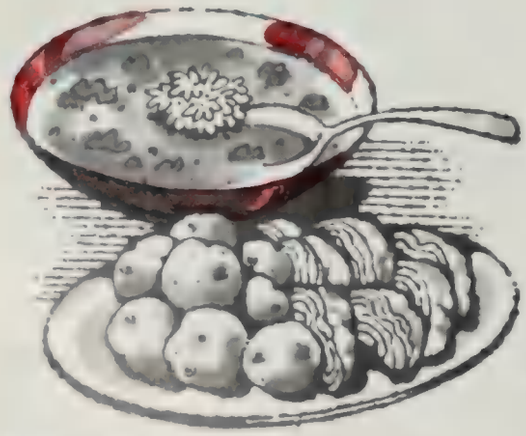
You can prepare this casserole a day ahead; bake just before serving.

- 6 medium-sized sweet potatoes or yams (2½ to 3 lbs.)
- Boiling water
- About ¾ teaspoon salt
- 1 can (about 13 oz.) pineapple tidbits, drained
- 1 tablespoon lemon juice
- 2 teaspoons grated orange peel
- 2 tablespoons brown sugar
- 4 tablespoons butter or margarine

Scrub whole sweet potatoes and cook them in boiling water until just tender when pierced; drain. Peel and cut in ½-inch-thick slices.

In a greased 2-quart casserole, arrange about a third of the potatoes; sprinkle lightly with half of the Top with a layer of about half of pineapple; drizzle with half of lemon juice, orange peel, and br sugar. Dot with 1 tablespoon bu

Make another layer of a third of potatoes; top with remaining pineapple, lemon juice, orange p and sugar. Dot with another ta spoon butter. Arrange the remai potato slices on top and dot with remaining butter. Cover and refri ate, if made ahead. Bake, uncove in a 350° oven for 30 to 40 min or until heated through. Makes 8 servings.—*K.S., Reno.*



Offer boiled new potatoes and cabbage with tender beef chunks and rich gravy

Dutch Stew

This beef stew (the Dutch call it *hâché*) has a spicy, tangy flavor similar to that of sauerbraten.

- 6 tablespoons butter or margarine
- 4 medium-sized onions, chopped
- 2 pounds lean, boneless beef chuck, cut in 1-inch cubes
- 3 tablespoons flour
- 2 cups water
- 2 tablespoons vinegar
- 2 bay leaves
- 5 whole cloves
- 1 teaspoon salt
- 1 tablespoon Worcestershire

In a Dutch oven melt 4 tablespoons of the butter over medium heat; add onions and sauté until limp and golden, about 5 minutes. Remove onions; set aside. Melt the remainin tablespoons butter in the pan; meat and brown well on all si Push meat to one side and stir fl into pan drippings; cook until bubl Gradually stir in water and vineg add bay, cloves, salt, Worcestersh and the onions; mix well. Cover simmer until meat is tender wh pierced, about 1½ hours. Makes 4 6 servings.—*C.P., Seattle.*

Boiled new potatoes and wedges cooked cabbage are the traditio accompaniments for this moist, t der meat. Pass the gravy to spo over everything.

er the game (or on any chilly eve-
ıg) try the spicy beef stew.

e welcome your recipe creations.
ail them to *Sunset Magazine,*
enlo Park, Calif. 94025. We pay
0 for each recipe published.

Italian liver or spicy Dutch stew with carrot cake or cranberry ring

·same Stuffing Balls

se canned gravy to extend or re-
ace homemade gravy, if you wish.

- 3 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- About 7 slices firm white bread
- 2 tablespoons finely chopped parsley
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 2 eggs, slightly beaten
- 1 tablespoon sesame seed, toasted
- ¼ cup chopped canned water chestnuts or celery
- 2 to 3 cups turkey (or meat) gravy

: a frying pan melt butter over me-
um heat. Add onion and sauté for
minutes; set aside.

Ieanwhile trim crusts from bread; break up and whirl bread in a blender or rub between your fingers to form fine crumbs (you should have 3 cups). Combine the crumbs with the onion, parsley, salt, pepper, eggs, sesame seed, and water chestnuts or celery. Mix well and shape into balls about the size of golf balls.

Just before serving, heat gravy to simmering in a frying pan or other wide pan; drop in balls and cook, uncovered, over low heat until heated through, about 10 minutes; turn them gently and spoon the gravy over the top several times. Makes about 6 servings.—*M.N., Escondido, Calif.*

Simmer stuffing balls in gravy; serve both with a roast or cooked turkey slices

autéed Liver with Tomato Sauce

'ou can make the sauce ahead, then
y the liver just before serving.

- 3 tablespoons butter or margarine
- 1 medium-sized onion, sliced
- 1 clove garlic, minced or mashed
- 2 tablespoons chopped green pepper
- ½ pound mushrooms, chopped
- 1 large can (1 lb. 12 oz.) pear-shaped tomatoes
- 1 tablespoon chopped canned pimiento
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 1½ pounds baby beef liver, sliced ½ inch thick
- About ¼ cup flour
- 3 tablespoons salad oil

n a pan melt butter over medium
ıeat. Add onion, garlic, and green pepper; sauté for about 5 minutes. Stir in mushrooms, tomatoes (break them up with a fork), pimiento, salt, and pepper. Boil gently, uncovered, until thickened to a good sauce consistency, or for about 15 minutes.

Remove tissue from edges of liver slices; dredge in flour, shaking off the excess. Heat oil in a frying pan over medium high heat; add liver and quickly sauté until browned on both sides and done to your liking, about 4 minutes for medium (still slightly pink inside). Spoon the sauce over liver; serve at once. Makes about 6 servings.—*I.R., North Sacramento.*

Fresh-tasting sauce, seasoned in the Italian manner, complements beef liver

·picy Carrot Cake

Richly flavored and moist, this cake
ıeeds no frosting.

- 1 cup soft butter or margarine
- 2 cups sugar
- 4 eggs
- 1 teaspoon vanilla
- 1½ cups finely shredded carrots (about 4 medium-sized)
- 2½ cups regular all-purpose flour (unsifted)
- 1½ teaspoons *each* soda and cinnamon
- 1 teaspoon *each* salt and nutmeg
- ¼ cup buttermilk
- ¾ cup chopped walnuts
- Powdered sugar (optional)

Using an electric mixer or a wooden
spoon, beat together the butter and
sugar until creamy. Add eggs, one at a time, beating well after each is added. Stir in vanilla and shredded carrots. Sift the flour together with soda, cinnamon, salt, and nutmeg. Add flour mixture alternately with the buttermilk. Stir in walnuts. Turn batter into a greased and flour-dusted 10-inch tube pan.

Bake in a 350° oven for about 1 hour, or until a pick inserted in the center comes out clean. Cool in pan for 10 minutes, then turn out of pan onto a rack to cool completely. Just before serving, shake powdered sugar over the top. Makes about 12 servings.—*L.M., Arcadia, Calif* □

Lightly dust this cake with powdered sugar just before serving, if you wish

The turkey comes to the table in its own hot roasting pot

DARROW M. WA

A whole *roasting chicken cooks inside this blue-glazed ceramic hen*

If the turkey you choose for Thanksgiving dinner this year weighs no more than 13 pounds, you can roast it in a covered earthenware pot. Besides making attractive containers to bring to your table, the pots offer other advantages for a holiday dinner.

In the kitchen you lift the turkey out of the pot and remove the drippings. Then the turkey goes back into the pot where it rests before carving and while you make the gravy and finish dinner. You could carry it in the pot a short distance to dinner in another's home or hold it in your own warm oven for up to 2 hours.

When you finally uncover the pot at the table, there's the fragrance of the handsomely browned bird to impress your guests. And what may be most important, this cooking method (reported first on page 102 of the October 1969 *Sunset*) yields exceptionally juicy and flavorful meat.

The unglazed pot on the opposite page, imported from Germany (about $20), holds a 10 to 13-pound turkey. A smaller pot similar to it (about $14) holds a 6 to 8-pound bird. The Italian pot shown below (about $10) fits an 8 to 10-pound turkey. For a small dinner you could roast a chicken (4 to 6 pounds) in the glazed hen pot shown above (about $20), an Italian pot similar to the one below (about $6), or pots of several other shapes.

All shown here are available in cookware shops and department stores in the West, but you may have to search. The pots are durable if not subjected to sudden temperature changes.

A simple string harness helps move the birds to and from the cookers: Cut three strands of cotton twine, each 45 inches long. With the strands parallel, knot together in middle.

Here's how we roast a stuffed turkey and an unstuffed bird with yams in ceramic pots. Cooking times are based on thawed birds at refrigerator temperatures; the times are approximate, since they will vary somewhat on the shape and thickness of the pot.

To test for doneness, feel the thickest part of the drumstick with your fingers protected with paper towels; it is done when the meat feels soft.

Turkey with Stuffing

For a medium-sized turkey (10 to 13 lbs.) prepare one of the rice stuffings on page 202, or 6 to 8 cups of any favorite stuffing. Wash bird and pat dry inside and out. Fill cavity loosely. Skewer neck skin to back; with cotton twine, tie the drumsticks together and the wings close to the body.

Set the string harness (described above) so the knot rests on the bottom of the pot, and the ends extend over the pot edges. Set turkey in pot, sprinkle with salt and pepper, then knot ends of twine over bird. Cover and bake in a 425° oven until the drumstick meat feels soft. Start testing in about 2½ hours.

Remove turkey from oven and rese oven to 450°. Uncover pot and use knife to free any skin that clings to th pot. Lift turkey with harness to anothe pan; remove skewer and trussing twine Pour and scrape out all the pan juices reserve. Return turkey to pot and roast uncovered, in a 450° oven until wel browned, about 15 minutes.

Remove from oven and lift turkey ou while you remove remaining juices. Se turkey back in pot, cover, and let stanc at least 20 minutes before carving.

Skim fat from pan juices and reserve. Measure pan juices that remain and, i necessary, add chicken broth or water to make 3 cups. Measure ½ cup of the reserved fat into a wide frying pan; add ½ cup flour and cook, stirring, until it turns dark brown (not burned). Remove from heat and gradually stir in pan juices. Cook, stirring, until thickened. Add salt and pepper to taste.

At the table, lift the turkey onto serving platter; then discard the harness, and it's ready to carve. Makes about 10 to 14 servings.

For an 8 to 10-pound turkey, follow directions for Turkey with Stuffing but use only 6 cups dressing. Roast the turkey in the covered pot in a 425° oven and start testing for doneness after 2 hours. For the gravy, use only 2 cups pan juices and 6 tablespoons *each* of fat skimmed from juices, and flour.

For a 4 to 6-pound roasting chicken, follow directions for Turkey with Stuffing but use only 3 to 4 cups dressing. Roast chicken in the covered pot in a 450° oven. Start checking for doneness after 1 hour. When you uncover the bird, continue roasting in a 450° oven. For the gravy use 1 cup pan juices and 2

NORMAN A. PLATE

Classic Italian *pot (heavy weight) will roast a 10-pound turkey with yams*

er you lift *the turkey by its harness to the carving board, use m pot for carved slices. This pot holds 12-pound bird*

espoons *each* fat skimmed from pan ues, and flour.

key with Yams

low directions for Turkey with Stuff- omitting stuffing.

a medium-sized turkey (10 to 13) you'll need about 3 pounds yams or et potatoes; peel them and cut into inch-thick slices. Have ready ¾ cup on juice, 1 large onion (quartered), 2 cans (11 oz. *each*) mandarins, ined. Combine in a bowl ⅔ cup ked brown sugar, 1 teaspoon ground ger, 4 teaspoons grated lemon peel, ¼ cup brandy or apple juice.

inkle turkey cavities with salt and per and put the onion in body cavity. k yams with the ¾ cup lemon juice to coat, then spoon the mixture around the turkey in the pot.

When you remove the turkey from the pot before final browning, tilt bird to drain juices into pot, then set turkey aside. Stir mandarins into potatoes in pot, then use a slotted spoon to remove potatoes and oranges to a serving dish; cover tightly and keep warm.

Pour out and reserve pan juices. Finish browning turkey; then let rest, covered with pot lid.

Instead of making gravy as directed in first recipe, prepare this brown sauce: Skim fat from pan juices; reserve. Measure pan juices and, if necessary, add chicken broth or water to make 2 cups. Put 6 tablespoons of the fat in a wide frying pan; add 6 tablespoons flour and cook and stir until well browned; remove from heat. Gradually stir in the pan juices, then stir in the brown sugar mixture. Cook and stir until it thickens and boils.

For an 8 to 10-pound turkey with yams, use only 2½ pounds yams with ¾ cup lemon juice and 2 cans mandarins. Make brown sauce as directed.

For a 4 to 6-pound roasting chicken with yams, use only 1½ pounds yams, ⅓ cup lemon juice, 1 small onion, and 1 can mandarins. Combine for the brown sauce ⅓ cup packed brown sugar, ½ teaspoon ginger, 2 teaspoons grated lemon peel, and 2 tablespoons brandy. For the brown sauce, use only 1 cup pan juices and 2 tablespoons *each* fat from pan juices, and flour. □

Dumb things people might think when you serve Italian Swiss Colony Zinfandel. And smart things for you to say.

Italian Swiss Colony, Italian Swiss Colony, Cal

What they're thinking:

a) *Italian Swiss! Tsk, tsk. The recession really hit him hard, poor man.*

b) *Me? Drink that? That whatever it is?? In my Italian custom-tailored suit and $20 French sculptured razor cut?*

c) *Next he'll say it's mellowed in wood! Hmm. Can I trust this boy with the company funds?*

d) *Ohhh. I knew we should have brought some nice Carbonet Sauvinon (?) for the poor dear to serve.*

e) *He's joking. That's it. He's joking. He wouldn't treat me this way. I'm too valuable to his career.*

What you're saying:

a) "I paid a buck and change for this Zinfandel. And it's won 3 gold medals for excellence over wines costing more than twice as much."

b) "Zinfandel grapes are a unique California varietal. Nothing like it anywhere else in the world. But you must know all that."

c) "You know, it's actually mellowed in wood? A rare thing for such an inexpensive wine."

d) "Funny. Some people wouldn't serve it because of the price. They'd rather play it safe with Cabernet Sauvignon or something 'acceptable'."

e) "Trouble is, people don't treat good wine with respect unless it's got a heavy price on it."

Does a good wine have to cost a lot to get a little respect?

Three spectacular holiday pies

(Don't ask why our clock pie has a face with only 11 hours)

DARROW M. WATT

Three elegant pies *to end a holiday dinner: pumpkin-cheese with pecans on top, brandied plum in fluted crust, and apple-marmalade with crumb-nut top*

day feasts often call for a spectacu- lessert that's as good looking as it is l tasting. These three pies qualify on counts and go well with traditional ls of the season. All of them can be ared up to a day in advance.

plum and pumpkin pies get their ial shape from the baking pans. A r cake pan with removable bottom work for both; or use a fluted pie with removable bottom (available ookware shops) as we did for the n pie.

ndied Plum Pie

1 can (1 lb.) whole purple plums, drained
Butter pastry shell (recipe follows)
1 package (about 3 oz.) vanilla pudding and pie filling mix
3 tablespoons brandy (optional)
½ cup firmly packed brown sugar

erve 3 whole plums. Cut remaining ns in half lengthwise; discard pits. ange plum halves close to each other not touching on the bottom of the ed pastry shell. Cook the pudding pie filling mix, adding milk accord- to the package directions for pie ng. When the mixture boils, remove n heat and stir in brandy; cool 5 utes. Pour filling into pastry shell; er and chill for 4 hours or until set.

before serving, rub the brown sugar ough a fine wire strainer with the k of a heavy spoon, making sure it is nly distributed over the surface of pie and completely covers the filling. il 3 inches from the heat for about 1 ute or until the sugar begins to melt caramelize. (Watch carefully so ar doesn't scorch.) Immediately re- ve pan sides, garnish with the 3 re- ed plums, and serve. Makes 6 to 8 ings.—*H. N., San Francisco.*

ter Pastry Shell. Combine 1½ cups ular all-purpose flour (unsifted) with ablespoons sugar and ½ cup (¼ lb.) ter or margarine, cut in chunks. Rub ture with your fingers until it's even ured and butter lumps are no longer inguishable. Stir in 2 egg yolks until nded, then work dough with your ds until it holds a smooth ball. Press gh evenly over the bottom and sides a 9 by 2-inch fluted pie pan or 9-inch e pan with removable bottom. Bake a 300° oven for about 30 minutes or il a pale gold. Cool on a wire rack.

Pumpkin-Cheese Pie

½ recipe butter pastry shell (recipe precedes)
2 packages (3 oz. *each*) cream cheese
¾ cup sugar
2 teaspoons cinnamon
1 teaspoon ground ginger
¼ teaspoon ground cloves
2 eggs
1 can (1 lb.) pumpkin
Sour cream topping (recipe follows)
About 12 pecan halves

Prepare the butter pastry (½ recipe) as directed; press it over bottom and about ½ inch up sides of a 9-inch cake pan with removable bottom or a 9-inch cheesecake pan. Bake as directed.

Beat cream cheese smoothly with the sugar, cinnamon, ginger, and cloves. Blend in eggs; then add pumpkin. Mix thoroughly. Pour filling into pastry shell and bake in a 325° oven for about 35 minutes or until the center no longer looks liquid when the pan is gently shaken. Remove pie from oven and spread the sour cream topping evenly over the filling; return to oven and bake 10 minutes longer. Cool, then cover and chill thoroughly. Remove pan sides, garnish with pecan halves around outer edge, and serve. Makes 6 to 8 servings. —*L. B., La Honda, Calif.*

Sour Cream Topping. Mix together 1 cup sour cream with 6 tablespoons sugar and 1 teaspoon vanilla.

Apple-Marmalade Pie

1½ recipe for a 9-inch pie shell
3 tablespoons quick-cooking tapioca
¾ cup orange marmalade
9 cups thinly sliced, peeled Golden Delicious apples (7 or 8 apples)
¾ cup macaroon cooky crumbs
2 tablespoons sugar
2 tablespoons melted butter or margarine
¼ cup slivered almonds

Using pie crust mix or your own recipe, prepare half again the amount of pastry for a 9-inch pie shell. Roll out pastry to generously line a 9 or 10-inch pie pan; make a sturdy fluted edge. Combine tapioca, marmalade, and apples; mix gently, let stand 15 minutes, then pour into pastry. Arrange top layer of apples in concentric pattern. Cover pie loosely with foil. Bake in a 375° oven for about 45 minutes, or until apples are almost tender.

Combine cooky crumbs, sugar, butter, and almonds. Remove pie from oven and sprinkle crumb mixture in a circular mound in pie center. Bake pie, uncovered, for about 15 minutes longer, or until apples are tender and crust browned. Makes 6 to 8 servings.—*E. N., Vida, Ore.* □

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HOLIDAY BEEF HORS D'OEUVRES

always first to disappear

CALIFORNIA BEEF SATÉ

small delectable bites, marinated, skewered and grilled

- 1 pound well trimmed California beef sirloin
- ⅓ cup (2 ounces) roasted peanuts
- 2 tablespoons lemon juice
- 1 tablespoon dark molasses
- ¼ teaspoon liquid red pepper seasoning
- ½ teaspoon grated fresh ginger root
- ¼ cup soy sauce
- ½ cup water
- 1 clove garlic, mashed

Finely chop peanuts with sharp knife or in blender. Combine with all ingredients except beef. Simmer 10 minutes, then cool. Meanwhile, cut beef into ½-inch cubes (about 60). Toss with peanut marinade and let stand ½ hour or longer. Thread 3 or 4 beef cubes on each bamboo skewer which has been soaked briefly in water. Grill on small hibachi or in broiler. Fills about 18 skewers.

VIP BEEF SPREAD

easy to multiply or divide

Combine 1 pound ground lean California beef with ½ cup dairy sour cream, 1 teaspoon salt and ¼ finely chopped canned green chili peppers. Makes spread for 5 dozen hors d'oeuvres.

To Serve Cold: Refrigerate mixture then spread on crackers just before serving.
To Serve Hot: Spread on thinly sliced hard rolls. Broil or bake in hot oven until lightly browned. Serve at once.

In December watch for
PERFECT CROSS RIB ROAST

***BEEF EATERS FORECAST**—Keep your diet well balanced with 2 or more servings of beef or other protein-rich foods every day. Beef is a complete protein. Its high nutritive values remain unchanged under the usual methods of cooking, dehydrating or freezing.*

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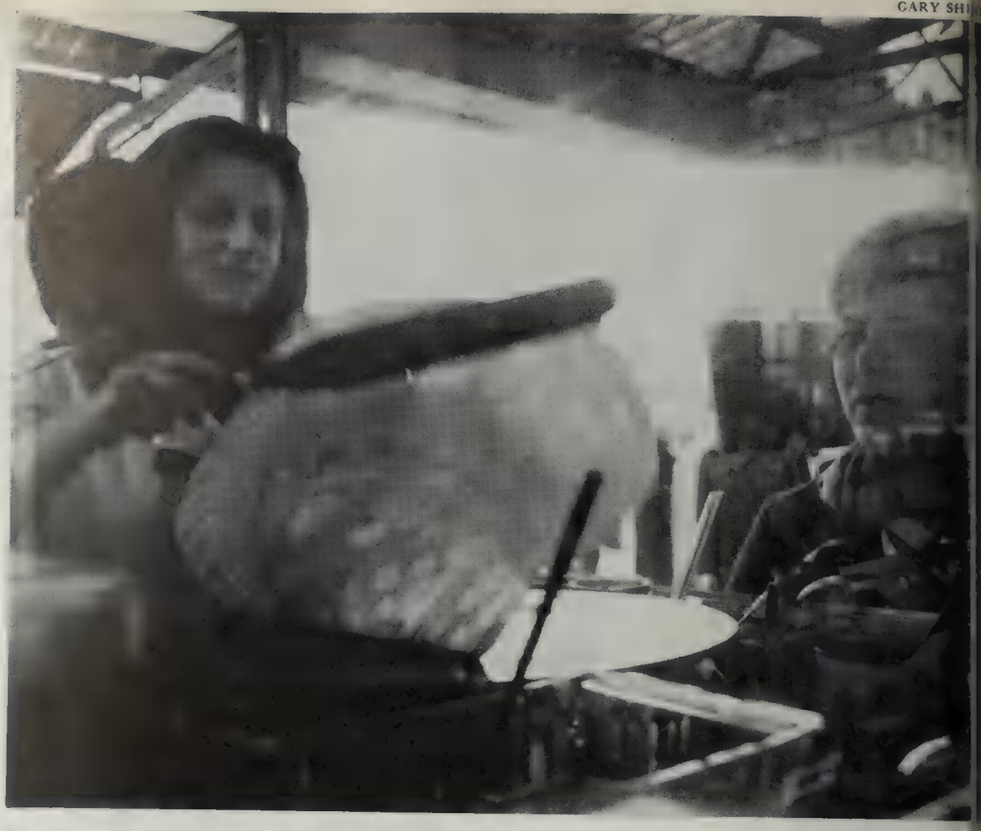
TODAY'S BEEF IS BEST



GARY SH

Customer observes *preparation of her first French crêpe*

Street corner treats in Paris... fresh filled crêpes... about 18 cents

All too often the mention of crêpes, that most famous of all French delicacies, brings to mind a treat that is reserved only for a special evening out at an expensive restaurant. However, one of the discoveries of a stroll through the streets of Paris is a *crêperie* where you can sample these French marvels at their simplest and their best, for only about 18 cents.

Most stands are small, glassed-in booths; they're found on numerous street corners and all bear the sign, Gaufres-Crêpes. Each stand is usually run by two women.

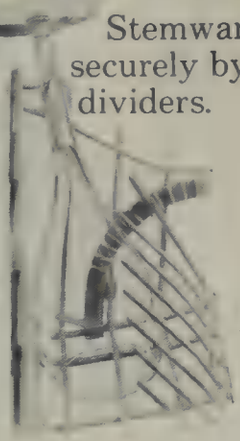
One is the cook in charge of turning out, with amazing rapidity, the tissue-thin, light, over-sized pancakes (crêpes), and then, in turn, embellishing each with one of a large variety of tempting fillings that are all prominently listed for you to choose from.

The pancakes are filled and folded into a parchment envelope, and then they are handed over to you. Flavor combinations, from the simplest to the most elegant, are: sucre et beurre (hot melted butter sprinkled with sugar), purée de pommes (fresh apple sauce), confiture (fruit jam or preserves), crème de marron (chestnut cream), chocolat (melted butter and grated chocolate), fromage (melted butter and grated cheese), mi (honey), noix (butter, sugar, and grate nuts), and the most famous of all, Gran Marnier (melted butter, sugar, and dowsing with delicious orange flavore brandy).

Gaufres, *hot Belgian-style waffles, are the other specialty of these sidewalk stands: can be topped with crêpe fillings*

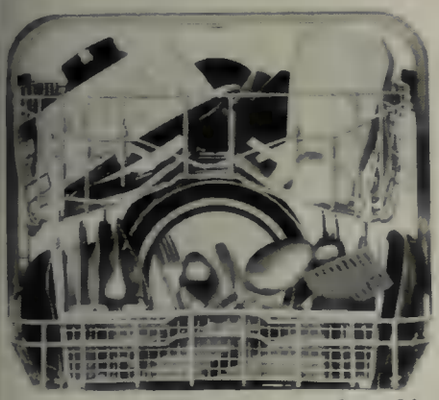
Your meals change every day. So should your dishwasher.

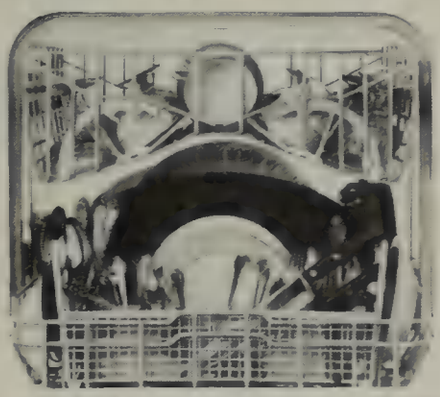
Adjustable dividers hold glasses in place, fold flat for larger items.

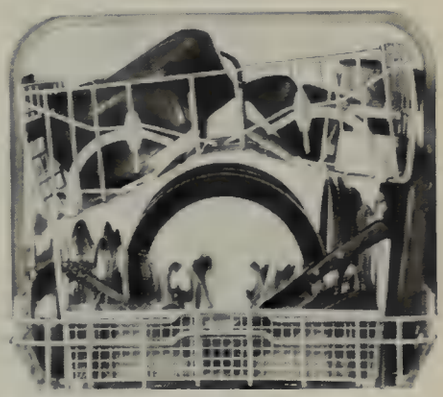


Stemware is held securely by adjustable dividers.

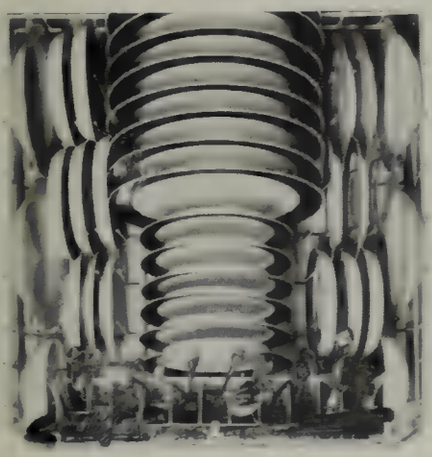
Small-items basket holds measuring spoons, corn cob holders and pickle forks.

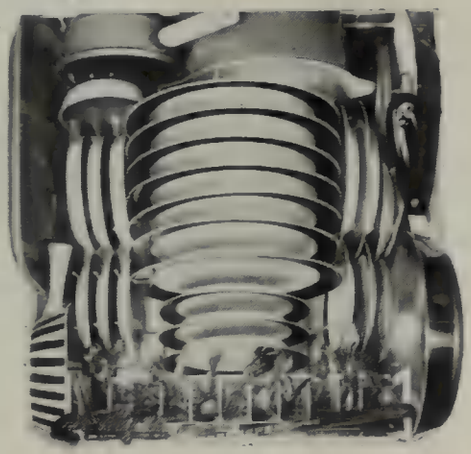






The top rack adjusts to 9 different positions. Lower it. Raise it. Or tilt it to make room for big things in both racks.





Line up a tableful of plates in the lower rack. Or fold down the dividers in the back for an extra casserole. Pans fit easily along the sides.

This new KitchenAid Superba is the closest thing yet to a custom made dishwasher. See the Yellow Pages for your KitchenAid dealer. Or write to KitchenAid Division, Dept. 1DG-11, The Hobart Manufacturing Company, Troy, Ohio 45373.

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"Never saw a holiday meal yet where the youngsters didn't clean me out of olives.

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When you live here in Lindsay, around olives as long as I have, you get to know good ones.

Lindsay olives are the best."

Opal Griffis, Lindsay forelady (that's her grandson Blaine). Lindsay, California

LINDSAY.

A NICE TOWN.
A GREAT OLIVE.

DARROW M. WATT

ranberries *and sweet oranges ne deliciously in sherbet*

! new cranberry urkey trimming

year for a refreshing change from isual relish or sauce, you might serving frozen cranberry and e sherbet to complement your ksgiving bird.

individual servings to accompany eat course, you can freeze the sher- n paper cupcake cups and place ly on the dinner plates. Or freeze ice cube trays and spoon out por- into small bowls, sherbet glasses, emmed wine glasses. The sherbet hen be served with the meat or as a ate course following the meat.

berry-Orange Sherbet

- cups (1 lb.) fresh cranberries
- cups water
- package unflavored gelatin
- cups sugar
- teaspoons grated orange peel
- cup lemon juice
- cups fresh orange juice
- to 2 small oranges for garnish

pan combine cranberries and water; , uncovered, over medium heat skins pop. Pour berries and liquid a fine wire strainer and press pulp igh strainer with the back of a y spoon; discard residue. In the pan bine the cranberry mixture, gelatin, r, and orange peel.

over medium heat, stirring con- ly, until gelatin is dissolved. Re- e from heat and stir in lemon and orange juice. Pour into about upcake cups set in muffin pans (fill- ach about ¾ full) or into 2 ice cube (without cube dividers); cover and e until firm.

the peel and white membranes off ges, then lift out segments. Garnish serving with an orange segment. *C., Cerritos, Calif.* □

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CALIFORNIA RAISIN ADVISORY BOARD

DARROW M. WATT

Carve *thin juicy slices from turkey; complement with glazed yams, rich gravy*

NOVEMBER MENUS

Here is a Thanksgiving plan for 8 to 12, also a fish dinner, a Mexican lunch

Although Thanksgiving doesn't come until the end of the month, it often dominates one's menu planning in November. So we begin with a traditional holiday dinner that includes most of the flavors families expect, yet it can be managed quite easily by one cook.

Here, too, is an idea for a Mexican tostada supper to serve after a football game or fall outing or for a weekend lunch. Finally there's an easy baked fish dinner for the family.

Thanksgiving dinner

Our holiday menu features a tu that's basted with a creamy wine fruit) sauce while roasting. Yams alongside in the pan and share the vorful sauce, which becomes the gr

This dinner can serve 8 to 12 pe with a 12 to 16-pound turkey provi ample leftovers. We roasted the tu unstuffed, but you could stuff it your favorite dressing; then allow a 30 minutes additional roasting time

Tomato Bouillon
Breadsticks with Pot of Sweet Butt
Roast Turkey and Yams with Port Cream Gravy
Buttered Italian Green Beans
Cranberry Relish or Holiday Cranberry Ring
Basket of Fresh Grapes or Pumpkin Cream Cheese Pie

The soup can be mixed and he quickly. You might serve it in the li room to sip before dinner. If you try Holiday Cranberry Ring (the recipe i page 160) and the Pumpkin Cr Cheese Pie (recipe on page 165), prep them early in the day.

Start roasting the turkey 3½ to hours before you plan to serve it allow about 30 minutes for it to before carving.

Tomato Bouillon

In a pan combine 2 cans (10¾ oz. *ea* condensed tomato soup and 3 c (10½ oz. *each*) condensed beef bouill stir in 1⅔ cups water. Heat soup season to taste with salt and pepp Garnish each serving with diced a cado: Peel and dice 1 large avoca sprinkle with about 1 tablespoon lem juice to prevent darkening. Makes 10 12 servings.—*L. F., Berkeley.*

Roast Turkey and Yams with Port Cream Gravy

Rinse and pat dry a 12 to 16-pound t key (fresh or thawed). Sprinkle cavit with salt and pepper and pin neck sk to back of turkey with a skewer. Wi out trussing, arrange bird breast down a V-shaped rack in a roasting pan that at least 10½ by 15½ inches. (Witho a V-shaped rack, arrange turkey bre up on a flat rack in the roasting pa Rub with soft butter or salad oil. Ro turkey in a 325° oven, allowing 3 to 3 hours total cooking time.

While turkey cooks, wash and pe about 5 pounds large yams; cut into inch-thick slices. Drop into a quanti of boiling, salted water and cook for 1 minutes after boil resumes; immediate drain well and set aside.

Also prepare the basting sauce: Con bine ⅔ cup *each* whipping cream an Port wine (or apple juice) with 1 tablespoons packed light brown suga

ooking Magic™ BRAND... a better way to cook!

magine, a see-through bag made of a new miracle temperature-esistant material so strong you can roast in it, freeze in it, oil in it! Now you can cook absolutely delicious meals even if you've never cooked before) with no messy lean-up. Easy recipes and instructions in every box.

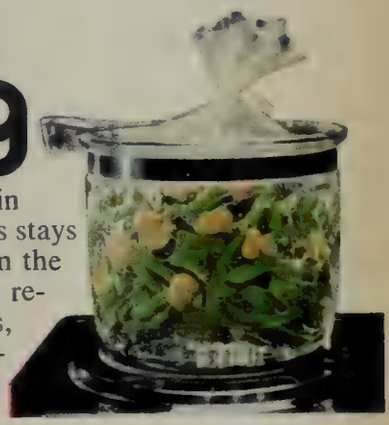
The cooking bag for roasting

Beef, chicken, ham, lamb, fish (you name it) brown to a rich crispness right through the bag. And since the juices are captured in the bag, the meats are juicier and more tender than you could believe possible. Also, meats *self-baste!* The succulent juices shower the meat, not the oven. So there's nothing to clean up.

eezing

money by buying meats e and fresh vegetables son. Freeze in Cook- agic. Then cook in or boiling water *ut* defrosting. emade leftovers taste s good the second time as st. (Even spaghetti and balls!) Save elbow grease t having to clean up! Cooking Magic . . . izes for all size foods.

boiling



Fresh vegetables boil flavorfully in Cooking Magic. All the goodness stays right in the bag, doesn't go down the drain. And cooking odors are reduced. Peas, fresh corn, carrots, cabbage . . . taste better in Cooking Magic. And no pots to clean!

The juices spatter in the bag, not in your oven. You may never have to wash a pot or pan again.

...and no messy clean-up!

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"There's one thing I tell my cooking classes, it's don't *pinch pennies on seasonings.*

"A quality product like Spice Islands might cost an extra penny or two when you prepare a meal. But what a difference those pennies can make.

"If you open a bottle of Spice Islands herbs or spices you'll see what I mean. First, the aroma. A clean, pungent perfume that means real freshness. And you can taste the difference.

"For example, try an herb like tarragon. Or even an item pepper. Spice Islands can t an everyday meal into someth wonderful. And if that i worth two pennies, my na isn't James Beard."

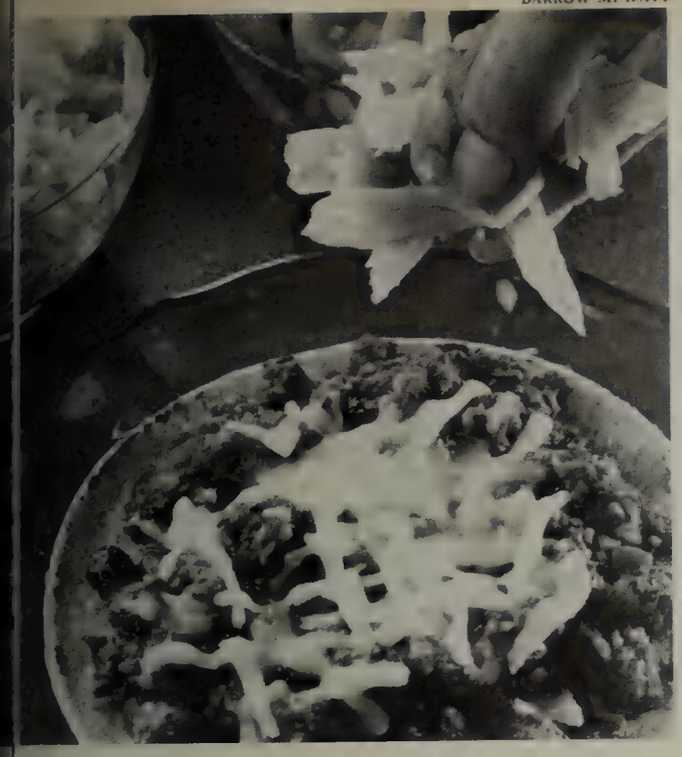
"If you can't use good herbs & spices, don't use any at all."

James Beard's
Herbed Roast Chicken

Rub cavity of a 3 to 5 lb. roast chicken with cut lemon. Sprin cavity with salt and Spice Isla Black Java Pepper. Put in 2 tb of butter, a heaping tsp. of Sp Islands Tarragon and a tsp. Spice Islands Parsley. Truss tie chicken, rub well with but and arrange on its side on in a roasting pan. Roast at for 30 min., turn on the oth side, rub with butter and ro for another 30 min. Turn brea side up and roast until brown for another 30-35 min., or un done, basting well with a ture of butter and white win

SPICE ISLANDS
The kind James Beard uses.

DARROW M. WATT



Sprinkle *lettuce on cheese-topped chile tostada*

til sugar is dissolved; set aside.

1½ hours before the turkey l be done, remove it from the With hands protected, tilt the rack ırkey to drain juices from inside ·d; lift rack and turkey to another Scrape browned bits and drain ngs into a pan; reserve. Set turkey, up and without the rack, back in asting pan. Dip potato slices in the g sauce and arrange around turaste turkey liberally.

ı pan to oven and continue roastasting bird and yams frequently ıll the sauce), until the thickest f the drumstick gives easily to presvhen you squeeze it with your finprotected with paper towels). (Or ɔr doneness by inserting a therter in the thickest part of the thigh o the body; it should register 180° ;°.) Occasionally during final roastme, spoon off accumulated dripand add to reserved drippings.

done, lift turkey to a serving platboard. With a slotted spoon lift ıms and arrange around turkey or in a serving dish. Cover both with eep warm, and allow to rest for 15 minutes.

ake the gravy, scrape remaining ngs and browned bits from roastın and add to reserved drippings. most of fat from reserved dripand discard; measure drippings dd chicken broth or water to make ·ups liquid. Blend together into a th paste ½ cup *each* flour and cold . Stir paste into drippings in a pan. over medium heat, stirring, until ·ned and boiling. Season with salt ɔepper to taste. Serve with turkey ams. Makes 8 to 12 servings.

Mexican tostada lunch

The speed and ease of this menu depends on dressing up canned chile con carne with ingredients generally on hand. Invite diners to garnish cheese-topped tostadas from the selection of accompaniments. The orange date compote is a refreshing finish to the meal.

Chile Tostadas
Shredded Iceberg Lettuce
Diced Avocado — **Tomato Wedges**
Sour Cream — **Taco Sauce**
Orange Date Compote — **Butter Cookies**
Milk — **Coffee**

Make the compote early in the day so you can chill it and allow the flavors to blend in the refrigerator. While the tortillas heat, stir together and heat the chile meat mixture, then assemble the tostadas. Present the tostada accompaniments in separate bowls at the table.

Chile Tostadas

- 6 corn tortillas
- 1 pound ground beef chuck or lean ground beef
- ½ cup chopped onion
- 3 to 5 tablespoons chopped canned California green chiles (seeds and pith removed)
- ½ teaspoon salt
- 1 can (about 15 oz.) chile con carne with beans
- 1 cup shredded jack cheese
- ½ medium-sized head iceberg lettuce, shredded
- 1 large avocado, peeled and diced
- 3 medium-sized tomatoes, peeled and cut in wedges
- Sour cream (optional)
- Taco sauce (optional)

Stack tortillas and wrap tightly in foil; place in a 350° oven for about 15 minutes to heat and soften. Meanwhile, crumble beef into a wide frying pan; add

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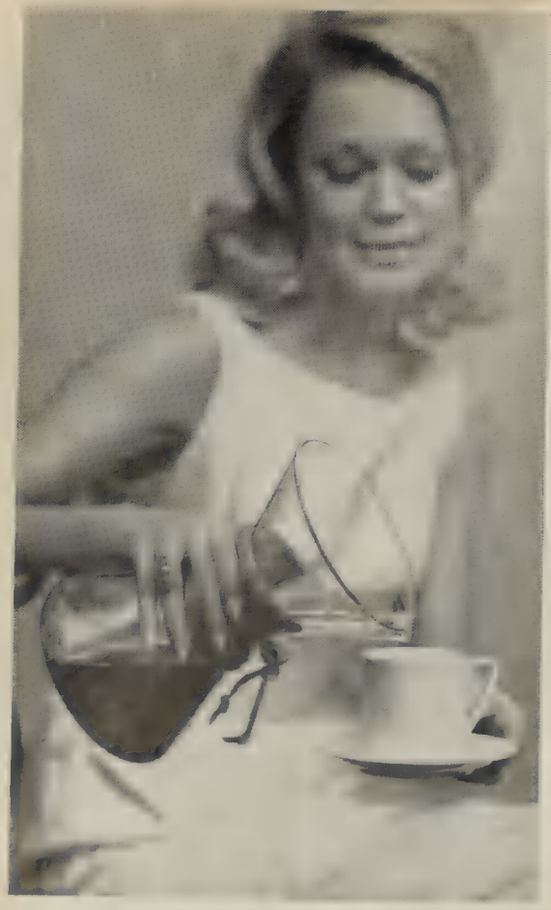

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onion and cook, stirring, until be browned and onions are limp; spoo and discard excess fat. Stir in chiles and chile con carne. Cook until ble and hot.

Remove tortillas from oven and ar in a single layer on a baking she broilerproof serving platter. Spoon portions of meat mixture onto tor Divide cheese into 6 equal portions sprinkle over meat.

Broil tostadas about 4 inches fron heat until cheese is melted, about 2 utes. Serve immediately. Pass bow shredded lettuce, diced avocado, an mato wedges to spoon over tost Top with sour cream; for addit heat, drizzle with taco sauce. Mak servings.—*L. F., Berkeley.*

Orange Date Compote

In a bowl stir together 3 tablesp thawed frozen orange juice concent ¼ cup water, and 1 tablespoon s until sugar is dissolved. With a k cut the peel and all white memb from 4 large navel oranges; thinly them and cut slices into quarters. a knife or scissors, halve ⅔ cup p dates. Add oranges and dates to b Cover and refrigerate until well chi at least 1 hour. To serve, spoon mix into a serving bowl or 6 individual sert bowls. Sprinkle with ¼ cup toas sliced almonds. Makes 6 serving *J. H., Menlo Park, Calif.*

Baked fish dinner

Halibut steaks bake under a crea coating of seasoned sour cream in quickly prepared dinner for the fam

Cream-topped Halibut Steaks
Buttered Peas and Tiny Onions
Poppy Seed Rolls
Fresh Winter Pears

Bake the fish and heat a package frozen poppy seed rolls in the sa oven. Follow package directions cooking the frozen vegetables.

Cream-topped Halibut Steaks

Place 4 halibut steaks (2½ to 3 lbs.), about ¾ inch thick, in a shallow, clo fitting, buttered baking dish. Sprin lightly with salt and pepper. In a bo mix together ¾ cup sour cream, ¼ c fine dry bread crumbs, ¼ teaspoon g lic salt, and 1½ tablespoons freeze-dr or fresh chopped chives. Spread mixtu over fish; sprinkle about ⅓ cup gra Parmesan cheese over sour crea Sprinkle 1 teaspoon paprika over surface.

Bake uncovered in a 400° oven about 20 minutes or until fish flakes wi a fork. Garnish with parsley and lem wedges if you wish. Makes 4 large or small servings.

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DARROW M. WATT

Ready to serve *in minutes—hot, crusty appetizers from the freezer*

Sauerkraut and ham balls

Usually assertive, sauerkraut can also act as a humble, almost mysterious seasoner. In these savory, bite-sized ham balls, its subtle tang and intriguing texture are a pleasant surprise.

Crisp Coated Ham Balls

- 3 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- 6 tablespoons all-purpose flour
- 2 cups ground lean cooked ham
- 1 egg, slightly beaten
- 1 can (1 lb.) sauerkraut, well drained and finely chopped
- ½ teaspoon Worcestershire
- 1 tablespoon chopped parsley
- Salad oil for frying
- Batter (recipe follows)

In a large frying pan melt butter over medium heat; add onion and sauté for about 5 minutes. Add flour; cook 3 minutes longer. Remove from heat and stir in ham, egg, sauerkraut, Worcestershire, and parsley. Blend well. Cool, cover, and chill thoroughly.

In a deep pan heat 1½ to 2 inches of oil to 375°. Prepare batter and shape ham mixture into walnut-sized balls. Dip each ball into batter, drain briefly, and fry a few at a time in the hot oil until golden, about 2 minutes. Remove with a slotted spoon; drain. Arrange cooked balls on a cooky sheet in a single layer; freeze. Then package airtight.

To serve, heat frozen balls, uncovered, in a 400° oven for 15 minutes, or until heated through. Makes 4 to 5 dozen appetizers.—*P. J., Sunnyvale, Calif.*

Batter. Combine 1⅓ cups flour, ½ teaspoon paprika, and 1 cup water; beat until smooth. □

UNCLE BEN'S® Ri brings wild new tou to turke

Turkey on the Thanksgiving table unchanging tradition in most W homes. The anticipation aroused b sight and smell of a plump go skinned turkey is hard to improve Creative cooks, however, enjoy va the stuffing that accompanies the ho bird.

The rice stuffing could be the b ning of a whole new family trad UNCLE BEN'S Long Grain & Wild R a mixture of CONVERTED Brand and pure wild rice blended with h and spices. It stays moist and sepa in cooking and produces a stuffing unique taste appeal.

Also featured are BLUE DIAMO ALMONDS, grown in the warm in valleys of California. The delicate b almond slivers complement the flav the combination long grain and wild and give the dressing its deligh crunchiness. Mandarin oranges grated fresh ginger are added, too an intriguing Oriental quality.

You can repeat this same exotic fl note in the turkey gravy simply by br ing the bird during the last hour an half of roasting with a sherry and sauce mixture.

This recipe will fill a 12 to 15 po turkey. If you have additional dress bake it, covered, in a buttered casse or refrigerate it for a secondary fe

Show-Off Stuffing

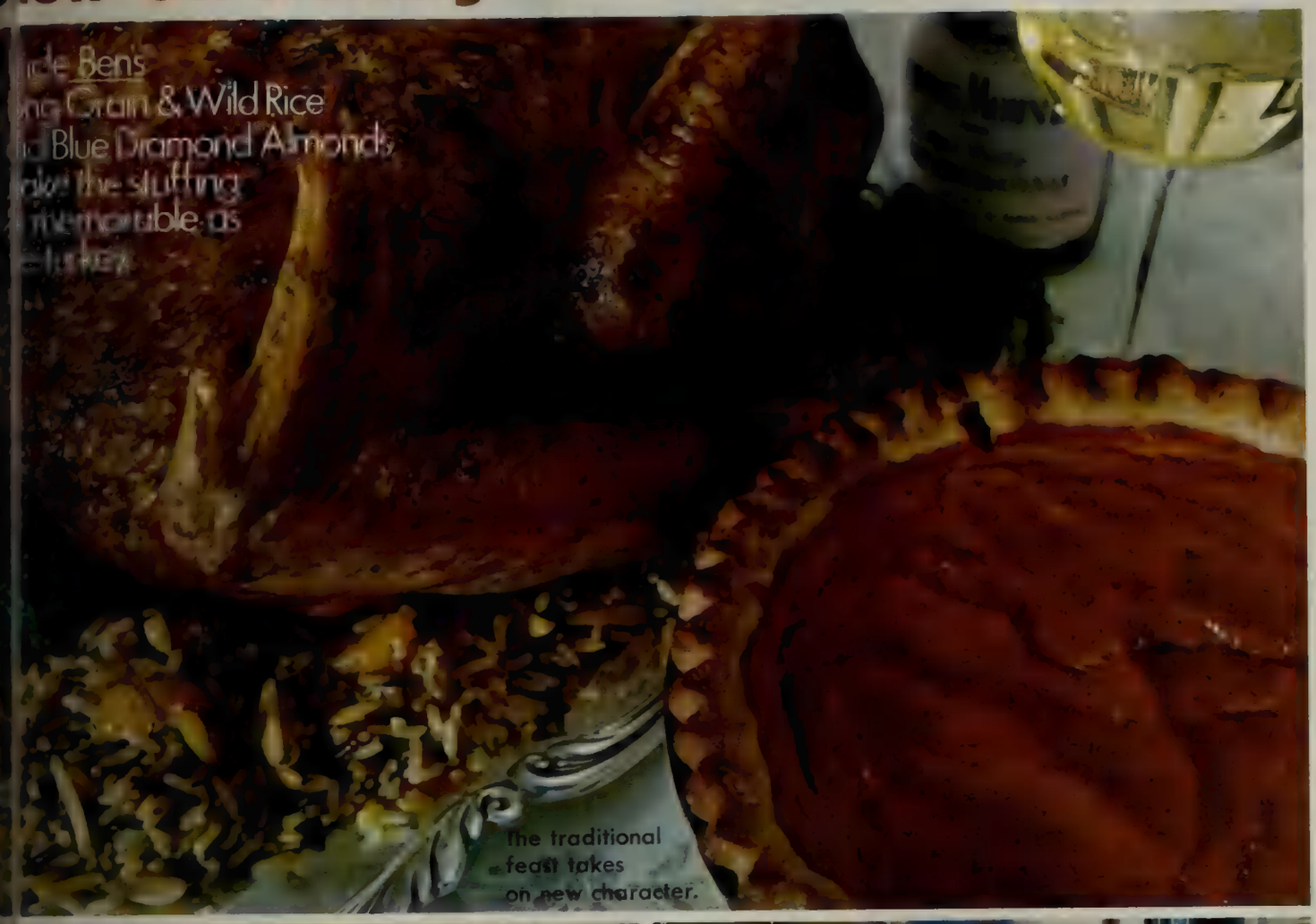
- 1 large can (1 lb.) mandarin orange segme
- ¼ cup butter or margarine
- 2 packages (6 oz. each) UNCLE BEN'S Long Grain & Wild Rice
- 1½ cups BLUE DIAMOND Blanched and Slivered Almonds
- Water
- 2 teaspoons grated fresh ginger, optional

Drain the mandarin oranges, reserving lia In a large frying pan, melt butter. In it, sauté (from large packets) and almonds until both lightly browned, stirring frequently. Add wate mandarin orange liquid to make 4 cups. Into mixture stir contents of seasoning packets, gin (if used), and the liquid. Bring to a boil. Red heat, cover, and simmer until liquid is absorb about 30 minutes. Gently stir in mandarin orang Makes about 6 cups dressing, enough for a 12 15-pound turkey. (Any dressing that does not into the cavities of the bird can be baked i buttered, covered casserole along with the tur during the last 30 minutes of roasting.)

Basting Sauce for Rice-stuffed Turkey: Melt 2 Tb butter or margarine; stir in 3 Tbsp. sherry, 1 Tb soy sauce, and 1 tsp. grated fresh ginger. Br over turkey several times during about the last 1 hours of roasting.

This recipe is included with "UNCLE BEN'S Golden W Recipes." For a free copy of all recipes, send yo name, address, and zip code to: Golden West Recip Box 19480, Houston, Texas 77024.

ow-Off Stuffing



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Vegetable casseroles for November

o may be looking for a special vege- dish to serve on Thanksgiving and occasions this month. Here are candidates that you can bring to ble in casseroles.

r of the first two recipes might be ded in your Thanksgiving dinner . You can bake them in the same while the turkey roasts. Fresh spin- s lightly cooked to retain its bright color in the first casserole. Apples emon flavor the carrot dish.

h creamy broccoli casserole is espe- appropriate to serve with cold of leftover turkey.

h Spinach Casserole

- pounds fresh spinach
- teaspoons salt
- 2 tablespoons melted butter or margarine
- 2 eggs, lightly beaten
- 1 cup milk
- teaspoon pepper
- 1 teaspoon finely grated onion
- cup shredded Swiss cheese

stems from spinach and wash s well in large quantities of water. nto a large pan or Dutch oven, add spoon salt, cover, and cook quickly e water that clings to the leaves just tender and bright green, about 3 tes. Pour into a colander or wire er and drain well, pressing lightly the back of a spoon. Turn onto a d and chop finely.

bowl gently mix the spinach, re- ing ½ teaspoon of salt, butter, eggs, , pepper, onion, and cheese. Pour a shallow 1-quart baking dish (cover refrigerate if done ahead). Uncover bake in a 325° oven until set, about inutes (about 45 minutes if refrig- d). Serve immediately. Makes 6 ngs.—*L. C., San Rafael.*

on Carrots and Apples

- 2 medium-sized carrots, cut in 1/16-inch slices
- ½ teaspoon salt
- 1 teaspoon grated lemon peel
- ¼ cup (⅛ lb.) butter or margarine
- 2 large tart apples, peeled, cored, and cut in ⅓-inch-thick slices
- About 2 tablespoons chopped parsley
- 2 or 3 thin lemon slices

carrots in a shallow 2-quart casse- Sprinkle with salt and lemon peel dot with butter. Bake, covered, in 5° oven until almost tender, about inutes (or in a 325° oven for about inutes). Stir in apples, cover, and 10 to 20 minutes more, or until es are tender. Stir well just before ing, sprinkle with parsley, and ar- range lemon slices on top. Makes about 8 servings.—*J. H., Oakland.*

Broccoli Lorraine

- 1½ pounds broccoli
  Boiling, salted water
- 3 slices bacon, fried crisp and crumbled
- ¾ teaspoon salt
- ⅛ teaspoon *each* pepper and nutmeg
- ½ teaspoon dry mustard
- 4 eggs
- 1½ cups half-and-half (light cream)
- 3 tablespoons freshly shredded Parmesan cheese

Trim tough ends from broccoli. Cut off flowerets and reserve; slice stems crosswise ⅓ inch thick.

Drop broccoli stems into the boiling water and cook 5 minutes, then add flowerets and boil about 2 minutes longer or until just tender. Drain broccoli well and turn into a 2-quart shallow baking dish; sprinkle with the bacon.

In a bowl combine the salt, pepper, nutmeg, and mustard. Add eggs and beat lightly with a fork, then stir in half-and-half and Parmesan and pour over broccoli.

Set baking dish inside a pan of hot tap water (so water comes to within ½ inch of dish rim). Bake in a 350° oven for 25 to 30 minutes or until, when you shake the pan back and forth, only a 3-inch circle in the center moves. Serve at once. Makes about 6 servings. —*H. N., San Francisco.* □

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Main dish salads . . . made in a mold

Molded main dish salads are a boon to the hostess who's looking for a luncheon or supper menu with a minimum of last-minute preparation. The two suggested here can be made well ahead of serving —early in the day or a day ahead.

In each of the salads, shellfish or meat is combined with a creamy, well flavored sauce, so no additional dressing is needed. And both salads suggest vegetable accompaniments. All you need to complete a luncheon or supper menu would be bread or rolls, a beverage, and something for dessert.

The crab salad is a handsome party-sized mold that is garnished with avocado slices and cherry tomatoes before serving. It will be easiest to unmold if you choose a rather plain-shaped salad mold. If you don't have one, consider using a 2-quart mixing bowl or a straight-sided casserole.

Corned beef and cabbage are combined in a new way in our second salad. The meat salad is shaped in individual molds, then unmolded onto a bed of cabbage salad and garnished with dill pickle wedges and cherry tomatoes.

Every smart cook keeps Lynden Farms in her bag of tricks There are so many times when just minutes are about all you have to feed the hungry mob and Lynden Farms will make you an absolute wizard Boned or sliced chicken turkey or chicken noodles, ravioli tamale and so on, all need only the simplest preparation to take to the table with a flourish Get some soon

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Piquant Crab Salad

- 2 envelopes unflavored gelatin
- 1½ cups water
- ⅔ cup chile sauce
- ½ cup mayonnaise
- 1 cup sour cream
- ½ teaspoon salt
- ¼ cup lemon juice
- ¼ cup chopped green onion
- 4 hard-cooked eggs, chopped
- 1 cup finely chopped celery
- 3 cups (about 1½ lbs.) cooked crab mea
- 2 medium-sized ripe avocados, sliced
- 2 tablespoons lemon juice
- 1 basket cherry tomatoes
- Parsley for garnish

Soften gelatin in water; set over simi ing water, and heat, stirring, to diss gelatin. Blend in the chile sauce, ma naise, sour cream, salt, and lemon ju Refrigerate until the mixture is slig thickened, stirring occasionally. In other bowl, combine the onion, e celery, and crab.

When gelatin mixture is slightly th ened, gently stir in crab mixture. I into a 2-quart mold and chill until s to 4 hours.

Shortly before serving, unmold the s onto a serving plate. Sprinkle avoc slices with the lemon juice to retard coloration; use a few avocado sl some of the tomatoes, and the par for garnish. Pass the remaining v tables at the table to add to each serv Makes 6 to 8 servings.

Individual Corned Beef Salads

- 1 envelope unflavored gelatin
- 1 can (14 oz.) regular strength beef broth
- ½ cup *each* mayonnaise and sour cream
- 2 tablespoons prepared mustard
- 1 tablespoon *each* prepared horseradish and vinegar
- 2 cans (12 oz. *each*) corned beef, diced (or 3 cups diced cooked corned beef
- 1 can (about 1 lb.) small whole potatoes, cut in ¼-inch dice (about 2 cups)
- 2 hard-cooked eggs, chopped
- ½ cup finely chopped celery
- ¼ cup finely chopped green onion
- Cabbage salad (recipe follows)

Soften gelatin in broth; set over simm ing water and heat, stirring, to diss gelatin; cool. Stir in mayonnaise, s cream, mustard, horseradish, and v gar; refrigerate until slightly thicke stirring occasionally.

Combine corned beef, potatoes, e celery, and green onion; stir into slig thickened gelatin mixture. Spoon in or 7 molds (1 cup size); then chill u set, about 2 hours.

Unmold each serving on a bed of c bage salad. Cover and refrigerate u an hour, if you wish. Serves 6.

Cabbage Salad with Mustard Dress Finely shred enough cabbage to m about 6 cups. Mix in ½ cup e chopped parsley and chopped gr onions. For the dressing, combine cup *each* mayonnaise and sour crean tablespoons *each* prepared mustard lemon juice, ¼ teaspoon celery s and ⅛ teaspoon salt. Mix dressing the cabbage.

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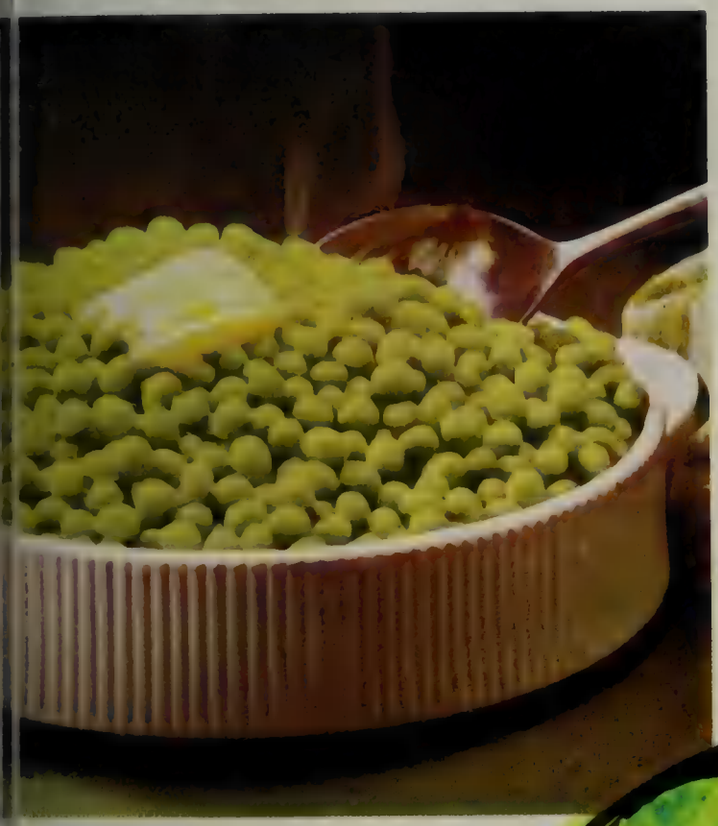

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DARROW M. WATT

h Beach - style squid *are tender, delicate in flavor, accented with lemon*

Salads from the sea . . . with squid

the adventurous, squid, an inexpen- shellfish, can make a delicious first- se salad when treated simply in the an manner.

snowy white hood of the squid, cut ngs, and the delicately tinted laven- body are briefly poached just to ten- ess, then marinated. The first salad the style typical of San Francisco's th Beach Italian community; the nd is well known in Rome.

h fish markets and Italian and Ori- l markets usually have squid.

th Beach Squid Salad

- 1 pound fresh or frozen, thawed squid, cleaned and cooked as directed below
- 1 cup very thinly sliced celery
- 1 small mild red onion, quartered and thinly sliced
- ⅓ cup olive oil
- ¼ cup white wine vinegar
- ¾ teaspoon crushed dried oregano
- 1 tablespoon minced parsley
- Freshly ground pepper
- 1 lemon, cut in 6 wedges

shallow pan or dish, mixed cooked id with celery, onion, olive oil, vine- and oregano. Cover and chill about ours to marinate. To serve, let stand oom temperature about 30 minutes; and spoon equal portions onto 6 d plates. Sprinkle salads with parsley pepper and garnish with lemon lges. Makes 6 first-course servings.

w to clean and cook squid. Hold each id under running water; pull off and ard the speckled membrane that en- es the hood or mantle. Pull the trans- parent shell or sword from inside the hood; discard. Pull the body free from the hood and strip off and discard the material that easily separates from the body (including the ink sac). Squeeze out and discard contents of the hood and rinse inside the hood. Pop out the parrotlike beak from between the legs. Cut hoods of squid crosswise in ½-inch slices to form rings; leave bodies whole.

Bring a quantity of water to boil over highest heat; drop in squid and cook just until edges begin to curl, about when boil resumes. Drain at once and use as directed in the salad recipes.

In the Roman restaurant Scoglio di Frisio, the lemony fragrant *insalata di mare* or salad from the sea beckons those who choose their first course from the daily display of fresh dishes.

Insalata di Mare

- 1 can (10 oz.) whole clams
- Peel of 1 small lemon (pared thinly with a vegetable peeler), cut in very thin strips
- 1 pound fresh or frozen, thawed squid, cleaned and cooked [illegible] directed
- 4 tablespoons lemon juice
- ⅓ cup olive oil
- 2 tablespoons minced parsley
- Salt and pepper

Drain liquid from clams into a saucepan. Add lemon peel and bring to a boil; remove from heat and stir in clams and cooked squid; chill, covered. Stir in the lemon juice, olive oil, parsley, and salt and pepper to taste. Serve cool, but not ice cold. Makes 6 first-course servings. □

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oven-baked with Parmesan cheese

"Chicken Bengal"
oven-baked with golden sesame seeds

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(1) **¾ cup dry roasted peanuts, finely chopped**

(2) **[illegible] tablespoons grated Parmesan cheese**
1½ teaspoons parsley flakes
½ teaspoon oregano

(3) **3 tablespoons sesame seeds**

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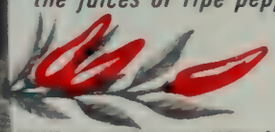

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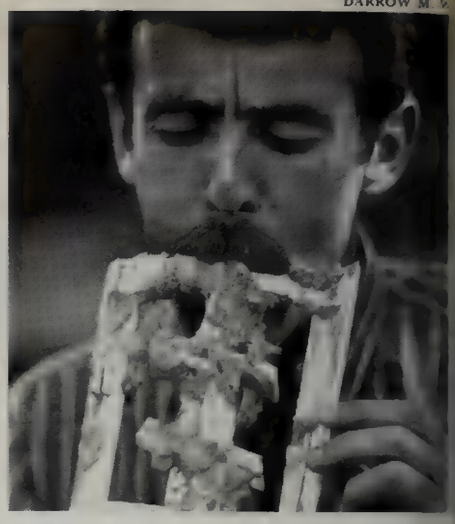

As big *a treat as the drumstick—licking ice cream from the dasher*

Pumpkin ice crea

This pumpkin ice cream mimics spicy flavor of the traditional Than giving pie. For a festive presentat you might serve it in stemmed gla garnished with chopped ginger chopped toasted filberts or pecans.

You can make the ice cream in a quart ice cream freezer—you will n about 10 pounds cracked ice and ab 3 pounds rock (ice cream) salt—or your home freezer.

Pumpkin Ice Cream

- 1 envelope unflavored gelatin
- 1½ cups sugar
- 4 cups half-and-half (light cream)
- ½ teaspoon salt
- 1 egg, lightly beaten
- 1 large can (about 29 oz.) pumpkin
- 1 tablespoon *each* cinnamon and vanilla
- 2 teaspoons ground ginger
- ½ teaspoon ground cloves

In a 3-quart pan, stir together the atin, sugar, half-and-half, salt, and Cook over medium heat, stirring, u gelatin is dissolved; set aside.

In a large bowl stir together the pu kin, cinnamon, vanilla, ginger, cloves. Gradually stir in gelatin mix until blended. Pour into ice cr freezer can (no more than ⅔ full), co and refrigerate until well chilled.

Assemble freezer with ice and salt cording to manufacturer's directi When hand cranking becomes diff or motor stalls, remove dasher, c can, and store in your freezer, abo hour or longer. Makes 1½ quarts.

To make in a home freezer (one at 0 below), pour mixture into a metal pa freezer trays; cover and freeze. In ab 1½ hours, when a 2-inch strip aro the edges has frozen, transfer to a b and beat with an electric mixer or ro hand beater until fluffy. Return freezer container, cover, and freeze.

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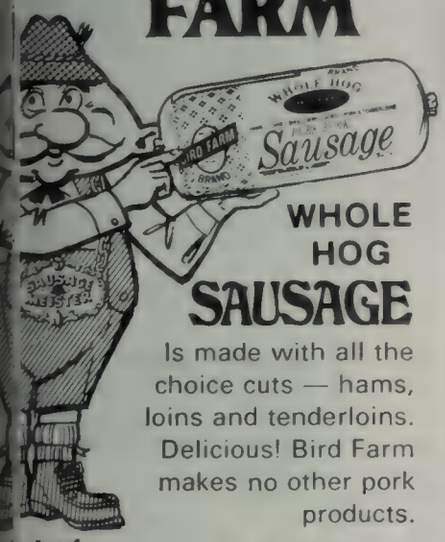

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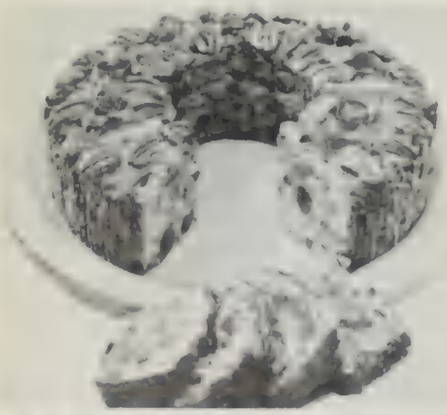

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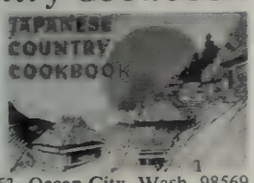

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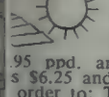

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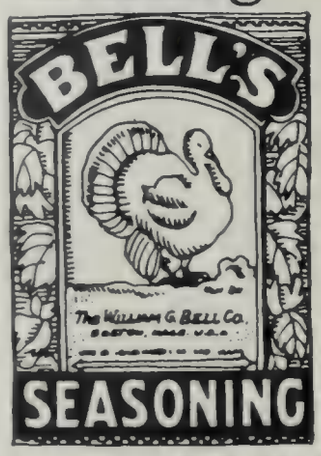

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If you'd like to try tripe, but in a less imposing dish, we recommend the simple and direct presentation favored in Florence. Tripe, boiled very tender, is cut in thin slivers, blended with a clingingly thick, well balanced tomato sauce and baked until the flavorful sauce penetrates the tripe. Mashed potatoes or crusty bread are traditional companions; a crisp green salad is a welcome contrast to these rich flavors.

You may have to ask your meat man to order tripe; the plain or honeycomb tripe work equally well here.

Tripe, Florentine Style
(Trippa alla Fiorentina)

- 1½ pounds plain or honeycomb tripe
- 3 quarts water
- 2 large onions, minced
- 2 cloves garlic, minced
- 3 carrots, minced
- 6 tablespoons olive oil
- 1 cup minced, lightly packed parsley
- 1 large can (1 lb. 13 oz.) whole tomatoes
- 1 can (6 oz.) tomato paste
- ½ teaspoon rosemary
- 1 can (14 oz.) regular-strength beef broth
- Salt

Rinse tripe and place in a kettle with the water. Cover and bring to a boil; simmer for 2 hours or until tripe is very easy to pierce.

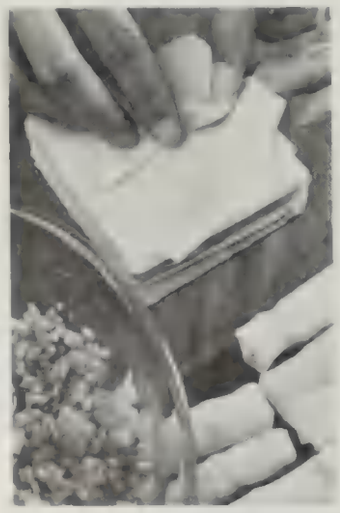
Meanwhile, cook onions, garlic, and carrots with olive oil in a wide frying pan over medium heat, stirring frequently, until vegetables are soft but not browned. Blend in parsley, tomatoes and liquid (breaking apart with a spoon), tomato paste, rosemary, and beef broth. Boil, uncovered, stirring occasionally, until quite thick; then stir more frequently to prevent scorching until sauce is reduced to 3½ cups. Set aside.

Drain cooked tripe; when cool enough to handle, cut in slivers ⅛ to ¼-inch wide. Mix tripe with sauce and add salt to taste (at this point mixture can be covered and refrigerated overnight). Spoon tripe into a shallow 2-quart casserole or baking pan. Bake, uncovered, in a 425° oven for 45 minutes (if chilled, allow 50 minutes total cooking time) or until top gets slightly crusty and browned. Makes 5 to 6 servings. □

Fresh *lumpia: First make the wrappers; fold lettuce, filling, and sauce inside*

NORMAN A. PLATE

Lumpia is a wrapper with a pork-shrimp filling



This *is also lumpia: same filling rolled in won ton skins, then fried crisp. Serve with sauce as hot appetizers*

Filipino dishes often have a Chinese counterpart, and that's doubly true of lumpia. When served fresh, lumpia resemble Mandarin pancakes. And lumpia appetizers are like Chinese fried won ton; in fact, the easiest way to make them is with won ton skins, available in our Oriental markets.

Homemade wrappers for fresh lumpia are best made the day you serve them, but the filling and sauce can be made ahead. Assemble them in the kitchen or let everyone do his own at the table.

Fresh Lumpia

About 1½ dozen homemade lumpia wrappers (recipe follows)
Dipping sauce (recipe follows)
About 18 small, tender leaves romaine or butter lettuce
Lumpia filling (recipe follows)
About ½ cup chopped peanuts (optional)
Small bunch fresh coriander (optional)
About ½ bunch green onions, cut in thin lengthwise slices (optional)

For each, spread a lumpia wrapper with about 1 teaspoon dipping sauce. Set lettuce leaf on wrapper to extend from c ter over top edge. Spoon about 2 ta spoons filling on lettuce and add nuts, fresh coriander, or onion, if wish. Fold lower half of wrapper filling; then overlap sides to enclose with fingers. Serve with more sa Serves 6 to 8.—*D. J., Honolulu.*

Homemade Lumpia Wrappers. Com in a blender jar 3 eggs, ¾ cup c starch, 1½ cups water, ½ teaspoon and 1½ tablespoons salad oil. W until smooth, about 1 minute; or with a rotary beater. Have ready a 7-inch crêpe or frying pan (except with smooth, nonstick fluorocarbon ish) and a small dish of salad oil.

Place pan over medium heat; when lift pan off heat and pour in about 1 spoon salad oil (if hot enough, oil sh ripple when pan is tipped). Using cup measure (or equivalent), qu give batter a stir, dip out 2 or 3 t spoonfuls batter and pour into pan tipping it to spread evenly over bot Set pan back on heat and cook edges begin to curl and it looks dr top. Slide out of pan and cool on p towels. Repeat for each wrapper. cooling briefly, wrappers may be sta Makes about 1½ dozen.

Dipping Sauce. Combine 2 tablesp cornstarch with ¼ cup packed b sugar. Add ½ cup *each* cold water pineapple (or orange) juice and ¼ *each* vinegar and soy sauce; mix In a frying pan, sauté 2 cloves g (minced or mashed) in 1 tablespoon oil until lightly browned. Add sauce ture to pan and cook, stirring, ur boils and thickens. Before serving in juices drained from lumpia fillin

Lumpia Filling. Crumble ¾ p ground fresh pork into a frying sauté with 1 medium-sized o chopped, and 3 cloves garlic, mi for about 6 minutes. Add 6 o shelled and deveined raw sh (chopped); cook for 2 minutes. Ac cup coarsely chopped bean sprout cook 2 minutes more. Stir in 1½ t spoons soy sauce; remove from Chill if made ahead. Before se drain and add juices to dipping s stir ¼ cup of the sauce into filli *J. H., Menlo Park, Calif.*

Lumpia Appetizers. Buy 1 pound (90 pieces) fresh won ton skins (th frozen and keep well covered). Pr dipping sauce and lumpia filling rected for fresh lumpia. Set abo teaspoon filling in lower corner of skin; fold and roll as shown at left can do this much ahead; keep cov Just before serving, heat salad o inch deep in a frying pan over me heat. Set in lumpia, with seam down; fry, turning to brown even takes 1 to 2 minutes). Drain and hot with lumpia dipping sauce.

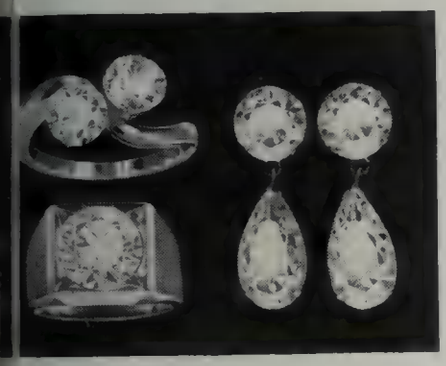
egant gift idea... virtually indistinguishable from a fine diamond

he Wellington Counterfeit™

It actually defies detection... few would dare to question it!

OU'LL SWEAR IT'S A FABULOUS DIAMOND™

(Yet it's priced from only $40 a carat, depending on size and style)



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The other simulated diamonds listed on chart at the right turn out to be less fiery, brilliant, and duller by comparison!

And if anyone tries to persuade you to buy of these less fiery, less brilliant simulated nonds simply because of its hardness fea- just remember that you can buy an old- ioned white sapphire simulated diamond only $8 a carat. And it's even harder by than simulations made of what the trade s "Yag", which sell for up to $60 a carat under scores of different brand names in stores all over the country.

Yet *none* of these simulated diamonds have anywhere near the fire, nor the brilliance, nor the pizzaz of the incredible WELLINGTON!

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Skilled lapidists cut and polish the WELLINGTON on a diamond wheel in full 58 facets. Master jewelers then enhance its beauty with exquisitely fashioned settings of 14K or 18K gold.

The result is so utterly, incredibly realistic that even some jewelers have been fooled by it!

Of course, the most convincing proof is right in one of our 22 stores located across the country. But if no store is convenient to you, our no-risk approval plan allows you to personally examine the fiery brilliance of the WELLINGTON without obligation to buy.

Send for our free brochure. It illustrates our excitingly styled men's and ladies' rings, earrings, pendants, pins, etc. One to 50 carat solitaires in round, pear, marquise or emerald cuts.

We are so convinced that only by your personal examination can the WELLINGTON'S beauty be fully appreciated that we make you this no-risk offer: If you are not completely satisfied, return it within 10 days in its original condition and we will promptly refund your money. Including postage.

A COMPARISON TABLE OF THE ACTUAL FIRE AND BRILLIANCE OF LEADING SIMULATIONS COMPARED TO A GENUINE DIAMOND

SUBSTANCE	REFRACTIVE INDEX (BRILLIANCE)	DISPERSION (FIRE)
DIAMOND	2.417	.044
WELLINGTON[1]	2.409	.108
YAG[2] (sold under many names by dept stores, etc.)	1.833	.028
WHITE SAPPHIRE	1.765	.018
SPINEL	1.73	.020

1. Brand name for an alkaline earth oxide combined with a transition metal
2. Trade name for Yttrium Aluminum Garnet.

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you eat one
at a time

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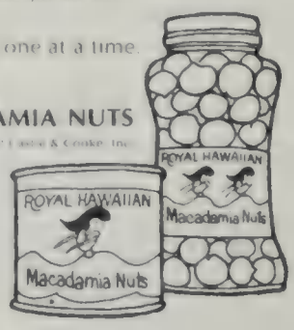

Write for free recipe booklet: Macadamia, One Bush Street, San Francisco, California 94104

DARROW M. WA

Holiday *pastry treat—fruit-n filling inside flaky cr*

Canterbury tart ...for dessert

Miniature tarts, popular with the Bri at tea time, make an easily managed sert to serve with after dinner co The fruit and nut filling separates a bakes, forming a dense, rich base wi delicately chewy, meringuelike topp Serve them plain or with a dollop whipped cream nestled on top.

Canterbury Tarts

Pastry for 2 crust 9-inch pie
2 eggs
¼ teaspoon salt
1 cup sugar
¾ cup dried currants
¼ cup finely chopped dates
½ cup chopped walnuts
1 teaspoon vanilla
¼ cup melted butter or margarine

Prepare your own favorite pastry or a pie crust mix; roll out half of pastry at a time on a floured board about a 12-inch circle. Using a 4- cooky cutter or a glass or an empty of about the same diameter, cut do into rounds. Press and fit each ro against the bottom and sides of s muffin cups, about 1¾ inches across Reroll and cut pastry scraps to ma total of 26 tart shells.

In the large bowl of an electric m beat eggs with salt until frothy lemon colored. Gradually add the su a few tablespoons at a time, beating after each addition. Stir in the curr dates, walnuts, vanilla, and butter.

Fill each pastry-lined muffin cup a ¾ full. Bake in a 350° oven for 25 t minutes or until center is set w touched lightly and top is browned. move from oven; let cool in pans. M 26 tarts.

Announcing the easy-on-the-cook Thanksgiving turkey. Thanksgoodness.

It's the Reynolds Wrap and Kellogg's Croutettes Stuffing No-Work Way.

o endless chopping, mincing, dicing. With ellogg's® Croutettes® Stuffing Herb Seasoned routons, all you do is add liquids. These modern outons are oven-toasted with eight savory asonings, so you get all those wonderful old-shioned aromas and flavors...with none of the work.

o constant basting. Roast your bird to a scious golden-brown under a "tent" of Heavy uty Reynolds Wrap. The foil keeps the bird oist and tender, without over-browning. No ven-spattering. And for easy clean-up, first line our roasting pan with strong, tear-resistant eynolds Wrap. It's oven-tempered for exible strength.

Look for easy turkey recipe on packages of Kellogg's Croutettes Stuffing and Heavy Duty Reynolds Wrap.

971 by Reynolds Metals Company

THE

Western Kitchen

NEWS AND IDEAS

DON N

Pass-through cupboard

An overhead pass-through cupboard (shown below) in the Kenneth Bellings's Piedmont, California, kitchen makes dish storage and table setting an easy task. After the dishes are clean, the cabinet doors can be opened from the sink side for the dishes to slide in. At meal time the opposite side is opened, making all the tableware convenient to the dining area.

An open space between the cupboard and the counter acts as a pass-through when dishes and meal service are being returned to the kitchen for cleanup. Janean was the designer.

DARROW M. WATT

Keeping food hot

"Some way we can keep food piping hot during the whole meal"—that was one feature the Louis A. Miseners asked architect Stanley Jacobson of Tacoma to include in their dining area. What resulted is shown above: a heavy-duty drawe topped with a built-in warming tray Part of the tableware storage cen ter, it acts as a serving counter an is within easy reach of the hostes when she's seated.

They can do oven work

When you look for something to augment or occasionally replace the oven, you might consider a small portable appliance for the job. Three distinct models of portable heat sources provide a variety of choice.

Toaster-ovens have a main compartment and may or may not have a separate toaster compartment. All models cook and bake small portions, such as appetizers, sandwiches, potatoes, and small casseroles. They range in price from $25 to $40.

Toaster-broilers, not much larger than an average toaster, only toast and broil; they do not bake. They cost from $8 to $30.

Oven-broilers and broiler-rotisseries make up the third category. Ther are several types.

One has a single heating elemen You bake when the element is at th bottom; to broil, turn the applianc over. Another has a removable el ment that is shifted from top to bo tom as needed. Still another ha two elements and a push-button se lector for bake or broil.

The rotisserie is engineered so yo can barbecue without grease o smoke spatters (the meat is cooke over an exposed element with wat underneath). Grilling and frying, addition to barbecuing and broilin are possible on one model's grill to by moving the heating element.

Oven-broilers and broiler-rotisseri cost from $20 to more than $100.

Best Foods helps you bake from scratch without eggs or shortening

Mayonnaise Cake

Luscious chocolate cake that stays tender and moist to the very last slice. And so easy to make. There's no beating or creaming because creamy-rich Best Foods replaces both eggs and shortening. Blends smoothly with a stir. That's real mayonnaise. Whole-egg Best Foods.

CHOCOLATE MAYONNAISE CAKE

3 cups unsifted all purpose flour
1 1/2 cups sugar
2/3 cup unsweetened cocoa
2 1/4 teaspoons baking powder
1 1/2 teaspoons baking soda
1 1/2 cups BEST FOODS® Real Mayonnaise
1 1/2 cups water
1 1/2 teaspoons vanilla

Grease 2 (9 x 1 1/2-inch) layer pans; line bottoms with waxed paper. Sift together dry ingredients into large bowl. Stir in Real Mayonnaise. Gradually stir in water and vanilla until smooth and blended. Pour into prepared pans. Bake in 350°F. (moderate) oven about 30 minutes or until cake springs back when touched. Cool completely. Remove from pans. Makes 2 layers.

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Best Foods, a Division of CPC International, Inc. cpc

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DARROW M. WA

Start *with chile-flavored omel*

Top *with buttery tortilla, chee*

Fold *and turn omelet out onto pl*

Eggs, tortillas, cheese go togethe

Almost any way you put togethe flavors of eggs, tortillas, and chees make a tasty dish. Here are two to do it, each resulting in an entré might serve for any light meal.

If you have the ingredients ready and are at all skilled in the art of m an omelet, you can turn out indi omelets in rapid succession.

Tortilla Cheese Omelet

For each omelet combine in a b eggs, 2 teaspoons water, ⅛ tea garlic salt or salt, and about 1 spoon chopped canned California

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chile; beat lightly to blend. Also ready ½ corn tortilla and about ¼ shredded jack cheese for each omel

Heat 1 teaspoon butter in a 6 or 7 omelet pan (or small frying pan) medium-high heat. When it star bubble put in ½ corn tortilla; hea turn until tortilla is limp, about 5 onds. Lift pan off heat and slide to onto a warm serving plate.

Add 1 teaspoon butter to pan and it bubbles, pour in egg mixture. (Th should start to set on bottom almo once.) Quickly tip pan, lifting edg omelet to let liquid egg flow underr

As soon as liquid on top of omelet longer free-flowing (it will still moist on top and should not brow bottom), set warm tortilla half or covering side of omelet opposite handle; sprinkle with the ¼ cup ch Lift pan off heat, and hold over the while you fold it over and ease it o the pan.—*B. S., Long Beach, Calif.*

This way of combining tortillas, and cheese lets you do the cooki much as 30 minutes before serving

Baked Tortilla-wrapped Egg

- 6 eggs
- ½ cup sour cream or white sauce (part of a can)
- ½ teaspoon salt
- ⅛ teaspoon paprika
- ¼ cup chopped canned California green chiles (optional)
- ¼ to ½ cup sliced green onions (optional)
- About 4 tablespoons butter or margarine
- 6 small flour tortillas or corn tortillas
- 1½ cups (about 5 oz.) shredded jack or Cheddar cheese

In a bowl combine the eggs, sour c salt, paprika, and green chiles onion, if used. Beat with a fork blended. Put a shallow baking (about 7 by 11 inches) into a oven. In a 10-inch frying pan, h tablespoons of the butter over m heat, put in egg mixture, and gent it from bottom of pan until softly s bled. Cover and set inside warm

In a small frying pan, heat about spoon butter over medium-high put in 1 tortilla, and heat, turning soft, about 5 seconds. Repeat for tortilla. Remove baking pan from and stack the soft tortillas on the p

Then remove eggs from oven an about 1/6 of the egg mixture on tortilla; sprinkle each with 2 to 3 spoons of the cheese, then roll u arrange, with seam sides down, i baking pan. Cover with foil and k warm oven for up to about 30 mi

Just before serving, remove foil sprinkle remaining cheese (about ½ over top. Place about 3 inches the broiler until the cheese on top about 3 minutes. Makes 3 to 6 ser —*D. D., Berkeley.*

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Hormel makes the best-liked chili north of the Rio Grande. What's the secret? We won't tell you everything, but we'll drop a few hints:

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Turkey stuffing using rice

To please the rice pilaf devotees in family, try a rice stuffing in your h bird this year. These two origina Southern Europe, where rice st are typical for poultry. Both have adapted by Western cooks.

Plan on about ⅔ cup rice stuffi each pound of turkey or chicke cavities loosely, for the rice swell finishes cooking inside the bird. any extra stuffing, covered, in a g dish in a 375° oven for about 3 utes, or until tender.

Spanish Rice Stuffing

- ¼ cup (⅛ lb.) butter or margarine
- ⅔ cup (3 oz.) slivered almonds
- 1 medium-sized onion, chopped
- 1 cup thinly sliced celery
- 1 package (6 oz.) seasoned long grai and wild rice
- 2 cups water
- 1 cup raisins
- ¼ teaspoon nutmeg
- 2 packages (10 oz. *each*) frozen chopp spinach, thawed and drained
- 1 cup shredded sharp Cheddar chees
- 2 eggs, lightly beaten

In a Dutch oven, melt the butte medium-high heat. Add almon stir until lightly browned; remove slotted spoon and set aside. Add and celery to the pan and cook, s for about 5 minutes. Add the ri seasonings in the package and st rice is coated with butter. A water, raisins, and nutmeg; bring mering, cover, and cook until n the water is absorbed (about 2 utes). Cool, then stir in almonds ach, cheese, and eggs. Makes a cups.—*D. W., Los Altos, Calif.*

Italian Rice Stuffing

- ¼ cup olive oil or butter
- ⅔ cup (about 3 oz.) pine nuts or slivered almonds
- 2 medium-sized onions, chopped
- 2 cloves garlic, minced or mashed
- ¾ pound (about 2 cups) diced ham
- 1¼ cups long grain brown rice or white rice
- 1½ teaspoons oregano, crumbled
- 2½ cups water

Heat the oil or butter in a Dut over medium heat and sauté th nuts until lightly browned; remo a slotted spoon and set aside onions and garlic to the pan an about 2 minutes. Add pine nuts rice, and oregano; stir well. Add bring to simmering, cover, an until most of the liquid is ab (about 40 minutes; 20 minutes fo rice). Makes about 6 cups.

This year's most exciting pancakes don't come from a pancake mix.

They come from Bisquick®—the mix that's always made pancakes (and over 100 other great things) taste better. Because Bisquick uses a special, livelier leavening process that makes pancakes ideally light and fluffy. For great tasting pancakes, it's Bisquick. This or any other year.

For more pancake recipes and over 200 other good ideas in baking, send for the new Betty Crocker's Bisquick Cookbook. Mail $1.50 to: Box 259D, Minneapolis, Minn. 55460

SPICED APPLE PANCAKES

2 cups Bisquick baking mix
½ tsp. cinnamon
1 egg
1⅓ cups milk
¾ cup grated apple
Cider Sauce (below)

1. Beat baking mix, cinnamon, egg and milk with rotary beater until smooth. Fold in apple.
2. Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side until golden brown. Serve with warm Cider Sauce. *About 18.*

Cider Sauce

1 cup sugar
2 tbsp. cornstarch
½ tsp. pumpkin pie spice
2 cups apple cider
2 tbsp. lemon juice
¼ cup butter

Mix sugar, cornstarch and spice in saucepan. Stir in cider and juice. Cook, stirring constantly, until mixture thickens and boils. Boil and stir 1 min. Remove from heat; blend in butter.

NGER DESSERT PANCAKES

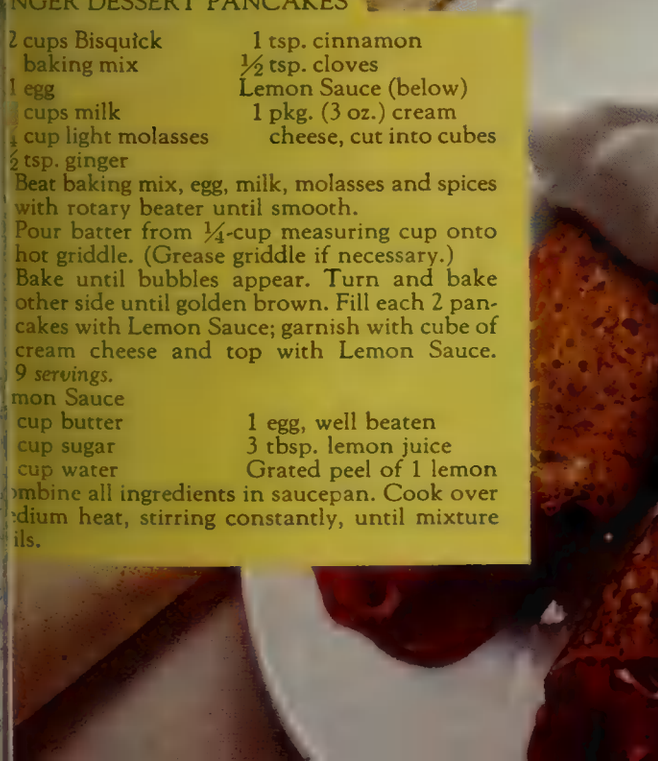
2 cups Bisquick baking mix
1 egg
cups milk
cup light molasses
½ tsp. ginger
1 tsp. cinnamon
½ tsp. cloves
Lemon Sauce (below)
1 pkg. (3 oz.) cream cheese, cut into cubes

Beat baking mix, egg, milk, molasses and spices with rotary beater until smooth.
Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
Bake until bubbles appear. Turn and bake other side until golden brown. Fill each 2 pancakes with Lemon Sauce; garnish with cube of cream cheese and top with Lemon Sauce. *9 servings.*

mon Sauce

cup butter
cup sugar
cup water
1 egg, well beaten
3 tbsp. lemon juice
Grated peel of 1 lemon

mbine all ingredients in saucepan. Cook over dium heat, stirring constantly, until mixture ils.



CHERRY CRÊPES

1 cup Bisquick baking mix
1 egg
1 cup milk
1 can (21 oz.) cherry pie filling
Soft butter
Sweetened whipped cream

Heat oven to 400°.

1. Beat baking mix, egg and milk with rotary beater until smooth.
2. Spoon 2 tbsp. batter into hot lightly greased 6 or 7″ skillet. Rotate pan until batter covers bottom.
3. Bake until bubbles appear. Gently loosen edge; turn and bake other side.
4. Spoon heaping tablespoonful pie filling onto one half of each crêpe; roll up. Place crêpes seam side down on ovenproof platter; brush with butter.
5. Bake *about 10 minutes.* Serve with whipped cream. *12 to 15 crêpes.*

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Fruit breads to bake ahead for the holidays

Planning ahead during the early days of this month can help to simplify entertaining for busy hostesses when the holiday festivities begin. One way is to bake fragrant loaves of fruit bread now and tuck them away in the freezer.

Both these flavorful breads can be frozen until it's time to wrap them for Christmas giving or to serve sliced with coffee or tea when friends drop in to visit. You can also enjoy them fresh from the oven, sliced and spread with butter or cream cheese as soon as they have cooled.

The moist banana fruit bread, a quick bread, can be thinly sliced even when warm. Bake it in loaf pans or in a decorative baking mold. Bits of red candied cherries and raisins characterize each slice of the holiday fruit loaf, a spicy yeast bread. Try it also lightly toasted for breakfast.

Banana Fruit Bread

- ⅛ cup (¼ lb.) butter or margarine
- 1 cup sugar
- 2 eggs
- 1 cup mashed ripe banana
- 2⅛ cups regular all-purpose flour (unsifted)
- 1 teaspoon *each* soda and cinnamon
- 2 teaspoons baking powder
- ½ teaspoon *each* salt, ground cloves, and nutmeg
- 1½ cups mixed diced candied (glacé) fruits

With an electric mixer or wooden spoon beat together the butter and sugar until light and creamy; then add the eggs and beat well. Stir in the mashed banana. Mix together the flour, soda, cinnamon, baking powder, salt, cloves, nutmeg, and candied fruits. Gradually add to the banana mixture, blending well after each addition.

Pour batter into 2 greased and flour-dusted loaf pans (about 7½ by 3½ inches) or a 2-quart baking mold. Bake in a 350° oven for about 1 hour for loaf pans (or about 1½ hours for the mold) or until a pick inserted in the center comes out clean. Cool in pans 10 minutes, then turn onto wire racks to cool completely. Makes 2 loaves or 1 large mold.—*A. J., Honolulu.*

DARROW M.

Banana *fruit bread in fancy* *or fruit-filled holiday*

Holiday Fruit Loaf

- 1 package active dry or compressed yeast
- ⅓ cup granulated sugar
- 2 cups warm water (lukewarm for compressed yeast)
- 2 teaspoons salt
- 4 tablespoons melted butter or margarine, cooled
- ½ cup brown sugar, firmly packed
- ½ teaspoon *each* cinnamon and nutmeg
- ¼ teaspoon *each* allspice and ground ginger
- ⅛ teaspoon ground cloves
- 1 cup *each* raisins and chopped walnuts
- 1 cup coarsely chopped candied whole red cherries
- About 7 cups regular all-purpose flour (unsifted)

Dissolve yeast and 1 tablespoon o granulated sugar in the water. Ble the remaining granulated sugar, the 2 tablespoons of the butter, brown s cinnamon, nutmeg, allspice, ginger cloves. Stir in the raisins, walnuts cherries. Beat in about 6 cups o flour to form a stiff dough.

Turn dough onto a board coated about ½ cup flour. Knead until d is smooth and elastic (about 5 min adding more flour as needed. Place greased bowl; turn dough over to g top. Cover and let rise in a warm until doubled, about 2 hours.

Punch down dough and divide i equal portions. Knead each one g on a lightly floured board and shap 2 loaves. Place each loaf in a gr and flour-dusted loaf pan (about 9 inches). Cover and let rise until dou about 1 hour. Bake in a 350° ove about 1 hour or until richly brow Cool in pans for 10 minutes, then out to cool completely. Brush top sides with remaining 2 tablesp melted butter. Makes 2 loaves.—*C Mountain View, Calif.*

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t ain't just a spaghetti cheese anymore.
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Round *peasant loaf of rye bread emerges from oven as guest looks on; aroma fills the room*

GLENN CHRISTIANSEN

Slicing *through tender crust reveals even texture*

The dough waits in your freezer

The ability to welcome guests with the aroma of bread baking in the oven is something many hostesses would go to considerable lengths to acquire. But making bread the day company's coming is more than many care to undertake.

There is now an alternative. Certain bread doughs can be made, shaped, and then stored in the freezer for up to four weeks. Then, on the day of your party, as the loaves thaw and rise (about 4 hours) and they are ready to bake.

Bread doughs frozen at home have often been disappointing in the past. But researchers have now concluded that if the bread's proportions and handling meet specific requirements, good results can be assured. In general, frozen doughs need more yeast than most breads, more fat and sugar than some breads, and must be shaped in small to medium-sized loaves.

These two breads meet those requirements. The whole wheat loaf is fine grained with full-bodied flavor and a touch of sweetness. The mild rye loaf is flavored with fennel seed.

Each recipe makes two medium-sized loaves or rounds. The round loaves are wrapped individually after they freeze; foil pans are handy for shaping loaves.

If you want to make these breads without freezing, use only 1 package of yeast; other ingredients remain the same. Instead of freezing, let the shaped loaves rise until doubled, then bake as directed.

Freezer Whole Wheat Bread

- 1½ cups milk
- ¼ cup butter or margarine
- ⅓ cup light molasses
- 2 teaspoons salt
- 2 packages active dry yeast
- ½ cup warm water (about 105°)
- About 6 cups whole wheat flour
- Melted butter or margarine

In a pan combine the milk, butter, molasses, and salt; heat, stirring, until butter melts. Cool to lukewarm.

In a large bowl soften yeast in water. Stir in lukewarm milk mixture. Stir in about 5 cups of the whole wheat flour. Sprinkle about ½ cup flour on a board and turn out dough onto floured area. Sprinkle part of remaining flour over dough. With floured hands knead until do smooth and not sticky (about 10 utes), adding more flour if nece Divide dough in half.

To make standard loaves, shape portion of dough into an oval; lift smooth top by pulling dough gently and pinching a lengthwise underneath. Tuck ends under; pi seal. Place in well greased loaf (about 4½ by 8½ inches). Wra freeze immediately.

To make round loaves, shape eac tion of dough into a round; smoo by gently pulling dough down and to seal underneath. Place on a g baking sheet. Cover, freeze, then each loaf; return to freezer.

To bake, remove loaves from fr Place round loaves on greased b sheets. Cover with a cloth and let at room temperature, about 2 hou rise, covered, in a warm place un most doubled, about 2 hours. loaves with melted butter and bak 375° oven for about 30 minutes o loaves sound hollow when tapped. on racks.—*A. J., Honolulu.*

Freezer Rye Bread. In the recipe omit molasses and use ½ cup packed light brown sugar; omit wheat flour and use 3 cups rye flo about 3 cups regular all-purpose (unsifted); add 1 tablespoon crushe nel seed. Stir in the rye flour, fenne and about 2 cups all-purpose Knead in remaining all-purpose shape, and freeze; bake as above.

The secret is the simmering.

Know what happens when lots and lots of good things all simmer together? Broth. A beautiful, sipping-good broth. And it's the broth that makes the delicious difference between Great American Soups and condensed soups. You just can't get that taste when you add your own tap water.

Oh sure, you'll notice all the big pieces of vegetables and beef. And of course you'll wonder how we got so much into each can. But it's the broth that gives Great American its distinctive flavor.

Try any of the great Great American Soups, it's all right there, ready to serve, broth and all.

©H. J. Heinz 1971

Leeks with tarragon sauce *make a quickly assembled vegetable dish*

A bunch of leeks can intimidate a
who has never prepared them. But
pean cooks prize this patrician c
onion family for its rich yet mild f

If you'd like to try them, you mus
accept the fact that leeks, like artich
require drastic trimming to separa
tough, fibrous leaves from the te
pale green parts. Also, because c
way leeks grow, dirt has a way of
ing between layers of leaves.

But trimming and cleaning are e
you know how.

Cut off the root end of each leek.
the tops by making a diagonal cut
each side to a center point so tha
about 1½ inches of the dark green l
remain. Split leeks in half lengthw
within ⅓-inch of bulb end, or split
stalks completely through. Strip
the outer 2 or 3 layers of leaves unt
reach the non-fibrous interior l
Hold each leek under running wate
gently separate layers to wash.

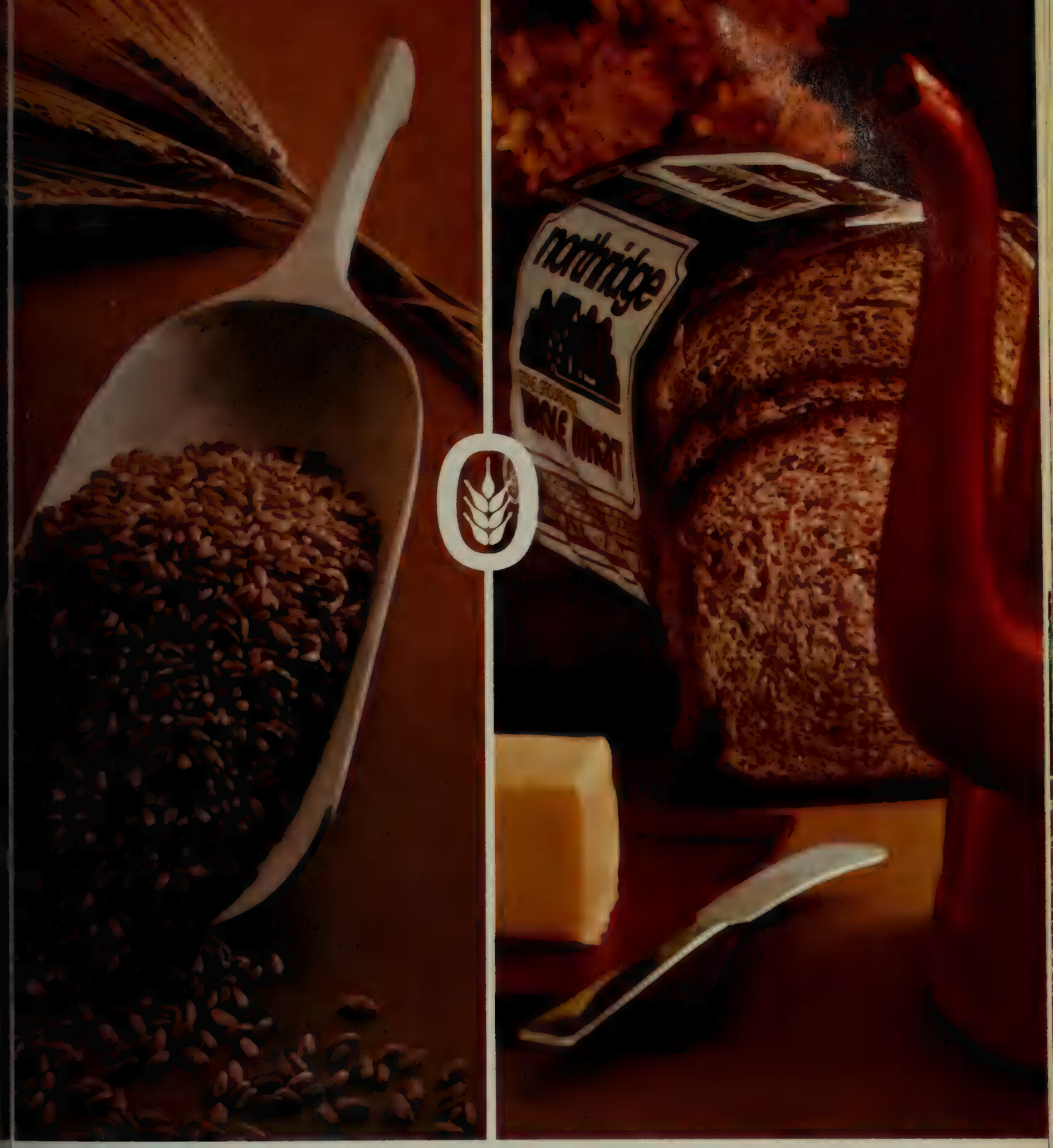
Leeks with Tarragon. Trim and cl
pounds (about 6) leeks as des
above. In a large frying pan w
cover, bring to boiling about 4
salted water; add leeks and simmer
ered, until tender, about 10 to 15
utes depending on sizes. Lift leeks
water as each is cooked tender;
well, arrange in a serving dish, and
warm. Melt 2 tablespoons butter a
in 1 tablespoon chopped parsley,
spoon chopped fresh tarragon (
teaspoon dried tarragon), and ½
grated Parmesan cheese. Pour over
and serve. Makes 4 to 6 servings.

Leeks Sautéed with Cream. Trim
clean 2 pounds (about 6) leeks
scribed above. In a large frying pa
a cover, cook leeks, covered, in ab
cups boiling, salted water until te
about 10 to 15 minutes. Remove
from pan as each becomes tender;
and discard cooking water. Cut le
1-inch-long pieces; return to pan.
tablespoon butter, 3 tablespoons
ping cream, ½ teaspoon crushed
basil. Boil over high heat, stirring g
till liquid evaporates. Serves 4 to 6

With leeks it's just a matter of knowing how

DARROW

Holding split stalk, *separate leek layers under running water to wash out deeply embedded grit and dirt*



Sturdy, honest, whole-kernel bread

W start with wheat freshly ground between cool stones. In ou milling process all the natural goodness of wheat—all the vi mins and minerals and, most important, all the rich flavor of he whole grain are retained.

Ba ed slowly and gently, this Northridge Whole Wheat loaf co es to you full flavored and firm textured.

He's a bread that won't shrink in the toaster or collapse un er the broiler. Toasting enhances the good flavor and aroma. It toasts up solid and crunchy, yet it's chewy and it is fragrant.

Next time you shop the bread shelves, heft this sturdy loaf and read the fine print on the label.

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Armour's new Westerner Chili.
A very special recipe... generous with large chunks of hearty beef and flavorful beans. Lavished with our savory sauce. And, best of all, Westerner Chili is made to your taste. That's why it's available only in the West.
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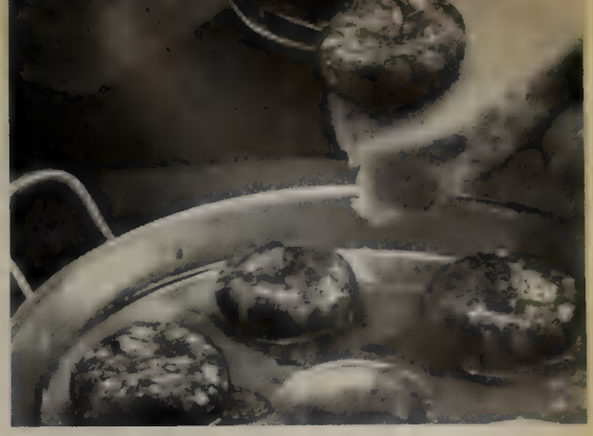
Almost anything tastes good in this wonderful sauce



Mushrooms *with snail butter; serve with French bread to catch all the flavorful sauce*

escargot enthusiasts concede that f the most appealing aspects of done in the French manner is the butter that surrounds them. It was ungent butter that inspired the e of the musical comedy *The Unle Molly Brown* to proclaim that a sauce she could cheerfully eat .

search hasn't gone that far, but we liscovered that the garlic butter is arkably versatile seasoning for a r of foods.

pecial snail plates with 6 to 12 ations are available in fancy cookware shops. They can be used as individual containers for a hot first course.

You can prepare any of these dishes ahead and refrigerate them, well covered; bake or broil just before serving. Offer French bread so your guests can sop up the flavorful snail butter that always overflows into one's dish.

Snail Butter
(Beurre d'Escargots)

½ cup (¼ lb.) butter, at room temperature
1 tablespoon finely chopped shallots (or white part of green onion)
3 large cloves garlic, minced or mashed
2 tablespoons finely chopped parsley
⅛ teaspoon white pepper

Mix all the ingredients together until well blended. Use in any of the following ways. Makes about ⅔ cup.

Snails in the French manner. Buy canned snails; drain. You can also buy snail shells (natural or porcelain) to bake them in. Place 1 snail in each shell. Fill shells with snail butter. Arrange with butter sides up on snail plates. Bake in a 450° oven for 5 minutes, or until bubbly. Serve with snail tongs or small napkins to hold hot shells, and cocktail forks.

Shellfish in snail shells. Use canned mussels fried in butter, canned small cove oysters, or medium-small shrimp instead of snails. Rinse and drain mussels, drain oysters, or shell and devein shrimp. Put 1 or 2, depending on size, in each snail shell; prepare same as snails. *Or* place the shellfish directly in plate indentations; top with the snail butter, then broil until lightly browned.

Mushroom caps. Select mushrooms 1 to 1½ inches wide. Rinse and pat dry and remove stems. Generously fill hollow of each with snail butter; arrange on snail plates. Broil about 4 inches from heat for about 5 minutes, until butter foams and mushrooms are tender.

Clams in half shells. Use fresh or frozen small hard shell clams. Scrub them, then place in a large pan with water to just cover bottom of pan. Steam until they open, about 5 minutes. Cool slightly, then remove and discard top halves of shells. Arrange clams on half shells on snail plates. Top each with about ½ teaspoon snail butter. Broil 4 inches from heat until browned, about 4 minutes.

Appetizer meatballs. Shape bite-sized portions of lean ground beef each around ½ teaspoon snail butter; place in snail dishes. Dot tops of balls with additional dabs of the butter. Bake in a 500° oven for 5 to 6 minutes, until well browned.

Garlic-buttered zucchini. Wash small zucchini and slice ⅜ inch thick. Top each round with about ½ teaspoon snail butter and sprinkle lightly with paprika. Bake in a 500° oven until browned and tender-crisp, about 6 to 8 minutes. □

DARROW M. WATT

plates *of pottery, metal, and porcelain (shown fitted with porcelain snail shells); the are well suited to hold a variety of foods for serving an elegant hot first course*

Partial to Chinese and Italian cooking, Gene Englund came up with Pearly Shell Stew

On the road between Thanksgiving and Christmas, some people develop meleagriphobia, an uncontrollable fear of the turkey. They pale at the thought of still another à la king, and the smell of roasting drives them to an excess of Tom and Jerrys.

Gene Englund of Steilacoom, Washington, may have felt a twinge of the malady. At any rate, from the troubles of the season he turns to shrimp. This is what he says:

"I am partial to Chinese and Italian cooking. So I combined flavoring from both traditions and came up with a dish to enhance our native Puget Sound shrimp. It combines my favorite tastes, and at the same time is a balanced meal."

You may not believe the list of ingredients, but the result is very good indeed. You have your choice of green tea or Grignolino to serve with it, and for dessert, if you're still hungry, offer spumoni and fortune cookies.

Pearly Shell Stew

- 1½ pounds medium-sized raw shrimp, shelled and deveined
- Boiling water
- 1 can (about 13 oz.) pineapple chunks
- ¼ cup white wine vinegar
- 1 tablespoon soy sauce
- 3 tablespoons sugar
- 1 tablespoon cornstarch
- ⅓ cup water
- 2 tablespoons salad oil
- 2 cloves garlic, minced or mashed
- 1 green pepper, seeded and cut in bite-sized pieces
- 1 can (6 oz.) water chestnuts, drained and sliced
- 3 cups cooked large shell macaroni, drained and hot
- 1 cup cherry tomatoes

Cook the shrimp in a large quantity of boiling water until they turn pink and are just tender, about 5 minutes. Drain and set aside.

Drain pineapple, saving the syrup; set pineapple aside. Combine the syrup vinegar, soy sauce, sugar, cornst and water.

In a large frying pan, heat the oil medium high heat; add garlic and pepper and cook, stirring, 1 to 2 utes. Add the syrup mixture and stirring, until bubbly and thickene in water chestnuts, shrimp, and apple. Spoon mixture over hot, c macaroni, garnish with cherry tom. Makes 6 servings.

Gene Englund

Steilacoom, Wa

Chef Herbert Landesman has a for veal kidney brought to the ta what amounts to a spaghetti sauc

If you really love kidney, this is p bly not for you, since the other f mask it considerably. If you hate k

Chefs of the West

The Art of Cooking . . . by men . . . for men

Prawn Tempura
ıout Planters Oil is only shrimp fritters.

Ever wonder why the Tempura you make at home doesn't quite taste like the Tempura in a Japanese restaurant?

When the Japanese cook Tempura, they make it with peanut oil. It just isn't Tempura without it. And the peanut oil that can make all the difference is Planters. With a light, subtle flavor of its own that seems to naturally enhance the flavors of Tempura. By maintaining high, even temperatures, Planters® Oil keeps the shrimp and vegetables as crisp and fresh when you eat them as when you prepared them. And Planters Oil is natural, too, with no chemicals added.

So when you're cooking an international dish that traditionally calls for peanut oil, whether it's French, Italian, Chinese, Indian, American or Japanese, use Planters Oil. It'll taste the way it was meant to.

Tempura will be crisp and most delicious if the Planters Oil is kept at 365F°—370F.° Have seafood and vegetables prepared ahead. Cook a few pieces at a time to prevent temperature fluctuations. With tongs or fork, dip vegetables and seafood into the batter. Let drip for a moment and dip into hot oil, frying until golden. Serve at once with Dashi sauce and grated ginger root. Or more simply, serve Tempura with a dish of salt.

For six servings, arrange on platter *¾ pound cleaned prawns* with tails left on, *¾ pound striped bass* cut in bite-size pieces, *¼ pound sliced fresh mushrooms, ¼ pound small whole green beans, 2 sweet potatoes* thinly sliced, *1 large Bermuda onion* cut in small wedges, *1 small cauliflower* separated into flowerettes, and *1 green pepper* cut in strips.

Batter: Combine *2 egg yolks* and *1 cup water.* Beat until frothy. Add *1 cup unsifted flour* and *1 teaspoon salt.* Blend.

Dashi Sauce: Combine *1 cup fish, chicken or beef broth, ⅓ cup soy sauce* and *⅓ cup sherry* in saucepan. Heat. Serve warm with *grated ginger.*

Planters Oil makes cooking...cuisine.

Pineau de la Loire

A unique bottling of a noble white grape from the cellars of The Christian Brothers

Some of the grapes here in our Napa Valley vineyards have more distinguished names than others. Pineau de la Loire is most descriptive—for this is the grape of the Touraine district in France's Loire Valley.

In its homeland, it produces wines of a fresh, sprightly character. I have been intrigued by capturing this promise. By setting aside all of its limited crop, and fermenting it very slowly, to retain all of the fruitiness of the grape, Pineau de la Loire has yielded an exceptionally charming wine. It is aged to full maturity in vat and bottle and is now ready to be enjoyed at your table.

With its splendid name and noble heritage Pineau de la Loire is a worthy accompaniment to the finest meal. Its medium body and soft, fruity flavor are especially suited to foods that are not too heavily spiced. Shellfish, sole or a light meat are suggestions. It should be served chilled, of course.

Pineau de la Loire is "Estate Bottled." On our wines this means the grapes are solely from our own vineyards. The cuvee number is another designation of its individually controlled production. It is priced at about $3.00 a bottle. Should your wine merchant fail to have it, you may write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
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San Francisco, California

"Other flavors mask it considerably"

this is not for you, because you'll know what's in it.

This is for those who like kidney, but don't mind changing its personality.

Rognons Italiens

- 4 tablespoons butter or margarine
- 1 medium-sized onion, thinly sliced
- 1 clove garlic, minced or mashed
- 1 can (8 oz.) tomato sauce
- ½ cup water
- ½ teaspoon basil, crushed
- ½ teaspoon whole oregano, crushed
- About 1-pound veal or lamb kidneys
- ¼ pound fresh mushrooms, sliced
- ½ pound linguine (or other flat ribbon-shaped noodle), cooked, drained, and hot

Heat 2 tablespoons of the butter in a frying pan and sauté onion and garlic until onion is limp. Add tomato sauce, water, basil, and oregano, turn heat to low, and simmer for 5 minutes.

Trim fat and membrane from kidneys and discard; slice kidneys in ¼-inch slices.

In a second frying pan, heat the 2 remaining tablespoons butter and sauté the mushrooms and kidney until kidney loses its pinkness, about 7 minutes.

Pour hot sauce over kidney and mushrooms, scraping to pick up any browned bits on the bottom of the pan. Stir together and serve over the hot linguine. Makes about 4 servings.

Herbert Landesman
West Covina, Calif.

Ham and pineapple are so closely intertwined that one has visions of living pigs trotting through Hawaiian field choose their companions. And a with prunes isn't bad at all.

And then there's goose with apple duck with oranges. Pigs and geese ducks all benefit by a touch of acid you devour them.

But try this from James W. Johns Oakland, California. He says, "

"Pigs trotting through Hawaiia fields to choose their companio

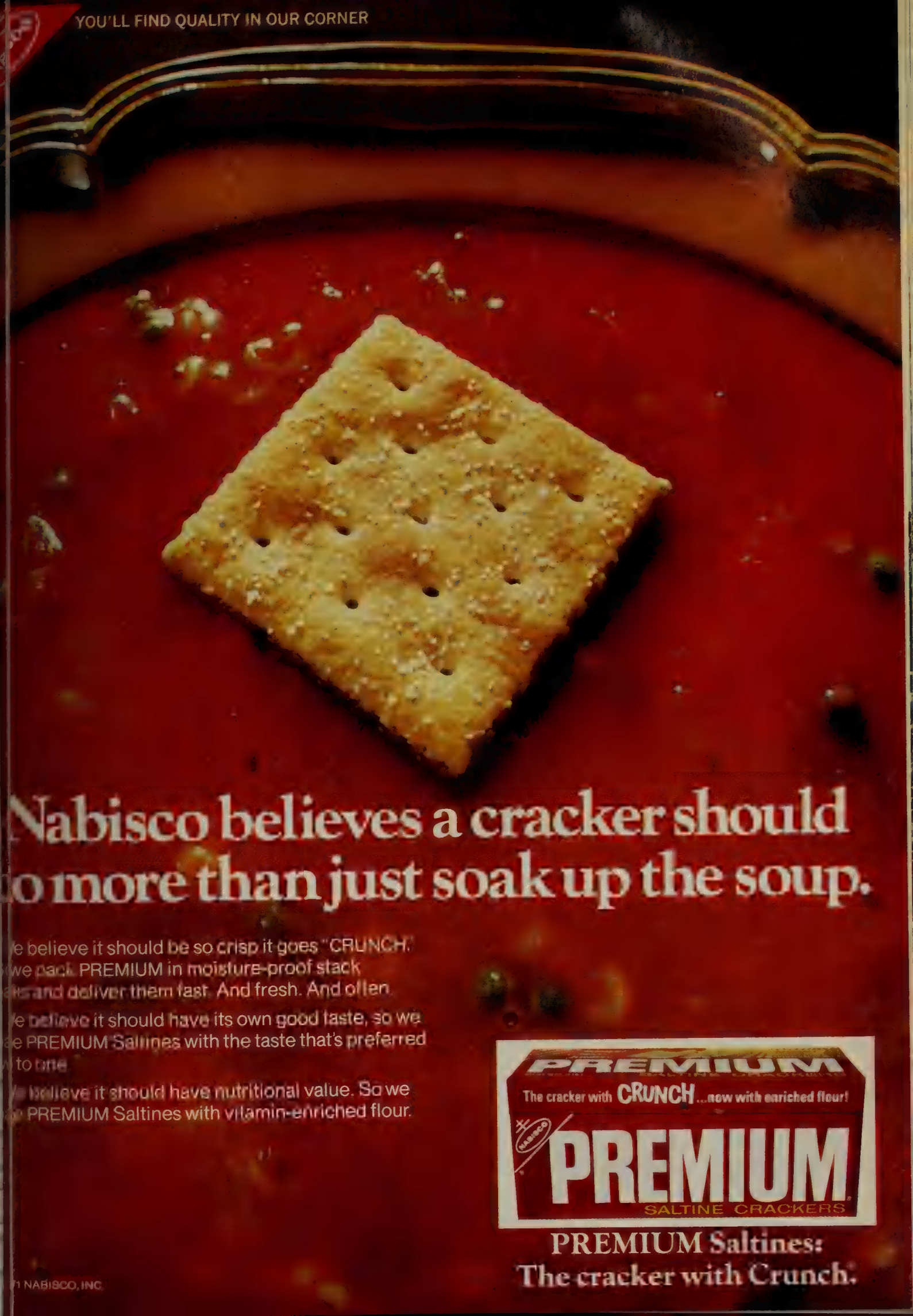
cided at the last minute to prep surprise birthday dinner for my but all I could find in the house chicken breasts. I experimented."

Fruited Chicken

- 4 pounds chicken breasts (about 4 large whole breasts)
- 1 teaspoon salt
- ¼ teaspoon pepper
- ½ teaspoon paprika
- 2 tablespoons butter or margarine
- 2 tablespoons dried currants
- ½ cup dry Vermouth
- ½ cup whipping cream
- ¾ cup seedless grapes, stems remove
- 2 small oranges, peeled and cut in ¼ inch slices

Split chicken breasts and remov and bones; sprinkle with salt, p and paprika. In a large frying pan the butter over medium-high hea chicken breasts and sauté until brown on both sides. Add cu and vermouth; cover and simme chicken has lost all pinkness, 5 minutes. With a slotted spoo

YOU'LL FIND QUALITY IN OUR CORNER



1 NABISCO, INC.

What happens when a sweet young onion gets involved with a known impostor?

It was partly love and partly chemistry.

But still there was talk. "How could she—someone so sweet and natural?" "What does she see in that phoney bacon? He's so clearly fake." "What an unlikely liaison."

After the talk wore off, they were accepted enthusiastically. People included them in some very chic dinners. (Over a salad or a baked potato their personalities were disarmingly pungent.) They were even popular at brunches, with eggs. Lively and always a bit of a surprise.

Lawry's introduced them, of course. Lawry's—the people who have a special knack for mingling the authentic with the new. The same Lawry's people who filled a tavern (The Great Scot in Los Angeles) with antiques and pewter and memorabilia from Scotland, but when they ran short of rough-hewn beams, blithely finished a beamed ceiling with fake "old" beams. Now is that fakery—or artistry?

The moral of all this, of course, is that you have to know the rules before you can break them. And when you break them, do it with style.

You'll never get bored with Lawry's.

chicken to a warm serving platter keep warm.

Turn heat up to high; add cream to and boil until liquid is reduced by Add grapes and oranges; cook 1 m longer. Pour sauce over chicken serve. Makes 4 to 8 servings.

Oak

Baked apples make a good winter sert, and in apple-barrel days w common one. In these times o frozen apple whatchamacallit, the ple baked one with its sweet juice some thick Jersey cream has be rare in many households.

Chef George Nyklicek proposes to troduce baked apple by means *Chef*ly ruse. He conceals them in a ture which is halfway between a s and a cheesecake. It keeps the a moist and delicious and is excellent own right. This is how he does it.

Baked Apple Soufflé

- 6 medium-sized cooking apples
- About 1 quart water
- 6 tablespoons currant jelly
- 1 large package (8 oz.) cream cheese, at room temperature
- 1 cup sour cream
- 3 eggs
- 4 tablespoons sugar
- ¼ teaspoon lemon extract

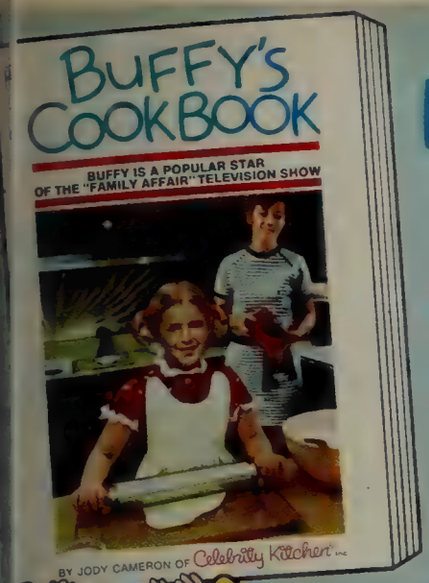
Peel and core apples. Bring water boil in a Dutch oven; add apples, and simmer for 5 minutes. Drai cool. When apples are cool, place in a 2½-quart baking dish that deep as the apples are high. Pl tablespoon of currant jelly in the of each apple.

In a bowl, beat the cheese and with the sour cream. Beat in the and sugar. Add lemon extract and over the apples. Bake, uncovered 350° oven for 30 to 35 minutes, o set and lightly browned. Cool unt warm before serving. Makes 6 ser

San Franci

Beef, beans, wine, herbs . .

What are you concocting in kitchen? We'd like the recipe and story behind it, but men only, plea (Not that wives can't do some urgi when the men are too modest.) F the first published recipe we o membership in the *Chefs of the W* and a hat and card to prove it. l us hear about your specialty at *Ch of the West, Sunset Magazine,* Me Park, Calif. 94025.



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when you make a batch of

MARSHMALLOW TREATS

USING Kellogg's® RICE KRISPIES®

MARSHMALLOW TREATS

- ¼ cup regular margarine or butter
- 1 6-10 ounce package regular marshmallows (about 40) or 4 cups miniature marshmallows
- 5 cups KELLOGG'S RICE KRISPIES cereal

Melt margarine in 3-quart saucepan. marshmallows and cook over low t, stirring constantly, until marshmal-s are melted and mixture is very py. Remove from heat.

Add RICE KRISPIES cereal and stir l well-coated.

Press warm mixture evenly and firmly buttered 13 x 9 x 2-inch pan. Cut squares when cool.

ld: 24 (2-inch) squares

e: About 2 cups marshmallow creme may be stituted for marshmallows. Add to melted garine and cook over low heat for about nutes, stirring constantly. Proceed as directed ep number 2 above.

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OVER 150 FUN RECIPES FOR YOUNG COOKS FROM BUFFY, POPULAR STAR OF THE "FAMILY AFFAIR" TV SHOW.

Get "Buffy's Cookbook" FREE for the young cooks in your family. It's filled with easy, yummy recipes they'll love making and eating, plus safety hints and other basic cooking rules for beginners.

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How to make your less expensive meals as interesting as your more expensive meals.

As the cost of eating goes up, planning interesting meals becomes harder and harder.

Birds Eye® International Recipe Vegetables can help. Next time you serve them hot dogs or some other less expensive (but nutritious) meat, serve them Birds Eye Bavarian style Beans and Spaetzle.

The humble hot dogs won't be so humble. Not when you surround them with Bavarian style noodles and tender green beans in a mild, seasoned sauce.

Before you know it, everybody will be back for seconds.

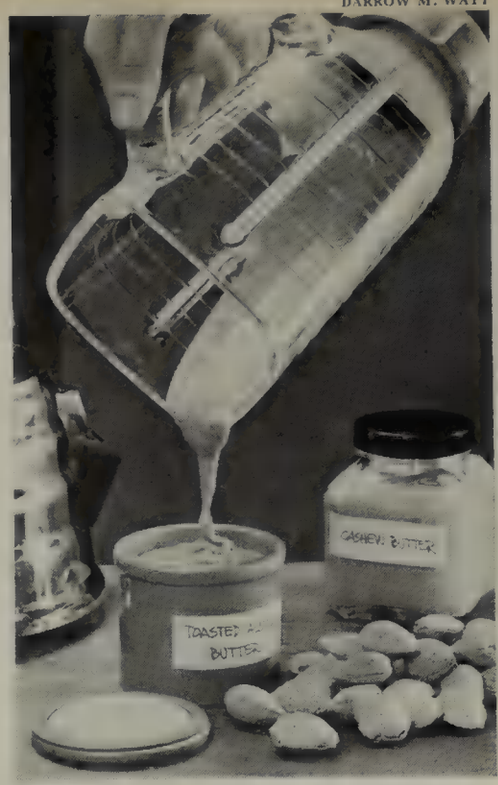
And you'll be planning another interesting Birds Eye International Recipe Vegetables meal.

Birds Eye International Recipe Vegetables

Japanese, Danish, Mexican, Spanish, or Bavarian style

Instead of peanut butter ... here are ways to make seven other nut butters

DARROW M. WATT



Gift *from your kitchen—blender nut butters packaged in crocks or jars*

ile similar to peanut butter in rich- s and consistency, butters made from er nuts are real taste discoveries. en there is a windfall of nuts off your n trees or those of a friend, or you in "farmer's market" quantity, you quickly make your own butters to oy now or to store in festive jars for ristmas giving. All you need is a nder.

e flavor of each butter can vary de- ding on whether you start with raw toasted nuts, blanched or unblanched. asting the nuts develops their rich, tinctive flavor and makes a more ro- t butter with an appealing brown or. To toast nuts, spread in a shallow ing pan; shake pan occasionally ile roasting at the oven temperature l time suggested for each nut.

nching the nuts, when practical, sens the skins so they can be easily noved, producing a butter of uniform or. For some nuts, blanching reduces ringency.

ep nut butters refrigerated in covered s, or store them in the freezer. They come rancid quickly if left at room nperature, as they have no com- rcial preservatives. Also the oil may arate — unlike homogenized peanut tter—so stir well before using.

y fresh nut butters as a spread or dwich filling, or to add unique flavor cooked foods. Use them in any recipe at calls for peanut butter.

sic Nut Butter

ace 1½ cups whole or broken nuts in blender container. Cover and whirl til nuts are finely ground. Add salad (amount varies for each nut) a small nount at a time, whirling after each dition. Start and stop blender as nec- sary and use a spatula to keep the but- in motion. (The nut mixture is thick, to avoid overtaxing the blender otor make nut butters in small batches, suggested.) Add salt to taste; whirl 30 seconds, or until very smooth. Makes about 1 cup.

Almonds. Blanch nuts by covering with boiling water; let stand about 5 minutes, then drain and slip off skins. Dry in a single layer on towels. To toast, place blanched or unblanched nuts in a 350° oven for 10 to 20 minutes. Blend with 2 to 3 tablespoons salad oil.

Cashews. Buy blanched nuts. To toast, place in 350° oven for 10 to 15 minutes. Blend with 4 to 6 teaspoons salad oil.

Filberts. To toast, place in a 275° oven for 20 to 30 minutes. If you wish, cool slightly, and remove skins by rolling nuts between palms of your hands. Blend with 2 to 3 teaspoons salad oil.

Pecans. Blanching is not practical. To toast, place in a 350° oven for 8 to 10 minutes. Blend with 1 to 1½ tablespoons salad oil.

Pine nuts. Blanching is not necessary. To toast, place in a 350° oven for 10 to 12 minutes. Blend with 1 to 2 tablespoons salad oil.

Pistachios. Blanching enhances their bright green hue; cover with boiling water, let stand about 5 minutes, then drain and slip off skins. Dry in a single layer on towels. To toast, place in a 350° oven for 15 to 20 minutes. Blend with 1 to 2 tablespoons salad oil.

English walnuts. Blanch to reduce astringency; boil nuts in water to cover for 3 to 5 minutes, then drain. To remove skin, peel with a knife while warm, then dry on towels. To toast, place in a 350° oven for 8 to 10 minutes. Blend with 3 to 4 tablespoons salad oil. □

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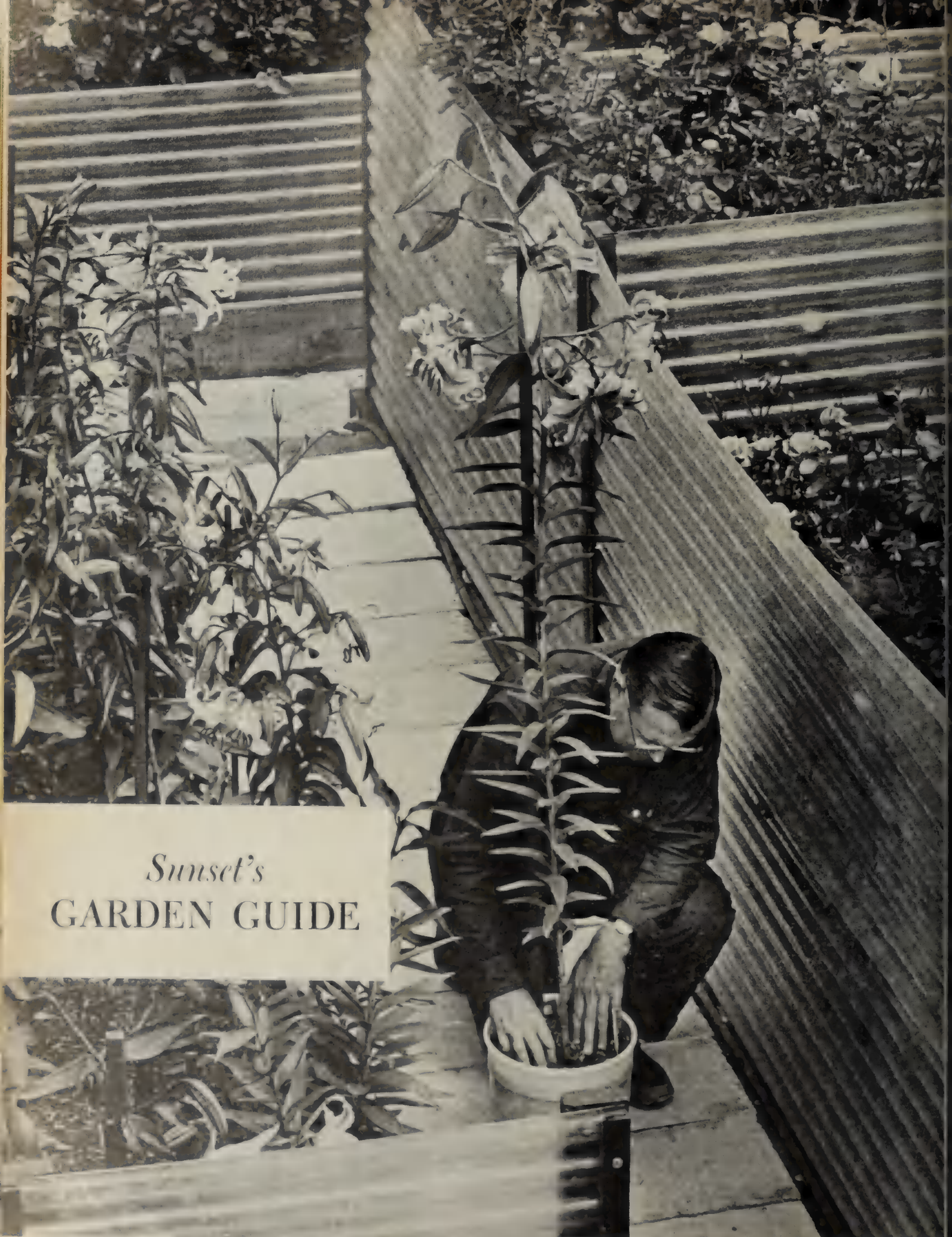

Sunset's
GARDEN GUIDE

NORMAN A. F

Oriental lilies out of the wind

In his San Francisco garden Dr. A. Z. Horvath checks soil moisture of a container-grown Oriental hybrid lily. He hybridizes lilies and also grows roses here. Corrugated plastic blocks out ocean winds but lets in light

NOVEMBER IN YOUR GARDEN:

There's still time to plant annuals and bulbs

typical November in northern Cali-
ia is a month of transition between
ber's mild fall weather and De-
ber's cold rainy weather. Days get
ter, Daylight Savings has gone, and
e's little time after work to do any-
g in the garden. But there is still a
hat you can do if you can find any
for it between the football week-
and the rains.

, set out any annuals that you want
loom in winter and early spring.
t, plant spring-blooming bulbs be-
the ground gets too wet and while
are still available. Finally, clean up
yard and prepare for the winter
ns.

nup should include removing leaves
re they get wet and soggy, light
ing to get rid of weak limbs, and
ing trees and shrubs so they won't
attered by winter winds. Elsewhere
is Garden Guide are more specific
estions on what to do now in your
len, and also a word to readers in
-winter regions who are under the
ion that snow brings an end to their
len problems.

ental hybrid lilies

ntal hybrid lilies can bring a wide
ety of colors to the garden in late
mer for use in borders, in contain-
and as cut flowers. These lilies come
ll colors except blue and frequently
e red or gold bands on white or are
ted with deep red. In recent years
ridizers have been working to produce
e colors and more colorful combi-
ons although the resulting plants are
not widely available.

nt Oriental lilies now for flowers next
gust and September. To protect bulbs
n botrytis, dip them in a solution of
fungicide. Ideal for bulbs is soil that
ins well but also holds moisture for
roots. Blend enough organic soil con-
oner into the soil to make one-third
ne-half the volume to a depth of 12
nes. Plant lily bulbs deep enough to
er with 3 inches of soil. Water
vily.

three to four months when leaves
ear, apply complete fertilizer. Repeat
every six weeks until flowering begins. In cool coastal areas, plant lilies in the full sun, but in hot areas plant them in partial shade.

The bulbs are scarce. If you can't find them, write to Dr. A. Z. Horvath, Box 16308, San Francisco 94116.

Notice to lily fanciers

If you live in the San Francisco Bay Area and are interested in growing lilies, Dr. Horvath (see paragraph above) or John Bryan, director of Strybing Arboretum, are people you might like to know. They are both interested in forming a San Francisco chapter of the North American Lily Society. Dr. Horvath's address is given above; Mr. Bryan can be reached at the arboretum, Ninth Ave. and Lincoln Way, San Francisco 94122.

Plant bulbs while there's time

The bright daffodils along the edge of the walk below are there to remind you that November is the last chance to get many spring-blooming bulbs and plant them before winter rains begin.

You can plant tulips and hyacinths now. And November is a good time to plant ranunculus. Plantings of ranunculus every four to six weeks through January will give you a colorful display for many weeks in the spring. (You can find directions for planting bulbs in the item on Oriental lilies at left.)

Alders make a quick forest

If you have a new home and want to have mature trees in the garden without waiting 30 years, plant alders. They grow so rapidly that in only a few years

Bright yellow *trumpet daffodils line a garden walk. To get a border like this, plant bulbs 6 inches apart*

DARROW M. WATT

Sunset's GARDEN GUIDE

your home can look as though it had been built in a small forest instead of on an empty lot. With crooked trunks and spreading branches, alders give the look of a natural grove.

Alders will grow in soils that would stop other trees cold. They tolerate the worst drainage because in nature they grow along the banks of streams. They'll thrive in water-logged places where no other tree will grow, such as at the edge of a pond, at the bottom of a hill, or in a heavily watered lawn.

Two kinds of alders suitable for gardens are the white alder and the Italian alder. The more formal looking Italian alder grows straighter, slower, and shorter than the white alder. At maturity white alder stands 50 to 90 feet tall while the Italian alder grows to only about 40 feet.

Planting method *gave Italian alders special look: Tree at left was pruned back, sprouted multiple trunks. Others planted in groups leaning out. Male catkins on branches at right*

NORMAN A. PLATE

A word of advice: Alders develop face roots so give them room to Deep watering will help keep su roots to a minimum. And second, stake them; they grow too fast fo to do any good. Staking would inhib development of a natural-looking

Give pampas grass plenty of room

The white plumes of pampas grass *taderia selloana*) are a familiar spectacular part of the fall lands You can use this giant ornamental for large scale plantings, on wide b at the entrance to a driveway, and cially silhouetted against the sky dark foliage background. Pampas grows equally well in moist or dry ations.

But don't let the beauty and adapta of this plant blind you to its chi quirement—almost unlimited spac a very few years, a clump from a can will easily outgrow a 10 to 15 wide planting area and reach 12 feet tall. If you misjudge your s you face the unpleasant job of di or removal. The sawtoothed leaf are sharp and you'll need gloves to dle them.

So give pampas grass lots of elbow and both of you will be happy.

Where it gets cold

Gardeners in Nevada, Utah, and winter areas of California should a few simple precautions to help lawns through the winter and get off to a good start next spring.

In these climates, winter freeze da is usually less under a blanket of temperatures won't drop much freezing with a good snow cover. W winds sweep lawns clean of snow, gr temperature may fall below 0°. Fre can kill such lawns by turning wate ice crystals and then roots get no

To protect lawns where wind would away the snow cover, put a snow or brush cover on the windward si

As winter ends, freezing and thawi the snow may form ice sheets; thi any lingering snowdrifts will retar growth of the grass. At this poin move snow to help the lawn recove and start growing again.

If you dig gladiolus, store them, t

Gladiolus corms (bulbs) will pr bigger, healthier plants next year i remove them from the ground and them for the winter. If you want t courage the development of the corms that develop along the sid the main corm, wait until frost t otherwise, dig when the leaves t yellowish green.

Loosen the soil around the corms a spading fork, then grab the ba

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ELLS MARUGG

'San Marino' *variety of southern magnolia stays short. This one in Saratoga has been in ground six years*

the stalks and pull. Cut foliage back to about an inch from the corm and destroy the foliage, which may harbor insect pests or disease. Let corms dry slowly for about three weeks at 60° to 70° spread out in flats in a shady spot.

To store, separate the new corms from the old. Discard the tired portion at the bottom, next to the old roots, and any corms that are deformed or rotten. Store in paper bags with holes punched for ventilation.

New magnolia

'San Marino,' a new variety of *Magnolia grandiflora*, grows only about 25 feet tall, a dwarf compared to the full-sized magnolias up to 80 feet. The leaves of 'San Marino' are smaller and grow closer together on the branches than on the regular southern magnolia, which gives 'San Marino' a bushier appearance.

With its compact size and bushy appearance, the new magnolia is ideal as a shrub or for espaliering. Or it can be trained as a tree for a little yard.

'San Marino' magnolia bears 6-inch-wide pure white flowers with a lemony smell. It occasionally produces pinkish red cones in late summer and early fall. You can use these cones to make floral decorations.

This variety of magnolia can take heat if you give it enough water; it is hardy down to 20°. Remember that magnolias need better than average soil, good drainage, and more watering and feeding than most other young trees and shrubs.

Magnolias are fairly clean trees most of the year. They drop few leaves except from May to June, when they shed all their old leaves to grow new ones.

NOVEMBER CHECK LIST:

Here is what most needs doing

☐ **Annuals.** In most of northern California you can still set out winter-hardy annuals like calendulas, fairy primrose, pansies, and violas. Give them soil that drains well and put them where they will get plenty of winter sun. You can still start these annuals from seed this month: bachelor's button, candytuft, forget-me-not, larkspur, sweet alyssum, sweet pea, and wildflowers such as baby-blue-eyes, clarkia, lupines, and California poppy. Feed winter and spring-blooming annuals that you've planted at least a month earlier.

☐ **Camellias.** You can plant most varieties now. Pick a spot that gets shade from the hot sun, provides shelter from wind, and has soil with good drainage. Keep the soil around roots moist, because water stress can damage buds and flowers. Many Sasanqua and Japonica varieties flower in November. Remember to pick off old blossoms to encourage new flowers.

☐ **Dahlias.** When plants die back, cut off stems about 6 inches above the ground. Dig carefully around the clump, and pry it up with a spading fork; dry it in the air for several hours. If you wish, you can divide clumps now, when it is easy to find the eyes (growth buds). If you divide now, dust cut surfaces with sulfur to prevent rot. Bury whole or divided tubers in sand, sawdust, or vermiculite to keep them from drying out. Store in a cool, dark, dry place until next spring.

☐ **Fuchsias.** Keep plants moist until rains begin. In cold-winter areas, help fuchsias get through the winter by moving the containers under some overhead protection. Or cover fuchsias in the ground with 10 to 12 inches of peat moss or ground bark directly over the roots. Hold mulch in place with a collar of metal or paper. Wait until growth starts in spring to prune.

☐ **Living Christmas trees.** for living Christmas tree while the selection is greatest. I get a tree in a large container can grow for several years or e to plant it in your garden aft holidays.

☐ **Lawns.** Feed established now. If you want to pl new lawn, do it before the come. Hardy grasses like bent, grass, fescue, and rye will gern through November, but by D ber the ground will be too co some. The longer you wai greater is the risk that a heav will wash away freshly planted (For lawn care in cold-winter see *Where it gets cold* on the pr ing page of the Garden Guide

☐ **Perennials.** You can agapanthus, daylilies, phlox now. If they didn't well this year, it was probab cause the soil exhausted itsel them out with a spade and bre clumps into divisions with th five crowns each. Discard the central portion and reset each sion in the ground; add som moss, leaf mold, or nitrog riched ground bark to the so fore resetting the divisions ground.

☐ **Shrubs and trees.** Major ing should wait until but you can prune shrubs ligh improve their shapes. Remove limbs from trees and thin out ture so winter winds will not age them. Remove sucker g from shrubs such as lilac and grafted plants where suckers a viously growing from the root Stake newly planted trees to p wind damage.

☐ **Vegetables.** In mild- areas set out plants of coli, Brussels sprouts, cabbag cauliflower. Artichokes, aspa and rhubarb should be availa the end of the month. Plant se beets, carrots, peas, radishes spinach.

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It flowers yellow in spring, it isn't very demanding, and it covers the ground

it comes to ground covers, most ıers depend on the same old re- . But occasionally an unusual and one comes to light.

·ound cover you see here is such a It's relatively uncommon, and a fine cover for informal garden wild gardens, rock gardens, along ·ays, or in divider strips. It grows ; to 12 inches high, with bright · flowers in late spring.

ıld be fitting if this useful and at- e ground cover also had an easy- ıember common name. *Hyperi- coris* (Hi-PEAR-ih-come) seems rmal for such an informal plant. : its tough but overly aggressive e, called Aaron's beard (*H. caly-*), *H. coris* is mild-mannered h to use in most garden situations.

w-growing evergreen with gray- foliage made up of wiry, upright ıes with whorls of needlelike . *H. coris* stays shrubby while ling out from a central stem to 2 feet across. Bright yellow flow- ;htly streaked with red appear in sion over a relatively short period, April through June.

rdy plant, *H. coris* needs a mini- of care. It grows well in sun or hade, but does best in shade where ers are hot and dry. Water every ys or so in summer unless plants signs of wilting. Generally, *H.* seems to shrug off competition other plants, making it a good d cover around shallow rooted or invasive native plants. Set plants ıis month about a foot apart for over. Plants are hardy down to 10°.

it's not a common plant, not all ries stock *H. coris*. □

NORMAN A. PLATE

Bright yellow flowers *cover Hypericum coris in foreground at right. Plant grows 6 to 12 inches tall. Flowers are ¾ inch across, bloom April to June*

One spring day last year, a striking thing happened at John Muir Junior High School in San Jose. Outside the windows a man from a pest control firm was spraying all the lawns, shrubs, and trees.

The youngsters asked some questions. Why should their school be sprayed? Why spray everything? Why do it regularly every month?

By midsummer, three important adults—a biology teacher, the school principal, and one of the school district trustees—were asking the same questions.

The gist of their answers was: Let's find out. The district decided not to let out the usual contract for routine spraying at all schools for the year 1970-1971. (A school with a specific pest problem could get treatment for it, however.) And John Muir Junior High became a trial school

Ninth-grader *washes mites off pine. Students at rear are weeding lawn*

NORMAN A. PLATE

A lawn weeder *at work. They pulled mostly crabgrass and dandelions*

to see whether students, under direction of teachers, could observe their own campus greenery, determine when and if organisms were spoiling any part of it, and then control those organisms with natural (nonchemical) methods.

We can report now, at the beginning of a new school year, that John Muir's trial year proved that the idea has promise. The program has enhanced classroom learning by giving the school grounds a biology laboratory role. And students play a meaningful, practical role in school operations and maintenance.

The student work team was made up of science class members and ecology club members. The youngsters really swarmed over the job; the prodigious amo time spent undoubtedly contribu the program's success.

In these pictures you see some of the students did. They have pull all the lawn's dandelions and cra weeds formerly sprayed with cher They've kept shrubbery beds wee by using the original weed killer, th And they have regularly scrutiniz

COMMUNITY ACTION: Junior high school people launch an unusual attack on pests and weeds . . . and achieve results

showing *a science teacher a moth she found in the raphiolepis*

They're hoeing weeds *in a raphiolepis bed*

and shrubs for holes in leaves, and ing things. They found and identi- hites on Monterey pines and washed off with jets of water from the Aphids appeared on many shrubs e spring. The students washed them eleased ladybugs to eat them (with esults), and also observed that some insect was parasitizing many aphids eaving big holes in the aphids' abdomens. Tussock moth larvae were found on some shrubs and they were eating leaves. The students hand-picked and destroyed them.

During the summer a group of volunteer students who signed up in spring met at the school periodically to continue the weeding, the scrutiny for damaging organisms, and the non-chemical controls as needed. □

How students *rned whether a creature was a friend, foe, or her: First, they caught it, then dentified it with hand lens. If unidentifiable ere, they keyed it out in insect book (right)*

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The cover crop as green manure

Right about now you can sow the k of plants that grow through winter add organic matter to the soil w spaded in next spring. The plants called cover crops. The whole proce called green manuring, and it can prove soil tremendously.

Sowing a cover crop is easier cheaper than bringing in wheelbar fuls of manure or other organic ma Also, many people consider that a c crop decaying in the soil is a better improver than the more conventi soil additives. Whatever your rea getting in a cover crop is a satisf farmy thing to do.

A cover crop works primarily as a improver, not a fertilizer. The org matter it adds makes the ground e to work and makes life easier for p roots. While most cover crops don't nutrients to the soil, they also don't any out. And they store nitrogen might otherwise be lost; that nitr goes to your garden when you spa the cover crop.

The time to sow a cover crop is before the rainy season. The rains take care of most of the watering, i all of it. You usually spade unde top growth in spring just befo blooms. (If foliage is too thick to s under, mow it first.) In the damp, w ing spring ground the cover crop d rapidly.

Right after the cover crop is sp into the ground, the bacteria inv in decomposing it temporarily ro soil of nitrogen. This doesn't go o long, so wait a few weeks before p ing your garden; or add a little nitr fertilizer to the soil to compensat the temporary loss.

These are good cover crops: horse (fava beans), clover, black mustard, and annual rye. You can find see them in seed catalogs and at some series or feed stores. If you plant c or horse beans, first treat them w legume inoculant (available from of the same sources). The inoculan help the plant gather up nitrogen air in the soil, which makes the p more valuable as a cover crop.

Of course, winter weeds can be t into the soil as a cover crop, too. B to spade them under before they b and set seed.

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NORMAN A. PLATE

*ıck stones were pushed
l around base of
vent muddy feet*

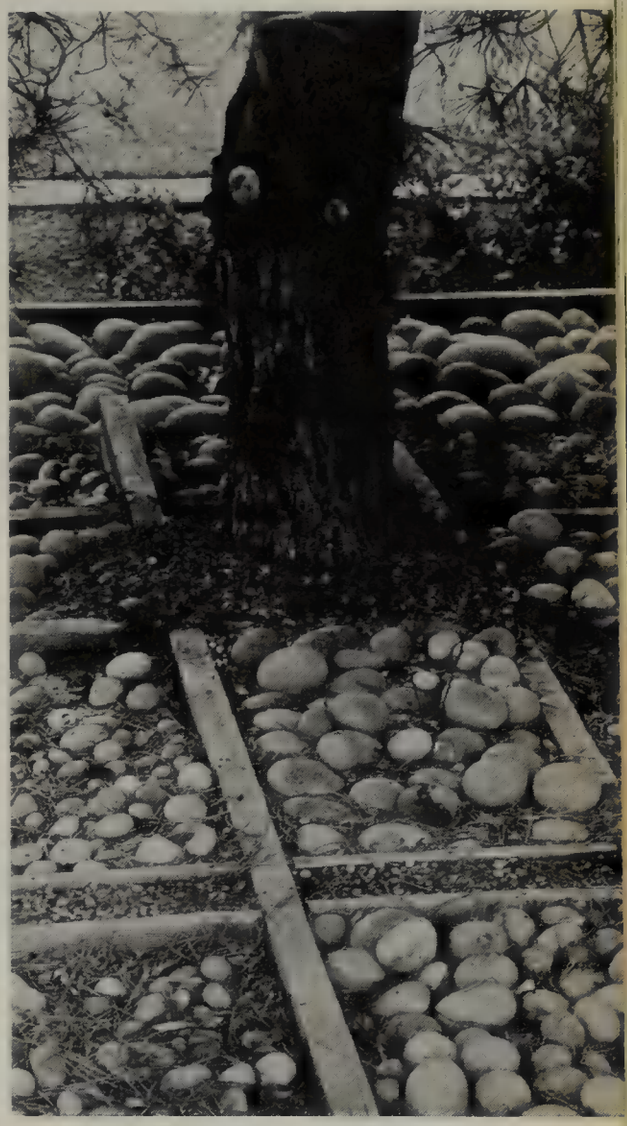
Rock mulch under a tree . . . it lets in water and air and it can be very good looking

Fall is a good time to put in a rock mulch like the ones you see in these photographs. Rocks you put down now will be all ready to do their regular mulchy chores (like conserving moisture) starting next spring, and meanwhile this fall and winter they'll be useful to keep down the mud.

Under a tree is the perfect spot for a rock mulch. The usual problem with rock mulches elsewhere is that weeds often grow up through them, but under a tree, weeds don't stand much of a chance of growing. The shade inhibits their growth and may even keep weed seeds from germinating.

Alternatives to mulching under a tree (besides bare dirt) are plants and paving. But there aren't too many plants that will grow under a tree, especially if it makes dense shade or offers strong root competition. A rock mulch can look as attractive as plants, and it has a strong advantage over paving in that it lets water and air get to the tree's roots.

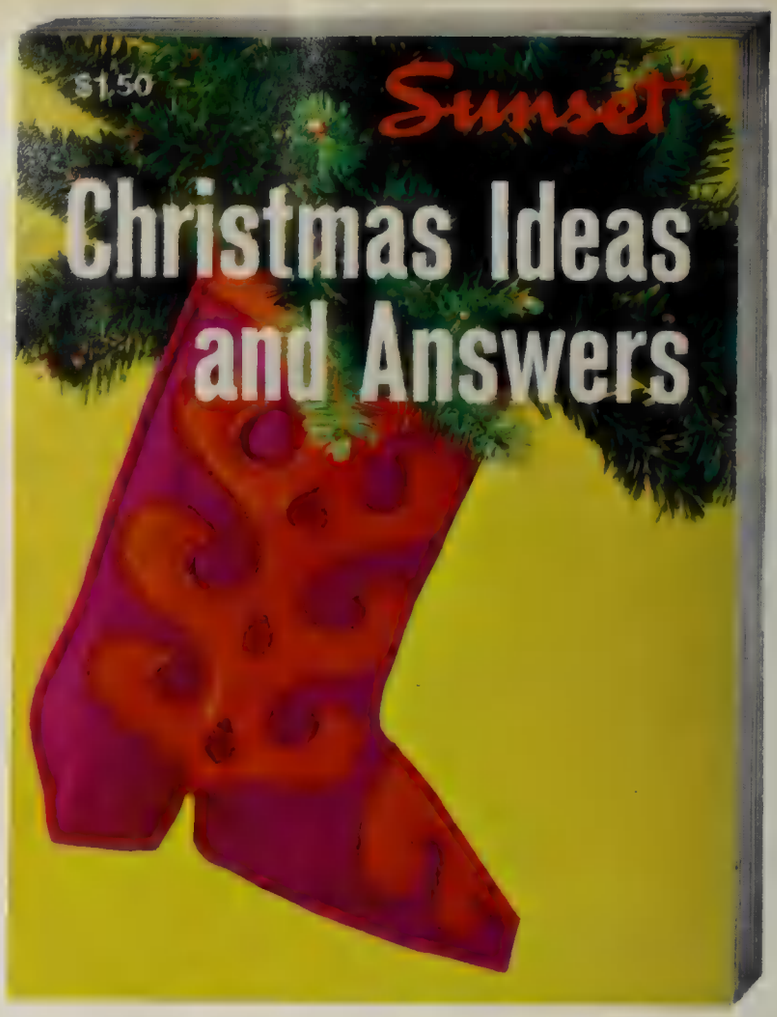
One way to place the rocks is to soak the ground until the top few inches are good and muddy, then push the rocks into the mud. Another way is shown in the photograph at right: The designer built header boards in a checkerboard shape and then piled the stones inside the squares. □



This mulch *puts different-sized stones into separate compartments. Design is by Burr Garman*

Some stones *laid flat, others on end, make an interesting design in tree's watering hole*

By the
Editors
of *Sunset*



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NORMAN A. PLATE

Red and yellow *Kaufmanniana hybrid tulips in yellow enamel casserole. But they didn't grow there (see below)*

White ironstone *soup tureen serves as temporary display container for white 'Mount Hood' daffodils. Trickery explained below*

Growing daffodils nd tulips in kitchen pots and pans

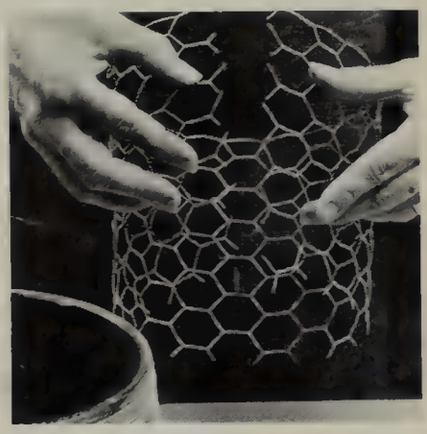
s **daffodils** and tulips are growing in chicken-wire baskets made to fit sup tureen and casserole in which ere displayed indoors during their ring season.

find the same idea worked beauti- y with crocus, hyacinths, muscari, ner spring bulbs. The display con- e we used—they're needed only in bloom—included a bean pot, rlte mold, copper saucepan, fish cer, and a salad bowl.

e bulb baskets, use 1-inch chicken e's flexible enough to handle easily. p he selvage edge at the top of the k Line the basket with aluminum hold the soil, and poke a few l holes in the bottom for drainage. n here on, proceed in the same way w n planting bulbs in regular pots. e basket with a porous soil mix or b iber. For maximum display, set b close together, with tips slightly le the surface of the soil or fiber. Soak thoroughly after planting.

Place the planted basket in a flat or box in a cool, dark spot, and cover with 3 or 4 inches of moist peat moss or ground bark. When the bulbs have rooted (in 8 to 10 weeks), remove the mulch and

1. *Cut chicken wire to fit the bottom of the container. This earthenware bean pot will hold some yellow daffodils*



2. *Form a circle of wire mesh to fit the inside walls of the container. Close the circle by fastening cut ends of both sides*

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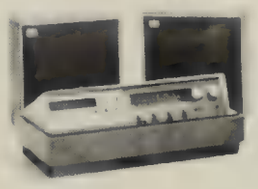

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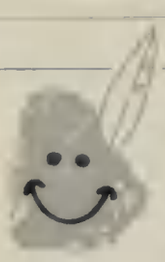

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NORMAN A. I

3. *To complete the basket, fasten bottom piece to wire cylinder by bending cut ends into mesh as shown*

4. *Line the wire mesh basket with heavy-duty aluminum to hold soil mix. Make a few sm holes for drainage in bottom*

5. *Fill basket with soil mix; plant bulbs with tips just under surface; water well. Mulch with peat moss or bark; g plants here until they bloom*

place the baskets in full light; l tops grow) move into full sun.

Finally, when the flowers start color, comes the time to slip t basket into the display container While the bulbs are indoors, wa enough to keep the soil moist. will last longer in a cool room.

After flowers fade, if you want the bulbs for next year, sink th slightly below its rim in the grou

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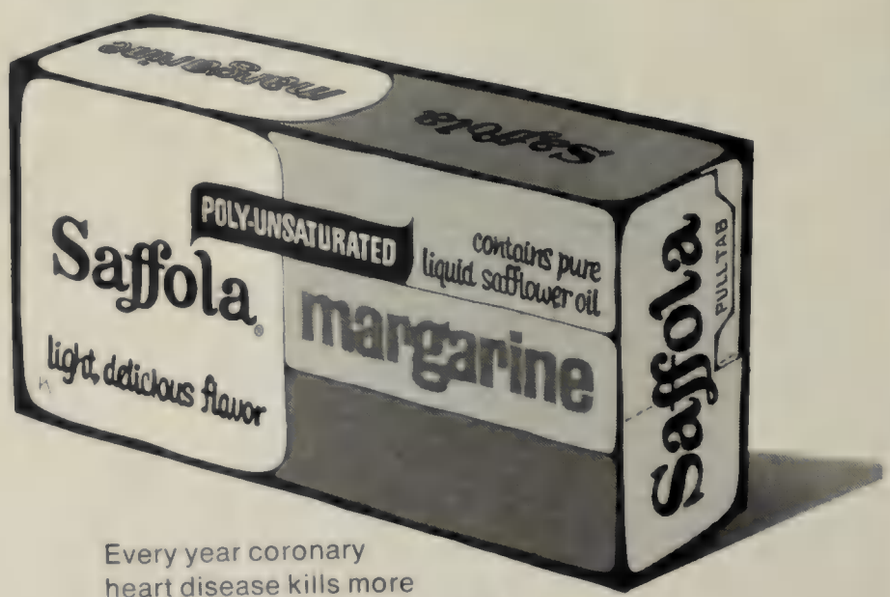

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A close watch o garden insects

Natural control of garden pests suc best when you understand the life of both beneficial and harmful c isms that inhabit a garden.

This is one of the lessons that the f ers and students at John Muir J High School in San Jose, Calif learned from undertaking the sc garden maintenance.

Another lesson they learned is tha ural controls demand regular att and vigilance. For instance, whe children get behind in dandelion trol, they pick the flowers while w for their school buses. This keep plants from going to seed and st more dandelions.

Biology teacher Mrs. Donna Br reports on further ways in whic dents both learn and handle proble

The school lawn did not suffer fro webworms (lawn moth larvae) this perhaps because the grass had sprayed until the previous April. and if they do appear, Mrs. Br plans to soak the lawn to forc worms up where students can them. If that fails, they may try a thrum spray; derived from plants. thrum is degradable.

After a week in which the b class studied live earthworms, st planted three dozen healthy night ers in groups of three in the s garden beds to condition the soil.

The students identified the tussock larvae with the help of reference that also told them when the t moth lays its eggs and what the like. In winter they will search f and destroy any they find by p them with creosote.

A library of reference books is es The main one used at John Muir *Sunset Western Garden Book*, contains drawings of common pests. For more detailed inforn students use the following:

Butterflies and Moths, by Robert ell and Herbert Zim (Golden Pre cine, Wisconsin, 1964; $1.25). *I* by Herbert Zim and Clarence C (Golden Press, 1951; $1.25). *Bio Control of Plant Pests* (Brookly tanic Gardens, Brooklyn, N.Y.; $

As a teacher's guide, Mrs. Brunt *How to Know the Insects*, by H Jaques (William C. Brown, Du Iowa, 1947; $3.25, $2.50 paperb

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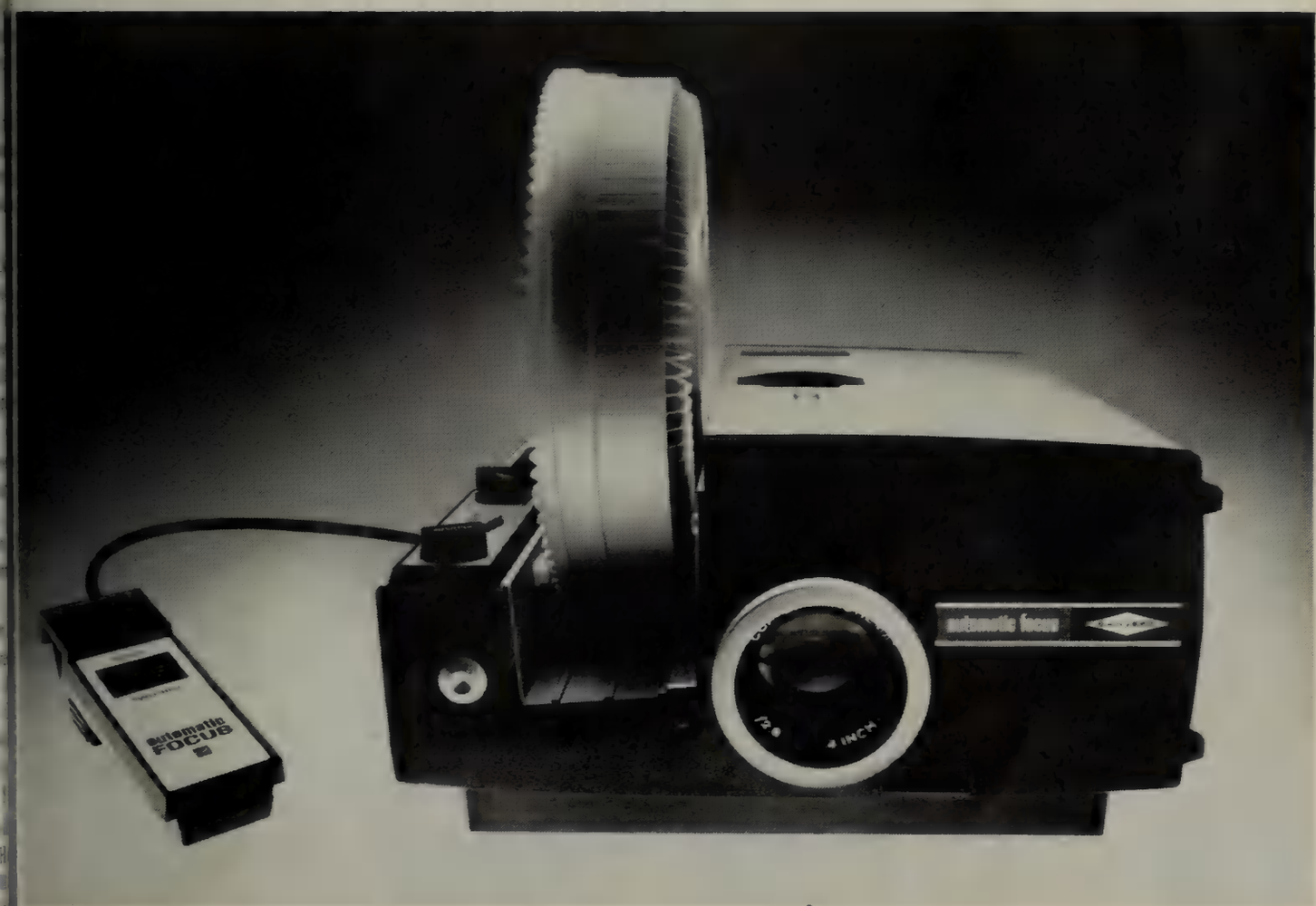

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And it all rolls out on ·els, so cleaning beneath n behind is easy.

·del DB 650 $219.95*

This Hotpoint dishwasher ·cks "Whisper-Clean" e use special sound-deadening ·slation is put on its top, sides, a ·, service panel and ·lwiched in the door.

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Model WLW 4950 $259.95*

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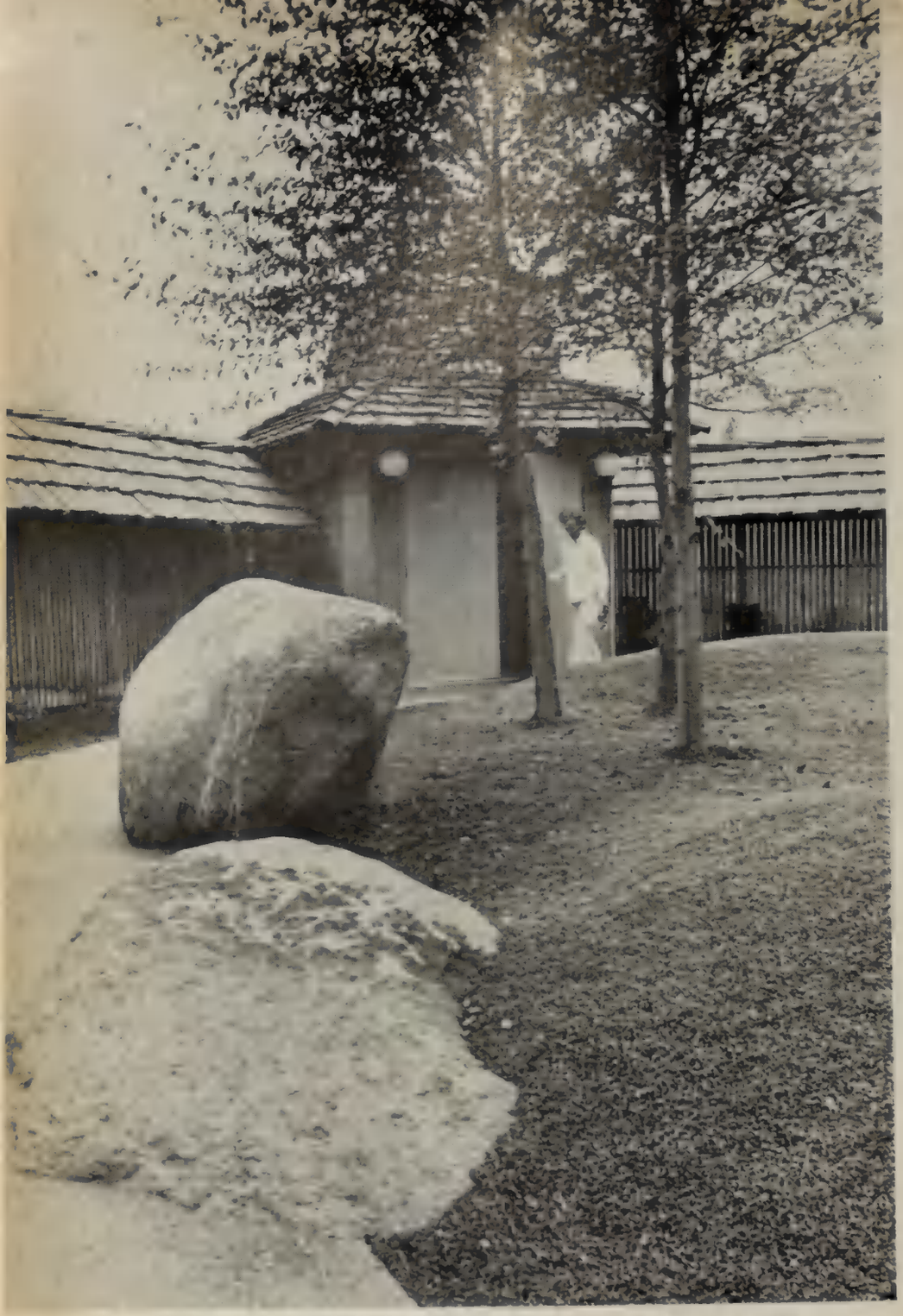

Massive boulders *look as if they were always here. They weren't*

The beauty of this garden is its sim ity. Several huge rocks, a cluster o ders, and a rolling mound of dicho are all there is to it. You can stretc on the dichondra or lean up agains alders; and you can't stop lookin those boulders.

Mr. and Mrs. Ray Hendersen live i foothills of the Sierra near Sacram and were fortunate enough to fin large boulders near their homesit they just had a bulldozer push them the property. They're quite heavy. one sitting on the surface in the p graph to the left weighs about 2½

Garden supply yards often have this size and smaller, called field st in stock. At supply yards in nor California, field stones sell for 2 cents a pound, and the price inc delivery on orders of more than a At these rates the 2½-ton bo would cost between $100 and $30 livered. Of course, you don't neces need rocks as large as the ones i garden.

It's tempting to leave all of the s sitting up on the surface of the g for the full impact of their massiv But landscape designer Mark A thought differently. He treated som icebergs, burying as much as two- underground. They look natura way, not as though they'd been dr in as an afterthought.

The alders (*Alnus rhombifolia*) a tive to the Sierra foothills, and ar throughout California. They'r tremely fast growing (these were p from 5-gallon cans two years ago)

So far the roots don't seem to be a lem to the dichondra lawn. Alt occasionally a thick root reach surface, it just adds to the natur of the garden.

There is nothing much to it

And that's the beauty of this garden

Paving *and a dichondra mound flow around field stones. Roofed fence and storage shed enclose the garden*

NORMAN

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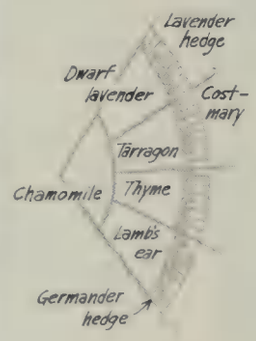
Many herbs in small space . . . room to walk . . . intriguing looking



Herbs *and brick paths radiate out in concentric arcs for easy harvesting, weeding*

The two herb gardens on this pag contemporary versions of the old ioned knot garden, which cont mostly herbs planted in geometric signs. That kind of layout had tw vantages worth considering wher plan an herb garden today.

One is that it put many herbs i small space and still left room to among them for harvesting, wee and other chores. And as the kno den grew more elaborate, peopl covered the second advantage: t made a very interesting addition t view from the second story of the h Even if you don't see it from a s story (or a deck or hill), it can stil intriguing at ground level.

The garden of Mrs. Fred Bauersf Santa Barbara in the upper photo is the closer of the two to the tradi type. But instead of taking the kno den's usual four-sided shape, thi radiates, with small herbs at the c and taller herbs at the edges. Small paths divide the plantings so a herbs are easily reached.

The other garden, designed by Burkard for the Harrison Chandl Arcadia, California, has little r blance to the traditional knot gar design, but does have the same pu Each little triangle of herbs is easy reach and the overall shape ning next to the path, is pleasing.

You can plant many of the per herbs in these photographs this n If planted now, they will put on growth (mostly the roots) this fa winter, and next spring they'll take off when you would norma just planting them. The annual he the photograph (basil and dill) sho planted in the spring. Soil doesn't to be good, just fast draining.

Wooden *triangles alongside a garden path hold herbs and make for easy access*

WILLIAM APLIN

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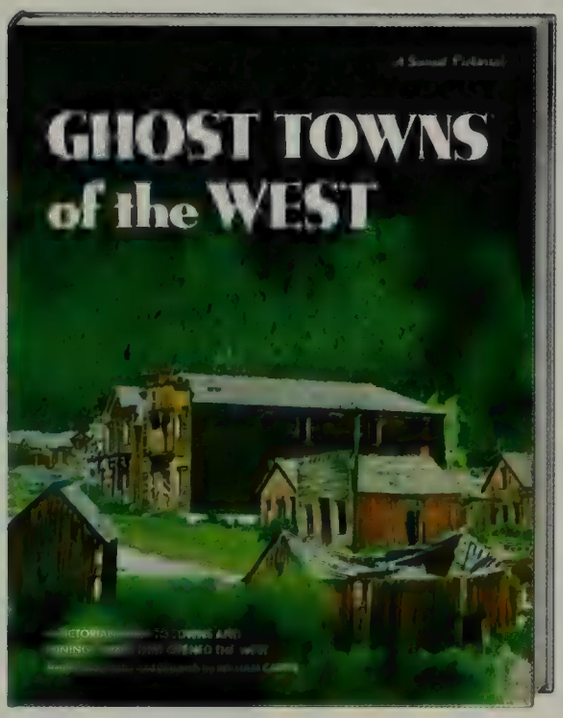

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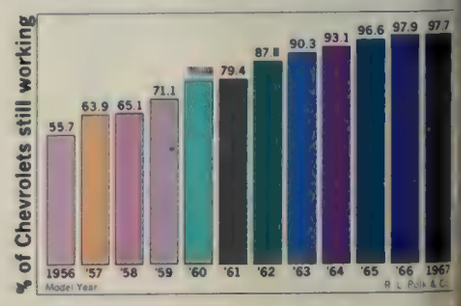

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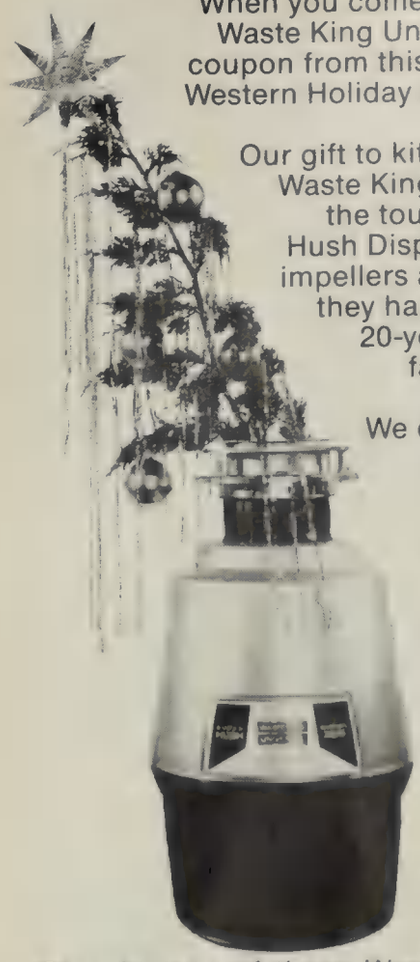

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[illegible]
Mariner Plumbing
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White Front Stores, Inc
[illegible] Mowry Ave

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[illegible]
C Markin Hardware
[illegible]
White Front Stores, Inc
[illegible] Rd
[illegible]
[illegible] Market St

PALO ALTO
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PLEASANT HILL
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A and A Bi[illegible]
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Cut Rate Plumbing
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White Front Stores, Inc
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Handyman
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Handyman
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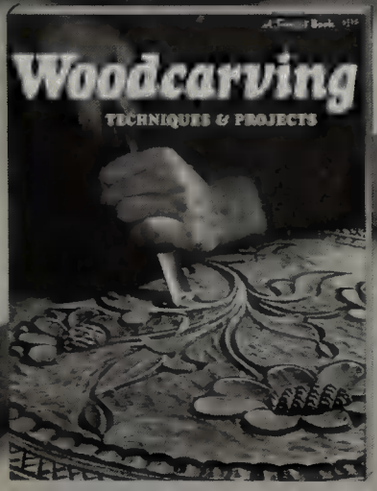

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izers of group tours can arrange guide by calling (415) 661-0822 on ay or Thursday during office hours, .M. to 3 P.M.

Francisco. Members of the San isco Garden Club will guide groups h the Conservatory in Golden Park. The conservatory is open from 8 A.M. to 5 P.M. but these free must be scheduled, preferably two in advance, by telephoning (415) 973.

ise. November 3. Annual chrysan- m show and tea presented by the ise Garden Club. Place: Elks Club, Clark Rd. Hours: 1:30 to 8 P.M. ssion: free.

ut Creek. November 6 and 7. th annual chrysanthemum show ored by the Northern California anthemum Society. Place: Heather Recreation Center Bldg., 301 Shep- Rd. Hours: 10 A.M. to 7 P.M. Sat- ; 10 to 6 Sunday. Free.

ton. November 11. Christmas and setting show sponsored by the ton Garden Club. Place: Civic Au- um, Center and Fremont streets. s: noon to 9 P.M. Admission: $1.

nga. November 17. Annual fall r and chrysanthemum fete spon- by the Coalinga Woman's Club. : Zenith Hall, 154 W. Cedar St. s: 1 to 9 P.M. Free.

Cruz. November 20 to 21. A tmas boutique sponsored by the Cruz City Museum Auxiliary. : Museum, 1305 E. Cliff Dr. Hours: M. to 5 P.M. Free. Items for sale le dried floral arrangements and and seed gifts.

ose. November 30 and December nth annual standard flower show nted by the Las Jardineras Garden Place: Lenninger Community Cen- elley Park, 1300 Senter Rd. Hours: 9 P.M. Tuesday; 9 A.M. to 3 P.M. esday. Free. □

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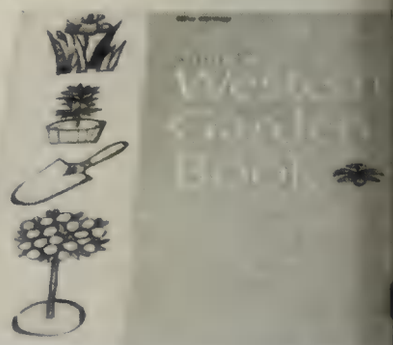

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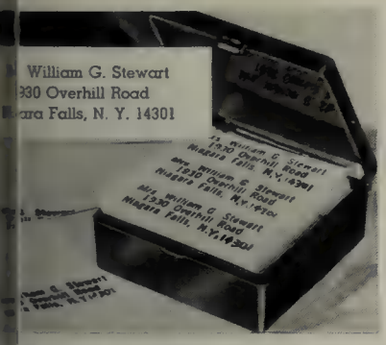

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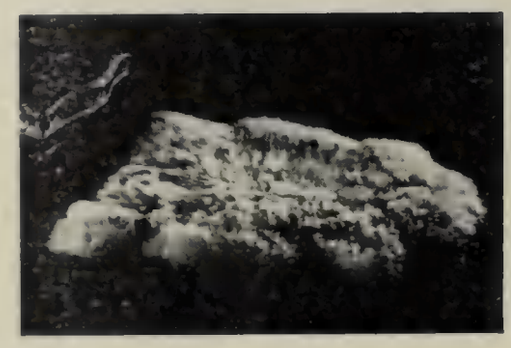

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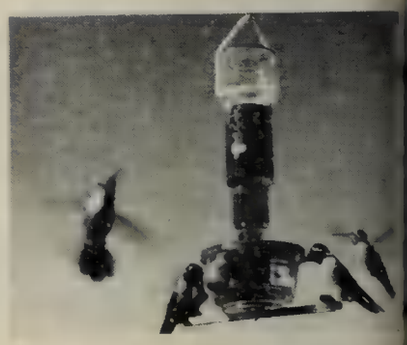

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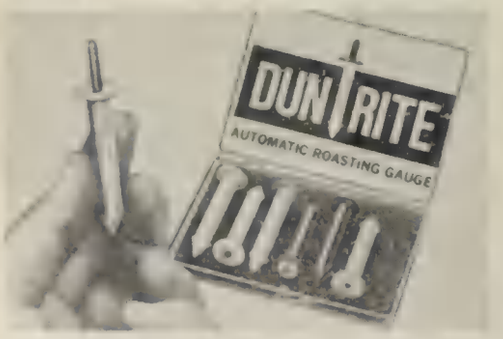

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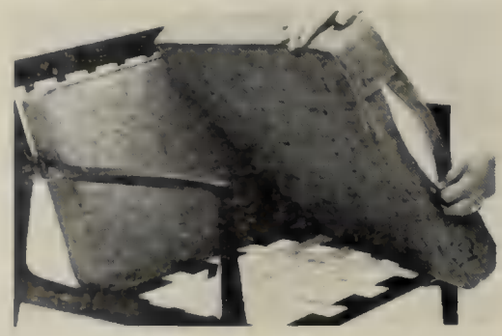

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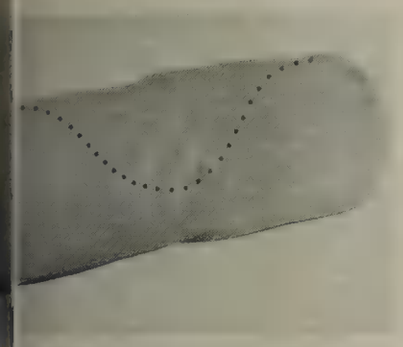

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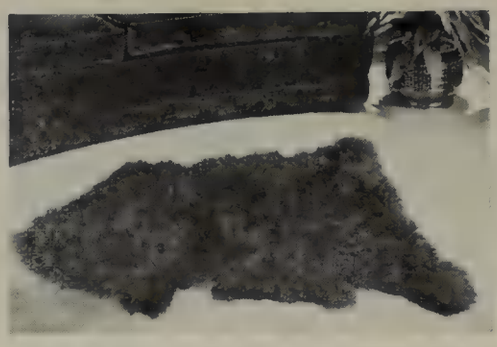
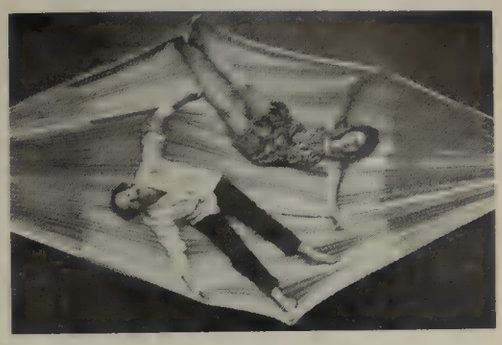


Western Lambskin! Prestige Gift!

Topgrade Western Lambskin Rug, 2½ x 3½ ft. of deep, luxuriant lamb colorfast-dyed to fit any decor, just $14.95 (guaranteed to Jan. 15, '72). Natural, Red, Turquoise, Avocado, Purple, Hotpink, Orange, Forestgreen, Gold, Smoke, Rust, Black. Money-back guarantee; 2 wk. del. postpaid in U.S. or Can. Check, M.O., BankAmericard, Master Charge. Free Brochure of other prestige lamb and steerhide gifts. Harry W. Jackson Wool Co., 50 years in Portland, Ore., P.O. 17097, Portland 97217



Giant Yucatan Hammocks

At Christmas or any occasion give a Hammock Master™ giant Yucatan hammock for indoor and outdoor sleeping, seating and dining. Each hammock is hand-woven of 100% cotton in bright multi-colors — no two alike. The large size, $60, sleeps 2 or seats 8; medium, $30, sleeps 1 or seats 3; small, $15, doubles as adult lounging, or child's sleeping size. Incl. $2.50 for shpg plus sls tax where applicable. Brochure available. Hammock Master™, 1331 Columbus Ave., San Francisco, Ca. 94133.

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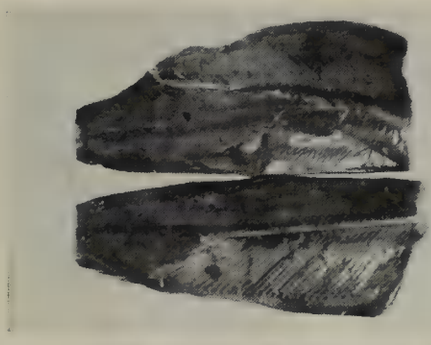
al, American Flag, Pine, Gull, Palm, er, Saguaro, Rose. (Also available Flag, Maple Tree, Treble Clef, Pal- to 20 letters per line, 4 lines. Printed n White or Gold gummed labels 1½ cked in plastic box. 500 on white or ld for $2 postpaid. Or on Deluxe size, " for $3. Specify Initial or Design ir mail, add 33¢. Bruce Bolind, 411 Building, Boulder, Colorado 80302. u kindly!

Large Balloon Wine Glasses

This Burgundy Balloon glass is the most flamboyant of all wine glasses gracing today's tables. Once reserved for vintage wines, now inexpensive and sturdy enough to use every day. Hand blown of crystal-clear glass. Curving sides and large 20-ounce capacity allows room to swirl and concentrate bouquet of the wine. Makes everyday wine taste great! Set of four $11.00 ppd. (Cal. res. add 5% sls tax). Free catalog of other wine glasses in stock. *Wine Glasses*, Box 732, Sausalito, Calif. 94965.



Delicious Smoked Salmon

Rare delicacy from famous Puget Sound fishing waters. Specially selected choice Red Salmon, delicately flavored over rich alder coals—a gourmet's treat you'll never forget. Shipped plastic-sealed in postpaid container. Whole salmon (weight 4¼ lbs.) $9.45; half salmon $5.75. Add 50¢ for shipments east of Rockies. Special Recipe folder included. Satisfaction guaranteed. Write for free catalogue of Really Different seafood boxes. Hegg & Hegg, 801 Marine Dr., Port Angeles, Wash. 98362.

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f Florentine Original. 24K gold plate, e. Paperweight, or wall decoration. on back. "One leaf is for Hope, And r Faith, And one is for Love, you d God put another in for Luck." Seen Nixon's desk during TV White House de in USA. $4.50 Ppd. With swivel & quality Ball Point Pen, $7.50 l. Res. add 5% tax). Master Charge/ *Geneva Loves Gift Creations*, 513 t., San Rafael, CA 94901.

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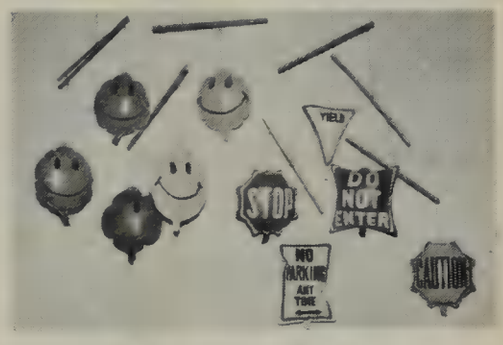
Make your own glasses, goblets, vases from discarded bottles. Do your bit for ecology. Sell for profit. Give as gifts. Use at home. Give your friends glasses made from their favorite beverage bottle. Any round bottle can be cut safely and easily in 5 min. Precision tool of chrome plated steel comes with 3 cutters. Dealer inq. inv. $9.95 + 50¢ pp. In CA add 55¢ tax. 3" or 4" wooden handles $4.95 for 6 + 30¢ post. Epoxy $1.00. Anderson Assoc., 1370 Logan, S-5, Costa Mesa, Ca. 92626.



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Bring grace and warmth to any room with a "Happy Smiling Faces Mobile" or the "American Road-Signs Mobile." Crafted in durable vinyl, these uniquely beautiful inflatable mobiles make wonderful gifts for friends and loved-ones (babes to adults) approximately 2½ feet (top to bottom) with the 5 full-color faces and realistic road-signs (about grapefruit size). Hang them anywhere/everywhere. $1.98 ppd. tax incl. no CODs. GME, 111 W. St. John St., Rm. 511, San Jose, Calif. 95113.

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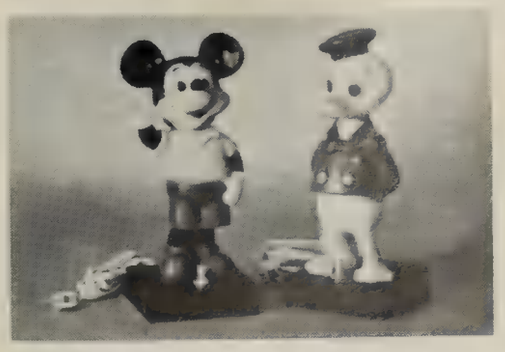

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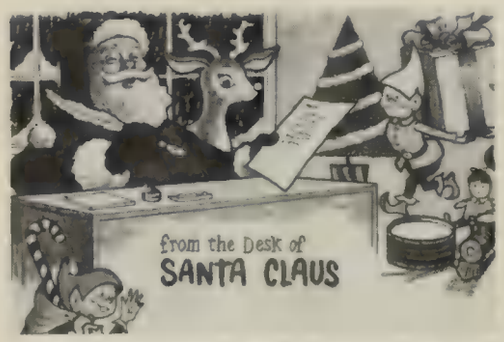

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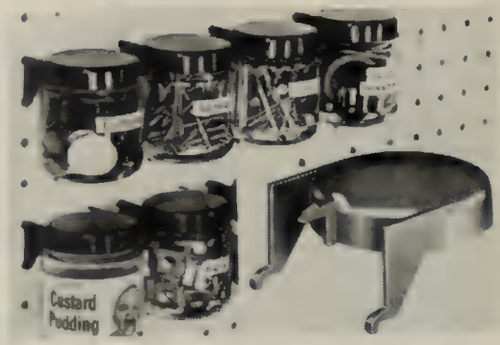

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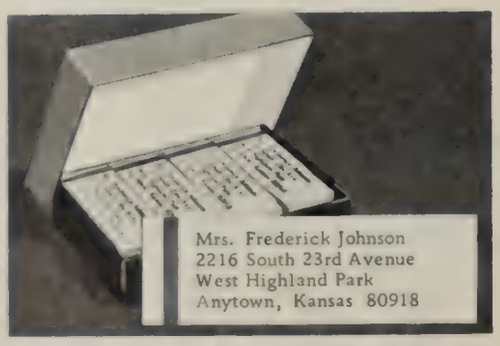

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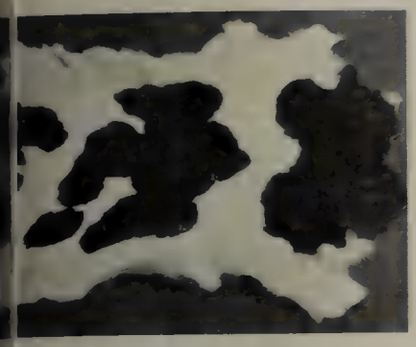

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NORMAN A. PLATE

Three-inch bulb *of Ornithogalum caudatum awaits multiple birth*

Pregnant onion will multiply

False sea onion or pregnant onion (*Ornithogalum caudatum*) has attractive, long (to 2 feet), strap-shaped leaves and long wands of white and green flowers. Nevertheless people grow it not for its leaves or flowers but for its odd bulbs and their propensity for multiplying.

The gray-green, smooth-skinned bulb is 3 to 4 inches thick when mature and, unlike most bulbs, the greater part of it sits on top of the ground. Bulblets form underneath the papery outer layers and swell until they become noticeable bumps, hence the name "pregnant onion." Eventually they split the outer bulb coating and fall to the ground, where they quickly (in a few days) take root and begin to grow. A pot of any age at all has many youngsters rooted around the base of the mother.

Nurseries that carry unusual plants often have pregnant onions. It's also a favorite with people who like to share their plants with friends. There are always bulbs to give away, and an occasional thinning out shows off the graceful curve of the big bulb to better advantage.

Bulbs grow in ordinary good garden soil in sun or partial shade with routine watering and an occasional feeding. Failure to water them may cause loss of leaves, but plants recover when watering is resumed. They are hardy to about 25°. Protect where temperatures go lower, or move to a sunny window inside the house. □

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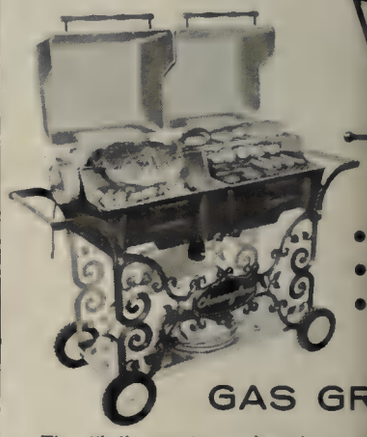

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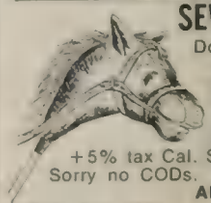

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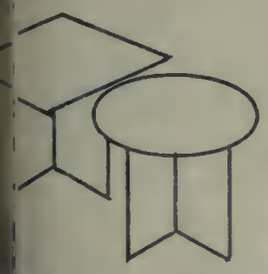

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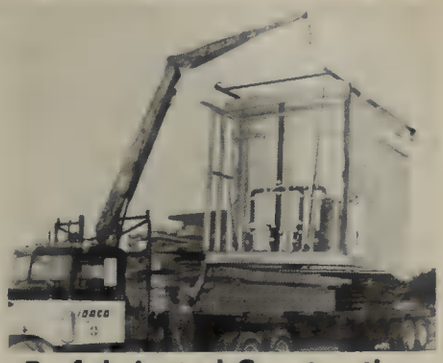

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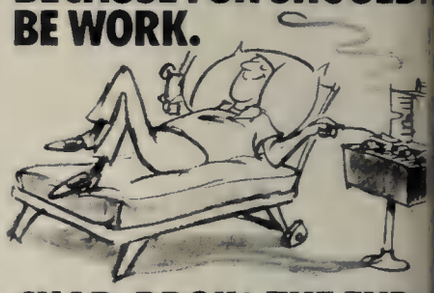

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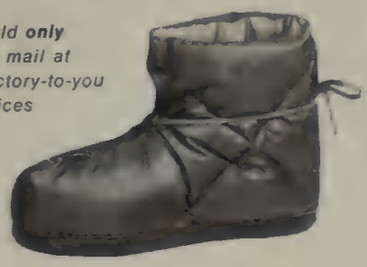

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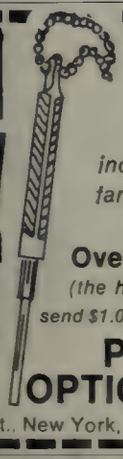

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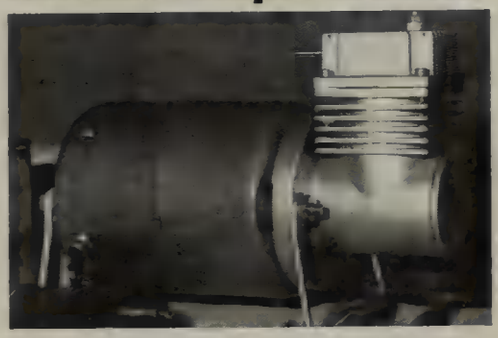

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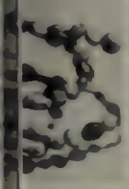

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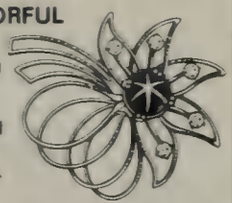

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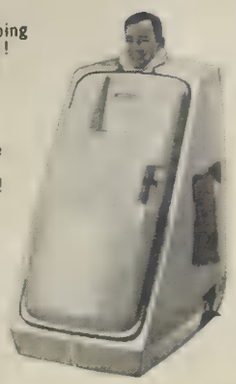

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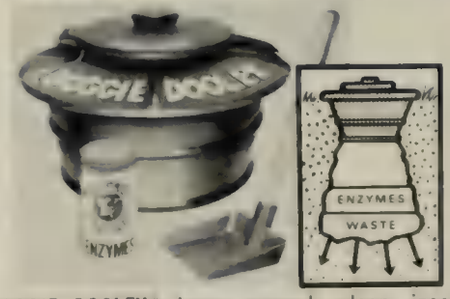

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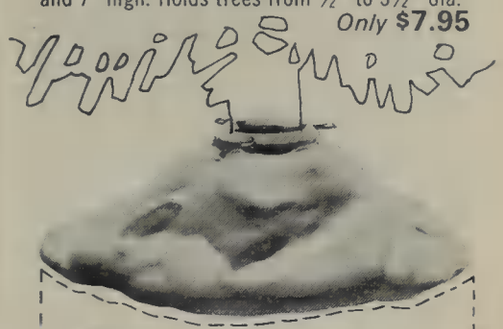

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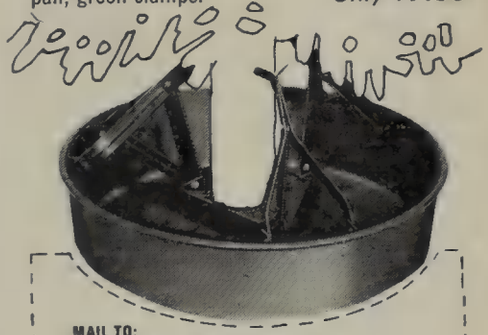

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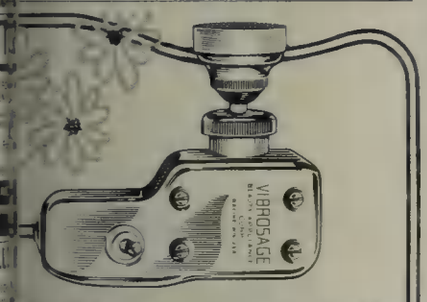

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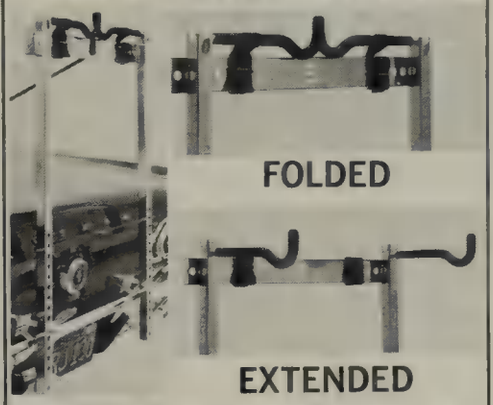

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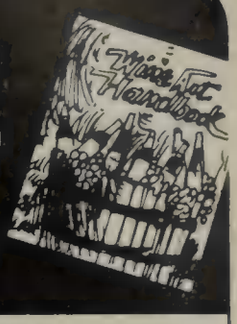

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Coming up . . . a 100th birthda

In the spring of 1972 we will celebrate the 100th anniversary c precedent-breaking act of Congress that established Yellowstone tional Park "as a pleasuring ground for the benefit and enjoyment c people." It was not only our first national park, it was the first i world. Eventually our parks became prototypes, models, and inspi for national parks on all the other continents.

The West has played a very important part in national park dev ment from the beginning, and even before. Yosemite was the cu raiser: In 1864 President Lincoln turned over Yosemite Valley Mariposa Grove by proclamation to the state of California to re forever public parkland. This provided the core for the much l Yosemite National Park that came into being in 1890.

Each one of the nine national parks established before 1916, whe National Park Service in its present form began operation, lay w the Mississippi.

A special presidential commission, including *Sunset* publisher I Lane, Jr., designated by President Nixon as chairman, has appointed to prepare and execute the celebrations that will mar centennial year. It is further charged with making 1972 an app year to study the national parks and make recommendations on future policies and administration.

Congress has made this centennial celebration both a public a private affair. It will help defray expenses by appropriating up maximum of $250,000—provided that the centennial commissio raises at least $300,000 by other means. (The most sizable expen now foreseen will be for an international conference on national at Yellowstone and Grand Teton parks in September.) Sales of s commemorative medallions are expected to raise some of the f

Meanwhile, the commission is empowered to accept private, tax-d tible donations from any non-Federal source, including indivi foundations, and groups wishing to participate in the centennial program. Inquiries should be directed to William J. Briggle, Cent Director, NPS, Dept. of Interior, Washington, D.C. 20240.

WINDOW ON THE WEST: *Old Faithful*

Old Faithful is best known of the some 3,000 geysers and hot springs at Yellowstone National Park. But it's neither the largest nor the most predictable. Steamboat Geyser sometimes erupts 300 to 400 feet in the air. And Riverside Geyser erupts almost always every 6 hours, 20 minutes (Old Faithful may wait from 33 to 96 minutes between plays). Old Faithful owes its fame to a combination of size (130 feet high) and eruption frequency (averaging every 65 minutes). A $6 million-plus program of refurbishment is under way to prepare Yellowstone for its 100th anniversary. □

DECEMBER 1971 50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING

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Gonfalons — Christmas Banners

Gifts · Piñatas · Decorations · Shopping · Merry Christmas!

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What are the differences that count?

When we designed the Pinto, we figured the four most important things about a car are how it accelerates, how it stops, how it steers, and how long it lasts.

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Pinto Runabout

Pinto

Different where it counts.

Sunset*
THE PACIFIC MONTHLY*

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Feature articles for December 1971

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The Cover Story

The banners on the cover are gonfalons. They once bore insignia of medieval royalty; we thought they might bear holiday messages today. They're as easy to make as they are impressive. Learn how beginning on page 70. Cover photograph is by Glenn Christiansen

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NORMAN A. PLATE

More orchids than you ever thought existed

With its lacy delicacy and intense colors, the orchid is one of the most prized of flowers. But even this fragile bloom is grown for a mass market under assembly line conditions.

At the Rod McLellan Company's "Acres of Orchids" nursery at 1450 El Camino Real in South San Francisco there are 550,000 square feet of greenhouse devoted mainly to valuable orchid hybrids. Plants are set out in sprawling indoor gardens to flourish under controlled conditions until maturity. The process may take from five to seven years.

This month the orchids are in their full glory. Free guided tours are offered every day at 10:30 A.M. and 1:30 P.M.; groups of six or more can schedule a tour for any time. A display and sales room is open from 8 A.M. to 5 P.M.

The first stop on the tour is a greenhouse where blooms are pollinated: Pollen dust is hand-carried from one flower to another. After nine months, seeds are extracted from pods and carefully incubated until they sprout. At another stop visitors are shown how botanists remove tissue from high-quality orchid stock and grow new plants using the meristem culture technique. (See page 197.)

Rod McLellan Company's other large nursery is at 2352 San Juan Road in Watsonville. Tours are available.

Menlo's miniature trains

The old Christmas story—that son can't get to his sparkling new electric train because dad has commandeered it for

Scores *of fragile blooms, above, in nursery greenhouse. Left, worker sorts orchids for sale to florists*

Sunset
THE MAGAZINE OF WESTERN LIVING
December 1971

Though not hired *for hubcap-removing expertise, these two editors find their skill is handy for testing an article idea*

They are not stealing hubcaps

These two *Sunset* editors reassured us that they were merely checking a December story; they even asked the owners first if they could remove the hubcaps of their cars.

When one of the editors revealed his family's secret for supporting a Christmas tree using a spare tire, we had to be sure the idea was universally practical. We questioned whether all tires have a similar-sized center hole in the wheel rim. So the *Sunset* parking lot became our testing grounds.

Fortunately the hole diameters were almost equal on all the vehicles tested (except a large ¾-ton pickup truck), and they would all accommodate an average-sized Christmas tree. Thus the validity of the story idea was proven and you see the result on page 100. □

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NORMAN A. PLA

With painted *scenery in backgrou youngster views model diesel engi*

his own fun—gets some reinforce from the West Bay Model Railroad (where the minimum membership a a venerable 21 years.

At the club's regular open house, more than 100 cars in O, S, and gauge are generally operating at time on the tabletop railroad microc There are steam engines in switc yards, passenger trains stopping starting at tiny stations, and streaml roaring through mountain tunnels.

During the year (except in the sum the club holds free open houses o third Friday and fourth Wednesda every month from 8 to 10 P.M. month there will be special wee open houses on Friday December 3 8 to 10 P.M., Saturday Decemb from 2 to 10 P.M., and Sunday De ber 5 from 2 to 9 P.M.

The club is at 1090 Merrill Stre Menlo Park, California.

New auditorium in Marin

For the past three years regular trav on U.S. Highway 101 north of San fael, California, have seen a new b ing rise out of the marshy land nort the Marin County Civic Center. Marin Veterans' Memorial Building recently completed.

Designed by Taliesin Associated A tects of the Frank Lloyd Wright F dation, the building is a part of Wri master plan for the complex. Its app ance is sure to sustain the same kin interest and esthetic debate cause its sister building up the hill.

The color is the same: an earth- pink. In the rear it has a 60-foot- contoured wall that from a dist might resemble several silos. From front you get a full view of the roc bright blue concrete dome, simila design to the civic center's dome.

Inside, the building is comfortable

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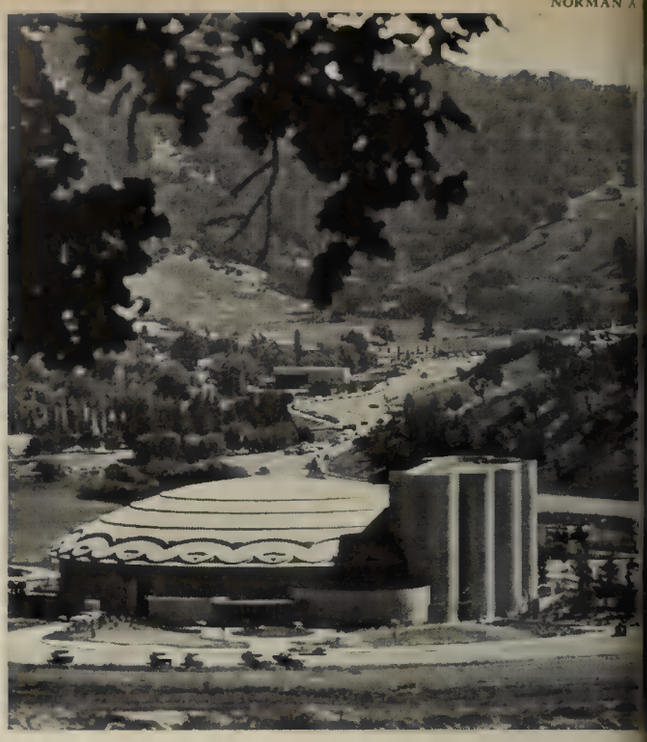

Building's *curving rear wall houses stage and acts as an acoustical shell*

large. Its most singular and spectacular feature is the main hall's massive rear wall, which is movable. Attached to it are 1,188 collapsible theater seats. When it's moved, the seating structure telescopes—creating a full 2,088-seat auditorium, or an intimate 900-seat theater.

December's a good month to visit the building and attend one of the events taking place there: Marin Festiv Trees, December 3 and 4; the play, *it Again, Sam,"* December 10, 11 12; a concert with Nina Simone an McCann, December 16, 17, and 18 *The Nutcracker,* by the Marin Civi let, December 19, 20, and 21.

For information call the Marin M rial Box Office, 472-3500.

For travel planners, a December check list

Canadian trains. CP Rail has inaugurated a new telephone reservation system for U.S. citizens wishing to travel by train in Canada. It replaces passenger sales offices in Seattle, San Francisco, and Los Angeles. For information or reservations, merely call collect (212) 431-9390.

Teenagers in Mexico. Visitors to Mexico who are under 18 years old and traveling without their parents must carry proof of parental permission. In addition to having a tourist card, passport, or birth certificate, they must have a notarized letter in duplicate, signed by both parents or guardians, authorizing the trip. Even if a teenager is accompanied by one parent, he still must have notarized permission from the other. These regulations, in effect for years, have caused concern lately as more and more young people travel on their own. For more information write to the Mexican Government Tourism Department, 219 Sutter St., San Francisco 94104.

Guidebooks. Trans World Airlines has issued a new series of 16 guidebooks, each featuring a different American or foreign city, including Boston, New York, San Francisco, Athens, Washington, D.C., Hong Kong, and Rome. Each contains maps, restaurant and sightseeing tips, and discount coupons for tours and amusements. For copies, cont any TWA sales office or write to TW Getaway Guides, Box 303, Farmi dale, N.Y. 11735.

Inland cruises. Bookings are now bei accepted for the 1972 cruises of t *Palinurus*, a luxury barge that crui through the inland canals and rivers France's Burgundy wine country. stops at a number of towns, includ Dijon and Macon, where wine will tasted and vineyards visited. Most p sengers stay aboard for one week prices ranging between $113 and $1 Meals are $50 additional, but acco modations are provided on the ship. F more information and schedules, wr to Continental Waterway Cruises, Hans Pl., London S.W. 1, England, to the French Government Tourist C fice, 610 Fifth Ave., New York 100

What a travel agent can do for y Provide information on tours; reser space on air, rail, bus, and steamsl lines; make hotel, ranch, and resort r ervations; take care of trip planning, cluding side trips and special even Travel agencies do not charge for ranging transportation or package tou but do charge for "custom" tour servi

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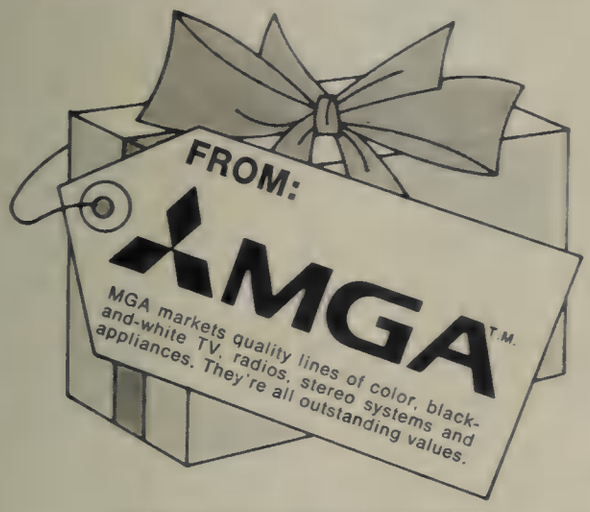

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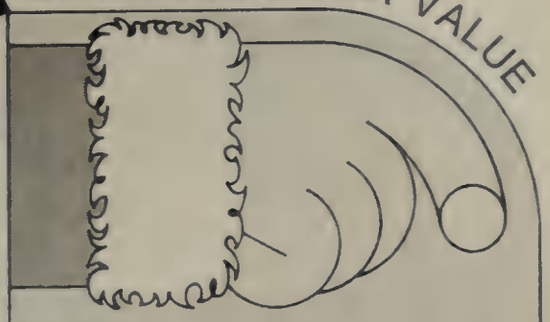

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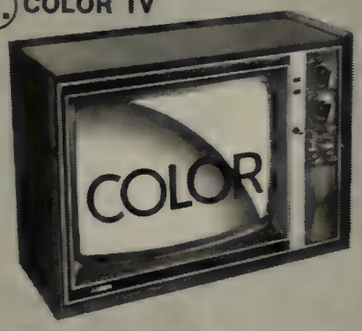

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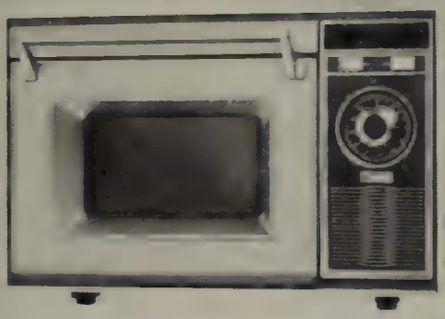

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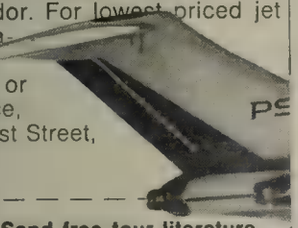

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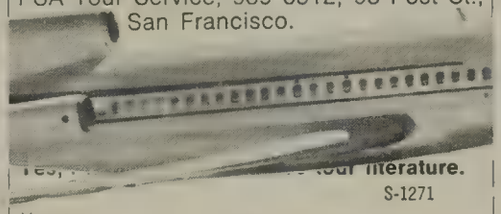

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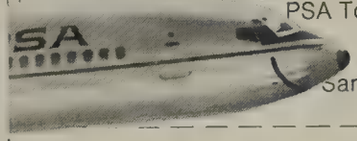

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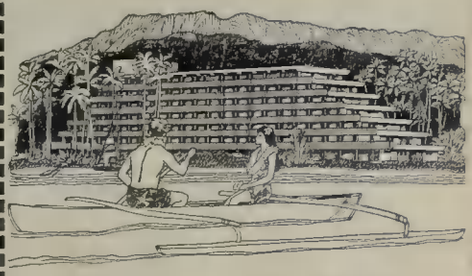

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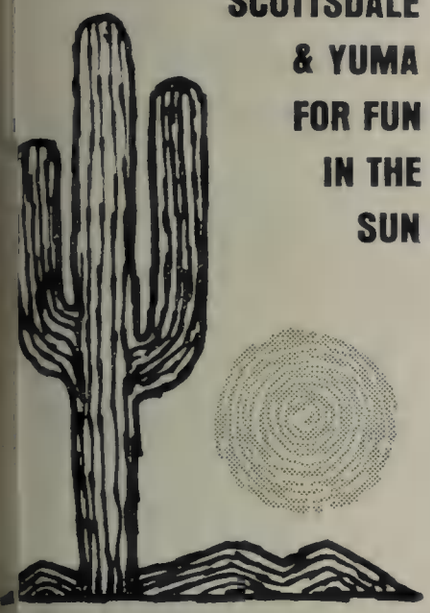

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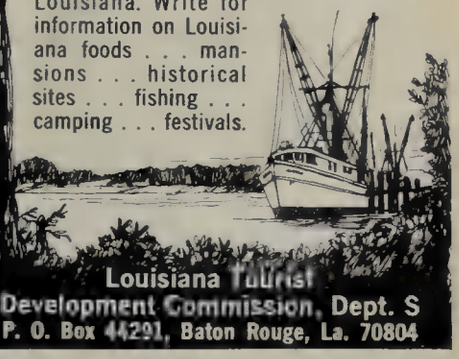

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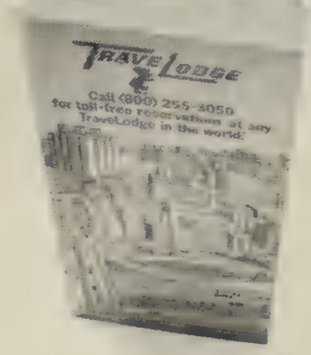

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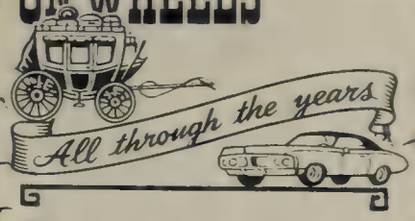

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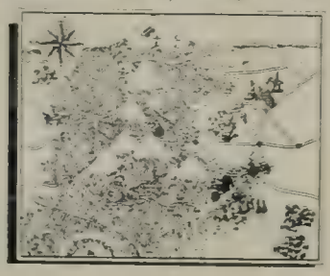

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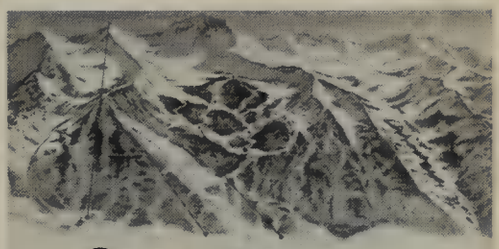

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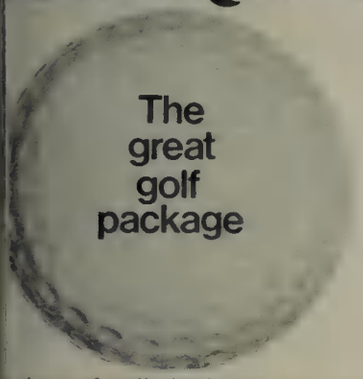

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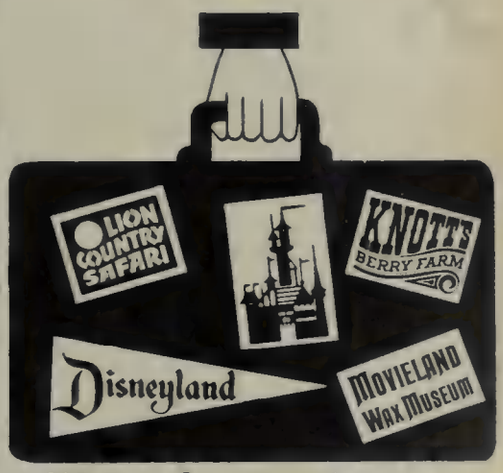

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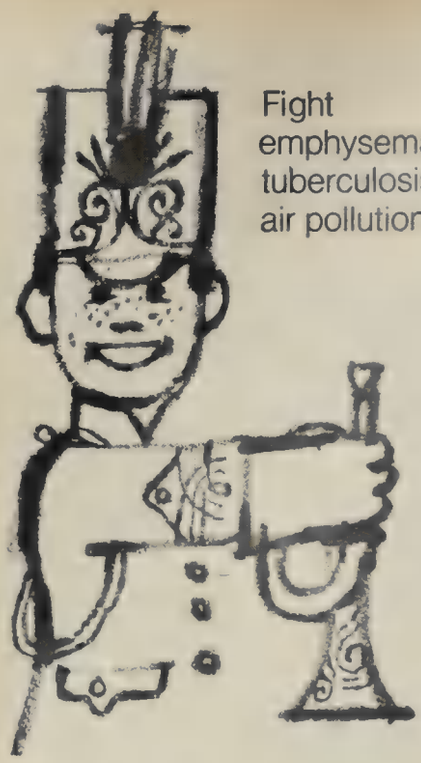

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R. WENKAM

Temple platform *atop dry-laid wall has grass houses, prayer towers, and a sacrificial altar*

Restored temple in Makaha Valley

A restored Hawaiian temple is an unusual new attraction at Oahu's Makaha Valley, well known for its surfing beach and as a growing resort area. Guided tours from Makaha Inn take you back into the wooded valley bordered by the craggy Waianae Mountains to the pre-Christian temple, known as a *heiau* (pronounced *hay*-ow), now restored as it looked in the late eighteenth century.

You travel by minibus and may see wild peacocks wandering in the grass or perched in trees. Signs at the heiau's lower ground, where commoners once gathered, tell about buildings on the platform.

Only men participated in the religious ceremonies held here, led by priests and chiefs. No one is allowed in the inner sanctum, but you get a good view by walking all around on the path surrounding the stone wall.

The restoration was sponsored by the Makaha Valley Historical Society as part of the valley's development. Crumbled stone walls were rebuilt in the old manner, hand-laid without mortar. No nails were used in the thatched houses or wooden structures.

In the initial excavation, Bishop seum anthropologists discovered the temple you see is the result of eral stages of construction. The or was probably built in the sixteenth tury as a small temple next to Ma Stream. Subsequent enlargements tended the walls and platform dow valley's side. Finally, the temple's was changed from the stream to th

This alteration, which coincides wit arrival of Europeans and the atte of Kamehameha I to unify the Isl suggests that the community leader verted the heiau into a war temple sacrifices were made for battle vict

Makaha Valley is 40 miles from W via H-1 Freeway, Farrington Hig (Route 90), and Makaha Valley Daily tours (about 45 minutes) be 10:30 A.M. and 1:30 P.M. and co per person. You can arrange a pa tour including round-trip transport from Waikiki (leaving at 8 or 10 and lunch for $18.50 per person; 5 hours. For reservations, call M Transportation, Inc., at 696-4319.

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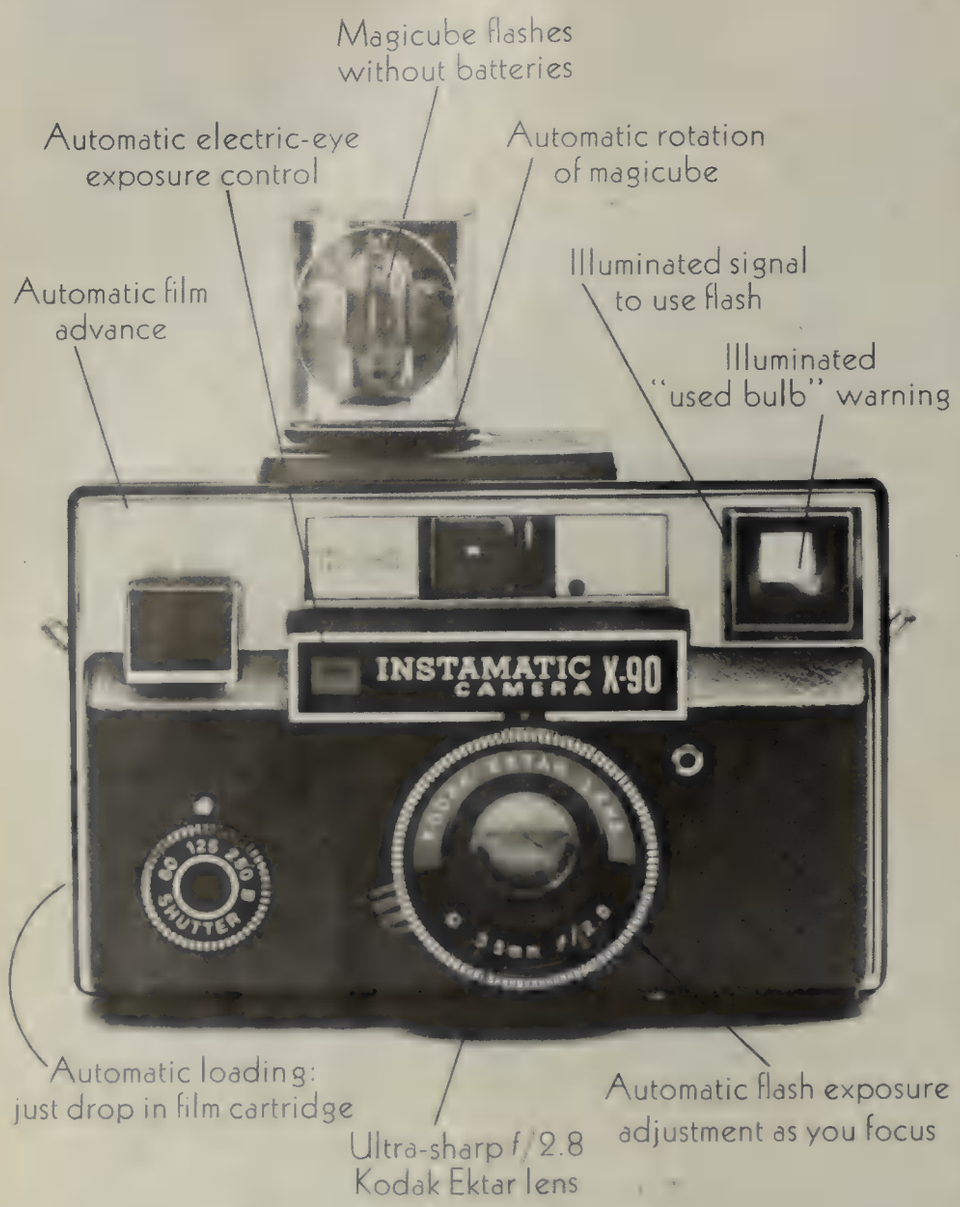

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A late try for th Winter Olympics

Sapporo, on Japan's northernmost is of Hokkaido, will be the first Asian to host the Winter Olympics, from ruary 3 through 13. What are chances of seeing them if you star rangements now?

Although the city's 300 hotels and are already booked, you may still a room, which you must have in ord buy game tickets. Travel promoters that because of cancellations s accommodations will be available down to opening ceremony time.

Finding this late hotel space won easy. A travel agent or airline may but you will be competing with sc of other latecomers.

Tour groups for skiers

A surer way to find a room is by joi a tour group. Many will have last- ute openings. They do have one d back (or advantage), depending on point of view: They are designed cifically for skiers.

A typical package costs approxim $1,000 for 17 days and includes air hotel rooms, most meals, Olympic ets, and ski lifts. You leave from West Coast in late January, ski for a days at Honshu Island's Zao re sightsee in Tokyo, and finally go o the games.

Japan Air Lines, official carrier fo Olympics, can refer you to a tour moter. At the time we went to p these travel agencies could still get space: Azumano Travel, 200 S. Fourth St., Portland 97204; and Ch ill Tours, 1618 S. W. First Ave., land 97201; Groupair Inc., 2150 tuck Ave., Berkeley 94704; Worl Inc., Box 227, Menlo Park, Calif. 94 The Japan American Travel Bu World Trade Center, San Fran 94111, can also help with Oly travel planning.

Cruise for nonskiers

A nonskiing trip is offered by the A ican President Lines. Passengers wil aboard the S. S. *President Clev* when it calls at Sapporo's port ci Otaru, about 40 minutes by bus fro Olympic site. Cost of the 43-day which stops at several Asian por $1,550, Olympic tickets included. price is cut to $1,360 or $1,211 if fly one way. For information, wri American President Lines, 601 Ca nia St., San Francisco 94108.

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Start to see life differently with a Minolta Autopak.

Brilliant *sun filters through juniper on Nevada book cover*

A guide to the "other" Nevada

One-armed bandits, neon lights, e tainment, and night life are what mediately come to many people's m when you mention Nevada, yet t belong to only one small facet of total Nevada experience.

For a better idea of what the sta really like, pick up a copy of *Ne* (Lane Books, Menlo Park, Calif. 1 $1.95), now available at most bookst The 80-page book outlines the histo the Silver State, and explores the roads, towns, and scenic attraction dividing the state into four reg Reno, the Comstock, and Lake T northern Nevada and the Hum Trail; the central region's open cou and Las Vegas and the southern co

At least half the pages of the bool devoted to Reno-Tahoe and Las V the only major population centers. l great many Westerners, because know only these or other areas clo the Nevada-California border, may themselves most intrigued by the two chapters of the book that cove rest of Nevada.

As the book points out: "This is co where you can still travel for miles, hundreds of miles, and see no big only a few towns, and perhaps a fellow travelers."

The publication of *Nevada* this m completes the line of guidebooks t nine Western states where *Sunset M zine* is distributed. The other titles i Sunset Travel Guide series are *Al Arizona, Hawaii, Idaho, Northern fornia, Oregon, Southern Califo Washington*, and *Utah*.

cture you in SOUTHERN ALIFORNIA

rney to a year-round land of ement where the works of e are rivaled only by the native handiworks of man. -capped mountains tower palm-lined oases. Playful s settle upon miles of sun- hed Pacific beach. A golden thought by the Spaniards to e entrance to Paradise. A where each day offers every- undreds of new adventures. ese are just a few of them. rsal Studios Tour—Behind scenes look into the big n. Queen Mary—The historic sh Queen now rules the Long Marina. Harbor Cruises (L.A., Diego, Long Beach)—A sea- iew of the skylines of the Farmer's Market—Over 7 of unique shopping experi- . Knott's Berry Farm—Old excitement. Sea World/ neland—Aquatic circuses erforming killer whales and skating penguins. Magic tain—High flying family fun p entertainment. San Diego s Angeles Zoos—World's st zoos. Music Center/Holly- Bowl/Greek Theater—The and hills come alive to the s of the biggest names in ainment. Catalina—Seclu- ubtropical isle minutes from ainland. Golf Courses—Over f the world's most beautiful challenging courses. Major s—Dodgers, Angels, Rams, s, Kings etc.—make this the capital of the world. Holly- Park, Santa Anita, Del Mar, lamitos—Thoroughbred ex- ent nearly all year long. nmodations—Fine hotels and urants to fit every family's t.

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For a little car, it's a lot of car.

A. SALBOSA

Corn, *left, was New World staff of life. Date palm, below, symbolized victory to Christians*

"Holy Days and Holidays" this month in Honolulu

e **of all faiths** through the ages have e flowers and foliage to symbolize i religious beliefs. This season at olulu's Foster Botanic Garden you see examples of such plants in the Days and Holidays" display.

garden, noted for its vast collection opical plants, is open free to the from 9 A.M. to 4 P.M. daily. The l show will run from December 10 gh January 3, except on Christmas and New Year's Day.

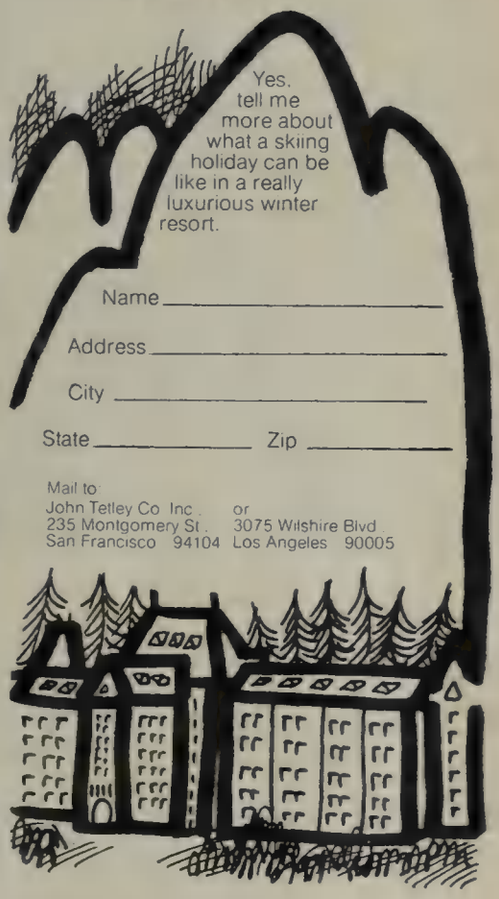
Days and Holidays" features rs, fruits, vegetables, leafy plants, rees symbolic of major world re- s: Buddhism, Christianity, Hindu- Judaism, and Mohammedanism. exhibit also includes representative of the pre-Christian religions of Hawaii and northern Europe.

up the interpretive brochure and map guide at Foster Botanic Garden's entry office, 180 N. Vineyard Blvd., and start the guide-yourself walking tour at the lanai adjoining the director's office. There you will find a special exhibit of plant arrangements. Among them will be: bamboo, an Oriental emblem of longevity and a symbol of lasting friendship; corn, the staff of life in the New World; plum, the symbol of winter and the harbinger of spring, with a blossom that symbolizes female chastity; and *ti*, which came to stand for divine authority in ancient Hawaii and was sacred to the god *Lono*.

Then you might roam the grounds and discover the story behind such trees as banana, breadfruit, coconut, fir, olive, and pomegranate. Other plants of special religious significance are well identified throughout the garden. □

Our world famous summer resort now offers this exhilarating extra:

Winter



Picture a baronial castle in the Canadian Rockies. Three different ski areas with slopes for everyone from snow bunnies to downhill racers. Sunshine. Powder snow. Crystal clear air.

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Some of the other extras: an Olympic pool, skating rink; toboggan runs; cross country ski trails; curling nearby; an elegant dining room; a fun apres ski life. And all the lessons and equipment you need.

To find out more about winter in the style to which you would like to be accustomed, just mail the coupon.

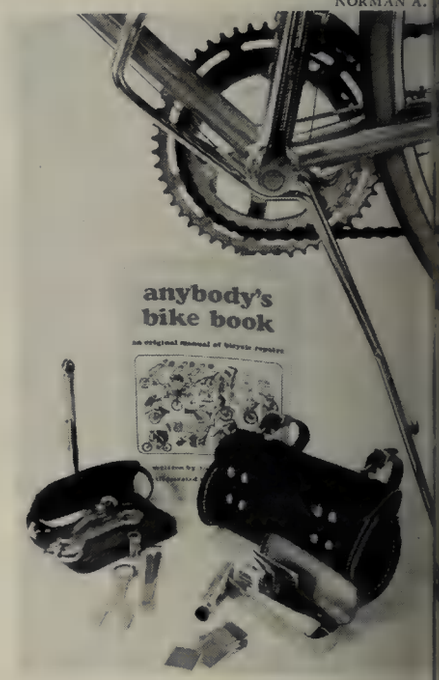
The Banff Springs Hotel

Banff, Alberta, Canada

CP Hotels

Contoured *plastic child carrier ($13) supports youngster and lets mother strap him in*

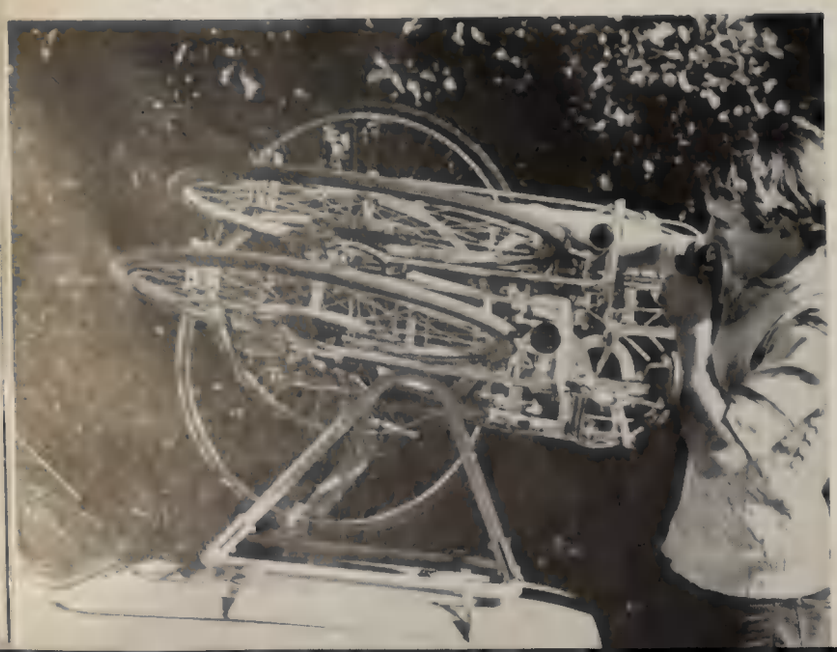
NORMAN A.



Tool kit, *with bike wrenches ($2.25), and tire patch kit (60 cents) fit into strap-on tote bag ($1.90). Penlike air gauge ($1.95) is handy device. Chromed stand ($4) lifts rear wheel for adjustments. Repair book ($3) is sold at bike shops and bookstores*

It's the year of the bike. Here are 29 gift ideas for bike owners

Strap-on *rack ($35) holds two bikes, lets you open trunk*



A lightweight bicycle just as it comes from the factory f
for getting around, as thousands of people joining the c
bicycling boom have found out. But if you want to ma
pairs, transport your bike by car, carry a child, or t
cross-country trip, you will probably need an access
one sort or another.

Most bicycle shops stock a variety of tools, carriers, p
safety items, and special clothing. They range in price
30 cents (for pants-leg clasps) to $35 for a two-bike car
If there is a racer, long-distance rider, or ordinary S
cyclist on your Christmas list, a bicycle accessory co
the right gift. Pictured on these pages is a selection of
available at most stores selling 3-speed and 10-speed bi
Shop early for accessories because the demand will be

Of special note are safety devices, like lights and horns,
make inexpensive gifts and also increase the margin in
of the cyclist on busy roadways. Maintenance is also r
to safety, so there are tool kits and tire patching sets t
riders keep their bikes in proper shape.

S S

ed, and comfort are the key purposes of these cycling accessories sold at bike shops and department stores

Bufano

The work of San Francisco's ow sculptor is on view all over the place. Here is where to look

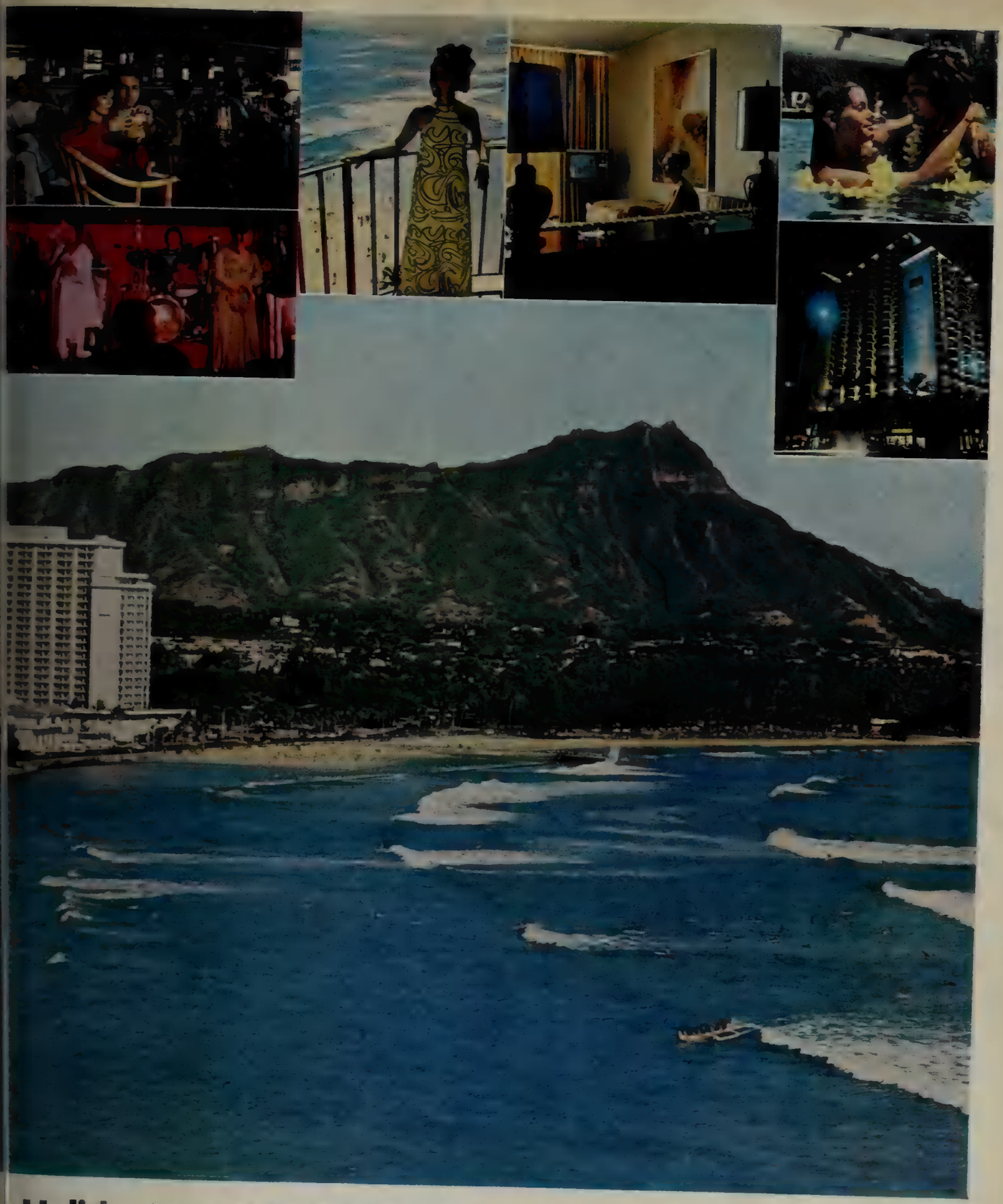
Massive stone, soaring forms, and brilliant mosaic d highlight sculptor Beniamino Bufano's artistic legacy t Francisco, the city he both loved and despaired of i course of a volatile relationship ended by his death in A large number of Bufano's works—from towering syn sculptures to tiny animals of marble and granite—a public view in the Bay Area; you can see them easily cr your holiday travels.

The tiny (under 5 feet) artist used massive forms "to e the power and immensity of God." He preferred calm, s shapes to lifelike detail, a reflection of his years of trav study in the Orient. His themes were brotherhood, peac

St. Francis *(left, near Fisherman's Wharf) was Bufano's favorite subject. Mosaic (below) is one of three 16 by 21-foot panels in restaurant mural*

JOHN ARM

Steel-jacketed *granite statue of Sun Yat-sen stands in St. Mary's Square in heart of San Francisco's Chinatown*



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took an eye-opening survey of travelers that omething you knew all along: that we're better- or our 1375 clean, comfortable, convenient Inns the country than for our impressive, interna- sort Inns.

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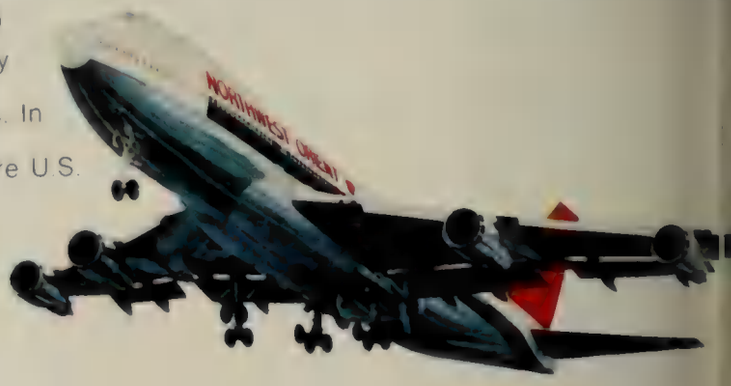

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1971

Musicians *perform in front of stone and mosaic St. Francis at The Cannery*

JOHN ARMS

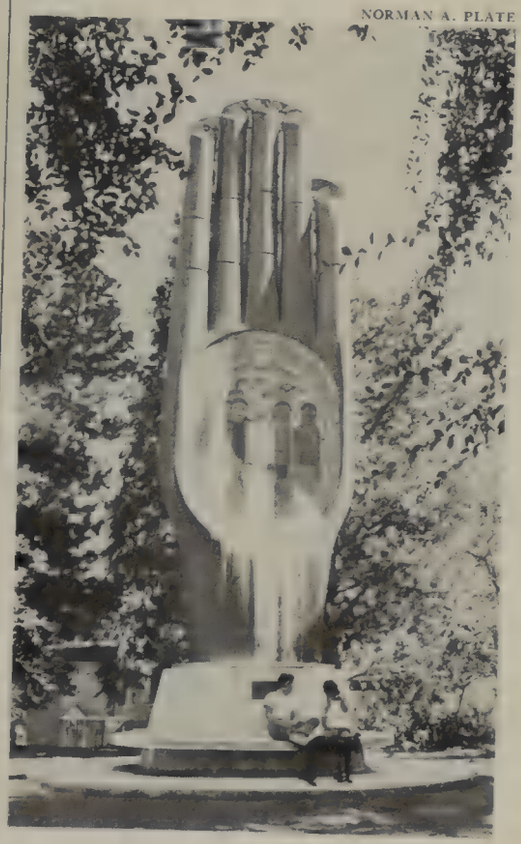
human unity; his favorite subjects were children, animals, and particularly St. Francis, who inspired some of Bufano's most noted statues.

Bufano worked aggressively to get his sculpture into public view, but his artistic and political assaults on city authorities occasionally hindered his efforts, and the heroic bulk of many of his statues made their placement difficult and expensive. The most famous example is a 12½-ton St. Francis of finely hewn granite donated by the artist to San Francisco; installed on the steps of a church, it was soon banished because it interfered with processions. It was temporarily housed, among other places, at an Oakland restaurant before finding a permanent home in a corner of the International Longshoremen's and Warehousemen's Union parking lot near Fisherman's Wharf.

(With its arms spread in benediction, it's a functioning St. Francis; birds and children are often gathered around the small pool at its feet.)

Christmas represents the ideals that Bufano expressed in his work, and it's a good time to see his sculpture and mosaics. They're located throughout the Bay Area; the major ones are listed below.

NORMAN A. PLATE



Forty-foot *Hand of Peace in Walnut Creek contains 125 tons of concrete faced with copper, tiles, and stained glass*

San Francisco

Bali's Restaurant, 615 Sansome St.: *Children of the World* and other drawings and mosaics.

The Cannery, 2801 Leavenworth St.: St. Francis sculpture at Beach Street entrance; small stone animals and mosaics distributed around lower plaza.

Continental Art Gallery, 535 Sutter St.: many small sculptures and drawings for sale, plus biographical materials on the artist.

Golden Gateway Center: red porphyry and stainless steel penguins at Jackson and Davis streets; several marble, granite, and redwood sculptures grouped on the Alcoa building plaza.

Longshoremen's Hall, Taylor and Beach streets: statue of St. Francis beside small pool in parking lot.

Moars Restaurant, 33 Powell St.: *The Oneness of Creation,* three 16 by 21-foot mosaic murals.

St. Mary's Square, Pine, Anne, and California streets: statue of Sun Yat-sen.

University of California Medical Center, Third and Parnassus avenues: granite sculpture of mother bear with cubs.

Surrounding Bay Area

Oakland, Oakland Museum, 1000 Oak St.: *Bear with Cubs;* Warehouse Union Building, 99 Hegenberger Rd.: Mosaic mural on exterior wall.

San Francisco International Airport, entrance road, off U. S. Highway 101: *Peace,* 28 feet high, made from stainless steel, granite, and mosaic tile.

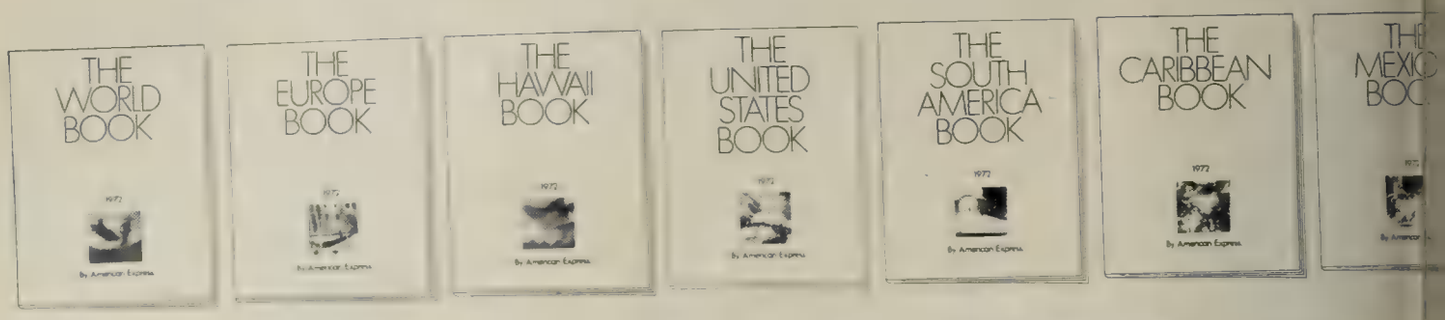
San Mateo, Hillsdale Shopping Center, El Camino Real at Hillsdale Blvd.: *St. Francis on Horseback* and several small animal sculptures.

San Rafael, San Rafael High School, 185 Mission Ave.: statue of Louis Pasteur.

Timber Cove, State Highway 1, Sonoma County: *Statue of Peace,* 102-foot-high sculpture at Timber Cove Inn.

Walnut Creek, 41 Quail Court: *Hand of Peace,* 40-foot-high sculpture of copper, mosaic tile, and stained glass. □

The Art of Travel 1972



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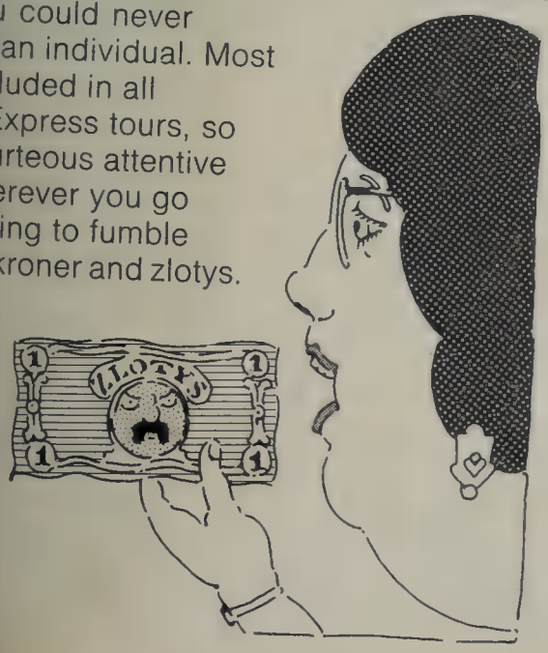

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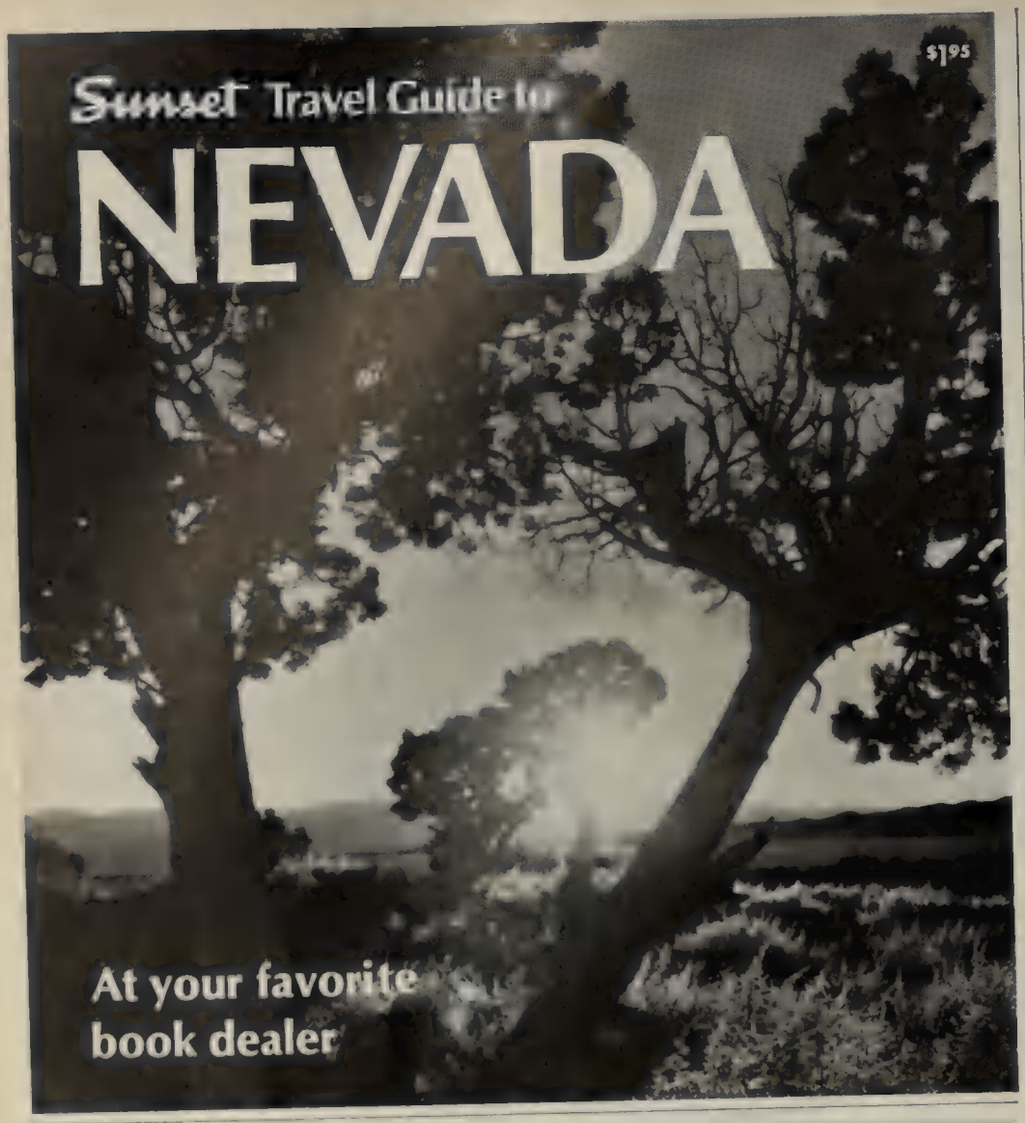

GENE PRAT

Lead snowshoer *breaks trail through new powder in the Washington Cascades*

Snowshoeing . . . it's fun, inexpensi and strenuous

Westerners interested in new way spend the winter months are fin snowshoe hiking an inexpensive alte tive to downhill skiing. About $30 buy adequate snowshoes and bind and you can use summer hiking ge augmented by warmer wool clothi in all but extremely cold weather.

There are three general types of s shoes: the Bearpaw (short, both rounded), the Beavertail (teardrop sh pointed tail), and the Yukon (long, row, upturned front, pointed tail). narrower varieties of each model (us about 10 inches wide) not only best in the mountains, helping hike "edge in" on steep terrain, but are c

e Greek islands are the first place to think of for a er vacation.

ause they stay golden and delicious all through the So you can swim, sail and water-ski the crystal blue f Rhodes and Crete. Bask in the sweet sunlight on ded, sandy beach. Experience the antiquities around corner in Greece in the kind of special solitude that them mean even more. Explore the open-air markets, the bazaars and charming shops finding beautiful finds. Get carried away by the food, the drink and the wild music of bouzouki at an outdoor taverna.

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Kodak announces a new kind of super 8 movie film and a new kind of movie camera that let you shoot color movies just by the light you live in. Even by the light of the candles on a birthday cake.

The new film is Kodak Ektachrome 160 movie film. It's four times as fast as Kodachrome II movie film.

The cameras are the new Kodak XL models. Each has a super-fast f/1.2 Ektar lens and a revolutionary new shutter design that lets in lots more light.

Each comes with a precision automatic exposure control system. Each has drop-in loading and is battery-powered.

The XL33 camera (not shown) is less than $120. The XL55 (above), with power zoom, range-finder, and sports-type viewfinder is less than $200.

Look into either one. You'll see a whole new world to make movies of.

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Kodak XL movie camera/ Ektachrome 160 movie film.

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Prices subject to change without notice.

for beginners to use. Neoprene-co nylon has largely replaced rawhide bing, and design improvements hav duced size and weight. A new plastic snowshoe sells for about $1

Although individual taste and abilit well as snow conditions, will deter one's choice of snowshoe, certain of thumb should be kept in mind. sons weighing 150 pounds or less adequate flotation from snowshoe to 30 inches long, those weighing 1 200 pounds need shoes around 36 in long, and those over 200 pounds require 46-inch snowshoes.

The binding that holds the snowsho the boot must hinge freely, allowin boot heel to rise off the webbing at step. Simultaneously, the boot toe slide easily into the toe hole, the ope just in front of the binding.

Hiking boots are adequate for snows ing if there are no sharp projection

GENE

Size of snowshoe *and snowshoer must match. Youngster needs only 9 by 18-in*

the soles to damage the webbing. B should be of smooth leather, have seams, and be treated regularly wi wax-base waterproofing compo A ski pole, or an ice ax with ski basket low on the shaft, is necessary steady movement on steep slopes.

Summer hiking clothing must be mented with long underwear, extra sweaters, wool pants, a stocking gloves (and waterproof over-glo warm parka or windbreaker. Du sunny, windless days much extra cl ing may end up in your rucksack. you'll need it for sudden wea changes, long rest breaks, or if you lost, stranded, or injured. Sunglasses sunburn cream are essential. Under vere conditions, down clothing, mitt a hat, and boots are recommended.

Snowshoe traveling is strenuous

Three miles on a dry trail is hike, but on snow the same distance be exhausting. Hiking with snowsh

$6,795* Feature for feature and dollar for dollar, it's your best buy in a low-cost motor home.

Maybe you'll find a motor home with a lower **sticker price** than Winnebago's new D-18 Brave. But if you do, compare the standard equipment. Then start adding up all the **extra** money you'd have to spend to bring the other unit up to Winnebago quality.

The new D-18 is compact and easy to drive—at 18'3", it's no longer than a family station wagon. It has a big 318 cu. in. Dodge V-8 engine with power brakes, power steering, automatic transmission and dual rear wheels. It's built with exclusive Thermo-Panel® construction. Yet it's priced at just $6,795.* And it includes dozens of standard equipment features that are either not available or optional at extra cost on most other low-cost motor homes. Features like water heater and shower, pressurized water system, forced-air furnace, 3-burner stove with oven, 4 cu. ft. gas/electric refrigerator, dual 70 amp. batteries, twin 20-lb. gas bottles and 15 amp. converter.

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means walking with legs "sprad out," so choose a relatively flat and spot for your first hike. Also, try to in a familiar area. While snow enh the beauty of the outdoors, it also many landmarks. Watch for branches, aisles through the fores other signs of trails.

Unstable footing means moven must be adjusted to varying condi of travel. Be wary of icy patches u trees where melting snow from bran has dripped and frozen. Other s places may have deep powder s while sunny areas, slushy during warmest part of the day, will be cr by late afternoon.

Turning on a hillside

One distinctive maneuver—a mod ski kick turn—is required of a s shoer on steep terrain. When makin uphill turn to the right, for exa

GENE PRATER

Hiker makes *kick turn using his ice ax for stability*

plant the left snowshoe slightly al then place the ice ax uphill to your r Turn toward the slope and place right snowshoe so that it faces uphil is slightly to the right of the ax, carefully pivoting on the ax, move left shoe alongside the right.

If you use ski poles rather than a ax for balance, brace them below snowshoes to make the turn.

Safety

Snow avalanches are the greatest ha to winter travelers. In rugged cou expect slides down gullies unless are heavily wooded. Open areas lea down from peaks and ridges thr areas which ordinarily would be cov with timber are signs of chronic slid

Anyone serious about snowshoe h should read the appropriate section *Mountaineering: The Freedom of Hills*, edited by Harvey Manning Mountaineers, Seattle, 1967; $7.50 *Snowshoe Hikes*, by Gene Prater Mountaineers, 1969; $3.95).

orld traveler? We bet you haven't seen the half of it.

Performing history: A Bali ballerina performs legong and tells a story with every classic move of her hand.

Manila's bandurria players sing the city's folklore. While in Singapore, Chinese opera presents the triumph of good over evil with singing, dancing and massed battle scenes.

Architecture in motion: Australia's love of the sea is reflected in the "sails" of the new Sydney Opera House.

In Iwakuni, Japan, the Bridge of the Brocaded Sash leaps and bounds across the river. And thatched bungalows in Fiji seem to grow from the bush itself.

Living art: A Japanese boy proudly displays the delicate arrangement of his centuries-old costume.

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For Old West history buffs . . . paperback gifts

The nineteenth century was a period of epic exploration and romantic adventure here in the West. Journals of the voyages of discovery and heroic expeditions so captured the imagination of the world that they spawned a seemingly insatiable appetite for tales of the Indians, mountain men, gold miners, and pioneers who inhabited the incredible land between the Mississippi and the Pacific.

Not all of the literary efforts inspired by episodes of Western history are classics, but some of the better ones provide accurate, eyewitness-like accounts of life in the early West. And today various publishing houses, university presses, and historical societies are republishing many of these out-of-print volumes and adding new titles to their Western history catalogs.

Here's a selected list of recently-republished Western classics along with some new books, all currently available in inexpensive paperback editions.

Historic Journals

History of the Expedition under the command of Lewis and Clark, To the Sources of the Missouri River, thence across the Rocky Mountains and down the Columbia River to the Pacific Ocean, performed during the years 1804–5–6, by Order of the Government of the United States, edited by Elliott Coues (Dover Publications, Inc., New York, 1965; in three volumes, at $3 per volume). This is an unabridged republication of the four-volume edition published by Francis P. Harper in 1893, including the manuscript journals and field notebooks of the explorers.

The Exploration of the Colorado River and Its Canyons, by John Wesley Powell (Dover Publications, New York, 1961; $3). An unabridged republication of Major Powell's journal of the exploration of the Colorado River in 1869, ov ering the last unmapped part of h continental United States, it was r published by Flood and Vincent in 9 under the title *Canyons of the Colo*

Journal of Rudolf Freiderich K edited by J. N. B. Hewitt (Universi Nebraska Press, Lincoln, 1970; $25 This book gives a richly detailed ac count of the writer's experiences ar fur traders and Indians on the Mi sippi and upper Missouri rivers du the years 1846 to 1852.

A Journal of Ramblings Through High Sierra of California, by Josep L Conte (A Comstock Edition, Balla Books, Inc., New York, 1971; $15 The experiences of the Universit California Excursion Party in 17 under the leadership of Professor L Conte, were first published in *The Sc Club Bulletin* in 1900.

Letters and Oratory

I Have Spoken, compiled by Vir Irving Armstrong (Swallow Press, Ch cago, 1971; $2.95). This book tak fresh look at American history as i preted through the actual orator American Indian leaders.

The Shirley Letters From the Califo Mines, 1851–1852, by Louise A. K Clappe (Comstock Edition, Balla

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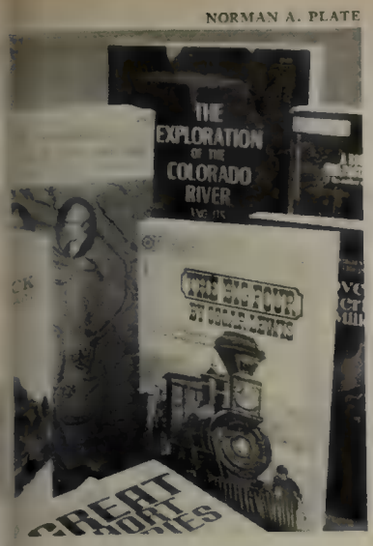

Paperback *books for stocking stuffers*

ks, New York, 1971; $1.25). This ction of narrative letters from the fornia Gold Country by "Dame ey" (Louise) Clappe chronicles her riences during the rough-and-tum- lays of the California Gold Rush.

ady's Life in the Rocky Mountains, sabella Bird (Comstock Edition, Bal- ne Books, New York, 1971; $1.25). letters written by Isabella Bird to sister, concerning her horseback trip through the Rocky Mountains in 1873, were first published serially as "Letters from the Rocky Mountains" in the English weekly *Leisure Hour* in 1878.

Historic Biography

The Life and Voyages of Captain George Vancouver, by Bern Anderson (University of Washington, Seattle, 1971; $2.95). This carefully researched book recounts the career of Captain Vancouver from his apprenticeship aboard Captain Cook's *Resolution* to the four-and-a-half year, 65,000-mile long voyage of the *Discovery.*

The Splendid Wayfaring, by John G. Neihardt (University of Nebraska Press, Lincoln, 1970; $1.80). This book describes exploits and adventures of Jedediah Smith and the Ashley-Henry Men from 1822 through 1831.

The Big Four, by Oscar Lewis (Comstock Edition, Ballantine Books, New York, 1971; $1.25). This popular book covers the lives of Leland Stanford, Mark Hopkins, Collis Huntington, and Charles Crocker and the building of the first transcontinental railroad in 1869.

I Will Fight No More Forever, Chief Joseph and the Nez Perce War, by Merrill D. Beal (University of Washington, Seattle, 1971; $2.95). This volume sums up the ethnohistory of the Nez Perce people and analyzes the military campaigns and political events of the Nez Perce War.

Western Fiction

A Majority of Scoundrels, by Don Berry (Comstock Edition, Ballantine Books, New York, 1971; $1.25). Based on the journals of trappers, this book tells the story of the fur trade in the Rocky Mountains from 1822 to 1834.

Sea Routes to the Gold Fields, by Oscar Lewis (Comstock Edition, Ballantine Books, New York, 1971; $1.25). Subject of this adventurous tale is the 18,000-mile voyage of gold seekers from the East Coast to the California gold fields between 1849 and 1852.

Skid Row, by Murray Morgan (Comstock Edition, Ballantine Books, New York, 1971; $1.25). This book is an informal history of the first hundred years in Seattle.

The Damnest Finest Ruins, by Monica Sutherland (Comstock Edition, Ballantine Books, New York, 1971; $1.25). A blow-by-blow account of the San Francisco earthquake of 1906.

You Rolling River, by Archie Binns (Comstock Edition, Ballantine Books, New York, 1971; $1.25). An adventure story set in Astoria in 1880, this recounts life on the Columbia River. □

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NORMAN A. PLATE

Thick or thin, *the diversity of atlases is shown in this stack*

A great gift is the question-answerer . . . a good atlas

Atlases are just about as varied as the world they attempt to depict. In a recent survey we found well over 30 commonly available in bookstores or by mail order priced from $1.50 to $100. They aim at interests from those of the sophisticated amateur geographer to the grade school student's.

This diversity doesn't ease the job of picking one for your own reference shelf or to give at Christmas. But there are good atlases at every level.

Making the choice. It's a matter of deciding on quality, special interest of the future user, and price. There are no sure guidelines, but certain common-sense checks will help.

Good atlases include a choice of features like physical and thematic maps along with the political maps familiar to most people. And it's useful to have the same map scale retained throughout the book so that area size comparisons can easily be made from location to location.

The indexing system is very important. A good atlas usually has a major subject index or table of contents in the front. At the rear will be a larger cross-reference section listing places and physical features. Some of the better atlases now list places by their longitude and latitude rather than cross-referencing them b numbers and letters related only to particular map.

A quick way to check the quality of th indexing and referencing system is b trying to pinpoint an obscure city. Yo can test the detail and readability of th maps by looking up an area that's fam iar to you. Finally, try to get an idea the book's general content: For exampl what kind of supplementary data available.

Expensive. Atlases in the $35 to $1 range offer sophisticated and detail features. Comprehensive reference sy tems will help you locate obscure poin while the maps themselves are the fine in artistic cartography.

It may help in your evaluation of oth atlases if you compare them with tw in this group that are generally acknow edged to be among the best.

The *International Atlas* (Rand McNal New York, 1969; $35), an elegant bo with brilliant color photographs a hundreds of maps, pays particular atte tion to the world's urban areas a transportation systems. It has 60 ma of major population centers. *The Tim Atlas*, edited by John Bartholom (The Times Office, London, and Houg ton Mifflin Co., Boston, 1971; $55 un Dec. 31, 1971, $65 thereafter), offers international perspective, devoting sp to world maps that in many America printed atlases is taken up with domes subjects. It also concentrates on l known areas, such as Africa.

One unusual book in this price group the giant *U.S. National Atlas*, which y can order for $100, postpaid, from t U.S. Geological Survey, 1200 S. Ea St., Arlington, Va. 22202.

Moderately expensive. In the $10 to $ range, the books are not as elaborate a the maps are generally smaller a fewer. However, a few of these bo are comparable to higher priced pul cations.

Of the medium-priced atlases, one of most notable is the *National Geograp Atlas of the World*, which can be dered by mail for $18.75 in softcov $24.50 in hardcover. Postage is includ Write to the National Geographic S ciety, 17th and M streets, Washingt D.C. 20036. This atlas has detailed m and an index of 139,000 places.

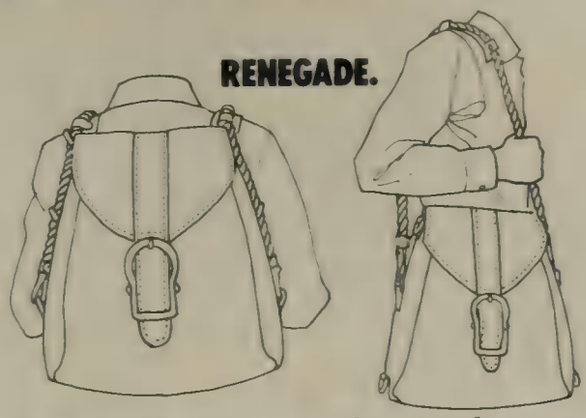
Less expensive. Many of these books published especially for children, though some are of adult interest, t Books under $10 often have themes l history and outer space, and several designed for quick desk reference.

Rand McNally's *Moon Flight At* ($6.95) and *Answer Atlas* ($2.95) m good gifts for youngsters. The sa company has a comprehensive poc atlas for $1.50.

A magnifying *glass is a Christmas gift that goes well with an atlas*

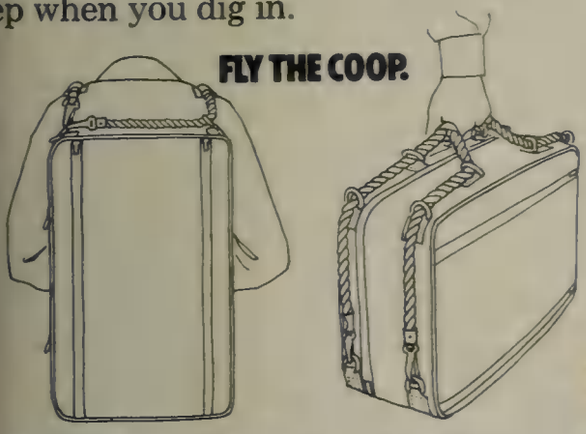
HOW TO GET AWAY FROM IT ALL WITHOUT A LOT OF SHIPPING, TIPPING, HAULING AND SCHLEPPING.

Why carry luggage you've got to lug? ;cape Packs by Hartmann are extra-soft, rtable and packable. And whether you're a ın or a woman, when you carry them—even ed full—they distribute the weight so even- it's like you're hardly carrying anything. They come with exclusive nautical rigging- pe handles you can really get a grip on. That ıy you can carry your bag over your shoul- r or across your back or by hand. Water-resistant and Zepel stain-repellent, are equipped with large, gutsy Talon nylon ɔpers, brass boat snaps and rings to support ɔur goods, and big stuffable pockets.



For a quick getaway, it keeps what you need the most right at your side. Lots of what you need the most. Cameras. Suits. Underwear. Dresses. Tickets. Letters. Harmonicas. Food. Champagne. And plenty more. But don't look back.

It looks like a duffle bag because it is a duffle ıg. Except more fashionable. Just jam every- ıing into it you can think of. Your body does ıe work while you feel like you're doing noth- ıg. And since the entire bag is really 3-in-one three specially designed, individually zip- ɜred compartments—you don't have to dig eep when you dig in.



Calling it a suitcase is an insult. It gives nd gives and gives no matter what you stuff ıto it. What more can we say? When you're eady to take off, just fill 'er up.

ESCAPE WITH HARTMANN

ZEPEL STAIN REPELLER THESE AND OTHER HARTMANN ESCAPE PACKS ARE AVAILABLE IN TRAPPERS CANVAS, BACKWOODS SUEDE OR GENUINE BELTING LEATHER. PRICED FROM $30 TO $100, ALL DEPENDING ON HOW MUCH BREAD YOU WANT TO INVEST. FOR BROCHURE, WRITE: DEPT. S, HARTMANN LUGGAGE, LEBANON, TENN. 37087

CAPRI
LINCOLN-MERCURY DIVISION

apri sold more cars in its first year than ny import in history.

Here's why:

Capri's sexy looks had plenty to do with it.
But a lot of other things helped.
For openers, radial tires. They're standard on pri.
So are power front disc brakes. Styled steel eels. Superbly sensitive rack-and-pinion steering e type *expensive* sexy European cars have). And ilky smooth floor shift.
To which Capri adds—still without adding to e price—front bucket seats in soft, soft vinyl that ks and feels like real leather. A very European strument panel—handsome woodgrain effect. Full rpeting underfoot. Flow-thru ventilation. Room r four adults. Easy maintenance. And small-car s economy.
All standard.
You *can* spend extra if you want to, and get tomatic transmission, sun roof, vinyl top, decor oup interior (shown) or—still another Capri option a gutsy new engine (2000cc, overhead cam four).
But that's about it for options.
It's what is included in Capri's shamefully low ice tag that's important.
No wonder Capri started breaking records its st year here.
No wonder Capri was promptly named "import r of the year."

Capri. The sexy European.

Imported for Lincoln-Mercury.

FRANK JENSEN

Snowmobiles *leave deep tracks along road to Yellowstone's Grand Canyon*

Yellowstone winter . . . quiet and white

Deep-piled snow won't stop touring in Yellowstone National Park this winter. Private over-the-snow vehicles may travel more than 200 miles of park roadway, and there are day-long tours by 12-passenger snowmobile. Either way you can ride to the edge of the Grand Canyon of the Yellowstone, warm yourself over a snow-rimmed steam fissure, and see wildlife foraging in geyser basins.

Old Faithful, open exclusively for individual snowmobilers, offers rooms with meals; call ahead to (307) 344-7311 for reservations.

The tour fare is $19 to $28 (half-price for children), depending on tour length, and includes a hot meal. For information, write to the Yellowstone National Park Company, Yellowstone National Park, Wyo. 82190. □

Elderly *buffalo stands his ground as steam rises in background*

NORMAN A. I

Gifts for the camp cook . . . but not for the backpacker

Cowboy cooks favor the heavy-duty utensils pictured al when stocking their chuck boxes. You can't feed a big c of hungry ranch hands (or trail riders, or river runners even a troop of hungry youngsters) from one of those ru little pots preferred by backpackers.

As long as you don't have to worry about weight—if a h boat, or car carries your gear—you can take along cast- cookware, enameled coffee pots, and crockery. They hold quantities and are practically indestructible, and cast iron c ducts heat well over an open fire. You'll find many of t in department stores. For really large utensils, try a camp equipment store specializing in expedition supplies.

Great expectations.

Master Charge® makes a good thing better.

en somebody's expecting
ething special for Christmas,
fun to go out of your way to
l it. That's where Master
rge comes in so handy. It
s you go out of your way be-
e it's good all over the place.
ou can shop until you track

Merry Christmas

down that just-what-I-wanted present. Master Charge. It cuts the whole town down to Christmas shopping size. If you don't have a Master Charge card, you can apply for one at any Master Charge bank. Master Charge. Accepted all over town all over America.

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WESTERN STATES BANKCARD ASSOCIATION

Fruit color hangs high over the holiday table

Or on the table. And its film wrap is what keeps fresh fruit looking fresh

The simplest and most natural ways to celebrate Christmas are what many Westerners seek at home. When decorating, for example, they turn again and again to the materials that come from gardens or forests or elsewhere in nature.

What could be simpler and more natural than fresh fruit? Tangerines and oranges have long been traditional at Christmastime. Lemons are vivid yellow. Red apples can be the very spirit of the holiday season.

In our own fresh fruit adaptation of the greens-and-cones idea, we have used the stretchy type of clear plastic film, pulled wrinkle-free, to preserve each individual fruit whole. Thus no holes are needed; fruits are attached to one another by the wrap. And as a result, any fruit that shows no rot or blemish when you it should stay fresh looking for a two weeks. Also, most of it shoul be edible. The apples may no crunchy but should taste fine in sauce or a pie.

The apple ball at right is built on rist's wire frame. You could als chicken wire or styrofoam as a bas stacked lemon tree, almost a foot would make a good centerpiece f table or could adorn a mantel.

In both cases the leaves are held in by the weight of the fruit.

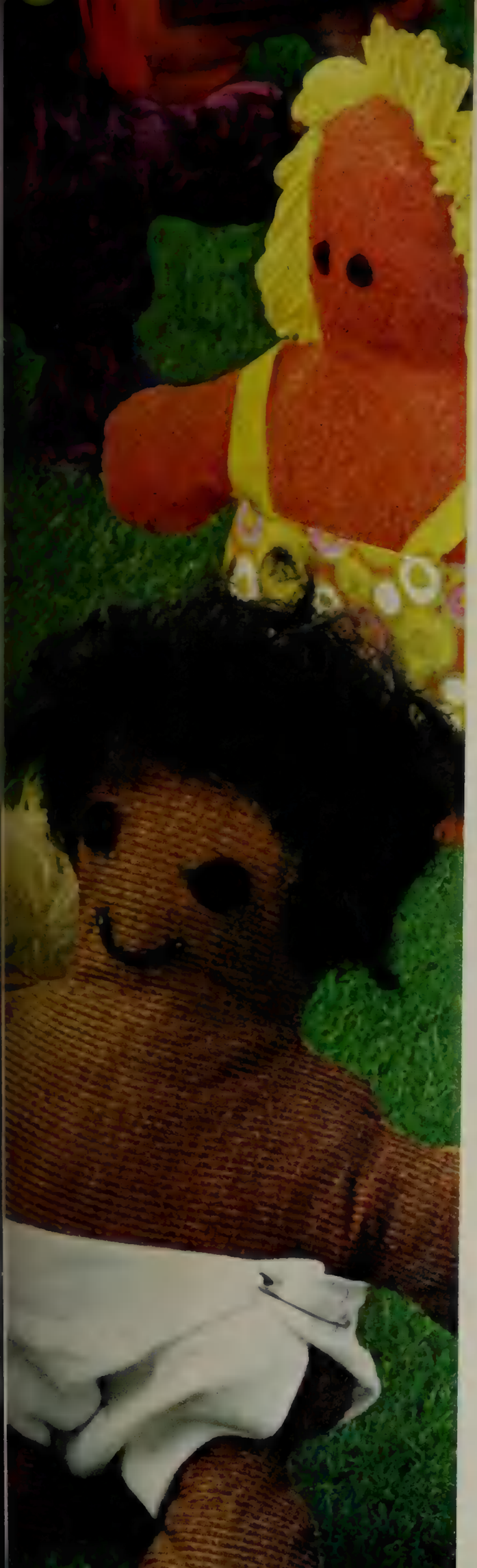
Lemon *is first wrapped in clear plastic film (above), then wired to other lemons in circles and stacked to form centerpiece (right)*

NORMAN A. PLATT

Apples *are attached to three florist's wires (Finished grouping (right) over party table, could suspended in high-ceiling*

GLENN CHR

5



Pudgy dolls *marching across the lawn have one thing in common: They are all made from ½ yard of fabric, cut, sewn, and stuffed. You can suggest features with scraps of felt, yarn, buttons, and, on the white vinyl cloth, with felt pens*
GLENN CHRISTIANSEN

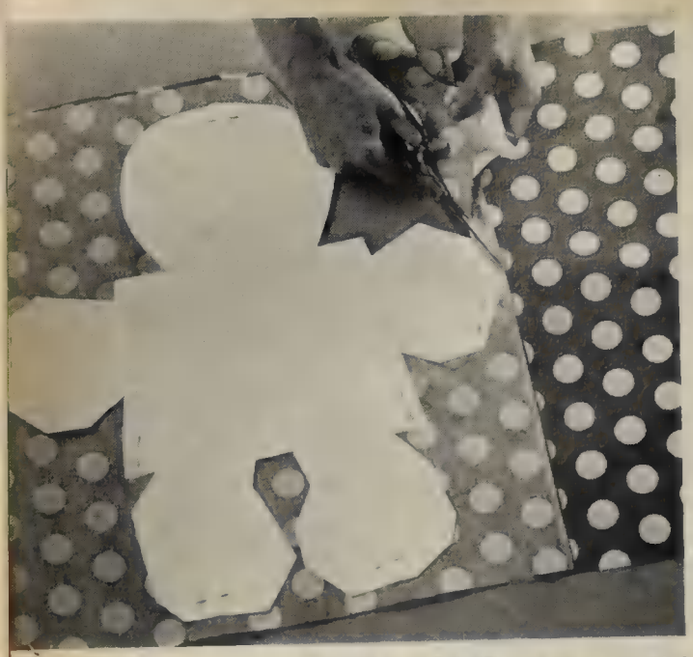
Make one, two, or a dozen all different

These dolls have a homemade appeal, a softness and floppiness that makes them fun to hold and dress. A child might make any of these dolls a best friend to be hugged, slept with, and eventually worn out.

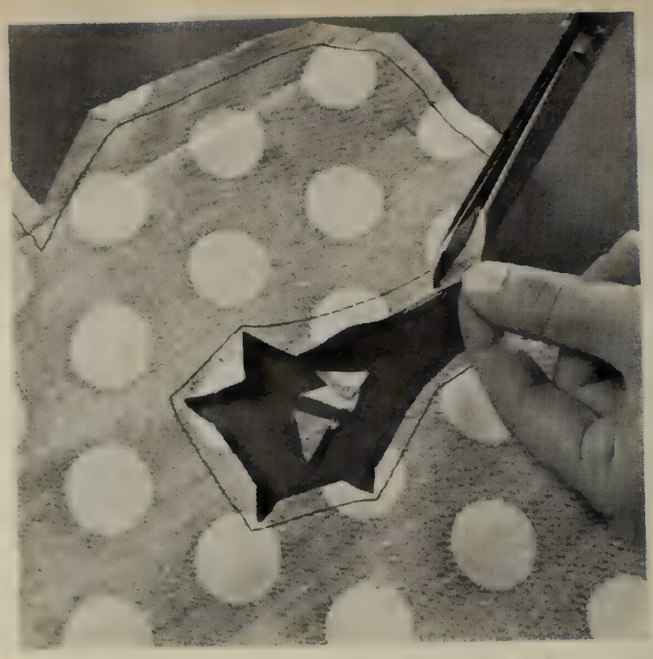
All are cut from the simple paper pattern shown on the next page. You can follow our directions for the squarish body with blocky hands and feet, or change the size and shape to suit your whim. Your child may want to make a doll based on his own drawing (some children have more interest in making them than in playing with them).

Just choosing the materials can be fun in itself. The hippy doll in the front row is made from yellow burlap with yarn pony tails and a strand of dangling beads. The diapered black baby on the right has a "natural" hairdo made from macramé twine pulled out and across the edge of a scissor. The football player at left is cut from vinyl cloth, with the eyes and number drawn on with felt tip pens. You might want to give a child the doll and a packet of pens so he can do his own artwork.

The furry creature (almost an abominable snowman) is the nicest to hold, soft and punchy. He's made



With right sides *of the material together and doll pattern pinned on, cut out all around*



After stitching, *clip the seams, cutting in V wedges around the sharp angles to give form later*

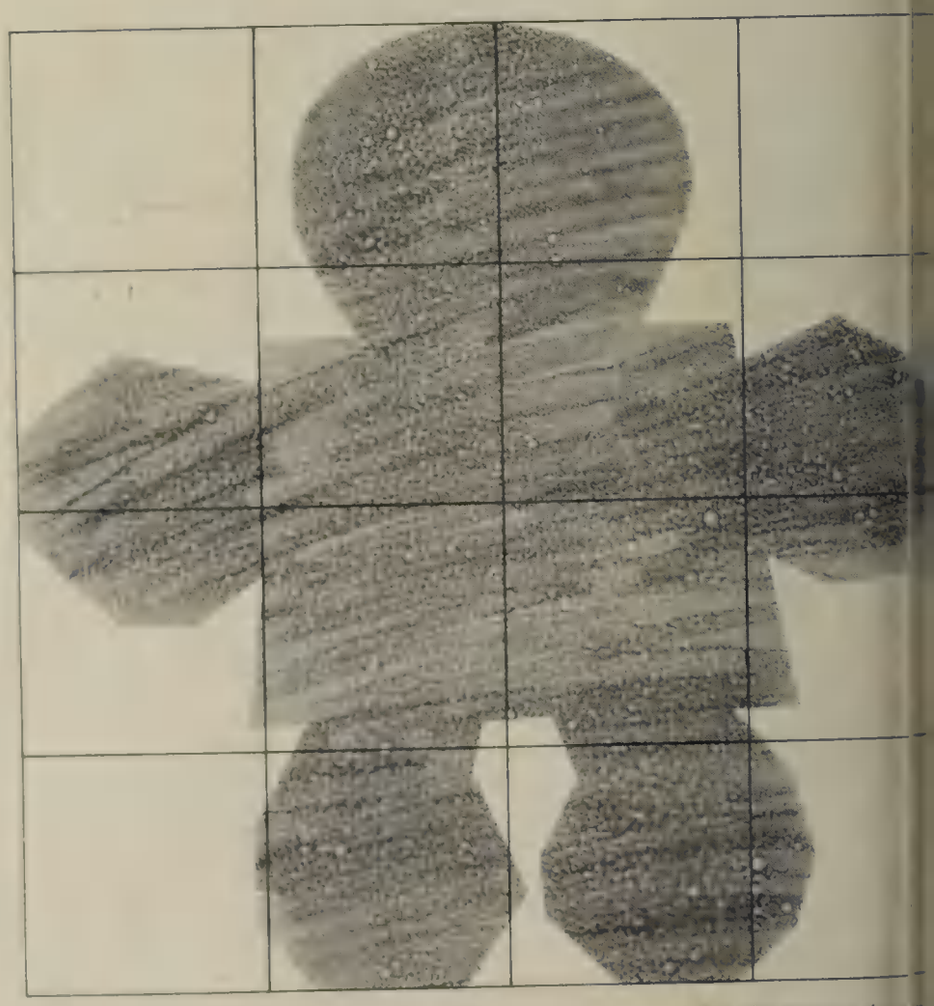
from fake fur with felt circles for eyes. The ticking dolly at upper left on the preceding page has swirls of yarn tacked on for hair. Alongside is Robin Hood, made from cotton velvet with a felt hat. The orange terry cloth doll with cotton shorts is a good washable choice for a toddler, especially for the child who likes to dress and undress his doll.

Other fabric possibilities are the bright colors of felt or even a leather doll. If you use leather, choose a top-grain cowhide (use either side) light enough to sew on your machine (about 1½-ounce weight). If the leather seems to pull on the machine, stitch over lightweight paper and pull off later.

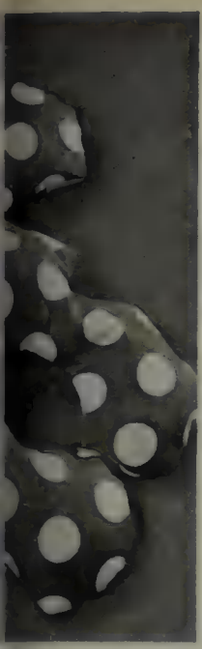
To make the dolls, cut out a pattern on paper that roughly corresponds to our pattern. Your pattern does not need to be exact; in fact, it doesn't even have to be symmetrical. Pin the pattern on ½ yard of fabric, with right sides together, and cut out all around.

Start stitching at the side of the head (leave about 7 inches at the top of the head to allow your hand to go through when you stuff it later). Stitch the seam about ½ inch in from the edge. Clip the seams as in the second photograph above and turn right side out. Stuff the doll with filling. We used shredded urethane foam (inexpensive and washable), but you could use any other filling, such as kapok or polyester fiber, that you have on hand.

With an overcast stitch, whip together the opening at the head. A mop of hair (yarn, felt strips) or a hat will cover the stitching. Glue or tack on facial features; then dress.



Cut *the pattern from a inch-square piece of paper; each on grid should measure 4½*



lling through open
Push with fingers
nto legs and arms

You make a squarish doll body with blockish hands and feet. Then the fun begins. Shall he be a linebacker? Or she a polka-dotted ballerina?

DARROW M. WATT

Felt tip pens, *with their brilliant colors, ı make the vinyl doll look just the way you want*

Elegance right out of the scrap bin... Christmas candle lights

NORMAN A. PLATE

Gluing *carefully sanded parts of candleholder shown at left. Five 4 by 4 blocks are 3 inches long. Two 14-inch 1 by 2's, notched in the middle, form the cross pieces*

Low *candleholder allows cross-table talk*

Hanging candelabrum *is made from seven p 1 by 2's. Lengths graduate by 2-inch incr from 8 inches at top to 20 at bottom. The hang together by 2-inch-long chains cross-piece stabilizes botto*

Random scraps *of 2 by 2, 2 by 4, and 4 by 4 were sanded and glued together into sculptural form. Hot-glue gun permitted quick assembly*

ıaterials could come from a scrap bin. The tools needed ıes almost everyone has. The results are these candle-s with a natural elegance and a capacity for as many candles.

the holders are made from standard sizes of vertical-Douglas fir. Pieces of 1 by 2, 2 by 2, 2 by 4, and 4 by 4 ıt to the desired lengths and simply glued or nailed er. If you use nails, be sure to countersink them and he holes with a matching filler.

ıl sanding before gluing or nailing brings out the wood and gives the pieces a fine crafted look. All of the holders shown here were left unfinished, but could be stained or painted. Or you might build with a darker wood.

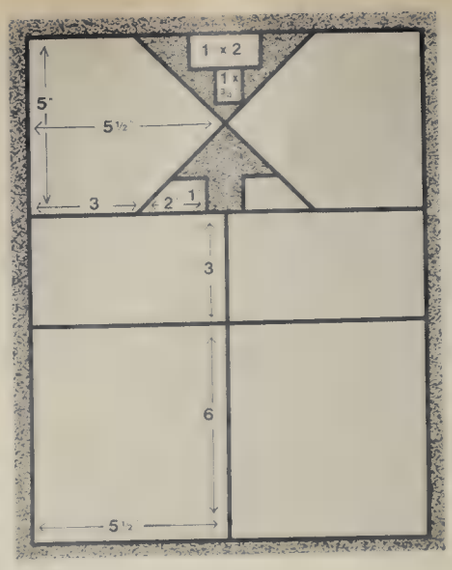
Whether you choose to build one of these holders or design one of your own, there are a few important rules to remember. First of all, candle flames touching wood do a large fire make! Be sure to give the flame some room, especially if it's being used in a breezy spot. Candles are never very effective when being blown around, so choose a still place to put your candleholder.

Another important thing to remember: Buy good candles. Inexpensive candles are often not really so economical when they burn down quickly, or unevenly, leaving large puddles of wax on the table or floor. □

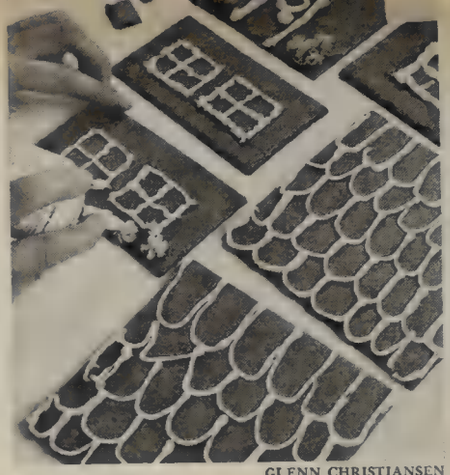
GLENN CHRISTIANSEN

This outdoor *holder consists of four 12-inch 2 by 2's at corners, and eight 4-inch 2 by 4's in between. Base for candle is 2 by 4. Pieces are glued together, hung with chain*

Tall stand *holds 13 candles near eye level. Candles sit on 2 by 2's—two pairs 18 inches long, two pairs 30 inches. Stem is 5-foot 4 by 4; it's nailed to base of 18-inch-long 2 by 2's*



First *duplicate house on heavy paper*



GLENN CHRISTIANSEN

Decorate *sections in a manner plain or fancy with purchased icing*

Set roof *onto icing-coated walls; with help a child can build the hou*

Next *will come a chi (for Santa, of course). house is to look at, the*

An easy prefab approach to cooky house architecture

Prefabrication may be a crass word to apply to cooky houses, but the actual results in this field of construction can be charming. With a process as simplified as this is, we propose cooky houses not only for the cook, but for holiday gifts as well.

First, roll the spicy gingerbread dough right onto the baking sheet: One pan yields one house; the recipe yields three. Then cut house sections when the cooky is partially baked to assure precise, easily fit edges; the few remaining scraps are for nibbling.

Much of the fun of cooky houses is in the decorating. For a gift, carefully package sections of the house along with two or three colors of purchased icing; this icing is also strong enough to hold the house together. (The elephant puzzle cookies on page 178 are made with a similar streamlined technique.)

Gingerbread Cooky Houses

Thoroughly blend 1⅓ cups soft butter or margarine, 1½ cups firmly packed brown sugar, 2 tablespoons ground cinnamon, 4 teaspoons ground ginger, 1 tablespoon *each* ground cloves and soda. Add ½ cup water and 5 cups unsifted regular all-purpose flour and mix well. Divide dough into 3 equal portions. With a well floured rolling pin (or one with a floured stockinet cover) roll each portion in an even layer on an ungreased 12 by 15-inch baking sheet without sides; cover pan completely. With a wide spatula push dough about ⅜ inch back rimless edges; press down the ridge forms to make even with sheet of d

Bake one cooky at a time in a 300° after 15 minutes remove the cook quickly arrange on it the pattern from posterboard or heavy pap shown at above left. Cut around piece with a sharp knife but leave pan; remove pattern. Return at o the oven and continue baking 15 minutes more or until cooky feels f touch (time varies according to much the cooky cooled while cutti

Repeat procedure for each cooky Transfer hot cookies to wire ra cool; package airtight until ready t orate. Eat within 2 weeks if held at temperature; freeze for longer st Makes 3 cooky houses.

To decorate cooky houses, appl chased icing for decorating (in tu aerosol cans) to flat sections and at least 30 minutes.

To assemble each cooky house, icing to bottom and side edges of front, back, and walls; fit these together on a firm surface such small cutting board. Let stand minutes for icing to set, then appl to top edges; set roof sections in Apply icing to sides and botto chimney pieces and set in place roof ridge.

The frustrated architect *or artist can go all out. Each of these houses came from one 12 by 15-inch baking sheet. Plan on paper first*

Recorders *are easy to master, enable you to play complex music in family ensembles. From left to right (and high to low pitch): Sopranino, soprano, alto, tenor, bass, great bass*

A gift of music

Recorders are really easy to play, start at around $7. Or consider a dulcimer, an autoharp, pipes, a balalaika

The joy of music-making can become a part of your family's holiday activity if musical instruments are among your gifts.

Many of the instruments shown here, while quickly mastered by people with little musical background, can be played with virtuoso skill. They could be particularly creative gifts for beginning musicians who want to avoid the more typical band instruments and guitars. And they needn't be costly.

Baroque recorders are the least expensive, are simple to learn, have soft, mellow tones, and are often most suitable for group playing. They're available at many music stores, alon printed arrangements for ensembles. Wood recorders in six models, costing from $7 (the tiny sopranino) t than $200 (the great bass). Plastic models cost even le you should choose one with good tone quality.

Stringed instruments are another possibility. A num Western craftsmen have begun a musical renaissanc ating a growing number of once-rare instruments—s them simple, some orthodox, and many reviving th

s

Musical saw *is especially tempered for rich, singing tone, costs $22 with bow. It also cuts wood*

Bagpipe *produces mesmeric drone from upper pipes, melody from fingered chanter. It costs $155*

Concertina, *left, is priced at $37. Great English concert kazoo, $12, adapts to any vocal condition*

Stringed instruments *are priced by quality and complexity. Melody on hurdy-gurdy is produced by left-hand keyboard*

DARROW M. WATT

oharp *has board for 'ess chord lection. It ›unds like ›f guitars, ıbout $70*

heritage of medieval times.

palachian Mountain dulcimer is one of the most pop-
ıdmade instruments. "It's almost impossible," one fan
"to hit a bad note on it." Dulcimers cost from about
›asic versions to more than $200 for fine wood models
ıborate scrollwork. They give a simple but ringing
animent to traditional folk songs.

stringed instruments come in kit form, and their
y can add appreciation of the instrument's function.

rs' instruments should be accompanied by basic
ons on how to play.

andmade instruments may be difficult to find; ask
nusic stores or at the music department of a college.
need further information about instrument sources,
the Music Editor, *Sunset Magazine,* Menlo Park,
4025; enclose a stamped addressed envelope. □

Initial *enthusiasm may give way to one or two misgivings when you're getting a new face*

Give him the makings for sculpture, for a garden, for leather craft. Give him a new fac

When you assemble a child's gift kit yourself, you have an advantage over the commercial manufacturer: Your special knowledge enables you to pick just the right ingredients to fit the child's particular interests.

If you've seen children delight in dressing up and playing make-believe, you might consider gathering materials for face painting. The kit can be as simple as washable body paint, brushes, and a funny wig or mustache. Or you can enlarge it by adding some leftover eye and face make-up. Theatrical make-up (from a theater supply store) often starts with a cold cream base (applied all over for easy removal) before the application of bright make-up colors.

The youngster in the photograph above entered gleefully into the project, requesting a mirror every few moments to see how it was coming along. And even though a zealous artist tickled his ear once, he stayed with it and wanted to leave his new look on for the rest of the day.

The leather pouch uses a small piece of lightweight (les 3-ounce) leather. For a young child you might want t pare the circle (use a salad plate or compass for size). ¼-inch strip of leather from around the outside of the ci make the drawstring. With the punch, hammer holes th the leather (backed with a wood scrap), making ar number of holes all around.

Assembling wood chips with white glue appeals to all tial sculptors. It's fast, challenging, and wide open to t ation of strange shapes.

If you look through some of the unusual kinds of succ you'll find several to include in a planting kit. Ones lil rock look so much like pebbles that you can fool pe potting the plants in soil mix and placing bits of gr small stones around.

Leather pouch kit: *A circle of leather, a number 5 hole punch (75 cents), a bead for closing, and a chunk of wood to put behind leather when you punch out holes*

Theatrical make-up kit: *a braided wig ($1.39), body and face paints, beard and mustache, granny glasses, a brush, and some colored make-up pencils*

Succulent planting kit: *Some potting mix, pebbles, and unusual plants: bishop's hat, watch chain, split rock, jewel plant, tiger jaws. Also include a big clay pot*

Glue-in kit: *Add one piece after another with a collection of scrap wood blocks. The odder the sizes, the more intricate the sculpture. Use white glue; build on wood slab*

DARROW M. WATT

At San Francisco's Dickens Fair... the spirit of Christmas past

Jester *lures youngsters into his maze of wood tunnels and odd-sized doors*

CRAIG ZWICKY

Minstrel *strumming autoharp wanders through the fair's streets*

Street *vender roasts sweet chestnuts as children watch*

The spirit of Christmas past will come to San Francisco this holiday season, as the Great Dickens Christmas Fair and Pickwick Comic Annual moves into the sprawling brick-and-timber Wharfside complex adjacent to the Cannery at Jefferson and Hyde streets, Thursdays through Sundays from November 26 through December 19.

The fair will re-create the street scenes of mid-Victorian England, with the rich smells of plum pudding, mulled wine, roasts, meat pies, and other holiday delicacies rising above the din of musicians, beggars, storytellers, and craftsmen hawking their wares. You can shop for a wide variety of unusual foods and crafts.

The pageantry will be led by Father Christmas and his spiritual adversary, Ebenezer Scrooge. There'll be frequent processions, singalongs, music hall comedies, and melodr and entertainers will be strolling among the street th You can even dance a jig, reel, or polka; if you don't how, there'll be someone there to teach you.

While a costume isn't necessary, it can help you slip into the period. You can get simple costume ideas fr lustrated Dickens novels or costume texts at the library the basics at a secondhand store.

The fair will be open from 5 to 11 P.M. Thursdays an days, noon to 11 P.M. Saturdays, and noon to 8 P.M. Sur Admission is $2.50 for adults, $1.50 for children und Wharfside is in the Fisherman's Wharf - Cannery - Ghir Square district; to avoid parking problems, you migh the Hyde Street cable car from downtown.

Storyteller *keeps young audience charmed with tales from Lewis Carroll*

Shop girl *fills air with bubbles*

Jeweler, *shopper strike a bargain*

NORMAN A. PLATE

Father Christmas, *wearing crown of holly, pauses among alehouse crowd to invoke Christmas spirit*

fondue

GLENN CHRISTIANSEN

Full-course *picnic is divided into four baskets. Each basket holds separate foods at different temperatures. Each or all could make a gift. Ingredients described below*

A grand gift picnic

Four baskets hold four courses: Each or all make a gift. There's heat for the fondue. There's insulation for the wine

The elegant picnic at left illustrates some practical as well as attractive gift ideas for anyone who delights in dining outdoors. You could give one or all four of the easy-to-carry baskets—outfitted as suggested in the photograph or custom-tailored for the recipient. You can choose from paper and plastic utensils or china and crystal.

Antipasto and dessert basket (lower left): This basket has a detachable lid; we trimmed two small cutting boards to fit its underside. Equip with knife, can opener, inexpensive cocktail forks, and napkins. Supply it with delicatessen items such as dry salami, caviar, bread sticks, marinated artichokes, pickled vegetables, and paté.

Fondue basket (middle left): Include a small alcohol burner (with fuel) and a pan that fits it; inexpensive fondue forks or wooden skewers; bread basket with a plastic bag that will fit around it (add cut bread when ready to go), napkins, matches, and packaged fondue.

Wine basket (upper right): With polyurethane foam you can convert any basket into a cooler that keeps chilled wines cold up to 4 hours in the shade. Our basket holds two bottles of wine and four glasses. To insulate, have two pieces of 1-inch foam cut to fit the bottom of your basket; put one piece in the basket. Also cut strips of ¼-inch foam (sold in sheets) to fit the sides of the basket; press them in place. Then cut rectangles large enough to encase each bottle; staple sides together as shown at right. Keep glasses padded with small squares of the ¼-inch foam (we cut holes in the center of ours to slip over the glass stems). Fit wine and glasses in basket and cover with the remaining 1-inch-thick rectangle of foam.

Salad basket (middle right): Choose a lidded plastic container large enough to hold a green salad; then find a basket into which it fits quite loosely. Equip with forks, salad tongs, plates, a jar for dressing, and a large heavy plastic bag. Assemble to go as shown below. □

Foam-lined *basket insulates wine. Foam for protection around bottles, between glasses. Glasses fit between the bottles*

Salad *basket's lined with heavy plastic bag. Ice surrounds lettuce holder; dressing in center, plates on top. Forks and tongs chill in ice*

Gonfalons

These cheerful Christmas banners deck your house, offer greetings, offer your welcome

This indoor *gonfalon uses three banners hung from 1-inch dowel*

A spotlight *shines on a simply designed outdoor banner. Designs are cut from felt glued onto burlap backing*

It's a felt candle *on felt backing. Hook on dowel fits through brass eye at top. Dowel fits standard flagpole holder. Crosspiece is at base of top triangle*

Or it could *be Hallelujah. Let banner proclaim your message in bold letters*

GLENN CHRISTIANSEN

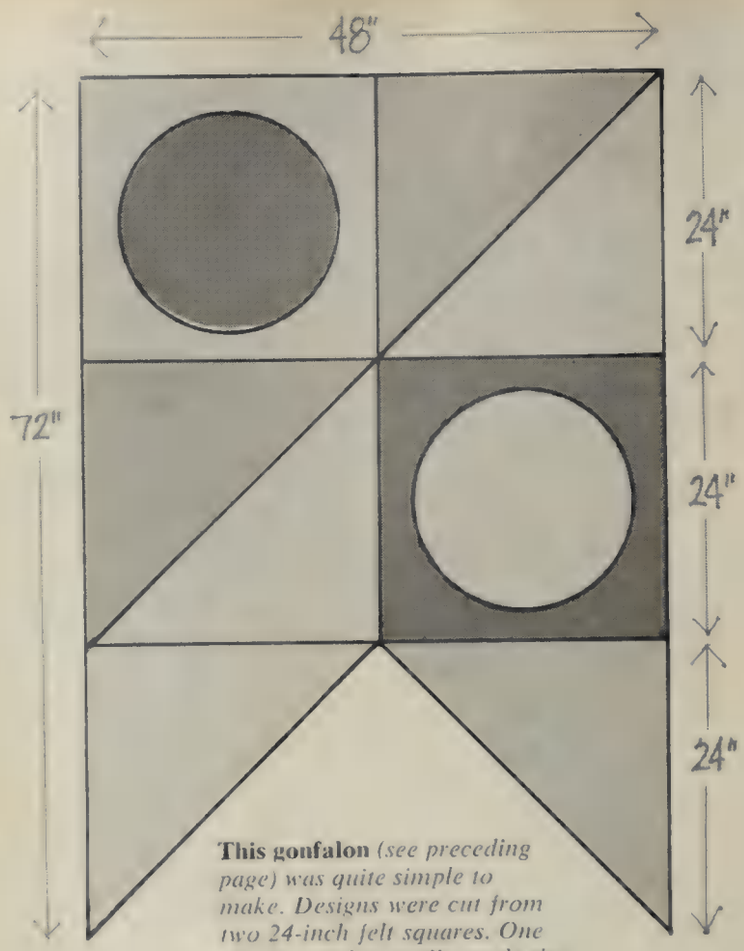
t this idea a few centuries back.

ıedieval tourney, gonfalons borne by squires or flying t of pavilions announced knights and their entourages. ɔdern holiday season, gonfalons might announce nights ıvity and celebration.

nfalon is a banner or flag fixed to a crosspiece rather a pole. A medieval seamstress may have toiled painsy with fine stitches and exotic cloths on her lord's . The gonfalons here were made with inexpensive ıls and little or no sewing. We used burlap, felt, oilınd vinyl.

You might use other materials; we chose these because they don't need to be hemmed, and heavier materials hang better. We used burlap only for backing. If you must cut it, coat the cut edge with white glue to keep it from unraveling.

First you'll want to choose a place to hang your gonfalon. Location will determine size and material. Outside, you can make the banner as large as you wish (the one on this page is 4 by 6 feet; the one on the opposite page is 3 by 10 feet). Oilcloth or vinyl will resist wet weather best; burlap and felt will hold up for shorter periods of time. Inside, scale the banner to the size of the room. In general it will be smaller,



This gonfalon *(see preceding page) was quite simple to make. Designs were cut from two 24-inch felt squares. One square cut diagonally made the two triangles; circle was made by folding a square and cutting a half-circle*

but in a large, open room, as on our cover, the big 4 by 6-f banner is appropriate.

After you've picked the place, choose a design. You can e a simple, geometrical design (left); or copy a Christmas c (below); make a super-large snowflake (opposite page); or the imagination of an artistic family member.

Draw your pattern on newspaper or brown wrapping pa Place the pattern on top of the material and cut out.

Attach the cutout to the gonfalon with white glue. Fab hold together well with white glue. If you use plastics or o materials, you should experiment with other glues; you have to stitch them together. Use generous amounts of glu insure effective adhesion.

To hang, first fold the top over to make a 3-inch cas stitch or staple. Then insert a 1 or 1½-inch dowel with a extra inches at each end. Tie a rope or cord to each end o dowel and hang the banner from a nail, hook, or pole. o very large banners you might need to insert extra dowe one or two points to insure straight hanging.)

Finishing touches: Attach round drawer-pull knobs to d ends with glue or finishing nails. Make a tassel by wrap a few yards of yarn in a loop (about 6 to 12 inches, s to banner size). Tie a strand of yarn around the loop a qu of the way down. Cut loop open at opposite end. Stitch t to banner end.

Making a gonfalon isn't that difficult. Your tools are scissors and glu Sometimes a pattern helps

To enlarge *design (this was from Christmas card): make grid on original, then large grid on brown paper; transfer*

Separate *pattern into parts for different colors; place them on material and cut out figures*

Coat edges *liberall glue and press down Let dry about 5 mi Finished reindeer is a*

CHRISTIANSEN
ers *with fold-and-cut snowflake,*
and reindeer, and season's greetings
n redwoods in Sunset's garden

GLENN CHRISTI

Friends *coach blindfolded swatter as he tries to break tissue-covered, prize-filled, elusive*

The blindfolded batsman and Mexico's piñata

If he connects, it shatters. And everybody scrambles as the small gifts fall

piñata in the picture at left was ıed around a balloon. Break it with :k and out spill candy and prizes.

borrowed the idea from Mexico :e the piñata is part of the La Posada mony. Children go from house to e seeking lodging, or *posada*, as did y and Joseph. When they are admit- a piñata is waiting for them. One ! is blindfolded and given a stick. n he has successfully broken the pi- gifts rain down on him and his ds.

fexico the core of the piñata is an or clay pot. The exported versions d in the West in import and variety s ($3 to $12) are not made of frag- ottery but of heavy paper or card- d that can withstand a great deal of ring and only grudgingly release treasures.

piñatas shown here break easily and nexpensive to make. Blow up a bal- and place it in a bowl or rim to it from shifting. Cover it with t two thicknesses of newspaper ; dipped in starch. Leave a small by the tied end for putting in pres- In a couple of days, when it's har- d and dried, punch holes around the ing for wire or string to hang it up. Pop the balloon and remove it through the opening.

You can decorate the piñata with paint or tissue paper. Fill it with small items that will tolerate the fall to the ground. To befuddle the already blindfolded batsman, hang it so that it can be raised and lowered over a rafter or branch or on a small pulley. □

Soaked *in starch, newspaper strips harden into brittle shell. Balloon is then popped and removed*

DARROW M. WATT

Honeybee *at upper left is two balloons of different size attached with masking tape. Pinwheel has taped on cardboard points. Lighter-than-air balloon is painted and the basket constructed of heavy paper. Tissue streamers are a quick cover-up on balloon at upper right*

Good old Monterey pine, why not?

Cut or live, it smells woodsy, it looks roly-poly, it's Californian

Just cut *at Christmas tree farm, 7-[illegible] Monterey pine is a fragrant, bu[illegible] bright green bundle. It cos[illegible]*

In the role of Christmas tree, good old Monterey pine will surprise people who know it only as a useful garden tree, always fast growing, sometimes pest-prone, often gangly of limb.

Either cut or living, it has much to offer at this time of year. The foliage is a distinctive bright green. The piny aroma ranks second only to Douglas fir in filling a room with woodsy fragrance. Specially trained trees you can buy are full and bushy, almost roly-poly.

And the price is a bargain compared to most trees. Cut Monterey pines cost about $1 a foot in northern California, $1.50 a foot around Los Angeles and farther south. Nursery trees (shown on page 78) cost less than a spruce or fir of comparable size, grow much better here, and look softer and more at home than the stiffer, cold-country trees.

Almost every California Christmas tree farm, except those in the Sierra foothills (too cold for the coastal trees), offers Monterey pines that have been shea[illegible] into symmetrical conical shapes. [illegible] Southern California it's just about [illegible] only kind you can buy at tree fa[illegible] Monterey pines are too perishabl[illegible] stand much shipping, so you won't [illegible] them at many neighborhood tree [illegible] their trees come mostly from high co[illegible]try and the Northwest.

Almost every California nursery [illegible] some Monterey pines, but you may [illegible] to search hard for one shapely and [illegible] enough to make a Christmas tree. H[illegible]ever, at least 11 wholesale nurseries [illegible] making the search easier by sha[illegible] trees for Christmas sale.

If you buy a cut one

The usual firs and pines brought d[illegible] from the cold country have already [illegible] dormant and stopped their flow of [illegible] they'll last a long time without water [illegible] the other hand, Monterey pines in [illegible] mild weather of lower elevations [illegible] still growing when cut, and they'll [illegible] needing moisture—just like a cut flo[illegible]

A freshly cut Monterey pine can soa[illegible] a quart of water overnight. To [illegible] yours fresh and fragrant for se[illegible] weeks, a water-holding stand is esse[illegible] check the water level every day. Be[illegible] bringing a tree in the house, saw [illegible] new cut at the base of the trunk; [illegible] allows a fresh surface for soakin[illegible] moisture.

You may notice new shoots that d[illegible] no matter how much water a tree [illegible] Simply prune these off.

For a list of 118 cut-your-own [illegible]

Just too bushy? *Screw up your courage and start pruning. To open up tree and make room for ornaments, cut off some branches at trunk; remove expendable shoots from side branches. Prunings can go into wreath*

Supply water *right away and through holidays. Improvised stand has base of 18-inch-square plywood, wires at corners. Coffee can for water sits in its plastic top tacked to base. Rocks in the can support the tree*

Decorating *bushy Monterey pine calls for bold ornaments that won't be lost in foliage. These are small versions of paper-coated balloon piñatas on page 74*

GLENN CHRISTIANSEN

A Monterey is such a fast grower it can stay in a pot only a year or so

Here are three *choices in nursery-grown Monterey pines. At left, 7-gallon-can tree is 5 feet tall, $12. Middle tree, sold in Southern California, was specially pruned for Christmas tree shape; in 16-inch box, 7½ feet, $20 to $30, shown indoo below. Tree at right, also 7½ feet, was grown for regular landscape use; in 15-gallon can, about $30*

Brought indoors, *boxed pine is decorated with popcorn balls, candy canes. Red plastic sheet wrapped around box holds water in*

GLENN CHRISTIAN

farms, most of them selling Monterey pines, you can write to California Christmas Tree Growers, 2855 Telegraph Ave., Berkeley 94705.

If you buy a live one

Before bringing it into the house, a Christmas tree in a container should have a good soaking. Every day or two, test soil moisture with your fingers. When the soil starts to dry out, provide about 2 or 3 quarts of water. (That usually means watering about two or three times a week.) To keep water from leaking out onto the floor, put a large pot saucer or other protection under the container and put plastic sheets under that. Two weeks is about as long as you should keep a tree indoors.

What about after Christmas?

A Monterey pine grows so fast that it can spend no more than a year or two in a nursery container or a larger one you move it to. Unlike slow-growing trees, such as a spruce, it can't be kept in a pot and hauled into the house Christmas after Christmas.

A container tree will need watering as often as every day during hot weather. Fertilize once a month with complete food. To maintain the bushy shape, prune several times a year; when new shoots put on 6 inches of growth, trim back a few inches.

If you plant it out in the garden, a Monterey pine will grow big and very fast, as much as 50 feet in 12 years. Make sure you give it fast-draining soil, especially if you plant in a lawn; and don't overwater. Figure that the closer to the coast, the better your tree will perform. □

1972

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DARROW M. W

Leather belts *made by you might solve some Christmas gift problems*

A leather belt you make in less than an hour

A belt blank and a buckle or rings—all widely available in leather shops—are the basic materials for these leather belts. For Christmas gifts, they're real timesavers; each takes less than an hour to make.

These three belts, designed by Brian Burns and Sylvia Grainger of Palo Alto, California, have patterns that are easy for beginning leather craftsmen to follow. After you're more experienced, you may want to try designing your own belt.

Purchase buckle or rings first, for they determine the width of the belt blank. Blue jean loops can accommodate belts up to 1¾ inches wide.

The blank needs to be 9 inches longer than the waist measurement if you're making a conventional buckle or a double-ring belt, 5½ inches longer for a single-ring belt. The single-ring belt also requires an 11-inch-long piece of 1-inch blank. You'll need some small scraps if your buckle requires a keeper.

Cut belt blank to required length; trim point end to the shape you like (mitered, slanted, rounded, squared) with a single-edged razor blade. Bevel the edges of the belt on the top and back sides a number 3 edge bevel as shown on 84. If your buckle requires a ke cut a ⅝-inch-wide strip from s long enough to wrap around two l of belt plus ½ inch for overlap. F a 1-inch strip for a single-ring belt same manner, rounding off the end

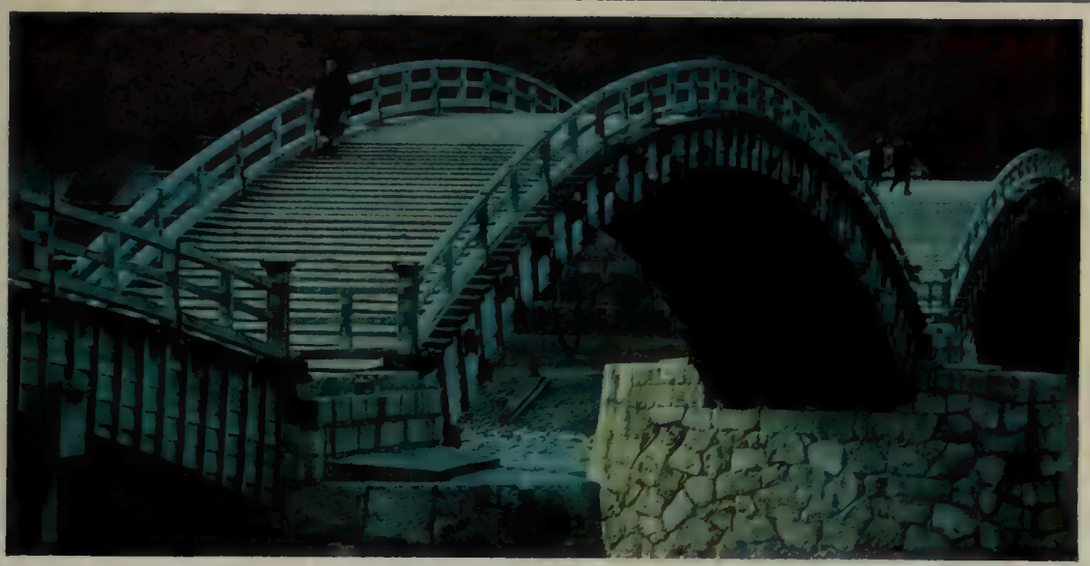
Dyeing the belt

You have a choice of dyes but might like the "antique leather f that we used. It produces a mellow meg color that enhances the n markings of the leather with a luster rather than a high gloss. It d streak or cake; the longer it is le the leather before being wiped of deeper the color becomes. The requires an acrylic sealer to keep l dye from rubbing off on clothing. ounce bottle costs about 90 cents.

Liquid leather dye is also suitable ished with neutral shoe polish, s soap, or clear leather finish.

Apply finish heavily with a piece of skin. Keep the entire surface wet long as necessary to get the color a as you want (15 seconds to 3 min Keep smearing the dye on the l

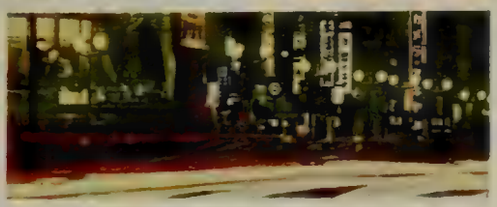
ide the world's
astest train back to
inth-century Japan



oard the luxurious Tokaido s in Tokyo. The countryside s by at 125 smooth, silent miles ir. You're on your way to Kyoto, time has stood still in the gar- nd palaces for a thousand stately

e of Japan's par- r delights—the e of classic yes- and a vibrant The wail of the at a Meiji Shrine the beat of elec- itars in a swing- aret. The clatter oden loom and the stutter of a cycle. Puzzlingly harmonious. etely Japanese.

scover the Inland Sea with its picture-islands and misty vis- om a speeding hydrofoil. You Tokyo's Ginza, past window window of excellent watches, s, mini-TV's. Then, abruptly a folk art shop, with pottery fired in ancient kilns, and traditional toys carved by hereditary craftsmen.



Night falls, and the centuries go on stage. *Noh* drama from ancient times. *Kabuki*, the theater of the 17th century. And contemporary musicals.

There's the same fine disregard for eras in Japanese sports. Baseball draws huge crowds. So does *sumo*, where gargantuan wrestlers begin each bout by scattering salt to rout demons. (If you're a golfer, tee off on a gardenlike course, with a girl caddy to carry your clubs.) It's all waiting for you now in unique Japan...and during any season you choose to visit. Ask your travel agent about it. Or mail us a card for the new edition of "Your Guide to Japan."

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and add more when the leather gets dull looking.

Dye edges and back side of piece quickly while front side is still wet. Turn piece to front side and wipe all excess finish off with soft lintless cloths or paper towels. Carefully clean up edges and backside.

If the shade is too light, reapply and repeat the process. Dye the ke and other pieces at this time also, so colors will match.

Apply one or more coats of clear lea finish or sealer to both sides of belt a

Here's how . . . from cut to rivet

DARROW M. WATT

Single-edged blade *makes clean cut, trims end to desired shape; work on wood surface*

Edge bevel *rounds off sharp edge. One hand pushes tool, other holds leather flat*

Saturated wool *skin spreads dye evenly over surface; use quick, long strokes*

Skife knife *reduces thickness of leather. Thin back ⅝ inch on both pieces*

Bag punch *makes slot for buckle tongue. Work on wood surface so punch is not dulled*

Metal rivets *fasten pieces together: pound firmly from front side on metal surface*

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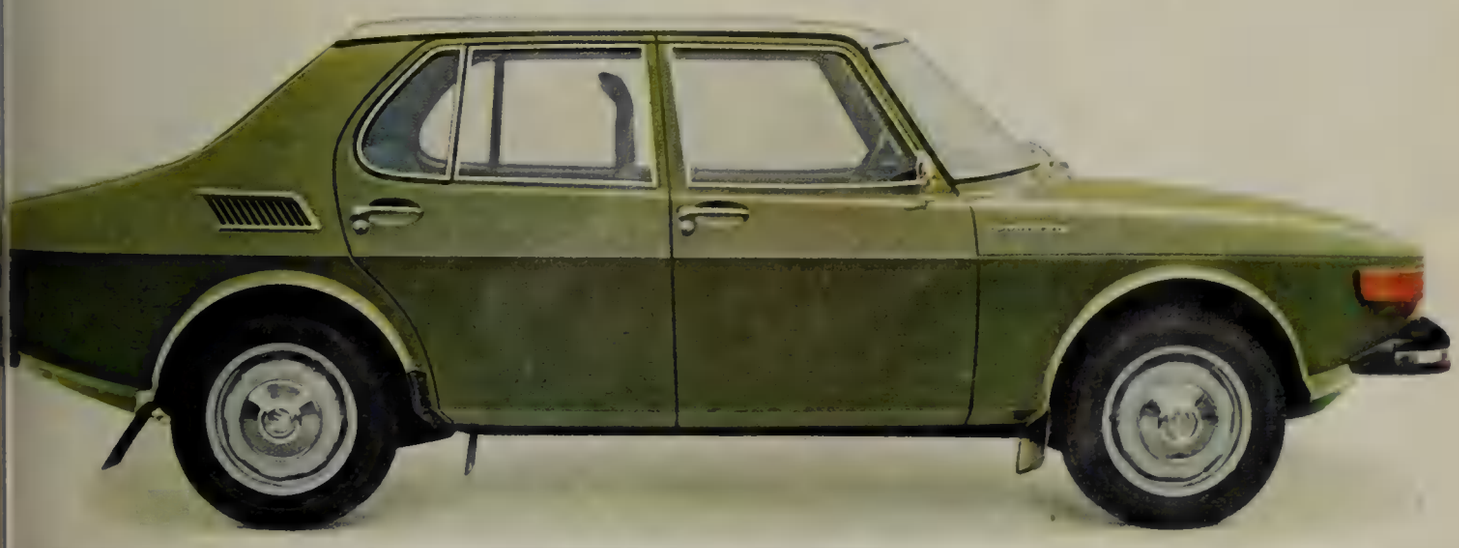
So before you buy their car, stop by your nearest SAAB dealer and drive our car. The SAAB 99E. We think you'll buy it instead of theirs.

SAAB 99E



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dye is thoroughly dry and before sembling belt.

Conventional Buckle

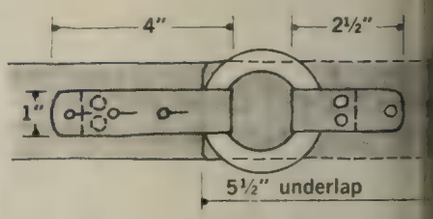
To mount a buckle, punch a slot 1 long and ¼ inch wide, centered inches from the end of the belt. outline in pencil the area to be remo then make several punches with a punch through the belt, front side

Using a number 5 (5/32 inch) le hole punch, make two holes thr belt top and two holes through po to be lapped behind buckle. Place through holes and firmly pound, a hammer and a metal backing sur

Wrap the belt carrier around the and body of the belt. Allowing ½ for overlap, punch holes for rivet apply as before. Slip keeper on belt to first rivets. Put in two more rive end of underlap to keep the keep place. Make holes for buckle to with a hole punch.

Single-ring belt

For a single-ring belt, cut the blank inches longer than waist measure leaving both ends square. Cut 1- wide blank into two pieces; one 4 i long, one 7 inches long.



Dimensions *for single-ring belt: dott lines indicate underlapped leather and rivets not shown on finished surface*

Following the dimensions given i sketch above, rivet the finished in place. The shorter end is held belt with one rivet. Fasten end a ring with two rivets (not through The 7-inch strip is riveted to th (shown by dotted circles); make evenly spaced 3/16-inch holes, wi inch slits for finish. Belt is fastene a harness button. Screw button th a hole in the leather, adding a washer on the back side to preven ing through.

Double-ring belt

The double-ring belt end folds th both rings so it is held snug. C point end of the belt off 9 inches turn it over, skive as shown, an back in place upside-down so on top side of the leather shows wh belt is worn.

Fold the blunt end of the belt through both rings so they are h gether fairly snugly. Punch ho joining point and use two or three to hold rings in place.

his is the room that Herb paneled...

ith a little help from U.S. Plywood).

When we met them, Herb and Eileen Hebert Meriden, Conn., wanted three things for sure heir new family room: versatility, carefree intenance, and good looks that would still be und when the kids were grown.

Eileen also thought she'd like the warmth of od, though she confessed to knowing nothing out the different kinds of wood paneling ilable.

Herb, an average do-it-yourselfer, wondered out installation.

Happily, the Heberts knew where to look for p—their local U.S. Plywood dealer. After king with them, he was able to show them ens of prefinished wood panels to match ir decorating ideas. (Eileen finally chose ldwood's *Craftsman® Tudor Oak.*)

As for installation, Herb was pleasantly prised. The only tools it takes are a hammer, , nailset, carpenter's square and level. And only use two or three nails across the top of h panel. New Weldwood Panel Adhesive es care of the rest. Weldwood panels can be ached directly to most walls, though masonry neven surfaces may require furring strips. b attached his to gypsum board.

n all, the whole Hebert family room took only Craftsman panels and was finished over a kend.

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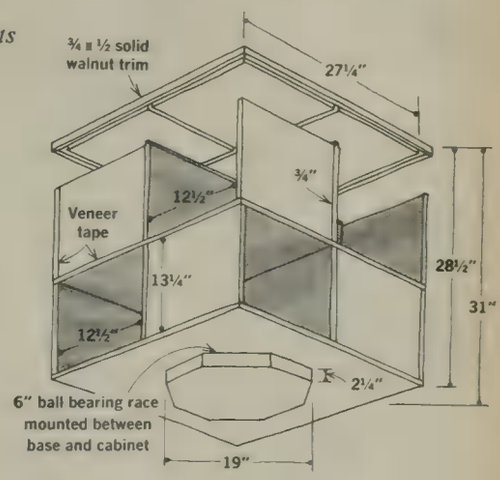
Cabinet *holds about 600 records, swivels on 6-inch turntable, accommodates standard-sized jackets*

Giant cube stores records on four sides



With a vast record collection, Mr. and Mrs. Donald P. Falconer of El Cerrito, California, wanted convenient, compact storage. One of Mr. Falconer's answers is this handsome walnut cube. It swivels on a 6-inch turntable and is designed to handle a load of 400 to 500 pounds. The openings are 13¼ inches high to accommodate a standard 12-inch record jacket and allow room for easy removal. The cabinet does not, of course, have to be filled, but a fairly even weight distribution is advisable both for balance and for even wear on the ball bearings of the turntable.

Mr. Falconer built this cabinet using a radial arm saw and dado head. Most of the joints are dadoed and glued. He used two sheets of ¾-inch walnut-veneered plywood and several rolls of walnut veneer tape for the edges.

The heavy octagonal base was made of three layers of ¾-inch scrap plywood veneered in walnut. It is as wide as possible without letting any part be exposed when the cabinet is rotated.

The top horizontal edges are trimmed with ¾ by ½-inch solid walnut strips. Linseed oil was used to finish the surface. The total cost was about $90. □

Italian Swiss Colony, Italian Swiss Colony, Calif.

We asked Mrs. Nelson Sage-Gustin to taste a "fine imported claret."

She praised it as a "sumptuous vintage of noble character" and ordered a case.

When we told her it was actually Italian Swiss Colony at about $1 a bottle, she cancelled the order.

We don't understand.

Does a good wine have to cost a lot to get a little respect?

Gift Certificates

See's
Famous Old Time
CANDIES

Send them with your Christmas Cards

The easiest way to give See's Candy! Simply pick up Gift Certificates *at any See's Shop*—for the size of box you want to give. Redeemable at all See's shops except in Hawaii. Only $1.90 a pound, plus tax.

ORDER GIFT CERTIFICATES BY MAIL

Please send me the following:

Number of Certificates	Size of Box	Unit Price	Total
_____	1 pound	$1.90	$ _____
_____	2 pounds	$3.80	$ _____
_____	3 pounds	$5.70	$ _____
_____	5 pounds	$9.50	$ _____

Total of my check including local sales tax: $ _____

My Name _____

Address _____ Zip Code _____

Clip coupon & mail with check to: GIFT CERTIFICATES, See's Candy, 210 El Camino Real, South San Francisco, Calif. 94080.

(See's Candy Shops are located throughout California, and in Seattle-Tacoma, Portland, Eugene, Reno, Las Vegas, Salt Lake City, Denver, Dallas, Houston, Phoenix, Scottsdale, Tucson.)

DARROW M. WAT

Colorful *bags of oilcloth and felt ready to stuff with Christmas g*

Bags as wraps, useful later

These bags are simply gift wraps your friends can use after the holi as tote bags. We made them of felt oilcloth, although a lightweight ca would be good, too.

To make a felt bag, you'll need a l piece of felt (⅓ yard of felt, 72 in wide, makes two bags roughly inches by 14 inches and costs a $1.20), felt scraps in various c (available in most fabric stores fo cents each), and 1 yard of yarn fo for each bag.

Cut two rectangles to desired size. cut out one or two smaller shapes as circles, squares, or ovals) from a trasting-colored scrap. Pin, then shapes to the right side of one o rectangles. Pin the rectangles, right together, at sides and bottom. Stit inch from edge around three sides. right side out and press.

For a drawstring bag, allow a 2 opening ¼ inch from top in on seam. Fold over top edge 1¼ inc wrong side of bag, stitching ⅛ from bottom edge.

Bind ends of yarn with cellophan and feed through channel at top.

If you use oilcloth or vinyl, lay a sh lightweight paper over the fabric stitch. It holds the stitches in pla you can remove it later.

971 Sony Corp. of America, 47-47 Van Dam St., L.I.C., N.Y. 11101

With Sony's new portable, you can hear six different versions of how it happened.

Most radios are either FM, AM or FM/AM, which is rather limiting.

Because all you can hear is music, news or music/news.

But our new portable also gives you PSB (a cleverly concise way of referring to our Public Service Band, 147-174 MHz).

With PSB, you can listen in on police calls, overhear the Coast Guard and snoop on the fire department.

You can hear what's happening up in the air and down by the sea.

You can get continuous weather reports, pick up two-way taxi calls and even find out what's new with the forest service.

And you not only hear all this, you hear it well, because the Sony 7400W has the sensitivity to pull in the stations and 1.5W output and a 4" speaker to reproduce them clearly. Plus a Light Emitting Diode that brightens to red when a station is perfectly tuned.

So if music and news alone isn't enough for you, get a Sony 7400W.

And get an earful.

SONY TFM 7400W

Hotpoint wishes you a mini-Christmas.

All these Hotpoint compact appliances provide big ways to give someone the merriest Christmas ever. And there are two other things about Hotpoint mini appliances that are very big. One is the quality Hotpoint builds in for dependable performance. The other is Hotpoint service: should anything ever keep a Hotpoint appliance from doing its job, a phone call will bring a Hotpoint serviceman to your doorstep. No matter where you live. Or where you move to. And that's a promise.

Hotpoint
A quality product of General Electric Company

lel DLP 1010N **$129.95***

This Hotpoint compact r is the first way you can a mini-Christmas.
Places a regular dryer can't he compact dryer can. Like :r a counter. Or in a closet a bathroom. And it's got of the features a big dryer a normal drying cycle, a cycle and a special ıanent press cycle. It plugs any standard grounded t, offers over 2 hours of ıg time, and has an easy to ı up-front lint filter.

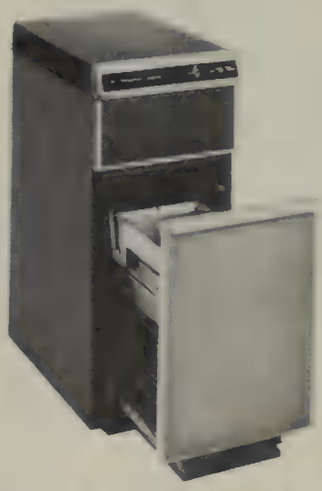
Model RE 920 **$399.95***

Next, we offer you cooking convenience like it has never been known before with the Hotpoint portable microwave oven.

Using microwave energy, the electronic oven turns hours of conventional cooking time into minutes. Meat loaf's done in 18 minutes. And you cook on china or glass or paper plates right in the oven! Nicest of all, the oven's small enough to be moved from kitchen counter to patio to game room and back.

:l FH6AM **$159.95***

And this Hotpoint 6-cubic-hest freezer is another way oy big convenience from a ɔackage.
In less than 31 inches of , this counter height ·r holds up to 216 pounds d. It has adjustable :rature control and a t basket that holds bulky d-shaped items neatly.
. special enamel finish ! on the freezer's exterior it looking beautiful and o clean.



Model GHCH500 **$249.95***

Finally, with this Hotpoint Trash Compactor, you can take a permanent holiday from messy trips to the trash cans.

You see, the Trash Compactor deodorizes and compresses the trash an average family of four collects in a week into one neat little bag. All you do is carry that bag out to the curb. And it comes with removable front panels in 4 decorator colors so you can "customize" the appliance to blend with your kitchen decor.

*Distributor Suggested Retail Prices. See your Hotpoint dealer for his prices and terms.

See these mini-Christmas values at these Hotpoint dealers

CALIFORNIA

Alameda
East Bay Appliance

Arnold
Ebbetts Pass Lumber Co.

Berkeley
BBB Appliance Dept.

Chico
C. Meek Lumber Co.

Corcoran
Hammond's TV & Appl.

Eureka
Everybody's Furn. Mart

Fremont
Smith's TV Appl. & Furn.

Fresno
Bilsten's
Daniels Columbia Furn.
Sierra Supply
Sun-Maid Furniture Co.

Greenfield
Greenfield Appl. Center

Guerneville
Perry's

Hayward
East Bay Appliance

Hemet
Johnson's

Lemoore
Lowe's Appl. - Sport. Gds.

Marysville
Paul Sauer Appliances

McKinleyville
Overhead Door Co.

Mendocino
Mendosa's

Merced
Central Pipe & Supply

Modesto
C & M Appliance Supply

Napa
Harbison Appliance

Newman
Frank Nunes Appliance

Oakland
Acorn Appliance
Bay Appl. & Service Co.
City Furn. & Appl. Co.

Orosi
Orosi Furn. & Hardware

Paradise
Jeffords Electric

Placerville
Jim's Building Supply

Redding
Chas. C. Meek Lbr. Co.
C. Meek Lumber

Redwood City
Coast Appliance

Reedley
Reedley Electric Supply

Sacramento
CBS Appliance Store, Inc.
Hot-N-Kold Shop
Myers Appl. Service
Paul's TV & Appliance

Salinas
Kane & Zech

San Carlos
Anchor Appliance

San Francisco
Bob's Supply Co.
Floorcraft
The Strand Service
Tru-Temp Company

San Jose
Automatic Appl. Service
Beutel Appl. & Refrig.
General Appl. Co.
Rose-Murty Tire Service
Western Appliance Co.

San Leandro
Reynold's Supply

San Rafael
Rafael Appliance Co.

Santa Rosa
Monty's Appl. Sls. & Serv.
Superior Bldg. Matls., Inc.

Seaside
Peninsula Built-Ins

Sonora
Hales and Symons
Sonora Electric Appliance

South Lake Tahoe
Chas. C. Meek Lbr. Co.

Tracy
Western Auto

Tulare
Canby's

Ukiah
Bartlett Oil & Burner Co.

Walnut Creek
Contra Costa Appliance

Watsonville
Baker Bros.

Weed
Freds Hardware

Willows
Harden's Hardware

Woodland
A-1 Appliance Service

Yreka
Home Center

Yuba City
Meek Lumber Co.

NEVADA

Carson City
Meek Lumber Co.

Elko
Elko Floors & Furnishings

Las Vegas
House of C. M.
T.V. & Appliance Center
Jay's Carpet & Furniture

Reno
Lusetti's Home Appliances

UTAH

Logan
Wangsgaard Heating. & Appl. Co. Inc.

Murray
R. C. Willey and Son

Ogden
Bott's Music & Appl. Co.
Kiesel Sales & Service
Payless Appliance

Orem
Bill's Appl. Sales & Serv.
R. C. Willey and Son

Price
Oliveto Furn. & Appl.

Provo
Murray Music Co.

Syracuse
R. C. Willey and Son

Tremonton
D & B Electric

Goddard's Dry Clean

For people as fussy about their clothes as the British.

The meticulous English use a spot remover that lifts stains from fine woolens and synthetics safely and swiftly, as if they never happened. Just spray on and brush away. In just two years it has become England's best selling aerosol spot remover; and we're sure it will do the job for you. Goddard's Dry Clean. Sold only at America's finest stores.

J. Goddard & Sons, Ltd.
Frimley Green, Surrey, England

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Don't Use Frayed Electric Cords!

...or the next home that burns may be your own!

9 out of 10 home fires are preventable! So... Don't give fire a place to start!

Popcorn *puppets swing on tree*

Still with us... popcorn strings

Do you remember a Christmas w you sat by the hour stringing enc lengths of popcorn to cover your t Popcorn is still with us, but for a f approach you might like to try u wire instead of string to make indivi ornaments. Among the shapes that v well are stars, wreaths, dolls, and ici

Use 26 to 22-gauge wire. (The hi the gauge number, the smaller the diameter.) Pop the corn at least two before you start the stringing. Lea open in the air (unbuttered, of co so that it will be soft and easy to st

Plan the shape you want, bendin wire as you go along. Cut the wire le plus a little extra on the ends to and join later. Now straighten ou wire for easy stringing. Poke the through each kernel. Go slowly gently to avoid breaking the kern pricking your finger.

When the wire is filled with pop twist the ends together and ben wire to the desired shape.

Try *a star or a wreath*

Some frank talk about our Just-A-Minute oven.

Frankly, it's the fastest method ›oking there is. No other method es close. See for yourself:

Average Cooking Times	
Frank-on-a-bun	60 seconds
Cheese sandwich	45 seconds
Hamburger	2 minutes
Hors d'oeuvres	4 minutes
Baked potato	8 minutes
Tuna casserole	16 minutes
Lasagna	17 minutes
5-lb. rib roast	50 minutes

How does it do it? What makes our General Electric Just-A-Minute oven work?

Microwaves!

Just plug it in and turn it on. The food gets hot. The oven stays cool.

If you want, you can even cook on paper plates.

What's more, with the special timer, control settings, and recipe booklet that come with the oven, practically all the guesswork is taken out of cooking.

So when you want a rare rib roast, you get it. Not something that looks like a well-done pot roast.

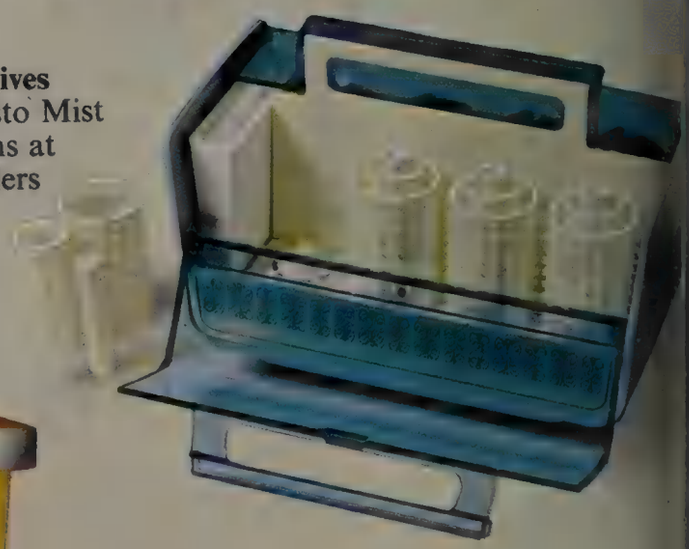
One more thing you should know. Our Just-A-Minute oven not only cooks fast, it defrosts fast too. For example, it can thaw out and cook an 8-lb. frozen turkey in about 2 hrs. and 40 min. (If that's not flying, nothing is.)

For more information on our Just-A-Minute oven, have a frank talk with your GE range dealer. Also, hear what he has to say about our Versatronic® ranges. Frankly, they make cooking as simple and fast as can be.

GENERAL ELECTRIC

WE'VE GOT GIF
WITH NO IDEA

Give her the Presto Mist Curler. It gives her time to get ready on time. The Presto Mist Curler curls in minutes. And conditions at the same time. The 24 mist-heated rollers keep moisture in, split ends out.



To get dinner earlier, get her the Presto Pressure Cooker. The Presto Pressure Cooker is 3 to 10 times faster than pots and pans. And it cooks flavor in, not out.

You can give her a better way to broil. The Presto Vertical Broil It seals meat flavor and juices in, because it broils both sides at the same time. And the Presto Vertica Broiler comes apart easily. Every part is easily washed clean.

DEAS FOR PEOPLE
VHAT TO GIVE.

Give the Presto Automatic ondue. It's electric. The utomatic thermostat gives ou the precise degree of ooking heat a flame can't. nd it fondues just about verything. Automatically.

Make her a gift of the Presto Jumbo Fry Pan. It's 15 inches big. Actually so big it makes a meal for eight people. (Or just two.) It holds everything at once, so you can serve everything at once. Hot.

Give a Presto Spray-Steam Iron, it gives her a better way to iron. Better because it's easier to handle. The handle's padded! And better yet, our spray vent sprays steam, not water. Which means you avoid water-spotting.

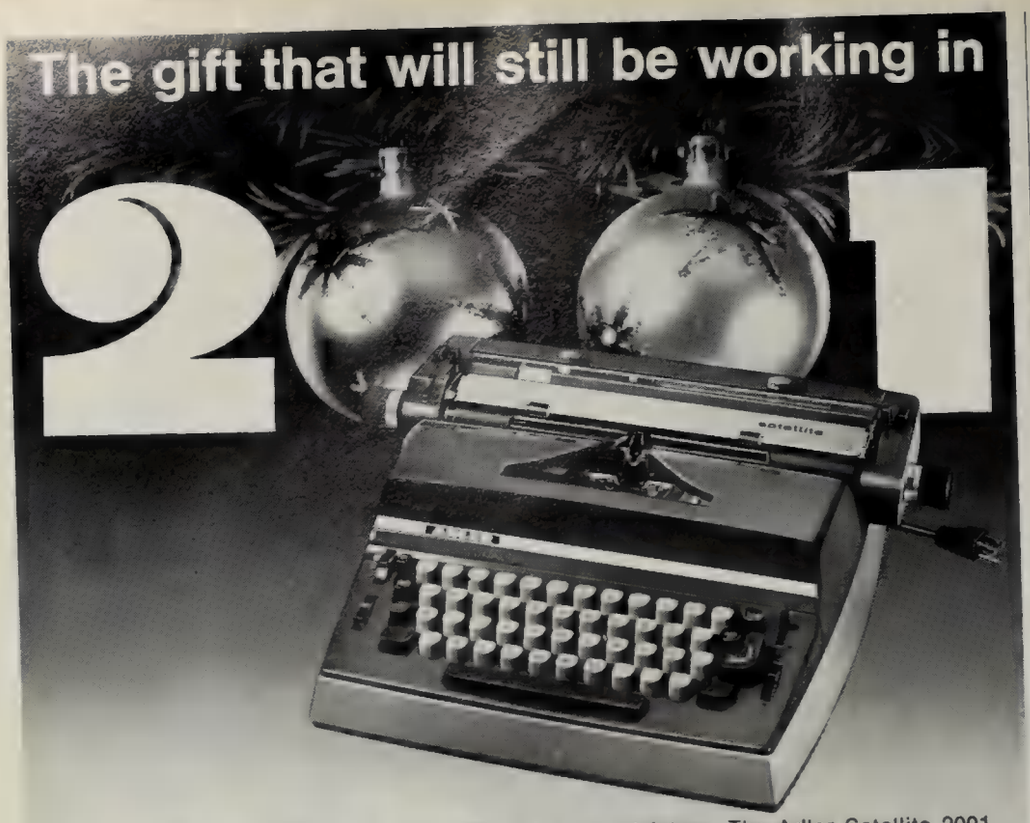
esto gifts.
ey do things for a woman.

PRESTO

ONAL PRESTO INDUSTRIES, INC., EAU CLAIRE, WIS. 54701

1971

The gift that will still be working in 2001



Give your family a personal present that has a great future. The Adler Satellite 2001 electric portable typewriter. Incorporating every feature you want, this precision built portable is completely versatile. It's ideal for Dad's "office at home," Mom's typing chores and the kids' school reports. Everyone will appreciate its soft touch for rapid, effortless typing. And it's all fully electric. Many distinctive type styles to choose from. Test the Satellite 2001 at your Adler dealer. He's listed in the Yellow Pages.

Litton **ADLER® Electric Satellite 2001**

Adler Business Machines, Inc., 1600 Route 22, Union, New Jersey 07083
West Coast: 4223 W. Jefferson Blvd., Los Angeles, Calif. 90016

THE WORLD'S *Best Loved* CHILDREN

"HUMMEL"

FIGURINES

From "Hummel" sketches, skilfully hand crafted by W. Goebel artisans, and authenticated by the M.J. Hummel signature with the V trademark.

Sold nationally in fine stores

Chimney Sweep
4" and 5½" high

Registered trademark, W. Goebel, W. Germany
Sole manufacturer of the world-famous "Hummel" figurines

NORMAN A. PLATE

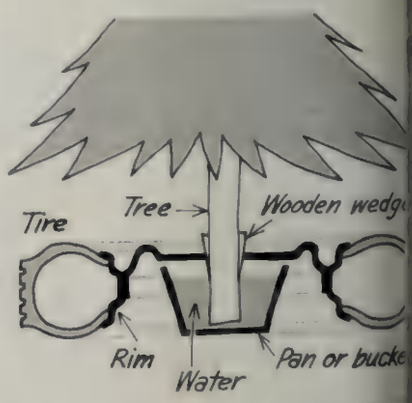
Cloth *covers tire and rim. Rim alone will support smaller trees*

If you have a spare spare

The perfect Christmas tree stand la yet to be built, but here's an improvi tion that works quite well. It's a sp tire, complete with wheel rim.

Most tree trunks are quite close in s to the hole in most rims. Whittling do the trunk or shimming it up with sm pieces of wood makes a sturdy base any tree.

The great advantage of this stand is t there is space under the wheel fo big water container to help keep y tree fresh longer. The great disadvant is that if you take the spare out of car you use daily, you could be trouble if you have a flat on Christ Eve. If you don't have an extra sp you might pick one up at an auto wre ing yard.



Most rims *have plenty of room for a water container underneath them*

Go camping with Dodge. The only all-new pickup for 1972.

ntroducing the 1972 Dodge Sweptline
:amper pickup
Jew from the ground up, this handsome pickup as interior roominess and seating comfort nat make getting there more fun. The six-oint level-ride suspension with independent oil springs up front gives this truck a mooth, carlike ride.

liding rear window
his optional feature makes it easy or front seat passengers to talk ith riders in the camper.

asy-off tailgate
ailgate can be quickly emoved to simplify ounting of campers ith overhang. Easy to place when camper is moved and truck goes ack to work.

utside storage ompartment
n optional door in the box provides outside access to tra storage area. Measures 31" x 15" x 9" deep. ckable.

uxiliary gas tank
educes the number of gas stops. Uses the same er neck (which eliminates interference with camper dy or camper tie-downs) and same fuel gauge. Total capacity with optional tank is 50 gallons.

air conditioning
A newly designed optional air-conditioning unit with reheat capabilities for dehumidification and power ventilation when air conditioning is not needed. A Dodge Truck exclusive.

space for 110-volt generator
Extra under-hood space can accommodate a 110-volt generator.

automatic speed control
An option that lets you set your speed and maintain it without keeping your foot on the accelerator. Releases when brakes are applied.

camper packages
Whenever a pickup is going to be used to carry a camper, it should be equipped with a special camper package. Available on the D200 are the Camper 7500 GVW and Camper 9000 GVW packages for campers with a payload up to 4,645 pounds. Available on the D300 are the Camper 9000 GVW and Camper 10000 GVW packages for chassis-mount campers with a payload up to 5,750 pounds. Your nearby Dodge Truck Dealer will be happy to show you what equipment comes with each camper package.

HO GIVES YOU TOUGHNESS THAT'S JUST YOUR STYLE?

Dodge. Depend on it.

CHRYSLER MOTORS CORPORATION

The courtyard of Mont La Salle Monastery and Winery.
The Christian Brothers, Napa Valley, California

"It is a time of year for good friends, good food, and warm hospitality. We take pride in sending the very best from our

Worldwide Distributors: Fromm and Sichel, Inc., San Francisco, Calif. Brandy 80 Proof. California Champagne Eugene Charmat Method. Bulk Process.

'ineyards to join your holiday
able: cask-aged Ports and Sherries,
ine Wines, festive Champagnes
nd choice Brandy."

Brother Timothy F.S.C.
Cellarmaster

Freestanding island *(left) marks edge of kitchen area. Massive fireplace of porous basalt (below) with raised hearth of exposed aggregate fills one corner of the room*

DON NORMARK

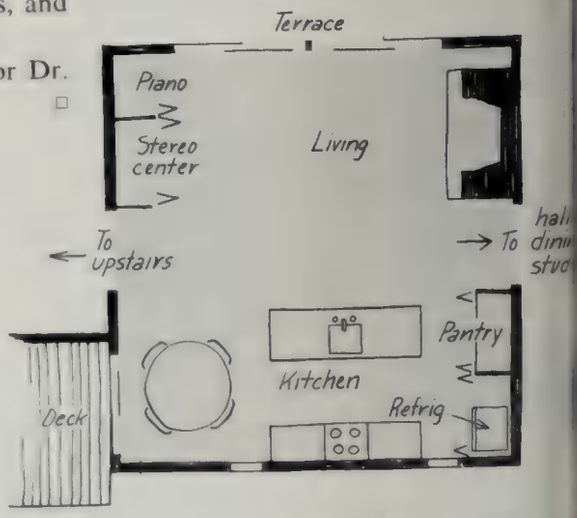
The farm kitchen is a gathering place

A big square kitchen-family room is really the center of this farmhouse near Spokane. It functions not only as a kitchen but also as a family gathering place for informal meals, hobbies, games, and music. Three children do their homework here. Guests, old or young, seem inevitably to wind up here.

Simple furnishings and finishes keep maintenance to a minimum. For example, exposed aggregate concrete floors are impervious to muddy footprints. Near the eating space, sliding glass doors open to a deck for summer dining. Two more sliding glass doors provide access to a large paved terrace, protected from prevailing southwest prairie winds.

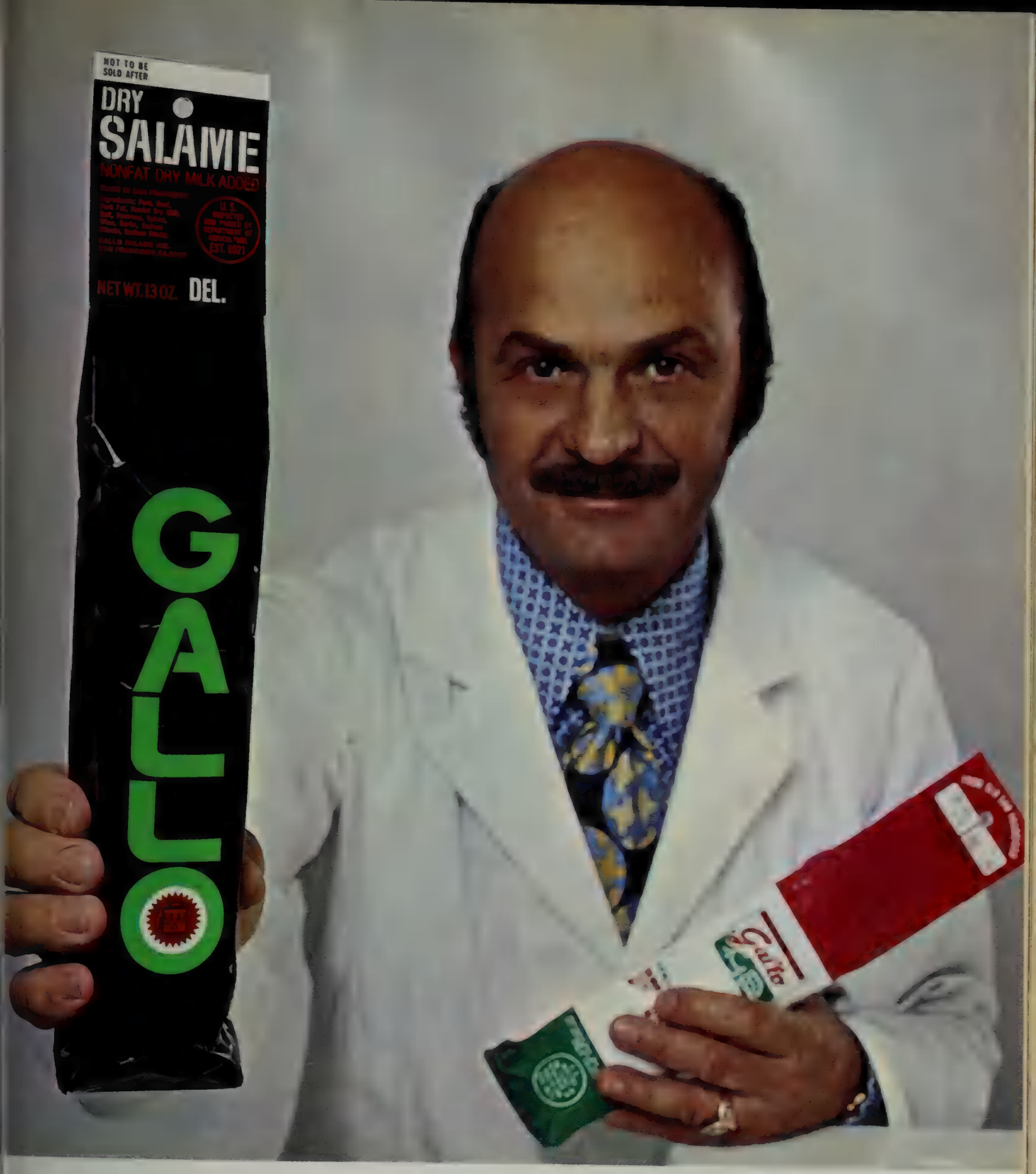
Besides the large pantry in the kitchen, there are two storage units across the room: One houses the piano, and the other holds books, toys and games, and stereo equipment.

Architects were Trogdon-Smith for Dr. and Mrs. Alexander P. Greer. □



Floor plan *shows how family room - kitchen accommodates a great variety of activities*

Pantry closet *next to the kitchen island and music closet across the room are enclosed by matching louvered doors*



Ve have a Brand New age-dated Package for your favorite salame"...

says Ernie Gabiati, master salame-maker, "...so that you can quickly recognize the same zestful full-flavored Gallo Italian Dry Salame. Absolutely impossible to copy." (Unless you're a Gabiati)

t Italian Dry Salame age-dated to reach you at the peak of perfection. Look for the date at the top of the package.

Celebrate lunch.
ALMADÉN
CALIFORNIA
Extra Dry Champagne
Anytime...
anyplace can
be special.
Almadén
Champagne
Almaden Vineyards, Los Gatos and Paicines, Calif.

NORMAN A. PLATE

rse is a single bandanna folded d stitched around two bracelets

Just two bangles and a bandanna

make this scarf purse you need only bangle bracelets, thread, and a 22-h-square scarf or bandanna.

asure 10 inches along both sides of a ner of the scarf and mark these two nts with pins. Lay a bracelet on the f in this corner. Turn the tip of the ner under 1 inch and bring the ared-off flap over the bracelet and there, as shown. Fold the edges ig both sides of the corner over the elet, slipstitching and gathering as go, until you reach the marker pins nclose the bracelet in a loose casing east ¾ inch wide). Do the same with other bracelet on the opposite corner.

the wrong sides of the purse to-er, lay the bracelets and the side s on top of each other. From each corner, measure 7 inches along the and mark with a pin. Pin the sides he purse together from each side er to the marker pin and slipstitch sides of the purse.

sh by pushing these corners into the e so the side corners nearly meet e. □

DARROW M. WATT

rner folded under, then brought ough bracelet and pinned

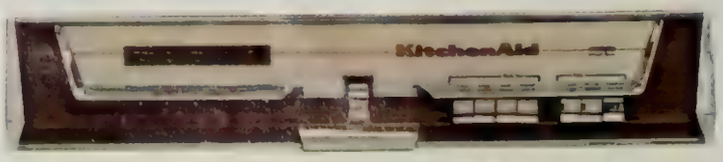
The new KitchenAid dishwasher. Built better. Not cheaper.

The new KitchenAid dishwasher is better than ever.

Its ½ horsepower motor is so reliable, we give it a five year warranty. If the motor should fail, we'll have it repaired or replaced at no cost to you during the first year; you'd be charged only for labor during the next four years.

Our new and simplified timer controls all the action more reliably. Our simplified electrical system has fewer parts to go haywire. Adjustable dividers hold stemware securely. And two things we didn't dare change: our superb washing ability and exclusive forced-air drying system.

Visit your KitchenAid dealer. He's listed in the Yellow Pages. Or write KitchenAid, Dept. 1DG-12, The Hobart Manufacturing Company, Troy, Ohio 45373.



KitchenAid®
Dishwashers and Disposers
Hot-water Dispensers

Your KitchenAid Dealer Is Easy To Find

CALIFORNIA

ALAMEDA
East Bay Appliance

ANTIOCH
Stewart's Molander Appliances

BERKELEY
Hinks Appliance

BURLINGAME
General Appliance Co.
Simpson's Appliance

CAMPBELL
Breuners

CARMEL
Village Radio Electric
Stanley Appliance

CARMICHAEL
Boulevard Appliance
Lamco Appliance & T.V.

CASTRO VALLEY
A-1 Service

CHICO
Biggers Plumbing
Refrigeration Service

CONCORD
Link's Appliance
Sattlers

CORNING
Western Auto

CUPERTINO
Allario's Appliance & TV

DALY CITY
C & G Electric Works

DAVIS
Lamco Appliance & TV

EL CERRITO
El Cerrito Electric
Capwell's

EUREKA
Carl Johnson

FAIRFIELD
Jerry Mauer
Waters Appliance

FORTUNA
Sequoia Gas

FREMONT
Automatic Appliance
Capwell's
Tri-City Appliance

GILROY
Gilroy Electric

GRASS VALLEY
Sira Neva

HAYWARD
Airport Furn. & Appliances
Capwell's
Graves Appliance
East Bay Appliance
Ralph's Appliance

HOLLISTER
Enterprise Electric

KING CITY
Ghets Appliance

LAFAYETTE
Jinks Appliance
Jinks Appliance

LAKEPORT
Latons Appliance

LIVERMORE
Tom Appliance

LODI
Jes Appliance
Gillers Millwork Mart

LOS ALTOS
Flores Appliance

LOS GATOS
Appliances by Wilkey

MARYSVILLE
McNally Appliance
Paul Sauer Appliance

MENLO PARK
Boucher's

MILLBRAE
Otto's Appliance Service

MILL VALLEY
Martin & Harris

MONTEREY
Ets Hokin & Galvin

MOUNTAIN VIEW
Boucher's
Meyer Electric

NAPA
Brooks
Harbison Appliance Service

NOVATO
Tresch Electrical Co., Inc.

OAKLAND
Acorn Appliance
Antones Appliance Center
Bay Appliance Co.
Breuners
C. Markus
Capwell's
Custom Kitchens
Paul Morrison

ORANGEVALE
Roy's TV & Appliance

ORINDA
Henderson's Plumbing

OROVILLE
Currier's of Raleys

PACIFIC GROVE
Campbell's Appliance

PALO ALTO
Atchur Service
Bonnel Refrigeration
Mackall's Appliances
Peninsula Refrigeration
Werry Electric Shop

PARADISE
Jefford's Electric

PETALUMA
Silva's Appliance

PLEASANT HILL
Breuners

RED BLUFF
Shoff's Electric

REDDING
Carmona's
Hoeflich Appliance

REDWOOD CITY
Atherton Appliance
Coast Appliance
Redwood Plumbing

RICHMOND
Breuners
Graham's Appliance

RODEO
Del Kramer

ROSEVILLE
Mahan Furniture

SACRAMENTO
A & A Appliance
Breuners
G & W Builders Supply
Hot N Kold Shop
House of Louie
Lamco Appliance & TV
The Kitchen Center

SALINAS
Derricks Appliance
Kane & Zeck

SAN BRUNO
The Coronet

SAN CARLOS
Breuners

S. SAN FRANCISCO
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Distributed by R & K Distributors, 1835 Rollins Road, Burlingame, California

NORMAN A. PLATE

Ornaments *made from cornstarch - baking soda dough brighten holiday tree*

Ornaments made from cornstarch

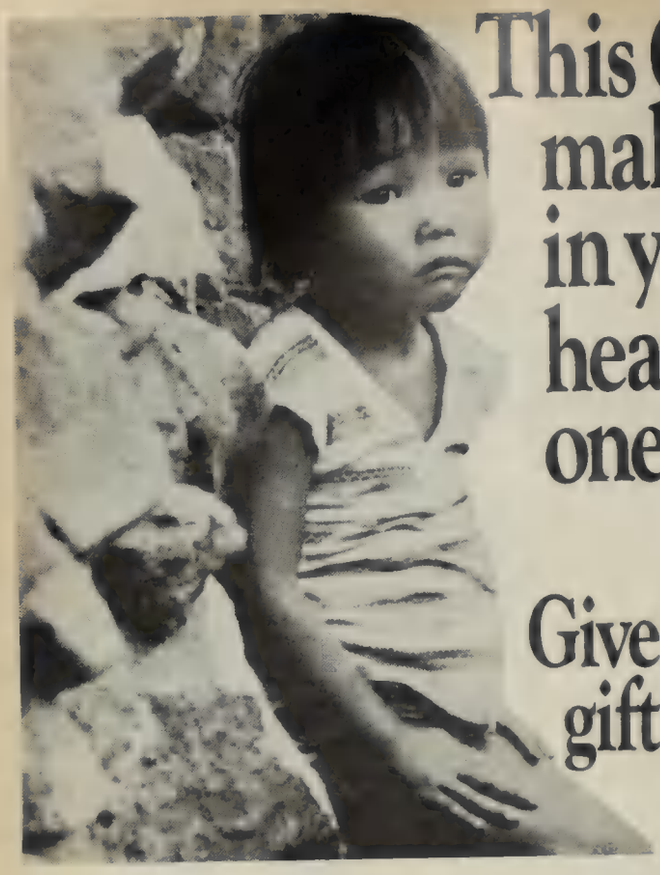
With a cup of cornstarch, 2 cups of baking soda, and a few cookie cutters, you or your children can make these simple little ornaments. They're air dried and decorated with bright acrylic paints.

To make the dough, blend together in a saucepan 2 cups of baking soda and 1 cup of cornstarch. Stir in 1⅓ cups water until smooth. Cook the mixture over medium high heat, stirring constantly, until mixture boils for about 4 minutes. Remove from heat and keep stirring for about 2 minutes. The dough should be the consistency of stiff mashed potatoes.

Cover with a piece of plastic film and set aside to cool for about 30 minutes.

On waxed paper, roll out the dough to about ⅜ inch thick (not too thick, or the ornaments will crack severely when dry) and cut into desired shapes. Poke a hole in the top of each one for a hanger.

Let them dry at room temperature overnight, turning once or twice to prevent warping. For a faster drying time, put the ornaments on a cookie sheet in a warm (about 150°) oven, and turn every 20 minutes until they are completely dry to touch. Decorate with acrylic paints. When paint is dry, glaze with acrylic polymer medium for a slightly glossy finish. Make hangers for the ornaments with heavy gauge wire, or tie on with lengths of fat yarn. □



This Christmas make room in your heart for one more.

Give the gift of life!

This happy Christmas season is the time for peace on earth and good will towards men. It's a time for gifts and the warmth of family and friends. It's a time that's as fragile as a snowflake...a time that melts into memory all too soon.

It is also a time when the utter despair of people living in desperate poverty becomes more painful. Because they are the hopeless ones, the forgotten ones, in remote villages and barrios of Asia and South America. Human beings whose only chance to live like human beings may be through the help of Foster Parents Plan—*and you.*

If you believe, as we do, that the spirit of Christmas should last all year, won't you please become a Foster Parent? For just $16.00 a month you can work a miracle. You can help bring food, clothing, medical care, and hope to a child the world has forgotten. At the same time, you'll be helping a family to stay together. To learn a trade. To learn how to help themselves.

Now, when your own world is so full of happiness, won't you make room in your heart for a Foster Child? Send a gift of happiness. You can actually give, what will seem to a child, Christmas...365 days a year! You can help take the "humbug" out of the holiday.

FOSTER PARENTS PLAN, INC.

352 Park Avenue South, New York, New York 10010

I want to be a Foster Parent for a year or more of a boy_____ girl_____ age_____ country_____. Where the need is greatest_____.

I enclose my first payment of: $16.00 Monthly_____ $48.00 Quarterly_____ $96.00 Semi-annually_____ $192.00 Annually_____.

I can't become a Foster Parent right now but I enclose my contribution of $_____

_____Please send me more information.

Name_____

Address_____Date_____

City_____State_____Zip_____

PLAN operates in Bolivia, Brazil, Colombia, Ecuador, Peru, Indonesia, Republic of Korea, the Philippines, and Viet Nam. PLAN is registered with the U.S. State Department Advisory Committee on Voluntary Foreign Aid. Contributions are tax deductible.

In Canada, write 153 St. Clair Ave. West, Toronto 7, Ontario SSB-8-121

MICHAEL TILDE

You can assemble *a splendid flock of wood lambs from dowels for about $2.25*

Just dowels and popcorn "wool"

Fat wooden lambs are made from a cor bination of familiar materials: fluffy po corn and dowels. To create a flock nine lambs you will need an assortme of 36-inch dowels in 1¼, 1, ⅜, and ½ inch diameters, white glue, white spr paint, and a bowl of popcorn.

Saw the largest dowel into nine bod 2¼ inches long; make a diagonal cut one end so the head can be glued firmly. Use the ⅜-inch diameter dow to make 36 legs, each ⅞ inch long; c one end of each leg diagonally. Cut inch-long heads from the 1-inch dow using a chisel, split off ¼ inch to ma a flat side for gluing. The ears are pieces of ¼-inch dowel cut ⅜ inch lo make one diagonal cut on each end.

Glue legs to body, letting each part a few moments before adding the ne Add head and ears and then spray lambs all over with white paint.

Dip the popcorn in white glue; fit k nels on back of lamb to make his cu coat. Pack the popcorn in tightly beca the kernels shrink slightly as they dry

After gluing *the dowels together, add a thick coat of popcorn to each lamb's bac*

Genie—"the garage door picker-upper!"

Opens the door... turns on the light... closes the door... locks up tight!

You'll never have to get out of your car to get into your garage again... never have to slosh through the rain or fear the dark to fight that heavy garage door. GENIE does all the work for you... at the touch of a button on a pocket-sized, hand-held transmitter. It's easy living, right in the palm of your hand. And that's what the West is all about, isn't it? Check the Yellow Pages under "Door Operating Devices" for the GENIE dealer nearest you. He'll show you how little it costs to take the worry and the work out of garage door opening with a Genie Automatic Garage Door Opener System by Alliance.

RADIO MEETS F.C.C. REQUIREMENTS

The ALLIANCE Manufacturing Company
500 S. Bay Shore Drive
San Mateo, Cal. 94402 Dept. S-11

Send booklet about Genie
and names of nearest dealers.

Name _____

Address _____

City _____ State _____ Zip _____

The ALLIANCE Manufacturing Co., Inc. Alliance, Ohio 44601

A NORTH AMERICAN PHILIPS COMPANY

Maker of the famous Antenna-Rotator... Alliance Tenna-Rotor®—"TV's Better Color Getter!"

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PG&E answers questions abou

To serve increasing energy needs in Northern and Central California, we must build new electric generating plants. Nuclear plants are the best answer and the most environmentally acceptable. Nuclear fuel is clean, safe, readily available, economical and an ideal source of controlled heat in power plants. Some people have questions about this relatively new energy source. Here, experts answer the most frequent queries.

Is it safe to live next door to a nuclear power plant?

Yes. Nuclear plants are constructed and designed with multiple back-up safety systems to prevent release of radioactivity. Conditions required for an atomic explosion are not present in a nuclear power plant. The safety record of the nuclear power industry is unparalleled. Not one person has suffered radiation injury in the 14 years of U.S. utility operating experience. Today there are 22 nuclear units in operation in the U.S., 55 under construction and 44 planned.

What is the radiation exposure to a person living near a nuclear power plant?

Radiation from a typical modern nuclear plant would be about 5 millirem per year or less. A person living 24 hours a day next door to a typical modern nuclear plant continuously for 10 years would be exposed to about the amount of radiation he would receive from one chest x-ray. Radiation at the plant boundary would add only 1/25th to the radiation people receive annually from natural sources at sea level, and even a smaller fraction at higher elevations because natural background radiation increases at upper altitudes. However, natural radioactivity in any city ranges in an unpredictable manner and commonly causes larger variations in radiation levels than a nuclear power plant would.

Are radiation protection standards conservative and safe?

Yes. On January 15, 1971 the National Council on Radiation Protection and Measurements, made up of 65 eminent U.S. radiation experts, reaffirmed that the existing 500 millirem per year limit on radiation from a plant is well within requirements for public safety. The Atomic Energy Commission h found that improvements in techno and experience with nuclear power make it practicable to achieve limits below that already conservative sta and on June 7, 1971 proposed a pla radiation criterion of 5 millirem an —a 100-fold reduction.

Is a nuclear power plant safe in an earthquake?

Yes. We employ eminently qualified geological and seismological consult to study all aspects of local and regio

Barton W. Shackelford, PG&E Vice President, Planning and Research

Wallace B. Allen, PG&E Director of Environmental Quality

ıost-asked uclear power.

and seismology to deter-
ıe earthquake potential at
ɔsed plant site. Then, the
designed to assure that
withstand the most
earthquake conditions. This
ıre results in a facility many
tronger than required by
ıake building codes.

**you dispose of radio-
vaste from nuclear plants?**

ioactive by-products are
ed under strict AEC regulation. Small amounts of radioactive gases and liquids are released under highly controlled conditions, resulting in less than 5 millirem per year possible exposure to an individual living 24 hours a day next door to the plant. Solid wastes are sealed in containers and sent to AEC-licensed sites for long-term storage. Radioactive material remaining within the spent fuel is sent to reprocessing plants where the "nuclear ashes" are removed before ultimate storage in solid form underground at government supervised sites.

How does the warmed water from a nuclear power plant affect marine life?

Plants fueled by natural gas or oil need cooling water to condense the steam from the turbine. So do nuclear plants. This water never enters the nuclear reactor. From the condenser it is returned to the ocean, bay or river after being warmed about 18°F. (In parts of San Francisco, Morro and similar bays, there are natural daily water temperature variations of more than 20°F.) The slightly warmed water from power stations causes warm water plants and animals to increase in number over cold water types. However, studies over the past 20 years show that this effect is generally confined to within 500 feet of the outlet.

What about regulation of nuclear power plants?

No activity of industry or government is subjected to more regulation or scrutiny than the nuclear industry. More than 30 different government agencies have been involved in the planning of our Diablo plant.

If you have other questions, we'll appreciate the opportunity to answer them for you. Write Nuclear Information, PG&E, 77 Beale Street, San Francisco, California 94106.

PG and E

**James R. Adams,
PG&E Senior Biologist,
Engineering Research**

**James C. Carroll,
PG&E Supervising Steam
Generation Engineer**

NORMAN A. PLATE

Large milk truck *is cut from 4-by-6 Douglas fir*

Bugatti *collides with milk truck, but with rounded corners and solid wood construction, both survive intact*

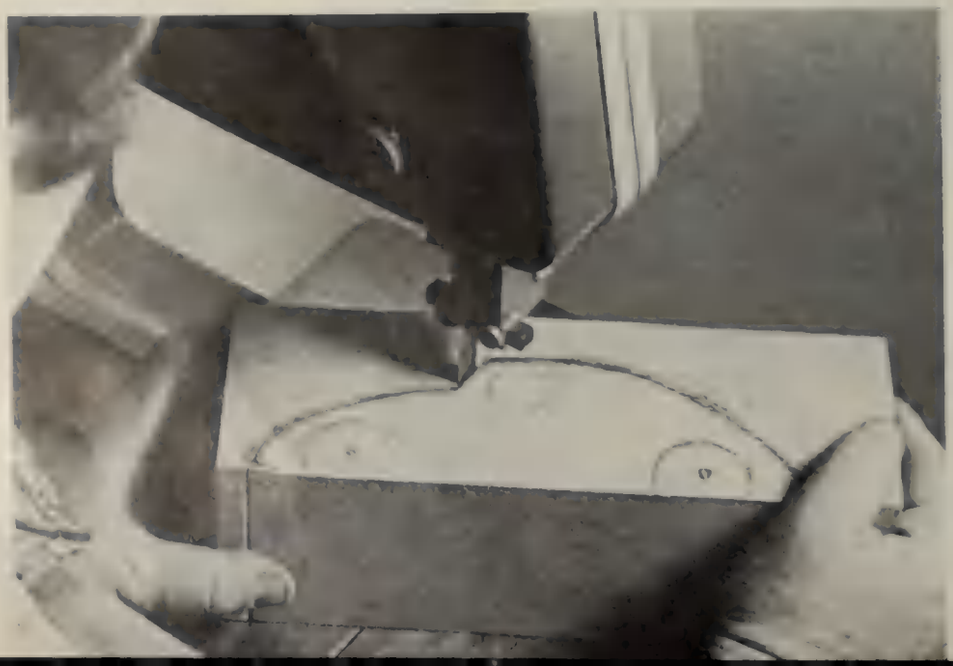
From the wood workshop a garageful of toys

Toy cars and trucks are always favor at Christmas. Here are some that car made easily from inexpensive materi

All of these were cut from 4-by-6 Do las fir on a band saw. A band saw is best tool to use on this size wood, bu jigsaw, coping saw, sabre saw, or eve keyhole saw will work if the size of toys is scaled down to match the to Two 2 by 4's cut separately and gl together might be easier to work wit

You might choose to copy the silh ettes shown on page 116, or design y own cars. In either case, it is a good i to keep the shape simple, with as sharp corners as possible. Where sharp corners are left, they should sanded round. This not only make safer toy, but also helps to pre cracking and breaking.

You make the windows by drilling 3



Rough *profile helps to guide the band saw*

I promise to love honor and ine happily ever after with Aynsley.

When the Queen of land wanted bone a for her wedding e, she chose Aynsley. t's that good!

Aynsley Bone China pure and white as can make, to con- with the gold ils and enamel urs that decorate it.

Our patterns are ordinary, some emporary, some itional, but all exud- a great sense of ory.

The Pembroke, h we show here, designed by Aynsley e 18th century. It produced in raised nels, rich in colour texture.

t, like all Aynsley erns, is a style you d want to live with our life.

32.50, the five-piece setting. Other rns range from to $300.

Write for free bro- e. Aynsley English China, 225 Fifth ue, New York 0.

I promise to love honor and wine happily ever after with Waterford.

When the president's daughter wanted crystal, she chose Waterford.

Each piece of Waterford Irish Crystal is a signed original, made by hand, with heart.

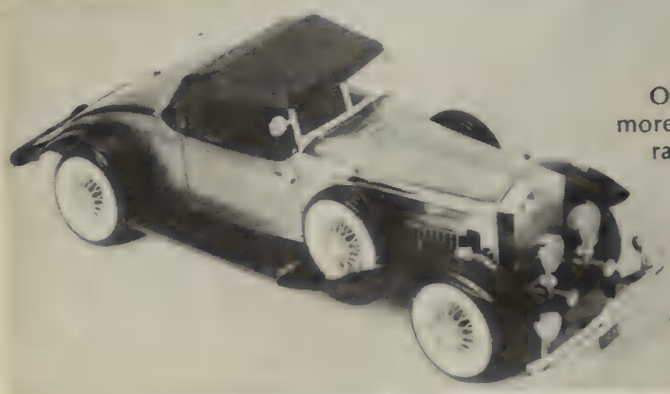
It gathers the light of ten thousand yesterdays to illuminate ten thousand tomorrows for you.

Its cherished heritage is recognized by museums the world over.

Permit Waterford to introduce the promise of forever into your own home.

Write for free brochure. Waterford Irish Crystal, 225 Fifth Avenue, New York 10010.

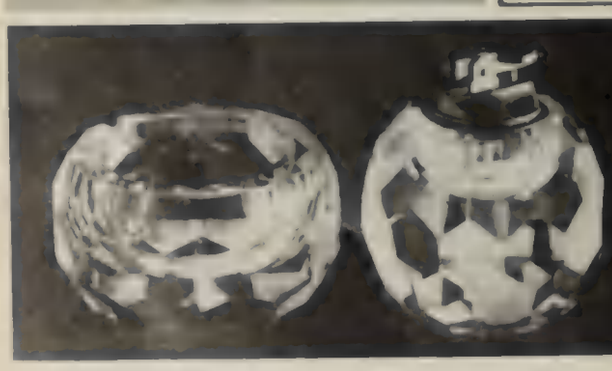
Holiday
GIFT POTPOURRI
from Breuners—the idea furnishers



Our 10" Rolls Royce is more than a model! It is a radio and a collector's dream all in one beautiful gift! Spare-tire controls and winged radiator cap, the final authentic touch, **$25.**

Sports Binoculars in carrying-case with radio built into the lid! For watching one game while listening to another! **$50.**

Hand-made wooden wine server from Spain. Turn the handle to tilt the bottle for service, **14.95.**



Dazzling hand-cut crystal ash tray set. Dependable Butane lighter is refillable, of course. Each piece 4" diameter. Set, **14.95.**

Our distinctive holiday wrap is yours for the asking! The sparkling red and gold motif will add extra excitement to your great gift from Breuners.

Mail and phone orders filled promptly.

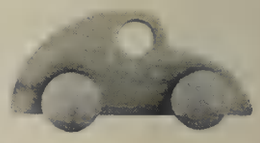
Breuners

SACRAMENTO • OAKLAND • STOCKTON • CAMPBELL • SAN CARLOS
VALLEJO • RICHMOND • PLEASANT HILL • DALY CITY • RENO, NEV.

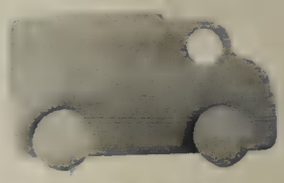
1-inch holes through the body of the car. A drill press helps here, but a hand drill works, too. It is also important to sand around these holes to prevent splinters and cracking.

Cut the wheels from 1¾-inch doweling. After they are sanded, drill a ¼-inch hole ¼ inch into the center of the wheel. Drill a 5/16-inch hole through the body of the car, and use a ¼-inch hardwood dowel, 4¼ inches long, glued into the wheels for the axle.

The toys can be left unfinished or treated with nontoxic paint or oil. Hard woods could also be used for more durable and more expensive toys.



The 'bug'



Milk truck

Logging truck

Bugatti coupe

School bus

Formula 9

All the cars *and trucks above use slices of 1¾-inch doweling for wheels. Bodies are cut from 4 by 6's*

Good for openers.

ALMOND ROCA.®
Crisp buttercrunch centers wrapped in creamy milk chocolate and fresh roasted almonds and shiny gold foil and a pretty pink tin.
It'll be a grand opening.

Brown & Haley makes 'em daily, 'cept Sunday.

*ALMOND ROCA is the registered trademark of the buttercrunch confection made by Brown & Haley, Tacoma, Washington.

You can afford to be generous with Sunset Books

For less than $10 you can give a dramatic tour through Baja, Mexico's magnificent desert peninsula, a collection of fondue and chafing dish recipes for delightful entertaining, a basic visual guide to garden and patio building procedures, the satisfaction of growing your own vegetables, and an introduction to the fundamental techniques of creative knot tying ▪ Visit your nearby bookstore and make up your own gift packages from the more than 100 *Sunset* building, cooking, gardening, hobby and travel books which retail for just $1.95

Sunset Books

Gifts they'll open again and again

DARROW M.

Starch-*stiffened thread makes ornamen*

How to make thread balls

These lacy thread balls are made inexpensive materials which you m ready have around the house: ball thread, string, and liquid starch.

Suspend the balloon over a work face. Place a spool of thread in a cu cup and cover it with liquid starch. the thread around the balloon, bu so tightly that it cuts into the ba When you are finished, cut the t and smooth it down.

After the ball has dried overnight and remove the balloon. Hang th with thread from branches of the C mas tree.

Wind *until desired effect is created*

new Fieldcrest Collection.
A storybook print. Multicolored sheets, pillowcases, blankets and bedspreads. Rugs and towels. Great when you're bearing gifts, too.
Fieldcrest®
'Smokey Bear'/Only Fieldcrest does it like this.
SMOKEY
BREAK YOUR MATCHES

Holiday hazards . . . quite avoidable

During the holiday season a home can be the warm center of family activity, hospitality, and Christmas magic—or the site of swift tragedy. Thus it's extremely important to pay attention to the few areas of potential hazard.

The tree. A fresh, healthy evergreen is surprisingly fire-resistant, but as it dries it can ignite readily with a consuming fury. Buy the freshest tree possible and stand it in a pail (or equivalent receptacle) of water with its trunk sliced off diagonally at least 1 inch above the original cut, to increase absorption. Keep the container full throughout the holidays.

Many do-it-yourself "flameproofing" treatments are useless for conifers, since the needles won't absorb them. Ask your fire department to recommend an effective flame retardant. Generally, the drier the tree, the less effective the flameproofing will be. The safest tree of all is usually a living tree, kept watered; it requires no extra treatment.

The tree should not crowd the room, and should be well away from the fireplace and heat sources; never put lighted candles on it. If it begins to dry soon after Christmas, discard it.

Lights. Christmas lighting (except fo outdoor floodlights) requires very lo wattage, and shouldn't overburden you electrical system when spread out amon the various household branch circuits You may have to move some lamps an small appliances to different circuits dur ing the holidays.

Outdoor lights should be plugged int weather-protected sockets, preferabl controlled by an indoor switch so yo won't handle a damp cord on a live cir cuit. If you use an indoor socket, ru an all-weather cord through a notche wooden strip in your window opening so rain won't come inside. You shoul use only lights labeled specifically fo outdoor use and make sure the wire in sulation isn't frayed, melted, or pierce during installation.

Point outdoor bulbs downward, and kee them away from downspouts and oth conductive surfaces. Seal cord conne tions with friction tape and keep the above cord level, so water won't ru into them. Motors for moving decor tions should have a grounded three-wi cord, with the ground wire attached the motor frame.

The National Safety Council warns th indoor lights should be kept from co tact with foil "icicles" and the tree water pan; watch out for loose socke worn insulation, and frayed wires. Pl the string into a convenient socket so i easy to disconnect when you leave t house.

You should use only off-the-tree indire lighting with artificial metallic trees prevent shock hazard.

All new lighting equipment should approved by Underwriters' Laborat ries; check the label.

Decorations. Try to use such noncom bustible materials as metal, glass, a asbestos, and commercial materials beled "flameproof." Spray-on flocki and "angel hair" may be individua safe, but together they're combustibl

Lighted candles should be used aw from traffic in noncombustible holde they're particularly dangerous near ev green boughs and polystyrene foam d orations. If you're making candles, m your wax over hot water so that doesn't burn.

Crafts projects should be confined clean, ventilated areas. You should d pose of gift wrappings quickly, neither wrappings nor evergreens sho be burned in the fireplace. Evergree on your mantel are an extra fire haza

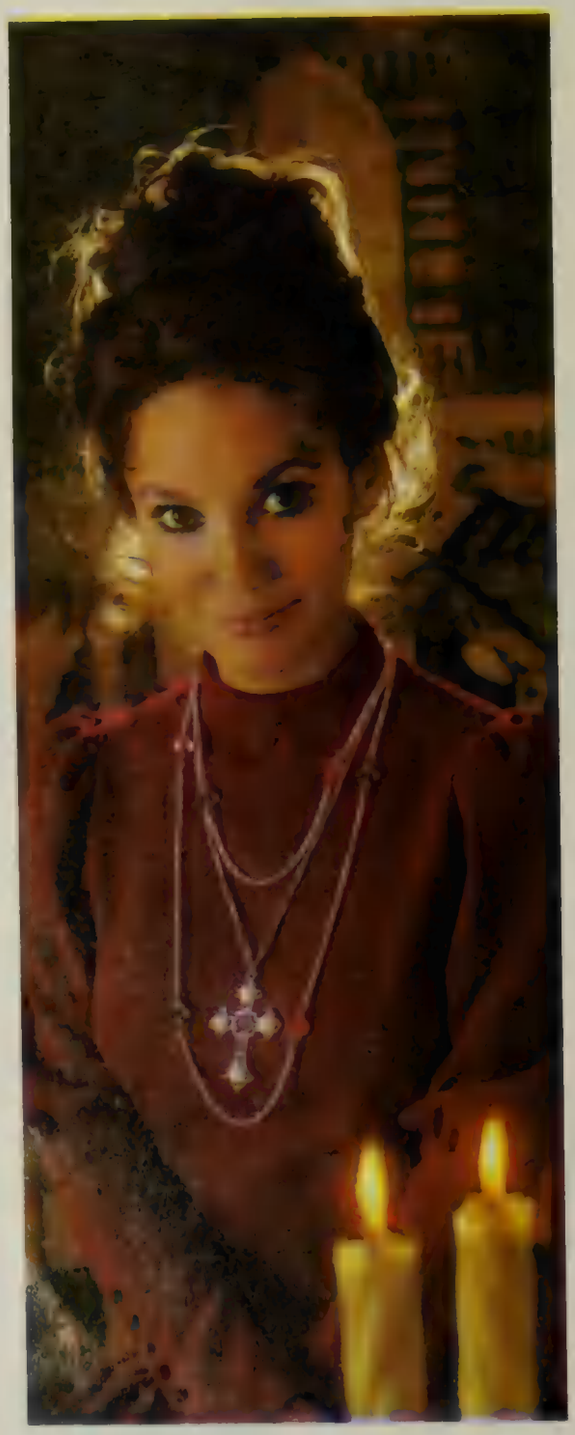
Even the romantic mistletoe invites c tion: Its berries—like the sap of Christmas poinsettia—are poisono particularly to children. But don't card it; just use some good sense where and how you display it.

Sarah knows you'll be his fair lady.

Whisper your message with soft glow and glint of fire. Sarah's *Crusader* pendant conjures up knights' bold deeds. An inspired go-together with *Pastel Glo* necklace and earrings, delicate as dreams.

Seen only at our Home Jewelry Shows. Write to learn how you may attend and earn exclusive jewelry like this at no extra cost. Sarah Coventry, Inc., Newark 192, New York State 14513. Also Canada, United Kingdom and Australia.

Sarah Coventry®



LOVELY MARYANN MOBLEY
—talented star of motion pictures and television

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Gown by Cardinali

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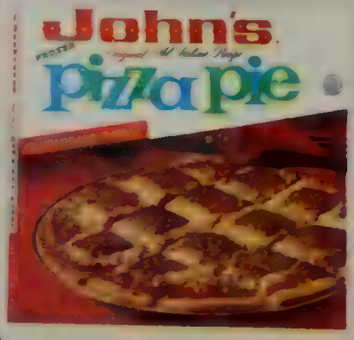
/e're offering you a round alternative to the good square meal, called the John's Original Frozen Pizza. It's made from all kinds of good things to eat. Like homemade Italian sausage, natural whole-milk cheese, red ripe tomatoes, and John's own famous pizza crust. John's Original Frozen Pizza—a good way to nd out this week's menu.

inds: Cheese, Sausage, Pepperoni

15¢ 15¢



15¢ off on the good round meal.

On the purchase of any size package of John's Original Frozen Pizza.

Mr. Grocer: We will redeem this coupon for 15¢ plus 3¢ handling charge, when terms of this offer have been complied with by the customer and by you. Purchaser must pay sales tax. Void where taxed, restricted or forbidden by law. Cash value 1/20th of 1¢. Invoices verifying purchases by you must be submitted upon demand. Anthony J. Pizza Food Products Corp., P. O. Box 272, Chicago Heights, Illinois 60411.

S-121

15¢ 15¢

STORE COUPON

What you need is a good round meal.

John's Original FROZEN PIZZA

It's Rolfs. Imported from far-off, exotic West Bend, Wisconsin.

Rolfs Travel accessories.
Designed to be treasured.
Anywhere.

Travel Gifts
Shoe Shine Kit $5.00
Travel Kit $9.00

Also creators of Amity fine leather accessories.
Available in Canada.

Most pets *don't need an 8-foot-high door. A small hole is perfect*

A pass-through for small pets

Pets who want to go in and out all can be quite a nuisance. But if you h sliding glass doors, here is a poss solution.

For less than $20, at a plastics su center, you can buy a piece of ¼-i acrylic plastic about 10 inches wide long enough to fit fully into the t grooves above and below your door. a hole large enough for your pet to through; wedge the plastic into grooves at the top, bottom, and one using small blocks of wood.

This plastic insert greatly reduces c problems. You'll need a special l bar, or other device if you want to the door locked.

Small blocks *of wood help to hold the plastic in place*

A Loaf of Paté, a Label of Wine and Thou.

B&G. It's all the French you'll ever need. B&G. Two eloquent letters the French have used since 1725 to describe their best—from Beaujolais to Pouilly Fuisse, from Pommard to Chablis—B&G. Could anything be more romantic?

B&G. Love letters from France.

BARTON & GUESTIER. 36 FINE WINES IN ONE FINE FAMILY.

IMPORTED BY BROWNE VINTNERS COMPANY, NEW YORK, N.Y. AND SAN FRANCISCO, CA.

Give a new taste experience . . . give the makings of herbal tea

At some stores *where herbs are sold in bulk you weigh and pack your own*

NORMAN A. PLATE

Substances here *illustrate plant parts used for tea (clockwise from bottom): sassafras (bark); rose hips (fruit); chamomile (flower); sassafras; bay (leaf)*

On everyone's Christmas list there ar the hostesses, the neighbors, and th business associates who are customaril remembered with a small and inexper sive gift.

This year you might consider an unusu and very interesting gift for those peop —herbal teas.

With the proliferation of health foo and natural food stores in the Wes herbal teas have become easily and a most universally available.

One or several small quantities of her for tea make good gifts because they a exotic to most tastes, and the price quite low (most of them cost less th 50 cents per ounce). You can buy the loose by the ounce or prepackaged, some cases.

As gifts, put them into attractive co tainers, such as the bottles and jars we used here. These make good packag and good permanent containers, too.

Almost without exception, health fo and natural food stores stock herbs f tea. You can also try specialty shops th carry coffees, teas, and brewing pa phernalia. Some of the larger cities the West have herbalist shops. Che under herbalists in the yellow pages the telephone book, and call first to le if they'll sell to you—many are who sale suppliers only and don't deal in smaller quantities you'd need.

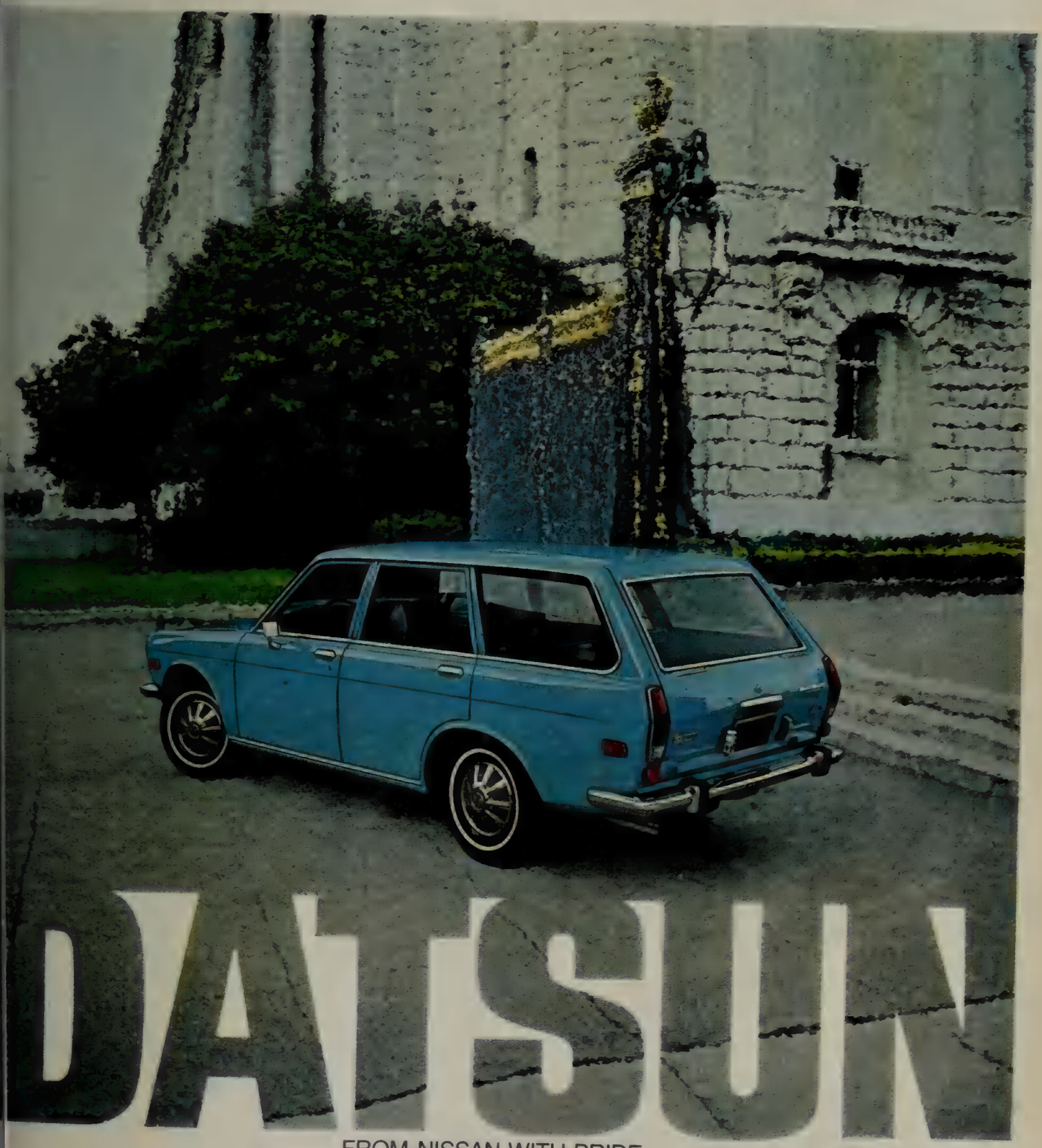
It's difficult to find two definitions

We've got our ins and outs. Five of them.

If you don't think five doors on a wagon is a big deal, try getting something bulky into or out of a three-door wagon. It can be a real wrestling match.

That's why the Datsun 510 Wagon has five doors. We don't think you should have to go two out of three falls with Aunt Sophie's antique armoire, even in a wagon from the economy price group. Try our five-door accessibility. It's the easy way to get to the ins and outs of station wagons.

Drive a Datsun... then decide.



FROM NISSAN WITH PRIDE

SUDDENLY THE MAN WHO HAD EVERYTHING DOESN'T

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NORMAN A. PLATE

Give herbs *in attractive containers. Basket costs about $1; smaller jars about 75 to 85 cents; large jar, about $2*

herb that agree. And the subject of herbal teas seems to compound the vagueness. In the broad sense, herbal teas are really any steeped vegetable beverages made from ingredients other than the tea plant.

When it comes right down to it, you can take any plant, steep its leaves, stems, roots—even its fruit in some cases—in boiling water, and drink the resulting liquid. (In his catalog a San Francisco herbalist lists about 175 herbs suitable for making herbal tea, including everything from nettle leaves to pine needles to bean shells.)

Preparing the beverage is simple, but you'll have to experiment to get exactly the right strength for your taste. Begin by trying about a teaspoon of the herb for every serving (about 6 ounces) of tea. You can put the herb directly into the pot or into a tea ball. (The pot should be preheated with boiling water.) Boil the necessary amount of water, then pour it into the pot. The duration of steeping determines the strength of the tea. Generally, teas should steep not less than 10 minutes.

Nobody can agree about the tastes of various herbal teas: Many are strong and medicinal; many just plain foreign to our normal spectrum of tastes; and all are nearly impossible to describe in a few words. For a start, choose fro alfalfa, bay, chamomile, lemon gras lemon verbena, mint, and rose hips. An try mixing various herbs for new flav combinations.

When storing the teas, it's best to ke them in a dry place away from extrem of heat and light.

Herbalists *are sometimes inclined to dispense lore along with their herbs*

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Ideas for the furniture builder

This book's predecessor, *Furniture You Can Build*, published in 1962, has been one of the most popular *Sunset* books in the building field. This year it is being replaced by a new book entitled *Furniture You Can Make* (Lane Books, Menlo Park, Calif., 1971; $1.95).

The title of the old book was changed slightly because, while the emphasis is still on building wood furniture, there is also much new material on making things with plastics, foam, and glass.

Except for a few favorites, this is a completely new book filled with contemporary furniture designs and information on materials and techniques.

The book is divided into three main sections: Indoor Furniture, Outdoor Furniture, and Building and Finishing Tips. The first two describe about 75 pieces of furniture. Illustrations, diagrams, and photographs show how to build each piece and suggest alternatives for craftsmen of various skills.

The large and informative last part is filled with many valuable hints on joinery, the use of hand and power tools, and buying and using materials. And there is a section on basic furniture dimensions for craftsmen who wish to experiment or adapt ideas to their specific needs.

Perhaps the most valuable information of all is on the front and back inside covers. Current charts on lumber dimensions and grades are presented, as well as a complete guide to nails, screws, bolts, and miscellaneous fasteners.

For the beginning craftsman the book has much to offer in designs and basic techniques. For the more skilled craftsman the book provides a good reference point for more complicated projects.

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One *of three simple glass-topped tables*

GLENN CHRISTIANSEN

varieties *of dried peppers e a colorful wreath*

bright wreath of eppers and chiles

ters of small red peppers, dried Cali- ia chiles, and straw flowers make a nt red holiday wreath.

small red peppers are sold in cans other spices in supermarkets; the l California chiles, deeper red in ', are sold by the pound in Mexican stores. Our 10-inch wreath took t two cans of small peppers and one d of California chiles.

py shops can supply a styrofoam or you could use heavy cardboard ywood or shaped chicken wire. The liest method is to join peppers to foam with hot glue from a glue But if you wish to use the peppers for cooking, attach them with / thread, fish line, or lightweight er wire. The flowers and ribbon can red or glued on. □

s and chiles *can be attached ofoam base with a hot glue glued to cardboard or wood*

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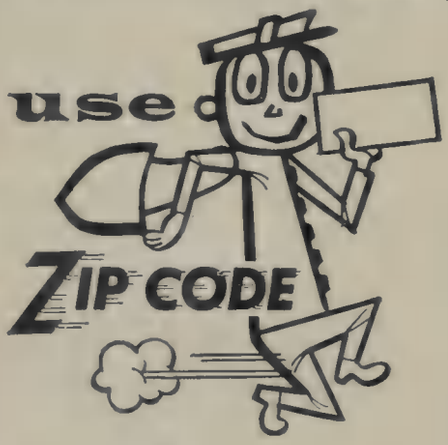

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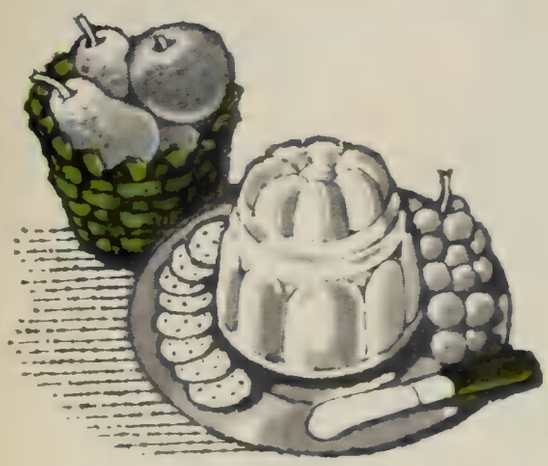
SUNSET Menlo Park, Calif. 94025

Sunset's Kitchen Cabinet

The splurge of entertaining this month sometimes makes heavy demands on the cook. So these recipes for varied festivities emphasize dishes that will minimize last-minute kitchen effort.

Offer the creamy cheese mold t begin the meal or for dessert. Ser the glazed ham loaf hot for a buff supper or with eggs for brunch, chill and slice it for hearty lunche sandwiches. For holiday dinne



Accompany the cheese with crisp apple or pear slices and unsalted crackers

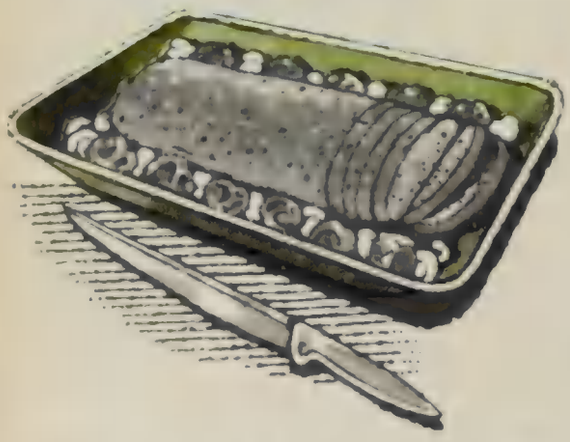
Creamy Cheese Mold

Mix the blue-veined cheese and seasonings quickly in a blender. Serve it to follow dinner or as a snack.

- ½ cup dry white wine or water
- 2 envelopes unflavored gelatin
- ½-inch-thick slice of medium-sized onion
- 8 ounces blue-veined cheese (Roquefort, Gorgonzola, blue)
- ½ cup *each* mayonnaise and sour cream
- 2 tablespoons lemon juice
- ½ teaspoon *each* salt and Worcestershire
- Dash liquid hot pepper seasoning
- 1 cup heavy cream, whipped

In a saucepan combine the wine and gelatin and let stand 5 minutes; heat until gelatin is dissolved. Pour into blender container and add the onio cheese, mayonnaise, sour crea lemon juice, salt, Worcestershire, a hot pepper seasoning. Blend ur completely smooth. (Without blender, finely chop onion; soft then beat cheese and all ingredie with rotary beater.) Turn mixt into a bowl and carefully fold whipped cream. Turn into a 5 or cup salad mold. Chill until firm.

To unmold, immerse mold in hot tap water for 5 to 10 seconds. Inv onto a serving plate. Makes abou cups.—*O. S., Mill Valley, Calif.*



Golden apricots, prunes give a festive look and hint of sweetness to meat loaf

Glazed Ham Loaf with Fruit

Ham loaf is appropriate to serve from a buffet almost any time of day.

- Fruit garnish (directions follow)
- 1½ pounds lean ground ham
- ¾ pound lean ground beef
- ¾ cup fine dry bread crumbs
- 2 eggs
- 1½ cups milk
- ½ teaspoon *each* dry mustard and ground cloves
- ¼ teaspoon salt

Prepare the fruit garnish; set aside. In a large bowl combine the ham, beef, bread crumbs, eggs, milk, mustard, cloves, and salt. Mix with your hand until well blended. Shape meat mixture into a loaf down the center of a 9 by 13-inch baking pan.

Slowly pour about ⅓ cup of sy (drained from fruit garnish) eve over the top. Bake in a 350° oven 1 hour 15 minutes, basting sev times with more of the fruit sy About 10 minutes before the loa done, pour remaining syrup over and put fruit into pan to heat.

Lift loaf from pan onto a ser platter; surround with fruit. Mak servings.—*J. W., Santa Cruz, Cali*

Fruit Garnish. In a pan combi cup *each* dried apricots and p prunes, 2 cups water, ¼ teasp grated lemon peel, and ½ cup su Simmer, uncovered, for 15 min

A creamy Swiss cheese sauce makes this fresh vegetable combination different

Carrot and Cauliflower Medley

This colorful vegetable casserole can be assembled well in advance.

- About 8 large carrots, peeled
- 1 large head cauliflower
- Boiling, salted water
- 3 tablespoons *each* butter or margarine and flour
- ¼ teaspoon Dijon-style mustard
- 1 cup regular chicken broth
- ½ cup whipping cream
- 1¼ cups shredded Swiss cheese
- 3 green onions, sliced

Cut carrots into ¼-inch-thick diagonal slices (you should have 4 cups). Break cauliflower into flowerets. Cook vegetables in boiling water until just tender, about 5 minutes. Plunge in cold water; drain.

In another pan melt butter over dium heat; stir in flour and mu and cook until bubbly. Remove heat; gradually stir in chicken and cream. Cook, stirring, thickened. Gradually add 1 cu the cheese, stirring, until melted

Combine vegetables and sauce i quart casserole. Sprinkle with re ing cheese. If done ahead, cove refrigerate.

Before serving, bake, uncovere a 350° oven until heated thr about 15 minutes (35 minut chilled). Garnish with onions. S 8.—*R.P., Santa Ana, Calif.*

ere's a heat-and-serve vegetable sserole and a refrigerator pie.

e welcome your original creations. ail contributions to *Sunset Maga-ie*, Menlo Park, Calif. 94025. We y $10 for each published recipe.

December's a month to save time in the kitchen. Here are time-savers

afing Dish Crab

is richly flavored shellfish entrée is ked with pimiento and parsley.

- 3 tablespoons butter or margarine
- ½ pound fresh mushrooms, sliced
- 3 tablespoons flour
- 1 cup light cream (half-and-half)
- ½ cup dry white wine or light cream
- 2 tablespoons lemon juice
- ½ teaspoon dill weed
- 3 cups (about 1 lb.) Dungeness crab meat
- 1 can (2 oz.) sliced pimiento, drained
- ⅓ cup freshly grated Parmesan cheese
- Salt and pepper to taste
- Chopped parsley for garnish

chafing dish or frying pan heat butter, add mushrooms, and sauté for about 7 minutes. Stir in flour and cook until bubbly. Remove from heat and gradually stir in cream and wine, if used. Return to heat and cook, stirring, until thickened. Stir in the lemon juice, dill weed, crab meat, pimiento, and cheese. Heat through, stirring, but do not boil. Season with salt and pepper to taste. Sprinkle parsley over top. Place over hot water or on warming tray. Makes about 4 servings.—*A. M., Portland.*

You might accompany the crab with hot, cooked rice or brown rice. Or you could spoon it into patty shells, heated as directed on the package.

Serve this creamy crab mixture with rice from a warming tray or chafing dish

n Pancake, Cranberry Topping

billowy oven pancake with rice e makes an impressive dish. The pan size is important; the recipe some choices.

- ¼ cup (⅛ lb.) butter or margarine
- 2 eggs
- ½ teaspoon salt
- 3 tablespoons sugar
- 1 cup regular all-purpose flour (unsifted)
- 2 cups milk
- 1 cup cold, cooked, long grain rice
- 1 can (1 lb.) whole cranberry sauce
- Whipped cream (optional)

out a baking pan that you can directly to the table: one that's hes square or 10 by 6 inches, or a 9 or 10-inch round pan or frying pan. Put butter in pan and set in the oven, preheating to 450°. Meanwhile combine in blender container the eggs, salt, sugar, flour, and milk; whirl until smooth. (Without a blender, beat ingredients together with rotary beater, adding milk and flour alternately.) Stir in rice.

Remove hot pan from oven, pour in batter, return immediately to 450° oven, and bake until well browned and puffy, 25 to 30 minutes. Serve with cranberry sauce and the whipped cream, if you wish. Makes 4 servings.—*J. R., Tacoma.*

Quickly bring pancake from the oven to the table while topping is still puffy

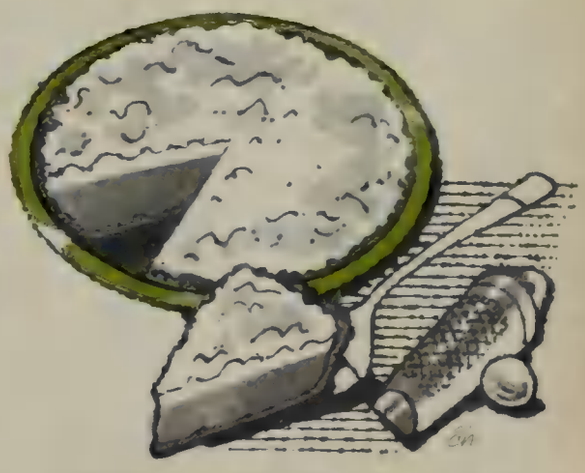
lay Eggnog Pie

creamy custard filling is made commercial eggnog.

- envelope unflavored gelatin
- tablespoons sugar
- cup water
- cups commercial eggnog
- eggs, separated
- teaspoon grated lemon peel
- tablespoon lemon juice
- cup rum or ½ teaspoon rum flavoring
- Crumb crust (recipe follows)
- cup heavy cream, whipped
- Nutmeg

top of a double boiler combine latin with 2 tablespoons of the Stir in the water, eggnog, and beaten egg yolks. Place over simmering water and cook, stirring, until custard thickly coats a metal spoon. Remove from heat and stir in lemon peel and juice and the rum. Cool slightly. Beat egg whites with remaining 4 tablespoons sugar until moist peaks form; fold into custard. Cool, then mound in crust; chill. Before serving top with whipped cream and nutmeg. Makes 6 to 8 servings. —*T. S., El Cajon, Calif.*

Crumb Crust. Mix 1¼ cups graham cracker crumbs, ¼ cup sugar, ½ teaspoon cinnamon, and ⅓ cup soft butter. Press into a 9-inch pie pan. Bake in 375° oven for about 8 minutes. □



Before serving pie, lightly dust whipped cream topping with some grated nutmeg

DARROW M. WATT

Cauliflower *with artichoke hearts and cherry tomato halves make colorful salad tray that can wait on the buffet*

Mushroom *slices, Swiss cheese in slivers, crisp celery, accented with tarragon and lemon*

Holiday salad platters with marinated vegetables

Outstanding candidates for holiday buffets are these salad platters of marinated vegetables. Not only can they be made well in advance, but their contrasting colors and textures remain strikingly attractive and their flavors unaltered even though several hours elapse after they are served.

A lengthy stay in the spicy marinade gives ample time for the flavors to permeate each vegetable. Then you can assemble the platters several hours ahead to serve either chilled or at room temperature.

Green and White Salad Platter

- 1 large cauliflower
- Boiling salted water
- 2 packages (8 or 9 oz. *each*) frozen artichoke hearts
- [illegible] cup white wine vinegar
- [illegible] cup salad oil
- [illegible] teaspoon *each* dry mustard, garlic salt, and dry basil, crushed
- [illegible] pepper
- [illegible] teaspoon instant minced onion
- Crisp salad greens
- Cherry tomato halves

Wash cauliflower; break into flowerets. Cook, covered, in about 1½ inches boiling water until just tender (about 5 minutes). Drain, plunge into cold water, drain again; place in a bowl. Cook artichokes according to package directions; plunge into cold water, drain, and place in another bowl.

Meanwhile, in a small bowl or jar combine the vinegar, oil, mustard, garlic salt, basil, pepper, and onion. Stir or shake to blend. Pour half of the dressing over each vegetable. Mix gently, cover, and chill overnight, stirring several times.

Before serving, line a serving platter with lettuce; with a slotted spoon lift vegetables from marinade and arrange on top, garnishing with tomatoes. Serve with remaining marinade. Makes about 8 servings.—*M. McD., Oakland.*

Spiced Pickled Beets

Drain 2 cans (1 lb. *each*) small whole beets, saving 1 cup of the liquid. In a bowl combine beets and 1 medium-sized red or white onion, thinly sliced. In a saucepan combine the beet liquid, ½ cup white wine vinegar, ¼ cup sugar, 12 whole cloves, and ½ teaspoon salt; bring to a boil, stirring often; pour over beets and onions. Let cool, cover, and refrigerate for 1 or 2 days.

To serve, lift beets and onions fr marinade with a slotted spoon. Arra in a bowl and garnish with 2 ha cooked eggs, sliced. Makes about 6 se ings.—*N. B., Sherman Oaks, Calif.*

Marinated Mushroom Platter

- 1½ pounds mushrooms
- ½ pound Swiss or Gruyère cheese
- 2 cups thinly sliced celery
- ⅓ cup lemon juice
- ½ cup olive oil or salad oil
- ¾ teaspoon tarragon, crumbled
- ¼ teaspoon *each* dry mustard, salt, and garlic salt
- ⅛ teaspoon pepper
- Parsley

Wash mushrooms; pat dry. Cut m rooms through stems into thin sl place in a bowl. Cut cheese into ma stick-sized slivers; place in another b with celery.

In a small jar or bowl combine lemon juice, oil, tarragon, mustard, garlic salt, and pepper. Shake or st blend. Pour half the dressing over mushrooms and the remainder over cheese and celery; mix. Cover each refrigerate overnight, stirring g several times.

Using a slotted spoon lift mushro cheese, and celery from marinade arrange on a shallow platter. Ga with parsley. Drizzle with remai marinade. Makes about 10 serving

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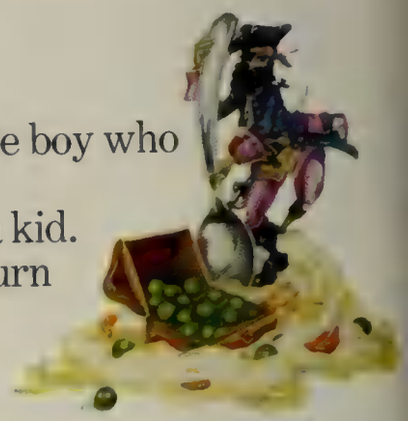
[illegible] texture [illegible] fers stands up [illegible] the firmest spreads!

HEAT IT
TRISCUIT Wafers with melted cheese [illegible] bacon bits. Delicious!

There was a time when the stories were more interesting than the vegetables.



Inside every man, lives a little boy who didn't like his vegetables.

Ask any man who was ever a kid. He'll tell you mother could turn peas into buried treasure and carrots into rabbits and make asparagus taste as good as cotton candy at the circus on a Saturday afternoon.

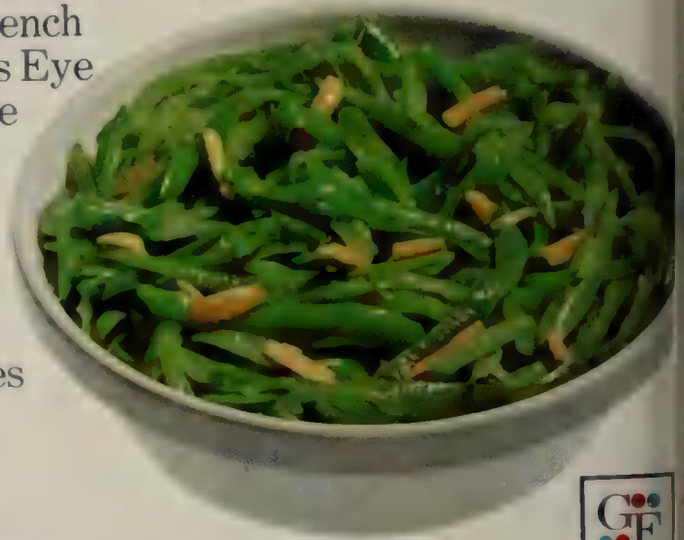
Until the impossible happened: Little Jimmy opened his mouth as wide as his eyes and in went the vegetables, vitamins and all.

At Birds Eye,® we never forget that little boy. That's why we've come up with Birds Eye Combinations.®

We started with the simple vegetables of old, like carrots and beans and peas. But Birds Eye Combinations aren't like the vegetables that gave all the problems to yesterday's mothers.

We've combined green beans, peas, yellow corn and baby limas. All swimming in an onion sauce. Put a delicious brown sugar glaze on the carrots. Added crisp, toasted almonds to French green beans. With Birds Eye Combinations on the table you can forget about the vegetables, for a change. And concentrate on more important things. Like what you're going to serve him tomorrow night.

And the night his mother comes to dinner.



Birds Eye Combinations. The vegetables mother never had.

GF GENERAL FOODS KITCHENS

DARROW M. WATT

vegetables *are assembled for quick king in this sweet and sour pork*

hinese sweetness n pork, chicken

veet main dish sounds startling, until consider what a distinctive role tness plays in Chinese cuisine when nced by sour or pungently contrast- elements. Sweet and sour pork, of- l in Chinese restaurants, is typical.

e are endless variations of sweet sour pork; the one that follows is quick and colorful. The cooking eeds at a fast pace, so have all the ables cut and the sauce ready to before you begin to cook the pork. l-sized pieces provide more even ing.

t and Sour Pork

2 pounds boneless, lean pork (such as butt or loin end), cut in 1-inch cubes
1 egg, beaten
About ½ cup cornstarch
About 5 tablespoons salad oil
1 medium-sized onion, cut in about 1-inch squares
2 medium-sized carrots, diagonally sliced ¼ inch thick
clove garlic, mashed
green pepper, seeded and cut in 1-inch squares
cup fresh pineapple chunks or canned pineapple chunks, drained
medium-sized tomatoes, cut in 1-inch cubes
Sweet and sour sauce (recipe follows)

ork pieces in beaten egg, drain , roll in cornstarch until lightly coated all over, and shake off excess. Heat a large frying pan over medium high heat. Pour in about 3 tablespoons of the oil. Add pork; cook, turning constantly, with a wide spatula until browned; takes about 7 minutes. Lift pork from pan and set aside; scrape free and discard any browned particles, leaving oil in pan.

Add enough oil to pan to make about 2 tablespoons total, and place over highest heat. Add onion, carrot, and garlic and cook, stirring, for about 3 minutes or until vegetables are slightly tender but still crisp. Add green pepper, pineapple, tomato, and sweet and sour sauce and cook, stirring, over high heat until mixture boils; add pork; cook and stir about 1 minute longer to heat thoroughly and coat pork with sauce. Makes about 6 servings.—*B. B., San Francisco.*

Sweet and Sour Sauce. Blend 1 tablespoon cornstarch with ⅓ cup brown sugar and stir in ½ teaspoon grated fresh ginger root (or ¼ teaspoon ground ginger), 1 tablespoon *each* soy sauce and Sherry, and ¼ cup *each* wine vinegar and regular strength chicken broth or beef broth.

Sugar with soy is another way to achieve savory-sweet flavor, as in this simple but unusual Chinese chicken stew. The plentiful cooking juices make the sauce for the chicken and rice.

Sweet Ginger Chicken

4 tablespoons salad oil
1 broiler-fryer chicken (about 3 pounds), cut in serving pieces
½ cup sugar
¾ cup soy sauce
1¼ cups water
2 cloves garlic, mashed
5 slices fresh ginger root (about ¼ inch thick, 1 inch wide, 2 inches long)
3 or 4 tablespoons chopped green onion, including some of the green tops
Hot cooked rice

Place a large frying pan with a tight lid or 5-quart Dutch oven over medium heat; when hot, add oil. Put in chicken pieces and cook, turning occasionally, until lightly browned all over; takes about 10 minutes; discard any extra cooking oil. Set aside breast pieces. Blend sugar with soy sauce and water and add to pan along with garlic and ginger. Bring to a boil, reduce heat to simmer, and cover tightly.

After chicken has cooked for 15 minutes, return the breast meat to pan, turn the chicken pieces in the sauce, and continue to cook for about 15 minutes or until all pieces are tender when pierced.

Lift chicken pieces from sauce to a serving dish and sprinkle with green onion. Pour sauce through a wire strainer and discard ginger and garlic; also skim and discard fat. Serve the sauce in a small dish to accompany chicken and rice. Makes 4 servings. □

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PERFECT CROSS RIB ROAST

new technique for California favorite

5 pound rolled California beef cross rib roast

Salt and pepper

Sprinkle beef with salt and pepper. Insert meat thermometer into center of roast. Let beef stand at room temperature 20 to 30 minutes. Preheat oven to 375° (moderately hot). Place roast on rack in shallow open pan. Roast in oven one hour. **Turn off heat. Do not open oven door for one hour.** *Very important.*

During resting period the beef continues to cook slowly and evenly distributes heat throughout the beef. Turn oven regulator to 300°. Allow roast to reheat 30 to 40 minutes until beef has reached desired internal temperature. Beef will be pink and juicy all the way through when thermometer registers 130°. Should you desire beef cooked very rare, remove from oven a few minutes sooner. If you prefer well done beef, continue cooking until it is just the way you like it. Makes 10 or more servings.

TRADITIONAL METHOD

Prepare beef roast for oven as above. Roast in 325° oven (moderately slow) until internal temperature reaches desired stage of rareness. Remove from oven and let stand about 15 minutes in warm place to settle juices before carving.

Notes from the Chef:

• A California CowBelle developed the new way for cooking a rolled beef cross rib roast.
• The interrupted roasting procedure gives the beef a uniform degree of doneness.

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TODAYS BEEF IS BEST

Seafood-laden *bourride has clams (or crab), shrimp, oysters, and fish in rich broth*

Hostess *selects fish and shellfish for guest at informal soup supper. Serve crusty bread and wine with soup. Green salad follows*

Soup plates *and some substitutes (all prices approximate): clockwis from Chinese bowl wi fish design ($1.75), two Japanese earthenware dishes ($2.50 each), French tin au gratin p ($1.50), plain white bowls (50 cents each), white bowl shown abo and left ($1.50)*

DARROW M. WATT

Holiday soup

Into each big bowl goes a dipper of delicious bourride (boo-*reed*)

ne of the great dishes of the world ɔng to that class of foods that falls ıewhere between soup and stew. The includes *bouillabaisse* and its not-so-l-known cousin *bourride* (pronounced ı-*reed*), featured here. Both are sea-d mixtures from southern France.

at these fish and shellfish stews have ommon with other soup-stews is that / call for special serving bowls or es deep enough to hold a good por- of the broth and wide enough to ɔmmodate a knife and fork for the nks of fish, meat, or fowl.

p plates, like the classic white rimmed pictured above, are common in Eu- : but can be hard to find here. And 's surprising when you consider what ve and easily prepared party menus be planned around a meal-sized ı or stew.

:n we shopped recently for wide, ow bowls, we discovered that most erware services offer them; although usually on display, they can be or-d and cost about the same as dinner s. We also looked in Oriental shops, ırt stores, cookware shops, and va- stores and brought back the col-ɔn of bowls shown below.

If you own or can buy or borrow enough of these versatile dishes, a party featuring this bourride may suit your holiday plans this month.

Our bourride recipe has several short-cuts of interest to busy hostesses. The soup stock, based on bottled clam juice, can be made ahead. All you do just before the party is reheat the stock and cook the selection of seafoods briefly in the broth.

Shopping for the party is easy, for most of the seafood is available in supermarkets. The recipe offers a choice of clams in shells or cracked crab, or some of each. For freshest flavor, we recommend cracked live Dungeness crab, which you may need to order in advance from your fish dealer.

You'll need a stock pot or kettle that holds at least 8 quarts. If you can serve from the same pot, instead of changing to a serving container, it helps keep the fish and shellfish in neat pieces.

It suits the informality of the party for the host or hostess to serve from the kitchen or family room buffet. Knowing precisely what fish and shellfish are inside makes it easy to pick out an assortment that includes some of everything. Lift out the pieces with a metal skimmer or slotted spoon and arrange in the bowl, then ladle over the broth.

The classic way to serve bourride is to place a slice of toast in the bowl first, sprinkle with grated cheese, then pour over the soup. Or you may want to serve it as we show here, with the toasted French bread and grated cheese on the side. We served a dry white wine and offered a crisp green salad after the main course soup.

Each diner will need a knife and fork as well as a soupspoon. Provide plenty of big napkins. Bibs and picks may be in order if your soup includes cracked crab.

Western Shellfish Bourride

Vegetable clam stock (recipe follows)
¾ pound mushrooms, sliced
4 tablespoons butter or margarine
1 jar (2 oz.) sliced pimientos
2 to 3 dozen small, hardshell clams, scrubbed, *or* 2 medium-sized Dungeness crabs (live or cooked), cracked, *or* some of each
2 pounds halibut or lingcod steaks or fillets
1 pound medium-sized shrimp, shelled and deveined
1 jar (10 oz.) small Pacific oysters
Buttered, toasted French bread slices
Freshly grated Parmesan cheese

In an 8-quart pot over medium heat, bring vegetable clam stock to simmering, stirring occasionally. Meanwhile, in a frying pan sauté mushrooms in butter and add to stock with pimientos and uncooked crab (if used) and simmer 5 minutes. Add clams to stock; simmer 10 minutes. Cut skin and bone from halibut; cut fish into pieces about 2 inches square, add to stock, and simmer 2 minutes. Add the shrimp, oysters, and cooked crab (if used) and simmer 3 minutes.

To serve, lift out a selection of seafood and place in soup plates; ladle over broth. Serve with the French bread and grated cheese.—*S. C., Seattle.*

Vegetable Clam Stock. In an 8-quart stock pot over medium heat, sauté 1 cup chopped onion in ¼ cup olive oil until golden; add 5 cloves garlic (minced or mashed), and ⅓ cup minced carrot to pan and sauté until lightly browned. Stir in 3 bottles (8 oz. *each*) clam juice, 2 large cans (1 lb. 12 oz. *each*) pear-shaped tomatoes (including liquid), 1½ cups dry white wine, 2 bay leaves, ⅛ teaspoon crushed fennel seed, ¼ cup chopped parsley, ½ teaspoon *each* salt and pepper, ¼ teaspoon saffron (optional), and ¼ teaspoon thyme. Stir to break up tomatoes and bring to boiling. Simmer, covered, for 15 minutes. Refrigerate if made ahead. □

DARROW M.

Portuguese dinner *features beef pot roast, Canadian bacon, vegetables. Broth serves as both soup and sauce for entrée*

DECEMBER MENUS

A family dinner, breakfast after the stockings, easy buffet

Simplicity is the key to these menus for December. Although they suit holiday occasions, the meals are easy on the cook and give time to join the festivities. There's a family dinner with meats and vegetables cooked in the same pot, a Christmas breakfast that is fast to prepare, and a make-ahead sandwich buffet.

Portuguese family dinner

This dinner needs little attention while it simmers; add the vegetables in sequence in the last few minutes.

Portuguese Meat and Vegetables with Soup
Green Salad with Tart French Dressing
Fruit and Nut Bowl

You'll need to start the meat cooking about 4 hours before serving time.

For the fruit and nut bowl con fresh Mandarin oranges, apples, grapes with dried apricots and a s tion of unshelled nuts.

Portuguese Meat and Vegetables with Soup

- 2 tablespoons salad oil
- 2½ pound beef rump roast
- 1-pound piece Canadian bacon
- 1 large onion, chopped
- 2 cloves garlic, minced or mashed
- 1 quart water
- 1 tomato (peeled, seeded, and cut in 1-inch pieces)
- ¼ teaspoon pepper
- 1 whole cabbage (about 2 lbs.)
- 7 *each* small red potatoes and peeled turnips
- 14 small carrots, peeled

Heat the oil in a large Dutch ov heavy pan (at least 8-qt. size) ove dium high heat. Put in beef and and brown well on all sides. Stir

su

WHAT TO DO WITH WINE BESIDES DRINK IT.

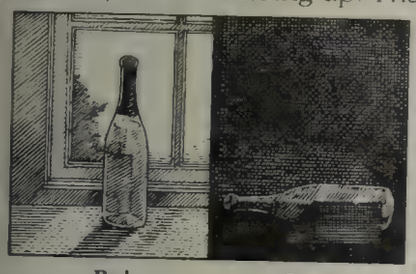
Unfortunately, wine doesn't come with instructions. And lots of people have never known much about its proper care.

We at Inglenook Vineyards would like to take this time to give you a few pointers on the subject.

We spend a lot of time and money in the making of our wine. And once it passes out of our hands, we'd like to feel that it's being given the best possible treatment.

DON'T MAKE THIS COMMON MISTAKE.

Wine should always be stored lying down on its side, never standing up. That's so the cork will always be moist. If the cork dries out, air will get to the wine and spoil it.



Bad. Good.

Keep wine in a cool, dark place. About 55–60 degrees is just right. But the most important thing is that the temperature be constant. It should vary no more than a few degrees year 'round.

DECANTING WINE.

If you have wines five years old and older, they may have a little sediment in them. In order to serve the wine without the sediment getting mixed up in the wine, you should decant it.

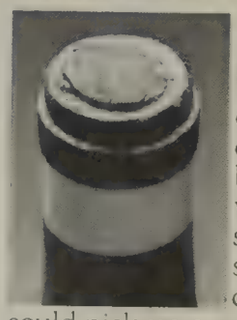
To do this, just pour the wine very slowly into another bottle or carafe. Place a candle behind the neck of the bottle and the second you see a little sediment coming across, stop.

THE ROOM TEMPERATURE MYTH.

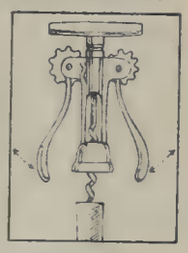
White wines and sparkling wines such as Champagne and rosé should be served cold. How cold is cold? 45 degrees is just right. If you don't have a thermometer, put the wine in the refrigerator for 2½ hours before serving. Or in a bucket with ice cubes and water for 15 minutes.

Red wines should be served at room temperature. But this doesn't mean 72 degrees. The "room temperature" standard was established in Europe long before the invention of central heating. At that time, rooms in Europe were about 65 to 68 degrees, which is the perfect temperature for serving red wines. You can bring a wine's temperature down to that level by placing it in the refrigerator five minutes before serving. But never heat a bottle of red wine in order to get it up to the proper temperature. There's no quicker way to destroy a bottle of wine than to heat it up.

AVOIDING THAT METALLIC TASTE.



Remove the metal capsule from the top of the wine bottle below the lip. With a napkin, clean off the top between the cork and the glass. This is done because it's impossible to pour wine from a bottle without spilling a little on the lip. And since the metal cap is sometimes corroded, the wine could pick up a metallic taste if it were to spill over the edge.



Now remove the cork, gently, so as not to disturb the wine. We recommend the wing-type corkscrew because you don't have to jerk it to get the cork out.

A FINAL WORD OF CAUTION.

Now that you know the basics of how to treat wine, you should also know there aren't many wines around that deserve this kind of treatment.

Because there's nothing you can do at home to save a wine if it's been mishandled at the winery.

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DARROW M. WATT

Eggs, *ham, and cheese bake together for Christmas breakfast. Accompany with papaya and crescent rolls*

onion and garlic; cook 5 minutes. Add the water, tomato, and pepper. Cover and simmer gently for 2½ hours or until the beef is tender. Lift beef and bacon out of broth to a serving platter, cover with foil, and place in a 150° oven to keep warm.

With a small, sharp knife, cut the core from the whole cabbage. Bring broth to a full boil and plunge cabbage in, core side down. Cover and boil 10 minutes. Add potatoes and turnips and boil 10 more minutes. Add carrots and boil 15 minutes or until vegetables are tender. With a slotted spoon remove vegetables (except 1 *each* potato and turnip, and 2 carrots) and arrange on the platter; keep warm. Whirl the broth and remaining vegetables in a blender until smooth; pour into a serving bowl.

At the table ladle some of the soup into bowls. After serving the meat, spoon some soup over it like a sauce. Makes 6 servings.—*D. S., Burlingame, Calif.*

Christmas breakfast

For this breakfast, the eggs are baked with ham and cheese just long enough to soft cook the yolks; you'll need individual ramekins or 10-ounce custard cups. Buy frozen French crescent rolls or, if you've made a Christmas bread, use it instead—or serve both.

For a brunch you might fill the pap halves with a favorite fruit sherbet.

Papaya Halves with Lime Wedges
Swiss Eggs with Ham
Crescent Rolls or Christmas Bread

You can fill the ramekins ahead, t put them on a tray or shallow bak pan; cover and keep cool. You can h the crescent rolls in the same oven w the eggs, but for only 10 minutes; 400° temperature crisps them.

Swiss Eggs with Ham

½ pound fully cooked ham, cut in strips
[illegible] eggs
¼ pound jack cheese, cubed
Parsley

Distribute the ham in 4 lightly gre individual baking dishes, making 2 s hollows (for the egg yolks) in each Carefully break 2 eggs in each dis lowing yolks to sit in hollows. Spr with cheese. Bake, uncovered, in a oven for 12 to 15 minutes or until w become opaque. Garnish with pa Serves 4.—*L. L., Stanford, Calif.*

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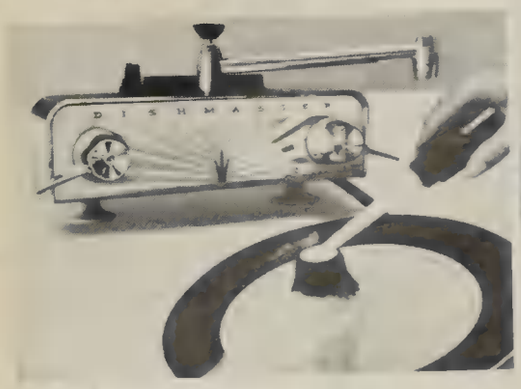

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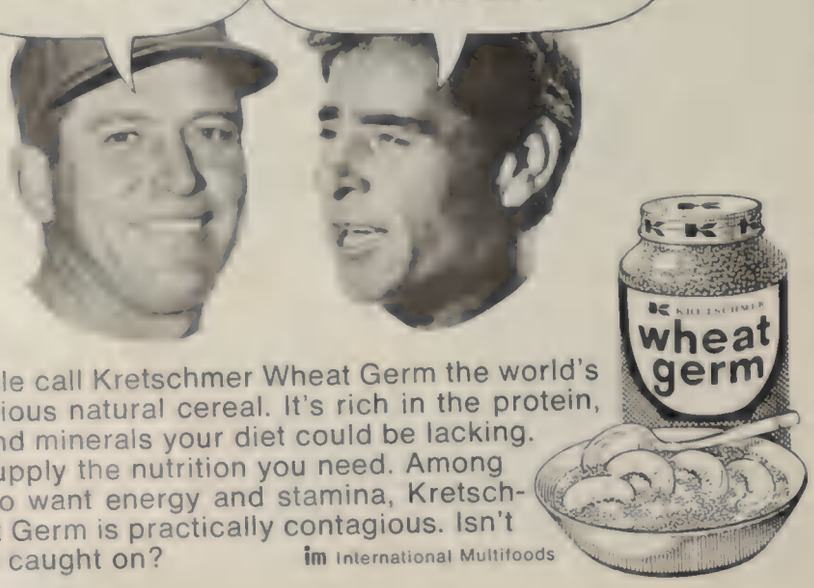

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living room. Then let guests make thei own sandwiches at the buffet. A slice o pork goes on buttered bread, to b topped with a selection of pickles cheese, and other condiments.

Hot Tomato Broth Soup
Chilled Spiced Pork Loin
Sweet Pickled Red Cabbage
Sweet Cucumber Chip Pickles
Radishes **Sliced Apples**
Tybo or Swiss Cheese
Sweet Butter **Dijon-Style Mustard**
Thin-Sliced Pumpernickel Bread
Coffee Liqueur Sundae

Pick out the leanest pork roast you ca find, one with only a thin layer of fat c top. Or ask a meatman to trim fat fro meat before he rolls it.

Roast the pork a day ahead so it sta juicy and flavorful while cooling in cooking liquid; save the liquid for t tomato soup.

You can buy the other sandwich e ments and arrange them on servi plates. For 12 people you'll need abo 2 jars (1 lb. *each*) sweet pickled red ca bage (drained), 1 jar (14 oz.) sweet c cumber chips, 2 bunches radishes, abo 4 tart eating apples, 1½ pounds chee and 1 loaf *each* of 2 or 3 kinds of th sliced pumpernickel bread.

Chilled Spiced Pork Loin

- 5-pound boned and rolled lean pork loin roast
- 1 teaspoon rosemary
- 2 cloves garlic, cut in quarters, lengthwise
- 6 to 8 whole cloves
- Salt and pepper
- 2 cups dry white wine or regular-strength chicken broth
- 2 cups water
- Parsley

With a thin, sharp knife make 8 slits in the meat. Poke a few rosem leaves and a piece of garlic into e slit. Push cloves firmly into the r between the slits. Set pork on a rac a roasting pan. Sprinkle the meat salt and pepper. Pour wine and w into pan. Bake in a 300° oven, bas occasionally, for 2½ hours or un meat thermometer inserted in the co of the meat reads 170°.

Remove from oven and cool meat pan juices. Put meat in a heavy pl bag or close-fitting bowl and pour pan juices; refrigerate until chilled.

To serve, lift congealed fat off and juices; save juices for soup. Re meat to a serving platter and ga with parsley. Makes about 12 serv —*D. G., Santa Rosa, Calif.*

Hot Tomato Broth Soup

To the liquid reserved from cookin pork (about 1 quart) add 4 cans (1 *each*) spicy tomato cocktail and hea to boiling. Pour into a bowl and s Makes about 2 quarts.

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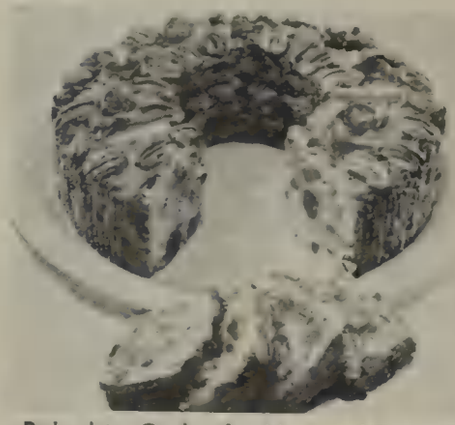

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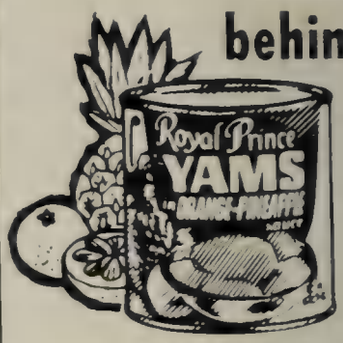

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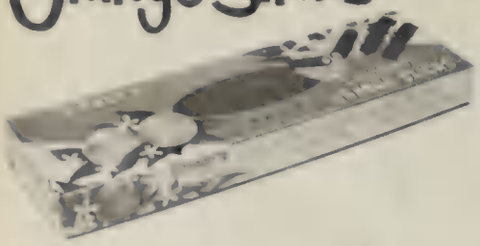

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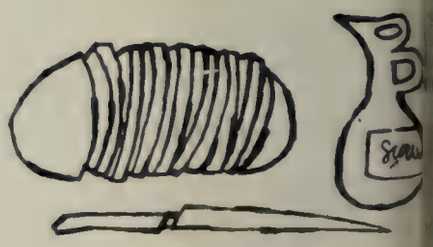

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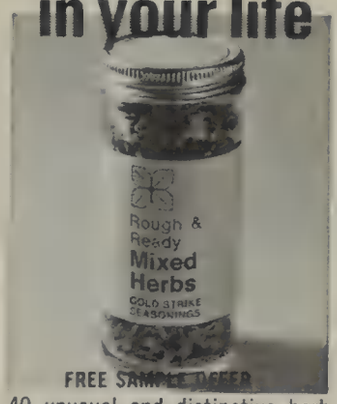

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BAKED CHEESE FONDUE

50 minutes — 350° oven

2 cups ½-inch bread cubes or crumbs
½ lb. (2 cups) shredded STELLA FONTINELLA ITALIAN SHARP or KASSERI, MOZZARELLA or SCAMORZE cheese
1 tsp. salt
½ tsp. dry mustard
[illegible] cups milk, scalded
[illegible] eggs, separated
2 tbsp. chopped green pepper
2 tbsp. chopped pimiento

Preheat oven to 350° (moderate). Measure bread cubes, cheese, salt, and mustard into a large bowl. Add milk; blend. Cool slightly. Stir in beaten egg yolks with pepper and pimiento. Fold in stiffly beaten egg whites. Turn into 1½ quart casserole. Bake about 50 minutes, or until firm yet puffy. Makes [illegible] generous servings as a main dish.

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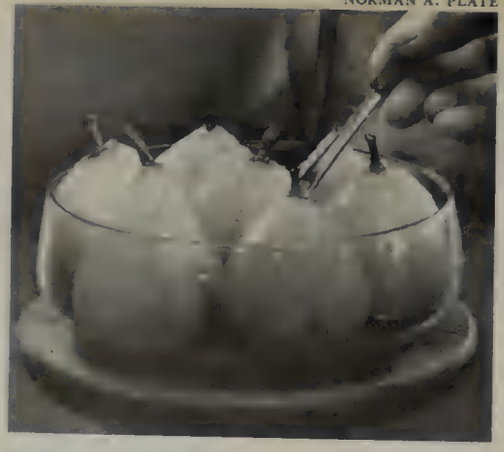
NORMAN A. PLATE



Spicy *pickled Seckels stand tall in bowl for dramatic service*

The little pears... rich and buttery

The small, homely shaped Seckel pears equal other more familiar winter pears such as Comice and Bosc in rich buttery flavor and aroma but you may have to go to some trouble to find them. They are a hardy occupant of many home gardens. You may find them in some markets in the West this month. If you don't find them in your market, ask the produce man to order some for you.

Their small size—about 2 inches in diameter—makes Seckels an ideal choice to preserve whole. Here the pears, pickled and spiced with cinnamon and cloves, make a dramatic relish for meats.

Spiced Pickled Seckel Pears

- 1 cup white vinegar
- 3½ cups sugar
- ¾ teaspoon ground cloves
- ¼ teaspoon ground allspice
- 4 sticks whole cinnamon, each about 2 inches long
- 4 pounds firm-ripe Seckel pears

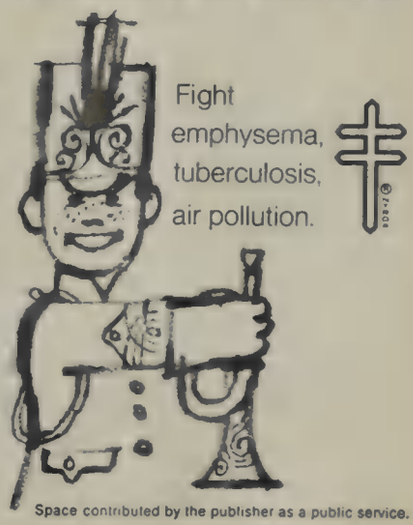
In a 6-quart saucepan combine the vinegar, sugar, cloves, allspice, and cinnamon; set aside.

Wash pears gently, leaving stems intact if possible. With a vegetable peeler, cut peel from pears. Bring vinegar mixture to boiling; add pears, cover, and simmer gently until pears are tender but not soft, about 20 minutes.

To can the pears. Sterilize 2 quart canning jars by immersing in boiling water for 15 minutes. Scald self-sealing lids and bands in boiling water. Remove one jar at a time from boiling water; with a slotted spoon, lift pears from boiling syrup and pack into jar, then ladle boiling syrup into jar to within ½ inch of rim; run a spatula around inside of jar. Wipe rim clean; adjust lid and band. Cool on a cloth, then check for seal before storing. Makes 2 quarts.—*R. H., Seattle.* □

There's more to do... Give more to Christmas Seals.

It's a matter of life and breath.



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[illegible] Suggestions: Lemon juice, tabasco [illegible] catsup, Worcestershire [illegible] pepper, mustard, liquid smoke, [illegible] vermouth, and selected herbs and [illegible]

DARROW M. WATT

Choosing between *toffee topped with filberts and peanut-filled crunch isn't ea*

She's reaching for peanut crunch but also there's toffee

Nut-laden brittle candies are favorite products to turn out in a kitchen workshop at holiday time. In fairly short order you can make several batches to have on hand for guests or to pack in festive boxes for Christmas giving.

Cooking the sugar mixture to the correct temperature is essential, so use a candy thermometer and make the candies in small quantities, as suggested.

Chocolate candy bars make a quick coating for this caramel flavored toffee.

Filbert-Topped Toffee

- ½ pound (1 cup) butter
- 1 cup brown sugar, firmly packed
- 5 bars (1⅜ oz. *each*) milk chocolate
- ½ cup finely chopped filberts

Butter a 9-inch-square baking pan; set aside. In a deep saucepan combine the butter (don't use margarine) and sugar; cook over medium high heat, stirring constantly, until mixture reaches 300° on a candy thermometer (hard crack stage). Pour immediately into buttered pan. Lay chocolate bars evenly over hot candy; when soft, spread into a smooth layer. Sprinkle nuts over chocolate and press in lightly with your fingers. Chill until chocolate is firm. Invert candy onto a flat surface and break apart into small, regular pieces. Makes about 3 doz pieces.—*D. M., Whittier, Calif.*

The blanched raw peanuts (available health food stores) toast and pop o slightly as the sugar mixture tu golden.

Crisp Peanut Crunch

- ½ cup light corn syrup
- 1 cup sugar
- ½ cup water
- 1½ cups blanched raw peanuts
- 1 teaspoon vanilla
- 1¼ teaspoons soda

In a deep saucepan combine the c syrup, sugar, water, and peanuts. B to boiling over medium high heat, ring; continue cooking, stirring o until syrup reaches 300° on a ca thermometer (hard crack stage).

Meanwhile measure vanilla and s Also butter a large, rimmed baking sl

When syrup reaches 300° remov once from heat. Quickly stir in va and soda thoroughly; while mixtu still foaming pour at once onto ba sheet. Let cool, undisturbed; break small pieces. Store airtight. Makes a 3 dozen pieces.

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DARROW M. WA

Pear-filled *squash has toasted almonds on t*

Squash is to put things into

Baked acorn squash adapts to ma uses. Fill with pears and mellow onio and they're good with poultry, lamb, pork. Or stuff with curry-flavored m and you have a supper entrée.

Pear-Filled Squash

Melt ¼ cup butter in a frying pan o low heat. Put in 2 medium-sized onio (sliced) and cook, stirring as needed, til golden, about 30 minutes. Stir in fresh pears (peeled and diced), ½ t spoon salt, ¼ teaspoon *each* ground g ger and cinnamon, 2 tablespoons e brown sugar and Sherry or apple ju cook 2 more minutes; remove from h

Cut 3 small acorn squash in halves scrape out seeds; arrange, cut side do in a shallow baking pan. Pour in water to ¼ inch deep. Bake in a 4 oven for 25 minutes or until ten when pierced.

Turn cooked squash over and mo pear mixture in centers; bake 10 min more. Top with ¼ cup toasted, sl almonds just before serving. Serves 6

Meat-Filled Squash

Cut 2 large acorn squash in hal scrape out seeds, and set, cut side do in a shallow baking dish. Pour hot w to ¼ inch deep. Bake in a 425° o for 10 minutes.

Mix ¾ pound ground beef chuck, pound bulk pork sausage, 2 teaspo instant toasted onions, ½ teaspoon 1 teaspoon curry powder, ½ cup dry bread crumbs, 1 cup milk, an lightly beaten egg.

Turn squash over; mound meat in ters. Bake 1 hour more, or until sq is tender. Sprinkle ½ cup shredded cheese over meat and return to o until cheese melts. Serves 4.

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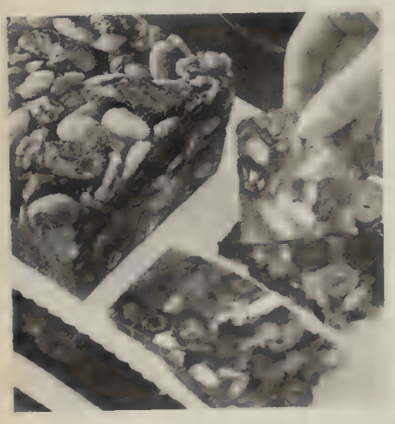
DARROW M. WATT

Sugared *sponge cake, full of walnuts*



Whole dates, *nuts, cherries in holiday fruit loaf*

Holiday cakes . . . nuts and fruit

Though quite dissimilar, both of these cakes are especially suitable for holiday occasions.

The airy walnut cake, iced with powdered sugar, can be served plain at any time. For dessert you might serve wedges of it topped with puffs of whipped cream.

The Christmas fruit loaf is solidly packed with whole dates, nuts, and fruit. It keeps many weeks when well wrapped and refrigerated, but slices well after it has aged only a day or two.

Walnut Sponge Cake

- 9 eggs, separated
- 3 egg yolks
- ½ cup regular all-purpose flour (unsifted)
- 2 teaspoons cinnamon
- 1 teaspoon salt
- 1½ cups sugar
- 2 teaspoons vanilla
- 2 cups (8 oz.) finely chopped walnuts
- Powdered sugar and walnut halves for garnish
- Whipped cream, sweetened to taste (optional)

Put the egg whites into the large bowl of an electric mixer. Put the 9 egg yolks into a smaller bowl. Sift flour with the cinnamon and salt; set aside. Beat egg whites until foamy, then gradually beat in ¾ cup of the sugar. Beat until the peaks that form when you withdraw beaters hold points but are still soft and moist looking; set aside.

Add the remaining ¾ cup sugar and vanilla to egg yolks; beat until light colored and thick. Fold the flour mixture into egg yolks until well blended, then carefully fold the yolk mixture into beaten whites. Add walnuts and continue folding gently until well blended.

Turn into an ungreased 10-inch tube pan. Bake in a 350° oven for 55 to 60 minutes, or until the top springs back when touched lightly. Invert pan until the cake is completely cooled, then remove from pan. Sift powdered sugar over the top and garnish with walnut halves. Serve with whipped cream, if you wish. Makes 12 servings.—*B. K., Menlo Park, Calif.*

Christmas Fruit Loaf

- 1½ cups *each* whole almonds and walnut halves (or 3 cups almonds)
- 1 pound whole pitted dates
- 1 cup whole maraschino cherries (without stems), drained
- 1½ cup (4 oz.) *each* diced candied orange and lemon peels
- ¾ cup regular all-purpose flour (unsifted)
- ¾ cup sugar
- ½ teaspoon *each* salt and baking powder
- 3 eggs, beaten
- 1 teaspoon vanilla

In a large bowl combine the nuts, dates, cherries, and orange and lemon peels. Combine the flour with the sugar, salt, and baking powder; sift over the fruit and nut mixture. Mix well. Beat eggs with vanilla, pour over fruits and nuts, and mix well. Butter a 9 by 5-inch loaf pan, line the bottom and long sides with waxed paper, and butter the paper. Pour in the cake batter and spread evenly, pressing it into the corners.

Bake in a 300° oven for about 2 hours. Cool for 10 minutes, remove from pan, peel off paper, and cool well. Wrap tightly and refrigerate for at least 24 hours. Makes 1 loaf, which can be cut in about 36 thin slices. □

UNCLE BEN'S Rice stars in an ornamenta main dish

Whether your Christmas tree is a fr grant fir lovingly selected from your ov property, or a sophisticated topiary ov the mantel, the act of decorating it is o of the happiest Holiday traditions. Ma be it's strictly "family style" at yo house, or maybe it's an event you sha with friends. Either way, the occasi calls for a little organization—and ple of good food.

This festive red-and-green cassero is the perfect way to climax the trimmi party.

The casserole combines foods eve one enjoys and uses UNCLE BEN'S CO VERTED Brand Rice as its base. UN BEN'S takes real natural rice and ma the grain firmer in a special way. Y get a rice that won't get sticky or lum and the grains stay fluffy and separa guaranteeing you a perfect cassero The special Cara Mia marinade with vibrant seasonings makes a real con bution to the dish, so be sure to dr the artichoke hearts well.

To make things simpler for you on Day The Tree Goes Up, prepare casserole ahead and top it with the p browned chicken pieces. Then cover refrigerate until you're ready to bak

Tree Trimmers' Reward

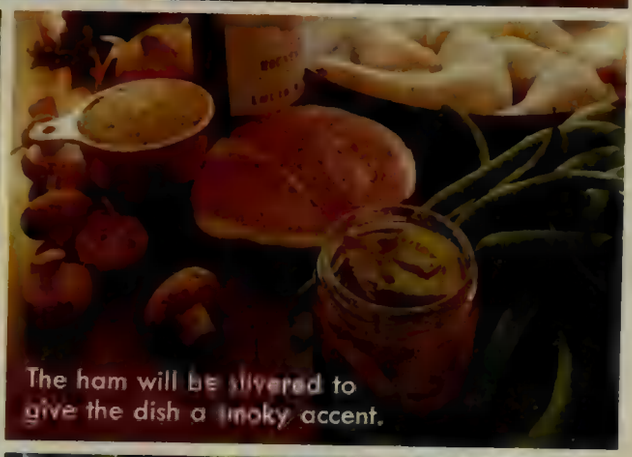
- 2 jars (6 oz. *each*) CARA MIA MARINATED ARTICHOKE HEARTS
- 3 to 3½ lbs. chicken legs and thighs
- Salt, pepper, and flour
- 1 cup sliced fresh mushrooms
- 1¼ cups UNCLE BEN'S CONVERTED Brand Ric
- 2 ounces prosciutto, slivered, or ½ cup diced ham
- ½ tsp. salt
- 1 large onion, sliced
- 1 clove garlic, mashed
- 1 large can (1 lb. 12 oz.) Italian-style pear-shaped tomatoes
- ½ cup dry red wine
- ¾ tsp. Italian herb seasoning mixture
- Parsley

Drain artichoke hearts, reserving marin Lightly coat chicken with salt, pepper and Brown slowly in a large frying pan in 2 Tbsp. marinade. Remove from pan. Add 2 Tbsp. marinade. In it sauté mushrooms and rice lightly browned. Turn rice mixture into a 2 3-quart casserole. Stir in prosciutto or ham, t tsp. salt, and drained artichoke hearts (arr several of the artichokes atop the rice). Ad Tbsp. of the remaining marinade to frying pa sauté onion and garlic until soft. Add tom using kitchen scissors, cut tomatoes in halves. wine and herb seasoning. Pour sauce ove mixture. Top with browned chicken. Cover bake in a 350° oven for 1 hour. Uncover bake for 10 minutes longer. Garnish with p sprigs. Makes 6 servings.

This recipe is included with "UNCLE BEN'S Golden Recipes." For a free copy of all recipes, send name, address, and zip code to: Golden West R Box 19480, Houston, Texas 77024.

Tree Trimmers' Reward

dpa and the boys make their selection
dense stand of pines.



The ham will be slivered to
give the dish a smoky accent.

The last bauble
is hung and it's time
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French Gigot of Lamb (Makes 6 to 8 servings)

1 leg of lamb
Salt and pepper
¼ cup sweet butter
1 teaspoon fines herbes
1 clove garlic, halved

Sprinkle lamb with salt and pepper. Place on rack in shallow roasting pan. Roast in 325° (slow) oven 30 to 35 minutes per pound or until meat thermometer registers desired degree of doneness. Meanwhile, melt butter and add fines herbes and garlic; simmer 1 minute. Brush lamb with butter mixture frequently during roasting time.

Note: If center cut of leg is roasted, use 2 tablespoons butter, ½ teaspoon fines herbes and 1 small clove garlic. Brush on lamb last hour of roasting time. Fines herbes are available in most spice lines. If unobtainable, substitute your favorite seasonings—rosemary, thyme, etc.

For more free lamb recipes write:

american lamb council

Dept. LC-171, 200 Clayton Street
Denver, Colorado 80206

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DARROW M.

Dips *for fresh raw vegetables make refreshing appetizers*

For vegetables . . . a vegetable dip

Dipping vegetables in a vegetable sauce—it's hard to imagine lighter tizers for the holidays. You can these three dips separately, or tog as all complement the same fres vegetables, such as cauliflower, tomatoes, mushrooms, green or re pers, radishes, or zucchini.

To serve, gather rinsed whole veg in a basket, accompany with a and invite guests to cut off porti

All the dips can be made a few ahead, but keep them covered an

Zucchini Dip. Finely shred enou chini to make 1 cup, firmly packed zucchini in a wire strainer and pr excess moisture. Blend zucchini cup unflavored yogurt, 2 cloves (minced or mashed), and salt t Cover and chill at least 1 hour t flavors. Stir before serving. Make 1 cup.—*J. W., Palo Alto, Calif.*

Cucumber Chile Dip. Peel and r large cucumber; mix in ½ teasp and chill at least 1 hour to release Smoothly blend 1 small package cream cheese with 2 tablespoo cream. Drain all liquid from cuc blend cucumber with cream chee ture. Stir in 2 tablespoons seed chopped canned California gree and salt to taste. Makes about 1

Avocado Dill Dip. Peel and mas 2 large ripe avocados. Blend in spoons fresh lime juice, ¼ cup chives (fresh, frozen, or freez ½ teaspoon dill weed, 2 or liquid hot pepper seasoning, an taste. Makes about 1½ cups.

His corn starts out the crispest and ends up the creamiest.

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NORMAN A. PLATE

Pack *decorated miniature cookies in individual paper cups for gift giving*

Fancy (but easy) cookies as gifts

lea of packing a candy box or bas-
ith an assortment of fancy, bite-
:ookies for gift giving is easier than
ears. All of the cookies we show
: and on page 162) are formed
the same cooky dough.

ecipe for the buttery cooky bon-
:an be shaped four different ways.
›y changing the coatings, decora-
›ppings, and flavor of the dough,
ultiply the varieties.

an make the cooky dough ahead
tore it in your refrigerator or
:. Then when you have time, shape
ugh (defrost it first, if frozen) and
ne or more pans of cookies.

he cookies are baked and cooled,
hem tightly. If you want to store
or more than a few days, keep
n the refrigerator or freezer to
:e their fresh taste.

:t giving, place each cooky in a
›onbon case—available in stores
rry party supplies. Arrange them
vely in rows in a box or small
For more than one layer of cook-
: a piece of cardboard between
Cover with the box lid or clear
film.

Cooky Bonbons

1 cup (½ lb.) butter or margarine
½ cup sugar
1 egg yolk
2 teaspoons grated lemon peel
1 teaspoon vanilla
2½ cups regular all-purpose flour (unsifted)

With an electric mixer or wooden spoon beat together the butter and sugar until light and fluffy. Stir in the egg yolk, lemon peel, and vanilla. Add the flour and blend well. Shape in any of the four ways described below and on page 162 and chill as directed. To bake, place cookies on greased baking sheets about 1 inch apart. Bake in a 350° oven for 12 to 14 minutes (the time depends on the shape). Test cookies for doneness by turning one cooky over (the bottom should be lightly browned). Makes about 7 dozen cookies.—*R. L., San Jose.*

Nut-Coated Wafers. Roll half of the Cooky Bonbon dough into a log about 20 inches long and about ¾ inch in diameter. Then roll in about ⅓ cup chopped pecans or walnuts, pressing slightly to embed the nuts in the dough. Wrap in waxed paper and chill until firm. To bake, cut off ½-inch-thick slices and

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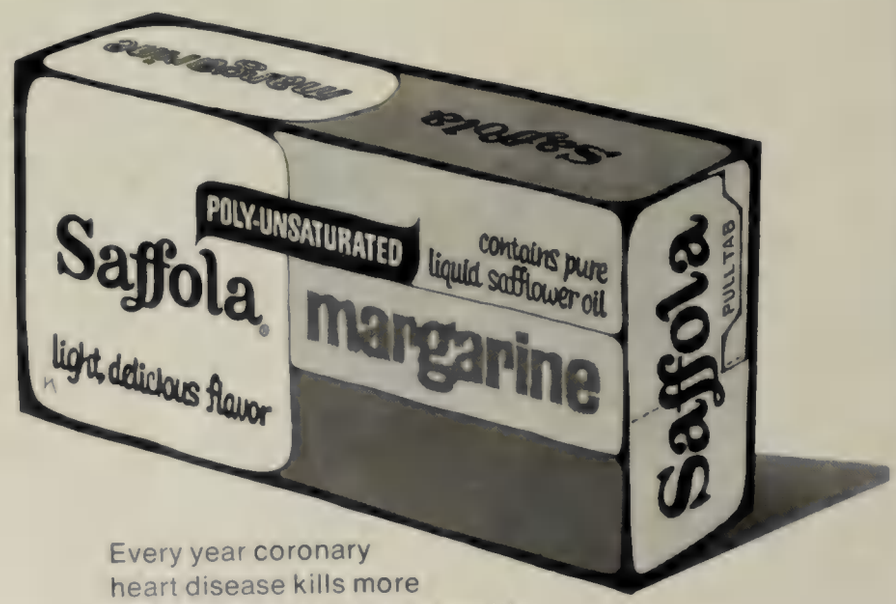

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NORMAN A. PL

Small baskets *filled with cookies m novel dinner table fav*

arrange on cooky sheet. Decorate if y wish by gently pressing half a cand cherry or semisweet chocolate bit on top of each cooky. Bake as direc on page 161 for about 14 minutes.

Christmas Balls. Roll half of the Coo Bonbon dough into a log 20 inches lo and ¾ inch in diameter. Cut off ½-in thick slices and roll each into a ball. R the balls in granulated sugar (about cup) and place on greased baking she Or dip balls into 1 lightly beaten white and roll in about ½ cup chopp pecans or walnuts. Bake as directed about 14 minutes.

Festive Nuggets. Prepare Christ Balls as above, rolling them in eit granulated sugar or chopped nuts. Pl on baking sheets, then flatten each b slightly by gently pressing half a cand cherry, a semisweet chocolate bit whole almond, or pecan half on t Bake as directed for about 14 minu

Cream-Filled Wafers. Prepare the rec for Cooky Bonbons as directed, or ting the lemon peel. Divide dough half; to one half add 2 ounces unsw ened chocolate, melted and cooled, blend well. Roll each portion of dou into a log about 20 inches long and inch in diameter. Wrap and chill w To bake, cut off ¼-inch-thick slices bake as directed for about 12 minu cool. For each cooky, sandwich a li and dark wafer together with about teaspoon cream filling. For the cre filling, beat together ½ cup soft bu or margarine with ¾ cup sifted p dered sugar and 1 teaspoon vanilla.

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The day after . . . a brand new dish

By borrowing from other cuisines, it's possible to make the holiday turkey reappear in a variety of intriguing dishes that belie its leftover status.

Here Oriental flavors subtly mingle in a hearty soup, and typical Mexican seasonings are used for two spicy entrées.

Offer small portions of the soup as a first course for a Chinese dinner, or serve it in large bowls as a luncheon main dish. You might accompany either of the dinner or supper dishes with crusty rolls and an avocado and citrus salad.

Oriental Turkey Soup

Strip roasted turkey carcass of any large portions of meat. Dice 2 cups meat and set aside. In a Dutch oven combine turkey bones; 10 cups water; 1 teaspoon salt; ¼ teaspoon pepper; 1 medium-sized onion, sliced; and 1 medium-sized carrot, sliced. Cover and simmer 2 hours. Let cool slightly, then pour broth through a wire strainer. Pick any remaining meat from bones and stir into broth with reserved turkey meat; discard vegetables and bones.

Heat broth to boiling. Add 5 cups finely shredded Chinese cabbage and salt and pepper to taste. Cover and simmer 10 minutes. Garnish with chopped cilantro or parsley. Makes about 6 main dish servings, or about 10 first course servings.—*S. I., Honolulu.*

Tortilla Turkey Scramble

- 2 tablespoons butter or margarine
- ½ cup finely chopped onion
- 4 tablespoons all-purpose flour
- 1 can (10½ oz.) condensed chicken brot
- ½ cup light cream (half-and-half)
- ½ cup finely chopped canned California green chiles (seeds removed)
- 1 can (2¼ oz.) sliced ripe olives, drained
- 2 cups diced cooked turkey
- 1 cup shredded Cheddar or jack cheese
- Salad oil for frying
- 8 corn tortillas, cut in thin strips

In a sauce pan melt butter over med heat; add onion and sauté 5 min Stir in flour and cook until bubbly. move from heat and gradually add broth and cream. Cook, stirring, thickened. Stir in chiles, olives, and key. Turn into a shallow 1½-quart ing dish; sprinkle cheese over top. B uncovered, in a 350° oven for 20 t minutes or until bubbly.

Meanwhile heat about ¼ inch oil wide frying pan over high heat. Fry tilla strips, a few at a time until about 1 minute. Remove with a sl spoon; drain and keep warm.

To serve, spoon turkey mixture ove dividual portions of crisp tortilla s Makes 4 to 6 servings.

Guadalajara Turkey Casserole

- 2 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced or mashed
- 1 tablespoon all-purpose flour
- 1 can (about 14 oz.) pear-shaped tomatoes
- 2 teaspoons chile powder
- ½ teaspoon salt
- ½ teaspoon whole oregano, crushed
- cups diced cooked turkey
- 1 can (2¼ oz.) sliced ripe olives, drained
- 1 can (about 7 oz.) whole kernel corn drained
- egg yolks, slightly beaten
- ⅓ cup whipping cream
- 2 tablespoons grated Parmesan chees
- Paprika

In a large frying pan melt butter medium heat; add onion and garli sauté until limp, about 5 minutes. flour and cook until bubbly. Add toes (breaking them up with a chile powder, salt, and oregano. stirring, until it boils and thicken in turkey and olives and turn into low 1½-quart baking dish. Combi corn, egg yolks, cream, and c spoon over turkey mixture and sp with paprika. Bake, uncovered, 350° oven for about 30 minutes, o top is set and lightly browned. Ma to 6 servings.—*H. N., San Francis*

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Our special Hi-Humidity compartment keeps vegetables at 34° F, so they're crisp up to three weeks.

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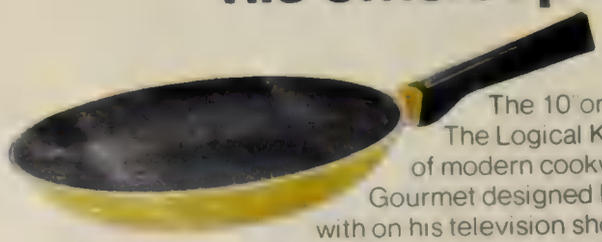
If you want to make omelets like Graham Kerr, The Galloping Gourmet, start by buying his omelet pan.



The 10" omelet pan from The Logical Kitchen, the new line of modern cookware The Galloping Gourmet designed himself and cooks with on his television show.

Not only beautiful to look at, it's practical and logical. Made of cast aluminum for perfectly even heat distribution and no hot spots. Lined with improved, no-after-taste Teflon™ II. Its sides are the perfect angle for tricky omelet turning. Its colors: Sun Yellow, Avocado, Blueberry.

Here are a few hints from The Galloping Gourmet himself: Try not to serve a warm omelet on a cold plate. Steam the plate on top of a pot of boiling water, as shown. Brush butter all over your omelet just before serving.

Fantastic!

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For the store nearest you, or for a free copy of The Galloping Gourmet's own omelet recipe, call free 800-556-6966

Taking liberties with moussaka

Eastern European cooks take many lib erties with the popular dish called mou saka (moo-*sah*-ka), usually eggpla slices layered with a zesty lamb fillin Here artichoke bottoms replace the eg plant. Newly available in many Weste markets, frozen artichoke botton (sometimes called crowns) make th dish especially easy to prepare.

Artichoke Moussaka

- 2 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- 2 pounds ground lean lamb
- ½ cup dry red wine or tomato juice
- 2 medium-sized tomatoes, peeled and coarsely chopped
- ⅔ cup finely chopped parsley
- ¼ teaspoon *each* pepper, cinnamon, and nutmeg
- 2 teaspoons salt
- Egg sauce (recipe follows)
- 1 bag (10 oz.) frozen artichoke bottoms (crowns) or 1 package (8 oz.) frozen artichoke hearts
- 1 cup freshly shredded Parmesan cheese

In a large frying pan melt the but Sauté the onion and lamb over medi high heat, breaking meat apart with spoon, until meat loses its redness. A wine, tomatoes, parsley, pepper, cin mon, nutmeg, and salt.

Simmer, uncovered, stirring occasi ally, for about 35 minutes or until lic evaporates. Remove from heat, skim any extra fat, and stir in 3 tablespo of the egg sauce.

Spread the mixture in a greased 9 13-inch baking pan. Pour artichoke toms or hearts into a colander and hot water over them until thawed; dr (Cut hearts in quarters.) Press artich into meat. Spread remaining egg s over artichokes and sprinkle chees top. (At this point, it can be refrigera

Bake in a 350° oven for 20 minute until heated through (about 50 min if refrigerated). Remove from oven let stand for about 10 minutes. C squares to serve. Makes 12 servings

Egg Sauce. In a bowl beat 3 eggs teaspoon nutmeg, and 1 teaspoon set aside. In a saucepan melt ¼ (⅛ lb.) butter over medium heat. ¼ cup flour and cook, stirring, bubbly. Remove from heat and gr ally stir in 3 cups milk; cook and until it boils and thickens. Grad stir about ⅓ of the hot sauce int eggs. Then stir egg mixture back hot sauce; cook about 1 minute. Re from heat.

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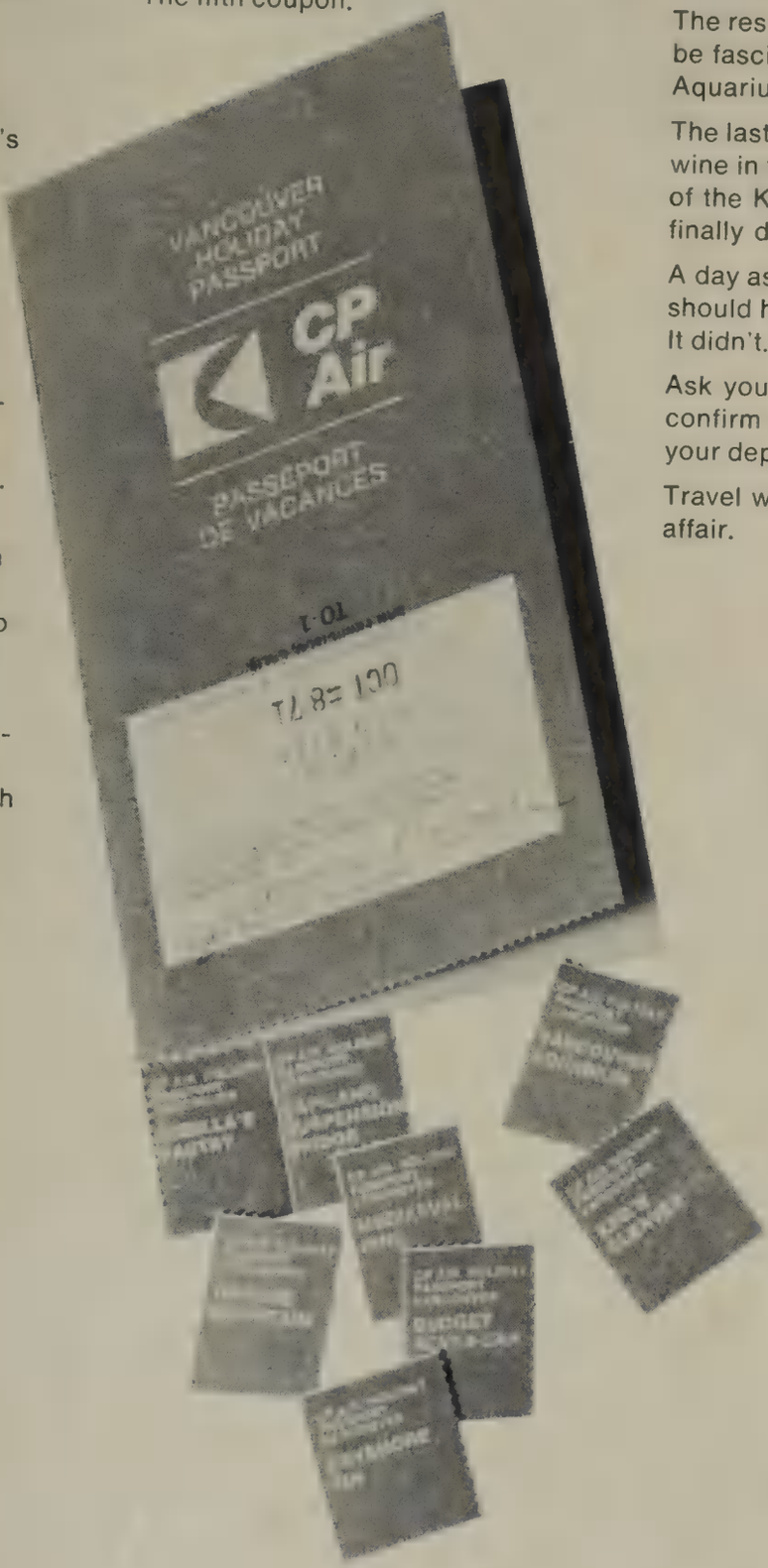

Mid-afternoon stop at Gizella's, a restaurant with old world charm, and have another snack.

The rest of the afternoon you can be fascinated by Vancouver's Aquarium. Seven gone.

The last coupon is for a flagon of wine in the heady atmosphere of the Keg 'n Cleaver when you finally do have dinner.

A day as full and exciting as that should have cost you over $30. It didn't. It was free.

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Best Foods helps you shape up cheese for holiday spreading

Cheese Cones

Here's a festive new way to serve spreads made with Best Foods. So creamy, Best Foods makes spreads more spreadable. So light and delicate it blends deliciously with cheese. That's real mayonnaise. Whole-egg Best Foods.

PARMESAN CHEESE SPREAD

4 (3-ounce) packages cream cheese, softened
1/3 cup grated Parmesan cheese
1/4 cup BEST FOODS® Real Mayonnaise
1/2 teaspoon oregano leaves, crushed
1/8 teaspoon garlic powder

Combine all ingredients. Chill. Shape on serving board to resemble pine cone. Garnish with nuts. Serve with fruit and crackers. Makes 1 3/4 cups.

CHEDDAR CHEESE SPREAD

4 cups finely shredded Cheddar cheese (1 pound)
2/3 cup BEST FOODS® Real Mayonnaise
2 tablespoons horseradish
Dash Tabasco® sauce
Salt
Pepper

Combine all ingredients. Chill. Shape on serving board to resemble pine cone. Garnish with nuts. Serve with fruit and crackers. Makes 2 cups.

BRING OUT THE BEST FOODS AND BRING OUT THE BEST

THE

Western Kitchen

NEWS AND IDEAS

Christmas shopping in atural food, health food, and hardware stores

NORMAN A. PLATE

are tools you might like to give to of today's start-from-scratch "or-" cooks. The variety of appliances prout, juice, grind, and steam fruits egetables is astonishing. We've pic- about a dozen at right, but a visit natural food, health food, or neigh- ood hardware store will give you ideas. Cooks who use these appli- regularly say the food prepared them tastes much better than food red with any other method they've Credit might go to the equipment, also might go to the cook who has ed to do all the work herself.

ow: *Vegetable cooker* (about $14) movable basket to hold asparagus, broccoli upright in water; it steams egetables. *Scale* (from $5) weighs portions of food by grams or s.

l row: *Two sprouters:* At left, perforated plastic trays (about $15) nree types of sprouts at one time; runs through from top and is held tom. Center, large glass jar with ed lid (70 cents). *Airtight con-* (about $1) for keeping grains, and pasta fresh.

row: Antique *sausage grinder and* (about $65); other models from $20. Some conventional grinders usage stuffer attachments. *Yogurt* (about $10) consists of electric g tray, four glass containers and *getable steamer* (about $7) sits in n of steaming water; it adjusts an size and amount of vegetables.

row: *Mill* (about $13) makes om grain in two grindings. *Elec- er* (about $70) transforms non- ruits and vegetables into juice; a separate receptacle for pulp. *luty grinder* (about $30) breaks orn, whole grains. □

Smart cookies use real butter.

GOLDEN BUTTER COOKIES

1 cup butter (2 cubes)
¼ teasp. salt
¾ cup sugar
1 egg
1 teasp. vanilla
½ teasp. almond
2½ cups sifted flour

Cream butter with salt till soft. Blend in sugar, ¼ cup at a time till mixture is fluffy. Beat in egg, vanilla and almond. Stir in flour. Pack dough in cookie press; press shapes on ungreased baking sheet, bake at 400 deg., 8 to 12 min. Cookies should be set but not brown. Makes 6 dozen.

Chocolate variation: Blend into the shortening mixture one square (1 oz.) melted and cooled unsweetened chocolate.

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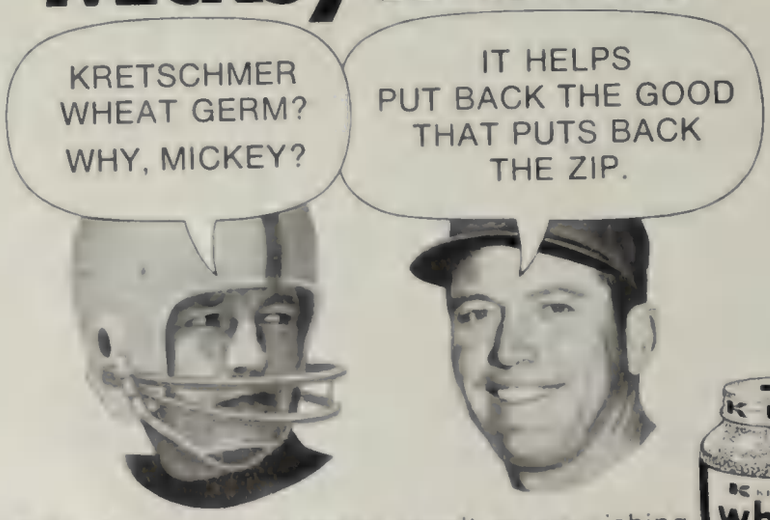
John Unitas caught the wheat germ from Mickey Mantle.



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im International Multifoods

DARROW M. WAT

Serve *cheese pastries plain or with cherry tomatoes, sliced zucchini*

Cheese pastries wi tomato on top

Made in the same manner as refriger cookies, these tender cheese pastries convenient holiday appetizers. You frigerate the rich dough shaped in a when you want freshly baked past slice the dough, bake, and serve. If want to start more than a few day advance, freeze the dough and part thaw before slicing.

Cheese-Caraway Appetizers

- ¾ cup (⅜ lb.) butter or margarine
- ½ cup shredded sharp Cheddar cheese
- ½ cup crumbled blue-veined cheese
- 2 cups regular all-purpose flour (unsifted)
- 1½ teaspoons caraway seed
- 1 clove garlic, minced or mashed
- 2 tablespoons chopped chives (fresh, frozen, or freeze-dried)

With an electric mixer or wooden sp beat the butter, Cheddar cheese, blue-veined cheese until smoothly b ed. Stir in flour, caraway, garlic, chives. Shape mixture into a log a 20 inches long and about 1¼ inch diameter; wrap in waxed paper and until firm. (Wrap airtight to freeze bake, cut off ¼-inch thick slice dough, and place slightly apart o greased baking sheets. Bake in a oven for 10 to 12 minutes or until li browned around edges. Serve war cooled. Makes about 7 dozen wafe

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How to get cook something

ı refrigerator to or dinner.

Why should your refrigerator just stand around and hold things ı it knows perfectly well how to make any number of dishes? ı make good things that free you from the stove. It can make tasty ;s you can pull out when you drag home from a busy day. With these ideas, and an old stand-by, you'd be surprised at what your gerator can do.

1. *It can make the salad.* Just stir 1 cup of sliced celery, 2 tsp. grated onion or sliced scallions, ¼ cup diced pimento, 2 tbsp. vinegar, salt and a dash of pepper into Lime Jell-O® Brand Gelatin made with up of boiling water, and ¾ cup cold water. Your refrigerator will a crunchy salad while you do the marketing.

2. *It can fix the fruit.* Dissolve Cherry Jell-O in one cup of boiling water, then stir in a 15-oz. jar of applesauce and a tsp. lemon Your refrigerator will make a fruit mold for salad or dessert.

3. *It can prepare side-dishes.* All you have to do is substitute tomato juice for water when mixing Lemon Jell-O and your refrigerator ıake you a nice aspic.

4. *It doesn't need fancy cookware.* Use anything that pleases you as molds. Bowls, cups, pans, tin cans.

5. *Everything turns out beautifully.* Wait till the Jell-O is completely firm, then run a small knife around the top of mold. Dip the just to the rim, in warm water. Hold to a count of ten, then cover moistened plate, invert both, and lift up the mold.

6. *It doesn't need attention.* Start things in the morning, or the night before, and just go away until you need them. se when a refrigerator cooks, you never have to watch it.

GF GENERAL FOODS KITCHENS

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DARROW M. WATT

A special *day is when you have rice pudding for breakfast, with cream, cinnamon-sugar, and fruit*

Rice pudding again? These are great for dinner, even for breakfast

Something as plain and as wholesome as rice pudding may please your family more than anything else on a wintry evening or weekend morning this month.

In Portugal and the Scandinavian countries, rice puddings are great family favorites, and cooks prepare them in a variety of ways. Starting with a typical Scandinavian rice pudding and a Portuguese sweet rice, we describe several ways to change either recipe to suit your family's taste or your own time schedule.

Scandinavian Rice Pudding

- 1 cup short grain rice (such as California pearl)
- 1½ cups water
- 2 tablespoons butter
- ¼ cup sugar
- 1 teaspoon salt
- 1 stick whole cinnamon
- 4½ cups milk
- Cream or milk
- Cinnamon-flavored sugar or honey
- Canned peaches, apricots, mangoes, or purple plums (optional)

In a 2½- or 3-quart saucepan, combine the rice and water. Cover and simmer until the water is absorbed (about 8 to [illegible] minutes). Add the butter, sugar, salt, cinnamon, and milk. Continue cooking, uncovered, over low heat (or boiling water), stirring occasionally, until thickened to about the consistency of soft custard (about 45 minutes to 1 hour). You will need to stir more frequently toward the end of the cooking period.

If you wish, transfer to a chafing dish over a hot water jacket. Offer cream or milk, the cinnamon-sugar or honey, and fruit, if you wish. Makes 6 to 8 servings.

Brown Rice Pudding

Follow recipe for Scandinavian rice pudding, except use 1 cup quick-cooking brown rice. Or use regular short grain brown rice; then you will need to cook the rice with water longer, about 30 minutes in all. Instead of sugar, you can use about ¼ cup brown sugar or honey.

Portuguese Sweet Rice

- 7 cups water
- 1 cup regular long grain rice
- 1 cup sugar
- 1 teaspoon salt
- [illegible] tablespoons butter
- 8 egg yolks, lightly beaten
- 1½ teaspoons lemon extract or grated lemon peel
- ½ teaspoon vanilla
- Cinnamon

In the top of a double boiler (at least 2½-qt. size) or a saucepan, combine the water, rice, sugar, salt, and butter. Place over direct heat and bring to simmering. Simmer, uncovered, stirring occasionally, until the rice is very tender (about 30 minutes). Remove from heat and cool for 5 minutes; stir part of warm pudding into egg yolks, then stir all back into the pan with the rice. Add the lemon extract and vanilla.

Place pan over simmering water and cook, stirring constantly, for 5 minutes. Immediately pour into a shallow serving dish or deep platter. Serve warm, sprinkled with cinnamon. Makes 8 to 12 servings.—*A. D., Hughson, Calif.*

Variations on Portuguese Sweet Rice

For baked pudding (you can make ahead), simmer rice mixture in a saucepan over direct heat as the recipe directs; cool 5 minutes, blend with the egg yolks and flavorings, then pour into a shallow baking dish (one that holds at least [illegible] quarts). Bake, uncovered, in a 350° oven for about 20 minutes or until set (about 30 minutes if prepared ahead and cold). —*D. S., Burlingame, Calif.*

To make pudding with milk, use only [illegible] cups water and omit butter. Simmer rice over direct heat for 10 minutes, then stir in 4 cups milk. Simmer gently, stirring often, until the rice is tender and creamy (about 20 minutes longer). Cool, blend with the egg yolks and flavorings, and finish as directed.

To add fruit, use about 1 cup raisins, pitted prunes, or dried apricots. Stir into the pudding at the same time the flavorings are added.

To add a decorative cinnamon topping, use a sheet of paper, such as typewriter paper, and shape a cone with about a ⅛-inch opening in the tip. Fill cone with several teaspoons ground cinnamon; fold or press to expel cinnamon in a pattern of crossed lines.

A reminder: Leftover egg whites may be frozen, tightly covered. Bring to room temperature before beating.

Decorative *lines on sweet rice are cinnamon shaken through paper cone*

This year's most exciting pancakes don't come from a pancake mix.

They come from Bisquick®—the mix that's always made pancakes (and over 100 other great things) taste better. Because Bisquick uses a special, livelier leavening process that makes pancakes ideally light and fluffy. For great tasting pancakes, it's Bisquick. This or any other year.

For more pancake recipes and over 200 other good ideas in baking, send for the new Betty Crocker's Bisquick Cookbook. Mail $1.50 to: Box 259D, Minneapolis, Minn. 55460

SPICED APPLE PANCAKES

2 cups Bisquick baking mix
½ tsp. cinnamon
1 egg
1⅓ cups milk
¾ cup grated apple
Cider Sauce (below)

1. Beat baking mix, cinnamon, egg and milk with rotary beater until smooth. Fold in apple.
2. Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side until golden brown. Serve with warm Cider Sauce. *About 18.*

Cider Sauce

1 cup sugar
2 tbsp. cornstarch
½ tsp. pumpkin pie spice
2 cups apple cider
2 tbsp. lemon juice
¼ cup butter

Mix sugar, cornstarch and spice in saucepan. Stir in cider and juice. Cook, stirring constantly, until mixture thickens and boils. Boil and stir 1 min. Remove from heat; blend in butter.

GER DESSERT PANCAKES

ıps Bisquick
aking mix
g
ıps milk
ıp light molasses
p. ginger
1 tsp. cinnamon
½ tsp. cloves
Lemon Sauce (below)
1 pkg. (3 oz.) cream cheese, cut into cubes

ıt baking mix, egg, milk, molasses and spices
h rotary beater until smooth.
ır batter from ¼-cup measuring cup onto
: griddle. (Grease griddle if necessary.)
ke until bubbles appear. Turn and bake
ıer side until golden brown. Fill each 2 pan-
es with Lemon Sauce; garnish with cube of
ım cheese and top with Lemon Sauce.
rvings.

ı Sauce

butter
sugar
water
1 egg, well beaten
3 tbsp. lemon juice
Grated peel of 1 lemon

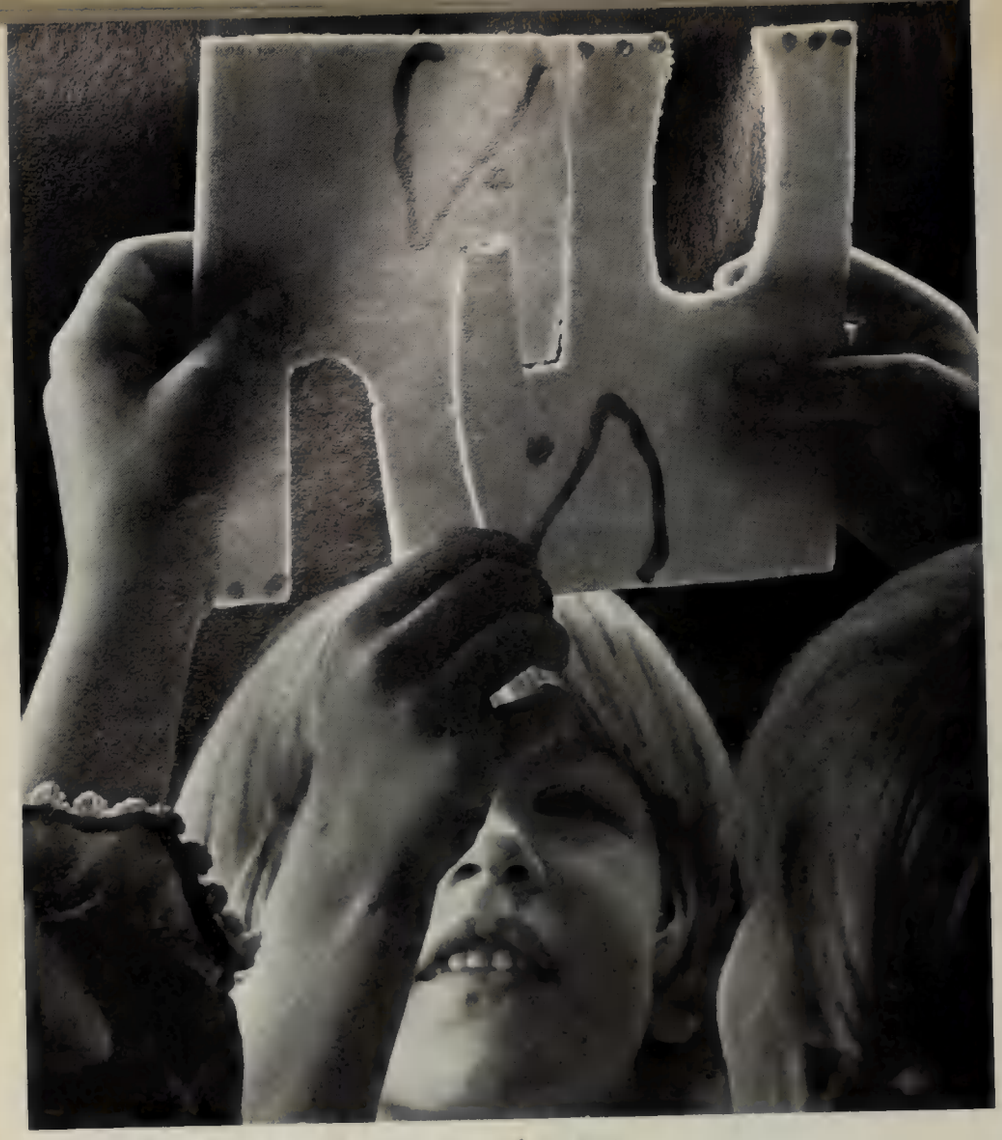
ıne all ingredients in saucepan. Cook over
n heat, stirring constantly, until mixture

CHERRY CRÊPES

1 cup Bisquick baking mix
1 egg
1 cup milk
1 can (21 oz.) cherry pie filling
Soft butter
Sweetened whipped cream

Heat oven to 400°.

1. Beat baking mix, egg and milk with rotary beater until smooth.
2. Spoon 2 tbsp. batter into hot lightly greased 6 or 7" skillet. Rotate pan until batter covers bottom.
3. Bake until bubbles appear. Gently loosen edge; turn and bake other side.
4. Spoon heaping tablespoonful pie filling onto one half of each crêpe; roll up. Place crêpes seam side down on ovenproof platter; brush with butter.
5. Bake *about 10 minutes.* Serve with whipped cream. *12 to 15 crêpes.*



Puzzling pair *of elephants. A fast way to make cutout cookies yields humorous interlocking creatures like these*

Elephant cutout cookies from single cooky sheets with no waste at all

There's practical whimsy to these gangly elephants and sober owls. They are made of crisp butter-shortbread in a manner brazenly economical of cooking and decorating effort. An interlocking puzzle is the inspiration.

You roll the dough directly onto the cooky sheet, covering the pan completely, and bake as one huge, solid cooky. While still warm and on the pan, cut this solid cooky into 2, 4, 8, 12, or 16 rectangles of similar proportions. Within each rectangle cut a lopsided Z lengthwise down the middle to create 2 elephants. Then make U cuts to define the legs. The cutouts become owls. The one fragment of cooky becomes a scrap. If you'd like to, try puzzling out other full-use designs.

Cut *each baked cooky sheet into halves, quarters, eighths, or sixteenths—or combine sizes as shown here*

Puzzle Cookies

- 1 pound soft butter or margarine
- 1 pound powdered sugar
- 2 eggs
- 1 teaspoon vanilla
- 5½ cups regular all-purpose flour (unsifted)
- Icing for decorating (buy icing in a tube or aerosol can)

Beat butter, sugar, eggs, and vanilla t gether until smoothly blended, and th gradually mix in flour; the dough is so

Divide dough into 3 equal portior Place each on a 12 by 15-inch (or 12 by 15½-inch) baking sheet (one wit out sides). With a well floured, stoc inet-covered rolling pin, roll dough in even layer out to rim. As bits of dou extend beyond pan, pinch off and p into open areas on pan. When pan covered, use a wide spatula and pu dough back about ¼ inch from riml sides; with fingertips press level t slight dough ridge thus formed. Bake a 300° oven for about 20 minutes until edges begin to lightly brown.

Remove from oven; if necessary, t off any dough that sags over pan r Then at once use a small pointed kn to cut the cooky in halves, quart eighths, or sixteenths. Make the lopsi Z's and the U's, as pictured below l Leave on pan until slightly cooled.

With a wide spatula, lift (or guide) e rectangle from pan onto a flat surf Gingerly separate elephants, taking c not to break trunks; next remove o Cool on wire racks. When cold, fo icing through a plain round tip to m eyes, ears, toes, beaks, and wings.

Wrap airtight; store at room tempera up to a week. Freeze for longer stor The 3 solid cookies make at least large elephants and 12 owls, or at n 96 small elephants and 96 owls.

DARROW M.

Decorate *the elephants with toes, eyes, and ears; give the owls eyes, beaks, and folded wings*

The secret is the simmering.

Know what happens when lots and lots of good things all simmer together? Broth. A beautiful, sipping-good broth. And it's the broth that makes the delicious difference between Great American Soups and condensed soups. You just can't get that taste when you add your own tap water.

Oh sure, you'll notice all the big pieces of vegetables and beef. And of course you'll wonder how we got so much into each can. But it's the broth that gives Great American its distinctive flavor.

Try any of the great Great American Soups, it's all right there, ready to serve, broth and all.

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He calls it *Beans à la Guajalote.*
In other words, turkey beans

More American than apple pie is the bean, green or dried. The lima, the snap bean, the white bean, even the enthusiastic scarlet runner, all come from the warmer parts of the New World.

Chef E. C. Wilkerson turned to the bean last holiday season, after a surfeit of that other strictly American treasure, the turkey.

"We had turkey à la king," he sighs, "turkey tagliarini; we had turkey sandwiches, and finally we wound up with turkey stock.

"After all that, I decided that the only thing I really wanted was ham hocks and navy beans. I got to thinking that possibly the turkey stock would add something. It did."

Chef Wilkerson calls his creation Beans à la Guajalote, or turkey beans.

Beans à la Guajalote

- 1 pound small white beans
- Water
- 2 ham hocks, split
- ½ pound chorizos, peeled and cut in ¼-inch pieces
- 3 cups turkey stock
- 3 bay leaves
- 1 large onion, chopped
- ½ teaspoon fresh-ground pepper
- ⅛ teaspoon liquid hot pepper seasoning

In a Dutch oven, cover beans with quart of water and bring to a boil. B 2 minutes; remove from heat and soak hour. Meanwhile in another pan, cov ham hocks with water; bring to a bo Taste water for saltiness; drain. (If wa tastes salty, cover with water, boil, a drain again.) Add drained ham hock chorizos, turkey stock, bay, onion, a ground and liquid pepper. Bring to a b again, reduce heat, and simmer, cover stirring occasionally until beans are te der, about 3 hours. Before serving, move bay and ham bones. Makes 6 to servings.

Paradise, Calif

Pickles have probably never started revolution, but they often cause ar ments. There are those who like th sweet and small. There are those w want the vinegar to make a strong st (as it does in French *cornichons*). Th are those who want them large and n and dill-flavored. There are those w like a mustard sauce, and those who carrots and cauliflower with the cla cucumber.

If your hackles rise at the sligh

Chefs of the West

The Art of Cooking . . . by men . . . for

We're the first to leave the party

After the hello's and how are you's get to know a great cheddar. Sharp Cracker Barrel Brand. The handy Stix Pak® from Kraft has fine aged cheddar in a special size for party nibblers.

Introduce us to your friends, but remember—the better the party, the sooner we leave.

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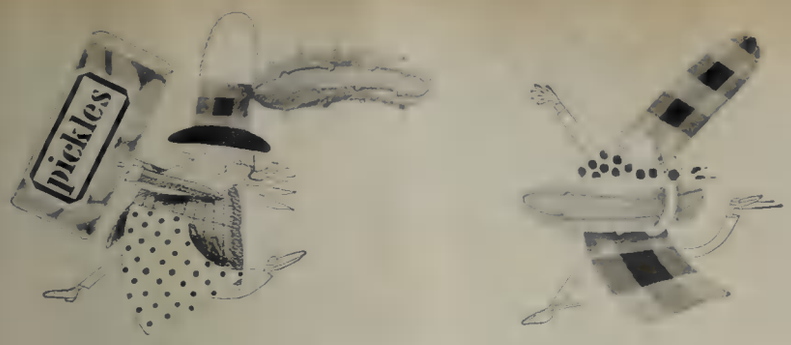
It isn't every girl who can work and run a home. And, luckily, you've got an understanding husband. Tonight, you're going to thank him for all the times he could've grumped and didn't.

It's a good day for Stouffer's.

Lasagna. One of 35 Stouffer's Frozen Prepared Foods.

Stouffer's



"If you resent the slightest change in pickles"

ge in your preferred pickle, stop *Chef* Ashley E. Hobson will turn purple with rage; he takes already-ared pickles and literally repickles . But if you like sweetness and c flavor and don't mind something ent, try some.

ckled Pickles

1 jar (22 oz.) whole dill pickles, drained and sliced in half lengthwise
1 medium-sized onion, sliced in thin rings
Vinegar syrup (recipe follows)
2 sticks, 3 or 4 inches long, cinnamon

large jar or deep bowl (one big gh to hold all the pickles and), alternate layers of halved pickles onion rings. Pour over the hot and tuck in the cinnamon sticks. cover, and refrigerate 2 days be-serving. Makes about 1 quart s.

ar Syrup. In a saucepan, combine ups sugar, 1 cup cider vinegar, ¼ vater, ¼ teaspoon ground ginger. to a boil, stirring until sugar is dis-d, and pour over pickles and onions.

Ashley E. Hobson

San Francisco

ise Angier steps before this assem-propose a sort of crab Newburg *quille.*

ne drawback to an otherwise easy ction is taking the meat out of the You could buy it already plucked, at seems like cheating. So get out nallet and fork, and prepare to fol-Mr. Angier leads us through his:

imeon Crab

Meat of 2 large Dungeness crabs (about 1¾ lb. *each*) or 1 pound crab meat
can (2 oz.) sliced pimiento, drained (optional)
can (6 oz.) sliced mushrooms, drained
San Simeon sauce (recipe follows)
tablespoons freshly grated Parmesan cheese

rab, pimiento (if used), and mush-. Prepare sauce (recipe follows) our over the crab; mix well. Dis-mixture evenly in 6 scallop shells. le Parmesan over the top and bake at 350° about 15 minutes or until bubbly. Serve immediately. Makes 6 servings.

San Simeon Sauce. In a saucepan melt ¼ cup butter over medium heat; blend in 4 tablespoons all-purpose flour and cook until bubbly. Remove from heat and gradually add 1½ cups half-and-half (half milk, half cream), ⅓ cup dry Sherry or Madeira, ½ teaspoon paprika, ¼ teaspoon *each* salt and pepper. Return to heat and cook, stirring, until boiling and thickened.

Lemoise Angier

San Carlos, Calif.

John N. Tissot says, "This thick soup was the result of a sudden fit of inspiration and curiosity. It's become a favorite of mine."

The ease, quickness, and good flavor of this soup reminds us of a "chicken" soup once served regularly by a chef at a Lake Tahoe restaurant. The chef never made soup ahead of time since there was little call for it. But he refused to serve canned soup. His waiters were told to say that cream of chicken was available. The chef then made a rich white sauce with butter and cream, stirred in an egg yolk and a tablespoonful of green peas, and served it up. It was much complimented.

Mr. Tissot's good bean soup (with real beans) is equally good and simple.

Refried Soup

1 can (1 lb. 13 oz.) refried beans
1 cup canned beef broth
1 can (8 oz.) tomato sauce
1 teaspoon meat seasoning sauce
15 drops liquid hot pepper seasoning
1 tablespoon savory
¼ teaspoon salt
¼ teaspoon pepper

Turn beans into a saucepan. Slowly stir in the beef broth, tomato sauce, meat seasoning sauce, hot pepper seasoning, savory, salt, and pepper. Cook, stirring, over medium high heat until hot. Makes about 5 servings.

John N. Tissot

Carpinteria, Calif.

too extra specials

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RECIPE

ROD'S MEAT LOAF SUPREME

1½ pounds ground beef
½ pound ground veal
1 10-ounce jar Rod's Sour Cream Dressing
1 egg
½ cup chopped celery
¼ cup chopped onion
½ teaspoon salt
1 cup soft bread crumbs

Combine all ingredients in a large bowl. Mix lightly until thoroughly blended. Shape into a loaf about 9 x 5 x 3-inches in an ungreased baking pan. Bake at 375°F for 1 hour.

Makes 6-8 servings.

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Sunset's
GARDEN GUIDE

DARROW

Under glass, little jungles

Inside the glass canning jar and under the bell jar are miniature jungle ecologies, good places for indoor plants. Open the top occasionally for fresh air. Water only when very dry and the plants inside should thrive

ECEMBER IN YOUR GARDEN:

Christmas shopping at nurseries, clean up at home

:ember brings the windup of fall ıting along with the holiday season. he short time you have you should centrate on cleanup tasks and prep- ions for winter storms. Frost protec- for tender plants, staking up young s and shrubs, and removing weak ıches from trees should be your first . If you're not too busy, there is still to put in some bulbs.

ing a Christmas tree is a major event month. If you are adventurous, try ng your own at a Christmas tree ı. Or get a live tree if you have room t in your garden after the holidays. ıally you don't need much room if get a slow-growing tree and put it planter.

t yourself to a trip to the nursery month. Beside the holiday gifts and rations you'll probably find bare- and burlapped plants. Bare-root s don't have to be set out at once. can heel them in the ground for a h or more and set them out when oil is workable. There'll also be ca- as in bloom and rhododendrons in Other possible gift plants include as, cyclamen, poinsettias, and roses.

ıble environments

two glass containers in the photo- at left act as greenhouses with own little environments. They're way to package plants for Christ- and they can help plants survive rs.

environment in a house is rather e to most plants. The air is usually ry, especially in winter when the s on. These two jars keep the plants ir inside moist.

s an old-fashioned canning jar that ind in hardware stores, import . and kitchen specialty stores. The is a bell jar. A little harder to find. rs keep dust off collectable things atches and small statues.

choices to plant in the jars are any common indoor plants with tropi- igins, like the rabbit tracks (*Mar-* in the bell jar or the watermelon ɔmia in the canning jar. The y carnivorous plants like Venus fly trap do well in the jars, too. Or you could use more exotic plants like miniature orchids.

After planting and the initial watering they won't need water for a long time, but make sure the soil is just barely damp, not soggy. Let some fresh air in every few days so the plants can live.

New gift idea

Do you have a friend on your Christmas gift list who likes to grow native plants in his garden? In racks on the counters at some nurseries you'll find just the gift for him: wildflower seeds. These packages are distinctive because they are illustrated with color drawings of the flowers. The assortment includes a large variety of Western wildflowers, including holly grape, Indian paintbrush, Mariposa lily, wild blue flax, and yucca. Instructions for planting are on the back. Packets cost from 75 cents to $1.

The only disadvantage of giving the seeds as Christmas presents is that winter is a poor season to plant them. In nature most wildflowers bloom in spring and release their seeds in the hot dry months of summer. These sprout when the rains begin in late autumn. So the best time to plant them is in the fall. But you can plant them in midwinter—germination and growth may not be as good as in the fall.

Selecting camellias in bloom

December is a good time to visit your nursery to see the camellias in stock. Among Japonica varieties that usually bloom this month are 'Alba Plena,' 'Conrad Hilton,' 'Daikagura Red,' 'Debutante,' 'Flame,' 'Guilio Nuccio,' 'High Hat,' 'Kramer's Supreme,' and 'Marie Bracey.' Although you may have some difficulties with wet soil, this is the best time of year to plant most Japonica camellias.

Camellias vary widely in their ability to withstand extremes of climate. White and pale-colored varieties may not bloom as well in cold parts of a garden as they do if grown in sheltered areas. Cold doesn't affect the growth of the plant but it may cause the flowers to look burned at the tips of the petals.

Another thing to consider is how you will use it in your garden. If you want a compact bush, a slow-growing variety is a better choice than a fast-growing one. However, if you want to cover a large area such as a wall or a fence, choose a faster-growing variety. For further distinctions between varieties see *How to Grow and Use Camellias* (Lane Books, Menlo Park, Calif., 1968; $1.95).

White *semidouble camellia 'Coronation' blooms from January to March*

Keeping gift plants healthy

Gift plants that you get for Christmas need attention or they will suffer in the warm, dry air of your home. Keep them away from furnace outlets and out of direct sunlight. Azaleas and cyclamen do better on a shady porch than in a warm room. Cold drafts harm plants so don't put them near open windows.

The wrappings that dress up containers

Sunset's GARDEN GUIDE

may also prevent water from getting out. To keep the plants from getting waterlogged, take off the wrapping entirely or punch a hole in the bottom of the foil. Don't overwater poinsettias; water them only when the soil starts to dry out. Don't let water stand in the pot's saucer.

Clay pot zoo

This collection of clay animal pots is a reminder that these creatures make good but inexpensive gifts when planted with annuals, herbs, strawberries, or succulents. Filled with plants they cost anywhere from $5 to $10. Before you think about getting one you should consider one thing: They deteriorate fast. Ordinary watering can make them fall apart in a matter of months. The thing to do is coat the inside with asphalt emulsion.

A paint or hardware store sells a quart can for less than $1. Smear it on with a putty knife or big spoon. In the can asphalt is soft and squishy. Keep it off your hands and off the outside of the pot. It dries in a few hours.

Waterproof the outside with silicone from a spray can, which dries in minutes. It's clear and won't change the color or texture of the pot. Give each pot a new coat yearly. Treated pots may last four or five years.

DARROW M. WATT

Clay *chickens, duck, fish, pig cost from $1.75 to $2.50; have drain hole, but wear out fast unless treated*

CHECK LIST

Here are the urgent jo

☐ **Bare-root plants.** Roses begi to arrive at nurseries thi month and flowering trees arrive a ter Christmas as bare-root plant The advantages of buying bare-roo plants? You save money, the plan are not as likely to be rootboun and when you plant them you lea the soil in the root zone unifor Keep the roots moist and covere until planted.

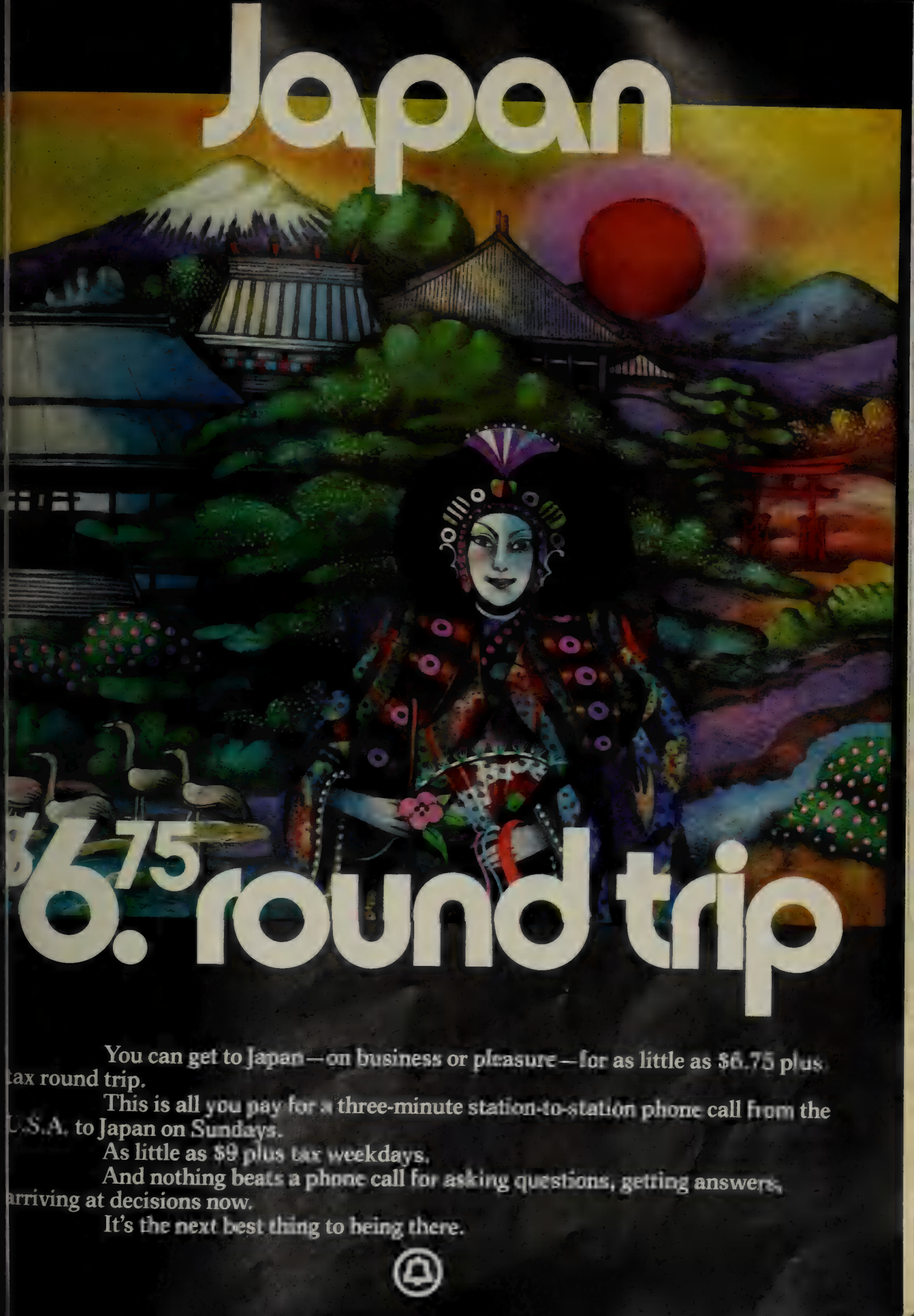
☐ **Bulbs.** You can get amaryll anemones, callas, and ranu culus now. If you are too busy, y can keep them for a month befo planting. You can still plant daff dils, hyacinths, and tulips if you c get them. Look for high qual bulbs: heavy, firm, not bruised, a not sprouted. Plant them as soon possible.

☐ **Christmas tree care.** Wh you bring a cut tree home t first thing to do is cut off the end the trunk at an angle several inc above the base. Put the newly end in water in a cool shaded pl until you are ready to take it insi Applying an antidesiccant sp helps to slow down the drying p cess. (Get the spray from your g den store.) Put the tree in a sta that holds water and refill it w needed.

☐ **Frost protection.** Use fra covered with burlap over top of tender plants to protect th from December freezes. Boug villea, citrus, gardenias, and N plum (*Carissa*) may need protec in cold-winter areas. Move ten plants in containers either indo or under a wide overhang to red heat loss.

☐ **Garden cleanup.** Rem fallen leaves from the la Rake up leaves and debris f flower beds and borders. This get rid of many places where p hide. Cut dead stems from per nials and mark where they ar you cut off all foliage and all stem bases. That way you won't them up accidentally.

☐ **Lawns.** Feed them if gro is slowing down. Lawns pl ed in fall probably need fertil now. Keep off the grass as muc you can in wet weather to a compacting the soil.



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Identical Dry-Hard casserole dish—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Try Electrasol. It removes Dry-Hard soils, prevents them from drying into spots on dishes, glasses and silverware.
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CLEANS EVEN DRIED-ON FOOD SOILS
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ECONOMICS LABORATORY, INC., St. Paul, Minnesota

NORMAN A. PLATE

Espaliered *pyracanthas frame pairs of big white paper birds fastened to fence with pushpins. Boxwood below*

This splendid planting of espaliered pyracantha in the Kentfield, California, garden of Mr. and Mrs. Tom Battaglia is 100 feet long. It contains 10 plants trained to frame a series of panels 10 feet long and 2½ feet tall. These panels make frames that can set off cardboard Christmas decorations.

Pyracantha, of course, hangs out its own ornaments in the form of berries that usually last through Christmas unless hungry birds eat them sooner.

For an espaliered pyracantha like those pictured here, select a young plant with a well defined central branch and some side branches. Fasten the central branch to the post and a side branch to each lower stringer. Cut out other branches. Keep branches fastened down and tip buds growing, but remove side branches or shorten to a few inches. When the center branch reaches the upper stringers, select two more side branches and train them.

Cut off tips when plants cover desired area, then tip-pinch or prune back shoots in spring and later as needed.

The Battaglias' planting is five years old. If you would like to get something going a little sooner, you can buy an espalier like the one in the small photograph below for about $20. Decorate it right in the nursery can, if you like, and use it to brighten an entry garden. Then plant it at your convenience. □

You decorate it.
It decorates itself.
s espaliered pyracantha

This *espaliered pyracantha, nursery-trained, 3 feet tall, costs about $20*

Family *rents a Colorado spruce in 15-gallon container. Tree delivered to home; picked up, returned to nursery after holidays*

WILLIAM APLIN

Living Christmas trees

How to help them through a two-week stay indoors

In December of 1969 we published a story on six living Christmas trees owned by *Sunset* employees, and offered suggestions on selecting and potting such trees in containers. The advice must have been sound and the tree owners diligent, because all but one of these trees—a large ponderosa pine which was planted in a garden—are still growing well in their containers and will soon spend their third Christmas indoors.

But you can always learn more, as we have from Miriam King of Montecito, California, who grows a wide variety of Christmas trees in containers and rents them for the holidays. She gave us some pointers on potting, watering, and feeding that will help trees to stay healthy while indoors, and keep them growing and in good shape for next year.

If you pot your own tree. Miss King's potting mix includes 1 part loamy soil, 3 parts nitrogen-fortified redwood sawdust, and 1 part perlite. You can buy similar ready-made mixes; or let your nurseryman pot the tree.

Select the right size container. Don't crowd the root ball into a container that is too small. Your tree will grow much better if you set it deep enough in the container (even if you fudge a bit on sides and bottom) to allow 2 to 4 inches at the top for watering. Also the trees look better when set at the proper depth; and the extra margin will provide space for an attractive, moisture-conserving mulch of bark, gravel, or pebbles.

If you pot a balled and burlapped tree. Be sure to remove ties around the neck of the tree. Many growers now use nylon cord that doesn't rot, but will choke the tree if left on too long. Also cut away burlap at the top. After potting, give the ball a long, thorough soaking; and douse it with vitamin B_1 solution (4 to 1 spoons to a gallon of water).

Watering. Be sure the root ball is when you pot it and don't let it d at any time. If ball is dry, either so container from below in a tub of or inject a subsoil irrigator in s places around the top of the ball is wet all the way through.

Miss King provides her container-trees with white, watertight saucers, largest of which measu inches in diameter, with a 2-inc Trees already watered thorough usually get along several days i without added moisture if roon moderately heated. The old rule c ing the soil and watering only is dry in the top 2 or 3 inches is good one. And, of course, keep away from direct heat.

Newly dug, newly potted trees ma

Moist sawdust *is packed around the root ball of the boxed tree*

ic bag *tacked in box* *rproofed inside with* *alt-based paint*

SAMSON B. KNOLL

Dwarf *Alberta spruce, one year in 6-inch pot, can stay there several years. Perfect table topper with tiny lights*

Below, left, *Colorado blue spruce as shown in December 1969 Sunset. Right, same tree, same boy two years later. Tree lives indoors three eeks during holidays, on sunny terrace rest of year. Watered daily in summer*

GLENN CHRISTIANSEN

:edles during their first season in- In the second year, after new oots have developed and the tree lished in its container, needles ain intact.

To help prevent spider mites which cause needle drop, hose off trees before you bring them indoors and after you move them outdoors; shower them often (daily if possible) in warm weather.

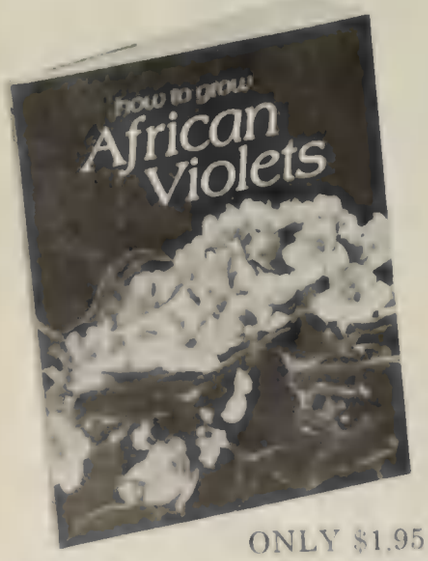
And at least once a year—around September—leach the soil by flooding the pots with lots of water.

Feeding. Miss King recommends feeding container-grown trees once a month, April through September, with light applications (according to label directions) —first with blood meal, next with cottonseed meal, finally with bonemeal; then repeat the cycle. If you can't get cottonseed meal, use blood meal or bonemeal. Be sure the soil is moist before feeding, and water in thoroughly afterward.

Save your back. If you have many large container plants that need moving quite often, a handtruck or similar equipment is almost a must. You'll appreciate it especially when the time comes to trundle your big living Christmas tree indoors or out. With a low-platformed wooden cart she designed with the help of a friend, Miss King can move plants weighing up to 150 pounds. □

Delicate beauty—from plants that thrive in your home

African violets are so easy to grow inside, are so inexpensive—and their unique, fragile beauty can be put to so many uses in your home—that they offer some of the most rewarding opportunities in all of indoor gardening. Now, a new revised edition of the Sunset book *How to grow African Violets* explains the propagating of these exotic plants, how to make the most of them in decorating, and presents special cultivating techniques. Heavily illustrated with photographs and drawings, plus big 15-page plant list shopping guide.



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FLLS MARUGG

Customer *checks nursery-trained espalier for healthy foliage, flower buds*

'Shishi-Gashira'... do-it-all camellia

Enthusiasm runs high when you talk to nurserymen about the versatile camellia called 'Shishi-Gashira.'

'Shishi-Gashira' can play many roles: as a border shrub, low screen or informal hedge, ground cover, espalier, or container plant. It's easy to train for bonsai, hanging baskets, or to cascade over a wall, as shown below, right. Plants take full sun or part shade.

Small flowers make big display

For a camellia, 'Shishi-Gashira' has small leaves. Edges are slightly serrated. Flowers are also small, about 2 to 2½ inches across, rose red in color, semidouble to double. They bloom from October to March if weather is not severe. Individual flowers are not impressive, but their overall effect is fairly showy. For this reason you don't disbud (for fewer but larger blooms) as you might a heavily loaded Japonica camellia.

At one time 'Shishi-Gashira' was grouped with Sasanqua camellias, and is still sold as such by most nurseries. Officially, however, it's considered a variety of *Camellia hiemalis*. Its own special traits include a much longer bloom period than the Sasanquas.

Nurseries sell plants in 1 and 5-gallon cans, often trained as cascades or espaliers (see photograph above). Plants tend to sprawl naturally and can be trained easily. Pinching is usually all that's necessary to start young plants in the right direction, or to maintain th form of an established plant.

Save any pruning until plants have fin ished blooming.

The young plants in the photograph be low were selected for their horizont form and allowed to cascade over th concrete wall. They have been in th ground only a short while but are a ready headed where they're supposed t

Keeping plants happy

Plant in well drained soil rich in organ matter. If drainage is slow or the s slightly alkaline, work a genero amount of ground bark or peat moss in the soil (at least 50 per cent of the tota or plant in raised beds or containers. you plant in full sun, keep roots c with a 2-inch mulch. Be careful not pile soil over the crown (the area j above the branching roots, where t trunk begins); check periodically.

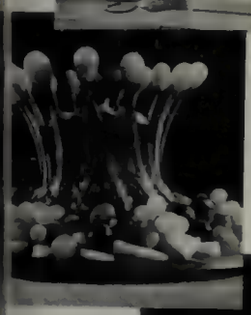
Keep soil moist but not too wet. If y espalier 'Shishi-Gashira' against a w with a roof overhang, don't forget water in wet weather if the ground th stays dry. In warm, dry climates, sprin foliage occasionally, but don't substit this for regular watering.

For best results feed with an acid pl food each year after flowering. Be s to follow label directions; too much tilizer can hurt the plant.

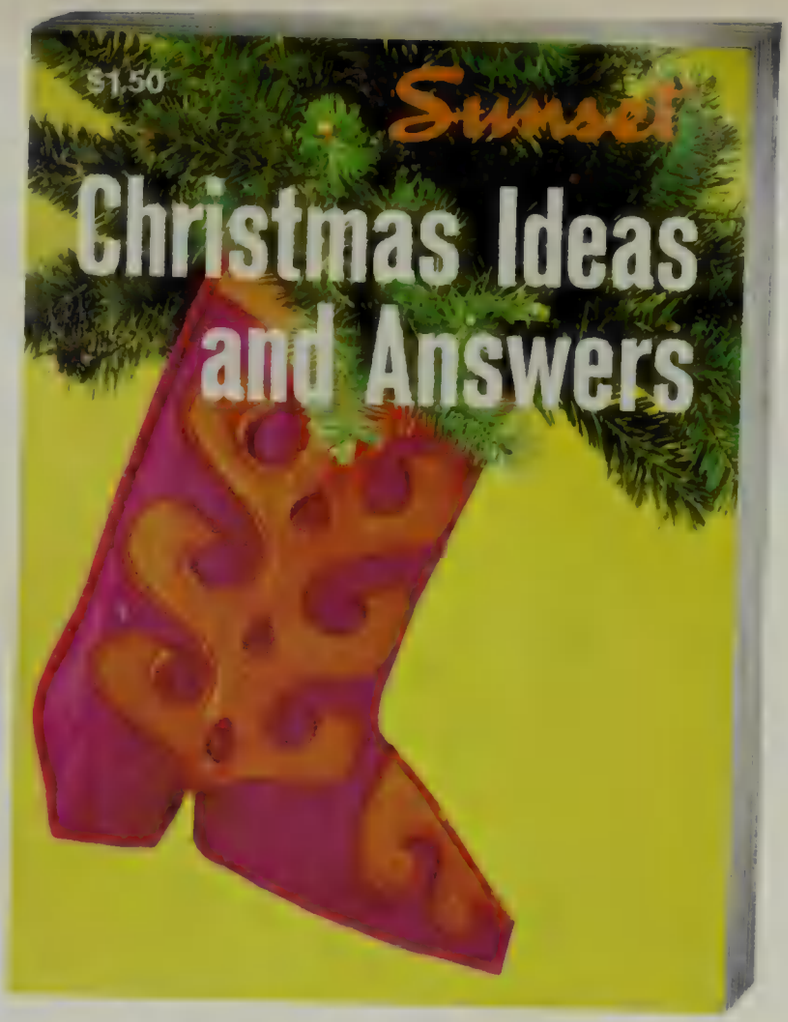
Yellowed leaves, excessive leaf drop brown spots may indicate poor dr age, worsened by overfertilizing or s in the water. You may be able to s the plant by moving it to a raised filled with ground bark or peat m keep it there until it recovers. T move the plant to soil that meets requirements discussed above.

FLLS M

Recently *set out, these plants have already begun to spill down high wall*



By the
Editors
of *Sunset*



Happy Holidays Begin Here

Our first Christmas annual is packed with ideas. Look for it at your newsstand* or market

It holds more than a sockful of ideas and answers for making 1971 your happiest and busiest holiday season ever. Published in response to many of your requests, this is *Sunset's* first Christmas annual magazine, 160 pages, fully packed with colorful and fresh ideas. This collection of the best of *Sunset* Christmases is ready now to give you plenty of time to plan before the Christmas rush.

A Partial List of Contents

DECORATIONS Coloring Christmas cheerful • Card kiosk • Colorful stockings • Kitchen art ▪ A Christmas tree grove ▪ Ornaments by hand • From cloth and cardboard . . . from paper ▪ Wild and woolly shapes from yarn • Package ideas ▪ In the tree • Sunbursts • Cutout cards • Candle craft • Outdoor lighting

HOLIDAY FOOD AND ENTERTAINING — Trim the tree—then eat the trimmings ▪ Golden tree bread • A coffee party • A sandwich party • Appetizers ▪ Picnic in the snow ▪ Festive desserts • Fruit and nut breads • From the Christmas cook's candy kitchen ▪ Christmas roast choices • Onion soufflé • Creamy desserts

GIFTS YOU CAN MAKE Food gifts • A French chef's apron • A come-apart doll house • Play furniture ▪ Toys youngsters can make ▪ Rock dolls ▪ Santa bean bags • Tote bag of burlap ▪ Smock • Apron • Miniature garden

GIFTS TO SHOP FOR Bonsai pots ▪ For the camp cook • For any cook on your list ▪ A home weather station ▪ Binoculars as gifts • For a trout fisherman

WINTER TRIPS Winter visit to Mexico ▪ The Big Island—Hawaii ▪ Jackson Hole winter ▪ Winter holiday in Yosemite ▪ In Scottsdale you'll find surprises • Family outing—a Christmas tree hunt

* This is a special publication, not part of your regular *Sunset* subscription. If you don't find it at your local newsstand, send $1.50, plus 50c to cover handling and postage. Write Christmas, *Sunset* Magazine, Menlo Park, California 94025.

$1.50

The earthworm mystery

There's at least as much we don't know as we do know. But everybody agrees they are useful

The gardening world does not yet know enough about earthworms. There has been less scientific research on this subject than on many aspects of the plant-and-soil ecology. Here is a summary of what we do know, including the degree to which you as a gardener can manage or husband the worms.

What worms can and can't do

Earthworms improve and enrich garden soil by swallowing it and expelling it in the form of "castings." The process makes soil more neutral (whether it was

"Earthworms aerate and move the soil"

acid or alkaline), and richer in usable nutrients and organic matter. Earthworms also aerate and move the soil, hastening its breakdown and making it more hospitable to roots. Finally, their decomposed dead bodies add more nutrients to the soil.

The impact of all this activity is not as significant as you might expect. Most researchers who compared plant growth in test plots with and without earthworms found no measurable difference in the plants' performance. On the other hand, at least one test has shown earthworms to be effective in increasing productivity in fertilized, manured, limed, and cultivated soil.

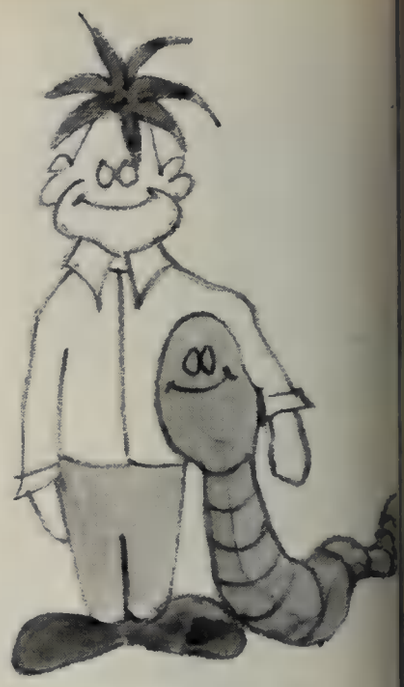
Earthworms approximate the soil-building power of manure. That might seem a point in favor of adding worms, for why add soil conditioners if worms will do the work for you? As usual, the answer is complex.

Worms break down and condition soil in a slow, continuous process that has been going on for millions of years. The worms in your garden now are a part of that all-important process, but the amount of soil conditioning they can do in their own short lifetime is not enough to make a noticeable difference in your garden. In most cases, people who "plant" earthworms with the hope that the soil will improve are in for a disappointment; it would take a Methuselah to notice any change.

Another fact: Although earthworms enrich the soil, they won't thrive in poor soil long enough to improve it. Clay, hardpan, and sandy soil discourage them. They are susceptible to cold, drought, waterlogging, and extremes of acidity and alkalinity. What they like is rich, loose soil with lots of organic matter—in other words, the same soil that grows the healthiest plants. If they don't like it, they'll pack up and leave.

So where does this leave the earthworm? Underground and still doing his best. Because he can't work miracles overnight is no reason to dismiss him out of hand; the amazing feat he and his ancestors have accomplished—the transformation of hard, mineral deposits into fertile, plant-growing soil—is praiseworthy indeed. Earthworms are good to have around.

"If they don't like your soil, they'll pack up and leave"



"Earthworms are good to have aroun

Different kinds of earthworms

Most of the observations and co sions you've read so far, especially good things, are about the reg everyday, native, gray-pink earthw (*Helodrilus caliginosus* and *H. t zoides*). Two other kinds of worms be considered, mostly because you purchase them and add them to th (the regular earthworms are seldo ever, sold).

One of these kinds is the night cr (*Lumbricus terrestrius*). He looks l huge version of the regular earth and is sold for bait. In interior pa the West, he is cursed by some owners because during summer he comes to the surface and leav considerately large mounds of so the grass.

Some gardeners have planted crawlers in garden beds for possibl benefits (for example, see page 2 the November 1971 *Sunset*). But d plant them in lawns. *Sunset* once re mended chlordane to kill night cra in lawns, but no longer. Chlorda nondegradable and suspected of ca harm to other organisms.

The other kind you can buy is the worm, fishworm, or red worm (*E foetida*), sold for bait and for g use. It lives mostly in organic m It's a good one to add to a compo —after the compost has passed th stage—to speed the breakdown.

In the garden itself, the *Eisenia* ma appoint you because you'll alway him wriggling around in the sp damp, soft places where he's needed. You'll seldom or never fin earnestly doing his Methuselah th clays and middle-density soils cousin the earthworm does.

The entertaining ryes

had the art of entertaining in mind n we developed the recipe for weat Buffet Rye and its little sister, e Rye Slices. We wanted a rye that id be a good companion to the s that grace the buffet and the d'oeuvre tray — a rye to give zest to the mildest cheese, yet carry itself with a spicy and unrestrained ragout.

In these ryes we introduce the elusive tang of a bit of sour rye and a little more salt and caraway than in the mellower ryes. You'll note, too, an unusually high glaze and chewiness in the crust, where the piquant flavor of these ryes is accentuated.

OROWEAT

Oroweat Baking Co. of S. F.

Sunset—the Christmas gift of year-long enjoymen

Just before Christmas an attractive ornament card will announce your gift of SUNSET. Then, every month for the next year, your friends will enjoy this delightful how-to-do-it guide to the West.

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Inexpensive orchids, out of the test tube, are new on the scene

This kind *of work produces tiny pieces of tissue in flask below, eventually blooming orchids*

orchid shown below is a mericlone ord explained later), and at $18 it's at bargain. Only two or three years division from a prize-winning min- cymbidium would have cost about It's like real mink at rabbit prices. ow it all came about has a ring of e fiction.

e 1950's scientists began to raise ds by meristem culture to free cer- trains from virus. Meristem tissue rapidly dividing tissue at the grow- p of a plant. It has the potential erentiate into other kinds of tissue, nto complete new plants. Because rowing rapidly, it has often out- virus infection. The technique is to cut out a tiny piece of meristem and grow it in a nutrient broth of agar, mineral salts, and fruit juices.

The scientists soon found that if the medium was kept in motion, the tissue, not knowing up from down, would keep growing without differentiating. The mass could then be divided and the pieces replanted, and the process repeated indefinitely. When motion was stopped and the tissue pieces settled down, they developed into compact roundish masses (protocorms) that soon put out roots and leaves.

Disease-free stock was the first aim, but commercial production of choice plants followed soon after. It became possible to take a prize-winning single plant, or clone, and make thousands of divisions from its meristem, mericlones, in a short time. All are identical to the tissue source, unlike seedlings, which are highly variable.

Miniature cymbidiums, which bloom around Christmastime, are popular mericlones. Big spring-blooming cymbidiums, as well as other kinds of orchids, are available, with some unbloomed plants costing less than $5. The difference to you is that you can upgrade your orchid collection by picking up prize-winning stock; or, if you are a beginner, you can begin at the top.

All the leading orchid specialists now have mericlones for sale at their greenhouses or by mail. They can also supply your nursery or florist. □

idium Minneken *'Pink Tower': 3-inch pinkish tan flowers (25 per spike)*

NORMAN A. PLATE

Flask *of nutrient with pieces of meristem tissue. White things are beginning roots*

Planting for privacy . . . when neighbors look in your windows

When houses go to two stories and crowd together on small lots, there's bound to be a loss of garden privacy. Here you can read how planting will get some of it back.

As soon as neighbors in a new tract agree on the type of material to be used and how to share the cost, the first thing they do is put up a wall or fence.

After it's up, you can tell where you need some plants to block the neighbor's view into your garden, and how high above the fence they will have to reach.

Figure that any spot from which you can see the neighbor's second-story windows is also within his line of sight. Decide where, if at all, you want to cut off this line of sight. Center of the garden? Near the back property line? Living room window? From that spot, you can decide how high the plants should grow.

You can get privacy by putting in plants or structures, ideally both. Naturally, structures such as patio roofs, arbors, and pergolas give privacy faster. Trees and shrubs usually take three to five years to reach sufficient size, but they're essential to soften the lines of wood and concrete and to make the place seem like a garden. Unfortunately, it often turns out that the fastest growing plants are deciduous (and can be seen through when leafless), or they're messy, or they grow too big for many gardens.

The plants on our lists are evergreen, from moderate to fast growing, with no particular bad points. However, all are not adapted to all parts of the mild West, and they grow at varying rates. Check climate adaptability and other features in the *Sunset Western Garden Book*.

Screen of tall narrow plants

This has one advantage over other ways of using plants for privacy: It takes up the least garden space. The plants listed at right spread about 5 feet wide when they have reached 10 feet tall, and continue to grow roughly a foot w for every 2 feet taller. Shearing will k them even skinnier.

But a long stretch of the same plan monotonous, and to a neighbor pointy tops over the wall can look a mouthful of shark teeth. You avoid those problems by using tall, row plants just at the spots needed block a view.

Because these plants must be set close together, you need lots of th which is expensive if you buy big c slow if you start with gallon size.

Space these plants 3 to 5 feet a (close spacing forces them to grow and slender like trees in a crowded est). For fastest growth, allow room roots, and make sure there is some of holding plenty of water; especiall a slope. Make watering basins raised bed at least 3 feet wide.

Following is a list of such narrow sh and small trees—all evergreen. Cu socyparis and Italian buckthorn the fastest. Podocarpus is the slo Growth rate of the rest falls somew in the middle. Not listed are some r growing, ultimately large plants su acacias, Italian cypress, dwarf blue Arizona cypress, and Monterey these may start out small enough

WILLIAM APLIN

Second-story *windows look down on garden. Planting can make privacy*

get too big too fast. Here are the dable tall, narrow plants:

ina laurel
rry
ssocyparis
andii
naea
ia
zygium
iculatum)
Giant timber bamboo
Golden bamboo
Hakea suaveolens
Italian buckthorn
Podocarpus macrophyllus

group of normally roundish plants ork in narrow screen plantings if willing to shear the sides, and sometimes the tops, three or four times a year. This category includes Catalina cherry, elaeagnus, English laurel, griselinia, pittosporums, privet, and xylosma.

Small round-headed trees

Because they spread wider, you'll need fewer of these than you would tall narrow plants. That means you can more easily afford larger sizes that already have foliage near or above the top of the wall. For instance, about $40 buys a tree 6 to 8 feet tall with a head of foliage 4 to 6 feet across. One caution, though, with larger, specimen sizes: It's harder to get them established than young trees. Water carefully. Stake or guy them securely for wind protection.

Most of the time, groups of small round-headed trees look better than a row of narrow plants, and the open space beneath them allows room for ground covers, stones, or flowers.

Plant at least 6 feet apart. As mentioned in the previous section, it's important to build a raised bed or watering basins.

Here is a list of small, round-headed evergreen trees. You'll see some also on our list of tall narrow plants; it depends on how the nurseries train them. The fastest growers are the eucalyptus, myoporum (in coastal climates), evergreen pear, and glossy privet.

Bronze loquat
Carolina laurel cherry
Cupaniopsis
Dodonaea
Eucalyptus lehmannii
Evergreen pear
Geijera
Glossy privet
Lemon bottlebrush
Myoporum laetum
Oleander
Olive
Photinia (Chinese and Fraser's)
Prunus ilicifolia

A small forest of trees

Here's a good solution if you don't need much garden space. A grove of trees is pleasant to look at from your house. If you leave space for a patch of ground cover, lawn, or paving, there's a shady place to sit or hang a hammock.

Below are some trees suitable for grove planting. All but Japanese black pine are rapid growers. When standing alone, some can ultimately grow huge; but the confines of a grove tends to restrict their spread. Space 6 to 15 feet apart, depending on size of the plants and how dense a thicket you want.

Deodar cedar
Eucalyptus maculata
E. melliodora
E. nicholii
E. polyanthemos
E. sideroxylon
Mayten
Pines—Aleppo, Canary Island, Japanese black
Redwood
Silk oak
White alder (briefly deciduous) □

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Make bread, fruit cake, other baked goods. Stainless steel bowl, beater, whip and dough hook.

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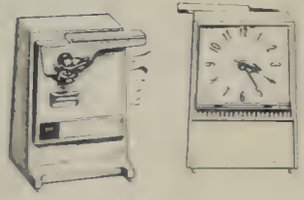

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Mail all out-of-town packages. We'll be sure to deliver them by Christmas.

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By Dec. 15th

Mail all local cards. Thanks—and Happy Holidays!

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DON NORMA

Use a hose *to wash spiders* *loose needles off living Christmas*

A living tree comes indoors

The lady in the photograph above is ting her container-grown noble fir re to use as an indoor Christmas tree. A the holidays it will return to its spo an outdoor patio. If you plan to use a tree indoors, here are a few sug tions about housebreaking it.

Wash it off with a strong spray fro garden hose. You'll remove spider other little creatures living there, y knock off loose needles, and you'll moisten the foliage.

Then take the nozzle off the hose thoroughly soak the root ball. If yo just purchased the tree, make certa container doesn't have drain holes place but on the bottom. Usually a manent container doesn't, but if bought the tree to plant it in the gr after the holidays, its container have holes on the sides, too. In the sery, where the tree was watered the holes weren't a problem. But in home they'll only make the root ba out faster.

If there are too many holes, you wrap the container with a sheet of plastic. Don't transplant the tree other container and then move it i The combined shock may kill it.

If the tree stays in its container, s thoroughly when you take it back side. If you are going to plant it ground, incorporate lots of humus backfill and place a handful of release shrub fertilizer in the bott the hole. Wait until spring to gi container plant an acid plant fertil

Try picking up any can but a steel can this way...You can't.

And neither can municipal refuse systems. Only steel cans can be easily "mined" by magnets out of household refuse and sent back to furnaces for remelting. This is the way progressive cities—like Atlanta, Oakland and others—are recovering 9 out of 10 cans from household refuse collections.

We are recycling all steel cans returned to us. We can handle 'em because we have big magnets.

Does the idea attract you? Like a magnet?

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THE 49'er LIVING CHRISTMAS TREE KIT (YOU SAVE $1.47)

If you'd rather plant a tree than cut one, get a 49'er Living Christmas Tree at your Master Nurseryman's. All varieties, all sizes, all perfectly shaped for living room or garden. Guaranteed to grow.

With your tree, get a 49'er Planting Kit (regularly $6.46) for only $4.99. Includes extra-rich 49'er Planting Mix, a pint of 49'er Soil Penetrant liquid mulch, and a pint of 49'er B-1 to overcome transplant shock, prevent wilting.

Developed just for Northern California gardens, 49'er products are sold only by members of the Master Nurserymen's Assn.

YOUR MASTER NURSERYMAN

For the name of your nearest dealer, call toll-free 800-851-3360.

Here are Decembe garden events

Oakland. Through December 5. "Chr mas at Dunsmuir House" presented the nonprofit Hellman Park-Dunsm House, Inc., in cooperation with Oakland Parks and Recreation Dep ment. Sales items range from antiq through crafts and home-baked fo and include azaleas and cyclamen Christmas bloom, and miniature c fers. Location: two blocks off Inters 580 at Marlow Dr. and Covington Hours: 11 A.M. to 9 P.M Admission:

Hillsborough. December 3 and 4. H tour sponsored by the Garden St Club of the Peninsula. Signs will posted along the El Camino Real directions along the easily-followed r to five Hillsborough homes. Tour h 1 to 5 P.M. A tea and boutique wil held at the Hillsborough Racquet C 252 El Cerrito Ave., from 2 to 5 both days. Tickets may be purch from Mrs. F. W. Sexton, 1500 Ray Burlingame 94010, for $4.50 until C ber 31; $5 thereafter. Arrangement group tours may be made with Mrs. Gallagher, 120 Valdeflores Ave., lingame, by calling (415) 344-2927.

San Rafael. December 5. "Hearth s sale and Christmas table setting ex by the Peacock Gap Garden Club. P Peacock Gap Country Club, 33 cayne Dr. Hours: 5:30 to 8 P.M. A sion: $1.50.

Ross. December 10, 11, and 12. 24th annual greens sale presented b Decorations Guild of the Marin Ar Garden Center. Place: Marin Ar Garden Center, Sir Francis Drake Hours: 10 A.M. to 4 P.M. Free. swags and wreaths, cone wreaths yule logs are a few of the sale item

San Francisco. December 11 th January 1. Display of poinsettias Conservatory in Golden Gate Hours: 8 A.M. to 4:20 P.M. Free.

San Francisco. December 15. A Christmas greens sale presented b San Francisco Garden Club. Place of Flowers, Golden Gate Park, Ave. and Lincoln Way. Hours: 1:3 until material gone.

A 12:30 P.M. limited-reservation eon ($6) at the Hall of Flower precede the sale. For reservations phone the San Francisco Garden (415) 421-3497, between 10 A.M. P.M. weekdays.

Keep the trimmings simple this year. Disston cordless electric lawn gifts.

magine how happy someone will be, getting one of hese cordless electric lawn products for Christmas.

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• *Under fences* ▪ *Along hedges* ▪ *Around trees* ▪ *Has enough power in one charge to trim the perimeter of a football field.*

Comes in a light, compact hand model and an upright that rolls on wheels. So you don't have to bend.

Then there's the cordless electric hedge trimmer. No cord to cut or lift or trip over or get shocked from.

ghtweight • *Fast, simple to use* ▪ *Goes anywhere.*

All three of these cordless electric lawn products are powered by rechargeable batteries. Recharger units included; simply plug into a wall socket and charge overnight. Blades are nonstick and self-lubricating for long life. All three products have pushbutton operation with safety locks.

Look for the Disston display in hardware and department stores. For the name of your nearest store selling Disston products, call toll-free 800-631-1971.
H. K. Porter Company, Inc., Pittsburgh, Pa.

DISSTON
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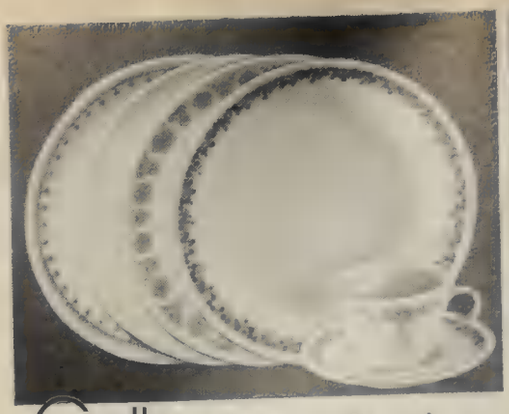

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First durable, low-cost dinnerware with the luster, "ring" and feel of good china. Oven and dishwasher safe. Fully guaranteed for 2 yrs. everyday use. 20-piece service for 4. **19.95**

Rubbermaid Storage News!

Canister Carousel. Full-size canisters fit together, space-saving convenience. Fresh-seal tops. Gold or avocado, **10.95** "Busy Susan," handsome woodgrain plastic, spins service to your table. **2.79**

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Genuine porcelain bonded to he steel inside and out. 1- and 2-qt. cove saucepans, 5-qt. Dutch oven and skillet share 1 lid. Avocado or paprika. **16.8**

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3-in-1 appliance toasts, bakes. Top browner activates top element only for melted sandwiches, hors d'oeuvres. Slide-out crumb tray, front heat guides. T93 **24.88**

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Steams out wrinkles in minutes! h a fresh look on suits, ties, dresse home or on the go. Smooths dra slipcovers, too! No-scorch plate. Uses tap water. WR-1 **12.8**

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PREVIEW

YOUR HARDWARE STORE

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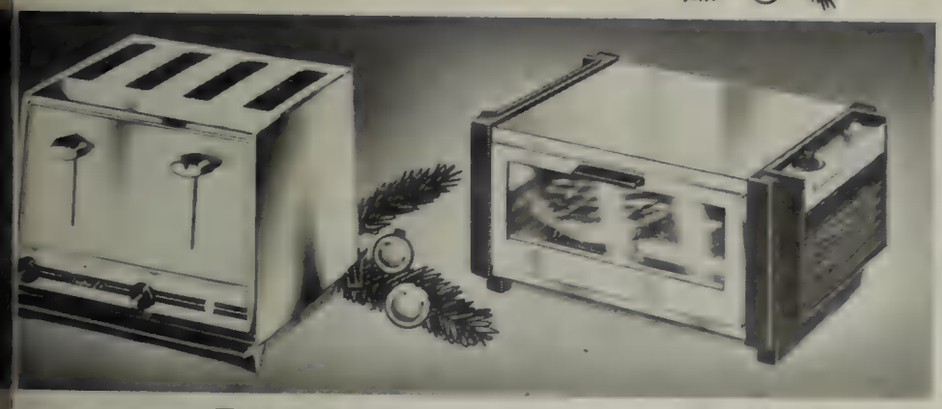

TOASTMASTER Toast for 4

ess 4-slice toaster has dual con- for 2 light and 2 dark at once, 2 slices uses only half wattage. ged crumb tray for cleaning. D111/D114 **27.88**

TOASTMASTER Broiler-Oven

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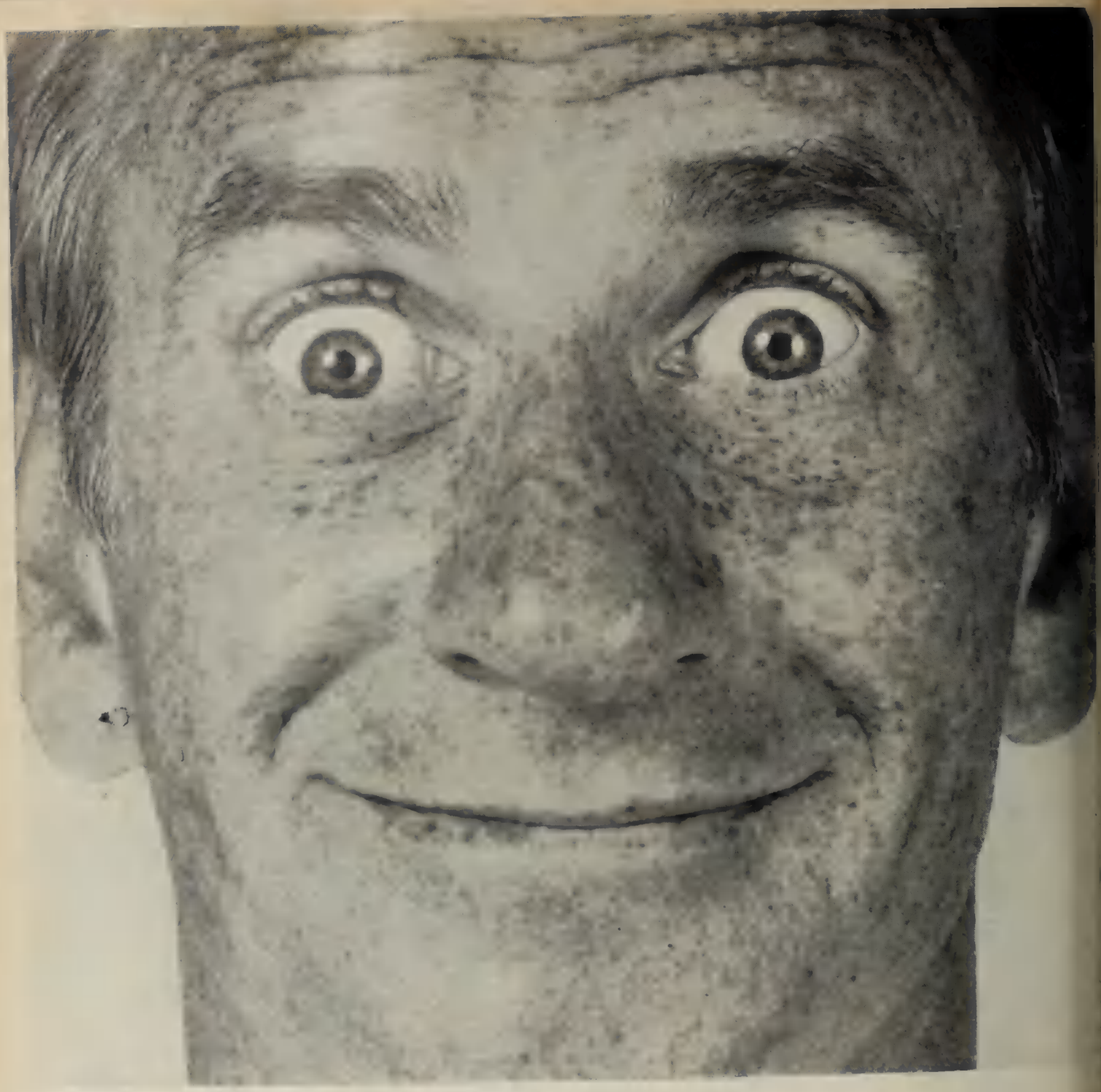
ct to change without notice. Space may prevent some stores from featuring all items. Most name brands illustrated are also at many other hardware stores. For honest values and better service . . . shop at your hardware store. Prices expire December 24, 1971.



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A dozen *aspidistra leaves make up impressive arrangement. To shape the leaves, see below*

Twirling *leaves around pencil gives spirals. Repeat if needed*

You can
'ust aspidistra
' arrangements

good, healthy aspidistra plant (or three) and you'll never lack ma- or arrangements during the holi- ison. The leaves are a beautiful een, impressively large (up to 2 g), and remarkably durable when pidistras are good house plants re in the West; they also perform outdoor shade plants where tem- es only rarely drop to 0° or lower.

eaves are easily shaped. To get irals like those in the lower part big arrangement pictured above. ves around a pencil. To make curve like the one in the lower tion of that arrangement, fasten of wire to the lower side of the with cellophane tape, then bend into shape. The green plastic- wire used to fasten plants to s inconspicuous and has just the ffness.

s are dusty when cut, sponge rm soapy water and rinse. To gloss use a commercial leaf r wipe leaves with a little salad never use oil on the leaves of plants). □

Taped-on wire *stiffens leaf; when bent, it holds leaf in curved shape, can splint damaged leaf*

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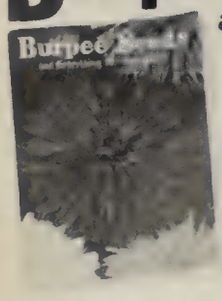

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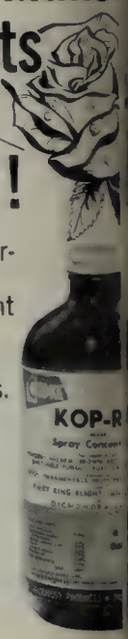

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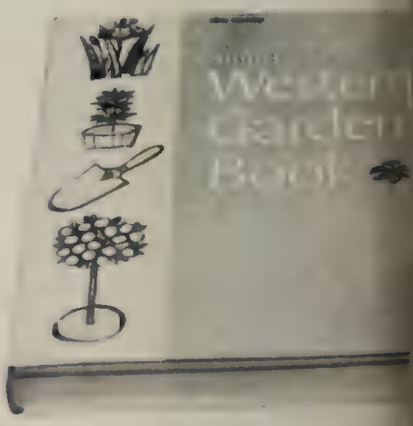

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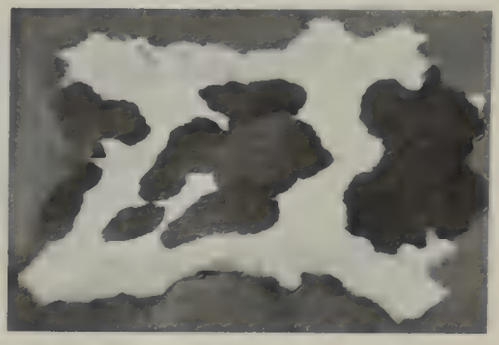

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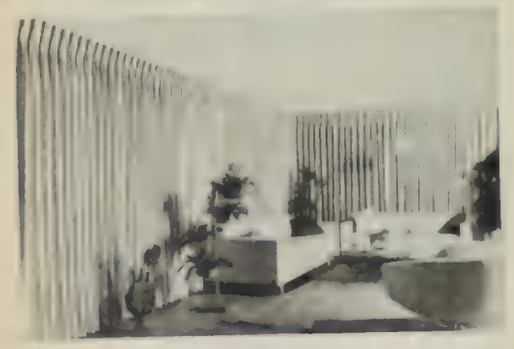

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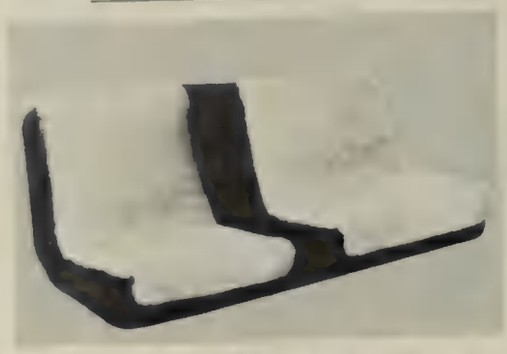

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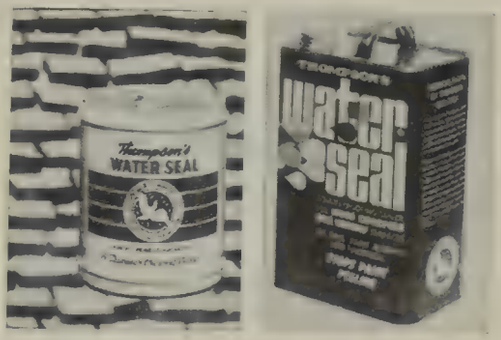

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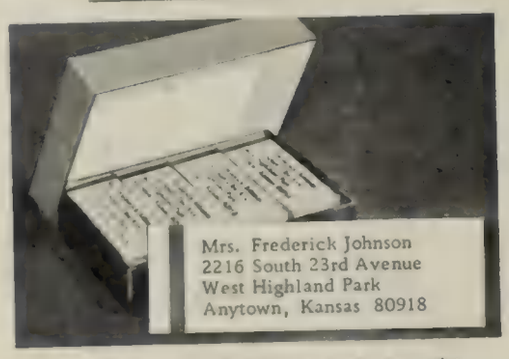

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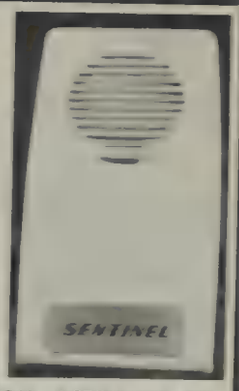

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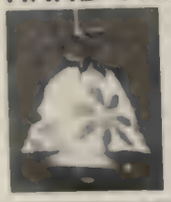

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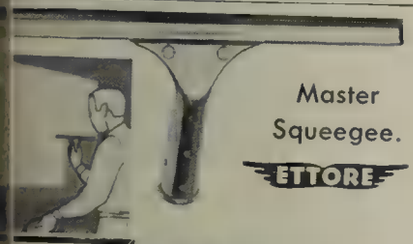

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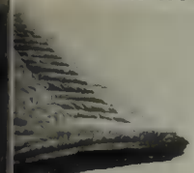

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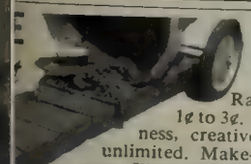

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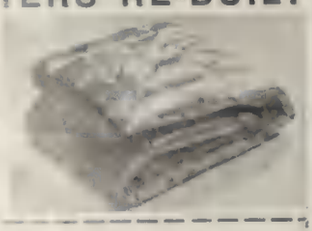

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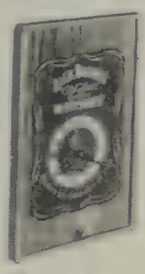

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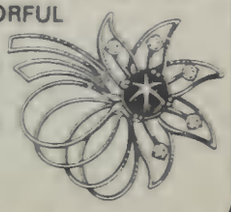

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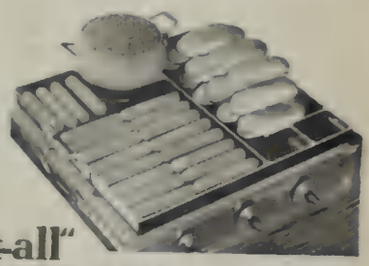

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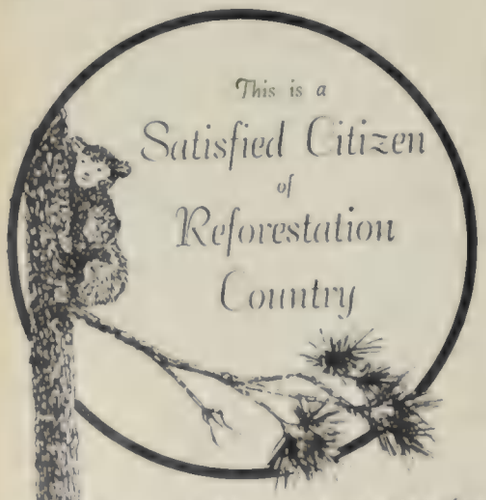

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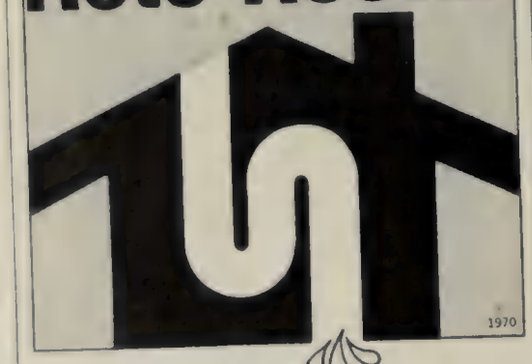

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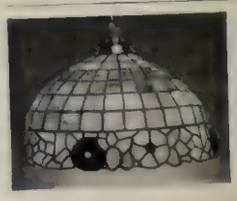

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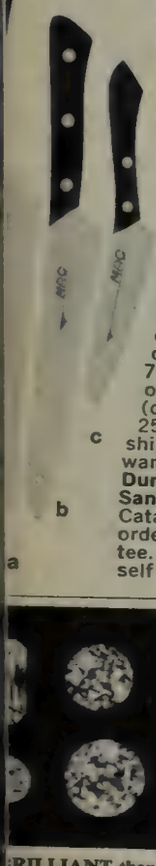

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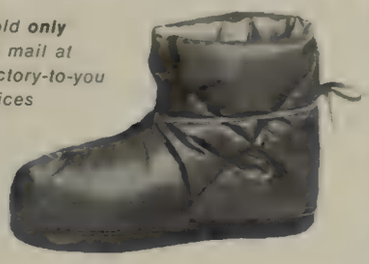

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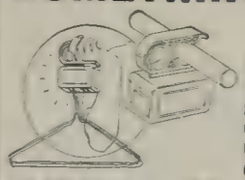

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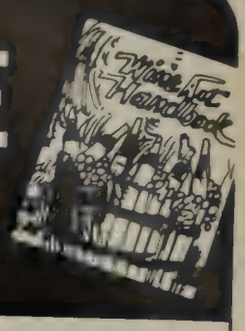

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Putting yourself into Christmas

Each year in the December *Sunset*, arts and crafts of various sorts mo to the center stage. In this issue you'll find about two dozen articles decorations or gifts you can build out of wood, sew, cut out of pap or make with simple materials.

Before choosing any project for publication, we ask ourselves at le three questions.

First of all, how complicated is the idea?

We try to keep in mind the beginner as well as the experienced cra man. If you are enthusiastic about tackling a project, you should able to follow us step by step. If you have had some experience, y can go beyond our designs to your own.

In this issue the piñatas (page 74) and gonfalons (page 70) can made by anyone who's reasonably handy. But the simple balloon-a paper-strips technique allows the experienced reader or adventur beginner to make piñatas in any number of shapes and sizes; they d even have to be piñatas (see the ornaments on page 118). And y gonfalon might well be different in shape, size, or pattern from o with your own message on it.

The simplicity of the idea, we feel, should also extend to the instructi You shouldn't have to learn a new jargon to follow them. And project should involve you in relatively few steps and a reason working time.

The complete novice might need a little help in following instructi for the dolls (page 54) or the candleholders (page 58). But we k such help is readily available, since a large percentage of our rea own sewing machines and woodworking tools and know how to them. We publish a great many projects for these readers.

Next we ask, is the doing fun or satisfying? It's particularly good w children can take part in the project.

And finally—the most important question—is the result worth effort? No matter how easy it is, you should end up with somet worthwhile. It shouldn't show your inexperience. If we do our choose the project well, and present instructions clearly, your re could easily surpass ours.

We hope that you and your family enjoy doing some of the projec this issue. Merry Christmas.

WINDOW ON THE WEST: *Sequoias*

Some of the West's most impressive Christmas trees grow in California's Sequoia National Park. Giant sequoias are the most massive trees in the world (although their coastal relatives, the redwoods, grow taller). These stand along Generals Highway near Wolverton ski area, not far from one named General Grant and celebrated as the "Nation's Christmas Tree." They grow at about a 6,000-foot elevation and often live in snow much of the winter. This road is kept open except for occasional shutdowns after heavy snow. □